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Reverend Gerald Barnes, Bishop of the Diocese of Riverside and San Bernardino, is the chair of the Migration Committee of the United States Conference of Catholic Bishops.

The United States Conference of Catholic Bishops (USCCB) continues its effort to campaign on immigration issues, church moral standing on human rights and its current campaign through legislative advocacy to reform existing immigration laws and processes, stated Bishop Gerald Barnes in an interview with IEHN.

"Catholic doctrine and its standing on immigration, and unacceptable anti-immigration attitudes by many in the United States, continues to be an ongoing issue of the USCCB and the Immigration Committee. The campaign goes forward to advocate on the principles of its pastoral letter and its aim to educate and recommend legislation to remedy inadequate immigration processes currently in place," stated Bishop Barnes, Chairman of the USCCB Migration Committee, and bishopric leader of the Diocese of Riverside and San Bernardino, with an on-growing Catholic population exceeding 1.2 million.

Bishop Barnes strongly stated that Church doctrine is the acceptance of the immigrants’ human rights and worthiness of respect as an individual, created in God’s image, regardless of who each individual is, or where he came from. “We in the United States are immigrants or descendants of immigrants, and we must be cognizant of the struggles that each immigrant group encountered as they adjusted and integrated with the rest of the population, and overcoming anti-immigration attitudes,” he said.

Immigrant families, and their children born in the United States, have been here for extensive period of time, and have an inherent equity of hard labor and contribution to the economic tax base, while conforming with existing laws of the land, the bishop said, who in 2003, presented an outline of the USCCB’s recommendations for comprehensive immigration reform before the Senate Judiciary Committee.

The large hall at the Home of Neighborly Service has been a multiple purpose venue in the Westside of San Bernardino for many decades, including many youth programs’ meetings, community functions and importantly, the venue for providing lunch on a daily basis for a large segment of senior citizens living in the area.

Wednesday, August 10, was a very special day at the ‘Home,’ with more than the average senior citizens present, many other men, women, and children in attendance.

This very day - August 10 - David Montiel was celebrating his 100th birthday and being honor by the community, close relatives, and Councilwoman Esther Estrada!

Seated at a specially decorated table, Montiel was very much alert and cognizant of the occasion, the well-wishes by many senior citizens who have been his friends for many (many) decades, and his immediate fam’ly - Wife, daughters, and the numerous grandchildren.

When asked for a comment on this special day of longevity that not many people achieve, Montiel stated, with the aid of his wife, Rosa, "I had a good life and thank God for giving me good health and all the others things these many years. I appreciate everything.”

David Montiel was born in the City of Mexico in August 10, 1905. His parents, Ocean and Margarita Montiel immigrated to the United States.

HISPANIC LIFESTYLE HOSTS 9TH ANNUAL BUSINESS EXPO AND CONFERENCE

Hispanic Lifestyle presented its 9th Annual Business Expo and Conference at the Ontario Hilton with an array of speakers and panel discussions on the Hispanic businesses and insights on level of progress in the Inland Empire, and showcasing the region’s top Latino-owned businesses.


Keynote luncheon speaker Mr. Ray Durazo, founder of Durazo Communications and president of the Latin Business Association, spoke on the urgent need to continue to organize the business community and develop added resources for expanding Hispanic businesses.
BISHOP BARNES REINFORCES CHURCH ROLE ON IMMIGRATION

Continued from page 1

The continued flow of immigrants from the southern border, with an estimated 300,000 to 400,000 undocumented immigrants, is evident at our southern borders." Bishop Barnes previously stated in a media report issued by the USCCB

Although each nation has the right to protect its borders, the bishop continued during the interview, the human dignity of the individual must be protected in any law enforcement action.

The Catholic Church, he said, holds a strong interest in the welfare of the immigrants, and the campaign's aim is the education of the 67.3 million Catholic population on church teachings on immigrants and associated issues, myths and false perceptions that immigrants take jobs away from Americans, a drain on the economy, and lastly, that our nation's dignity of the individual must be protected in any law enforcement action.

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Redlands Police Chief Jim Bueermann became aware in his senior year at Redlands High School in 1975 that law enforcement would be his career goal. He also understood that success in any field requires a college education. Subsequently, he took courses at Crafton Hills College (CHC) during his last year in high school and after graduation, attended the college full-time.

"The one important recommendation to young people considering law enforcement is to stay in high school and acquire a college education," said the 48-year-old Bueermann. "Our department entry level requirement is an associate degree. The educational requirements for police work is rising, especially when seeking promotion to sergeant or higher. Police departments equivalent to our department are progressively requiring bachelor degrees for entry level positions."

Bueermann acknowledges the high level of education at the local community college. "I am indebted to CHC which made a change in my life," Bueermann said.

"I learned a lot at CHC due to smaller classes and the dedication of the instructors and caring about teaching," he said. "They were always available to talk to me, which I was very appreciative.

Bueermann fondly recalls taking justice courses at CHC from Redlands police officers Harry Bachelor, Barry Bruins, and Claude Williams. "These instructors, college educated, had real police work experience that augmented their academic instructions."

Bueermann majored in administration of justice and a minor in Spanish at CHC. He recalled Spanish Professor Ray Gonzales' passion for teaching Spanish, which was infectious, and "I just didn't want to let him down."

His other important learning experiences at CHC was speech class, which was very difficult due to his shyness, however, he later became proficient in speaking.

He strongly emphasized the importance of communication skills in law enforcement. "Education gives a person the skills to dialogue. Ninety percent of police work is inter-relationships with people and communication is essential, otherwise an officer will struggle."

Law enforcement officials are considered "peace officers" and they strive to create peace in the community, reducing gun violence or abating domestic violence.

He elaborated that the best cops are people who are social and incline to talk to people. "We are not counselors, but we have the influence to lead people who need assistance in the right direction." Bueermann also recommended majoring in sociology and business and minor in administration of justice.

After graduating from CHC Bueermann continued his education at the Police Academy at Rio Hondo College where he finished college in Criminal Justice and Sociology at California State University, San Bernardino; and a MS Degree in Business at the University of Redlands. He is also a graduate of the FBI National Academy and the California Command College.

"Education gives you a strong foundation," he added. "In the workforce, there is the practical application to what you learned. Critical thinking and conceptual knowledge are important for police in an increasingly complicated world."

"Understanding the psychology, sociology, and physiology in addiction has direct application for addiction to the street cops," Bueermann said. "This is also true about domestic violence."

"Although it's rewarding to remove dangerous criminals from the street, it equally rewarding helping people regain a place in the community by finding sobriety and helping them establish a better place for themselves and their children in society," he said.

Additionally, Bueermann pointed out the importance of understanding different cultures in the most multicultural state in the nation. "With many new immigrants and first generation Americans, it is critical to be knowledgeable about other cultures in order to work together in affecting positive change.

During his 26-year career on the Redlands Police force, Bueermann has worked his way up the ranks - officer, detective, sergeant, lieutenant, captain, and current chief. He compares being a chief of police to being the end of a business.

"I'm running a business, which just happens to be a police department," he said. "I spent a lot of time on the human side, but I need skills in management, organizational development and theory. The masters in business is helpful.

As chief of police, he spends much time working on the administrative side of the job, however, he is happiest when in uniform and in a police car helping the community in which he was raised.

"Police work is fun if you like that kind of action and in helping people, and making a difference in their lives," he said. "It's a good living and an adventure, and very rewarding. Some­day, retirement will be difficult."

"As a child, I enjoyed working on the adminis­trative side of the job, he is happiest when in a uniform and in a police car out helping the community in which he grew up."

"Police work is fun if you like that kind of action, and if you like helping people and making a difference in their lives," he said. "It's a good living and an adventure. Someday, retirement will be difficult. My job has been very rewarding."

JUDICIAL ADVOCACY GROUP LAUNCHES SERIES OF BRIEFINGS ACROSS THE COUNTRY ON THE SUPREME COURT AND JUDGE ROBERTS

Members of HFJ seek to engage Hispanics on the importance of the Judiciary for Hispanics

WASHINGTON, D.C. - Continuing with its successful judicial briefings in Washington, D.C. and most recently in Philadelphia, Hispanics for a Fair Judiciary (HFJ), is launching a national tour targeting Hispanic community groups and individuals in major Hispanic markets beginning with San Antonio, TX on August 6, 2005.

Over the next few weeks, members of Hispanics for a Fair Judiciary will travel to several cities across the country in an effort to educate and engage Hispanics on the importance of our judicial branch, the Supreme Court, and what Judge John G. Roberts may mean for Hispanics as a Supreme Court justice.

"From the beginning we have advocated for a fair judiciary for all Americans, and in particular, the Hispanic community. We must review Judge Roberts' opinions and writings in order to determine whether he truly will be fair to Hispanics on the issues that are most important to us. It is then up to each individual to contact his or her senator to voice their opinion," stated Professor Reynaldo Anaya Valencia of the St. Mary's School of Law.

The first city on the tour was San Antonio, TX. Following the San An­tonio event, briefings are in Los An­geles on August 25, Chicago in the week of August 22, and Miami, the week of September 5. In many of these cities, HFJ will collaborate with organizations like Mexican American Legal Defense and Educational Fund, Southwest Voter Registration and Education Project, and People for the American Way to host its judicial briefings.

"We want these briefings to provide information that will help educate and empower Hispanics at this historic time. While there is much about Judge Roberts that remains unknown, we are providing what information we have to help Hispanics make an informed decision about this nominee and what his impact could be to the community," said Ann Marie Tallman, President and General Coun­sel of MALDEF.

"We will continue to monitor the information that is re­leased on Judge Roberts' views on issues such as civil rights, voting rights, access to education, workers rights, and affirmative action in order to ensure he will protect the hard-won rights and freedoms of Hispanics."

Hispanics for a Fair Judiciary (HFJ) was formed in April 2003 through the efforts of Alliance for Justice in or­der to provide Hispanic leaders across the nation a platform and voice in matters related to our nation's judi­ciary system. HFJ consists of Hispanic civil rights leaders as well as Hispanic state and local elected offi­cials. The group is led by long-time civil rights advocates Raul Yzaguirre, former president of the National Council of La Raza and Dolores Huerta, as well as MALDEF and PRLEDF.
Thirty Hispanic businesses were honored at the Hispanic Lifestyle 9th Annual Business Expo/Conference held at the Ontario Hilton. The 30 businesses employ a combined 11,294 persons in the Inland Empire and generated a business gross earned receipts of $1.759 billion. Photo by IEHN

HISPANIC LIFESTYLE HOSTS 9TH ANNUAL BUSINESS EXPO AND CONFERENCE

Continued from page 1

Hispanic businesses at the local and regional level. "We must overcome the traditional crabs in the barrel syndrome if we are to show progress in our business climate," he said.

The highlight of the Conference was the presentation of the top Latino-owned businesses in the area. Master of ceremonies Robert Soto, host of Hispanic Lifestyle PODCAST, announced the selectees: Tech Color Graphics, Chino; Excel Landscape, Riverside; Able Industrails Products, Ontario; Phoenix Construction, Riverside; Lozano Caseworks, Colton; Valley Printer, Riverside; Jose's Mexican Restaurants, San Bernardino; Spectrum Communications, Corona; West Coast Samples, Chino; Far West Meats, Highland; ZMG Inc., Chino Hills; High Light and Sons Electric, Perris; Classic Containers, Perris; Martinez and Turek, Ontario; Ruiz Mexican Foods, Ontario; De Oro Group, Ontario; Perez Construction, Inc., Ontario; J & B Concrete Products, Perris; Victor Buick-GMC, Corona; Bosch Motors, Fontana; Redlands Ford, Redlands, Redlands & county: El Tapatio Markets, Corona; La Salle Medical Association, San Bernardino; Alvarez Lincoln-Mercury-Jaguar, Riverside; Public Inc., Mira Loma

The top five Hispanic businesses (1 to 5): Mission Foods, Rancho Cucamonga; Cardenas Markets, Ontario; Oremor Auto Group, inland region; Mancha Development, Corona; and Cumbre Insurance, Ontario.

The 31 businesses combined employment total is 11,294, and a total earned revenue of $1,759 billion, according to accumulative figures by Hispanic Lifestyle.

The Hispanic Business publication, in its June 2005, published business projections. The 2004 estimated number of total Hispanic businesses (excluding C corporations) in the United States exceeded over 2 million (with business receipts of $273.8 billion), and a projected figure of 3,175 million businesses in 2010. In that same year (2010), the total number of Hispanic financial services businesses, including finance, insurance, and real estate, is projected to be 177,249.

The national Hispanic purchasing power has currently reached $700 billion and is projected to reach as much as $1 trillion by 2010.

In its June publication, Hispanic Business published the 500 (top) businesses in the United States. In 2004, those businesses employed 115,330 in the various business categories.

The California Endowment Health Journalism Fellowship at USC's Annenberg School of Journalism is currently accepting applications from print, broadcast and ethnic media journalists in Greater Los Angeles who have a passion for health news. The new all-expenses paid fellowships (valued at $3,000) provide reporters, editors and producers with the tools to explore health issues in their communities with confidence and sophistication.

Over the course of two three-day weekends in October and November 2005, participants will hear from award-winning journalists and nationally renowned health experts. The program delves into multicultural health, California health policy, good story-telling and journalism ethics.

The Greater Los Angeles sessions will take place at USC's Annenberg School in late October and November, and the application deadline is August 22nd. Application materials and the fellowship schedule can be found on the web site, www.californiahealthjournalism.org.
STRANGERS NO LONGER
Together on the Journey of Hope
A Pastoral Letter Concerning Migration from the Catho­lic Bishops of Mexico and the United States

The document Strangers No Longer: Together on the Journey of Hope was developed by the Committee on Migration of the United States Conference of Catholic Bishops (USCCB) in collaboration with the Conferencia del Episcopado Mexicano (CEM). It was approved simultaneously by the full bodies of U.S. Catholic bishops and the Mexican bishops at their November 2002 General Meetings and has been authorized for publication in the United States by the undersigned.

Mgr. William P. Fay, General Secretary, USCCB

“In the Church, No One Is a Stranger, and the Church is not foreign to Anyone, Anywhere”.—Pope John Paul II

On January 23, 2003, the fourth anniversary of Pope John Paul II’s apostolic exhortation The Church in America (Ecclesia in America), the Catholic bishops of Mexico and the United States released a historic pastoral letter on migration, Strangers No Longer: Together on the Journey of Hope. The bishops’ letter provides a Catholic framework for responding to the ongoing migration phenomenon in the United States and Mexico. Catholics are involved in all aspects of the phenomenon—as pastors, parish staff, and social service providers who give support to migrants, as public officials and law enforcement personnel who enforce the civil law; and as migrants themselves. The Church, the bishops say, must bring these parties together to help reform immigration laws in both the United States and Mexico. Following are specific excerpts in Strangers No Longer:

Catholic Social Teaching and Migration

“All persons have the right to find in their own countries the economic, political, and social opportunities to live in dignity and achieve a full life through use of their God-given gifts.” (Catholic bishops of the United States and Mexico, Strangers No Longer, paragraph no. 34)

“The Church recognizes that all goods of the earth belong to all people. When persons cannot find employment in their country of origin to support themselves and their families, they have a right to find work elsewhere in order to survive. Sovereign nations should provide ways to accommodate this right.” (no. 35)

“The Church recognizes the right of sovereign nations to control their territories but rejects such control merely for the purpose of acquiring additional wealth. More powerful economic nations, which have the ability to protect and feed their residents, have a stronger obligation to accommodate migration flows.” (no. 36)

According to a new national survey by the American Diabetes Association (ADA), while the majority of people with diabetes experience symptom associated with diabetic neuropathy (nerve damage), only a small minority have been diagnosed with this condition. Diabetic neuropathy is a serious complication of diabetes that leads to sensation of pain and/or numbness, tingling or “pins and needles” in the feet and hands. In addition, according to study findings, a staggering 56 percent of patients have never even heard of the condition. This lack of awareness is unfortunate for the 18.2 million people in the United States living with diabetes. With symptoms that can be incapacitating, the pain of diabetic neuropathy typically worsens at night and many people experience difficulty sleeping. The nerve damage can make a person extremely sensitive to even the lightest touch, and simply wearing socks or having a foot touch a bed sheet can cause pain. Often interfering with daily functions and activities, people with this condition may have difficulty walking, working or socializing. And diabetic neuropathy is a major risk factor for foot injury, infection and amputation.

FOR MILLIONS WITH DIABETES, SERIOUS COMPLICATION GOES UNDIAGNOSED, UNTREATED

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Left untreated, diabetic neuropathy always progresses. Fortunately, there is good news. With proper attention, management and treatment, diabetic neuropathy can be prevented or delayed. Awareness is the first, critical step in taking care of yourself and preventing serious consequences.

That’s why the American Diabetes Association has embarked on an awareness campaign to educate people with diabetes about the possible onset of diabetic neuropathy, the seriousness of this complication, symptoms associated with this condition, and the important fact that there are things people can do to prevent, reduce or manage these symptoms.

As part of the campaign, ADA has developed a patient “pocket checklist” that allows people with diabetes to review a list of symptoms then take this list to their healthcare providers for discussion. For more information or to receive your free check list, call the American Diabetes Association at 1-800-342-2383 or visit www.diabetes.org/neuropathy. This free checklist has been made possible through an unrestricted educational grant from Pfizer Inc.
RIVERSIDE COUNTY SCHOOLS PROGRAM IN NATIONAL SPOTLIGHT AUGUST 16

A Riverside County Office of Education program that nurtures student achievement by creating safe schools will be put in a national spotlight August 16 in Washington, D.C. Dr. David Long, Riverside County Superintendent of Schools, will discuss the "Connect to Achieve" program as a speaker at the National Conference of Safe and Drug-Free Schools. The annual event is sponsored by the U.S. Department of Education.

Education policy makers from across the country will attend the meeting, which is designed to showcase prevention plans that have reduced school violence and the problems that contribute to it. The Riverside County Office of Education program, winner of the largest federal grant of its kind in the nation, will be held up as a model strategy, for linking school safety with high academic standards.

"Connect to Achieve" is a distinctive approach, according to Long, in that it pulls together many community resources to reinforce school safety. The Riverside County Office of Education has marshaled nine local school districts—serving nearly 100,000 students across the county—as participants. But the program is a partnership with the county’s sheriff and mental health departments, too. It also helps harness the federal No Child Left Behind Act in direct service to grassroots problems. One part of the strategy is promoting stability in the home by connecting families with resources.

But what makes "Connect to Achieve" unique, Long said, is that it doesn’t stop with safety. Improving student performance is part of the bottom line. "These collaborative efforts are to help create and sustain a safe learning environment so students can achieve at their greatest level," he said. "I believe that so many times, this is a forgotten piece of the puzzle. We feel it’s critical for student learning. And that philosophy was the basis for this program and its federal support."

Yet another reason why the Riverside County Office of Education program has attracted national attention is that it shows that progress is possible even in an area where rapid growth takes a relentless toll on resources. Riverside County’s population continues to grow at a torrid pace.

School districts participating in the Riverside County Office of Education program include: Alvord USD, Banning USD, Corona-Norco USD, Desert Sands USD, Lake Elsinore USD, Pennis School District, San Jacinto USD, Val Verde USD, and the Alternative Education campuses and its federal support.

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To learn more about this and other safe schools programs of the Riverside County Office of Education, visit this web site:
http://www.rcoe.k12.ca.us/divisions/pass/programs/ssacoverview.html

SALE REPRESENTATIVES WANTED

The IEHN is seeking assertive persons as sale representatives within the INLAND EMPIRE, GOOD commissions.

Call (909) 381-6259 for appointment.

I. E. LATINO ARTISTS TO HOLD ART EXHIBIT

The Inland Empire Latino Artists Association has scheduled VISIONS AT THE VINEYARD art exhibit at the Joseph Filippi Winery, CCAA Museum of Art, 12467 Baseline Road, Rancho Cucamonga, California, from August 7, 2005 to September 13, 2005.

A reception is scheduled to meet the artists on Sunday, August 21, 2005, from 2 p.m. to 5 p.m.

Exhibiting artists are: Ernest Kelunga secretary/treasurer, Rudy C. Ramirez, chair, Juan Esqueda, Bill Marquez, Alfredo Gutierrez, Arturo Escomilla, Bob Chairez, Rose Loya, Rafael Garcia, Jesus Araralno, Fred Poyan, Raul Gonzales Sloan, and Sabino Zermeho.

For information call Ernest Kelunga at (909) 887-4503.

Wednesday, August 10, 2005

ASSEMBLY SELECT COMMITTEE TO ADDRESS TRANSPORTATION FUNDING, ALAMEDA CORRIDOR EAST

Assemblymember Gloria Negrete McLeod will convene a meeting of the Assembly Select Committee on the Alameda Corridor East August 12 in San Bernardino. She will also be available to the press 30 min. before the hearing begins to answer any questions.

Select Committee members will hear testimony from policy makers and stakeholders to determine what potential funding Inland Empire communities and transportation agencies may receive once Proposition 42 monies and federally allocated ACE funds are released, and to identify those projects most in need of funding.

Proposition 42, the gas tax initiative passed by almost 70 percent of voters in 2002, dedicates the sales tax on gasoline to fund transportation in California. The measure was suspended by Governors Gray Davis and Arnold Schwarzenegger and used to balance the state’s budget until recent passage of the 2005-2006 budget.

In addition, Congress recently authorized $167.4 million for the ACE project.

The Alameda Corridor East (ACE) project was created in response to the impact goods movement has on the communities along the Alameda Corridor. Those communities include West Covina, City of Industry, Pomona, Montclair, Ontario, Fontana, Rialto, San Bernardino and Colton.

International trade and the movement of goods generated from Los Angeles and Long Beach ports generates $5.4 billion in state and local tax revenues and provides the nation with affordable electronics, foods and other products.

When the goods arrive through the ports, they are offloaded and transferred to trucks and railroads which then head east through Los Angeles and San Bernardino counties.

The economic benefits to the state and nation are great, but it comes at a cost to the Inland Empire," said Negrete McLeod, who chairs the Assembly Select Committee. "The growth in rail and truck traffic brings us more smog, more traffic congestion, and more water and noise pollution, yet we accrue no additional economic benefit than any one else."

As international trade continues to grow by leaps and bounds, Negrete McLeod said, truck traffic will continue to increase and train traffic is expected to grow as much as 160 percent by the year 2020, resulting in an estimated 300 percent increase in traffic congestion.

Representatives from the California Department of Transportation, Transportation California, the Alameda Corridor East Construction Authority, the railroads, the California Transportation Commission and the business and development community are expected to take part in the discussion.

The hearing will take place in the historic Santa Fe Depot at 1170 W. 3rd St., San Bernardino, from 11 a.m. to 1 p.m. Aug. 12. The public is urged to attend.

RIVERSIDE EDUCATION SUMMIT SCHEDULED FOR OCTOBER 13-14, 2005

Dr. David Long, Riverside County Superintendent of Schools, has announced that the Third Annual Education Summit will be held October 13-14, 2005, in Palm Springs.

The summit will be held at the Hilton Hotel in Palm Springs. Registration will begin in August. Jack O’Connell, State Superintendent of Public Instruction, and many other state and national leaders are scheduled to participate.

The Education Summit attracts an average of 300 participants ranging from district superintendents, school board members, and PTA leaders to business people and elected state officials.

Nationally recognized keynote speakers and workshop leaders will be discussing several key education issues, including the impact of facility issues, the state budget, testing, and assessment. The summit will feature presentations on "best practices" by local districts throughout the county.

For information, contact Tracey Richardson at (951) 826-6674.

The Riverside County Office of Education (RCOE) is a service agency supporting the county’s 23 school districts and linking them with the California Department of Education. RCOE services include:
• administrative support to districts;
• programs for 60,000 preschool, early education, pregnant minor, correctional, migrant and vocational students;
• professional training, support and resources for teachers, administrators and staff.

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For information call Ernest Kelunga at (909) 887-4503.
LYndon Johnson on August 6th of that year.

"And in so doing, we recommit ourselves to building upon our grassroots and community activism to ensure that all citizens find their voice in the political process.

"We still have much to accomplish to guarantee that every citizen has utmost confidence in our democracy and the policies and procedures in place so that every vote is counted, and every voter is heard.

"In 1965, in the face of adversity, Democrats stood together and made the right choice for the greater good of our country and our founding principles. Forty years later, our Party continues to stand up and do the right thing, no matter what the cost. That's a legacy that all Democrats can—and should—be proud of.

CAL STATE SAN BERNARDINO OFFERS MASTER OF PUBLIC HEALTH DEGREE PROGRAM

SAN BERNARDINO - The department of health science and human ecology at California State University, San Bernardino will offer a new master's degree program in public health beginning in fall 2005. The M.P.H. program is designed for health professionals to further their careers in public, private and community-based health care organizations. The program was approved by the California State University system in the spring.

"This is one of the preferred degrees for public health professionals," said Marsha Greer, coordinator of the M.P.H. program. "Graduates of this program will be prepared to assess, plan, implement and evaluate health programs. They'll be able to apply their skills and knowledge in a variety of health services, research and education functions.

The curriculum's foundation is the five core areas of public health: health status and determinants of health statistics, epidemiology, environmental and occupational health, and health systems organization and delivery. Coursework must be taken in sequential order for students to complete the degree in two years.

The program will initially offer a concentration in community health education, with additional concentrations in community nutrition and environmental health to be added in the future.

For information about the master of public health program, contact Greer at (909) 537-5341 or mgreer@csusb.edu or visit http://health.csusb.edu/MPH.htm.

For more information about Cal State San Bernardino, contact the university's public affairs office at (909) 537-5007 or visit the news site at http://news.csusb.edu.

MEXICAN DISHES THE NEW WAY

The results of a recent government study indicating that Hispanic children are more likely to be overweight than other American children will hopefully prompt Latinos to switch to a healthy, humane vegan diet.

Fatty, cholesterol-laden meat, eggs, and dairy products not only pack on the pounds, they also put people at risk for diabetes, cancer, and coronary heart disease—the leading cause of death among Hispanics. Fortunately, a vegan diet can help prevent—and sometimes even reverse—obesity and obesity-related diseases. The American Dietetic Association has even reported that "vegetarians, especially vegans, have weights that are closer to desirable weights than do non-vegetarians."

It is simple to make delicious vegetarian tamales, enchiladas, burritos and other traditional favorites. Visit GoVeg.com for free recipes and a helpful vegetarian starter kit. Recipes are available in Spanish at SeaVegetarino.com.
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The Multicultural Council of Riverside Museum Associates presents the 7th Annual Family Village Festival on October 8, 2005, featuring Live Music • Hands-on demonstrations • Cultural Cuisine.
- At the City of Riverside Municipal Museum, 3580 Mission Inn Avenue, Riverside, CA
- Tuesday – Friday, 9 AM – 5 PM, Saturday 10 AM – 5 PM, Sunday 11 AM – 5 PM, Nature Lab, Tuesday – Sunday 1:30 PM – 4:30 PM, Closed Major Holidays
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