January 26th 2005

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S. B. SUPERVISOR GONZALES APPOIFeatured on page 4

MARINE RECEIVES NATION'S 2ND HIGHEST AWARD FOR VALOR

San Bernardino County Fifth District Supervisor Josie Gonzales announced the staff appointments of Terri Martinez as field representative and Lynn Chacon as legislative analyst.

In a prepared statement, Gonzales stated, "I have hired Ms. Terrie Martinez and Mr. Lynn Chacon to my staff for the 5th Supervisorsial District.

RIVERSIDE HISPANIC CHAMBER OF COMMERCE INSTALLS OFFICERS

In an cordial atmosphere of the Riverside Marriott, the Greater Riverside Hispanic Chamber of Commerce (GRHCC) held its 26th Annual Installation of the Board of Directors and traditional recognition of outstanding individuals, in a luncheon attended by chamber members, elected officials, business and community leaders and supporters of the business group. Riverside County Assistant District Attorney Rod Pacheco was master of ceremonies for the event.

Josie Gonzales, the first Latina elected to the San Bernardino County Board of Supervisors, installed the 2004-2005 board of directors.

Greater Riverside Hispanic Chamber of Commerce installed the 2004-2005 board of directors at the Riverside Marriott. Picture above (not in order) President Andy Melendrez, President-elect Erlan Gonzalez, Vice President Lorraine Saint, Secretary Frances Gines, Treasurer Lisa Rios, Directors Dina Esquivel, Lydia Salazar, Sarah Del Gesso, and Past President Dr. Bonavita Quinto-MacCallum. Photo by IEHN

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Lynn Chacon  Photo by IEHN
Terri Martinez  Photo by IEHN

Ms. Martinez will represent my office in the areas south of the I-10, including Colton, Bloomington, Rialto, Fontana, and San Bernardino. Mr. Chacon will have administrative responsibilities consisting of legal filings, agenda items, review of department budgets and operations, land development, fund resources, and other.

Sgt. Scott C. Montoya was awarded the Navy Cross for courageous action in saving five lives during severe fighting in Iraq on April 8, 2003. Photo courtesy of the Encino Marine Reserve.

ENCINO, CA — A Reserve Marine from 2nd Battalion, 23rd Marines, who demonstrated extreme valor and courage during combat actions in Iraq was awarded the Navy Cross by Lt. Gen. Dennis M. McCarthy at a ceremony held at the Navy Marine Corps Reserve Training Center, on Sunday, January 23.

Sgt. Scott C. Montoya, 35 of Montclair, CA, will receive the Navy Cross for extraordinary heroism displayed as scout sniper in support of Operation Iraqi Freedom on April 8, 2003. The Navy Cross is a combat only decoration, second to the Medal of Honor, and is equivalent to the Army’s Distinguished Service Cross and the Air Force Cross.

Montoya was assigned to Scout Sniper Platoon, 2d Battalion, 23rd Marines, 1st Marine Division, 1st Marine Expeditionary Force during combat operation in Iraq during 2003.

During the battle for Baghdad, Montoya’s sniper team came under heavy small arms fire from a determined enemy force. Noticing a disabled civilian vehicle on the road in the line of fire and with complete disregard for his own life, he rushed forward amidst a hail of gunfire and dragged a wounded Iraqi civilian to safety.

Montoya returned to the fire-swept street to lead a Marine to safety. Montoya then returned to carry and evacuate a wounded Marine who had been lying on the street. Montoya bravely fired the gunfire yet again to evacuate another wounded Marine, then risked his life a fifth time to evacuate a Marine who had been dazed by an explosion.

Montoya is a deputy sheriff with the Los Angeles County Sheriff’s Department.

Board of Supervisors, installed the incoming board of directors. President-Andy Melendrez, Innovative Vocational Services, President-elect Erlan Gonzalez, Riverside County EDA, Vice President Lorraine Saint, Secretary Frances Gines, Treasurer Lisa Rios, Directors Dina Esquivel, Lydia Salazar, Sarah Del Gesso, and Past President Dr. Bonavita Quinto-MacCallum. Photo by IEHN

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**SUPER BOWL LETTER TO THE EDITOR**

If you’re like many Americans who will either be attending or hosting a Super Bowl party, there are some important tips to keep in mind to help make your game day safe and fun.

If your celebration includes alcohol beverages, remember to enjoy good food with our drinks. Space beverages. Never force drinks at a time to help our guests pace themselves. Never force drinks on your guests, and stop serving alcohol an hour before the party ends. Finally, help your guests get home safely by encouraging them to designate a driver. According to a national survey, 122 million Americans have either been a designated driver or been driven home by one. That’s a game-winning plan no matter what team you’re cheering for. For more information on hosting a fun safe party, log on to www.designateddriver.com. Remember, Responsibility Matters. Sincerely, Joe Sanchez, V.P. & General Manager Anheuser-Busch Sales of Riverside/San Bernardino.

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**CHILDREN’S NETWORK 2004 ANNUAL REPORT**

San Bernardino County Rates for Children in Poverty, Juvenile Arrests, and Child Mortality are higher than the State and Nation, Child Maltreatment is lower...

Almost one in every three people in the County of San Bernardino are age 17 and younger, and many of those children and youth are at risk due to poverty, child abuse and neglect and delinquency.

The 2004 Annual Report of the Children’s Network of San Bernardino County for the first time has compared the rates of four major at-risk indicators for children, poverty, malreatment, arrests and mortality, to state and national rates for those indicators.

The rate of San Bernardino County children in poverty is 199.1 per 1000, compared to 181.7 per 1000, and the U.S., 171.8 per 1000. The rate for Juvenile Arrest in San Bernardino County is 33.6 per 1000, compared to 24.3 per 1000 for California, and 22.3 per 1000 in the United States. Finally, the Child Mortality rate in San Bernardino County is 66.7 per 100,000, compared to 51.2 per 100,000, in California and 63.7 per 100,000 in the United States. The Child Maltreatment Rate in San Bernardino County, substantiated reports of child abuse and neglect, is 10.5 per 1000, lower than that of the rate in California, 12.2 per 1000, and 12.3 per 1000 in the United States.

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**EDITORIAL**

RECOMMENDED RESOLUTIONS FOR LATINOS

By Ruben Navarrette, Jr.

DALLAS – This year instead of making New Year’s resolutions for myself, I thought I’d make a few for the nearly 40 million Latinos in the United States.

These resolutions aren’t for every Latino. But for those for whom zapato fits, I’d be happy if this year folks did just five things:

- Become U.S. Citizens
- Learn English
- Teach their children the importance of education and set the example
- Become more involved in the society they live in
- Promote and practice unity and tolerance toward one another.

That last one is the biggest. Not that this will come as a big surprise to many of you. A newspaper executive mentioned to me recently how Latinos were destined to wield a lot of power in cities such as Dallas (or Denver or Phoenix or Charlotte) if only they’d become unified. Yeah, if only.

About 10 years ago, I wrote an essay that remains the most requested and reprinted article I’ve authored. It was about envidia, or envy. About how Latinos are so often their own worst enemies because they can’t stand to see one of their own succeed. I still see traces of that phenomenon. In fact, I got a real good look recently when I agreed to address a group of Dallas-area Latinos. As so often happens when I speak to a Latino audience, I wound up in an argument. This time, it was about something I call the Latino Litmus Test. It’s how some people in my community go about assessing the authenticity of others.

That’s quite a responsibility, and I suppose I should be thankful that there are still folks willing to bear the burden.

A person in the audience asked when I was going to write a column criticizing Al Diaz, Dallas’ only Spanish-language daily newspaper and a product of The Dallas Morning News, for having a top executive who “doesn’t speak Spanish fluently.”

For what it’s worth, the person in question does speak Spanish – although perhaps not as well as that audience member would have liked. But what really bugs me, and I said so at the time, is that this executive has done more for Latinos in journalism and the local Latino community than a dozen other people I know who speak Spanish perfectly.

You see the problem. Readers sometimes accuse me of being “biased toward (my) race,” so now seems a good time to spell out one area where many of my fellow Latinos could stand some improvement.

Too many Latinos can’t wait to see their ranks of those who they consider not up to snuff culturally. If you don’t speak Spanish like a Mexican diplomat, or if you have light skin, or if you marry a non-Latino, or if you belong to the wrong political party, or hold the wrong beliefs, then you’re out in the cold.

And then those pure enough to remain in the club wonder why their numbers are such that they can hold meetings in a broom closet. Even then, they still sometimes splinter into even smaller factions. That’s been the inside joke about Latino organizations for as long as I can remember. First, There’s one group. Then two. Then three. Sometimes it’s because they can’t agree on a mission statement, or a funding source, or an agenda.

Sometimes, it’s simply because they can’t agree on who should be in charge. Too many generals, not enough soldiers.

I’m sick of it. It’s dumb and childish and counter-productive. And it goes along way toward explaining why Latinos, for all their population growth in recent years, aren’t more of a force in American society and may not be for some time. How can they be when they have to confront so much – discrimination, poor political representation, a mediocre educational system, lack of health care, depressed wages and on and on. And they can’t seem to attack any of it because they’re too busy attacking one another.

Enough of that. The destiny of the nation’s largest minority is in its own hands. Instead of constantly complaining about what’s being done to them, Latinos should think long and hard about what they can do for themselves. And then start doing it.

Ruben Navarrette’s e-mail address is mnavarrete@dallasmorning.com.

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**LETTER TO THE EDITOR**

San Bernardino, CA 92404

Wednesday, January 26, 2005

**CHILDREN’S NETWORK 2004 ANNUAL REPORT**

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The Child Maltreatment Rate in San Bernardino County, substantiated reports of child abuse and neglect, is 10.5 per 1000, lower than that of the rate in California, 12.2 per 1000, and 12.3 per 1000 in the United States.

The Board of Supervisors established the Network in 1986 to study and coordinate children’s services within the County.

For more information contact Kent Paxton, Children’s Network Officer at (909) 387-8974.

IEHN – Jan. 12 publication in the Congressman Jerry Lewis article, first paragraph, corrected amount should read “national $2.5 trillion dollars.” We regret the error.
The idea that life is too difficult or unbearable and much of our society being sold on quick fixes and instant remedies has led to a large percentage of our population taking one kind of drug or another on a routine basis to try and cope with situations. Most drugs simply mask the pain and discomfort or alter symptoms for which they are taken yet they very rarely cure anything.

The practice of liberally prescribing drugs to people for ailments has railroaded its way into the drug treatment field, which is alarming in several ways, especially since the nonmedical use of prescriptions drugs is the fastest growing category of substance abuse; now encompassing more than two percent of the total American population twelve or older.

It has become far too common a practice for traditional addiction treatment programs to prescribe antidepressant drugs to curb symptoms of depression in drug users. The recent issue of strict "black box" warning labels added to all antidepressant drugs because of increased suicidal thoughts and behavior among children and adolescents is just one example of the severity of the side effects. Should the Food and Drug Administration (FDA) advisors who pressed for the warnings to be added continue to investigate, they will likely encompass all persons taking them and not just children and teens.

Dangerous drugs hitting the market with direct-to-consumer advertising, skewed research, aggressive promotion to doctors and even fraud by various pharmaceutical companies continues to have a wide negative impact on the nation for which all of us are paying in one way or another.

In the case of substance abuse, the goal of rehabilitation should not be to have to learn to live with a manufactured disease and take drugs for the symptoms, but to acquire the knowledge, tools and skills to be in control over one's environment, thus continually improving the conditions in the former addict's life. True rehabilitation doesn't substitute one harmful chemical for another.

This a message that one of the nation's most effective drug rehabilitation and education programs, Narconon Arrowhead, has been promoting for many years. In fact, Narconon literally means "narcotics-none", and happens to produce a success rate more than three times the national average for ending addiction. Founded in Arizona State Prison in 1966 by William Benitez, the program uses the drug-free social education methodology researched and developed by American author and humanitarian L. Ron Hubbard.

In an essay entitled Our Biochemical Society Mr. Hubbard wrote, "Medical and most particularly psychiatric drugs can be every bit as damaging as street drugs. The prevalence of these currently in common use would be quite amazing to one unfamiliar with the problem."

That was written decades ago. The problem has grown since then and appears to continue to get worse as long as this society chooses to seek chemical solutions to cope with difficulties in life. For more information on how to overcome drug addiction or to find help for a loved one in need, contact Narconon Arrowhead today at 1-800-468-6933 or log on to www.stopaddiction.com.

To view the Food and Drug Administration's current list of warnings and documentation regarding the risks of these drugs visit www.fda.gov and search for antidepressants.

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**FIREFIGHTERS WANTED APPLY NOW FOR CCC FIRE CREW POSITIONS**

It may be difficult to think about fire season in the wake of winter storms, but the California Conservation Corps is seeking applicants now for its Inland Empire fire crew under the direction of the U.S. Forest Service.

The Corps plans to hire 25 young men and women by February 4. They will be trained and certified by the U.S. Forest Service for firefighting work in the year ahead. This is the only CCC Crew of its kind in Southern California.

CCC Inland Empire Recruiter Zoraya Van Buren said the Corps' fire crew offers area young people entry to firefighting jobs.

"Here's a great chance to get some practical experience which can lead to a career. Last year we had three corpsmembers hired into U.S. Forest Service positions," she said. "Crew members learn to work together as a cohesive team and well as to push themselves to their own limits when responding to fires."

Applicants must be between the ages of 18 and 25 to join the Corps.

Following a one-week CCC orientation, they will have two weeks of U.S. Forest service instruction, followed by a physical agility test. Those who sign up for the CCC by February 4 can be a part of the program by February 11.

Corpsmembers on the fire crew will report to work each day at CCC's Inland Empire Center on the grounds of Patton State Hospital and may be dispatched as needed during fire season. Last Year's fire crew responded to numerous fires, including the Bridge Fire in the San Bernardino Mountains. In 2003, the fire crew provided many hours of assistance on the Old Fire.

The California Conservation Corps is a workforce development program hiring young people for a year of service to the state. They devote a year to environmental conservation work and emergency response.

For detail on joining the Inland Empire fire crew, or the CCC in general, contact Van Buren at (909) 867-0767 or visit the Corps' Website: www.ccc.ca.gov.
Continued from page 1

Gerard received the Josie Lozano Award for Distinguished Service; Victoria Hernandez Salmon, owner, received the Small Business Award. Photo by IEHN

received the Marian E. Luna Award for Community Service; KDIF 1440, Gilberto Esquivel, manager, received the Corporate Business Partner Award, and Patricia Salmon, owner, received the Small Business Award. Photo by IEHN

RIVERSIDE HISPANIC CHAMBER OF COMMERCE INSTALLS OFFICERS

Greatier Riverside Hispanic Chamber of Commerce honored four outstanding individuals at the recent installation of the board of directors. (l to r) Rose Ramirez Gerardi received the Josie Lozano Award for Distinguished Service, Victoria Hernandez received the Marian E. Luna Award for Community Service, KDIF 1440, Gilberto Esquivel, manager, received the Corporate Business Partner Award, and Patricia Salmon, owner, received the Small Business Award. Photo by IEHN

Continued from page 1

related duties. I am very proud to have two hard working individuals in my staff. I am also determined to put the 5th District in the forefront of public services.

Terri Martinez is a graduate of Cal-State, San Bernardino, with a BA and MA in Public Administration and accreditation from the County Management and Leadership Academy. Martinez was previously contract administrator with the county’s Purchasing Department. Her responsibilities involved monitoring staff to ensure compliance with county policies, contract procurement and services procedures for the county departments; and preparation of board agendas for approval, among other supervisory duties.

Martinez also was supervising employment service analyst in the Jobs and Employment Service Department, with planning responsibilities for developing training goals, supervision of analysts, technicians and clerical support units, provide oversight of federal and state regulations, preparation of audit reports, and other administrative duties.

Her professional membership includes: American Society of Public Administrators, National Contract Management Association, California Association of Public Purchasing Officers, Inc., Management, and Leadership Academy Alumni Association, and the Hispanic Employees Alliance. She was a member of the Kiwanis Club of Greater San Bernardino and YMCA of San Bernardino.

Martinez received the Certified Federal Contracts Manager Award; and twice recipient of the Hispanic Employees Alliance Scholarship.

“I am very pleased to represent Supervisor Gonzales in the Fifth Supervisors District and be the liaison to our constituents and to convey their needs to the appropriate service departments. This work is very rewarding for me,” Martinez said.

Lynn Chacon, a 28-year San Bernardino County employee, was previously an administrative analyst in the County’s Administrative Office. His responsibilities involved budgetary analysis, programs cost analysis, organizational and fiscal analysis of department operation, and special projects.

As budget analyst for the Community Development Department, Chacon was supervisor of fiscal operations, including budget development and reporting, operational analysis of department’s programs and board agenda development.

He is a graduate of Cal Poly, Pomona, with a BA in Political Science, a 1998 graduate of the County Management Leadership Academy, and MA in Public Administration from Cal State, San Bernardino, with emphasis on financial planning and organizational development.

His professional membership includes: American Society of Public Administrators, Hispanic Employees Alliance and Riverside Art Museum, and recipient of the Hispanic Employees Alliance Scholarship. In 1970-1976, he was in the California National Guard.

Born and raised in Chino, Chacon resides in Riverside with his wife, Dolores and sons, Nicholas and Erik.

S. B. SUPERVISOR GONZALES APPOINTS DISTRICT STAFF

You’re older, wiser and more likely to get colon cancer.

If you’re 50 or over, you need to get checked for colon cancer.

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If you’re 50 or over, you need to get checked for colon cancer.
CAL POLY POMONA CLUB WINS TOP STUDENT CHAPTER AWARDS FROM NATIONAL SOCIETY OF HISPANIC PROFESSIONAL ENGINEERS

Out of 205 chapters on college and university campuses in the nation, Cal Poly Pomona's Society of Hispanics in Science and Engineering (SHSE) took top honors from the Society of Hispanic Professional Engineers (SHPE). The university's club was named National Chapter of the Year, Regional Chapter of the Year and Outstanding Large Chapter of the Year.

The awards were announced during the national convention from Jan. 8-9 in Dallas, TX. Forty-three of the 140 Cal Poly Pomona SHSE members attended the convention.

"Everyone at our tables was jumping up and down," described Julian Astudillo, SHSE's current club president. "We were so excited because it's a great accomplishment. It will definitely help the club out for the next couple of years in terms of giving us inspiration and motivation."

The national student chapter awards are based on the 2003-04 year-end reports summarizing the chapter's activities. Chapters are recognized for their ability to exemplify SHPE's mission and goals. Last academic year, Cal Poly Pomona's SHSE provided regular outreach events for local high schools, food for the homeless and hosted a regional basketball tournament to encourage networking among Southern California SHPE student chapters.

Aside from picking up awards, the convention provides an opportunity for students to network, learn from professionals in the field and gather information about career development opportunities. In addition, the group's adviser, professor Hany J. Farran, presented a workshop at the conference on earthquake damage.

The SHPE strives to promote educational excellence, economic opportunity and social equity for Hispanics.

Cal Poly Pomona (1938) is internationally recognized for its many outstanding academic programs, including nationally ranked hospitality management, architecture and engineering programs. One of only six polytechnic universities in the United States, Cal Poly Pomona champions a learning-centered approach that places learning at the center of every program, course and activity on campus. The University's 2,600 faculty and staff serve close to 20,000 students who earn degrees in bachelor's master's and certificate programs. www.csupomona.edu

A NEW CAREER IN ONE MONTH

SAN BERNARDINO, CA - In just one short month you can become a Nurse Assistant and begin your career in the health care field.

Just look every day - the newspaper want ads offer many exciting job opportunities. Classes begin on February 15 in San Bernardino. Class size is limited and pre-registration is required to insure enrollment for classes, so register now! If you are a Nurse Assistant already and just need classes for re-certification, monthly recertification classes are offered at the Inland Empire Chapter of the American Red Cross.

The Inland Empire Chapter of the American Red Cross is recognized and respected by local health care facilities for their training of educated and professional Nurse Assistants.

Don't wait to begin your future... get quality training with the Inland Empire Chapter of the American Red Cross.

For more information, call the Inland Empire Chapter of the American Red Cross at (909) 888-1481 or visit our website at www.arcinlandempire.org.

WESTEND STUDENTS AWARDED SCHOLARSHIPS

Christina Chavez and Nadeiine Lynette Tinoco, two Westend outstanding students are recipients of the Northtown Housing Development Corporation scholarships.

Christina Chavez

Christina Chavez is a graduate of Alta Loma High School with a 3.63 GPA and currently a student at Cal-State, San Bernardino. She received $6,000 scholarship for four years. The Northwest Housing Development Corporation, a high quality and successful non-profit housing development since 1993 under the auspices of the City of Rancho Cucamonga, currently has five students attending the University of Southern Califonia, University of California, Riverside and local community colleges. Since the inception of the scholarship program, NHDC has successfully seen the results of three graduates from four-year universities. La Verne University, Pomona College, and the University of California, Riverside. Scholarship recipients are selected from the local community, receptive to higher education and a need for assistance, according to Nacho Gracia, executive director.

Nataline Lynette Tinoco

Nataline Lynette Tinoco, a life-time resident of Rancho Cucamonga, graduated from Chaffey High School, Ontario, with a 3.8 GPA, and attending Mount San Antonio College. After graduation, Tinoco is transferring to Loma Linda University where she will major in dentistry. While attending high school, she volunteered to tutor children at the Rancho Cucamonga Library. She received $6,000 scholarship for four years.

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The Substance Abuse and Mental Health Services Administration (SAMHSA) today released study findings showing that women with mental and substance abuse disorders and histories of violence (trauma) can improve when treated with counseling that addresses all three of their service needs. Women who have a voice in their own treatment report better outcomes than women who do not.

The findings come from the Women, Co-occurring Disorders and Violence Study (WCDVS), a five-year study conducted by SAMHSA of over 2,000 women with co-occurring mental and substance abuse disorders and trauma histories. The study was not randomized, but rather, women who fit the study eligibility criteria were recruited into a group receiving integrated services, or a group receiving usual care, which was not randomized, but rather, of over 2,000 women with co-occurring disorders and trauma histories.

According to SAMHSA's National Survey on Drug Use and Health in 2003, an estimated 4.2 million persons 18 and older met diagnostic criteria for both serious mental illness and a substance use disorder (dependence or abuse) in the past year. Of these, 2.0 million were male and 2.2 million were female.

The study builds on recommendations from SAMHSA's Treatment Improvement Protocol (TIP) #25, "Substance Abuse treatment and Domestic Violence." TIP #25 "Substance Abuse Treatment and Domestic Violence." TIP #25 noted that to treat victims of domestic violence with substance abuse disorders, "holistic, collaborative, [and] coordinated" services are needed, as well as studies on collaborative, linked social service programs. The study results confirm clinical recommendations in TIP #25 treating substance abuse issues without addressing a woman's history of violence is ineffective, and that all clients in substance abuse treatment programs should be assessed for domestic violence and childhood physical and sexual abuse.

The WCDVS went further by addressing the interplay of not only substance abuse disorders and trauma in the lives of women, but mental illness as well. The WCDVS also demonstrated the empowerment and healing that comes when a woman is directly involved in her own care and recovery. At the systems level, women with co-occurring disorders and trauma histories often receive services that are fragmented and less comprehensive and more institutionally based than what they need. The WCDVS also addressed these issues in the study's guiding principles:

- Service providers must better recognize the presence of trauma, past and present, as a central concern in a woman's life.
- Women should be encouraged to play an active role in their healing process and provided with a better understanding of how to do so, from the onset.
- There must be a more widespread and comprehensive recognition that violence and trauma significantly impact a person's belief system, self-perception and relationships with others.
- Providers need to meet women where they are mentally and emotionally, with careful readiness assessments, pacing and patience.

SAMHSA is a public health agency within the U.S. Department of Health and Human Services. The agency is responsible for improving the accountability, capacity and effectiveness of the nation's substance abuse prevention, addictions treatment and mental health service delivery systems.

**EARLY DIAGNOSIS KEY TO TREATMENT OF CHOLESTEROL**

When it comes to an early diagnosis of a disease, what you find out may help you—and others—in more ways than you suspect.

For instance, many believe a recent increase in the number of individuals diagnosed with high cholesterol has contributed to an overall increase in use of, and spending on, medications to treat the disease.

High blood cholesterol is considered by many to be of significant medical concern because individuals with this condition are at increased risk for heart disease, the leading cause of death among both men and women in the United States.

More than one million Americans have heart attacks each year, with about one-half million dying of heart disease.

According to experts at Pharmaceutical Research And Manufacturers of America, PhRMA, more aggressive efforts to diagnose the disease have also lead to improved medicines, new standards of care that dramatically emphasize the use of these improved medicines in broader populations and greater attention on the part of the public and health professionals to preventing and managing cholesterol and cardiovascular disease.

In addition, the trend in medicine toward prevention, particularly by using newer medicines, is an important part of health maintenance for cholesterol patients. This trend has not only proven cost-effective but has also improved the quality of patients' lives.

As more aggressive diagnosis, monitoring, and treatment reach more patients with high cholesterol, and as new treatments are developed, it is predictable that we will spend more on medicines to treat this condition.

Allocating resources to medicines that treat high cholesterol may also contribute to a more productive society.

Research indicates that patients who achieve their treatment goals—in this case, lowered blood cholesterol levels—have slower disease progression, maintain better health, and use fewer health care services such as hospitalization.

To learn more, visit the Web site at www.phrma.org.

**GOVERNMENT STUDY HIGHLIGHTS NEED FOR INTEGRATED COUNSELING FOR WOMEN WITH SUBSTANCE ABUSE AND MENTAL DISORDERS AND TRAUMA**
JEANNE BATISTA APPOINTED VICE PRESIDENT BY CHINO BUSINESS BANK

ONTARIO, CA - D Linn Wiley, President and Chief Executive Officer of Citizens Business Bank, has announced the appointment of Jeanne Batista to the position of Vice President and Business Development Officer for the Chino Business Financial Center.

Ms. Batista's professional career incorporates over twenty-five years of experience in the insurance and banking industry. She spent a number of years as an agent/broker, specializing in commercial insurance products. She was also an insurance agency consultant, and expert witness and litigation consultant for the Superior Court regarding issues related to insurance industry standards. Ms. Batista also spent eight years as a business consultant to small firms where she was responsible for implementing business plan strategies focused on increasing sales and production. Ms. Batista originally began her banking career in 1975 with Security Pacific National Bank and later with Citizens Business Bank a regional business development officer for Foothill Independent Bank. She most recently was the Chief Executive Officer of the Chino Valley Chamber of Commerce. She was responsible for enhancing the growth and presence of the Chino Valley Chamber.

Ms. Batista received a Masters of Arts Degree in Organizational Leadership from Chapman University. She also received a Bachelor of Science degree in Business Administration from the University of Phoenix. She also has numerous other accomplishments including, Certified Professional Consultant to Management (CPCM), and Superior Court Insurance Expert Witness.

Ms. Batista is involved in many community activities such as City of Chino and Lewis Operating Co., Healthy Communities, Steering Committee, American Cancer Society Relay for Life and Cypress Creek Community Association.

Citizens Business Bank is the largest financial institution headquartered in the Inland Empire Region of California. It serves 30 cities with 37 business financial centers in the Inland Empire, Los Angeles County, Orange County and the Central Valley areas of California.

RIVERSIDE COUNTY BOARD OF EDUCATION WILL FILL VACANCY BY APPOINTMENT

The Riverside County Board of Education will appoint a replacement in Trustee Area 5 for member Dr. Milo P Johnson, who passed away on December 25, 2004.

On January 19, 2005, the Board voted to make a provisional appointment for Trustee Area 5, as provided by Education Code Section 5091. The Board will accept letters of interest and personal resumes must be provided by Monday, February 7, 2005, no later that 5 p.m. Any registered voter is eligible to apply for an interview. Letters of interest and personal resumes must be received by the Superintendent's Office, Attention: Tracey Richardson, Riverside County Office of Education, 3939 Thirteenth Street, Riverside by Monday, February 7, 2005, no later that 5 p.m.

The duration of the appointment would be through June 30, 2006. An election for the member of Trustee Area 5 will be held June 6, 2006, for the remaining two (2) years of the four (4) year term which expires in 2008.

San Bernardino Unified School District Sponsors Job Fair

SBUSD Human Resource Department sponsored a successful job fair at the Gents Community Center with 16 major employers providing employment opportunities for over 1,000 men and women seeking first-time employment, new career changes, or part-time employment for young students. Tony Diaz, HR Technician, stated the first-time event was very successful and productive, specifically for young professionals, students, and people out of work. "We are pleased with the success of the job fair, and appreciative of the cooperation of employers in the area, the Gents Organization and community groups that contributed toward the district's effort, in the employment field. Our department is currently planning for a May job fair event." Esther Rodriguez and Valerie Ramos from Redlands are both seeking changes in careers and said that a change in jobs will give them an opportunity to improve their job skills and income. Photos by IEHN

The Red Arrow Division Committee Presents a Benefit Dance for Staff Sergeant Ysmael Villegas Day

When: Saturday, January 29th

Doors Open at 7:15 p.m. dance from 8 p.m. - 10 p.m.

Where: V.F.W. Post 9923, 13030 Arlington Ave. (corner of Tyler St. & Arlington Ave.)

Riverside, CA 92505

Ph. #(951)-688-7170

Music by: "LEGACY" featuring ELAINE SANCHEZ

There is Hope

American Cancer Society

1-800-ACS-2345 www.cancer.org

Snacks and Full Bar Available

Tickets: $25.00 per person. Call (951) 687-4416 for tickets or at Zacatecas Café, Riverside
SAME DAY APPOINTMENTS are at ARMC's Family Health Centers. Services are also available at the Pediatrics Clinic at ARMC.

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NOTICE IS HEREBY GIVEN that the Board of Supervisors of the County of San Bernardino will hold a public hearing on Tuesday, January 17, 2005 at 9:00 a.m. in the Chambers of the Board of Supervisors, 385 North Arrowhead Avenue, First Floor, San Bernardino, CA. The purpose of the hearing is to consider the proposed substantial amendments to the County's 2000-2005 CDBG Action Plan listed below, and to solicit citizen comments regarding these amendments.

BACKGROUND: Each year since 1975, the County of San Bernardino has qualified to receive federal housing and community development grant funds from the U.S. Department of Housing and Urban Development (HUD). The funds are to develop viable communities by providing decent, safe, and sanitary housing, suitable living environments and expanded economic opportunities, principally for low- and moderate-income persons.

The Consolidated Plan is renewed every five years. In 2002, HUD renewed the County's qualification to receive Community Development Block Grant (CDBG), Emergency Shelter Grant (ESG) and HOME Investment Partnerships Act (HOME) program funds. The CDBG funds are for eligible projects in the unincorporated communities and 14 cooperating cities. These cities are Adelanto, Banning, Beaumont, Big Bear Lake, Colton, Grand Terrace, Highland, Loma Linda, Montclair, Nipomo, Ontario, Redlands, Rialto, San Bernardino, and Twentynine Palms, Yucca Valley, and Yermo. For the purpose of these grant funds, this area is referred to as the "County Consortium."

To receive the 2004-2005 CDBG, ESG, and HOME grant funds, the County prepared a consolidated application. The consolidated application was a part of the County's updated 2000-2005 Consolidated Plan and 2004-2005 Action Plan. On April 13, 2004, the County of San Bernardino Board of Supervisors approved the proposed Consolidated Plan and Action Plan. Upon completion of the public review period and after all comments were received and considered, the final Consolidated Plan and Action Plan was prepared, and submitted to HUD on May 28, 2004 for funding approval.

PROPOSED CDBG SUBSTANTIAL AMENDMENTS: The following proposed amendments would substantially change the CDBG portion of the 2004-2005 Action Plan:

At the request of the City of Highland, cancel as a CDBG funded activity, the swimming pool locker room and fitness room construction project at the Jerry Lewis Community Center in the City of Highland, and reprogram the project's $181,663 of CDBG funds to a playground equipment, gutter, sidewalks, and street improvements to Lankershim Avenue project at $20,763, and to the Highland roads reconstruction project between Baseline, Sterling, Third and Del Rosa Streets, at $140,880.

At the request of the City of Redlands, cancel as a CDBG funded activity, the handicapped accessible path construction project from the parking lot to a picnic shelter at Yucca Palm Park, because insufficient local matching funds, and reprogram its $27,975 CDBG allocation to Redlands unprogrammed funds.

At the request of the City of Redlands, cancel as a CDBG funded activity, the Sylvan Park handicapped accessible restroom and sidewalk project because of insufficient local matching funds, and reprogram its $27,875 CDBG allocation to Redlands unprogrammed funds.

Cancel as a CDBG funded activity, the handicapped accessible path construction project from the parking lot to a picnic shelter at Yucca Palm Park, because insufficient local matching funds, and reprogram its $27,975 CDBG allocation to Redlands unprogrammed funds.

ADDITIONAL SUBSTANTIAL AMENDMENT PROVISIONS: Items may be added or deleted from this list of Proposed Substantial Amendments at the Board of Supervisors hearing.

PUBLIC COMMENT: For a period of thirty (30) days beginning on January 17, 2005 and ending on February 15, 2005, the public is invited to submit written comments on these proposed amendments. Comments received after 5:00 p.m. February 15, 2005 cannot be considered in the preparation of the amended Consolidated Plan. Send comments to County ECD at the address shown below.

These individuals wishing to express their views on these substantial amendments may be heard at the public hearing or may, prior to the time of the hearing, submit writing comments to the Clerk of the Board of Supervisors, 385 North Arrowhead Avenue, Second Floor, San Bernardino, CA 92415-0130.

If you challenge any decision regarding the above proposal in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice or in written correspondence delivered to the Board of Supervisors at, or prior to, the public hearing. Due to time constraints and the number of persons wishing to give oral testimony, time restrictions may be placed on oral testimony at the public hearing regarding this proposal. You may make your comments in writing to assure that you are able to express yourself adequately.

San Bernardino County DEENIS HANBERGER, CHAIRMAN
Department of Economic and Community Development BOARD OF SUPERVISORS of 290 North "D" Street, Sixth Floor THE COUNTY OF SAN BERNARDINO
San Bernardino, CA 92415-0040 J. RENEE BASTIAN
Attn: Program and Compliance Section CLERK OF THE BOARD OF SUPERVISORS or call (909) 388-0889
01/19/2005 CNS-768551#