Discord at the Faculty Senate meeting

By Jason Samp
Editor in Chief

Issues discussed on May 8 at the Faculty Senate meeting have been circulating for the past couple of weeks. We offer an account of the meeting that discussed topics ranging from last year’s vote of no confidence, to bullying, to controversies surrounding international education issues.

The welcoming and friendly environment accompanied by various desserts and refreshments quickly changed when the meeting began. After a quick procedural opening, Karen Kolehmainen, Faculty Senate Chair, began discussing the vote of no confidence against President Morales that the Faculty Senate began this time last year.

“The anniversary of this sad event, please permit me to offer some thoughts on the state of shared governance at CSUSB,” Kolehmainen said. “Concerns about faculty workload with the semester system has not been addressed and multiple faculty recommendations have been ignored.”

This one year revisit of the no-confidence vote brought some tension to the room as Kolehmainen continued with her statement.

“You also mentioned joint meetings between the president’s cabinet and the Faculty Senate Executive Committee as an example of progress,” said Kolehmainen. “However, the last such meeting took place in November 2017. Before that meeting, you dictated that shared governance should not be on the agenda due to the agenda of the task force.”

The statement brought up multiple concerns that some of the Senate members may be feeling about the progress President Morales has made since the vote. Though it has been over a year since the vote of no confidence, there still seems to be a strong disconnect between President Morales and the Faculty Senate.

Bullying on campus:

“You mentioned alleged incidents of bullying by senior faculty against junior faculty and you implied the Senate might be responsible for it,” Kolehmainen said.

She then reminded the members that it was the Senate sponsored campus climate survey that first drew attention to the problem of bullying on campus.

“Survey’s results specifically call to attention the bullying of faculty and staff by administrators,” remarked Kolehmainen. “Kolehmainen believes there may be a few occurrences of bullying among faculty members but it is not a systemized problem.”

“There seems to be an implication at times that senior faculty are responsible for some sort of systematic bullying behavior against junior faculty,” Kolehmainen said. “There might be isolated incidents but I see no evidence of a systematic pattern.”

Shari McMahan, Provost & Executive Vice President for Academic Affairs, acknowledged the bullying discussion.

“There is considerable bullying that’s going on so I can attest to that systematically,” McMahan said. “We are doing our best to wrap our little arms around the situation that is continuing in multiple departments but we all have to work together on this and stop the divide between administrators and faculty.”

With the multiple accusations and concerns that came from the report, it is evident there still is much to be done to bridge the divide between President Morales, the administration, and the Faculty Senate.

Morales did not respond to any of Kolehmainen’s statements yet.

International education:

After the report from Kolehmainen, professor of English Rong Chen was given time to speak about some issues that the school is experiencing with the international student program. This presentation took up the majority of the meeting time and was filled with detailed slides, charts, and infographics and had one singular goal.

“To draw the attention of the campus community, particularly the Faculty Senate, to the serious issues involved in CSUSB’s international education,” stated Chen.

Chen’s presentation brought up multiple points of discussion regarding the College of Extend- ed Learning (CEL), quality of education, revenue, and course access.

According to Chen, “CEL has programs that admit students who do not meet CSUSB ad- mission standards, for example, Academic Pathways, and allow students in one program to artic- ulate their lower division classes as CSUSB upper division.”

“Besides being a serious situation makes you feel anxious. I feel like I am at a state of limbo. People are so quick to rescind it bring it back and make changes at any time,” said Eduardo Soto Gutierrez, a DACA student.

USC employee Leticia Herrera has some advice for students with DACA. “For my undocumented community, don’t give up. Follow your dreams. Use the Undocumented Student Success Center for resources.”

DACA does not define you. You are more than a 9-digit number. They can take anything but not our education,” said Herrera.

Minerva Montane also works at the USSC.

“For those who meet the qualifications to renew your application, get help from the right people. Come to the Undocumented Student Success Center for advice and referrals to organizations that can potentially provide you with free help,” said Montane.

It is important that CSUSB students receiving DACA know that they have help on campus. USC employees are willing to assist you as much as possible. If you have questions they cannot answer, they are more than willing to refer you to the right people.

DACA is still not a permanent program and decisions regarding it are still up in the air. News surrounding it is constantly changing, but it is important to stay informed.

The Undocumented Student Success Center was established to help undocumented students on their college journey.

**By Stefany Gomez**
Staff Writer

The Undocumented Student Success Center (USSC), located in the Santos Manuel Student Union, is open to any questions relating to the status of the Deferred Action for Childhood Arrivals program (DACA), scholarships available to undocumented students and events held on campus.

According to a FactCheck.org article by Lori Robertson, there are approximately 689,800 active DACA recipients in the United States.

Since the start of President Donald Trump’s first term, the status of DACA has become a complicated topic. On Sept. 5, 2017, President Trump decided to rescind DACA, meaning to end all renewal applications.

Those whose DACA status was active before March 5 were allowed to renew for another two years. If their status expired after March 5, it was terminated. This put a lot of stress on the undocumented community.

Federal Judge William Alsup temporarily blocked Trump’s repeal shortly after it was attempted. The repeal of DACA would affect thousands of individuals who have been allowed work permits, driver’s licenses, and an ability to get an education. Rescinding it is not simple and doing so would have a huge impact on the country.

Currently, the Department of Homeland Security is still taking renewal applications for applicants who continue to meet all of the qualifications. However, the department is no longer able to process first-time applications for DACA.

Due to stress caused by the uncertain status of DACA, many recipients have stopped renewing their applications. One of the biggest fears they face is separation from their loved ones. You don’t know what is going to happen next. The

The Faculty Senate meetings are open and offers non-members opportunities to speak.
Morales has attended three of the last nine Senate meetings

...Continued from Pg. 1

violation of the university’s artic- ulation policy, this would place insufficiently prepared interna- tional students in our classes, hence negatively affecting the educational experience of all students in these classes,” Chen stated.

“An international student paying to the state side contributes an average of at least $16,000 a year to the university’s general fund, which can then be used to provide instruction for all students,” stated Chen. “However, once that student is moved to the self-support side, we will not pay anything to the general fund.”

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Aside from revenue, inter- national students who pay into CEL use the Open University platform to get their classes may potentially take away spaces from matriculated students. These students paying to CEL use the Open University platform. An open university student has the potential to take away seats from matriculated students.

Chen provided an example of this situation. “I have three available seats in Eng XXX that I am teaching. On the first day of classes there come three Open University students to petition to add. I sign them up. In the next few days, you and two other students decide to add to Eng XXX and search for available space. There is none. You and your fellow students would be denied the seats without knowing that you would have been enrolled if not for the three Open University students I had admitted,” stated Chen.

New exams cause turmoil:
Professor of sociology Mary Texeira brought up an alarming point of interest regarding an experience she had with a large group of international students in one of her courses.

Professor Texeira gave the exams for her courses online until she got an interesting call from the Office of Student Conduct. “A year or so ago I got a call from the Office of Student Conduct and they told me that my online exam had been hacked in the class,” said Texeira.

After an investigation, it was discovered students were going through an internet service provider located in Africa. Three students who were involved with the hacked exam failed the class.

“As a result of that, I completely changed my class this year,” said Texeira. She spent her last summer revamping her class. “I only give exams in class now,” Texeira said. “I began with 225 students in that class and about 90 of whom were international students.”

After handing out the syllabus for the new version of her course, something alarming happened. “I checked MyCoyote and, hold onto your seats, 85 students had dropped the class,” Texeira said. “They were all international students with the exception of six.

This was extremely frustrat- ing for Texeira and she does not want something like this to happen anywhere else on campus where those open seats could have been filled by qualified students.

However, during this discus- sion, it was brought to the atten- tion of the faculty senate that the quotas are different. California residents are funded by the State of California. The chancellor’s office will not allow CSUSB to exceed this quota of California residents at the campuses. Interna- tional students are not counted as part of this quota. The State of California does not support them and if they walk away there will be no one to replace them.

Though the meeting was May 8, professor Chen’s report has been circulating for a while now and it is still uncertain if anything has come of it.

“The presentation is based on a report that has been sent to a lot of people, including Chancel- lor White of the CSU, beginning from December 2017. Five months have passed and there seems to have been no action addressing what I discussed in the report,” stated Chen.

The conversation was cut short due to the two-hour time frame of the meeting which left the conversation up in the air.

One idea to further this discussion while also increasing transparency about how the interna- tional student program works is to host an open forum.

As the meeting neared the end of the allotted time, this is- sue and other topics that were not entirely discussed were pushed onto the next meeting’s agenda.

The next meeting will be on Tuesday, May 29 at 2 p.m. in the Pine Room.

The two-hour meeting concluded as quickly and procedur- ally as it began.
Palm Desert’s emerging leaders

By Crystal Harrell

The 2018 graduating class of Emerging Leaders held their completion ceremony at the JW Marriott Desert Springs Resort & Spa on May 11. Consisting of 14 students from College of the Desert and the CSUSB Palm Desert Campus, the eight-month Emerging Leaders program allowed them to tour local Coachella Valley businesses and practice professional skills necessary to assume leadership roles in the community.

Emerging Leaders was first created in 2016 by the chair of the Education Committee for the Palm Desert Area Chamber of Commerce Diane Kovalsky. The program started to take shape after she met with other education and business representatives and discussed what kind of traits employers find desirable in new hires.

“We identified gaps between classroom learning and brainstormed ways to transfer knowledge outside the classroom learning environment in a meaningful way,” Kovalsky said. “We listed many essential skills needed that those young professionals should be taught with an opportunity to practice these skills,” she added.

Each of the monthly meeting days for the Emerging Leaders program are themed. The selected topics for the 2018 class sessions included non-classroom education, communication, operations, tourism, government, health and wellness, and hospitality.

Two Education Committee members from the Palm Desert Chamber of Commerce volunteered to develop the agenda for each of the themed days. Once it was decided how many workshop tours could fit into one session, the Chamber liaison and committee members determined which Chamber members worked within a particular industry so they could contact the business owner to coordinate the date and time of the Emerging Leaders’ visit.

This year’s program differed slightly from the inaugural class of 2017-2018. Based on feedback given by former participants of Emerging Leaders, it was found that a first-day orientation to give students the chance to learn about each other and the expectations of the program would be helpful.

“Committee members had observed during the prior class that students did not seem to interact with one another,” explained Kovalsky.

“As a result of the feedback, we started the series for 2017-2018 one month earlier to add an orientation day that included icebreakers, awareness, interaction with other participants, and a tour and overview of the Chamber of Commerce.”

By taking part in the Emerging Leaders program, students can learn from business representatives about essential skills needed for employment such as networking, practicing professional skills, or getting hired in a digital age.

Participants also become aware of how their college major can fit into various career fields and the different employment and internship opportunities available to them.

From the 2018 graduating Emerging Leaders class, seven students have pursued and obtained employment through the program.

“Emerging Leaders is a beneficial program every college student should take advantage of,” said Emerging Leaders graduate Genevieve Knight. “I learned that there’s never that ‘perfect’ job waiting for you after college. It all starts with an open mind, a willingness to network with others, and getting out of your comfort zone even when you don’t know what lies on the other side,” she added.

Emerging Leaders graduate Genevieve Knight

Applications for the 2018-2019 Emerging Leaders class are available near the end of May at the College of the Desert Career Center and CSUSB Palm Desert Campus offices and website, as well as through the Palm Desert Area Chamber of Commerce office and website. Students interested in joining the program must have a GPA of 2.5 or above and be a current student at a Coachella Valley accredited university or higher education institution for the academic year to participate. A $50 program fee and commitment to attend all meetings must also be received.

Kovalsky, who also serves as the Career Services Advisor at the CSUSB Palm Desert Campus, is confident about the positive effects the Emerging Leaders program will have on students as they integrate themselves into the workforce. This program takes a tremendous amount of time and energy to execute. I believe each year, we have increasing success,” stated Kovalsky.

“This will allow employers to see the value of what they are adding to the development of young professionals and will provide students the opportunity to gain the confidence they will need in pursuing their careers.”

Women of Color in academia

Women of Color honorees Jean Peacock and Eri Yasuhara.

Photo courtesy of CSUSB Photo


Hosted by Cal State San Bernardino’s Women of Color in Academia, the May 11 event, “A Seat at the Table: Intersectionality in Higher Education,” featured a panel discussion focusing on women of color in higher education and two surprise faculty awards.

The surprise awards were given to Jean Peacock and Eri Yasuhara, the two founders of CSUSB’s University Faculty Mentoring Network, for their service and mentorship.

“This means so much,” said Peacock, professor emerita of psychology, who was moved to tears when the announcement was made.

“What is so important to me is that I’m available to you, my fellow sisters, my fellow brothers. It’s so important for us to care for each other . . . I feel that my purpose has been to be available and to help others, and I feel very strongly about that. It’s also very nice to be recognized.”

“It’s been the greatest blessing of my life to be able to end my active career helping people,” said Yasuhara, professor of sociology, who also received the emerita of the College of Arts and Letters and professor in the Department of World Languages and Literature.

“I am overwhelmed. Thank you so very much.”

The event also featured a dynamic panel of CSUSB faculty members, which was moderated by history assistant professor Yvette Saavedra.

The participants were: Claudia Davis, associate professor of nursing; Kathryn Ervin, professor of theatre arts; Mary Texeira, professor of sociology; Elsa Valdez, professor of sociology and ethnic studies minor director; and Yasuhara. The panelists talked about their experiences in the academic field as women of color and how they have overcome challenges throughout their careers.

“Women of color typically have to work three times harder than, say, white males,” said Valdez, who referenced a handout she gave to the audience that highlighted the gender wage gap for women of color.

“Just because we are women we are not paid less than men . . . not just at the higher education level, but in all occupations.”

“‘I think any person of color struggles to get to where they are professionally, even more in a professional degree or being a professor at a university,” said Fernando Villaplano, CSUSB director of student involvement in educational leadership and Educational Opportunity Program counselor, who attended the event.

“The primary goal is to do to be supportive and learn more is great, and what better way to learn from such a well-versed group of women, and to learn of their challenges.”

The panelists also offered advice to the audience and talked about the emotional support they have had to give to students of color.

“A was just so thrilled to be able to lead students in the right direction,” said Texeira.

“Many of our students don’t have college knowledge when they come here because they are, many times, the first person in their families to go to college. So, you have to start at the beginning with them, and I didn’t mind that all because somebody did that for me.”

“Sometimes we go through our struggles,” acknowledged Davis, “but we have to find what it is within us to push through and never, ever give up.”

CSUSB’s Women of Color in Academia was established in fall 2016 by faculty members who are women of color. The leadership team consists of Yvette Saavedra, assistant professor of history; Liliana Contreras, Gallery and Graduate professor of communication studies; Erica Lizzano, assistant professor of social work; Isabel Horacio Alonso, assistant professor of history; and Angie Otiniano Verissimo, assistant professor of health science.

“Women of Color in Academia is to converge teaching, research and social action as well as to create a space in which women of color faculty can discuss these aspects of their professional careers through an intersectional perspective,” said the Women of Color in Academia team.

“We acknowledge that our professional experiences were shaped by being women of color in academia, and we strive to provide women of color faculty with opportunities for networking, mentoring, collaboration and self-care.”

A Seat at the Table: Intersectionality in Higher Education” was sponsored by CSUSB’s University Diversity Committee.

To learn more, visit the University Diversity Committee website.

For more information on Cal State San Bernardino, contact the university’s Office of Strategic Communication at (909) 537-5077 and visit inside.csusb.edu.
The carnival takes place a week before finals, Jun 8th from 8 p.m. to midnight, and is mostly celebrated so students can relieve their stress before all their exams the following week. The carnival typically brings out about 7,000 people. The event is free to all students, staff, faculty and community members. The carnival is a week before finals so that students can relieve some stress before studying and completing all of their final exams, presentations and papers. Coyote Fest will be taking place on Friday, June 8 from 8 p.m. to 12 a.m. at the athletic fields behind the Recreation and Wellness Center. To participate in Coyote Fest, each guest needs to sign a liability waiver and get a wristband. The Program Board will be tabling at Jack Brown Hall, Student Union Walkway and behind the Pflau Library Wednesday, June 6 and Thursday, June 7, so students can get their wristbands early. There will also be an information booth when entering Coyote Fest so people can get their wristbands there as well. At Coyote Fest, there will be carnival rides, carnival games, interactive inflatables, henna artists, caricature artists and so much more. There will also be live entertainment which includes three DJs, a live band, a performance from CSUSB’s University Dance Company and a performance from Coyote Man. All the activities and live performances are free for everyone who attends. Guests can purchase food from any of the three food vendors that will be in attendance. The food vendors will have a variety of food choices from fun carnival food to hearty burgers. Program Board puts a lot of dedication into planning Coyote Fest. The team works hard in order to make sure our students, staff, faculty and community members will have fun! Some frequently asked questions about Coyote Fest are: Is there free parking? There is no free parking. Guests will need to purchase a parking pass unless they already have a parking pass for the quarter. Are kids allowed at Coyote Fest? Kids are allowed at Coyote Fest, however, the music will not be censored since it is college event. Also, anyone under 18 will need a parental guardian over 18 to sign their liability waiver and to be with them during the event.

Will there be alcohol at Coyote Fest? CSUSB is a dry campus. Alcohol is not allowed. Any students who seem intoxicated will be escorted out. Can I bring guests? Yes, everyone is welcomed to come out and enjoy Coyote Fest! How much does it cost to bring guests? Coyote Fest is free for everyone! If anyone has any further questions, contact SMSU Program Board at (909) 537-5943 or email question(s) to csusb_smsuprogramboard@gmail.com. Come out to the biggest event of the year and enjoy a night of fun!

Return of the annual Coyote Fest

By Destiny Lara Benzor
Staff Writer

Coyote Fest is an annual carnival hosted by The Santos Manuel Student Union Program Board. This end-of-the-year carnival typically brings out about 7,000 people. The event is free to all students, staff, faculty and community members. The carnival is a week before finals so that students can relieve some stress before studying and completing all of their final exams, presentations and papers. Coyote Fest will be taking place on Friday, June 8 from 8 p.m. to 12 a.m. at the athletic fields behind the Recreation and Wellness Center. To participate in Coyote Fest, each guest needs to sign a liability waiver and get a wristband. The Program Board will be tabling at Jack Brown Hall, Student Union Walkway and behind the Pflau Library Wednesday, June 6 and Thursday, June 7, so students can get their wristbands early. There will also be an information booth when entering Coyote Fest so people can get their wristbands there as well. At Coyote Fest, there will be carnival rides, carnival games, interactive inflatables, henna artists, caricature artists and so much more. There will also be live entertainment which includes three DJs, a live band, a performance from CSUSB’s University Dance Company and a performance from Coyote Man. All the activities and live performances are free for everyone who attends. Guests can purchase food from any of the three food vendors that will be in attendance. The food vendors will have a variety of food choices from fun carnival food to hearty burgers. Program Board puts a lot of dedication into planning Coyote Fest. The team works hard in order to make sure our students, staff, faculty and community members will have fun! Some frequently asked questions about Coyote Fest are: Is there free parking? There is no free parking. Guests will need to purchase a parking pass unless they already have a parking pass for the quarter. Are kids allowed at Coyote Fest? Kids are allowed at Coyote Fest, however, the music will not be censored since it is college event. Also, anyone under 18 will need a parental guardian over 18 to sign their liability waiver and to be with them during the event.

Coyote Cares Day at CSUSB

By Sabrea Coleman
Staff Writer

At the sixth Annual Coyote Cares Day, CSUSB students, alumni, volunteers and staff members came together to do good work in the community. The office of Community Engagement had a large crowd with over 600 volunteers this year as they celebrated volunteer service and Earth Day. Everyone was ready to laugh, eat and enjoy their time together as they made the community a better place. Everyone was ready to work bright and early at 6:30 a.m. when breakfast was provided for all the volunteers. Each volunteer was given a shirt and socks so they could unite in uniform as they worked in the community.

Head of Compliance Morgan Walker and Head of Academics Meghan McGarry rolled with the student athletes to Chino Hills, where they got to help out the Pomona Valley Area Games in track and field of Special Olympics. The ‘Yotes were put to the test by cheering, cleaning, running and directing other athletes to victory through competition. The competition included people of all ages from 15 to 64 years old.

“This event was truly an inspiration. I loved interacting with different people and meeting new people, so I was fine. A lot of the runners are faster than me, so I have a lot of work to do this summer,” said women’s basketball player Kiana Rivera.

CSUSB students broke into four different groups: triple jump, shotput, high jump and track and field. They had to fulfill certain tasks, such as writing down times, measuring and placing each athlete on the line.

“I was nervous at first because I am very quiet, but having my teammates around and seeing the athletes excited made me comfortable and happy,” said Sergio Espindola of Men’s Soccer.

The event lasted for six hours, and the competitors truly enjoyed themselves as they interacted with the students and even taught them new moves.

“We had a meet yesterday, but this is something I could not miss. Being a part of Coyote Cares day means a lot. It is truly a blessing. I am proud to be a coyote,” said track and field participant Teyah Burroughs.

The ‘Yotes had a small lunch, but still had to finish the job as the event continued with over 300 athletes ready to compete.

Towards the end of the event, the ‘Yotes gathered around the track and cheered for the athletes as they ran their last event to win gold.

“I am truly thankful for each volunteer; they have made this such a good experience. My daughter and teammates were so excited as they cheered them on. It was awesome,” said parent Stephanie Wilson.

“Thank you all for your contribution in making the world a more acceptable place for our athletes. We hope to see you all at next year’s event,” said Special Olympics representative Shantel Fair.

Coyote Cares day was successful and made an impact in the community, and the competitors made an impact on the CSUSB athletes as well.
CSUSB’s Video Production Lab

By Crystal Harrell
Senior Editor

A valuable resource that some communication majors at the CSUSB campus may not be aware of is the video lab located in the basement of University Hall. The video production lab gives students the resources needed to produce multimedia projects using a variety of equipment and software.

Some of the features of the lab are a multi-camera studio and control room, five self-contained editing bays and an assortment of field production equipment, such as DSLR cameras, lights, microphones and tripods.

The editing bays are equipped with iMac computers with the entire Adobe Creative Cloud suite of programs installed. This includes Premier Pro for video editing, After Effects for compositing effects and Adobe Audition for sound editing.

“I’m grateful this lab was provided. Many students can’t invest in paying monthly fees for these editing programs, but you can access them freely at the video lab,” said communication major Roberto De La Cruz.

“Moreover, it’s a great, quiet place to help me focus when I’m about to edit a video and figure out how I want to piece together the final product.”

Students are able to reserve editing bays, field cameras or the studio for an hour at a time with a maximum of two hours via video lab. Priority is given to students enrolled in the Communication Studies department production courses to allow them to complete course requirements.

Many students can’t invest in paying monthly fees for these editing programs, but you can access them freely at the video lab.

Roberto De La Cruz

However, the video lab supports all students when possible, especially in post-production and studio usage. To use field equipment, students must first pass a practical exam to demonstrate that they can safely set up, handle and operate the equipment.

Since its official opening during the fall quarter of 1993, the video lab has been managed by media production specialist and instructor Michael Wichman. He has taught the Advanced TV Practicum COMM 444A course from 1995 up until the winter quarter of this year. During that time, the class has produced various TV programs that have been aired on the local cable access channel.

“Students benefit from hands-on, practical experience. In-class lectures and production theories are critical, but actually using and experimenting with the equipment brings these lessons to life,” stated Wichman.

Currently, the video production lab is used in the fall when students are taking COMM 245, where they learn to tape productions in the studio. In the winter, they develop more complex productions to include editing and more special effects during COMM 346. By spring quarter, the students enrolled in COMM 346 are taking cameras into the field to produce on-location projects ranging from dramatic features to the Local Matters news program, which is produced every quarter and aired locally.

The video lab also employs six student assistants who are qualified and experienced to help others with their video production projects.

“What I enjoy most about working in the video lab is just getting to work with the students and help them create their visions. It’s very exciting to see their creative sides come to life,” said lab assistant Ayla Jauregui.

The video production lab is open from 9 a.m. to 9 p.m. on Monday through Thursday, and 9 a.m. to 3 p.m. on Friday.

Rad Coffee: Not your average coffee shop

By Monica Alvarez
Staff Writer

Rad Coffee is a punk coffee shop located in downtown Upland that serves unique coffee drinks to its wide variety of customers.

Rad Coffee is not your typical coffee shop. This unique coffee shop opened its doors back in March 2015. Owners Jade and Rusty, who worked as baristas before opening the shop, both had a love for coffee. However, they both felt that something was missing in the coffee world, so they combined Rusty’s love for punk music and skateboarding with Jade’s obsession with skeletons and horror and came up with the idea of Rad Coffee.

Although Rad Coffee might have a specific theme, its doors are open to everyone. According to the website, “Rad Coffee’s mission is to bring constant change and creativity to something as simple as a cup of coffee.... We wanted to bring people something different and something that everyone can enjoy. Whether it’s the free spirits, a business person, your local handyman, the artist with tattoos all over their face or last but not definitely not least, you!”

Their drink options are unusual and not likely to be found anywhere else. They have cereal chiller drinks that include a frappuccino-like blend topped with colored whipped cream and different cereals like Cinnamon Toast Crunch, Trix and Cookies Crisp. Names of drinks are influenced by classic movies or characters. Some names are The Frankenstein, Dracula, Black Forest and Cookies and Cream.

They also offer a pick-me-up drink to help you study for finals called The Great White. The Great White is a 32-ounce drink made with four shots of espresso, cold brew concentrate, organic almond, white mocha and caramel sauce chilled over ice.

Rad Coffee also offers vegan drinks and pastries. If you do not want dairy, they accommodate by offering hemp or soy milk. Though the shop is not known to many, regular customer and CSUSB commuter Samantha Valencia enjoys the punk-themed coffee shop. “The scene there is just really chill,” said Valencia, “My favorite drinks are Horchata-gato, Leprechaun or any cereal latte-based drink. They are odd mixes of drinks that are just great.”

Next time you’re on your way to school, make a stop at Rad Coffee and have a rad experience. In doing so, you will be supporting a local business that will be more than happy to serve you. You can even make it on their social media account by posting a picture of your drink and tagging them at radcoffeeco.
The best part would be meeting different people and having everyone cheer us on. The morning rain and hot afternoon weather did not stop the teams from giving it their all in playing. The teams that made it to the final game were Los Spichtigos and Sigma Nu Golden Knights. The teams were able to pick their own names, which made it more fun and apart of the soccer experience.

The large trophy has multiple nameplates on it for the winners of the tournament to leave their mark.
Vox Pop: 2018 Spring Graduates

Gabriel Robles, Communication Studies/Human & Org:
“This is my third year at CSUSB, and the experience taught me all about who I am as a man as well as, my capabilities and making the impossible possible. I will remember the connections made all over campus, especially those made through Delta Sigma Phi.”

Jose Velasco, Spanish in Language, Literature, Civilization and Culture:
“I’ve been at CSUSB for two years and it has been amazing. The environment is very welcoming and the professors really helped out. I like the diversity and how there’s a little bit of everything for everyone. I will remember the friendships I made, which will last a lifetime.”

Bradley McFarland, Environmental studies, Geography and GIS:
“I’ve been attending CSUSB for two years. It’s helped me grow independently and understand that I have control over my future. I have also met more people and built more friendships than I ever would have imagined. I am also the first person in my family to earn a bachelor’s degree.”

Dhanraj Patel, Computer Science:
“I have completed four years at CSUSB and it has been a very good experience. I met really good friends, I learned a lot of new things and encountered many obstacles along the years. Some extremely hard classes and some super easy, but overall I had a great time at CSUSB.”

Maria Teresa Roche Vega, Spanish in Language, Literature, Civilization and Culture:
“I’ve attended CSUSB for two enjoyable years. I have been able to learn about other cultures and meeting new people.”

Jasmine Novoa, Communication Studies/Public Relations:
“I’ve been at CSUSB for four years and it was a fun experience. I will remember the professors and their life lessons as well as the friendships I made throughout my undergrad years.”

Breeze Rivers, Communication Studies/Media Studies:
“I’ve been at CSUSB for two years from Taft College, as a student athlete. I developed media skills and gained experience which will help me excel as a professional.”

Angelica Carillo, Communication Studies/Media Studies:
“I have been here for two years. I’ll miss the friends I’ve made here. After graduation, I hope to get a job to start my career in TV broadcasting.”

Ana Tapia, Communication Studies/Human & Organizational:
“I have been at CSUSB for 5 years. I can say that I’ve had a pretty good experience. I loved my professors and met cool people on campus.”

Chasing our dreams 2nd annual 5K

Undocumented student success center volunteer held the finish line for runners.

Participants completed warm up exercises just minutes before the race began.

Chasing our dreams 5k took place on Saturday May 19 in front of the library.

Participants encouraged one another throughout the race.
Cody Hall competes in regionsals

Hall represented CSUSB in Texas for the NCAA West Regionals.

By Evelyn Carmona
Contributing Writer

Cody Hall, All-CCAA golf player, represents CSUSB at the National Collegiate Athletic Association (NCAA) South Central/West Regional in Amarillo, Texas.

This year 118 individuals from 28 universities competed in the NCAA South Central/West Regional.

In the first round Hall struggled due to the gusty winds in Amarillo on a 77.

In the second round, he had an Eagle shot on the par-5 on the 508-yard hole finishing with a six over 77.

“The winds out in Amarillo were nearly this week,” Hall said. “I struggled the first two rounds getting adjusted.”

The third round was best for Hall, as he hit a 69-par. He jumped 40 spots from 87th place, finishing at 47th.

“I brought it back for one of the best rounds of the tournament the final day,” Hall said. “I finished for a tie for 47th, which I wasn’t happy about, but proud of myself for jumping up 40 spots on the final day to beat more than half the field.”

The 22-year old has a year left at CSUSB, soon to be a red-shirt senior.

This 2017-2018 season, the golf team won their first tournament since 2009 and Hall got an individual title, All-CCAA.

Overall, his season was an up and down roller coaster.

He led the season with an average of 75.9 in 21 rounds.

Hall’s low score 54 of 215 with four top-20s and three top-10s.

“My season was not as consistent as I would have liked, but the highlight was the win for sure,” Hall said.

In the third round, he hit a 69-par, which moved him up 40 places.

The Murrieta native commutes to CSUSB, which takes him an hour to get to campus.

“I came to CSUSB because at the time one of my good friend’s dad was the assistant coach and it’s only about an hour from home,” Hall said.

The commute isn’t too bad for Hall because he enjoys living at home where he is able to train with his private coach at the Bear Creek Country Club.

“I am very close with my family,” Hall said. “Also I am a member at Bear Creek Country Club in Murrieta with top ranked players in the world. My private coach is there. I wanted to be close by to keep improving my game every day. It just made the most sense.”

Hall will have a fifth and final year at CSUSB for the 2018-2019 school year.

He is excited to be a red-shirt senior and bring more awards to the university through his outstanding focus and golf.

He plans to have a professional career after his last year as a Coyote.

“After I graduate next year I will be turning professional and looking forward to a big career ahead,” Hall said.

Breaking into the sports industry

By Lucero Roman
Staff Writer

TeamWork Online held their third annual networking event at Dodger Stadium Wednesday May 9, 2018 for professionals who seek to get hired into the sports industry.

The event included sporting executives from several Los Angeles teams and stadiums.

There were over 12 representatives from the LA Sparks, LA Kings, LA Lakers, LA Chargers, Rams and Dodgers.

All the executives gave a quick 30-second intro and explained who they worked for, followed by a fun fact about themselves.

TeamWork Online works hand in hand with sports teams and those who seek employment in the sports industry.

Each year, the event is an opportunity to speak to executives and ask them questions regarding their work in the industry.

Each attendee was encouraged to take their business cards and dress business casual.

The executives spoke about their job title, along with a little insight about themselves and the work they do.

The ticket for the event also included entrance to the game against the Arizona Diamondbacks.

That night, they were giving away Justin Turner bobble heads.

Entering the event, you were given your name tag. Those in attendance were able to network with one another before the event kicked off.

There were 50 people from all walks of life, but it was mostly male dominated.

As people broke away after the event to speak to executives, it began to get more crowded.

Many people attempted to cut into conversation to sell themselves and potentially get a job or internship.

This event was an eye-opener to many in attendance of the competitiveness within this industry.

David Siegel, Vice President of Ticket Sales for the Dodgers, is on his 22nd season with the Dodgers and has worked with all four owners of the franchise.

He gave advice for those who are trying to break into the sport industry.

“Don’t just look into sports. Look at different outlets that work with the sport industries.”

As the event continued, the importance of having a business card became clear.

Resumes are discouraged by the event because they highly encourage professionals to have their own business cards.

Days after the event, TeamWork Online emailed those who attended the event.

The email gave advice on how to follow-up with executives and the correct approach to use when sending them emails.

TeamWork thanked those who attended and is open to criticism to make the event better as the years go on.
By Sabrea Coleman
Staff Writer

With four teams remaining, the NBA conference finals are officially underway. From the Eastern conference, the Cleveland Cavaliers, who are looking to advance for the fourth consecutive year, will face the Boston Celtics.

LeBron James is known as the King of the East, but this year he is placed in the last seed against the young, talented Celtics who sit in the No. 2 seed.

Will a new team be crowned this year for the East? The Celtics proved that they are not to be played with as they blew past the Cavs in Game 1 on Sunday, May 15 with a final score of 83-108.

Then, they came back and did the same thing in Game 2 on Tuesday, May 17 with a final score of 94-107.

“Hey, I’m not worried or satisfied,” James said in a press conference. “I’ve been in worse situations than this in a conference finals game.”

The Celtics hold a lot of young talent.

At just 19 years old, Jayson Tatum will enter his first playoff series, averaging 16.5 points. Another young player, 21 year old Jaylen Brown leads the team with an average of 23 points in final play.

For the Cavs, Kevin Love led with 17 points in Game 1, with James right behind him at 15 points.

Both players set the tone for the Cavs offense and proved to be valuable to the team, averaging over 30 minutes per game.

In the Western conference, the No. 1 Houston Rockets will take on the No. 2 Golden State Warriors.

James Harden and Stephen Curry will meet again for the third time this season. The Warriors look to win their fourth consecutive Western conference trophy and sixth NBA title.

However, the reigning champs are against the odds as sports analysts are predicting the Rockets to win.

The Warriors defeated the No. 6 New Orleans Pelicans in a series 4-1 and managed to advance to the Western Conference Finals, but sports analysts argue that the Warriors have not been competing against difficult teams in the playoffs that will disrupt their offense.

“We don’t look to slow down, it’s good when the odds are against us because we have a chance to prove everybody wrong,” Draymond Green said.

“As a team we have a goal, and that’s to win the championship. It doesn’t matter who is in the way. The goal remains the same and we are not going to stop until we reach that goal.”

However, Chris Paul and Harden stand in the way to break the Warriors’ winning tradition. Paul made his first debut in the Western Conference finals and is hungry for his first NBA title.

Harden on the other hand is averaging 33.7 points and has no plans to slow down throughout the series.

The Rockets have beaten the Warriors both times during the regular season. However, they fell short last Sunday in Game 1 with the final score being 119-106 in the Warrior’s favor.

Kevin Durant could not be stopped as he led the Warriors with 37 points and Klay Thompson with 28 points.

On May 16 the Rockets evened up the series, beating the Warriors 127-105 in Game 2.

But, the back and forth battle continued Sunday in Game 3 where the Warriors won 126-85.

As for the East conference, on Saturday May 19, the Cavs won Game 3 with the final score being 116-86 where LeBron’s defense proved to be phenomenal as he shut down most offensive attacks.

Game 4 action will continue on May 21 for the East and May 22 for the West.

By Kyle Barry
Staff Writer

Los Angeles Angels of Anaheim phenom Shohei Ohtani is tearing Major League Baseball (MLB) apart — both on the mound and in the batters box.

But with only 69 at bats and 32.2 innings pitched, Ohtani and Angel fans alike are clamoring to see him on the field more often.

“Once the season and the schedule get tougher throughout the summer, hopefully I can make them want to play me more. I would like to play more. If not, that’s what it is. I have to follow what they have to say,” Ohtani told reporters in April.

At only 23 years of age, Ohtani is excelling as both a starting pitcher and a designated hitter, a feat that only the Sultan of Swat, Babe Ruth, successfully accomplished in the 1918 season (bleacherreport.com). SloTime currently holds a 3-1 win-loss record in 6 games started, a 3.58 ERA, a 1.10 WHIP, and 43 strikeouts in 32.2 IP.

Entering the season, Angels manager Mike Scioscia told MLB.com about the challenges of developing a two-way playing capabilities. “There is a lot of effort a pitcher has to put into pitching, and obviously it might erode some of the opportunities he has to hit,” said Scioscia. “But I think we need to be flexible as we go through this to work this out.”

Ohtani’s regiment remains at one pitching start per week and four starts as a designated hitter, putting him on the bench the day before and the day after a pitching start. But why not have him hit more often? Fear of injury. Ohtani has already landed on the disabled list (DL) twice this season with minor injuries — a mild sprained ankle and a blister on his pitching hand.

With a slash line of .264 AVG/.392 OBP/.652 SLG, Ohtani has showcased superior potential in the box, but critics argue that both his pitching and hitting statistics may be the result of lack of information/adjustments by competing clubs or even more commonplace, a small sample size.

In acquiring Ohtani, the Angels agreed to a posting fee of $20 million to his former club, the Hokkaido Nippon Ham Fighters of Japan’s Nippon Professional Baseball and extended a $2.315 million signing bonus to Ohtani himself. Because of his rookie status, the Angels are only obligated to pay him $545,900 per year over the next three seasons.

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Game 4 action will continue on May 21 for the East and May 22 for the West.
Made in South Africa, imported to America

By Kaelie Illman
Staff Writer

Southern California has become a hub for many different cultures with one of the smaller groups being South Africans. 62-year-old Barry Illman has been a resident in California since the 1980s and has built a life here as a recent citizen. Illman was born and raised outside of Johannesburg in the Western Rand where his father was a part of the gold mining industry. His family originated from England, but both his parents were raised in South Africa from young ages. By the time he was fifteen, Illman was entered into the draft for the military, but he wasn’t conscripted into the artillery until he was eighteen.

The army took him as far as the Angolan-Namibian border where South West African People’s Organization was taking power, but there was also dissent in Zambia, Mozambique, Rhodesia (modern-day Zimbabwe), and South Africa. The dissent allowed several groups such as SWAPO and the ANC to transport weapons and overthrow the governments in charge at the time. He was based at Mpacha Air Station in Katima Mulilo, where he tracked terror groups that caused problems amongst the citizens.

“It had changed me. My marriage suffered. I had just had enough of being told what to do, to go up and fight a war I really didn’t believe in anymore,” Illman said. “South Africa was very aggressive at the time, and California was just so peaceful.”

The war broke up his first marriage leaving him divorced and separated from his young daughter. He decided to come to America after hitchhiking through Africa and packed up to leave as soon as he returned to Johannesburg.

To Illman, it was an adventure that never ended.

He married a woman from California in the 90s and became a permanent resident in 1992. The process to become a citizen of the US took him over 20 years and going through another divorce did not make it any more simple.

“The process has become tougher since I’ve done it. Then, you could get a social security number, bank accounts, receive a driver’s license, and even pay taxes without them coming to look for you. My recommendation is to do it the legal way. Get an attorney, because they smooth the path in a matter of months, instead of years,” said Illman.

In America and South Africa, Illman believes that politics is a dirty business. In South Africa, while growing up, people were forced from their homes to represent their constituents, but now it has become corrupt. In the United States we see many movements such as the LGBTQ community fighting for equality, Black Lives Matter, and the feminist movement; and in South Africa, it has also been changing.

“South Africa was a very herstigte (anti-change), live by the word written in the bible. Nothing was out of the norm even when I left there in 1984. Television was a game changer that allowed the country to move forward. It was harder for the government to block it. People weren’t tolerant of the gay community, or blacks, even when I left there,” Illman said. “When the ANC took over, everything changed racially and sexually when Nelson Mandela propagated freedom for all.”

Becoming an American was a large accomplishment for Illman. To keep his past culture mixed with his new life, he continues to camp and dirt bike with family and friends from South Africa that have made a home here, as well as all two American children.

Barry keeps in touch with his roots by cooking native South African dishes regularly.

Graduation is Coming: How to Stay Sane

By Brittany Stoner
Staff Writer

As graduation quickly approaches, so do those class deadlines. We all start rushing to our computers to finish those last essays and final projects and try not to lose our focus. Seniors is a real thing and being overwhelmed isn’t going to do you, so heed while one of the biggest moments of your life starts to approach. I am here to tell you fear no more with these tips and tricks to stay sane before graduation day.

First and foremost, let’s think about our diets. I know how amazing that caramel frappuccino sounds in the morning, but all that extra sugar is actually going to slow you down. I know we were all taught about the sugar rush, but that sugar rush will slowly turn into a sugar crash. Eating healthy while you finish up all your assignments is going to benefit you in the long run even after graduation. I am not going to turn down a midnight run to Jack in the Box but let’s not make it a routine.

Start to plan what assignments you need to get done ahead of time. Write down what you want to achieve, find all materials, and start rough drafts of essays. It’s better to start getting assignments done early, so when the due date arrives, you’re not staying up till 5:00 in the morning trying to get the assignments done.

Consider actually using the library and being in a quiet place instead of being in your room to get assignments done. Being in familiar surroundings with access to things like television, and cellphones can be really distracting. Apple Music and Spotify actually have studying playlists, so press play, unwind, and get to writing.

Another thing to stay sane is hanging out and doing things you love. Once your assignments are done and your brain is officially fried go to the gym, go to a sporting event, or even take that most needed nap we have all been dreaming of since the beginning of the quarter.

Having something to look forward to makes all this stress worthwhile. Plan a trip with your friends, or even a staycation right after graduation.

The most important thing is don’t forget to have fun. It’s okay to be not perfect and stay studying 24/7. We’re all human, and we all need time to unwind and reward ourselves with all the hard work we put in for the last few years.

Graduation day is going to be one of the most special days of your life and it’s the day you’ve worked so hard for. Don’t ever forget to enjoy these memories but know the day is coming that you can finally erase all those assignments and sleep.
Finding your way at a post-graduation crossroads

By Crystal Harrell
Copy Editor

Since the very start of freshman year, every college student anticipates the moment they will walk across the stage at graduation with a degree to show for their efforts in pursuing a higher education. It’s a Hallmark moment filled with smiling farewells, inspirational speeches, and group pictures to capture that feeling of accomplishment forever. What often gets overlooked in the afterglow of alumnal bliss, however, is the question that lurks in the back of a recent graduate’s mind: what’s next?

There are several paths one can follow after receiving their bachelor’s degree. Some take a year off to embark on a journey of self-discovery (and well-deserved rest) while others prepare to enter a master’s program to further their studies. A majority of graduates prefer jumping straight into the workforce after commencement, but this is often easier said than done.

According to a 2014 report published by The New York Federal Reserve Bank, between 30 and 40 percent of college graduates are underemployed. With that being said, finding a job that pertains to a specific major or skill set may not always be possible immediately after graduation, but does that mean pursuing a dream career becomes a lost cause?

One of the most challenging factors of navigating your life course as a young twenty-something is the undeniable fear that comes with expectations. You expect to graduate by this date. You expect to start working at this specific place. You expect everything except the unexpected. Despite the goals you set for yourself, sometimes life’s path veers you towards a different direction. What may follow is an entirely new route taking shape on your road map to success.

If there’s one thing to remember after graduation, it’s how far you have come in the pursuit of a bright future. Be proud of the time you have invested in college and the opportunities it will bring as you broaden your horizons and achieve more independence.

Even if you don’t land that position you had been interviewing for or if your peers have managed to secure jobs in their desired fields before you, never let yourself draw comparisons that could lead to discouragement. Everyone has their own unique journey. Some just have a longer way to travel than others.

Another important idea to note is that time may be of the essence, but try not to get ahead of yourself too quickly. Enjoy this moment of confusion, excitement, passion, and impulsiveness because before you know it, you’ll be pining for the days when it felt as though the entire world was at your fingertips.

As this academic quarter ends and you join the graduation march with your classmates, waiting for your name to be called, embrace the feeling of infinite possibility. There will always be a lingering fear that keeps you second-guessing the decisions you make, but trusting yourself and finding the support of loved ones will propel you in the right direction. Not every aspect of our lives is within our control, and that’s what makes overcoming those obstacles all the more special.
Summer in South Korea

By Dustin Alexander
Multimedia Editor

This summer, on June 16, I will be stepping into LAX airport to begin my flight across the Pacific Ocean to South Korea for a study abroad program hosted by CSUSB. Ever since I came to CSUSB and learned about the opportunities for studying abroad, I told myself that I would make it happen. It seems like such an amazing and delicious experience.

Cherelle Ross, another student going to the South Korean program, sums up why this is such an amazing opportunity well.

“I decided to study abroad because I really love traveling and I hope I can do it non-stop in the future,” said Ross.

I have always wanted to travel as well, and studying abroad is a wonderful way to see the world.

According to the United States Department of State’s data, only 325,339 students studied abroad during the 2015-2016 school year, which is only a minuscule amount for the whole country.

I realize that I am in a very privileged position by being able to go but, I can not help but feel a little anxious, even if I am excited to overcome the difficulties I will face.

The closer it gets to the day I will be departing, the more turbulent my emotions become. I am going back and forth between excitement and fear. Excitement over all the wonderful experiences I will have and fear of all the uncertainty and everything that could go wrong.

It is strange how everyday life goes on normally with classes and work, but with each passing day, the feelings get more and more intense.

Do I have enough clothes? Will I remember everything? What if the experience is not as magical as everyone says it will be?

Most students who are about to leave to study abroad have these thoughts and feelings, so I know I am not alone. However, it still makes concentrating on classes harder.

Perhaps the largest challenge, for me at least, is the idea of leaving the area and home I have known my entire life and having to adapt to an entirely new culture and country. I have never left the country before. I have barely left the San Bernardino and Riverside counties if I am being honest, so the idea of being in a country halfway across the world with their own culture and language is daunting.

However, I do not want it to seem like I am unhappy about the difficulties of studying abroad. I am in fact extremely grateful to be able to face these challenges.

The flyers and websites for studying abroad never accurately paint how difficult studying abroad can be, they just focus on the positives. The fact that it is difficult is a positive.

When we overcome challenges, we grow as people, and with how challenging studying abroad can be, it is an amazing opportunity for character growth.

As much uncertainty as there will be trying to survive in Korea without almost any knowledge of Korean, overcoming it will prove just how capable I am.

Of course, for every challenge there will also be an amazing experience: for every time I get lost on the Korean subway, there will be a fireworks festival on the beach or a stay at a mountaintop temple.

For anyone who is preparing to study abroad but is feeling nervous about it, you are not alone. For anyone who is thinking about studying abroad but is afraid of the difficulty, it is difficult, but if I am strong enough to handle it I know you do not appear to have any psychoactive effects similar to those caused by THC.

You might not be aware of how many restaurants and bars in your backyard are taking advantage of the new laws.

West Hollywood’s Gracias Madre has been serving CBD since 2016.

Pattern Bar, also in Los Angeles, serves several drinks featuring CBD.

This trendy spot allows you to add cannabis to any drink for only $5.

Prank Bar in downtown Los Angeles is also taking advantage of the compound and serves cocktails infused with terpenes.

The legalities of cannabis are similar to alcohol. Only licensed shops are allowed to sell to individuals 21 and older with a valid identification card.

The state prohibits consumption in public and you cannot drive under the influence.

Lastly, a person is allowed to grow up to six marijuana plants per household as long as they are out of public view.

It seems as if more people are accepting the potential of this plant and all the medical benefits it provides.

As events like this raise awareness of the health benefits of cannabis among the public, the stigma of the drug and its association with sinners may finally begin to fade.

Tacos and tokes

By Gabriella Venturo
Staff Writer

Chef Rosie O’Connor of Provecho Grill has hosted the first cannabis-infused culinary event in Menifee.

Tacos and Tokes was a private event concerning the legalities of the herb. Since becoming recreationally legal this past January, marijuana has become quite popular in the kitchen.

We have seen a rise in recreational use for good reason.

The herb offers many health benefits that serve as an alternative to painkillers and other opioids many depend on.

Tacos and Tokes, a great name combining the two featured stems, food and cannabis, consisted of six different dishes with dessert included.

The dishes were heavily influenced by O’Connor’s culture and upbringing.

Her background includes Japanese, Salvadoran, Mexican and Peruvian, and the dishes reflected each of those.

Four different strains of cannabis were used.

O’Connor told us that there were 35 guests in attendance and the response from each was nothing but gratitude.

O’Connor was inspired to put on such an event from High Times Harvest Cup finalist chef Manny Mendoza.

Mendoza has since then started Herbal Notes, a California-based supper club that serves cannabis-infused meals.

She explains that the new laws were a contributing factor of inspiration, but it wasn’t until she attended a dinner put on by Mendoza that she felt the time was right to organize her own event.

“It thought to myself, this is the most incredible experience I have ever had,” said O’Connor.

Many people are now consuming marijuana raw.

Ingesting raw cannabis, meaning putting it into a smoothie or even eating it in a salad, does not actually cause the psychoactive side effects typically associated with the herb, and like any other leafy green plant, there are many nutrients packed into cannabis, like fiber, iron, calcium, vitamin C and some antioxidants.

All of these are known to protect the body from certain illnesses.

There are 421 distinct chemical compounds in the cannabis plant. The primary compound tetrahydrocannabinol (THC) has been shown to play an important role in pain regulation and inflammation.

Another compound of the marijuana plant, Cannabidiol (CBD), which makes up about 40 percent of the plant’s extract, does not appear to have any psychoactive effects similar to those caused by THC.

For anyone that is preparing to study abroad have these thoughts and feelings, so I know I am not alone. However, it still makes concentrating on classes harder.

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Experiencing the body catalog exhibit

By Yesica Gonzalez
Community Features Reporter

The Body Catalog is CSUSB’s new exhibit in the Visual Arts Gallery 106 showing now until May 31.

Rebecca Waring-Crane, first year graduate student in the Master of Fine Arts, illustrates her rough journey through her art.

A few years ago, she began experiencing strange symptoms. Her doctor told her that these were similar to the symptoms of Lou Gehrig’s disease, commonly known as ALS. However, further tests revealed a treatable, non-terminal autoimmune disease called Myasthenia Gravis.

“It was already in my mind. I took pictures after I was diagnosed, but I still didn’t see how the two would come together, my personal experience and the work that these artists did,” said Waring-Crane.

When asked when the idea for the exhibit came to her, Waring-Crane explains that it started over three years ago. In 2015, she chose to undergo surgery to reduce, or possibly stop, taking steroids for her symptoms. She realized that surgery would scar her body and wasn’t sure how to face this. One of the tools that usually helps her to process and cope is writing.

“But I didn’t even have words for what I was feeling, so I thought, I’ll use art. I realize that women have been taking pictures of themselves using their body for a long time, and I can do that too,” shared Waring-Crane.

So she began taking pictures of herself.

“I still didn’t see how my personal experience and the work that these artists (Mendietta and Wilke) did would come together,” said Waring-Crane.

There wasn’t an overall clarity of having a solo show someday. That is until she took a glimpse at a room where her display now stands.

“The possibility was there, so I thought ‘Why not? Here’s a space, I have some art.’ It snuck up on me, the idea of having my own solo exhibit, “said Waring-Crane.

Entering the gallery, Waring-Crane is heard from a television monitor.

Her words swiftly capture a person’s attention and introduce them to her story.

As Waring-Crane writes in the statement for her show, The Body Catalog explores many themes such as “the geography of living while dying, the landscape of illness and aging, and ways one may participate in personal recovery and well-being.”

When people come to see her display, many leave notes in her book that is located near the door.

This creates a sense of connection with others that someone else has gone through a similar experience. That’s what she wants students to know.

“It’s so important to honor your experiences as they are, the messy, imperfect, and painful. They are valuable. In a social media era, what you see is carefully curated and designed in certain ways creating this managed look.

If your life isn’t that way, you start pretending your life is that way while your real life gets buried behind appearances,” shared Waring-Crane.

Life experiences create a bond with others and can be expressed in many forms just like The Body Catalog.

“Tell your story. Honor all of your story because some people want to hide the ugly parts and sometimes it’s too painful to do it right away, but give yourself time and perspective to accept it. And watch out for the lie that you don’t matter, because you do,” said Waring-Crane.

“Overboard” movie review

By Yesica Gonzalez
Community Features Reporter

“Overboard,” a romantic comedy released in theaters May 4, has been added to the list of remakes of Hollywood’s classics.

The story is about Kate, portrayed by Anna Faris, a single, hard working mother of three girls who is studying to become a nurse. Kate is hired to clean the carpets on an extravagant yacht.

The yacht belongs to billionaire Leonardo, portrayed by Eugenio Derbez, who has no consideration for anybody other than himself.

The movie includes in its supporting cast Eva Longoria portraying Kate’s friend Theresa and John Hannah as Colin.

Leonardo fires Kate out of the blue. This greatly frustrates her because she knows Leonardo has never done any labor in his life.

When Leonardo falls over the boat and is found on the shore, he wakes up with no memory of who he is. Kate visits the hospital to take his vulnerable state to her advantage by stating that the pair are actually married.

Kate is able to get her revenge by telling Leonardo he is in charge of doing manual labor, which she knows he will have a rough time adjusting to. But as he comes to find his place with the family, Kate starts to wonder how long she can keep up the plan.

Her idea soon turns into romance as she and the kids start to get attached to Leonardo.

One of the main differences between the 1987 version and the 1987 original is the gender swap of the main characters. In the original, the wealthy character was heiress Joanna Stayton, portrayed by Goldie Hawn. Where as in the new one, it is Leonardo who is the rich, spoiled person with amnesia.

Movie goer Michael Hannigan, who has seen the classic, compared it to the remake.

“The overall difference is the gender role, like in the new Ghostbusters; it seems to become a common thing when Hollywood tries to reboot a classic,” shared Hannigan.

The chemistry between Faris and Derbez can sometimes feel off at certain places, except when it comes to the comedy aspect. There were some funny, cross-cultural remarks and outstanding hilarious comedy from the main characters. Faris and Derbez did an outstanding performance when portraying the characters that have dissimilar backgrounds and outlooks on life.

The plot of the movie stays true to the original without any major differences.

“I thought it was good, funny, like another romcom, but it didn’t seem to have much of originality,” said Hannigan.

“I’ll probably even go home to watch the classic to catch which has more comedy, but for the remake, it was sweet-natured, with a spin of Spanish dialogue and I would definitely see it again. It’s comedy done really well,” shared Hannigan.
TDE Championship Concert

By Daniel Banks  Staff Writer

The TDE Championship Tour was held at the Great West Forum in Inglewood, Calif. on Friday May 11.

The show featured the entire roster from the TDE label, including Kendrick Lamar, SZA, Schoolboy Q, Ab-Soul, Isaiah Rashad, Jay Rock and Sirk. It was a sold-out show with not a single empty chair in sight.

Each artist performed their own set with very little intermission in between. They performed some of their biggest hits and fan-favorite songs that had the entire venue on the edge of their seats. They all had their own aesthetics. For example, Schoolboy Q had a racing car stage during his performance, and SZA had boxing ring in the middle of the stage during hers.

Not only that, they have an extensive menu containing appetizers, main entrées and desserts. Rok N Fondue also has a full-sized bar placed right in the center of the restaurant. They are only open for dinner service, and according to the hostess, Fridays are their busiest nights aside from holidays. When I arrived at 7:15 p.m., the hostess informed me that there was an hour wait and suggested that I walk around State Street and enjoy the shops while I wait.

Since the wait was quite long and there was no seating inside or at the bar, I took the hostess’ advice and walked along State Street.

At first, it was disappointing that the wait was so long, but State Street’s many trendy shops made the hour go by rather quickly. Once I was informed a table was ready, I was immediately greeted by my server Trevor. He gave me a drink menu and recommended their Moonshine Mule, a blackberry-flavored Moscow Mule. Trevor insisted that it was the best, so I ordered one. It turned out he was right. On Friday nights, they also have live entertainment, and a man serenaded the restaurant while the customers enjoyed dinner in the dimly lit main seating area. After ordering my drink, I ordered the sun-dried formaggio, a cheese fondue priced at $13.95 for a single portion.

For $13.95, you get the cheese fondue that is warmed at the table by the servers coupled with bread, crackers, chips and fruit for you to dip into the fondue. Unfortunately, I was expecting more of a tomato or pesto taste to the fondue because of the way it was advertised on the menu, but it only tasted like a hot blend of cheeses. For $14, I felt that it was not worth it. Next, I ordered the entrée “The Vegetarian,” because it was the cheapest option ($17) and I am usually a goat plant-based. This option included fresh veggies and tofu that you cook on the 900-degree “rok” that is served at the table.

In addition, I received dipping sauces. The entrée was delicious, but I did not have enough food to try all of the dipping sauces.

Lastly, I ordered the salted caramel chocolate fondue. This was the winner. The chocolate dipping of your choice is warmed at the table by the warmers, just like the cheese fondue, and they serve you a gorgeous array of fruits and treats to dip into the fondue. At $19.95, the dessert was the most expensive.

Overall, I would recommend this spot for families celebrating a special occasion or for a first date. It is fun, exciting and all-around delicious.

However, because of their steep prices, it probably is not the place for someone looking to save money.

Rok N Fondue's hours are 5 p.m. to 10 p.m. from Monday through Saturday, and on Sunday it's 5 p.m. to 9 p.m.

Rok N Fondue restaurant review

By Corinne Garcia  Staff Writer

Located in the heart of downtown Redlands on State Street, Rok N Fondue is a popular bar and restaurant for locals.

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The rapid return of Taylor Swift

Taylor Swift performed fan favorites, “End Game”, “I Did Something Bad”, “Delicate”, and “Call It What You Want” during two sold out nights in Pasadena, CA.

By Isabella Meneses Staff Writer

Taylor Swift performed two sold out shows at the Rose Bowl Stadium in Pasadena, signifying her return back into the limelight. For the past decade, Swift has been one of the most influential artists in the music industry. With over 10 Grammy awards won, 30 million albums sold, and millions of fans worldwide, her impact on popular music is evident. After multiple misguided headlines and personal attacks of character from the media in the last few years, Swift made the conscious decision to step away from the spotlight. During this time away, Swift spent her time writing and recording her sixth studio album, “Reputation,” shining light on her personal experiences with the media and her love life. “Reputation” debuted at number one on the Billboard 200 albums chart and was the largest album sold in a week since Adele’s 2015 album, “25,” with 1.2 million traditional albums sold. Prior to the release of the recent album, Swift wiped clean all of her social media accounts and started over brand new. Fans of Swift saw this as an ode to a specific lyric from her first single off the new album, “Look What You Made Me Do.” In the single Swift sings, “I’m sorry, the old Taylor can’t come to phone right now. Why? Because she’s dead.” The song was a bold choice to be released as a single first, but it made a specific statement about her return. Swift wasn’t the same artist as before, this time around last year she was giving herself a chance to start over. In order to celebrate the release of “Reputation,” Swift is currently embarking on a stadium world tour, with an attendance of over 75,000 fans a night. Swift hasn’t been on tour since her “1989 World Tour” that ended in 2015. The “Reputation Stadium Tour” will encompass Swift’s newfound confidence and ability to move past hurtful rumors. The set list of the concert has a handful of tracks from the current studio album. However, it has also been confirmed that she will sing ten songs from her past albums. So while Swift is embarking on this new journey on her already successful career, she is still honoring her past music that fans still deeply enjoy. Swift is bringing two talented female musicians along on the tour as well. Camila Cabello, former member of Fifth Harmony, and Charli XCX will serve as the opening acts for the concert. Swift’s performance in Pasadena this past weekend solidified her return for multiple reasons. Swift currently holds the record for the most sold out shows at the iconic Los Angeles venue, the Staples Center, with over 16. Her success in Los Angeles is apparent and has been for multiple years. As well, this was Swift’s first time performing at the Rose Bowl stadium and she successfully sold out both nights. Many critics and artists view a musician’s success in Los Angeles as a trademark to their career. Despite her tarnished reputation, Swift still manages to stay successful in Los Angeles and breaking more of her impressive records.

By Nylles Vernon Multimedia Editor

Donald Glover is the man of the hour right now. If that wasn’t enough, he just wrapped up the second season of his hit show “Atlanta,” and released a video for a new single from his forthcoming album “This Is America.” His career started right after graduating from NYU and becoming a comedic writer on NBC’s 30 Rock with Tina Fey and Tracy Morgan. Later, Glover starred as Troy Barnes on “Community,” which also aired on NBC and proved to be a huge hit for the network. This then led Glover to pursue his music career under the stage name Childish Gambino who released a series of mixtapes, EP’s and albums. The most notable of them being the 2013 effort, “Because The Internet”, which was a seamlessly polarizing, combining the worlds of hip-hop, lost love, social media and Afro-Punk into a priceless piece of art. Glover’s talent and dedication for being able to fuse so many different worlds together in the way that he does without even being phased is the reason why so many people are currently praising him on social media.

Donald Glover is the man of the hour right now. You can even ask the Hip-Hop trio The Migos, they will tell you firsthand. After winning two Golden Globes in 2016 for the first season of “Atlanta,” Glover shouted out the Migos and their single “Bad and Boujee,” saying “It was the best song ever.” Shortly after, it ended up charting at number one on the Billboard Top 100, making the song 4x platinum and the group even made a cameo on the first season of the show. The success didn’t slow down for Glover, a year after releasing his album “Awaken My Love!” he earned a Grammy for Best Traditional R&B Performance for the second single “Redbone.” Last summer during the Governors Ball Music Festival, Glover announced that he would be retiring the stage name Childish Gambino by releasing one more album along with a tour later this year. The first single from the forthcoming not yet titled album, “This Is America” was released while he was performing on Saturday Night Live. In the video for the single, Gambino can be seen having fun dancing with a group of kids while chaos ensues in the background.

Donald Glover is incredibly busy these days due to his high increase in demand from his fans and they can’t seem to get enough of him. Even though Childish Gambino is going away for good, if you’re a fan of Glover’s work there’s still a few things on the horizon to look for. You can catch Glover as the voice of Simba in the remake of The Lion King coming in 2019, a new Childish Gambino tour and album, and hopefully a third season of “Atlanta.” Donald Glover’s career trajectory as an artist feels as if it happened so fast and it currently shows many signs of slowing down at any time soon.
Getting to know CSUSB artists

By Marie Elloso
Contributing Artist

Marie Elloso is a visual artist working with various mediums such as printmaking, photography, painting, and mixed media. Her subject matter often centers on surrealism pertaining to her life and global issues. Elloso took interest in drawing at a very young age, however, did not pursue art until college in 2010. In 2015, she was selected for the 2015 Fine Arts Creativity Awards and Scholarship Program with her artwork, Herstory- Eye of the Beholder showcased in Making History: Past, Present, Future Exhibition at Palm Springs Art Museum. She also coordinated an altar for Marks Art Center at CV Days of Los Muertos at Sunnylands. In May 2016, she took part in the OPEN DESERT: Music and Photographic Arts Showcase held in the Annenberg Theater and a Photography Summer Group Show at College of the Desert. Elloso graduated from College of the Desert receiving an Associate Arts Degree Transfer in Studio Arts. Then she transferred to the Cal State University of San Bernardino to continue her bachelor’s degree. In November 2016, she participated in Art Is/Is Not Magic Exhibition. Elloso is currently a senior, planning to graduate in fall 2018.

By Mariah Conner
Contributing Artist

How do perception and distortion impact our relationships to each other and our environment? How do the behaviors we perpetuate, what we purchase and discard, the beliefs that we hold, the things that we value, and the voices that we listen to affect the world around us?

I excavate these questions through work with glass, mixed media, and found objects. I see my artworks as artifacts of our time, imaginings of what might be discovered from the Anthropocene by some future civilization.

Will our pathological consumption and wastefulness lead to a dystopian future? What values have led to disconnection from the planet that sustains us?

Voices (2016) was created in response to seeing certain expressions, often hateful and destructive ones, broadcast and amplified, while so many others are silenced or ignored. What will be the fallout from misconceptions of reality and distortions perceived as absolute truth?

Mariah works with glass, metal, found objects and mixed media to create sculptures and installations. She expects to complete her MFA at CSUSB in June, 2018.