May 29th 1985

CSUSB
ALLRED TO SPEAK MAY 30TH

Serving the community of Cal State University, San Bernardino

Frances Allred, feminist attorney from Los Angeles, will speak at Cal State, San Bernardino Thursday evening, May 30.

The free public lecture will begin at 7:30 p.m. in the Recital Hall of the Creative Arts Building. Ms. Allred will discuss "Civil Rights, Gay Rights and Social Change."

Described as a "whirlwind seeking change," Allred has become known outside the courtroom for carefully orchestrated press conferences announcing the filing of another case. Time magazine described the diminutive attorney as "one of the nation's most effective advocates of family rights and feminist causes."

Although she handles routine business, personal injury and family law cases, it is her unusual cases which have resulted in some 2,000 radio and talk show appearances, 15 thick volumes of clippings and an office with a staff of 11 attorneys.

With her court cases, she has forced Los Angeles County to unchain pregnant jail inmates from their beds, sued a restaurant for giving women menus without prices, filed suit for honor students expelled from a church-related high school for sipping wine at a private party, helped "Roots" star LeVar Burton gain joint custody of a child he fathered, and filed a $21 million dollar suit for a 22-year-old woman who claimed she was seduced by seven Roman Catholic priests. She was involved in the case of Elizabeth Bouvia, the handicapped Riverside woman who wanted to die.

cont. on pg. 2
**PUB SURVEY**

1. How often do you visit the pub restaurant area?
   - Never-16
   - Occasionally-82
   - Frequently-66
   - Everyday-18

2. How much do you spend on food alone at the Pub? (weekly)
   - Never-16
   - Occasionally-82
   - Frequently-44
   - Everyday-18

3. Why do you go to the Pub drinking area?
   - Socialize-90
   - Study-16
   - Watch T.V.-27
   - Other-44
   - Relax-42
   - Other-44

4. Are you aware of the weekly food specials at the Pub Restaurant?
   - Yes-115
   - No-34

5. Are the Drinking Hours convenient for you?
   - Yes-115
   - No-34

6. What would you be willing to pay to see a good live band play at the Pub?
   - Average Denomination-$3.50

7. Is the Present Sound System a good incentive for you to go to the Pub?
   - Yes-29
   - No-119

8. Should the Pub drinking area have a marina, but daily Happy Hour (i.e. 5-6 p.m.)?
   - Yes-115
   - No-34

9. Is the Present Sound System a good incentive for you to go to the Pub?
   - Yes-29
   - No-119

**INTRAMURAL TEAM SPORTS**

The latest line from Las Vegas lists "Slider" as the favorite in Co-Ed Softball, with the resurgent "Mixed Company" in hot pursuit. Defending champion "PE-MM" and "SOMB" are also in the running.

In the rugged men's division, the top three appear to be the "Hitmen", "PE-MM", and "The Broken Arrow Gophers." The "Illegal Aliens" rate as the darkhorse, and the "Master Slammers" are a 1-1 choice.

The overall winner in the "Women's Crusaders" group will face Bothell's "Raiders" not far behind. The best chance for an upset lies with, you guessed it, "Last Chance."

**UNI PHI "SERVICE TO DISABLED" AWARDS**

The Uni Phi Club has named four members of the University as candidates for the annual recognition. Daniel Igboke, a graduate student in education, will be given the Anita Halberg Award which recognizes a severely disabled student showing "academic success with inspirational enthusiasm." The Barbara Sovereign Award given to a disabled student demonstrating "high academic achievement and leadership ability" will be presented to psychology senior Sandra Boyd. Ellen Kowalski (Physical Education) will be given the Dr. Fred Kellers Award as the faculty member who "shows sensitive respect and creative aid to disabled students." Dr. Theron Pace (Services to Students with Disabilities) will be presented the Frank Lotons Award, given to a faculty, staff or student whose "behind the scenes efforts promote the progress of disabled students."

**NEWSBRIEF**

**KEEP FIT**

Keep Fit!

Nursing physical exams will be available June 3 & 5, Monday & Wednesdays at no charge. Call 887-7346 for an appointment. You can expect the physicals to take approximately 1 hour. The physicals are available to all students, faculty and staff.

**CHILD ABUSE AWARENESS SEMINAR JUNE 1**

A training seminar June 1 will provide an opportunity for educators, child care professionals, parents and students to become aware of child abuse and how to handle the problems associated with it. Registration is at 7:30 p.m. in the SUMP, followed by special presentations dealing with identification, sexual abuse, reporting and prevention. The seminar is sponsored by the BETA Center, School of Education and the Children's Center. Further information is available from Pam Dorch (Children's Center), 887-7724.

**PACIFIC REVIEW**

The 1985 issue of The Pacific Review, the student literary magazine, will go on sale June 5 at 4 p.m. in the SUB, where the PR staff and the English club will be sponsoring a Grand Finale Poetry Reading and Coming-Out Party featuring student poets, Los Angeles poet and PR contributor Wanda Ahraf, followed by lunch with key faculty and staff personnel.

**GUARANTEED STUDENT LOANS**

Students can beat the rush by applying for a Guaranteed Student Loan for 1985-86 now. Applications are available in the Financial Aid Office, SS 151. Don't wait until the last minute!

**Dr. Mason To Visit CSUB May 29**

Dr. William J. Mason, director of analytical studies in the CSU Chancellor's Office, will visit campus at 10 a.m. and 2 p.m. Wednesday, May 29. He will meet with President Evans, Vice President McAlfee and Associate Vice President El-Ahraff, followed by lunch with key faculty and staff personnel.

**U.S. CENTRAL AMERICAN POLICY TO BE DEBATED**

A panel discussion on Central America Friday, May 31, will feature Congressman George Brown and Prof. Meg Cranah (Occidental College) arguing against current U.S. administration policy in that region. Dr. Chris Flannery (Claremont Institute) will represent the administration's point of view. Dr. J.C. Robinson (History) also will participate. The symposium will be held in PS 10 from 9:30 to 10:30 a.m. as part of a sociology course "Understanding Socialism." It will be open to the public, said Dr. Tom Menzenhinder (Sociology).

**BUSINESS ECONOMIST TO DISCUSS CAREERS**

Dr. Jim Beckman, a specialist in market research program evaluation and strategic planning, will discuss careers in business economics Wednesday, May 29, in the Student Union Senate from noon to 1:30 p.m.

**WHEEL-A-THON TO BENEFIT DISABLED**

The Uni Phi Club is sponsoring a Wheel-A-Thon on Thursday, May 30 from 9 a.m. to 3 p.m. Students are signing up cash pledges which they will earn by completing laps around the university campus. Pledge cards also may be made through the Services to Students with Disabilities office. Extra wheel chairs will be available so any student may enter. Proceeds will benefit scholarships for disabled students.

**THE CHRONICLE**

May 29, 1985
WANT A T-SHIRT?

Unless you are currently on a contending team in softball or volleyball, you are running out of time to win a coveted "I Want You" Intramural T-Shirt. Only three Intramural events remain on the schedule.

There will be a golf tournament on campus tomorrow, and you may tee off any time between 1:15 and 4 p.m. The sign up area, and first tee are just north of the P.E. Building. Special door prizes have been donated by Anheuser Busch.

The Coyote 500 Car Rallye will take place on Friday, May 31st, starting at 6:50 p.m. in the dorm lot. One driver and one navigator per car, and there is no entry fee. For those who may be wondering, a car rallye is not a race, but instead a test of navigational skills and the driver's ability to maintain a safe, given average speed. It is a lot of fun, so plan on being there.

The final event of the year is the annual Water Carnival, June 4th at 3 p.m. In addition to standard aquatic events such as freestyle, medley relays and diving there will also be some novelty events. These include an underwater swim, dog paddle, and an inner tube relay. For more information about all these events, come to the P.E. Building and check the Intramural Bulletin Board, or stop by Room 124.

The Benefits Of The Alumni Association

by Elrond Lawrence

In last week's column, I briefly mentioned the Alumni Association, and how it is a good idea for seniors graduating from CSUSB to join it. But what exactly is the Alumni Association, and how can graduates benefit from it?

Basically, the Alumni Association is an organization where graduates from CSUSB can serve as role models, representing the university in the community and supporting its programs.

It works to build its own membership, while helping to recruit new students for CSUSB. At the same time, though, it helps maintain friendships, and by a process called networking, it gives members the opportunity to use their informal connections to further their own careers. And through this all, they simply have fun, too.

Aside from what the Alumni Association does, it also brings many benefits to students. Come visit us!

Everything You Always Wanted To Know About Delta Sigma Phi!

by Carl Morgan

You may have been hearing a lot about the Delta Sigma Phi social fraternity on campus. In a short time they have sponsored a pie throw at Springfest, a basket sale, a softball social; they have volunteered at the San Bernardino Special Olympics; and they are the sponsor of the upcoming talent show to be held this week in the Student Union.

While you may have heard DSP's name on campus, you may still ask: "What is where did it come from?"

Well, I hope I can answer a few of these questions.

Delta Sigma Phi originated in 1899, at the New York City College. It began with a handful of men dedicated to academics, leadership, and athletics. Since then, the fraternity has grown to comprise over 150 chapters, most of which are located in the eastern states. Schools which accommodate DSP included Penn State, Purdue, and Cal State Berkeley; local chapters include UCSD and San Diego State. DSP has full status as a national fraternity.

DSP was established at CSUSB on April 18 of this year. The inspiration for the foundation of DSP chapter on campus came from Bill Gropp. He is the only active member of the DSP in the CSUSB colony. It is because of his hard work, along with dedicated pledges, that the fraternity has been so successful at CSUSB. The Delta Sig's have come a long way since April 18, and they have not begun to start. They are well on their way to achieving their goal: to become a distinct and positive force for campus.

Delta Sigma Phi offers the opportunity for all dedicated men to become members of a national social fraternity. Any men become members by next fall, when DSP will gain full chapter status on campus, will be Charter members of the CSUSB chapter. For answers to your questions, contact Bill Gropp (Joshua dorm, 222) or Paul Feller (Waterman 7422).

The Gay & Lesbian Union will meet on Wednesday, May 29th from noon to 1 p.m. The meeting will be in SS 171 (Admissions & Records Building). Please call Craig Henderson at 857-7372 for further information.

There will be a discussion and preparations for the Gloria Alred program on Thursday, May 30th at 7:30 p.m.

The Benefits Of The Alumni Association

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Meetings:
The Marketing Assoc. meets from Noon-lp.m. in the Senate Chambers.
Pai Chi meets from Noon-lp.m. in PS-202.
The Finance Assoc. meets from Noon-lp.m. in S.U. Room A.
The Social Science Advisory Council meets from 4-6p.m.
in PS-246.
Woodpushers Anonymous plays chess from 7:30-Midnight in the Senate Chambers and S.U. Rooms A&B.

University Theatre presents "Titanic" at 8:15 in the Creative Arts Theatre.

Events:
The Services to Students with Disabilities sponsors a "Wheelchair-A-Thon" on the Library platform from
9a.m.-3p.m.
Credit Card sign ups will be held from 1-6p.m. in front of the Library.
A.S. Movie: "Electric Dreams" starts at 6pm in the S.U.

The A.S./Phi Sigma Phi Talent Show will be held from 8-11pm in the SUMP. Admission is $1.00 for CSUSB students
and $2.00 for non-students.
The Gay and Lesbian Union will be sponsoring a speaker, Gloria Allred, attorney at law. Ms. Allred will speak on "Civil Rights, Gay Rights and Social Change" at 7:30pm in
the Creative Arts Recital Hall.
The History and Political Science Alumni Wine And Cheese gathering will be held form 7:30-10pm in the
Lower Commons.
**WEEKEND JUNE 1 & 2**

**SATURDAY**

**Events:**
- The American Heart Association’s relay race will begin at 7 a.m. on the Outer Perimeter road.
- Extended Education offers a child abuse seminar from 7:30 a.m.-5:30 p.m. in the SUMP. For more information, contact x7724.
- Upward Bound’s Summer Olympic training begins at 9 a.m. in the Gym.
- The International Students Association Film Festival will be held from 2-11 p.m. in PS-10.
- The Cal State Marketing Association Banquet will be held from 6:30-11 p.m. at Arrowhead Country Club.
- Informal recreation will be held from 1-5 p.m. in the P.E. Building.

**SUNDAY**

**Events:**
- University Theatre presents “Rhinoceros” at 8:15 p.m. in the Creative Arts Building.
- Informal recreation will be held from 1-5 p.m. in the P.E. Building.
- The Campus-wide Annual Picnic will be held on the grass behind the Student Services Building at 5 p.m. Price is Adults- $5.00 (Steak), Children $1.00 (Hamburgers/Hot Dogs). “Mojave Green”, a country-western band, will provide the entertainment.
- The CSUSB Wind and Jazz Ensemble will be performing at 8:15 p.m. in the Creative Arts Recital Hall. Admission is $1.50 for CSUSB students, $3.00 for non-students.
How To Avoid Destructive Stress

Stress can be defined as the tension that motivates you toward action to satisfy a need. It is simply your body's signal to act.

When you see a way to satisfy the need, make a decision and then take action, the stress is constructive. You may, for example, be preparing a report to submit to an instructor. You are excited about it. You know you have a need to do the job well, and are taking constructive action to satisfy that need.

The stress you experience is constructive.

Destructive stress, on the other hand, is the tension you experience when you have and maintain a need to control something that is out of your control. You may, for example, feel a need to have more hours in the day so you can complete your work and still have time for a reasonable amount of rest and relaxation.

The tension you then experience in your body (destructive stress) arises from your need to somehow change the fact that there are only 24 hours in a day. This tension has no constructive action outlet since there is absolutely nothing you can do to create more than 24 hours in a day. You literally 'stew in your own juice' (adrenalin), often with destructive physical and emotional consequences.

Freedom from destructive stress requires:

1. Ability to discriminate between what you can control and what is beyond your control, and
2. Willingness to let go of your need to control something that is out of your control anyway.

When you do this, not only are you free of destructive stress, but you also release your full potential for constructive action in those areas you can control.

Practical Tips For Finals

1. Have a positive attitude. Realize that you are an intelligent person and that there is no reason why you shouldn't do well.
2. Be calm when you study. A calm mind absorbs information better than a tense one.
3. Exercise regularly. Aerobic exercise releases hormones that calm the body and the mind. Even if you are not into regular exercise, a daily walk can do wonders. A bit of warning though. Don't make exercise an additional stress, that is, don't constantly try to run that extra mile. Warning though. Don't make exercise an additional stress, that is, don't constantly try to run that extra mile.
4. Plan regular study breaks, and do something different during these breaks--such as music, etc. This helps avoid burn out by not overloading the brain.
5. Avoid stress foods--caffeine, sugar, greasy foods. Eat a variety of foods, especially stress reducers such as milk, foods high in Vitamin A, B and C.
6. Distractions--that intense desire to scrub the floor, the inability to concentrate on anything but soap operas--are a normal part of studying. Instead of feeling guilty about them, recognize that there are ways whereby you are mentally preparing yourself to get down to the task at hand. Allow yourself a limited period of guilt free time, then get on with your studying.

7. Above all, realize that finals week is not the end of the world. You will do the best you can, you will survive, and the sun will come up tomorrow. By keeping some perspective, you can manage stress better, work more productively, and approach the summer in a better frame of mind.

Alumni Assoc.

from 3 graduates. It assists with many aspects of commencement, and it works with Placement and Enrollment Services as well.

The Alumni Association is divided into seven chapters: Black, Chicano, Nursing, Education, Business & Public Administration, and General. Of these chapters, the Education Chapter has a scholarship program, in the form of two scholarships given out to one new and one continuing member.

How does one go about joining the Alumni Association, you might ask? You can contact them by going to VA 105 or by calling 887-7811. The cost is $18 per year, or $100 for a life membership. However, if you are a graduating senior, you can join the Association at a reduced rate of $9 for your first year. Easy, isn't it? And so beneficial. So don't miss out--join the Alumni Association, and make the most of your CSUSB experience...even after you've left.
Thank You Cal State, For A "Truly Memorable" Experience

Dear Editor,

As graduation approaches, I would like to take this opportunity to thank all of the people here at Cal State that have helped make my college experience both enjoyable and most rewarding. I am very fortunate to have the privilege of attending a school to finish my bachelor's degree, as most graduating seniors here within my particular discipline would agree, I am sure. Us Californians are lucky to have the Cal State University system at our disposal. Fees are perhaps as little as one-fifth the cost compared to universities throughout the United States. Cal State University, San Bernardino is truly a jewel within this system.

This quality is perhaps most personified by the excellent faculty-student relations and extracurricular programs available to students majoring within business. For those readers who are unfamiliar with the accounting program here at Cal State, I would like to briefly explain what makes this school the absolute best in the state. It is because of the dedication toward the pursuit of excellence that the faculty has embraced.

Nowhere in my prolonged college career have I witnessed such concern for the welfare of the student as an individual by faculty and staff at Cal State.

In addition to my educational experiences, I am very fortunate to have been actively involved in the Accounting Association and Alpha Kappa Psi Professional Business Fraternity. The relationships I developed with students and faculty within these organizations helped me through some rough times and enlightened my perception of what to expect in the business world after college.

Thanks to my instructors, fellow students, friends, staff and significant others with whom I have had the pleasure to get acquainted during the last two years. You have made experience here at Cal State truly memorable.

Sincerely, 
Jim St. Leger

Letter to the Editor

"Pimp & Whore" Dance

Blind Tradition or Informed Thinking?

On May 23, 1985, Morongo Dorm sponsored a dance for all CSUSB students and non-students. We support the objective of the sponsors to raise funds for the dorm. Yet, we do not think that the implications of the "traditional" theme of this dance were considered.

At times, tradition needs to be questioned. In this case, we feel that the traditional "Pimp & Whore" dance trivializes a very serious social issue-prostitution. Unfortunately, prostitution is often glamorized in the media. Because of this, the uglier facts involved are frequently overlooked. Please consider these facts:

Approximately 80% of prostitutes (men and women) are incest victims or mothers who have been physically molested or raped as children and thus have been forced into prostitution. The average working woman makes approximately $7,000 annually (good faith) but makes no warranty, and does not check any goods or services directly.

We feel that the traditional "Pimp & Whore" dance should be questioned in the future. By being informed about social issues of human exploitation and victimization, each of us can be more sensitive to the pain and degradation of others. Together we can work to promote human dignity, freedom and well-being.

Those of us connected with the M.S. Counseling Psychology program encourage others to share their knowledge that we may all expand our awareness on other important social issues.

Sincerely,
Lynda Warren, June Peters, Evelyn Haggard, Marie Tracy, Cheryl Chase, Michael Weiss, Marilyn Eggn, Anne Bakke, Kit Saffan, Lisa Bergman, Lynda Snyder, and Karen Levanduski.

"P & W" Dance: Manipulators or Victims

Dear Sir:

Controversy has been raging concerning the Morongo Dorm sponsored, Pimp and Whore Dance, which was held on May 23rd in the Student Union on that evening. My concern as a Registered Nurse, M.S. in Psychology major, and Associated Student Executive Officer is that the "Pimp & Whore" dance promotes and propagates the idea that women should not be treated and respected as human beings. What we emulate, we teach.

I feel that we, as concerned human beings and students, who are striving towards academic competency and the embodiment of professional excellence, should seriously consider a clarification of personal choices. Tolerance, in its most passive form, breeds an atmosphere of unconditional acceptance (Tremper 1975, p. 84). "More than one million runaway children (8-18 years old) are forced into prostitution each year. They are unable to go home, get work, or take care of themselves in any other way" (Laura Lederer, Take Back the Night, 1980).

Pimps often violate the dignity of other human beings through the use of drugs, coercion, emotional and physical abuse. For example, pimps are aware that rape is one of the quickest ways to "turn-out" a young female prostitute. Therefore, they frequently "set up intimate gang rape situations when they have spotted a prospect as part of a good-business practice" (Susan Brownmiller, Against Our Will, 1975, p. 275).

Many women have no economic alternatives to prostitution. Most investigators agree that women, given the same education, job and experience, are given less pay and are promoted more slowly than are men. For example, the U.S. Dept. of Labor (1974) reported that the average working woman makes only 3/5 of what the average working male makes when they both work full time year around.

A large number of prostitutes are minorities. The Night.

"Pimp & Whore" Dance should be questioned by those who are striving towards human dignity. Responsibility for the positive possi-