January 30th 2017

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Trump’s first week as President

By Arturo Brooks  
Staff Writer

President Donald J. Trump and former President Barack H. Obama carried out a peaceful transfer of power, which was witnessed by not only America but the entire world during the Inaugural Address on Jan. 20.

Throughout Trump’s speech many things were said. Trump mentioned how Americans must come together, how we bleed the same blood, how color doesn’t matter and that we are all patriots.

“This is your day. This is your celebration,” stated Trump.

Trump even mentioned how he is going to rebuild our infrastructure using his two simple plans. “Buy American and Hire American,” said Trump, simply.

In his plan to make America great again, Trump explained that we would rebuild our infrastructure by restoring things such as schools, roads, railways, etc in order to relieve people from welfare and back to work.

Trump criticized politicians during his speech, stating that they are all talk and no action, and saying that they are constantly complaining.

Even though Trump took a shot at politicians, Rep. Aguilar of the 31st district has some concerns about our Commander in Chief.

“While I respect the office of the presidency, I harbor deep concerns about the man who has assumed the position. Donald Trump spent eighteen months normalizing racism and sexism,” stated Aguilar.

“He called Mexicans rapists and criminals, proposed unconstitutional bans and registries for Muslim Americans, bragged about sexually assaulting women, mocked Americans with disabilities, and the list goes on,” added Aguilar.

In the closing statements of Trump’s Inaugural Address he stated, “Together we will make America strong again. We will make America wealthy again. We will make America proud again. We will make America safe again. And yes, we will make America great again.”

A student on campus, who wishes to remain anonymous, due to the amount of

Continued on Page 3

Sex trafficking in the Inland Empire

By Noe Ramos  
Staff Writer

The topic of sex trafficking makes its way in a event at the San Manuel Student Union (SMSU).

The event consisted of several guest speakers regarding to the topic of sex trafficking and domestic violence on Jan. 24.

The event featured speakers that were CEOs of different organizations dedicated to spreading awareness, performers expressing and illustrating messages people don’t see at first glance and a survivor telling their own firsthand experiences.

Throughout the event, each speaker discussed various ways of spreading awareness.

“There are different kinds of trafficking and different ways that they are reput- ed. A lot of it has to do with grooming, that is the reason I wrote the book “The Grooming of America’s Teenagers,” said Opal Singleton. Opal is the CEO of Millions Kids and serves on the Anti-Human Trafficking Task Force for Riverside County.

A guest speaker who is survivor and advocate for domestic violence, told her story.

“I told myself I couldn’t do this any more, I needed to fill a hole that was inside of me […] I felt that I could fill this hole by being here today,” said the survivor.

Among the guest speakers at the event were two performers that had gone on stage to spread awareness through art, such as interpretive dance and spoken word poetry.

Updates in the community were announced by Debbie Mattis, another speaker at the event, who mentioned the opening of a home in Riverside for those that have fell victim to sex trafficking and domestic violence.

“The first part of the recovery is creat- ing a place of safety and trust doesn’t come

Continued on Page 2
**Women's March in Los Angeles**

Protestors at the beginning of the march, waiting in front of the International Jewelry Plaza near Pershing Square.

"IKEA HAS BETTER CABINET CHOICES," reads one sign.

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**Politics**

Betsy DeVos

Secretary of Education nominate

The Senate committee decision for Betsy DeVos’s nomination for Secretary of Education on postpartum infertility for her confirmation. The hearing for DeVos took place last Thursday, Jan. 19, before the Senate committee regarding her nomination for Secretary of Education. It was televised and also made available online by Live-Satellite Public Affairs Network (C-SPAN).

The Secretary of Education is responsible for—among with other duties—overseeing educational policies, managing Federal Aid books and distributing millions in Pell Grants. All of these are directly related to federally-funded schools, including CSUSB.

Here is a breakdown of the Senate in the question about whether DeVos is qualified for the position based on how she answered the questions from the committee members. The concern is being worthy directly from the question.

"Should we make public colleges and universities free for every family?" asked Senator Bernie Sanders. So, that everyone in America, regardless of race, will have the ability to have their kids get a higher education!

DeVos did not directly respond to the question; instead, she repeated, "We can work together, and we can work hard, to make sure higher education is more affordable for young people. And I would look forward to that opportunity if confirmed."

Many of the other committee members questioned with similar answers from DeVos. Virginia Senator Tim Kaine was given an opportunity to answer her question regarding equal accountability for federal-funded schools.

"If confirmed, will you insist on equal accountability in any K-12 or educational program that receives federal funding?" asked Senator Kaine.

"I support accountability," responded DeVos, to which Senator Kaine responded again, emphasizing the word equal. However, DeVos’s answer had not changed.

In addition to the unfavorable responses DeVos gave, her background is also in doubt. DeVos’s resume in higher education includes a Bachelor of Arts degree in Business Administration and Political Science from Calvin College—a private institution.

"While I don’t follow policies, I’ve listened to a lot of people talking about what is important," said Senator Tammy Baldwin.

"Personally, I feel like if you are going to the Secretary of Education, you should have a minimum of a master’s degree. If a college professor is required to have one, why not the Secretary of Education?" asked Cantwell.

Having been educated solely in private institutions, and having been an advocate for the charter school systems, DeVos has not developed adequate knowledge of the public-school system which her nomination focuses on.

When asked about what policies she would like to see implemented if DeVos was confirmed, student Matt Salis responded, “None of the policies she’s been proposing in Michigan.”

"Our favorite pick on [private] schools will leave out students experiencing poverty," continued Solis.

DeVos lack of sufficient knowledge in the public schools system could hinder her confirmation. CSUSB and other state institutions are determined by the decisions and policies the Secretary of Education makes; therefore, the nominate needs to be well informed.

The hearings for secretary positions are for the nominees to win the votes of the committee members in order to be confirmed for the position. DeVos hearing has generated more questions than it satisfied, causing the committee to postpone their decision.

President Norman Angell gave the committee an extra week to submit written questions to DeVos, and for her responses. The day for the committee’s decision for the confirmation or denial of DeVos as Secretary of Education has been extended to Jan. 31.

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**Jan. 20**

President Trump focuses on creating good-paying jobs, supporting veterans, protecting Social Security, and Medicare. He’s prioritized building a wall that will cost taxpayers billions of dollars, cutting federal funds for cities throughout America, stopping Americans from affordable health care and gun-lighting environmentally dangerous pipelines.

Regional Memorandum to Congress: President Trump is making good on his promise to begin withdrawing the United States from the Trans-Pacific Partnership Negotiations and Agreements. This memorandum would represent American people and make sure our financial well-being would be in all negotiations.

A memorandum for Construction of American Pipe line as well as the very controversial Dakota Access Pipeline.

This memorandum stated that, “...we already support the stock market; that all manufacturing processes for each iron or steel products, from the initial melting stage through the application of coatings, that occurred in the United States. This memorandum affects the Dakota Access Pipeline. It must be submitted another ‘Pipeline Approval Re电’ that must be approved by the Assistant Secretary of the Army or Civil Works and the U.S. Army Corps of Engineers (USACE). This memorandum affects the Dakota Access Pipeline. It was submitted another ‘Pipeline Approval Re电’ that must be approved by the Assistant Secretary of the Army or Civil Works and the U.S. Army Corps of Engineers (USACE).

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President D. T. Trump says Proponent Memorandum Regarding Cancellation of Section 01 Pipeline.

Some are controversial and others might be better for America.

This was the Executive Order Minimizing the Economic Burden of the Patient Protections and Affordable Care Act Repeal.

Trump’s campaign heavily relied on negative campaigning.

Kicking his promise, the Executive Order Border Security and Immigration Enforcement Improvements has been unmet.

This allows “the immediate construction of a physical wall on the southern border, supported by adequate personal so as to prevent illegal immigrants, drug and human trafficking, and acts of terrorism.

In Jan. 15, Betsy DeVos, the Secretary of Education, was confirmed for the position. DeVos has been criticized for her lack of experience in the field of education and for her controversial views. However, DeVos has stated that she is committed to improving education for all students. She has also criticized the current education system, which she believes is too focused on testing and standardized assessments. DeVos has proposed several changes to the current system, including increasing accountability for public schools and providing more support for charter schools.
Students discuss graduation plans

By Amber Childress
Staff Writer

Although college is supposed to be a four year plan intended for all students, not every student agrees.

"The process of graduating is every-thing you've done to get to this point," stated student Jackie Barajas.

"It's hard work you put in for five years, the long hours of studying, the stress, and everything else that comes with it," added student Maria Cacho.

Other students consider requirements that must be fulfilled as a determining factor in one's graduation plan.

"Before you start taking classes for your major you have to go through a process of taking the general education classes," said student Joshua Barbosa.

"There are a lot of classes that you have to take before you can even start thinking about graduating," added Flores.

At a four year university, students have a set time frame to graduate in. Some students are forced to do extra work in order to meet the requirements. Especially since I already had my major picked out before I started taking classes, I just had to figure out my concentra-tion," stated student Maria Cacho.

"College is a process [...] it's a double process in four years if you take it year by year, not four years at a time," stated Marin Cachu.

For instance, some students may change their major to suit what fits them the best in order to graduate in the sem-ester they desire.

"If I wouldn't have changed my major I would have finished in four years or five years," added Alcaraz.

"It all just depends on if you have your major picked out before you start colle-ges and if you stick with it throughout the years," added Alcaraz.

"There are seasons where I need to focus more on other responsibilities and only can take the minimum amount of units," stated student Jackie Barajas.

"Then there are other seasons when I can take the max amount of units and still perform well," continued Barajas.

As students set goals to graduate within 4 years, there is also a degree of so-cial pressure placed on them to grad-u-ate within what can be considered an ideal time frame.

"If there wasn't this big amount of so-cial pressure to graduate in four years then I wouldn't have pushed myself as hard and finished in four years. The bad thing about it is the primal pressure because the four year plan is still in the works." stated student Marin Cachu.

"When society has those goals set for people, they don't get outside those goals if you push yourself to exceed those goals you are socially acceptable," said student Joshua Flores.

The fact of the matter is each student determines their own graduation timeline. In the moment. Just happy [...] happy and satisfied," added Flores.

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Big band brings jazz

By Deandra Parker
Staff Writer

Little Mountain Big Band rapped the air with funk and Chicago times during their free concert this past Saturday at the Student Recreation Center Library in San Bernardino.

Deborah Widmer, band director, explained in detail about the types of genre the band covers and how their style sets them apart from other musical groups.

Their range from jazz composer and bassist Charles Mingus to singer composer and bassist Charles Mingus to play some original music.

They are cowteachers on music that's not typical of a big band [...] no one has that particular arrangement we do," explained Widmer.

Widmer added that he was part of a music group in Redlands for a year.

"I found it around and said 'How come we don't have a big band?' There's enough of us here that play this type of music that we should have a jazz big band," he added.

"This is our fourth year [...] we started with maybe 10 or 15 students, we've become our own thing," he continued.

"If you're wondering how the band beats the crowd's name, Widmer explained that "we named ourselves after our lovely mountain that catches fire.""}

By Alexander Douglas

Trump signs executive order

Trump is set to sign an executive order titled "Protecting the Nation from Terrorist Attacks by Foreign Nationals" that will ban visas from seven different countries that in-clude Syria, Iraq, Iran, Libya, Somalia, Sudan and Yemen.

These countries are explicitly listed in

During a press conference earlier this year, President Trump stated that "The United States will not be taken advantage of." He also stated that "We will not be tinkering around the edges on this one." These are steps in the right direction to protect the American people.

"I have heard here my whole life and thought this is definitely something I want to be a part of," said student Fabian Torres.

"Generation Now had leverage with ISIS at the time and they came into one of my classes and talked to us about what they were doing," continued Torres.

Join Generation Now for their upcoming Farmers Market Event, taking place on Feb. 2 at 11:00 a.m. at Court Street Square for some tasty Mexican food.

Generation Now helps SB farmers markets empower the community to positively influence each other by ensuring them to work together.

Trump signs executive order
Let it snow in CSUSB

By Nylles Vernon

The campus was a bit chilly last week during the annual Winter Snow Day, presented by ASI and the Recreation and Wellness Center (Rec Center).

Snow was spread out in front of Palm library for visitors to play, with sled and snowboard.

Many vendors were in attendance during the event such as Carl’s Jr., Mountain High and Activ Rideshop, who were giving away prizes for hitting cutouts of celebrities with snowballs.

Medical student Diana Aguas heard about the event this morning and brought her son out to the Snow Day.

“It was really cool that they put all this snow out here for people to play. My son is having a lot of fun,” said Aguas.

The event was open to the public and encouraged parents to bring their families out to enjoy the snow day filled with music, food and prizes.

The event was a great way for everyone to forget about the bad weather that we experienced and to have some fun while the sun was out.

Snowball fights, snowmen builds and event a few falls from guests were all welcomed during this year’s Snow Day.

“I love the snow so this was really fun that the campus was putting this together. I fell a few times but hey, the snow was there to catch me,” said freshman Cassandra Vargas.

“I really liked the environment but it’s getting a lot colder out here now that the sun just went down,” said Biology major Juan Castro.

“It might be time to head home before I end up getting sick,” continued Castro.

Women belong in the resistance

By Brittatine Gutierrez

I have always been passionate about women’s rights. I’ve always wanted to let people know that my rights were not for negotiation.

I never imagined marching next to others with the same emotions, fears and hopes. So when Women’s March Los Angeles was formulating, I knew I wanted to take part of it.

Being a woman devastated and afraid of the future of my rights, I knew it was vital that I go to this march. It was not an option—I had to go.

After the first stop on the MetroLink, I knew this movement was going to be big; the train had reached maximum capacity with excited activists filling every seat and standing area.

Once we were in Los Angeles, oltre 100,000 people showed up. Marchers of protestants walked to Pershing Square, where the march was said to begin, but that never happened. More and more people began show up.

I thought that the street I was on was the only street being utilized for the march but I was so wrong.

Due to the massive crowd of supporters, the streets of LA surrounding City Hall and Pershing Square were shut down, entire streets and sidewalks were filled with people marching in solidarity.

People shouted: “My body, my choice.”

As well as, “No justice, no peace.”

“No hate, no fear, immigrants are welcome here,” too.

Signs of all kinds were held up with pride.

One sign read, “women belong in the resistance,” with a picture of Princess Leia (played by Carrie Fisher) behind the words.

Pictures featuring women of different ethnicities were displayed, which was served as an example of how diverse the United States is.

Signs that supported immigration, the LGBTQ community and Planned Parenthood spread throughout the crowd.

“I was feeling disheartened that we were fighting the same battles 50 years later but hopeful because of the incredible diversity standing in solidarity,” said attendee Rose Gutierrez.

Having our voices heard and progress were our goals; not retreating back to what human rights were limited to in a select few.

It was, and will continue to be a battle.

This is what made this march so special. At its core, it was a feminist movement and human rights were being protested for.

Women, men, children, grandparents, wives, husbands—everyone had a reason to march, whether it was for Planned Parenthood, women’s right or immigration.

It was peaceful and gave me hope I honestly felt this sense of unity that I’ve never felt before in my life. I felt blessed,” said protester Rebecca Lessa.

As I sat on the train back home and though back at the last couple of hours, a sudden rush of emotions overcome my entire being and I began to cry.

The march shed my the flame in me to fight harder for my rights, my mother’s rights, for my sister, aunts, nieces and nephews. I marched for the rights of my friends, for women not only in the United States but around the world.

It made me realize that even with all the negativity around us every day, hope was a force that united everyone, determination for change and progression.

My rights are not for the taking—my rights are my own. Women’s rights are in fact human rights.

As I sit and think about what I took part in, my grandfather’s words keep running through my mind:

“With will and determination, you can accomplish anything.”

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A heated panel discussion, “Truth, Lies and Bullshit,” led by faculty members took place on Jan. 25 in an effort to seek out fraught topics and current events.

The panel consisted of psychology professors Dr. Matthew Davidson, Dr. Chris Nitschke and Chairman of Philosophy Dr. Tony Bay. The San Bernardino state University professors served a as safe place where many members of the Island Empire voiced their concerns about President Donald Trump.

The panel began with Roy defining the meanings of truth, lies and the differentiation between bullsh**t and lying. “It started out with really simple explanations which is great because there is a difference between bullshit and falsehood, so it quickly turned political and I thought that was very interesting,” voiced Michelle Terrazas. Dr. Matthew Davidson discussed some facts regarding Trump and Clinton. “The definition was mentioned that according to PolitiFact, Clinton had 26 proven instances of lies during her campaign. Politifact also reported that Trump lied about 70 percent, yet some in the public still chose to believe that Clinton was the bigger liar. “Donald Trump lies a lot—even things he doesn’t need to lie about,” joked Davidson. Under Trump’s presidency, our nation is becoming divided and many communities are distressed about what the next four years will bring.

Time has been spent, blood has been shed and we have been torn down in order for groups such as those who support women’s rights, the LGBTQI+ community and others to have equal rights. Now that one man threatens to reverse all hard earned efforts, marches and protests have taken place all throughout the nation. “Trump is nothing like we’ve ever seen before. He is nothing like we’ve ever seen before. He has grabbed power by completely ignoring the will of the people,” voiced Dr. Matthew Davidson.

While exploring, one can earn the education of a nation. “Even though it’s frightening to be away from home and be taken out of your comfort zone, it is a proud moment for our students,” said Erica Reyes, student.

According to studies completed with over 30,000 students who took advantage of studying abroad different and great,” said Alex Abril and his friends. “I believe that it can give you a once in a lifetime experience,” said Ercka Zeron.

Everyone is entitled to their opinion and should be encouraged to share them. “I think education to be the most important in anyone’s life. The environment and other aspects would make studying abroad even more important,” said Alex Abril.

World wide knowledge

By Monica Rosales

The study abroad program at CSUB offers countless opportunities for students to travel the world and learn about the culture of our world. “I really want to see what the atmosphere is like in a different culture. I want to experience different cultures and get a better understanding of the world,” said Michael Rosales.

The Center of Global Education and Management, 917 E. Main St. is in Jack H. Brown Hall and is the Study Abroad department. The Center of Global Education and Management, 917 E. Main St. is in Jack H. Brown Hall and is the Study Abroad department. The Center of Global Education and Management, 917 E. Main St. is in Jack H. Brown Hall and is the Study Abroad department located in College of Education.

Countless programs are offered every quarter for students who want to expand their cultural knowledge. While exploring, one can earn the education they need in order to become well-rounded individuals.

By Pony Bojares

The Combine Kitchen (Combine) in Rancho Cucamonga, a place where coffee lovers, meat lovers, vegans and vegetarians can come together as one. The good at Combine is simple, “introduce the community to great coffee and great food at the same time,” said the summer and winter get the busiest. “Spaghetti. Everyone is entitled to their opinion and should be encouraged to share them. “Even though it’s frightening to be away from home and be taken out of your comfort zone, it is a proud moment for our students,” said Erica Reyes, student. “I believe that it can give you a once in a lifetime experience,” said Ercka Zeron.

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Countless programs are offered every quarter for students who want to expand their cultural knowledge. While exploring, one can earn the education they need in order to become well-rounded individuals.
Students have an opportunity to create anonymous love letters in the Santos Manuel Student Union (SMSU) OARC. The Osher Adult Re-Entry Center (OARC) started collecting letters from students on Jan. 23rd and are to be dispensed all over the campus after Valentine’s Day.

“There are two ways you can get involved with the Love Letters campaign,” said OARC employee Ana LaPham. The first way you can nominate someone, either a student or faculty employee at CSUSB, who could use an extra dose of encouragement.

The love letters will be scattered across campus locations, ranging from classrooms to even rented out library rooms.

So far, the OARC has received more than 40 letters, but there are only two weeks left.

“We have a cute stationary, pens and paper. You’ll just basically write positive messages and what we do throughout the week is take the bundles of letters and we hide them around campus,” added Pham.

Student Bethany Wattimena discussed her thoughts to me in a simple way: “It’s kind of surreal for me [writing]. I’m pretty happy,” said Ian Hicks, winner of the tournament.

“Compassion and empathy [. . .] People I don’t think often enough put themselves in another person’s shoes, you know instead of wondering how they are getting through what they’re going through, they’re just condemning them or they’re criticizing them,” added Edilson.

Savannah Whitehead, studying to become an elementary school teacher said, “Everyone gets caught up in their own issues all the time and we don’t really stop to see what other people are going through.”

Alyssa Maltz, a theater student, expressed what she believes to be her idea of love.

“Love is from God, and God is love. Once you have God in your life then you have love,” said Maltz.

OARC can be a bit tricky to find so if you go to the SMSU, it is across from the Starbucks, located in a little hallway.

The OARC will provide art supplies for anyone interested in crafting an anonymous love letter.

Also, a love letter tree will be created on display in the OARC for anyone who wants more encouragement to come in and pick a love letter from the tree. Anyone is more than welcome to visit OARC throughout the week.

The first way of the tournament is that with each tournament participants get four points for their rank, so if you want to participate in the grand tournament the point of the quarter you should learn how to fight better chances.

For each tournament the winner is given two points and for every time they lose they subtract a point. The player with the most points at the end of the set time limit wins.

“Each player has two stocks and a six minute time limit [to win the match],” said Salvador Ayala, one of the participants of the tournament. Ayala assisted in determining the rules for the tournament.

The first Super Smash Bros. game was released on January 21, 1999 for the Nintendo 64 as the birthchild from development company HAL Laboratory and Japanese game developer Masachro Sakurai.

One of the main appeals of the first choice is the inclusion of well known Nintendo characters like Mario, Kirby, Luigi, Pit, Linka and several more.

As a result the inclusion of new characters in the following games.

The franchise has five games, yet only two are used for competitive play—Super Smash Bros. Melee and Super Smash Bros. for Wii U.

The Super Smash Bros. series is a unique fighting game where traditional lifebars are replaced by damage percentage that increase with every hit the player takes, with the higher the percentage of damage received getting hit (unusually) a further distance.

The series has two known game modes. For every ring out game the player is given two points and for every time they lose they subtract a point. The player with the most points at the end of the set time limit wins.

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**Viral video about Trump**

**By Siere Marrero**

Since President Donald Trump has come into office, social media usage concerning political content has skyrocketed. Many have used social media as a way to express their opinions about the Nov. 8 election and the national politics that followed. Not only have differentiating opinions occurred, but it has also led to the circulation of fake news, misleading information, and other forms of media misinformation. These topics are significant to discuss because of their prevalence today.

In a recent phone interview with CSUSB Foundation of Communication staff writer, Asst. Community Editor Nwosu Jr., he explains how he created his new music video, “Bad and Boujee.”

**Migos turns up in LA**

**By Siere Marrero**

The cheering trees of 3,000 fans was nothing like hip-hop trio Migos, who performed at the Belasco Theater in Los Angeles, CA on Jan. 20.

Since the release of their new album Culture, which will feature an array of hits such as “Stir It Up,” the “Bad and Boujee” track has been garnering attention as well.

This concert experience was great,” continued Christian. “It was stupid packed downstairs and people were dancing on the bar, but upstairs was pretty good.”

The event began at 9pm introducing several other, as group member Quavo threw water on the stage. The event continued with several other groups before the Migos graced the stage with their presence

**Upgrading makeup products**

**By Robert Klimpera**

“Resident Evil” was released in 1996, there are now fourteen installments. Most of these games have been designed in a survival horror style. The concept revolves around characters and feature an entire new cast.

“Resident Evil 7: Biohazard” promises to be a return to the roots of the series, with a focus on conserving items.”

Sleepless nights are in store for gamers as the series that created the survival horror game, “Resident Evil” returns. “Resident Evil 7: Biohazard” will be the newest addition to the series which last celebrated its 20th anniversary.

The game was announced at the 2016 Electronic Entertainment Expo and was met with a mixed acclaim from fans of the series.

Migos Jr. is questioning the media and its intentions. He says, “I don’t think the media is neutral. I don’t think it’s neutral and I think it’s a problem. I think the media is never neutral and is always one-sided,” said Nwosu.

The Migos were scheduled to perform at the Belasco Theater in Los Angeles, CA on Jan 20. In a recent phone interview with CSUSB Foundation of Communication staff writer, Asst. Community Editor Nwosu Jr., he explains how he created his new music video, “Bad and Boujee.”

The video is a parody of Migos’ song “Bad and Boujee,” which features well-known artists Cardi B and Offset. The music video is a mockumentary and includes everything neutral and show how neutral it was,” and Nwosu.

The biggest surprise of the night came when Travis Scott appeared from the crowd waving a red Gucci bandanna, leaving the audience in awe.

It was the first big event that I had a part in getting more exposure and promoting,” said Christian. “We wanted to get more attention by better events than this Migos event [...] the overall experience was great.”

The video begins with a brief message explaining how the song was created. The song was released Jan. 27.

Migos Jr. is the video parody of Donald Trump.

The song begins with a brief message explaining how the song was created. The song was released Jan. 27.

The lyrics are referencing Trump. “Terms to the Streets” that were well received from the crowd. The new album Culture has also been released.

**Unplanned evil return to terrorize gamers**

**By Robert Klimpera**

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From soccer to bodybuilding

By Breeze Rivers

With a healthy, statuesque frame, Amanda Lopez, former women’s soccer player will compete in the John Lindsay bodybuilding competition. On April 8 CSUSB’s very own undergraduate kinesiology major will travel to Culver City to face some of the most physically fit and muscular women from all over the world. After retiring from her soccer career at CSUSB, Lopez was determined to keep it in her life.

“I enjoy lifting and I like to be active, so I just thought whether or not I could do an individual sport where I can be competitive?” explained Lopez.

In the John Lindsay bodybuilding competition, the competitors are strictly judged on appearance. The judges will look for correct posture, competitor’s muscular tone and how lean they are. Just 10 weeks out, Lopez is doing all she can to prepare.

Lopez currently works with coach John Vigil, a Vegas-based mentor who provides her with nutrition and workout plans. Vigil is proud of how far Lopez has come thus far. He loves seeing her progress.

“The way I eat, it doesn’t give me any disadvantages when I’m preparing for the event,” said Lopez.

Lopez has made prep twice a week to make sure she can eat at least six to seven times a day, while balancing schoolwork, homework and getting hours in at the gym.

Her diet includes things like oatmeal, egg whites, ground turkey, Brussels sprouts and sweet potatoes.

Every morning at 5:30 a.m., she heads to the Rac Center on campus to get in an hour-long workout. She manages to do this six times a week.

“The way I eat, it isn’t giving me much energy so it makes the workouts harder, but it really comes down on mood and over matter,” said Lopez.

She has made not only physical but financial sacrifices as well to be able to compete.

“It’s not cheap, the coach, the food, the supplements, the protein, gym costs hundreds of dollars,” Lopez said.

She computes the financial aspect of the training when she was playing soccer as a kid. Her parents were willing to make financial sacrifices for her to play in different soccer tournaments and for club teams.

“I need to cut my parents money to get into those tournaments as a kid, and it’s the same thing for me now,” said Lopez.

Lopez will continue to put in the work necessary to compete in April and has a solid shot at winning the competition.

Superbowl LI predictions

By Tyler Vanderlat

The stage is set for Super Bowl 51 in Houston.

Many students will be watching the Atlanta Falcons face off against the New England Patriots in what will be a battle between two of the best quarterbacks in the National Football League (NFL).

Quarterback Matt Ryan and the Falcons are playing in it or not.

For football fan Micheal Castonguay, a CSUSB student, he looks forward to the Super Bowl every year regardless of his favorite team, the 49ers, are playing in it or not.

“I will not go to get a watch a great football game, but it brings together friends and family to hang out together and watch the game with great food,” continued Cas- tonguay.

With last year’s Super Bowl having been in Houston, the city got excitement.

In the new era of football, as it is just the second time Atlanta has been in the Super Bowl in the franchise’s 51-year history. If they can win the game, it will be their first Super Bowl victory.
Baseball to start season at home

By Lauren Jennings
Sports Editor

The Coyote baseball team, which got its start in 1987, is about to start its 31st season this year.

The team has had its ups and downs throughout the years, as all teams do, but this year’s team is ready to pick up where they left off last year.

They ended last season by losing two games in the CCAA championships, so the team is looking for redemption and a shot at the CCAA title.

“I truly believe this team can make another appearance in the CCAA conference tournament,” said current head coach David Martine.

“The top six teams out of 12 make it, so if our team keeps making the strides it is making, we have a chance,” added Martine.

The first and only time the Coyotes won the CCAA title was in 2002 under head coach Don Parnell.

Parnell was with the team for an incredible period of 24 years after taking over for Chuck Deagle, the team’s very first coach. In the 30 years of Coyote baseball there have only been three coaches, the current being Martine. Martine joined the team in 2015.

When the team was first introduced, they along with the rest of the school’s athletic teams, were Division III (D3). During their time in D3, the team was coached by Deagle and had an overall record of 132 wins, 2 ties and just 47 losses.

Deagle led the team to two D3 NCAA tournament appearances in his final two years.


The chase for the next CCAA tournament appearance has already begun as the team played multiple exhibition games in the fall against Riverside Community College, Cal Baptist and Coyote baseball alumni.

“This fall, we all became very close and we know how good we can be,” said infielder Jordan Simon.

Keeping score wasn’t important for these games, but the team members learned a lot about themselves and the team.

“The future is bright with this team and I am excited to watch them compete everyday,” said former second baseman and new coach, Grant Buchanan.

“The young freshman and older, more mature seniors collaborate very well with one another,” continued Buchanan.

When the team wasn’t playing fall games, they were practicing and have been doing so ever since.

They practice several times a week, with only inclement weather keeping them from the diamond.

With so much practice, the team is bound to look good when they open the season in just a few days.

However, there is always room for improvement.

“I would really like to improve on our pitching,” said Martine.

Individuals of the team can say the same as well.

“I really want to utilize my speed and play the game to my ability and not get ahead of myself,” said Simon.

The Coyotes will play nine of their first 13 games at Fiscalini Field in San Bernardino.

“The home schedule will benefit this year’s young club as it is a chance for them to get into a routine, know game day protocols and much more,” said Martinez.

The team has 50 games on it’s schedule, including 13 doubleheaders.

“I believe this team will outshine, outcompete, outplay and win a lot more games than the following season,” said Buchanan.

“I am really looking forward to what’s in store for this 2017 team,” concluded Buchanan.

The 2017 season begins on Feb. 3 with the Coyotes taking on Dixie State in four