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## **KEEPING IT REAL**

# **A Pending Insurance Crisis**



Meteorologists estimate that 400,000 to one million acres may burn across the state this year which could mean slightly above average fire dangers due to storms tis past winter that gave birth to more brush to fuel fires this season. (source: calfirelocal2881.org/)

J ust before the fires erupted across parts of the inland region this past weekend, Farmers Insurance Company announced it would no longer write new policies in California. The announcement did not surprise many who have been following this issue as it comes on the heels of similar announcements by both Allstate and State Farm.

You may be surprised to learn that California is not only the largest insurance market in the U.S., it is the fourth largest market in the world. Regardless of the profits these corporations make in the state however, insurers appear to be weighing the risk and the continuing impact of a changing climate coupled with the industry's growing concern over expansive wildfires and the costly claims that result against their bottom lines and apparently deciding that expanding coverage in this state is untenable as it may cut too deeply into their capital reserve requirements.

But, that may not be the only concern. A question remains as to whether 'insurers have expanded coverage in the state beyond their

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# Still | Rice! Part 1: Origins: The History of Rice in American Culture

#### Aryana Noroozi | Staff

T oday, rice stands as an ancient, but prominent, cross-cultural staple grain with a global history traceable for thousands of years.

Whether you are enjoying paella, jambalaya, com chiên, or another rice centered dish, this grain serves as a food bridge across centuries, continents and cultures.

The earliest traces of rice identified by archaeologists begin with the Oryza sativa grain, found in China's central and eastern regions between 7000–5000 BCE,

Later came the cultivation of African wet rice, Oryza glaberrima. The grain is connected to communities along the Niger, Sine-Saloum, and Casamance Rivers from approximately three thousand years ago.

Rice was first identified in the U.S. in the 17th century.

Until the cusp of the 20th century, rice production boomed in the marsh coastal areas of the American Southeast, primarily in South Carolina and Georgia. Historical records indicate that colonizers within these regions sought to enslave West Africans due to their knowledge of rice production throughout the 17th century.

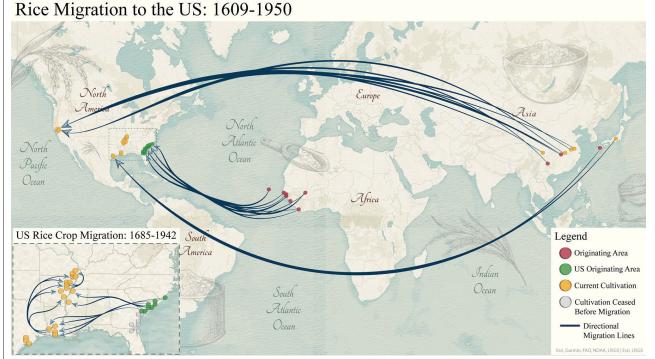
#### **Before Cotton was King**

50

On July 11, 1785 the Charleston Evening Gazette advertised, "a choice cargo of Windward and Gold Coast Negroes, who have been accustomed to the planting of rice."

While a portion of the red-colored rice found in early South Carolina was the African Oryza glaberrima grain, which may have arrived on slave ships, rice plantations quickly adopted two varieties of Asian Oryza sativa: the "Carolina White" and "Carolina Gold." Rice cultivation was centered in the Lowcountry of South Carolina, a geographic and cultural region along the coast.

Forty percent of all American enslaved Africans



Two types of rice were brought to the United States. Oryza glaberrima (African) was cultivated in Africa and brought to the United States during the Atlantic Slave trade. Rice was cultivated by enslaved Africans in the southern states of Florida and South Carolina. The second type, Oryza sativa (Asian), was cultivated in China and brought to California during the Gold Rush in 1876. In 1853 rice was also imported from Japan to Texas. Currently, rice is produced in Sacramento Valley, California, the Mississippi Delta, the Gulf Coast of Texas, Southwest Louisiana and Arkansas.

passed through the Port of Charleston. In the 17th century, individuals from the African regions that cultivated rice (the Upper Guinea Coast, Senegambia, and the Windward Coast) were purchased at the highest amounts by rice plantation owners from Georgetown and Charleston, South Carolina and Savannah, Georgia.

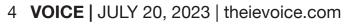
According to a report produced by Jean M. West "Rice and Slavery: A Fatal Gold Seede," in the 1730s, roughly 12 percent of South Carolina's enslaved Africans were from the center of Africa's rice-production region.

By the mid-17th century that number rose to 54 percent, and reached 64 percent in the 1770s before receding in the 1780s and averaging 43 percent in the 18th century.

On some rice plantations the labor consisted primarily of clearing land and building irrigation systems while managing the soil and water.

#### A Dangerous and Lethal Crop

Historians say that rice cultivation in the American South was not only dangerous, but often lethal. Inadequate living conditions, nutrition and medical treatment posed serious risks to the enslaved coupled with deadly infections such as malaria and yellow fever. The land also presented the dangers of venomous snakes and alligators which killed nearly a third of the enslaved within a year in Lowcountry South Carolina. In this same region, less than one in ten children lived to age sixteen, according to a report published by the University of Minnesota





In an archival image from The Library of Congress, a rice shipping house stands with a river in the background at the Uhicora Wood Plantation in Georgetown County, South Carolina. (Credit: The Library of Congress)

Press.

In the 1770s, an enslaved African could produce rice worth more than six times his or her own market value within a year, making the high rate of death still economical for plantation owners.

Under these dangerous conditions, a majority of owners fled their plantations during the summer months, leaving the enslaved to harvest rice themselves under a task labor system. In this system, they were assigned tasks that often amounted to ten hours of work a day. Once the work was completed to an overseer's satisfaction, they were allowed to spend the remainder of the day as they chose. Historians say the nature of this system provided more autonomy for the coastal southern enslaved populations than those in other regions who harvested different crops.

"It's [the system of cultivating rice] something that can make you feel empowered. It's enough to make you feel like you have some self-esteem that you have the things that slavery is trying to do away with. Being in these complex, socially, hierarchical slave communities can give one a sense of self and place and belonging, and purpose," said University of California, Riverside Professor of History Natasha McPherson

The majority of the enslaved population in the Southeastern region originated from Angola. Their descendants are known as the Gullah people. "Gullah" is believed to be derived from the pronunciation of Angola during that period, "N'Gulla." Some historians attribute the isolated nature of the task system as a space where culture and language not only survived, but was passed down. Today, American English contains words of the Gullah origin, including "yam," "okra" and "tote."

In the mid-19th century, rice was introduced to Louisiana and Texas. Shortly after, in 1865, came emancipation. The end of slavery meant an end to slave labor which quickly reduced rice production's profitability. Rice production fell steeply. This, in combination with a series of hurricanes that devastated South Carolina in 1893 and damaged levees, ceased rice production within the region.

#### **Innovations and Rice**

Across the South, the rise of advanced machinery and new technological innovations allowed for rice production to boom in Arkansas, Louisiana and Texas. Between 1890 and 1900, Louisiana and Texas produced almost 75 percent of the nation's rice.

Simultaneously, westward, across the nation rice traveled from China to California. Initially, the grain was consumed by the population of roughly 40,000 Chinese immigrant laborers. In 1912, commercial rice production began in California, in Butte County's town of Richvale.

Today, California is the second largest riceproducing state behind Arkansas. According to the University of California, Davis' Agriculture News, about half of the state's rice production, \$900 million in production value, is exported. Most of the rice produced in California is medium-grain Japonica, which is used primarily in Asian and Mediterranean dishes such as sushi, paella and risotto. Long-grain rice such as basmati and jasmine rice are typically produced in other states such as Missouri, Arkansas, and Louisiana.

The history of rice reveals a complex past, evidenced by practices of trade, colonization, immigration and technological advancement. Throughout this series, Black Voice News will document how the history of rice manifested through accounts of visual and oral history, and stories of the grain and its importance to various communities through recipes and art.

The Still I Rice! series is funded by Ethnic Media's Stop the Hate campaign administered by the California State Library.

# classifieds&publicnotices

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HUNTER REALTY 2361 Prospect Ave Riverside, CA 92507 RIVERSIDE COUNTY Teresa Ann Watkins Hunter 2361 Prospect Ave Riverside, CA 92507

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I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code, that the registrant knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1000)

Teresa Ann Watkins Hunter The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (sec. 1440 et. seq. b &p code) Statement was filed with the County of Riverside on 07/03/2023

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Doing business as B Line Travel and LMB

p. 7/20/23, 7/27/23, 8/03/23, 8/10/23

The following persons) is (are) doing

#### CREATIVE COLLECTIONS 35949 Wolverine LN Murrieta, CA 92563 RIVERSIDE COUNTY Robert Perrv 35949 Wolverine LN

Murrieta, CA 92563 This business is conducted by: Individual Registrant has not yet begun to transact business under the fictitious business

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s. Robert Perry The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal state or common law (sec. 1440 et. seq. b &p code) Statement was filed with the County of Riverside on 07/06/2023 I hereby certify that this copy is a correct copy of the original statement on file in

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Peter Aldana, Riverside County Clerk, FILE NO. R-202310199 p. 7/13/23, 7/20/23, 7/27/23, 8/03/23

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A & C Incorporated

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694 S. Meridian Ave Rialto, CA 92376 CA

This business is conducted by: Corporation Registrant has not yet begun to transact business under the fictitious business

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p. 7/06/23, 7/13/23, 7/20/23, 7/27/23 The following persons) is (are) doing

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This business is conducted by: General Partnership Registrant has not yet begun to transact

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Partner The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right Central Avenue Suite 24s of another under federal, state, or common law (sec. 1440 et. seq. b &p code) Statement was filed with the County of Riverside on 06/23/2023

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The following persons) is (are) doing business as T-FX SOLUTIONS 12931 Cobblestone Lane Moreno Valley, CA 92555 RIVERSIDE COUNTY Foxwell Enterprises LLC 12931 Cobblestone Lane Moreno Valley, CA 92555 CA

his business is conducted by: Limited Liability Company Registrant has not yet begun to transact

business under the fictitious business name(s) listed above on. declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code, that the registrant knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1000) s. Theresa Fox-Tidwell, CEO

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The following persons) is (are) doing business as: BLOOMING ACCOUNTING 6296 Magnolia Ave, # 1141 Riverside, CA 92506 **RIVERSIDE COUNTY** 11500 Dellwood Dr Riverside, CA 92503 Thao Thi Phuong Le 11500 Dellwood Dr

#### Riverside, CA 92503

This business is conducted by: Individua Registrant commenced to transact business under the fictitious business name(s) listed above on 1/1/2023 declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code, that the registrant knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1000) s. Thao Thi Phuong Le

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The following persons) is (are) doing

business as: STRONGER THAN STROKE 35664 Winkler Street Wildomar, CA 92595 RIVERSIDE COUNTY Betty Howard

#### 64 Winkler Street Wildomar, CA 92595

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The following persons) is (are) doing business as RAITEROS

18033 Granite Ave Riverside, ca 92508 RIVERSIDE COUNTY 17925 John F. Kennedy Dr Riverside, CA 92508 Roxana Eveline Espinoza 17925 John F. Kennedy Dr Riverside, California, 92508 This business is conducted by: Individual

Registrant has not yet begun to transact business under the fictitious business name(s) listed above. I declare that all the information in

this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code, that the registrant knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1000) s. Roxana Eveline Espinoza

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# Still | Rice! Part 2: A Visual Archive: Rice's History in African American Culture

A Conversation with University California Riverside's Professor of History Natasha McPherson

#### Aryana Noroozi | Staff

**T** o understand the history of rice in America, Black Voice News sought to explore historical records, accounts and images. Examining not only the grain's impact on the slave trade, but on enslaved communities, was critical to understanding and portraying the grain's role in American society from the 17th century to modern day.

In conversation with University of California, Riverside Professor of History, Natasha McPherson, we discussed rice's history in African American culture and how it became an American commodity.

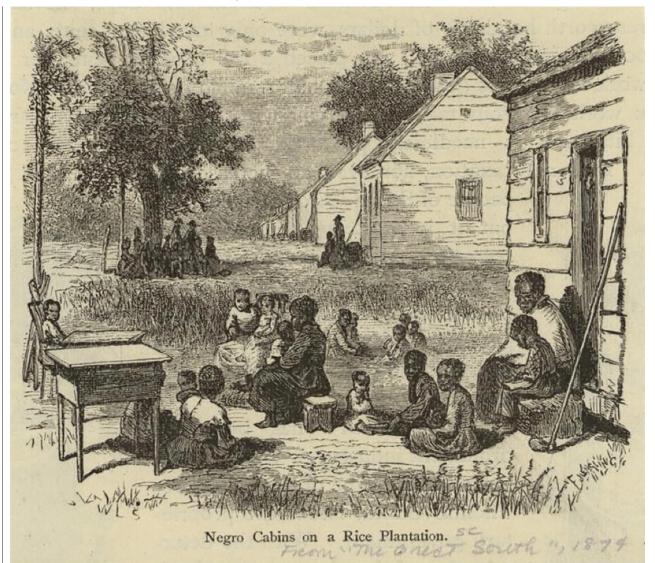
"[Slaves] bring their [rice] techniques with them, and they do find ways to survive within slavery by performing these tasks and it's contributed to food cultures across the Americas. Anywhere where Africans have gone you're going to see rice there," McPherson explained.

Utilizing archival images from enslaved populations who were forced to work on rice plantations across the American Southeast, the photographs provide visual representation of what McPherson describes throughout the interview.

**BVN:** How did the climate of rice production impact not only trade, but the enslaved population?

**NM:** In South Carolina, we know that history used to say that the white Europeans taught the Africans how to grow rice, and now we know that it is the reverse—that the Africans taught the Europeans how to grow rice.

Rice cultivation takes a lot of work. You have to construct the fields, you have to find ways to flood the fields with water. It's not an easy crop to grow, like say, tobacco. You really have to have some knowledge of how to do this and



An image created by illustrator William Ludwell Sheppard titled "Negro cabins on a rice plantation," depicts families gathering together away from the rice fields. The image was issued in 1874. (Credit: The New York Public Library)

enslaved Africans from the west coast of Africa bring those techniques with them.

Rice growing is dangerous work. Now, lots of southern crops and crops that are grown in the Caribbean are dangerous to grow. But,[growing] rice is particularly dangerous in South Carolina and in other tropical places because it requires

flooding of standing water, which breeds mosquitoes and malaria. So, this is work they're [plantation owners] pretty happy to allocate to Africans. Africans are going to teach both the English in South Carolina and the French in Louisiana how to cultivate rice.

continued on next page

## SPECIAL ISSUE

During slavery, we distinguish there were some societies that had slavery and there were some slave societies. South Carolina is a slave society.. It's overwhelmingly Black, in part, because it's just a deadly place, it's tropical. A lot of the white planters would leave during the summer because it's just too hot. It's a diseaseridden place until they can irrigate and move water. It's a deadly place to live."

#### **BVN:**

How did this process of rice cultivation socially shape slave societies?

**NM:** It's [the system of cultivating rice] something that can make you feel empowered. It's enough to make you feel like you have some self-esteem, that you have the things that slavery is trying to do away with. Being in these complex, socially hierarchical slave communities can give one a sense of self and place and belonging, and purpose. I don't think it's an accident that the places that grew rice also grew these really rich, Black cultures.

**BVN:** Can you describe a bit more of what these societies may have looked like?

**NM:** If you have these large scale plantations, you've got the cattle driver, you've got the driver of the wagon, you've got, not just the people that hold the fields, but somebody who's going to be responsible to flood the fields. Each of these jobs afforded somebody a high place within the social hierarchy in this community, which lends itself to a certain type of depth and richness that I don't think we think about when we think about enslaved communities – this kind of cultural depth and richness that emerges in rice plantations and other sorts of large scale plantation communities.

**BVN:** In what way has rice been passed down within African American culture?

**NM:** Processing of rice was mostly done by Black women in the south, [including] basket shaking where they're separating the rice from *continued on page 13* 



A photograph published by Underwood & Underwood in 1903 titled "Cabins where slaves were raised for market– The famous Hermitage, Savannah, Georgia," depicts a glimpse of life on the Hermitage plantation in Savannah, Georgia. (Credit: The Library of Congress)



A photograph published by Detroit Publishing Company in 1907 titled "The Hermitage, slave quarters, Savannah, Georgia," shows a boy standing under foliage outside of slave quarters on the Hermitage plantation in Savannah, Georgia. (Credit: The Library of Congress)

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# Still | Rice! Part 3: Un-Gumbo



Various ingredients including mushrooms, carrots, bell peppers, zucchini, bok choy, onion and kale, lay on Biggles' cutting board until they are ready to be placed in the potin a specific order to ensure the correct flavoring for the "un-gumbo" recipe on June 9, 2023. (Aryana Noroozi for Black Voice News / CatchLight Local)

#### Aryana Noroozi | Staff

randi T. Biggles, known as Chef Brandi to the Southern Californian culinary community, fell in love with cooking as a child by spending time in the kitchen beside her mother and grandmother. After unexpectedly losing her mother at a young age, Biggles found comfort and connection to her late mother through recipes.

Not only are recipes at the crux of Biggles' upbringing and unique approach to running her business, but they've also been key to guiding her through hard times. Biggles chose to share her "un-gumbo" and rice recipe, a fruit and plant-based gumbo dish served over basmati rice, that brought her great comfort when she was unhoused.

"Rice goes with everything and if you get rice right and it's at the base of whatever you do, it just brings a vibrance to the dish," Biggles said as she reflected on the grain's importance in her cooking. "In my family rice is definitely a part. It's not a side dish, it is a part of the dish all the time."

Over the past two decades Biggles has made strides in expanding her business. She opened her first storefront bakery and helped develop a traveling farmers market with Black vendors and farmers. Biggles also launched her own culinary brand Chits and Biggles, directed a meal program and was the head chef at a transitional housing program. While she extended her expertise to the community, she developed her signature artisan woodfired vegan pizzas..

Amongst triumphs, Biggles also faced many challenges including being unhoused for over six months. For periods of time, she left the culinary world all together; but she maintained that in addition to positivity, prayer and support from family and friends, food was also a means to help her reclaim daily peace, hope and comfort through hardship.

Biggles' "un-gumbo" recipe was the first and foremost dish that helped continued on page 12

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# Still | Rice! Part 4: **Traditions and Core Memories: Stories**



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# through Rice





A pot of Cà Ri Gà simmers on the stove before it will be taken to a family party later that evening. Cà Ri Gà is a Vietnamese curry that Truong's grandmother prepared on May 13, 2023. (Aryana Noroozi for Black Voice News / CatchLight Local)

#### by Aryana Noroozi

ore" and "traditional" are words that 25-year-old Ly-Bach Truong uses to describe specific childhood memories as he recalled what it was like growing up in an intergenerational household. The memories aren't merely experiences from a specific time or place, rather everyday life remembered through meals and snacks.

Truong's mother, DieuQuyen Nguyen, immigrated to the U.S. in 1978 and his father, Truc Ho Truong, in 1981. When they first arrived, ingredients to make Vietnamese cuisine were hard to find, but by 1981 the community began to grow and ingredients became easier to access.

Growing up as a first-generation Vietnamese American, Truong's family made a pot of rice in a rice cooker each day. He said there was a good chance you'd find it completely empty after dinner. Rice was a staple for the family and used in a vast majority of the dishes they made. Truong recalled spending time at the heels of

his grandparents, learning the various recipes and meals they cooked from start to finish.

One of Truong's favorites is com chiên, Vietnamese fried rice. Truong said that the recipe is traditional. It was passed down to him by his grandfather who would make it for him in the early mornings before school. It contains rice, eggs, butter and sausage, making the flavor distinct, but the preparation fairly simple.

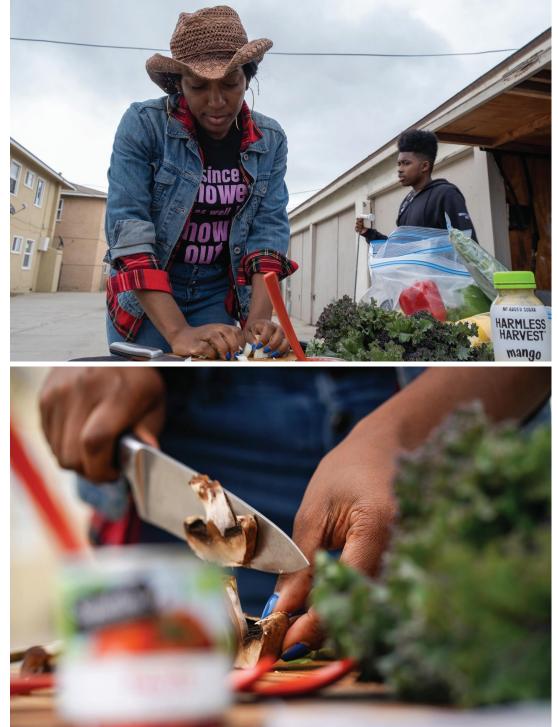
As Truong grew older, com chiên was a dish that he continued to crave and began making for himself. The recipe's simplicity, but rich flavoring, became a go-to for Truong and as life became increasingly busy, he found himself cooking it for dinner in college and now for a quick lunch during his workdays.

Today, Truong's grandparents are still cooking. He reflects on the ability of cuisine to connect families, as well as children, to their culture.

"When you're a kid of an immigrant when you're young, you don't really care," Truong *continued on page 17* 

# SPECIAL ISSUE

Still I Rice! pt. 3, continued from page 9



After she finishes chopping onions, Biggles gathers them to add to the pot on June 9, 2023, in one of the initial steps of her "un-gumbo" recipe which is served over basmati rice. Biggles said her family doesn't see rice as a side dish, but as "a part" of them. (Right) A bowl of Biggles' "un-gumbo," plant and fruit-based gumbo, is poured over, a serving of rice and is ready to be eaten on June 9, 2023. Biggles prepares green onions to add to the bowl. Biggles leaned on the rice-based recipe when she was unhoused as a comfort food without animal protein. Biggles tries to keep her diet majority plant-based. (Bottom Left) The "un-gumbo recipe, handwritten by Biggles on a piece of paper, lists its various ingredients Biggles chops mushrooms, an ingredient in her "un-gumbo" recipe, on June 9, 2023. (All photos by Aryana Noroozi for Black Voice News / CatchLight Local)

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Ic cremini mushrooms or killa mushrooms IC zucchin and yellow squash 1/2 Chopped canots, red bale Inc bok chy (optimie) 2789 gumbo file

including yellow onions, sweet onions, black eyes peas, roma tomatoes, mushrooms, zucchini, yellow squash, carrots, red kale and bok choy. (Credit: Handwritten recipe by Brandi Biggles)

boy least

#### Still I Rice, pt.2, continued from page 5

the whole. I think that's important because when we think about its long history, rice is still a very popular dish and in the Black south, Black women are also still passing that down as cooks. They're continuing to carry those recipes in those traditions into freedom, using rice as a staple.

**BVN:** What distinctive impact did rice have on the enslaved people that produced it in comparison to other crops?

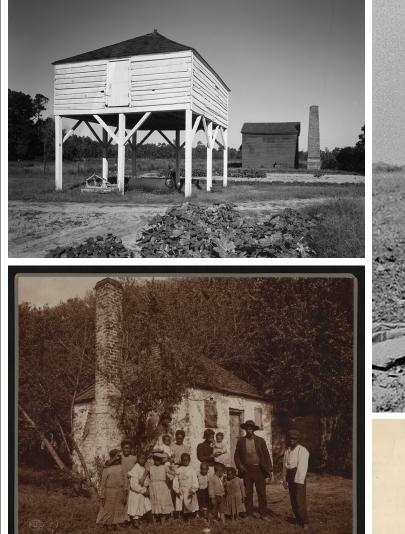
**NM:** There's just these really practical rhythms to life that rice kind of occupies. Taking small bits of meat and vegetables and a little bit of seasoning, it turns into a meal. So, for poor people across the Americas - African descended people, you can turn a little bit into a lot with rice.

Red beans and rice in New Orleans is a tradition that happens on Mondays. They call it "red beans and rice Mondays," in part because vou would have cooked the ham on Sunday and wash day is Monday. So for women who do this work, they take that ham bone from Sunday, throw it in a pot on Monday because they're too busy washing. Now you have red beans and rice for dinner on Monday."

**BVN:** It has been said that rice was originally brought to the Americas in the hair of slaves as West African cultures were known to braid rice in their hair for spiritual and protective purposes. Can you speak to this part of history?

NM: You need to find the historian who says that, not just a writer, because we have so many incredibly true stories in African American history, we don't need these kinds of magical tales of how it happened.

McPherson's practical explanation is contrary to this well recorded belief. According to McPherson: "It usually isn't that, right? It's usually just practical things. [For example:] They didn't know where they were going. They were forced onto a ship. It's really driven by capital. It's driven by money. They [slave traders] are not going 'to not know' what rice is, because



(Top) A photograph titled "General View of Winnowing House, rice threshing mill in the background" shows a rice threshing mill in Georgetown County, South Carolina; (Bottom) A family poses for a portrait outfront of former slave quarters at the Hermitage Plantation in a photograph published by the Detroit Publishing Company in 1907 titled "The Whole Black family at the Hermitage, Savannah, Georgia." (Credit: The Library of Congress)

they're connected to the global market. They know that rice has been grown. They know that the Portuguese are going to try it in Brazil and it's going to be extremely successful and they're going to try it [too]."

Still I Rice! is part of the Black Voice News series, (Top) A photograph depicts a woman winnowing rice on Sapelo Island in Centerpoint: The Healing Power of Cultural McIntosh County, Georgia, between 1915 and 1934. (Credit: Digital Library of Connections, funded by Ethnic Media's Stop the a large basket on her head on a street in New Orleans. Calas is a deep-fried Hate campaign administered by the California State breakfast fritter consisting of cooked rice, flour, sugar and spices. The word is said to private the Article Information Control of the Article State of State Libraru.





of Georgia); (Bottom) An 1886 illustration depicts a woman selling Calas from said to originate from African languages, such as the Nupe word kárá, or "fried cake." (Credit: The Historic New Orleans Collection)

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# **KEEPING IT REAL**

#### A Pending, continued from page 3

ability to serve such a large market?

Still others believe the insurance cutbacks are being driven by the industry's purported inability to raise rates quickly enough due to state regulations and other factors like the the cost of rebuilding in the wake of wildfires and related inflationary pressures. All of these may be concerns in addition to drought and other impacts of a changing climate.

Meteorologists estimate that 400,000 to one million acress may burn across the state this year which could mean slightly above average

# "

This wildfire insurance crisis has been years in the making, but it is an emergency we must deal with now if we are going to keep the California dream of home ownership from becoming the California nightmare, as an increasing number of homeowners struggle to find coverage.

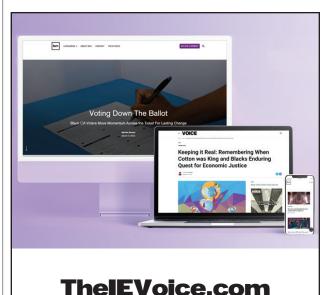
> - **Ricardo Lara** California Insurance Commissioner

fire dangers due to storms this past winter that gave birth to more brush to fuel fires this season. This puts the state at average or slightly above average for fire dangers later in the summer. If there is any good news in all of this, it's that although the big named carriers are bowing out because they are skittish about writing new policies, there are at least 100 insurance carriers still doing business in the state. If you have questions or concerns about your insurance or are in the market for a new policy, resources are available on the California Department of Insurance's website.

I encourage you to stay informed on this important issue. Today some insurers are shying away from writing new policies, the next step could well be deciding not to renew existing policies.

Of course this is just my opinion. I'm keeing it real.

S.E. Williams Executive Editor







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water around your house, you can help preserve our most beloved resource. Let's make water conservation a way of life.

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registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code, that the registrant knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1000) s. Madison Olson

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (sec. 1440 et. seq. b &p code) Statement was filed with the County of Riverside on 06/26/2023 I hereby certify that this copy is a correct

copy of the original statement on file in my office.

NOTICE- In accordance with subdivision (a) of section 17920, a fictitious business name statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except, as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see section 14411 et seq., business and professions code). I hereby certify that this copy is a correct copy of the original statement on file in my

office. Peter Aldana, County Clerk, FILE NO. R-202309751 p. 7/06/23, 7/13/23, 7/20/23, 7/27/23

The following persons) is (are) doing business as: JADE IMPROVEMENTS 4280 Stonewall Dr Riverside CA 92505 RIVERSIDE COUNTY Jesus Daniel Siqueiros 4280 Stonewall Dr Riverside, CA 92505 This business is conducted by: Individual

Registrant commenced to transact business under the fictitious business name(s) listed above on May 23, 2023 declare that all the information in

this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code, that the registrant knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1000) s. Jesus Daniel Siqueiros

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right Central Avenue Suite 24s of another under federal, state, or common law (sec. 1440 et. seq. b &p code) Statement was filed with the County of Riverside on 06/08/2023 I hereby certify that this copy is a correct

copy of the original statement on file in my office.

NOTICE- In accordance with subdivision (a) of section 17920, a fictitious business name statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except, as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see section 14411 et seq., business and professions code). I hereby certify that this copy is a correct copy of the original statement on file in my office

Peter Aldana, County Clerk, FILE NO. R-202308983 p. 6/29/23, 7/06/23, 7/13/23, 7/20/23

The following persons) is (are) doing business as: SKT THERAPY

765 N. Main Street, Suite 130-A10 Corona, CA 92878 RIVERSIDE COUNTY

SKT Therapy Inc 765 N. Main Street, Suite 130-A10 Corona, CA 92878 CA

This business is conducted by: Corporation

Registrant commenced to transact business under the fictitious business name(s) listed above on 06/17/2018 I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code, that the registrant knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1000)

s. Shannon Klosak The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (sec. 1440 et. seq. b &p code) Statement was filed with the County of Riverside on 07/07/2023 I hereby certify that this copy is a correct copy of the original statement on file in

my office. NOTICE- In accordance with subdivision

(a) of section 17920, a fictitious business name statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except, as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see section 14411 et seq., business and professions code). I hereby certify that this copy is a correct copy of the original statement on file in my

Peter Aldana, Riverside County Clerk, FILE NO. R-202310289 p. 7/13/23, 7/20/23, 7/27/23, 8/03/23

The following persons) is (are) doing

RANCHO EL CAPRICHO 1677 W. Esplanade Ave San Jacinto, CA 92582 RIVERSIDE COUNTY 24737 Three Springs Rd Hemet CA 92545 RANCHO EL CAPRICHO, LLC 1677 W. Esplanade Ave San Jacinto, CA 92582 CA

This business is conducted by: Limited Liability Company Registrant has not yet begun to transact business under the fictitious business name(s) listed above.

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code, that the registrant knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1000) s. Jose A. Medina, Managing Member

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right Central Avenue Suite 24s of another under federal, state, or common law (sec. 1440 et. seq. b &p code) Statement was filed with the County of Riverside on 06/09/2023 I hereby certify that this copy is a correct copy of the original statement on file in

my office. NOTICE- In accordance with subdivision (a) of section 17920, a fictitious business name statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except, as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see section 14411 et seq., business and professions code). I hereby certify that this copy is a correct copy of the original statement on file in my

FILE NO. R-202309029 p. 6/29/23, 7/06/23, 7/13/23, 7/20/23

The following persons) is (are) doing husin CRAVINGS

102 E. Amado Road, Suite B Palm Springs, CA 92262 RIVERSIDE COUNTY Raphael Salon & Associates 102 E. Amado Road, Suite B Palm Springs, CA 92262 CA.

This business is conducted by: Limited Liability Company Registrant has not yet begun to transact

business under the fictitious business name(s) listed above.

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code, that the registrant knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1000) s. Raphael Benomar, Manager

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state. or common law (sec. 1440 et. seq. b &p code) Statement was filed with the County of Riverside on 06/23/2023 I hereby certify that this copy is a correct copy of the original statement on file in

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office. Peter Aldana, County Clerk, FILE NO. R-202309716 p. 6/29/23, 7/06/23, 7/13/23, 7/20/23

Remsky, Inc

The following persons) is (are) doing business as: GROCERY OUTLET OF LAKE ELSINORE 29231 Central Ave Lake Elsinore, CA 92532 **RIVERSIDE COUNTY** 8472 SVL BOX Victorville, CA 92395

#### 12220 Hesteria Rd. Ste. A Victorville, CA 92395

**public**notices

This business is conducted by: Corporation

Registrant commenced to transact business under the fictitious business name(s) listed above on 06/08/23 declare that all the information this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code, that the registrant knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1000) s. Sandra Lara Kercher, Vice President

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office. Peter Aldana, County Clerk, FILE NO. R-202309595 p. 6/29/23, 7/06/23, 7/13/23, 7/20/23

The following persons) is (are) doing

VIKY'S CLEANING SERVICE HOMES AND OFFICES 23729 Cadenza Dr Murrieta, CA 92562 RIVERSIDE COUNTY Viky Beatriz Guzman 23729 Cadenza Dr

Murrieta, CA 92562 This business is conducted by: Individual

Registrant has not yet begun to transact business under the fictitious business name(s) listed above. I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code, that the registrant knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1000)

s. Viky Beatriz Guzman The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the right Central Avenue Suite 24s of another under federal, state, or common law (sec. 1440 et. seq. b &p code) Statement was filed with the County of Riverside on 05/30/2023 I hereby certify that this copy is a correct

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except, as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence

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office. Peter Aldana, County Clerk, FILE NO. R-202308304 p. 7/06/23, 7/13/23, 7/20/23, 7/27/23

The following persons) is (are) doing business as

SUN HEALTH CENTER 9350 Magnolia Ave Riverside, CA 92505 RIVERSIDE COUNTY Lotus Health Center, Inc. 14630 Valley Blvd, Suite J La Puente, CA 91746

CA This business is conducted by Corporation

Registrant has not yet begun to transact business under the fictitious business name(s) listed above.

declare that all the information ir this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code, that the registrant knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1000)

s. Xue Chang Su, President The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (sec. 1440 et. seq. b &p code) Statement was filed with the County of Riverside on 07/05/2023 I hereby certify that this copy is a correct copy of the original statement on file in

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office Peter Aldana, Riverside County Clerk, FILE NO. R-202310149 p. 7/13/23, 7/20/23, 7/27/23, 8/03/23

The following persons) is (are) doing

husings as ALPHA LEGACY BUILDERS 25866 Prospector Ct Menifee, CA 92584 RIVERSIDE COUNTY Denise Marie Christian 25866 Prospector Ct Menifee, CA 92584 Francis Mensah 77 Acadia St Stafford, VA 22554 Antoinette Mensah 1011 Capitol Dr Milwaukee, WI 53206 Lillian Baker 5148 Tanbark CT Fayetteville, NC 28303 Tommie Madison 102 Rutland CT LaPlata, MD 20646 Michael Baker 312 Bernard Ave

#### Indianapolis, IN 46208 Marsha Conley 3901 Byram Ave Indianapolis, In 46208

This business is conducted by: General

Partnership Registrant has not yet begun to transact business under the fictitious business

name(s) listed above. I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code, that the registrant knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1000)

s. Denise Marie Christian

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (sec. 1440 et. seq. b &p code) Statement was filed with the County of Riverside on 06/30/2023

I hereby certify that this copy is a correct copy of the original statement on file in my office. NOTICE- In accordance with subdivision

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office. Peter Aldana, Riverside County Clerk, FILE NO. R-202310076 p. 7/13/23, 7/20/23, 7/27/23, 8/03/23

The following persons) is (are) doing

WORLD'S BEST VANILLA 119 Sir Damas Drive Riverside, CA 92507

RIVERSIDE COUNTY Commodities Trade International LLC 119 Sir Damas Drive Riverside, CA 92507

This business is conducted by: Limited Liability Company Registrant commenced to transact business under the fictitious business

name(s) listed above on 07/05/2023 I declare that all the information in

this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code, that the registrant knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1000)

Abdouelaziz Ahmed, Managing s. Abu Member

The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state. or common law (sec. 1440 et. seq. b &p code) Statement was filed with the County of Riverside on 07/05/2023 I hereby certify that this copy is a correct

copy of the original statement on file in my office.

NOTICE- In accordance with subdivision (a) of section 17920, a fictitious business name statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except, as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence



my office.

# office. Peter Aldana, County Clerk,

address of a registered owner. A new fictitious business name statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see section 14411 et seq., business and professions code). I hereby certify that this copy is a correct copy of the original statement on file in my office

Peter Aldana, Riverside County Clerk, FILE NO. R-202310181 p. 7/20/23, 7/27/23, 8/03/23, 8/10/23

#### ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NUMBER CVMV 2301763

To All Interested Persons: Petitioner ANGELA LISSET ESCALANTE CASTRO filed a petition with this court for a decree changing names as follows: ANGELA LISSET ESCALANTE CASTRO to ANGELA LISSET MEDINA The Court Orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why petition should not be granted. If no written objection is timely filed the court may grant the petition without a hearing. NOTICE OF HEARING: DATE: 08/02/2023 Time: 8:00AM Dept: MV2. The address of the court is SUPERIOR COURT OF CALIFORNIA, COUNTY OF RIVERSIDE, 13800 HEACOCK STREET SUITE D201 MORENO VALLEY CA 92553 MORENO VALLEY COURT. A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: BLACK VOICE NEWS 1201 UNIVERSITY AVENUE, SUITE 210, RIVERSIDE, CA. 92507 Date: 06/21/2023

BELINDA A. HANDY, Commissioner

p. 6/29, 7/6, 7/13, 7/20/2023

#### SUMMONS

50

(FAMILY LAW)

#### Case Number FLRI2108337

Notice to Respondent: CALEB JOSEPH CHAPANAR

#### You are being sued Petitioner's name is: STEPHANIE MARIE CHAPANAR

You have 30 calendar days after this Summons and Petition are served on you to file a Response (form FL-120)) at the court and have a copy served on the petitioner. A letter or phone call will not protect you. If you do not file your Response on time, the court may make orders affecting your right to custody of your children. You may also be ordered to pay support and attorney fees and costs. If you cannot pay the filing fee. ask the clerk for a fee waiver form. If you want legal advice, contact a lawyer immediately. You can get information about finding lawyers at the California Courts Online Self-Help Center (www.

courtinfo.ca.gov/serlfhelp), at the California legal Services Web site (www. lawhelpcalifornia.org), or by contacting your local county bar association.

Tiene 30 dias corridos despues de haber recibido la entrega legal de esta Citacion v Peticion para presentar una Respuesta (formulario FL-120) ante la corte y efectuar la entrega legal de una copia al demandante. Una carta o llamada telefonica no basta para protegerlo. Si no presenta su Respuesta a tiempo, la corte puede dar ordenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. La corte tambien le puede ordenar que pague manutencion, y honorarios v costos legales. Si no puede pagar la cuota de presentacio, pida al secretario un formulario de exencion de cuotas. Si desea obtener asesoramiento legal. pongase en contacto de inmediato con un abogado. Puede obtener informacion para encontrar a un abogado en el Centro de Ayuda de las Cortes de California (www.sucorte .ca.gov), en el sitio Web de los Servicios Legales de California (www.lawhelpcalifornia.org) o poniendose en contacto con el colegio de abogados de su condado.

The name and address of the court is: Superior Court of California, County of Riverside, SUPERIOR COURT OF CALIFORNIA, 4175 Main Street, Riverside, CA 92501. The name, address, and telephone number of plaintiff's attorney, or plaintiff without an Attorney is, Stephanie Marie Chapanar, 8310 Manhasset St. Riverside, CA 92508. Notice to the person served: You are served as an individual.

Clerk, by C. Torres-Rivera

DATE: 08/11/2022

p. 4/20, 4/27, 5/4, 5/11/2023

14870 La Brisis Wav

#### AMENDED FBN

The following persons) is (are) doing business as: BETTY FIGUEROA'S VOICE 14870 La Brisis Way Moreno Valley, CA 92553 RIVERSIDE COUNTY Betty Jean Figueroa

Moreno Valley, CA 92553 This business is conducted by: Individual Registrant has not yet to transact business under the fictitious business name(s) listed above. I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section

17913 of the Business and Professions Code, that the registrant knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1000) s. Betty Jean Figueroa

S being year rigueroa The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (sec. 1440 et. seq. b &p code) Statement was filed with the County of Riverside on 04/27/2023 I hereby certify that this copy is a correct copy of the original statement on file in

my office. NOTICE- In accordance with subdivision (a) of section 17920, a fictitious business name statement generally expires at the

16 VOICE | JULY 20, 2023 | theievoice.com

end of five years from the date on which VEHICLE SALE

office.

statement on file in my

FILE NO. R-202306873

Peter Aldana County Clerk

p. 5/4, 5/11, 5/18, 5/25/2023

# **public**notices

it was filed in the office of the county

section 17913 other than a change in

the residence address of a registered owner A new fictitious business name

statement must be filed before the

expiration. The filing of this statement

does not of itself authorize the use in

this state of a fictitious business name

in violation of the rights of another under

federal, state, or common law (see

section 14411 et seq., business and

professions code). I hereby certify that

this copy is a correct copy of the original

The following persons) is (are) doing

This business is conducted by: Limited

Registrant has not yet to transact

I declare that all the information in

this statement is true and correct. (A

registrant who declares as true any

material matter pursuant to Section

17913 of the Business and Professions

Code, that the registrant knows to

be false, is guilty of a misdemeanor

punishable by a fine not to exceed one

The filing of this statement does not of

itself authorize the use in this state of

a fictitious business name in violation

of the rights of another under federal,

state, or common law (sec. 1440 et. seq.

b &p code) Statement was filed with the

I hereby certify that this copy is a correct

copy of the original statement on file in

NOTICE- In accordance with subdivision

(a) of section 17920, a fictitious business

name statement generally expires at the

end of five years from the date on which

it was filed in the office of the county

clerk, except, as provided in subdivision

(b) of section 17920 where it expires

40 days after any change in the facts

set forth in the statement pursuant to

section 17913 other than a change in

the residence address of a registered

owner. A new fictitious business name

statement must be filed before the

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this state of a fictitious business name

in violation of the rights of another under

federal, state, or common law (see

section 14411 et seq., business and

professions code). I hereby certify that

this copy is a correct copy of the original

County of Riverside on 05/03/2023

business under the fictitious business

HYPERWOLF - WEED DELIVERY

statement on file in my

FILE NO. R-202306517

Peter Aldana, County Clerk,

571 Crane St, Building D

Lake Elsinore, CA 92530

18421 Collier Ave, Ste B

Lake Elsinore, CA 92530

The Highest Craft, LLC.

571 Crane St. Building D

Lake Elsinore, CA 92530

Liability Company

name(s) listed above.

thousand dollars (\$1000)

my office.

s. Jacob Telo, Managing Member

RIVERSIDE COUNTY

p. 5/4, 5/11, 5/18, 5/25/2023

office.

business as:

SERVICE

CA

clerk, except, as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to

Section 3071 of the Civil Code of the State of California. The undersigned will sell the following vehicle(s) at lien sale at said time(s) 07/28//2023 at 10:00 AM

Make/Yr. 2014 KIA FORTE Lic.: 9EHT606 Vin. KNAFX4A8XE5109252

Location: 997 EAST 8TH ST, UPLAND, CA

Said sale is for the purpose of satisfying lien of the undersigned for towing, storage, labor, materials, and

lien charges, together with costs of

advertising and expenses of sale.

**J** 

7/20/2023

#### CLASSIFIEDS

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Prepare for power outages today with a GENERAC home standby generator. \$0 Money Down + Low Monthly Payment Options. Request a FREE Quote -Call now before the next power outage: 1-844-439-5645

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Troung speaks with his grandmother, Nguyen, as he cooks on May 13, 2023. Truong lives and grew up in a multigenerational household with his grandparents where many dishes were passed down to him, including the Com chiên recipe from his grandfather. Truong's parents immigrated in the late 1970's and early 80's.Today, his parents remain "blacklisted" from Vietnam because his father, a musician, is outspoken about politics in his music. (Aryana Noroozi for Black Voice News / CatchLight Local)



Vietnamese Fried Rice Recipe for one dish of fired rice (or two people) - one chinese sausage diced (Lap xuông gà và heo) - two people - two eags - one and a half spoonfuls of white nice - Soy sauce pepper - butter structions: 1. dice the chinese savage and stir fry untril brown > pot to stile 2. use paper found to uspe off excess out Frem survays and put a 5.4 of botter 3. fry nee first, then with 2 eggs 4. whix a leave alone until eggs a nee begin to solvably 5. Mix in dreed Savsage 6. Use pepper and Say Savee to floror and enjoy Instructions !

The co'm chiên recipe, handwritten by Truong on a piece of paper, lists its various ingredients including sausage, eggs, white rice, soy sauce, pepper and butter. (Credit: Handwritten recipe by Ly-Bach Truong)

#### Still I Rice, pt.4, continued from page 11

reflected. "But the thing that does make them care is the food. All the Americanized kids, they can't deny that there's at least one dish that their grandma or grandpa made that they liked — that made them more Vietnamese, less American."

Black Voice News spent time with Truong in his home to learn about his com chiên recipe and how rice is utilized as a staple grain in Vietnamese culture.

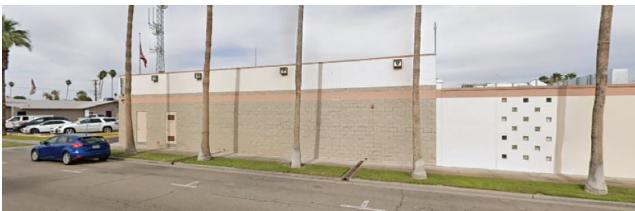
Still I Rice! is part of the Black Voice News series, Centerpoint: The Healing Power of Cultural Connections, funded by the Stop the Hate campaign administered by the California State Library.

Eggs, sausage, butter and rice, ingredients for Co'm chiên, Vietnamese fried rice, sit on Ly Bach Truong's kitchen table in preparation to make the dish on May 13, 2023. (Aryana Noroozi for Black Voice News / CatchLight Local)

theievoice.com | JULY 20, 2023 | VOICE 17 💿

# COMMUNITY NEWS





# Community Callout! We want to Hear Your Story

Black Voice News is investigating inmate deaths in Riverside County jails. If your loved one or family member has died in one of the county's five jail facilities in the last 10 years, we want to hear your story.

Email princejames@blackvoicenews.com.











#### Still I Rice! pt. 3, continued from page 12

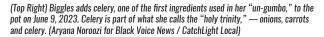
her persist through the difficulties she faced while houseless.

"I created it from wanting that comfort food space and warmth that was so familiar to me from my grandma and her household, always having stability and love and family," she said.

In her family, members each take to their own iteration of her grandmother's gumbo recipe, but still consider rice a key component. Biggles' version of the recipe centers on plantbased alternatives. She developed this recipe in an effort to create comfort food without animal protein, as she tries to keep her diet largely plantbased. The recipe begins with what Biggles calls "the holy trinity" — onions, carrots and celery. Then, she adds okra, mushrooms, bell peppers, zucchini, bok choy, more onion and kale.

Black Voice News spent time with Biggles in her outdoor kitchen which she uses for large gatherings, catering preparation and storage. We documented the importance of rice in her "un-gumbo" dish, a recipe that she keeps close, like a memento from her childhood memories spent with her mother and grandmother.

Still I Rice! is part of the Black Voice News series, Centerpoint: The Healing Power of Cultural Connections, funded by the Stop the Hate campaign administered by the California State Library.





While Facetiming her dad, Biggles tells him that she is making "un-gumbo" in her outdoor kitchen on June 9, 2023. Biggles' father and brother are part of her close support network and have witnessed her growth as a chef, business owner and multidisciplinary creative. (Aryana Noroozi for Black Voice News / CatchLight Local)





It became a staple. Every few days I'd have it and I'd have that for months. I was unhoused for six months and 23 days and most of those days I was eating un-gumbo.

I created it from wanting that comfort food space and warmth that was so familiar to me from my grandma and her household, always having stability and love and family. Even making it now, of course, being completely okay, it still gives me that.

# EXNE50 EXHIBIT

Commemorating 50 years of service as a source for news and information of Inland Empire's Black community

San Bernardino County Museum

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