By JANET CURIEL
Staff Writer

“Bernie! Bernie! Not me, us!” echoed from over 5200 supporters at the National Orange Show Events Center in San Bernardino on May 24.

Democratic presidential nominee, Senator Bernie Sanders visited Riverside earlier that day as part of a string of rallies across the state in an attempt to capture California voters and delegates for the June 7 primary.

An ethnically diverse group of attendees, young and old, children and college-aged students lined the outdoor walkways for their chance to listen to Sanders message.

While waiting, many were greeted by avid Sanders volunteers, and an appearance by political hopeful Steve Stokes, self-proclaimed “berniecrat,” running for U.S. Senate as a Democrat.

“Bernie is honest, he speaks unfiltered,” said Stokes.

Sanders was introduced by Daniel Franzese, best known as Damien from the movie “Mean Girls,” and Kendrick Thompson from “The Vampire Diaries.”

Enthusiastic support cheered throughout Sanders long speech, which discussed topics such as a broken criminal justice system, mass incarceration of predominately blacks and Latinos, social security, minimum wage, overturning the “disastrous” Citizens United and corporate welfare.

Sanders directly referred to Walmart and said, “Pay workers a living wage...wages are so low, that many of them need food stamps and Medicaid to survive.”

One topic, which received overwhelming applause, was in regards to high student debt.

“We are living in a competitive global economy. We need the best education and workforce in the world. We should be rewarding people who get their education not punishing them,” said Sanders.

With Sanders capturing as much as 84 percent of votes from ages 17-29 in some states, according to the Iowa entrance pole, many supporters are hopeful with the surge in voter turnout.

“It is really rewarding going to college campuses and seeing everyone engaged, it feels very reassuring to me,” said registered nurse Sherrie Stoddard.

Stoddard is a member of National Nurses United who travels with a coalition of nurses in support of Sanders in the Bernie Bus.

Sanders also made a point to reaffirm the significance of the movement.

“Here is the point; the whole country now understands, and the Democratic leadership must understand, that we and our ideas are the future of this country. And what that means is that our future of a nation based on social justice, economic justice, racial justice and environmental justice—that is the future of America,” said Sanders.

One volunteer at the event, Kevin Ortiz, admitted he was initially a Hillary supporter last year, but once he heard Sanders speeches, began to participate in phonebanking for Sanders, attending rallies and debate watch parties.

“He’s not letting people bully him around...”

Continued on Pg. 2

Mentoring program helps students

By RHEJEAN KING-JOHNSON
Staff Writer

The Student Mentoring Program wants to help undergraduate students reach success.

The program uses peer support to encourage academic excellence.

“It beneficial for students to become more confident in their academic careers and to get more involved on campus,” said student coordinator Barbara Herrera.

There are approximately 1200 students and 44 mentors in the program.

Students are paired up with a mentor who has the same major or college.

It makes it easier to mentor students who are motivated, since it is a volunteer program.

This program is filled with students who want to either mentor or be mentored.

“We are a volunteer program, so students have a choice to have a mentor,” said Herrera.

Approximately 30 percent of college students are first-generation, according to the National Center for Education Statistics.

First-year students will be guided and shown how things operate through this program.

Students who were mentored in the past encourage incoming students to be a part of this program because not only do you get helpful information, but a lifelong friend.

These mentors help guide them to certain resources that will help them excel.

Many students are unaware of resources that are available to them.

CSUSB provides different resources such as free scantrons, computer lab use, advising and more.

The mentoring center also offers utilities to students who are involved.

“We have 2 computer labs, free printing and DVD rentals for those who need it,” said mentor Gabby Rodriguez.

The student mentors want all their prodigies to succeed during their first year and the years to follow.

A student really enjoyed the help she received when she first attended college.

I would encourage more students to join this program, it really helped me with the path I am still following today into my junior year,” said student Karina Duque.

College can be a challenge to figure out for those seeking success.

“It’s a great way to figure out your first year and see how things operate,” said student Amanda Hau.

It’s common for freshmen students to feel overwhelmed by the adjustment into college, so mentors do their best to lend a helping hand.

They share experiences, advice and methods to make it easier on them.

“It helps with stress relief but it’s a big brother, big sister type of program,” said mentor Sophia Fregoso Pena.

This program has been extended to sophomore students so they can receive guidance further into their college career.

Continued on Pg. 2

Individual voices

Students opine about rape culture’s existence and its effect on society.

pg. 11

pg. 9

Memory lane

Students share favorite perspective-altering experiences at CSUSB.
Rally in Orange

Continued from Pg. 1

drop out (of the race),” said Ortiz.
Paraphrasing Abraham Lincoln’s Get-
ytysburg Address, “this is a campaign of the
people, by the people, and for the people,”
said Sanders in reference to his campaign
funding.
During his speech, Sanders said 8 mil-
lion individual contributions by more than
2.7 million individuals has accrued over
200 million dollars to his campaign. That
is an average of $27 per donation.
News of the trending hashtag berni-
netrumpdebate sparked from Donald
Trump’s comments on Jimmy Kimmel
Live that he would be willing to debate
Sanders before the California primary for
charity, which may create an edge in a di-
vise California primary for registered
Democrats.
Sanders tweeted, “Game on. I look
forward to debating Donald Trump in Cali-
ifornia before the June 7 primary.”

Mentoring program

Continued from Pg. 1

This is helpful for those who are
indecisive about their major or anything
related to their field of study.
The mentoring program room is lo-
cated on the second floor, on the side of
the library, room PL-208.

It’s important for students to do
well in their first year because it will
give them an advantage for the follow-
ing year.
“It’s good to have a mentor during
their first year of college because the
first year is the most critical,” concluded
Haun.
The Circle of Sisterhood Foundation took part in raising awareness for girl’s education at CSUSB on May 24. The Circle of Sisterhoods goal is to provide funding and assistance to girls in developing countries. They also support girls that face poverty in the U.S. and “uplift them from poverty through education.”

This foundation is a collective effort between several Greek organizations that are here on campus. Zeta Tau Alpha, Kappa Delta, Alpha Phi and Alpha Delta Pi were the contributing organizations.

Each sorority individually focused on a topic of philanthropy, such as breast cancer or sexual assault. The Circle of Sisterhood Foundation is the first to have each organization come together for a common issue here on campus.

“We decided to make it, its own thing,” said student Victoria Pelayl, a sister of the ZTA organization.

The organizations of CSUSB came together and collected donations for the cause; they sold pins and created a banner that encourages students to share why they feel girls education should be valued.

They also raised awareness online with the hashtag #circleofsisterhood. Each participant who put the hashtag, i.e. Instagram, would receive a colored bracelet that supports the expansion of girls education everywhere.

The mission statement of the foundation states that its impact will be through, “the collective influence of sorority women to raise financial resources for entities around the world that are removing educational barriers for girls and women facing poverty and oppression.”

These sorority women are all part of the Panhellenic counsel. The Panhellenic is a collective of sororities that differ in each university. This council then decides which organizations will participate.

This is the first time our campus has took part in the foundation and in doing so, will establish a method for students to donate to girls in underdeveloped countries.

These sororities also take part in their own topics for philanthropy. Zeta Tau Alpha is an organization that prides itself on their fight against breast cancer and spreading its awareness.

Kappa Delta focuses on providing educational programming for its sorority sisters.

The Alpha Delta Pi sorority house contributes to Ronald McDonald house charities.

“We want to let the students know why they should value women’s education,” said Reyna Salazar, a member of the Panhellenic collective.

Since its start in 2010, the Circle of Sisterhood has expanded its impact to 17 countries that extends to four continents.

The foundation functions through the support of the sororities that want to impact and support education.

Through the website circleofsisterhood.org, there is an option to donate at any time for those that want to contribute to girls’ education everywhere.
San Bernardino, most dangerous city in California

By NOEMI GARCIA
Staff Writer

The city of San Bernardino has won the top spot on the list of California’s most dangerous cities.

The study was conducted by the law firm of Graham Donath, who based his findings on crime, police, and community factors, according to the Breitbart News.

San Bernardino has been struggling financially since 2012 when the city went bankrupt.

“Southern California[s] city of about 210,000 people also [became] the second largest in the nation ever to file for bankruptcy,” according to The Insider News.

The financial struggles of the city caused the law enforcement department to lose members.

The city’s police department budget is $223 per capita, while cities like Oakland is $461 per capita, according to the Breitbart News.

San Bernardino’s homicide rate went up over 50 percent in 2012 due to less law enforcement officials and more gang members moving into the city from Los Angeles located 60 miles west, according to the New York Times.


Law enforcement’s presence is important to having a safe city according to the study conducted by attorney Graham Donath.

The National League of Cities recognized San Bernardino for implementing programs that were efficiently reducing crimes, yet lost all the hard work when it all became too expensive, according to the New York Times.

“San Bernardino like many places has taken a turn for the worse because of housing projects, half way houses and tax cuts that have lured criminal activity to this once a beautiful place, that’s why we see an increase in break ins, sexual assaults, and terrorism,” said student Maria Campos.

Dozens of officers have been laid off since the bankruptcy filing, leaving the police force with 264 officers, down from 350 in 2009, according to the New York Times.

“Those who remain call in sick more often”, said San Bernardino Police Chief Robert Handy in an interview with the New York Times.

The city’s poverty rate is 30.6 percent, the highest of the 68 cities that were analyzed.

San Bernardino’s unemployment is amongst the highest when compared to its neighboring cities at a 5.5 percent, according to the State of California Employment Development Department.

CSUSB’s campus police have sent out various e-mails to keep students aware of any dangerous situations.

“On May 9, 2016, a male walked into the rental office an apartment complex in 2400 block of Kendall Drive. He attacked and sexually assaulted the female (non-affiliated) inside the office,” stated a CSUSB campus police e-mail.

However, students of CSUSB do not think that the level of danger that exists in San Bernardino will reflect on the students.

“Any place has its dangers, you just have to adapt to your environment and learn safety procedures. You should always be on your A game when it comes to safety at all times,” said student Laurence Biutin.

Even though CSUSB is located in California’s most dangerous city, students are still proud to be Coyotes.

“I’m proud of being a coyote. CSUSB is a great campus that doesn’t get the respect and recognition it deserves but that is okay because the students are the ultimate reflection of the school,” added Biutin.

“As a CSUSB student I feel proud to be part of this organization,” concluded Campos.

By RACHEL RUNDENGAN
Opinions Editor

Home Depot in the hot seat

A Home Depot worker was banned from wearing an “America was never great” hat.

Krystal Lake, 22, wore a white cap that carried the slogan to work at Staten Island, New York.

Hundreds of Trump supporters are now threatening to boycott Home Depot in response, according to Business Insider.

Two lions were killed to save a naked man who jumped into the lion’s enclosure in a Chilean zoo.

Chilean media reported that the man was attempting suicide after finding a note in his clothes that he left behind before jumping.

The zoo said it took the “incomprehensible action” of killing two of its three lions, which was “profoundly painful for every single one of us,” according to CNN.

Man jumps into lions’ den

Meth deposit in bank

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Vegan “meats” Mt. Everest

An Australian woman, who set out to climb Mount Everest to prove that “vegans can do anything,” died after developing altitude sickness, according to Time.

Maria Strydom, 34, suffered from high altitude pulmonary edema, which caused fluid to build up in Strydom’s brain.

San Bernardino County Line

END WORK ZONE

SAFETY BELT LAW ENFORCED

May 19

May 23

May 20

May 23

May 22

May 25

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Magical cure for depression

The psychedelic ingredient in magic mushrooms could help treat people with severe depression, according to The Guardian.

The chemical known as psilocybin can turn down the brain’s stress response.

To determine if psilocybin could be used as a treatment to help patients, scientists were given £550,000 to begin a three-year project to test the drug on people with depression, according to The Guardian.

A naked man ran out onto a road and launched himself on top of a moving vehicle in Los Angeles.

The man was screaming as he launched into the air behind before jumping.

Hundreds of Trump supporters are now threatening to boycott Home Depot in response, according to Business Insider.

The incident occurred right outside Mexican restaurant, Mercado, where the man eventually collapsed of exhaustion, according to Daily Mail.

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Discover new music in apps

By MISTY WILLIAMS
Staff Writer

If you are interested in finding new music, there are some very resourceful apps available for iOS and Android.

1. Soundwave

The first app is Soundwave, an app that essentially does the new Facebook or Twitter of music. It is a social media site strictly for music; nothing but music. The process is simple. You create a profile and it automatically begins to keep track of all of the music that you stream on sites like SoundCloud and YouTube. You have the option of browsing other music fans’ profiles to discover new music similar to your taste.

Song of the Day

Song of the Day is a great app to come across the next big artist. It focuses on one new song a day to get you acquainted with the history, sound, and feel of particular underground artists.

In addition, the app gives you access to all of the previous songs that have been presented on Song of the Day, making the new music discoveries endless.

For hip-hop fans, there is a website and app called, Hot New Hip Hop (HNHH). This app gets updates on the newest music hourly; they get mixtapes, underground singles, and even the latest scoop on your favorite artists. The perk of HNHH is that it rates and filters the music based off listeners and “HOTNESSSSS” of tracks to easily guide you to what songs are the best.

8 Tracks

If you’re ever in the mood and want to listen to music that fits how you feel, 8 Tracks is a must-have on your device. This app introduces you to new music based off of the weather, how happy, sad or grumpy you are, it even has tracks that will fit whatever activity you’re currently engaging in.

It also has a feature where you discover new playlists based off of one specific song. You select one song and the app finds all of the other playlist different users have added that specific song to.

The application hosts a library that gives you access to 6.5 million tracks, plenty for you to love.

Rormix

Rormix is an app with an interesting twist. Rormix scans your music library and suggests new music and music videos for you to listen to based off the style of music already in your archive.

Similar to the popular dating app Tinder, Rormix lets you swipe right and swipe left through 15-second snippets of new music and music videos.

Fresh and new music is difficult to come across, but with these apps, it is a lot easier to find things tailored to your liking without your search being overwhelming.

POPPIN’ NEWZ

By LUPE PEREZ
Staff Writer

Tamar no longer keeps it REAL

Tamar Braxton was blindsided and fired from “The Real” daytime talk show.

The host posted a cryptic message online on May 21 about being “stabbed in the back.”

Reasons for her departure vary from having diva antics to not testing well with research focus groups.

Nike, lab x Olivier Rousteing

Nike has collaborated with Ballman designer, Olivier Rousteing.

Nike unveiled the sportswear line on May 23, including photographs of Rousteing and Cristiano Ronaldo.

The line is black and gold, inspired by European football and set to be released on June 2.

Professor Angelina Jolie

Angelina Jolie is set to teach a class on violence against women.

On May 23, she announced she will begin teaching next year at London School of Economics.

It is the first master’s program which focuses on developing strategies to promote gender equality.

Netflix and Disney

Disney is set to receive exclusive rights to all Disney films.

Disney disclosed on May 24 that movies will be available to stream beginning in September.

Netflix will be the only streaming company to stream films from Marvel, Pixar, and Lucasfilm.

Dancing Against the Odds

Nyle Dimarco has won “Dancing with the Stars” season 22.

On May 25, Dimarco became the first deaf person to take home the mirror ball trophy.

Throughout the competition he demonstrated that disabilities are not setbacks.

T.I. Concert leaves 1 dead

Four people were shot and one person died in the VIP section back stage while attending T.I.’s concert.

The concert took place on May 25 at Irving Plaza and admission was free.

T.I. had not yet taken the stage when the shooting occurred.

Lil Wayne bashes label while performing in concert

Lil Wayne may still have a problem with Birdman, because of the $50 million owed to him.

During a performance in Denver on May 21, Wayne yelled out profanities at Birdman.

He encouraged the crowd to join him on his chant against Cash Money.

Logic teases new album on Snapchat

Snapchat has become the newest form of promotion, especially for rappers.

For weeks he has been posting snippets of what fans think is new music.

“Flexitarian” is the main clue that he has been giving, even releasing exclusive new merch for his crew, including his biggest fan, his wife, and main producer, fix.
CSUSB’s jazz ensemble regularly does various events on and off campus. Anyone who is familiar with them knows them for their creative ways of performing.

They are known for their improvisations, creativity and arrangements, according to information on their website, music.csusb.edu. The groups like to channel many themes, ranging from jazz, swing, Latin, funk, ballads to contemporary fusion styles.

The group is currently under the direction of Dr. Bob Knop, who currently performs with a jazz quartet and the Latin jazz ensembles “Mambop” and is a professional saxophonist.

The CSUSB jazz ensemble is made up of undergraduate students majoring in music, liberal arts, education, business and English. The ensemble met on May 25 in the Performing Arts Recital Hall to perform “Jazz Combo.”

The hall was half-filled with spectators, the stage was set with a piano, microphones, drums, speaker and the lights began to dim as the performance began.

This party song has been a hit when it debuted in March at No.10 on Billboard’s Hot 100. This single is something different for Grande, while she still gets to show off her unique vocals, she explores this bluesy rock ‘n roll vibe with her soulful and intimate lyrics. Featured on the album are Nicki Minaj, Lil Wayne, Future, and a name we haven’t heard for a while, Macy Gray. Grey’s raspy voice accompanies Grande’s belts on the track “Leave Me Lonely,” which takes the listener to church.

“Greedy” is a jam! It’s such a fun and sexy song. I can’t wait to hear it on the dance floor,” gushed student Allie Ramirez.

Finishing this musical journey is “Drunkin Bout You,” this heartfelt track that leaves fans breathless is a must listen. This album upholds the image and voice Grande has created for herself, yet it also branches out and shows her growth.

“Dangerous Woman,” has proven to be a hit when it debuted in March at No.10 on Billboard’s Hot 100. This single is something different for Grande, while she still gets to show off her unique vocals, she explores this bluesy rock ‘n roll vibe with her soulful and intimate lyrics. Featured on the album are Nicki Minaj, Lil Wayne, Future, and a name we haven’t heard for a while, Macy Gray. Grey’s raspy voice accompanies Grande’s belts on the track “Leave Me Lonely,” which takes the listener to church.

“Greedy,” No. 7 on the album, is a jazzy pop song that is highly anticipated by fans to be the next hit. This party song has been a hit when it debuted in March at No.10 on Billboard’s Hot 100. This single is something different for Grande, while she still gets to show off her unique vocals, she explores this bluesy rock ‘n roll vibe with her soulful and intimate lyrics. Featured on the album are Nicki Minaj, Lil Wayne, Future, and a name we haven’t heard for a while, Macy Gray. Grey’s raspy voice accompanies Grande’s belts on the track “Leave Me Lonely,” which takes the listener to church.

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Restaurant review: The State

Old-fashioned style establishment is Redlands’ new hot spot

By JACOB STRANGIS
Staff Writer

The State is a restaurant in the city of Redlands that is a must dine experience. The State is located conveniently in downtown Redlands off Orange Street, just south of the 10 East bound freeway.

The surrounding area it’s located in is clean, well kept and is very welcoming for first timers and returning customers. As a bonus, there are plenty of stores to shop at after enjoying a delicious meal.

The restaurant has a unique brewery feel to it; there were Edison light bulbs hanging from suspended wooden planks from the ceiling, wild western-themed artwork on the walls and a giant bar with a wooden frame with a large selection of alcohol.

There is an outside patio if customers would like to enjoy the weather outside or they could dine in the dim lit interior, which sets the mood for dining.

Customers are able to feel like they are in a traditional western brewery. The first thing I noticed was the place was clean, organized and the temperature was neutral.

Many restaurants have the AC cranked up in order to have customers eventually get uncomfortable and leave, so the business can have a high turn over rate. The State did not; the temperature was perfect whether one has a short sleeve or jacket on they will be comfortable and not feel pressured to hurry up and leave.

The color scheme of the restaurant is black, silver, brown and white, giving it a warm and calm feel to it.

The music complimented the calm feel of the restaurant with its mellow selection of classic rock in the background.

In addition, the design of the restaurant was neutral and calm feel to it. The surrounding environment because it is very open.

The food menu offered a great variety of menu on different days of draft beer, so if people want to be a group of friends out to try new beer, this is the place to do it.

Upon getting our entrees, the food was immaculate looking and well-prepared. The first bite was a feeling of absolute satisfaction and happiness for the taste buds.

“Atmosphere was good, drink selection was excellent, preparation was great and the food was fantastic,” said customer Matthew Swistock.

I couldn’t agree more with that statement, I will definitely be visiting this place again in the near future and bring both friends and family along to share the delicious experience.

Continued online @ Coyotechronicle.net

People are entitled to their opinions. It is ignorant for people to attack the writer the way they did. He wrote an article and instead of being met with intellectuals, he was attacked by people who disagreed with him. Instead of calling him a misinformed, people should have countered it with it in an intellectual approach instead of name calling,” said student Jeremy Freely.

“Title IX exists for a reason. To say Rape Culture isn’t real is demeaning and associating all the victims that fall under the Title IX category. In order to help the victims and the perpetrator. If the author wants to see the real world results or the manifestation of real statistics in our school then I challenge the author to take a poll anonymously in their classes. Ask classmates (if they feel comfortable enough to do so) to write YES or NO on a piece of paper in response to have you been a victim of sexual violence (rape, molestation, everything else that falls under Title IX) and tally the results on the whiteboard. There is your real world data, your Facts,” stated student Chelsea Henson.

“I think the current state of student activism on campus is pathetic and simply writing an alternative opinion piece is not enough. I want to know who allows things like this to be published with such little foresight, and to demand accountability in the form of resignations. We as students need to show that this kind of hateful sexism is not okay and that we won’t tolerate it. Sit ins, occupations and protests are in the works. I would recommend joining in order to make an impact on campus,” said student Andrew Crampton.

“There is no evidence of rape culture anywhere in the West as a whole and in its universities in particular. Moreover, ‘rape culture’ somehow implies that the act of rape is a common, normal thing whereas in reality rapists are despised and hated and someone accused of rape may face verdict as rough as life imprisonment. Other than that, social justice warriors insisting on presence of ‘rape culture’ in universities define rape rather creatively. The only places I can associate with rape culture is the Middle East and the war torn African Congo,” stated student Hovik Stepanyan.

‘Rape culture is NOT the celebration of a rapist, but IS the act of blaming the VICTIM for the crime. So when a 5 year old little girl says a relative touched their ‘no no area’ rape culture response is ‘don’t tell anyone, this is a family issue.’ When a woman is raped or escapes from an attempted rape and authorities/friends/family members say ‘don’t press charges it will ruin his life!’ THAT IS RAPE CULTURE. Or when someone’s response to a rape accusation is ‘He seemed like such a nice guy, or (the victim) just wants attention, or you should be grateful he/she even laid a hand on you-ugly b**ch.’ Rape IS COMMON. Here are the facts: 98% of Rapists won’t go to jail or punished. 68% of Rape cases go UNREPORTED. 47% of the cases are committed by a friend/family member (someone the victim knows),” continued Henson.

The students and faculty have been affected by an article in the Coyote Chronicle titled “Rape culture is not real”.

With this article came mixed reviews about the integrity of the writer and the Coyote Chronicle as a publication.
Healing people and restoring hope is the essence of what we do at Loma Linda University Behavioral Medicine Center. Serving the Inland Empire for over 25 years, our compassionate and experienced staff understands the complex needs individuals are faced with when dealing with mental illness and addiction. Associated with a world-renowned teaching hospital we are able to provide multi-level care in the following areas:

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Students illustrate favorite memories

By JOSHUA AGUILAR
Staff Writer

In the drawing from Sandoval, it depicts him being very nervous in front of his class, dripping sweat off his face and shaking body. Glossophobia, the fear of public speaking, is ranked 13 of the top 100 most common phobias, according to fearof.net.

Sandoval was able to overcome his fear, fortunately, and it became his favorite memory from CSUSB.

“I feel like it’s one of the things that people are going to be represented through their culture, music and food. The event is free of charge for all students.

There will be various table areas set up to represent different countries, such as: Mexico, Colombia, Argentina, Spain, Peru and many more.

Each table will present glimpses of diverse cultures from different countries and how they help make up the Latino culture as a whole.

This will help students understand that Latinos are not solely Mexicans, as it is believed in many occasions.

Not only that, but there will also be performances throughout the event, including special dances by Ballet Folklórico.

If you are interested to find out more about Latino culture, curious to see what it is made up of, or simply looking to have a great time, make sure to stop by and show support.

Join Dia Latino for an afternoon full of culture, music, games, giveaways and much more.

Continued online @ Coyotechronicle.net

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By ELINA URRUTIA
Staff Writer

Come learn and experience Latino culture.

Dia Latino is a celebration of Latino culture, presented by Acto Latino and Los Amigos Spanish Club.

The event will be held on campus, June 2 from 3 p.m. to 6 p.m. on the library lawn.

Los Amigos Spanish Club is a student run organization that provides students a common interest in Spanish languages and culture.

“Almost everybody has one view of what Hispanics are; that is the typical Mexican with the big sombrero and the big mustache and that’s not who we are,” said Valerie Salazar, president of Los Amigos.

The club tries to educate other people on the culture of Hispanics everywhere.

“We have African descent, we have European descent, we are a mixture of every culture and we just try to represent that,” added Salazar.

During the event, many countries will be represented through their culture, music and food.

The entire college experience is supposed to be some of the best years of our lives. This time period is when we learn the most about ourselves and we start to grow into the people we want to be in the future.

We make memories that are both good and bad during our time here at CSUSB. Some students have traveled to foreign countries to study abroad, some have made lifelong friends, some have spent many nights staying up until dawn studying for midterms or finals, and some parted until sunrise after final week.

The point is that no matter what we have been through in our time at CSUSB, we all have at least one memory that has changed or left a strong impression on us.

We learned to conquer fears, overcome obstacles, and take challenges head on and found success.

Some students can remember those days vividly and can even draw a picture of what happened.

Student Jeremy Sandoval discussed and drew a quick sketch of his favorite memory.

“I drew myself speaking in front of class several times within communication studies,” said Sandoval.

“It’s one visual representation of me getting over my fear of public speaking,” continued Sandoval.

During the event, many students are going to be asked to illustrate their favorite memories.

Some students can remember those days vividly and can even draw a picture of what happened.

Student Judith Romero, also chose a new memory that has enhanced her college experience.

“At the rock wall I was able to meet new people that like the same things I do,” said Romero.

“Now I have new friends and we go out and do things we all enjoy,” added Romero.

You’re always going to need the skill of learning how to get over your fear of speaking to people and this is one of the best ways to do it by jumping right into it,” concluded Sandoval.

Student Judith Romero, also chose a similar reason behind her favorite memory, which is related to trying something new, thanks to CSUSB.

“I basically tried drawing the rock wall at the gym. “This is my favorite memory because it’s the first time I decided to try something new,” said Romero.

“I decided to go on the rock wall and I realized I really like climbing. Now I do outside climbing, bouldering. I go down to Joshua Tree, and its something I have a passion for and I really enjoy,” continued Romero.

Romero’s decision to go out and try something she’s never done before led to more memories that have enhanced her overall college experience.

“At the rock wall I was able to meet new people that like the same things I do,” said Romero.

“Now I have new friends and we go out and do things we all enjoy,” added Romero.

“You’re always going to need the skill of learning how to get over your fear of speaking to people and this is one of the best ways to do it by jumping right into it,” concluded Sandoval.

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While many students are eligible to attend a four-year university after finishing high-school, students should choose to attend a two-year first. According to the CSUSB financial aid office website, it would only cost $3,079 to attend Riverside Community College (RCC).

The price gap is far from unnoticeable for a student who just graduated high-school. Community college is a great alternative to avoid large amounts of debt while also preparing yourself in an environment that I think is better than a four-year college. "I think starting at a two-year has helped me learn at my own pace while also giving me a taste of what a four-year is like. It has really helped me to not rush into a career path that I may have been unsure about," said student Getzemany Garcia.

I feel that individuals who attend a two-year have more self-determination and take education more seriously because they cannot get all the required classes on time. I am not depreciating the hard work of the students who chose to attend a four-year; me being one of those students, I understand that maintaining grades was also very important. "The thing I like about community college is that I think I learned more, I absorbed more information. Maybe it's because it was a semester system, but regardless, something about going there after high-school made it easier for me to really take my time and not be forced to pick a major, or choose a direction - like most of my friends," stated CSUSB alumnus Heather Rundengan.

Although a two-year takes longer than two years to complete, it gives you enough time to pick what you want to study while you complete your general education. In my first year at CSUSB, I had a professor who told the entire class that if we were attending the university as undeclared majors, we were all wasting our time. And the thing is, no college students should be forced to pursue a major that they do not enjoy, or think that they can progress in just because someone tells them that they are wasting their time in college. If you have the funds to cover the debt that a four-year college will bring to you, even with an undecided major, then by all means, go ahead and do so.

However, to consider attending a community college while undecided might be the better decision for many. Both routes are great, nonetheless. They each offer a different experience, especially straight out of high-school. "I learned a lot in my time at CSUSB, but I owe it to my time in community college to help me prepare with the challenges I face in Cal State University San Bernardino," added Rundengan.

"Going to a community college after high-school not only saved me a bunch of money, but gave me time to grow and process 'adulthood',' concluded Rundengan.
Rape culture has been a part of our society for so long that it can be hard to recognize, but that does not mean it does not exist.

Rape culture is a culture in which dominant cultural ideologies, media images, social practices, and societal institutions support and condone sexual abuse by normalizing, trivializing and eroticizing…violence…and blaming victims for their own abuse,” according to senior lecturer and chief undergraduate advisor of Communication at the University of Massachusetts Amherst Lynn Phillips. Phillips is also the author of Flinting with Danger Young Women’s Reflections on Sexuality and Domination (2000) which is one product of her ongoing study of college students perspective regarding relationships and sexuality the connection to sexual assault.

The dismissiveness towards sexual assault prevention perpetuates rape culture by not actively working against it.

We, as a society, in no way celebrate rape, but we ignore the issues that have created the rape culture that we live in today. While the definition is specific to men and women, it must be recognized that rape culture also impacts the lives of trans and gender non-conforming people.

Rape culture is defined by a number of everyday habits and occurrences in the lives of people everywhere. The most common form of rape culture presents itself in the way boys and girls are taught to interact with each other, rooted in societal conditioning. When little girls are told, “boys are mean to you when they like you,” it implies that male aggression towards females is normal, and that aggression is how boys and men communicate their emotions.

The idea that mistreatment is a sign of affection allows warning signs of abusive relationships to be misconstrued as passionate love in adulthood. When prom season hits social media, a common trope is a father holding a gun while posing with their daughter and her male date.

The message and or even joke, being that fathers must protect their daughters from boys since “boys only want one thing,” that one thing being sex.

But it’s not the daughter’s couplet of well being that is being protected, it’s her sexuality.

The assumption that makes prey on females for sex also invalidates male victims of sexual assault, and depicts women as sexual objects by portraying their sexuality as something that can be claimed or protected, and not their own.

Expectations like these are common in society and perpetuate the culture of sexual aggressiveness towards women as just the way things are— that is rape culture.

The night of March 4 2015 there was an attempted sexual assault in the north stairwell of Pfau Library. March 8 2015, just four days later, there was an attempted kidnapping in front of Pfau Library.

These attacks sparked a series of emails urging students to take extra safety measures such as using a buddy system and attending the various discussions groups about campus safety and sexual assault, which the school provided along with listing student rights concerning safety on campus and sexual misconduct.

Although students have been given valuable resources to prevent being attacked, and luckily victims escaped the attacks, and it is still unknown whether or not the perpetrator has been caught. The rest of spring quarter there was a heightened awareness of safety from predators.

Students took extra care to not become the next victim. Rape culture was at it’s most visible.

By FELICIA DE LA ISLA

Coyote Contributor

I have been known to say that in the world of opinions, there is no such thing as right or wrong, there is only yours and mine.

I know now that while there may not be right or wrong, there are definitely those who are informed and those who are mis-informed.

I am not writing this to defend my feminist values and or to insult anyone who holds views that differ from mine.

I am writing this to inform our community about rape culture, because it exists and because education is the first step in prevention.

Psychologist Megan Strain defined rape culture as “a society in which sexual violence is prevalent, excused and encouraged by popular attitudes, norms, and media messages.”

Are we a culture that is plagued by sexual assault? Sadly, yes.

Rape defined by the FBI as sexual assault when a victim is penetrated vaginally, orally and/or anally with an object, body part and/or sex organ by another person without their consent.

According to the National Violence Resource Center and Psychologists Tjaden and Thoennes, unfortunately, one in five women and one in 71 men will become a victim of completed rape or attempted rape at some point in their life.

FBI reports state that in 2013, a rape was committed every 6.6 minutes in the U.S.

Whether that weighs heavier in comparison to the number of those assaulted in the Congo is irrelevant.

Are rapists being thrown in jail? Not at the rate we would like to think they are.

Psychologists Megan Alderman and Sarah Ullman estimated that only 9 percent of rapists actually report their assault to authorities.

Only 40 percent of those actually reported in charges, and only 50 percent of those cases result in convictions.

That is roughly 3 percent of perpetrators who actually receive some form of legal consequences.

Are rapists’ behaviors excused? Yes.

When victim’s clothes, sobriety and sex life are brought into question, blame is shifted from the perpetrator to the victim.

Focus on the actual matter, sex without consent, is shifted to irrelevant factors.

It is simple: when there is no consent, it is rape. No outfit, amount of alcohol or previous sex life should ever take the blame before the perpetrator does.

It also important to take the difference between risk reduction methods and victim blaming.

Though they are overlapping issues, they are different. Risk reduction methods are tips that experts say will reduce your likelihood of getting raped.

Victim blaming is when the victim’s actions are considered to be the reason for the assault.

Those who do not utilize risk reduction methods are often blamed for their assault. At the end of the day, the perpetrator is to blame for the rape and they should be held responsible.

Is rape encouraged by popular social beliefs, norms and media? Yes.

Jokes, memes and comedy sketches about minimally aggressive forms of sexual assault. Though a joke may not directly cause rape to occur, it does breed a perspective which normalizes rape.

Jokes about sexual assault also invalidate the trauma the survivor has experienced.

By RAQUEL HOGLUN

Coyote Contributor

By STEPHEN QUINTANILLA

Coyote Contributor

In recent events with the controversial article “Rape culture is not real,” there has been a portion of students who retaliated with the utmost prejudice.

They took self-righteous action by calling for the writer’s resignation or threatened the paper’s funds.

I am a defender of the most basic freedoms. I believe that people have a right to say what they want as long as it doesn’t incite violence or panic.

With this article causing such an effect on this campus, some argue that this speech would be considered “threatening” to rape victims.

I disagree with this back lash and wholeheartedly give my support to the writer and the Coyote Chronicle for their willingness to publish and stand by this article.

In this recent political climate, most would run and apologize for their wrongfulness.

I am happy to see that there are others on campus who are not afraid of those seeking to demolish discourse.

As a man who can actually empathize with sexual violence victims because I experienced it myself, I hate when people say my experience is minimal or very rare. I have that fear but I’ve learned that I shouldn’t let that scare me into experiencing different things.

I know that I’m an exception but I dislike when victims like myself are represented by folks who think that speaking out on behalf of us, but have never gone through the trauma, will make us feel better. It doesn’t.

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I know that I’m an exception but I dislike when victims like myself are represented by folks who think that speaking out on behalf of us, but have never gone through the trauma, will make us feel better. It doesn’t.

For too long I have sat in silence as people spoke on my behalf without my permission. As a man, it became clear that even in this supposed “open minded” environment that my experience was going to be briefly mentioned or not at all.

I have been perceived of being ignorant of sexual assault or rape simply because I am a man, when in fact I do know a thing or two from personal experience.
**Opinions**

**Who will win the election? The battle between candidates**

**DONALD TRUMP**

By KYLE RICHARDSON  
Staff Writer

Make America Great Again. We should all vote for Donald for Trump. The 2016 Presidential Election is not the prettiest election, as many have questioned who they might be voting for. “I am unsure who I am voting for,” said student Evan Peckels. “But look at all the numbers, (Trump) makes money, he can probably help this country and myself make some much needed money too,” added Peckels.

First, he is not a politician—he is a businessman.

If he is elected president, I hope that his cabinet will be filled with experts. As he is a businessman, he will not owe any other politicians any favors when choosing his top advisers. He will have the best of the best in their pro-fession telling him how things need to go. Donald Trump’s possible cabinet list includes political allies, rivals turned backers, business leaders and even Democrats, according to The Hill.

“They will be winners, that I can tell you,” added Trump.

In addition, Donald Trump’s companies are mostly U.S. based. So, if and when the economy goes down, his economic base will as well.

The man will be economy focused, as he will look to bring back industrial jobs to the United States, which relates to my second point: foreign affairs. Donald Trump has said he will put America first.

“My foreign policy will always put the interests of the American people and American security first,” stated Trump in an article from The Hill.

A man who has been head of multiple billion-dollar companies has obviously had relations with other businesses from all over the world. Those men that Trump works with, I would assume, have great influence on the countries they live in.

He also looks to pledge fixing rela-tions with the rising Asian giant, saying that a stronger America would win more respect from its Communist leaders, ac-cording to CNN.

According to The Political Insider, the Russian leader Vladimir Putin had some supporting words for Trump.

“(Donald Trump) is a really brilliant and talented person, without any doubt,” stated Putin.

“It’s not our job to judge his quali-ties, that’s a job for American voters, but he’s the absolute leader in the presidential race,” added Putin.

His whole career was built on negoti-ating. He can walk into a room with a for-eign ruler and get the job done. That is why I will fight with him till it’s over,” concluded Gallegos.

And if there is one thing I can respect, it is someone who can be real.

**HILLARY CLINTON**

By DESTINY GUZMAN  
Staff Writer

I can see it now.

November 8, 2016, Hillary Diane Rodham Clinton will be elected as the 45th president of the United States. We have to realize that we are not only voting for our next Commander in Chief, but also the direction of the future of America. Other than Hillary Clinton, there is no other candidate qualified for the job.

To uphold the legacy of Obama, new ideas and trends, we need a person with pizzazz, strength, finesse and most im-portantly, experience that we can only get from someone like Mrs. Clinton.

Her resume includes serving as for-mer secretary of state, U.S. senator, first lady and knowing a thing or two about for-eign policy since she has traveled to 112 countries, according to CNN.

Hillary’s Facebook bio includes wife, mother, grandmother, dog lover and a life-time advocate for human issues, especially women and families. Clinton plans to put a handle on gun violence, secure an economy so that mid-dle class Americans can get ahead and maintain sustainability, and to generate re-newable energy for every home in the U.S. within 10 years for her term, according to hillaryclinton.com.

What I found exciting was her College Compact, which would ensure students the ability to attend a four-year college with-out taking loans for tuition, as well as at-ten-tion college tuition-free.

That would be a relief for us all. Currently, we are all still recovering from the recession of 2007-2009, trying to build our economy up and get steady pay employment for all.

More than ever, we need stability from our government, and I believe Hillary Clinton has been alongside our president to ensure just that. I do not think the other candidates can offer this.

Senator Bernie Sanders is a nice guy and does make valid points; I just do not think he is prepared to lead the country.

To me he is selling dreams, comes off as too much of a liberal and does not have the backing and support from the right people needed to run in office effectively.

I think of him as a good dream or a wish; Hillary can actually make it happen.

Our country cannot afford another Republican in office, and most definitely not Trump. He appeals to some, but is a hindrance to most of us.

Remember, he wants to build a wall, and I just cannot see how that will better the economy of the melting pot we live in.

What Trump offers is every little girl’s dream: You can be whoever you want to be when you grow up, even the president of the United States. She’s au-thentic in my eyes, and a human being.

Not to dwell on her past and the con-troversy of her marriage to former Presi-dent Bill Clinton, but she endured a lot— she stood by her husband, which shows me that she is committed and unshakable.

That my friends, is just the glimpse of the strength of a woman and why we should all vote for her.

We must remember that in knowing that with Clinton as our leader, our future will be a little brighter.

**BERNIE SANDERS**

By SHIRLEENA BAGGETT  
Staff Writer

Alterning decisions, wavering assur-ances and childish play characterize the presidential campaigns for 2016. Finally, we win the midst of all this chaotic disorder? The answer is Senator Bernie Sanders!

“I’m for Bernie Sanders because he is for me; he is for all of us,” said student Julissa Gallegos.

Sanders supports tuition-free public colleges and universities, and he recognizes with me as a student because of my fellow students’ experience with crippling debt.

“Mr. Sanders has inspired candidates pushing policies like tuition-free public colleges and universal health care, initia-tives that were once regarded as radical but that now have the support of many millions of Americans,” stated writers Jon-athan Mahler and Yamiche Alcindor of The New York Times.

“He is not corrupted by money from someone like Mrs. Clinton.

We’re gonna tell the billionaire class that they are not gonna get more tax breaks while Americans struggle to buy bread for their families!” tweeted Sanders.

Considering that I would want Ameri-ca’s wealth to be equally distributed, then I think Sanders is the ideal candidate.

“This country belongs to all of us, not just the wealthy and special interests,” tweeted Sanders.

With other candidates being feed-ing on people’s fears, Sanders is giving hope to America, posted by Politizane, provides an insight on the wealth distribution in America.

According to The Atlantic said it best, “What you see is what you see, all the cards are on the table.”

All politicians are so-called liars, so it is not nice that this man is honest and upfront.

Trump is putting it all out there, telling the United States this is me!”

And if there is one thing I can respect, it is someone who can be real.

“Bernie’s message sums it up: it’s ‘Not me, but all of us,’” continued Gallegos. “He is for all of us, and his support and actions prove it.

“His message is resonating with ev-eryday Americans, and that is why he is so popular and why I will fight with him till it’s over,” concluded Gallegos.

With a deep conviction and lasting impression, Sanders in my opinion, is the ideal candidate.
Children need positive influences

By CHERAE HUNT
News Editor

I would always hear my grandma say “you kids don’t do anything anymore. All you do is sit in front of the television. Back in my day...” then I tune her out as she keeps talking.

Now as an adult, I think, “does modern culture ruin childhood?”

Looking at my little sister, who is now 13-years-old, and hearing all the pressures she goes through, of course modern culture can damage a childhood, but I would not say it ruins it. We live in a self-absorbed world where having the right selfie and being in a relationship seem more important than going to college.

“I think there is a greater emphasis on the self nowadays, which I don’t think is necessarily good,” stated psychology professor Kelly Campbell.

“It’s scary to see what kids go through these days,” said student Bethany Herrera.

Some feel as if it is the parents responsibility to shield children from the influence of modern culture.

According to Campbell, parents are responsible for deciding what to expose their children to and can do so by limiting access to technology or even blocking certain television channels from young eyes.

“Children will still get exposed to things through their peers and other family members but the parents set the tone for how things should be done and how information is interpreted,” continued Campbell.

Neuroscientist Baroness Susan Greenfield is concerned that elements essential to brain development, such as first-hand experiences, interaction with adults, opportunities for play and the time and mental space to process information and be creative are being eroded by the pace of modern life, according to BBC News article.

It is up to the parents to what is or is not exposed to their kids at what time.

“I didn’t get a phone until I was sixteen and I didn’t have to worry about social media and texting. My parents keeping me away from that stuff kept me grounded and built my confidence,” said student Desiree Matthews.

“Parents need to help children develop skills for interpreting what they see and hear. They need to explain the reasons for things so that children develop moral reasoning. If parents can build in regular time with their children to checking, not judge, be present (not on a cell phone—they need to model good behaviors), and just listen, their children will do better. Children need quality time with parents at all ages of their life,” concluded Campbell.

It takes a village to raise a child. What damages a childhood is what a child is surrounded with. A positive atmosphere where children can grow and learn from experiences at the right time takes attentive parents. Without attentive parents a child can be exposed to a life that can be damaging.

Children, however, are stronger than we think—and are underestimat ed in regards to how much we think they could handle, but damaging adolescence can either harm their adult future or make them ahead of the pack.
Badminton sports club

By GREGORY GAMMILL Staff Writer

CSUSB has several fun sport clubs on campus, but there is only one that allows you to play Badminton with other like-minded students.

Badminton sports club offers members a unique experience to learn a sport with other Coyotes. The club was adopted into the Olympics Games in 1992. Ashley Pena is the president of the club at CSUSB.

“We are a recreational and competitive club because we allow members who wish to compete against other schools the chance to join our competitive team throughout the year,” said Pena.

The club participates in several different scrimmages and tournaments against other colleges who participate in competitive play with one another.

“The competitive team travels around to compete against other schools like UCL, UCI, UCSC and others to participate in matches and tournaments year round,” said Pena.

The club meets up to twice a week to practice and develop their skills with recreational play against each other. Membership fees are $25 annually for recreational play members and $40 annually for competitive play members.

The practices are scheduled for every Tuesday and Wednesday from 8-11 p.m. All practices are located in The Den (PE 100) and are open for any Coyotes trying to learn the sport.

“Students can join by simply walking into one of our practices or by emailing me at penaashley02@gmail.com from the REC Center and OrgSync websites,” said Pena.

The club is a good way to progress your skills or learn the sport of badminton with your fellow Coyotes.

A history of excellence

The athletic dept. has dedicated 32 years of service to students

By TAYLOR GLAZE Staff Writer

Let’s look inside the Coyote athletic department. The Coyote athletic department was recognized in the fall of 1984 as a part of the National Collegiate Athletic Association (NCAA).

The university currently has 11 different sports teams. There is men’s baseball, basketball, golf and soccer.

Women’s sports include basketball, cross-country, soccer, softball, volleyball, track and field, cheer and dance.

The campus used to have a tennis and water polo team but ended up letting the two go. However, there are hopes to soon have a women’s golf team.

The athletic department is located in the Health and PE building on the north/east side of campus next to the Coussousi Arena.

The arena was built in 1994 to replace the old school gymnasium. The original gym is still open and normally volleyball and basketball rotate the use of both due to their seasons overlapping.

The new building is shared with the Kinesiology program and you can find the two departments overlapping.

At the senior associate athletic director Morgan Walker is a former Division II football player who brings 13 years of athletic administration experience to the program.

There are a few different areas within the department, including academics, health and finance. The first priority of being a student-athlete is keeping up with your academics.

The department requires a 2.0 GPA and there are regular grade checks. With most circumstances, some coaches do a better job than others staying on top of the players about their school work.

CSUSB alumnus Meghan McGarry is the current academic adviser for the student-athletes on campus.

Several career tracks, academic progress, develops support plans and mentors them as they balance the two aspects together.

The next priority is proper training, which requires the use of the training room located in the basement of the department. Sports medicine is a crucial part of athletics. The center consists of athletic trainers, family medicine physicians, orthopedic surgeons and other health professionals.

The well-being of the student-athlete is the main priority of CSUSB. Laura Tropila, the head athletic trainer has been with the department since they started 32 years ago.

Along with training, she is CSUSB’s senior woman administrator and an associate athletic director.

Tropila and her assistant Pat Walsh attend every game for each sport to be there in case a player is injured or needs assistance.

“The athletic training room works in front of the players the most next to their coaches,” said Walsh.

Some coaches even make their athletes accept them as “friends” on their social media accounts to be watched as they grow up in the department.

Students offer exercise and diet tips

By SURIEL CHAVEZ Staff Writer

On a campus like ours, there is wide range of diversity, so it is fitting that there would be students getting in shape in various ways.

The problem with exercise routines and diets, one method does not fit all.

Everyone is different and what might work for one person is not necessarily going to work for another.

Finding ways to be healthy and exercises that feel comfortable is up to you.

Take into consideration that, at first, one must step out of their comfort zone, as you would when succeeding in any aspect of life. Today, there are hundreds of options to help strive for a healthier self.

“I track my steps on my phone and I get notifications to when I reached my goal of steps,” said Ariana Prieto.

Ten thousand is the recommended number of steps that you should take a day, according to livescience.com.

Technology has advanced with the iWatch and other devices, as the Fitbit and Misfit, that one can use to track their steps. Workouts do not need to take place inside a gym anymore. There are many other ways available to get exercise.

In 2013, there were 25.5 million people going to the home gym, according to statista.com, a statistics and studies conglomerate.

There are plenty of activities that burn a similar amount of calories and lead to wonderful adventures. Hiking has become a popular means of exercise in recent years.

Hiking for an hour can burn up from 400 and 700 calories in an hour, according to nutristrat.com.

“I try to walk twice a month,” said student Sarah Jaquez.

Some activities, like hiking, are not for everyone.

The amount of calories burned while hiking is similar to swimming for an hour. “I stick with swimming. It’s what I do best,” said student Demi Botello.

Finding something that you feel comfortable with encourages you to keep at it and helps keep working out fun.

Working out and staying active is only one part of what one needs to do to stay healthy.

Eating right is just as important as getting enough exercise.

Choose Me Plate is a government funded website that gives tips and tools for choosing healthier choices when deciding what to eat.

It provides a daily check list for different age groups and calorie intake. The check list has detailed measurements of the proteins, fruits, vegetables, grains and dairy only than one needs to carry. A simple tip for losing weight is to simply burn more calories than what’s taken in.

Preparing food for the day is a great way to ensure that one does not over eat.

Not everyone eats the same way. Everyone chooses to cut different things from their diets.

Remember that progress takes time and results will not occur right away. Stay body positive, set realistic goals and keep at it.
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Wells earns multiple honors in 2016

Coyote right-handed pitcher Tyler Wells was selected for the All-CCAA (California Collegiate Athletic Association) first team, which took place during the CCAA tournament banquet. Wells joined a team of 16 others to make up the All-CCAA first team and 16 members of the All-CCAA second team for a total of 33 and was the only Coyote representing CSUSB.

Wells finished the season, tied for first for most strikeouts in the CCAA with a total of 89 and he was able to lead his Coyote representing CSUSB. He was the starting pitcher for 15 games this season and the seniors are going out with a bang. Wells was the starting pitcher for 15 games this season. He finished the 2016 season with a 4-6 record and 2.84 ERA (earned run average). He ranked third in the conference in innings pitched with 92 total and ninth in ERA. His 89 strikeouts for the 2016 season ranked fourth in CSUSB history, as well as his 92 innings ranking eighth in the school’s overall history for innings pitched.

Wells’ most memorable moments for this season included striking out a career-high 12 batters in the season opener at Sonoma State, throwing a one-hit shutout in a 4-0 win over Stanislaus State and being awarded CCAA Pitcher of the Week twice.

Wells also became the Coyotes’ first starting pitcher to earn an All-CCAA first-team starting pitcher honor since 2006.

According to Bonafede, her time at CSUSB and with the team has helped her grow and create a lifetime of good memories.

The team as a whole had an eventful season and the seniors are going out with a bang. The team as a whole had an eventful season and the seniors are going out with a bang. For Cortez, her biggest accomplishment of the season was maintaining her position on the dean’s list.

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The team as a whole had an eventful season and the seniors are going out with a bang. For Cortez, her biggest accomplishment of the season was maintaining her position on the dean’s list.

The women’s track and field team has been a roller coaster, said Cindy Balderas.

“The funniest moment was every morning someone showed up to practice and didn’t realize they had a piece of clothing backwards or inside out; usually me,” said Bonafede.

According to Cortez she will miss waking up early every morning to go run with her teammates. Through the fun memories and hard work the CSUSB seniors will all take valuable lessons learned from their time here.

“I know the moment I leave CSUSB I’m going to walk away with tears in my eyes, but I’m going to take all these great memories with me,” said Balderas.

Continued online @ Coyotechronicle.net

By KAILA MORALES
Staff Writer

“Being a part of the team was hard too because the training was different and things didn’t turn out as planned, but I’m glad I didn’t give up,” continued Balderas.

The women’s track and field team has only been around for two years, but with the strong bond they portray, one would think they have been together a lot longer.

“It is one of the most memorable experiences in my life,” said Elizabeth “Lizard” Hernandez.

“Having the opportunity to be part of a college sport and meet new people, with all different backgrounds and stories,” continued Hernandez.

The team came together barely knowing each other and in just two years’ time they developed into a fast and fierce unit of competitors. “The people at CSUSB are amazing, it’s like one big community,” said Cortez.

The team as a whole had an eventful season and the seniors are going out with a bang. "My biggest accomplishment is getting a PR [personal record] in my final 10k [10,000 meters] of the season," said Bonafede. The team was strong both on the track and in the classroom.

For Cortez, her biggest accomplishment of the season was maintaining her spot on the dean’s list.

For the women of the track and field team, competing together was a moment in time none of them would forget.

“My experience was definitely the best college experience I could ask for,” said Cortez.

The women spent their time here learning from each other, their coaches, in the classroom and from their jobs.

“At CSUSB my experience has been very interesting and entertaining,” said Sierra Marrero.

According to Cortez she will miss waking up early every morning to go run with her teammates. Through the fun memories and hard work the CSUSB seniors will all take valuable lessons learned from their time here.

“I know the moment I leave CSUSB I’m going to walk away with tears in my eyes, but I’m going to take all these great memories with me,” said Balderas.

Right-handed pitcher Tyler Wells shows off his arm during a game. He has been the starting pitcher for 15 games this season. This is Wells’ third year playing for the Coyotes.