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**The DEN** helps homeless CSUSB students

*By DANIELA RUEDA  Staff Writer*

Many students across 23 California State University (CSU) campuses have been identified as lacking basic necessities such as food, housing and hygiene products, according to the Los Angeles Times.

CSUSB started The Delivering Emergency Nourishment (DEN) CSUSB Food Pantry in January 2015, which assists students who face food scarcity.

Since then, the DEN has reportedly helped 50 students who have been living in their cars and on friends’ couches and approximately 425 returning students over two years, according to Diane Podolske, director of the DEN.

Podolske said that most students on campus are not aware of the program, or are too shy to ask for help. “There have been times when students come in for assistance from us and say they haven’t eaten in days and we have food they can heat up right away and eat it while we go through the intake process,” said Podolske.

Podolske also described the different meal packs offered by The DEN.

“We have day packs and weekly bags. Over 100 students have received those and come back week after week. The day pack is food just for the day, if we don’t have enough to eat. It is also available at many different offices on campus including campus recreation,” said Podolske.

“I think for some students, school is the one good thing they got going so we want to make sure it isn’t food that is the barrier to them continuing,” added Podolske.

The DEN also provides referrals to other food programs and services not offered on campus.

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**Meet your ASI candidates**

*By JORGE CAMPOS  Staff Writer*

The Associated Students Incorporated (ASI) elections are in session.

ASI executive candidates assembled in front of students and answered questions concerning the school and students on Thursday, April 30.

**CCBriefs:**

*By ALEXANDER DOUGLAS  Staff Writer*

**Not enough beef**

Chipotle is going to stop serving genetically altered food due to shortages of some of their food products.

There is increased demand for food that is free of genetically modified organisms (GMOs), which has raised the prices of such products, according to The New York Times.

The high demand and low production of GMO free food has led to a beef and pork shortage, which has forced about 600 Chipotle restaurants to put up signs saying they are not currently carrying pork.

**First home HIV self-test kits sold**

The first human immunodeficiency virus (HIV) self-test kits are being sold in England, Scotland and Wales.

The self-tests created by Bio Sure UK work by detecting antibodies in a drop of blood and any positive tests must be confirmed at a clinic.

The kits are designed to help detect the 26,000 undetected cases of HIV in United Kingdom patients, according to BBC.

**Twerked to Jail**

Courts in Russia have jailed a group of girls after finding them guilty of “petty hooliganism” for twerking at a World War II memorial.

The six girls were making a dance video for a local dance class, according to the Associated Press.

The school the girls attend was temporarily closed down while officials inspected all dance schools in the area.

**Platypus dinosaur discovered, thought to be fake**

A new dinosaur that resembles a platypus that was thought to be fake was discovered in Chile, according to The Sydney Morning Herald.

The researchers who discovered the dinosaur didn’t think it was real because it looked like someone had sewn a beaver and a duck together.

The scientists concluded that the bones belonged to one creature.

**Anti-Gay Representative Outed on gay hookup app**

Anti-gay North Dakota State Representative Randy Boehning was outed by a Grindr user.

Grindr is a geosocial networking mobile application geared towards gay, bisexual and bi-curious men.

Boehning was caught by 21-year-old Dustin Smith, who showed the local Fargo newspaper the explicit photos.

Boehning said, “The 1,000 pound gorilla has been lifted”, noting that it feels good to stop lying.

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By JORGE CAMPOS  Staff Writer
What are your plans if you get your desired position?

My main goal is to be a service to the students and to give everyone the support they need to succeed. I want every student to know that I am here for them and will do everything in my power to support them in their journey toward their own personal success.

How will you ensure that students are receiving the information provided at these meetings?

Leadership diversity is very important and I have chairs at all of these meetings to make sure that students’ concerns are being voiced and my goal is to voice your concern.

What do you plan to do about the school first?

I would really like to promote involvement within the college. We host many events and plan to continue and encourage feedback on what students would like from their college and how we can better assist them to be the best.

What are your plans if you get your desired position?

My main goal is to be a service to the students and to give everyone the support they need to succeed. I want every student to know that I am here for them and will do everything in my power to support them in their journey toward their own personal success.

Your main role as Executive Vice President is to assign students to various campus wide committees, how will you get students interested in ASI?

I want to go talk to students one-on-one and tell them that we are truly here for them. Every single student on this campus has the same exact voice and it is a great way to let their voice be heard.

What do you plan to do about the school first?

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Fake medicines extremely dangerous

By CHERAE HUNT
Staff Writer

Americans are using imported, counterfeit prescription drugs that are actually working against them.

These false prescribed medications cause the diseases to become stronger and people to become immune to the medicine Joel Breman in a National Public Radio (NPR) interview.

The most commonly made counterfeit drugs include cancer medication, pain killers cardiovascular, antibiotics and psychiatric medicine, according to safemedicines.org.

“If the companies and organizations have strict guidelines, I don’t think it should be a problem to import medications from other countries,” said student Jamie Williams.

China and India are known for most cases of counterfeit medicinal drugs, according to np.org.

“Counterfeit medicine is fake medicine. It may be contaminated or contain the wrong or no active ingredient. They could have the right active ingredient but at the wrong dose. Counterfeit drugs are illegal and may be harmful to your health,” according to the U.S. Food and Drug Administration (FDA).

“We need [a] stiffer legal system to figure out where it’s coming from. Also get references on where it comes from and what it looks like so people will be informed on what is out there,” said student Quintos Cerrillo.

“Many people get these counterfeit prescription drugs because they are more affordable than the drug prescribed by the doctor,” stated Breman.

“I don’t like it but I understand it. The pharmaceutical company is a business and patients are charged a co-pay for $140 medication when it only costs $50 under a different name,” said Professor Anna Wilson.

“People have resorted to leaving the country because the prescription medication is cheaper in other countries,” said professor Dr. Geraldine Fike.

“I’ve seen it personally where people have been on life support because they’ve taken these medications from outside the country,” said Wilson.

The FDA, America’s department of health and human services, regulates drug quality in the United States.

“When U.S. drug supplies are generally considered safe, incidents of counterfeit drugs have been increasing. In the 1990s, the FDA investigated an average of five cases a year; there have been more than 20 investigations per year since 2000,” according to fraud.org.

Counterfeiters have figured out, through technology, how to introduce these fraudulent prescription drugs in clever ways evading drug testing.

“It’s frustrating. I feel bad for patients they have to go to Mexico or order medication on the Internet and I often have to figure out what medication they’ve taken if they come to the hospital,” said Fike.

“If you are giving substandard doses with just a little bit of the active pharmaceutical ingredient, then the disease-resistant organisms will [survive]. When there’s no [active ingredient at all], people think you’re not really promoting mutations. But if you take a patient in the hospital infected with a superbug, and you give them a blanket with nothing in it, other patients in the hospital become susceptible,” according to NPR.

“That doesn’t sound good because as med students we are trying to help our patients and that sounds outrageous,” said student Kimberly Sharpless.

Often nurses can provide free samples of medication before you purchase the prescription.

Websites like caringvoices.com offer assistance for medication, such as coupons, discounts, or even free medication.

Earthquake devastates Nepal

By RANDALL HIGGINS
Staff Writer

Nepal will slip into economic chaos as a result of the devastating earthquake that not only destroyed buildings and killed thousands of people, but devastated Nepal’s entire tourism industry. Tourism accounts for eight percent of the country’s economy, according to APR.

IHIS Global Insight estimates the cost of reconstruction at five billion dollars, and will take approximately five years.

According to The Economic Times, rebuilding the economy will require time, foreign aid and money from its overseas workers. The tourism industry has been shattered and it is unknown when it will return.

Thousands died when Nepal suffered a 7.8 earthquake at 11:56 a.m. on Saturday, April 25.

The exact number of deaths and injuries has been on a steady increase since the earthquake. The death toll figures changed from 2,000 to over 5,000; injured from 4,000 to over 8,000; and the projected dead from 5,000 to 10,000, according to an article from the Associated Press.

Some of the villages were 12 hours walking distance from the nearest source of help, according to AP.

India activated the necessary protocol to send their emergency response teams to Nepal within minutes about hearing of the disaster to assist Nepal.

Before the day was over doctors, search and rescue teams, supplies and equipment came from India and China, according to an article from National Public Radio (NPR).

According to the same article, released by NPR, the U.S. began to send supplies and emergency crews adding $9 million to the initial promise of $1 million.

Trained men flew out of California on Sunday, April 26, along with a few search and dogs arrived on Monday, April 27, ready to work.

The countries of Iran, Qatar and United Arab Emirates have joined Israel, the United Kingdom, Canada and Spain in the humanitarian movement.

With every passing day fear has turned into anger as one village blockaded the roads, the central warehouse, where basic supplies were being delivered. This particular village had no food or water, so they commandeered supply trucks. The last three trucks the village commandeered were military trucks containing armed soldiers, according to Jagran Post.

This led to a standoff between the villagers and the soldiers, according to Jagran Post.

In the capital of Nepal 200 people demonstrated in parliament, claiming that the government is not doing enough, and it is not doing it fast enough.

There are still villages that have not seen any relief, to the full extent of damag themselves, and because of the stigma associated with homelessness, they pur- posefully hide their circumstances from those who might be able to help them,” stated Crutchfield.

A number of CSU campuses already provide services such as donor-funded food pantries, clothing and hygiene products for students in need. CSU Long Beach recently started an emergency intervention program that includes donated meals, short-term housing and emergency funds, according to the Los Angeles Times.

The study will focus on students’ experiences with food scarcity in hopes that all CSUs can address the issue.

Correction: Mandatory Vaccinations

The Coconut Chronicle incorrectly presented information regarding SB277.

SB277 is not a bill that now requires vaccination for all children in day care or public school. That part of the law has been in existence for decades, upheld by the US Supreme Court in 1965 (Jacobson v. Massachusetts) and 1922 (Zucht v. King), and found in the California Health and Safety Code Section 120225 (Amended 2010), California Code of Regulations Title 17 6000-6075, and California Ed Code 48216.

SB277 does two things: 1) eliminates the Personal Belief Exemption in waiving immunization requirements for school entry, allowing only medical exemptions and 2) requires districts to notify parents at the beginning of each school year of the vaccination rates for each required immunization at the school their student(s) will be attending.

All fifty states and the District of Columbia require vaccines for school entry and all provide medical exemptions. California is a majority of states that allow exemptions for personal belief according to Joan Edelstein, MSN, DNP, RN.
Greek Life: A look inside

By ERIKA FLORES
Staff Writer

Elena Jacobo, 27, and Ruben Suarez, 19, were both awarded a $500 scholarship towards their education from the Office of Advising and Academic Services. They received the Dianna Pelletier Resilience Scholarship for their academic achievements during Winter quarter 2015 on Tuesday, April 28.

Both students were on academic probation and, by working hard, they qualified for this opportunity.

“Since I don’t come from a wealthy family, this scholarship will help me with school supplies and even for summer school. Freshmen year I started off kind of rocky and I want to catch up,” added Suarez.

The scholarship recipients both had to learn life lessons that in the long run will benefit their academic careers.

The Dianna Pelletier Scholarship gives priority to students who work to pay for their education and do not receive financial aid.

“I’m glad I learned a life lesson from this and I’m ready for the years to come,” said Suarez.

Scholarship for students on academic probation

By ERIKA FLORES
Staff Writer

As a sorority or fraternity member you reap many benefits. Membership benefits include leadership, involvement with school affairs, job opportunities, and networking skills.

Juan Herrera, a former brother of Sigma Chi, serves as an example of how these opportunities and networking skills.

Herrera now works in the Office of Advising and Academic Services. Herrera now works in CSUSB President Tomás Morales’ office (making a fair amount of money) and traveling on behalf of CSUSB.

What gave him the upper-hand? Being a part of a fraternity.

Many of us have seen movies that reflect the Greek Life, however, many of us really know what these fraternities and sororities do?

CSUSB’s Greek Life encompasses more than what stereotypical movies portray.

Friendship, justice and learning are the three core values Sigma Chi looks for in potential members.

“We’re all about grades, we’re all about community service, and we’re all about our brotherhood,” said Connor Dickson, a freshman Sigma Chi fraternity member.

Dickson continued, “I think that a lot of people, even older adults, probably think that all we do is party.”

“I definitely think that movies like ‘Animal House’ and ‘Neighbors’ do not really help because that’s all they do in the movies,” added Dickson.

Indeed, stereotypes frequently portray a “party,” “up until dawn” image towards sorority and fraternity members and some do fit that profile.

The leadership board of Sigma Chi, however, pushes their brothers away from the negative standards society has set.

Sigma Chi’s Public Relationships Chairman of Organization, Tyler Hicks, mentioned in a recent interview that there are seven standards he and his brothers live by.

These include being a man of good character, a student of favorability, living with ambitious purposes, a congenial disposition, good morals, having a high sense of honor and personal responsibility.

Not only is character necessary to be a member, but the expectation to participate is also vital.

Hicks couldn’t help but laugh when asked how much time he devotes to his fraternity.

“That’s an interesting question because the way I place myself in Sigma Chi and CSUSB is that I’m consistently giving back to the organization at all times,” said Hicks.

Hicks lives near and works on campus for the Associated Students Incorporated (ASI) office, which strengthens the bond with his brothers as well as his networking opportunities.

In this way he contributes to not only the organization but to the campus as a whole.

“But I mean when you’re having fun, it’s not really a time commitment. I’m doing it because I want to,” said Hicks.

Though the benefits of partaking in a fraternity or sorority sound helpful in the pursuit of experience and career, costs may hinder participation.

Expenses, specifically for the Sigma Chi fraternity, include a $300 quarterly fee, or a $900 annual fee.

Do the costs really outweigh the benefits? That’s really up to you, the student, to decide.

If interested in pledging in a fraternity or sorority, Fall and Winter are the times to pledge.
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**“Sex workers” should not be stigmatized**

**By KASSANDRA GARCIA**  
Staff Writer

I believe that people who choose to pursue work in the sex industry should not be stigmatized for choosing to do so.

The lack of respect hinders the ability to make a distinction between sex work and sex trafficking.

It is important to understand that the term “sex worker” is not prostitution and covers sex work but also includes pornography, stripping, and escorts.

Regardless of the sex work, many people note that this line of work is immoral and that those who partake in the industry are setting themselves up for mistreatment.

They try to justify these judgments by saying they are “all maniacs and oppressors,” said Tomcat, one of “Kink’s” documentary porn directors.

Some try to argue that this line of work isn’t a form of real work but rather just an easy way out because “everyone wants a Lexus and they don’t want to work for it,” said student John of “Kink.”

Those who partake in the industry should not be classified as less than workers of other industries.

There is no way that this line of work could be easy because it takes a mental toll on most due to criticism by society.

Take note that sex work and sex trafficking are not synonymous.

Yet some people use sex work as a euphemism for sex trafficking.

This helps invoke the stigma that sex work encourages and therefore promotes sex trafficking when there is a huge difference.

The difference is choice. Sex workers chose to be a part of this work.

“Everything is consensual. They are in control of the scene,” said Princess Donna, a porn director in “Kink.”

“People often think that sex workers are forced into the industry which is why they are viewed as poorly in society,” said student Melissa Contreras.

Sex workers vary widely and can include debt, survival, and empowerment or just as a way of earning a living.

In the documentary “Kink” you see the directors promote a safe and caring work environment, which is one thing many people don’t get to see.

“If they aren’t comfortable with what we are shooting we change it to accommodate what they are comfortable with,” said Princess Donna.

Whether it is because of money or just the enjoyment behind it the actors talk about how it’s like any other job.

“There are days where you genuinely enjoy it and there are other days when you are there for the money,” said Paul.

“The biggest misconception is that they think we are contributing to the downfall of people,” said “Kink’s” porn director Tomcat.

These negative connotations allow sex workers to be mistreated and criminalized in a society which may prevent them from seeking legal redress in instances where they actually are being mistreated.

We need to respect that these workers are entitled to do whatever they wish to do with their bodies so long as it doesn’t hurt others.

They are people looking to find a source of income that best suits their needs, which should be respected.

In my opinion societal pressures try to shame those in the industry.

**Online trends influence trends**

**By BRITTANIE GUTIERREZ**  
Staff Writer

Online trends on social media regarding social issues and topics have become more about provoking shallow interests and attention rather than creating social awareness.

In my opinion, the misuse of social media in aimlessly popularizing trends can result in self-abuse, which leads to a lack of awareness.

“A lot of people do it for attention,” said student Jaynene Moreno.

People notice hashtags and try to use them but pay little to no attention to the issue or topic associated with the hashtag because it is more important to fit in than to actually voice their opinions.

“They use it to be cool,” said student Martha Medina, referring to hashtags.

Now this is not to say that every social media user abuses hashtags and trends.

There are people out there who use them because they actually go out and help a cause they are passionate and well-informed about.

There was the ALS (amyotrophic lateral sclerosis) ice Bucket Challenge: a challenge where you would nominate friends and family to pour a bucket of ice over their heads so they can experience what a person with ALS goes through to raise awareness and funding.

I participated, and challenged friends, but that was after I did research on what ALS was.

“It did it because I wanted to bring awareness and help out,” said student Arthur Roman, referring to the ALS Ice Bucket Challenge.

Others I know did not.

They simply participated in the challenge because it was either socially trendy, broadcasted by media outlets, or consistently mentioned on their social media feeds.

Take for instance the “Black Lives Matter” and “All Lives Matter” movement trending on social media regarding recent police brutality cases involving African American males and other people of color.

Some people do not pay attention or are not aware of the recent deadly use of police or racial violence, they just use #BlackLivesMatter or #AllLivesMatter to part of the talk and find it included.

Recently the Kylie Jenner Lip Challenge trend involved people placing a shot glass up to their lips and making a sucking motion to imitate the lips and Kylie Jenner’s “natural lips.”

They want to look like her, said student Arthur Roman.

People are so focused on looks and becoming more obsessed with looking like celebrities that they forget that their actions have consequences.

Participants are physically left with bruises and scars and mentally, young women and men are left with low self-esteem issues believing they cannot achieve glamorized celebrity-like perfection.

Creating and using trends on social media does have positive societal traits.

Photo of courtesy Chatur Pahatan

From what I’ve experienced, this claim is usually made with some slippery maneuvering of words and defining of concepts which seem to always be based on subjective interpretations, not actual definitions.

Oddly enough, these interpretations end up quite convenient to the individual asserting the argument.

For some it is as easy as presenting some comical analogies to show them how wrong their claim is.

“Atheism is a religion like bald is a hairstyle.”

“At heism is a religion like abstinence is a sexual position.”

“At heism is a religion like barefoot is a shoe style.”

“At heism is a religion like off in a television channel.”

These are some of the various analogies to become popular on the Internet for this very argument, but some people remain unconvinced.

In an act of good faith (pun intended) I will share both the Merriam-Webster Dictionary and the Oxford English Dictionary definitions of the word and concept of religion.

According to Merriam-Webster, religion is “the belief in a god or in a group of gods,” “an organized system of beliefs, ceremonies, and rules used to worship a god or a group of gods,” or “an interest, a belief, or an activity that is very important to a person or group.”

The full definition breakdown follows:


2. a worship of God or the supernatural, commitment or devotion to religious faith or observance of religious beliefs or personal or institutionalized system of religious attitudes, beliefs, and practices

3. archaic : scrupulous conformity : conscientiousness

4: a cause, principle, or system of beliefs held to with ardor and faith”

According to the Oxford English Dictionary, religion is “1: belief in and worship of a superhuman controlling power, especially a personal God or gods.

1.1-A particular system of faith and worship

1.2. A pursuit or interest to which someone ascribes supreme importance.”

Based on these definitions provided by arguably the two most well respected dictionaries, there is but one instance where one could even attempt to construe an argument that atheism is a religion. This instance ends up failing due to semantics though.

**Atheism not a religion**

**By DANIEL DeMARCO**  
Copy Editor

It’s disheartening to hear otherwise intelligent people say stupid things.

It has come to my attention recently that a large community of people argue that atheism is a religion, or even that it’s up for debate.

To my dismay, there are even non-believers who make this claim.

From what I’ve experienced, this claim is usually made with some slippery maneuvering of words and defining of concepts which seem to always be based on subjective interpretations, not actual definitions.

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LUXURY STUDENT LIVING ACROSS THE STREET FROM CSUSB
approximately nine percent of people suffer from one or more specific phobias, according to the National Institute of Mental Health.

While only a tenth of the population has a phobia, we’re all afraid of something. The Coyote Chronicle conducted a survey sampling students about their greatest fears. In the findings, we did not come across any fearless students. Out of the 66 Coyotes surveyed, approximately 30 percent stated that they are afraid of heights.

The scientific term for the fear of heights is acrophobia. According to psychologist Juan M. Carmen, two to five percent of the general population suffer from acrophobia. So, we may assume that not all 30 percent of students afraid of heights actually suffer from acrophobia.

The point is, people are quick to attach the word “phobia” to fear of any degree. There is a difference between a phobia and a fear.

I had a woman come in who was afraid of spiders, and when he explained how he copes with it, we understood that he was using the wrong word to describe his feelings of anxiety.

He stated that he “gets away from people,” but when he explained how he copes with it, we understood that he was using the wrong word to describe his feelings of anxiety.

Some Coyotes stated unusual fears, such as “butterflies,” “the destruction of the planet by humanity” and even “my boss.”

We also asked students how they cope with their fears and some had original methods. One student gets on roller-coasters to fight his fear of heights, while another simply kills the terrifying spiders coming his way.

Two of the most common ways of coping were avoidance of the situation and prayer.

One student listed “clausrophobia” as his fear, but when he explained how he copes with it, we understood that he was using the wrong word to describe his feelings of anxiety. He stated that he “gets away from people,” but clausrophobia is the fear of enclosed space.

This could be an example of the common lack of expertise concerning fears and phobias and their proper terminologies.

Anyway, I’m superwoman so I’m not afraid of anything.

Spring break: La Havana

By JESY AMARO

La Havana, Cuba was once a dense, virtually impenetrable jungle, providing natural protection from scurvy pirates. La Havana, Cuba was once a dense, virtually impenetrable jungle, providing natural protection from scurvy pirates.

Cuba is a cultural delight for foreigners visiting the country. La Havana and Varadero are two well-known cities for their rich Cuban culture, historical ruins standing tall today, and friendly people at every corner ready to share with you a bit of their beloved Cuba.

My family and I visited Cuba for two weeks in April; it was a rewarding Spring getaway to take part in and learn Cuban customs. Today, it is common to live in a sixteenth century Spanish colonial home in Cuba and drive around in a car from the 1950s.

We ate well. The food is similar to Mexican cuisine, but without the extra sauces. I don’t recall the names, but I had grilled plantain and a white rice, black bean delicacy.

In Cuba, the locals speak Spanish, utilizing many nonverbal gestures while speaking—mostly hands.

For example, after taking a picture with them, they pointed to an eye as they made eye contact with me, asking to see the picture. The gesture was repeated about four or five times quickly, serving as an unintentional distraction since I had a tough time trying to get past their thick accents.

Other mannerisms include shaking hands, followed by a hug and a kiss on a cheek. The same goes for men, not only women.

The most important custom I came across, they do not use the word “mandé”, which in Mexican tradition is a sign of respect when asking someone to repeat something.

Alex, a waiter at a restaurant, explained that “mandé” comes from the word command, therefore, “would you like me to command you to do something for me?” Instead use the word “que” to ask me to repeat myself.

The word “que” is “what” in the English language.

I spoke to a couple, who both were lawyers in Cuba, about their views on the announcement of the restoration of the ties with the United States.

“Yes, Cuba is a hard working country and we have come so far on our own that we don’t see much of ties being restored with the U.S. as a need, but more as a want,” said Karina Garcia.

Her husband Anthony had a different view and said, “I believe we have been waiting for change in our system and with the U.S. involved that change will come sooner than anticipated.”

Many Cubans agreed upon the same subject about “change”, especially the youth who are eager to venture out of Cuba and experience a more liberating lifestyle with more opportunities available.

It is key to have an open mind and be accepting to new ideas when exploring a new environment ready to take action. Cuba is the place for that new change to occur.
The California drought has limited avocado production, but with the drought intensifying to historical levels, production is expected to drop considerably in the next thirty years. The shortage may in part be due to the intensive use of water in the state, with approximately 70 percent of the alfalfa grown in California being used for dairies to feed livestock. In order to produce one pound (about 454g) of avocados, 74 gallons (about 280L) of water is needed in the state. The California drought has limited avocado production, but with the drought intensifying to historical levels, production is expected to drop considerably in the next thirty years. The shortage may in part be due to the intensive use of water in the state, with approximately 70 percent of the alfalfa grown in California being used for dairies to feed livestock. In order to produce one pound (about 454g) of avocados, 74 gallons (about 280L) of water is needed in the state.

The classic lines “you can’t sit with us”, “on Wednesdays we wear pink” and “so fetch” have become a part of American culture, especially among teen girls. The movie, which was loosely based on the book “Queen Bees and Wannabes”, showcases the “new girl” Cady, who falls in with the popular girls known as “The Plastics.”

She must learn to play the game of being a teenage girl if she is to survive her first year at a public high school. “Mean Girls is a movie where the majority of adolescent categories are presented in the social dynamics of high school in the United States, this makes for a relatable entertainment,” said student Stella Delgadillo. The movie’s lasting power can be greatly attributed to the social dynamics Delgadillo references, and has even been a topic of sociological discussion.

“The greatest, most immediate cause of the avocado shortage is the drought in California,” according to Lawrence Livermore National Laboratory. “New regulations in water use are part of the response by the state.”

Among American imports, approximately 20 percent of their avocados from Mexico, however, it may be difficult to receive more because of the cartel drug violence at the border, according to Adam Sternbergh of slate.com.

“Despite the shortage of avocado, lots of people still want to buy it. Of course me, I would like to eat the avocado, but the price of it surges as time goes by. Therefore, it’s hard to buy as much as I bought before,” said student Myunghoon Lee. However, he doesn’t think the current shortage of avocado will affect future crops.

“The lack of avocado can affect the method that cultivates it. However, it poses a problem of how to decide for future crops. Still, many people favor to purchase avocados and it is uncertain that buyers demand the future crops as much as avocados,” said Lee.

Ten percent of California’s total water supply each year is used for almonds, according to slate.com. “But almonds are also the state’s most lucrative exported agricultural product, with California producing 80 percent of the world’s supply . . . Al struck hay [uses] about 15 percent of the state’s supply,” according to slate.com.

Approximately 70 percent of the alfalfa grown is used in dairies to feed livestock, and the remaining portion is exported to Asian countries, according to slate.com.

Many Coyotes, who are privy to the avocado’s health benefits as a super food, facial mask, and diet, blame the California drought for the impending shortage. “The avocado shortage could affect me personally because the demand will increase, which in turn will increase the cost,” said student Gina Fields.

The avocado is expected to increase in price by about 28 percent, according to a study performed at the University of Arizona in the next three decades. In the future, avocado production may decrease by 40 percent due to climate change, according to scientists at Lawrence Livermore National Laboratory. “Yes, I believe the drought in California will play a part. With new regulation in effect to try and preserve water, I believe the farmers will do their part to help California,” added Fields.

“The lack of avocado can affect the method that cultivates it. However, it poses a problem of how to decide for future crops. Still, many people favor to purchase avocados and it is uncertain that buyers demand the future crops as much as avocados,” said Lee.

“The movie shows us that and creates a sense of community amongst girls and brings us all down to the same level,” continued Delgadillo.

For most of us, the movie was released before we were even old enough to watch it or fully grasp its concepts. However, that is the beauty of the movie. Whether you are 11, 16, or 21 years old, the witty lines and bitchy attitudes are something all girls understand and the idea of Cady and “The Plastics” is one that will stand the test of time.

There is no doubt “Mean Girls” holds a spot as a cult classic for our generation and will continue to serve as a platform for the social issues of teen girls’ generations to come, and the most important thing to take from the movie is this: “Don’t let the haters stop you from doing your thang.”
Alabama Shakes music scene

By MARVIN GARCIA  Staff Writer

Lay back and let go of your thoughts and worries as you drift away with Alabama Shakes’s second album “Sound & Color.”

The album features 12 original songs in a genre-mix attempt to captivate audiences.

The sound of music starts anew with this coming-of-age band.

Alabama Shakes is composed of lead singer/guitarist/songwriter Brittany Howard, along with second guitarist Heath Fogg, bassist Zac Cockrell, and drummer Steve Johnson, all coming from the city of Athens, Alabama, and sharing their affinity for music.

With “Sound & Color,” the group was able to further experiment and elaborate from their debut record “Boys & Girls” without feeling the pressure of their big breakthrough or the struggle to come up with new material.

They claim it was all about exploring everything they found intriguing, play with sound composition and genre-bending, and the opportunity to reflect on how to put together previous music pieces that were not featured in the first record as they had intended.

All tracks offer originality and something relative to listeners, which is solid proof in their mid-stream single, “Don’t Want To Fight.”

What makes this song quite catchy is found in the chorus, which is simple and direct.

“It was a chill song that I can listen to when I want to relax,” said student Vanessa Lopez after listening to the single. “I was not completely shut off to not listen [to] the rest of the song.”

The one song that really snatched my senses was “Future People,” where it really split me in two.

The lyrics may be a bit sad since it references our desire to see those who are long gone and how they watch over us, but the music just blends too well to mind it at all.

Each track is quite dynamic in composition, but regardless of the short lyrics, the message is delivered nonetheless.

“They have a folk style that reminded me of adventure,” said devoted fan Lindsay Cherek.

She also shared how one of the other songs made her think about connections with people and those in her life.

The beats, sounds, and Howard’s singing renders a twist with every track you listen to, like a sudden change in persona.

“She (Howard) has smoothness in her voice, and an older feel to it,” said student and fan Kimberly Rodriguez.

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“The album has a futuristic beat that calls out emotions,” she concluded.

Overall, “Sound & Color” is a decent collection that strikes a chord of spontaneity and nostalgia.

I literally felt that I was at a poetry slam where Alabama Shakes looked at everything that affects us psychologically and intimately.

For some, it may be hard to understand because of all the genre-mix and slight confusion with the lyrics, but rest assured, regardless of music preference, this is one album you can enjoy in any given moment or a lazy day.

Alabama Shakes’s “Sound & Color” and “Boys & Girls” are available now in stores and digital download through iTunes.

“A new world hangs outside the window, beautiful and strange it must be falling away.”

- Sound & Color

“Some want to see those who’ve gone above.”

- Future People

“It’s been so hard for a girl like me, it’s true, people say I look just like my daddy, cause I do.”

- Guess Who
It’s game on! Set your hi-def television, get your best headgear, and get the junk food ready, because this year the sickest, most anticipated video games will conquer your living room for months to come.

“Metal Gear Solid V: The Phantom Pain (MGS5),” “Batman: Arkham Knight,” “Uncharted 4,” “Halo 5: Guardians,” and “The Witcher 3: Wild Hunt” are the top-of-the-chart releases bringing an uncanny, hardcore digital art package set to blow the minds of audiences. Of the above listed games, “MGS5” has been the only one that has already earned a taste of what is to come in the prologue, “Metal Gear Solid V: Ground Zeroes.”

While the prologue can be completed fast, “MGS5” creator Hideo Kojima delivered in his attempt to create an open-world environment, tactical gameplay of espionage while wrecking I'll do with the bat-mobile,” said student Manny Elias. One of the most iconic games since its first installment has been the “Halo” series.

This time, the Master Chief’s protagonist role is now shared by who is hunting him down, the Spartan Locke, an enemy so enigmatic that it matches the Master Chief in both looks and alien-hunting skills.

This past December, devoted fans of the series had a taste of the “Halo 5” multiplayer beta game-play for those that bought the “Master Chief Collection,” which contains the previous four installments. The layout is familiar, the same as in “Halo 4,” but the main difference, of course, is the definition of graphics, menu features, and new shooting maneuvers, all of which could be expanded more once the game is released.

If you do not own a PlayStation 4 or an Xbox One yet, then a wave of games will be the reason to get one and spend 10 hours worth of awesomeness.

**Pin a rose on your nose, “Full House” is back**

By MARVIN GARCIA Staff Writer

Fans of the television family sitcom, “Full House,” get ready, the Tanners are coming back but this time with a gender reversal.

It was confirmed on April 21 by John Stamos (Uncle Jesse) that a revival of the show called, “Fuller House” was ordered for a 13-episode season.

“We’ve been working on this for many, many years,” said Stamos on Jimmy Kimmel Live.

He also confirmed that he will be producing along with the show’s original producers and making guest appearances.

“Full House” originally aired from 1987-1995 as a comedy series about three men raising three young girls in San Francisco.

The show was known to cover topics that appealed to a young teenage-demonographic and at the end of each show always taught us a valuable lesson.

“Fuller House” will revolve around eldest sister, D.J. Tanner (Candace Cameron-Bure), her younger sister Stephanie Tanner (Jodie Sweetin) and her lifelong best friend Kimmy Gibbler (Andrea Barber).

“This time it is D.J. Tanner-Fuller who is recently widowed with two children and one on the way.

Still set in San Francisco, D.J., who is now a veterinarian must adapt to raising her rebellious 12-year-old son, J.D., and neurotic 7-year-old son, Max.

Stephanie is an aspiring musician and Kimmy is a single mother to daughter Reema, whose traits are similar to those of a younger Gibbler.

When the girls learn that D.J. lost her husband, they join together and move in with her to help raise the boys while preparing for the birth of her new baby.

Netflix has confirmed that they are in the works to get Bob Saget (Danny Tanner), Dave Coulier (Joey Gladstone), Lori Loughlin (Aunt Becky), and Mary-Kate and Ashley Olsen (Michelle Tanner) to make guest appearances.

Cindy Holland, vice president of original content for Netflix, made a statement about her anticipation for the show.

“As big fans of the original ‘Full House’, we’re thrilled to be able to introduce Fuller House’s new narrative to existing fans worldwide, who grew up with the original, as well as a new generation of global viewers that have grown up with the Tanners in syndication,” said Holland.

I, myself, am excited for this revival after growing up with “Full House” and am hopeful that it will be successful.

“I am glad to hear it wasn’t Steve (D.J.’s high school sweetheart) who died. I am hopeful to see him return,” said student Megan Rosebury.

While there were some students who were excited about this revival, there were some that were indifferent.

“I honestly feel like they waited too long, but I definitely would watch all 13 episodes to see how the show is,” said student Jenny Basye.

“I don’t think it is going to be as good as ‘Full House’ because I don’t think anything is as good as the original,” said student Cynthia Kelley.

I guess we will have to wait and see.

“Fuller House” will be making its debut on Netflix in 2016.
Music aficionados grab a cup of joe
Augie’s Coffee House captures talents at Open Mic night

By JOSE ALVAREZ
Staff Writer

Augie’s Coffee House, located on 5th Street in Redlands, provides a warm family atmosphere with music, coffee, friends and events.

There are many events at Augie’s throughout the year, such as “Art in the Alleyway,” which according to the manager, Blair Smith, happens quarterly. This is where they set up paintings and other forms of art in the alleyway next to the coffee shop.

I originally went to Augie’s for “Jazz Night”, but I was disappointed when I found out that they no longer host it. In its place is another event called “Open Mic.” “Open Mic” is a small event that takes place once a week, every Tuesday, at around 6:30 p.m.

It is in the same small alleyway where everything is set up. Equipment Manager Shalti Edu sets up speakers, microphones and a guitar to a mixing board before the show begins.

Edu is a sophomore student at Riverside Community College and can play several instruments. He also kicked off the “Open Mic” night with some of his original songs.

The event had a slow start but after 15 minutes people began to show up. Edu’s performance had a mellow sound to it, which he described as his own twist on Jazz.

The unique sound surprised the audience, especially when he performed elaborate riffs on the guitar.

Although it was a small stage and crowd, that didn’t seem to affect any of the event participants since they all seemed more focused and concentrated on their craft.

“I love playing for people even if it’s just a small crowd,” said Edu.

The coffee house puts out a good vibe and all the people seemed welcoming.

“It’s a good job. It’s fun and it’s satisfying,” said Edu.

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“It’s a good job. It’s fun and it’s satisfying,” said Edu.

Everyone was open to conversation and said it is a good place to spend some time.

If you want to enjoy an authentic cup of coffee with positive vibes, then visit Augie’s.

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By TIFFANY MOYES
Staff Writer

Blake Lively returns to the big screen in the film “Age of Adaline.”

Lively plays a woman named Adaline who is incapable of aging after a horrific accident.

Adaline lives in fear of people knowing her secret and is constantly having to move to different cities until she meets a young man named Ellis (Michiel Huisman).

The chemistry between these characters can seem forced in the beginning of the film, but throughout the movie it grows to be much stronger.

The growth Lively has had as a performer proves that she will be a force to be reckoned with in the future and will continue to grow as an actress.

This romantic film is something that we haven’t quite seen before in the sense that it incorporates science fiction elements.

Director Lee Toland Krieger brings viewers back to the proper mindset and reminds us that this is a romantic film.

He showcases the connection and true love that forms between Lively and Huisman.

The cinematography and vision of Krieger gives the film a more vintage feel, as Krieger wants you to actually feel as old as Adaline and allows the audience to experience the aging process and emotion that Adaline goes through.

The flashbacks throughout the film help support the feel of the film even more, with warm colors in flashbacks and darker colors in present-day scenes.

While Lively is the protagonist of the film, legend and film icon Harrison Ford headlines the cast too.

“Age of Adaline” displays the incredible performance of Lively and her separation from her past roles in pieces such as “The Sisterhood of the Traveling Pants”, “New York, I Love You” and “Gossip Girl.”

“I used to love watching [her] in ‘Gossip Girl,’ so finally getting to see her in a new film after having her baby made me so excited,” said student Tanya Villanueva.

Despite the lackluster performance of the rest of the cast, Lively and Ford carry the film and remind the audience why they are on top.

The future for this film doesn’t seem very high after being unable to take the top spot for the weekend, losing to “Furious 7” and going up against the highly anticipated “Avengers: Age of Ultron” its second week.

Most of the money this film will make will be from all those men making it up to their significant others for attending to see the “Avengers: Age of Ultron.”

“Yup, I’m definitely going to take my girl to see that one, especially since she’s coming with me to see the Avengers, that was our deal, so I’m hoping it’s good,” said student Caleb Reeves.

“Age of Adaline” is a good film to see, and worth it if you are trying to get away from the big summer blockbusters.
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Body shaming is big business; about 45 million Americans are gym members according to realbuzz.com. Statista.com stated in 2015, gym revenue was more than $21.8 billion in the United States.

“It’s when you abuse your body because you’re ashamed of it,” said sophomore Crystal Torres when asked what she thinks about body shaming.

People invest in their appearance because we are embarking on a life as adults, but society tells us we should, which leads to negative body image. “Body shaming is criticizing yourself or others because of some aspect of physical appearance,” according to Waldenbehavioralcare.com.

While we face negative body image we find comfort in criticizing ourselves. “It has become the norm to criticize aspects of our bodies as some type of bonding experience with friends,” according to waldenbehavioralcare.com.

No one is immune to this phenomenon because shaming can be applied to any body type, whether people are “too skinny” or “morbidly obese.”

“In school I was short and skinny with no muscles and I acted like I didn’t care but I did,” said sophomore Daniel Barquera.

Celebrities also face these self-esteem damaging issues, as stars like Kelly Clarkson, Rob Kardashian and Daniel Bucio have all been criticized for their weight. Some celebrities responded through Instagram and Twitter with comments saying their body doesn’t deserve, as stars like Kelly Clarkson, Rob Kardashian and Daniel Barquera.

Students and institutions have certain responsibilities when it comes to education. “They’re very friendly. If I ever need help I ask a trainer and they lead me towards the right direction on any exercise I start,” said junior German Ruiz.

Body shaming is a national problem that has motivated thousands of men and women to begin the “No Body Shame Campaign,” which recognizes body guilt. The campaign mentions how intellectual talents and personalities are not shown on a scale.

In addition to the week of festivities celebrating all body types, scales were removed from the Rec Center showing appreciation for your body no matter what size.

“Let’s need to stop being our own worst critics, remember our worth and our value,” said Clarkson in an interview with Ellen DeGeneres according to Huffington Post.

For students who would like some help fighting negative perceptions of themselves, CSUSB offers programs and help for maintaining a healthy lifestyle. The Student Recreation and Fitness Center (Rec Center) offers exercise classes, personal training and gym hours to accommodate student’s schedules.

Certified trainers are offered to all students in either one-on-one or buddy training sessions. “They’re very friendly. If I ever need help I ask a trainer and they lead me towards the right direction on any exercise I start,” said junior German Ruiz.

Body shaming is a national problem that has motivated thousands of men and women to begin the “No Body Shame Campaign,” which recognizes body guilt.

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This week included sticky notes on walls, where people write what they love most about themselves, stations where you build your own pins with motivational quotes to live by and a wheel with prizes.

“I got 99 problems but my curves ain’t one,” were one of many quotes written on the gym mirrors showing appreciation for your body no matter what size.

In addition to the week of festivities celebrating all body types, scales were removed from the Rec Center showing that numbers don’t represent your best assets.

The Rec Center’s slogan “where every shape fits” shows how the Rec Center is accepting of many body types.

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Outdoor program offers unique student getaways

By SHELBY HANCOCK
Asst. Sports Editor

Students should take advantage of the activities and programs offered by CSUSB. One of these services is the Outdoor program offered by Recreational Sports. The program offers day hiking, overnight camping, taking trips to national parks and exploring the wilderness. Activities include taking trips, surfing, kayaking, river trips, group outings, educational programs and team building activities.

“CSUSB Outdoors mission is to provide the community with a diverse range of outdoor recreational and educational opportunities,” according to the Recreational Sports website.

The program aims to teach students certain skills while having a good time. Participants learn safety, appreciation and understanding of the outdoors and other skills that will help them long after their time at CSUSB.

Other skills students learn are personal growth, leadership development, team work and healthy communication skills as well as how to form new relationships with other students.

Although students would benefit from the activities, most trips are only at about 80 percent capacity, according to Mark Oswood, director of the Outdoors program.

“Activities offered by the program are open to students, staff, alumni, faculty, and affiliates. “I would really like to get out because I am always in a classroom. The events sound fun,” said senior Chelsea Galvez.

According to the CSUSB website, with a campus of 18,952 students, only 1,500 live on campus. About 80 percent of students commute to get to campus, meaning they arrive to school and drive home.

“After class, I like to go home because I work full time and have a long drive,” said senior Erin Miramontes.

The Rec Center took initiative and planned a week of activities to help students stop body shaming themselves and others.

This week included sticky notes on walls, where people write what they love most about themselves, stations where you build your own pins with motivational quotes to live by and a wheel with prizes.

“I got 99 problems but my curves ain’t one,” were one of many quotes written on the gym mirrors showing appreciation for your body no matter what size.

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The Coyotes’ softball season has officially ended and with it comes the ending of a CSUSB softball career for four players.

Victoria Lievanos, Mary Menicucci, Nicole Nobbe, and Alyssa Ramos are the four seniors leaving the Coyotes softball program.

Lievanos joined the Coyotes as a freshman in 2012 after lettering in softball for two years at El Toro High School.

“It made my college experience 10 times better as you meet so many people and make so many fun memories,” said Lievanos.

She hit five doubles as a sophomore, tying for fourth on the team. She batted in 12 runs and was second in sacrifice bunts with six.

“The bus rides are a blast and I have so many fun memories with the girls just laughing and having a good time,” said Lievanos when asked about her favorite Coyote softball memory.

During her junior year she crushed seven home runs, 10 doubles, and drove in 35 runs. She was also one of five Coyotes to have a batting average of .300.

“It’s the little things that will make me miss playing the most,” Lievanos stated.

Menicucci joined the team as a junior in 2014.

“I would like to coach at any level to show and express my love for the game,” Menicucci said, as well as playing slow pitch softball.

She hit .294 and drove in 22 runs with six doubles, one triple, and two home runs.

“Being a Coyote was a great experience that I had for two years. We always had fun on the road trips, being goofy and making fun of each other,” she stated.

Menicucci batted .250 with six doubles, two home runs, and 24 runs batted in, as a senior.

When asked about her favorite memory Menicucci stated, “I think the last weekend playing as a Coyote because all the girls were emotional and very expressive on how they felt about the game and all the seniors. We felt like a family.”

Nobbe joined the team in 2014, after playing at Cypress College her freshman and sophomore years.

Her first year on the Coyote softball team was a successful one since she earned National Fastpitch Coaches Association (NFCA) All-American, Daktronois First-Team All-West Region, NFCA West Region honors along with First-Team All-CCAA (California Collegiate Athletic Association).

“I plan on playing pro softball for a team in Japan. Shortly after my career, I would like to coach at the college level,” said Nobbe when asked what her future softball plans involved.

Nobbe had a batting average of .500, making her the second player in CCAA history to do so. Her batting average ranked her fourth in the National Collegiate Athletic Association (NCAA).

Regarding her plans after graduation, Nobbe stated, “I plan to pay off my loans as soon as possible.”

Her senior season continued to showcase her talent as she batted .460 with 24 doubles, 14 home runs, and 35 runs batted in.

“My favorite moment would be senior day, with the most fans we’ve ever had at a game. All our families, friends, and food,” she stated.

Alyssa Ramos joined the team in 2012 as a freshman, boasting two all-league selections while attending Ontario Christian High School.

“Playing for the Coyotes was one of the best experiences of my life, especially the past year. I have met some of my best friends playing softball,” stated Ramos.

During her 2015 season she had a batting average of .299, hit 14 doubles, one home run, and drove in 18 runs.

Ramos’ favorite memory of being on the team was after she hit her first collegiate home run. She stated that, “the best part was rounding third and seeing all of the smiles on the girls faces and feeling them banging on my helmet.”

The Coyotes finished the season with a record of 28-24.