Conservation garden embraces drought

By MICHAEL ISBERTO
Features Editor

CSUSB has joined the water conservation efforts by holding a water conservation garden workshop on May 19 and May 21 at the John M. Pfau Library. Water conservation is a widely discussed topic, especially as California is in the midst of a drought. There are many entities that sponsored the two-day event, including the Inland Empire Resource Conservation District, the city of San Bernardino Water Department, the CSUSB Water Resources Institute and the San Bernardino Valley Municipal Water District. Many of these water conservation agencies have seen the state of California suffer its worst times. California has seen droughts lasting decades. While the current drought is a reminder that we must save water today, history teaches us that we must make long-term changes to the way we use our precious water resources in order to build a sustainable future.

“As recently as the 1960s, San Bernardino faced a drought lasting 20 years (1944 to 1964). The extreme nature of this drought motivated local residents to unite and form the San Bernardino Valley Municipal Water District, which imports State Water Project water from Northern California,” stated iEfficient, an Inland Empire collaborative conservation effort comprised of water agencies and cities. CSUSB’s own water conservation garden is situated on the north end of parking Lot G, and recently unveiled new artisitic installments on the day of the workshops. Artist Johnny Shield discussed his new art installment for the garden.

“In these first holes will be an eight foot by four foot sign. It’s a white gallery wall that’s going to have our rendition of the Mona Lisa’s background on it. This first hole that I’m digging will be a stool for the viewer to sit. In the second hole is going to be a golden frame that is suspended in front of the viewer. And the third hole is going to be a camera holder. So it’s essentially going to be a selfie maker that creates a Mona Lisa selfie,” said Shield.

The new installment will be bringing the classic element of the Mona Lisa with a modern twist. Ideas like art installations, in and around the garden, will help bring awareness to the cause and will hopefully instill mindfulness about the issue.

“As an artist myself, I think it’s a great idea that art pieces will be featured to help students spend more time in the garden. The more time they spend in the garden, the more they might be submerged in the beauty of a landscape that saves water,” said Raquel Cuevas.

The water-wise landscaping found in the CSUSB conservation garden is one-way of helping support the efforts to save water in California.

For more information on how to conserve water and how to help California recover from this current water shortage, the water conservation garden workshops are free to the public.

If you happened to miss the workshops, there are many water saving workshops and classes appearing everywhere. You can find classes, a list of workshops in your area, or take an online class at BeWaterWise.com

CSUSB honors librarian for contribution

By FELIPE MONTANO
Staff Writer

Gina Schlesselman-Tarango has been named CSUSB Librarian of the Year. Schlesselman-Tarango has been a part of the Pfau library since 2014. Schlesselman-Tarango graduated from Drake University with a bachelor's in Sociology and Anthropology; completed a master’s in social science from University of Colorado, Denver; and also master’s of library and information science from University of Denver.

In her role as librarian, Gina has become an exceptional resource for students and faculty, earning praise from her peers, as well as the students who have utilized her services. Pfau Library can speak to her influence as she has significantly improved services and instruction on the subject of advancing information literacy.

“My goal is to ensure that students engage critically with the information they encounter in the world. I teach workshops and classes, create online learning objects, and help the CSUSB community at the reference desk,” stated Schlesselman-Tarango.

Schlesselman-Tarango makes it a point to look for ways to make a significant impact on the campus community, exemplifying this when she created the Critical Information Literacy Laboratory, located in Pfau, intended for the faculty’s use in materials and instructional services.

“My philosophy is one that values both traditional research skills and critical ideas or concepts that transcend ever-changing search interfaces,” continued Schlesselman-Tarango.

Schlesselman-Tarango is also a part of the CSUSB Faculty Senate, GE Think Tank, Initiate Advisory Board and Steer Committee, and is a participant of the New Faculty Learning Community. These duties and accomplishments prove her exemplary care and efforts to construct a notable contribution to the campus community.

These characteristics are ideal for the Librarian of the Year criterion. “She is an outstanding librarian, with a great deal of research experience and a number of published works. She has surpassed all expectations, setting a high standard for librarians,” stated Dean of Pfau Library, Cesar Caballero.

In addition to creating this assistance for faculty, Gina mentioned her drive to the experiences she has with students. “I really enjoy facilitating experiences that allow students to understand the role that information production and consumption plays in the academy. Basically, I love what I do, so it usually doesn’t feel like ‘work’ to me,” stated Schlesselman-Tarango.

She will receive $1,000 as part of her award, which may be used to fund any work-related project.
CSUSB’s new provost

By CHERAE HUNT  
News Editor

Dr. Shari G. McMahan has been named provost and vice president of academic affairs.

McMahan is the first female provost in the history of CSUSB.

“I look forward to working with the faculty and administration to continue our efforts to enhance student success, support faculty excellence in teaching and research and continue the good and important work in our community,” stated McMahan in an article published in CSUSB News by the Office of Strategic Communication.

She has served as Cal State Fullerton’s deputy provost since 2014.

In this role, she managed a wide and impressive portfolio, including: enrollment services, faculty affairs and records, the Faculty Development Center, the Center for Excellence in Supplemental Instruction and other university involvement, according to the CSUSB website.

“We are delighted to have someone of Shari’s knowledge, ability and talent to join us as CSUSB’s new provost and academic affairs vice president. Her background and experiences in her many leadership roles and in the classroom at Cal State Fullerton will serve us well, not only in helping to expand, enhance and grow our exceptional faculty, but also provide and nurture academic programs for our students,” stated President Tomás Morales, according to an article published in CSUSB News by the Office of Strategic Communication.

McManan will begin her job as provost Sept. 1.

New COMM club

By SHIRLEENA BAGGETT  
Staff Writer

The students of CSUSB’s Department of Communication within the Human and Organizational concentration are starting a club for Fall Quarter 2016.

The purpose of the club is for students to sharpen their communication skills, giving them the competitive edge needed in today’s job market.

Their mission is to not only fun and interactive, but most importantly a resource for students studying communication to positively impact the university as a whole.

All majors, please accept the club’s invitation to share your ideas, suggestions and questions at the two informational meetings on May 25 at 12 p.m. in UH 038 and 6 p.m. in UH 859.

E-mail Shirleena Baggett at baggettsc@coyote.csusb.edu for more information.
College textbook prices at all time high

By RHEJEAN KING-JOHNSON Staff Writer

College textbook prices increase yearly. Textbooks have increased 73 percent since 2006, according to Student Public Interest Research Groups (PIRGs).

At CSUSB, a general education (GE) requirement is Communication (COMM) 120, Public Speaking.

The necessary book “The Art of Public Speaking” has a variety of price options. At the Coyote Bookstore, it costs $199.50, $142.11 on Amazon and on Chegg, $103.99.

There are ways for students to receive low cost for books; they can buy a used book or rent from websites such as Amazon, Chegg and Textbook Rentals.

“The prices are a little bit outrageous for the amount of time we use them for,” said student Austin Bond.

College Board recommends that students budget about 1,200 dollars for higher level textbooks and supplies each year.

“If I don’t have money for the book, then I have to take the class without it,” said Donizta Castillo.

Digital textbook copies are increasing, the prices are lower and more convenient.

There are over 180 open-source textbooks available for students to save money across the country. These books are free online to download, written by faculty and peer-reviewed just like traditional textbooks, according to NBC News.

“If the book is too expensive, then I usually look for a PDF or I ask a friend,” said Castleberry.

This concern has reached more than just the students who attend school.

The artist Kanye West tweeted that textbook prices cost too much, after he spoke to a friend about the financial burden.

His tweet was retweeted over 71,000 times, according to The New York Times.

“We have to lower the prices of textbooks,” said West.

The rising prices of textbooks have led CSUSB students to be concerned about what classes they take each quarter.

Students have to consider the amount of money they are going to use for school and how many years it will take them to graduate.

Some college professors require textbooks for their courses, but many of them can be found online to make it easier for those who cannot afford them.

More students may be able to afford the textbooks—if they had more time to save for them.

“Professor’s should try to hold off on the textbooks, so students can have more time to buy the them,” said Bond.

A student felt that professors should provide alternative ways for students to get the required textbooks.

Students have found ways to get the textbook but they are not always available.

“One of my professors just put certain chapter we need on blackboard, so we didn’t have to buy the book,” said Holland Jones.

College is not getting easier with the textbook prices increasing and more professors requiring them.

With the financial aid refund, students still won’t have enough to pay for the books they need.

“Since these books are too expensive I don’t buy them unless I have to,” said Jones.

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Honorable CSUSB faculty

The Golden Apple award
Professor Dany Doueriri

Outstanding Professor
Professor Brian Janiskee

Outstanding Lecturer
Professor Cynthia Cotter

Professors were awarded on March 2.
**Mixed Martial Arts Club**

The Mixed Martial Arts (MMA) Club is one of the many clubs offered at CSUSB.

The MMA is a full-contact combat sport that allows a variety of fighting techniques that include grappling, kicking, and striking.

“At the club, we practice basic essential techniques from footwork to forms, to ground practice against partners,” stated former member Shoichi Iijima.

The club ranges from the beginner level all the way to the advanced, which includes more difficult techniques and requires more labor and skill.

Everyday, the club offers different menus or schedule of different skills.

“We begin by stretching, light warm ups, and practices ranging from cardio exercises combined with martial arts elements, added Iijima.

**League of Legends Club**

The League of Legends Club is one of the many clubs offered at CSUSB.

Though the club has a specific schedule for different fighting styles, it also has free days where each member can practice his/her own style and improve certain fighting techniques.

The club offers kickboxing, as well as Brazilian Jiu-Jitsu, for anyone who is interested in learning.

“You can achieve a clear and strong mentality while learning how to use your body to enjoy in the art of martial arts and learning how to defend yourself,” continued Iijima.

“The club is very sociable and is a great place to challenge yourself while meeting others of the same interest,” concluded Iijima.

The MMA Club is located in P.E. 104 and meets every Mon., Wed. and Fri. Mon. and Wed. from 2:35 p.m. to 4 p.m. and 2:30 p.m. to 5 p.m. on Fri.

The MMA is a full-contact combat sport allowing the use of striking and grappling techniques standing and on the ground.

**CCBriefs:**

**Retirement age decline while work continues**

The U.S. has the largest number of older workers thanks in part to the huge baby boomer generation hitting retirement age, according to Bloomberg News.

Referring to the latest data from the U.S. Bureau of Labor Statistics, almost 20 percent of Americans ages 65 and older are now working.

Financial problems, liking their jobs, employers wanting older workers to stay, living longer, and for some, retirement isn’t all it’s cracked up to be, are a few main reasons why people are putting off retirement.

**Wendy’s gets robotic**

The fast food chain Wendy’s plans to automate the ordering process at 10 percent of its restaurants, according to an article in Tech Insiders.

An interview with Wendy’s President Todd Penegor with Investors Business Daily said the move is partially in response to the rising minimum wage.

It is set to begin with the company restaurants, followed by Wendy’s franchise chain operators to opt in as well.

**Obama Myanmar sanction lifted**

The Obama administration announced it will lift an array of sanctions against Myanmar, formally known as Burma.

The country, which has faced incredible government suppression through military force in the past, has a democratic election last November with its new formed government.

Although lifting sanctions will allow for openness, the administration stated they do not see Myanmar’s transformation as complete or irreversible, still referring to Myanmar as an “extraordinary threat,” in an annual notice to Congress, according to The New York Times.

**Chibok girl rescued in Nigeria**

Amina Ali Nkeki, one of the 246 girls taken in 2014 by Boko Haram, has been found in Nigeria, according to BBC News.

The now 19-year-old girl was found by a vigilante civil team, according to a CBS News exclusive.

Her husband, a suspected Boko Haram militant fighter, has been arrested and taken into custody in the regional capital of Maiduguri.

Nkeki has been reunited with her mother, and she and her baby are currently receiving medical attention, according to BBC News.

**Online pranksters behind bars**

Members of the controversial YouTube channel, Trollstation, are facing jail time after connection with fake robberies and kidnapping in London, according to BBC News.

The fake robbery at London’s National Portrait Gallery, as well as a fake kidnapping at Tate Britain in July 2015, resulted in four members of the prankster group being sentenced to 16 to 20 weeks for the fake robbery, as well as 8 weeks for the fake kidnapping that will be served back-to-back.

**Portugal powered by renewable energy**

Portugal achieved a zero emissions landmark, functioning on solar, wind and hydro power for 107 hours straight, according to an analysis of National Energy Networks featured in The Guardian.

“The age of inflexible and polluting technologies is drawing to an end and power will increasingly be provided from clean, renewable sources,” said James Watson, CEO of Solar Power Europe, as reported by The Guardian.

Watson also mentions that this great achievement, although a landmark today, will be commonplace in Europe.

**News**

**CLUBS YOU MAY NOT KNOW**

By RACHEL RUNDENGAN

Opinions Editor

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Opinions

The significance of what we post

By ESTEFANIA TORRES

Social media has become a significant part of our everyday lives. It has become so significant that it is unfair that a platform for employers to evaluate an individual’s professionalism and credibility.

Social media is a personal, and at the same time free space to express oneself in any way he/she chooses to express him/her self.

And no company or businesses should hold employees accountable for the things they post outside of work—they should not determine a person’s competence and skill off of something they are not a part of.

An annual social media recruitment study shows that the percentage of employers that check employees social media has risen from 39 percent in 2013, to 52 just this past year, according to CareerBuilder, a human capital solutions company.

More than half of companies and corporation are checking social media to see if a person is right for the job or if they should even continue working at their company.

In addition, the study also shows that while 60 percent of companies are looking for positive traits of the individual, 21 percent are looking for the opposite.

College students, especially juniors and seniors, need to be more cautious in what he/she chooses to post on social media.

It seems like social media runs the lives of young adults, especially college students.

People want to express their opinions, show what they ate for lunch, and upload memories from that crazy night partying with friends—and they have all the right to do so.

Personal life should never commingle with the work life.

I think an employee’s hard work should not be discounted as a result of what he/she chooses to post on social media.

It looks like media runs the lives of young adults, especially college students.

People want to express their opinions, show what they ate for lunch, and upload memories from that crazy night partying with friends—and they have all the right to do so.

Social media has become a significant part of our everyday lives.

We have to be able to realize that the importance of real human connection because of how simple it is to use technology to communicate,” said student Nicole Gomez.

Our generation thinks that it is easy to navigate through technology but what about the generation before us?

We have to be able to realize that the baby boomers have tried to use technology but are not willing to use it because it is foreign to them.

We forget about others and tend to think that the generation before us should know how to operate technology like we do, but we need to also remember that they did not grow up with it like we did.

We have to face reality that our generation is smart, yet self-centered.

We take selfies all the time and post them on social media sites, hoping others will comment about how beautiful we look.

“They even seem old before their time, disappearing into their gadgets like a grandmother leaning into her knitting,” stated author Chris Erskine in “More ‘pledge’ blowback: I ♥ millennials, but some need to learn how to take a joke” in the LA Times.

Has our generation come to that?

Conversing with strangers or acquaintances is something that our generation cannot even handle.

“I feel like this generation thinks it’s weird, but before social media evolved the way it did, kids now think that it’s something strange,” concluded Gomez.

“Thanks to extensive research, we know that millennials may come to the workplace with ‘a sense of entitlement, a tendency to overshare on social media, and frankness verging on insubordination,’” stated author Ann Friedman in an article from the LA Times.

We want respect, but we do not show it. And as we all have heard, respect is earned.

“One of the delicious ironies of this dust-up is that the boomers never respected authority and now have raised a generation of kids who don’t respect them either,” said Erskine.

In the workforce, millennials lack the baby boomer generation and have a tendency to state their opinions in a rude and noncompliant way.

Even though we are the most educated generation, it does not mean that we disregard other people’s ideas.

We have to be willing to work together with all our differences.

We cannot go after what we want by walking all over people in the process.

“I find the millennials spoiled, entitled, demanding, insular, independent, curious, strong-willed—just the sort of skill set you need to really change the world (many great presidents have had those same qualities),” added Erskine.

Even though these characteristics sound shameful, I believe that we need to remember how we are portraying them.

We need to take actions that will benefit not only ourselves but others as well.

Only then will our generation be like other, in the most positive way.

Disconnected

Millennials lack interpersonal skills

By DESTINY GUZMAN

Millennials are intelligent, innovative and have many other great qualities. We have to say that, right? I mean, it is our generation! However, there are some things that are shameful for our generation that we have to admit.

“I think as millennials we forget the importance of real human connection because of how simple it is to use technology to communicate,” said student Nicole Gomez.

Our generation thinks that it is easy to navigate through technology but what about the generation before us?

We have to be able to realize that the baby boomers have tried to use technology but are not willing to use it because it is foreign to them.

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Our generation has much to offer

By ISRAEL RAMIREZ
Staff Writer

The Millennials, often criticized by our previous generation, have proven much more than what we are credited for.

Our predecessors criticize our generation in the same way the baby boomers criticized Generation X and how our generation has moved on to criticize the boomer.

Often, we hear that our generation is "lazy," "unmotivated" or "stupid." It is not that we intentionally portray any of those characteristics; instead it is the changes that we have incorporated that cause our antecedent’s trouble.

"To older workers, wanting help looks like laziness to younger workers," the gains that come from teamwork have been learned from the collaborative nature of their childhood activities, which included social networks, crowd-sourcing and even video games like World of Warcraft that "emphasize cooperative rather than individual competition," according to author Don Tapscott in an article from The New York Times.

Our collaboration with others has been misrepresented as laziness; unlike the previous generation, we depend on one another to excel towards our objectives.

We have seen the changes in all generations—and with changes, come criticism.

It is always hard for an individual to incorporate change after doing something for a very long time without someone telling him or her otherwise.

The same way our parents do not understand some of the decisions we make is the overall concept of why we are criticized.

Our age group has progressed in a way that no other group has ever done so.

We can thank the constant improvement of technology for helping us evolve into the unseen.

Today’s generation has learned to adapt technology to help everything from simply getting directions, to helping us communicate with individuals around the world.

“Social media is a huge factor in today’s generation, it spreads all sorts of stories like a wildfire,” said student Giselle Silva.

Many will argue that all the technological resources we are provided with have dumbed us down.

But, the reality is, these changes are being incorporated into the workforce and into our day-to-day life.

In order to remain relevant, you must adapt to alterations of all kinds.

Many people are losing their jobs to more technologically qualified individuals, while others who are unable to adapt to the changes may find it difficult to escape unemployment.

Change brings forth not only benefit but misfortune as well.

However, it is up to your age group to keep up with the trends that allow us to maximize our capabilities.

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It is okay to be depressed

By SHIRELENA BAGGETT
Staff Writer

Books, exams, debts and depression—the perks of college life.

Last fall, my life was moving along without me; I was a wreck, drained in every aspect, and knew I needed to get help.

Forty-four percent of college students experience symptoms of depression, according to an article on healthline.com “Depression in College Students.”

Attending school is a transitional period for us all. Whether it is moving away from our family for the first time, or enduring the stress that comes along with getting decent grades, to of course the rise and fall of relationships and friendships.

It is a lot—and there is no real way to be “ready” for it all.

The truth is, many students find themselves troubled by bouts of situational depression and anxiety.

Depression, as defined by the Anxiety and Depression Association of America (ADAA), is a condition in which a person feels discouraged, sad, hopeless, unmotivated or disinterested in life in general.

To solve these issues, it is suggested to seek counseling, and we Coyotes are fortunate to have the support from our Psychological Counseling Center.

Statistics show that 75 percent of students do not even report or seek help, according to healthline.com.

Young adults at risk

By ESTEFANIA TORRES
Asst. A&E Editor

Underage drinking happens more than we would like to think it does on school campuses.

College is often the most common place where young adults experiment with this substance. That is why it is crucial for housing staff to forbid alcohol in a student’s dorm room or apartment.

“About four out of five drink alcohol on college campuses are wide spread and each year, drinking impacts thousands of college students,” according to the National Council on Alcoholism and Drug Dependence.

We have students of all ages living on campus, some over the age of 21, but many are still minors and are forbidden to drink by law.

Many students argue the fact that they are of age and should not be punished because there are minors living in the same area as they are.

However, who is to say that those who are of age would not give alcohol to their underage friends?

The risks that are presented with having this substance around young adults is an invite for disaster.

In my opinion, having alcohol in your dorm room is not even that cool or useful.

As a legal drinker, it is more exciting to experience the night life and go out to the bars or restaurants and drink there.

The freedom to go out to these social drinking places makes it far too forbid alcohol in an environment where underage students reside. I can not see it find a reason as to why people would prefer to drink in their dorms versus going out.

Young adults do not always make the best decisions. Ultimately, it is the responsibility of the campus staff to ensure that everybody who lives in these dorms and apartments are safe.

To ensure student safety, an unexpected search is conducted every couple of weeks to make sure that there is no alcohol.

Some people disagree with the alcohol rule on campus housing, and others think that it is a form of responsibility and would not expect anything less from this campus.

“I do not think it is a fair rule because if you’re 21, then by law, you can drink if you want. However, I do see why the school has this rule,” said housing resident and student Stephanie Garcia.

“Some people do not drink responsibly and there are minors on campus that can access alcohol easily if it was allowed,” added Garcia.

The prohibition of alcohol at on-campus housing should not be an issue with anybody, as it is a safety precaution that everyone needs to adhere.
Back to the future: College life

Students discuss how college life will be different in 2030

By JOSHUA AGUILAR Staff Writer

Our world is changing every day, and as students we have the power to make it change for the better. We may not have the ability to foresee the future, but we can always sit back and imagine what life will be like in the year 2030. The future can be both exciting and frightening to think about how much our daily choices can shape the future 14 years from now.

Students change so much in the four years that they spend here at CSUSB, adding another 10 years of transformation to their lives will yield an incredible difference between the students of today and of the future.

Student Darelle Amores shared how he thinks college life will be different in 2030. “Hopefully, if Bernie Sanders is chosen president, people will be more educated,” said Amores. “Nowadays, people use social media to say if things are not right,” added Amores. Technology will advance by leaps and bounds by the time 2030 arrives. Advanced technology in 2030 can potentially keep the public informed on events in more effective ways than in today’s world.

Life in 2030 could also stay relatively the same as it is now, regardless how we go about our daily lives. If you think back to 2002, which was 14 years ago, we still live in a similar way as we do now. We do not have flying cars, we do not live amongst robots who do all of our work for us or any of the inventions seen in the 1985 movie “Back to the Future.”

“I think that more or less, it’s going to be similar to how we live today,” said student Steven Moreno. College life could also get more competitive if there is free education. “I feel like it’s going to be more crowded as time goes on. There’s more people who are going to be more college students,” said Moreno.

It’s not necessarily a bad thing because more people will get an education but it’ll make the admissions process more competitive,” added Moreno. Student Rachel Lomeli also believes that college life could become more difficult in the future. “College will be more fast-paced with modern technology because we will be able to obtain information at a faster pace,” said Lomeli. “Graduation may take longer to complete because there’ll be more classes to take and more requirements,” continued Lomeli. “It will be much more expensive due to tuition hikes as well,” concluded Lomeli.

Students would prefer to be a college student in today’s world rather than in 2030. “In 2030, they’ll probably have better technology, but I am very content with what I have right now,” said Amores. “I’d rather be a college student today because school was less expensive and less competitive 15 years ago,” said Lomeli. “If that trend continues, then in another 15 years it’ll get more expensive and harder to get into,” concluded Lomeli.

Features

Bricks and Birch

Pizza and Coffee – Marriage made in Redlands

By ELINA URRUTIA Staff Writer

Bricks and Birch is a newly established restaurant in the heart of downtown Redlands, in the historic Fox Theatre building. The shop features wood-fired pizza, salad, pastries, Stumptown Coffee and a variety of other goods made fresh each day. The Stumptown Coffee was unlike anything I have ever tried. It was poured into a glass from a tap, coming out frothy like a Guinness stout; the flavors were exquisite. The shop offers many unique pizza combinations that are not available anywhere else. I had the Thai Pie with the peanut sauce that was kind of spicy, but it had a nice kick to it, which made it great. One of the best commodities Bricks and Birch has to offer is their meal selection.

“We can sub any cheese for vegan cheese and none of the soups have meat in them because Melanie, the owner, is a vegetarian,” said barista Jami Edwards.

The owners, Melanie and Dan, own a farm where they grow all their own oranges, grapefruit and as well as some of the vegetables that they make the soup with. “Everything has like a vegetable base broth, we try to stay away from meats and chicken broths for soups and for pizza we have a Gluten-free crust with vegan cheese that we make here,” said Edwards. It consists of different fresh and natural options for just about any customer, including vegetarians and vegans.

“We used to come here a lot in the summer to study, but a bit less now because we are busy in school. I really like the pizza here, I usually get the mocha which is my favorite drink,” said Loma Linda student Shelby York.

“I’d say it’s student friendly, they have a lot of outlets and the WiFi is great. I like how it looks inside, they play good music, and they have free WiFi which is a necessary thing,” continued York. As a student myself, I know how important it is to have a calm atmosphere to study in, sufficient outlet space for phones, laptops, and of course free Wi-Fi, which Bricks and Birch provides.

“This place is cool, the atmosphere is relaxing I could see why students come here I, myself, would come all the way to Redlands, a ten to fifteen minute drive from campus, to come and study or read,” said student Ernesto Rubalcaba.

The staff was friendly and attentive to their customers, which made the visit even more pleasant.

Bricks and Birch is located at 101 Cajon St. Redlands, CA 92373. It is open Monday through Saturday, from 7 a.m. to 9 p.m. and Sunday 7 a.m. to 7 p.m. It is cool spot to gather with friends, grab a bite to eat, or study for exams.
By STEFFANIE MARTINEZ

Be Our Guest is one of Walt Disney's World Resorts most recommended dining locations in all of their parks. Guests are encouraged to make reservations 180 days in advance to guarantee a table in the restaurant regardless if it's breakfast, lunch or dinner. Breakfast and lunch are quick service experiences, this means guests will order their own food via touch screens. Dinner is a table service meal—which is what I attended—the experience starts as soon as you walk up to the castle. The first thing you see is a bridge leading you into the castle with statues of gargoyles in the path. Once we were all checked in we waited for a hostess, as soon as we walked into the castle it felt as if you're right inside the movie, “Beauty and the Beast”. Our host asked if it was our first visit, which is what I attended—the experience started as soon as you walk up to the castle.

Once we were all checked in we waited for a hostess, as soon as we walked into the castle it felt as if you're right inside the movie, “Beauty and the Beast”.

Our host asked if it was our first visit, which is what I attended—the experience started as soon as you walk up to the castle.

Inside there are three separate dining areas themed after Disney's "Beauty and the Beast," there's the ballroom, rose gallery and the west wing.

We were seated in the ballroom, which to me was the most beautiful room in the place.

There are huge chandelier hanging from the ceiling painted with art, everything from the movie is there in detail.

Our server, Bill, was cheerful. Once we met him at our table, he gave us a brief introduction to the menu. The items on the menu range from $15 to $34.99 per meal. We decided to go with the braised pork which Bill recommended as being "the best of the menu," we ordered it because server asked after he saw me battling having the shrimp and scallops. I was eager to try the food, since countless people had mentioned Be Our Guest was a must.

While we waited, music filled the air as Beast made his way through the castle waving to the guests, and we were told he would be available for pictures after our dinner.

Our food arrived fairly quickly and the presentation was beautiful. The flavor of the braised pork was great, the mashed potatoes were a little slimy which would be my only complaint but overall, it's something I would recommend.

Once we finished with our entrees Bill brought out the dessert cart filled with desserts, we went with the strawberry and chocolate cupcakes.

Dessert was probably the best part of dinner. The cupcakes were moist and not overwhelmingly sweet, just the right balance.

The place was amazing on all accounts: service, food and ambiance. Imagineers went above and beyond to fill the restaurant with as much detail as possible and it paid off.

Although with how large Disney World is, there are definitely places with better food that I've had and they are just a portion of the price you pay at Be Our Guest. However, I would still say the experience is worth spurring on.

Having dinner immersed in the world of "Beauty and the Beast" for the night, it is a delightful experience and a must if you visit Magic Kingdom.
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Arts and Music Festival reveal more inspiring work from our students

By RAFAEL VELASQUEZ
Staff Writer

The Arts and Music Festival attracted hundreds of guests of all groups, ages and careers on May 13 on campus, stretching from the art building to the Lower Commons.

The art fair had a plentiful collection of ceramics, photography, chalk, dots, sketches and paintings which further appealed guests through the displayers’ unique art and styles.

“The Arts and Music Festival continues to provide an excellent venue for local artists, the campus, and the surrounding community. It is always a pleasure to see so many people sharing their common creative interests in one place,” said Art Department assistant professor Andrew Oakes.

The outdoor event kicked off an experience for both art displayers and true enthusiasts from across all art forms.

“This is my third year here and each year it gets better, the Inland Empire/San Bernardino has a lot to offer,” said Redlands East Valley high school teacher, Duan Kellum.

“As a resident of the I.E. and an alumni of CSUSB, I am extremely happy and proud that this has become an annual event,” added Kellum.

The environment behind the festival was accessible and welcoming to every student and artist as they exchanged their artwork.

“It was such a great experience interacting with different artists. Seeing the diversity in art and passions behind was eye-opening,” said student Kristyn Robles.

The students’ experiences were even more fluid as they were also able to purchase the artwork and other souvenirs that came with the artwork package.

“I find the event very nice and I love the ability to buy art from local artists,” said student Anthony Del Valle.

“I see it as a benefit to the campus and the community, I look forward to it every year,” continued Del Valle.

Much of the artwork from the RAFFMA (Robert and Frances Fullerton Museum of Art) was also displayed at the fair. Kids’ arts and crafts were also displayed as part of the RAFFMA, which gave children an opportunity to learn hands on about professional art.

The music festival had a fluorescent combination of local bands and campus Latin jazz and salsa bands.

SMSU Program Board hosted the fourth annual Best of the Bands competition for the local bands that performed at the festival.

Guests had the opportunity to vote for the best band based on their performance which winners received a grand prize and recognition.

“Nice community oriented event, it gets our community and students hanging out together on campus,” said attendee Edgar Astorga.

The photography displays were the...
Poet Keshad Adeniyi embraces Upland

By MISTY WILLIAMS
Staff Writer

Popular spoken word artist Ife Nira, also known as Keshad Adeniyi, was featured at a poetry event through Lion like Mind State in Upland, Calif. May 18.

The crowd was filled with fans anxiously waiting to hear his piercing metaphors.

Adeniyi grew up in Watts, Calif. and is now a spoken word artist and advocate for social justice.

He has performed all over the world and has even graced CSUSB’s campus with his words before.

Adeniyi performed four poems: “Colors Got a Home,” “Still I Rise,” “Born on a Slave Ship” and “Keep Climbing.”

The crowd was moved with lines like “Where I’m from little boys and girls see privilege and dreaming... Dreams have become more like glass than brick walls.”

When Adeniyi spoke, the whole crowd was still and silent; you could see and feel his passion for the underserved community.

His stage presence was very demanding and made you want to hear what he had to say.

In Adeniyi’s poem “Keep Climbing,” he addressed political issues with lines like “Clinton just had an epiphany, he apologized for signing a bill that ultimately made these prisons our main housing facilities for black and brown boys.”

Here, the artist is referring to how many juvenile minorities are being imprisoned versus getting the help that they really need.

The Watts native stated that he started writing when his father was deported to Africa and his mother checked herself into a sober living home.

The artist said usually creates his poetry when he is in an emotional and vulnerable mood.

“When my mom left, mentally I was affected. I needed something to help me cope, so I picked up a pen. It became my medicine... my therapy,” stated Adeniyi.

In regards to the show, Adeniyi said that he was nervous before performing, but he recognized that as a sign of him being real.

In fact, he stated that when he’s not nervous, he is not on his “P’s and Q’s.”

Another performer who goes by Laisa stated, “I do not understand why he is so amazing...”

Overall, the artists at the event were all very skillful and talented. The ambiance was cool and there were good drinks and good vibes.
A Shop Called Quest, Augie’s Coffee House and Raquel’s Jazz Lounge are among CSUSB favorite hang-out spots. Students are loving the variety that the Inland Empire has to offer. A Shop Called Quest in Redlands, is a local comic book store that sells a vast collection of comics, t-shirts, collectibles and art. Student Casey Yasguirre enjoyed the book selection, but the local art is what makes this place one-of-a-kind. “They have art nights too, where artists come and do on the spot (work) and they sell it in the store,” said Yasguirre.

Another favorite in Redlands is Augie’s Coffee House. This artsy coffee shop is a mix of a student study joint with friendly neighborhood ambiance. This place screams hipster, all the way down to the late art and gluten-free pastries.

Augie’s offers a relaxed atmosphere, tasty drinks and a friendly staff, perfect for an after school study session. For the adventure-seeking student, Exodus Escape Room in Rancho Cucamonga is the place to be to escape from school responsibilities (no pun intended). Guests are given an hour to solve this real-life adventure game by working on puzzles and solving clues in order to escape from this mysterious room. This is meant for larger groups, so gather up the posse and solve some puzzles.

Bars are another aspect of the I.E. that we are fortunate enough to have in our backyard. From Redlands to Riverside, a wide variety of bars are accessible to students (of age). A local favorite is Pixels in Downtown Riverside.

The weekends are filled with eager college students but weekdays offer fun nights like Arcade Wednesdays, where the bar is turned into a night filled with retro video game tournaments, including Super Smash Bros., Mario Kart, good music and drink specials. For other students, drinking wine while listening to poetry is the perfect way to relax after a long week of school.

Raquel’s Jazz Lounge in Rialto is one of interest for students. “Every first and third Sunday of the month, they do a poetry/ open mic night at 7 p.m. It’s a small, cute venue but the talent is always great,” stated student Taylor McIntyre.

Raquel’s Jazz Lounge is 21 and over and offers comedy, karaoke and live music throughout the week.

Whether you’re just looking for a place to relax, or looking for a new adventure, there are plenty of local spots to try out in the area.

Museums you need to experience

By LUPE PEREZ
Staff Writer

With everything online in today’s society, it is odd that people go out and actually visit museums. Museums are still important because people need to be faced with the subject in order to truly understand it.

Art galleries and museums that exhibit artists projects can represent themselves and can touch another person who feels the same way.

The good thing about art is that it is subjective and can have a different meaning to each person who views it.

The Broad is a new contemporary art museum located in downtown Los Angeles. It has various collections that consist of art from different artists, such as Andy Warhol, Roy Lichtenstein and more.

A feature that is unique to this museum is the infinity mirrored room made by Yayoi Kusama. This exhibition is a mirrored room surrounded by LED lights and only fits one person every minute.

It has a limited capacity and requires a ticket in advance the day you visit the museum. The Broad has long wait times, but if you reserve tickets online, you can get in right away and best of all, for free.

Los Angeles County Museum of Art (LACMA) is one of the largest and well-known museum in Southern California. LACMA includes different paintings and sculptures that represent the diversity in Los Angeles.

It’s current exhibitions have Islamic, Asian and African art.

Two attributes this museum offers are the urban lights, which are on display outdoors all night, and the rain room, which is a room of falling water that pauses when there is a person under it. LACMA is $15 for adults, but if you bring your student ID, it costs only $10.

The UCR California Museum of Photography (CMP), is a museum that consists of photographs, cameras and books. It has collections, several walking art exhibitions and when you’re done, you can even watch a documentary in the theater. CMP is open Monday through Saturday and is free for students.

Chaffey Community Museum of Art (CMA) is an obscure museum and close to home. CMA is meant for people from our community to have a platform to show their work, so others can become interested in art as well.

This art gallery contains art from local artists as well as professional and recognized artists.

Something unique about CMA, they often have events called, artist’s reception, which have artists share their own exhibitions. The museum is located in Ontario, Calif. and admission is free.

Lastly, Robert and Frances Fullerton Museum of Art (RAFTMA) has different exhibitions and best of all, it is located on campus.

RAFTMA not only has contemporary art but also ancient Egyptian artifacts and antique collections.

RAFTMA is located in the Visual Arts Center and is open Monday through Thursday with no charge.

Make sure you stop by the RAFFMA on June 17 to see different student’s exhibitions.
There was some suspense, humor, romance, action and shock. “Money Monster” is categorized as a thriller, however, there is not much thrill to it.

As well as a lot of aspects of different genres scattered throughout the film, but there was not enough of one single thing to make it a hit.

The film was released May 13 and finished its opening weekend at No. 3 in the box office behind, “Captain America: Civil War” and “The Jungle Book” respectively. The movie was directed by actress and veteran director Jodie Foster and featured box office heavy hitters. George Clooney who played financial talk show host Lee Gates and Julia Roberts a producer of the televised program Patty Fenn.

The third and most outstanding lead in terms of performance was up-and-comer actor, Jack O’Connell. Many might recognize him from his portrayal of Olympian Louis Zamperini in the 2014 hit “Unbroken.” However, O’Connell’s acting history started in his home country, England, as a mischievous teen in the television show, “Skins.” His first two major American performances have proven him an actor to watch, in my opinion. O’Connell played a distraught young man, Kyle Budwell, who lost $60,000 in an investment Clooney’s character had recommended.

In the movie, Budwell holds Gates’ studio hostage in an attempt to receive answers about the sudden $800 million disappearance in a company that had previously been highly recommended by Gates. I feel that it was a good movie overall, as its number three box office rating suggests, but it just was not enough to make it to the top of a currently Disney dominated box office. I think the plot was great. It exposed the reality of people investing their money into companies without fully understanding what is happening with their money and accepting their losses instead of questioning them.

There were parts in the story line that were not as easily believable.

Here are some spoilers after this point, skip to paragraph starting “The cinematography seems” to avoid them.

At one point in the movie, Gates wants to meet with the CEO of IBIS (the company that lost $800 million), which requires him and Budwell to walk through the streets of New York City while Gates is strapped into a bomb vest and Budwell is armed. This specific scene would never happen, especially in a post-9/11 New York. The New York Police Department would not have let an armed person walk around the city streets, with a bomb nonetheless, while citizens were still walking on the street.

Gates’ talk show also seems highly unrealistic. The show relies largely on schtick and talks about the stock market and gives out financial recommendations to its viewers, but the really far-fetched concept about the show is how successful it apparently is. Gates opens the show with a ridiculous skit that has nothing to do with the show and then bounces around the stage giving advice to investors.

The cinematography seems to be the second thing the movie’s $27 million budget went to, after the cast obviously. The imagery was quite beautiful and had the basic modern day blockbuster feel to it. Clooney and Roberts’ performances were alright; it neither their best nor worst performances.

“Money Monster” is playing at all major movie locations.

Underdog, Jack O’Connell, proves his acting abilities in the newest film “Money Monster,” to be influential, endearing and sincere.
CSUSB baseball took their efforts to Stockton for the California Collegiate Athletic Association (CCAA) tournament, but were shut down by both Cal State East Bay and Cal Poly Pomona.

The team traveled to Stockton for the CCAA tournament, which was held at Banner Island Ballpark. Banner Island Ballpark is the home of the Stockton Ports, a minor league baseball team who are affiliated with the Oakland Athletics.

The Coyotes faced the Pioneers, who were ranked No. 2 overall in the CCAA, in game one on May 11. Coyote right-hander Tyler Wells got the start against East Bay. Wells, who leads the CCAA in strikeouts, threw only 5 1/3 innings, giving up 10 hits and allowing nine runs. The Pioneers scored one run in the fourth inning and would not look back.

Cal State East Bay tallied up nine runs off of seven hits in the sixth inning and went on to add four more over East Bay.

The Coyotes offense hit many obstacles against the Pioneers, a team and we knew what was coming at us,” said Buchanan.

The Coyote right-hander Tyler Wells got the start against East Bay. Wells, who leads the CCAA in strikeouts, threw only 5 1/3 innings, giving up 10 hits and allowing nine runs.

The Coyotes offense hit many obstacles against the Pioneers, a team and we knew what was coming at us,” said Buchanan.

The loss eliminated the Coyotes from the CCAA tournament and ended their 2016 season.

Left-hander Don Sullivan got the start against the Broncos, throwing a total of seven innings.

Utility player William Ouellette became the relief pitcher for the final two innings and allowed one run on two hits.

Ouellette led off with a single and advanced to second on a Buchanan sacrifice bunt. Lockey then came through to drive Ouellette in with an RBI single to right.

The Coyote’s other run was brought in by catcher Andrew Lopez who hit a solo home run in the fifth inning.

This loss marked the sixth loss against Cal Poly Pomona in the 2016 season.

“The thought we would be due for a win against them (Cal Poly), it’s the most prepared we have been against a team and we knew what was coming at us,” said Buchanan.

Get fit at the CSUSB pool

By JESSYE GENTRY Staff Writer

“In swimming, if you aren’t moving constantly, you’re sinking, [which forces a cardio workout],” stated swimming and triathlon coach Earl Walton.

Water exercise provides many physical and mental benefits, according to the U.S. Water Fitness Association (USWFA). It improves strength, relieves stress, makes you smarter and helps with weight control, all with a lower risk of being injured.

“Water is about 800 times denser than air, so your muscles are under constant resistance,” stated Walton.

Being submerged in water dulls the amount of sensory information that bombard your body, helping to bring on feelings of calm, according to a study published in Pain Research & Management.

Blood flow to the brain increased by up to 14 percent when men submerged themselves in water up to their heads, according to a Journal of Physiology study.

“In addition to blasting calories as you swim, you build lean muscle, which ignites your metabolism so that you burn more calories once you’ve showered and dried off,” stated Yeager.

Water basically neutralizes gravity, so you become virtually weightless when immersed, giving your joints a much-needed vacation, according to Water’s Health.

For those who cannot swim, CSUSB offers swimming lessons for kids and adults.

“I love seeing the improvements on my student’s swimming skills! Seeing people overcome their fear of swimming is awesome! Everyone can swim,” stated student and lifeguard Carolyn Le on the Rec Center website.

Student Natalie Lu is a lifeguard for the CSUSB pool.

“I love making sure people are safe and having fun at the pool. I love teaching people how to swim and watching them grow as amazing swimmers,” stated Lu on the Rec Center website.

Our CSUSB lifeguards enjoy their jobs and being poolside.

“I love anything to do with water so the fact I get to be on a pool deck and swim on my breaks makes me happy. I also love watching little kids being able to learn how to swim,” stated CSUSB lifeguard Amanda Bryan.

Go to the CSUSB Rec Center Aquatics webpage for more information about the swimming lessons and pool hours.
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Women’s spring sports
CSUSB softball turns 29

By TAYLOR GLAZE
Staff Writer

By SHAUNA SHERMAN
Staff Writer

Laura Aceves became the only CSUSB track and field athlete to qualify for the National Collegiate Athletic Association (NCAA) Division II Championships. Aceves competed on May 14 at the All On the Line National Qualifier and Harry Marra Multis meet at Westmont College in Santa Barbara.

“I wasn’t nervous,” said Aceves. “I was more focused on me,” continued Aceves.

Aceves earned a qualifying time at the California Collegiate Athletic Association (CCAA) Conference Championships a week before, but went to Westmont to try and run a faster time.

“Tapering down is a phase in an athlete’s season where they shorten their workouts as they approach the biggest meet of their season. The strategy is to make their last race the fastest race.”

“Tapering down is a phase in an athlete’s season where they shorten their workouts as they approach the biggest meet of their season. The strategy is to make their last race the fastest race.”

Laura Aceves races her way around the track, in the 3000-meter steeplechase. She crossed the finish line at 10:57.09.

Photos courtesy of Robert Whitehead

Jo Anne Bly
• 1987 - 1989
• 62 - 42 - 1
• Division III
• First Coyote softball coach

Sue Strain
• 1990 - 1993
• 84 - 100
• Coached the first year of Division II softball for the Coyotes

Roxanne Berch
• 1994 - 2002
• 241 - 284 - 5
• Resigned as head coach to pursue a full-time teaching position in mathematics

Dawn Castaneda
• 1990 - 1993
• 62 - 42 - 1
• Division III
• First Coyote softball coach

Tacy Duncan
• 2006 - 2014
• 234 - 268 - 1
• 2008 NCAA Tournament berth
• 2011 NCAA Regional finalist

Jim Maier
• 2015 - Present
• 60 - 47
• 1st CSUSB male softball coach
• Previously coached at CSUDH

Aceves races to championship

Laura Aceves became the only CSUSB track and field athlete to qualify for the National Collegiate Athletic Association (NCAA) Division II Championships. Aceves competed on May 14 at the All On the Line National Qualifier and Harry Marra Multis meet at Westmont College in Santa Barbara.

“I wasn’t nervous,” said Aceves. “I was more focused on me,” continued Aceves.

Aceves finished first in the 3000-meter steeplechase with a time of 10:57.09.

“I focused on my own pace, I knew there were only like two girls in my race,” continued Aceves.

For Aceves, competition was not a concern. She was confident and ready to compete.

“Well, physically I just maintained the same practices,” said Aceves.

“Mentally I focused on trying to PR [personal record], improve my form, going smooth over the barrier, staying calm and relaxed,” added Aceves.

Aceves earned a qualifying time at the California Collegiate Athletic Association (CCAA) Conference Championships a week before, but went to Westmont to try and run a faster time.

“I expected to run faster, maybe like five to seven seconds faster,” said Aceves.

Aceves did not run a new personal best but she still has a guaranteed spot at the national meet.

“Last weekend I knew more girls were going to try and make it to nationals,” said Aceves.

“I was nervous but confident that I would make it,” continued Aceves.

Aceves is at the part in her training where she is tapering down.

Tapering down is a phase in an athlete’s season where they shorten their workouts as they approach the biggest meet of their season. The strategy is to make their last race the fastest race.

“There are fewer speed workouts and more recovering, that’s the most important part right now, recovery,” said Aceves.

Aceves has had a rougher season than most.

Due to being anemic, she had to sit out of races for nearly two months because of the extreme fatigue it caused her.

“Under the circumstances coming back healthy was more important. I know I can do more,” said Aceves.

Although her physical condition was not desired, Aceves never stopped.

“Before the season this was my goal, to qualify for nationals,” said Aceves.

Aceves is currently ranked no.17 in the NCAA Division II Championships.

The meet will take place in Florida on May 26 and 27.

Aceves will race the steeplechase prelims on May 26, and if she qualifies, she will participate in the finals on May 27.

“Hopefully I can make it to finals and give it all,” said Aceves.

For any athlete back to back competition is a challenge, but Aceves is prepared.

“It’s about what I do before and after my race,” said Aceves.

Aceves has competed in back to back races before and is ready and confident for the challenge.

“If I take it upon myself, I’ll be fine,” said Aceves.

Aceves is excited to get out there and compete against the nation’s best Division II athletes.

“My goal for nationals, give it all,” said Aceves.