May 29th 1996

CSUSB

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Students gather for a festival of diversity and individual expression.

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KSSB Goes Back on the Air

By Christopher Hoback
Executive Editor

Finally, after several years without a spot on the dial, KSSB, our campus radio station is going back on the air at 680 AM. The station was taken off the air due to a dispute with the FCC over excessive wattage output, and now, after paying a fine and purchasing an AM frequency, Static Radio will be broadcast over the airwaves once again.

The decision to go AM rather than FM was based on financial constraints. The former FM address, 106.3, would have cost tens of thousands of dollars to obtain. After paying the FCC fine, the cost for the AM permit was significantly lower, approximately $3,500. According to Jon Lyons, KSSB's Station Manager, "We're hoping that this system will prove to the administration that we are an important entity on campus."

The actual date of the on-air debut is uncertain as yet, although it should definitely be up and running by the end of the school year. Initially, the signal output will only provide enough power to cover the campus. In the future, the signal may be increased to cover some of the Northern San Bernardino area.

Although they are coming back as an AM station, KSSB will still primarily maintain a music format. A new staff will be taking over the operation of Static Radio next year, and several long time student assistants are graduating.

Students interested in working on a fully functioning radio station in the fall quarter may do so by enrolling in COMM 243B, the radio practicum course. Three units of elective credit will be earned.

Anyone with questions, concerns or a desire to hear their favorite song can contact the station at SSO-KSSB (5772). The station will be waiting to hear from you, and we will all be waiting to finally hear them.

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Pow Wow Displayed Culture, Crafts, Food

By Frances Williams
Special to The Coyote Chronicle

A Sweet Grass Gathering provides a kaleidoscopic view of the Native American heritage. The Gathering, held on Saturday, May 18, and Sunday, May 19, is an annual event held here at CSUSB.

Ceremonies and other events may be construed as entertainment because of the colorful regalia, drumming, singing and dancing but these are also a reenactment of certain spiritual and symbolic aspects of the humanity of Native Americans.

Every song, dance and detail of the attire illustrates a part of Native American heritage as a people with roots in the distant past. The Gathering is also vivid as a symbol of their identity. The designs originate and change from the same basic components. Also, the rituals and ceremonies enable them to preserve their traditions of sharing hospitality and generosity.

Traditionally, the Gathering is preceded by an invocation because it is a time that Native Americans set aside to recognize their Creator, Mother Earth, the four directions, the natural elements and all life. Also, a flag song is sung to honor the veterans and warriors for their commitment to protect their country.

The drum plays an important part in the Native American culture; it is the oldest memory they have. In the Native American culture, the drum is the center of the universe, its heart beat. It is considered to be their grandfather and, as an elder, it should be looked upon with respect, humility and dignity.

The Dance Arena is blessed before any activities begin and becomes sacred ground for the duration of the Gathering. The grounds are treated with as much reverence and respect as a church or temple of non-Native Americans might be. Drugs, alcoholic beverages, profanity, or loud and rude behavior are not tolerated.

Native Americans renew their hope for a bright future in a world bound by brotherhood, love and a mutual respect for all races. They also pay respect to their ancestors, especially the women. Honoring is a very important part of the protocol and American Indian tradition. When the honoring song is sung and the dance begins, all spectators are supposed to stand up to show respect for those being honored.

The Gathering is also a time to see friends and families and make new acquaintances. It is a time to greet the brothers, sisters and visitors. It is a time to laugh and a time for fun, but most importantly, a time for reflection on Native Americans' heritage, lives and future.
How do you relieve stress?

By Audra D. Alexander
Advertising Manager

About this time every quarter, students begin to feel the tension that comes with impending finals, summer jobs, and for some of us...graduation. Many students find consolation in the fact that there are only a few days of school left, but most can only see as far as their next term paper or final. It's often too difficult to overlook the beautiful outdoors and beckoning beaches, but we must realize that there are only a few days of struggle and torment until the summer is ours. For some of us this means recreation, but for others it's the dreaded "S"—Summer School!

Whether your outlook is merry or misery, stress is always present. We asked several CSUSB students how they relieve stress, and here's what they had to say...

(For those who are graduating, look for The Coyote Chronicle's Commencement Tips on page 15!)

Crissy Tobiason
Senior, Liberal Studies

"I drive to relieve stress. I like to find dirt roads with circular paths that I can go around. I like big dips and turns in my Ford truck."

Fred Gomez
Senior, Environmental Studies

"I love to strum the guitar and spend time with my friends. We shoot pool, have casual beers, and we forget about things that need to be done; temporary relief."

Stephen Espy
Senior, Sociology

"I'm a firm believer in the Budweiser method of relieving stress. The method is, 'Why walk when you can stumble... Why stumble when you can crawl... Why crawl when your friends can carry you?'"

Margaret Hertz
Senior, Anthropology

"I don't deal with stress very well. I like to break glass and make my friends clean it up. I like to draw angry pictures."
By Jason Armstrong  
Managing Editor

A lecture discussing diversity and unification of the races entitled, "White Psychology, Black Psychology and the Future of the World," was given by Dr. Halford H. Fairchild on May 21.

Fairchild, Associate Professor of Psychology and Black Studies at Pitzer College, frequently deals with psychology of the different races, aspects of which were discussed in-depth during the lecture which was attended by approximately 20-25 students.

According to Fairchild, perspectives other than the "White perspective" are not given sufficient attention in today's society.

"The 'White might makes right' mentality that currently exists is a contributor to the downfall of this country," said Fairchild. "Not enough attention is given to Black psychology, which offers a sense of liberation and a restoration of African dignity and character."

Fairchild emphasized a sense of urgency in what he views as the negative state of the world, and stressed that diverse perspectives are essential to the field of psychology.

"We need to revolutionize and rescue the world from ourselves. The social sciences have been distorted and we must look at alternate perspectives," he said.

According to Fairchild, the history of Black persecution is on the verge of being forgotten. "People want to treat history as nothing. Those who forget the past are doomed to repeat it."

The second half of the lecture shifted from a focus on the psychology of different races to a concentration on the disadvantages of minorities in today's society.

"It's ludicrous that people think minorities are favored due to affirmative action. Minorities have been dehumanized, and treated as if they offer nothing to civilization," said Fairchild. "We need to liberate black and brown people, but at the same time not imprison the white people."

A Native American member of the audience expressed her frustration that public education concentrates too much on White people. "Why can't we have a history class that doesn't concentrate so much on White America?"

Fairchild also expressed concern due to the lack of minorities in the field of psychology. "One percent of psychologists are Black; one percent are Asian, and a fraction of a percent are Native Americans. This is a significant part of the problem."

Suggested readings which focus on racial perspectives of psychology include "Black Psychology" written by Reginald Jones. "These readings are useful in obtaining further knowledge of all special interest groups," said Fairchild.

By Jared Schultzman  
Coyote Chronicle Staff Writer

The California Civil Rights Initiative (CCRl) and Affirmative Action Rally go off to a late start on Monday, May 20.

The event took place in the Student Union courtyard and was sponsored by the California Faculty Association and the Ethnic Women's Studies program.

The rally consisted of a three-person panel as well as an open microphone for audience participation. Viewpoints and background were discussed, focusing mainly on the CCRl, but Affirmative Action as well.

Angel Cervantes, a former Claremont College history graduate, had some interesting things to say about CCRl. He felt that pre-conceived notions need to be changed, a change that will begin in our minds. Cervantes is also a member of the "Four Winds Student Movement," an organization that fights for racial equality.

Aside from the rally and discussion, flyers about Affirmative Action and CCRl were distributed. A few flyers discussed "Clause C," which may allow sexual discrimination in some cases, as well as "allow public employers to exclude women from jobs."

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May 31st

Dennis Quaid  David Thewlis  Sean Connery

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Universal Pictures presents "Dragonheart"

"Dragonheart" (PG) is a live-action/animated fantasy film directed by Michael Bay. It stars Dennis Quaid, Stephen Dorff, and Oliver Reed. The film is set in a medieval world where a dragon prefixed "Drogon" is the main character. It opens nationwide May 31st.

You Will Believe
Phone Fraud

By Kristen DeCicco
Coyote Chronicle Staff Writer

These days, criminals are so sophisticated they’re stealing air.

It’s known as cellular phone cloning. Thieves create bogus cellular phones by capturing and copying electronic serial numbers and mobile identification numbers from legitimate phones. The bogus phones are then sold on the black market for approximately $150.

“About 50% of my customers have been cloned,” said owner, Justin Jones, of Just In Time Communications.

Every cellular phone has an electronic serial number (ESN) programmed into it by the manufacturer. In addition, there is a telephone number called a mobile identification number (MIN) assigned to it. The numbers the thieves need are a telephone’s ESN and the unit’s phone number. Together, those numbers the thieves need, can be programmed into it by the manufacturer.

In Los Angeles last year, police often wait near tunnel exits bridges across freeways. Being pirated. Knowing this, the owner knows. The PIN is required made.

So when you stare incredulously in cellular phone stores. You’d never know he does that, looking like a typical student,” said a student at CSUSB.

As officials and cellular phone companies search for a solution to this costly form of fraud, victims and perpetrators continue to cost the cellular phone industry more than $1.3 million dollars a day.

Each cellular phone company is creating their own form of prevention. The most popular is the Fraud Protection Feature (FPF). Like an ATM card, FPF uses a private combination—or Personal Identification Number (PIN)—that only the owner knows. The PIN is required to call out before the call can be made.

The privacy of one’s own home, we can view “it” as much as we like. However, on a college campus, we are not afforded this luxury. Even though the average age of CSUSB students hovers around 25, there are still many valid reasons why “it” cannot be displayed on campus equipment.

When you stare incredulously at the phone bill and don’t remember the long-distance calls to other states or foreign countries, you may have just become a victim to one of the newest forms of fraud.

perpetrators can be the boy next door. Investigations reveal cellular phone pirates to be computer whiz kids and young adults working in cellular phone stores.

“My friend makes about $1,000 a week selling cloned phones. You’d never know he does that,” said a student at CSUSB.

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So when you stare incredulously at the phone bill and don’t remember the long-distance calls to other states or foreign countries, you may have just become a victim to one of the newest forms of fraud.

Censoring Yourself: Is "It" Really Worth It?

By Sherwin Smith
Coyote Chronicle Staff Writer

As another quarter slowly draws to a close (and none too soon), I am often challenged to find new and interesting things to cover in my column. Fortunately, I know exactly what to discuss this time. I hope that those who read this column have an opportunity to use the Internet and discover the many wonderful resources available. For those who “surf” more regularly, I am sure that you have run across some type of offensive material—either in the form of pornography, autograph photos, or just something you don’t like, those of us who use the Internet should all be aware that “it” is out there.

Despite the recent Telecommunications Decency Act of 1996, which basically (but not actually) outlines what kinds of material can and cannot be transferred across the Internet, “it” is still there. Actually, now “it” is even easier to find.

In the privacy of one’s own home, we can view “it” as much as we like. However, on a college campus, we are not afforded this luxury. Even though the average age of CSUSB students hovers around 25, there are still many valid reasons why “it” cannot be displayed on campus equipment.

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In the privacy of one’s own home, we can view “it” as much as we like. However, on a college campus, we are not afforded this luxury. Even though the average age of CSUSB students hovers around 25, there are still many valid reasons why “it” cannot be displayed on campus equipment.

First, “it” is not appropriate on a college campus, and especially in an open environment like a computer lab. The second reason, obviously, is to avoid any kind of sexual harassment lawsuits. Let’s face it, the litigious nature of American society makes it not even worth the risk. If you were to display “it,” say in the computer lab, and a passerby happens to take offense, or just wants a quick buck, the list of possible lawsuits would more than likely be longer than the list of classes you have taken on this campus.

Another reason I personally advise against displaying “it” on campus equipment is because it violates Cal State policies regarding sexual, racial and other forms of harassment. When you receive an e-mail account through the Department of Academic Computing & Media (an “ACME” account), you automatically agree to certain terms and conditions. Included is the condition that “material in violation of the University Harassment Policies, or material which is lewd, indecent, or obscene, may not be stored, printed, or displayed on university equipment.”

According to the Account Use Policy you were given when you first received your account, not only could get you sued for violating state and federal harassment policies, resulting in the loss of a lot of money, you could also be dismissed from the University for violating University Harassment Policies.

Of course, I also advise against displaying “it” out of sheer respect for others. Although I am extremely hard to offend, the last thing I need to see this close to finals is anything that would distress me. Those who know me, and perhaps even those who only read my articles, should realize that I am strongly against censorship of any kind. However, until I am in charge, even I have to follow these policies.

I must stress the wonder of the Internet and the vastness of its many possibilities. I regret that I have subjected you to such “socio-political” truisms. However, many people find offense in many things, and whatever you find offensive, it’s out there. Let’s just hope “it” doesn’t find you.

Sherwin Smith is the Student Electronic Mail Assistant for the Department of Academic Computing & Media. His e-mail address is smith@acme.csusb.edu.

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EUROPE
They'll Go to Your Head

By Diane Williams
Coyote Chronicle Staff Writer

Do Smart Nutrients Really Work?
Are you worried about passing that Math or Physics final exam? Do you pray your memory will serve you well? How can you be sure it will? Recent studies show that there is a way to help your brain work more efficiently.

Time magazine puts them on their cover, CNN does special reports on the latest findings, and some new age publications even tell you how to use smart nutrients. There are three ways smart nutrients can help your brain function. They slow deterioration, repair damage and raise brain function to perform above usual levels.

The human nervous system deteriorates with age and from drinking alcohol or smoking. The aging process is caused by an oxidation process that creates free radicals resulting in the destruction of brain cells. It is similar to an old car rusting due to being exposed to the elements too long. Even though brain cells are not likely to regenerate, smart nutrients can deactivate these free radicals and repair some of the damage. These smart nutrients send low levels of electric currents thereby activating the brain's natural chemicals to work more quickly and efficiently.

Smart nutrients also enhance the brain's natural properties by helping it build new connections. The more connections a brain has, the easier it is for one neuron to send information to another. As these connections are formed, one may memorize and learn things easier.

There are dozens of smart nutrients on the market today claiming to improve the brain’s mental powers. One of the most popular is Gingko Biloba, an herbal extract used for over 5,000 years by ancient Chinese herbalists to treat a variety of ailments. Today, Gingko Biloba, is widely prescribed in Europe to improve circulation, mental functioning, slowing the aging process, and even preventing cancer.

Derived from a leaf extract of the oldest trees on earth, Gingko Biloba pre-dates the dinosaurs. Further studies on Gingko Biloba show that due to its ability to stimulate blood and oxygen flow to the brain, it can also revitalize and improve peripheral blood circulation, energy and stamina, mood and sense of well being. In addition, Gingko Biloba is also an antioxidant which fights free radicals preventing cell destruction.

Gingko Biloba extracts can be purchased in liquid or powder form at most health food stores. The extract should be taken in three separate doses.

There are no reported side-effects in the medical literature, but some users have complained about stomach troubles at high doses. Effects are usually noticeable after two or three weeks of continued use, although sometimes it may take as long as two months.

Other smart nutrients include vitamins and minerals which is said to help rejuvenate the brain's natural properties by helping it build new connections. The more connections a brain has, the easier it is for one neuron to send information to another. As these connections are formed, one may memorize and learn things easier.

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Gingko Biloba contains 70% chlorophyll and is one of the richest sources of vitamins A, B, C, minerals and calcium, iron, magnesium, phosphorus, potassium, sodium, sulphur, cobalt, and zinc. In addition, some 17 amino acids can be found in wheatgrass, including all eight essential amino acids the body has to synthesize from food protein. The juice also contains an abundance of alkaline minerals which is said to help reduce overacidity in the blood.

Use of wheatgrass helps cleanse the blood, organs and gastrointestinal tract. It also stimulates metabolism and bodily enzyme systems and thyroid gland. When beginning a wheatgrass regimen, start with one ounce of the liquid a day and slowly increase to two ounces, ingesting once in the morning and once in the afternoon. Slowly increase to four ounces a day, and finally to six, keeping with the idea of one ounce being consumed at a time. When six ounces is reached, the recommended consumption of wheatgrass juice can cause nausea or stomach upset due to the strong cleansing effects of the juice. Wheatgrass should be mixed thoroughly with saliva before swallowing. Drink very slowly. Considering the taste of grass, you may want to mix or accompany the juice with water or other juice. You will find your energy level will be very high.

When beginning a wheatgrass regimen, start with one ounce of the liquid a day and slowly increase to two ounces, ingesting once in the morning and once in the afternoon. Slowly increase to four ounces a day, and finally to six, keeping with the idea of one ounce being consumed at a time. When six ounces is reached, take that amount everyday for the first week, and then skip a day for the following week. Continue to take six ounces for three weeks, then skip a week.

The Green Wonder

By Kristen DeCicco
Coyote Chronicle Staff Writer

It is the grass grown in your own backyard. Wheatgrass juice is in vogue at juice bars and health spas and is swiftly becoming the popular supplement to a daily diet.

In juice form, wheatgrass contains 70% chlorophyll and is one of the richest sources of vitamins A, B, C, minerals and calcium, iron, magnesium, phosphorus, potassium, sodium, sulphur, cobalt, and zinc. In addition, some 17 amino acids can be found in wheatgrass, including all eight essential amino acids the body has to synthesize from food protein. The juice also contains an abundance of alkaline minerals which is said to help reduce overacidity in the blood.

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Uses for Wheatgrass

• Rub the juice on your scalp, rinse and shampoo to get rid of dandruff
• Gargle with the juice to relieve a sore throat
• Put the juice on a cottonball, leave for 15 minutes, then rinse with cool water to cleanse your skin.
Letters to the Editor

In Defense of the Fest

Dear Editor,

In reply to Ms. Weg's article in the last [May 1] Coyote Chronicle, attacking the Women's Resource Center sponsorship of 'Queerfest'. Ms Weg, it is precisely because of the discriminatory attitude you portray toward this event that the Gay, Lesbian, Bisexual Club probably felt a need to have 'Queerfest' in the first place. This is a day of celebration. This is a day for people to put away their preconceived notions and fears and come celebrate with us. This is a day to voice loves, concerns, music, art, differences and many similarities. It is a day for queers to truly educate the public - not with myths and fears, but facts - an education which you in particular would obviously benefit from. I look forward to seeing you there, Ms. Weg.

Ms. Elaine D. Carritte
Queer & Proud

Dear Editor,

As an alumni student, I cannot contain my feelings any longer regarding the condition of the buildings at CSUSB. I have attended this institution continually since 1989, and needless to say have seen the campus go through a metamorphosis over the past several years with the addition of U-Hall, Jack Brown Hall, the expansion of the Pfau Library, Coyote Bookstore and the Student Union, and the most recent addition of the sports complex. The upkeep and cleaning of these buildings seems to be non-existent or at best minimal. The ladies' restrooms are always littered and usually without soap. I was appalled to see how quickly U-Hall was "trashed" and dirty. I can't tell you how many times I've sat in classes and had to dodge a trail of ants or other insects. The floors are filthy and rooms cramped. U-Hall is not the only building on campus unique to this problem.

The administration blamed budget cuts for having to reduce maintenance staff. Since 1989, our fees have doubled along with the amount of students in each class. Where is our tuition money going? Certainly not for maintenance or instructors. It seems that if new buildings are going to be built, then plans for proper upkeep and maintenance should also be budgeted. How long will it be before the Coussoulis Arena is a pig sty, too? I challenge the administrators to tour the buildings and see for themselves that outwardly the campus is beautiful, but on the inside it is a cesspool.

Sincerely,

Ann Dixon-Nunez
Class of '93

Blight at CSUSB?

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Voice your opinion!

Write a letter to The Coyote Chronicle... Make sure to include your legal name, address, and phone number. We reserve the right to edit for content, clarity, or length. Your letters must be no longer than 400 words. Send your letters to The Coyote Chronicle c/o CSUSB 5500 University Parkway, San Bernardino, CA 92407. Drop by University Hall, room 037, or e-mail us at sbchron@acme.csusb.edu!

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When you stay awake in class, you tend to learn more. (Unless you have an uncanny talent of learning through osmosis.) So don't let fatigue get in the way of your A, Revive with Vivarin®. One tablet has the same amount of caffeine as about two cups of coffee. And it's just as safe. Hey, anything is possible, if you're up for it.
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Diverse Investment Opportunities Available to Graduates

By Christopher Hoback

Many college students are so happy when they graduate that they forget to think about the world they are about to enter. They may be interested in a particular job or type of job, and they may even be thinking about beginning a career. However, far too few students will leave CSUSB this June prepared for the many economic realities that will face us all.

When a college student enters the workforce, their whole life changes. Entry-level jobs may start as little as $17,000 per year or as much as $50,000, could purchase a home for $70,000 with a mortgage payment under $500 with current interest rates. This is a logical purchase for a graduate, providing a place to live as well as an investment.

According to Ray Sanchez, a local real estate agent and appraiser, "Most students don't realize how many opportunities there are for them in today's market. I've helped several people who had low income and very little for a downpayment get some excellent homes in the area."

For example, a student with an annual income of $25,000 could easily afford a monthly rent payment of $600, assuming few other outstanding financial obligations. That same student, with a downpayment as low as $5,000, could purchase a home for $70,000 with a mortgage payment under $500 with current interest rates. This is a logical purchase for a graduate, providing a place to live as well as an investment.

According to Ray Sanchez, a local real estate agent and appraiser, "Most students don't realize how many opportunities there are for them in today's market. I've helped several people who had low income and very little for a downpayment get some excellent homes in the area."

With the current economic climate, students can buy relatively easily instead of renting. Several years from now, after the economy improves, they may see their little shacks. In fact, some are available in nicer areas and are excellent buys.

Many graduates will be eligible for first-time buyer programs and other government supported programs that make home buying a realistic option. Many in the past have used the purchase of a new home as a foundation for establishing a good credit rating. Lack of credit shouldn't deter students from buying a home or investing.

There are a variety of other opportunities available for graduates and continuing students alike.

Condominiums are also available for unbelievably low prices and downpayments. Some units can be had for as little as $100 down, and these aren't run-down homes in the area."

For those who wish to receive help with investment matters, there are a variety of discount brokers who are able to take limited funds and create a diverse and profitable portfolio for almost anyone. It's really never too soon to plan for the near and distant future, up to and including retirement.

Hopefully, all those who are graduating will be able to use some of this information and prosper in all of their future endeavors. For those of us who will be returning next quarter, we will have to stick with investing in our educational future.

Ray Sanchez is a Real Estate Agent with Realteam, a San Bernardino-based company. He is available to answer questions for students interested in obtaining a loan or purchasing a home. He can be reached at (909) 473-5211.

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** 1996 & 1997 Toyota Auto Care® coverage includes: Regular scheduled maintenance by a Toyota dealer including oil changes (*1996 & 1997 Toyota Auto Care® does not include provision for "spin" oil changes. Oil changes are at the discretion of the owner; every other oil change is a spin oil change. *2 Toyota Auto Care® is the term used to describe Toyota's warranty program. Coverage differs between Toyota models. See your participating Toyota dealer for details.)

The Coyote Chronicle
Marcelo Cabral, a Communications major, poses before the Queerfest '96 drag show. According to Aaron Race, "Drag is anything that is out of the ordinary, apart from your daily wear."

A young attendant of Queerfest '96 is invited to play along with Extra Fancy during their performance on Wednesday. Marianne Fristad and Gail Poehls, of Rainbow Kids and Parents, an organization that supports children and families of Gay and Lesbian parents, felt the event was, "an important function both for the university and community."
D.A. Foster, guitar player for Extra Fancy, rocks during a rendition of their popular song, "Sinnerman." They were honored with L.A.'s #1 Unsigned Band Award from the 1995 "Music Connection Poll," and played at the 1995 Lollapalooza.

photos by Audra D. Alexander

Lorraine had her left eyelid and lower lip pierced at Queerfest '96. Todd Bertrang of Todd's Garage provided piercing services to those who attended the event.

Stephanie Ocana, 22, a Psychology and Human Development major, gets her ear pierced for the third time. "It hurt like hell," says Ocana.

Maragaret Gholston: "This means not just the coming out of students who are Gay, Lesbian, and Bisexual, but the coming together of all students despite their sexuality to enjoy one another."

Dian Pizurie: "It's a wonderful celebration. We have a very strong and active Gay and Lesbian presence on this campus."

Eric Lopez: "They have as much right as anybody to be here. It's very interesting."
"Twister" Turns Up Old Ground

By Jeremiah Dollins
Special to The Coyote Chronicle

Every summer the major studios bring out their "big guns," special-effect blockbusters that push current technological barriers and bring huge returns at the box office. With the popularity and diversity of these films, the special-effect movie has become a film genre all to itself, like the horror movie, the tear-jerker and the art film. The combinations of suspense, action and technology have separated the special-effect film from the action film. "Twister," the latest big-budget special-effect film, falls into the conventional trappings of this genre.

Let me give you an idea of what kind of movie we're talking about here. It starts with a big, bad tornado, and a family who idly races to their storm cellar. Daddy gets sucked into the tornado while his screaming daughter watches in horror. Then we cut to the present day and meet our protagonists, Bill (Bill Paxton) is getting a divorce from Jo (Helen Hunt) because he wants to marry Melissa, a reproductive therapist with an annoying cellular phone. In order to get the divorce papers signed, Bill reluctantly meets Jo at a tornado watch site.

Once there, Jo excites Bill by revealing the Dorothy I (there are five of them), a machine Bill designed to analyze tornadoes from inside the core. Dorothy must be positioned in the tornado's path to work, which requires manpower and a dangerous situation.

So, Bill decides to join in the fun, especially with the current atmospheric activity showing impending twisters. Then we meet the bad guys, led by Jonas (Cary Elwes), who has stolen Dorothy's design and used more expensive technology to create the D.O.T., which he claims as his own design. A tornado soon starts, and the chase is on, the good guys in diverse-colored cars, the bad guys in black cars. Danger ensues, but Bill has twister intuition, and knows where it will turn.

The rest of the movie continues with one tornado after another, until the granddaddy of all tornadoes starts spinning. According to our handy scientist, it is rated an F5 (a tornado rating scale similar to the Richter scale). "Twister" incorporates one cliche after another. And, a story line is the last thing of importance here, though the screenplay was co-written by Michael Crichton. Even with the lack of a story line, one would think that the action would be more inventive since "Twister's" director, Jan de Bont, directed one of the most unique action films in the last few years, "Speed." Unfortunately, "Twister" turns itself into a dead end, and does little to separate itself from the other special-effect films that will emerge in its wake.
Ministry is No Has-Been Band

By Abe Sanchez
Coyote Chronicle Staff Writer

Ministry has been a powerhouse of the industrial metal scene since the 80s. They continue to rock the dedicated fans of the '90s by releasing "Filth Pig," yet another illustration of political mayhem in the rock genre.

On May 16, Ministry performed at the Hollywood Palladium, destroying the illusion of the group as a has-been band. To witness this band perform is to see what acid and speed will do to your head, which is trip you out.

Just before the gig, I had the opportunity to be with over 4,000 members ready to slam the night away. Everybody had their favorite track, and without disappointment, Ministry opened with "Psalm 69," seeming to incite the crowd to march into battle.

I was able to witness the mayhem Ministry creates with each track they play. Without a doubt, the best track they have produced and played live was "So What."

"To Kill for the Love of Killing," is a product of the hostile, benevolent music Al Janneson currently produces, the direct opposite of his early works in the eighties. To listen to an early Ministry song, and compare it with their current music one would be inclined to ask, "What happened?"

In their old style, Ministry produced "new wave" style music, attempting to capture the hip crowd. Al Janneson was not pleased with this style, so he diverted it to focus on the dark side of life and the dark side of politics. NWO (New World Order) is such an example of the imperialism this country downplays. One is caused to wonder if Al purposely made the guitar sound like someone laughing at the NWO thought on the fast, intense track where President Bush is recorded saying "New World Order."

Al Janneson, head of the Ministry menagerie in the music scene, once again challenges the listener to extend current views in a personal and political sense. Their latest release, "Filth Pig," retains the old style from "Land of Rape and Honey," but with a strong metal sound which gives the album a new dimension. The average person will find that most of what Ministry produces is difficult to listen to, but Ministry has proved to be true to themselves and their fans.

Many of today's bands feel that their audience should be able to predict the style of a song. I feel just the opposite; music should capture your thoughts and feelings for four to five minutes, and then throw you back to comfortable reality. It should be a journey of the senses and a vehicle to explore the dreams and fantasies of the mind.

Ministry has the ability to disrupt, to be a challenge to the listener, and to call for troops to enter the chaotic world of the pit. They ended with "Stigma," a classic of the "Land of Rape and Honey" album.

I was disappointed that the show did not last long; it was a short set, lasting about an hour. The fans did not seem to care; maybe they needed a break from the pit.

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ceives sufficient advising from staff over the summer. Students in need of advising can serve as a remedy for students’ frequent concerns regarding availability of courses. “Registration in advance what their schedule will be is a must,” said Pritchard.

Registering for fall quarter now will give us an idea of the demand for particular courses, enabling us to plan ahead when adding sections,” said Pritchard. “Our goal is to register now, so things will run more smoothly.”

As the academic year draws to a close, students are anticipating the coming summer without regard for fall registration. Beginning this year, a new registration policy has been established which states that students must register for fall quarter before spring quarter ends. However, fees will still be due in August.

According to Jerrold Pritchard, Director of Academic Affairs, it is essential to register in May or June during TRACS I. Students registering during TRACS II in August will incur a $25 late fee.

“The reasoning behind the early registration period for fall quarter is that students aren’t able to receive sufficient advising from staff over the summer. Students in need of advising can receive it from faculty and staff on campus spring quarter who may not be here in the summer,” said Pritchard.

Registering for fall quarter can now serve as a remedy for students’ frequent concerns regarding availability of courses. “Registration in advance what their schedule will be is a must,” said Pritchard. “Our goal is to register now, so things will run more smoothly.”

TRACS I begins with priority I, which began on May 21, and ends on June 13, with priority V. Fees will be due August 1-22, depending on priority level. TRACS II will operate August 26-30, and the system will reopen for ‘last minute admits’ and students needing to adjust schedules on September 20.

For further information regarding the new registration policy, students can contact the Office of Academic Affairs at (909) 880-5024.

The CSUSB Gay, Lesbian and Bisexual Student Union is offering a scholarship of $100 to a full-time undergraduate or graduate student. Applicants must submit a two-page autobiographical statement about their participation in, or contributions to the gay and lesbian community on or off campus, as well as a summary of their academic goals. Applications and information are available from co-advisor Dr. Craig Henderson, Psychological Counseling Center, Health Center 136A, (909) 880-5186. The application deadline is June 6.
Roller Hockey: A Great Contact Sport

By Heather Deogracia
Graphics Editor

Put on your skates and get ready to play! Roller hockey is taking this nation by storm. Two CSUSB students are playing this fast growing sport at Stuart’s Roller World in Fullerton. Roger Larson, a junior majoring in Business Management, is a goalie for the Controlled Chaos team. Matt Kelleher, a senior majoring in Business Marketing, plays forward and defense positions.

The game is played on a roller rink floor with a net on each side. Each roller hockey team has four players plus the goalie. The plastic roller hockey puck is lighter than a hockey puck so it can be hit harder. The game consists of three periods of 16 minutes with a one to two minute break in between each period.

Penalties can be for two or five minutes depending on the severity of the player’s actions. Two minute penalties can be given for slashing, whacking another with your stick, hooking, using the stick to hold onto the leg or arm, and high sticking which constitutes raising the stick above the waist or shoulders (depending on the rules set before the game).

Penalties are given for fighting with the other team or injuring another player. “A few weeks ago, one of our players got hit in the nose and was cut. The other player got a five minute major and an automatic game misconduct,” stated Larson.

Larson has been playing Roller Hockey for two and a half years and has been playing for the Copper II division league for 6 months.

Kristi Jensen, a spectator in the stands, said, “Roger’s definitely one of the best goalies in the league.”

Kelleher has eight years of experience playing Roller Hockey. His favorite part of the game is scoring goals and laying goal tenders on their back. He views the worst part of the game to be fights with other players and delays. Granger said, “Matt just had surgery on his knee so he’s still recovering. It’s good to have him back.”

Attending the Controlled Chaos game versus Morning Wood, I was able to witness the action myself. The game moves at a very fast pace and it’s hard to focus on which team has control of the puck. Larson blocked the majority of shots at him and Kelleher played serious defense.

During the last part of the game, an opposing player from Morning Wood slammed the youngest player of Controlled Chaos against the plastic wall. The game went into overtime, and the teams tied.

“Roller Hockey is taking off but it still has a way to go,” stated Larson. Anyone interested in joining a roller hockey league at Stuart’s Roller World can call (714) 871-8761.
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**April 30, 1996**

**THE SOCIAL CONSTRUCTION OF SEXUALITY**
with LORIE BROOKHALL
12 pm - 1:30 pm
Women's Resource Center
880-7203 for info

**CHINESE SCULPTURES**
Chang Guo
of Sichuan Fine Arts Institute
1 pm
Lower Commons Sycamore Room
880-5452 for info

**IMAGES OF LATIN AMERICA ART EXHIBIT**
with CRISTINA RUTH HANSON
5 pm - 6:30 pm
WR 8 ARC
880-7203 for info

**SCATTERED RAINDROP A PLAY**
by Kharshi Wernon
7 pm
SU Events Center
880-7203 for info

**Fri, 5/3**

**HOW TO WRITE CGI SCRIPTS IN C AND PERL**
with Dr. Tong Yu
Computer Science Department
880-5336 for info

**RECEPTION FOR GRADUATING INTERNATIONAL STUDENTS**
International Student Services
880-5933 for info

**BRAG DAY**
School of Business
8 am - 11 am
JB 252
880-5747 for info

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**THE MYTHS OF RACE**
with DR. MATT CARTMILL
12 noon - 1 pm
Recital Hall, Creative Arts

**PHILIPPINES INDEPENDENCE CELEBRATION**
7 pm - 10 pm
SU Events Center

**END OF THE WORLD**
with HOWIE MANDEL
7:30 pm
Cousins Arena
$15 General Admission
880-7200 for info

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**WEWLY EVENTS**

**MONDAYS**

**LATINA WOMEN'S EMPOWERMENT GROUP**
2:15 pm - 3:15 pm
WR 8 ARC

**PROFESSIONALS IN HUMAN RESOURCES ASSOC. (PIHRA)**
5:30 pm - 6 pm
JB 442
$30 for info

**TUESDAYS**

**WOMEN'S EMPOWERMENT SUPPORT GROUP**
1 pm - 2 pm
WR 8 ARC

**ADULT RE-ENTRY VIDEO SERIES**
4 pm - 5 pm
WR 8 ARC

**CAMPUS CRUSADE FOR CHRIST**
4 pm - 5:30 pm
Senate Chambers

**WEDNESDAYS**

**AFTER CLASS READING GROUP**
2 pm - 3 pm
WR 8 ARC

**AFRICAN AMERICAN WOMEN EMPOWERMENT GROUP**
4 pm - 5 pm
WR 8 ARC

**CIRCLE K INTERNATIONAL**
6 pm - 8 pm
Senate Chambers

**THURSDAYS**

**SPANISH TABLE**
11 am - 12 noon
Senate Chambers

**VIETNAMESE STUDENT ASSOC.**
3 pm - 5 pm
Senate Chambers

**FRIDAYS**

**ADULT RE-ENTRY EMPOWERMENT GROUP**
10 am - 11 am
WR 8 ARC

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**AFRICAN & AFRICAN-AMERICAN GRADUATION RECEPTION**
6 pm
SU Events Center
880-7204

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**Coyote Chronicle Commencement Tips for '96**

By Audra D. Alexander
Advertising Manager

Working for Commencement has been both interesting and intimidating. Many hopeful graduates have waited until the very last minute to do everything for this year's graduation. While this is not necessarily a bad thing, the following tips should be helpful. If you have any other questions, call me at (909) 880-7350.

What should I have received in the mail so far? If you've filled out a grad check to graduate on or before December, you should have received a mailer from Josten's regarding rings and announcements. Duplicates can be picked up in the Bookstore. You should also have received a Commencement mailer that instructs you to pay your $15 fee and mail back your completed name cards and payment form. If you haven't received this mailer, call the Commencement line at (909) 880-7350.

When can I pick up my cap and gown? You should allow five or six working days before you pick up your cap and gown (after you've paid your $15 fee). Bachelor's Regalia is $18.85 plus tax and Master's Regalia is $36.22 plus tax. Everything can be purchased in the Bookstore. If you are buying our regalia this year, instead of renting them, so iron your gown (with a dry iron) soon after you pick it up, or plan for lots and lots of WRINKLES!

Where can I get MORE THAN FIVE TICKETS?! The Commencement Office does not control the distribution of tickets, your individual schools do. Contact them to sign up for a waiting list. (A list of the numbers is on page 14). If you have additional tickets you don't need, please give them back to your individual school.

Who needs a ticket? If you have children attending that are younger than four and can sit on a lap through the entire procession, they do not need a ticket. Everyone else will need to be admitted without a ticket. Those who have lost their tickets will have to sign up on the waiting list for their school to replace tickets.

What if I have to register late? There is no late fee for registering June 3 through 7, and you may register and pick up your cap and gown on the same day. But your name may not be printed in the program, and you may not get your additional tickets. Save yourself the trouble, and register as soon as possible. Drop boxes are located in Admissions and in front of the Commencement Office in AD 101.
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16 week-old baby developing in the womb.
Dear Reader:

If you're in a crisis pregnancy, or know someone who is, please be assured that we understand the emotional trauma you are going through — the doubts, the fears, the sense of shame and frustration. We know the agonizing decisions you face and the pressures you feel.

At first blush, opting for an abortion probably sounds like the "quick-fix" solution to your problem. You need to be advised, as this supplement does in numerous articles, that abortion is not in your best interest. Those who have been telling you that it's a "women's rights" issue have been withholding critical information from you.

Actually, if you are exercising your right to have an abortion, as outlined on page eleven; or putting yourself in the position of being the anguished mother pouring out her heart from personal experience (also page eleven); or making yourself two or four times more prone to breast cancer (documented by recent research), shouldn't people who claim to be for women be warning you of these consequences?

Perhaps abortion isn't about women's rights after all! What then, or whom, is it about? The answer can be found within these pages.

For instance, isn't it exciting to discover, as Dr. Jerome Lejeune points out on page four that the miniaturized language mapping out the new baby at the time of fertilization contains more information about him/her than can be stored in five sets (not volumes) of Encyclopedia Britannica?

It is our hope that in reading this supplement and relating to the preborn child you will be convinced that abortion, besides not being in your best interest, is indeed an unjust, inhuman and irreversible destruction of an innocent human life. There are alternatives to such a drastic measure!

Is carrying your baby to term a manageable decision? Yes it is!

Remember the decision you make will affect you for the rest of your life. Don't let anyone pressure you into a quick decision! We don't pretend to have an easy solution, but we think it's a just, manageable, rewarding one, which you will not regret: continued life for your baby.

Marlene Reid, President
Human Life Alliance of Minnesota

Claim: Abortion is legal, therefore, it must be right.

Answer: If child abuse were suddenly declared legal by the U.S. Supreme Court, would that make it right? Would we ignore such an injustice and do nothing to protect the children?

Claim: I have the right to "choose" to abort my baby - a woman's "right to choose!"

Answer: How can anyone have the right to choose to kill another individual? The only "choice" in abortion is between a dead baby or a live baby. Furthermore, the advocates who defend the "choice" to abort, resulting in a dead baby, are not consistent. Why is it only in the case of abortion they argue that "choice" should be legal and absolute? Using the same rationale, shouldn't people have the right to "choose" to use drugs ("It's my body") or the right to "choose" to practice prostitution? Should our society allow a person to "choose" to kill another person (or have that person killed) to solve the first person's problem?

Claim: The government should not interfere with a woman's "right" to abortion.

Answer: Our Declaration of Independence declares that we have an "inalienable right to Life, Liberty and the Pursuit of Happiness." Thomas Jefferson defined government's role, "The care of human life and happiness, and not their destruction, is the first and only object of good government." Pres. Reagan, a defender of the human and civil rights of the preborn, called it "the transcendent right to life of all human beings, the right without which no other rights have any meaning." (Without life, taxation, health-care etc. are immaterial).

Claim: If public money (tax money) is not available to pay for abortions "poor" women will be denied access to abortion. They will be discriminated against.

Answer: Are we obligated to provide cigarettes and alcohol to poor people if they cannot afford them? On the contrary, government is very explicit about which items may be purchased with food stamps. Is this considered discrimination? The same people who argue for "public" subsidies for abortions are the same ones who argue that it is a "private" decision. To quote Congressman Henry Hyde, "We have a right" of free speech. Does this mean the government has to buy us a personal computer? A typewriter? A megaphone?

Claim: I am personally opposed to abortion, but I would not interfere with another's right to have an abortion nor impose my morality on others.

Answer: Analogy -- if the abolitionists had bought this line of reasoning regarding the slavery issue, some states could still be saddled with slavery today. Every law ever passed sets standards which reflect someone's (or a body of law-makers') morality.

Claim: You want to ban women's "constitutonal right" to abortion.

Answer: This is a "spurious" or false "right" - having no basis in the Constitution. The U.S. Supreme Court claims to have discovered a "privacy" right in the "penumbra" of the Constitution ("penumbra" definition: a partly lighted area around an area of full shadow). Court decisions (Roe v. Wade and Doe v. Bolton) are aberrations (deviations from truth) and do nothing more than grant temporary license to kill children in the womb, the most dangerous place of residence. This license is tenous and could be over-ridden by reversal or an amendment to the U.S. Constitution. Indeed, to guarantee the permanent freedom of the slaves and establish rights for all U.S. "persons" the 14th Amendment to the Constitution was passed. It states, "...No state shall make or enforce any law which shall abridge the privileges or immunities of citizens of the United States: nor shall any state deprive any person of life, liberty, or property without due process of law; nor deny to any person within its jurisdiction the equal protection of the law." (emphasis added). In Roe v. Wade the Court determined that unborn children are not "persons" even though they have the right to inherit property and many other rights. Some states have entire sections of law outlawing Crimes Against Unborn Children in which they, from conception on, are protected from negligent or willful harm or death.

Claim: If legal abortions are banned, women will resort to back alley abortions.

Answer: In 1972, the year before the Supreme Court legalized abortion, a total of 39 women died from illegal abortions, according to the U.S. Centers for Disease Control. Former abortion provider Carol Everett states, "In the last 18 months I was in the business, we were completing 500 abortions monthly and killing or maiming one woman out of 500." (p. 10).

Claim: Abortion should be legal to end a pregnancy resulting from rape or incest.

Answer: It is important to remember that the child conceived in rape, or incest, is no less human than any other child. David Reardon's article, (page 8) points out that the very worst solution that can be offered to the pregnant woman at this crisis time in her life is an abortion. Abortion compounds the problem! If a small child were killed in the street by a negligent driver and it was later determined that the child had been conceived in rape, would the driver be held less responsible? Is that child's death less tragic?
Test Your Abortion I.Q.

1. On January 22, 1973 the U.S. Supreme Court legalized abortion through which month of pregnancy? A) 3rd month; B) 4th month; C) 6th month; D) 9th month

2. Since abortion was legalized in 1973 the number of preborn babies' lives extinguished by abortion is: A) 6 million; B) 12 million C) 30 million; D) 32 million

3. Abortion is the leading cause of death in the U.S., causing what percent of total deaths? A) 21%; B) 35%; C) 46%; D) 52%

4. What age group of women have the greatest number of abortions? A) 15 - 19; B) 20 - 24; C) 25 - 29; D) 30 - 34

5. About 10 million Black children have been aborted since abortion was legalized. This is what fraction of the present Black population in the U.S.? A) one-eighth; B) one-fifth; C) one-third; D) one-half

6. Since 1960 the number of babies born out-of-wedlock has risen by what percent? A) 60%; B) 105%; C) 250%; D) 419%

7. Women who abort their first child stand how much greater risk of developing breast cancer? A) 3 x; B) 2 x; C) 4 x; D) 5 x

8. With the advances in medical science the number of surgical procedures which are now performed on babies in the womb is: A) over 50; B) 80; C) 90; D) over 100

9. One out of every how many preborn babies is killed by abortion? A) two; B) three; C) four; D) six

10. What percent of abortions performed in the U.S. are repeat abortions? A) 30%; B) nearly 40%; C) nearly 50%; D) 60%

11. What percent of women who have had abortions experience suicidal tendencies? A) 45%; B) 60%; C) 70%; D) 75%

12. A developing baby's heart begins to beat at: A) 21 days; B) 30 days; C) 45 days; D) 60 days

13) How many Americans now have an incurable sexually transmitted disease? A) 20 million; B) 36 million; C) 56 million

14) Every year up to what number of U.S. women become infertile because of STDs? A) 66,000; B) 75,000; C) 98,000; D) 150,000

The answers to these questions can be found on p. 9.

Abortion is Legal During 7th, 8th and 9th Months

In Roe v. Wade the Court allowed states to restrict abortions in the 3rd trimester "except where it is necessary... for the preservation of life or health of the mother." However, in Doe v. Bolton, the companion case to Roe, the Court defined "health" to include "all factors - physical, emotional, psychological, familial, and the woman's age - relevant to the well-being of the patient." Because of this broad definition of "health" the Court, in effect, permitted abortion-on-demand in all fifty states right up until birth for any reason!

Chronology of a New Life

Fertilization: The sperm joins with the ovum to form one cell. This one cell contains the complex genetic blueprint for every detail of human development—the child's sex, hair and eye color, height, skin tone etc.

Month One: The first cell divides within several hours and then cell division continues in an orderly fashion every few hours as the small group of cells travels down the Fallopian tube to the uterus, where the uterine lining has been prepared for implantation. There are over 100 cells present when this tiny embryo reaches the uterus 7 to 10 days after fertilization.

Day 20—foundations of the brain, spinal cord and nervous system are already established; day 21—the heart begins to beat in a regular fashion; day 28—the backbone, the rest of the skeleton, and muscles are forming—arms, legs, eyes and ears have begun to show. At one month old, the embryo is 10,000 times larger than the original fertilized egg—and developing rapidly. The heart is pumping increased quantities of blood through the system. The placenta forms a unique barrier that keeps the mother's blood separate, but allows food and oxygen to pass to the baby.

Month Two: At 35 days the pre-born baby has all her fingers. Brainwaves can be detected at day 40; the brain is controlling 40 sets of muscles as well as the organs. The jaw forms including teeth buds in the gums. The eyelids seal during this time to protect the baby's developing light-sensitive eyes which will reopen in the seventh month. The stomach produces digestive juices and the kidneys have begun to function. The tiny human being responds to touch. By 8 weeks, the developing baby is now referred to as the fetus, a Latin word meaning "young one" or "offspring."

Month Three: Day 63 (9 weeks): Unique fingerprints are evident and never change. The baby now sleeps, awakens and exercises her muscles by turning her head, curling her toes, and opening and closing her mouth—often sucking her thumb. Her palm, when stroked, will make a tight fist. She breathes amniotic fluid to help develop her respiratory system. By 12 wks., all the organs and systems of her body are functioning. The only major activity from now until birth is growth - the increase in her size.

Month Four: By the end of this month (16 weeks) the baby is 8 to 10 inches in length and weighs a half pound or more. Her ears are functioning, and there is evidence that the baby hears her mother's voice and heartbeat, as well as external noises. The umbilical cord has become an engineering marvel, transporting 300 quarts of fluids per day and completing a round-trip of fluids every 30 seconds. Because the preborn child is now larger, the mother usually begins to feel her baby's movements during this month.

Month Five: Half the pregnancy has now passed. The baby is about 12 inches long. If a sound is especially loud or startling, she may jump in reaction to it. Babies born at this stage of development (19 - 20 weeks) are surviving at an increasing rate thanks to advances in medical technology.

Month Six: (24 weeks): Oil and sweat glands are functioning. The baby's delicate skin is protected in the amniotic sac by a special ointment "vernix."

Month Seven: The baby's brain has as many cells as it will have at birth. The preborn child uses the four senses of vision, hearing, taste and touch. Research has documented that she can now recognize her mother's voice.

Month Eight: The skin begins to thicken, with a layer of fat stored underneath for insulation and nourishment. Antibodies increasingly build up. The baby swallows a gallon of amniotic fluid per day, more if it is sweetened. She often hiccups. She has been urinating for several months.

Month Nine: Toward the end of this month, the baby is ready for birth. The average duration of pregnancy is 280 days from the first day of the mother's last menstrual period, but this varies. By this time the infant's heart is pumping 300 gallons of blood per day. In response to signals from the brain the child triggers labor and birth occurs. Of the 45 generations of cell divisions before adulthood, 41 have taken place in the womb. Only four more will come - during the rest of childhood and before adolescence. In developmental terms we spend 90% of our lives in the womb.
Life begins at conception

"Each of us has a very precise starting moment which is the time at which the whole necessary and sufficient genetic information is gathered inside one cell, the fertilized egg, and this is the moment of fertilization. There is not the slightest doubt about that and we know that this information is written on a kind of ribbon which we call the DNA."

Jérôme Lejeune, M.D., Ph.D., tells us much about the intricacies of the beginning of human life. Contrary to the popular view that the tiny baby becomes more and more "developed" as the weeks of pregnancy go on, Dr. Lejeune says that the very first cell, the fertilized egg, is "the most specialized cell under the sun."

In the words of Dr. Lejeune, "Each of us has a very precise starting moment which is the time at which the whole necessary and sufficient genetic information is gathered inside one cell, the fertilized egg, and this is the moment of fertilization. There is not the slightest doubt about that and we know that this information is written on a kind of ribbon which we call the DNA."

Alec Jeffreys of England demonstrates that this information (on the DNA molecule) is stored by a system of bar codes, not unlike those found on products at the supermarket...it's not any longer a theory that each of us is unique."

Dr. Lejeune states that because of studies published within the last year we can now determine within three to seven days after fertilization if the new human being is a boy or a girl.

"I see no difference between the early person that you were at conception and the late person whom you are now. You were, and are, a human being."

"At no time," Dr. Lejeune says, "is the human being a blob of protoplasm. As far as your nature is concerned, I see no difference between the early person that you were at conception and the late person which you are now. You were, and are, a human being."

In the testimony Dr. Lejeune gave on The Seven Human Embryos (Circuit Court for Blount County, Tennessee at Maryville, Equity Division, August 8-10, 1989) he compared the chromosomes to a mini-cassette, in which a symphony is written, the symphony of life. He explained that if you buy a cartridge on which a Mozart symphony has been recorded and insert it in a player, what is being reproduced is the movement of the air that transmits to you the genius of Mozart. In making the analogy he said, "It's exactly the same way that life is played. On the tiny mini-cassettes which are our chromosomes are written various parts of the opus which is for human symphony, and as soon as all the information necessary and sufficient to spell the whole symphony (is brought together), this symphony plays itself, that is, a new man is beginning his career...as soon as he has been conceived, a man is a man."

Legalized Abortion Based on Lies and Fraud

Norma McCorvey was the "Jane Roe" of Roe v. Wade.

Early in 1970 Norma McCorvey claimed that she had been gang-raped and became pregnant. Attorneys Sarah Weddington and Linda Coffee, newly graduated from the University of Texas Law School, needed a "client" in order to challenge Texas' 100-year-old law that banned abortion. They convinced Norma that she should be seeking an abortion.

The case was subsequently argued all the way to the Supreme Court which resulted in legalizing abortion in all 50 states in 1973. In the meantime, Norma's baby was born and released for adoption. In 1987, McCorvey admitted that the gang-rape was a lie. In August 1995, she joined Operation Rescue stating that she was tired of being exploited by the pro-abortionists.

While Roe v. Wade legalized abortion, on the same date, Doe v. Bolton provided for abortion-on-demand for the entire nine months of pregnancy and was the legal vehicle which provided Court sanction for the over 2200 abortion mills across the country.

Sandra Cano was "Mary Doe" of Doe v. Bolton

Sandra Cano now says she was an unwitting participant in fraud on the highest court in the land. Sandra was a young expectant mother with three children facing a divorce from a husband who was in jail for child molestation. Cano's three children had been taken from her by family service workers. They were being shunted from one bad environment to another. Cano loved her children dearly. She was almost insane with grief when she turned to Legal Aid Services for help. The offer of N.O.W. lawyers to take the whole mess off her hands, obtain a divorce and regain custody of her children sounded too good to be true.

When the attorneys hinted that they would like to strike a deal which would include aborting the child Sandra was carrying she made it very clear that she could never do that. Yet, her attorneys ignored her objections and ran roughshod over her. When she realized her case had been used to obtain abortion-on-demand she said, "...why would I stretch my imagination to include a plan so bizarre that it would give people in a civilized society permission to kill their own babies?...I surely never thought they would tie my personal anxieties about retrieving my children to a scheme to make abortion-on-demand legal." Ironically, the Cano baby, like the McCorvey baby, was carried to term and relinquished for adoption. Yet, 30,000,000 other babies have lost their lives to abortion because of these two cases.

Sarah Weddington was the Attorney

Sarah Weddington, the attorney who argued Roe v. Wade before the U.S. Supreme Court, gave a speech at the Education Ethics Institute in Oklahoma. She explained why she defended the sketchy story and false rape charge of a Texas waitress "Jane Roe" all the way to the Supreme Court: "My behavior may not have been totally ethical. But I did it for what I thought were the right reasons."

Playboy Provided the Funding

Hugh Hefner, founder of Playboy claims to have done one great thing for women: "Playboy probably had more to do than any other company with Roe v. Wade. We supplied the money for those early cases and actually wrote the amicus curiae for Roe."

Do You Hear What I Hear?

"With no hype at all, the fetus can rightly be called a marvel of cognition, consciousness and sentence."

"She slides into the world with eyes alert, the tiny ridges of her ears living antennae scanning the conversation frequencies in the room. She finds her mother's voice with her ears, and her eyes."

The baby's alertness and awareness begins with early development in the womb. The preborn baby can hear and respond to sound. Car horns can make the baby jump. Her heartbeat quickens.

When Peter Hepper of Queens University in Belfast repeatedly played to 30-week-old fetuses the theme song from a popular soap opera, they relaxed. After birth, the babies became "quite alert" when they heard the tune. "When a loudspeaker directs speech syllables at a mother-to-be's abdomen, the fetus's heart slows, a sign of attentiveness. The heartbeat speeds up as the fetus gets bored with the sounds, then slows again if new ones flow into the womb." A fetus remembers some experiences and may alter her behavior as a result.

The title, the direct quotes and other pertinent information in this article are taken from: Newsweek Special Issue, "How Kids Grow," Summer 1991 (Begley).
Does Someone You Know Need Help?

Pregnancy Aid Centers
Alternate Avenues Crisis Pregnancy Ministry - Ontario

Birthright-San Juan Capistrano
909-735-5035

International Life Services-Centers in S. CA
213-382-2156

La Cuna (Spanish & English) - Wilmington
310-518-4135

Life Center-Santa Ana
714-835-LIFE

Living Well Med. Clinics-Orange, Irvine, Huntington Beach
714-633-4753 or 317-375-7575

Moorella Valley
909-924-0788

Placentia Pregnancy Center-Placentia
714-993-0700

Pregnancy Counseling Center-La Habra
310-691-9395

Progamari (Spanish) - Santa Ana
714-588-9094

Right to Life League-S. CA
1-800-743-7348

San Bernardino Preg. Cnslng
909-825-6656

Whittier Pregnancy Center
310-693-8803

Nurturing Network (National Resource)
1-800-866-4666

Housing Aid

Casa de los Angelitos-Harbor City
310-325-8208

Casa Theresa-Orange
714-538-4860

Elizabeth's House-Pasedena
818-577-4434

His Nesting Place-N Long Beach
310-422-2137

Lydia House (emergency shelter)
310-591-1292

Mary's Shelter-Tustin (for minors)
714-832-3695

New Life Beginning Mother's Home-Long Beach
310-591-8119

Precious Life Center-Los Alamitos
310-431-5025

St. Annes Maternity Home-L. A. (for minors)
213-381-2931

Veronica-San Bernardino
909-888-9064

Queen of Peace
310-635-3264

Post-Abortion Counseling

Compassionate Life Ministries
714-777-4777

Project Rachel (English & Spanish)
213-251-2621

Rainbows in the Night ministries
714-995-8920

Right to Life (200 post-abortion Counselors)
818-398-6100

Parenting Options

Bethany Christian Services-Bellflower
310-804-3448

Christian Adoption Services-Brea
1-800-678-6811

Holy Family Services - Southern CA
818-578-1156

House of Ruth-Downey (preg.& Adoption cnslng.)
310-803-1777

Pro-Life Resources

California Nurses For Ethical Standards
310-574-1031

Center For Bio-ethical Reform
714-632-7520

Choices-true abstinence based program
714-777-3345

Crusade for Life-materials on abortion & Euthenasia
714-963-4753 or 909-676-9629

Focus On The Family
1-800-A-FAMILY

Scholl Institute of Bioethics-euthenasia info
310-382-2156

Speakers Bureau-speakers, video, & info
714-963-4753 or 714-527-3176

Natural Family Planning

An educational program giving couples knowledge of their natural body signs for purpose of planning or postponing a pregnancy (this is not the old rhythm method). It has a side benefit of supporting total marriage by requiring an ongoing communication and creative means of showing affection in its successful practice.

Crusade For Life needs your support and encourages your participation!!!

Yes I would Like to help save the unborn child.

Name ____________________________

Number of copies requested

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I've enclosed a check for more copies of the HLA supplement!!!

(debug makes out to CBLR are tax deductible) $25 $50 $100 $other $ ____________

Please let me know how I can help get the supplement on more campuses!!!

Crusade for Life Inc. • 18030 Brookhurst #372 • Fountain Valley, CA 92708
Every Twenty Seconds
A Life Is Taken By Abortion...
That's A Lot Of Love Lost.

Twenty Seconds
Before, There Was One More.
Birthmother
Opts for Adoption...
The Loving Alternative

It was the beginning of my junior year in high school. I was excited, looking forward to another year of diving, gymnastics and track. But this excitement quickly came to an end when I realized I was pregnant.

When the pregnancy was confirmed, my mind went racing. It wasn't enough to just say that I was scared - I was terrified! The idea of having an abortion was never a consideration for me. I could not live with the realization that I was responsible for taking the life of my child - a death because of my actions.

My first instincts told me that I needed to raise my child on my own. I knew I could love and care for a child, but when I stopped thinking about myself, and thought about what was best for my child, I knew adoption was the right decision. I was sixteen at the time. I wanted to go back to school for my senior year and wanted to participate fully, in sports etc. I wanted to go on to college. I knew I could not do all of this and raise a child at the same time. I did not want to live with my parents indefinitely and depend on them for everything. I did not want them to be thrust into the role of prime caregivers for my child. It just would not be fair for any of us, for them, myself or the baby. I knew that placing my child for adoption would be the right thing to do, the loving alternative!

The adoption procedure I opted for is not your ordinary plan. I chose to do an independent open adoption. Through this process I was able to select from among the prospective adoptive parents. I had the opportunity to establish a personal relationship with them as well as to develop a lasting friendship. The more I got to know them the more excited I was about placing my baby with this couple. They had so much love and security to offer my child. They were there with me in the hospital when my son was born. Their video camera ran non-stop. I will always treasure the three days I spent in the hospital with my son. Handing him over to his new parents was by no means easy, but I knew in my heart that this was the right decision for both of us.

Many tears were shed throughout the nine months and during the hospital stay. But, they were not all tears of sadness. I miss my son very much. I think about him every day and a smile comes to my face. I thank the Lord that He led me to two such special people to be adoptive parents for my child. It has been several years since my son was born. He now has an adoptive sister. I keep in contact with the family through letters and pictures. I can't begin to explain the feelings of pride and contentment that I experience when I see the smile on his face. I am now a junior in college majoring in paralegal studies. Relinquishing my son was the hardest decision I will ever have to make but I'm more confident than ever that it was the right one. While in the hospital I received a card which read, "Some people come into our lives, leave footprints on our hearts, and we are never the same." This is so true!

Testimony by Lisa O, of Minnesota.

Every year over two million requests for adoption go unsatisfied.

If he is not alive,
why is he growing?

If he is not a human being,
what kind of being is he?

If he is not a child,
why is he sucking his thumb?

If he is a living,
human child,
why is it legal to kill him?

18 week-old baby developing in the womb.

Lisa O.

The abortion experience for victims of rape and incest

by David C. Reardon

Rape and incest are very emotional topics. They often elicit in the general populace feelings of revulsion; people draw back from the issue of rape and incest, even from the victims of rape and incest. People don't know how to handle a person who is in that much pain. There is no quick fix....

Some people who are otherwise very pro-life will condone abortion in rape and incest cases because they don't know what else to offer. And they will accept it as a rare case. This pro-life difficulty in defending the unborn even in rape and incest cases largely due to ignorance because the facts, as I have found them, show that the victim's needs are not being met by pro-life or anti-abortion positions. In cases of rape and incest victims actually suffer considerably from the abortion.

The facts suggest that only a minority of rape and incest victims actually choose abortion - so right there, one should pause and reflect. Abortion is not usually chosen as the immediate solution by rape and incest victims but that is the prevailing belief of the general population. A woman has been raped and made pregnant: "Oh, she's got to have an abortion." No one has studied the rape and incest victims who are pressured to fill their needs.

Kathleen Drzewiecki states, "Having lived through rape, and also having raised a child 'conceived in rape,' I feel personally insulted and assaulted every time I hear that abortion should be legal because of rape and incest. I feel that we're being used by pro-abortionists to further the abortion issue, even though we've not been asked to tell our side." The children conceived through sexual assault also have a voice which deserves to be heard. Julie Makmaa, conceived by an act of rape, works diligently against abortion. She believes every life has a value beyond measure, a purpose which only time can reveal. Not ashamed of her origin, Julie proudly proclaims: "It doesn't matter how I began. What matters is who I will become."

Abortion Reinforces Women's Powerlessness

Another example from my book is Vanessa Landy, another rape victim who said, "I didn't really want to have the abortion. I have always been against abortion all my life. People think that whenever anyone is raped, they have to have an abortion. My social worker just kept telling me all kinds of things to encourage me to have the abortion. They didn't give me any other option except to abort."
Abortion Techniques Described

Suction-Aspiration: The method of abortion most commonly used for early pregnancies. The abortionist inserts a hollow plastic tube into the dilated uterus. The tube is connected to a powerful suction apparatus. The suction tears the baby’s body into pieces.

Dilatation and curettage (D and C): Similar to the suction procedure except the abortionist inserts a tiny hoe-like instrument into the uterus. With this, the abortionist cuts the baby into pieces and scrapes him/her out into a basin. Bleeding is usually profuse.

Dilatation and evacuation (D and E): Used after 12 weeks. A piler-like instrument is needed because the baby’s bones are calcified, as is the skull. The abortionist inserts the instrument into the uterus, seizes a leg or other part of the body and, with a twisting motion, tears it from the baby’s body. The spine must be snapped and the skull crushed in order to remove them from the womb.

Dilatation and extraction (D and X): Late Term Abortions

(The authenticity of the following information has been confirmed in an article in the American Medical Association’s Newsletter, American Medical News, in the July 5, 1993 edition.)

At a September 13-14, 1992 meeting of the National Abortion Federation, a trade association of abortion providers, an Ohio abortionist, Dr. Martin Haskell, described this new technique he has perfected. Unlike the D & E procedure whereby the preborn child is dismembered inside the mother’s womb, with the D & X method the preborn baby is alive until the end of the procedure when the child is killed by suctioning the brain tissue through a hole at the base of the skull while the baby’s head is still inside the uterus. Then the intact aborted child, minus brain content, is removed from the womb.

According to the paper presented by Dr. Haskell the procedure takes three days and begins with “dilation (and) MORE DILATION.” The cervix is initially dilated to 9-11 mm. with mechanical dilators, in order to accommodate the placement of five to seven synthetic laminaria, Dilapan hydrosopic dilators, which remain in place overnight.

The following morning the Dilapan are removed and replaced with a second insertion of 15 to 25 dilators, again left overnight. The Dilapan process may cause severe cramping.

On the third day, after removing the dilators, the abortionist ruptures the membranes, if this has not already happened, and drains the amniotic fluid. The abortionist places an ultrasound transducer on the mother’s abdomen and locates the child’s legs and feet.

The abortionist then uses a large forceps to grasp one of the baby’s legs. He pulls firmly, forcing the child into a feet-down position. He continues pulling until the baby’s legs are drawn into the birth canal.

Next, using his hands instead of forceps, the abortionist delivers the baby’s body in a manner similar to a breech birth. First, the child’s other leg is delivered, followed by the torso, shoulders, and arms. The baby’s head “usually” remains inside the uterus.

The abortionist then performs the last step which Dr. Haskell calls “fetal skull decompression.” Using blunt-tipped surgical scissors in a closed position, he pierces the child’s head at the base of the skull. He then forces the scissors open to enlarge the skull opening.

Removing the scissors, the abortionist inserts a suction catheter into the wound and vacuums out the child’s brain tissue (in Dr. Haskell’s words, “evacuates the skull contents”) causing the baby’s death. With the skull emptied of brains, it collapses and he then “applies traction to the (dead) fetus removing it completely from the patient.”

Dr. Haskell has performed over 700 of these abortions on preborn babies as old as 26 weeks. Dr. Haskell refers to another abortionist, Dr. James McMahon of McMahon Med. Center and Eve Surgical Centers in Los Angeles and Tarzana, CA, who not only uses this technique but sometimes uses it to abort preborn children up to 32 weeks “or more.”

Barbara Kadford, Executive Director of the National Abortion Federation said of this late-term abortion technique, in a 6/18/93 letter to NAF members, “Don't apologize: this is a legal abortion procedure.”
Rape and Incest (Continued from page 8)

They said I was just another minority bringing a child into the world and there were too many already." Here is a woman who is being victimized not only because she is a rape victim, but also because she is black and a minority and she has a low income. That is one of the stories that upset me the most.

"Rape will not dictate my life." Incest is a very private, internal problem. Incest victims face similar problems. I interviewed Edith Young, who is a rape and incest victim at 12 years of age. To cover up the incident, her parents procured an abortion for her without telling her what was to happen. The emotional and physical scars of incest and abortion still last to this day. She said, "I was being sexually attacked, threatened by her and betrayed by my own family...the abortion which was to be 'my best hope' had not been...it only 'saved their reputations' solved their problems and allowed their lives to go on merrily."[1]

"Pro-life persons don't have any right to be ashamed to defend a pro-life view in the case of rape or incest. The ones who need to be ashamed are the pro-abortionists who have been exploiting the problems of rape and incest victims, confusing the public and condemning abortion for their own self-serving goals." To my knowledge, pro-abortionists have never yet brought together a group of rape and incest victims and convened a press conference to tell the world about how they were treated.[2]

"Carried in you is a love story that says, 'I love you.' Incest is a loving relationship. It allows them to show their own courage and generosity. Choosing life is an act of courage. It is a choice that says, 'I'm worth my own life.'"[3]

Incest is a family pathology that involves father, mother and daughter, all are involved in a conspiracy of silence.[4]

"I have interviewed Edith Young, who is 12 years old, who is a rape and incest victim at 12 years of age. To cover up the incident, her parents procured an abortion for her without telling her what was to happen. The emotional and physical scars of incest and abortion still last to this day. She said, "I was being sexually attacked, threatened by her and betrayed by my own family...the abortion which was to be 'my best hope' had not been...it only 'saved their reputations' solved their problems and allowed their lives to go on merrily."[1]

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"Carried in you is a love story that says, 'I love you.' Incest is a loving relationship. It allows them to show their own courage and generosity. Choosing life is an act of courage. It is a choice that says, 'I'm worth my own life.'"[3]
**ABORTION:**

*Possible Effects on Your Body*

**Immediate**
- Intense pain
- Punctured uterus
- Excessive bleeding
- Infection
- Parts of baby left inside
- Shock/Coma
- Damage to other organs
- Death

**Later**
- Inability to become pregnant again
- Miscarriage/Stillbirths
- Tubal pregnancies
- Premature births
- Pelvic inflammatory disease
- Hysterectomy
- Two to Four times Higher Risk of Developing Breast Cancer

"People do not understand that there are thousands of serious physical complications from abortion every year in this country." Dr. Bernard Nathanson, OB-GYN.

"The inherent risk of abortion is not fully appreciated, both by many in the profession and certainly not by the public." The American Colleges of Obstetrics and Gynecology.

*Possible Effects on Your Emotions*

**The Most Common**
- Guilt
- Desire to become pregnant again
- Depression/Crying
- Inability to forgive yourself
- Intense grief/sadness
- Anger/Rage
- Emotional numbness
- Sexual problems
- Lowered self-esteem
- Nightmares
- Anorexia or other eating disorders
- Drug or alcohol abuse
- Suicidal urges

"Abortion has a painful aftermath, regardless of the woman's religious beliefs, or how positive she may have felt beforehand about her decision to abort." Vincent Rue, Ph.D.

---

**I've been there too!**

"Tim, I think I'm pregnant." It was New Year's Eve, 1973. My boyfriend sighed deeply, his gaze remaining fixed on the TV. "Just have your period, all right?" he muttered. I felt a sour lump in the back of my throat. My breasts were tender. Yes, I was pregnant, and I was scared.

I knew from hard experience how tough it was raising a child as a single mother. I already had a 2-year old daughter, Jennifer, from an earlier unsuccessful marriage. We lived in the inner city and could barely make ends meet. Tim's non-committal response to my distress when the pregnancy was confirmed, and his move to Chicago, 400 miles away, left me despondent and fearing more and more toward abortion as the "easy way out." I was already struggling financially with one child. How could I raise two?

I drove to Chicago to try to convince Tim to marry me. He was deaf to my pleas and unmoved by my tears. Believing I had no viable alternative, I convinced him to give me money for an abortion.

As I sat in the abortion clinic waiting my turn, everything around me seemed like a nightmare. Women lounged on garishly printed couches as rock music played on the intercom. Everything seemed so casual, and there I was, feeling like I wanted to die.

When the nurse called my name, I changed my mind, broke into tears, and left.

Still, there was no one I could turn to. Back at the University, I often cried myself to sleep. I secretly wished for a miscarriage. I decided to confide in a couple of college professors. They collected money to fly me back to Chicago to have an abortion. Now I was determined, even obligated, to go through it. Still, I agonized!

Ironically, that semester, I was taking a class in fetal development. I knew there was a baby in my womb with her heart beating and her own circulatory system. Those pictures flashed in my mind as I sat there, clad in a paper gown and paper slippers. I was summoned to the room where the abortions are performed. I could hear a woman sobbing hysterically in the recovery room. It reminded me of someone who had witnessed the death of a loved one in a fatal accident. I'll never forget it.

With my feet in the stirrups I waited as the nurses set up the equipment. As the doctor was examining me, before the abortion, he suddenly stopped and said to the nurse, "Get her out of here. She's too far along." Relief instantly washed over me! How odd! I had thought I wanted an abortion but now felt instantly relieved to know I was still pregnant.

I decided to use every ounce of courage I could muster to deal with my pregnancy and become a survivor. My ambivalence turned into love and compassion for my unborn child. When my beautiful daughter was born, I named her Melanie.

It took energy and creativity to support the three of us. My two daughters inspired me to do great things. They have not stood in the way of my career. They have only enhanced it. I finished my Bachelor's degree; then I went on to get my Master's and Ph.D. Besides being a proud mother, I am happily married, a published author, a motivational speaker for one of the largest public seminar companies in the U.S. and a part-time musician.

I have learned that life is really about developing character. When we endure something tough, our character and self-esteem are strengthened. At least a dozen women who have confessed to me that they've had abortions have discovered that the "easy way out" is just an illusion. Some of them are in abusive relationships. Some are on anti-depressants. Others just seem detached from life. Some sadly remember their aborted child's "would be" birthday each year.

If you are in a crisis pregnancy, I cannot promise that it will be easy. I can only promise that the anguish will pass and there are people who will help you through this trying time. (Refer to pg. 5) As someone who has "been there" I understand the anguish you are experiencing. One day you will look back on the birth of your child, and say, as I do of Melanie's, "I did the right thing. And I feel proud."

Sincerely, with love,

Dr. Angela V. Woodhull
Gainesville, Florida

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**Post Abortion Syndrome**

(Women suffering mental and emotional anguish following an abortion)

Dr. Anne Speckhard, Ph.D, in her study on Post Abortion Syndrome, found the following effects on women.

**Events Related to Abortion**

- 23% had hallucinations related to the abortion
- 35% perceived visitation from the aborted child
- 64% had nightmares related to the abortion
- 69% experienced feelings of "craziness"
- 73% had flashbacks of abortion experience
- 81% had a preoccupation with the aborted child

**Most Common Behavioral Problems After Abortion**

- 61% increased their use of alcohol
- 65% had thoughts of suicide
- 69% were sexually inhibited
- 73% had flashbacks of the abortion
- 77% experienced an inability to communicate
- 81% experienced frequent crying

**Problems ... after an abortion?**

**MEDICAL • LEGAL • EMOTIONAL HELP**

CALL 1-800-634-2224 AMERICAN RIGHTS COALITION
or 1-800-962-2319 LEGAL ACTION FOR WOMEN

Additional Resources listed on Page 5
**How Developed Is Your Baby?**

**Baby at Approximately Six Weeks**

This remarkable photograph of a tiny pre-born baby in his unruptured amniotic sac was taken after surgery (for a tubal pregnancy) at the University of Minnesota by medical photographer, Robert Wolfe, in 1972. This picture demonstrates the remarkable early development of a preborn baby at only six weeks after conception.

**Consider This Testimony**

"Eleven years ago while giving an anesthetic for a ruptured ectopic pregnancy (at 8 weeks gestation), I was handed what I believe was the smallest living human ever seen. The embryonic sac was intact and transparent. Within the sac was a tiny human male swimming extremely vigorously in the amniotic fluid, while attached to the wall by the umbilical cord. This tiny human was perfectly developed, with long, tapering fingers, feet and toes. It was almost transparent, as regards the skin, and the delicate arteries and veins were prominent to the ends of the fingers.

"The baby was extremely alive and swam about the sac approximately one time per second, with a natural swimmer's stroke. This tiny human did not look at all like the photos and drawings and models of 'embryos' which I had seen, nor did it look like a few embryos I have been able to observe since then, obviously because this one was alive!"

"When the sac was opened, the tiny human immediately lost his life and took on the appearance of what is accepted as the appearance of an embryo at this stage of life (with blunt extremities etc.)."

Statement by Paul E. Rockwell, M.D., anesthesiologist, as quoted by Dr. and Mrs. J.C. Willke in *Handbook on Abortion*.

**Feet of Baby at Ten Weeks**

Dr. Russell Sacco of Oregon took this picture of the perfectly formed feet of a 10-week-old aborted baby waiting for disposal in a pathologist's laboratory. The feet in the picture are held between the doctor's thumb and forefinger.

**Don't Make My Mistakes**

Some people say that abortion is "an informed decision between a woman and her physician." You hear that a lot. But the fact is that most women never meet the abortionist until they are on the table, as happened in my case.

I was 18 years old when I got pregnant. I wasn't serious about my boyfriend. It was a casual relationship. Since I had already enlisted in the Air Force, I thought I had to have an abortion in order to make something out of my life.

My best friend drove me to the abortion clinic. I was there for about four hours. It was like an assembly line. When the ultrasound was being done I asked to see it. But this wasn't allowed (so much for "an informed decision"). Then I asked how far along I was. I was told I was nine-and-a-half weeks pregnant. That hit me hard. I knew then that my baby was further developed than I had thought. I started doubting, and wanted to talk to my friend. But I wasn't allowed to do that either.

When it was my turn the nurse told me that I was going to feel some discomfort, like strong menstrual cramps. The truth is that the abortion was more pain than I've ever felt in my life. It felt like my insides were literally being sucked out of my body. Afterwards I went into shock!

After the abortion, I tried to make up for the abortion by trying to get pregnant again. I wanted my baby back. I never got pregnant again. I don't know if I can ever have another baby. I named my baby. I found out later that this is part of the grieving process.

I ended up in the hospital with bulimia two-and-one-half years later. I felt that no one had punished me for what I had done so I was punishing myself. I became obsessed with women who were pregnant, with women who would talk about their pregnancy. My life was in shambles! I was suffering from post-abortion trauma.

When I was 21 years old God brought me help through a woman who was involved in pro-life activism. She helped me a lot. I went through a post-abortion counseling program called "Conquerors." God not only forgave me, He challenged me to help others. I answered the challenge!

I started picketing and sidewalk counseling. There is a healing process that comes from getting involved in the pro-life movement. I talk to youth groups and students about abstinence and I share my testimony. To them, and to you, I plead, "Please don't make the same mistakes I did."

See pages 5 & 8 for alternatives to abortion!