

CALIFORNIA STATE UNIVERSITY, SAN BERNARDINO
SCHOOL OF SOCIAL WORK
Institutional Review Board Sub-Committee

Researcher(s) Aubrey Nocito

Proposal Title The Impact of Incentive-based Education on Mothers' Understanding and Preparedness for their prenatal and postpartum Experiences: A Reflective Study
SW1570

Your proposal has been reviewed by the School of Social Work Sub-Committee of the Institutional Review Board. The decisions and advice of those faculty are given below.

Proposal is:

☒ approved

☐ to be resubmitted with revisions listed below

☐ to be forwarded to the campus IRB for review

Revisions that must be made before proposal can be approved:

☐ faculty signature missing

☐ missing informed consent ☐ debriefing statement

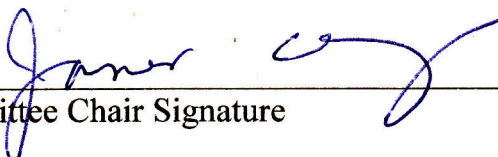
☐ revisions needed in informed consent ☐ debriefing

☐ data collection instruments missing

☐ agency approval letter missing

☐ CITI missing

☐ revisions in design needed (specified below)


Committee Chair Signature

12/15/15
Date

Distribution: White-Coordinator; Yellow-Supervisor; Pink-Student

College of Social and Behavioral Sciences
School of Social Work

Informed Consent Form

PURPOSE: The purpose of this research is to identify the impact of incentive-based education on the understanding and preparedness of mothers' prenatal and postpartum experiences.

DESCRIPTION: Incentive-based education has a clear purpose and vision for the populations served. The actual efficacy of such organizations, however, is important for them to prove their impact is positive, and that resources from the community are utilized efficiently.

PARTICIPATION: In order to qualify for this survey, participants must be mothers who enrolled in the Baby Steps program during their pregnancy and who are now 3-6 months postpartum. Your participation is completely voluntary and you do not have to answer any questions you do not wish to answer. You may skip or not answer any questions and can freely withdraw from participation at any time. At the site, surveys will be offered in exchange for a \$10 gift card to Walmart for women who qualify for this research.

CONFIDENTIAL: Participant first name and last initial are only gathered to verify enrollment in Baby Steps since pregnancy, to match up enrollment data, and for due compensation of the Walmart gift card and Baby Steps points. Once surveys are gathered and compensation is received, participant names will be replaced with a participant number to ensure confidentiality and only the participant number will be used from that point throughout the duration of the research process. Names of survey participants will not be used in the presentation of this data, nor in Baby Steps related material.

DURATION: The duration of the taking the survey should not last longer than 10 minutes.

RISKS: There are no foreseen potential risks for participants of this study.

BENEFITS: The benefits to the participant include increased awareness of participant's growth and/or empowerment about this time in your lives. The other benefit is the \$10 Walmart gift card and 100 Baby Steps points you will receive upon completion and processing of this study.

CONTACT: Should participants have any unanswered questions regarding this the research and research subjects' rights, please contact Carolyn McAllister, Associate Professor for the School of Social Work at California State University, San Bernardino at cmcallis@csusb.edu or (909) 537-5559.

RESULTS: The results of this study will be used for the purpose of student thesis research and could also be used in advertising material for Baby Steps. This completed research project will be available for review at the CSUSB ScholarWorks website after July of 2016.

APPROVAL: This study has been approved by the California State University, San Bernardino School of Social Work Institutional Review Board Sub-Committee.

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CONFIRMATION STATEMENT: By initialing below, I understand that I must be 18 years of age or older to participate in your study, have read and understand this informed consent document and agree to participate in this study.

Place an X mark here

Date

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