CSUSB Vigil in Remembrance of Jordyn Rivera

There was a ceremony being held in memory of Jordyn Rivera as they released lavender balloons as one last farewell.

By Crystal Harrell

On Oct. 10, a vigil was held at the Santos Manuel Student Union Event Center to honor the life of 21-year-old Jordyn Rivera, one of the victims of the Route 91 Harvest festival shooting in Las Vegas—the most deadly mass shooting in American history. Rivera was a fourth-year student at CSUSB in the health care management program and also a member of Eta Sigma Gamma, the national health education honor society. An estimated 400 faculty members, staff, friends, and family attended the vigil to honor her memory. Vice President for Student Affairs Dr. Brian Haynes presided over the vigil, introducing many guest speakers to speak on behalf of Rivera and the impact she made on their lives.

The first speaker was university President Tomás D. Morales, who got to know Rivera when she participated in a summer abroad program in London last summer. Morales emphasized the joy and optimism she expressed in all that she did, and that although tragedy has struck, those in attendance should find the strength to be thankful Rivera touched their lives.

The next speaker was Pastor Dustin Harrison, a Youth Minister at Calvary Chapel in Chino Valley. As Rivera’s youth minister, Harrison marveled at the amount of faith and hope she possessed, and advised attendees to find peace in knowing she is in a better place.

“If Jordyn were to speak to us tonight, she would say, ‘You need to have that hope I had. Because everything I looked forward to I get to enjoy right now. Because when we say rest in peace, I am resting in the presence of God,’ ” stated Harrison.

Other guest speakers who got to share their memories of Rivera were those who were involved with her in Eta Sigma Gamma, like former president Hannah Lewis, who shared a Bible verse that reminded her of the fallen student: For we walk by faith, not by sight—2 Corinthians 5:7 KJV.

Pros and Cons: Tuition Increase

By Daniel Banks

The rise of tuition at CSUSB and other CSU schools by $270 for undergraduate students has been generating some negative buzz among students, but has officials pointing to the positive aspects.

The decision was made by the Board of Trustees on March 22, 2017, and was the first tuition increase in seven years.

Many of the students that attend CSUSB are receiving financial aid and do not pay out of the pocket for classes, but that isn’t always the case.

Some students are paying for school with their own money, or, with student loans because they do not meet the requirements to receive grants. Financial burdens can sometimes add more stress to a person, especially when they’re enrolled in college.

"Before I started my first quarter at CSUSB, I was hesitant about taking out school loans," said CSUSB Junior James Johnson. "I wasn't able to receive more than one grant and I knew that the only other option was to use student loans. I did not want to spend years having to pay for it and be in debt."

CSU Spokesperson Elizabeth Chaplin explains the decision to increase tuition.

"The tuition increase was because the state did not fully fund the CSU’s budget request," said Chaplin. "The CSU’s operating budget has two funding sources: the state general fund and tuition. Over the last two and a-half decades, state support per student for the CSU has declined while enrollment demands have dramatically increased."

One of the high points Chaplin brings up is that it will benefit the students who are a part of household income.

"The net revenue is one third and it is set aside for student financial aid." Part of the tuition increase will go towards hiring more faculty and adding more courses to the curriculum; however, there is direct statement that addresses that the tuition increases have to be spent on such or if a certain amount of the increase has to be dedicated towards academic advancements and not faculty or board-members salaries.

"The tuition increase will go to the students’ success. Campus(es) will hire approximately 400 faculty members and an additional 3,000 courses," said Chaplin. No word which CSU campuses will benefit from these increase. There are 23 CSU campuses and if the estimated 400 faculty members are divvied up evenly, each campus will get around 17 additional members.

The increase of tuition has come as a shock to some students because they haven’t experienced it throughout their time at CSUSB. This is the first increase in seven years.

The increase took undergraduate annual tuition from... Continued on Pg 2...
Disability Sports Festival

By Adam Vilas  Staff Writer

CSUSB hosted its 11th annual Disability Sports Festival to promote physical activity for people everywhere, regardless of their disability. 

Everyday those with disabilities struggle to find a place where they can let loose and have fun without worrying about feeling out of place.

Event director and 14 year CSUSB employee Yvonne Salmon said this event is an important day for the community and fulfills a need for those with disabilities.

"The reason we do this is because we believe that disability does not mean inability," said Salmon. "We want every person to have the feeling that they can do anything. We want them to be encouraged and say ‘I can do this. I don’t have limitations.’"

According to Salmon, this event has gained enough popularity in the community for participants to request information about it months in advance because of their excitement for the festival. Residents in the community expressed their excitement for the event, anticipating next year’s Disability Sports Festival.

Marcus Rivera, who has been in a wheelchair for over 20 years, says that this festival is one that he looks forward to year-round.

"I feel as though this festival is a gift from above," said Rivera. "People with disabilities often get forgotten about and this day makes them feel included and special." Students and faculty alike participated in the event to make the festival possible. The CSUSB Assistant Basketball Coach, Bobby Tossetti, and his team played games of wheelchair basketball with those with disabilities in the Coussoulis Arena.

"We want to put our guys in a position where they can help," said Tossetti. "We want them to help less fortunate people so they can understand that they are in a position not everyone gets to be in."

Hundreds of volunteers came to the event and showed their support for those with disabilities. One of the event volunteers, Christine Espeleta, believes that it is important for those more fortunate to understand about those with disabilities in order to help.

"This day is for them," said Espeleta. "These events were made for them to make them feel like they’re still a part of us and even though any differences they’re still human."

The event took place in the Coussoulis Arena on campus where hundreds of people with disabilities came to participate in a range of sports and games. These included activities like martial arts classes, rock-climbing, soccer, basketball and even archery.

Many sponsors came and showed their support for the Disability Sports Festival including the LA Galaxy Street Team, LA Kings Street Hockey Team, and Monster Energy.

"I think it’s really important for people to have a day like this," said Taylor Dizon, a CSUSB senior and event volunteer. "It makes them feel included and like they can get involved in things that they can actually participate in."

Tuition Increase

...continued from Pg 1

$5,472 to $5,742.

For various reasons, some students are not fortunate enough to receive financial aid. The tuition increase can affect them in a major way. Not only does it affect the class fees, but it also makes the price of parking go up.

"The tuition increase has been rough," said CSUSB senior Genie Ramirez. "It made it even harder to afford classes as well as everything else that comes with being in school. That includes paying for parking passes, which have also increased."

The increased fees can affect how many units a student takes each quarter; and with CSUSB transitioning to the semester system, students will be hassled with a greater financial burden.

"I haven’t had to take fewer units due to financial aid, but I did contemplate doing so or taking a whole quarter off," revealed Gonzalez.

Not knowing how they will be able to pay for their classes can cause stress emotionally and mentally.

"Other than my financial aid, the tuition increase caused a lot of stress on me because I wasn’t sure what was going to happen—If I would be able to come up with the money or not," stated Gonzalez.

There are positive and negative effects when to the tuition hike and it benefits some more than others. It is in the hope that the financial situation will benefit more students, so they can worry less about their finances and can continue with their college careers at ease.

World Briefs

• Oct. 12- Taliban Hostages Freed

After five years in captivity, a couple and their two children were released by Haqqani, a faction of the Taliban.

• Iran Nuclear Deal

President Donald Trump threatens to dismiss the Iran nuclear deal even though the United Nations Security Council endorsed it.

• Poisson Air in New Delhi

Citizens of New Delhi are banned from setting off fireworks for the Hindu Festival of Lights due to poisonous air quality.

• Harvey Weinstein

Police in London and New York have opened an investigation on the producer who has paid off a number of former and current employees claiming he sexually harassed and assaulted them over the past decade.

• Puerto Rico

Hurricane Maria death toll up to 48 thus far. Officials are still searching for casualties.

• Somalia

Track bombing leave at least 276 dead. 111 victims have been identified thus far.

• Portugal and Spain

At least 31 people killed in wildfires over 145 fires continue to rage.
CSUSB Vigil in Remembrance of Jordyn Rivera

The vigil was very emotional for her friends and family and those that knew her personally.

...Continued from Pg 1

Another fellow Eta Sigma Gamma member, James Eckholdt, shared how Rivera was like family and helped him through his times of struggle and hardship. “I was working two jobs and I was wondering day by day, ‘how will I be able to afford this? How will I pay rent?’ And Jordyn was always there to comfort me. To tell me, ‘you realize it’s in God’s hands,’” Eckholdt said through tears. “...She was a very faithful person... and that’s how we all have to live our lives. Even if it’s not through God, just live for something.” Lupita Vasquez, who attended the summer abroad program to London with Rivera, expressed her sadness over the loss of such a caring person. “Jordyn was a real-life angel and she didn’t need a halo or wings to prove it. We have lost a beautiful person way too soon and I hope she is watching over us wherever she is,” said Vasquez.

Rivera’s parents, Albert and Mary, also shared their words with those gathered in the auditorium, reminiscing about how Jordyn believed that she was living a full and happy life. The two expressed their gratitude for the support of the CSUSB community and encouraged all vigil attendees to approach them to share their condolences. “Don’t be a stranger... Every time we hug you, we’re hugging her,” urged Albert Rivera.

After the vigil was over, the crowd was invited to step outside near the back of the John M. Pfau Library to release balloons as one last parting farewell to honor Rivera. 104 lavender balloons were released into the sky, followed by a moment of silence as bells chimed in the distance to echo the lasting memory of an honorable person.

Crystal Harrell | Coyote Chronicle

People leaving personal messages for Jordyn Rivera.

California Briefs

• San Bernardino

On Oct. 12, a shooting took place at a marijuana dispensary in a residential community in San Bernardino.

• Riverside

Riverside celebrates art and innovation by participating in the fourth Long Night of Arts and Innovation.

• Lawsuit against Trump

California has filed a lawsuit against the Trump administration after the announcement that the government was ending payments to health insurers that help fund the Affordable Care Act potentially impacting 3 million Californians who purchase health-care plans.

• San Manuel Band of Mission Indians

San Manuel holds their 22nd annual PowWow at CSUSB.

• Adelanto

The High Desert gets their first legal marijuana dispensaries thanks to Adelanto’s recent spike in marijuana cultivation factories.

• Joshua Tree

Father identified remains of two hikers lost on July 28th. Rachael Nguyen, age 20, and Joseph Orbeso, age 21 found near the Maze Loop Trail close to the western entrance of the national park off Highway 62.

Albert and Mary Rivera both visited and spoke at the campus that their daughter attended.

President Morales was amongst the attendees that visited Jordyn Rivera’s vigil.
Locals share their accounts of horrific mass shooting in Las Vegas

Manny B Sandoval  
Yucaipa-Calimesa News Mirror

The Las Vegas Metropolitan Police Department confirmed 59 concertgoers died and 527 were injured in the largest mass shooting in American history on Sunday, Oct. 1 at the Route 91 Harvest Country Music Festival. According to San Bernardino County Sheriff's Department, a mass shooting occurred at the country concert in Las Vegas, Nevada. The suspect rapidly opened fire on a crowd of more than 22,000 concertgoers from his hotel room on the 32nd floor of the Mandalay Bay Resort and Casino at approximately 10:08 p.m.

The shooter was 64 years old Nevada resident. A Las Vegas Metropolitan Police report said the suspect bought more than 30 weapons and had 23 firearms in his hotel room.

The victims were across the street attending the Route 91 Harvest Country Music Festival when hundreds of bullets struck the crowd. Las Vegas Metropolitan Police Department SWAT responded to the call, breached the hotel room and found the suspect dead.

Kaila Morales, a recent CSUSB graduate and KFROG Radio employee was in attendance with her close friend Cassidy Kitchen, when the shots were fired.

“As Jason Aldean started performing I stood and recorded a video,” she said. “My friend and I were in the middle toward the back and we decided to try to make our way to the crowd going closer to the stage to meet up with another friend. As we were already holding onto each other, making our way through the crowd, we heard what sounded like fireworks. I have seen Jason Aldean before and at every concert he has fireworks, so my initial thought was, ‘what was that fireworks?’”

Morales said she and Kitchen stood there confused noticing there was nothing in the sky and they continued to hear the shots go off.

“No those are gun shots! Get down. Get down. They’re shooting,” said Kitchen.

Morales recalled that it all happened so quickly, but it felt like a long time because of the shots continuing to fire. Morales and Kitchen, hand in hand, ran for their lives. Morales said she was angry and yelling, she couldn’t believe that was happening.

Both Morales and Kitchen called their family.

“As Cassidy called her sister to tell them we were being shot at. Both frantic, I decided to call my mom because at this point we didn’t know if we’re going to make it out of there. It was then we realized that this bush we were hiding behind was giving us no protected shelter, so we had to go,” Morales said. “As I cried hysterically, we began to run again and passed a few parked cop cars and we ran straight inside the MGM Hotel and Casino. I thought I was going to have a panic attack and I was having trouble breathing, but my friend stayed by my side comforting me.”

About 20 minutes later, while in MGM’s lobby there was word that the gunman was now inside MGM. Morales and Kitchen, along with others, were evacuated once again. They ran into the casino’s theater and hid in its basement, where they stayed for over two hours.

Morales said, “Luckily all the friends we came with were okay and although we are all traumatized, we are all home and safe.”

A large portion of the crowd was from California and many attendees won tickets to the festival from local country radio stations.

“We gave away tickets to well over 100 listeners,” said KFROG Radio Programing Director and Yucaipa resident Scott Ward. “We were systematically calling them all one by one on Monday. When you win anything from us we have your phone number and email addresses documented; there were around 20 names that we have not made contact with.”

“I’ve gone the past two years. This year I didn’t go, because we have such an amazing crew. We had our programming, promotions, sales staff, management and some folks from our off-air positions. All of our crew is accounted for and safe. Everyone wanted to get out as quick as they could,” continued Ward.

The victims were transported to area hospitals for treatment for their injuries sustained from the violent attack. Some of the concertgoers were employees and residents from the County of San Bernardino.

“I am saddened by the many lives lost,” said San Bernardino County Sheriff John McMahon. “One of our department members was struck by the gunfire while attending the event. Our employee was taken to a local hospital for treatment of injuries sustained. More information will follow when it is available. Our thoughts and prayers go out to all victims and their families.”

“We continue to hope and pray that everyone is okay. Thousands of people from Southern California make it out to this event in Las Vegas every year. We talked with many listeners that were there, some who jumped into action and some who saw things they will never forget,” Ward said. “Right now our top priority is confirming the safety of our listeners, then figuring out what we can do to help those affected by this senseless act.”

There were 17 people from Southern California killed in the shooting. One of those 17 was Hannah Ahlers, 35, a Beaumont resident. She is survived by her husband Brian Ahlers and their three children. Dana Gardner, 52, was a Grand Terrace Resident and San Bernardino County employee. She is survived by three children, one of which was with her at the time of the shooting. Kayla Gardner, but she was not injured. Jordyn Rivera, 21, a fourth year student at CSUSB was also killed in the shooting. Rivera is a resident of Upland and is survived by her mother and father Albert and Mary Rivera.

Following the shootings, Las Vegas area hospitals experienced a shortage of blood. LifeStream urged the public to give blood donations. As of Monday night, Oct. 2, LifeStream released a statement saying they were overwhelmed with the amount of support they received and that they obtained a more than adequate amount of blood.

Previously published in Yucaipa-Calimesa News Mirror.

Sky view of Las Vegas hotels and Route 91 festival

The Route 91 music festival is adjacent to the Mandalay Bay Hotel

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Faculty and students need to know where all exits are in case an emergency were to occur.

Vox Pop: How safe is our campus?

By Dusty Alexander and Ash Casillas
Staff Writers

Gabriela Manzanares:
“I don’t feel prepared for an unnatural disaster because the events that have happened since I’ve been here, like the recent shootings. I was freaking out, thinking ‘what’s going to happen?’”

Jesse Ibarra, a fourth-year student, 21-years-old:
“I feel safe on campus. They handled [San Bernardino 2015 shooting] really quickly, so I feel like if a shooter came on campus, they’d be able to handle that one just as quickly.”

Mai Temraz, 3rd-year MBA, 22-years-old:
“I’m from Palestine. I have been through three wars, so I know disasters can be natural or caused by humans. I was only recently told about the earthquakes here because I arrived in the country last September. I’m a Ham radio operator and we have our own network, but I don’t know how prepared we can be.”

Tomas Morales, CSUSB President:
“‘These disasters are on our radar, both natural and manmade. Unfortunately, manmade is becoming more prevalent. We have active shooter drills, both past and present. We need to be prepared. There is a difference between an active shooter drill versus just being ‘aware’ in a classroom setting about it.’”

Emily Chavez, 1st-year student, 17 years old:
“I only know of the earthquake drill, but we should have a thing like the yearly sexual violence training. I don’t feel as safe as I would like to. In high school there were drills, but not really in college. These kinds of things are not discussed until they actually happen.”

Wyatt Miera, CSUSB Stude nt’s branch Employee, 22 years old:
“Honestly, it does not bug me. If it happens, it happens. I’m not going to be terrified of events like these because that is what they want you to be.”

Rigo Orozco, 4th-year student, 24 years old:
“We should have gun safety training in the same way that we have sexual harassment awareness training each year. What we have is good, but it could be better.”

Julissa Diaz-Reyes, a 20 years-old, a visitor on campus:
“I’m more prepared in a negative way… now I’m more aware that there are potential dangers in places you wouldn’t expect it.”

Kate Sumampong, 18-years-old, a first year:
“I don’t feel comfortable with just anyone being able to walk onto campus.”

Annette Gamin0, 22-years-old, a third-year student:
“I feel like just giving us a time and a date… it’s really not going to make a difference… Our campus should host more workshops, or maybe even provide free supplies to students...”
Route 66 Back Again

Christine Muhar
Staff Writer

Saturday, Oct. 7, San Bernardino Area Chamber of Commerce (SBACC) hosted the 5th annual Route 66 Rendezvous in downtown San Bernardino. This year, hundreds of car enthusiasts came to Route 66 Rendezvous to see over 1,000 cars, listen to music, eat good food, and have a great time with their families.

Alex Trujillo, who was raised in San Bernardino and has been coming to Route 66 since he was a kid, said he was excited because he was able to bring his ’57 Chevy Sedan that he overhauled piece by piece over the course of several years. Historically, the Route 66 car show started in 1990 in San Bernardino and over the decades has lasted between 2-4 days per year. Sadly, when the city went bankrupt in 2012, San Bernardino could no longer provide funding for the Route 66 car show. Although SBACC debated on if they should restore it or not, they decided to step up and organize the city’s beloved Route 66 Rendezvous.

Tito Nieto, who was participating with his ’37 Ford Sedan, has been a car enthusiast for over 12 years. He enjoyed Route 66 Rendezvous and “hopes it will soon he restored to its former glory” of having Route 66 all weekend long instead of one day. The family-friendly event provided something for everyone to see and do. Home Depot and the YMCA provided games and crafts for the children, while there were three beer gardens for the adults and cars for everyone to admire.

This year was the first year that Route 66 Rendezvous had a first responder row, which was held on Court Street. First responder row included fire engines, police cars, highway patrol cars, and even military trucks that were brought from the Norton Air Force Base Museum. According to Judi Penman, the SBACC President, the vehicles were there for the children, but “big kids enjoy it too!” Not only did people bring their families; they brought their entire car clubs too. Car clubs from all over the Inland Empire came to support Route 66 and be a part of history. Suaversitos, E St Cruisers, and L.A. Roadsters were all there, just to name a few.

Penman and San Bernardino residents love Route 66 Rendezvous because it provides something positive and a family-friendly event the entire community can be proud to attend.
Main Street Window Shopping

By Nallely Guzman
Staff Writer

The holiday season is just around the corner and if you want to start looking for the right place to buy gifts for the members of your family, Main Street is the perfect spot to go browsing local shops.

The famous Main Street is a pedestrian walkway mall located in the heart of Riverside, CA, stretching four blocks.

While taking a tour, you will be amazed at how rustic the area is, and you will have the opportunity to learn some of its history while window shopping in the best shops around there.

One of the recommendations before you start your window-shopping tour is to park in the parking structure located in the corner of Market Street and Mission Inn Avenue. Parking there is free the first 90 minutes and after 5 p.m.

Make sure you wear tennis shoes so you can window-shop comfortably.

Mission Galleria (across the street from the Mission Inn and in front of Coffee Bean) It is an amazing antique store where you can enjoy four floors with a wide range of merchandise like jewelry, antiques, collectibles, clothes, toys, furniture books, and much more. This antique store is a must-see due to the variety of collections and tastes.

Sweet Vintage Décor (near Prohibition) is a small yet quaint store where you can find decorations for your home. They change some of their merchandise in time for each holiday so you can stay up-to-date for those seasonal festivities. And what makes this store even more special is their Annie Sloan chalk paint that they sell to create an instant chalkboard on your wall.

If you are trying to spruce up your home for the holidays, the people there will give you helpful tips so you can make the best of this specialty paint.

ELLIOT (located behind the Mission Inn and across from Prohibition) It is a boutique where you can find trendy and fashionable clothing. Most of the clothing that is sold in this store is actually designed and made there. So if you buy clothes and accessories from this shop, you will have unique pieces that you can wear without worrying about someone else copying you.

Downtown Apothecary (in front of Casey’s cupcakes) It is the shop where you find all that has to do with bath and body. You can choose from handmade soaps of different scents, body scrubs, candles, oils, butters and creams. A sweet, fruity aroma will always greet you while shopping at this store.

MP Couture is a women’s fashion boutique that features a diverse collection of clothing, shoes, jewelry and accessories. Whether you are looking to have a fun day shopping for wearable art, designer goods and unique jewelry, or you just want to have a great time looking at unique objects, the whole block of stores on Main Street is a worthwhile destination. On the plus side, there are great restaurants with delicious food nearby where you can eat, or spas where you can relax after shopping.

Why go all the way to LA when there are fun spots in the Inland Empire where you can have a one-of-kind shopping experience without straying too far from home?
Changes in Season; Changes in Fashion

By Hannah Centner
Staff Writer

Anne of Green Gables once said, “I’m so glad I live in a world where there are Octobers.” We should all be glad too, because the changing of the seasons means a changing of the fashion trends!

As a college student and young adult, I love to be caught up on all the fashion and makeup trends as well. I often get my ideas for makeup and clothing off of Pinterest. But this fall, I decided to set out and do some research about what is really “in” this season. I sat down with a local makeup artist, Crystal Leal, who does many runway shows for some insight. I also talked to a Judy Jauregui, a manager at American Eagle in Cabazon, who has seen the trends come and go over the past 12 years in her store!

I discussed some super easy makeup advice with me to get your palette geared toward fall! When choosing eyeshadows, go for peachy or neutral tones. This means utilizing burnt oranges, bronzes, browns, etc. When doing your face as a whole, choose whether you want to dramatize your eyes, or your lips. If you want to focus on your lips, select a plum, red, or generally dark lipstick color. Pair it with a nude/natural eye, so you still have a fall look. This will keep your face from looking too dark.

You can choose to do a dramatic eye look, possibly smoky or even metallic. If you opt for a dramatic eye, be sure to pair it with a nude or neutral lip.

When I spoke to Jauregui at American Eagle, she let me in on some of her favorite pieces, colors, and trends for the season. Trends that are in right now for Fall include florals prints, plaid, and all types of denim, including skirts, jeans, and jackets. Snake print shoes, long printed kimonos, and long cardigans are also very in fashion. The best colors for fall are jewel tones like burgundy, purple, golden yellow, deep teal, and olive green. The key ways to get a full fall look are to throw on the layers and the accessories!

Add a scarf or a flannel to a basic shirt. You could even just add a sweater or some booties to dress stylishly and comfortably for the chilly weather. Skinny jeans are easy to pair with booties and military jackets are also very right now.

I came to the conclusion that the main way to switch up your fall look is in the details. It’s super inexpensive to add scarves and warm colors to your wardrobe.

Drug Store v.s High End

By Brittany Stiner
Contributing Writer

Being a college girl means we don’t have too much time to work or let alone get ready for class but what about the week ends when we want to let out the stress from all the work week and maybe even get ready for once?

College takes a lot of time out of your week which makes it hard to work which means were all on a budget and maybe can’t afford those high-end brands and want to stick to those good Target finds.

Today, we are going to be comparing drug store foundation to a higher end foundations and to see if spending all that extra hard-earned money is worth packing on the debt after graduation.

Sephora is a holy grail walking through the aisles of name brand products. Walking past Urban Decay, Laura Mercier, and Yves Saint Laurent might make your credit card run and hide, but when you buy high end its meant to last you longer and give you that coverage every girl dreams of. Fenty Beauty is the hottest thing on the market to get your hands on. I was one of the lucky ones that purchased it the day it came out.

Rihanna is not just an icon in the music world, she is now becoming a staple to the cosmetic world as well. Fenty Beauty came out with 40 different foundation shades meant for every girl of every complexion. Her foundation runs 34 dollars which is on the cheaper side of a higher end foundation.

This foundation gives you buildable full coverage as if you have an Instagram filter on your face. If you can get your hands on this life changing high end foundation, I would definitely recommend it. A dupe for this would be the Fit Me foundation by Maybelline. Fit me will give you that coverage, and its only six dollars.

Urban Decay all-nighter which runs for about 40 dollars is a foundation that is a full coverage, and matte. It lasts all day and you can wear it for an everyday look without looking overly done up for that 10 a.m. lecture.

Urban Decay All Nighter foundation is the definition of a little bit goes along way. This product myself has lasted me about a year. It’s worth the price if you like something more on the high-end side of things. A nice dupe for this would-be Photo Focus Foundation by wet n’ wild for only six dollars!

If you don’t mind spending a little bit more, and get that airbrushed look you’ve been dreaming of, get ready with the Laura Mercier Flawless Fusion Ultra-Longwear Foundation that runs for 48 dollars. This foundation is for all skin types from oily, to combination skin. This foundation is matte finish, with a buildable 15-hour wear. A wonderful, hands down holy grail dupe for this is the Loreal Infallible foundation for 12 dollars!

Being a college girl makes life busy but one thing we should never be too busy for is feeling confident in ourselves. If you can afford Fenty, Urban Decay, and even Yves Saint Laurent then you run to Sephora.

If you’re more of a Target girl, that’s fine too! Grab that Maybelline, and Wet n’ Wild.

When it comes to foundation and makeup in general, it doesn’t matter how much you spend. What matters most is how you feel, and the confidence you get while you rock your new look.
DIY: Halloween Girl

By Brittany Stiner
Staff Writer

If you’re looking for the latest, greatest, and the trendiest Halloween costumes for the Halloween season, then look no further.

Halloween is the best time of year to jump out of your comfort zone and try on a different persona for a weekend.

Whether you’re part of a couple, single, or just with a group of friends looking for a costume at any of your local Halloween stores or craft store, there’s a new dessert in town.

A recipe that many people should know about is dark chocolate peanut butter-filled bananas. This easy, convenient recipe only involves three items. You’ll just need to get bananas and cut them in spheres. After this is done, get parchment paper over a pan and put each banana sphere on them.

You’ll need to spread a generous helping of peanut butter on each banana slice, then top it off with another banana sphere to make it like a sandwich. What you’ll end up with is dark chocolate has melted, dip each banana sandwich in the bowl until each one is fully coated. Freeze the chocolate-covered bananas for about 20 minutes, and then dig in! A low calorie treat awaits without you feeling the guilt afterwards.

A new favorite of mine that does just fine on its own yet won’t break the bank is Rx Bars from Sprouts or Trader Joes. These protein bars have flavors such as pumpkin spice, salted chocolate, peanut butter chocolate, and coconut chocolate chips. They are high in fiber, protein, potassium, and taste just like a candy bar.

Another sweet little thing you can get from Sprouts is dark chocolate-covered rice cakes. You can bake these in the fridge for 30 minutes, then cover one side with Buff Bake almond butter, I use the cookie dough flavor, and boom! You have a high protein, low calorie, sweet treat.

Let me introduce the ice cream that’ll make you question the accuracy of the nutrition facts on the label. Enlightened Ice Cream can be purchased at Sprouts. It contains about 400 calories for the entire carton. Yes, you read that right. You can kill that whole carton while binging on Lifetime movies and not feel like a whale afterwards.

Greek yogurt is also very high in protein and low in sugar and carbohydrates if you buy the plain flavor. To make it a bit more tasty, you can add a teaspoon of honey, a tablespoon of cocoa powder, dark chocolate chips, and strawberries. Mix the ingredients together before adding the strawberries. Let the mixture sit in the fridge for 10 minutes if you want a creamier consistency.

Now, if you are a lemon fiend, please hold on to your tastebuds. You’ll need one cup of lemon Greek yogurt, a teaspoon of honey, one tablespoon of lemon juice, and blueberries, if you’d like. Mix all these ingredients together and place them in a cupcake sheet. Let the mix freeze for four hours and have made guilt-free lemon bars with a twist.

Having a sweet tooth is nothing to be ashamed of, and now you’ll have a few tricks up your sleeve that will have your friends wondering how you managed to stay in shape this winter.

But, what is Halloween without a little bit of mayhem? Without a little bit of mayhem? Without a little bit of mayhem? Harley Quinn is definitely the queen diva herself Winifred Sanderson, the choice just a children’s holiday, but for others, it’s a lifestyle. So, burn those fall candles, turn on your favorite horror movie marathon, and start to think about the way you’re going to steal the show this Halloween.

DIY: Halloween Girl

By Hanna Gruntz
Staff Writer

It’s the season for yummy holiday treats to start making their way into everyone’s kitchen. Contrary to popular belief, there are healthy desserts you can indulge in without gaining that holiday weight. So put down those pumpkin cheesecakes and throw away the peppermint bars out there is a new dessert in town.

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Cheese Plate

By Spencer Reifel
Staff Writer

If you have never socialized around a cheese plate this might be a start in the right direction. This perfect cheese plate will have to have a few staples to make your guests happy to sit down and snack on.

For a cheese plate, you will need cheese, of course, nuts, cold cut meats, and crackers; you want these to play off each other and pair well.

You want your plate to flow well and make it easy to grab and snack with great flavor.

Cheese expert, Sharon Martinez from Challenge Dairy stated that the most important part of a cheese plate the different textures of cheese such as, soft, semi-soft, etc.

Choose your cheeses with different textures. Go for a soft and creamy cheese such as Imported Brie (or a similar artisan-style cheese made in our area); a firmer style cheese such as cheddar (preferably farm-house), gouda or Gruyère; and a hard grating-style cheese like Parmigiano-Reggiano.

“You usually only pick 3 cheeses due to cost as there are other items such as fresh baguette, fresh fruit, fig spread, nuts etc. to complete the plate,” said Martinez.

Here is a guideline to make a simple but great cheese plate with three cheeses and a few pairing item. There will be a soft, semi-soft and hard cheese.

Soft cheeses are typically young cheeses that have been aged two months or less.

The soft cheese would be a goat cheese. Goat cheese is a fresh cheese that has been aged from 10 days to 10 weeks, very short aging. This cheese is fresh and soft with a sweet and delicate taste with undertones of acid and salt.

You can add a cracker to spread the soft goat cheese on with some honey.

Typically, semi-soft cheeses have been aged a little bit more than soft cheese and have less moisture. As cheese ages, its moisture level decreases and the cheese becomes more firm.

The semi-soft cheese would be a nice Boschetto truffle cheese. It’s aged for 2 months and is a blend of sheep’s milk, cow’s milk, and truffles. It has a blend of fresh and rustic flavors which makes for an addictive delicacy that’s sweet and savory. Combine cold cuts like salami with the Boschetto for that savory and salty flavor.

Hard cheeses, the most aged cheeses, are rich in flavor and dry in texture. These are the cheeses that are firm enough to grate.

The hard cheese will be a nice aged gouda, that has been aged for over 18 months, with this age you get a firm texture with some crystallization, a deep ochre interior, and notes of toasted walnuts and a brown-butter finish. Enjoy the aged hard Gouda with some nuts like almonds or walnuts to bring out the nutty flavors.

“People love to try farm-stead cheese, local cheeses have excellent texture and flavor and they can buy them in their local cheese shop,” said Martinez. “Especially those who have money really want to impress their friends with new and exciting cheeses they have tried but cost a lot.”

A good cheese plate doesn’t have to be expensive with the right combination of cheeses and some creativity.
Volleyball season hits halfway point

After claiming the CCAA title last season, the Coyote volleyball team looks to continue their success as their season begins to wind down before the playoffs.

The Coyotes started the season on the road, going 4-4 over two weekend tournaments. The Coyotes clinched the CCAA title at home last season.

Lauren Nicholson has recorded 1,000+ career kills. Hailey Jackson scored 21.5 points v Sonoma State.

Leilia To’omalatai averages 3.9 digs per set. To’omalatai earned 31 digs v Wayne State. She has 260+ in her freshman year.

To’omalatai earned 31 digs v Wayne State. She has 260+ in her freshman year.

The Coyotes will play five of their next six games at home starting Oct. 21.

Lauren Nicholson has recorded 1,000+ career kills.

Hailey Jackson scored 21.5 points v Sonoma State.
By Evelyn Carmona
Staff Writer

The Title IX law was signed by Richard Nixon in 1972. It helped give female athletes access to the same opportunities as the male athletes, such as scholarships.

According to the WSF website, today, two in five girls play sports. There has been a dramatic increase in women’s participation rates since 1972.

Title IX and the WSF are important because they help ensure that every girl has access to not only sports but the lifelong benefits they offer as well.

Female athletes receive the opportunity to play, the opportunity to scholarship benefits, and competitive play prepares them for life.

By participating in competitive sports, women gain confidence, learn how to win and lose and learn skills such as team-building.

Today, more than 150,000 women are competing in sports at the National Collegiate Athletic Association (NCAA) level.

Women make up more than 40 percent of the participants in intercollegiate athletics and receive about 43 percent of scholarships (according to the WSF website).

Women made their first appearance in the Olympic Games in Paris in 1900. That year, 22 women competed in tennis, sailing, croquet, equestrianism and golf.

Here at CSUSB, female university athletes believe there is a more closer to equality between male and female athletes although certain discriminations still exist.

“I think Title IX is there to do what it’s supposed to do, and at the collegiate level a school is able to enforce it, but in society, the gender pay gap still exists,” said Crystal Becerra, former CSUSB women’s soccer player said.

Overall, female athletes now have the opportunity and platform to showcase their athletic ability, which is a historical achievement that should be celebrated.
Rise, fall and revival of the Dodgers

By Lucero Roman
Staff Writer

The Los Angeles Dodgers’ roller coaster of a regular season ends as they enter the playoffs with over 100 wins, clinching the National League West Division (NL West) title for the fifth consecutive year.

The Dodgers were not the only team in Major League Baseball (MLB) with over 100 wins. Alongside them was the Houston Astros and Cleveland Indians.

The Dodgers went from holding a high winning record to holding the longest losing streak in Dodgers history over the course of the season.

This season, fans saw the Dodgers rise with the most wins thus far and fall with a 16 game losing streak.

This was the longest losing streak in Dodgers history, as they lost 16 out of 37 games.

“After winning so many games I forgot what it felt like to lose,” said CSUSB senior Maribel Manjarrez. “The losing streak was a humbling experience for myself and many Dodgers fans that we could have lived without.”

MLB teams in the past that have won over 100 games have historically not won the World Series. The Oakland Athletics won over 100 games in 1988, but lost the World Series to the Dodgers.

This season, the Dodgers were close to making team history with the most wins compared to the 1953 Brooklyn Dodgers who ended the season with 105 wins.

“Winning the NL West means nothing if the Dodgers cannot make it to the big show,” said CSUSB junior Juan Miran-da. “The Dodgers have a tendency of choking when it matters.”

Dodger fans have witnessed five consecutive NL West titles, and this season, they are expecting a ticket to the World Series.

“Dodger fans are expecting consistency for the postseason and hoping to go to the Big show,” said Manjarrez.

This year, the Dodgers added right-handed pitcher, Yu Darvish, from the Texas Rangers to their roster to bolster their starting rotation and kept Kenley Jansen, who has recorded over 40 saves this season.

Clayton Kershaw, the Dodger No. 1 pitcher, missed several games but the Dodgers managed to win games without their ace.

“Adding to the pitching staff has given the other pitchers time to adjust while taking care of the bullpen,” Miranda said. “The Dodgers have not made an appearance in the World Series since they last won it in 1988 over the Athletics.”

“We have more than an adequate team; we just need to take it game by game,” said Miranda.

The Dodgers swept the Diamondbacks in the National League Division Series to move on to the National League Championship Series. They will face the Cubs in a best of seven series.

Baseball quickly approaching World Series

By Anthony Perez
Staff Writer

October has finally arrived, and while most people are excited for fall festivities and haunted hayrides, the forgotten gem of the month is the baseball postseason.

For the casual baseball fan, this is the time of year to turn on some games and see those special moments.

Last year’s playoffs featured one of the most memorable outcomes in recent history that was full of unforgettable plays and moments. Ultimately, the Chicago Cubs and Cleveland Indians made it to the World Series, two teams that hadn’t won a title in 108 years and 68 years, respectively.

Last year’s World Series was a thrilling seven-game series that featured the Cubs coming back from being down by three runs to take it all, ending their 108-year drought.

The final game of the series drew over 40 million viewers, which was the largest audience since the 1991 World Series, with the Atlanta Braves and the Minnesota Twins playing. It is going to be tough following up a great series like last year’s, but the potential teams for this year should not disappoint.

This year’s field included the New York Yankees, Boston Red Sox, Los Angeles Dodgers, Chicago Cubs, Houston Astros, Cleveland Indians, Arizona Diamondbacks and the Washington Nationals. These eight teams battled it out over the course of October to try and earn a spot in the World Series.

The series is scheduled to begin on Oct. 24 and could potentially go through Nov. 1.

Baseball’s regular season has 162 games, which can be time-consuming for the average viewer, so the playoffs are when you see more excitement for the game.

“I don’t really watch baseball during the regular season,” said student, Gio Gonzalez. “I like the atmosphere better when the playoffs start because the games start to get more interesting to me.”

Watching a batter hit a home run in mid-July is still exciting, but when a home run is hit during the postseason, you can see the difference in emotion from the players and fans.

There’s not one single aspect of the playoffs that adds to the emotion: it’s a combination of atmosphere, emotion, and added urgency. This is what makes the playoffs such a fun and unpredictable event every October.

Regardless of where you go, the playoffs are everywhere. Whether it is a local sports bar to meet with friends for wings or sitting down for a family dinner, televisions everywhere are tuned in to the Major League Baseball playoffs.

A great example of a perfect place to watch the play-offs is Pizzadilly.

Pizzadilly is a Dodgers-themed pizza restaurant in Colton where many Dodgers fans gathered on Oct. 5 to watch the Dodgers vs Diamondbacks game. Owner Anthony Lewis sees a difference in his customer’s enthusiasm during the regular season and during the postseason.

“Everybody has their eyes on the TVs around the restaurant and can’t take them off,” said Lewis. “During the regular season, you see people come in for a few innings and take off, but if you come in during the playoffs, you’re here for a few hours.”

Now the final four teams have been set as the championship series startup.

The Yankees are set to take on the Astros in the American League and the Dodgers are set to take on the Cubs in the National League.

With teams from four major cities—Los Angeles, New York, Houston, and Chicago—everyone will have a team to root for.

Whether you want to cheer for Clayton Kershaw and the hometown Dodgers or the rookie sensation, California local Aaron Judge with the New York Yankees, baseball playoffs are ramping up for one crazy month.

The Yankees are back in the ALCS for the first time since 2012.
Moses Sumney Album Review: Aromanticism is One of the Best Albums of 2017

By Isaac Cardenas

Establishing his position as the next up and coming artist to watch for, singer-songwriter Moses Sumney’s début is a stunner and one of the year’s best.

Thanks to world renown singer and songwriter Solange, Moses has gained mass attention with his latest release from Jagajawar Records. The record is packed with calm and cool tracks that showcase his unique falsetto vocals and cool acoustic riffs that can be heard on popular tracks like “Plastic.”

Sumney was born in San Bernardino, California but he moved with his family to Ghana when he was 10 years old. And it was only when Sumney moved back to California to attend UCLA that he taught himself to play guitar. I first heard his music in 2015 when I discovered his 2014 EP Mid-City Island. It was one of those lo-fi gems that you find on Bandcamp. It sounded like folk music, but it was experimental in its approach.

His sound has been described as R&B, but I feel like this description did not fit his music. I would describe his music as being experimental folk/soul. He reminds me of experimental folk artists such as Joan- na Newsman, Sufjan Stevens, or Jessica Pratt.

Some artists sign to a major label and totally change their sound, but Sumney does not fall into that trap and maintains his sound from his EP. The production on Aromanticism sounds better from his earlier work, but not so much that he sounds completely different.

Listening to the album for the first time, I was blown away. The second track, “Don’t Bother Calling,” is a highlight. Some of the elements that I like about it are the strings that creep out throughout the track creating tension, Sumney’s fingerpicking guitar, and his voice which is layered, creating these beautiful haunting harmonies.

The album is interesting because it sounds intimate and fragile while other songs sound dramatic and big. An example would be “Indulge Me,” which mostly just features his voice and guitar while there are other songs on the album that sound dramatically like the spoken-word song, “Stoicism,” and the album’s best track, “Quarrel,” which changes musically over the duration of the song.

Listening to the album, I kept thinking how these songs could be performed acoustically in a small coffee shop or a big concert hall with an orchestra. I was also caught by surprise throughout the album with how some songs start off sounding sparse and then builds into something much bigger like the track, “Lonely Word.” Thematically I feel like the lyrics on the album were somewhat vague, but I really enjoyed that aspect. I am not a big fan of songs that are obvious because it doesn’t allow people to have their own interpretations of them.

The album’s title, which means a person who experiences little or no romantic attraction to others, says enough in my opinion to some of the things Sumney could be singing about.

If someone were to ask me about what type of genre you would place him, I would say he falls into a variety of genres and it’s unfair to put him in one rigid box.

On Aromanticism, he thril- lingly bypasses strict genre terms and blends different elements of folk, electronic, and soul music to create one of the year’s most exciting and unconventional albums.
Las Brisas: Restaurant Review

By Michael Embry
Staff Writer

Beyond the cascading valley of Laguna and through jagged and busy streets, seafood restaurant, Las Brisas, is nestled amongst the cliffs.

Located at 361 Cliff Drive in Laguna Beach, it is only about 50 steps from Laguna Beach itself, and 1.6 miles from the Montage Laguna Resort.

Because of its premiere location and ocean-view, I expected this restaurant to be extremely pricey.

However, as the reviews raved, the food was affordable and the portions were well worth the prices.

As I walked into the restaurant, I could feel the ocean breeze hit my face, carrying with it the smell of fresh pico de gallo and filet mignon.

Michael is the manager of the restaurant.
The restaurant features both indoor and outdoor seating arrangements.
The newly renovated inside of the restaurant emulates that of a 5-star restaurant. It features wood aesthetics, with clean white walls and ocean-colored pastels.

There were several TVs next to the bar, which was manned by bartender Julio Gonzalez.

“The outside patio boasts a panoramic view of Laguna Beach below.

There was also a wide assortment of tables, featuring umbrellas for shade and heaters for when the breeze gets too chilly.”

I was seated by arguably the best waiter I’ve ever had, Ricardo Garcia. He was kind, energetic, flamboyant, and had a contagious spirit and laugh.

The menu was simple, self-explanatory, and showed off the cheap prices.

For an appetizer and drink, I ordered the fresh chips with ceviche and the passion fruit maitais.

The chips and ceviche came first and they certainly did not disappoint.
The chips were warm, fresh, and garnished with a hint of lime salt to allow the perfectly seasoned crunch to the palette.

The ceviche was delectable. I could taste the swordfish and crab, which paired nicely together.

My drink came next. It was a refreshing blend of fruits that was crispy and sweet but not too strong, which I thoroughly enjoyed.

Next, it was time for the main course and I could hardly wait.

Due to high recommendation and Yelp popularity, I ordered the filet mignon and bacon tacos.

The wait time was 37 minutes and for good reason. The tacos were gorgeous, each one separated on a metal rack.

They were stuffed with a healthy portion of filet mignon and topped with fresh guacamole.

As a bit into my first taco, I was nostalgically transported onto the shores of Cabo San Lucas, Mexico.

The tenderness of the filet mignon and the freshness of the guacamole truly was incredible.

Evangeline McCoy, a frequent at the restaurant, ordered the tacos as well.

“The tacos are some of the best I’ve ever had, and on top of that, there’s a view to match,” said McCoy.

Her brother, Eric McCoy, ordered the grilled shrimp salad.

“The ingredients are fresh and authentic. There’s nowhere else I’d rather enjoy the food as well,” he stated.

If you’re into breathtaking views and flavorful ingredients, be prepared to dive into an experience worth-while at Las Brisas.

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