May 2nd 1984

CSUSB
Student Representative Positions

by Carol Leish

Becoming a student representative can be a fun way to serve your fellow students and to become more aware of the campus as a whole. Lee Ann Overstreet, a representative herself, said "you gain experience by working with students, faculty and staff, which looks impressive to an employer. There are various committees that meet an average of once a month or week. The Faculty Senate passes proposals that are from the viewpoint of the committee. The Student Senate has a committee that is responsible to find student reps. for all of the committees.

The Continuing Education Committee has one student rep. This committee meets regularly with the Dean of Continuing Education and with extension program coordinators in order to facilitate and review proposals for courses, programs, conferences, etc. It is also concerned with initiating and reviewing policy recommendations affecting Continuing Education, such as, extension, summer sessions and the idea of an open college.

The Curriculum Committee has one student representative. This committee reviews all proposals and changes in the general education curriculum. The committee goes through the process of a complete review of general education programs every two years and makes recommendations to the Curriculum Committee concerning possible changes.

With the input of one.
Liberal Studies Outreach Program
by Dennis Hatcher

As Cal State moves steadily toward university status, it is also moving steadily toward an expanding sphere of influence within San Bernardino County. Effective this quarter, Cal State has established a degree-producing Liberal Studies program at Palm Desert College's College of the Desert (COD). The purpose of this outreach program is to offer undergraduate opportunities for a four-year degree to students living in isolated areas.

Dr. Vivian Bull, co-ordinator of Liberal Studies at Cal State, is one of the most influential persons in making this state-supported program work at COD. It has taken 3 years of fact-finding, co-ordinating, and politicking to see this program through. Finally, in Feb. of this year, the Faculty Senate voted in favor of the program in response to President Evans' desire to make Cal State more accessible to the public. Dr. Bull explained that it all started with a request from Coachella Valley schools, asking for help to students who had gone as far as they could in their college education at that location.

"It got quite tangled," Dean Buchen and I agreed to try for a state-supported program. We went out there and talked to everyone - about 60 people," Dr. Bull said. "Then we had to bring (the initial request) through the whole curriculum process. It got as far as the Faculty Senate and they rejected us. That was in December of 1981." Faculty opposed the proposition because of the great inconvenience to teachers who would have to drive the greater distance to Palm Desert. The only recompense allowed to faculty is for car expenses, nothing more.

"Alas, the new president, President Evans, started emphasizing outreach programs, we started out again and drew up a new proposal. And this time, it finally went through. But, it has taken three years." President Evans is very cognizant of the increasing responsibilities by Cal State to the remote communities in the county, and is very supportive of living up to that duty.

"It is my understanding, Dr. Bull said of Pres. Evans, "that he would like to see a liberal arts program being offered at a different site every year; he has mentioned Barstow in Winter of 85-86, and Coachella Valley being offered this quarter at COD are Hum 319, Myth, Modern Art 395, Art in the classroom. Presently, these classes are being offered one night a week. But Dr. Bull foresees a daytime format, in addition to the night classes, in the near future. Already, classes have attracted capacity numbers. When the program gets off the ground with radio and newspaper spot announcements, additional classes will be needed to fulfill demand.

"One interesting thing we found out is that students often do not know that others are taking these courses. We could have taken more students who could not have otherwise taken courses from Cal State. So, we feel that we're reaching a new population," Dr. Bull explained.

In addition to the classrooms provided each quarter by COD, an audio-visual package has been requested to provide students with the same modern instructional aids enjoyed by students on the main campus. Since the program is state funded, the costs of equipping the classes do not affect student fees. Students in the Coachella Valley pay the same student fees as here, and are entitled to the same benefits and services. One of the nicest aspects of the program is that as more students are enrolled, the most state funds are generated to support the program and continue its expansion.

The success of the first outreach program is proof that Cal State is maturing, and ready to make its proper place in the community by con't on page 10

Dr. Vivian Bull, Liberal Studies co-ordinator.

Time Management Workshop

Effective management of one's time provides greater opportunities to get more of what one wants out of life. Many people waste time, a non-renewable resource and thus, lose that time forever in something they really wanted to do. The goal of the Workshop is to help one see a world where everyone is locked into a rigid appointment book which structures every second of their time. Rather, the goal is to help people gain a greater awareness of their time and the value of their time and thus enable them to make a more informed decision on how they want to use it.

Changing time management habits is not easy and to be effective at it, you need to develop an understanding of how you use time now and how your style of using time affects you in your life. The exercises in this workshop are aimed at helping you and helping you understand your time management habits, help you set goals, and offer you ideas on how to use your time more effectively. The exercises in this workshop are aimed at helping you and helping you understand your time management habits, help you set goals, and offer you ideas on how to use your time more effectively. The Counseling Center will be conducting a time management workshop on Wednesday, May 2, from 1:30 p.m. to 4:30 p.m. All students who are interested are encouraged to attend.

Barstow Auditions

As California moves to be more supportive of living up to that fact, many people are interested in being involved in the arts. The newest addition to the arts scene is the Barnum School of Music and the Arts (ISOMATA), which will be held in Arizona, New Mexico, Northern and Southern California during April and May. Anyone, 14 or older, interested in trying out for a lead role in the musical "Barnum," a summer production at the Idyllwild Arts Academy, 130 Grant Street, Redlands, CA 92373, 792-7566.

The purpose of the workshop is to gather all the people together in one location that can answer all the varied requirements that you would need for the different areas. Auditions for the Tony Award winning musical "Barnum," a summer production at the Idyllwild Arts Academy, will be held in Arizona, New Mexico, Northern and Southern California during April and May. Anyone, 14 or older, interested in trying out for a lead role in the musical "Barnum," a summer production at the Idyllwild Arts Academy, 130 Grant Street, Redlands, CA 92373, 792-7566.

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The Barnum Workshop, beginning June 24 at ISOMATA, will be directed by a professional theatre production staff and will include training in voice, acting, movement, dance, production and circus techniques. The session will conclude with three performances of "Barnum" July 12, 13 and 14 which will be open to the public.

For information about audition, scholarships, housing, or to find out about other summer workshops in the area, call 792-7566. The Barnum Workshop, beginning June 24 at ISOMATA, will be directed by a professional theatre production staff and will include training in voice, acting, movement, dance, production and circus techniques. The session will conclude with three performances of "Barnum" July 12, 13 and 14 which will be open to the public.

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by Linda Biddell

"A great sexologist...one of a small number of writers who has a few axes to grind and who...tells it as it really is..." critic, Dr. Albert Ellis terms Paul Gillette.

Paul Gillette, writer of 79 books and more than 1,000 magazine pieces in print, journalist, director, producer, host and founder, editor and publisher of his own magazine, will be guest speaker at Cal State's Communication Forum May 7, 1984 from 6-8 p.m. in the Recital Hall in the Creative Arts Building.

Among Mr. Gillette's numerous accomplishments are: his best-seller novel, Play Misty For Me, a motion picture starring and directed by Clint Eastwood which will be in the Student Union Friday, May 4 at noon and 7 p.m.; his first novel, How Did A Nice Girl Like You Get Into This Business (also a motion picture starring Barbi Benton, Broderick Crawford and Huston's Sophia Loren); which was nominated in 1972 for the Pulitzer Prize in Letters; The Godfather, winner of a 1981 Porgie Award; and his nonfiction books, The Lopinson Case, named "best of the year" by New York Times Review; and Inside the Ku Klux Klan, hailed by Lyndon B. Johnson and both houses of Congress.

He founded The Wine Investor, a trade news letter regarded as "the most authoritative in the industry." As director, Mr. Gillette did an off-Broadway production of the play "The Trial of Major Andre," by Brian Richard Boylan. He hosted and wrote "Camera Three" for CBS and produced, wrote, and hosted "Enjoying Wine with Paul Gillette" for PBS.

Mr. Gillette earned his doctorate in Psychology and published highly praised books including: Depression: A Layman's Guide to the Symptoms and Cures and Psychochemistry. He is editor of The Complete Medical Encyclopedia and founder, editor and publisher of Popular Psychology magazine.

Data indicates that communication is the nucleus of tomorrow and that employers across the nation rely on communication skills as the number one factor for consideration of future personnel.

The Communication Forum will explore the skills in the field of communications including broadcasting, publication and business relations, and will provide the answers not only for those interested in the communications field but for those who are undecided and somewhat apprehensive about their future.

Cal State is proud to present Paul Gillette to students, faculty and staff not only from our campus but from all other campuses in addition to the entire community.

Mr. Gillette will be available after his presentation to meet and talk with you about this fast-moving, massively-growing communications industry.

Information about the new Communication Major at Cal State will be available at the Communication Forum. For further information contact: Dr. Fred Jandi, Communications Department at 887-7685 or the Dean of Humanities Office at 887-7441.

Get-Away-Presentation by CSOCW

Do you want to get away from it all? How about a "Impressively Sensitive" you'll never forget: "Beautiful and Inspiring", gorgeous photography and presentation by Mark Tucker, the list goes on. After seeing the presentation, but after experiencing it, I felt I could go to any of my classes with an open mind and I felt good about myself! This unique slide presentation has been viewed across the nation including the House of Representatives and the Senate. This experience is coming to this campus via Cal State's Organization for College Women and is open to all faculty and students at no cost. Bring a friend to share this unique slide presentation called "Love and Nature" and will be presented Monday, May 7 at noon in the Student Union SUMP room. It will run until 12:45, after the presentation, RETAIL.

Mark will be happy to answer questions and will enjoy your comments.

Management Trainees

We are looking for career minded individuals to enter our highly structured comprehensive 90-day training program. Upon completion, individuals will be promoted to Department Manager supervising a specific area within our stores. Retail experience or a college degree required.

If you possess the necessary leadership and communications skills and have the desire to join a growing national retail organization, please apply at the Target Store nearest you.

Target Stores is an operating division of the Dayton Hudson Corporation, the fifth largest non-food retailer in the United States. An Equal Opportunity Employer M/F.

HAVEN'T YOU HEARD?

CHRONICLE WRITERS ARE PAID

Call 887-7497 or stop by the office in the Student Union. Get Involved and Earn Money!!!
This is a weekly column. If you have any health-related questions that you would like answered, drop your questions in the box in the Health Center Lobby.

1. I get canker sores frequently. What exactly are they, and what causes them?

Canker sores are painful and recurrent ulcers of the mucous membranes of the mouth. These ulcers begin as small yellowish discreet blisters that become, within a few hours, white-based ulcers surrounded by areas of redness. Usually, they are very tender and may become so painful that they interfere with eating. The ulcer is usually no larger than one-fifth of an inch, and it usually goes away gradually in one to three weeks. There are several possibilities as to the cause, but none have been definitely proven. As to treatment, no specific permanent care is available. Silver nitrate sticks touched to the ulcer will hasten the healing process and are worthwhile.

2. At what level should high blood pressure be treated?

There is some disagreement by the experts as to the exact level. Most people use the second number you get when taking the blood pressure. This is called the diastolic pressure, and is the pressure when your heart is not contracting to push blood out.

Most authorities agree that high blood pressure should be treated when the diastolic pressure is 105 or above. Rarely do we treat blood pressure under 90. The trend is to treat the younger patient with pressures of 90 or above. Patients who are fifty years of age or older are allowed more leeway.

People with blood pressure in the 90 to 105 range can often be helped by losing weight, if they are overweight. This should be tried before medication is given. It is a good idea to get your pressure checked once a year, especially if high blood pressure runs in your family.

3. Can skin tight jeans worn without underwear cause infections or other problems.

Yes, vaginitis and yeast infections especially can be promoted by tight clothing. Infections and abscesses of the lips of the vagina (labia) may also develop. While the tight jeans make for better "girl watching", the use of cotton or other absorbent underwear is healthier and more comfortable.
Nicolás Toruno, a Southern California photographer, presented a slide show on the role of culture in Nicaragua on Weds., April 25. Posters, like the ones shown here, are omnipresent in Nicaragua. Their intention is to educate, politicize and beautify. The above poster, by a Nicaraguan woman's association, says: "In building the new country we are becoming the new woman." Below: "No U.S. Intervention in Nicaragua."

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No a la Intervención en Nicaragua de tropas, the U.S. created a Nicaraguan National Guard, headed by Anastasio Somoza Garcia. One of his first actions was to kill Augusto Sandino.

Dr. Toruno said that it was relatively easy for the National Guard to gain power because of the lack of other productive apparatus in Nicaragua. From 1934 to 1979, the Somosa regime, backed by the U.S., was the sole political and military institution.

"By the time the Somosa family fell in 1979," said Toruno, "they had control over essentially the entire productive apparatus of Nicaragua."

During the next decades, revolutionary activity directed against the Somosa regime gained considerable momentum, but did not really pose a threat. Dr. Toruno believes this was because national interest absolutely dictates it...

Military intervention in Nicaragua continued until 1927," says Toruno, "2000 Marines were sent in to support the dictatorship, a government that had been set up by the U.S. Government.

"That opposition, along with the subsequent guerrilla warfare that was characteristic of Nicaragua until the withdrawal of U.S. troops in 1933, was led by Augusto Cesar Sandino, a famous Nicaraguan nationalistic; the source of the name of the Sandinistas who are presently in power.

Contrary to what some people may believe, Dr. Toruno does not think that Sandino was a communist, but was mainly concerned with getting rid of foreign intervention in Nicaragua. In 1934, coinciding with the withdrawal of U.S.
MOVIMIENTO ESTUDIANTIL CHICANO DE AT

LAS ACTIVIDADES PARA EL MES DE MAYO

*Lunes, 30 de Abril, 1984
Event: Hispanic Faculty and Staff Luncheon
Guest Speaker: Robert Alaniz
Time: 11:00 a.m. to 1:30 p.m.
Location: Student Union SUMP

Martes, 1 de Mayo, 1984
Event: Chicano Art Exhibit
Time: May 1, 1984 to May 31, 1984
Location: 1st, 3rd, & 4th Floors of the Library

Jueves, 3 de Mayo, 1984
Event: MECha Dance
Time: 9:00 p.m. to 1:00 a.m.
Location: Lower Commons Patio

** Sabado, 19 de Mayo, 1984
Event: "Minorites in the News Media"
Time: 8:00 a.m. to 7:00 p.m.
Location: Physical Science Building

*** Sabado, 2 de Junio, 1984
Event: Teatro de la Esperanza presents "Loteria de las Pasiones"
Time: 7:00 p.m. to 11:00 p.m.
Location: Recital Hall

MEChA Presidents Message

My most sincere thanks to those MEChA members and advisors who contributed their valuable time to our club. MEChA would not have been a club without you. Thanks again for your contribution. It's been an interesting year. Also, we would like to recognize the following seniors Ed Aguilar, Veronica Rodarte, Sharon Ruiz, and Rachel Valenzuela. Good luck and we will miss you!
CINCO DE MAYO

On May 5, 1862 the Mexican Army, led by General Ignacio Zaragoza, met in Puebla with the French Army headed by the Count of Lorencez, under Napoleon III.

On his way to Mexico City, Lorencez reached Puebla assuming he would be received with open arms by the people. In the event of a confrontation with a hostile Mexican army he was confident it would be no match for his French troops.

His unexpected defeat on May 5 must have been a shock to the French Count. The triumph of 5 de mayo, consequently, was a victory which foreshadowed the final outcome of 1867. More than just a military victory, 5 de mayo became a historical event with moral and patriotic meaning.

In spite of a historical distance of 121 years, this battle between Mexico and France still maintains its moral vigor, justifying the present-day festivities held with so much enthusiasm, particularly in the United States by people of Mexican ancestry.

The Battle of Puebla (5 de Mayo) consequently, made Mexicans proud that they had fought and defeated a great injustice.

Every 5 de mayo celebration has become a vindication of self-dignity and a symbol that military triumphs, when not in self-defense, are unjust.

MEChA
1983-1984
Board Members

President: Marina Vasquez
Vice-President: Donald Rodriguez
Secretary: Eloy Baeza
Treasurer: Henrietta Martinez
ABOVE: Visitors brush up on their computer skills during a hands-on demonstration at the ME festival.

OPPOSITE PAGE: Visitors cheer for their favorite break dancers during an Open House demonstration.

ABOVE: Young coaches give a Robol Olympics participant some pointers before his big race.

ABOVE: Three excited camel jockeys are off and running at Open House.

LEFT: The ROTC Rapelling demonstration was highlighted by daring helicopter maneuvers.
This past weekend, April 27 and 28, Cal State hosted their annual Open House and ME (Microtechnology for Everybody) festivals. For those who attended there was certainly a lot of fun and informative events which made for an interesting afternoon.

On Friday the ME festivities opened with a well publicized computer-animated whale show, the Robot Olympics and computer workshops for interested ones. The whale, which was transported from Baltimore to the campus especially for the ME Festival, featured a 22-foot whale with a micro computer brain. Accompanied by modern dancers the whale performed a routine choreographed by the show's creator. The Robot Olympics was highlighted by six competitive events involving elementary, Jr., high, and high school students in the southern California area. The events were available by Saturday, the second day of the festival. These included: Robot Dash, Robot Slalom, Robot Biathlon, Robot Construction and Robot Maze. The winners of two events on Friday were a team from Mission Jr. High in Riverside for the Robot Construction event; and also a team from Ramona Jr. High won the Robot Maze competition. Ramona's captain, Eric Thames helped program the winning robot to complete the maze in an incredible time of one minute and 15 seconds. This was the first year for the robot olympics and as coordinator, David Neighbors commented, "Our plans came through even better than expected." It was apparent there were quite a number of hours spent on planning and arranging all of the various things needed to make an event successful. Frank Slaton who conceived the entire idea of a microtechnological festival was there from start to finish organizing and monitoring events and overseeing matters in general. Mr. Slaton became involved in public awareness of microtechnology because he said "felt there was an intelligent interest out there for this sort of thing." Acting on his belief Mr. Slaton began his project by writing to the ten major computer companies in the U.S. asking about their interest in supporting such an idea. Eight out of the ten companies responded to Mr. Slaton's inquiry which led him to take further action on his plan. This year his plans included sending out letters to all of the 500 schools in the area asking for their support for the newly formed Robot Olympics this year. The response in all cases has been quite favorable as can easily be seen by growing success of the ME festival.

Open house activities were equally festive. Live entertainment was provided by some of the area's best breakdancing groups. Members from Soul Sonic Connection, Break Squad and Line-Up displayed their expertise to some very enthusiastic spectators. Misty, only five years old, was the youngest dancer there. However, Misty is a prominent member of the team and holds her own out on the dance floor. Some of the other events included solo performance by Kirby Garret who sang a variety of songs from the 70’s rock era.

Also, the campus' military unit showed off some of their defensive and survival techniques. From the root of the library was a demonstration in rappelling, a technique used for scaling vertical obstacles using a rope, and also a demonstration using military attack dogs. One event which was very popular was the Vietnam-era helicopter which is still used for training in the resources.

Several of the clubs on campus opened booths to sell and advertise various items. At the entrance of the festival raffle tickets were offered. There were several winners through out the day. Each received a Cal State San Bernardino Open House sunvisor.
Nicaragua

because those involved were young, idealistic students, while much of the peasantry was apathetic.

"That picture changed in the 1970's," said Toruno. "Tachito* Somoza, Anastacio's youngest son, who had control, was really literally insane. He began to exercise his control in a very ruthless fashion.

"Tachito didn't try to isolate his opposition. He went about terrorizing them, abusing them, and brutalizing them.

The devastating 1972 earthquake in Nicaragua put Somoza's regime in jeopardy. The U.S. sent in troops to help him regain control.

Also being sent into Nicaragua emergency supplies, such as blood and food. While the National Guard had traditionally extracted bribes from the population, at this point corruption reached an unprecedented level. Members of the National Guard were taking the supplies and selling them to the people they were intended to help.

This, along with the fact that Somoza took advantage of the

confusing period after the earthquake to add to his already vast land and business holdings, helped to alienate the upper classes who had traditionally gone along with Somoza's actions.

From 1972-76, Dr. Toruno says, "Somoza began to create concentration camps, actually rounding up peasants who were thought to be sympathetic to the Sandinista National Liberation Front (FSLN) or actually wiping out whole populations of peasants who were thought to be sympathetic." These actions served to alienate the peasants, and lend strength to the revolutionary movement.

"The discontent of the upper classes was fueled by the fact that many of their sons and daughters (who were involved in anti-Somoza activity) were being tortured and killed by the Somoza regime.

"You had a civil war," Toruno says. "Actually every Nicaraguan who was not in the National Guard or the Somoza family was fighting against the regime."
Preview of Olympic Decathlon

Sports oficialianos the world over are familiar with stories of Bob Mathias, Rafter Thomas, and Bruce Jenner. Hopefully a few of you readers did a mental double take and thought “wait a minute, their names rings a bell, I just had a flash of him waving that gold medal, and that T.V. flag.” These athletes have all represented the United States in the Decathlon, a most grueling competition to be contested by a single competitor on the Olympic level.

On April 17 and 19, 1984, Cal State athletes gave an Olympic preview of the infamous decathlon. Hinder- ed by the lack of any true track and field facilities at their immediate disposal, the intramural department specifically Joe Long, impromptu.

On April 17, men (no women chose to compete) climbed the obstacle course for the first time. Tim Williams/4:03 sees) with Victor Uribe. David Evanovich (who to their immediate disposal, the track and field facilities at their immediate disposal. their personal preference for Victor Uribe. David Evangel- ochromatic to the obstacle course and archery competition. The obstacle course (school record Ivan Glasco/28:68 secs.) consisted of the overhead ladder, crawling on hands and knees or all fours under a net stretched between four saw horses (making the net about 10 feet long, 4 feet wide and 1.5 feet high); climbing over a jumping rope (a pipe ladder (approximately 8 feet highs); 10 tires, two rows of five, that one must run with (penalty points for missed tires); one pull up on a bar about 8 feet from the ground. Those not possessing the brute strength to scale the obstacle course, left behind the other 17 competitors natural advantage. Event was scored against the best efforts of third during archery. The reason for the testing? Players would compete against their own abilities without regard to height. The jump was scored against individual reach, not against another competitors natural height advantage. Event winner, Dave Evanovich accomplished a vertical jump of 29”.

The last event of the day was the 100 yard freestyle, which is to run one hundred yards as fast as you can, or at least as fast as Lance Biber could go on this particular afternoon. Lance did the hundred “free” in 1:01 47 to take first place. Day one of the decathlon was done and Dave Evanovich with 407 points leads the field by 18 points. On day two, April 19, the first event was the bench press. Competitors lie on the bench in the gym weight room, grasp the weight held by the two people or spotters. They let go and you take it to your chest and back up against the weight. Competition leader Dave Evanovich, 26, the 6’2”/196 lbs, phys ed major served notice that he intended to win with a bench press of 260 pounds. It was twenty pounds more than his nearest rival could lift.

Due to the lack of a safe landing area, the long jump became the standing broad jump. By this time two of the seven original competitors had resigned from the competition. With 4 events to go, 5 competitors were still striving for the Intramural t- shirt. Victor Uribe, the obstacle course champion, claimed his second win with a jump of 8’10”.

Making the transition is one of the many tests of the true decathlete, and so the remaining five proceeded to the 100 yard dash. Once again Victor Uribe showed winning form with a spring of 11:28 seconds, with Evanovich only 15 tenths of a second behind at 11:43 and Bories at 11:53. Strength and coordination were called for next as the 12 pound shot put signaled the beginning of the end: one more event to go. Evanovich brushed his one serious challenge, Shawn Bories, far away with a 37’4” toss. Bories was third at 3’4”, he would have had to best seven to win the last two events to have kept Evanovich from the win.

Since the decathlon was essentially over by the last event, the mile run was competed. It is noteworthy only because of the all out effort of second place finisher, David Pfafian, 22, a 5’10” sopho- phy. ed. major had managed best efforts of third during the two day competition.
Reagan's Retarded Policy

In case you missed the article in the April 26 edition of The Sun, you might be interested to know that the Reagan administration has come out against the rights of the mentally retarded.

According to The Sun article, the Reagan administration believes that "the mentally retarded have no federal right only to physical safety in state institutions and to 'freedom from unreasonable bodily restraints and to such training as is necessary to reduce the need for bodily restraints and promote physical safety.'"

In light of all the recent progress in the education and treatment of retarded citizens, for the Reagan administration to take such an archaic viewpoint seems inhuman and appalling.

Letters to the Editor:

To the Editor:
I am deeply disturbed by the letter to the Editor in the April 25 issue of the Chronicle printed under the heading of "Concerned about the Beloved Acronym." The title gives the misleading impression that I was separated from the College, for the record, I resigned to accept another position in Chicago. While I appreciate the anonymous author's exaggerted compliments regarding my positive efforts toward the College during the 1975-1980 period, I was removed from the administration of the college. Since then, I have worked in the private sector, but have maintained an interest in higher education and continue to support the work of the college.

Kathryn Yount, editor-in-chief