Unpaid internships becoming more scarce

By TORILYNN QUALLS
Staff Writer

College graduates all over the country are coming up short on opportunities and job offers after completing their unpaid internships and obtaining their degrees.

“Unpaid internships don’t seem to be giving college kids a leg up when it comes to look for employment,” stated The Atlantic.

According to the National Association of Colleges and Employers (NACE), “Only 37 percent of unpaid interns got an offer after graduation; that’s not much better than the results for those with non-essential; based on the fact that students who did not complete an internship are roughly in the same position bracket as students who did, and have the work experience that should place them in a higher position.

In recent news the U.S. Department of Labor has set a leg up when it comes time to job offers after completing over the country are coming more scarce

The Chronicle investigates the standards and principles applying to unpaid and paid interns.

Undocumented immigrants in the green to drive

By BRENDA SERVIN
Staff Writer

California Gov. Jerry Brown signed Assembly Bill 60, which provides undocumented immigrants with the opportunity to obtain a driver’s license and will take effect as of Jan. 1, if not sooner.

According to CNN, a crowd gathered in front of Los Angeles City Hall on Oct. 3 to show their support at the signing ceremony of this new law.

Undocumented immigrants that are able to pass their driving exams along with proving their identities and residency will be issued licenses by the California Department of Motor Vehicles.

The design of the licenses will have some kind of markings or state that owner of the license did not provide a birth certificate or social security card and is of illegal immigration status.

The licenses that will be available for illegal immigrants will only serve as a no-driving license; it will not provide eligibility for voting or ensure employment.

Gustavo Deloera said, “I have a couple friends that I would rather be driving around with a license than without a license.”

When the law takes effect illegal immigrants can begin applying for licenses and can be reassured that they will be protected from discrimination under Assembly Bill 60.

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Student employment gets a pay raise

By MARION GILL  
Managing Editor

California State University student employees got a pay raise on July 1, which will continue to increase over the course of a three-year contract.

Not all CSU students will get the pay raise, but those who will should see a significant increase in their salary over the course of the contract.

Teaching Associates (TA) and Graduate Assistants (GA) will receive a 1.34 percent general salary increase (GSI) for the first year of the contract.

The GSI will then increase 2 percent for the next two years of the contract.

The contract also increases the minimum/maximun pay scale for TA’s and GA’s by 5 percent for each year of the contract.

“Given that most of our members are at or near the bottom of the pay scale,” said James Banks, an international representative for the UAW, “they will receive both the GSI and the scale increase.”

Hourly employees classified as Instructional Student Assistants (ISA) will get a $1 an hour raise for the first year of the contract with a 50 cent an hour increase each year for the next two years.

ISA employees include graders, supplemental instructors, and tutors.

According to UAW Financial Secretary Lautaro Guilleguillos, about 2,900 ISA’s work at a minimum rate of $10 an hour, making the increase a welcome boost to salaries.

The three year contract comes after an agreement between California State University and the United Auto Workers union, with the UAW representing over 7,700 CSU student employees.

The agreement comes after five years of tuition hikes and no wage increases. This will put many members in financial debt, according to a press release from the UAW.

Student opinion on who does and who doesn’t get the pay raise was divided.

Many student employees who are not classified as TA, GA or ISA workers wished that they would get something out of the deal, saying that the tuition hikes and other expenses affect them as well.

Some students who were not employed by the university saw no problem with the divide in those eligible for the raise.

Manuel Del Rio, A Computer Science major, discussed his opinion when asked about the pay raise saying that he believed it was fair since the employees getting the raise do more meaningful work.

Even some employees had no problem with the raise going to certain employees only.

Edward Ceja, an International Business major at CSUSB, said that as long as the money is going to the people who need it he has no problem.

Daniel Madden, a junior studio arts major at CSUSB said that he knows the people getting the raise work very hard and that they deserve it.

While no more proposals are being made at this time, Banks stated that the UAW will be working towards amending the middle class scholarship to include graduate students.

The pay raise will continue to increase for the next three years, with the contract ending in 2015 regardless of the divided student opinion.

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## Instagram feeds now with

By CLARISSA TOLL  Staff Writer

Instagram will now include ads with the feeds of their consumers. This comes shortly after Facebook purchased the social media photo sharing app in April for $1 billion in cash and stocks. According to Instagram’s blog, the ads will be “beautiful, high-quality photos and videos from a handful of brands that are already great members of the Instagram community.”

The blog post also stated, “Our aim is to make any ads you see feel as natural to Instagram as the photos and videos many of you already enjoy from your favorite brands.

The company admits they will begin by slowly introducing ads to a certain allotment of it’s users.

“Ads are a necessary evil,” said Neil Harris, a technology guru for a local organization, “Facebook didn’t pay $1 Billion for Instagram just for fun, they did it as an investment to make money, and on the internet that means selling ad views.”

Although social media feels there is a need for ads, some students find them to be unimportant and bothersome. These advertisements would accompany others already being used by similar social media websites. “I would find it frustrating to have a Facebook ad that is irrelevant,” said student Kelly Pearson. “If they find some way to filter it to my interests, it would be far more tolerable.”

CNN Money stated, “Instagram will deliver ads to users regardless of their stated interests,” unlike Facebook, who tests to alter which advertisements you see by your interest and typical searches.

Imari Vigil, local college student said, “I just think that would be overkill with TV ads, billboard, radio, ads in business’s, e-mail, and now (more) social media ads.”

On the other hand, some feel advertisements is what comes along with using social media.

Student Yessenia Smullen, said, “As long as they’re not offensive I don’t mind, it’s a free app, so I can’t object.”

Other social media sites such as Pinterest and Flickr, use ads within their media formats. According to Josh Constine, from techcrunch.com, ads on Pinterest will be found within searches, “When you search for Halloween, you might see a costume on sale at a local shop that had pinned the outfit.”

Ads like this on Pinterest will appear in any form, whether it be on the website or on the app. In May, Flickr created a way for users to have accounts with the option to use a free version or a $49.99 version without ads.

According to Matt McGee on marketingland.com, an online source that writes to explain social media marketing strategies, “By doubling the price of the paid account and killing all the benefits except not seeing ads, Yahoo is practically begging Flickr users not to have paid accounts.”

Even sites like Google and Bing, provide options for users to grow their businesses by allowing them to purchase ad space.

There’s a possibility that an option for an ad free version until then, expect ads to be implemented within your feed.

## Legal abortion clinics become accessible in California

By YARA DEL RIO-DOMINGUEZ  Staff Writer

Governor Brown, signed Assembly Bill 154 and AB 980 increasing access to early abortion clinics, and those who can perform abortions this past Wednesday.

In California, AB 154 will allow practitioners, certified-midwives, and physician assistants to perform first trimester abortion without a doctors supervision. Assembly Bill 980 will allow more abortion clinics to be held at the same standard as other primary care facilities, making abortion clinics more widely available in rural areas.

CA has chosen to go the opposite direction of implementing new rules and regulations for better safer procedures for women, due to the current shortage of health care professionals who will be able to provide abortion care in CA.

“Practitioners, certified-midwives, and physician assistants may not seem to be the first choice of doctor when making the choice to have an abortion. But many of these medical assistants who specialize in women’s health were already doing procedures such as inserting IUD’s and pap smears, have the education in how to perform vacuum aspirations,” according to Tracey Weitz, an associate professor in the ob/gyn department UCSF.

Kathy Keener, President and CEO of Planned Parenthood affiliates of CA says, “AB 154 creates a two-tiered health system for women seeking abortion.”

“We women of means will seek care from physicians working in surgery-ready hospitals, while poor women will seek care from clinics lacking surgical capabilities without doctors present, should anything go wrong,” said Carol Hogan, spokespersons for the California Catholic Conference.

Women in Kern Valley, have one clinic to serve an area larger than the state of New Jersey. Many of these women face challenges to gain access to this clinic, often traveling by bus for long hours.

Student Alejandra Membreno, was warned when she found out AB 154 allowed nurses, physician assistants and midwives to perform suction aspirations on women without the presence of a doctor, but was relieved to know these women are certified and trained to perform these procedures already.

“Governor Brown is promoting safe legal abortions for women all through out CA signing off on AB 154 and 980, its comforting to know women will have a broader access to such clinics,” said Membreno.

As a result of AB 154 and AB 980 are not promoting abortion, they simply are informing women there are now a variety of safe clinics you can turn to.

## What’s the value of an unpaid internship?

Continued from Pg. 1

established regulations that control whether or not an internship must be qualified as or paid as part-time work.

Federal District Judge, William H. Pauley III, has established six principles that control the intern legally entitled to not having an internship at all.

These principles can be summarized as follows, “nobody loses their job to the intern; the company doesn’t benefit from their presence; and the program needs a serious training component along the lines of a vocational school or academic setting,” stated The Atlantic.

If an intern’s job deviates from these six principles, the intern legally must be paid the federal minimum wage.

Judge Pauley ruled that Fox Searchlight should have paid two interns on the movie “Black Swan,” because they were regular employees, because their work helped the franchise win the Academy Award in 2011. Based on these regulations, The Atlantic mentioned that, “The risk of getting sued is great enough that companies may start to view unpaid internships as a reckless liability.”

New York University School of Law Professor Samuel Estreicher shared his thoughts on unpaid internships, “Most potential employers are going to be very wary of getting involved in unpaid internships.”

The consensus is that unpaid internships may start to become more scarce, because they are a liability to companies.

Job opportunities that unpaid interns receive are relatively equivalent to not having a internship at all. Companies rely on interns for labor. They initially hire these unpaid interns, because they need them.

It is in high hopes that unpaid internships will grow scarce and there will be a rise in paid internships.

## Illegal, but still can drive

Continued from Pg. 1

The new law is not meant to single out undocumented immigrants. Assembly Bill 60 states, “specifically prohibits police from investigating or arresting someone for immigration violations, because they have the illegal immigrant license, according to The Washington Times. Once illegal immigrants are able to obtain licenses, transportation will be safer for them.”

It also means that more people will be informed about traffic laws and safety. If undocumented immi- grants apply for licenses they will also be required, by the DMV, to take the written and behind-the-wheel driving tests.

Without a driver’s li- cense, undocumented im- migrants make it harder for typical driver responsibili- ties to be held against them. This is the first step to tak- ing the undocumented out from their shadows.
Flexible curved displays coming soon

By PHIL RUDDE
News Editor

All the iPhone 5s talk about ‘forward thinking’ has been revealed in recent weeks, but everything could soon change this November once LG releases its first curved-screen smartphone.

According to reuters.com, LG Electronics Inc’s display unit explained Monday that it will start producing in mass of a smartphone with new screens next month to catch up to bigger rivals Samsung Electronics Co Ltd.

LG and others market the screens as unbreakable which, if true, may revolutionize the durability of smartphones.

The display will be six inches and will contain an organic light-emitting diode (OLED) screen.

“The introduction of OLED Technology, allowing for “foldable” or “bendable” designs, has the potential of starting a new revolution of product development, designed around a flexible screen instead of yesterday’s rigid screens and without the need for back lights, thinner and less power hunger screens can be produced,” explains San Casas, product engineer at Intelligent Computer Solutions.

It’s been rumored that Samsung will introduce their smartphone with a curved display in October, according to techcrunch.com.

Its not for sure clear what this truly means, as technology firms have yet to find out how to mass produce the parts cheaply and come up with display panels that can be heat resistant and thin.

“Portability seems to be key to students. You can view this ad inside of Samsung’s full keynote CES 2013 press conference at Youtube.

This could potentially launch the production of a device with a large display that can fold up to fit inside your pocket.

The issue that erupts is cost value, as this at a reasonable price while maintaining product integrity it may benefit students positivity,” explains Reveles.

Reveles has been using smartphones since the first iPhone was released, and has constantly upgraded to next best thing since as long as the upgrade was worth the cost.

In January, Samsung showcased a couple of prototypes with a flexible screen and a display that extended from the side of a device.

Another ad also showed the consumers their possible potential vision: flexible displays on a tablet that can fold into a phone.

At first its a normal tablet, but when you fold the display from left to right, it takes the shape of a smartphone.

You can view this ad inside of Samsung’s full keynote CES 2013 press conference at Youtube.

How to choose the right health care plan

By DANIEL DELMARCO
Staff Writer

The Affordable Care Act, also known as Obamacare, has launched, but there are other options for health insurance.

ObamaCare was created for a purpose presented in the official title: To provide affordable health care for the masses in the form of a marketplace.

According to CNN, most Americans won’t have to use the new marketplace because they will still be getting next year’s insurance plan through work.

Brandon Crane (full-time factory worker, age 29) said, “I’m not really concerned with Obamacare, I’m happy with the insurance that my job gives me.”

Many argue that a health care plan is not something that should be chosen quickly or randomly, there are plenty of things to consider as one shops for the insurance plan which they will have the entire year.

“One of the biggest concerns is money; how much one makes, how much one can spend, etc.

A concern equally important is how much health care one envisions needing.

There is a big difference between someone who is young, healthy, and has no honest issues compared to someone older, overweight, with bad eye sight, and tends to have a weak immune system.

Just as there is a big difference between these two potential people, there is a big difference in the insurance plan that would best suit them.

It is impossible to predict major health issues such as cancer or a bad car crash that will appear without warning.

Many argue choosing a plan based on facts and known issues is best.

Colleagues provide health care, but not everything is covered.

CSUSB student Marlene Beltran, 22, shared her thoughts on health care, “I’m not looking forward to dealing with it.”

“I’m happy my parents have good insurance that takes care of me,” continued Beltran.

It is likely that parent insurance providers covers their child as long as they are under 26.

Even for those students who unfortunately do not fit into that category, most colleges include health insurance for their students as part of their tuition fees, however not all health requirements are covered.

According to the CSUSB website, “As a regularly enrolled student at CSUSB, you pay a Student Health Fee and you are automatically eligible for health and counseling care at the Student Health and Psychosocial Counseling Center [...] Although basic health care is provided by the Student Health Center, major illness and injury, as well as certain conditions requiring a specialist or hospitalization, are beyond our scope of service.”

Health insurance can be intimidating at first, but it’s really all about knowing other possible healthcare options.
How much is too much reality TV?
Watching reality television is okay as long as you don’t let it take over your life

By MARIO PERRY
Staff Writer

Reality television has become a major genre in televised entertainment, a driving force in how we carry ourselves in different social situations and an influence on how we present ourselves as individuals. It can be problematic if people start to become obsessed with a particular show or character, because they may rely too deeply on the advice or values presented by them.

I believe we find watching reality television relaxing, because it is a form of escape from our own realities by putting ourselves in the reality of the character(s) from a television show, thus changing our own reality temporarily. Although some of us may not watch as much reality television as others, we may still be indirectly influenced by it, whether through advertisements or social media, or even simply being around the same group of friends frequently.

“I don’t feel like it has affected me in any way,” said student Nour Haddadi. “But sometimes, unconsciously, there’s some influences from friends or even other media that indirectly might have had that effect or influence on me.”

Television doesn’t take much thought from the viewer, because of this many people do not realize that it influences them. Reality television can be a powerful influence, because it impacts a large audience.

“I think it’s too mainstream,” said Andrew Graham, a student. “It’s everywhere and it’s acceptable in a lot of places. You don’t want it to influence you, but it’s everywhere.”

However, the influence that reality television has on us isn’t all bad. There are some benefits its influence can have on its audience, however.

“One benefit from watching reality television is to know that we’re not as crazy as we might think,” said student Hector Arvizu. “There are people with much more questionable sanity levels.”

In additional Arvizu said, “One more thing that comes off as a benefit is to obtain some insight as to how other people react to certain situations. It may not be exactly how our situations may turn out, but with the newly obtained knowledge, there is more reason to act in a certain manner knowing what might be one outcome.”

Reality television can be addictive because it gives people the illusion that they are apart of the lives of the people in the television screen said Arvizu. Thus, reality television can also become an obsession as well.

It becomes an addiction or an obsession when people put all their time and energy into getting more of a single pleasure, such as a reality television show, rather than dividing that time and energy to explore or maintain other things sometimes important endeavors.

We miss important moments in our lives that are overlooked or miss out on because we focus all our energy into a made-up reality.

“If you’d rather watch the show than do anything else, or if it starts to take over your life to the exclusion of other activities, it’s safe to say you’re obsessed,” said student Kathryn Wall.

Although, some may draw inspiration from people in reality television shows we must learn our limits and how to moderate our exposure to reality television. Reality television may be around for some time, but don’t let it take over your live.

Technology, a tool to dumb us down
As people use technology more and more, they rely less on common sense

By ANDY QUINTANA
Staff Writer

Technology can make people lose focus of the place surrounding. Here is an example.

The San Francisco Gate reported the Sept. 23, shooting death of a 20-year-old man by a 30-year-old suspect in an apparent random encounter inside a crowded Mini train.

While the suspect allegedly waved his gun around, dozens of passengers remained engaged on their smartphones and tablets. Then he randomly shot and killed someone.

We have become so dependent on our technology that we cannot even be aware of our surroundings. We aren’t even conscious when there is a gun just a few feet away.

Student Danny Cruz agreed.

“My iPhone is my life, my baby,” said Cruz. “I don’t think technology has made us dumber, but it has made us lazy.”

Technology has the potential to make us lose our natural ability to survive with out it, but it also has given us many strengths, such as the ability to talk to someone that isn’t in the same room as you let alone the same country as you. The Wall Street Journal Market Watch section presented the idea of technology from University of College London Psychologist Tomas Charnorro-Premuzic, who explained how technology has assisted in increased intelligence for people throughout generations.

“The average child today would be almost gifted by 1950s standards, but that’s just in terms of their fluid intelligence or ability to process complex information quickly and effectively,” said Charnorro-Premuzic.

Student Shadya Qasem took both sides in the possibilities of how technology has affected us, then and now.

It has made us dumber in the sense that many of us are unaware of how previous generations would retrieve resources without technology,” said Qasem.

“On the other hand, it has made us smarter, because we are exposed to innovative ways of attaining information, making us able to grasp today’s knowledge in a much faster way.”

With technology innovations, there may be a possibility that we may lose certain skills in the process. Student Lupe Alatorre mentioned the lack of verbal communication technology brings upon, “I feel that we’re losing that sense of communicating with one another.”

Other students also weighed in on the topic.

“I feel like it’s made us dumber, we research everything,” said student Joel Rodriguez.

“It’s good for certain things, but we start to lose our common sense.”

Student Jessica Payne felt that technology has assisted in our lives, from our entertainment, to our jobs, and our education.

“We have such technology that memorializes us for us, but with new inventions, it’s also educating us.”

PBS’ nextavenue.org brought to light how technology is to know that we’re not as crazy as we might think, that we’re losing that sense of communication.

We need important moments in our lives that are overlooked or miss out on because we focus all our energy into a made-up reality.

“If you’d rather watch the show than do anything else, or if it starts to take over your life to the exclusion of other activities, it’s safe to say you’re obsessed,” said student Kathryn Wall.

Although, some may draw inspiration from people in reality television shows we must learn our limits and how to moderate our exposure to reality television. Reality television may be around for some time, but don’t let it take over your live.

Students are surrounded by technology. Sequoia students use their cellphones with no real face-to-face conversation seems unusual. (Andy Quintana | Chronicle Photos)
Achieve success in class
Start and finish the school year off strong by using these helpful tips

By KANDYCE HALL
Opinions Editor

As I look back over my college career there is only one thing that I wish I would have done differently. I wish I had been a better student. With just 11 short weeks of time you must start and finish the quarter on the right foot, so that they can leave the class having learned something and having it reflect on their final grade.

Here are some tips to help you be successful in the classroom:
1. Sit in the front row or the middle row.
2. Go to professors office hours. Professors want to see us succeed. Whether you are having a hard time understanding a topic in class or you want an opinion on a draft of your paper go to your professor so that they can help you.
3. Discover a method of studying that works best for you. Figure out if you prefer to study in group or study alone.

Whether you like to study in the library or at home. No matter the method you choose sure you put it into practice.

If you find that one study method is not working then try another one. Keep trying until you find the perfect style.

4). Utilize the support programs for student learning such as the Learning Center and Writing Center. Students can receive help in many different subjects from tutors in the Learning Center such as Math and English. You can also schedule an appointment with The Writing Center to get help with any papers that their professors may assign. Both centers are located on the third floor of University Hall.

The Learning Center is located in room 351 and you can find the Writing Center across the hall in room 387. If you want to learn more about the centers visit the undergraduates studies website at www.ugs.csusb.edu.
5) The final tip will be to take well thought-out and concise notes. Taking good notes is the most important part of succeeding in the classroom. While many professors provide power-point outlines of topics that are talked about in their classes it is your responsibility to take down any additional information that may be given.

It would be a good idea to rewrite your notes after class so that you can have them neat and ready when you start to study them.

Developing good note taking skills will assist you when it comes time for you to study.

By utilizing these helpful techniques you should have no problem succeeding in the classroom.

Remember to start and end strong to assure that this will be your best quarter yet!

Celebrities not born to be role models
It is not the responsibility of celebrities to be role models, no one is perfect

By KATERINA McCauley
Staff Writer

We attach too much meaning to the label ‘role model,’ especially to people who are in the public eye. Some people feel that celebrities have the responsibility to be role models. I however would have to disagree. I don’t remember what celebrity I looked up to as a kid or even if I did.

Today, I feel like there is a weird expectation that celebrities have to be kosher and squeaky clean in case there is an eight year old out there who thinks that celebrity is the best person ever.

Why should celebrities have the responsibility to be a role model? Is it just because they are in the limelight? And if that responsibility is such a big deal shouldn’t we only glorify the ones that behave ‘right?’

If that’s the case, what’s the definition of ‘right?’

Liberal Studies student Michele Jimenez agrees celebrities do have the responsibility to be role models, because they are under the public eye.

Student Crystal Carrillo also agreed, she said, “Yes, they do have the responsibility, because of power and money, and they should use that and their image for things like charities.”

Most celebrities have no privacy, therefore they are under enormous pressure to be perfect. Society expects perfection from a small group of people, but we have to remember; celebrities are human too.

Student Sandra Mendoza doesn’t see celebrities as role models.

“I see them as entertainment. Everyone is a different person,” said Mendoza.

As humans, we all have done things that we would run screaming from if the wrong people knew about it, so why do we judge celebrities so harshly?

Are you going to blame a celebrity for a kid mirroring a clothing choice said celebrity wears and not the person who bought it, or encouraged them to wear it? I won’t name any celebrities just to prove the point that this witch-hunt for perfect role models puts any celebrity on ‘the bad one’ list.

Aside from celebrities being role models to kids, I think people have role models to help guide them to a goal they want, or to something that this person has been successful in.

It’s all for you as a person and the things you like, and for the celebrity as their own person with their passions.

Celebrities as role models should be based on personal inspiration, and not on a responsibility owed to society. As for having a celebrity role model as an adult, I think most students our age look up to people that inspire them, and think this person has what I want in life, so I’m going to research their life, and follow their social media, and buy their products.

If they found something about the person that they don’t like or disagree with, you have two choices: get over it and move on or find another role model.
The benefits of Yoga: Help reduce stress

By ABIGAIL TEJADA
A&E Editor

We may not be able to pronounce the name but with an arena that seats nearly 5,000 people, the Coussoulis Arena has been gathering crowds since it was built at CSUSB in 1995.

The history behind the arena

By Donte Medder
Staff Writer

Just before you hit the mountains lies the arena on campus that holds various events ranging from Physical Education classes to performances by people like Kevin Hart. It has been an attraction for talented acts since the mid-90s. We know it as the Coussoulis Arena. Students may not know much about this building, more or less who it is named after. As students here, many of us do not know the history behind the arena that gathers thousands of people every year.

In order to find out more about the arena I had to go to the Director of the Arena, Carol Dixon.

CSUSB’s Coussoulis arena is a 5,000-seat arena which opened in 1995.

It was originally named the “James and Aerianthi Coussoulis Arena.” Nick Coussoulis, son of James and Aerianthi, is a wealthy friend of this university who works in construction and development. He decided to give the gift of the arena with the intention of also putting the family name on the project.

I was intrigued by the fact that only one person contributed in the arena’s construction.

“In this community there aren’t a lot of people who can make major gifts,” said Dixon. Before the arena was built, athletic events were held in the den, the building right across from Coussoulis arena.

The arena hosts a variety of events according to Dixon. Events held here range from full-out rock concerts, hip hop concerts, comedy stage and banquets.

“We can serve thousands of guests for a sit down banquet to sporting events, disability fairs, Special Olympics, to basketball and volleyball tournaments,” continued Dixon.

With such a wide range of events, there is no denying the amount of money and people the venue brings in each year. Dixon explained that on average the arena brings in anywhere from 70,000 to 90,000 people annually. This does not include the athletic numbers, which vary year to year.

“Financially, in terms of special events that we do, we can come in at $25,000 dollars a year or we can come in at $100,000 dollars a year,” said Dixon.

“We can come in all over the board and a lot of it is dependent on the athletic schedule.”

Since the arena opened in 1995, new renovations is the next question that comes to mind for this arena. Dixon explained that the arena had just gone through some slight renovations already.

New railings to the seats were just added in September. As for what’s next for the arena is something Dixon has been preparing for since she got the job.

“Coming up next is Bill Cosby on November 16th. Bill says he’s a legend along the B.B. King lines and he has made such tremendous strides as a humanitarian and he’s breaking down of stereotype barriers.”

It is safe to say with acts like Bill Cosby rolling through the arena, the Coussoulis family is proud to have their name across it.

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**Features**

**Design custom pizza pie at Pieology**

By JOEL HANKE  
Staff Writer

A true sense of the word “personal” pizza is really just that, at the recently opened Pieology Pizzeria in Rancho Cucamonga, where you can concoct something unique just for you.

It is located across from the Victoria Garden’s shopping mall off the Day Creek Blvd and Foothill Blvd cross-streets.

I recently stepped into San Bernardino County’s first Pieology pizzeria, which opened early September of this year. I had never heard of it and I was unsure of what to expect.

Their mission statement says it all, “Be inspired to make a difference one pie at a time.”

That difference comes in every customer’s build-their-own personal 10-inch pizza.

Customized with an assembly line of gourmet ingredients: three sauces, four cheeses, five meats, 11 toppings and an additional six custom “after-add-on’s”, including roasted red peppers, extra virgin olive oil and pesto.

The possibilities for your pizza are endless!

If you like all the meats, all the cheeses and all the toppings, then order it! The price remains the same.

The way they prepare your pizza with toppings is similar to the style of fast food chains like Chipotle or Subway.

They also offer two types of crust, regular and gluten-free.

They also offer topping choices that satisfy both vegetarian and non-vegetarian taste buds.

Then you watch as they cook your custom pizza right before your eyes, in a huge brick oven.

You can also order one of their very own homemade “specialty” pizzas for the same price as a custom built pizza.

Most of which are vegetarian or vegan, but also include a meat lovers pizza and BBQ chicken pizza, which I was told by a worker is one of their most popular.

I wasn’t quite the level of a gourmet pizza restaurant, but it is definitely better than your average pizza delivery joint, and probably quicker.

I would recommend Pieology for anyone that is trying to find a quick and relatively healthy lunch spot at a reasonable price, regardless of what you choose to put on your pizza.

Pieology is not a spot I would recommend, if someone is seeking more of a restaurant-like atmosphere.

Their hours of operation are Monday-Thursday 11:00 a.m.-9:30 p.m., Friday-Saturday 11:00 a.m. to 10:30 p.m., and Sunday 11:00 a.m. to 9:00 p.m.

If you’re looking to try something new in the area and enjoy customizing pizza to your taste than Pieology should definitely be a place to try out!

**Make home-cooked meals on a student budget**

By COURTNEY MATA  
Staff Writer

We all know that life as a college student can have a big price tag. Students already have an obligation to pay for books and classes. We also know every one has to eat, that’s a fact.

Most students rely on Top Ramen to survive their college years. Not true!

“Top Ramen is good, but as a college student, I need more brain food,” said student Denice Ahumada.

Ahumada feels that the best way to save money is to create large meals and then save them. “Leftovers might not be a college student can have a big price tag. Students already have an obligation to pay for books and classes. We also know every one has to eat, that’s a fact.

Most students rely on Top Ramen to survive their college years. Not true!

“Top Ramen is good, but as a college student, I need more brain food,” said student Denice Ahumada.

Ahumada feels that the best way to save money is to create large meals and then save them. “Leftovers might not be everyone’s favorite, but it is definitely cheaper than going out to eat,” said Ahumada.

Ahumada’s favorite meals to create consist of rice, chicken and stir fry vegetables. “I love using rice, because it is cheap and filling,” said Ahumada.

When visiting her apartment, I was instantly greeted by an aroma of a home cooked meal.

The cooking process can take up an hour, but if you make enough food that will last you a week, then that’s not so shabby of a wait time.

Ahumada explains that although leftovers can seem redundant, she’d probably get more tired of those fast food dollar menus.

Ahumada is not the only one that loves leftovers.

Student Sara Loza said, “The best way to save money on food is to go home for the weekend.”

Whenever Loza visits her family, she is sure to grab a take out box so she can grab some leftovers for the week.

“My mom always stocks and leaves lots of leftovers, which is better for me,” said Loza.

Leftovers are a great way to save money, but it is not the only way.

Many students told me that TV dinners, Top Ramen and canned food are also a cheap resource.

Another way to save money on food is to use coupons. The Coyote Coupon Club offers exclusive coupons for students.

Visiting websites like Pinterest can help you find recipes for cheap meals.

Recently, I explored my Pinterest and found many low cost recipes.

One of them was called, “Poor Man’s Soup.”

Pour man’s soup consists of ground beef, a bag of frozen vegetables and cut up potatoes.

Poor man’s soup can last a long time and can be made easily in a Crock-Pot. Everyone has to eat, but not everyone has to pay the big price tag.

If you are ever hungry and looking for a quick bite, remember all the savings you can get by just cooking your own food at home with these simple tips!
Students find guidance at Counseling Center

Campus professionals are here to help and counsel students

By SUNG WI
Staff Writer

F eeling depressed? Having anxiety or sleeping problems? If yes, you might want to visit our Psychological Counseling Center (PCC). The PCC is located in the Student Health Center building next to the Santos Manuel Student Union (SMSU). The entrance is on the north-west side. Their goal is to provide professional counseling services to all students on campus. The PCC is funded by the student health fee, included in our enrollment, so there is no additional cost for their services. You already pay for it!

They offer different types of counseling from private to couple’s counseling. Counseling at the PCC offers a safe, confidential environment where students can share thoughts, feelings, explore concerns, gain awareness and make appropriate changes to their lifestyles. Many students have expressed that the PCC has helped them deal with difficult situations.

Counseling is completely confidential, so no one can be notified that the student patient uses the service including professors, deans or parents. Students may attend one or more sessions with professional counselors as many times as they want. Anyone can make an appointment by visiting the center or contacting them by phone.

Their weekly hours are Monday and Thursday 8 a.m. to 5 p.m., Tuesday and Wednesday 8 a.m. to 6 p.m. and Friday 9:30 a.m. to 5 p.m. and closed from 12 p.m. to 1 p.m. everyday. The PCC also offers group counseling times as they want. Students may attend one or more sessions they may contact PCC to set up and require pre-registration. They also offer wellness workshops that are beneficial to students in various aspects of their life such as tips for healthy eating, how to be a better friend, how to overcome ADHD and more. Workshop schedules and locations are available on the PCC website.

If you need more information, visit their website: http://psychcounseling.csusb.edu/ or call (909) 537-5040.

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Features

“Escape from Wonderland” prepares for 2013

By SHANE BURRELL
Staff Writer

Students are getting excited for the Halloween frenzy as Escape from Wonderland comes to San Bernardino. Insomniac is once again bringing Escape from Wonderland back from the dead on Oct. 26.

As the new quarter begins, students are trying their best to finish their homework and start working on their costumes, so they can escape to Wonderland. Escape from Wonderland is a music festival or rave that plays predominantly Electronic Dance Music (EDM) as well as various other types of music such as Dubstep, which in many ways is similar to EDM.

This year’s theme is raised from the dead, as Alice and her quirky counterparts are dug up by the mad hatter event, the Mad Hatter.

Insomniac has posted a pre-event for the event which includes all of the information as well as their famous cliff-hanger video.

The video is a continuation of a collection of past videos of Escape Wonderland and other Wonderland inspired raves, and this time it shows that Alice has come back with a vengeance.

The tickets start at $96.55 and are on sale now on Live Nation and Ticket Master. Along with ticket prices, the pre-event reveals some details about the haunted houses, rides and stages that will be represented at the event.

“Energy around the whole thing is nothing short of positive,” said Mendoza enthusiastically.

Mendoza says that his favorite part of the event is, “socializing and meeting new friends, getting to see how everyone put so much time and effort into their costumes and outfits.”

As far as the music, Mendoza says that EDM is something that would allow you to have an excellent time. But if you’re just getting into the music or if you like mainstream music then you’d still be able to have a good time with everything.

“I think for the most part it is for individuals who love EDM music, but really they play a lot of mainstream music as well, so even if you don’t like EDM you are guaranteed to have a good time on the rides or other attractions,” said Mendoza.

Insomniac wants to keep all of its customers safe by allowing customers to purchase spots on site so they are able to camp and have shuttles to the event so there is a safer way of transportation to all of the debauchery.

If you’re looking for something to do on Oct. 26 or need an excuse to dress up, Escape from Wonderland might just be the place for you!
Get a free ride to college.

Ride anywhere free with your college ID. It’s the smart way to get through school. Plus, get real time arrivals at omnitrans.org/nextrip.

No application, registration, special pass or sticker required. Just a convenient way to save time & money. (1-800-9-OMNIBUS)

OMNITRANS.ORG

Students discuss their favorite TV shows

Television enthusiasts rejoice over the ability to stream their shows from network websites, Netflix and YouTube.

A recent study by Nielsen Research found that 37 percent of U.S. households watch television online. That can explain the spontaneous gasps or laughs coming from all those students during their break in between classes.

“I mostly watch Korean dramas online,” said Vanessa Robles. “My favorite show is Coffee Prince, it was my very first Korean drama and is amazing. The whole plot line, everything just pulls you into the story and you begin to feel what the characters feel.”

Chris Burns has been interested in two new shows released earlier this season and watches them as they air.

“I’ve been watching Agents of Shield, my favorite show is Coffee Prince, it was my very first Korean drama and is amazing. The whole plot line, everything just pulls you into the story and you begin to feel what the characters feel.”

Mary Moreno | Chronicle Photo

Students Chelsea Galves and friend get together and tune in to their highly anticipated favorite show “Pretty Little Liars.”

By MARY MORENO
Staff Writer

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Arts & Entertainment
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Coyotes’ favorite, “must-watch” shows

Continued from Pg. 10

it’s on ABC and is about MARVEL’s S.H.I.E.L.D. program that we’ve seen all the MARVEL films,” said Burns. The prem- ise is about an Agent named Phil Coulson, who supposedly died on MARVEL’s The Avengers but is now back.

Agent Coulson forms a team of shield agents to handle strange cases that will test the team in cooperation and ingenuity, as they try to work together figuring out newly emerging superhuman individuals around the world. The Blacklist, on NBC is about a fugitive criminal of the FBI, who sur- vives to them FBI headquarter.

The criminal, Robert Reddington, who claims the FBI and he has the same inter-ests, that is, getting rid of dangerous crimi- nals and terrorists.

In the last two decades, he’s made a list of criminals and terrorists he believes mat-ter the most; a list the FBI doesn’t know exists. Reddington calls it ’The Blacklist.

“These shows are intense I also like ‘Breaking Bad,’ ‘Dexter’ and ‘The Walk- ing Dead,’” said Burns.

Television purist Chelsea Galves tunes in every week to ABC Family to watch her beloved program.

“I started watching ‘Pretty Little Li-ars,’ while I was in high school and now that I’m a college junior, I still find myself watching the show at the air time, because I just can’t miss it,” said Galves.

Gulves finds herself unable to miss an episode, needless to say she is hooked.

“It definitely feels like it’s become a culture, because all these people talk on Facebook about it, share ideas of poten- tial plot twists and you can start a whole friendship on the question, ‘do you watch ‘Pretty Little Liars’?!”

One thing is for certain, CSUSB tele- vision traditionalist and new-age media consumers alike are making time for TV shows new and old.


Did Miley take it too far?
Miley Cyrus and Sinead O’Connor battle over social media sites

By DEVIN RAMOS
Staff Writer

A feud emerged between artists Sinead O’Connor and Miley Cyrus when O’Connor wrote a letter to the 20-year-old artist about her position in the music busi-ness.

The Irish singer/songwriter wrote to Cyrus on her website that “the music in- dustry doesn’t give a sh** about you, or any of us, they will prostitute you for all you are worth, and clearly make you think it’s what you wanted… don’t be fooled.”

The letter came as a response to Cyrus’ music video to the song “Wrecking Ball” and her role in the MTV Music Video Awards in August 2013.

Cyrus responded to O’Connor by post- ing a photo of O’Connor tarring a photo of Pope John Paul II on her Saturday Night Live spot in 1992.

She continued by tweeting, “Before Amanda Bynes… There Was,…” and at- taching a picture that contained a collec- tion of Sinead O’Connor searching for a psychiatrist in Ireland.

O’Connor revealed on the Oprah Win- frey Show in 2008 that struggled with bi-polar disorder and that she had attempted suicide on her 33rd birthday.

Cyrus’ mention of O’Connor’s mental illness caused O’Connor to respond in an- other letter on her website.

O’Connor wrote, “Have you any idea how stupid and dangerous it is to mock people suffering illness? You will one day suffer such illness that is without a doubt.”

She continued by addressing her dis- play on Saturday Night Live, “Further- more, you posted a picture of me tearing the pope’s photo… By mocking it, you mock every child who suffered sexual abuse at the hands of priest’s and have it covered by the Vatican.”

In an interview with Matt Lauer on NBC’s Today Show, Miley Cyrus said, “I’m a big fan of hers and so it re- ally doesn’t matter. You can write as many open letters as you want… It’s nothing too new to me.”

In her latest letter to Miley Cyrus, O’Connor says that she’s received nu- merous letters from Cyrus’ fans which O’Connor to “kill herself” and that the tweets that Cyrus posted made O’Connor seem “unemployable,” because of the pre- vious condition of her mental health.

O’Connor says, “No person, myself included, should have to wake up to the types of e-mails and communications I have had for the last few days urging that I should kill myself.”

“Neither should I have to have man- agement write to half of the show-business world to explain my tweets were two-

years-old and that I am very fit for work. I have four children to support. I can’t do that if people believe me to be unemploy- able,” stated O’Connor on her fourth letter to Miley.

Alfo De La Rosa watches his show on television and invests in Netflix only con- tent, like the popular series “Orange is the New Black.”

His favorite show is, “Doctor Who,” said De La Rosa. “There is always time for that and: The Walking Dead, Supernatural, New Girl, and Orange is the New Black, and The Blacklist. I love October.”

One thing is for certain, CSUSB tele- vision traditionalist and new-age media consumers alike are making time for TV shows new and old.

What started as Miley claiming Sinead O’Connor as her role model and huge inspiration resulted in Sinead calling her and exchanging feisty messages via Twitter and Facebook, all Sinead request is an apology for both Amanda Bynes and herself.

She has received many letters that say, “I’m a big fan of hers and so it really doesn’t matter. You can write as many open letters as you want… It’s nothing too new to me.”

On Twitter and Facebook, Cyrus and O’Connor have battled over tweets of mine which are two years old, which were posted by me when I was unwell and seeking help so as to make seem look like they are recent. In doing so you mock myself and Amanda Bynes fo...See More
R.I.P. Hannah Montana
Miley Cyrus re-invents herself in new album Bangerz

By SHELBY GONZALES
Staff Writer

Miley Cyrus makes it known that her Hannah Montana days are dead and gone as she shows the world her edgier side on her new album Bangerz.

Miley Cyrus’ fourth studio album Bangerz was recently released Tuesday, Oct. 8.

Artists such as; Britney Spears, Nelly, Big Sean, Ludacris, and Future all lend their voices to tracks on Miley’s new album.

A huge transformation from her previous albums, Miley attempts to rap in songs such as “Do My Thang” and expresses a more vulnerable side in songs “Wrecking Ball” and “Maybe You’re Right.”

Hip-hop seems to be the biggest inspiration for Miley’s most recent album, but she still throws in her original pop sound.

According to Entertainment Weekly, “It’s also utterly fresh, a hip pop blast from a hip-hop blueprint, and proof that Miley won’t settle for just shocking us... She’s obviously infatuated right now with hip-hop and its perpetual drive for new and exotic sounds.”

“Bangerz” may be about breaking up and winding out, but it also agitates for the future.

Several songs in the album were primarily aimed and inspired by her troubled relationship with ex-fiancé Liam Hemsworth.

She expresses how their relationship began crumbling and reveals how helpless she felt while knowing it was over before they officially called it quits.

This album is the first by Cyrus to be labeled as explicit, needing parental advisory.

The album so far has been doing stupendous, already breaking records with over 250,000 in it’s opening week.

The only tracks that show Miley’s true potential are ones she sings about her relationship while the rest sound like she is trying too hard to evolve into something she is not.

Aside from her new professional image, she is gearing her music to a new crowd and the younger crowd that once looked up to her will be influenced the wrong way.

Bangerz overall, was not Miley’s best work.

Though she has some catchy party tunes on the album, it is not the talent of Miley Cyrus her fans have seen from her in the past.

“Princess of Pop” is here to stay
Even stars of this decade cannot deny Britney Spears is an icon

By ALYSSA GRADIAS
Staff Writer

Britney Spears is the original triple threat; singer, dancer, and actress. She’s had the crowd on their toes since the 90s when she crowned the “Princess of Pop.”

It all started with her jump start into the entertainment industry on Disney’s. From 1993–1995 Britney was a member of the Mickey Mouse Club when she was only 12 alongside Justin Timberlake, Ryan Gosling, and Christina Aguilera.

Ever since her breakout role as a child, Britney has been put under the microscope of the media. Her growth as an entertainer and pop icon has been epic, making her the epitome of an extraordinary superstar.

She was known as America’s sweet heart. As she was trying to reach a more mature audience the media criticized her as a “good girl gone bad.”

Throughout her career she has pushed major boundaries like raunchy music videos and risque dance moves.

Of course with every triumph there is trouble.

It hasn’t all been easy for Britney, pushing through unhealthy lifestyles and relationships, but she always manages to persevere in her career.

Considering her past mishaps Britney has tried her best to maintain a better life-

She continues to inspire many artists and it seems like this pop princess isn’t going to be stopping her career any time soon.
Trance music consists of variety of synth sounds, electronica, danceable beats, subtle buildup, and breakdown with instrumentals and DJ skills.

To stand out in the scene what seem to be imitations of static and repetition, Andre Tanneberger, better known as ATB, knows what it takes to dominate LA dance floors on Oct. 5th at the Hollywood Palladium, with his musical persona.

ATB is one of the most famous producers and musicians for electronic dance music (EDM), especially in the trance sector. When performing live, ATB is in complete control of the audience taking them on a journey that passes through beautiful melodies, intense build-ups, and epic drops.

He took center stage and created an exceptional performance. This was not ATB’s ordinary DJ set; it was an experience comprised of a band including a drummer, guitarist, bassist, and keyboarder.

ATB was joined with singers who were featured on his previous albums and shared his exclusive tracks from his forthcoming album Contact, out this December. Artists who performed included Raman Nerra “Never give up,” Sean Ryan “All I Need is you,” Jon Lochel “What About Us” and “Move On.” Tiff Lacey performed “My Everything,” as well as special performances by JES and Stanfour.

He played his famous hits including: “9pm,” “Distant Earth,” “Ecstasy,” “Let U Go,” “I Don’t Wanna Stop,” and “Apollo Road.”

Cris Novoa, a longtime fan of ATB stated, “The collection of artists that ATB collaborated with and playing his new tracks completely astonished me. The performance was amazing and brought so much euphoric.”

ATB guaranteed his live tour would be an exceptional show and unlike any other performance.

CSUSB student Nadia Kahil believed that this unique was extraordinary in contrast to any other event she has partaken in. “The experience was amazing. Having a band with the DJ and performing the music live was inspiring. Knowing the music wasn’t pre-recorded made ATB standout amongst all other DJs I’ve seen. It made my night above and beyond what I expected,” said Oscar Laddaga.

ATB proved that his creativity does not stop in the DJ booth; he went in front of his audience and presented a guitar solo that was unexpected.

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ATB proved that his creativity does not stop in the DJ booth; he went in front of his audience and presented a guitar solo that was unexpected.

He kicked off his tour in San Francisco and is currently heading to the big cities of Chicago and New York, which is his last stop.

LA holds events for the biggest electronic music artists including Kaskade, Deadmau5, Above & Beyond, Dash Berlin and included ATB’s live concert, that took over LA’s EDM scene.

The Hollywood Palladium was the perfect venue located on Sunset Blvd. The venue gave the entire audience a great view of the musicians and of course ATB.

ATB has always been close to his fans and his live concert proves it.

The music was presented to the fans live directly with energy, passion, and bringing an amazing set.

His sets serve as a universal language for his audience around the world.

With massive success comes a massive following, and I am impressed to find a DJ that gives back to his fans.
Volleyball digs another win leading with 7-0

By RICHARD BURRUD  Staff Writer

Coyote Women’s Volleyball team took their 6-0 win in conference play in Saturday’s game against Cal Poly Pomona who is 1-5 in Conference play.

The Broncos and Coyotes utilized their home school and put the team on his shoulders of the game, coming together to play at a determined to score the next goal and put them in the lead for the second time. Unfortunately, things just wouldn’t work out as much as they’d hope.

CSUSB ended up in a slump, where they took a slight advantage and stuck with the lead winning the third set 25-22.

The Coyotes improved to an 11-4 overall record for the season with 15 games remaining on the season.

At the halfway point of the season the lady Coyotes are currently undefeated at 5-0 record in conference play.

Benting the Broncos in straight sets led the Coyotes to a perfect 6-0 record away from the Coussoulis Arena.

Sophomore Outside Hitter Alexandra Torline led the Coyotes past the broncos with 14 kills and two blocks. Seizing the moment Torline finished the third set with her final kill.

Senior Stephanie Sinohui was able to put together 26 assists in the Coyotes win.

Junior Libero Arielle McCullough led the team with 12 digs on the defensive side.

Coyotes are looking forward to their longest home stretch of the season from Oct. 25 to Nov. 9.

Come support your Coyote Volleyball team in their next home game against the San Francisco State Gators on Oct. 25 in efforts to go undefeated in California Collegiate Athletic Association. Knock them out, Coyotes!

Coyote soccer team frustrated over defeat

By MIKE SESSIONS  Staff Writer

The CSUSB men’s soccer team fell short once again as they traveled to Seaside against Cal State Monterey Bay.

The Coyotes extended their losing streak to six games, playing their hearts out only to come up short in the end. There comes a time when a team faces adversity and challenges, only to be used as fuel for the future. This could be one of those times.

In the first period of the game, the Coyotes battled the Otters back and forth for supremacy on the field, utilizing their various foot techniques to score a goal.

In what seemed to be a game changing move, senior Lee Nishanian came across an opportunity with an off corner kick and he took it, scoring the game’s first goal and his first goal of the season.

Nishanian, who started 53 out of 54 games last season, understood what it was going to take to secure the win, and he wasn’t going to stop until that was accomplished.

It wasn’t over, however. The Otters had other plans during the second period of the game, coming together to play at a higher level than the previously played.

6-1 freshman Chris Koski of CSUMB has no prior varsity experience in high school and put the team on his shoulders after a straight goal shot with the assist from Julian Salas.

The tie game appeared to rattle the Coyotes and the Otters utilized their home field to take the momentum.

Sweat dripping from the brows of the players under the clear skies and sunny Seaside California, the Coyotes were determined to score the next goal and put them in the lead for the second time. Fortunately, things just wouldn’t work out as much as they’d hope.

CSUSB ended up in a slump, where the Coyotes called for foul after foul, then a shot attempt by freshman Carlos Bailon was blocked. After a few substitutions from both teams, CSUMB were ready for the next move.

Forward Alberto Anguiano, with the assist of junior Max Madrigal scored the last and final goal of the game, putting the Otters up 2-1 in front of their home crowd.

In a frustrating loss, junior Andy Reyes could only reflect on the outcome, and how things could’ve been different. “Lately we haven’t had the results we would want, I got injured in the second game of the season. That took me out for eight games, I just started playing this last weekend” said Reyes.

The Coyotes would love to have all of their players available to play, as one player could possibly make a huge difference in the outcome of the game.

However, these are the conditions they are placed in, and therefore they have to move forward and hope things will progress during the rest of the season.

Maybe this is one of those times that adversity strikes, but let’s hope this is also that motivating situation we’d like from our Coyotes, “Make never meant to happen,” says Reyes.

Best of luck to our players in their upcoming games! Come and support them on one of their home games. Let’s go ‘Yotes!
Coyotes’ Women Cross Country team ranked first at a meet in Pasadena City College on Friday, Oct. 4. The team made definite improvements each and every time they stepped on the track.

After finishing third with 97 points in their last meet, the team acknowledged some of the best techniques and strategies to redeem themselves, proving that hard work pays off.

Coach Tom Burleson is preparing the team for an even bigger challenge, the CCAA Championships. With the help of his best runners, the team is certainly on the road to victory.

Senior Rebekah Frazier continues to show no sign of limitation as she finished third place with 19 minutes and nine seconds in the 5,000 meter-course.

“The first race of the season was pretty tough, especially since I haven’t raced for two years,” said Frazier.

“I took last season off, so it was quite interesting getting back to racing,” said Frazier.

Senior Jackeline Felix, started this year finishing in 32nd place, her next meet in 56th place, and the latest meet in sixth place.

Showing that she has made definite improvements and is willing to train harder and longer to be number one.

“It was satisfying to see how my training this summer paid off. After the first game. I wanted to step it up, because I knew that I could push myself,” said Felix.

Senior Deserae Perez injured herself on the first meet, however Coach Tom Burleson, as a great motivator ensured that she quickly recovered to get back in the game.

She finished tenth place with 19 minutes and 37 seconds, helping the team rank in first place.

“After getting injured and getting back in the game, it was good for my team. It set the tone for the season, because they performed really well,” said Perez.

The Coyote’s Women Cross Country received 155 points on their first race at UC San Diego, ranking at fifth place.

“Running is our passion. It’s what we do, it’s our lifestyle. We are all pretty healthy. We all have good habits. It keeps us focused,” said Deserae Perez.

Coach Tom Burleson, who is coaching his 22nd season, leads his team to the U.S. Track & Field and Cross Country Coaches Association (USTFCCCA) West Region top 10, at the 10th place.

“This is my second year running and I love his coaching. He’s such a big motivator. He’s like a big Dad to some of us. Not only he coaches us, however he also cares about personal lives out of running,” said Patricia Cortez.

Coach Burleson teaches full-time at CSUSB, urging his players and coaching staff to have a powerful commitment to excellence.

In the 2012 season, Burleson and the team made 11th place at the regional in Kaneohe, Hawaii.

“He has stepped up his coaching and his communication with the whole team. In general, it has been a total improvement. This is my fifth year, so from my freshman year to now, the team definitely improved with his coaching style. Better work out, better strength and good advice,” said Deserae Perez.

With the powerful bond and determination, we wish our Coyotes the best of luck at the CCAA Championships.
Coyote’s Women Soccer goalkeeper and senior captain Chelsey Jones is halfway through her final season with the Coyotes.

Jones recently received her second California Collegiate Athletic Association player of the week honor after holding Cal State Dominguez Hills and Cal State Los Angeles scoreless in 1-0 victories.

Furthermore, Jones now leads the CCAA with seven overall shutouts this season.

As a child, her parents called her the fire engine, because of how much energy she had, so family friends suggested to get Jones involved in sports. That is when Jones’ journey began, starting with being a member of the undefeated Green Iguanas of the Hesperia Youth Soccer League.

Jones went on to play at Sultana High School. In her senior year the team won the California Interscholastic Federation Southern Section championship.

Jones was awarded CIF Defensive Player of the year and second team all league honors.

She graduated in the top one percent of her class and was awarded Valedictorian. Jones then received a Presidential Scholarship to attend CSUSB with no intent to play soccer.

“Everything that I’ve done in life has worked out, because I have persisted with it and have believed in myself the entire time,” said Jones.

In the Summer 2009, Jones tried out for the Coyote soccer team; at that time the team already had three other goalkeepers. However coach Travis Clarke wanted Jones on the team as his fourth string goalkeeper because of her hard work and dedication. “Her tryout was so good, her attitude and how hard she worked, I just thought it would be infectious to the team,” said Clarke.

She went on to redshirt her first season playing no minutes, and very limited in her second year. “If you have a goal in your mind and you work hard you will reach that goal. Many times you will need to persevere through tough times in order to succeed,” said Jones.

In her third year, the team was struggling during the start of the season. Jones was inserted as the starting goalkeeper in an attempt to create a spark. She helped the team to the school record eight game unbeaten streak. “I got the opportunity and the chance to prove myself,” said Jones.

As a junior Jones was named CSUSB’s Female Scholar Athlete of the Year. “She went from a walk-on player to a scholarship player to possibly the best goalkeeper in this school history. It’s a remarkable story,” said Clarke.

Jones’s dedication and support from her family have been her motivation, as she gets ready to pursue her career in becoming an elementary school teacher.

This last year is bittersweet for Jones as her time playing for the Coyotes is coming to an end. Jones’ final home game as a Coyote is Friddy Nov. 1 against Chico State University.

Jones commends her teammates, “This is the best team I have ever been a part of, thank you for giving me some of the best memories in my life,” said Jones.