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Trump’s first week as President

By Arturo Brooks
Staff Writer

President Donald J. Trump and former President Barack H. Obama carried out a peaceful transfer of power, which was witnessed by not only America but the entire world during the Inaugural Address on Jan. 20.

Throughout Trump’s speech many things were said. Trump mentioned how Americans must come together, how we bleed the same blood, how color doesn’t matter and that we are all patriots. Trump criticized politicians during his speech, stating that they are all talk and no action, and saying that they are constantly complaining.

Even though Trump took a shot at politicians, Rep. Aguilar of the 31st district has some concerns about our Commander in Chief.

“While I respect the office of the presidency, I harbor deep concerns about the man who has assumed the position. Donald Trump spent eighteen months normalizing racism and sexism,” stated Aguilar.

“He called Mexicans rapists and criminals, proposed unconstitutional bans and registries for Muslim Americans, bragged about sexually assaulting women, mocked Americans with disabilities, and the list goes on,” added Aguilar.

In the closing statements of Trump’s Inaugural Address he stated, “Together we will make America strong again. We will make America wealthy again. We will make America proud again. We will make America safe again. And yes, we will make America great again.”

A student on campus, who wishes to remain anonymous, due to the amount of。

Continued on Page 3

Sex trafficking in the Inland Empire

By Noe Ramos
Staff Writer

The topic of sex trafficking makes its way in a event at the San Manuel Student Union (SMSU). The event featured speakers that were CEOs of different organizations dedicated to spreading awareness, performers expressing and illustrating messages people don’t see at first glance and a survivor telling their own firsthand experiences.

Throughout the event, each speaker discussed various ways of spreading awareness.

“There are different kinds of trafficking and different ways that they are reput-ed. A lot of it has to do with grooming, that is the reason I wrote the book “The Grooming of America’s Teenagers,”” said Opal Singleton. Opal is the CEO of Millions Kids and serves on the Anti-Human Trafficking Task Force for Riverside County. A guest speaker who is survivor and advocate for domestic violence, told her story.

“I told myself I couldn’t do this any more. I needed to fill a hole that was inside of me [...] I felt that I could fill this hole by being here today,” said the survivor.

Among the guest speakers at the event were two performers that had gone on stage to spread awareness through art, such as interpretive dance and spoken word poetry.

Updates in the community were announced by Debbie Marits, another speaker at the event, who mentioned the opening of a home in Riverside for those that have fell victim to sex trafficking and domestic violence.

“The first part of the recovery is creating a place of safety and trust doesn’t come.

Continued on Page 2

Why I marched

Taking steps towards the freedoms we deserve.

Combine Kitchen

Elegant dining at a quaint café for reasonable prices.
Women’s March in Los Angeles

Activists and protesters gathered in the streets of Downtown Los Angeles to take part in the historic Women’s March on Jan. 21. Los Angeles was just one of many cities in the United States, which marched in Washington D.C.

The march started from Pershing Square and would have lead up to City Hall but due to the amount of protesters, the march split up and took over the blocks in the City of Angels.

According to the Women’s March LA, there were estimated 750,000 people who attended.

“Women’s reproductive rights, immigration, LGBTQ support and human rights were some of the reasons behind thousands of people walking. “I’ve always been passionate about women’s rights and more so immigration reform because that was and is something that affects my family and me directly,” said participant Roberta Lewis, 21, who like many other Latinos in the United States, has family that immigrated to this country.

“The funny thing is that it hasn’t been until recently that I’ve finally realized that retrofitting and sharing liberating content on social media, as well as the occasional donation to Planned Parenthood, just isn’t enough anymore. I have to actually dem- onstrate what I believe in. This is why I marched,” continued Lewis.

Women, men and children of all ages shouted “My body, my choice; my body, my choice,” and signs with similar messages were held up and placed around the city.

“Despite the advances that women have made, we still have a long way to go to reach equality and I worry that we are in a delicate place. We are being faced with the question of the ability of normalizing instead of normalizing,” said march atten- dee Gabriela Deneve, 39.

The unprecedented amount of protesters present broke up into smaller groups and marched on different streets, closing down a portion of them.

The march officially began at 9 a.m. in the morning and went on until 11 a.m. in the afternoon, but many continued to march for the cause after 4 p.m.

“It is imperative that women send a loud, clear, and unmistakable message,” said participant Rose Gutierrez.

CBriefs:

Jan. 23

Two bills hit off the House floor today from Los Angeles departing California.

Jan. 26

Shira Starlouz arrested at anti- Trump protest. Protesting in Naval-N’yamou City.

Jan. 25

Sierra Nevada’s 110-mile high-speed rail is scheduled to be completed in 2033. Officials estimate that it will reward commuters.

Jan. 27

Mike Hult, niece of顺序 out of the old Elephant Man.”

CLASSIFIED

Room with a view, one bedroom, studio, single room $550/month and shared room $75/month with deposit, all utilities included. 626-371-6359.

Continued on page 3

The Senate committee decision for Betsy DeVos’s nomination for Secretary of Education so far is a testament to the challenges regarding the confirmation hearing. The Senate hearing for DeVos took place last Thursday, Jan. 19, before the Senate committee regarding her nomination for Secre- tary of Education. It was televised and also made available online by C-Span-Satellite Public Affairs Network (C-SPAN).

The Secretary of Education is responsible for—among other duties—over- seeing educational policies, managing Federal Aid and distributing billions in Pell Grants. All of these are directly related to federally-funded schools, including CSUSB.

There is little concern in the Senate about whether DeVos is qualified for the position based on how she answered the questions from the committee members. The concern is being neatly directed from the very beginning.

“Should we make public colleges and universities tuition free?” and “If you are curious about Trump’s recent actions, visit whitehouse.gov.

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First drinking water crisis: water no longer available.

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By Britanica Gutierrez

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Min hits off his roommate’s car from across Trump departing Texas.

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Community

Students discuss graduation plans

By Kathleen Ramirez
Staff Writer

It is our moral obligation as citizens of San Bernardino to help guide the younger generation to become more involved with political activism and civic engagement. This is just what San Bernardino's Generation Now group is about.

Once small but now expanding, Generation Now has taken it upon itself to help improve the quality of life in the city by recruiting its members' love of the arts with their love of politics.

"We want to empower people from the community, we want to take into the city and wanted to nurture hope in others," said Christian Flores, a member from Generation Now.

"When you get involved with what is happening in the community that's when you really learn and make the most difference," said Flores. "As the student gets to graduate within 4 years, there is also a degree of societal pressure placed on them to graduate within what can be considered an ideal time frame.

"If there was that big amount of social pressure to graduate in four years then I wouldn't have pushed myself as hard to finish in four years. The bad thing about it is that you can't take the max amount of units and still perform well," continued Flores.

"As student set to graduate in 4 years, there is also a degree of societal pressure placed on them to graduate within what can be considered an ideal time frame.

"If there was that big amount of social pressure to graduate in four years then I wouldn't have pushed myself as hard to finish in four years. The bad thing about it is that you can't take the max amount of units and still perform well," continued Flores.

"The process of graduating is every-"
Let it snow in CSUSB

By Nylles Vernon

The campus was a bit chilly last week during the annual Winter Snow Day, presented by ASI and the Recreation and Wellness Center (Rec Center).

Snow was spread out in front of Pfau library for visitors to play, with sled and snowboard.

Many vendors were in attendance during the event such as Carl’s Jr., Mountain High and Active Rideshop, who were giving away prizes for hitting the annual Winter Snow Day, presented by ASI and the Recreation and Wellness Center (Rec Center).

As I sit on the train back home and though back at the last couple of hours, a sudden rush of emotions overcome my entire being and I begin to cry.

The march engulfed the flame in me to fight harder for my rights, my mother’s rights, for my sons, daughters and nephews. I marched for the rights of my friends, for women not only in the United States but around the world.

It made me realize that even with all the negativity around us every day, hope was a force that united everyone, determination for change and progress.

My rights are my own. Women’s rights are in fact human rights.

As I sit and think about what I took part in, my grandfather’s words keep running through my mind:

“With will and determination, you can accomplish anything.”

Women belong in the resistance

By Britannie Gutierrez

I marched for my people who came and formed a life better than they ever imagined.

I marched because keeping my voice silent would be a mistake I would regret.

During the March I was lucky enough to find myself next to a pro-immigration group that was chanting in Spanish and I honestly felt this sense of unity that I’ve never felt before in my life. I felt blessed,” said protester Rebeca Loera.

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World wide knowledge

By Monica Rosales

The study abroad program at CSUSB offers outstanding opportunities for students to travel around the world, learn about different cultures and languages, and get an educational experience that is a combination of all three. The Center of Global Education and Management (C G E M) is located in Jack H. Brown Hall and offers the Study Abroad department. The Center is where the majority of the program is located, offering a variety of courses that fit within different majors.

The program offers a variety of courses that students can choose from, including classes on global business, communication, and language. Students can also choose to study abroad for a quarter or a full semester, depending on their needs and interests.

The program is designed to provide students with a unique educational experience that will help them develop a deeper understanding of the world and its diverse cultures. The program is open to all students, regardless of their majors, and is available to both undergraduate and graduate students.

In addition to the courses offered, students also have the opportunity to participate in cultural activities and events, which help them to immerse themselves in the local culture and gain a deeper understanding of the host country. These activities include visits to local museums, historical sites, and cultural events, as well as opportunities to interact with local people and learn more about their way of life.

Overall, the study abroad program at CSUSB is a great way for students to gain valuable knowledge and experience, and to open up their minds to new ideas and ways of thinking. With opportunities to study abroad in various locations around the world, students can choose the program that is best suited to their interests and goals.
“Everyone in the world, at some point in their life, goes through something tough. There is really no escaping it—or so it just to let people know there’s someone giving them a positive thought to remember that they have a choice in how they go about that situation,” said student Domine Edison.

“Compassion and empathy […] People I don’t think often enough put themselves in another person’s shoes, you know instead of wondering how they are getting through what they’re going through, they’re just condemning them or they’re criticizing them,” added Edison.

Savannah Whitehead, who’s studying to become an elementary school teacher, said, “Everyone gets caught up with their own issues all the time and we don’t really stop to see what other people are going through.”

Ashley Malo, a theater student, expressed what she believes to be her idea of love.

“Love is from God, and God is love. Once you have God in your life then you have love,” said Malo.

OARC can be a bit tricky to find so if you go to the SMSU, it’s a good place for people to hangout between classes,” said Cristina Menchaca, an Information Desk student assistant, and Gamers Lounge manager.

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Migos turns up in CA

By Yeris Gonzales
Staff Photo

Students have upgraded their makeup products for the new year. While not all students use makeup products, but some share different thoughts on appliances.

Denise Butts believes various makeup products that you use on a daily basis. She is important for her because, “It is very effective and covers up all the things I don’t like,” said Butts. She loves makeup and has a large collection at home, despite the fact that she agrees that the products are expensive.

“I depend on how many looks I use,” added Butts. She loves makeup and recently purchased her first professional costuming, which helps her feel much more confident.

Brenda Linon prefers to only wear it on special occasions, but still loves makeup. “No, just on special occasions, but not to school because it’s too much work,” said Linon.

Despite not always wanting it, she does have her favorite brands that she uses on those occasional Macs. “I use Nys for foundation, as well as Sephora and Chanel or sometimes Mac,” said Linon.

The cosmetic stores Sephora and MAC are known to be very costly, and have various make up products that she uses in her different departments.

Sephora has its own private label which ranges from hair, to skin care, to beauty products in their stores.

Nys is a small and newsworthy brand that was founded only less than two decades ago.

The cosmetics company has now made itself expand and prefers to be sold at drugstores like their products more affordable than others.  

Nys provider foundation is around $10 in the cheapest drug shop, whereas the MAC provider foundation is found to be $34. With this small comparison, there is a large difference in how you spend your money.

Makeup can be an enjoyment and has the power to make people feel different about themselves in a better way.

Since college students are always on the go, these products can be applied on easily and have the power to give people a better look.

For a time fans questioned whether or not their favorite horror game was going to receive a sequel, but time has now come for the game to be brought back to life. 

The game is known as the best in the Resident Evil series, as it was released in 1996 and has been played by fans around the world. 

Despite this new change in perspective, Capcom are known to be very costly, and have various make up products that she uses in her different departments.

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Nys is a small and newsworthy brand that was founded only less than two decades ago.

The cosmetics company has now made itself expand and prefers to be sold at drugstores like their products more affordable than others.  

Nys provider foundation is around $10 in the cheapest drug shop, whereas the MAC provider foundation is found to be $34. With this small comparison, there is a large difference in how you spend your money.

Makeup can be an enjoyment and has the power to make people feel different about themselves in a better way.

Since college students are always on the go, these products can be applied on easily and have the power to give people a better look.

For a time fans questioned whether or not their favorite horror game was going to receive a sequel, but time has now come for the game to be brought back to life. 

The game is known as the best in the Resident Evil series, as it was released in 1996 and has been played by fans around the world. 

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From soccer to bodybuilding

By Breese Rivers

With a healthy, statural frame, Amanda Lopez, former women’s soccer player will compete in the John Lindsey body physique bikini competition. On April 3, CSUSB’s very own undergraduate kinesiology major will travel to Culver City to face some of the most physically fit and muscular women from all over the world.

After retiring from her soccer career at CSUSB, Lopez was determined to keep it in her lifestyle. “I love lifting and I like to be active, so I just thought why not to do an individual sport where you can be competitive?” Lopez exclaimed.

In the John Lindsey body physique competition, the competitors are strictly judged on appearance.

The judges will look for correct posture, competitor’s muscular tone and how lean they are. Just 10 weeks out, Lopez is doing all she can to prepare.

Lopez currently works with coach John Vigil, a Vegas-based mentor who provides her with nutrition and workout plans.

Vigil is proud of how far Lopez has come thus far. He loves seeing her progress and how dedicated she is to improve.

“Over the past six months, she’s been consistent with her nutrition and workouts. She’s the most dedicated person to training and nutrition that I know,” said Vigil.

The judges assess an athlete based on the correct posture, the competitor’s muscular tone, how lean they are, and whether or not they take care of their skin.

Lopez meal prep once a week to make sure she can eat at least six to seven times a day, while balancing school, homework and getting in the gym.

Her diet includes things like oatmeal, eggs, white meat chicken, Brussels sprouts and sweet potatoes.

Every morning at 5:30 a.m. she heads to the Racetrack on campus to get in a speed and strength workout. She manages to do this six to seven times a week.

“The way I eat, it doesn’t give me the energy to do this,” said Lopez.

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She has made not only physical but mental changes as well to be able to compete. “It’s not only the coach, the food, the supplements, the protein, gym fees costs hundreds of dollars,” Lopez said.

She compares the financial aspect to the game with great food,” continued Casalonguey.

“A few fans have a take on who they believe will win the game.

For football fan Micheal Castonguay, the Super Bowl is one of his favorite events. “Not only do you get to watch a great game, but you get to support your favorite team,” Castonguay said.

For football fan Rene Best, the Super Bowl is a way to bond with friends. “It really meant a lot that the school was willing to give them the resources and in-kind needed to support the ROTC,” added Best.

For the men’s game, local high school tickets. The VSC is dedicated to supporting those with a military background.

They want service women and men to journey to be successful and live a career you love to give them the resources and information needed to do so.

CSUSB Athletics wants to team up with the VSC each year to host an annual Military Appreciation Night.

The Military Appreciation night was a success, and our service women and men deserve to know they have the support of CSUSB behind them. It really meant a lot that the school had a special night to honor us. It’s good to know our service is still valued,” stated US Army member Caleb Gill.

The men’s team ended the night with a thrilling 106-100 win. The women’s team 4th quarter comeback fell just short and CSUSB lost the four-point win.

Coyotes give thanks to military

By Megan Vina

The CSUSB Veterans Success Center teamed up with the Athletic Department to support members of the military and their families.

“Being a veteran is a difficult task for anyone but living it extremely strict diet takes severe dedication.”

Lopez meal prep twice a week so she can eat at least six to seven times a day, while balancing school, homework and getting in the gym.

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Baseball to start season at home

By Lauren Jennings | Sports Editor

The Coyote baseball team, which got its start in 1987, is about to start its 31st season this year.

The team has had its ups and downs throughout the years, as all teams do, but this year’s team is ready to pick up from where they left off last year.

They ended last season by losing two games in the CCAA championships, so the team is looking for redemption and a shot at the CCAA title.

“I truly believe this team can make another appearance in the CCAA conference tournament,” said current head coach David Martinez.

“The top six teams out of 12 make it, so if our team keeps making the strides it is making, we have a chance,” added Martinez.

The first and only time the Coyotes won the CCAA title was in 2002 under head coach Don Parnell. Parnell was with the team for an incredible period of 24 years after taking over for Chuck Deagle, the team’s very first coach.

In the 30 years of Coyote baseball there have only been three coaches, the current being Martinez. Martinez joined the team in 2015.

When the team was first introduced, they along with the rest of the school’s athletic teams, were Division III (D3). During their time in D3, the team was coached by Deagle and had an overall record of 132 wins, 2 ties and just 47 losses. Deagle led the team to two D3 NCAA tournament appearances in his final two years.


The chase for the next CCAA tournament appearance has already begun as the team played multiple exhibition games in the fall against Riverside Community College, Cal Baptist and Coyote baseball alumni.

“This fall, we all became very close and we know how good we can be,” said Jorden Simon.

Keeping score wasn’t important for these games, but the team members learned a lot about themselves and the team.

“The future is bright with this team and I am excited to watch them compete everyday,” said former second baseman and new coach, Grant Buchanan.

“Young freshman and older, more mature seniors collaborate very well with one another,” continued Buchanan.

When the team wasn’t playing fall games, they were practicing and have been doing so ever since.

They practice several times a week, with only inclement weather keeping them from the diamond.

With so much practice, the team is bound to look good when they open the season in just a few days.

However, there is always room for improvement.

“I would really like to improve on our pitching,” said Martinez.

Individuals of the team can say the same as well.

“I really want to utilize my speed and play the game to my ability and not get ahead of myself,” said Simon.

The Coyotes will play nine of their first 13 games at Fiscalini Field in San Bernardino.

“The home schedule will benefit this year’s young club as it is a chance for them to get into a routine, know game day protocol and much more,” said Martinez.

The team has 50 games on it’s schedule, including 13 doubleheaders.

“I believe this team will outshine, out-compete, outplay and win a lot more games than the following season,” said Buchanan.

“I am really looking forward to what’s in store for this 2017 team,” concluded Buchanan.

The 2017 season begins on Feb. 3 with the Coyotes taking on Dixie State in four