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Expressions: If change never comes

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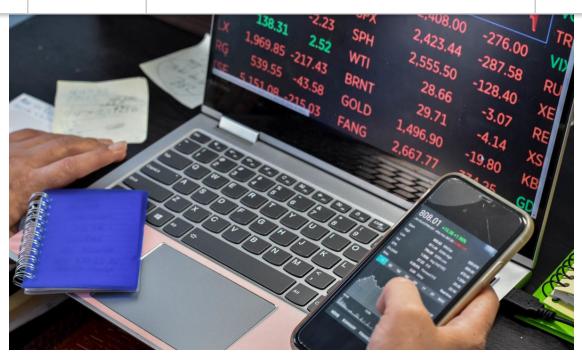
Q & A with Elda Rosales on immigration services from CARECEN

By Karina Rodarte |Video Journalist|

When she's not hiking or spending time with her family, attorney Elda S. Rosales, located in San Bernardino, aims to bring immigration-related assistance to the community. Graduating from University of La Verne College of Law, she joined the CARECEN team in August of 2019 and has since guided students from CSUSB and Cal Poly Pomona.

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Impact of pandemic on stock market

By Emma Curtis and Alexis Ramirez |Staff Writers|

Ever since COVID-19 caused nation-wide company shutdowns, the United States' stock market has been anticipating another crash.

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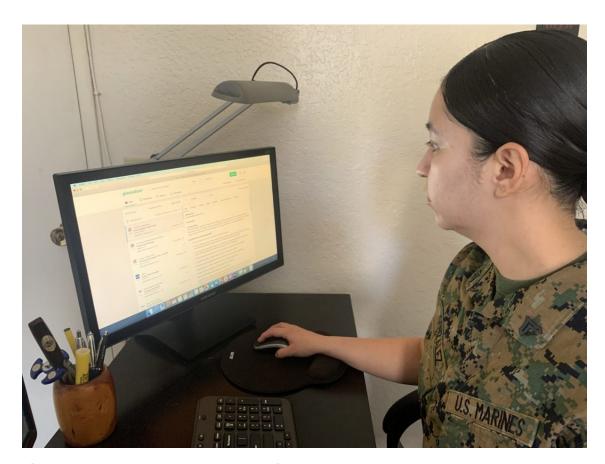


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By Zuleima De La Cruz |Staff Writer|

Many Americans' concerns are rising now that California is starting to reopen in stages. While several Riverside County residents feel like it's too soon and unsafe to start reopening, others think it's appropriate as long as it's handled with caution.

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Q & A with former US Marine on life straight into quarantine

By Alex Lara |Staff Writer|

Since being discharged from the military in early April, Stacy Gonzalez explains how life has been difficult to adjust to without the benefits and pay she was receiving and the hopes she has of finding a job to become financially stable during this pandemic. Read More

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Small businesses selling handmade masks during COVID-19

By Sandra Ramirez |Staff Writer|

TrendsFash Boutique, an online boutique created in 2017, decided they wanted to help the community when they realized just how hard it was to obtain a mask. It was founded by Cindy and Mari Munoz, two sisters from Pomona, California.

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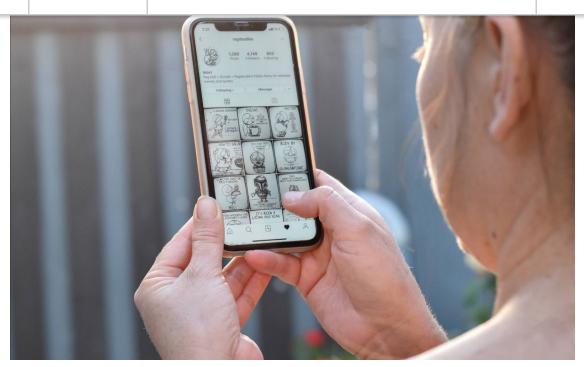
Mental health counselor urges the practice of self-care

By Tanya Jensen and Alexis Ramirez |Staff Writers|

Community members are fighting to maintain their self-care rituals during the COVID-19 pandemic.

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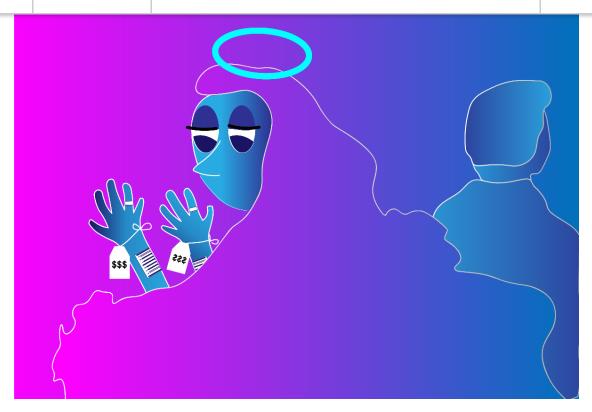


Quarantine life through the eyes of Remy

By Katherine Helper |Staff Writer|

Former CSUSB student Jorge Razo is taking advantage of the extra time during quarantine to showcase his creativity. Razo has been generating memes involving Remy, a character he created in 2013, being stuck at home during this pandemic. Read More

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Q & A with Elda Rosales on immigration services from CARECEN

MAY 20, 2020 BY KARINA RODARTE - LEAVE A COMMENT

When she's not hiking or spending time with her family, attorney Elda S. Rosales, located in San Bernardino, aims to bring immigration-related assistance to the community. Graduating from University of La Verne College of Law, she joined the CARECEN team in August of 2019 and has since guided students from CSUSB and Cal Poly Pomona.

Q: What is CARECEN?

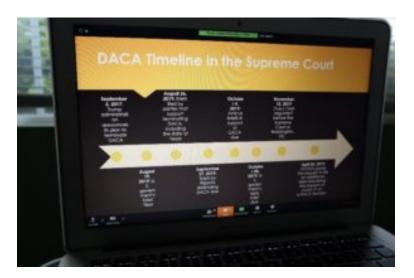


A: CARECEN is a nonprofit organization established in 1983 by a group of refugees seeking to change an unjust immigration system. CARECEN empowers Central Americans and all immigrants by defending human and civil rights, working for social and economic justice and promoting cultural diversity.

Q: When and where on campus can the program be located?

A: We are located in the career center, however appointments can be made **online** or at **USSC** (Undocumented Student Success Office) on campus. I am still providing services to students. However, we are providing services exclusively through zoom.

Q:What does it offer to CSUSB students?



Elda Rosales presents DACA concerns due to COVID-19 during webinar. (Photo by Karina Rodarte)

A: CARECEN offers free immigration consultations and representation in a variety of cases including VAWA, U-Visa, T-Visa, Family Based Petitions, DACA renewal and many more. We offer workshops like Know Your Rights and other general immigration updates.

Q:Any events students can look into held by CARECEN?

A: We host workshops on campus at least once a month for students, staff and faculty to attend. Due to COVID-19, I am doing webinars for students ranging in topics from immigration to the CARES Act stimulus package.

Q: Who is the legal team assigned to CSUSB?

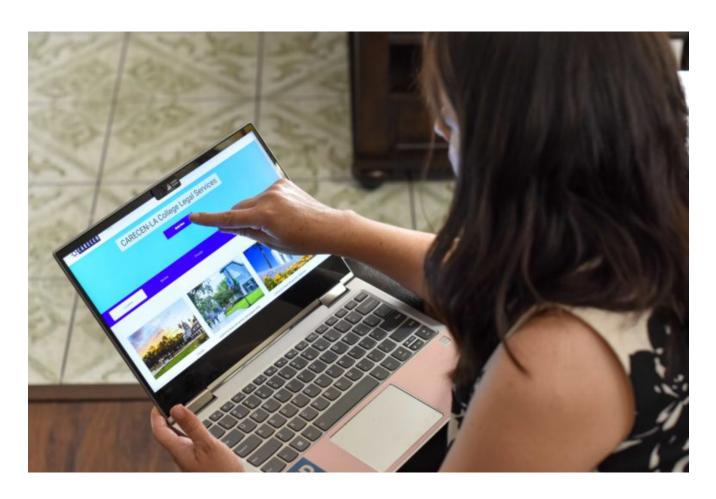
A: At the moment each campus has a team of legal staff providing free consultations and other immigration related relief. Currently, the San Bernardino team is comprised of one staff attorney, myself and one legal assistant, under the supervision of supervising attorney Sabrina Rivera.

Q: Why can students trust CARECEN and the legal team assigned to CSUSB?

A: Each student who meets with our legal team is protected by confidentiality. This means that whatever the student discloses to us is only between the CARECEN legal staff. Their information is never discussed with the USSC staff or any CSUSB administration. Each member of the CARECEN CSUSB has a personal connection in immigration and the SB community at large. We also conduct Cafecito with CARECEN that are on a more personalized setting so students get to know us one on one.

Q: What are the major setbacks as to why a student might not want to seek help? And what does CARECEN do to ensure that these students feel safe?

A: I believe it is fear; it is scary to trust someone with your life, especially when they are new to campus. We are working with the USSC to try to combat that fear by posting takeover Tuesday posts on the **USSC Instagram**. This gives students a chance to get to know us personally. We also make sure that students have access to our contact information like phone numbers and emails so they can reach out. At the end of the day, we are a resource for students. We're here to give them options, but the decision is in the students' hands.



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Students can visit CARECEN-LA College Legal Services to make appointments. Photo by Citlaly Carlos

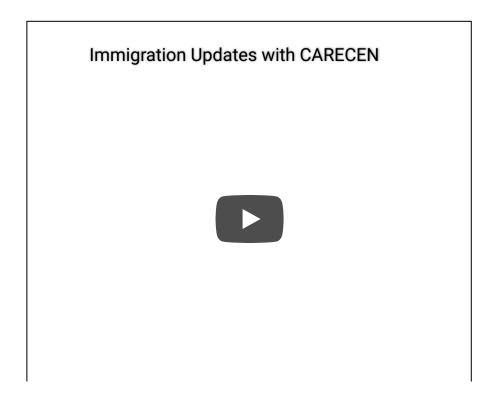
Q: What is your end goal for the students?

A: My experience has lead me to believe that students are looking for clarity. They are looking for a possible solution to this situation in their life. Even if we cannot solve that problem right away, I believe that empowering them with knowledge of their options and rights is a way of leading them to their intended goal.

Q: Why and when should students consider CARECEN for help?

A: Students are encouraged to speak to us if they ever have any immigration related questions even if it is just a general question on what is going on in the immigration world. We also provide Know Your Rights presentations so we can inform students as to their rights under the constitution as an undocumented person, or DACA-mented person.

For students and others seeking more information on how to set-up a virtual appointment with Rosales or want to keep up with the latest from CARECEN, visit **Immigration**Updates with CARECEN.



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Impact of pandemic on stock market

MAY 20, 2020 BY EMMA CURTIS — LEAVE A COMMENT

By Emma Curtis and Alexis Ramirez

Ever since COVID-19 caused nation-wide company shutdowns, the United States' stock market has been anticipating another crash.

The Dow Jones Industrial Average, a market index that measures the stock performance of more than 30 companies, saw its worst trading day since 2008 in March, due to growing fears of the spread of COVID-19.

Millions of Americans own stock in different companies around the world and could be facing a loss of shares, and possibly millions of dollars, due to the widespread halt of product manufacturing and distribution.

Dan Hepler, a father from Los Angeles, owns stock in almost 20 companies and spends two to three hours a day keeping track of all his investments.



Photo by Citlaly Carlos

"I started investing in 1985," said Hepler. "So, I built up my knowledge over more than 30 years. I bought my first individual stock (Travelers Insurance) in 1993."

Hepler started out with bond and stock mutual funds, went on to owning individual funds, and now dabbles in options trading. Hepler, like many other investors, was prepared for the damage COVID-19 and mandatory quarantine would do to the market.

"I knew that the quarantine would have an effect," Helper said. "But it wasn't what I expected, at least not at first."

Hepler holds around two-thirds of his investment assets in gold and silver mining stocks. This could benefit Helper immensely during a market crash, considering most investors end up selling their normal popular stocks, like in Amazon, Facebook, Tesla, etc.

"At first, everything went down at the same time – gold, bonds, and stocks all fell simultaneously," Hepler said. "But after a couple of weeks, gold began to rise the way I had initially expected."

"Stocks are a good investment if you know what you are doing. It's not a good idea to just invest off a whim", Fassel said.

It's important to keep an eye on the stock market before making an investment because losing a portion of your money, or even all of your money is a huge possibility.

"If I do end up investing, I would probably end up buying into Amazon because their stocks are doing extremely well despite the pandemic," said Fassel.

An experienced investor, John Delgado, has benefitted greatly from his investments in Amazon since quarantine began.

Delgado has been working at Amazon for the past 12 years, and his loyalty to the brand surely shows; Amazon is the only company in which he is a shareholder.

"The company was doing well when I first got hired, and it's still doing well to this day," said Delgado. "The increase in the value of their stock has been damn near consistent over the years, so I'll be investing with them for a long time coming."

Market Summary > Amazon.com, Inc.

NASDAQ: AMZN



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Photo by Delgado Amazon's stock value continues to rise in quarantine.

Delgado owns individual stock with Amazon and claims he is confident that the self-isolation regulations will only boost their stock-value more.

These veteran investors also gave some advice about what new investors can do to protect their wallets during the COVID-19 pandemic.

"Avoid over-priced, over-hyped stocks (Facebook, Netflix, Google, etc.)," said Hepler. "Keep in mind: the dollar's value is going to fall. Don't buy bonds right now; they're too expensive."

During a pandemic and the slow decrease in all stock value, it is important to be smart about your investments and where your money is going. Don't make rash or impulsive decisions and remember that this drop is only temporary.

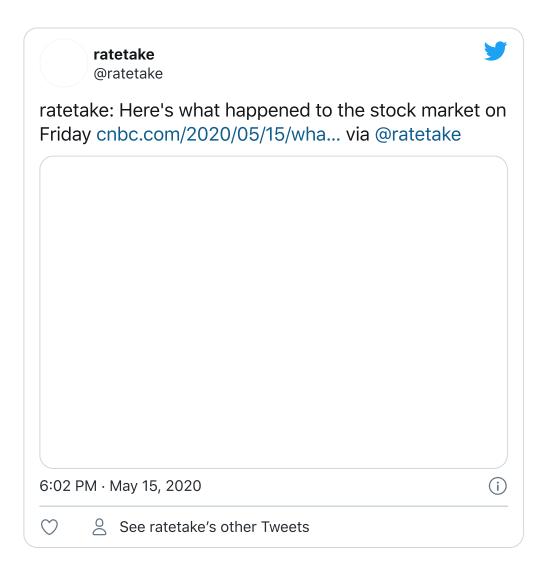
"If you need to sell shares during this pandemic, don't be afraid to do so," Delgado said. "Quarantining and these social-distancing regulations will do real damage to the stock market — make good financial decisions now while you still can."
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Hepler knew that because the government is providing billions of dollars to assist people during the crisis, the overall worth of the US dollar would weaken and lift the price of gold.

Before the pandemic, the stock market was doing really well which made a lot of people interested in investing.



Deborah Fassel, a retired special education teacher was planning on investing but had a feeling she should wait and see if COVID-19 would affect her investments.

"The stock market was recently at an all-time high which is why I wanted to originally invest," said Fassel. "I had a feeling the pandemic would cause the stock market to drop, but I didn't realize how fast it would actually happen so I'm glad I waited."

Waiting to invest was a smart move by Fassel because a few weeks later, the stock market crashed and her investments would have been gone.

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Businesses slowly reopen in California

MAY 20, 2020 BY **ZULEIMA DE LA CRUZ** - **LEAVE A COMMENT**

Many Americans' concerns are rising now that California is starting to reopen in stages. While several Riverside County residents feel like it's too soon and unsafe to start reopening, others think it's appropriate as long as it's handled with caution.



Wells Fargo (Victorville, CA). Photo by Angel Martinez Morales

Restaurants are slowly planning to re-open with restrictions, but employees fear for their safety. IHOP is planning to re-open to the public on June 1 in Menifee, California.

Sara Denali, a server at the IHOP in Menifee, states that she still fears her job to re-open and get her kids sick with all the people she's in contact with during her shift.

"I still feel unsafe to start work again. I am a server and have the most contact with the public. How do I know that I am still safe when I can't keep the six-foot distance serving my customers?" states Denali.

Ricardo Wilson, a banker at Wells Fargo, thinks that it's time for California to re-open with the necessary precautions.

"People need to start working because we all need money to survive. The only concern for people is going back to work to keep paying their bill, unless we are told we will continue getting the stimulus check to support us continuously in this time of crisis," comments Wilson.

Diego Rosas, a busser at P.F Changs, discusses that business in the restaurant world won't be the same. He believes that constant cleaning will be required, there will be less movement of people, and employees will work for shorter hours.

"I still continue to work here and there to help with maintenance, but it will be different returning back to regular dining services is quite too soon because there still isn't any vaccine and this virus will increase once again," Rosas says.

Laura De Santiago, a supervisor at Macy's in Riverside, fears it's still too soon to re-open the Tyler Mall during this time. Many people enjoy coming to the mall to spend time during the summer and gather with their friends, but this year will be different.

"Re-opening Macy's doesn't feel safe quite yet. Although there will be new guidelines to follow, it doesn't seem like it's the right time yet. Many of our customers like to try on their clothes before purchasing and we need to make sure that we are taking appropriate steps before displaying them back on the racks," states De Santiago.

Many people want things to go back to normal and start operating and working like before, because of the desperation of money. But reopening too quickly could trigger another outbreak and could extend California's stay at home order.

"Retail stores and all other businesses should slowly re-open but only with curbside services. It's the next step to start California's economy going and bringing employees back to work, but still in a safe matter," Rosas expresses.

While California is slowly starting to re-open with appropriate measures it still brings fear to people.

"All we can do is take care of ourselves, use our precautious and continue to maintain the six-foot distance and hope for the best," states Rosas.



iHop in Victorville, CA closed. Photo by Angel Martinez Morales

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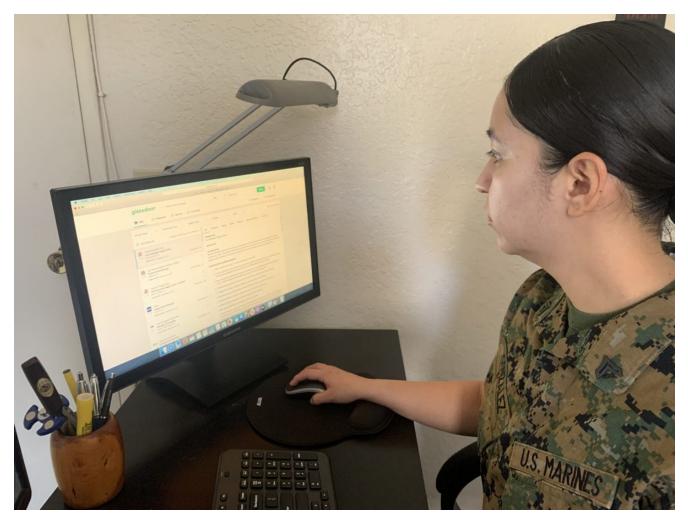
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Q & A with former US Marine on life straight into quarantine

MAY 20, 2020 BY ALEX LARA — LEAVE A COMMENT

Since being discharged from the military in early April, Stacy Gonzalez explains how life has been difficult to adjust to without the benefits and pay she was receiving and the hopes she has of finding a job to become financially stable during this pandemic.



Stacy Gonzalez searching on glassdoor.com. Photo by Alex Lara.

Q: How long were you in the Marine Corps and what was your job?

A: I was in for four years, which is one full enlistment, and my job was Supply Administration and Operations, which translates into Supply Chain Management. Somewhere during my two-year mark, I transitioned into finance and budgeting.

Q: Coming out of the Military into the COVID-19 pandemic, what were some challenges you have faced on a daily basis?

A: Finding a job! That was my biggest fear when I was in the military that I was going to come out to a struggle of not being able to get hired and here I am living that fear. Also everything that comes with not having a job, like health insurance. All that was stripped from me the day I got out.

Q: Have you applied to jobs since being discharged?

A: Yes, I downloaded several job finding apps and I've been applying every day. I just don't get any calls back because the type of companies I'm applying at are either closed or a lot of jobs are requiring degrees, which I don't have.

Q: What are the types of jobs you have applied for?

A: At first, because of the experience I have, I was applying for Supply Chain Manager positions as well as Finance and Bookkeeping, but I've opened up to simple administration positions like an assistant position or receptionist. I haven't had any luck so I started applying to minimum wage retail jobs, not even from them I've been getting any calls back.

Q: With so many jobs either not hiring at all or requiring a degree, how has your motivation changed?

A: I decided to just let the world play out its plan with this virus. I still apply to jobs weekly but I don't have my hopes up that I will get hired anytime soon. For now I'm just focusing on going to school full time starting this summer.

Q: You mentioned you have enrolled for school in the summer, how has this effected your future plans?

A: Instead of planning my school schedule around a work schedule, I am now going to school full time which means no job for me and that affects everything else, like my plans on moving out to a different city are on hold right now.

Q: Has anyone you know been recently discharged and is in the same situation? How have they coped?

A: Yes, I know a couple friends that are in the same situation. They are coping the same way as me, having family to lean on while the world gets back to normal and we can be on our own again.

Q: What can you see your near future looking like?

A: Near future, I am definitely going to be getting a lot of school work done, I have a long way to go when it comes to school, but at least now I have all the time. We have survived

through other catastrophes and the light at the end of the tunnel was always closer than we thought.

Q: Has reenlisting crossed your mind through COVID-19?

A: Yes. When the whole world stops, the military never does which means benefits and pay don't stop either. It's a good feeling to know you're taken care of. But I've closed that chapter in my life, and I would like to move on and do different things in my life so going back would really be my last option.



Stacy Gonzalez shows a few of her certificates earned. Photo by Alex Lara.

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Small businesses selling handmade masks during COVID-19

MAY 20, 2020 BY **SANDRA RAMIREZ** — **LEAVE A COMMENT**

TrendsFash Boutique, an online boutique created in 2017, decided they wanted to help the community when they realized just how hard it was to obtain a mask. It was founded by Cindy and Mari Munoz, two sisters from Pomona, California.



TrendsFash Boutique has a variety of styles on their masks. Photo by Citlaly Carlos.

Amidst the COVID-19 outbreak, many small businesses have taken it upon themselves to sell handmade masks.

During the first few weeks of the pandemic, masks were very scarce. Many people complained on social media about how masks were sold out everywhere. They were even sold out online.

Hailee was looking for recommendations.

Does anyone know where I can get/buy face masks!!!? I can't find any anywhere in stores or online

The lack of face masks prompted TrendsFash Boutique to make offer them to their community. Photo by Sandra Ramirez.

"We want the entire community to have access to a good quality mask that's also affordable," said Cindy one of the co-owners. "Everyone should have the privilege of having the adequate tools in order to stay safe during these hard times."

According to Mari, the other co-owner of the boutique, they started TrendsFash without knowing what would come out of it.

"Now, we get many orders a day and it's crazy to think that we have come this far in just a little less than three years," says Mari.

TrendsFash Boutique has served the community by selling affordable women's clothes and, now, face masks as well.

"When the virus started to peak, we noticed that we couldn't find any face masks anywhere," said Mari. "One day it just hit me and I told Cindy we should make our own."



Masks are made of 100% cotton. Photo by Cindy Munoz.

Since Trendsfash made their face masks available, they have sold over 500 masks.

The masks come in different sizes, allowing guardians to purchase them for themselves and their young ones.

TrendsFash made sure to have different prints and colors for the masks in order to be suitable for any client, no matter the gender or age.

The process to make a mask usually takes about 25-30 minutes and it includes measuring, cutting and, ultimately, sewing.

"Since TrendsFash is a small, family owned business, we all help out, and for that reason, we are able to get out large quantities of masks on time," said Cindy.

Many satisfied customers have left positive feedback on the TrendsFash Boutique website, claiming how much they love their masks and how helpful it has been to have these available for everyone.

"I couldn't find any available on Amazon, but I was scrolling through Instagram and saw the TrendsFash page," said Mireya Cruces, who purchased a mask in mid April. "I fell in love with the colorful design and bought it right away. I was shocked at the quality of the product!

The giving doesn't stop there as TrendsFash wants to ensure that they give back to the community even more than they already have and with every mask that someone purchases, they also donate one to the homeless.

As of May 2020, TrendsFash has sold over 500 masks and has been able to also match that as a donation to help out those who can't afford them.

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Mental health counselor urges the practice of self-care

MAY 11, 2020 BY **TANYA JANSEN** — **LEAVE A COMMENT**

By Tanya Jansen and Alexis Ramirez

Community members are fighting to maintain their self-care rituals during the COVID-19 pandemic.

Not implementing tactics for self care, especially during quarantine, can lead to higher levels of anxiety and depression and may cause irritability with people in one's life, according to licensed mental health counselor Karin Brackebusch.

During quarantine, certain levels of self-care can be lost, since going out with friends, getting out of the house, running errands, and exercising freedom to go outside are some of what constitutes self-care.

According to Small, working out is more than just for the sake of looking good.

"There's plenty of studies to show that it boosts your mood because we hold onto stress and tension in our bodies so when we move, you're releasing that," said Small. "So that's a reason why you're more cheerful, and if you're more cheerful then you're naturally going to have better relationships."

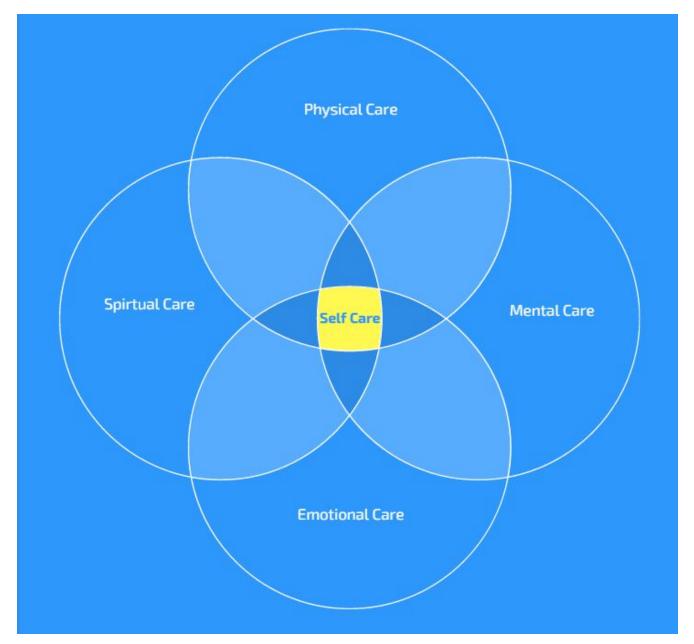
Do it for making yourself feel better and for the physical part of it but I think it's more motivation when you know that you're going to feel better to get out and exercise.

— Camille Small

In addition to working out as a means of self-care, counselor Brackebusch says that meditation can be beneficial.

"Especially with this crisis we're in, we're gonna future trip and we're gonna worry. But when we take time to be mindful to quiet ourselves and just be aware of ourselves in the present moment, it sets aside all that distraction and worry and angst it helps us come to a place of peace when you realize what *is*," Brackebusch said.

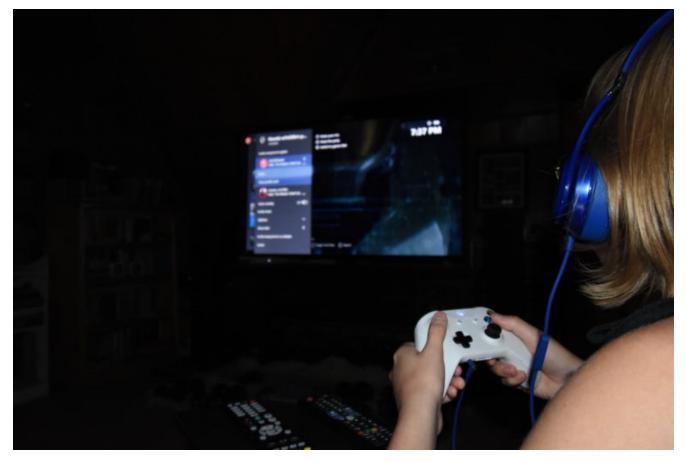
"On my breaks and at lunch I try and take a moment to breathe, and I will usually finish it off with a bit of stretching before returning back to work," said Jones.



Self-care is much more than just going to the nail salon. In order to truly have a balanced life, selfcare should be implemented in every area. Photo by: Tanya Jansen

Some people can find it hard to remember to focus on self-care during these times.

"Taking time to focus on self care has been important, especially during the whole COVID-19 outbreak. Meditation allows my mind to go blank and redirects my focus onto something more positive instead of focusing on all the negative things happening in the world." said Jones.



One issue that is leading to more conflict and distracting from self-care is the amount of time that young people are spending in front of screens during quarantine, Brackebusch said. Photo by: Tanya Jansen

"A lot of students, I've noticed, are playing more video games," said Brackesbusch. "In fact, they're staying up all night playing video games and they're sleeping all day. And then they only have two to three hours of daylight and then it comes to night again. They stay up all night playing their video games, so they've really gotten into this system of checking out and not being present and not doing self-care at all."

While traditional means of self-care are no longer possible, new opportunities are now available. Most businesses and practices such as counseling are offering virtual services, making it easier than ever before to get help.

"I think counseling is a gift you give to yourself because you get one hour where it gets to be all about you. No questions asked," Brackebusch said. "So I go to counseling because I need an hour where it's all about me. It's not if you have 'issues' but it's if you want to be growing and taking care of yourself and being all that you were meant to be."

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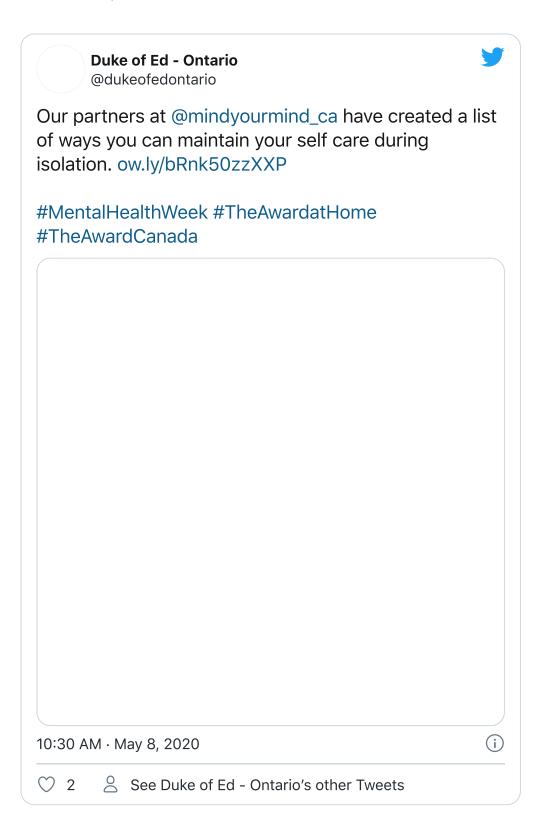
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There are many different ways in which a person can implement tactics of self-care, according to Brackebusch.

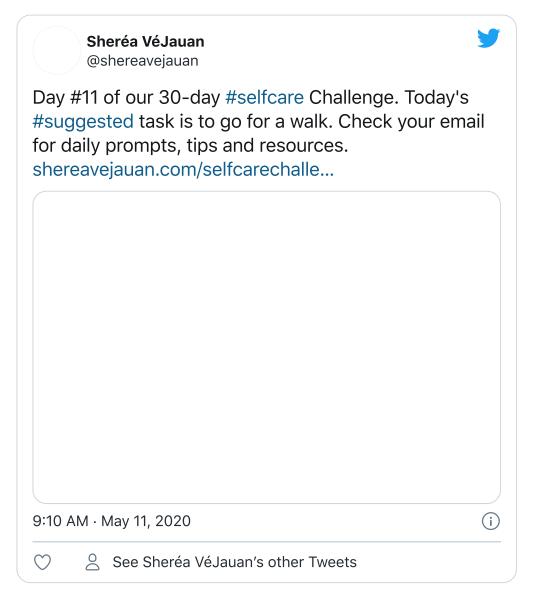
"Just 30 minutes of exercise is so good for our brains and so good for our ability to focus on what we need to do," Brackebusch said.



Camille Small, a physical therapist's assistant and power-lifting competitor, says that not moving around consistently enough will take a toll on your body.

During the virus, many are forced to sit in a confined space all day and forget to stand up and move around.

"Especially during quarantine if you're not doing anything, try to do something every day and switch it up. Walk one day, and then you could do stretches another day, and you could do some body-weight exercises," Small said. "Physical activity can be so many things. It can be working in your yard, it can be walking, yoga, swimming, biking, weightlifting, there's so many things you can do."



The best thing for your body is a combination of strength training, cardiovascular training, and stretching.



Taking five minutes to sit outside, feel the sun, smell the grass, and be mindful of surroundings will bring one into a place of peace, according to Brackebusch. Photo by: Tanya Jansen

Summer Jones, who practices meditation daily, stated, "I love meditating, because it keeps me balanced throughout my day. I try to get my fiance to meditate with me as much as possible because he doesn't tend to focus much on self-care."

Sometimes finding the motivation to meditate every day can be difficult when you have a busy schedule. Often times, people struggle to balance both work and school.

Jenna Goldsmith is editing

@Jenjuxtapose

Me: today I'll think I'll paint!

Anxiety: NO

Me: how about some writing?

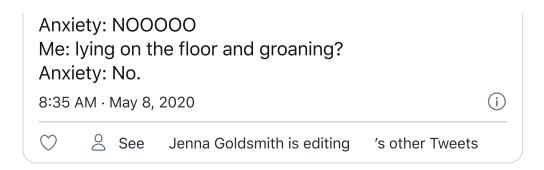
Anxiety: NOO

Me: what about a good book and a nice cup of tea?

Anxiety: NOOO

Me: yoga?

Anxiety: NOOOO Me: meditation?



Jones' fiance, Joshua Hendrickson stated, "I struggle with finding the time to meditate everyday. I work long hours and when I come home, I usually just want to eat dinner and go to sleep, but Summer's passion for meditating motivates me to get up and do it."

Meditating can help put your body and mind at ease.



"I usually light candles and dim the lights when I meditate. This helps me feel relaxed and allows me to alleviate any stress I accumulated throughout my day," said Jones

With concerns surrounding COVID-19, work environments have become extremely stressful. A lot of companies have had major layoffs causing their current employees to be stressed out from having to take on more work load.

"My work cut the size of our crew in half causing me to have a larger workload than I normally do. This puts a lot of stress not only on my body, but also my mind," said Jones.

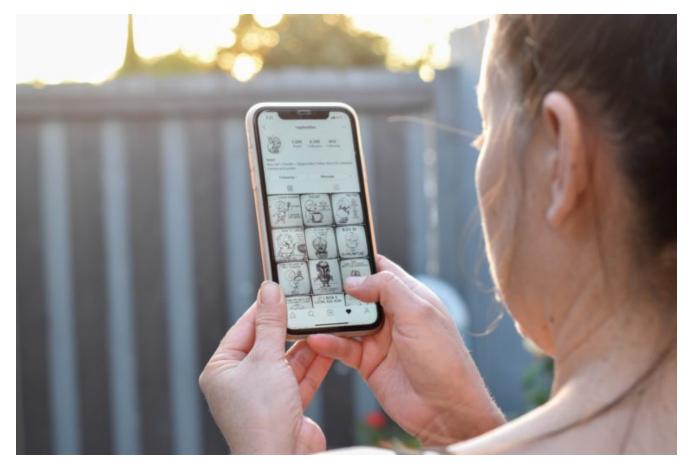
Sometimes people are so busy working, they forget about taking care of our self care needs. Therefore, taking time during the day to sit down and breathe could be extremely helpful while at work.

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Quarantine life through the eyes of Remy

MAY 20, 2020 BY KATHERINE HEPLER — LEAVE A COMMENT

Former CSUSB student Jorge Razo is taking advantage of the extra time during quarantine to showcase his creativity. Razo has been generating memes involving Remy, a character he created in 2013, being stuck at home during this pandemic.



Instagram account @ragdoodles. Photo by Citlaly Carlos

Razo has enjoyed drawing ever since he was a kid.

"As I got older, I didn't have the same free time to draw, so I set aside all my drawing supplies and forgot about them for many years," Razo said. "It wasn't until I started reading children books to my daughter that the idea to write her a book and illustrate it came to mind."

In 2013, Razo started an instagram page and called it "wiidoodle" and used the platform as an incentive to draw every day.

"I set a goal to post one doodle a day for 365 days on this Instagram account," Razo said.

According to Razo, his first few postings on wiidoodle were random doodles and sketches. He did not have a particular theme or character in mind; he was just focusing on getting something posted every day in order to meet his goal.

A few weeks in, Razo was thinking about a character for his daughter's book and as he started to sketch some ideas, this little character popped out from the page. It was

unclear as to whether this little character was a snowman, a penguin or a bird of some sort. He had no clue but thought it was cute so he went with it.

Over time, this character began to catch on with Razo's followers.

"The mystery of the character intrigued them; it didn't have a name and they didn't know what it was, but it was cute and it made them laugh. Eventually, my character morphed into a bird-like ragdoll and I gave him the name Remy," says Razo.

Now that Razo had created a character that everyone seemed to love, his next step was to try and give Remy more publicity. Razo said that after about a year of posting on wiidoodle, he started thinking of a way to give his character its own platform.

"I changed my account name from wiidoodle to ragdoodles to reflect the fact that it was a ragdoll/doodle. As I drew my character in different situations, my followers responded with likes and commented that Remy was very relatable to them. That's when I focused on making ragdoodles into a meme account," Razo said.

He was initially skeptical to post his content amidst the current pandemic until someone mentioned to him that people needed laughter while remaining indoors during quarantine.

"One of the things I remember hearing is that people enjoy not having to get dressed as they work from home. In my most recent posts, Remy is enjoying the benefit of not having to wear pants every day, not having to shave, not knowing the day of the week or finishing an entire season of a show when all he was going for was one episode," says Razo.

Nowadays, Razo has over 4,000 followers on Instagram and many are enjoying his daily content. Chrystal Largent, one of the many followers of Jorge Razo's Ragdoodles Instagram page, says, "I definitely enjoy the artistic Ragdoodle posts. They're always relevant, they make me laugh, and they share my love for coffee and tacos," Largent says.

Another follower of Ragdoodles, Teresa Cardona, relates to Remy's daily adventures.

"Having followed Jorge since he first started posting his artwork online, I have enjoyed how his work as artwork is just as relatable as he is. He comically points out the constant

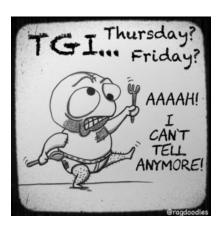
battle with losing weight, coffee and food," says Cardona.

Razo shares that coming up with ideas for his posts has been a difficult journey.

"You'll notice that ragdoodles has a lot of rotating memes related to drinking lots of coffee, difficulty losing weight, hating Mondays, being tired and his undeniable love for pizza. Over the years, coming up with new ideas has been quite the challenge and making each meme with only one character as the focus has been a difficult one," says Razo.

Because of this, there have been moments when Razo felt that ragdoodles was becoming too repetitive so he has gone months without posting. He shares that what usually brings him back to start posting again is hearing his followers say that they miss Remy and they want to see more posts.

"I'm having fun posting again, but I'm also working on finishing the book that I promised I would write for my daughter," Razo said.



Snippets of Remy's life from @ragdoodles Instagram page







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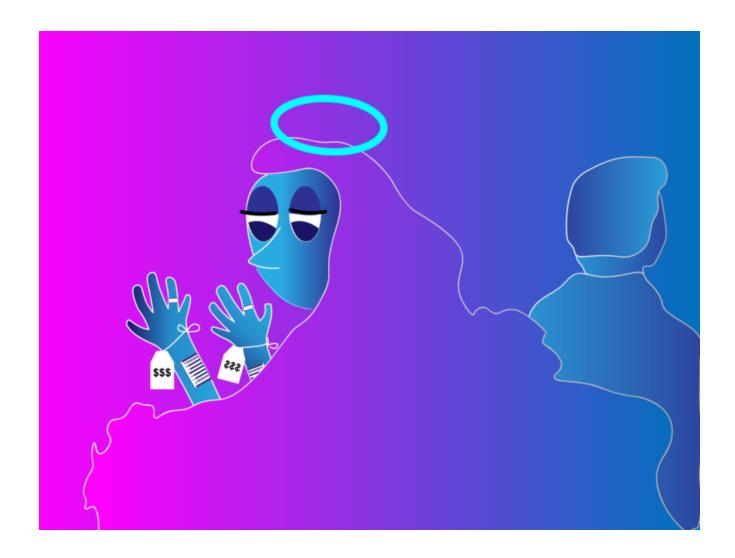
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If Change Never Comes

MAY 20, 2020 BY ELISA FAYE ERNST - LEAVE A COMMENT



If Change Never Comes

Men and women
Will never be one.
Their lives
Will always belong
To a world
Of materialism.

Women and cars
Will share the same
Name. Their assets
Will be owned,
Their value undergoes
Severe depreciation.

If change never comes,
Men and things
Will continue to be
In material mode.
Two creatures of habit
Looking outwardly.

When and how
Will only be a
Matter of time.
If change never comes,
The next babe online
Will be under new ownership.

Sex and rings
Will not show its
Worth apart from
The plans that God
Always had for man.
No more covenant.

A woman's worth

More than jewels and

More than cars, but with

This new brand of

Love apart from God

We are all undervalued.

E.F. Ernst

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