Breaking ground

Construction begins on CSUSB’s single largest development project in the school’s history, outside of Jack H. Brown Business hall located in Lot E, where there will be a new dining hall and student housing development.

By EMILY ANNE ESPINOSA
Staff Writer

CSUSB formally breaks ground to commemorate the construction of a new dining commons and student housing.

For Dr. John Yaun, executive director of the Department of Housing and Residential Education, the groundbreaking ceremony symbolized, “one of the largest building projects in history of this university.”

The housing project will cost $95.8 million and expected to be finished before the start of the 2018-2019 academic school year, according to CSUSB News.

The new residence hall will be a two winged, 4-story, 416-bed complex, according to Facilities Planning & Management.

The design will provide for double occupancy rooms, shared bathroom facilities and gender neutral bathrooms on each floor. “We’re going to provide a new modern facility for students where they can live there, they can study there, take classes there as well as we have this brand new dining hall that will have several different food venues that the entire campus will be able to enjoy,” said Dr. Yaun.

The housing project is also being designed as a residence hall for first year students with the intention of promoting academic performance through the Honors program, Faculty-in-Residence, Academic Mentors, multi-purpose meeting rooms and study spaces.

“I think it’s great that the school is doing it’s best to create more housing options for our freshmen,” said Marco Polo Cortez, a Student Orientation Coordinator for Student Orientation Advising and Registration.

Some students are concerned that CSUSB is not ready for new housing.

“Personally, I don’t like the new housing,” said Justin Escopete, a fourth year student.

“Classes are already impacted and the university wants to give more students priority registration before the rest of campus?” added Escopete.

The dining project will include a new all-you-care-to-eat dining hall that will feature a grill, sandwiches and salads, international cuisines and display cooking, according to CSUSB News.

Toyin Akinremi, a fifth year student and residential assistant on campus, stated that, “I think that the all-you-can-eat is helping the residents have more opportunities to not run out of money, but still eat.”

“However, I do hear some residents complain about the cost of the meal plan and their difficulties paying for it. Some say the food being served isn’t worth the cost,” added Akinremi.

The second dining service will be Slat-ed, the school’s first planned late night dining location, according to CSUSB News.

“I think it [Slated] will give students a better, healthier food option besides going off to some of the fast food places, plus that means students don’t have to travel off campus because there’s a place to go at night here on campus,” said Yaun.

“I think this provides some safety, but also provides some convenience as well,” Yaun added.

The entire project is designed with the intention of being environmental and energy efficient, according to Facilities Planning & Management.

“I will have graduated before the completion of the new halls, but I’m glad the school is expanding,” stated Cortez.

“We really are one of the best Cal States in the system and I think with all the upcoming renovations and construction the school will see in the next few years that most other people will begin to realize that as well. It’s an exciting time for CSUSB,” added Cortez.
Police look to lower S.B.’s homicide rate

By ISRAEL RAMIREZ  
Staff Writer

The city of San Bernardino has surpassed the city of Chicago as the deadliest city in the US. Chicago being amongst the three largest cities in the nation is also amongst the top of the list in homicides per year, but is shunned by San Bernardino’s homicide ratio with less than a quarter of Chicago’s population.

Chicago has already seen as much as 50 homicides as October arises, topping Chicago as the deadliest city in the nation according to CBS Los Angeles.

If these homicide rates continue, San Bernardino would end the year with a homicide rate of 31 per 100,000 residents, topping both Chicago who had 18 and Los Angeles with 7 according to the Los Angeles Times.

“Growing up in San Bernardino I’ve watched people being victimized most of my life, it is definitely concerning but I also think today’s technology exposes the violence occurring throughout the city,” said local resident Manuel Veron.

With a total of 50 homicides already being recorded barely edging out of September the city is indeed alerted by the increase in crime.

“San Bernardino was planning to invest an additional $91 million into law enforcement staffing members, since triggering an increase in crime rates,” said local resident Manuel Veron.

Since the police department has been reduced by 30 percent, from 356 to 248 staff members, since triggering an increase in crime rates the city declaring bankruptcy this eventually leading the city into bankruptcy in 2012 with $45 million in debt according to CNN.

With the 2008 great recession and the city declaring bankruptcy this eventually led to the police force being diminished substantially.

Although the city’s homicide levels are still lower than those that occurred in the ‘90s, there is still an increase worth noticing in comparison to recent years. This leaves many to wonder the causes behind the increase in homicides which can be linked to the nations 2008 great recession.

San Bernardino was one of the cities that suffered the most during this time, eventually leading the city into bankruptcy in 2012 with $45 million in debt according to CNN.

The city of San Bernardino has faced many hardships within the last few years, especially with all the mass shootings our country has been facing but the campus police really made us feel safe having officers throughout the entire university,” said student Eduardo Magaña.

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New bill to keep riders safe

By SAEED VILLANUEVA
Staff Writer

New California law will force all Uber and Lyft drivers to undergo criminal background checks. On Sept. 28 California Gov. Jerry Brown signed a bill into law that will require all Uber and Lyft drivers or any other transportation network company, to do complete background checks on drivers according to the LA Times.

As of today the law only requires background checks to cover the past seven years for any driver. According to the LA Times, the law will prohibit people who are registered sex offenders, have any violent felonies and anybody who has had a DUI within the past seven years from being a driver as well.

Stories of sexual assaults, harassment, rape and battery have all been problems in the past for these companies. Back in 2014, they were used for misinformating passengers about safety and background checks.

Government officials were able to uncover 25 drivers who previously had varous charges of assault, murder, sexual offenses and child abuse. Lyft settled with the state for $580,000 and Uber for $25 million this past April, according to cnet.com.

According to The Wall Street Journal, companies who fail to conduct a full background check could be fined a minimum of $1,000 and a maximum of $5,000 per driver.

Many people are already very pleased with this new bill; however, some people feel both companies should have already had a policy in place to begin with and the state shouldn’t of had to step in and create a bill. “I feel Uber should’ve done something themselves, but it is good that the state stepped in and did something about it,” said student Amber Sima.

Although, most students have never had a problem while using these transportation companies, students do think they will feel more safe with this new law.

“I’ve never had any problems, but it’ll make things even more comfortable when I use it,” said Sima.

Many college students who use these two transportation companies often use the service when they are out with a group of people and hardly ever use them when they are alone.

“I’ve only used Uber with friends never by myself, I don’t think I would feel as safe if I was alone,” said student Danielle Brooks. Students don’t feel this bill is too intrusive and believe the safer the better. “I don’t think its too intrusive, it makes things more safe and less sketchy,” said Brooks.

Uber and Lyft have expressed their feelings on the new bill.

“We appreciate the combined efforts of Gov- ernor Brown and the legislature to create an envi- ronment that allows TNC’s like Lyft to grow and thrive in California,” Lyft said in a statement to FOX40.com.

Students who live on and off campus tend to look to use these combined $2.3 billion transporta- tion net companies on a regular basis, especially on the weekends.

It is a way that they can reassure that they do not get in trouble with the law, though they should be able to feel safe while riding with Uber or Lyft

“It’s not going to get rid of all the problems, but I think it’s a good idea it will keep some of the bad people away,” said CSUSB student Emily Martin.

Oil Disperses naturally in water?

British Oil says oil from North Sea spill to disperse naturally in the sea according to Reuters.

The spill had released 95 tons of oil into the sea.

“At present, we believe the most appropri- ate response is to allow the oil to disperse naturally at sea, but contingencies for other action are being prepared,” BP stated.

North Korean Defectors defect

Two high ranking officials defect from North Ko- rea in the embassy in Beijing.

A high ranking Health Ministry official and an- other senior member made contact with the Japanese embassy in China to negotiate living in Japan accord- ing to koreajoongangdaily.com.

South Korea knows about the defectors and is cur- rently working on bringing them to South Korea.

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Cyber security program strikes again

By TRICIA KANG  Staff Writer

For the past eight years our campus cyber security center has been a top ten cyber security department in the United States. CSUSB’s nationally distinguished cyber security program received two federal grants to continue outreach and scholarship program.

“While keeping information confidential and assuring to protect our information, those that posses excellent capability in cyber security and computer science should receive the federal grant that will help ones education, training, and workforce development. With a foot in the door studying in this field is a stable well paying job as technology is everywhere,” said computer science major Sharvari Tavkar.

“As a reflections of this excellence, CSUSB was designated as a Center of Academic Excellence in Cyber Defense/ Information Assurance through 2021,” according to CSUSB News. The Cyber Corps scholarship program is now in its seventh year, available to juniors, seniors, and graduate students, including community college transfers majoring in the cyber security field.

According to CSUSB News, the benefits of the scholarships include books, travel allowance, and a stipend of $22,500 for Bachelor’s or $34,000 for Master’s of Science.

The program covers the student’s full tuition fees for California residents, in addition the scholarship involves a summer internship with a federal agency.

The nationally recognized program selects ten candidates to fill the open positions yearly. In addition to the internships students are paid by the agency they work for.

Students selected for the scholarship must be enrolled in full time coursework at CSUSB in computer science, information systems, technology cyber security and public or business administration.

As federal funds are going towards important attributes to cyber security programs; students and employees are trying to promote, devise, and protect cyberspace.

The center can receive renewable grants to continue cyber security programs at colleges and universities.

October is National Cybersecurity Awareness Month, which is an annual campaign to raise awareness about cyber security. The National Initiative for Cybersecurity Education (N.I.C.E.), led by the National Institute of Standards and Technology in the United States Department of Commerce, focus on developing the number of cyber security professionals to develop direct software development, practical skills, and acquire sufficient knowledge in computer science.

The N.I.C.E trains and educates change and innovate incoming cyber security professionals to establish leadership skills and other various skills.

The vision of the N.I.C.E is to pursue actions to increase educational opportunity in means of providing key training with hands on learning, and to increase the ability to perform tasks that lead to developing a secure security of data and computer networks.

Our campus’ notable cyber defense team is well equipped with a cyber security research lab, helping lay the foundation to evolve young cyber security majors with skills they need to succeed in this workforce for specialty areas in Cyber Investigations and Network Security Administration.

This is a great chance for students to showcase their knowledge and dive into the depths of computer science. This scholarship is limited to ten students and the deadline is April 30, 2017.
America questions herbivorous
By KATHLEEN RAMIREZ
Staff Writer

Veganism and Vegetarianism are rapidly becoming a popular lifestyle choice, taking America by storm. This comes as no surprise, considering the numerous benefits that come with eating a plant-based diet such as: improved health, environmental recovery and saving animal lives by preventing the inhumane treatment they suffer from commercial farmers.

But even with all the evidence telling us how much healthier eating clean is, will this style of living ever become the social norm? Personally, I think it is obviously better for all of us to continue down this path and adapt to a healthier way of eating.

But, in all seriousness, honestly, we must not see this alternative lifestyle completely taking over anytime soon.

People are set in their ways and the bottom line is meat tastes better.

Yes, it is better for our health and the environment, but America is a meat eating country and becoming a Vegan or Vegetarian means, no meat, no dairy and no animal products.

A plant-based diet supplies our bodies with all the protein, calcium and essential vitamins that we need, according to vegansociety.com.

“I would not say I am a vegetarian, but I definitely am health conscious about what I put into my body. I do not eat a lot of meat, I eat mainly fish and greens, it’s about finding a balance that works for you,” said student Sarah Franco.

I will be the first one to admit that giving up meat is not an easy task, especially for those who had a carnivores upbringing like myself.

In my opinion it does seem worth while the challenge in the long run, but don’t think I would last long, which makes me believe that Franco has the right idea about finding a balance.

It does not sound quite as scary to phase out some of my meat and dairy intake, rather than giving it all up.

“I tried sticking to a vegan diet last summer, and even lost a good amount of weight but in the long run it ended up being too expensive and didn’t work with my budget. Organic food is more expensive, I was spending $100-$120 a week for the parking permit or the $300 for daily parking over a quarter,” said student, Dustin Scroggins.

When asking the Parking and Transportation Services office for a chance to get the most information I could on parking permits, I was informed that I would talk to a supervisor.

After 20 minutes of waiting patiently, I was then told by the employee that the only person that can help me was the director of Parking and Transportation Services.

There were no hard or difficult questions asked to any employee or staff member.

There was one simple question asked; “Do you know how many parking spaces there is in each of the campus parking lots?”

The employee later referred me once again to the department director.

Thus I was given the run around, instead of being informed of the information I was seeking. Yet, there is an argument that the space being used for these parking lots does cost money.

Although there are students that still park out of school grounds such as restaurants and stores near by the school, students would rather walk to school than pay $102-$306 for parking at CSUSB.

“I used to park outside of Rite-Aid during my freshman year just to not pay parking and also because it was always full, said student, Daniel Carrillo. Parking Permits should be required, but all to a certain price.

Most importantly, we should be informed of where our parking permits money is going.
Would you rather be kicked in the shin or punched in the stomach? This is exactly what it feels like with the upcoming election between Hillary Clinton and Donald Trump.

According to Real Clear Politics, Hillary Clinton has an average unfavorable rating of 53.9 percent while Donald Trump has an average unfavorable rating of 58 percent based on eight different polls.

On average 41 percent of registered voters will vote for Clinton while 37 percent are going to vote for Trump.

The two party system has a strangle hold on America and the majority of its voters forcing them to vote for either the Democratic or the Republican party.

John Adams actually warned the United States by saying, “there is nothing which I dread so much as a division of the republic into two great parties, each arranged under its leader, and concerting measures in opposition to each other.”

Yet, here we are in the year 2016 and we have generally had only two major parties throughout the history of the United States.

“I don’t like either candidate. Trump for sure. He’s ignorant and comes from money. I like Hillary more because she’s more educated but she lies and tries to cover them up. I’m going to vote for a third party and so are most of my friends,” said student Mark Arthur.

This makes it harder for people to choose a third party because herd mentality has forced people to only choose from the major two parties.

The only time a third party has come even close to winning was Theodore Roosevelt and the Bull Moose Party.

Even he had a political background, but in today’s age we do not have someone in the same position that Roosevelt was in.

People only see these parties as the viable options because they are the only parties they see regularly in media.

Having two parties isn’t healthy for us as a nation because in the rest of life there are multiple options.

Look at other countries in the world, like Israel, that have many political parties that are all running against each other.

It’s not that people don’t know about the other parties either because some of them are explicitly written on the voting ballots, such as Former New Mexico governor Gary Johnson.

This has been the trend since the founding of the United States to choose like they only see black and white instead of seeing the whole spectrum.

There should be an outlet to allow other parties to get more coverage by media outlets to even out the playing field.

A third party is viable in the future, but people need to see the entire spectrum of politics instead of having tunnel vision.

If we are to continue as a nation and a democracy we need to be able to have more choices in our Democratic elections.

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If we are to continue as a nation and a democracy we need to be able to have more choices in our democratic elections.
Coyotes discuss their favorite back to school supplies, technology, essentials, as well as some advice to fresh faced freshmen to get them ready for the new school year.

By SHAMCE AHMAD
Staff Writer

The new school year has arrived at CSUSB, and students have exchanged advice for their fellow students such as tips for parking, recommendations for school gear, and ways to get better sleep and guides for navigating campus.

“Avoid University Parkway at all costs...it is a nightmare,” said student Savanah Donahoe.

Most students agreed that parking is a constant struggle at every hour during the day, in spite of the construction of the brand new parking Lot N.

Surrounding streets that can be taken to avoid University Parkway are Kendall Avenue and Little Mountain Road.

“The parking lots that are less crowded are the ones in the back of the school,” said Vasquez, “…everyone is trying to get the ones up in the front.”

Supplies for school and the most recommended items to keep with you were also suggested.

“Go to your first class before you buy the book,” according to Robert Klimper, “because you may not need it after all,” Saving money is a big part of university life.

Professors have books listed on their syllabuses, which can become unnecessary as Klimper mentioned.

“Student should always keep change or cash for printing since the machines don’t take debit or credit cards.” suggested Donahue.

All computer labs on campus have accessible printing stations. All you need is cash or student ID to print.

Getting around campus was also a key discussion point. “Talk to a mentor or see an adviser,” said Vasquez, “because it’s a big transition from high school to college.”

Academic advising is available in room 380 of University Hall.

Appointments have to be made ahead of time to see a mentor or adviser.

Getting a healthy amount of sleep is paramount to succeeding according to students.

“Students should be getting their eight hours of sleep every night,” according to Vasquez, “otherwise they will be falling asleep in their classes,” Vasquez, a seasoned student, had struggles getting to sleep on time in the past.

“School becomes nap time if you don’t go to bed at a reasonable time,” junior Robert Klimper said, “and you’re never going to learn that way.”

Other suggestions given by students were to set a bedtime for yourself every night and to turn off all electronic devices half an hour before sleeping.

As far as navigating the campus goes, Vasquez notes that you shouldn’t be afraid to ask for help.

“I feel like everyone here is very friendly,” she said, “so if you just approach them they won’t hesitate to help point you in the right direction.”

When registering, “stay away from temporary classrooms,” said Donahoe, “because they are always hot and the air conditioning sucks.”

She suggests that Jack Brown Hall is the ideal place to take classes. As much as we try to be 10 minutes early to find a reasonable parking space, it looks like we’re going to need to push it to 20 minutes before class.
Instructor Sidney Robinson wants to make the community better

By TOMMY MCCARDLE

When Sid Robinson isn’t enjoying a round of fantasy football or at a Dodgers game, he is teaching at CSUSB. Robinson is also busy on the campaign trail running for City Council in the city of Upland, California. Robinson is a new professor on campus this fall quarter, however he isn’t a new face to the educational institution. He was the associated vice president of Public Affairs for the school from 2002-2014.

“My pledge is to bring an open-minded, rational and collegiate approach to our City Council for the overall good of Upland,” according to Robinson’s campaign website, Sid4Upland.com.

Some of Robinson’s proudest memories with CSUSB have been working with great people, helping provide opportunities, expanding media development, and having a hand in the creation of the emergency notification system.

“When I was here we created the new and existing logo,” said Robinson as he recollects on his first run at CSUSB, Robinson earned a Bachelor of Science Degree in Communications from California State Polytechnic University Pomona, and a Masters of Arts in Public Relations from the University of Southern California.

The 36 plus year resident of Upland is looking to see his city succeed. Robinson feels that the Upland City Council is not working together as well as they could.

As a member of the city’s Planning Commission and Chamber of Commerce, Robinson respectfully feels that there isn’t much balance currently on the city council.

“It isn’t a knock on any of them individually,” said Robinson. “It’s just more of a situation where the chemistry is not good, and there is too much focus on individual opinions on how to get things done, and not a common vision. I think I can steer the conversation.”

Robinson is looking to bring his experience in this nonpartisan race on Nov. 8.

He has also worked with many organizations in the past, including the Los Angeles Dodgers, The Fairplex, Inland Valley Recovery Services, 20/20 Network, and more.

During his time with the Dodgers between 1990-1993, he had many great conversations with baseball’s great Don Drysdale and even shared a few words on brief occasions with the legendary Dodgers sportscaster Vin Scully.

Teaching and running for city council are not all that make up Sid Robinson. In 2014, he launched Robinson and Associates, a strategic communications and public relations company. Robinson has also been an avid blogger for years. He runs Sips, Suds and Spirits, a blog about adult beverages. It all started with his curiosity on how to mix the perfect drink.

Sid also enjoys watching sports, as he is a fan of the Dodgers and returning Los Angeles Rams.

For information on Robinson’s company Robinson and Associates, you can visit the official website at www.robinsonandassociates.us

When asked what Robinson could do for CSUSB for the greater good if elected to city council, Robinson said that he would be open to hearing input from CSUSB students.

Upcoming election and propositions

By HAIRUO YI

With election day right around the corner, students are discussing propositions and our potential president. Students have their opinions about Propositions (Prop.) 64 and 63, which discusses marijuana legalization and gun control.

Some students agree with Prop. 64 which legalizes marijuana; they think marijuana is similar to alcohol or tobacco.

“Marijuana being legal is not a bad thing at all,” said biochemistry student, Brandan Garcia. Students think Prop.63, which would require anyone who wishes to purchase ammunition to first acquire a permit, is unnecessary.

Students also have comments about Prop. 56, which increases the tax on tobacco.

Ranissa Glenns thinks it is unnecessary to change the tobacco tax.

“When you need to be 21-years-old to buy tobacco, it really is not that bad,” said Glens.

Students are also focusing on the rivalry between Donald Trump and Hillary Clinton in the upcoming presidential election.

Each student has their own views on the election, but most of the students are willing to support Clinton.

“I am going to vote for Hillary and I hope she wins,” said CSUSB student, Alex Mathis.

Some students think it is hard to decide if they will vote or not and they think their opinion will not have an important influence on the presidential election.

“I am 23-years-old and I never voted. I understand its civil fault on my part where I can complaint, but I am not doing anything about it,” said CSUSB biology student, Jose Bonilla.

Many students at CSUSB are following the presidential election through the internet, including discussion through social media.

Both of the candidates are triggering people’s personal interest.

“That would make personal life better and not so much with better for the rest of the country and it is really dividing the country in two,” said Bonilla.

Students think there was controversy with both candidates in the presidential election. Trump is “racist” and Hillary has an “email problem,” said Sergio Hernandez.

The first debate of the presidential elections between both candidates happened on Sept. 26. Some students watched this debate or looked at summaries after the debate.

Students think this debate was unfair and biased because both candidates did not look at both sides of the problem or debate in a logical manner.

“Donald Trump was attacking Hillary’s credibility, while Hillary was attacking Donald Trump’s lack of using knowledge to identify problems,” said Bonilla.

Students also have their own concerns about what will happen after the results of the presidential election are final.

Bonilla thinks some areas in this world are not peaceful. He thinks people need to “think about the Middle East.”

Bonilla also believes Trump’s opinion can make the relationship with the Middle East worse.

“Donald Trump will try to segregate people who are from Islam religion background and use that fear to kind of put it away,” said Bonilla.

It is time to find out “what is better for the whole America,” Bonilla concluded, “This is the time to be the least selfish ever.”
Features

SMSU welcomes ‘Yotes back

By SEUNGKYUNG BAEK
Staff Writer

There are various events held at the CSUSB campus to celebrate the beginning of the new academic year. Program board hosts events for CSUSB students to have a fun time in the beginning of fall quarter.

“I would go to the night terror because I love scary movies a lot,” said student Noely Guzman.

“We want them to just come out and enjoy a scary movie without thinking about homework on that day,” said Delgadillo.

The Coming Out Monologues is also an event on campus that will bring LGBTQ+ community members on Oct. 11 at the SMSU Theater.

The event is a communication opportunity for LGBTQ+ members, allies and those interested to get involved or learn more.

“Members of the LGBTQ+ community will attend and tell their coming out stories at school with no time limit,” said Lisseth Reyes, program assistant of pride center department.

“I think the Coming Out Monologues are really important,” said student David Cabaldon.

“The event lets students share their story and their struggles, allowing them to freely express themselves to an audience with ears that are open to hear,” continued Cabaldon.

Many students interviewed shared this same sentiment hoping they could attend, but their schedules won’t allow.

To celebrate the beginning of the fall quarter a Masquerade ball that will be held on Oct. 14 at the SMSU lobby.

“This is basically a part of the homecoming activities which includes dance and music performance,” said Delgadillo.

“People can wear slacks and shirts. A lot of girls will wear formal gowns like a high school homecoming. It will pretty nice dress,” said Destiny Lara.

“Staff will wear a black uniform to differentiate with participants,” said Lara. “But people need to bring their own mask.”

There will be a live Jazz band, a DJ, at the event. Food and drinks will also be provided.

“The purpose of the event is that a lot of people come for the first time homecoming dance celebration,” said Lara.

October 11 @ 5 p.m.
October 14 @ 8 p.m. - 12 a.m.
October 27 @ 4 p.m.

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The Weeknd reinvents himself

By ANGEL ESCOBEDO
Staff Writer

The Weeknd dropped new single “Starboy” and broke streaming records with over 17 million streams worldwide within the first week.

Not only is The Weeknd breaking records, he is also stepping into the fashion industry.

On Sept. 29, PUMA announced their collaboration with the artist and current ambasador.

The star tweeted, “excited to announce my partnership w/ @puma #RunTheStreet. Also excited to release my PumaXO shoe and clothing line in 2017.”

Recently, PUMA has collaborated with celebrities including Kylie Jenner, Rihanna and Cara Delevingne.

Rihanna showed off her second collection of the Fenty line during the 2016 Paris Fashion week.

With so many A-List celebrities working with PUMA, The Weeknd will be a part of the brand’s Sportstyle campaign titled “Run the Streets” which will debut in November and will include Ignite evoKNIT and Ignite Limitless sneakers and Evo apparel, which is PUMA’s new line.

“His laidback, streetwise style and swagger make him the right fit to head PUMA’s latest Sportstyle campaign…”, stated the company.

The Sportstyle Campaign is encouraging people to be themselves and to express themselves with the colors and CGI uses.

The concept of the new music video is about the star “killing” his old self and of course his sneaker and apparel collection.

“The anticipation is building as we wait for his new album, new campaign and of course his sneaker and apparel collection.”

The star kicked off a big moment in his career by dropping a new music video for his single on Sept. 28.

The use of CGI was a crucial part of the house where Miss Peregrines lives and Barron becomes a larger part and the way he leaves the movie.

The campaign is set to start next month and you can catch a glimpse of PUMA’s new collaboration with The Weeknd in his new music video Starboy which has gotten over 32 million views on Youtube.

Puma stated in a press release, “...and his hustle in the music industry reflects the ‘on the go’ lifestyle campaign.”

Though not much has been said or revealed about the collaboration between the company and the singer, we can only expect the best and our guess is that we will see a lot of sports apparel and sports shoes.

The concept of the new music video is about the star “killing” his old self and destroying all his past awards as he rides off into the night in a luxury car and black cat as his passenger which turns into a black panther with glowing eyes.

The campaign is set to start next month and you can catch a glimpse of PUMA’s new collaboration with The Weeknd in his new music video Starboy which has gotten over 32 million views on Youtube.

Merchandise for the Fall/Winter 2016 which include tee’s, sweats, sweatpants, sweatshirts, hoodies, and much more.

“Run the Streets” campaign is encouraging people to be themselves and to mix and match pieces to their own style; something that The Weeknd strongly promotes.

The artist already has a line of clothing named “XO” and released new merchandise for the Fall/Winter 2016 which include tee’s, sweatpants, sweaters and much more.

Fourth year student, Estephanie Camarillo said, “I’m excited to see what The Weeknd will design, his sense of style is great and he is really creative.”

The company has also announced that the artist and PUMA have paired up to create new sneakers and apparel which is influenced by The Weeknd’s street style in his label XO. This line is set to debut sometime in 2017.

Previous celebrities, like Rihanna and Cara Delevinge have only produced female clothing, so this time around PUMA is working with The Weeknd to design male apparel.

Through his memories, he finds his way to Miss Peregrine’s home of peculiar children after the death of his grandfather.

Miss Peregrine’s Home for Peculiar Children hit theaters on Sept. 30 and received a 64% approval rate according to Rotten Tomatoes.

The film centers around Jake (Asa Butterfield). It follows his journey to Miss Peregrine’s Home for peculiar children after the death of his grandfather.

You get taken back in time through the use of CGI was a crucial part of the film by introducing the actors and production with behind the scene photos.

Even though the use of bright colors was well used throughout the film, Burton did not miss the opportunity to include his signature dark and creepy ways.

The use of CGI was a crucial part of this movie with the aspects of the children and the whole aspect of the dangerous group and their appearance for example, a scene of two figures fighting in the addicthas a very Burton est feel to it.

The campaign is set to start next month and you can catch a glimpse of PUMA’s new collaboration with The Weeknd in his new music video Starboy which has gotten over 32 million views on Youtube.

The danger is in a group of people, led by a man name Barron, played by Samuel L. Jackson, he is shown at the start of the movie while Jake is heading to his grandfather’s house.

This group is after the peculiar children, as you learn why Miss Peregrine’s takes care of the quite peculiar children.

Barron becomes a larger part and more well-known throughout the climax of the movie. He is the main villain in the movie, and the way he leaves the movie is a quite peculiar way.

The casting was paired effortlessly with the script and shared great relation with the colors and CGI uses.

This movie has just a little creepiness and happiness to pull you away from reality into fancy for a few hours.
More than just a pretty song

This year has been a great opportunity for artists like Kanye West, Solange and Kendrick Lamar to voice their opinions on real world issues such as self-appreciation, the Black Lives Matter movement and Civil Rights.

First on Beyoncé's, on the lead single “Formation” from her album “LEMONADE” she takes a moment to address listeners who think the fame has changed her. She discusses her heritage and lets others know that she is proud of who she is and where she came from.

“Earned all this money but they never take the country out me/ I got a hot sauce in my bag, swag” is one of the most memorable lines from the chorus.

Together with Beyoncé, Kanye has never been shy about expressing how he feels through his music.

“Ultralight Beam” which features Chance the Rapper, The Dream, Kelly Price and Kirk Franklin will give any listener chills upon the first few minutes of playing.

It's a very upbeat tune in which Cudi sings that he doesn't care about what everyone else is doing because he's riding his own wave doing what he wants to do.

“Surfin’” is very different change of pace from what we are used to but still an amazing effort.

Uniquely, within the lines of Kendrick Lamar’s “Alright” he mentions that the lives of African Americans matter and that police want to deny Black men of their rights but they can’t because they are not the ones to take those rights away.

“We Gon Be Alright!” is chanted throughout the song’s chorus to signify that things are going to be just fine when it comes down to it in the end.

By voicing how they feel about these issues, their influence is much greater now than ever been before.

The choir driven composition will instantly make the listener feel like they are front and center of a Sunday morning church service.

Notably, Kid Cudi comes back around with strong positive vibes on his latest single “Surfin’,” produced by Pharrell Williams.

In reality, connecting social and personal issues has always been difficult in music; recently more artists have made it clear that they are aware of what's going on in the world around us.

The trend of being socially active shows no signs of slowing down whatsoever.

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Design student Dyana Larios said, “This was his way of saying that we are in this together and no matter how much they try to shut us down we will always prevail.”

Lastly, Solange’s newest album “A Seat at the Table” touches heavily on appreciating who you are and being comfortable in your own skin.

“Don’t Touch My Hair” is an anthem for those who take pride in fully embracing the beauty that sits on top of their head.

“Don’t touch my hair/ when it’s the feelings that I wear” Solange sings as she warns others that the crown on her head is an integral part of her cultural independence.

By voicing how they feel about these issues, it’s apparent that their influence is much greater now than ever been before.
Making it big on the small screen

Students share their lasting impressions on certain characters in TV shows such as Luke Cage, Stranger Things, and House Of Cards.

By GLADYS OLIVA  Staff Writer

On Sept. 28 Marvel released a series called Luke Cage, an African American male living a normal life in the city of Harlem.

However, wearing a bulletproof hoodie is what makes him different from the rest, he makes sure he protects his neighborhood and doesn’t get harmed on the job.

“I feel like this is such an important character to have, it speaks for Black Lives Matter, the protests, and the riots that are happening currently,” said Tiani Anderson.

This character may be influential in today’s society because police brutality toward innocent African Americans is something that is heard about everyday.

Luke Cage is not just a TV character that stands up for his city, but he’s also standing up for all the victims that have had their lives taken in real life.

Moving on to the non-fiction platform TV shows like, Stranger Things has become a huge hit on Netflix.

A small town group of young kids who fight against the government officials and hair-raising supernatural creatures in order to find their best friend who has mysteriously gone missing.

The most talked about character is Eleven, a brave adolescent who has been forced to be part of governmental experiments by her father.

“Eleven is the most influential because she doesn’t back down and she’s not afraid to go after them,” said Coyote, Karen Hernandez.

Eleven gets so much attention due to her supernatural powers.

She is willing to defend her loved ones no matter how afraid she is and she impresses all the boys by being such a strong female, not only physically but emotionally.

Another moving character from Stranger Things is Dustin, whose one of the three boys in Eleven’s group of friends.

Through out the episodes in the season, Dustin gets bullied a couple of times for his lisp but this doesn’t stop him from standing up to them.

“Dustin has a disorder which causes him to have no teeth. However, he still owns it and isn’t ashamed to be himself.” said Paulina Hernandez.

Dustin suffers from a generic gene that stops him from developing his adult teeth.

He accepts the way he is and isn’t ashamed. We should all be able to accept ourselves and love ourselves the way Dustin does.

Another hit show that has topped the charts is called House Of Cards, which takes place in Washington D.C.

Francis and Claire Underwood maliciously find themselves sitting inside the oval office.

In the show, we see Claire Underwood take her job as the First Lady seriously.

She breaks the stereotype first ladies tends to have, instead she brings it all to the table and does what she feels is necessary.

“She is the First Lady but she doesn’t stay in the shadows of her husband. She’s very independent, bold, and strong. Sometimes even the President is depending on her,” said Oscar Loza.

Claire Underwood catches everyone’s eyes, whether you’re male or female.

She’s a woman that knows about politics and knows what has to be done, she doesn’t wait for the president to make it happen.

Many of these characters have their own social media profile and online base, if you have your own favorite characters let us know on twitter @CSUSBchronicle.
Arts & Entertainment

Make-up essentials for the busy college student

By VERONICA VICENTE

Between midterms, a job, and the notorious all nighters pulled to finish assignments, many agreed it’s easy to put beauty on the back burner.

If you’re a college student, it is safe to say that time is of the essence. For college students always on the go, these are their favorite college makeup essentials that keeps them looking rejuvenated and effortless.

Due to college students having an overwhelming schedule, many don’t have time to perfect their skin. Maybelline’s Matte + Pore less drug-store foundation has become a staple in many students’ routines.

“Light but buildable coverage, hides my pores, keeps my oil under control and actually has a variety of colors to choose from. This is everything that I’ve been searching for in a foundation”, said beauty blogger and student Jasmine Garcia.

Because its only $7.99, Jasmine recommends this product to her family and friends.

Along with having a good foundation, many students agreed that “They’re Real! Mascara” is becoming an irreplaceable beauty essential.

“This mascara is my best friend, as it makes my lashes look fake, in a good way. I love how easy it is to apply,” said Sephora employee Jennifer Marquez.

Although this product costs $23, Benefit’s website shows it is their award winning mascara.

Many students expressed that although foundation and mascara were their essentials, bronzer was also on that list.

“The tan that naturally warms up the face doesn’t have to end after summer. The ingredients don’t contain any glitter specs resulting in a natural finish, while blending easily.

This product is $9 and comes in 5 shades to seamlessly match any skin tone. “I have been using it if for only 2 weeks and it is my new most reached for bronzer in my collection. It takes less than one minute to achieve a beautiful bronzed glow.

I can’t see myself without this product,” said freshman Samantha Arreola.

While in the bathrooms, students realized they shared a common makeup essential.

Makeup enthusiasts and students agreed that a neutral liquid lipstick was a must have.

“My favorite neutral lipstick would have to be Anastasia Beverly Hills liquid lipstick in “Ash.” This shade matches any makeup look I create,” said vlogger Vanessa Guerrero.

At $20 a lipstick, Anastasia Beverly Hills claims to be intensely pigmented, and their liquid formula delivers a rich long wearing matte to lips.”

During class breaks, when catching a quick snack, this formula claims to last for hours.

All of these products have gotten students into the habit of a flawless makeup routine in the most time efficient way possible.

Many of them mentioned they have hit the snooze button in the morning knowing that their makeup routine takes only minutes to achieve with these time saving beauty products.

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Fact or fiction

Every new college student has heard of the infamous ‘Freshman 15’ and all the negativity that comes with it.

By GREGORY GAMMILL
Staff Writer

It is said that 15 pounds is supposed to be the average weight gained for all first-time college students within their first year, but is that really the truth we are being fed?

“Freshman 15 is a myth: I only gained 5 pounds my freshman year. Weight gain is common in college, you’re going to be just fine,” said Angelica Foronda.

Incoming freshman will not actually gain a staggering 15 pounds of extra weight like the myth claims they will.

Former alumni and a current Registered Dietitian at Kaiser Permanente Riverside, Kari Duenas, and Foronda, of the California health care facility, gave an inside look at ways to avoid gaining weight in the first year.

“Keep active and limit intake of convenience/processed foods. These foods contain little to no nutritional value,” said Duenas.

As a student, I know the stresses that we encounter as college students and the appetite that comes along with it. Incoming and current freshmen should bring lunch to school or bring healthy alternatives to snack on.

“Small handful of nuts, fruits/vegetables, yogurt and a grilled chicken lettuce wrapped are good sources of ‘healthy nutrition,’” added Duenas.

The rookies and vets of the campus should be more aware of what they consume so that all these “myths” of freshmen 15 can fade away.

Avoid the Freshman 15

1. Don’t snack in class
2. Skip the energy drinks
3. Use a smaller plate
4. Set aside time to exercise
5. Limit alcohol intake

Photo courtesy of NBC News

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Rec Center ready for new faces

By JASMINE PEREZ
Staff Writer

The Student Recreation and Wellness Center (Rec) began the school year inviting all incoming freshman into its facilities to implement an active and healthy lifestyle.

The Fitness and Wellness center, helps students reach their fitness goals by offering classes with personal trainers or one of the fitness employees as a gym buddy.

The facility offers numerous free weights and machines including cable machines, treadmills, upright bicycles, elliptical trainers, rowing machines and step machines/climbers.

“Our personal trainers really know what they are doing and have the sufficient experience to teach these classes,” said America Zavala, a staff member for the Rec Center (RC).

“The students that attend the classes get really excited and leave satisfied,” continued Zavala.

The classes the RC offers for fitness and wellness include Boot Camp, Butts and Guts, Cycle Fit, Hip Hop, Jazz, Jiu-Jitsu and Yoga.

“The different classes we offer are good ways to keep students motivated to reach their goals,” added Zavala.

Along with personal training classes, the Rec also has a rock climbing wall that is 34’ high and 1,000 square feet.

It also offers rock climbing competitions and classes to help improve rock climbing skills.

If students want to get a cardiovascular workout, the RC also has the Aquatic Center. The pool is open for free swimming to any CSUSB student.

Students can also attend the Aqua Aerobics class that is offered.

“The balance between education and your physical well-being is important to having a balanced life,” said Nadra Mamou, a staff member at the RC.

“In addition to your health, the RC is a great resource for students to meet each other and become closer to our campus,” continued Mamou. For more information, visit CSUSBrecsports.com

Photos courtesy of CSUSB Rec Center
Battle of the veggies
Vegan vs. Vegetarian

By DIARA FOWLER
Staff Writer

CSUSB is one of many campuses that caters to those who are vegan/vegetarians. There are many beneficial factors within the lifestyle. For starters, vegans and vegetarians have a lot in common. According to the Vegetarian Resource Group (vrg.org), “a vegetarian cuts all forms of meat, poultry and seafood from their diet.”

“A vegan not only cuts those from their diet, but they also go to the extremes of eliminating all animal products from their diets,” adds the Resource Group.

Some vegans also avoid using any common household products that are made or tested on animals. Vegans and vegetarians avoid foods made of animals or animal by-product, they substitute the missing nutrients with fruits, vegetables, greens, grains, nuts and seeds. Both also maintain a predominantly plant-based diet. Nutrition and food science major, Esthefany Limon decided to become a vegetarian about six months ago.

“I began to notice a slight change in my weight from drinking green shakes frequently,” said Limon. The plants, which fill in as a substitution, happen to be rich in protein, iron, calcium and many other vitamins and minerals that the body needs.

“I would take everything green in my fridge at the moment and throw it in the blender,” continued Limon.

“Items like lettuce, spinach, cilantro, green apples and sometimes for flavor carrots or pineapples,” added Limon.

On another note, those who do decide to become vegan or vegetarian may lack in certain vitamins the body needs.

“I began to feel irritable at first,” said Limon.

“I was used to eating fast food to now having to prepare healthier hand made meals.”

Supplements would come into play in this void. B12 is taken among many vegans and vegetarians. Lack of B12 causes anemia and nervous system damage.

Taking B12 at least once a day provides 10 micrograms and taking B12 weekly gives them 2000 micrograms.

Meal prepping within this community is highly recommended among trainers to the everyday student. While on the beneficiary side, some bonuses of being vegan or vegetarian are that one is less likely to become obese, get heart disease or diabetes.

As more people are choosing to become vegans and vegetarians the Cal States and UC campuses are adding new options to their menus for those who pursue this lifestyle.

Our very own Commons offers dishes such as pilau rice, Mediterranean greens, pita chips and hummus.

While our student stores also have their own alternative food choices.

Students can choose vegetarian offerings at Pizza Hut, Subversions, Stir Fresh and vegan-friendly products at the Wow Cafe.

For recipe ideas, try ilovevegan.com.

Meal Prep 101
Grab your tupperware and get cookin’

1. Pick your grains- Brown rice or quinoa
2. Make some protein- Chicken, tofu and turkey are healthy choices
3. Cut up some veggies- Use for cooking, snacking and as toppings
4. Grab some fruit- A light and healthy snack
5. Make a healthy dessert- Protein balls are always a nice and easy choice
6. Prepare a sauce- Nothing like some extra flavor

Meal prepping is a helpful step in beginning and keeping up with a vegan or vegetarian diet. All of the food for the week is prepared at once. Healthy and easy!
Stress: A universal language

By YERA NANAN
Staff Writer

A common complaint that students have is that studying is a burden that causes stress. According to a student, Christian Eliam, stress is the second leading cause of death among college students.

One in ten students even go on to have suicidal thoughts. This is not that much of a surprise considering that suicide is the second leading cause of death among college students, according to Norwood.

Stress can even affect those of us who don’t participate in extra-curricular activities building on campus.

Brown, a first-year cheerleader, gave an analysis of stress that most freshmen deal with.

“My brain just gives up,” explained Brown when she cannot find the time of day to schedule what needs to be done for school.

She’s not only a cheerleader who has events to perform at but she’s also a team member at Target whose initial shift starts at 3:30 a.m.

“Physical, psychological, behavioral, and academic difficulties were the cost of stress for college students,” as described by Ruby R. Brougham in his article “Stress, Sex Differences, and Coping Strategies Among College Students.”

Stress can even affect those of us who don’t participate in extra-curricular activities and/or have a job.

“Personally, I get like, pimples when I’m stressed... it brings a depression towards me,” said student Christian Eliam.

There are even more serious cases found among students that interfere with certain eating habits.

Nadia Almusleh is a sophomore majoring in law who has an interesting case of how stress affects her as well.

“There are some days where I can’t even eat and some days where I have to eat everything,” said Almusleh.

There’s never enough time in the day it seems since she works long hours as a cashier while taking a full schedule of classes at CSUSB.

“Tessing about being a student will sometimes cause her to mess up orders and do the math wrong at the register while at work.

“College stress levels were often associated with cognitive deficits, illness, increased rates of depression and anxiety, and decreased life satisfaction,” according to Brougham.

Nia Norwood, who is a sophomore as well has an experience that’s a bit different from the others when dealing with stress effects.

“Sometimes I’ll eat a lot I guess, so I gain weight... I can’t go to sleep sometimes,” said Norwood.

With all of this being said CSUSB has a lot to offer its students in coping with different cases of stress. Students dealing with known symptoms from stress such as anxiety or depression can always consult a psychiatrist from the health center.

Whether being counseled individually or in a group setting the psychological counselors at the health center are here to accommodate your specific needs.

There are two special events happening on Nov. 8 and 16 dealing with anxiety or depression can always consult a psychiatrist from the health center.

“First, make the playoffs before the last game of the season,” stated Leslie.

“Second, keep the boys working hard on the pitch, the team members are also coaching how soccer is played and taught,” stated Leslie.

From an underachieving season last year, the Coyote men’s soccer team has already seen a dramatic turnaround this season.

A major change for the men’s soccer team includes seeing Darren Leslie step up from the position of assistant coach to take the leadership role as interim head coach.

Leslie has two goals for the season to revamp the team from last years 4-9-3 record.

“First, make the playoffs before the last game of the season,” stated Leslie.

“Second, keep the boys working hard in school and continue to raise the teams Student Academic Eligibility,” continued Leslie.

During the summers of his college career at University of Edinburgh, he played soccer, then later began his coaching career at Scottish Hearts and Hibernian soccer club.

Leslie played for and coached Youth Academy Teams while in Scotland. He also coached for Eurosoccer and Transatlantic soccer programs.

He came across the pond to the states looking for a different experience.

“I wanted to look at the playing and coaching scene to get a different look at how soccer is played and taught,” stated Leslie.

The men’s soccer team started out brightly this season, picking up a few wins on the road.

Leslie gained valuable knowledge of American soccer prior to coming to CSUSB while coaching a club team called Marine, a U.S. development academy.

While the men’s team is doing so well on the pitch, the team members are also doing significantly well with the school workload, leading the GPA for all the sports teams.

Leslie has earned awards from the Scottish Football Association for level four youth and level four children and could well be on his way to more.