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Drinks get you wired, leave you tired

By MACKENZIE VON KLEIST
Staff Writer

We see them in gas stations, in grocery stores sold by the crate and even here in our campus bookstore. Energy drinks, have become the driving force behind the real studying of CSUSB students. Some students say that without these fountain of youth drinks that give us the surprising boost of energy that we need to pass that Bio 100 exam, we would not be able to max out our energy for the night to study. But what are we really fueling our bodies with?

Energy drinks are high in sugar and are good for short-term buzz, according to medpagetoday.com, as they stimulate your nervous system quickly, which usually makes you feel more energetic, at first. However, the surge in energy is brief sugar is used up in a short period of time and the consumer is often left feeling even more fatigued than they were to begin with.

Students ‘Squeezed from All Sides’

By HECTOR GAMA
Staff Writer

Just when we thought things couldn’t get any worse, more budget cuts will be applied to the CSU system, and tuition will continue its rapid ascent toward the heavens. Recently, CSU Chancellor Charles B. Reed joined fellow California higher education leaders California Community Colleges Chancellor Jack Scott and University of California President Mark Yudof at an Assembly Budget Subcommittee Hearing Feb. 14 in Sacramento.

The three leaders discussed the potential effects of proposed budget cuts of at least $1.4 billion on the three systems.

While Reed agrees with Gov. Jerry Brown’s decision to immediately address the state fiscal problems, he made the point that continued reductions in funding to higher education will reduce the rate of recovery in the state’s economy, ultimately placing the future of California at risk.

Reed also stated that the reinvestment in higher education will drive the state’s economic revival.

With a reduction of at least $500 million in the horizon, Reed indicated that a tuition increase passed by the CSU Board of Trustees this past November will alleviate some of the pressure.

The cram study session of the night that kept you up until 7 a.m. with energy drinks is only going to leave you more exhausted in the morning.

Caffeine has known side effects in adults, such as increasing the heart rate, insomnia, anxiety, as well as laxative affects.

However, the side effects of caffeine within children and young adults are unknown.

“Adults livers can metabolize caffeine better than children,” said Professor Dorothy Chan-Maynard, “However, caffeine stays in children’s systems much longer.” Since energy drinks are considered a supplement, no food and drink regulations are not applied to these beverages.

Most energy drinks, including the ones sold here on campus, like Monster and Red Bull, contain the same amount of caffeine that a Starbucks coffee has, in some cases, triple the amount of caffeine.

Wise alumni advise ‘Yotes

By LINDSEY MARTINOVICH
Staff Writer

In today’s job market, “it’s all about who you know and who knows you,” said Diane Podolske, CSUSB’s Director of Community-University Partnerships and Service Learning.

“This (forum) is the students’ opportunity to do that.”

The Science Networking and Recruiting Forum that took place Feb. 16 was separated into three main events, all offered in the Santos Manuel Student Union (SMSU).

The first event featured a panel of alumni who are now professionals in the field of both life and applied sciences. The alumni provided firsthand stories of how they achieved success, the hardships they faced along the way, and tips on the best ways to handle both.

They also opened the floor for a question and answer segment.

With fear in their voices, some of the students asked the alumni what to do if they don’t succeed, or what to do if they can’t succeed.

The alumni answered them with reassurance that they too once shared these fears, but with all the resources and opportunities provided by CSUSB, it’s nearly impossible to not succeed.

Knowing that the speakers were alumni set an inspirational tone to the event. It gave the students in the audience a sense of encouragement and comfort that they too will make it in the corporate world and survive the feared life after college.

Super Sunday reaches out

CSU targets Black churches to encourage youth to attend college

By ANGEL BELTRAN
Staff Writer

The annual event, which is now in its sixth year, has been dubbed “Super Sunday,” which takes place every February and this year hundreds of churches have been added to the itinerary in order to increase the educational attainment percentage amongst African-Americans.

“...gives higher education [administrators] a chance to talk to the community about the importance and value of receiving a higher education,” said Katherine Doss, executive assistant of Saint Paul African Methodist Episcopal (AME) Church in San Bernardino.

Only about 24 churches were included in the first year of “Super Sunday,” now it has gradually increased to include over one hundred.

According to the CSU “Super Sunday” website, this year’s events (which took place on Feb. 13, and this upcoming 27) include 55 churches in Northern California, five churches in Central California, and 40 churches in Southern California.

CSU Board of Trustees member Lou Monville spoke at the first date of the “Super Sunday” events on Feb. 13 at St. Paul AME Church in San Bernardino.

“Parents need to create an expectation in their children that they will go to college.”

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Panel presents changes in the Arab World

By OMAR GUZMAN
Staff Writer

Tension continues to rise in the Arab nations as the world is looking to see how the recent uprising in Tunisia, Egypt and more recently Bahrain will result.

CSUSB panelists discussed “Changes and challenges in the Arab world” focusing on key issues such as historical preservation, media effects, and political influence.

The event which was hosted by World language and Literature professor, Dany Doueiri, featured anthropology professor, Anne Bennett, along with communication studies professor, Ahlam Muhtaseb and faculty executive board member for the Center of Islamic Studies, Kevin Grisham.

“If our country genuinely supports the call for reform, then we will be able to redeem ourselves as honest brokers and supporters of democracy. If on the other hand, we keep supporting dictators, then the Arab population is going to be more critical of our foreign policy and will accuse us of hypocrisy and double standards,” said Doueiri.

Bahrain is the latest country that is being influenced by these protests. According to Sam Sanders and Anup Kaphle from The Washington Post, “The revolts in Tunisia and Egypt helped galvanize the protests to demand more concessions from the ruling family Isa al-Khalifa.”

The fact is that Hosni Mubarak and Zine El Abidine Ben Ali were allies with the U.S. (despite their autocratic styles of government), but now that they are out of power many are looking at how or if the U.S. will continue to support these countries, especially if they want democracy to work in these nations.

“Many misconceptions of the Arab world is that it is viewed as a unitary actor and that it needs ‘strong men’ as leaders, in fact the Arab world consist of a wide range of cultures and with different political systems and as it so happens ‘strong men’ might not be as well suited to run a nation, which should be left for the people to decide,” said Grisham.

The local Arab population has been very supportive, because they understand the struggles the people in Egypt are going through, but although they are optimistic they are also hesitant of their future.

“If you look at Yemen, Bahrain, and Jordan you can notice that the people in those countries are seeing it as a call to arms saying if they can do it, so can we. The protesters in Egypt see that their desires are not just for them but for people around the world,” said Grisham.

The next steps for Tunisia and Egypt are going to have to be open Democratic elections more inclusions of support groups into the progress, and especially more economic progress as well. Statistics show that there is a very large youthful population between the ages of 20-30, which were born after Hosni Mubarak stepped into office. “It is these same people with larger access to new technologies that began questioning how people come to power,” said Grisham.

“In these cases we can see how social media has influenced the uprising in Tunisia using Twitter mainly and Egypt using Facebook,” said Muhtaseb. He continued, “We also notice how it was the younger population that really helped to begin this social unrest.”

“Egypt is a very important place for historical religious artifacts that hold so much of its culture within its museums, and its citizens want to continue to preserve the significance of their museums,” said Bennett.

“The change for the Arab population is imminent, there is no going back. However the timing is unsure, whether change will happen in the three years or three months is unknown. But hopefully everything will happen peacefully,” said Doueiri.

“Because of this news, locally more Arab-Americans are being involved in U.S. politics,” said Grisham. “Oversees however will what most likely happen is dramatic political change, but what will also happen is that more young people will be involved in political processes and maybe even included in leadership positions.”

The fact that we are supporting this revolution that came about in a peaceful manner, which went directly against the violent governing methods of authoritarian rule by other dictators, really points to a positive future between America and these changing nations.

“The local Arab and Islamic communities have reacted with a mixture of hope and rejoices, but also cautiousness and they continue to write to the political representatives to remind them that the revolution is only one step toward the long struggle for democracy and human rights,” said Doueiri, “There are many other nations such as Saudi Arabia, Jordan, Algeria, Bahrain, even Palestine that are being affected by this revolution. There have been provisional shake-ups, everything is trickling down.”

Doueiri said there are many different steps that are being taken by the U.S. to cope with the uprising news in Tunisia and Egypt. “There is a lot of academic and non-profit support for the revolution and people are viewing more and more the news of Al Jazeera to get the most accurate news of the Arab world.”
CSU officials head to the masses

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CSU officials are heading out to predominantly Black churches like St. Paul AME here in San Bernardino to spread the importance of higher education.

Alumni offer message of hope

Alumni came and advised current Coyotes with tips on heading future employment.

Education cutbacks, military spending cuts, and a bullet train proposal are just a few of the many aspects outlined in President Barack Obama’s budget plan for the fiscal year, which was released Feb. 14.

The plan offers a dire financial future for the country, but sheds light on the Obama administration’s attempt to cut back on a number of institutions to alleviate a national debt that has climbed into the trillions.

“A decade of deficits, compounded by the effects of the recession, as well as the steps we had to take to break it, as well as the chronic failure to confront difficult decisions, has put us on an unsustainable course,” stated Obama in an address to Congress. “That is why my budget lays out a path for how we can pay down these debts and free the American economy from their burden.”

One of the main tenets of the new budget plan is the proposed cutback in year-round Pell grants.

Pell grants provide college aid programs for students who come from low income neighborhoods. According to the budget plan, in order to sustain the Pell grants at their current level, grants for summer programs will be cut.

The proposed cutback in year-round Pell grants will reportedly be around $96 billion over a period of a few years. Despite the clamoring for cuts, the budget forecasts the upcoming yearly deficit at around $1.6 trillion.

The following year’s deficit will shrink to about $1 trillion.

In a speech at a middle school in Baltimore, Obama said that while changes in spending need to be made, the country should not halt everything. He also stressed bipartisan support for the plan.

“While it’s absolutely essential to live within our means, while we are absolutely committed to working with Democrats and Republicans to find further savings and to look at the whole range of budget issues,” said Obama. “We can’t sacrifice our future in the process.”

One of the noticeable parts of the budget plan is the planned decrease in military spending.

The Pentagon has reportedly requested about $670 billion for the nation’s armed forces, which is a decrease of 5.8 percent from the previous fiscal year. There are many people here at CSUSB who support the reduction of funding for the nation’s armed forces, including student Allison Keen.

“If that part of our spending is less active, then it should be cut a bit,” said Keen.

Another part of the budget plan is the proposal for a high-speed rail system, which coincides with the President’s plan to have 10 percent of the nation’s population using bullet trains in the next 25 years.

The proposal has seen an increase in opposition in recent months.

Both advocates, including the Obama administration, say that an increased dependency on the system will lessen the dependence on foreign oil and reduce traffic congestion. The budget plan states that it should be paid for, but does not explain how.

Republicans responded to the budget plan by denouncing it as unrealistic and unacceptable.

“The President's budget reflects a complete lack of seriousness about our present fiscal crisis,” GOP chairman Reince Priebus said in a statement.

“If this is our generation’s Sputnik moment, then the White House clearly hasn’t gotten the message,” chair of the White House clearly hasn’t gotten the message,” GOP chairman Reince Priebus said in a statement.

“The visits are especially critical in the Inland area, where unemployment remains far above the national average,” said Monville.

Upcoming local “Super Sunday” events include Church of God in Christ in Riverside, Ecclesia Christian Fellowship in San Bernardino and Principles of Faith in Fontana on Feb. 27.
Ecstasy users, get your facts straight

By ERIKA MARTINEZ
Staff Writer

There's a growing controversy about the distribution of information cards outlining how to minimize the potential harms of Ecstasy.

Specifically, health officials want them handed out at raves where Ecstasy is the drug of choice.

According to The Los Angeles Times, the L.A. Department of Public Health has come up with the fact card which explains the physical effects of Ecstasy, the risks involved in its use and how to reduce these risks, including the choice of not to take the substance at all.

I'm for the distribution of these fact cards. Parents don’t want to know what goes on at raves, and they certainly don’t like the idea of local youth taking Ecstasy.

But one group of people does want to know, the L.A. Police Department.

A local raver who goes by the name of Yoshi had this to say “In a way, I think they should distribute fact cards. But at the same time no because the cops will be searching for use more strictly.”

According to ArcadiaPatch.com, Supervisor Michael Antonovich of L.A. County is opposed to the idea of “educating the youth on how to take drugs.”

A spokesman for Antonovich says “abstinence from the drug,” is the only thing that should be said. But writing that on the fact card will be largely ignored; the youth already know they shouldn’t take Ecstasy; they don’t need a card to tell them they shouldn’t.

Los Angeles is just taking precautions so another case like that of 15-year-old Sasha Ardalani, who died of an Ecstasy overdose, won’t happen again.

Ardalani had taken Ecstasy at the Electric Daisy Carnival in L.A. in 2010, when she felt ill and was rushed to the California Medial Hospital Center.

With another massive rave called Wonderland kicking off on March 19, the L.A. Department of Public Health wants to make sure they at least inform party-goers about the risk of taking Ecstasy.

It is about informing the public about the drug, but I can’t help but wonder maybe it’s just the L.A. Department of Public Health thinking, “Well if someone gets hurt, at least we told them so and gave them a fact card.” Maybe it’s so they feel a little better.

Ecstasy is illegal for a reason, and although there are those who ignore that, hopefully the fact card can inform them in some sense, because in the end it is their choice to take it.

Proposed law justifies killing of abortionists

By MATT EDGERTON
Staff Writer

South Dakota has some of the most obstructive abortion laws in the country, and one of the lowest abortion rates in the nation.

Now they want to take it a step further and justify the killing of abortion providers.

According to motherjones.com, the bill sponsored by state Rep. Phil Jensen (R-South Dakota), a committed foe of abortion rights, would alter the state’s legal definition of justifiable homicide by adding language stating that a homicide is permissible if committed by a person “while resisting an attempt to harm” that person’s unborn child or the unborn child of that person’s spouse, partner, parent, or child.

While San Bernardino county has a low rate of abortions and a less strict system of laws regarding abortion, this legal definition could travel through the states if Jensen’s bill garners any more support, it may encourage similar pro-life extremists in California to pursue such legislation.

If the bill passes, it could, in theory, allow a woman’s father, mother, son, daughter, or husband to kill anyone who tried to provide that woman an abortion—even if she wanted one.

As stated above, South Dakota already has some of the nation’s strictest laws on abortion, to elaborate on just how strict they are I’ll outline the process. Since 1994 there have been no abortion providers in the state.

Planned Parenthood flies a doctor in from out-of-state once a week to see patients in a Sioux Falls clinic. Women from the more remote parts of the large, rural state may have to drive up to six hours to reach this one clinic.

And under state law women are then required to receive counseling and wait 24 hours before undergoing the procedure.

Before performing an abortion, a South Dakota doctor must offer the woman the opportunity to view a sonogram. And under a law passed in 2005, doctors are required to read a script meant to discourage women from proceeding with the abortion: “The abortion will terminate the life of a whole, separate, unique, living human being.”

Until recently, doctors also had to tell a woman seeking an abortion that she had “an existing relationship with that unborn human being” that was protected under the Constitution and state law. Doctors were also mandated to inform that abortion poses a “known medical risk” and “increased risk of suicide ideation and suicide.”

In Aug. 2009, a U.S. District Court Judge threw out those portions of the script, finding them “untruthful and misleading.” However, in response to the courts ruling, the state has appealed the decision.

If the strike down stands, that is going to make it impossible to get one by making it so difficult that the task becomes insurmountable to the average person.

This approach in my opinion is not only underhanded but also a violation of personal freedoms and worthy of reproach.

Moreover, there is no logic to this bill; they are going to make it impossible to get one by making it so difficult that the task becomes insurmountable to the average person.

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Obama’s budget doesn’t cut it

By ANDREA BRANDSTETTER
Staff Writer

President Barack Obama has unveiled his 2011 budget proposal to Democrats and Republicans.

As expected, it has received both cheers and boos – all of them loud.

For me, the president’s proposal is promising, but deeply flawed.

Let’s start with the good.

According to The Wall Street Journal, Obama’s proposal would include spending cuts which would significantly reduce federal earmarks. This is something I strongly support.

With this measure in place, there should be far less assisted state spending projects. For instance, the $1.9 million water taxi service that was approved in 2009 for Pleasure Beach, Connecticut – a ghost town with a population of zero.

I also approve of the president’s six-year, $53 billion initiative that would create a high-speed rail system. American commuters desperately need transportation when it comes to transportation. Traffic has become a daily nightmare in more densely populated states. Just ask any Californian.

Obama’s proposal also provides extended tax breaks for the middle class. These tax breaks are vital for many Americans who are struggling to survive in today’s bleak economy.

According to The Washington Post, Obama’s $3.8 trillion proposal will result in a $1.56 trillion gap between the government’s revenue and spending.

Worse, it is estimated that the national deficit will nearly reach $1.3 trillion as of next year, resulting in the government borrowing 33 cents of each dollar it spends. What these numbers reveal is downright scary.

It’s reasonable for areas like education, national security and others to receive a substantial amount of funding, but does Obama really believe that a trillion-dollar spending proposal is going to reduce the deficit?

I certainly don’t. The Wall Street Journal reported that Obama’s proposal would result in spending cuts equal to a little over $1 trillion. This is positive, but it’s simply not enough. Not given the staggering statistics that were previously mentioned.

Let’s be realistic here. If Obama is serious about reducing the deficit, deeper spending cuts need to be made.

What other options are there? Oh yes, higher taxes.

The rich are already complaining about having to possibly pay higher taxes. If the middle class is forced to pay more, we all know how well that will go.

So unless Obama wants to commit political suicide by raising the taxes of more Americans, I firmly believe that deeper spending cuts would be the lesser of the two evils.

Of course, enacting these cuts poses various other risks, particularly to Obama and Democratic politicians who hope to get reelected in a couple of years.

However, in our political age politicians from both sides of the aisle seem more concerned with staying in power than finding common-ground solutions to America’s financial problems.

14th Amendment shouldn’t harbor illegal immigrants

By RACHEL CANNON
Staff Writer

Sometimes, our own laws can have a serious negative impact, unforeseen by those who originally wrote them with positive interests in mind.

One of the most widespread and damaging of such policies is our current interpretation of the 14th Amendment which makes any baby born on U.S. soil an American citizen, regardless of the status of his or her parents.

While this sounds great in theory – heartwarming even – the reality is that this draws millions of illegal immigrants to our lands to give birth to what have come to be known as “anchor babies” – citizens which give their illegal families extra incentive to stay in America and thus continue to drain our educational and medical systems, as well as other institutions.

As a result of illegal immigration, we have seen the closure of many hospitals and medical centers due to being unable to provide care for the increase in patients. Schools and prisons alike are overcrowded, and our economy is in a mess so great it may take years to clean up.

Fortunately, David Vitter, a senator from Louisiana, is spearheading new legislation which will change our interpretation of the 14th Amendment, giving long overdue respect to the line which states that only “persons born in the United States, and not subject to any foreign power,” are citizens.

Read that second part again. “Not subject to any foreign power.”

This line is often “conveniently” forgotten or ignored by pro-immigration activists, but inclusion of this line is essential to understand the intention of the writers of our Constitution. They wrote this amendment on behalf of the children born in the U.S. to slaves, cruelly brought here from Africa against their will – not families who criminally entered our nation in direct violation of our laws.

As Vitter has pointed out, this interpretation does have legal precedent.

In the 1884 case of Elk v. Wilkins, the Supreme Court ruled that Native Americans did not have U.S. citizenship because they owed allegiance to their tribe, not the United States.

(It was only 40 years later, when Congress passed the Indian Citizenship Act, that Native Americans were determined to be U.S. citizens.)

We need to drop our double standard and get back to the true interpretation of this vital amendment.

Proponents of illegal immigration argue that this change would break up families.

The reality is, however, that people assume that risk by breaking the law in the first place. If they want their families to stay together, they shouldn’t cross illegally or use their children as pawns in this political game.

Deportation breaks up families, yes, but so does incarceration for offenders who commit any other crime. It’s a sad situation, and certainly not the child’s fault, but still a necessary consequence for a parent’s crimes. Illegal immigrants should be no exception to the law.

I am in full favor of a person’s right to pursue a better life for oneself and his or her family. But when that’s done illegally, leading to such dire results as an impaired economy and the other hardships we’re facing in this country, a line is crossed.

The American Dream is attainable, but it’s for those who are willing to achieve it the honest way.
Geeks, Games, and Gadgets

We take the hassle out of browsing the tech scene to bring you weekly news and our views on the wide world of phones, computers, TVs, games, and the Internet.

By ERIC BROWN
Managing Editor

Net neutrality hits the congressional quagmire

After the FCC voted 3-2 to establish a new set of access rules for Internet Service Providers (ISP) the House of Representatives voted yesterday in a left-right posturing move to block funding for the FCC’s proposed rules.

While big players like Verizon and MetroPCS have already begun to challenge the FCC, one thing is clear: more is to come regarding net neutrality.

With the blocking of funds to be overturned in the senate or vetoed by the president, it is reassuring to know that the issue is back on the table and in the hands of the slow, yet protective hands of Congress, as opposed to the feeble and money-grubbing hands of the FCC and ISP’s respectively.

Man outmatched by machine at Jeopardy!

With chess gurus subdued long ago, IBM’s newest artificial-intelligence robot, Watson, has recently defeated two previous “Jeopardy!” champions in a highly televised and marketed stunt earlier this week.

Parts of the Internet community have called the show a hoax - possibly a public relations stunt for IBM - but the fact remains that IBM has showed it can step it up.

IBM is trying to change its image from the drab grey of its dull history to a hip and attractive company like Facebook, Google or Apple.

Recently IBM has been parading Watson around college campuses, having students test the intelligence of the unit in many different scenarios and games. With a new boom in IT, IBM is opening its doors to college grads who know machines.

However, should we be worried that Watson has vanquished humanity?

No - not yet at least. Time magazine predicts that 2045 is the year when machines will out-think and outnumber humans, but for now machines are still just making and spending our money, not ruling our lives.
**Attack of the Zombies**

By ANGELINA GARIBAY

Staff Writer

The campus is safe for the time being; the humans are victorious and the zombies are all dead. They starved to death. But this is only a game, with around 75 CSUSB student residents signed up to play Humans vs. Zombies (HvZ) on campus at the beginning of the quarter.

The game HvZ is a phenomenon played on college campuses around the world, similar to a game of tag. The purpose of this game is for the residents to meet new people in the dorms and apartments; the game lasts longer than the traditional mixer.

Vanessa Sandoval, CSUSB freshman, said that people in the apartments don’t mingle with the dorm residents much. She hopes that next quarter more people will get involved and that will make it more fun.

The goal of the game is to eliminate the zombie population. The resident participants signed up in the housing office, logged in to the HvZ website, humansvzombies.org, signed a liability waiver and then got a human wristband or a zombie bandanna.

Zombies have a voracious appetite and have to eat one human every day or at least share one with another zombie. If they don’t have their one human per day, the zombies die.

After humans have been eaten by zombies, they become zombies too and are marked for the game with their own blue bandanna.

The plan of escape from a zombie attack is to run from the zombie with either a Nerf ball, darts from a Nerf gun or even a sock. This renders the zombie helpless for five minutes while the human runs for cover to the dorms or an academic building, otherwise known as the safety zones.

The game goes on all the time, so the humans have to be on their guard for possible attacks wherever they are.

At the end there was a count of around 40 dead zombies.

That is great news for the humans since our way of life has been preserved. Possibly attacks wherever they are.

Vanessa Sandoval, CSUSB freshman, said that people in the apartments don’t mingle with the dorm residents much. She hopes that next quarter more people will get involved and that will make it more fun.

The HvZ website is an interesting place to look around. They have a map of the world that shows where all the games are going on. There’s a forum to connect with foreign zombies and even a shop with zombie paraphernalia.

The game was invented by Brad Swain and Chris Weed, a couple of college students from Goucher College in Maryland.

After they started playing the game, the news spread through photos on Flickr and YouTube videos. It also spread to other countries through students who study abroad.

Now HvZ is being played on military bases, summer camps, high schools and public libraries. This game is so popular, a horror movie, starring Madison Burge of “Friday Night Lights,” is being released this June.
I use to hate fish. Not just the way they smelled or tasted, but the way they look at you even when they’re dead, really bothered me.

So naturally in my adolescence I stayed as far away from fish as I could. My mom made it easy, and would cook separate meals for my sisters and me whenever she was in the mood for fish.

But as we got older, my mom no longer had the temperance to keep cooking separate meals and decided that we eat whatever she makes.

It’s a good thing she did. She broke us from our regular order of chicken and beans and Spanish rice. However, my little stint working in a fish restaurant left me with a rancid smell on my clothes, car and hair that just made me detest this sea critter.

But, I’m the youngest of three girls, so it was only natural that I follow in their footsteps and eat what they did.

This brought me to my romance with fish. All kind of fish too, tilapia, salmon, among other varieties that come in the form of sushi.

In fact, sushi was my inspiration this week. I stuffed my face full of rice and fish. I ate eight rolls of a Route 66 which was by far my favorite, what with its baked salmon and imitation crab, cucumber and rice; it was sea critter heaven!

I didn’t stop there and I didn’t have any intentions of doing so. I also had a couple of baked mussels, and by a couple I mean five. In my defense I don’t like to see food left behind on the table.

I mean fish kind of tastes like chicken for the most part and it’s healthy for you. Probably not the amounts that I had but still it’s a good source of Omega 3s. What that’s good for, I have no idea, but I’m sure it means something.

I do enjoy things like tilapia baked with green onion, fish sauce, and cilantro, or salmon with lemon and rice. It’s one of the few foods that doesn’t leave me feeling extremely guilty. Besides that it’s one of the only foods that I found easy to cook.

Either way I think that bringing along some gum or breath mints would save you some unwanted breath encounters, because fish smells whether it’s in your mouth or not.

Pucker up and give fish a chance. You can always add lemon any way.
Dead man walking at CSUSB

By JESSICA RAMIREZ

El Club Teatro Universitario in Español brings to you “Johnny Tenorio.”

This is a play about the womanizing drug dealer Tenorio who doesn’t realize he is dead until he is confronted by his victims on Dia de Los Muertos, also known as Day of the Dead.

The play takes place in a bar in Texas. After Tenorio is in a confrontation he realizes that he was murdered by the husband of one of his lovers. He also learns he must seek forgiveness from one of his victims in order to save his soul.

Just like his victims, he discovers he is just another memory on this Hispanic holiday.

“Johnny Tenorio” was the Spanish theater club’s 2011 choice for its featured play. The play is a spinoff another classical play in the Hispanic culture, “Don Juan Tenorio.” This year’s play will provide a good twist for its audience.

The play was organized by Spanish professor Dr. Rafael Correa and Ericka Minguela, president and member of El Club Teatro Universitario.

“We perform every year, either in winter or spring. This is a spinoff another classical play in the Hispanic culture,” said Student and main protagonist Itzel Viramontes.

The play was one of the plays the club performed last year. The club performed “El Club de los Novicios” and “Paradise Lost.”

“Johnny Tenorio” is the Spanish theater club’s 2010 production.

Individuals do not have to join the club to be part of the productions. They can take Spanish Practicum: Drama/Production and receive two units for participation.

El Club Teatro Universitario will perform “Johnny Tenorio” a spinoff of the classical play “Don Juan Tenorio.” Admission is free and will be held on Feb. 24 and 25.

On your mark, get set, Go!

The Relay for Life officially kicked off on Feb. 17 to raise awareness for cancer, and spark people’s interest to help out.

This is a 24-hour event and tons of volunteers are needed for the planning committee, to serve as team captains and to work with the cancer survivors who attend the event.

The Relay for Life is the American Cancer Society’s (ACS) signature event, and will be held here at CSUSB on the Pfau Library’s front lawn on April 30 and May 1.

According to ACS, “The American Cancer Society is the nationwide, community-based, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer, through research, education, advocacy, and service.”

Every day approximately 1,500 people die from cancer in the U.S. and about 3,400 people are diagnosed with some type of cancer each day reported about.com.

The ACS provides information on getting back on their feet and conducts research to find cures and to fight back so that all people have the chance to fight with quality health care.

An example of one of the service provided is the Get Well-Patient Service. This service provides people with free programs for those who have been diagnosed with cancer.

The assistance they provide includes rides to and from treatments, Cancer Survivors Network for support and beauty products for patients to help them regain confidence.

Their mission is to save lives and create more birthdays. This is an amazing opportunity for those of us who are healthy to support people who are fighting for their lives or for the lives of people they love.

As of Feb. 17, according to our CSUSB relay website, so far there are no participants, and there has been no money raised, but we still have plenty of time!

If you are interested in being a part of this event, please contact Adrienne Record of the ACS at (951) 269-3370 or by e-mail at Adrienne.Record@cancer.org.

Features

Students stepping out for a second chance at life

By KATI PATAG

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Esperanza Spalding has listeners finding fusion

By COURTNEY RINKER
Staff Writer

Esperanza Spalding is giving Jazz a sexy new comeback.

Spalding shocked the masses on Feb. 13 when she became the first Jazz artist to win Best New Artist at the Grammy Awards—triumphing over more widely known artists such as Justin Bieber, Drake, Mumford and Sons, and Florence and the Machine.

“I certainly did not expect to even be considered for that type of nomination,” Spalding said. “Me being a little old jazz musician and everything.”

No one else expected it either. Spalding is an independent—her music is not nearly as mainstream as other artists around.

“The barriers aren’t what they were before,” said Dave Hansen, general manager of Epitaph Records. “Great artists can break through without getting airplay from that small handful of [major] radio stations or MTV.”

Spalding grew up in Portland, Oregon and has been surrounded by music since being a child. Her mother, who was nearly a touring musician herself, was her biggest inspiration.

Spalding has been possessed with musical mania since the age of four, when she watched cellist Yo Yo Ma perform on “Mister Rogers’ Neighborhood.”

By the age of five she was playing the violin, by 14 she played both the oboe and clarinet, before discovering her instrument of choice, the bass.

By age 15 she had already become a concert master.

Among her many talents, Spalding is also able to sing in English, Spanish, and Portuguese. She might even be considered a musical prodigy.

At 16, after obtaining her GED, Spalding was the youngest bass player in the music program at Portland State University. She received a full scholarship to Berklee College of Music, in Boston, Mass., graduated at age 20, and was immediately hired on, becoming one of the youngest professors in the institution’s history.

During her time at Berklee, Spalding enjoyed much professional success. She toured with Patti Austin on the Ella Fitzgerald tribute tour “For Ella.” At the same time, she studied with saxophonist Joe Levano, eventually touring with him as well.


Spalding has also collaborated with artists Fourplay, Stanley Clarke, Christian Scott, Joe Lovano, Nino Josele, Nando Michelin and Theresa Perez.

Spalding believes Jazz fusion is a “wonderful arc that started 40 years ago where people kept incorporating modern sounds into their music” but is concerned that it has lost its street value.

There’s so much incredible music — evolving, pre-existing — that is rocking all over the world, and a lot of people just aren’t aware of it,” said Spalding in an interview with The Examiner.

Jazz sensation Esperanza Spalding might be a newcomer to mainstream music but her Grammy Award symbolizes the rebirth of fusion.

Upsets and surprises highlight 2011 Grammy Award ceremony

2011 Grammy’s mark the year of the underdog, as indie artists steal the show

By CARMEN HERRERA
Staff Writer

Artists from all genres gathered to celebrate music’s biggest night as the 53rd annual Grammy Awards took place on Feb. 13. The awards season continued in full affect as the night was filled with shocks and surprises.

The nights biggest winners came as an upset as country trio Lady Antebellum took home the Grammy for Record of the Year and Song of the year, beating such favorites as Eminem, Jay-Z and Katay Perry in both categories. The trio also dominated the country genre as it won Best Country Album and Best Song.

Perhaps the night’s biggest shocker came in the Best New Artist category, as jazz musician Esperanza Spalding defeated the popular teen icon, Justin Bieber. This win caused an immediate backlash by Bieber fans, as E! Online reportedly attempted to hack Spalding’s websites in anger.

Bieber himself was shocked about his loss saying, “I’m not going to lie. People were expecting me to say something else, but I’m disappointed.” Bieber also acknowledged Spalding saying, “I’m really excited for her. She worked hard.”

Indie rock band Arcade Fire also scored an upset win, as their album The Suburbs was awarded Album of the Year, defeating Eminem and Lady Gaga who were heavily favored to win.

English alternative rock band, Muse, took Rock’s top honor as the band’s album, The Resistance was named Rock Album of the year.

The night’s shocking winners Esperanza Spalding and Arcade Fire have become increasingly popular as they both became trending topics on Twitter.

Their wins have boosted the independent music genre as they won the ceremony’s top honors.

“A lot of the jaws that hit the floor when those two categories were announced were those of independents,” said Jim Selby, the executive of independent Nashville label Naxos of America, “Independent artists have become trending topics on Twitter.

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Time Warner aims at cable station domination

Time Warner Cable has reached a 20-year broadcasting deal with the Los Angeles Lakers, estimated at $3 billion.

By BRANDY MONTOYA
Staff Writer

The Los Angeles Lakers have struck a deal with Time Warner Cable to create two regional sports channels that will impact cable television in the greater L.A. area.

Basic cable viewers may have to say goodbye to the Lakers, as the 20-year contract with Time Warner will take away games that aren’t nationally televised from the local stations.

Another problem for viewers is TV distributors have to pay in order to carry sports networks and it drives up rates for subscribers.

Beginning the 2012-2013 NBA season, the deal is going to take away Laker games from Fox Sports West and KCAL- TV, the two cable companies who hold the current rights to the Lakers.

The plan is for one of the two planned channels to be broadcast in Spanish and have its own production team rather than just being a feed from the English channel.

Currently, KCAL carries 41 games to some 620,000 homes of the 5.67 million homes in the L.A. market.

The terms of the deal with Time Warner Cable have not yet been disclosed. Time Warner Cable dismissed the rumor that the 20-year pack has a value of $3 billion.

Fox Sports stated that the Lakers offer “would have paid them one of the highest local TV rights fees in professional sports. We did not believe that going higher was in the best interest of our business or pay TV customers in Los Angeles, who will bear the cost of this deal for years to come.”

Time Warner Cable has about 2 million subscribers in just Southern California. Time Warner Cable started with the Lakers but it surely isn’t ending with them; they are seeking to expand.

The company would be “looking at all available sports in the market place,” said Melinda Witmer, the executive vice president and chief programming officer of Time Warner Cable.

Witmer also stated in an interview that snagging the Lakers was part of their desire to “control our economic destiny.”

The 53rd Annual Grammy Award Winners include Lady Gaga, Arcade Fire, Eminem and Lady Antebellum.

The ever-popular Usher won his fifth Grammy for Best Male Pop Vocal Album for Raymond vs. Raymond. The album won three Grammys, including Best Pop Vocal Album, Best Male Pop Vocal Performance, and Best Pop Vocal Album.

The company will be releasing “I’ll Be There” and “Come Over” from the album in the coming months.

The world’s most popular rapper, Eminem, took Best Rap Solo Performance as well as the award for Best Rap Album. "Lose Yourself" from the film Eight Mile won the award for Best Rap Solo Performance.

Radiohead stole headlines in the music world by announcing that they will be releasing their newest album, titled The King of Limbs, on April 5.

Radiohead drummer Phil Selway teased fans by saying they might release a new album “or throw it all out” back in September causing die-hards to weep simultaneously, from possible joy or possible heartbreak—or maybe that was just me.

Unlike with In Rainbows, Radiohead is charging fans this time around for their new album. The UK group’s debut album, Kid A, was released in 2000 and earned Radiohead two Grammy Awards for Best Rock Album and Song for their work in their collaboration “Woke Up.”

The ever-popular Usher won his fifth Grammy for Best Contemporary R&B Album for the multi-platinum Raymond vs. Raymond that spawned his ninth number-one hit “OMG.”

While Eminem was seemingly robbed of winning Best Album and Record of the year, the rapper was not left empty-handed, as he took two Grammys for Best Rap Album for his number-one record Recovery and Best Rap Solo Performance.

The night also honored Aretha Franklin with a tribute of her astounding legacy. Singers Christina Aguilera, Jennifer Hudson, Yolanda Adams, and Martina McBride paid homage to the Queen of Soul by singing a medley of her classical hits. Franklin, who is currently hospitalized, thanked her fans via satellite and promised to be at next year’s Grammys.

Ginuwine’s growing pains

By JENNIFER PETERS
Staff Writer

Ginuwine no longer wants you to ride his “Pony,” so much as he wants you to take him seriously with his new album Elgin.

This is the seventh of his career. The new album title is Elgin, after his real name, was released Feb. 15, 2011.

After battling emotional roller-coasters with the death of both parents in 2000, Ginuwine has his own favorite song titled “Drink of Water” from his new album.

The concept of being relevant is very important to him because he has been continued.

Radiohead’s surprising weekend release

By GRACE GARNER
Staff Writer

Radiohead stole headlines in the music world by announcing that they will be releasing their newest LP, titled The King of Limbs, on Feb. 19.

Indie music website Pitchfork bumped Arcade Fire’s Grammy win for their album The Suburbs below Radiohead’s big news, blasting the indie-turned-mainstream accomplishment into oblivion.

The band has been long overdue for an album; their last LP In Rainbows was released in 2007.

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Unlike with In Rainbows, Radiohead is charging fans this time around for their new LP. The King of Limbs will be available to purchase digitally for $9.99 Feb. 19.

You can also order a special deluxe version, what the band calls “the world’s first Newspaper Album,” for $48 which will ship on May 9 and will include “two 10-inch vinyl albums, one CD, ‘many large sheets of artwork, 625 tiny pieces of artwork, and a full-colour piece of oxo-degradable plastic to hold it all together,’” according to Spin.com.

You can buy your copy at www.kingoflimbs.com.

53rd Annual Grammy Award Winners include Lady Gaga, Arcade Fire, Eminem and Lady Antebellum.
Never say never to Bieber

By GRACE GARNER
Staff Writer

The 53rd Annual Grammy Awards had people around the world cracking, roaring, and flocking over the grand entrances and stunning performances.

On Sunday Feb. 13 the Grammy’s aired on television. The show opened to melodic blended tyranny of pop, country, rock, jazz, hip-hop, and Gospel genres and concluded with a quartet of divas belting out an Aretha Franklin tribute.

“I’m like on cloud nine,” said Jennifer Hudson in reply to Matt Elias, an MTV Journalist: question referring to rehearsals for the Franklin medley with Christina Aguilera, Martina McBride, Yolanda Adams, and Florence Welch.

Lady Gaga had everyone cooing, as she cracked her raw personality on the red carpet. She rapped the usual carpet-walk, by arriving in an eggshell structure, and remained in it until she goo gooed her song “Born This Way,” on the Grammy’s stage.

Lady Gaga exits a womb-like contraption for another of her spectacular entrances.

“Justin Bieber: Never Say Never” has all the elements a good story needs (teen mom, natural-given talent, etc.). We get to see a picture of him no one ever has before.

Sure, Justin Bieber is a teen idol who I believe is in peril of being eaten alive by some of his fans, but he’s also a humble boy with a big heart who’s trying to live as normal as he possibly can. He has a support group including an always-there mother, an adorable set of grandparents, and friends from native Canada to stars like Jaden Smith and Usher, who calls him his “little brother.”

This 16-year-old star is not going anywhere, at least not anytime soon.

All I can say to all those Justin Bieber haters out there is this: Never Say Never.

“Born This Way,” on the Grammy’s stage.

Ginuwine grows into stallion

around so long his musical abilities need to evolve and keep up with the changing tides of the music industry.

Fans can expect a change from Ginuwine as it appears that he has matured a lot from his very sexually explicit lyrics. “I think that I am a little more aware of what I say versus me being as carefree as I was back in the 90’s.”

Ginuwine also goes on to say that, “I’m not subjecting my kids or my wife to humiliation or stuff that they can’t be proud of their dad or husband for.”

He has focused a lot of his efforts to help out newly emerging artists. “I think as the artist that I am I’m supposed to give back and educate younger dudes and females coming out in the business,” Ginuwine said.

Many fans are hoping that this album shows more of the R&B flare that he had in the 90s. “I’m excited that he has come out with another album, I really hope that this album is more like those from the 90’s because that’s when his music was bumbing,” said student Giana Devian.

I personally enjoyed the musical vibe that Ginuwine gave off in a lot of his earlier works, and I hope that this new album does embody some of those characteristics. He has mastered his style of artistry, so why mess with a good thing?

Ginuwine has released a number of platinum albums and singles in his musical career. There is no reason to think that this album will fare any different.

Continued from Pg. 11

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Lady Gaga exits a womb-like contraption for another of her spectacular entrances.

Jaden Smith and Justin Bieber perform a collaborative track on stage.

Cee-Lo Green and Erykah Badu share the stage with a lively Muppet ensemble.

Grammy performances keep viewers buzzing

By SHARONDA HARRIS
Staff Writer

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Rising pop-sensation Justin Bieber, child prodigy Jaden Smith, and the OMG man himself, Usher, graced the Grammy’s with a stellar performance.

Bieber performed thrice. He showed off his strumming skills as he serenaded the audience with an acoustic variation of “Baby.” Next, he faced off with Jaden Smith as they performed their choppy single “Never Say Never.” Then, Bieber hooked up with his mentor U-S-H-E-R, and the pair pop-locked to “OMG.”

Nicki Minaj pounced on the red-carpet with a leopard ensemble, wildcat fantasy-hair, and a feisty attitude.

“This outfit is a masterpiece by Givenchy; and what they made for me, is just a miraculous piece of-- lioness meets up with another raven, wildcat fantasy-hair, and a feisty attitude. "I think that I am a little more aware of what I say versus me being as carefree as I was back in the 90’s." When a muppet symphony accompanied. Many fans are hoping that this album shows more of the R&B flare that he had in the 90s. "I’m excited that he has come out with another album, I really hope that this album is more like those from the 90’s because that’s when his music was bumbing," said student Giana Devian.

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Experts discuss effects of popular energy drinks

Considering caffeine’s laxative effects, high amounts of caffeine in energy drinks plus you sitting in class for a two hour lecture equals you running to the bathroom and barely making it.

With midterms ending and finals around the corner energy drinks are becoming the best friend to students who and those late night study sessions.

"Before midterms or any big test I like to cram and pull all-nighters with energy drinks," said Kamerin Bateman. "Monster drinks and Redline’s give you basically enough energy to stay up all night even though you are exhausted from the day."

Energy drinks are marketed to hundreds of countries and according to Yahoo! News, energy drinks constitute the fastest growing segment of the U.S. beverage market, with sales expected to exceed $9 billion in 2011.

With so many Americans consuming these energy drinks, many questions are arising as to if these drinks are affecting us in the way we are expecting them to, or if they are actually harming us.

According to Florida pediatricians, cases of seizures, delusions, heart problems and kidney or liver damage occurred in people who had downed one or more non-alcoholic energy drinks—brands like Red Bull, Spike Shooter and Redline.

"I don’t condone drinking energy drinks, Three of my friends had to get their stomachs pumped for having a caffeine overdose."

Student April Moreno

The mandatory costs, including rising health care costs, as well as increases in energy expenses, however, will cost the University an additional $50 million, according to the CSU’s website.

When asked how he was being affected by the rising tuition, student Alex Gomez said, "Honestly, it makes me upset how the students are seemingly being penalized for being students." Gomez continued, "I’m trying to better myself, to make something of myself, but every time tuition increases, I become more discouraged."

A recent report from the non-partisan Public Policy Institute of California predicts that the state will be short one million college graduates needed in 2025 to fill the jobs that require a BA according to the report Squeezed from All Sides.

"What we set out to do is make clear how hard this crisis is hitting students," said Patricia Gandara, author of the report Squeezed from All Sides. Another recent study from the National Center for Public Policy and Higher Education projected that by 2020 California would begin to see an 11 percent reduction in its per capita earnings if the state was not able to immediately increase the number of college graduates.

"Squeezed from All Sides" shows students are struggling to finish college as tuition soars, and class options decline.

The report concludes that this generation of students is paying much more and getting much less than those who came before, thus threatening the future of a state that needs a one million increase in college graduates, according to UCLA’s Civil Rights Project web site.

When asked what solutions she felt would be more appropriate in solving this crisis Gandara said, “We think the appropriate thing to do in California is have a real, honest conversation with voters to see what kind of state they want to leave behind for their kids and grandchildren.”

She continued, “We should make more revenues in order to make an investment in the kids because they are our future.”

For more information on CSU’s growing financial crisis and “Squeezed from All Sides”, visit calfac.org

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For more information contact Brittani Washington, Program Coordinator
E-Mail: bwash@csusb.edu • Phone: 909.537.3162 • Office: FO-180
The best baseball player on the planet, and possibly in the history of the game, will become a free agent after the 2011 season.

St. Louis Cardinals first baseman Albert Pujols, reported to spring training and both Pujols and the Cardinals have acknowledged that all negotiations have ceased until the season is over. Pujols is without a doubt the most valuable and most consistently great player in baseball right now. He is the only player in history to obtain at least 30 home runs and 100 runs batted in while maintaining a .300 batting average over the first 10 years of his career. However, it is very unlikely that he will be the best player in baseball for the next decade considering he is already 31 years old.

Two of the greatest baseball players of their time, Babe Ruth and Hank Aaron both showed dramatic loss of power once they hit their mid-30s, but then again, this is a new era of baseball. The two sides had been negotiating a multi-year contract extension for the past month. However, Pujols wanted to stop the contract negotiations so it would not be a distraction for the team.

Now that sets up a free agency period where teams will be drooling over the prospects of being able to sign one of the best baseball players in the history of the game. Or will they?

Pujols is reportedly seeking to be the highest paid player in the history of MLB with a 10-year, $300 million contract, although the slugger recently denied the amount of money involved, it limits the amount of teams that could afford Pujols. The Yankees are the biggest spending team in free agency every year. But they already are pretty set at first base. Mark Teixeira, I’m sure you’ve heard of him?

Also they have the last biggest contract in MLB history in Alex Rodriguez. At the age of 32, Rodriguez and the Yankees inked a 10-year $275 million contract in 2007.

He is now 35 years old and the Yankees feel a bit hamstring by the size of the contract. Then the Red Sox would love to jump at the chance to sign Pujols right? Wait, they just traded for and are going to sign first baseman Adrian Gonzalez to a multi-year mega deal.

OK, ok, but there are still other big spenders like the Mets and Dodgers right? Actually no, the Wilpons, the owners of the Mets, are in the middle of a lawsuit stemming from the Bernie Madoff scandal that, if they lose, may end up costing them around one billion dollars.

They are not in a place to spend that kind of money right now. And the Dodger’s owners, the McCourt’s, are in the middle of a divorce and are not adding that type of money to their payroll right now.

What about the other LA/Anaheim team? Well, the Angels lost out on free agents Carl Crawford and Adrian Beltré this offseason so it does not look like they are willing to break the bank for any one player either.

That leaves maybe one team, the Cubs, who can afford to pay Pujols the 10-year, $300 million contract he is reportedly seeking.

But would Pujols really ditch a perennially successful franchise, the Cards, for their bitter rival and perennial loser, the Cubs? I do not think so.

So while many Cardinal fans are horrified at the thought of Pujols leaving and want the Cardinals to just pay him whatever he desires so they can guarantee that Pujols will be a Cardinal for the rest of his career, I do not think it is worth it.

A 10-year, $300 million contract will prevent the Cardinals from being able to sign any other good players and will almost guarantee that they would not be able to compete for the last five to six years of Pujols contract.

While Pujols is the single most valuable individual, he is not more valuable than the three to four players the Cardinals would be able to sign with the money they did not use to sign him.

Milwaukee first baseman Prince Fielder is also set to become a free agent after this season. It is a possibility that the Cardinals could sign Fielder plus a couple other players who would more than compensate for losing Pujols to another team.

Meanwhile, it might be real hard for Pujols to find a team willing to give out a 10-year contract of such magnitude.

Looking like the Cardinals have the advantage now right, and are trying to give themselves the best chance to win for years to come.

The Coyote girls are staying on the ball. With a rough start for the season, the women’s softball team won nine games in a row, and are in second place of the CCAA, chasing the top two teams that are tied for first:

UC San Diego and Sanoma State.

The first two games were played against Cal Baptist.

“Our girls played amazing the first two games,” said head coach Tracy Duncan. “Just because we lost didn’t mean we played bad. Cal Baptist is top in the nation. We played a great game, but it just wasn’t our day to win.”

Coach Duncan finds her team to be motivated, mature, and adamtant to win.

“Our goals have been the same since day one,” said Duncan. “We hope to win Conference and go to playoffs.”

Out of the 12 teams in the conference, the only top eight advance to the playoffs.

“I think people are now starting to recognize our team,” said Duncan. “As of now, there aren’t a lot of scouts coming to the games, but if we can continue to win from here on out, I think more will recognize us.”

Even with a consecutive eight-game winning streak, the girls have managed to keep their egos under control and their attitudes modest.

“My girls are very excited about how the season is going,” said Duncan. “They haven’t let the wins get to their heads. I can see an increase in their worth ethic. They are heads. I can see an increase in their worth ethic. They are taking advantage of their incredible ability.”

“All together that is a recipe for a great offense and success. As long as they can keep their errors down, (which they lead the league in), they should be able to hold teams to minimal runs and win a lot of ball games. This tactic has contributed greatly to their winnings, and is a routine that the girls found works for them.

“Our averages have been a huge part of how we win. The girls are smart and work great together,” said Duncan.

The girls are making noise in the CCAA, and Coach Duncan pushes the girls to meet their ultimate goals and take advantage of their incredible ability.

“I think we do have a target on our back,” said Duncan. “But the girls will win a fight.”

The ‘Yotes biggest challenges will be Humboldt State and CSU Monterey Bay, (which they have already taken care of business early this year).

The ‘Yotes are off to a 9-3 start and they are surprising the CCAA, but they are still staying focused on their main goal.
Let my people board

By JESUS ROMERO
"Sports Editor"

Who knew you could get pulled over while riding a skateboard?

Well last week when I was cruising to class on my longboard, on my daily route from my apartments across the street from campus, I was pulled over by CSUSB campus police.

I was lectured by Sgt. Shannon Lewis and he explained that there is no skateboarding on campus.

This came as a shock to me because I have been skateboarding on campus for about four years.

Sgt. Lewis went on saying that there are "No Skateboarding on Campus" signs at every entrance of the campus. He also said that our encounter was just a warning, and that if he caught me riding again I would be cited AND my board would be impounded!

Impounded? Like a car?

"Most people don’t know the policies of no skateboarding on campus, but actually it includes no rollerblading or bikes as well," said Sgt. Lewis.

Yes, that’s right folks, no bikes! But is that posted ANYWHERE on campus? No, it’s not. Not at least where they would make the most sense. And there are bike racks all over campus; you just cannot ride your bike on campus. That’s very confusing.

It just seems a little discriminating when people see bikers and think nothing of it, maybe that they are being eco-friendly, but when they see skateboarders, they have an issue with it and think they are criminals.

Sgt. Lewis mentioned that it is in the CSUSB handbook under policies.

I have not received a CSUSB handbook since my freshman year during orientation (and I do not know where it is, chances are I threw it away four years ago.)

CSUSB does not give out handbooks out every year, and it would be difficult to do so, since we register for fall classes during the spring, so there’s a big summer gap.

As far as the signs go, they are put in at most entrances of the school, but there is one problem, cars enter through there, not skateboarders.

I spoke with Lt. Walter Duncan about some of the issues that I had about the policies, but he explained that CSUSB comes up with the policies and the campus police just enforce them.

Lt. Duncan also explained that the officer who cites you can impound your board. If your board is impounded it is usually kept until the end of the quarter.

That is a long time without a skateboard, especially if that is your only source of transportation. I’m blessed enough that I do have a car, but I live across the street from the school and enjoy cruising on my longboard, wind in my hair, whilst listening to my music.

Lt. Duncan went on to explain that there is a lot of destruction of property by skateboarders. It is unfortunate that they ruin it for everyone - I can agree with him on that level - but there should be exceptions made.

Longboards are used for cruising down by the beach and from place to place. They are long and the trucks are loose for maneuvering compared to those on skateboards, which are short, light and made for tricks. Longboards should be acceptable on campus because again they are for transportation only.

Hopefully we can make some changes in the policies which could be beneficial to students and the world by making it environmentally friendly.
NFL scrambles to fix Super Bowl fumble

By HANNAH ALANIS  Staff Writer

Some fans got more than they paid for when they purchased tickets to Super Bowl XLV in Arlington.

On Super Bowl Sunday, inspectors declared about 1,250 seats unsafe and over 400 angry fans were told their tickets would not be honored.

Cowboys Stadium contractor reportedly walked off the job just hours before kickoff, without installing handrails, plus other code violations.

Some 850 of those whose seats were unusable were given seats elsewhere, but 400 fans had to watch the game on monitors outside of the stadium or use standing-room platforms.

Hundreds of fans never saw a live play yet traveled thousands of miles. The seating issues have sparked multiple lawsuits against the NFL, which is why the league has come up with their own compensation offers.

The initial offer to the fans that were not able to see the game was $2,400, which is three times the face value of the affected seats, they also were offered a ticket to next year’s Super Bowl.

The league soon added a second option of a ticket to any future Super Bowl plus airfare and hotel costs.

An average cost for travel expenses including gas and a weekend stay from Green Bay to Arlington is about $650 and from Pittsburgh it’s about $710.

And that’s a weekend when the Super Bowl isn’t in town.

The NFL has sweetened its offer once again when the league said it would pay each fan $5,000 or reimburse them for “actual documented” expenses incurred, whichever figure is higher.

Still, none of these offers address the 2,000 fans who were relocated to other seats, which were substandard or obstructed-view seats.

The average price of a sold ticket for Super Bowl XLV on the NFL Ticket Exchange, operated by the league and Ticketmaster was about $4,118 and the cheapest seat available sold for $2,907.

This doesn’t account for tickets bought from secondary ticket market including sites such as Stubhub, Craigslist and eBay in which tickets were being sold for three and four times the initial ticket price.

The NFL made over $85.5 million in ticket sales alone, according to the NFL Fanhouse website, which makes even their best offer seem cheap.

The game may be over, but the fight is still on.