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Cesar Chavez Memorial Tribute Committee campaigns for funds

The Cesar Chavez Tribute Committee is seeking funds for the sculptor of a bust of the legendary crusader to be placed at the Cesar Chavez Middle School. The sketch, above, is the model for sculptor Ron Pekar to develop the project. Sketch courtesy of Jesse Valenzuela.

The Cesar Chavez Memorial Tribute Committee of the Inland Empire, under the leadership of Jesse Valenzuela, has undertaken the development of a bronze bust of the late Cesar Chavez to be placed at the Cesar Chavez Middle School at the start of classes in July 2005.

The committee has been planning fundraisers and seeking other sources of revenue in the region in an effort to finance the bust of Cesar Chavez for the July school opening. “We have a dedicated group of people involved in this noble once-in-a-lifetime project in our community. We are currently seeking support for this worthwhile tribute to memorialize one of our generation’s most outstanding role models and hero,” Valenzuela stated in an interview for this article. The memorial will be the sole physical remembrance in the region of the crusader Cesar Chavez.

Ron Pekar, artist and sculptor, has been commissioned to sculpt the bust of Cesar Chavez. Pekar has 35 years of experience and his work is represented in more than 600 corporations, cities, and colleges throughout the country.

Ralph C. Hernandez receives 25-year tenure recognition

Ralph C. Hernandez, Business Development, and Marketing Coordinator, Arrowhead Regional Medical Center, recently received his 25-year service pin for his service to the County of San Bernardino.

Ralph C. Hernandez has devoted 25 years in social and health-related work for the residents of San Bernardino County. During a public meeting before the Board of Supervisors, 2nd District Supervisor Paul Biane presented Hernandez with a 25-year pin in recognition for his “commitment and outstanding professional service to the County of San Bernardino and to those in greatest need.” Hernandez received a prolonged applause from the audience.

The popular and community active Hernandez has held several service-intensive positions during his county tenure.

He was initially appointed as mental health outpatient clinic manager for the County Behavioral Health Department (formerly the Department of Mental Health), administrating the division’s budget and outpatient operations, including outpatient treatment programs. His added responsibility included public relations.
CESAR CHAVEZ MEMORIAL TRIBUTE COMMITTEE CAMPAIGNS FOR FUNDS

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HISPANIC NEWS

Winter is here and SOUPS are ON!

Add frozen, canned or in season fresh vegetables to your soup recipes

San Bernardino County Department of Public Health, Nutrition Program

Cesar Chavez died, fulfilling a lifelong dream of improving the working conditions of the farm worker and his family in California and other agricultural areas in the United States. More than 50,000 mourners came to his funeral to honor the charismatic labor leader in Delano, the UFW field office at “Forty Acres.”

His life story has been told and retold by speakers for many years, many artists have painted his portrait, students, young and old, have written essays on his life, and many statues erected in his honor elsewhere in the United States. He is still the shining light and role model in the struggle for workers' rights, according to many human rights activists.

Cesar Chavez was born near Yuma, Arizona, on March 31, 1927, and during his early years, his family worked in the fields throughout California. He learned at an early age of the harsh and unhealthy working conditions that existed for field workers for them to earn the low wages that prevailed at that time. The family moved to San Jose in 1939.

In 1962, Chavez founded the National Farm Workers Association, later known as the United Farm Workers (UFW). Dolores Huerta, an early founder joined Chavez in the struggle to organize the union, becoming its vice president. She continues to strongly support the UFW to the present time.

He struggled for 31 years to improve wages, health coverage, pension funds, and most importantly, a hazard-free working environment for the farm workers. During 1962, there were few dues-paying members. In 1970, the UFW had effectively organized over 50,000 members, and were able to have grape growers accept union contracts.

There were years of hard struggles during the early era to organize the farm workers into the union. His philosophy of non-violence followed the teachings of Mahatma Gandhi and Martin Luther King, Jr. Some farm workers did not easily accept the teachings for non-violence. However, his tireless leadership and non-violence strategies extended nationwide and internationally for the farm workers' plight. His fasts, in 1968, 1972, and 1988 were publicized worldwide and received strong support for the mission to help the field worker and their families.

Cesar E. Chavez Memorial Fund

468 West 5th Street
San Bernardino, CA 92401

For further information contact Jesse Valenzuela at (909) 885-2222.

CEASER CHAVEZ MEMORIAL TRIBUTE COMMITTEE CAMPAIGNS FOR FUNDS

ASSEMBLYMAN JOE BACA, JR. TAKES ON NEW LEGISLATIVE ASSIGNMENTS

Assemblyman Baca Appointed to Key Legislative Committees

SACRAMENTO, CA – On Thursday, December 6, 2005, Assemblyman Joe Baca, Jr. (D-Rialto) was appointed by Assembly Speaker Nunez to serve on four legislative committees.

Assemblyman Baca will be serving on the following Assembly Committee:

- Jobs, Economic Development and the Economy. This committee has jurisdiction over state legislation pertaining to state and local economic development, business advocacy of import/export trade, development of international high tech markets, impacts of the federal budget on international trade, and small business development.
- Housing and Community Development. This committee has jurisdiction over state legislation regarding housing rehabilitation, residential building standards, redevelopment, public financing of housing, discrimination in housing, and condominium conversion.
- Utilities and Commerce. This committee has jurisdiction over state legislation pertaining to energy conservation and development, including sitting of power plants, telecommunications, rate increases and trucking regulated by the Public Utilities Commission, common carriers and intrastate commerce.
- Water, Parks and Wildlife. This committee has jurisdiction over state legislation concerning water, including water supply and rights, the Department of Water Resources, fish and game, flood control, parks and recreation, the State Water Resources Control Board, and wildlife.

“I look forward to serving and working on these important committees to positively affect water quality and supplies, housing, economic development, and utilities for our region and California,” said Assemblyman Baca. “In particular serving on the Committee can help address the water contamination problem caused by perchlorate in our area.”

Assemblyman Baca already serves on the Assembly rules Committee as he was appointed to that panel in December 2004.
INLAND EMPIRE HISPANIC NEWS

Wednesday, January 12, 2005

INLAND LAWMAKERS CALL FOR AUDIT OF OMNITRANS

A pair of Inland Empire legislators today called for a performance and financial audit of the regional transit agency Omnitrans.

In a letter to San Bernardino County Auditor/Controller-Recorder Larry Walker, State Senator Nell Soto (D-Pomona) and Assemblyman Joe Baca Jr. (D-San Bernardino) said revelations in area newspapers "suggest a recent history of mismanagement" by officials of the county’s mass transit provider.

"We believe there are multiple reasons for auditing the financial and contracting practices of Omnitrans," the legislators wrote. "We believe such an audit should review contracting and purchasing practices. We also believe that Omnitrans internal management practices need a thorough review. Among the issues and events of concern to Soto and Baca:

- A 2003 audit by the Federal Transit Authority which found deficiencies in eight of 23 areas;
- Omnitrans' commitment to a five-year agreement with Comshare, Inc. that pays Comshare approximately $29,000 a year for maintenance of software that either was never installed or has been used infrequently.
- Omnitrans' commitment to pay $216,000 to Firestone for "not-tran­sit" related tires, even though usage of such tires may compromise safety;
- The firing of a contracts manager who questioned Omnitrans contracts.

"In addition," Soto and Baca wrote, "there are reports that Omnitrans may engage in whistle-blower retaliation that may be illegal, or at least threaten the integrity of the public agency." They noted Omnitrans' decision to fire Bill Trappe, president of the union representing Omnitrans bus drivers, last November after Trappe criticized the awarding of lucrative contracts as well as the agency's decision to purchase what appeared to be sub-standard tires.

The lawmakers believe that the multi-jurisdictional nature of Omnitrans makes accountability at the transit agency difficult in other words, while the agency's board of directors is comprised of elected officials from the county and cities, Omnitrans structure may actually prevent appropriate oversight from within."

"There are few tools to evaluate if Omnitrans can accomplish its goals at less cost," Soto and Baca asserted. "In this regard, we request that the County Auditor make recommenda­tions on ways Omnitrans can improve its contracting and procurement prac­tices."

Because of the potential ramifications of these reported actions – especially, where they may relate to public safety – we request an audit of Omnitrans at the earliest possible time."

If you're an Inland Empire resident who has ever been touched by breast cancer, it helps to talk to someone who's been there before.

INLAND EMPIRE HIV PLANNING COUNCIL MEMBERSHIP RECRUITMENT #1

Each year 40,000 people become newly infected with HIV in the US. People with AIDS are living up to ten years longer. New priorities must be made on how best to take care of those in need.

The Inland Empire HIV Planning Council serves as the policy making body for HIV/AIDS Care and Treatment in San Bernardino and Riverside Counties. We prioritize and allocate about $7 million each year. We are seeking willing citizen members to join our Council. Would you like to join in the process? All Planning Council meetings are open to the public. Check out our web site at www.IEHPC.org, or call 1-800-243-7275 for more information.

INLAND EMPIRE HISPANIC NEWS

ASSEMBLYWOMAN GLORIA NEGRETE MCLEOD ANNOUNCES AVAILABILITY OF STATE FELLOWSHIPS

College students or graduates with a strong interest in public policy and politics have until Feb. 25, 2005 to apply for a number of fellowship programs offered by the California Assembly, Senate and other branches of state government.

Assemblymember Gloria Negrete McLeod (D-Chino) announced today that applications are now being accepted for four state government fellowship programs: the Jesse Marvin Unruh Assembly Fellowship, the California Senate Fellows, the Executive Fellowship and the Judicial Administration Fellowship.

"These programs are great opportunities to gain firsthand knowledge of the four branches of state government," Negrete McLeod said.

The fellowships each pay a monthly stipend of $1,882 and include health, dental, and vision benefits, she added.

The Jesse Marvin Unruh Fellowship Program, is the oldest of the four programs. It is also one of the most prestigious legislative fellowship programs in the nation. Each Year, 18 college graduates are selected for the program from an international applicant pool. Assembly Fellows spend 11 months learning the ins and outs of the California Legislature by working in Sacramento as staff to legislative committees or as an Assembly member. Their duties are similar to those of legislative assistants and consultants and include developing and researching legislative proposals, responding to constituent requests, analyzing bills and writing speeches and press releases.

"If you are interested in applying for the program, you must have completed a bachelor's degree by October of the fellowship year," Negrete McLeod said.

Senate Fellows are assigned to the personal or committee staffs of Senate members and work as part of their professional staff teams. Their duties and responsibilities are similar to those of Assembly Fellows.

Both the Senate and the Assembly Fellows start work in October, 2005, and conclude the week following the close of the legislative year (August 30 in even-numbered years and September 15 in odd-numbered years).

A third program, the Executive Fellowship Program, places successful applicants in offices throughout the executive branch where they function as professional staff. Executive Fellows learn about various policy issues and also participate in policy making decisions, Negrete McLeod said.

In recent years, a fourth program called the Judicial Administration Fellowship Program has been placing five fellows within the judicial branch of the state.

All fellows enroll at California State University Sacramento for 12 units of graduate course credit. Enrollment fees are paid as part of the fellowship programs. Graduate seminars are conducted at the State Capitol and are required segment of the fellowship program. As part of the seminar coursework, fellows produce major research papers, the best of which are published in the annual Assembly Fellowship Journal.

Since 1992, California State University and Cal-State Sacramento have funded another fellowship, the Federal-State Relations Fellowship, within the California Institute for Federal Policy Research, a bipartisan nonprofit organization established in 1991 by the California congressional delegation. The institute studies issues affecting California and advocates for proposals that promise to benefit California.

ADMINISTERED BY THE CENTER FOR CALIFORNIA STUDIES, the 10-month, paid fellowship allows a fellow to work in the Washington D.C., offices of the institute. Applications are limited to current Assembly and Senate Fellows. Eighteen fellowships will be awarded this year to applicants with a four-year college degree.

The ranks of former fellows and associates include a Justice of the California Supreme Court, members of the United States Congress and the California State Legislature, a deputy director of the Peace Corps, corporate executives, and local government and community leaders.

For more information brochures or applications, call Negrete McLeod's office at (909) 621-2783.
"LOOK GOOD...FEEL BETTER" CELEBRATES 15 YEARS OF SERVING CANCER PATIENTS
Program Has Helped More than 360,000 Women Cope with Appearance-Related Effects of Their Treatment

Women undergoing cancer treatment often undergo side effects that go beyond feeling sick or tired; women often also have to contend with the loss of hair, skin and nail problems, and self-esteem issues. But the American Cancer Society's Look Good...Feel Better® offers a chance for a woman to come out of a session with a new outlook and a new look.

"Hundreds of women in the Inland Empire have participated in free Look Good...Feel Better (LGBF) hands-on make-over sessions, since the program was founded in 1989. It's a great form of therapy on the road to recovery," said Clara Miller, a 14-year volunteer for the LGBF program, who has served as a LGFB trainer for the state of California for the last five years.

Look Good...Feel Better, a free, non medical, product-neutral, national public service program, is a collaboration between the American Cancer Society, the Cosmetic, Toiletry and Fragrance Association (CTFA) Foundation and the National Cosmetology Association (NCA). Each two-hour, demonstration of options for dealing with hair loss and nail care techniques. Workshops, organized by the American Cancer Society and facilitated by LGFB-certified cosmetologists, are held in comprehensive care clinics, hospitals, Society offices and community centers. The cosmetic industry donates more than $10 million dollars worth of cosmetic products and more than $1 million dollars in support of the program each year.

Local programs take place throughout the Inland Empire, including Corona, Colton, Hemet, Wildomar, Barstow, San Bernardino, Loma Linda, Riverside, Fontana and Apple Valley.

"Cancer is so debilitating that we need to do all we can to help patients maintain their self-esteem and face their treatment with greater confidence," said Miller. "The Look Good...Feel Better program not only transforms a woman's look but also her outlook and enables her to go out and face the world with a renewed sense of self."

The American Cancer Society is dedicated to eliminating cancer as a major health problem by saving lives, diminishing suffering and preventing cancer through research, education, advocacy, and service. Founded in 1913 and with national headquarters in Atlanta, the Society has 14 regional Divisions and local offices in 3,400 communities, involving millions of volunteers across the United States. For more information anytime, call toll free 1-800-ACS-2345 or visit www.cancer.org. To make a reservation for Look Good...Feel Better, call the Inland Empire Area Office at (909) 683-6415.

SBCUSD EDUCATOR DELFINA BRYANT RECEIVES DISTINGUISHED AWARD

Continued from page 1

Bryant was also cited in the resolution for her recognition of support for soccer at the middle school. Volleyball, basketball, and softball sports have been primary budgeted items at the middle school for many decades. Due to the traditionally high interest of soccer by Hispanics, including English Learners, Bryant supported the sport with funding from department funds, and was enthusiastically supported by middle school principals. This action by Bryant increased the student's interest in school and made a difference in their academic achievement.

Bryant stated in an interview that students of the middle school level are potentially at higher risk due to being "caught in the middle." "This is the time when students are experiencing puberty and are going through a lot of changes emotionally, socially, physically, and psychologically. They need a lot of support and guidance from the schools and their parents," she said.

Delrina Bryant will retire this spring from the school district.
SAN BERNARDINO COUNTY REMAINS ONE OF CALIFORNIA'S MOST AFFORDABLE REGIONS

RANCHO CUCAMONGA, CA—Steady housing development continues to keep San Bernardino County one of the most affordable regions in California according to the Building Industry Association (BIA) Baldy View Chapter. Overall, San Bernar­dino County offered the state’s third most affordable housing market with a median home price of $321,950 in November in stark contrast to the overall statewide median price of $473,260.

“While there are a number of factors that weigh into homes prices, it all boils down to simple supply and demand,” said BIA CEO Frank Williams. “A recent report indicated that one of every four Californians are leaving the state because of increasing house costs. The more we can keep up with the overwhelming demand for housing in the state and our county the more likely we are to avoid severe price increases.”

Regional economists agree that housing will continue as a major factor in the region’s growing economy and experts such as MetroStudy Director Steve Johnson are anticipating only a slight increase in the median price of new Inland Empire homes in the upcoming year. “Most economists predict a five to six percent increase due to strong building activity and an anticipated increase in multi-family housing in 2004,” said Williams.

Williams said that the strong activity in the Baldy View Region would do much to alleviate the state’s affordability crisis, but that much more needs to be done. “With nearly 70 percent of the state’s population growth coming from within the state, we still need to produce at least 240,000 per year just to keep pace with the demand,” said Williams.

Statewide, California’s homeowners in November continued to post strong gains in housing starts despite increasing interest rates and rising prices preventing homebuilders from meeting the demand of California’s growing population. According to the California Building Industry Association (CBIA) new housing units as measured by building permits issued totaled 17,460 for the November 2004, up 2.5 percent from October and up a resounding 31.4 percent from November 2003. Of that total, 10,922 units were single-family homes and 6,538 units were apartment and condominiums.

Single-family production rose 15.1 percent compared to November 2003, falling 3.8 percent from October 2004. Multifamily starts, meanwhile, rose by 72.5 percent compared to November 2003 and 15.2 percent compared to October. During the first 11 months of 2004, construction began on 191,493 homes and apartments, an increase of 11,856 (6.6 percent) compared to the same period a year ago. Of those, 139,112 were single-family and 52,381 were multifamily units. The single-family total represented a 9.3 percent increase from the previous year while multi-family production was up a slight 0.1 percent.

Because of the continuing strong demand for housing and still-favorable mortgage interest rates, CBIA Chief Economist Alan Nevin forecasts that housing starts for all of 2004 will total 210,000 up a robust 7.3 percent from 2003’s total of 195,682. It now appears all but certain that 2004 will be the first year since 1989 that total production topped the 200,000 mark.

Since 1938 the Building Industry Association of Southern California (BIA), Baldy View Chapter has remained committed to providing Inland Empire families with access to the American Dream of home ownership. The Baldy View chapter encompasses all of San Bernardino County including the High Desert region and all of Los Angeles County east of the 605 Freeway. The Baldy View Chapter is a member of the California Building Industry Association, A statewide trade association representing nearly 6,000 businesses including homebuilders, remodelers, subcontractors, architects, engineers, designers, and other industry professionals.

COUNTY OF SAN BERNARDINO OFFERS LOW INTEREST HOME IMPROVEMENT LOANS

The County Board of Supervisors invites eligible homeowners to participate in a home improvement loan program offered through the Department of Economic and Community Development of San Bernardino County. The program offers low-interest home rehabilitation loans at 3% interest. The lower interest rate makes loans affordable to qualified homeowners who otherwise would not be able to meet monthly payments at current market rates. An example of a fully amortized 20-year loan would have payments as follows: $20,000 - $110.92 per mo., $25,000 - $138.65 per mo., $30,000 - $166.38 per mo., $35,000 - $194.11 per mo. $40,000 - $221.84 per mo., $45,000 - $249.57 per mo.

To qualify, the applicant must meet Housing and Urban Development (HUD) income guidelines. In evaluating loan applicants, the Department of Economic and Community Development looks at gross annual income. The maximum gross income limits are from $30,400 for one person households to $57,350 for households of eight or more.

The rehabilitation loan can be used for bringing the building up to community building standards and making needed repairs. The minimum loan is $3,000 and the maximum is $45,000. Improvements such as re-roofing, wiring, electrical and plumbing are among the eligible work items. A licensed contractor must perform all work.

This program is available countywide with the exception of Apple Valley, Chino, Chino Hills, Fontana, Hesperia, Ontario, Rancho Cucamonga, Rialto, San Bernardino, Upland and Victorville. Unincorporated areas surrounding these cities are eligible. For information regarding programs in non-participating areas, please contact the respective city.

For applications or more information, telephone (909) 388-0910 or write to the Department of Economic and Community Development, 200 North “D” Street, Sixth Floor, San Bernardino, CA 92415-0040. Funds are limited and applications will be prioritized in order of receipt of complete paperwork. Deferred payment loans available to applicants who meet eligibility requirements.

RIVERSIDE CHAMBER PRESENTS MEGA-MIXER AND TRADE SHOW

Free food and a chance to win a jaguar for a weekend!

RIVERSIDE, CA—The Chambers’ largest business-to-business networking opportunity is fast approaching! The Mega Mixer and Trade Show, presented by the Riverside Convention Center, is scheduled for Wednesday, January 19 from 5:30 to 7:30 p.m. More than 90 exhibitors will have the opportunity to display information about their products and services to over 500 attendees. Make valuable contacts, enjoy gourmet food provided by the Convention Center and have the chance to win great prizes. “It’s the best way to do business-to-business networking and meet with hundreds of consumers,” said Chamber Special Events Manager Trisha Cunningham.

This free event showcases Riverside businesses to the community and gives the community a chance to win great prizes, including a Jaguar for the weekend, courtesy of Alvarez Lincoln-Mercury/Jaguar. Other prizes include a racing package from Adams Kart Track (valued at over $600). For more information, call: (951) 683-7100.

Proudly Serving the Inland Empire

Contact your local realtor for all your real estate needs: sell or purchase of real estate, probate sales, vacant land, new construction or multiple units etc.
WASHINGTON – Rep. Joe Baca (D-Rialto) reintroduced legislation today that will authorize $50 million for groundwater remediation in Southern California. “Our community has been plagued by perchlorate contamination for too long,” said Rep. Baca. “It is time that the federal government provides a long term solution.”

The Southern California Groundwater Remediation Act will create a fund administered by the Secretary of the Interior, through the Bureau of Reclamation, that will assist in the funding and implementation of groundwater remediation. It will support areas covered by the Santa Ana Watershed project authority.

“The hardworking families in these areas are not at fault and should not have to pay for a largely federally created problem,” said Rep. Baca. The economic burden on these communities is almost as much of a concern as the potential health effects.”

An identical bill by Rep. Baca, H.R. 4606, passed the U.S. House of Representatives in September 2004, however was unable to pass the Senate before its adjournment. The federal government will provide 65% of the funding and state and local governments as well as private entities will provide 35%. Money already spent to clean up contaminated groundwater since January 1, 2000 will be eligible for reimbursement.

Perchlorate is an ingredient in rocket fuel and has been detected in 184 sources in San Bernardino, Riverside, and Orange counties. In the Inland Empire, a seven-mile plume has jeopardized the water supply for approximately 500,000 residents. Action on perchlorate has been delayed due to a debate over a scientific standard for unsafe perchlorate consumption, and the cause of the contamination. “It is time that we stop arguing and start delivering instead. It is not important who is responsible for the problem, it is important that our community have some relief.”


WASHINGTON – Rep. Grace Napolitano (D-CA) has reintroduced legislation “Top Priority” for upcoming Congressional Session that will authorize $50 million for groundwater remediation in Southern California. “Our community has been plagued by perchlorate contamination for too long,” said Rep. Baca. “It is time that the federal government provides a long term solution.”

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During the summer of 2004 I attended my first internship at the National Institute of Biomedical Imaging and Bioengineering (NIBIB), an institute that is part of the National Institutes of Health (NIH) in Bethesda Maryland. During this internship, which was sponsored by the Hispanic Association of Colleges and Universities, I was able to become educated in the processes and outcomes of medical research. I learned a great deal from both my summer projects and the people at the NIBIB through attending lectures and having one-on-one meetings with staff scientists. Information gathered through this experience will help me in planning my future education and professional career. I learned the most, however, from my summer project on tissue engineering. My summer project on tissue engineering was a research paper describing the processes of tissue engineering. This project was reviewed by the many scientists at NIBIB and eventually published in MAES (Society of Mexican American Engineers and Scientists) magazine with my authorship. HACUE has truly given me a head start in life and my future scientific goals. I only hope to be able to repay this in the future with my continued success and help towards the betterment of mankind.

Michael Coronado is a sophomore at the University of California, Riverside. He is working towards a BS in Biological Sciences with plans to attend medical school and pursue research in oncology. He completed an internship at the NIBIB during the summer of 2004 through the Hispanic Association of Colleges and Universities Internship Program. Photo by the Coronado family.

TISSUE ENGINEERING: OFFERING HOPE FOR THE FUTURE
By Michael Coronado, University of California, Riverside

During the summer of 2004 I attended my first internship at the National Institute of Biomedical Imaging and Bioengineering (NIBIB), an institute that is part of the National Institutes of Health (NIH) in Bethesda Maryland. During this internship, which was sponsored by the Hispanic Association of Colleges and Universities, I was able to become educated in the processes and outcomes of medical research. I learned a great deal from both my summer projects and the people at the NIBIB through attending lectures and having one-on-one meetings with staff scientists. Information gathered through this experience will help me in planning my future education and professional career. I learned the most, however, from my summer project on tissue engineering. My summer project on tissue engineering was a research paper describing the processes of tissue engineering. This project was reviewed by the many scientists at NIBIB and eventually published in MAES (Society of Mexican American Engineers and Scientists) magazine with my authorship. HACUE has truly given me a head start in life and my future scientific goals. I only hope to be able to repay this in the future with my continued success and help towards the betterment of mankind.

Tissue engineering is a multidisciplinary field that involves biology, medicine, and engineering. The name "tissue engineering" was officially coined at a National Science Foundation workshop in 1988. It means the application of principles and methods of engineering and life sciences toward fundamental understanding of structure-function relationships in normal and pathological mammalian tissues and the development of biological substitutes to restore, maintain or improve tissue function.

HACUE Experience Summary
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SALE REPRESENTATIVES WANTED
The IEHN is seeking assertive persons as sale representatives within the INLAND EMPIRE. GOOD commissions.
Call (909) 381-6259 for appointment.

QUINCEÀERA!
The Essential Guide to Planning the Perfect Sweet Fifteen Celebration
By Michele Salcedo

Quinceañera! Is a beautiful and unique book specially written and designed to help mothers, daughters, and grandmothers plan for the quinceañera—one of the most significant and memorable events that begin a Latina’s passage into womanhood. This essential guide to planning the perfect sweet fifteen celebration presents hundreds of ideas for handling all the details of this important day, from making spiritual and religious preparations to choosing the court of honor—the fourteen boys and girls attending the honor—to selecting appropriate music and recordings. Throughout this handsome volume are historical anecdotes and cultural traditions drawn from Mexican Cuban, Puerto Rican, and Central and South American customs and practical suggestions for keeping costs within budget. The IEHN is seeking assertive persons as sale representatives within the INLAND EMPIRE. GOOD commissions.
Call (909) 381-6259 for appointment.

CHILDHOOD OBESITY ON THE RISE; POSITIVE PARENTAL ROLE CAN HELP
According to the latest government figures, 48 percent of U.S. children are considered overweight or seriously overweight. The top culprits remain lack of exercise and poor dietary habits.
As a result, health problems once associated mainly with adults are becoming more common in children, including asthma, type 2 diabetes, and hypertension.
Maryana Winston, M.D., a pediatrcian in Mahwah, New Jersey, sees the rise in childhood and adolescent obesity as an epidemic. Fortunately, lifestyle changes can help reverse the risk factors of certain diseases. She recommends beginning by changing habits at home, away from the lure of vending machines and where parents can serve as good role models.
"Minimize sedentary activities by being physically active as a family and limiting TV or computer time," says Dr. Winston. "Never put your child on a crash diet—instead, adjust eating and drinking habits by eating home more often, decreasing portion sizes and stocking up on healthy foods," she adds.
Many people do not realize that each 12-ounce serving of carbonated, sweetened soft drink can contain the equivalent of 10 teaspoons of sugar. For this reason, the first dietary modification Dr. Winston suggests for all overweight children is to remove juice and soda from their diet, both of which are full of empty, unneeded calories.
Instead, encourage consumption of water and milk to provide the necessary nutrients and hydration. A water filtration pitcher, like those advertised by Brita, placed on a counter or in the refrigerator, can serve as a reminder to kids by giving them easy access to great-tasting, zero-calorie water.
Visit the Brita Web site (www.brita.com) for more information on hydration, weight, and health.

Wednesday, January 12, 2005

Inland Empire Hispanic News

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San Bernardino County
Executive Director
$85,000-$95,000 /yr DOQ

The Executive Director for the San Bernardino County, First 5 Children and Families Commission, is responsible to serve as a resource, administrator, coordinator and advisor to the Commission with the goal of providing successful outcomes for children and families. 
Reqs: BA in bus/pub admin and 3 yrs of management exp. 
This is a contract position and serves at the discretion of the First 5 Children and Families Commission. 
Apply online at www.sbcounty.gov/hr or contact: 
Anthony Salerno 
San Bernardino County HR 
157 W 5th St., 1st Flr 
San Bernardino CA 92415-0440 
asalerno@hr.sbcounty.gov 
EOE/ADA Compliant

EN CASO DE UNA EMERGENCIA, O SI USTED HUELE GAS NATURAL, LLAME AL MUNICIPALIDAD 50% DE SU ORIGEN, HACIA EL SUR: 
1-800-867-9091 

SI USTED SUSPECHA UNA FUGA: 
• Deje su vivienda inmediatamente. 
• Avise a otros. 
• No encienda un cerillo, no encienda ni apague el motor, no use un teléfono, no encienda ni apague las luces, o haga algo que pueda causar una chispa eléctrica. 
• Desde un lugar seguro, llame a la compañía de Southwest Gas inmediatamente, de día o de noche, o llame al teléfono 911.