February 18th 2008

CSUSB
Tax refund equals tax relief
Dea Casas
Staff Writer
Many return into America’s pockets and into the economy—that is the goal for the stimulus plan that was signed into law by President George W. Bush on Feb. 13, 2008.
“Our overall economy has grown for six straight years— but that growth has clearly slowed,” Bush said, explaining the reasoning behind the stimulus package.

“The bill provides individual tax relief in the form of tax rebates.”

In Jan. 2007, about 17,000 jobs were lost, according to the United States Department of Labor. The rebates are based on 2007 income taxing and individuals who qualify don’t have to do anything other than file their taxes, according to the Internal Revenue Services (IRS).

“The bill provides individual tax relief in the form of tax rebates. These rebates will amount to as much as $600 for individuals and $1,200 for married couples, with additional rebates for families with children,” Bush added.

People earning too little to pay taxes, but at least $3,000 including elderly people whose taxes, according to the IRS, are not enough to pay.

Bush added, “The tax relief included in the form of tax rebates.”

The bill also includes housing rebates for those earning too little to pay taxes, according to the IRS, are not enough to pay.

Elv a Casas

“T h e tax relief takes the form of tax rebates.”

According to the IRS, had a 3,000-3,500 housing rebate.

“Add to that the simple act of supporting in the digital age. ‘ABC’ s Fourth School shooting in week kills five...”

Ken Dillard

Copy Editor/Staff Writer
A deal is in place, union members have voted on a new contract is set to be ratified.

After 101 days, the Writer’s Guild of America (WGA) has finally lifted their strike.

The WGA decided to strike because members were angered over being cut out of new media revenues.

Creating entertainment has shifted towards the Internet in the form of streaming episodes on network websites and downloadable episodes through third parties like Apple’s iTunes service.

Under the previous contract, producers’ and networks were not required to share new revenue streams with writers.

According to the Los Angeles Economic Development program, the strike has hit the local economy $3.2 billion in lost wages and revenue.

While most media reports focused on the writers and actors who were not working, nearly every career in the television industry has been severely impacted.

“The strike was not a strike we wanted, but now we had to conduct it in order to win categorization and establish appropriate guidelines for writing in new media and on the Internet,” said WGA West President Patrick Varon in a press release.

“These advances now are given us a foothold in the digital age. Rather than being shut out of the future of content creation and delivery, writers will lead the way as TV migrates to the Internet and platforms for new media are developed,” Varon stated.

The end of the strike signals a new era in television development but there are still questions that need to be answered about current TV shows. The strike got on the development of almost every popular program on TV, with the exception of some reality-based shows.

Some shows had enough episodes already filmed to begin airing at their normal season debut dates. Others remain in limbo. Simon Cowell has shown he was one of the few to get cancelled altogether.

ABC’s “Lost,” one of the most-watched dramas on TV, has lost its viewership in its fourth season.

A deal has been reached to tentatively end the writers’ strike after 101 days. The strike cost the local economy $3.2 billion.

Chien wins big
Adrian Vargas
Assistant News Editor
Y uru Chien in downtown is amiable, dedicated and conscientious by her colleagues.

On Feb. 14, Chien, a CSUSB psychology professor and the associate chair of the psychology department, was named the university’s Outstanding Professor for 2008.

She received the announcement in an “umblush” from CSUSB President Albert Katrina and past award winners during her presentation of the award.

“She is meaningful in psychological psychology, meaningful in research and magnificent in what she does daily,” Casas said at the announcement.

“She is a mother of student and fellow professors.

“Thank you so much,” Chien humbly responded after being called on to speak with the announcement.

“She made a public service and serves on a number of committees,” Karnig added. “She has 17 major publications and 30 plus papers.

“The tutorial cares about us,” Dena Mejia, CSUSB student said about Chien.

“She is funny when she teach - to go to CSUSB, Chien...”

According to the Los Angeles

“...want we, but one we...’d have to conduct...”

Krzysztof Hauser

A 4th Grade Elementary School

At least five people were killed and another 18 wounded when a gun- man shot 22 people on the campus of Northern Illinois University (NIU) and then fatally shot himself the next day.

The gunman, dressed in black, was armed with a shotgun and two handguns when he opened fire from a stage in a bathroom.

“Some girl got hit in the eye, a guy got hit in the leg,” NIU senior George Gugay said.

According to NIU Police Chief Donald Grady, the man was not a student at NIU, but could have been a student at another school.

Grady said that police have no record of the shooter’s Grady would not name the gunman.

According to Paul Sandstrom, one of the 150 to 200 students in the geography class when the shooting took place said the man entered the room from the back, behind the professor, and began shooting without saying a word.

“He just walked in and started shooting at people randomly,” Sandstrom said. “I crawled out of the main side, ran and turned toward and saw him shooting.”

The shooter at NIU was the fourth at a U.S. school within a week.

On Feb. 14, a woman shot two fellow students to death before committing suicide at Louisiana Technical College in Baton Rouge.

And in Memphis, Tenn., a 17-year-old was accused of shooting and critically wounding a fellow student during a high school gym class, and the 19-year-old victim of an assault at an Orlando, Calif., junior high school has been identified.

CSUSB University Police Chief Jim Brown said that University Police will continue to carry on with their normal patrol shifts and utilize the security plan that is already in effect.

“I don’t have an answer for why these shootings keep happening,” Brown said.

The victims of Wednesday’s shooting are expected to be released from the hospital on Thursday after being treated for their injuries.

The Chico, Calif., school district said that school will not resume until further notice.

“The shooting at NIU was the fourth at a U.S. school within a week,” said the police officer.

Fourth school shooting in week kills five..."
Campagne contributions raise tensions

Democratic Presidential candidate Sen. Hillary Clinton made a personal contribution of $3 million of her personal money in late January to help fund her campaign. "I loaned the campaign $3 million from my money," Clinton said during her personal donation. "It did because I believe very strongly in this campaign, and we had a great need funding-wise in January, broke all our records. But my opponent was able to raise more money and we intend to be competitive." In January, Sen. Barack Obama raised a record-breaking $12 million for his campaign. His campaign mostly depends on small public dollar donations. Clinton, who depends mainly on wealthy contributors, raised $32 million for his campaign. Individual contributors can only donate a maximum of $2,300, according to the Associated Press (AP). Obama has criticized her contribution, noting that she took her money from the public until after Super Tuesday. He has demanded that she return her money to the public, according to the AP. "(I think the American people would return her money to the public when they got your income from," said Obama. Hillary Clinton gave her money to the campaign, saying she will only release her tax return if she becomes the Democratic Presidential nominee. "Hillary Clinton's donations were excluded from being able to put in her own money for her campaign. Barack Obama doesn't have the personal money to back his "House" is also expected to shut down the Super Tuesday in 2004. According to AP, "House" will air four completely new episodes in April and May. CBS's "Big Bang Theory" and "CSI" will return with new episodes starting on March 17 and 16 new episodes on April 3, respectively. Both CBS and NBC include ABC's "Big Shots," NBC's "American Woman," and CBS's "Cane." Latino vote at record high

Elsa Escarcega
Staff Writer

Latinos voted solidly for California's Super Tuesday primary election this year. Democratic Latinos voted during this year compared to the 2000 elections, according to the Associated Press (AP). For the first time, Latinos performed as well as any other ethnic group in a statewide election. Democrats nearly doubled their turnout from 2000 and 2004. The turnout was especially strong for the Democrats because Latinos represented 37 percent of Super Tuesday's Democratic voters in California, according to the AP. Senator Hillary Clinton won 67 percent of the Latino vote and Senator Barack Obama received 31 percent. "Maybe this has to do with the performance of President Obama during his term," CSUSB student L/lgpl Montes said.

"(Latinos) are not satisfied with the Bush administration," Montes added. According to the AP, Latinos also matched their percentage among California adults, suggesting that the state's fast-growing Latino population is being reflected at the polls. "Immigration is a big issue for the Hispanic community, and that is probably why the Hispanic population has been voting more these past elections," CSUSB student Brian Hernandez said. "I have seen a lot more politics on the Hispanic networks and they talk about things that concern Hispanics," CSUSB student Jennifer Bovina said. "I think Latinos are looking for a change and they might think that the new president is going to help their community," CSUSB student Michael Nasu said. Latinos made up 13 percent of the Republican turnout, which is also a record, according to the AP. Sen. John McCain won 39 percent of the Latino vote while Mitt Romney got 27 percent. In 2004 Latinos represented 5 percent of the Republican vote.

"Many Latino Republicans may have connected with McCain because of his moderate position on immigration and his compelling story as a former prisoner of war," GOP state spokesperson Hector Barajas said to the AP. "We think Latinos are the third of the Republicans being in the house and I feel their vote is very important for good," CSUSB student Daniel Ortega said. "Tuesday's Latino turnout was even higher than it was two years ago when Antonio Villaraigosa became Los Angeles' first Latino mayor of modern times," said Asif Smith, Clinton's California campaign manager, in an AP report. Others said Latino GOP participation may also have stemmed higher because of the lack of enthusiasm among white Republicans for their party's candi- dates.

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The government hopes Americans will view the refund as more cash in their pockets.

Continued:

**Stimulus plan signed**

"Tens of billions of dollars in new aid was included in a $362.790 billion stimulus plan signed into law yesterday to help more than 130 million individuals. The payments will go out through the late spring and summer, according to the AP.

Starting in May, the Treasury will begin sending refunds to more subprime mortgage holders to refinance their homes, according to the AP. "The government hopes Americans will view the refund as more cash in their pockets," said Lammy.

Those with an adjusted gross income of $85,000 or less will receive a maximum of $600; up to $700 for married couples filing jointly; and $300 for single filers and heads of household. Those with higher incomes still will receive a smaller refund.

The stimulus plan also includes

- Tax credits for low- and middle-income families
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- Investments in infrastructure, education, and health care

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Depression relief tips offered by CSUSB’s Lambeta Theta Alpha.

Shandol Anderson
Feb. 18

The ladies of Lambeta Theta Alpha partnered with Counselor Bridge Tucker from the Student Health Center, presented a workshop on how to deal with stress, sleep hygiene and depression on Feb. 12.

Tucker talked about ways to analyze sleep patterns, develop relaxation techniques and exercise.

Eight hours of sleep are necessary for functionality and rest. Tucker said, “Poor sleep habits during childhood and adolescence are enough to create chronic stress and damage your biological system.”

Tucker said that having bad sleep patterns, like not getting enough sleep, creates the most depressive symptoms.

“Sleeping is not, not sleeping enough, having a change of appetizers, forgetting to eat or, or wak ing up in the middle of the night can all be symptoms of depression or stress,” Tucker said.

Caffeine intake is a primary cause of insomnia. Two six-ounce cups of coffee can be enough to diminish deep sleep. Caffeine increases anxiety, making it difficult to get enough sleep.

Without the group of caffeine, toneless can increase, Tucker said. “The best solution to that is to increase outdoor exercise.”

“Walking in the sunshine is a natural stimulant,” said Tucker. Tucker also talked about how alcohol is a known depressant and how it negatively affects the brain.

The chemicals in alcohol decrease your time spent in deep sleep.

Tucker explained how it’s a good idea to sleeply stop drink and alcohol use and to check in with the health center and then get help if needed with a medical staff.

Tucker encouraged students to sign up for relaxation techniques, for instance, developing a routine that eliminates stressful situations in the hours before bed.

“Massage therapy, length no-stress and exercise are among the best therapies that will help you get to bed,” Tucker said.

The couple who held the contest into the middle of the night, keeping even kissing or crunching are rhythmic activities that may lower the anxiety that accompanies depression,” Tucker said.

As a reminder, Tucker told the students to go down to relax more. Putting your hands on your stomach and taking deep breaths as you are sitting up at the computer can do it immediately.

Tucker also strongly emphasized the depression and stress workshop.

“It really is a fact that you are touched upon all factors which contribute to stress and depression,” said Tucker. “Something that I learned was ‘Kitchen’ is being in the kitchen and having a lot of your privacy, as long as I have your own voice telling me to have a lot of privacy, I will be talking, I will be smiling,” Yessy Martinez said.

According to CSUSB, CSUSB 101 “perspectives on Gender isn’t for students who are not in the major,” Tucker said.

The purpose for teaching students how to look at the course might not understand, and it ensures that their minds to new perspectives.

Tucker said, “I am going to that the course, nor were there into one perspective.”

This winter quarter, much like last winter, much of the stress has to do with the requirements and controversial courses offered by the university.

“Students have had to deal with stress during childhood and adolescence as well as Multicultural/Gender capstone requirement,” Tucker said.

Perspectives on Gender isn’t the only course that can be taken to meet one more than a capstone requirement.

According to the CSUSB Counseling Center, a Gender is a course that combines perspectives from three academic disciplines (Humanities, Natural Sciences and Social Sciences) in order to develop an understanding of how gender rules in the United States are established, maintained and changed.

Professor Scott Rodriguez is one of a group of professors who later instructed the course from time to time in past quarters. Rodriguez gave just a few common misconceptions that some students usually, from ones who have, yet to take the class as the first place, had bad about the course, as well as the truth behind them.

Some students have felt that they have no choice in taking the course since it is one of their general education requirements which is “just the truth,” Rodriguez said.

Rodriguez explained that Perspectives on Gender fulfills two general education requirements at the same time, which are cultural awareness and writing for students, but there are other options for students.

CSUSB general education requirement, the course does must be the Humanities or Social and Behavioral Sciences integrative capstones (depending on which discipline they take it in) as well as Multicultural/Gender capstone requirement.

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Gender perspectives offered to CSUSB students in capstone.

Nick De Leon
Campus News Editor

CSUSB students are expanding their perspectives on gender.

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Nick De Leon
Campus News Editor

CSUSB students were kicking off Pi Day (March 14) as the Coyote Bookstore held its first “Pie a Meme” competition.

Twenty-seven pairs of contestants filled the literature section of the Coyote Bookstore, and rules were explained to them. contestants had to find a stress from across from each other, and then had one hour to create an iPad case between their lips using no other part of their bodies.

The couple who held the case between their lips the longest would each win an iPad.

For the contest began at 1 p.m. Coyote Radio was in attendance playing music while the contestants stood next to each other.

One by one couples dropped their cases and were eliminated. After almost nine hours of stress, one couple was left.

Shalini Shah of CSUSB and Lanzi Zhang from Cal State San Bernardino took home the $45, the iPad and a few of other gifts. They were sponsored by both Apple and Coyote Bookstore.

All contestants received a bag of Mansion’s Gummies. Originally a competition from CSU Fullerton that was later published in a YouTube video, Coyote Bookstore marketing and special events coordinator Shalini Shah began working on the event as early as November of last year.

“It watched the video and made up the rules I felt necessary to make the contest,” Earl said. “I was looking forward to going out to ride, but the weather wasn’t going to cut it."

Before the event, the earl made sure that the competitors gender was the gender of the contestant the prompt. Promoting it early enough to ensure that there is no actual lip contact.

EARL hopes that the bookstores first annual event, though hopefully it would last longer and weather conditions would be better.
New dinosaurs found

Courtesy Martin Staff Writer

New species of ancient creatures are being dug up around the world.

In China, researchers discover the fossil of a tiny pterodactyl and in northeastern Mexico, a paleontologist found a fossilized bone of a duck-billed dinosaur.

According to abcnews.com, Chinese paleontologist Xiaolin Wang of the Chinese Academy of Sciences led a team of researchers to discover these ancient creatures.

Wang explained that the pterodactyl's features indicate it was a predator, while the duck-billed dinosaur was probably one of its most unique aspects, said Udi Magen of the Natural History Museum.

Several new species of ancient dinosaurs have been discovered in the western part of China's Liaoning province, a region that was covered in forest some 60 million years ago.

A pterodactyl is a pterosaur, which were flying prehistoric reptiles. Dinosaurs have limbs that enable them to walk rather than fly.

Named Nemiceolopterus crypticus, which means, "hidden flying forest dweller," the new creature was found by a team of researchers led by Xiaolin Wang of the Chinese Academy of Sciences, according to abcnews.com.

Wang explained that the pterodactyl's features indicate it fed on insects while living in the canopy of ancient forests. Its beak would have been perfectly suited for grabbing bugs, while its curved claws would have helped it hold onto trees, according to abcnews.com.

Pterodactyls lived from the late Jurassic through the Cretaceous periods about 145 million to 65 million years ago.

Pterodactyl fossils have been found with wingspans ranging from two to 11 meters. This makes these creatures the largest-known flying animals.

Paleontologist Martha Garofola Aguilera Martínez discovered the duck-billed dinosaur bones when she was cleaning up after lunch with a group of schoolchildren who'd been sleuthing to dig for bones in northeastern Mexico, according to abcnews.com.

The two bones were finally extracted after twelve years of digging, drilling and piecing together. Named velarfrons coahuilensis, the composition of its skull with a nose on top of its head and elongated nasal passages meant its call made these creatures the largest creatures.

Discoveries of this type are important because they help put one more piece to the puzzle of understanding the evolution of these ancient creatures.

"Anytime we can better understand how things lived in the past, we can better understand how to live today," said CSUSB Professor Britt Leatham, Ph.D.

Students who are curious and interested in fossils can contact the geology department. The geology club here on campus offers students the opportunity to learn about fossils and dig for fossils just above campus.

For those students interested in dinosaur bones, Dr. W. Britt Leatham has a few in his office including a tyrannosaurus tooth.

Leatham's office is located in the Biological Science building.

Low-carb diets too high risk

Steven Iacono Staff Writer

Biscuits and eggs for breakfast, a Tostada wrapped triple cheeseburger for lunch and two thick juicy steaks for dinner. At first glance many would think that this sounds like the meal plan of a morbidly obese hospital patient suffering from heart disease.

But over the last 10 years the fall of high-protein, low-carbohydrate diets have made foods like this the everyday way to lose weight. And, although eating foods high in fat and protein but low in carbohydrates has been proven to aid in weight loss, this type of diet may be harmful to your health, as well as make it hard to keep the weight off, according to Dr. Dorothy Chen-Maynard, program director of nutrition and food sciences at CSUSB.

A low-carbohydrate diet generally puts you in a state of "keto­sis," which can ultimately be hard on your kidneys, said Maynard.

Ketosis throws off the acid-base balance in your body, causes negative effects in brain function, and can possibly cause changes in your personality. A low-carbohydrate lifestyle can also cause other side effects such as constipation, bad breath, headaches, and potential vitamin and mineral deficiencies, according to medlineplus.com.

In addition to these unintentional side effects, a diet lacking a sufficient amount of carbohydrates may result in only "temporary weight loss," and will not help maintain any long-term results.

"Low-carbohydrate diets promote fast weight loss, but it is very hard to sustain," said Maynard. "As soon as you go back to your regular eating habits the weight often returns."

Some suggestions are if you eat white bread, switch to bread made with stone ground whole-wheat, instead of flour tortillas go with corn tortillas.

Maynard said, "I recommend that 50 percent of the calories you consume come from complex carbohydrates." This means on the basis of a 2,000 calorie diet 250 grams of carbohydrates should be consumed per day.

Maynard added that there are three ways to know when giving advice on anything including diets, and that is to keep "balance, variety, and moderation."
Children's art unveiled on campus

By Jamie Murray
Staff Writer

Young children in the San Bernardino area will soon have their chance to shine. Clare Cherry School (CCS) is a private school near San Bernardino. This school places a high priority on originality and imagination. In order to encourage the students to achieve extraordinary goals, the staff of CCS have also submitted work to be displayed.

The students have produced a wide variety of art. Ceramic pieces, watercolors, chalk, marker, crayon and pencil drawings will all be featured in the art show. Every child attending CCS receives plenty of guidance when exploring their own creative side.

The preschool students have worked on class art projects all year with their teachers. Denise Dawson teaches art to the elementary students twice a week. "The art show has been a tradition for over 20 years," Monroe said. CCS prides themselves on continuing to offer "hands on experiences for young people to express themselves."

For much of the art show's history, the show was held on the campus. The Robert V. Fullerton Museum has been home to the show for the past five years. Traditionally, the art exhibit has been held solely for parents, friends and faculty of CCS. This year, the experience is being offered to all community members. "The artwork our students have created is an illustration of our children's unbounded creativity," Monroe said. It is hoped that CSUSB students and nearby community members will attend the art exhibit to be reminded of the special aspects of childhood.

In honor of the art exhibit's premiere, Monroe and several dedicated volunteers are hosting an auction night at the Fullerton Museum. The annual auction is a major fundraiser for the private school.

The auction will be held on March 13 at 5:30 p.m. Tickets for the opening night are $30. Attendees of the auction night are encouraged to participate in silent and live auctions.

The silent auction includes items such as award-winning wine baskets from Rusnick Vineyards and personal services.

The art exhibit will be on display at the Robert V. Fullerton Museum between March 13 and March 16.

Courtesy of Amy Monroe

A piece of art created by a fourth grader will be on display at CSUSB. The art show allows every student to have the experience of sharing their imagination with others. The artwork our students have created is an illustration of our children's unbounded creativity," Clare Cherry School's Marketing Director, Amy Monroe said.

The students have produced a wide variety of art. Ceramic pieces, watercolors, chalk, marker, crayon and pencil drawings will all be featured in the art show.

The auction will be held at the Robert V. Fullerton Museum on March 13.

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Tanya Tanaka
Staff Writer

Roy Scheider, 75, who is best known for his role as the Deputy Sheriff in "Jaws," died on Sunday afternoon in Little Rock, Arkansas. Scheider was a stage actor with a background in classic movies which made him one of the leading figures in the American film renaissance of the 1970s. Scheider died from a multiple myeloma, a cancer of the blood cells.

In 2004, he was diagnosed with the cancer and underwent a bone marrow transplant to treat the illness in 2005. Scheider is well known for his major film roles in "Klute," where he played a pimp alongside Jane Fonda, and William Friedkin's 1971 film "The French Connection." This was five years late portrayed Chief Martin Brody in the Hollywood blockbuster "Jaws." Born in 1932 in Orange, New Jersey, Scheider studied at Marshall College in Lancaster, where he graduated as a history major. He later became an Air Force reservist and had his first stage in a 1961 production of "Roman and Juliet." Three years later he moved over to film, starting with "The Curse of the Living Corpse" and working seven more years before coming to celebrity status with supporting roles in "Klute" and "The French Connection." Scheider returned to the stage in 1980, where his performances in a production of Harold Pintr's "The Connection" alongside Blythe Danner and Raoul Julia earned him the Drama League of New York award for great performance. Scheider continued to be in films such as the Robert Benton's "Black Sails" of the film in 1982 and 1983's John Badham action film "Blue Thunder." Scheider shifted from leading man to character roles in 1980's...
Sharp Chinese words sliced through the packed Place room in the Lower Commons whose audience listened in silence. The tight feeling of poetry amplified the weight of Li Ling’s words on behalf of those killed in Tiananmen.

But Ling, a poet marijuana, has written two books in Chinese, “Wandering in March” and “The Decree,” which have been translated into six different languages and published in the Los Angeles Times. Ling has also won numerous awards.

Ling taught at Harvard and Brown University and has been on the board at the International Center for Writing and Translation at UC Irvine.

Ling recited his poetry in Chinese while Julie Pagle, assistant professor of poetry, read the poems in English.

The poems mainly reflect on his life in China before his exile in 2000 by the Chinese government. While the poems were rich even in English, it was his native language that carried the gravity of his words.

"Disaster, impassive and total. Joins with pain that is my own, " the writer recited in solemn massecd at Tiananmen his life in China before his exile in 2000. He has written several books of poetry and is the founder of the literary magazine "Tendency," which publishes works of Chinese authors and translates other authors into Chinese.

Ling said, "I made preparations to put out a journal of literature and humanities called "Tendency," Ling said.

"The literary journal was just poetry, yet after Tiananmen, I was told to stop by the police," he said. It was during this time that he traveled to the then British-controlled Hong Kong and Taiwan where he could write and promote his work while still in China.

In 1990 Ling came to America. "This was the beginning of my life in exile," Ling said. "I made preparations to put out a journal of literature and humanities called "Tendency," Ling said.

The journal was made with grants from Brown University by way of the creative writing program. "I would travel [to China] at least once a year," Ling said. "I wanted to distribute my work to the underground literary circles I knew." It was this dedication to his home and writing that incurred his arrest by the Chinese government in 2000.

"I knew this time it was going to be different from the other arrests," he said. "That something more would happen."

This arrest came with a harsh penalty—life in jail or exile to America.

The extent of this oppressive ordeal was described in the Los Angeles Times article "Thank you Wardens" published Feb. 19, 2001. In America, exiled, Ling was deeply reflective about the experience.

"When I was first here, I was a refugee, I needed help," Ling said. "Now I am an immigrant. I have learned to become self-reliant."

"Yet, it is still not home," he said. "I feel [after the arrest] that part of my home [China] is permanently changed."

But Ling is scheduled to return to Taiwan this month to continue his writing and promotion of his underground literary work.

Drums relieve stress

The Drum Coffee House had many different drums such as African, Latin, Middle Eastern and many more.

Many activities were played and people learned different types of tones and rhythms that a drum can make.

The drums were brought by One World Rhythm, a California based company that has been around for around three years.

"One World Rhythm is a recreational music-making not centered around traditional music rhythm. [The focus is] to bring people together and share ideas with one another," Pete Ellison, president of One World Rhythm, said.

"[This event] transcends race, economic boundaries, gender and age. It is accessible to preschoolers, to seniors and to adults. The music brings out and creates energy," Ellison said.

Many people enjoyed the event and they were all smiles as people beat on different percussion instruments.

"It was a wonderful experience. I was very happy here. It was great to have different bands come together as one," Minder Third said. "It was really relaxing, really diverse and really exciting."

A lot of people were able to let their stress out and not concentrate on other stressful thoughts while at the event.

Not only did it remove stress, but it also related some people.

"It was a way of relieving tension between multitudes. When you made a mistake it was all laughter and joy," in Ant Deyon, also known as Graury, said. "[The best part is] when we got to play with the maribe rain instrument, it sounded like summer rain."

"Students that attended this event were able to expand some of the energy that is created during mid-terms," Felis said.

"We do evaluations on all our programs and the responses from this program were all positive. Many of the students in attendance commented that they would be willing to attend this event again."

Drums relieve stress

Students learn about the rhythms of the drum in the Union Bay to relieve the stress of classes.

Multi-Cultural

Chinese poet’s reveals life before exile

February 18, 2008

Bart S. Alvaro/Chronicle

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Afghan journalist arrested

Natalia Haniud
Staff Writer

Outciders have been heard around the world against the recent death sentence ordered to a 23-year-old Afghan reporter and journalist named for allegedly distributing blasphemous articles. The case has been sparked by the manner in which Sayed Parwez Kambakhsh’s sentence was announced.

Human rights activists argue that his trial was conducted in unfair conditions. The young journalist was given no legal representation and no opportunity to defend himself in a summary trial that lasted less than an hour over charges which he denied.

Sentencing took place in a closed session behind the lower court of the Balkh region on Jan 22: “Guards brought me into a room where there were three judges and an attorney sitting behind their desks,” Kambakhsh told the Institute for War and Peace Reporting (IWPR). “The death sentence had already been written. I wanted to say something, but they would not let me speak.

“They too said nothing. They just handed me a piece of paper on which a was written that I had been sentenced to death. Then armed guards came and took me out of the room, and brought me back to the prison.”

Kambakhsh is a third-year journalist student at Balkh University in Mazar-e-Sharif. He also reports for the Jahan-e-No daily there.

He was arrested on Oct 27, 2007 on charges of distributing anti-Islamic propaganda that was questioning the prophet Muhammad’s views on women’s rights and the Qur’an.

Students took offense and complained to authorities that Kambakhsh was passing around blasphemous articles.

Kambakhsh and his brother, Sayed Younab Ibrahim, also a journalist, continue to uphold that the article in question, which contained the alleged blasphemy, had been downloaded from the Internet.

They maintained that Kambakhsh was not involved in the production or distribution of the article in question.

This article was downloaded from the Internet. Why should Parwez be punished?” Ibrahim urged.

“arrested. The court has announced, without considering human rights, the laws of Afghanistan, or Sharia (Islamic) law. It was biased solely on the word of a man, and Parwez was ignored altogether.”

Kambakhsh remains in prison while this case takes it through the higher courts, which have the power to overturn the sentence.

The government of Afghanistan is considered by the International Federation of Journalists to be one of the world’s worst places to be a journalist. The government has not yet announced jail for the journalist.

Kambakhsh remains in prison while this case takes it through the higher courts, which have the power to overturn the sentence.

The government and opposition are currently involved in talks aimed at resolving Kenya’s political crisis. The talks, which have been in progress for the past few weeks, are being mediated by a team of negotiators led by former U.N. Secretary General Kofi Annan.

Despite the ongoing talks, the country has been polarized along ethnic lines. Thousands of people have been forced to flee their homes for fear of attacks from others who say they agree with the outcomes of the election.

Although the ODM has a majority in parliament, they do not have the two-thirds required to pass a vote of no-confidence in the government. They are calling for fresh elections and for a transitional administration to be set up in the meantime.

Kibaki, however, insists that discrepancies should be fought through the courts, something the ODM will not adhere to, according to the BBC.

The electoral Commission of Kenya (ECK) has announced Kivuitu’s admit that they could not say for sure if Mr. Kibaki won fairly.”

According to the BBC release:

Observer in Kenya says “It is an opportunity for another round of planning.”

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The truth about your vote

Scott Sanderson
Staff Writer

It's scary how many people don't vote. It's even scarier that those who do vote know nothing about the electoral college.

It would help America if citizens knew how much power the electoral college has.

In presidential general elections, the electoral college usually sides with the majority vote of the people, but it can and has voted for a different candidate in the past.

The electoral college uses two different systems for determining the casting of electoral votes: the winner-takes-all system and the alternative系统.

If a candidate wins the majority of votes in a state that uses the winner-takes-all system, then all the electors of the state must vote for that candidate.

The District of Columbia selects two candidates based on who has the most votes statewide.

Maine and Nebraska are the only states that use the alternative system.

Another way is to campaign for a spot in the state's party convention. Most electors in the electoral college are politically active in their party or have ties to presidential candidates.

Elections can include power. In some circumstances, if a candidate cannot win the majority of votes from the electoral college, the decision is then sent to the House of Representatives.

Having a winner-takes-all system means that a candidate who wins even up to 50 percent of the popular vote will receive no electoral votes at all.

In California, the winner takes all 55 electoral college votes. This would mean that larger states that adhere to the winner-takes-all are really taking away any of the minority side's electoral college votes unless the electorate disobey the law.

Elections can decline to cast their vote for a specific candidate, like the ones who win the popular vote of their state.

Some have either voted for alternative candidates or not submitting a vote at all.

In 2000, Barbara Lettsimmons, elector for the District of Columbia, cast a black ballot for her vote in protest of the district's unfair voting rights.

I feel that it is unconstitutional to have kept a system like this in place for so long. It seems a little unfair, not to mention antiquated, and I wish that more electors would go against the winner-takes-all system.

It's time to take the issue to the Supreme Court so they can decide if it is unconstitutional or not.

According to estimates from the federal government's National Institutes of Health, people in the United States suffer one billion colds each year.

The Centers for Disease Control's website shows that about 22 million school days are missed by American children each year due to the common cold. That's more than 60,000 school years lost every year, give or take a bunch of leap years.

NHL scientists point out that the cold is actually about 20 different viruses, so a vaccine is unlikely anytime soon, though research continues. Maybe they would take cold virus research more seriously if they saw the figures from a study published in 2003 in the Archives of Internal Medicine about the economic impact of the cold.

It is $40 billion every year. That's more than congestive heart failure ($21 billion), asthma ($14.5 billion) and migraine headaches ($14.2 billion).

"Because there is so much for the common cold it pays far less attention than many less common conditions," the lead author of the study told the University of Michigan Medical School in 2003.

Dr. A. Mark Fendrick also said that a discovery that could prevent or stop the cold in its tracks "would have a huge clinical and economic impact, far greater than for chronic diseases that we hear about on a regular basis."

People who get the common cold are usually miserable. And I want to get better, soon.

If the government has to buy one flu vaccine or establish one national park to rid me of the stuffy nose, sore throat and general unhappiness, well, I can only hope they make the right, cold-free, choice.

Think you know the news? Challenge yourself like never before, and realize your true potential. Sign up for Comm 243A in the Spring quarter and work as a staff writer for the Coyote Chronicle! And don’t forget your ambition!
Tennis warms up for successful season

Rick Trujillo
Staff Writer

After beginning the season with two wins, the women’s tennis team hopes to put their first loss behind them.

The season opener left a great taste in the Coyote’s mouths as they人民网大学2的Women's Tennis Team strealed their winning streak to 41 straight.

The competition coming from San Diego is the best of the best that the Coyotes have ever faced.

“We know that San Diego was a very good team, and all we could do was give it our best and see what would happen,” said Leslie Hon.

One spotlight shining on the Coyotes’ side for the match was Jennifer Joy’s victory over Ina Dan of the four-time division champion Tritons.

Joy continued unbeaten for the week at No. 1 for the Coyotes.

The victory marked Joy’s 46 singles win and earned her the California Collegiate Athletics Association Player of the Week Award.

“We hope to bring more confidence next week,” said Hon. “I hope to see that we have a couple more league games next week that we need to win and with confidence good things will happen.”

The team will be hosting their second league match against Cal Poly Pomona on Feb. 20 at 2 p.m.

The women’s tennis team will return to the courts for their third league match on Feb. 27 at 11 a.m. hosting California State University of Los Angeles.

Sports

Coyotes focused on CCAA Championship

Scott Heaton
Staff Writer

Senior guard Marlon Pierce has shown that he has what it takes to lead CSUSB men’s basketball team to the next level.

Pierce was named CCAA conference player of the week two weekends ago.

The next level for the team is a national championship.

The Coyotes were one game away from the championship game last year, but lost by one point in the semi-finals to the eventual national champions, Wisconsin-Stevens Point.

Pierce averaged 21.5 points, 5.5 assists and shot 79 percent from three-point land last week. Pierce ended up leading the Coyotes to two victories over Cal State Dominguez Hills and Cal State LA.

The wins put CSUSB in sole possession of first place in the CCAA conference.

The Coyotes have yet to play in a playoff game and are struggling nationally as they moved up in the national polls to No. 20.

Pierce has been red hot the last few games.

He is shooting 60 percent from three-point land and averaging 18.6 points a game over that span.

Pierce had a season high of 29 points in a victory over UC San Diego on Jan. 19.

The timing of Pierce’s surge is good for the Coyotes as they are only four games away from the playoffs.

CSUSB plays two of their final four games at home.

At home the Coyotes have found success with a 7-6 record in CCAA conference games.

On the road the Coyotes have a mediocre record of 3-5 in league games.

CSUSB needs to play better on the road in order to go far in the playoffs. There will be even more pressure on them because of the success of the program in recent years.

CSUSB has gained national notoriety over the past several years by doing very well in the playoff and consistently being ranked in the top 25.

Opposing teams will not take the Coyotes lightly.

The Coyotes will depend heavily on three key players: Pierce, senior guard Lance Ortiz and senior center Michael Earl.

All three of these players’ average double figures in points scored and lead the league in at least one major defensive category.

Earl averages 13.3 points, 5.4 rebounds and has a league leading 47 blocks on the year. He has the presence down low to dominate the paint, exactly what is needed to win a championship.

Ortiz is enjoying a very good year averaging 12.1 points, 4.4 assists and has a league best 59 steals for the year.

Pierce averages 13.3 points per game and leads the league in assist/turnover ratio (2.26).

More impressive, however, has been the stellar defensive play by these three players.

Pierce and Ortiz have been controlling opposing offenses and causing a lot of turnovers, while Earl has been forcing players to

Rick Trujillo
Staff Writer

Freshman Kara Jenkins practices her backhand to prepare for the season ahead and the conference matches the team will face.

Jenkins displayed the confidence that the was a highlight of their victory over the Leopards.

Along with Jenkins, freshman Brittany Chase won her singles match in straight 6-0, 6-0 sets.

Chase’s excellence in their victory over the Mustangs.

They pummeled the University of California and San Diego is the best the that the Coyotes will face all season.

The wins put CSUSB men’s basketball team in first place.

Pierce and Ortiz have been controlling opposing offenses and causing a lot of turnovers, while Earl has been forcing players to

Rick Trujillo
Staff Writer

Senior Jason Gilzene takes a shot against Chico State University’s Shane Bradley.

The Coyotes have gone unnoticed nationally as they

Rick Trujillo
Staff Writer

Life coach takes new meaning.

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Teaching Tip • 23

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Women's basketball in hot pursuit

Khory Lewis  Staff Writer

The CSUSB women's basketball season is coming close to an end, but it is not over for them yet. In the last three games, the Coyotes have been victorious, beating CSU Monterey Bay, CSU Dominguez Hills, and CSU Los Angeles by a landslide.

"I am looking forward to closing out the season with a conference title that we deserve to have this year," said junior forward Rachel Johnson.

The Coyotes showed a promising performance against CSU Monterey Bay which led to the victory.

The Coyotes were up by 10 points early in the first half. The score was 25-13 when the team went on a 13-2 run to lead 36-15 at the half.

A remarkable three-point play by freshman Phylicia Egube gave the Coyotes their biggest lead for the night at 56-29 with 10 minutes left in the game.

The Coyotes kept pouring on the punishment as senior Leslie Pikron nailed a three-pointer that made the game 65-33 with 7 minutes and 50 seconds left in the game.

The Coyotes are on offense or defense, the opposite team's two-meter player. In order to keep all of them down and not touch the bottom of the pool, players swing their legs in circles below the surface of the water.

Players say that this is the easy part. It gets tough when someone is in your face.

Serving the CSUSB campus for 41 years

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There's something in the juice

David Radin  Staff Writer

The U.S. House of Representatives took a first step last week to investigate whether a man took drugs to help him throw a little white ball.

They also wanted to know if he lied about the alleged drug use, and whether he will do drugs to look more attractive in a bating order.

Ever since the government solved the Iraq problem, deals with our country's homeless and cancer cure, I see new things that have all this extra time to investigate criminals.

OK, well, all the country's problems are still unsolved.

What is the best going on?

If Roger Clemens used human growth hormone to get strength enhancers or razzle-dazzle his pitching arm, what is the House of Representatives doing looking into this?

Roger Clemens plays a game for fun.

Clemens has made more than any man may have made in full of fans will make in their lives.

He doesn't have the same concerns over sports life that the average American does.

The House should focus on real issues affecting real people.

Congressmen Henry Waxman (D - CA) and Elijah Cummings (D - MD) can say that Clemens' alleged behavior might have an impact on America's children, encouraging them to do drugs.

As a country, are our largest concerns about our children that they will take strength-enhancing drugs?

What are Reps. Waxman and Cummings doing about our schools' graduation rates? Or gang violence?

I understand that Clemens is famous (various news reports said he was signing autographs for Congresspeople and their staffs before the hearing).

Do Waxman and Cummings just want to appear on the evening news?

The House should focus on real effects affecting real people.

My guess is yes. It never hurts a politician to look tough on crime or drug use, or alleged drug use.

For, the House members face elections every two years.

The next time a politician goes out of his way to keep that face out of a camera would be the first time.

Waxman and Cummings have a plausible goal.

They, like most everyone else, want America's children to enjoy America's game in a drug-free environment.

However, high-profile testimony about one man's past may not have done several years worth of whether he lied about it out the way.

 Opinion Piece

Women's basketball in hot pursuit

Elisebeth Sauscoel Chronicle

The Coyotes women's basketball team looks on during the final minutes against Chico State.

Water polo under the surface

Exedino Rosero Lopez  Staff Writer

Punches thrown, elbows to the ribs, and smacking are some things you might find in a fight between a cat and dog, but they are also found in water polo. Water polo is more than just swimming in the pool, it is underwater combat.

Just because you don't see much of the things going on underwater doesn't mean that they aren't happening.

The players are slick and are part of the game. Water polo is more than just an entire game, and usually swim aren't happening.

Players say that they are finding in water polo. Water polo is more than just a sport, but they are also finding in water polo.

This is called the "eggbeater." It gets tough when someone is in your face.

To get the prey, but to be sneaky players get caught and sent to the penalty corner. The referees and fans can only see about 15 percent of each player's body. There is a lot of action going on underwater, but the referees cannot see all of it.

The girl's water polo team here at CSUSB said that there is a lot of pushing and shoving and kicking going on, but that's just part of the game.

Interesting things occur when other teams punch, grab, elbow, pinch and even bite. "We teach the girls to be physical, but not to start anything bad," said Coach Tom Finch.

"We tell the girls, not to be the prey, but to be the predator."