May 31st 2011

CSUSB
Prisoners released to a city near you

By KYLA COOK
Asst. News Editor

Within the next two years, California must release at least 30,000 inmates from its prisons. The Supreme Court ruled 5-4 that overcrowding in California’s prisons results in cruel and unusual punishment, a constitutional violation.

Even though the court has ordered California to release a minimum of 30,000 prisoners, how it will be done is in the state’s hands. Justice Anthony Kennedy stated that California’s correctional facilities house 156,000 inmates, which is twice as many as they are designed to hold.

The Drug Policy Alliance has said that California can easily release 40,000 non-violent offenders because their crime was just possession, reported KABC.

However, in a Prison Law Office press release it is stated that “approximately, two-thirds of the prisoners released fail to complete parole and are re-incarcerated within three years.”

“I have two concerns with that statement,” said CSUSB student Lindsay Lenaers. “One, will the laws change in California to accommodate for the people who have broken them? And two, will these 40,000 people receive unemployment and contribute further to the demise of our economy?”

While announcing the decision, Kennedy also gave a description of the prisons saying that inmates are held in tiny cells, living in gymnasiums, suffering from cancer and dying without receiving medical attention. The state prison in Chino has been mentioned in various articles as one that is overcrowded.

“As a resident of the city of Chino it is worrying enough”

Karnig joins CSU officials in Sacramento

By LINDA TRAN
Staff Writer

On May 24, CSUSB President Dr. Albert K. Karnig and other university officials joined CSU Chancellor Charles B. Reed in Sacramento to support higher education against budget cuts to be made in the CSU.

At the event they discussed the proposed budget reduction and their perspectives of what might happen in the CSU system as well as Gov. Jerry Brown’s proposal of his tax extension.

Brown and state legislators have announced a $500 million reduction to the entire CSU system for the 2011-2012 school year, and that cut may double if Brown’s tax extensions do not win approval.

Facing the $500 million cut and other reductions, the CSU system has currently enrolled.

“It’s virtually inevitable that with far fewer resources, the short-term outcome will be higher tuition fees and that many qualified students will be denied admission,” said Karnig.

Karnig also said that this budget reduction will be difficult for students in the Inland Empire, for this domain is one of the lowest in the nation in percentages of college graduates, according to CSUSB’s Office of Public Affairs.

In this critical time for education, Karnig said he understands that students feel discouraged that they will not have the opportunity to graduate, but presses the importance on the access available for students who are currently enrolled.

“The most important single thing is making sure for those who get access get the education,” said Karnig.

Karnig mentioned other strategies for students to accomplish their degree. Although financial matters

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Alumnus appointed state judicial performance by Governor Brown

By DAVID MEDRANO Staff Writer

Former U.S. Marshal Adam N. Torres was named by Gov. Jerry Brown to be a member of the State of California Commission on Judicial Performance.

"As Marshal he led one of the nation’s most active judicial districts in protection of federal judges, apprehension of fugitives, management of the Department of Justice Asset Forfeiture program and prosecution of federal prisoners," according to Black Voice News.

Torres explains some of the thoughts that went through his mind after knowing he would be a member of the Commission.

"After I was told that Governor Brown was going to appoint me to the Commission on Judicial Performance I felt honored to be part of his team," Torres said. "Also I was anxious to start my work on the commission and use my experience to help maintain public confidence in our judicial system," he added.

Torres also explained the different areas the State of California Commission on Judicial Performance focuses on.

"The commission’s mandate is to protect the public, reinforce rigorous standards of judicial conduct and maintain confidence in the integrity and independence of the judicial system," Torres said. "The commission’s authority is limited to investigating allegations of judicial misconduct and, if warranted, imposing discipline."

After his appointment the Governor wasted no time in putting Torres to work with the next Commission meeting, according to Black Voice News.

Torres attended school at Cal Poly San Luis Obispo, CSUSB with a Bachelor of Science in Business Administration with emphasis in accounting and explained the impact it had on his career.

"CSUSB absolutely had an impact on my career choices. During my junior year my accounting professor encouraged me to attend the ‘meet the firms night’ where an IRS agent spoke about his work and mentioned they had an internship program," Torres said.

"I applied for the program and worked as an intern during my junior and senior year. My plan was to gain experience and then join an accounting firm after graduation, but I enjoyed my time in government service and made a career of it," he said.

Torres’ appointment with the Commission on Judicial Performance is for four years.

He went on to acknowledge some of the people who help him during his time in CSUSB.

"I would like to thank Nadine Chavez and EOP for believing in me and students in similar situations. Without their support I am certain my time at CSUSB would have been more difficult," said Torres.

Karnig fights in Sacramento for higher education

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Karnig takes on impromptu response to cuts to Capitol.

Come to mind at first, Karnig said that students can find the determination and methods to finish.

“The people who are prepared who walk through the door will be the ones to get through it," said Karnig.

And without further funding, the idea is students will be ill-equipped or less prepared to reach graduation.

Education is highly focused on during this time of the year both politically and regionally.

Many government officials and educators have gathered together to discuss the importance of education in the county and state.

Events such as Rep. Joe Baca’s (D-Riverside) Early Summit Education was hosted this year at CSUSB on May 17.

The event reviewed current problems in the education system, and what the system can do to improve in order to help students successfully complete their education.

Baca invited education leaders to discuss important concepts about challenges from K-12, such as California’s education achievement gap, the Elementary and Secondary Education Act and the No Child Left Behind Act.

“You have to build that confidence with that student," said Baca. “If they fall, you gotta get them up." Some students have expressed that the tuition increase has intimidated them to finish their degree, yet other students find it as a financial resource to perform better in school.

Student Pamela Cormier has heard of constant budget cuts ever since she started college.

“Cuts do encourage me to work harder and make me aware of the money I’m spending," said Cormier.

Cormier also said that students should stay optimistic to finish their degree and also said that professors could encourage students more to perform well and pass their classes, especially in this economic downfall.

Waiting for a proposal to another from government officials, students are wary as to how the changes they face during their time in college.

College of Ed receives architectural award

Alumnus appointed state judicial performance by Governor Brown

By FERNANDO TORRES Staff Writer

The College of Education building has been acknowledged for its design. The CSUSB Office of Capital Planning, Design and Construction (CPDC) and the architectural firm LPA Inc. were presented with a certificate of achievement for their design of the building.

The certificate was presented by the American Institute of Architects Inland California chapter at an awards dinner held at the University of Riverside on April 28.

“This award means acknowledge for design excellence," said Hamid Azhand, director and executive faculty officer of CPDC. "Azhand been at CSUSB for 22 years and has been director of CPDC since 1993. “This award is for the entire team involved from the architects to the chancellor," said Azhand.

LPA Inc., according to their website, has been around for the past 40 years advocating the message that sustainable design can be achieved on any project, budget, building type and location.

LPA Inc. has received more than 400 awards for their design excellence and even received the “Firm Award” from the California Council of American Institute of Architects.

The construction of the building was a collaboration between the two organizations. The planning and design process for the building began eight years ago.

With the passage of Proposition 55, in 2004, this gave $12.3 billion in bonds to public schools across California. Funding for the building was $51 million. The building finally broke ground in 2006, and was completed in 2008.

Some of the features of this three-story building include a lecture auditorium, nine lecture classrooms, 110 faculty offices, computer labs, student services areas, literacy center and an evaluation and assessment center.

The building has also been recognized for being eco-friendly. The U.S. Green Building Council gave recognition for how much the building is environmentally friendly.

“This building has proper shading, the landscaping materials are eco-friendly, the building was built to allow tolerant plants and it has a water efficient irrigation system," said Azhand.

Other features that make this building eco-friendly is that it has photovoltaic solar panels on its roof, sun shades, a reflective routing system and a desert-type landscape. It also has energy efficient mechanical, electrical, plumbing and equipment systems.

The feedback from students and faculty of the building has been mostly positive.

“People have commented on how the building is state of the art, its nice spaces, how accessible it is, good circulation, its functionality, and how aesthetically pleasant it is," said Azhand.

The building has many other features that make it stand out and is another reason it has gotten praise.

“It’s a signature building; the use of space in the grand lobby, orientation of the building, the energy efficiency. Those features make it a unique structure," said Azhand.

The CPDC has many works, exclusively on buildings or structures on the main CSUSB campus and the Palm Desert Campus as well.

In the past 22 years, CSUSB campus has constructed 44 individual buildings.

The campus is expanding with projects in places such as additions to the library and various other small construction projects. 
A neo-Nazi leader is reported to have been killed by his 10-year-old son, on May 1, in a Riverside home in the 5400 block of Lader Court.

The boy, who is not being identified because of his age, told detectives that he admitted to shooting his father, 32-year-old Jeffrey Hall, police said.

A Riverside Court document stated that the boy, "went downstairs with the gun, pulled the hammer back, aimed the gun at his dad’s ear while he was asleep and shot him."

According to the Los Angeles Times, Hall was the former director of the neo-Nazi National Socialist Movement in the Western United States, which is known as the largest National Socialist Party in the U.S.

Authorities say that the boy’s motive might have been to stop his father from beating him and his mother.

CA cuts back and overcrowded prisoners are set free

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to know that there is a prison about five minutes from my parents home, nev-er mind now that some are going to be released," said CSUSB student Lilianna Serrato.

"I worry about the well being of my youngest siblings. It’s frightening to think that any given day my family can encoun-ter a recently released inmate; the safety of everyone is being compromised," Serrato said.

"This landmark decision will not only help prevent prisoners from dying of mal-practice and neglect," said Donald Specter, director of the non-profit Prison Law Of-fice in San Quentin, "but it will make the prisons safer for the staff, improve public safety and save the taxpayers billions of dollars."

Although, just two days after the court ruling, an estimated 450 prisoners with a "high risk of violence" were released due to errors in a computer program designed to assist in eliminating the overcrowding problem, reported the Los Angeles Times.

These prisoners were part of a "non-revocable parole" system enacted in January 2010, which means the prisoners released do not have to report to parole of-ficers and can only be arrested if they com-mit a crime.

Justice Samuel Alito has said that the Supreme Court decision is "gambling with the safety of the people of California," re-ported ABC.

"I keep hearing that with the release of criminals, public safety will be ensured," said CSUSB student Juliesta Marquez. "I have yet to see how, and seeing that violent criminals have already been released, I’m more skeptical. Upon enacting a law, they should have already had a plan so it’s more effective."

The court’s decision aligns with Gov. Jerry Brown’s realignment plan that would transfer non-violent offenders to the care of county jails.

The Los Angeles Times reports that Gov. Brown’s plan would cost millions of dollars to be paid for in tax hikes, should California lawmakers pass it.

A plan that would ensure public safety after releasing the prison inmates has yet to be reported.

Judi Cruz gets let go

Judi was in my class, she was a fabulous student and a wonderful per-son. The African-American students are drawn to her, and I am really concerned for the students here. She should not be leaving and if she can’t be in the position, then open another one up for her," said Day.

According to Day, the SMSU is looking for an associate director of mar-keting and programs and will have a new director by June 30.

"We are looking for someone who can lead this program," said Day. "We want them to be a good leader and bring ideas to improve our resources to stu-dents."

Theatre Arts Professor Leslie Bryan was one of Cruz’s professors.

"Judi was in my class, she was a fabulous student and a wonderful person. The African-American students are drawn to her, and I am really concerned for the students here. She should not be leaving and if she can’t be in the position, then open another one up for her," said Day.

Many students and faculty commen-ted on Cruz’s behalf and are devastated by the recent news of her being let go.

"Judi doesn’t come for a paycheck, she comes for the students" said student Minder Thind. "I love working here be-cause of her."
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Opinions

Forget the day off, remember our heroes

Memorial Day should not be dismissed by the thrill of a 3-day weekend, summer barbecues and the Indy 500

By STEVEN AVILA
Staff Writer

M

emorial Day has come and gone, and while most of us typically think of family, shopping, barbecue and a well-deserved day off work or school. These are all great things, but these days, we would do well to remember just what the day really means. It’s more than a holiday and the start of the summer season.

Last year President Barack Obama, as reported by the Associated Press, said it was about remembering the sacrifice made by our fellow soldiers at Lexington and Concord.

“It’s what led patriots in each generation to sacrifice their lives, to secure the life of our nation, from the trenches of World War I to the battles of World War II, from Inchon and Khe Sanh, from Mosul to Marjaha,” concluded Obama.

For us college students, the days just seem to fly by with all the ridiculous amounts of work we have to do. So when a day like Memorial Day comes up, a lot of us are just concerned with the fact that we get an extended weekend.

I’m not excluding myself from this group. Like most, I don’t really take the time to remember and understand what a given holiday is truly about.

It’s not that we simply don’t care about these things, it’s just that in many ways we’ve become desensitized through TV screens and social networks. That, however, needs to come to an end for myself and all of us.

When we don’t make an effort to remember those who have fallen in the service of our nation, we run the risk of forgetting our collective past, if we ever knew it at all.

Take me, for example. Ever since my childhood I knew my grandfather and his brother were in the Army but I didn’t bother with details.

Imagine my surprise a few years ago, when his brother passed away, to find out that he was part of the legendary Normandy Invasion of World War II.

No one ever told me that over family dinner. He did not die during his service; he was one of the lucky ones.

The point is thousands like him have perished in the midst of combat, fighting for our freedoms and the freedoms of others.

That includes the current generation.

Many thousands of American soldiers have given their lives in Iraq and Afghanistan over the last ten years. Maybe you’re not always an overly patriotic person. Maybe you don’t always agree with the wars we’re in. There’s no shame in that.

However, we must understand that every person that we lose in the fight was once someone’s sibling, child, friend, parent or all of the above.

So what do we do to honor them?

We remember them. It wouldn’t have killed us to take some time out of our holidays to think of them, to salute them and pass on their legacy to those who will listen.

Perhaps more importantly, we honor them by putting aside the barbecue, the shopping and the Indy 500 for a few minutes to be proud of them.

Maybe you’ll be like me. Maybe you’ll discover something about a relative or friend you didn’t know, and then maybe we can all gain a little more appreciation for what they have truly given to us and what they will give to our future generations.

I hope you remembered this Memorial Day.

Flush out bathroom graffiti with Post-Its

By ANGELINA GARIBAY
Staff Writer

Graffiti on the walls of the CSUSB bathrooms. Are you kidding me?

I was shocked when I saw that people, presumably of age, had started a conversation of a philosophical nature on the walls of the bathroom stalls in the lady’s room.

Each day it mushroomed until the stall was almost completely covered and the custodial staff came and repainted.

The women’s restrooms are not the only ones that get defaced with graffiti; the men’s restrooms are just as bad, if not worse. You expect to see this kind of thing in high school bathrooms or a seedy dive bar, but to see it at a university is completely ridiculous.

There are other ways to get this need out of your system. If you’re in the bathroom and the urge seizes you to share your viewpoint, may I recommend a sticky note?

It’s a simple little product that can help you divulge your innermost thoughts without costing the college any money to remove.

Some individuals have taken this idea and developed campaigns for their causes by using sticky notes and leaving them in other conspicuous places.

“Help us improve the change working for you? Nobama 2012,” is a sticky note slogan that was, at first being left on gas pumps. It can now be found on grocery store shelves by the high prices as well.

Another sticky note campaign that was started in 2007 by Anthony Harris, a student of Morehouse College, challenged fellow students to complain about the problems they saw around the campus.

Harris’ campaign “Stick It to the House” envisioned a school smothered in Post-It notes in all the places where problems occurred. Notes about the dirty show-

ers in the showers, notes about lacking a stop sign at the intersection, etc.

However, my favorite sticky note campaign idea was developed by Caitlin Boyle called “Operation Beautiful.” Boyle started leaving encouraging sticky notes in the bathroom to build self-esteem and stop the self-destructive “fat talk” that women, looking in the mirror, tend to tell themselves.

“You are beautiful just the way you are!” surrounded by hearts on a sticky note can make anyone reconsider their self talk, men included.

These endeavors eventually prompted Boyle to create a website, operationbeautiful.com, where people can send photos of the sticky notes they have encountered. They also share how these notes have af-

fected them personally.

One particular story is told of an buli-

lim girl going into the bathroom to throw

up her lunch. She encountered a note which made her stop and think. She ended up get-

ting treatment and stopping that downward spiral in her life.

These stories have been gathered in Boyle’s book, “Operation Beautiful: Transforming Yourself One Post-It Note at a Time.” She also has a blog called Healthy Tipping Point (healthytippingpoint.com).

Graffiti is such a destructive avenue to express yourself. It’s childish and expen-

sive, after all, we students are the ones pay-

ing for the removal of it.

As and were you aware you could be ex-

pelled for damage to university property?

How about trying a more thought-

ful path to self expression through sticky notes? We all have something to say and the anonymity of Post-Its make it easy. Whether you are ranting at the machine, philosophizing, encouraging fellow stu-

dents or crying about your signifi-

cant other a sticky note can do the trick without the mess.

Join the conversation. Leave your comments at coyotechronicle.net
We’ve all been there. Sitting in a classroom for almost two hours listening to your professor read from a PowerPoint presentation that’s already posted on Blackboard. If not for an attendance, you most likely wouldn’t show up. Rather than wasting time in these classes, a better option is moving these classes to online only. With highly accessible technology and tuition at an all-time high, this is an efficient alternative.

With the potential additional $500 million budget cut to the CSU systems, tuition could be raised by as much as 32 percent starting fall quarter 2011 according to the CSU’s contingency plan. These costs do not include other rising expenses such as books, supplies and parking permits.

In addition to the flexibility, online classes are considerably cheaper for students and the university in comparison to classroom instructed courses.

To start, students would spend less gas traveling to school. Now that the gas prices are higher and expected to increase, driving to school has now turned out to be an expensive hassle.

Online courses could also offer more opportunities for students urgently needing a class. Not having to be limited smaller enrollment capacities, students could get their classes done on time with no setbacks.

“It’s self-paced and timely,” said student Phil Morrison. “I took all my prerequisites at Barstow Community College online and found it easier.”

However, there are mixed reactions among students and professors about the option of having more online courses.

“I would not say they work best for me,” said Psychology professor Kenneth Shultz. “I am doing it primarily to help students who are not able to attend regular on-the-ground classes. I personally would prefer to do in-person classes.”

People who opposed the idea of online classes believed that you learn more attending class rather than completing work through a computer.

“You have a better chance of learning in class,” said student Bridgette Garcia. “Online you get distracted.”

“I don’t think I’d like it,” said student Korben Corbett. “Teachers being there clear up what computers can’t.”

Though taking classes online has its flaws, I feel that they are necessary for many classes.

“I would like to see a few more online options for students, but my personal preference would be to continue to have the majority of classes in person,” said Shultz.

I couldn’t agree more with Shultz. General education classes where 200 plus students don’t get any face time with professors or interaction with students should be online.

The entire school shouldn’t be turned to a complete hybrid campus; however, more online classes should be offered to save time and money for everyone.

By CARMEN HERRERA
Staff Writer

Ditch classes, go online
Large general and lecture classes should be moved online

Do you have questions about going to graduate school? Do you have questions about getting involved in research?

CSUSB MARC Program
The CSUSB MARC Program (Minority Access to Research Careers) can help by providing peer mentoring for students in any health related major such as psychology, biology, chemistry, etc.

To set up a mentoring appointment contact: Brittan’s Washington, Program Coordinator
E-Mail: bwash@csusb.edu • Phone: (909) 537-5152 • Office: FO-180

CARMEN HERRERA
Staff Writer

Large general and lecture classes should be moved online

Ditch classes, go online
Get your fix and take a risk

Students reflect on some of the craziest things that they have done in the past

By CHERAN DINGER
Staff Writer

When was the last time you did something crazy and spontaneous? Recently I find myself asking this question and I was curious as to what the students of CSUSB would have to say about it.

It seems like when we were kids we were more reckless and did more stunts with our friends on the weekends. But now our lives are consumed with paying bills, term papers and rising gas prices.

“When I was a kid I used to do extreme walking with my friends,” said student Daniel. “It was basically doing jumps and stuff off the wall or jumping off benches.”

After seeing a live demonstration of extreme walking, it appeared to resemble skateboarding without the skateboard but performing all the aerobic tricks and more.

“When I was in South Africa I went sky diving, that was scary as hell,” said student Rebecca who told me she learned the hard way that she isn’t a thrill-seeker after she jumped out of an airplane at a few thousand feet.

When I asked students what crazy things they have done lately, a surprising number of students said they don’t do anything reckless anymore because they don’t have health insurance.

“Are you kidding me? I can’t afford to do crazy things, I don’t have coverage to live dangerously,” said student Tatiana.

I have always been someone who plays it safe. I don’t like scary movies, the idea of going on a roller-coaster gives me anxiety but I make up for being a chicken in other ways.

I love doing karaoke and stand-up comedy which are things that terrify some people.

“I’m way too shy and over think everything to do crazy things. It’s kind of sad…I should do crazy things more often,” said student Luke Pierce.

With daily stresses and responsibilities weighing on us maybe we should take some time to do something crazy from time to time.

“I do snowboard and that is crazy to some people does that count?” said Tatiana.

I’m not saying jump off a bridge or wrestle a tiger, but maybe ask out that guy or girl you like, or try something new that’s kind of crazy but fun at the same time, like karaoke.

“The craziest thing I have ever done is ask my wife to marry me,” said student Jeff. “I live life on the edge,” he said sarcastically. All the girls “oowwow”-ed and “awww”-ed at his answer.

It seemed asking students these questions lit a spark and has inspired people to do more fun things in their lives.

Life can’t all be about term papers and going to work. It should be fun and shared with people you love.

So go out there and do something crazy!

Eating, feeding and competing

Students test the endurance of their stomachs in different food challenges to win prizes

By YANETH HOIL
Staff Writer

Coyotes conquered giant five pound burritos, extra spicy hot wings and oversized banana splits at the ASI event Coyote vs. Food. There were three different challenges and the first place winners of each contest got to choose tickets for the amusement park of their choice.

The first challenge consisted of eating a five pound burrito in 30 minutes.

James Williams, one of the contestants said, “I didn’t eat anything yesterday because I wanted to have that hungry feeling for the competition; participating seemed like a good idea because I love food and can eat really fast.”

He admitted that it was his first food competition and wanted to try the event in order to become more involved in school activities.

“I like to be competitive but unfortunately I pushed myself too hard. I thought it was going to be fine but in the end I couldn’t hold it in,” said Williams.

Williams provided the crowd with what they came to see and even exceeded the expectations when he pucked his entire meal seconds before winning first place.

The crowd exploded with excitement and disgust as the contestant struggled to hold his food back but failed. “Everyone has to laugh at themselves. I’m not embarrassed because I gave the people what they wanted and I kept people entertained,” said Williams.

Melanie Ercia watched the contest closely and said that it was definitely an intense moment because Williams was really close to winning but he had to let it out.

Despite the queasy feeling she still found the event very entertaining.

The winner of second place for the burrito contest was Leo Monteon.

“I was expecting to win and anytime I get free food I go for it, participating was fun and the crowd turnout was impressive. See you next year!” said Monteon.

For the spicy hot wing contests students had to eat three plates of hot wings which got spicier with each plate, they had to finish each serving in two minutes or they would be disqualified.

The winners of the challenge were undecided until the judges ruled that Tireeka Watson won first place and the runners up had to battle for 2nd and 3rd place in a rematch.

“The dispute was disappointing because the judges were paying attention to the other side of the table and I’m a small girl so they probably didn’t think that I had a chance at winning,” said Watson.

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Dessert Challenge Winner:
Jeffery Chittenden

Five Pound Burrito Winner:
James Williams

Hot Wings Challenge Winner:
Tireeka Watson
Finding your focus for finals

By NIN GARCIA
Staff Writer

Finals are around the corner and while some of us suffer from “senioritis,” many of us need to get it in gear.

For many students, that means hours of studying supported only by coffee and occasional sugar filled study breaks. Not surprisingly, most of us are stressed and can’t wait for the quarter to be over since we are already feeling the pressure.

So what are a few tips that as a student can take to ensure your increase of focus and ace those exams?

About.com gives five “focus” tips that can improve your concentration. Always remember these acronyms, “F” which stands for “five or more rule,” meaning if you’re in the middle of a task and you are tempted to give up, just do five more.

In other words, read five more pages, finish five more math problems, or work five more minutes. By doing this you can build mental stamina because you are now attempting to push past the point of frustration.

“O” stands for “one thing at a time.” So, when you start to feel scatter brained, set a time frame on the certain issue you need to attack. For example, you can think about how you will pay your bills for half an hour, and worry about your presentation first.

If this does not work then write down a to-do-list, so you’re free to forget them. Recording worrisome obligations means you don’t have to use your brain as a reminder, giving your undivided attention to your most crucial task.

The “C” stands for “conquer procrastination.” Procrastination almost seems to be a disease among students, always putting of that project, or that homework assignment.

When you feel like delaying a responsibility ask yourself these three questions, “Do I have to do this? Do I want it done so it’s not on my mind? Will it be any easier later?”

This gives you the motivation to mentally apply yourself because they bring you face to face with a fact that this task isn’t going to go away, and delaying will only add to your guilt and make this task more annoying than you want it to be.

“U” stands for, “use your hands as blinkers.” Simple way to put this is cup your hands around your eyes so you have “tunnel vision” and are looking solely at your task, for example, your text book.

At times you can be bombarded by your surroundings so, placing your hands on the side of your face blocks out your surroundings to narrow your focus. This teaches your brain to switch to a “one track” mind.

Finally, “S” stands for, “see as if for the first time.” This might be the toughest to do in the easiest way. This aims for you to concentrate on the “here and now” and the present instead of mindlessly rushing everywhere.

Simply look around you and really see your surroundings. For instance, analyze the laughter in students as they rush past you to their next class.

Student Valerie Silvas said, “I have been falling behind, so I have been going to see my professors for extra help.”

If FOCUS doesn’t seem to help then remember there are other things such as calculating your time, get a good night sleep, or study in different locations.
CSUSB students describe their “end of the world” plans

As the world continues people ponder what they would do if they knew the end was near

By BRENT THOMPSON  
Staff Writer

You may have noticed that the California preacher Harold Camping’s prediction that the world would come to an end on May 21 passed without incident.

Camping now claims that his May 21 prediction was “an invisible judgment day” in which a spiritual judgment took place by God. He now proclaims that Oct. 21 will be the day that Earth will be consumed by a fireball.

“We’ve always said May 21 was the day, but we didn’t understand altogether the spiritual meaning,” explained Camping. “May 21 is the day that Christ came and put the world under judgment.”

This isn’t the first time Camping has had to backtrack and explain the reasons why his predictions of the Rapture didn’t come to pass.

The independent Christian radio host also made such predictions in 1994, but later explained his inaccuracy was based on mathematical miscalculation.

For the buildup of his May 21 prediction Camping’s nonprofit Family Radio bought advertisements on 5,000 billboards and 20 RVs, all of which came from donations, proclaiming its Rapture message.

The nonprofit organization reported in its IRS filing in 2009 of having received $18.3 million in donations with total assets of more then $204 million, with $34 million tied up in stocks and publicly traded securities. You would think that with all that money the last thing that Camping would want is the end of the world.

The funny thing about Americans is that we love far fetched tales of conspiracy theories, Y-2K mayhem and end of the world predictions.

This isn’t the first, nor the last time that some individual will come out of the woodwork and proclaim that judgment day is at hand.

“I think our society likes conspiracy theories and predictions about the world ending. Things like that seem to be in our nature for some reason,” expressed student Samantha Westerfeild.

Since the beginning of the 20th century there have been hundreds of such predictions, and many more before that. But why is our society so prone to giving a date to the end of the world?

Some have suggested that Christianity and other monotheistic religions anticipate the end of time and search through ancient information, the Mayan 2012 calendar for example, for a date to make a prediction as to when the world will end.

“They don’t believe in such predictions,” explained Yunho Kim a foreign student from Seoul Korea.

“We all are a part of nature and tied to everything and we should always be peaceful and wish for peace on Earth in the future, not looking for the end of it.”

Kim’s friend, Jaewon Hong a Christian from Seoul Korea, had a different take.

“It will happen one day. We can’t predict the day but we have to get ready for it. On that day I will be praying for all the non-Christians and their souls.”

Yet, someday the world will end. Scientists tell us that in five billion years the Sun will become unstable and end all life on Earth.

So far the closest Earth has come to such an experience occurred during the Mesozoic Era, in which a mass extinction event wiped out the dinosaurs and over 80 percent of living organisms.

So let’s imagine that an asteroid, a mega quake or divine being was about to make the world as we know it come to an end. What would some of our fellow students do? What yearning desires, life long ambitions, or fantasies would they partake in before the end?

“The biggest thing that I would want to do would be to play guitar on stage with Slash. I have to do that before the world ends,” said student John Quill.

“I would go bungee jumping, skydiving, travel to London and get that tattoo I always wanted,” said student Kimberly Heideman.

“I’d probably go to the beach. I love the ocean and would want to see it one last time,” said student Taylor Holetich.

“If the world was going to end I would just want to be around the people I love. There’s no need to go out and do anything crazy,” said Glen Wild, who works on campus and provided the most common response by those who were asked.

“I’d get married. I don’t have a boyfriend but I would find some hot guy that I would have never had the nerve to walk up to before and ask him to marry me. It would be sad to die alone,” said student Breonna Gentry.

Walking around campus and inquiring about what my fellow students would do if the world was to end made me ponder about what I would do.

There’s only one answer. I would hang out with Elvis and leprechauns in Atlantis while we mathematically predict the true date the world will end.
Local tradition debuts to a larger crowd

The Inland Empire’s Saturation Fest continues to bring out more talent and more people as the vent grows every year

By EILEEN GUTIERREZ

As the day cooled into evening, the art scene in the Inland Empire sprang to life for the opening night of Saturation Fest.

Saturation is a bi-yearly “do-it-yourself” four-day festival. The event gives local bands and artists from the Inland Empire and beyond an opportunity to showcase their unique talents.

In 2001, Alaka Whelan started Saturation Fest as an experiment to feature local talents. The event has steadily grown year by year, from a few hundred to almost 10,000 people.

Saturation is organized in order for artists to display their work in a welcoming and encouraging local environment.

“Our concerts, exhibits, workshops and events are a prime opportunity for the audience to participate and create an experience,” says the organization on their website.

The event, which is held at several locations along University Avenue and Lemon Street, featured artwork from over 40 local artists. There were musical performances from three bands at the different venues.

In downtown Riverside, artists have the chance to show their works in Back to the Grind Coffeehouse, one of the main venues for the fest. The walls and base- ment were lined with original artwork.

The Back to the Grind Coffeehouse filled as time went on. By eight o’clock, there was a small crowd surrounding the doors to get in.

The inside featured many art vendors that showcased their work for purchase. The artists created knitted objects, uniquely designed white tees and leather flowers.

Most of the artwork in the coffeehouse featured a feminist ideal. Many of the subjects were strong powerful women.

In the basement, a piece band played in the background as people conversed with each other and examined the artwork.

Three bands played at the coffee- house: Clepto, Paul & Eric and Father-in-Law, who came all the way from Oakland.

A few pieces in the basement specifically caught my attention. One was a collection of photographs featuring two women dressed in flapper attire situated in a sleeping quarters on the train.

Another specific piece in the main lobby of the coffeehouse stood out. A Native American was portrayed vibrantly with hues of browns, her hair covering her chest. At the corner of the picture was Hello Kitty, native style.

At the Blood Orange Infoshop, a few doors down from the coffeehouse, the BOIS Opening Night was underway. Up a steep flight of stairs and in a small and cozy room, a band played on the floor as spectators sat near them.

This downtown storefront is one of many that displays flours for the varied types of artists and events at Saturation Fest.

Artwork by Eleanor Alvarez lined the walls of the room as incense burned. Alvarez is known for her mixed media artwork, and some of her pieces included avocado skin as her main media.

The weekend featured an Art Supply Swap and Craft, a Print workshop, and different shops to learn crafts. There were 11 venues along downtown Riverside. Times and locations varied with what was featured.

Saturation Fest is an eye-opening weekend for those not familiar with modern art and different types of music. The crowd is fairly warm and welcoming, ready to share their talents with others and be admired for their hard work.

The festival is proof that the Inland Empire really is a cornucopia of unique and alternative talents.
Lonely Island brings hilarity to hip hop

By RENEE ETCHEBERRIA
Staff Writer

The Lonely Island, the popular comedy/hip-hop trio The Lonely Island is bringing continued laughter into the homes of many with their hilarious and refreshing routine.

The Lonely Island includes SNL regulars Andy Samberg, Jorma "Jorm" Taccone and Akiva "Kiv" Schaffer.

Their hit parodies and YouTube videos have moved into the mainstream, and their unique and often profane sense of humor make it hard not to laugh.

Some of their more well known hit sensations include "Motherlover" and "3-Way," which featured Justin Timberlake and Lady Gaga.

Their hit parodies and YouTube videos have moved into the mainstream, and YouTube videos are downright hilarious.

The trio has been together since they were in junior high, where they first started creating comedy skits, short films and music parodies.

They grew up loving hip-hop music, yet none of them could sing nor play an instrument. So with creativity and uniqueness, the friends combined music and comedy to create what is now known as The Lonely Island.

The notion that they are three white guys from California who rap isn’t the reason they’re funny. They’re funny because, simply put, their songs and videos are downright hilarious.

Taccone, who has produced a majority of the group’s songs, mentioned to the Los Angeles Times that they are only comedians and not professional rappers.

"This was never about making fun of rappers," said Taccone in an interview with the Los Angeles Times. "We wanted to tell jokes in a musical way and can’t play instruments or sing.

This is surely not the last we will hear from The Lonely Island, and one doesn’t have to wait for the next season of SNL to find out what is next for the trio.

For more information, visit thelonelyisland.com.
Students, staff, faculty and the San Bernardino community came together to dedicate 10 beautiful ironwork art pieces to Chancellors Park at the intersection of Kendall and Campus Parkway.

The artwork sculpted by students and staff of CSUSB’s Art Department represents several animals from the San Bernardino region.

“Fauna Inlandia” title of the artwork in Chancellor’s Park features 10 metal sculptures of birds, deer, a rabbit and a black bear interacting with their environment.

Richard Johnston, a professor of art at CSUSB, created two large deer, while Katherine Gray, a CSUSB assistant professor of art, sculpted four red-tailed hawks and two small deer.

CSUSB students Matt Hillseth, Pat Farrell, Fernando Lugo sculpted a baby black bear, a rabbit and a hummingbird.

The project also includes a ceramic tile mural which is located along campus Parkway.

The ceramic mural, “Desert Life Water,” was created by Cal State San Bernardino assistant professor Alison Petty Ragguette.

The 256 square feet of stoneware clay tiles are handmade and set into a column that rises 16 feet high with each side at four feet wide.

The mural in all its beauty has details where each side connects visually to the next. One panel depicting turbulent water flows, another a coyote drinking moon tears, the next a river flowing from the sun as it spawns hummingbirds, with the largest of them feeding on a giant raindrop above a garden in a fourth panel.

Developer James Watson and his wife, Judy Rodriguez Watson, longtime supporters of the art department, backed the project up financially.

“The faculty and students are doing fantastic work and public art is having a real impact on our community,” said Sant Khalsa, Chair of the CSUSB Art Department.

Fifth Ward Councilman Chas Kelley said, “The installation, which features artwork resembling area wildlife, is a way to ‘lay out the welcome mat’ to new residents.”

The ironwork art gives students, staff and people in the community an incentive to walk the park.

“The school is the city’s jewel,” said Watson, in joining a chorus of support for CSUSB and its art department.

The artwork in the park is a simple reminder of the loyalty and dedication students and staff from the art department have for the CSUSB.

By ADRIENNE MOORE
Staff Writer

At Cal State San Bernardino,
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Three CSUSB volleyball players took their talents to Highland, as they took it upon themselves to offer lessons, and encouragement to others at the local YMCA.

Seniors Kate Barton and Krista Hasemeyer, and sophomore Danielle Newcombe partook in several drills in which they taught local kids the fundamentals of proper passing, setting, and hitting.

When asked what motivated them to be a part of the event, the girls were more than happy to respond.

“I just think it’s important to show them at a young age what they can achieve,” said Barton.

“This is a great opportunity to reach out the community. Why not give back?” added Hasemeyer.

The ladies stressed the importance of showing these girls that education is extremely important, and that through sports, they can help others.

“I just think it’s important to show them that education is extremely important, and that through sports, one could find the motivation and learn the skills that will enable them to succeed in school,”

“They can teach you life lessons. Sports can teach you patience, dedication, and perseverance,” said Danielle Newcombe.

The girls began the day by showing the children proper passing techniques.

They thoroughly explained the position one must take, and the technique one must use in order to deliver a perfect pass.

The girls were all smiles, but they let the kids off easy.

Initially, the girls passed amongst themselves, shouting instructions, and taking questions in the process.

The kids were then divided into two groups, and were drilled hard.

With patience, and perseverance, the girls were able to correct the children when they were wrong, going over the proper form and technique until they were satisfied with their performance.

Children who struggled significantly were pulled aside individually and were given personal lessons until they felt confident, and were passing like pros.

The next drill, which involved setting, presented a challenging technique.

Under this drill, the children were taught to anticipate the ball in a monkey-like pose, prepare to push it up in a moose-like pose, and ultimately push it up, finishing off posing like superman.

Initially the children had a difficult time adjusting to these new concepts.

However, with accurate and precise instruction, the girls were able to mold the kids into set up machines in no time.

Lastly, the girls set out to teach them how to hit.

This drill was the most complicated as the kids had to focus on, not only hitting the ball properly, but setting their feet, and setting their arms properly as well.

One child, who struggled more than any other, was pulled aside by Krista Hasemeyer.

Despite the child’s struggles, Hasemeyer continued to offer encouraging words and did not allow her to leave until she was able to perfect the technique.

Kathleen Kjellberg, Teen Zone Coordinator at the YMCA, shared her thoughts on the kind of impact the girls could potentially have on the children.

“I think it will have a huge impact. To bring the Cal girls in and see them listen and improve is exciting,” said Kjellberg.

Chris Harvey, Sports Coordinator at YMCA, explained that while volunteer coaches attempt to teach the kids similar techniques that were taught to them by CSUSB’s coaches, the fact that collegiate players were able to share tips and skills made the experience much more enjoyable and motivational for the kids.

Overall, it was an inspiring, and gratifying day for the staff at YMCA, the three CSUSB volleyball players and most importantly for the children involved.

Three CSUSB volleyball players, Kate Barton, Krista Hasemeyer and Danielle Newcombe, visit the Highland Family YMCA.

Danielle Newcombe shows local YMCA member, Brooklyn Hearn, the proper footwork and technique for digging out hits.

Krista Hasemeyer helps YMCA member, Lauren Petrosino, prepare her for a game-changing point.

This week in Sports:

May 30, 1894
Boston Beaneaters’ Bobby Lowe is the first player to hit four home runs in one baseball game.

June 1, 1938
Protective baseball helmets are worn for the first time by batters.

June 2, 1780
The world’s first ever derby horse race, the Epsom Derby, was held in England.

June 3, 1980
ESPN begins televising college World Series games.

Coyote Jock Talk
Playoffs action
For NBA and NHL playoffs commentary, stay tuned to Coyote Jock Talk, as we break down match-ups and make bold predictions.

coyotejocktalk.blogspot.com

SPORTS TRIVIA
Each week the Coyote Chronicle will try to stump the students with sports trivia. The answers will be given the following week in the next issue. So get your sports thinking caps on.

Phillies second baseman Wilson Valdez earned a win for the Phillies May 25, who was the last position player to earn a win before Valdez?

Sports

Before you kick the sport’s bucket

All sports fanatics have dreams of witnessing epic sports moments, but they cannot be achieved unless they’re on a bucket list

By MACKENZIE VON KLEIST  Staff Writer

Before the last strike out, final touch down, the last whistle blown and before you go belly up, make sure you check some things off of your list.

You know you want one or maybe you already have one, bucket lists are an easy way to get you through that boring lecture and a great list is ever-lasting.

While before I die I want to accomplish many things, I feel these sports items will definitely be some that I want to do and quite possibly may accomplish.

These are some of the must dos for any sports fanatic.

**Attend a Lakers playoff game and sit courtside**

In reality most of us have the chance to attend a Laker playoff game (unfortunately not this season), but with Los Angeles so close to home and the games being so much fun this is a definite thing that could happen for anyone close to this area.

In fantasy land, I would be able to afford the courtside seats and sit amongst the celebrities, courtside seats go for about $30,000 apiece during the playoffs when the Lakers played the Celtics.

**Attend a man’s world cup soccer game in England**

I have had the fortune of attending the women’s world cup in 1999 when I was eight which was one of the best experiences of my life, but seeing a men’s world cup in a foreign country would top it all.

Sooner or later the most popular sport in America makes it, for me anyways, not as exciting to go to the games here in the US. In a foreign country where “football” is part of the rich history, watching this sport from a huge sold out stadium surrounded by English accents would be an unforgettable experience that I would like to have one day.

**Go to a Red Sox vs. Yankee game at Yankee stadium**

One of the biggest rivalry’s in sports, and seeing it at the incredibly famous stadium is something that anyone would want to see.

I would be terrified to support either team while at the game, but it is fun to see how other fans are about their rivals.

We see enough of it here in L.A. with the Dodgers vs. the Angels but the rivalry is perhaps one of the greatest celebrated in baseball, let alone sports history.

**Meet and take a picture with Miles Austin, Wide Receiver for the Dallas Cowboys football team**

Being the biggest fan ever of the Dallas Cowboys, I would very much like to meet Miles Austin. Not only based upon his talents as an athlete and his incredible break out season in 2009 but also as a young women who finds him extremely attractive. What a hunk!

His 81 receptions in the 2009 season were good for 15th in the league and tied for eighth in a season in club history, according to Dallascowboys.com.

A picture is worth a thousand words, and a picture with Austin would be priceless.

**Attend the Daytona 500**

Although I have never in my entire 22 years on this earth ever watched a NASCAR race, I feel and thoroughly believe it would be a very interesting and riveting sport to watch.

How anyone can sit and watch 42 cars circle a track for 500 miles is astonishing and something that I would definitely want to see before I die.

According to Daytona.com, it is the most expensive race in NASCAR and also has the highest rating of any NASCAR race on television.

**Attend an Ohio State vs. Michigan college football game**

If you are unaware of rivalries in sports, this one by far tops them all. A whole HBO special was dedicated to these two teams and thoroughly discussed the rivalry between them.

Not having a football team here at CSUSB, we are unable to experience the college game day lifestyle that other students get to understand.

**Go to the Kentucky Derby**

I have never been to a horse race and have never thought to do or see before. It brings everyone together no matter what you’re a fan of the Dodgers or Angels, your undoubtedly cheering on the US.

Life is about experiencing and submersing yourself into different situations and exposing yourself to things you may have never thought to do or see before.

**Attend the Superbowl**

Who wouldn’t want to attend a Superbowl? Better yet, since the installation of the new and better improved Dallas Cowboys stadium the game day experience would be amazing to see and be a part of, no matter what teams are playing.

**Go to a World Series Game**

Attending a World Series game is one of those things that are different than any other regular season game. It is a part of America’s past time and something special to be a part of.

**Attend the Winter Olympics**

Olympic Games are different to most sports because you have the entire USA cheering on the same people that you want to win.

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Life is about experiencing and submersing yourself into different situations and exposing yourself to things you may have never thought to do or see before.

Hopefully in my lifetime I will be able to cross of half of these items to truly have a fulfilling unique life.

Pace your Saturdays

By ANNETTE VERDEJO  Staff Writer

The San Bernardino Pacers provide the community with a positive and fun club to train for marathons or just to get some exercise.

They’re a local fitness club that meets every Saturday at the Farmer Boys on Kendall and University Parkway at 7 a.m. They encourage new participants to come and meet them for their hour long run/walk followed by breakfast at Farmer Boys.

The Pacers are devoted to promoting fitness and good health by encouraging people of all walks of life to come out and run/walk with them. There is no specific fitness level that participants have to be in order to train with the Pacers.

You might be thinking that they only have the same route on Saturdays, but they actually do special outings to Lake Gregory, the Inland Empire and Arrowhead in and around the Loma Linda area.

Their dates and times for special outings will be posted on their website sanbernardino pacers.com. Some of their easier routes are right here around campus.

Have you ever tried to do a fitness program by yourself and failed? A group is usually more productive when trying to reach certain goals because you have the encouragement of others to help you meet your target time and distance.

“Having a group makes your bodies stronger, but having the support of a crowd of athletes makes our minds stronger,” according to dailymlive.com

Each Saturday, from 8 a.m. until the Pacers are the club that they help participants train for marathons and special events. They have training regiments which include beginning runner, daily running/walking, maintenance, marathon training and marathon recovery.

Those of you that have trained for and run marathons know how vital a recovery period can be for your body.

The organization was started in 2000 to prepare participants for the LA marathon. In the beginning there were only 20 members, but now, over 10 years later, that number has doubled.

For those Coyotes that live more towards Redlands and Loma Linda and do not want to drive all the way to San Bernardino on a Saturday, there is a similar running club in Loma Linda, called “The Loma Linda Lopers”.

The Lopers have been around for 30 years and have seen people in pink shirts walking or running, those were Lopers.

The Lopers meet on Sundays at 6:30 a.m. at the Drayson Center on the Loma Linda campus. The Lopers are different than the Pacers because they have up to 700 members that participate. If you have ever been in Loma Linda on Sunday and have seen people in pink shirts walking or running, those were Lopers.

Students could train with the Pacers or the Lopers if they want to participate in the Iron Coyote which is a complete Ironman Triathlon that takes place during the spring quarter. Students have until June 2 to complete the challenge.

Whether you prefer running/walking, it’s important to have some sort of physical exercise in your routine if you want to live a healthy life.
It’s $110 for anyone who is affiliated with CSUSB and $130 for anyone who is not affiliated with CSUSB. There are many giveaways and prizes to keep the day rolling. Included in the payment is: the green fee and cart, free drink coupon, continental breakfast, banquet luncheon, a goody bag, massages, silent auction, prize holes, and tournament shirts. Winners of prize holes will be determined by who has the longest drive, and who gets closest to the pin. Such prizes will be decided by sponsorships, with anything from dinner to gift cards.

If you’re a football fan you may be interested in going to this event as well as a guest appearance will be made by former NFL running back Leonard Russell and former NFL defensive back Greg Williamson. Russel played in six NFL seasons from 1991 to 1996 for the Los Angeles Rams and the San Diego Chargers. Meanwhile, Williamson played in the 1987 season with the Los Angeles Rams.

Registration online is possible, but it is also possible to register on the day of the event. There will be breakfast served on the morning of the event while registration is held.

The event starts with a putting contest, followed by the shotgun start which is a scramble format. A shotgun start means participants will all begin at the same time on different holes and will continue to end at the same time. A scramble format means that every team member hits at the same time and the team chooses the best shot to use and every member hits a shot from there and repeat. A banquet luncheon will be held at the end of the tournament while the silent auction will be available for anyone during the whole event.

It will be a great day of golf and fun and the proceeds go to a good cause, it’s a win win situation.