Heart Assoc. sets facts straight on alcohol & heart health

LOS ANGELES - There is no clear evidence that moderate alcohol consumption will prevent heart attack, according to Dr. John S. Kidder, a prominent researcher at the University of California, Los Angeles.

Kidder, who is also the Editor of the Journal of American Heart Association, told an audience of reporters here today that there is no clear evidence that moderate alcohol consumption will prevent heart attack.

In a recent study, he said, "We found that moderate alcohol consumption may reduce the risk of heart attack in women, but this finding is not consistently seen in other studies."

Kidder also said that moderate alcohol consumption may reduce the risk of heart attack in women, but this finding is not consistently seen in other studies. He added that the evidence is not clear and that further research is needed to determine the role of alcohol in heart disease.

Heart disease is the leading cause of death in women, accounting for one in three deaths. The risk factors for heart disease in women are similar to those in men, including high blood pressure, high cholesterol, diabetes, and smoking.

This is the first study to look at the effects of alcohol on heart disease in women, and the findings are consistent with previous research in men.

The best way to reduce heart attack risk is to maintain a healthy weight, avoid smoking, limit alcohol intake, and eat a heart-healthy diet.

In another study, Dr. Kidder and his colleagues found that moderate alcohol consumption may reduce the risk of heart attack in women, but this finding is not consistently seen in other studies. He added that the evidence is not clear and that further research is needed to determine the role of alcohol in heart disease.

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Jordan says allies are key to Black progress in 80's

The United Nations has set the stage for some of the most important events of the 1980's. The UN has been working to promote peace and prosperity worldwide. Jordan says that allies are key to Black progress in the 80's. He believes that the UN needs to focus on economic development and human rights in order to make progress.

Black Caucus Critical of Report

The California Legislative Black Caucus has criticized a report issued by the U.S. Department of Health and Human Services. The report, "Black Health Care: A Critical Review," has been put together by Mr. Carter's staff. The caucus has called for an end to the practice of medicine based on race. It has also criticized the report for not addressing the needs of the poor.

War on Arson

The Federal Bureau of Investigation (FBI) has released a report on the war on arson. The report states that there were fewer arsons in 1979 than in previous years. The FBI credits increased law enforcement and community involvement for the decrease in arsons.

LOS ANGELES - Over the past year, many temporary post office facilities have been opened in the Los Angeles area. According to the Los Angeles Times, these facilities have been necessary due to the high cost of building permanent post offices. The city has been working to find ways to reduce the cost of building permanent post offices.

Register to Vote

In the November 1979 elections, there were over 12 million registered voters in California. This was the highest number of registered voters in the state's history. The elections included a presidential race, state races, and local races.

ABC's of Affirmative Action

The American Bar Association has released a report on affirmative action. The report states that affirmative action has been successful in improving the representation of minorities in the legal profession. It also calls for continued efforts to ensure that affirmative action programs are fair and effective.

National Thurston Drug Campaign

The National Thurston Drug Campaign has launched a new anti-drug campaign. The campaign is aimed at reducing the use of drugs in society. It has received support from numerous organizations, including the National Association of Christian Churches and the National Council of Churches.

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1010 WEST BASE LINE
884-8837

School bus Statistics

The school district has released statistics on the school bus system. According to the statistics, the school buses are operating safely and efficiently. The district has been working to improve the safety and efficiency of the school bus system.

CHP DUI Campaign

The California Highway Patrol has launched a new campaign to combat drunk driving. The campaign is aimed at educating the public about the dangers of drunk driving and encouraging people to use alternative modes of transportation.

Affirmative Action

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November building year's lowest level
SAN BERNARDINO: Violette office, 555 West Valley Blvd., Bloomington.

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MAC flies relief missions to Marshall Islands

NORTON AFB - The Flightline, one of the first two aircraft here to take part in a humanitarian aid relief mission to Majuro Atoll in the Marshall Islands, returned home last night. The still had been home for about nine days, a period 25k miles from the Atoll.

The Marshall Islands have been declared a major disaster area as a result of heavy rains and flood waters which flooded 36 villages and caused many deaths.

Five missions have been flown to the Marshall Islands and 19-100 Hercules have been deployed to carry tents, blankets and other emergency relief supplies to the islands.

A mission flown December 27 included Maj. Carl R. Jones, 11man disaster relief team from Norton AFB. The 14th Military Aid Squadron, also assigned to Norton, is assisting the teams.


Two more crews from the 14th MAS were diverted on route from Hickam AFB, Hawaii, December 3 until a flight was cleared from the 16th MAS, which controls the region near the islands.

Both operations were flown jointly by the Sea Water Quality Control Board of the Environmental Protection Agency.

Eight per cent of the population of the island are believed to have been killed, either directly or indirectly, by the floods.

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