#### California State University, San Bernardino CSUSB ScholarWorks

Coyote Chronicle (1984-)

Arthur E. Nelson University Archives

2-4-2008

#### February 4th 2008

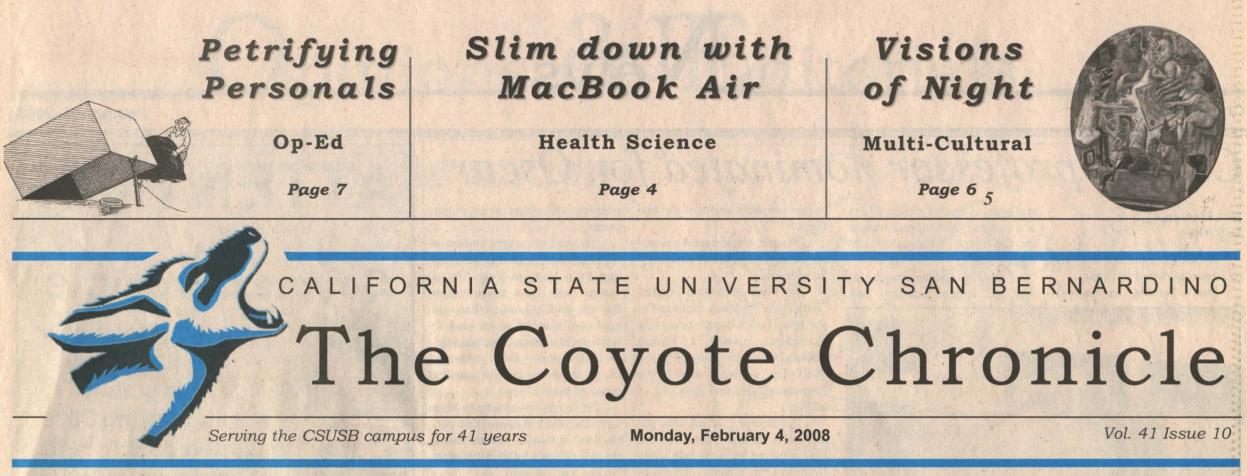
CSUSB

Follow this and additional works at: https://scholarworks.lib.csusb.edu/coyote-chronicle

#### **Recommended Citation**

CSUSB, "February 4th 2008" (2008). *Coyote Chronicle (1984-)*. 610. https://scholarworks.lib.csusb.edu/coyote-chronicle/610

This Newspaper is brought to you for free and open access by the Arthur E. Nelson University Archives at CSUSB ScholarWorks. It has been accepted for inclusion in Coyote Chronicle (1984-) by an authorized administrator of CSUSB ScholarWorks. For more information, please contact scholarworks@csusb.edu.



## Senate slams health bill

#### **Stephanie Salvador** Staff Writer

ver five million Americans are without health insurance in US census.

Gov. Arnold Schwarzenegger attempted to alleviate the problem by introducing the Health Care Security and Cost Reduction Act. The health bill was rejected 7-

1 in the senate health committee.

"We can't simply say to the people of California, 'Go buy insurance.""

The bill was a \$14.9 billion proposal, and with the state expecting a budget cut of roughly the same amount, the committee members were left wondering how they were going to fund the proposal.

Sheila Kuehl, chair of the health panel, agrees that the bill does include good things, but it does not matter if there are insufficient funds.

health care expert at the New America foundation, uses the example of Massachusetts to explain that this is not possible.

Massachusetts was the first state to provide assistance in California alone, according to the acquiring health insurance for those who were uninsured.

> However, they currently face \$400 million in costs because more people than expected signed up for the program.

> Harbage added that it is difficult for states to maintain this program on their own and that what the program needs is "national focus and national leadership to make it happen."

> "The bill sounds like a good idea and it might make California the leader in providing universal healthcare," said CSUSB student Megan Savoie. "It is unfortunate that the state may not be able to fully fund the bill. Maybe later legislature can go back and redo the bill to something that works."

The Senate legislative analyst predicted that within five years, the state would need \$500 million to \$1.5 billion a year to maintain the proposed health bill.

"As a liberal studies major, I "We can't simply say to the don't want to see education suffer people of California, 'Go buy in the future. I want to teach in low-income area schools and they usually suffer the most," said CSUSB student Mitzy Diaz. "The bill sounds like a good idea but. there needs to be a better solution

RECEIVED CALIFOPNIA STATE UNIVERSITY San Bernardino FEB 1 5 2008

LIBRARY

### Bush gives last State of the Union address

**Elva** Casas Staff Writer

resident George W. Bush gave his last State of the Union address on Jan. 28 discussing his new economic package and giving hope for the future.

"My administration reached agreement with Speaker (Nancy Pelosi) and Republican Leader (John Boehner) on a robust growth package that includes tax relief for individuals and families and incentives for business investment," Bush said.

"The temptation will be to load up the bill. That would delay it or derail it, and neither option is acceptable. This is a good agreement that will keep our economy growing and our people working. And this Congress must pass it as soon as possible," Bush added.

Bush plans to terminate or reduce 151 wasteful programs, which will total more than \$18 billion.

"The budget that I will submit will keep America on track for a surplus in 2012," Bush said.

"President Bush had unrealistic views going into the White House when he first came to office, but now that he is leaving empower parents to demand office he wants the American people to know that he was working on the issues," Samantha DeQuattro, CSUSB senior said.

Korea. Bush then spoke about terrorism.

"Since 9/11, we have taken the fight to these terrorists and extremists," Bush said. "We will stay on the offense. We will keep up the pressure. And we will deliver justice to our enemies."

The American forces in Iraq were given a new mission.

"To work with the Iraqi forces to protect the Iraqi people, pursue the enemy in its strongholds, and

"The budget that I will submit will keep America on track for a surplus in 2012."

deny the terrorists sanctuary anywhere in the country," Bush said.

The "No Child Left Behind Act" was put into play six years ago by Bush's administration.

From 2003 to 2005 fourth grade reading proficiency increased by eight percent.

Fourth grade mathematics proficiency increased by five percent, according to the U.S. Department of Education's website.

"We must trust students to learn if given the chance, and results from our schools. In neighborhoods across our country, there are boys and girls with dreams -and a decent education is their only hope of achieving them," Bush said.

insurance," Kuehl said.

Gov. Schwarzenegger created the bill alongside assembly speaker Fabian Nunez.

Although they promised that the new bill would not cost the that works for everyone." state any monèy, Peter Harbage,

Labor unions argued that the Continued on Pg. 2



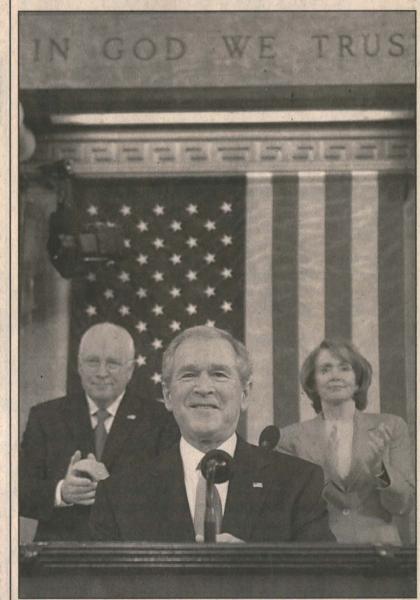
Courtesy of http://www.cebam.be/images/stethoscope.jpg Gov. Schwarzenegger's attempt to alleviate the problem of health care access in California was rejected by the senate.

Regarding foreign affairs Bush thanked the Congress for building a "good" agreement with Peru.

He also mentioned hopes to build good relations with Colombia, Panama and South

Roaring applause showed that both political parties agreed on one issue: immigration.

"America needs to secure our borders -- and with your help, my Continued on Pg. 2



Courtesy of whitehouse.gov Bush gave his last State of the Union address Jan. 28.

### Sustainability and public transportation



Magdalen Lumpkin/Chronicle CSUSB Professor Jim Mulvihill is working with Humane Metropolis to provide a more sustainable urban environment.

#### Magdalen Lumpkin Staff Writer

rofessor Jim Mulvihill asked how many of his class of 110 students got to school without a car. About 10 hands went up.

school by carpooling and another five hands went up. Mulvihill asked how many drove and 95 hands went in the air.

Mulvihill and the Humane Metropolis are working to create an urban environment that is sustainable and green ...

A CSUSB professor and Coordinator of the Urban Planning Certificate Program, Mulvihill spoke at a Humane Metropolis conference in Riverside.

Mulvihill's personal mission revolves around green development and creating an urban environment that is sustainable.

Mulvihill is a planner with the Humane Metropolis.

He helps people think broader and works to create sustainable green communities in urban environments.

The Inland Empire has too many houses and not enough jobs whereas Los Angeles has too many jobs and not enough houses.

Lower housing costs and housing developments have driven more people into Riverside and San Bernardino Counties.

Mulvihill said that these resi-

0

dents are not looking at the broader picture.

With high gasoline prices, poorer education and needy infrastructure, Inland Empire residents are not getting their money's worth, according to Mulvihill.

The reason why L.A. and He asked how many got to Orange Counties are built with more businesses is because they do not have to worry about providing other services.

> The services are not provided by the community, but by the businesses.

Mulvihill has been active with this movement since he was in his teen years because he always had a concern for the environment.

The Humane Metropolis is a movement where anyone who cares about the environment is able to join, no requirements needed.

They have conferences in which they discuss issues that are going on and create strategies to help make things better.

The Humane Metropolis was founded by Rutherford Platt, who is a professor of Geography at the University of Massachusetts. Platt is all about a green development.

Platt gets his ideas from his mentor William Whyte. Whyte came up with the term "urban sprawl" in his Project for Public Spaces, where he researched how he could get people into spaces where they would have to interact. Continued on Pg. 2



#### **Chronicle Page 2**

#### February 4, 2008

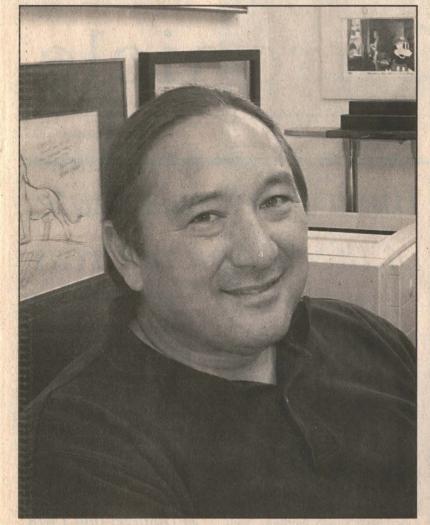
### **CSUSB** professor nominated for Oscar

#### **Elsa Escarsega** Staff Writer

A CSUSB professor is up for an Academy Award this year.

professor, is part of a team which is nominated for Academy Awards for the films "Ratatouille" and "Surf's Up."

Stuart Sumida, an anatomy mal and human anatomy was



Elsa Escarcega/Chronicle CSUSB professor Stuart Sumida is part of a team nominated for Academy Awards for their work on Ratatouille and Surf's Up.

films.

Sumida's experience with ani-

required to help artists of the two working with films early in his

"People who do good animated films need to know anatomy," Sumida said.

For Pixar Animation Studios' "Ratatouille," Sumida explained to the artists how to create a real rat's movements around a French kitchen, while for Sony Pictures' "Surf's Up," he had to show how a penguin would surf just like a human.

"Ratatouille," which tells the story of a rat that dreams to be a chef, required Sumida's help when Brad Bird, the director, decided to have the rats act as actual rats rather than humans.

"Initially, all rats were going to stand on two legs," Sumida said.

In "Surf's Up", a parody of surf documentaries where penguins surf, Sumida did the opposite of what he did on "Ratatouille," where penguins acted like humans rather than penguins.

"We literally studied penguin skeletons and human skeletons. They needed to know how a skeleton works." Sumida said.

"In the case of an animal that acts like a human, we studied penguin swimming, and penguin surfing," Sumida added

Sumida has worked in over 30 different animated films from studios like Disney, Pixar, Dream Quest Images, Dreamworks and The Secret Lab. Sumida started

career.

"When I was a grad student at UCLA, I had friends that were getting their M.A. in Fine Arts. I worked with them in animation during grad school. When we graduated, they called me back to work in the studios," Sumida said. "I basically teach anatomy

like I do here, but for another group of people."

"It is very interesting to have a professor in our school that participated in movies that are nominated for Oscars," CSUSB student Nadine Samaan said.

"It brings excitement to the school and would make people want to take the professor. He must have good character," Samaan added.

The first movie he participated in was Disney's "Beauty and the Beast" in 1992.

"Fortunately if the artists like what you do, they'll call you back." Sumida said.

Sumida enjoys working with movies, and he believes the attention he brings to the school is important.

"It is important to remember that there are professors that don't work for movies and they are doing important research;" said Sumida.

"It lets people know that we have good quality people at CSUSB, especially in biology," Sumida added.

**Coyote ChroniCle** is looking for a new **Editor of** Photography starting Spring 2008. 10 If interested please apply on Friday afternoon in room **UH 37 Knowledge** of

ATTENTION

The

**All Majors Welcome!** 

Photoshop Required

Continued: State of the Union

administration is taking steps to do so," Bush said.

"We must also find a sensible and humane way to deal with people here illegally. Hlegal immigration is complicated, but it can be resolved. And it must be resolved in a way that upholds both our laws and our highest ideals," Bush added.

#### Continued: **Eco-friendly** rideshare

Some strategies the Humane Metropolis recommends are revitalizing urban green spaces, urban



Monday:



20% chance of showers before 10am, partly cloudy with a high near 50°F

Tuesday:



#### Yahaira Hernandez Staff Writer

CSUSB received \$10.6 million in donations during the 2006-2007 academic year, according to Terri Carlos director of the annual fund.

donors recognizing the growing need for a highly educated workforce," Richard West, CSU executive vice chancellor and chief

CSUSB received this money by requesting donations, Clara Potes-Fellow, CSU public affairs director said. "The money comes from alumni, parents, and individuals from the Foundation Corporation."

She added that \$234 million "This success is attributed to were charity donations, pledge payments and \$1.1 million came from grants and contracts.

The 2006-07 donations were increased significantly compared versity's needs."

Ninety-seven percent of the donations were restricted, Potes-Fellow added. There are a variety of

fundraisers. Some fundraisers benefit particular interests, Joe Gutierrez, assistant director of public affairs said.

"Of all charitable gifts

\$111, 754 million, Potes-Fellow added.

"This accrual method of reporting reflects the hard work of academic leaders, professional fundraising staff and countless volunteers who assist in the CSU's fundraising success," as stated on the CSU website.

"To support the future capacireceived, 97 percent were desig- ty of the university, over \$28 milnated to specific interests identi- lion was contributed to build state fied by the donor," according to of-the-art libraries, technologically advanced laboratories, contemporary performing arts centers and expanded athletic facilities," according to the CSU's website. Some donations are applied as The biggest donations came scholarships for students who need the aid. For example, there was a couple who donated money for foster kids that did not have the monetary support to receive a higher education, however, now came from individual alumni par- there is a scholarship available due

financial officer said.

California "The State University received a record \$326 release. million in charitable gifts and commitments in the 2006-07 academic year," according to the CSU Annual Report on External Support.

to the \$285 million raised during 2005-06, according to a CSU news

"Some gifts are restricted. This means, they are distributed to specific interests of the donor," Potes-Fellow said. "Some are unrestricted, available to the uni-

the CSU website.

"\$6 million received were unrestricted and available to be directed to the university's most pressing needs," stated the CSU website.

from the largest group organizations and foundations, which accumulated to \$121,935 million, Potes-Fellow mentioned.

The second biggest donations ents and others, accumulating to to these donations.

great

experience

Skills for Life.

Vector Marketing has been working with college students

nationwide for over 20 years. Our local offices are

currently looking to fill positions for our 2008 Inland

ecology, environmental and social issues and urban watershed management, as stated on the humane metropolis website.

Continued: **Health bill** rejected

requirement for Californians to be insured would force people to pay high deductible rates and various other unaffordable costs.

Employer groups have also argued against the bill, because the new plan would place the responsibility on them to fund the bill.

Gov. Schwarzenegger had hopes that the bill would make it to the November ballot, but with the rejection of the bill it will be difficult for the Health Care Security and Cost reduction act to be included, according to the governor's website.

Gov. Schwarzenegger has assured Californians that he will continue to work to accomplish the goals of health care reform.

"I am someone who does not give up," Schwarzenegger said. "Especially when there is a problem as big and as serious as health care that needs to be fixed. I still believe comprehensive health care reform is needed in California."



#### **House for Rent**

5764 N. Louise St. San Bernardino, 3 bedroom/2bath, swimming pool. \$2000.00/mo. Call Hamid 909-754-4947

Sunny with a high near 59°F

Wednesday:



Sunny with a high near 60°F

Thursday:



Sunny with a high near 63°F

Friday:



Sunny with a high near 65°F

Courtesy of NOAA.gov

### **Chronicle Staff**

Editor in Chief: Daniel Otianga Managing Editor: Elizabeth Saucedo News Editor: Malori Merki Assistant News Editor: Adriana Vargas Campus News Editor: Nick de Leon Multicultural Editor: Kevin Manning A & E Editor: Philip Ince

**Op/Ed Editor:** Nick Gibson A & E Assistant Editor: Melanie Hunter Sports Editor: Priscilla Cooper Copy Editor: Ken Dillard Photo Editor: Samantha Ramia Staff Photographer: Viet Nguyen Advisor: Jim Smart

Advertising Manager: Linda Sand

#### **Staff Writers**

Bart Alvara, Shantel Anderson, Elva Casas, Ken Dillard, Elsa Escarcega, Christine Garcia, Natasha Hamid, Scott Heaton, Yahaira Hernandez, Steven Iacono, Khory Lewis, Vanessa Looney, Enedino Romero Lopez, Magdalen Lumpkin, Courtney Martin, Feshea Mclaughlin, Jamie Lila Murray, Donna Parrish, David Raclin, Stephanie Rodriguez, Stephanie Salvador, Scott Sanderson, Rick Truillo, Tanya Tumkaya, Allison Whiteside

#### **Chronicle Contact Information**

University Hall, UH 037 5500 University Parkway San Berhardino, CA 92407 Office: (909) 537-5289 Advertising: (909) 537-5815

The Coyote Chronicle is published every Friday for distribution on Monday during the academic session by the Department of Communication Studies, California State University, San Bernardino.

The opinions expressed in the Chronicle are those of the student writers and editors and do not reflect the views of the university, its administration, faculty, or any other person or institution unless expressly noted.

The appearance of any advertisement in the Chronicle does not represent the Chronicle views.

The Chronicle reserves the right to edit all editorials submitted to the paper.

Health/Science Editor: Nick Gibson

California State University, San Bernardino Fax: (909) 537-7585

#### Disclaimer

#### Great starting pay Flexible schedules Excellent resume experience

Empire expansion.

Vector offers:

\$17.25 base/appt.

ATTENTION STUDENTS:

Part-time student work available!

- Scholarships/Internships available
- Customer sales/service
- No experience necessary
- Training provided

If interested, please contact our local offices: San Bernardino (909) 890-1484 Rancho Cucamonga (909) 937-3373 Riverside (951) 784-3093 Or APPLY ONLINE at www.workforstudents.com

## Campus News

#### **February 4, 2008**

### 'Comedy Machine' entertainers bring loud laughs to CSUSB

**Shantal Anderson** Staff Writer

Top entertainment industry performers appeared on campus to relax the minds and provide laughs for the students.

As 200 students were being seated by Associated Students Incorporated (ASI) and getting ready for the show, three of the most talented comedians from the Comedy Machine were making their way onto campus.

Comedy Machine, which is a group of comedians travelling the nation to entertain people, specializes in comedic performances for all age groups. They have been a club on wheels for over three years.

Andrew Kern, the President of the Comedy Machine, had experiences with performing in the Comic Festival in 2002 and going around the United States performing for all audiences.

"I want to help provide clean, clever and hilarious comedy to everyone," Kern said.

younger audience between the ages of five and ten called the Comedy Kids Zone. Kern, along with many other comedians from the Comedy Machine, did a sponsored event with the City of Hope charity.

Kern wants to bring the comedy club on wheels so people can have a great time.

Kern feels that university students need more laughter in their lives

Cocoa Brown, who was a finalist on "America's Got Talent"



**Shantal Anderson/Chronicle** Pymon Shipp, who was one of the last performers of the night.

and a five-time winner on the talent competition "Showtime at the Apollo," has appeared on BET's Night." "Comedy Comedy Central, the TV show "Las Vegas," and popular daytime soap opera "The Young and Restless." She has Kern recently did a show for a been with the Comedy Machine for 10 years and has been in the industry for 11.

> Brown's aim as a comedian is to heal people one laugh at a time.

"I want to convey and send a message to the audience. It's not just about the laughs," said Brown. "We need to protect ourselves and become better men and women, finish school and just do what we need to do."

Brown has performed on 80 colleges and universities throughout the nation and has been to four West Coast universities this year.

Due to the small amount of West Coast schools she has visited, she exemplifies her appreciation for Cal State's enthusiasm.

"This school has been the best college experience so far," Brown said.

Brown has performed for schools such as Portland State University, Sacramento State, San Francisco State, Cal State Long Beach and UCLA.

Brown compares the attention she received from UCLA to our school as "a group of calm and conservative kids," she joked by saying she didn't know if they were alive or not.

Like many comedians in the entertainment industry, Brown is a college graduate and a full time



Andrew Kern, the President of the Comedy Machine, agrees that students need more laughter.

performer.

She received her master's degree at the University of Phoenix, and received her undergraduate degree at Virginia Commonwealth University.

She wants people to feel like they did not just hear a regular comedian, but heard a friend when she leaves the stage.

the last performers of the night, complimented the audience for paying attention to his jokes, and giving him great feedback.

Shipp, who claims to pay attention to many things, says that one has to interact with the audience more in order to keep them

involved with what is happening. Shipp has performed for schools throughout the West Coast such as Claremont College, Cal State Long Beach and Santa Monica Community College.

When he is not working as a comedian, Shipp works with kids who are on probation.

His inside tip to having a suc-Pymon Shipp, who was one of cessful performance is to create a relationship.

> "You have to come in and try to relate to them, that's what matters," Shipp said. "You want to take your time and have a great conversation."

Shipp explains the politics behind catering to a certain type of in the Student Union.

audience. He explains that because of being in a corporate type of society, dirty jokes in schools can be seen as unclean and intolerant.

"Now, if you're in a comedy club, you can say whatever you like, but when you go corporate you have to be clean," he said.

Shipp's jokes relate to everyone because he gets most of his inspiration from everyday life and books

Shipp loves to make comparisons on life and people. He loves music and the arts and enjoying a good conversation.

"The best thing about it all is this couch," said Pymon as he sat



**Chronicle Page 3** 

and Medium order of Fries with the purchase of any **Angus Third Pounder\*** 

expires 2/25/08

ovin'it'

of equal or lesser value with the purchase of any **Angus Third Pounder** 

expires 2/25/08

When you present this exapped at participating McDanal 6s of Los Angeles, December, Revenade, Can Bernardino, and Ventura Counties. Participation and Auratian may noty. Oursest primes and participation based an independent operator decears Prices may vary Plac tox if applicable? Least one coupon per cactorier per viot. Dee him they per coupon, like solid with any other coupon or offer. Such waken 1720 of some caret. Present compose before ordering. Comparings and he transferred, comparing day deployed at any song st tion and the electronic made. We dealers product cancel. Way rait be ealed for contern orders. (IP/XDE McDand 61, "Weaget before cacking 6 oz (1/1) 1 gi

Minoriyau presient étas ana pan at pantas petrop Ma Dernaldis al Las Arnyales, Daurapo, Hoversido, Sier Bernandres, a ed Ventura Gourdies Participations and distribution may noty. Our book pricess and participation based on independent op motor classenes. Prices range marg Place the of applicable. Lower compose per calcioner per east. One have new per compary, but volid with any other compose or effect. Carby when 1/20 of care card. Prevant compose before or boring. Compositions and be travelated, cogned or chaptened many way or normented as electronic rends. Vold when product served. May not be with he canters or two. (D/XXE blefarmid's, "bleg it belose cachi ag 6 car. (170, 1 cj.

**ANGUS THIRD POUNDERS** 

# Health & Science.

#### **Chronicle Page 4**

### **MacBook Air slims down laptops**

**Courtney Martin** Staff Writer

> Think thin. Think thinner.

Apple introduces the world's thinnest notebook, the MacBook Air. Using "thinnovation" to create this laptop, the MacBook Air includes "major minor details," according to the Apple website. At its widest point, the MacBook Air measures 0.76 inches and at its thinnest it is 0.16 inches.

Apple shows just how thin the MacBook Air is in its commercial when the laptop is pulled out from an interoffice envelope. That is thin.

The MacBook Air features a 13.3 inch LED backlit widescreen display and has 1280 x 800 pixel resolution. The keyboard is backlit and has a sensor that automatically adjusts brightness. The MacBook Air features a "Core 2 Duo chip" running at 1.6GHz. It can be upgraded to 1.8GHz.

going to be a big hit," CSUSB Equipment and Systems Specialist Gerardo Garcia-Sotelo said, "Apple is ahead of the game compared to other companies such as Sony & Hewlett Packard. It's the new generation of laptops. "

Apple has also been involved with the Greenpeace group and can boast that they are "going green" with this new model.

The MacBook Air "has a fully recyclable, shiny, silver, aluminum case and is 'the first' to have a mercury-free display with arsenic-free glass," Peter Cohen said, according to Macworld.com. "All the circuit boards are BFR-free and PVC-free, and the retail packaging uses 56 percent less material than the MacBook packaging."

"The fact that it is lightweight and thin would make it easier for me to carry in my backpack," CSUSB student Carrie Lewis said. "Being a college student and having to carry several books plus my

"I think the MacBook Air is folder in my backpack--a thin, lightweight laptop is ideal for me." Apple estimates that the battery life of this laptop with the wireless networking turned on is approximately five hours.

The MacBook Air does not have an internal optical disc drive or CD/DVD disc drive. Apple does offer an add-on SuperDrive disc drive for customers that need it.

If the customer decides not to buy the external drive, Apple offers software called Remote disc. This new software allows its user to access an optical drive off another Mac or PC.

This laptop also comes with a built-in iSight camera that "is smartly integrated, you hardly notice it's there," according to the Apple website.

The MacBook Air starts out at \$1,799.

The public relations contacts for Mac declined to answer questions on the MacBook Air for this article.



**Courtney Martin/Chronicle** CSUSB student Carrie Lewis loves her Macbook, and is truly excited about the MacBook Air.



### Personal training at CSUSB

**Steven Iacono** Staff Writer

Strength training may play a major role in the amount of calories your body burns per day, according to Jon Martin, a personal trainer and ex-group instructor at CSUSB.

Many times people who are looking to drop unwanted weight feel that the solution is to exercise longer and harder with a healthier and more sensible diet. However, a new variable may have to be considered in the calorie-burning equation.

"Each pound of muscle you add to your body increases the amount of calories your body burns," Martin said. "The more muscle mass you have the higher your resting metabolic rate is which means you burn more calories while not exercising."

A pound of muscle may lead to an extra 35 to 50 calories burned per day.

ent ways. Some people work multiple parts of their body in the same workout, while some break each muscle group into different days.

Martin suggests beginners start by doing a full body workout 3 to 4 days a week, working the larger muscle groups such as the chest, back and legs. Next, move on to smaller muscle groups like the biceps and triceps.

Martin adds that a good way to burn calories while strength training is to circuit train.

Circuit training is a form of exercise in which the participants move from one exercise to the next with little or no rest. Not allowing for rest between exercises causes the heart rate to remain at a high level and leads to burning more calories.

"Strength training with weights is the best way to gain muscle," Martin said, "but circuit training is a good way to burn some high profile gyms in the area. calories and build muscle at the same time."

accomplished in a variety of differ- cent of weight loss," Martin said, "a healthy diet will also give you the energy to get through your tough workouts."

**February 4, 2008** 

It is important before starting any fitness regiment to seek out information. This will help to prevent injury as well as help one become more efficient during their workouts.

The Student Recreation and Fitness Center has many fitness experts like Jon Martin. Personal training consultations are free for students, and can be a great tool to get started on a consistent exercise program.

"Our goal is to teach clients to use the equipment properly and effectively, provide motivation, and give them the confidence to succeed." Martin said.

Personal training sessions cost from \$16 to \$20, depending on the amount of sessions purchased. This is about a third of the cost of Martin closed by saying that balance is the most important thing to staying in shape.

That means with these extra calories burned, that every pound while just resting, according to the muscle and fitness website.

Building muscle can be

Although lifting weights and of muscle gained can result in a doing aerobic exercise is imporloss of 5 pounds of fat per year tant, Martin feels that a healthy diet is still the main factor in losing weight.

"Diet makes up about 70 per-

A healthy diet, a strength training program, and regular aerobic exercise is the most efficient way to keep fit and drop those unwanted pounds.

"I believe that the work do matters." Igton



MYEISHA PEGUERO GAMINO, MAHOD '03

#### What's your journey?

APU's graduate business program reinforced Myeisha's desire to be a leader of change through Washington Mutual's community programs.

To learn more about Myeisha's inspiring story and to explore the MBA or Master of Arts in Human Resource and Organizational Development programs:



CALL Tol free (866) 209-1559

LICK www.apu.edu/explore/sbm EMAIL sbmgrad@epu.edu

SCHOOL OF BUSINESS AND MANAGEMENT » Graduate Programs.

#### Doohickeys & gadgets galore leave people screaming for more

#### **Scott Sanderson** Staff Writer

The Consumer Electronics Show (CES) displayed the latest audio, digital imaging, emerging technologies, gaming, home theaters, home networking, in-vehicle technology and wireless technology on Jan. 7-10.

According to Sarah Szabo, a Consumer Electronics Association (CEA) associate, 141,389 people attended the CES

"This year's CES was the largest show in CES history with 1.85 million net space feet," said Szabo. According to Szabo, all profits are reinvested into CEA industry services.

The CES show had more than 2,700 exhibits. Some of those exhibits are from top manufactures like Samsung, Sony, Microsoft and General Motors.

The CEA is a non-profit organization whose mission is to grow the consumer electronic industry. Its programs consist of market research, technical training and education, industry promotion and business coverage.

Panasonic showed its 150inch plasma screen TV. The TV is one inch thick and consumes half the power of last year's model.

Bill Gates introduced the IPTV which will have improved channel browsing and will hook up to the Xbox live.

Motorola Z10 were introduced at CES. The Z10 has a 3.2 megapixel camera that shoots high-resolution video.

Another product that was released was the Sony Ericsson Z555 with a "Gesture Control" sensor. This sensor works to silence a ringer when a call comes in by waving your hand over the top of the phone.

GM introduced its new zeroemissions concept car that runs on a combination of fuel-cell technology and battery power.

GM said it travels about 300 Products like the new miles before re-fueling. The car can go from zero to 60 mph in about 8.5 seconds with a top speed of 100 mph.

GM's Chief Executive Rick Wagoner introduced a new concept Cadillac called the Provog with this new technology

Sony introduced its own wireless USB hub. This device eliminates all your USB wires for personal computing.

Emtrace Technologies showcased their photoshins. This device is a photo-frame that is thin enough to fit inside a wallet.

This device can also be used as a cradle, or a widget-player.

"If you are a PC gamer or a PC programmer you probably will want to see what's going on at CES," CSUSB student Antwaun Smith said. "CES is like G3. It's for new inventions. The CEA is good for business."

"Anyone that is going into business for any large company that has technology products should either be going or viewing what goes on at each year's CES," said CSUSB student James Ross.

Next year's CES will be held in Las Vegas on Jan 8-11.



Scott Sanderson/Chronicle At the CES, consumers are introduced to the newest and brightest electronics, including the newest cell phone technology. Some feel the non-profit CES is priceless.

# Arts & Entertainment

**February 4, 2008** 

## 'Untraceable' cyber crime

**Allison Whiteside** Staff Writer

If you're looking for a suspenseful thriller of a movie this winter, then "Untraceable" is the movie for you.

"Untraceable" is a new movie that centers around an FBI agent whose job is to track down criminals on the Internet.

This cyber-crime investigator is Jennifer Marsh played by Diane Lane

"It's a lot like the movie 'Saw'," sophomore Stephanie Smith said.

Marsh does have an assistant who is helping her figure this website out. 'That assistant is Griffin Dowd who is played by Colin Hanks.

Along with Dowd, the FBI brings in Detective Eric Box, played by Billy Burke.

the cyber-crime fighting team.

The first victim has appeared on the website, and Marsh realizes that the number of people viewing the site directly affects how quickly the victim dies.

local news reporter, the FBI issues a press conference about the website

This press conference explains that anyone who visits the site becomes an accomplice to murder.

The killer is revealed to the audience after the first victim is killed, but the movie still keeps you interested.

The ways the killer kills his victims just seem to get more crazy and violent as the move progresses.

The movie does use a lot of technological jargon, but it is still understandable.

Lane is very convincing as an FBI agent and mother.

She brings a lot of passion to her performance and she really makes you feel emotion towards her character.

Hanks and Burke are also He quickly becomes part of excellent in supporting roles.

> They compliment Lane's character throughout the movie and the chemistry between all three makes you feel like they make a great team.

The movie is gory, and con-When the second victim is a tains some inappropriate language.



Courtesy of sonypictures.com Diane Lane tracks a killer in "Untraceable," now in theaters.

Eclectic

debut

Vanessa Looney Staff Writer

Sara Bareilles was born and raised in Eureka, California and was born to write and sing music.

She began her career when she completed school by performing live at small venues and

long as I can remember," the singer-songwriter said according to her bio on her website.

sacred thing in my life. It's how I process my world," Bareilles said.

Her voice is an obvious rendi-

"Love Song" is what you hear on the radio, and is a top song on iTunes.

### Dance Dance **CSUSB**

**Jamie Murray** Staff Writer

Months of work goes into the preparation for CSUSB's University Dance Company's (UDC) annual dance show, which happens Valentine's Day weekend this year.

The dancers create the dance moves, costumes, lighting and numerous other aspects of the two hour dance show.

"Doing what you love to do, and sharing that experience with others is incredible," dancer Rhonda Trask said.

Trask and the other members of UDC encourage all ages to come to the show to see everyone's hard work.

Every Sunday, all members of UDC meet for a group rehearsal. Some choreographers arrange

The dancing and the planning that goes into the performance helps dancers learn "team work, patience, the joy of creativity, and the excitement of performing," Janys Antonio, director of UDC, said.

Antonio helped to found UDC in 1990, with fellow dancer Sarah Boeh.

Antonio is now the sole director of UDC.

In May of 2007, UDC was presented with the Outstanding Student Organization award at CSUSB's Student and Leadership

Attend an upcoming

Information Session!

Saturday, February 16th

9:30 AM

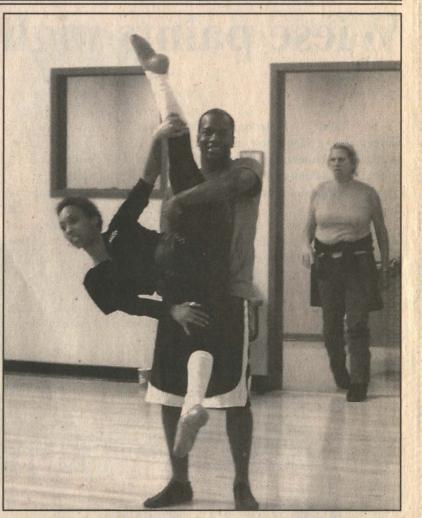
Monday, March 24th

5:30 PM

**CBU** Riverside Campus

8432 Magnolia Avenue

Riverside, California 92504



Melanie Hunter/Chronicle

**Chronicle Page 5** 

Antonio watches her dancers, Raychel Price and Kar-el Green rehearse for CSUSB's newest dance performance. Development banquet. dancers do receive emotional

Having started with only 12 student dancers, UDC has grown to feature over 50 dancers.

Some attend or have graduated CSUSB, others are in high school or younger.

Every year, UDC's dance recital has a different name, reflecting the world of dance.

This year's show is called "Choreophilia."

Choreophilia "means dancing for spiritual pleasure," Antonio said. "Not Liturgical, but emotional pleasure."

It is Antonio's hope that the

pleasure and a learning experience from their performance. "Most of all, I hope the dancers gain some form of self confidence," Antonio said.

As many of the dances are choreographed by student members of UDC, self confidence is an important quality for the dancers to have.

Angela Gallegos has been a member of UDC for three years.

This show is her first experience in choreographing a dance. For further information about

Choreophilia, call 909-537-7620 or contact the UDC

### Strange comedy

**Ken Dillard** Staff Writer

If you put a bunch of wildlife, a few morons, Bigfoot, the jungle and some TV cameras in a blender and hit the switch, you'd get Fred Wolf's new comedy, "Strange Wilderness."

Steve Zahn plays Peter Gaulke, the son of a beloved nature-show host. When his father dies, Peter takes over the family business. The problem is that Peter and his crew are terrible at what they do. A typical voiceover for a "Strange Wilderness" nature program might say, "This species is extremely rare and can only be found in two places on Earth: the Northern and Southern Hemispheres," or, "Bears derive their name from a football team in Chicago." In a desperate attempt to boost ratings, Peter and his partner Fred (Allen Covert) obtain a map that will supposedly lead them to Bigfoot's cave in the jungles of Ecuador.

nificantly intelligent. less

crewmembers could get themselves into on this trip, and they do. Audiences will undoubtedly

recognize Covert from his appearances in Adam Sandler's string of ultra-successful comedies.

"Strange Wilderness" has a cast-full of extremely funny actors and a plot with enough built-in jokes to keep audiences laughing.

moved her way to the top.

She later signed with Epic records in 2005 and then began creating her debut album "Little Voices," which will be released in July.

"I've been writing songs for as

"Songwriting is the most All of her musical influences

are prevalent in her music.

tion of Norah Jones, yet Bareilles is rough around the edges.

Bareilles is also featured

# rehearsals in midweek as well.

It's easy to imagine what kind of trouble Peter, Fred and their sig-



**Courtesy of Paramount Pictures** 

Justin Long stars in the new comedy "Strange Wilderness."

#### as a VH1 "You Oughta Know" artist

Though the lyrics to this song are well written and beautifully done to explain that love shouldn't be asked for, it should just naturally happen, the music is just too common.

Hopefully Bareilles' audience can look past the pop and listen to what she has to say.

> Is the album pop? Yes. Is it original? No.

In spite of that, what you can hear in Sara's voice is a sense of passion to get her point across, and the point that I'm hearing is "move along," whether it's spoken to someone else or it can be just another one of her "Little Voices."

### **Coachella fest returns**

#### Tanya Tumkaya Staff Writer

According to Rolling Stone magazine, "The Best American Festival" is set to arrive yet again. April 25 through the 27.

The Coachella Valley Music and Arts Festival will raise excitement and thrill all over again for the summer of 2008.

The Coachella music festival is a three day yearly event of music and arts held at the Empire Polo Fields in Indio, California.

The festival gathers groundbreaking artists of all genres of music from around the world, and it attracts thousands of people who decide to camp under the Coachella Valley's skies.

The Festival first began on Nov. 5, 1993, when rock bands Tool and Pearl Jam performed on the lawns of Indio as a way of boycotting against TicketMaster and the Southern California auditoriums.

The promoters of the two-day event had originally hoped for a three-day event with the thought of the UK band, Massive Attack, being the third day headliner.

Even though those plans did not come through as planned, the event went well, with the only complaint being the heat.

It was later reported that the event unsuccessfully produced any profit, almost putting an end to the festival.

On Friday, April 25, artists that will perform will include Jack Johnson, The Verve, The Raconteurs, The Breeders, Fatboy Slim, Tegan and Sara, and much more.

Performers that will play the next day will be Rilo Kiley, Death Cab for Cutie, Kraftwerk, M.I.A., Hot Chip, Cold War Kids, and many more.

For the festival's third day, performers Roger Waters, Love and Rockets, My Morning Jacket, Spiritualized, Justice, Gogol

Bordello, Chromeo, the Streets, and many more will be captivating the audience as the festival comes to an end.

Indie music lovers aren't the only ones who enjoy Coachella's festivities, many a-list celebrities like to watch the bands.

Celebrities such as Justin Timberlake, Cameron Diaz, Kanye West, and Zoe Kravitz frequent the shows.

The festival has many stages, such as the Coachella Stage, Outdoor Theatre, Gobi Tent, Mojave Tent and the Sahara Tent.

Tickets for Coachella are on sale through TicketMaster.

The festival takes place in a desert climate with daytime temperatures often rising over 100 degrees with little shade, and then plunging as the sun sets.

Ticket prices for the three day event start at \$269.00 plus applicable service fees, while single day tickets ares \$90.00 plus applicable fees and \$55.00 for camping.

### Become extraordinary.

Complete your graduate degree or credential at California Baptist University.

#### Choose from a variety of programs

- Athletic Training
- Kinesiology
- Counseling Psychology/MFT
  MBA
- Counseling Ministry · MPA
- Education (nult. specializations) . Music
- English Nursing
- Forensic Psychology
- Teaching and Administrative Credentials



Rise above the ordinary! Call CBU Graduate Admissions today

866.7676.CBU

www.calbaptist.edu/GRAD

# Multi-Cultural

**Chronicle Page 6** 

### Wiese paints night visions

**Bart S. Alvara** Staff Writer

The Robert V. Fullerton Art Museum has a new guest in its prestigious collection. Katrin Wiese has an exhibit of 43 dynamic pieces running until March 17 at the museum.

Wiese is a CSUSB alumnus, whose artwork has sold at multiple museums such as the Museum of Contemporary Art in Los Angeles. Her exhibit here opened on Jan. 31.

The exhibit, "Night Time is the Right Time," displays her awarding winning art back where she started.

Wiese was born in Germany in 1947 and had exposure to art at an early age.

"Growing up me and my brothers would take these old northern European art books," Wiese said. "We would stack them up and climb all over them. Sometimes they flew open and I found myself looking at the art."

The theme of the paintings for the exhibit is the exploration of the "Smith" family--an elegant mixture of animals, broken shapes and colors.

"They are all related [the recurring figures]. Some are animals, some are a half human because that's what we are," Wiese said.

The paintings employ heavy amounts of dark colors and blue to convey the feeling that night happened on its own.

"I never know what I am them children.

going to create," Wiese said. "I start with shapes then let my brain fill the rest. I did not intend for it to be all at night. It just happened to come out that way."

Many of the paintings trade in the traditional rectangular shape for circles, conceptual designs and even common ping-pong ball paddles.

"When you go to the thrift store you never know what you're going to find," Wiese said. "Besides, they're [the paddles] are just such a nice design."

The museum opened in 1996 and has become a cultural center for the campus and surrounding community. It hosts over 150 artists with roughly 50,000 visitors a majority of



Wiese, CSUSB alumnus, displays her night visions in the Robert V. Fuller Art Museum until March 17.



**Courtesy of Professor Robin Larsen** Students will have the opportunity to experience the beautiful sites of Florence, Italy.



Come flourish in Florence

#### Natasha Hamid Staff Writer

Thinking about Italy would make anyone's mouth water, but this "boot" in the Mediterranean is known for much more than its tantalizing pasta.

This summer, selected students will get a chance to study abroad in Florence, Italy.

Students will embark to Florence, Siena and Rome. Upon their arrival in Florence, they will receive an information pack containing handbooks, maps and other local information.

The trip is scheduled for July 12 through August 13.

Students will enjoy a guided tour of Florence and a guided daytrip to the Chianti wine district and a winery tour with tasting. Also, they will spend three

days and two nights in Rome. Applications can be found in

the International Student Center in University Hall, room 235. The application deadline is

April 18, 2008.

Students may find that the trip is rather expensive. It costs approximately \$5,786,

lence, financial need and quality of application. Applications are available at the International Center Office.

The total cost of \$5,786 for the trip will include: the enrollment deposit, balance of fees, a refundable damage deposit, airfare, taxes and fees, meal plan, medical insurance and personal effects coverage.

However, this will not include the tuition fees for the two courses, which students are required to take.

Students must pay additional tuition to the school.

Included in the package is an optional meal plan, which gives students coupons, "more than they can even spend," said Dr. Robin Larsen, one of the trips coordinators

These coupons give students access to 40 restaurants ranging from simple pizza eateries to elegant restaurants.

Students will mostly be staying in Florence at student housing apartments provided by the American Institute for Foreign Studies (AIFS).

ing \$500 for academic excel- dents to go out and have fun.

Anthony Fellow, chair of CSU Fullerton's Department of Communications, will be teaching a course on Italian Cinema and Larsen, Associate Professor of Department of CSUSB's Communications, will be teaching Travel and Culture Feature Article Writing.

Each course is four units and students may earn up to six units, which may be substituted for other requirements.

Larsen's class will also meet the Upper Division writing requirement.

Dr. Larsen stated that students often attend rock concerts, go to local clubs, movies and indulge in shopping.

Last years students were anxious to seeing the cities learning about the different sites, according to Larsen.

Larsen said that life is a lot more slow paced there.

She added, "One waiter kept teasing the students about being cranky and wanting to do everything in an hour."

For further information contact the International Center

**February 4, 2008** 

Complete your teaching credential in as little as 9 months, or be a paid intern teacher while you complete the program.

The College of Education at California State University, San Bernardino has programs in elementary, secondary, bilingual and special education.



www.csusb.edu/coe

but there are options to help cover the cost. Students can tap into their financial aid or scholarship money, if they have any extra.

If that is not an option, students may apply for an Associated Students Inc. (ASI) research grant for up to \$1,000.

Applications can be found on the graduate studies website or in the ASI office.

Another possible source of aid is the Gamma Lambda of Phi Beta Delta Scholarship for a \$500-\$1,000 grant. Students may download the application or apply in the International Center Office, UH-235.

All ethnicities can apply to the Association of Latino Faculty, Staff and Students (ALFSS) Scholarships, which grants \$1,000 to 10 students.

Applications are available from Lucia Zarate or Claudia Estrada, and also through Admissions in University Hall.

The CSU International Programs Scholarship is offerenrolled in two classes that will Robin meet from 10 a.m. to 3:30 p.m., rlarsen@csusb.edu or (909) after which is free time for stu-

While there, students will be located in UH-235 or contact Larsen 537-5818.



**Courtesy of Professor Robin Larsen** 

The students, from last year's trip, had the opportunity to experience Siena, Italy

### **Crusade for "the word"**

#### **Stephanie Rodriguez** Staff Writer

Students don't have to wait until Sunday anymore to get their dose of "the word" thanks to Campus Crusade for Christ.

"Helping students consider a relationship with Christ and or growing closer to Christ is our mission," said speaker of the club, Jon Rittenhouse.

"The club also provides an environment for growth for Christians and seekers," Rittenhouse said.

retreats, the Campus Crusade of California, Los Angeles in for Christ presents new and upcoming events not just for students but for the community as well.

The club has encouraged many lives, according to Rittenhouse.

"We have about 15-20 involved and the numbers are stable. We desire to grow but things are level at this time," said Rittenhouse.

Campus Crusade for Christ every year."

From guest speakers to was founded at the University 1951 by Bill and Vonette Bright.

The club has expanded tremendously since then.

"Today's college students many students and influenced are tomorrow's world leaders," stated the Campus Crusade for Christ International website, "Imagine the changes the world would see if every one of the 110million college students had an opportunity to hear and respond to the gospel

# Opinions & Editorials

**February 4, 2008** 

### For the good of the nation

**David Raclin** Staff Writer

A war is being fought off the California Coast. On one side is President Bush and the U.S. Navy; on the other, whales, dolphins and environmentalists.

In mid-January, President Bush exempted the U.S. Navy from environmental regulations designed to protect whales, dolphins and other sea life off the coast of Southern California. The exemption allows the Navy to continue to send loud bursts of sound through the water using a system called sonar, which locates undersea objects, as part of exercises in the area. Sonar functions much like radar does on land, bouncing a signal off an object and analyzing the returning echo to determine the target's position, speed and direction.

Evidence linking that same sonar technology to a series of whale beachings and deaths in recent years is "very convincing and appears overwhelming," a report by leading whale biology group, the International Whaling Commission, showed.

Bush made the move to exempt the Navy after a coalition of environmental groups, led by the Natural Resources Defense Council (NRDC), successfully argued late in 2007 in U.S. Federal

Court for an injunction preventing much damage as possible to sea the Navy's use of sonar in the proposed exercise area off our coast.

The NRDC, joined by the International Fund for Animal Welfare, Cetacean Society International, and League for Coastal Protection among others, argued that the sonar would have harmed and possibly killed blue whales and other creatures that live or travel near the Channel Islands, just off the Southern California coast.

Bush issued the exemption the Coastal Zone from Management Act because the use of sonar is, "in the paramount interest of the United States and its national security," White House lawyers said.

Why is it necessary to injure or possibly kill these sea creatures, when I cannot remember the last time California or even the United States was attacked by a submarine? Most of our current enemies seem somewhat more low-tech, living in caves and using car bombs. In fact, I am not sure the U.S. has been in a war with any country that had aircraft carriers and tanks, let alone submarines, in several generations.

However, the Navy makes a pretty good case for using sonar, and according to its website, www.whalesandsonar.navy.mil/, they make efforts to prevent as

life, while still training its sailors effectively. The Navy's position is that potential enemies of the U.S. are investing in quieter and more efficient submarines and other voices are agreeing with them.

Jane's Information Group, an internationally known authority on defense and military issues, authored a Dec. 2007 story about the rapid modernization of China's submarine forces. China's submarine fleet is the third-largest fleet in the world.

Iran, a member of President Bush's "Axis of Evil," announced this past year that it had just launched a new submarine designed to avoid traditional sonar, an Associated Press article indicated

Another "Axis" country, North Korea, has long used submarines to sneak commandos into South Korean territory.

While the current foes of the U.S. engage in car-bomb warfare, and mingle with civilian populations as a means of defeating our enormous technical advantage, that will not always be the case.

The U.S. Navy must be allowed to practice, despite damage to ocean wildlife, so when our enemies trade in their IED's for stealth weapons and beheading videos for radar jammers, the country will remain protected.



Courtesy of www.arinc.com



### "JEFF AND I WOULD GET ALONG JUST FINE IF IT WASN'T FOR EACH OTHER "

Courtesy of www.cartoonstock.com

Relationships can be a lot of work. It can be surprising to learn that compatibility may be missing.

### The truth about blogs on love

#### **Nicholas Gibson** Health-Science/Op-Ed Editor

How many of you have read online blogs or posts like this? Many of you reading this probably have. I'll give you my opinion when you're done reading the orig-

"I'm the guy who will text you every single morning to tell you good morning and every single night to tell you sweet dreams.

I'm the guy who will text you and tell you 'I love you and you make me smile' just because."

I'm the guy who will blindfold you, take you to the beach and let you run your toes through the sand then make you guess where we are."

I'm the guy who will show up at your games (or competitions or meets) without you knowing just to surprise you."

I'm the guy who will hold you when you're crying and wipe away vour tears."

you about where he's going or because they know it's right, not where he's been or who he's been with."

I'm the guy who gets butterflies when he hears your name." I'm the guy who's not afraid to

tell his friends he loves you." I'm the guy who isn't always

trying to act like a hard ass around you."

I'm the guy who doesn't care about your imperfections and loves you more for them."

I'm the guy who will hold you while we watch the sunset."

I'm the guy who really wants to make you the happiest girl in the world."

Now then...this is the biggest crock of attention seeking junk I've seen in a long while.

One of the things that stands out to me is that this seems like a dream list of behaviors that one might think make up a perfect guy. However, if every single one of these actions were done all the time by a guy that a woman was

just because you want them to.

It will make you wish for someone who just enjoys your company, and doesn't want to make an issue out of the whole thing.

It will make you wish for someone who has their own life, so they don't feel so invested in yours, and can't leave you to your life.

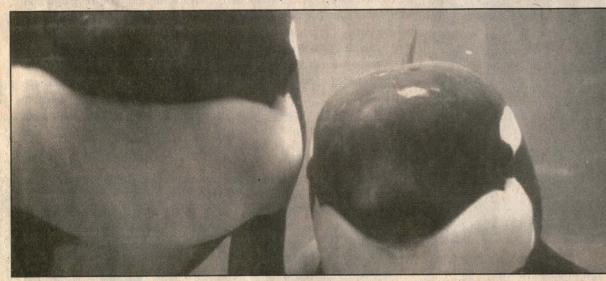
I understand that the dream of love can seem fun. But actually building a relationship with someone, putting the work into really doing that, is not replaceable with some dream of what might seem perfect now.

Fantasies of the "perfect. boyfriend/girlfriend" are meant to stay that way, as fantasies, or maybe even loose guidelines. Trying to make people fit into your tiny little dream will do many things, but the bottom line is being smothered won't make you happy.

Real love is work. Being served by someone you're dating is

**Chronicle Page 7** 

The towed sonar such as the one above, is potentially disastrous to sea life during live testing.



Courtesy of www.wallpaperfishtalk.com Whales such as these are center stage in the debate between national security and sea life



I'm the guy who still thinks you're beautiful with no makeup on wearing sweats and a big tshirt."

I'm the guy who won't pressure you to do things you don't want to. "

I'm the guy who will show up at your house with soup and a movie when you aren't feeling well."

I'm the guy who kisses you on the forehead."

I'm the guy who doesn't kiss and tell." I'm the guy who actually lis-

tens to you when you talk." I'm the guy who's excited all

day because I'm looking forward to our date that night."

I'm the guy who is content to just be able to hold you and wants nothing more."

I'm the guy who can't help but smile when you walk into the room."

I'm the guy who's perfectly content with staying in and watching movies and cuddling."

I'm the guy who won't lie to

dating, or a woman who a guy was dating, they'd be called an obsessed lunatic behind their back.

Ever hear of not making the significant other in your life, your entire life? This list isn't just impossible, it's downright stupid. Try dating someone who seems decent, tell them the truth about what you expect from them, and you may get surprised.

You might have to make some compromises. However, looking for some wish list-fulfilling fella who doesn't exist definitely won't make you happy.

It will make you wish for someone who won't smother you.

It will make you wish for someone who understands the difference between dedicated and obsessive.

It will make you wish for someone who knows how to recognize the lines you have drawn for your comfort and won't cross them just to see how much they can get away with.

It will make you wish for someone who tells you the truth less fun than it seems. Get over it, and find someone you can deal with, and work with, and don't try to change them beyond recognition.

First impressions do matter, but thinking you really know someone after just a few weeks or months makes for unhealthy surprises. It takes time to truly understand who someone is. If all of a sudden discovering something nasty about their past or their personality ruins it for you, you probably weren't in it for them. You weren't really interested in getting to know who they really are.

Don't make decisions about who someone was before you met them. They have the past they have, and their own personality. Thinking or wishing or hoping they are a certain way or the answer to all your innermost dreams doesn't make it the truth.

Be honest about yourself, and accept honesty in others. Then, make decisions about whether or not they are someone you want to spend time with.

#### **CalStateTEACH** TEACHER PREPARATION PROGRAM Are you ready to pursue a **California Teaching Credential?**

California State University is offering a unique opportunity combining the latest technology, home study and group seminars leading to a K-12 Multiple Subjects credential. Intern and student teaching options available. Please visit our website at:

#### www.calstateteach.net/a7

Summer, Fall, and Spring start dates. Please check our website for application deadlines. Want to become a member of the Chronicle investigative team? Just sign up for Comm-243A during registration, and bring the news home!

# .Sports

Monday, February 4, 2008

Serving the CSUSB campus for 41 years

Vol. 41 Issue 10

## Waterpolo sinks competition

**Enedino Romero Lopez** Staff Writer.

The Coyote's women's water polo team came out strong in their first two games.

Beating Redlands, 12-4 and Whittier College 16-5 and are heading in the right direction.

"We want to dominate the Inland Empire," said Head Coach Tom Finwall. "Also be ranked in the top twenty for Division 1 and finish in the top 3 in our conference."

"Bottom line is that we are just going to have to play better than all these teams," said Finwall.

The team is preparing hard for each game. With 2 workouts a day, time in

the weight room, mixed martial arts and a lot of conditioning.

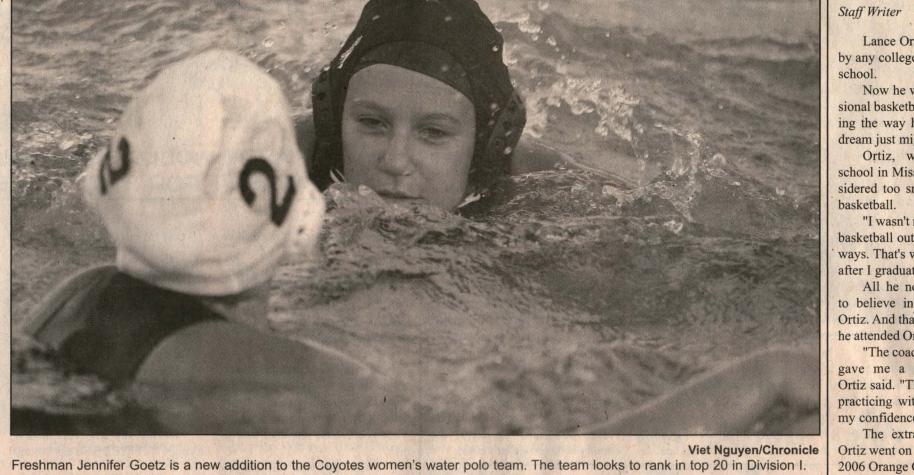
Coach Finwall is focusing on three parts of his team. First are the goalies. The goal keeper, freshman Bryanna Burns had 13 saves in her first game.

The next thing Finwall wants to focus on, are the counter attacks. With quickness and a two-

meter ace, the coyotes could have a lot of success. Finally, is a strong and

defense which gives the offense a lot of opportunities.

Coach Finwall mentioned that this year's team is different. They are faster, they have more size, and the final thing that is great, is that



they have a deep bench. Their bench was showed a lot

during their 1st two games, when he was able to let them play the second half of both of the games. Returning for the team is two-

time NCAA Division II all- her second season for the coyotes. American Freyja Berg and 2007 all-American Sabrina Marquez.

Between them they had 200 goals last year. Also sophomore Kaitlin Hartman will be making Jennifer Goetz, Bryanna Burns,

The Coyotes are acquiring senior Ashley Hays. Who is a transfer from Cal State Northridge.

The freshman include:

and Aimee Salcido.

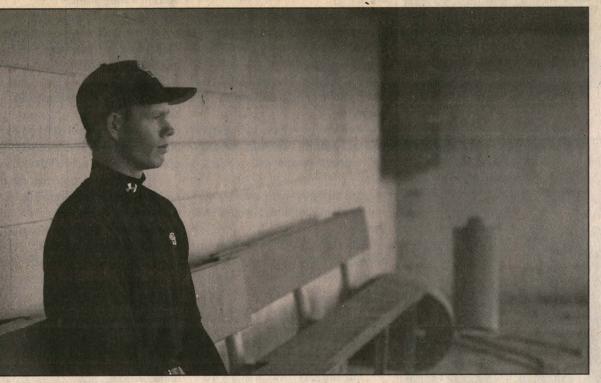
With a key returning core and enormous talent being brought in, the Coyotes are well on their way to achieving their goal for this sea-



**FeShea McLaughlin** Staff Writer

Expectations are high and eyes are on the prize. This week is opening week for the Coyote's baseball team.

With rain allowing little to no



"Pitching wise, we are definitely really deep," said McCarthy. "We have a lot of good starters, and a lot of good relievers."

The team is relying heavily on the bullpen.

With this much experience on the mound and Olsen behind the plate, he sets his personal goals on making sure the pitchers can do what is needed to win games. The Coyotes are healthy, with no key injuries. The team chemistry is strong,

Hoop dreams

**Scott Heaton** 

Lance Ortiz was not recruited by any college coming out of high

Now he wants to play professional basketball. If he keeps playing the way he has this year, his dream just might come true.

Ortiz, who attended high school in Mission Viejo, was considered too small to play college

"I wasn't ready to play college basketball out of high school anyways. That's why I took a year off after I graduated," Ortiz said.

All he needed was someone to believe in him, according to Ortiz. And that's what he got when he attended Orange Coast College.

"The coaches at Orange Coast gave me a great opportunity," Ortiz said. "They spent extra time practicing with me and that help my confidence."

The extra time paid off as Ortiz went on to become the 2005-2006 Orange Coast College player of the year and earned first-team all-conference honors both years at OCC.

CSUSB head coach Jeff Oliver saw something in Ortiz and decided to recruit him. "I saw his ability to get in the paint," Oliver said. "He is deceptively fast and has good court sense."

Ortiz attributes his success to the fact that he hasn't been heavily recruited and that nothing has been given to him.

"I have had to fight for everything I have," Ortiz said.

"I'm not the typical guard that coaches recruit. They usually recruit more athletic point guards, but I bring more to the game than just athleticism. I have good court vision, get to the basket and get my teammates involved," said Ortiz.

practice time, the Coyote's have made sure they are as mentally prepared as possible.

Junior centerfielder Johnny Haas has a zealous confidence about his team and how far they will go in the conference.

"This season we have good pitching. We have a good line up," Haas said. "I really think we have a chance to make the playoffs."

Playoffs are the goal, staying focused is the plan. Haas has set personal goals.

"I plan on playing hard every single day, to play the absolute best I can, and to always stay focused," said Haas. "Those are the things I can control."

As a fresh face, and new glove on the Coyote's defense, Chris Lefay seeks to get some exposure Viet Nguyen/Chronicle

Junior Johnny Haas has confidence in how far the team will go this season in conference. anticipates the Coyote's offense to as catcher behind the plate.

be a prominent force. He expects Haas, senior third-

baseman Drew Valenzuela and junior catcher Chris Olsen to lead

the offense. Pitching is promising for the Coyotes this year.

Junior David McCarthy, a new right-handed pitcher for the Coyotes, is very confident.

With the conference starting in a few weeks and non-conference games this week, the Coyote's have a lot to prepare for.

"We start our season in a few days, and it doesn't seem like anyone is nervous," said Olsen.

The Coyotes are relying on old-fashioned fundamentals: have fun, swing the bat and play smart.

According to Haas, McCarthy, Lefay and Olsen, this year's team is not only fun, but tough and determined as well.

The teams next home game will be Feb. 5 at 2 p.m.

Ortiz is enjoying a great senior season leading the team in three major categories: Points per game (12.6), assists (4.7) and steals (2.9).

The success has come with the coaches giving him a bigger role this year.

"Last year I came here and we had a great team, so my role was to distribute the ball and get everyone involved" said Ortiz.

"This year my role has changed to score more," Ortiz said.

Ortiz dreams of playing basketball beyond college.

"It has always been a goal of mine to play professional basketball after college," said Ortiz.

"I will really focus on that after this season," Ortiz said.

Ortiz will have a chance to showcase his talents at the Collegiate Basketball Invitational on April 24-26, according to www.d2basketball.com.

This will be a chance to play on live national television on ESPNU.

Ortiz will play in front of professional team representatives, agents, the national media and fans, according to www.d2basketball.com.

"My number one goal is for the team to be successful. I want to win a conference championship and then go on to win a national championship," Ortiz said.

Last year the team was one shot away from going to the national championship and that left a "bad taste" in Ortiz's mouth.

The team is in good hands this year to repeat the success of last year with Ortiz at point guard.

### Extra help gives team an advantage

what I am going for," said Lefay.

out of Kaiser High School, LeFay

"Basically, playing time is

A freshman coming directly

#### **Rick Trujillo** Staff Writer

Win, win, win is the lady coyotes tennis team's motto for the upcoming season.

"The main team goal for this year is to improve our record. We want to win all non-conference matches and at least half of our conference matches," said women's tennis head coach Heather Langley.

In order to help with the team's goals they have added an extra hand in the coaching staff.

"We have a wonderful assistant coach, John Smeby, this year," said Langley. "By having two coaches, we can accomplish much more at practice."

Leslie Horn is one of the Coyotes key-returning players this season.

"Working with two coaches

makes it easier to communicate which makes it beneficial for all the players," said Horn.

"The tennis program this year has really improved over the last few years," said Langley. "We have three top returning players, and two new recruits that are really going to make a difference."

Major differences may include the overall feeling that the team receives from one another.

Along with Horn, Dottie Elwell is another returning player that can help the lady Coyotes this season.

Jennifer Joy will also be returning this season, who was all-CCAA first team in 2007, CCAA player of the year in 2006, and CCAA freshman of the year in 2006.

"This year with the new players we have more depth, which makes things more interesting,"

said Joy.

New recruits include Brittany Choate from Redlands East Valley High School in Redlands, and Kara Jenkins from Granite Hills High School in Apple Valley.

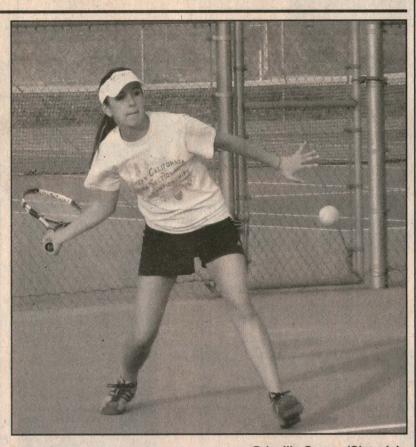
A key goal for the team this season includes strengthening the team's doubles:

"We've been working on a lot of doubles strategies, because that is where our weakness was last year," said Langley, "Also, the girls have been training really hard in fitness and conditioning."

The women's tennis team hopes to get as many students in the stands on a consistent basis for support through the season.

The team opens their season on February 4 at University of LaVerne at 3 p.m.

The teams first home match will be on February 6 at 3 p.m. against The Master's College.



Priscilla Cooper/Chronicle Brittany Choate warms up her forehand during practice.