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The Black Voice News

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San Bernardino Residents Take Study Concerns to Waters SB County Obligated to Safeguard Health of Black Residents

The Black Voice News

LOS ANGELES

By Chris Levister

"Your county health officials have an obligation to provide guidelines that set the tone for public health in your community. Your Board of Supervisors has a responsibility to provide compliance protocols that promote fair and proactive healthcare in your community. You have a responsibility to do what is necessary to take care of your own health." Congresswoman Maxine Waters handed out a list of high dose prescriptions for addressing the critical health disparities among Black/African-Americans in San Bernardino County.

Calling the situation facing Black residents in the county an "emergency," a group of San Bernardino residents took the findings of an explosive study on Black healthcare to a Los Angeles community town hall meeting. "We've come here to put a spotlight on years of ignoring and masking facts that 'our people' are dying 13 years sooner than Whites and oth-

This is a "Moral Imperative"
SB Health Officer Calls for Creation of Countywide Multi-Cultural Health Plan

The Black Voice News

By Chris Levister

"We have an obligation to make San Bernardino County a healthier place for all. Creating a multi-cultural health plan is not just an obligation, it's a moral imperative." That said, County of San Bernardino Department of Public Health Officer, Eric K. Frykman MD, MPH paused, leaned back in his chair, took a deep breath and pondered the most obvious question: how and when?

"I don't have an answer. What we have is a huge lump of clay. What we mold from it must be timely, inclusive, constantly evolving, prevention-driven, based on sound data and measurable outcomes and must ultimately serve as the gold standard for creating a healthier place for all county residents," he says.

By all accounts, Dr. Frykman's job just got harder. "This won't be easy," he admits. "I don't have a magic bullet. This discussion has been in the works for some time. The growing problem of unhealthy outcomes in our county is the impetus." Frykman envisions creating something akin to a health compass - by the people for the people. "This will be a collaborative effort. I want to hear from individuals, health providers, community and professional organizations." He says ideally the health plan would include goals and outcome measurements. "I'd like to see a staff person monitoring and analyzing key health risks."

"We must do a better job of commu-

See Frykman, Page A-4



Eric K. Frykman, MD



Congresswoman Maxine Waters responds to San Bernardino residents on health concerns.

ers in our community." Pointing to headlines in the Black Voice newspaper and county health department literature supporting her claim, Kim Carter lashed out at local health officials and healthcare providers for allowing the problem to fester for years.

"We need help," she said.

Congresswoman Waters admonished county officials for a lack of vision and direction for facilitating healthcare and safeguarding the health of its public. "Not just African-American residents, all residents," she said. Waters told a crowded room county officials have a responsibility to not only

collect health data but to make sure the data gets in the hands of those affected. "How can the residents do something about heart disease or receiving poor and unequal healthcare if they don't know there is a problem," she said. "If there are no guidelines from which to provide healthcare and safeguard the public's health there is ignorance, unequal treatment and chaos."

Waters handed out a strong dose of medicine to individuals in the African-American community. "Take out your mirrors and look at yourselves. You have a personal stake in this problem. You've got to take control of your own health.

You eat wrong, you don't exercise, you've got high cholesterol. You can control what you put in your bodies. You can control what you do to your bodies." Arms flailing, the petite but direct Waters told the audience, "Instead of ham hocks and fatbacks in your greens tonight, substitute smoked turkey. Health plans don't control behavior, you do." Her advice elicited a mix of groans, snickers, loud applause and a collective chorus of "Amen".

Waters told Carter, the head of Time For Change, a transitional

See WATERS, Page A-4

'Weezie' Isabel Sanford of 'The Jeffersons,' Dies at Age 86

The Black Voice News

LOS ANGELES

Actress Isabel Sanford, best known as "Weezie," Louise Jefferson on the television sitcom "The Jeffersons," died of natural causes, her publicist said Monday. She was 86.

Sanford died Friday at Cedars-Sinai Medical Center, where she had been hospitalized since July 4, said Brad Lemack. Her daughter, Pamela Ruff, was at her side, he said.

Her health had waned after undergoing preventive surgery on a neck artery 10 months ago, Lemack said. He did not give a cause of death.

Sanford co-starred with Sherman Hemsley from 1975 to 1985 on CBS' "The Jeffersons," a spin-off of the popular series "All in the Family," in which she also appeared.

In 1981, Sanford became the first Black woman to receive an Emmy for Best Actress in a Comedy Series for her work on "The Jeffersons."

"Isabel was our queen and that's what we called her on the show," said Marla Gibbs, who played the Jeffersons' maid Florence Johnston.

Gibbs said that even before the hit sitcom, Sanford's comedic tal-



(The Associated Press)

Television's Isabel Sanford, best known as "Weezie" or Louise Jefferson on the CBS sitcom "The Jeffersons," poses with Johnny Grant, honorary mayor of Hollywood and chairman of the Walk of Fame Committee.

ents were evident during acting auditions.

"Isabel would come in and just light up the room and start telling stories and having everybody in stitches," Gibbs said.

Sanford, a native New Yorker, was joined by "Jeffersons" creator Norman Lear and others in January when she received a star on the Hollywood Walk of Fame.

"Here with stars in my eyes something that I dreamed about when I was 9 years old," she said at the time. "There are others that deserve it, but let everybody get their own."

She enjoyed getting fan mail from people who saw "The Jeffersons" for the first time in reruns, Lemack said.

"She was just amazed and so pleased that the show had that kind of lasting power and entertainment because she loved to make people laugh," he said.

Sanford made her feature film debut in the 1967 classic, "Guess Who's Coming to Dinner."

Recently, Sanford lent her voice to "The Simpsons" and appeared in commercial campaigns for Denny's restaurants and retailer Old Navy.

Besides her daughter, Sanford is survived by two sons, seven grandchildren and six great-grandchildren.



Photo by hgstar1news

Champion bullrider in action.

Rodeo Blazes Into L.A.

The Black Voice News

LOS ANGELES

"This season marks our 21st year of producing the Bill Pickett Invitational Rodeo and sometimes it's been a lot like Bull Ridin', we get tossed around and jostled, but we've stayed on top. And the ride has been worth it. Most of the credit belongs to all the people that make the rodeo the great event it is; the cowboys and cowgirls, the sponsors and the terrific fans who come year after year to see the greatest riders in the world," said Lu Vason rodeo organizer.

As you probably know, the rodeo was named after the legendary creator of Bull Doggin', William Pickett. And as a tribute to the Bull Dogger, the rodeo is dedicated to all the Black cowboys and cowgirls of the past who helped shape the West and those of today who help to keep the spirit of the West alive. Their contribution in the arena is matched only by their contribution to making our community stronger.

The future looks bright for the Bill Pickett Invitational Rodeo and we intend to continue the event annually. As we continue to grow, our sights are set on expanding to more cities in the U.S. and setting off in the near future to the international arenas. We want to express our most sincere appreciation to all the national sponsors who have continued to help us along the way and the hundreds of community ori-

ented companies, big and small. Their contribution has been extraordinary.

The cowboy mystique has had strong influence in all of our lives, beginning in childhood and continuing throughout adulthood. Rodeos exemplify this influence and are an important part of our western culture. The Black cowboy has been an integral part of the history of the American West from the earliest rodeos to the present. In fact, Texas was discovered and explored by a Black cowboy named Estavanico, and over 35% of the cattle trail drivers in Texas were Black. Entire Black communities existed on the frontier of the Old West - over 500 thousand families in Kansas, Oklahoma and Texas alone.

The famous Lewis and Clark Expedition was led by a Black scout, and a Black cowboy named Bill Pickett originated bulldogging, which has become one of the major rodeo events today. Realizing the historical significance of the Black cowboy, Vason developed the Bill Pickett Invitational Rodeo Series, which is the first of its kind.

The Bill Pickett Invitational Rodeo brings an important element of Black Western Heritage into our present day experience. In September 1984, the first Bill Pickett Black Rodeo drew thousands of spectators and has grown into a series that is witnessed by

See RODEO, Page A-4

Governor Appoints 8 Members to the California State University Board of Trustees

The Black Voice News

SACRAMENTO

Governor Arnold Schwarzenegger recently announced the appointment of Jeffrey Bleich, Herbert Carter, Carol Chandler, Moctesuma Esparza, George Gowgani, Raymond Holdsworth, Melinda Guzman-Moore and student-member Corey Jackson to the California State University Board of Trustees.

"Higher education is an essential component of California's future and economic prosperity. The California State University helps meet the educa-

tional needs of Californians by serving as the largest, most diverse, and one of the most affordable systems in the United States," said Governor Schwarzenegger. "Each of these highly qualified individuals shares my commitment to higher education and will work passionately to ensure the continuing success of the California State University system."

Jeffrey Bleich is a partner in the law firm of Munger, Tolles & Olson, as well as an adjunct professor at the Boalt Hall School of Law at University of California, Berkeley. He

is a past president of the San Francisco Bar Association and serves on the board of trustees for Boalt Hall. He earned a Juris Doctorate from the Boalt Hall School of Law, a Master of Arts degree from Harvard University, and a Bachelor of Arts degree from Amherst College. Bleich, 43, resides in Piedmont. He is a Democrat.

Herbert Carter is the past president of California State University, Dominguez Hills and most recently served as a special consultant to the California State University. He holds a Doctorate of Public Administration

from the University of Southern California and a Bachelor of Arts degree from the University of Arkansas. Carter, 70, resides in Los Angeles. He is a Democrat.

Carol Chandler is a partner in Chandler Farms and was an instructor at Fresno City College. She previously served on the University of California Board of Regents and has been involved for over 25 years in California Women for Agriculture. She holds a Master of Arts degree from California State University, Fresno and a Bachelor of Arts degree

from the University of California, Davis. Chandler, 59, resides in Selma. She is a Republican.

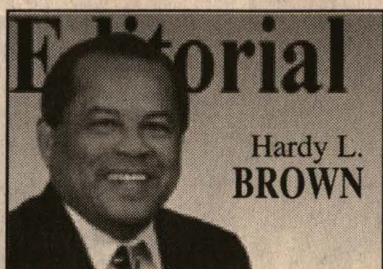
Moctesuma Esparza is executive producer of Esparza/Katz Productions and served as president of Buenavision Telecommunications, Inc. for over 20 years and is now the chief executive officer MAYA Cinemas of North America, Inc. He earned a Master of Fine Arts and a Bachelor of Arts degree from the University of California, Los Angeles. Esparza, 55, resides in Los Angeles. He is a Democrat.

George Gowgani is the past associate dean of the College of Agriculture at California Polytechnic State University, San Luis Obispo. He has over 35 years of experience in higher education serving as a professor and department head of crop science at the university, as well. He earned a Doctorate degree and a Master of Science degree from the University of Nevada, and a Master of Arts and a Bachelor of Science degree from California Polytechnic State University, San Luis Obispo.

See APPOINT on Page A-4

President Bush, Live up to the Oath you Took

After Bush was selected and appointed the President of the United States he placed his hand on the Bible and took the oath to uphold and defend the constitution of the United States and serve the interest of all its citizens, even those who would disagree with him. Now it is perfectly clear that President Bush is reneging on that oath to serve all the people, by saying he will not even address the NAACP because the organizational leadership has not agreed with him. How can he expect any of our support when history points out to all of us that if it were not for the NAACP we would still be living under the United States Supreme Courts ruling of Separate but Equal Laws. We would still not have the right to vote, which is one of the laws Mr. Bush violated in the last election in the state of Florida, if it were not for the NAACP. We would still be living in segregated housing neighborhoods in this country if it were not for the NAACP. We would still be sitting in segregated classrooms throughout the United States if it were not for the NAACP presenting our case before the United States Supreme Court in the famous Brown v. Board of Education case. We would still be denied access to colleges and universities if it were not for the NAACP. Just last year President Bush wrote a legal Brief in support of not favoring race as a criteria in the University of Michigan admission policy, this was after Administrators said this was the only way for them to ensure Blacks admission into their law program. There are many other cases, too many to describe here in this editorial.



Hardy L. BROWN

The real reason Bush did not address the NAACP organization was not his busy schedule, but because he fundamentally does not see us as first class citizens of this country and we have no rights he has to honor. He knows our arguments are just and righteous and he does not intend on doing anything to bring full equality to the economic, business, employment, education or social status of African Americans in this country.

President Bush, whether we agree or disagree, you still took an oath to serve all citizens regardless of race, gender, and political or economic status.

Postponing the Election?

The Secretary of Homeland Security is already thinking of ways to keep Bush in office by suggesting that the election be postponed in November if we are threatened by terrorists. You and I know that we have no big crowds or long lines waiting to vote. Our system has polling places located throughout our communities and people vote from 7 o'clock in the morning until 8 o'clock in the evening. Now where would the terrorist hit? The Homeland Security office suggested people would stay home. They suggest no one go to work, grocery shopping, get gas, visit friends or any of the other thousands of things we do during the day. This idea is only being suggested to keep the status quo of our current political representatives. As one of my readers said to me, this group will stoop to anything to stay in office. Thank God no one on Capitol Hill is seriously contemplating this idea other than John Ashcroft of the Justice Department.

Gay Marriage issues a smoke screen for political gain

The Gay marriage issue is nothing more than a smoke screen to get people to vote from emotion rather than for good governance. This issue is a moral issue that will do nothing to put bread on the table, roofs over our heads, create one job, educate one child, create one business, bring one soldier home from Iraq, reduce the high cost of medicine, reduce our health care cost, lower the cost of gasoline, build one house, lower our divorce rate of heterosexual marriage, lower teenage pregnancy, nor will it do anything to destroy our current system of marriage for those who want to get married. This issue will do nothing for us but take away valuable time we need to spend on things that will help elevate our standard of living such as finding Osama bin Laden.

The Streets: Bad Educational Tool



Richard O. JONES

Low achieving youth proclaim that they're from the streets as if that's an excuse for failure. As if having a hard life automatically develops you into a criminal and/or a low achiever in school. One of the reasons the youth use this excuse for their antisocial behavior is because so many popular stars today claim to have had it hard. A lot of rappers and music moguls publicly share his or her checkered past. Russell Simmons talks about his days as a teenage weed dealer, Jay-Z boasts of his days as a drug dealer, and Fifty Cent is infamous for multiple gunshot wounds. Ice Tea boasts of being a pimp and the late Tupac's rap messages glamorize the Thug Life, even from the grave. There are too many negative celebrities to list. However, the point is that they all boast of being from the street and now they're rich though uneducated. This sends the message that they beat the system. Impressionable youth see this and decide that

they don't need to have good morals, an education or a clean police record to make it. Look at the rich celebrities on drugs and constantly going to jail whom everybody loves. In reality, some of the celebrities are no better than the Africans that sold other Africans into slavery. Young people that choose the thug life are sellouts to themselves and future offspring.

The cable television channel B.E.T. (Black Entertainment Television) in reality is B.E.T. (Bad Educational Tool). B.E.T. could be a powerful tool to the education of our youth but that wouldn't be lucrative. African American youth must be made to understand that speaking standard

English, getting good grades, and being courteous is not trying to be white. To reject street life is not a rejection of your race. B.E.T. could teach these lessons since B.E.T. is partially responsible for much of the popular culture. B.E.T. has the power to elevate strong role models but instead blasts the airwaves with 'Street'.

The ideology that being from the streets makes you an insensitive tough character is a myth. The well-lit city streets are not as tough as living during slavery. Booker T. Washington managed to get an education. Frederick Douglass managed. Neither one of them sold bootleg whiskey or sold their people out to excel. A sellout is someone that has an opportunity to excel and move higher but selects to hang with the 'street mentality'. It's much less challenging to become a teenage mother, drug dealer, gang member, school dropout, or entertainer, than become a scientist or a Maxine Waters or a Vernon

Jordan. Neither of these role models was born in the lap of luxury.

We must snap our youth to reality. Being tough is a good thing. It is toughness that compels you to survive through racism and poverty. Doing well in school when your mama is an alcoholic and your father is in prison or unknown is tough. Finishing college when you have no financial aid and have to work two jobs is tough. Being an honest person in a den of thieves is tough. Resisting the temptation of sex until adulthood when it's all around you is tough. That's being from the street and surviving.

(3 of 7 part series)

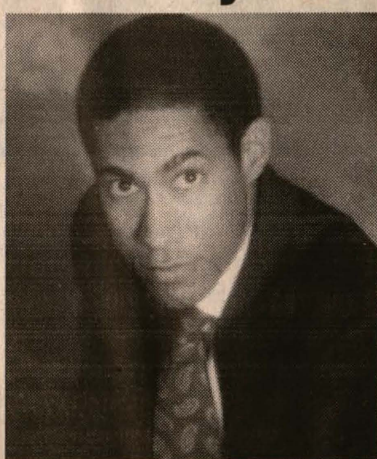
Richard O. Jones is an author, poet, columnist and counselor in the Save Our Sons Program at A.K. Quinn African Methodist Episcopal Church in Moreno Valley. For info about the program call the church at (909) 485-6993 or Mr. Jones at (909) 488-0443.

Reaction to Cosby – Are We Bilingual or ESL?

One of Bill Cosby's comments focused on poor English in the Black community. I regularly notice that not being able to speak standard English hurts our people in the job market. We also have Blacks who further this problem by accusing other Blacks who speak standard English of "talking white" or being "sellouts". Fortunately, there are a number of easy things we can do to help our kids improve their reading, writing and speaking skills.

Bill Cosby's complaint that many Blacks speak poor English struck a cord with me. I believe that too many of our people, kids and adults, are virtually ESL students—they speak, read, and write English as Second Language with "Black English" being their first language.

Unfortunately, not speaking standard English creates an unnecessary disadvantage in the job market. Because I want our people to be able to compete and win, this makes me angry. Every time I am in a store and get a blank look from an immigrant who does not really speak English, I immediately say to myself, "Someone Black should have this job!". A Black person should ALWAYS have English as an advantage when competing for jobs against immigrants. But language is not just speak-



Kevin Martin

ing, it is also reading and writing. Unfortunately, Blacks often do not read or write English much better than immigrants do. Here is a real world example. While reviewing an Inland Empire high school's web site, I noticed that African American 11th graders in this school scored a 23 compared to a 20 for Hispanics and a 55 for Asians. While all of these Asians and Hispanics aren't necessarily immigrants, most would agree that a significant percentage are. How do Blacks in this school perform only slightly better than Hispanics and twice as badly as Asians on this test? I believe the answer is straight-forward. They don't work at their English. Also, their families may not specifically value or know who to teach reading, writing and speaking skills.

Worst of all, in some cases current Black culture denigrates and discourages the speaking of standard English. Growing up, how many of you remember being accused of "talking white" or being a "sell out" or "Uncle Tom" for speaking standard English? I sure have these memories. But, not speaking English when you grow up in an English-speaking country is ridiculous. Speaking, reading and writing standard English is a requirement for almost all jobs and is critical to retail, sales and secretarial jobs. Why put yourself at a disadvantage when competing for these jobs? This is embarrassing. It is like being a six-foot tall basketball player who consistently loses to a five-foot seven-inch tall player because they refuse to jump.

Fortunately there are a number of things that we can do to address this problem. All of us are exposed to Black children through our churches, families (think nieces and nephews), etc. When you get an opportunity, buy them books! All kids like to get gifts. Take them to the bookstore and the library at an early age. Buy them a dictionary. I particularly like some of the pocket dictionaries that also include a thesaurus. Also, read to kids and have them read to you. All of these ideas are simple and rela-

tively inexpensive. However, the impact is great. The time between ages 3-9 are critical to learning language. A failure to learn English at an early age limits academic success forever if not corrected and it is much, much harder to correct as an adult.

Finally, give our kids the armor they need to protect themselves from those who would bring them down. Point out that there is no Black vs. White Arabic or Swahili. Also note that our leaders have almost always been excellent speakers of the English language. Finally, make it a game. Let them know that they should strive to be "bilingual": able to speak informally when required and use proper English when required. I want our kids to be ready to compete in the world. Let's do what we can to make them multi-lingual and not ESL.

Kevin Martin is an entrepreneur in Los Angeles who grew up in Riverside and who is interested in discussing specific actions for improving the Black community. Comments can be sent to by1989@pacifinet.net. This account receives a great deal of spam so be sure to include this article's title or BlackVoiceNews in your subject line.

The Black Voice News

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The Black Press believes that America can best lead the world away from racial and national antagonisms when it accords to every person, regardless of race, color or creed, full human and legal rights. Hating no person, fearing no person, the Black Press strives to help every person in the firm belief that all are hurt as long as anyone is held back.

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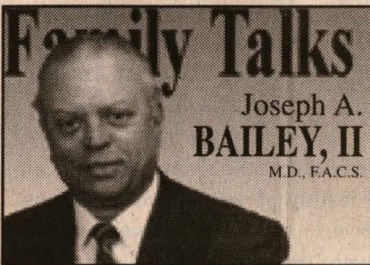
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Joseph A. BAILEY, II
M.D., F.A.C.S.

For ancient Black Egyptians, a state of order (or harmony or balance) was so foundational in their lives that they divinely personified the abstract concept of order in the form of the goddess Maat. In her original role as goddess in mortuary mythology, she was depicted as wearing an ostrich plume (feather) on her head. A picture of this feather was often used as the hieroglyphic symbol for both her name and for "truth." Her origin dates (25500 B.C. in the pre-Egypt area) to that period when priest-astronomers had already charted the stars and planets, had noted the earth responded to these orbits, and had devised units of measurements (e.g. arithmetic and geometry) based upon the observed periodicity of astronomic events. These measurements so matched the cele-

tial order as to itself amount to a revelation regarding the organizing principle by which the Egyptians realized and recognized their own latent harmony in the sense of the "law of sympathy" (all God's creations are related).

So wondrous were the cycles of celestial bodies -- and their even greater, more majestic, and infinitely widening cycles -- that the priest inferred laws by which gods came into being and then disappeared. These laws were "hooked" up to the new mathematical insights into the earlier-known mystery of biological death and generation. Thought to arise from the lunar rhythm of the womb as a result of cosmic order, the goddess Maat, through a mathematical law, was viewed as a correspondent between the earth and celestial realms. Since all Egyptians anticipated becoming part of the cosmos when they died, Maat and her principles were used to make this happen. By putting pertinent mathematical connections into philosophical words, the Egyptians formu-

The Goddess Maat

lated Maat laws. Strict adherence to Maat's laws and manifestations represented a frame within which the Egyptians could use as a standard and guide for living so as to feel secure about conforming to the divine plan for all creation. As an expression of God's love in the world, ancient Africans believed Maat was the true essence of creation (Bunson, Encyclopedia Ancient Egypt, p. 152) and believed that every descendant of Africans contained in his/her mind and physical body the manifestations of Maat -- truth, wisdom, justice, balance, and all the power, strength, and courage needed for getting through life.

Since the heart was said to be the center of thought, memory, and emotion -- and thus associated with intellect and character -- the Egyptians originated the first concept of a Judgement Day for the dead. The resultant ceremony, called the Weighing of the Heart, took place in presence of Osiris, god of the dead and in the Hall of Two Truths. On a pair of

enormous scales, the heart was weighed against Maat's feather (the symbol of justice). If the heart was heavy with the weight of wrongdoings, the balance would sink. Then the "she-monster" Am-Mut (eater of the dead) would immediately devour that heart. Otherwise, the deceased entered the Afterlife -- a great achievement. Since the Egyptians were the only ones around the Mediterranean "pond" to hold a happy view of death, they were quite willing to be wise and virtuous for a chance at eternal bliss. This "Afterlife" concept was borrowed into the religions of Christianity, Islam, Zoroastrianism, and Orphism -- but not by the Greeks. Maat was generally depicted holding the magic cross of life in one hand and the Papyrus Scepter (representing the book of the law) in the other -- the entire picture being borrowed into Greece to represent the Scale of Justice.

website: jablifeskills.com
Joseph A. Bailey, II, M.D.

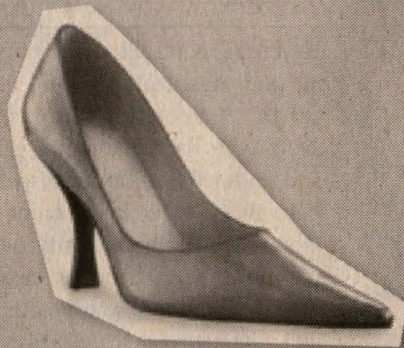
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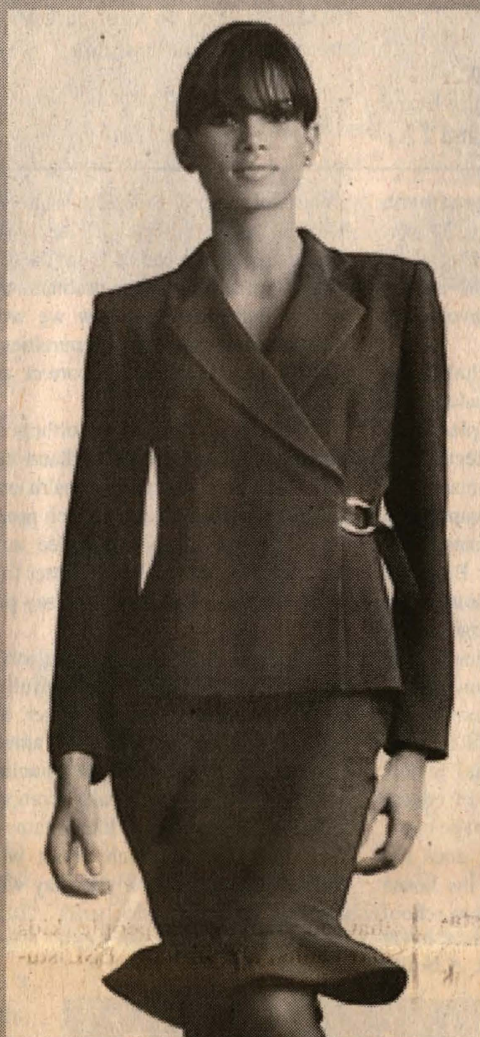
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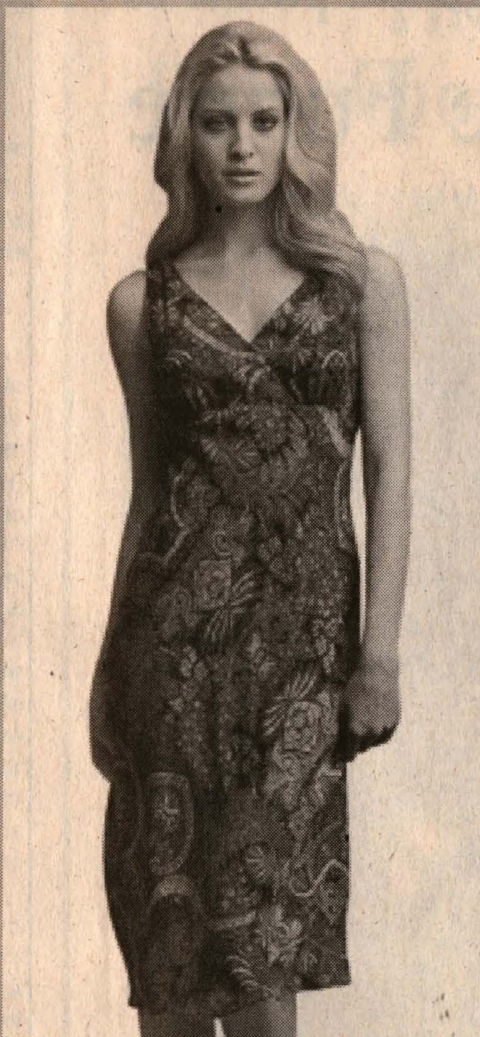
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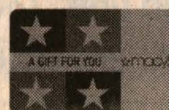


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APPOINT

Continued from Front Page

Gowgani, 69, resides in San Luis Obispo County. He is a Republican.

Raymond Holdsworth is the past president of the California Chamber of Commerce and oversees AECOM's worldwide companies. He is also involved in the Friends of Community Colleges in Los Angeles. He holds a Master of Business Administration degree from the University of Pennsylvania and a Bachelor of Arts degree from Lake Forest College. Holdsworth resides in Palos Verdes Estates. He is a Republican.

Melinda Guzman-Moore is a partner in the law firm of Goldsberry, Freeman, Guzman & Ditora, where she practices business, tort, labor, and employment law. She is a member of the State Bar of California and chair of the California Hispanic Chamber of Commerce. She earned a Juris Doctorate and a Bachelor of Arts degree from the University of California, Davis. Guzman-Moore resides in Fair Oaks. She is a Democrat.

These positions require Senate confirmation and the compensation is \$100 per diem.

Corey Jackson, a junior at California State University, San Bernardino, has been appointed the

student-member of the board. He is majoring in political science and pursuing a minor in public administration. Jackson serves as a member of the Student Union Board of Directors and legislative coordinator for the California State University, San Bernardino Lobby Corp. He is also the chairperson of the City of Rialto Housing Redevelopment and Beautification commission. His previous community involvement includes: state president of the California State NAACP Youth and College Division, founder of the Future Professional Leaders Organization and student board member of the Rialto Unified School

District Board of Education. Jackson, 22, is a Democrat from Bloomington. This position does not require Senate confirmation and the compensation is \$100 per diem.

The California State University Board of Trustees sets policy and provides guidance for the 23 campuses, 409,000 students, and 44,000 faculty of the California State University system. In addition to oversight and broad coordination of campus curricular development, the board appoints the chancellor and vice chancellors for the system, as well as the presidents for the campuses. The board consists of 24 members, 19 of which are appointed by the Governor.

WATERS

Continued from Front Page

sober-living program for women freshly released from prison that individuals and community organizations must put the spotlight on health providers and county officials by attending public meetings and forums where health policy decisions are made. She took a swipe at government regulators and blamed people with hidden agendas for continuing attempts to close down critical care hospitals and health facilities in ethnic neighborhoods, such as King Drew Medical Center in Watts and LA's

Harbor General. She said individuals and organizations from underserved communities must insist on a voice in the creation of general and culture specific health related guidelines. Churches, senior centers and other community gathering places can become clearing-houses for monitoring health risks and advocating disease prevention. Waters believes that when a health plan is in place, everyone involved is more apt look in their own mirrors. "Pick your battles," she told residents. "You do your part. Insist that your leaders do theirs."

FRYKMAN

Continued from Front Page

nicating those outcomes to African-American, Latino and other communities when high risk problems exit." Frykman says the department needs broad-based constructive input in order to create accessible programs and forums that promote quality healthcare and prevention. "This department recognizes and appreciates the value and importance of working with multiple stakeholders."

That's welcome news to the county's African-American community, many of whom are simmering after hearing the preliminary findings of a study that found a systemic and pervasive disconnect between the Black patient and healthcare providers in the county. Frykman's call for creating a health plan came one day before a group of county residents took their concerns to a Los Angeles community town hall meeting hosted by U.S. Congresswoman Maxine Waters. Last

week the African-American Health Initiative's Health Planning Project concluded that Blacks are dying at an earlier age than Whites and others, despite being interested and involved in their personal health.

Some residents have challenged Frykman and other county leaders over the lack of a mandated health plan, a so-called business plan for safeguarding the health of residents. Frykman, who holds an MBA, bristles at comparing a public health plan with a business plan. He says, unlike the CEO or Board of Directors who control a company's goals, financing, and to a large extent its outcomes, health department programs and policy revolve around multiple factors - most of them out of the health officer's control. "Public health is highly influenced by social factors such as discrimination, lack of education, crime, poverty and language barriers," he says. "If Joe Blow does not have a sidewalk in front of his house and he refuses to send his kid to school and his actions result in a healthcare disparity, I can't control that. A health

plan can't force individuals to eat healthy and exercise," he says. "However, what it can do is set the tone for how we address social problems that lead to disparities and how we work with stakeholders in our communities to identify best practices to correct and prevent them."

Frykman, the son of an orthopedic surgeon who specializes in hand surgery, says he chose public health over the art of performing a high tech procedure to repair a guy's mangled wrist "because I want to make life better for a lot of people - all at once. It's my passion."

With just three years on the job, a cash-strapped budget, a drawer full of county health problems and anger, disappointment and skepticism among some residents, one might conclude turning the county's health compass from sick to healthier is like a game of cards. It's not so much about what you're holding but how you play what you've been dealt.

RODEO

Continued from Front Page

over 120,000.

On Saturday, July 17th at 1:30 PM & 6:30 PM and Sunday, July 18th at 3:30 PM, the Rodeo will take place at the Los Angeles Equestrian Center, 480 Riverside Dr., Burbank, CA 91506. Ticket Prices: \$10 CHILD (Advance); \$12 CHILD (Day of Show); and Box Seats \$22. \$15 ADULTS (Advance); \$18 ADULTS (Day of Show); and Box Seats \$22 and \$26.

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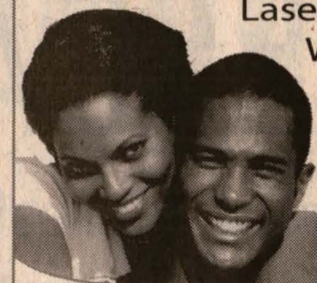
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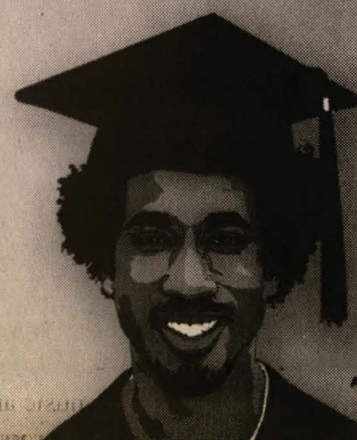
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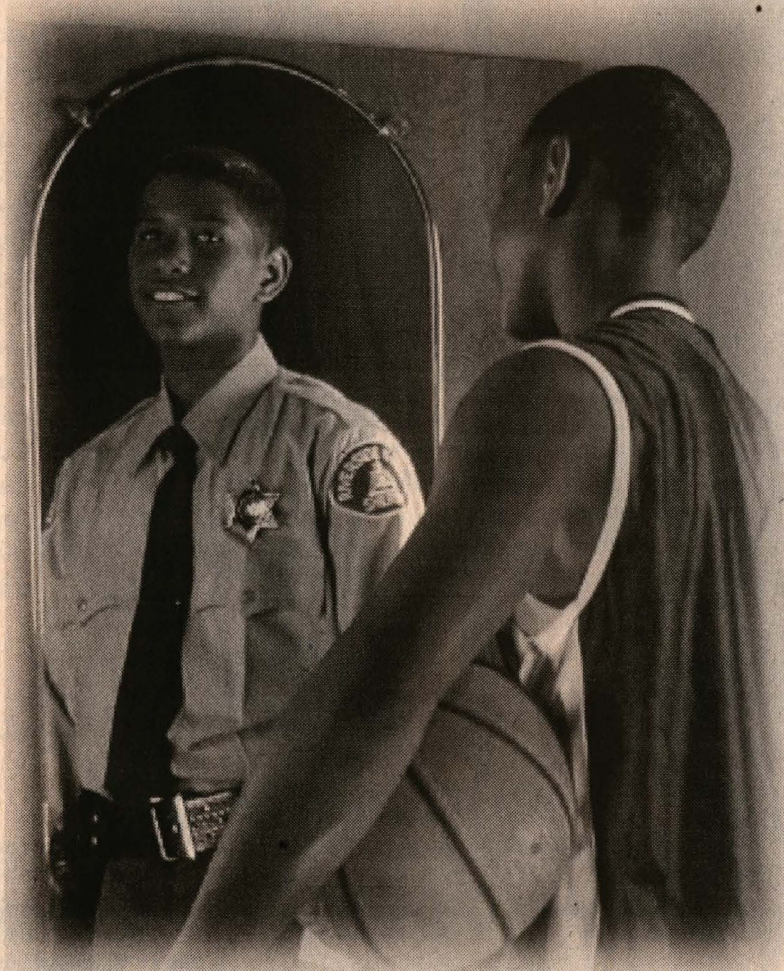
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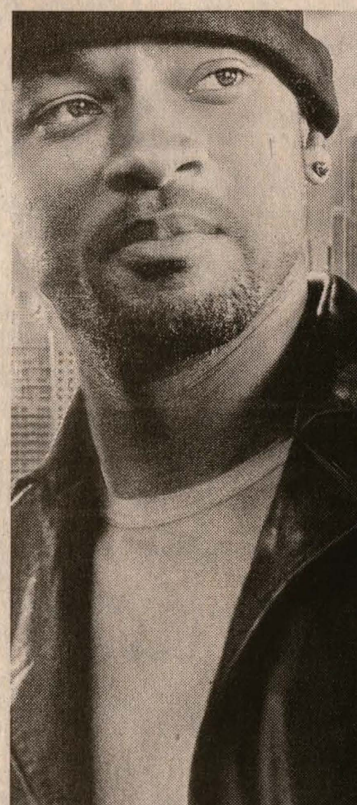
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The Black Voice News

RIVERSIDE

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tice maneuver techniques while driving the racing lines, and understanding the apex of corners. Our mission is for all of our drivers to leave with an understanding of what it takes to be a winner from within, to "Speed with a need to

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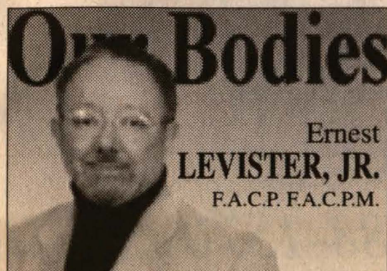
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Dear Dr. Levister: My 5 year old is afraid to go to the dentist. His teeth are in bad shape. What can I do to make him relax?

P.K.

Dear P.K. Relax, he's not alone. Hearing the word dentist is enough to send some adults into panic attacks. An estimated thirty-five million Americans suffer from some degree of anxiety over visiting the dentist, and another twelve million can be classified as true phobics.

Good Health Equals Understanding Diabetes

According to the Centers For Disease Control (CDC) approximately 206,000 people under the age of 20 currently suffer from diabetes. A total of 18.2 million people have the illness, 13 million have been diagnosed while an estimated 5.2 million are unaware that they have it. 8.7 million men and 9.3 million women reported having diabetes in 2002 and African Americans in general will develop the illness at a rate two times higher than whites. According to the American Diabetes Association approximately 800,000 new cases are diagnosed annually, averaging 2,197 newly diagnosed patients a day, most of which are African American. 25% of African Americans between the ages of 65 and 74 have diabetes and one in four African American women over 55 years of age suffer from it. According to the American Diabetes Association 4 million African Americans knowingly have diabetes while an additional 2.5 million African Americans are unaware that they have it.

Diabetes is a group of disorders characterized by high levels of glucose in the blood. The disease is a result of the pancreas' inability to produce sufficient amounts of insulin, a hormone that helps the body's tissues absorb glucose (sugar) so that it can be used as a source of energy. Diabetes is classified in two types, Type 1 and Type 2 Diabetes. Type 1 diabetes is often referred to as insulin dependent or juvenile onset diabetes, being that its incidence rates are higher among children and adolescents. Type 1 develops when the body's immune

Fortunately, dentists are becoming more and more aware of the problem and have developed many ways to help patients relax – everything from soothing music and fish tanks in the waiting room to video games to be played while in the dental chair.

According to the American Dental Association, most dental squeamishness can be traced back to an unpleasant childhood experience. Making a child comfortable with dental treatment from the outset can do much to eliminate anxiety in adulthood.

Here are some suggested tips to show you how to make your child's visits more pleasant: Don't put off a child's first den-

tal visit until a painful condition has occurred. This will only teach the child to associate the dentist with pain. Have your child's primary teeth examined early. Emphasize to your child that the dentist is a friendly doctor. Never threaten a child with a visit to the dentist as punishment. Avoid passing on any fears about dental treatment to your child.

Dental treatment is not as painful as it used to be, thanks to widespread fluoridation, advanced techniques and high tech dental equipment. Developing good habits such as regular dental checkups, drinking fluoriated water and brushing after meals at an early age can

minimize the number of visits to the dentist. These days some kids are sailing through childhood without a single cavity. If non-routine treatment is required, ask the dentist to explain to your child what is being done and why it is necessary, and to use the "tell, show, do" technique – where the dentist demonstrates the procedure first – with your child during any treatment.

er population. We do not have control over our ethnic and genetic predisposition to an illness. However we do have the power to control our diet and physical activity. Obesity rates among African American adolescents aged 6 to 19 years old is at a high of 56.4 % and over 70% of the African American population aged 20 to 74 years of age are overweight or obese. In the past decade obesity rates among the African American community has increased 52% (CDC 2000). The continuous increase of obesity rates reveal higher obesity prevalence in African American females than males and the same for diabetes.

Note: Riverside Community Health Foundation brought this article to you. At the "Foundation" we are working very diligently to educate the African Americans in this community. Amina Jones, Health Education Assistant, who is presently responsible for S.H.A.R.P. (Senior Health Advocacy Revitalization Promotion) our senior program researched and wrote this article.

Dental Anxiety

minimize the number of visits to the dentist. These days some kids are sailing through childhood without a single cavity. If non-routine treatment is required, ask the dentist to explain to your child what is

being done and why it is necessary, and to use the "tell, show, do" technique – where the dentist demonstrates the procedure first – with your child during any treatment.

For additional information about African American Health visit the African American Health Network at www.aahn.com

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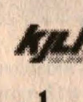
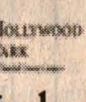
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McCullough to Speak at Grace United Methodist Church

The Black Voice News

SAN BERNARDINO

The Rev. John L. McCullough will help Grace United Methodist Church cel-

brate its 36th Anniversary/Homecoming on Sunday, July 18, 2004 in a 10:30 a.m. service (the only service of the day) at 4112 W. Slauson Ave. in South Los Angeles. The Grace church family

and Pastor Paul A. Hill invite the public to join in the celebration. The Grace Mass Choir will offer special music

and a special salad luncheon will follow this worship service. For reservations to the \$8.00 luncheon, call 323-294-6653.

Rev. McCullough is the executive director and CEO of Church World Service, an international and ecumenical humanitarian relief, development, refugee assistance and advocacy organization.

In the past year, Rev. McCullough has led ecumenical peace-making delegations to Korea and West Africa, hosted historic consultations with African church leaders in

Nairobi, Kenya and participated in a humanitarian peace-making mission to Iraq.

He also co-chaired two Washington, D.C.-based conferences, one on the crisis in Haitian migration and the other on the Korean crisis. The agency recently launched its Africa Initiative, which includes programs on peace building, conflict resolution, water for life, durable solutions for the displaced, HIV/AIDS in Africa, and hunger and poverty alleviation.

Minnesota's Sudanese Pray for their Homeland

The Black Voice News

MINNEAPOLIS (NNPA)

(First of a Two Stories)

By Jeremy O'Kasick

Even though he has watched the video clip dozens of times, Sudanese refugee Saif Harun still grins with pride as he edits and re-edits footage of a recent picnic that brought together numerous Sudanese families all over the Twin Cities.

"This is the first time something has happened like this," he says, sitting in the editing studio of a cable access station in Roseville. "You see here we have peoples from all over my country: Khartoum, Nuba Mountain, Equatoria, the South...all together."

Harun will include footage of the gathering in an upcoming episode of "Sudanese Voice," a bi-monthly television show that he produces for a northern suburban cable access station and for the Minneapolis Telecommunications Network (MTN). He goes on to explain how civil warfare has tormented his home country off and on over the past four decades.

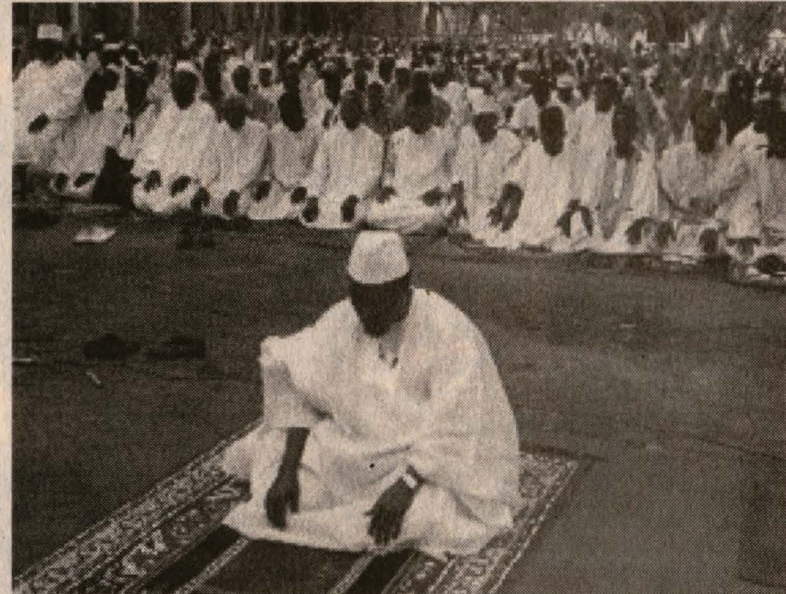
Whatever joy Harun feels for the growing unity among his countrymen in Minnesota ultimately falls victim to his great dread of the current catastrophe in Sudan. In recent months, government forces and militias have slaughtered an estimated 30,000 people in western Sudan's Darfur region and displaced more than a million others, many of whom have fled the country for refugee camps in neighboring Chad.

United Nations officials have called the conflict one of the worst humanitarian disasters in recent times.

"What I am seeing now is a genocide," says Harun, who was born in Darfur and has lived in Shoreview for the past three years. "They destroy villages, farms, and kill thousands of people. It is getting worse."

Both U.S. Secretary of State Colin Powell and UN Secretary General Kofi Annan visited Sudan recently, touring refugee camps and the nation's capital, Khartoum, where they met with government officials to help resolve the complex conflict in Africa's largest nation.

The high-profile visits



inspired a renewed hope among the Sudanese community in Minnesota, which is estimated at 2,700 people. Harun says that many members of the community have come together in praying for peace in western Sudan.

In March, Harun co-founded the nationwide Darfur Association, which advocates for peace, stability, and human rights in the region. Harun says that while southern Sudan has long been embroiled in civil war with the government, problems in the west have arisen only in recent years.

"This regime uses the faith as a political issue. That is why I am against them," says Harun, who is Muslim like the vast majority of western Sudanese. "We shouldn't have a problem. Muslim and Christian and even non-religious people, they live in Sudan and there is no problem. This regime creates the problem by abusing the religion."

He explains how the government has also sparked hate between Sudan's ethnic groups in an attempt to strengthen their control and the rule of Islamic law in the country.

Even though they are all technically African, Western Sudanese recognize themselves ethnically as of either Arab or African descent. The government has armed and supported Arab militias known as the Janjaweed to massacre thousands of African civilians after some small uprisings by rebel groups in the region. Riding on horseback from village to village, the militias have terrorized Darfur, systematically killing all men, raping African women, burning their homes, and forcing many others to flee on foot into Sudan's scorching desert.

Saif Harun, whose father is African and mother is of Arab descent, says that the carnage has sadly reminded him of his experience covering the civil war in southern Sudan as a radio and TV journalist in the early 1990s. After being trained by Sudan's Ministry of Information, Harun traveled to the frontlines of the Islamist government's longstanding war with the African, predominantly Christian, and animist south.

"The government said it was a holy war, and they wanted me to serve in the jihad. They force you to be a reporter to serve the army. You have to write what they tell you to write," he says. "I went to the south and I saw a lot of people being killed, a lot of tragedy. They send a lot of kids to the war field. Even 15 years old. You can't imagine it. They lost their legs and arms. When I saw that in the south, that's when I left and went to Eritrea."

Harun joined an opposition force in the nearby nation of Eritrea with the aim of toppling Sudan's government. After his youngest daughter died in a refugee camp, however, he decided he had to save his wife and other two children, so he applied for refugee status. After receiving the status, he moved to Fargo, N.D. in 2000 before moving to the Twin Cities.

From the Dakotas through Iowa and Nebraska, the Midwest is home to thousands of Sudanese refugees, most of whom prefer to live in rural areas, as they were formerly farmers and cattle herders in Sudan. Nearly 1,300 Sudanese have settled across southern Minnesota, many of them from African tribes in Sudan's southern regions. Even Harun says he doesn't feel comfortable in the

city, preferring the serenity of Shoreview.

Having previously edited, "Sudanese Voice" at MTN, he now spends endless hours as a volunteer, creating the show at Northern Suburban Cable Communications in Roseville. "Sudanese Voice, which is in Arabic, the official language of Sudan, focuses on news about Sudan, the Sudanese community in Minnesota, and Sudanese culture, including theater and dance. Harun says he tries to spotlight the vast number of different cultures of Sudan. Even though he is studying nursing at a community college in St. Paul, he hopes to continue working as an independent journalist.

He believes that the worldwide press about Darfur and Sudan, as well as the visit by Colin Powell, has helped facilitate the peace process, which has largely been led by Americans, and will help bring an end to the violence in Darfur. But he has little faith in the current Islamist Sudanese government and their commitment to peace.

"The agreement now, I do not think that this is going to solve the problem in Sudan," he says. "I call it a cease-fire. It is not peace. The problem is not just in the west. It is all of Sudan. There are many problems and it is very complex."

While Colin Powell stopped short of calling the recent violence genocide, he did strongly condemn the atrocities and put pressure on the Sudanese government to allow more humanitarian aid to the region and to disarm the militias. According to reports from the British Broadcasting Corporation (BBC), the government has agreed to disarm the very renegade militias that they first helped to mobilize.

Daily violence continues across Darfur's arid lands, and even those who don't face the wrath of the militias must contend with the threat of starvation and disease.

"I am dying inside. When I see my people suffering, it is not easy," Harun says. "I must find a way to serve and help them."

(Next week: A full-blooded revolutionary whose husband died on the frontlines of the civil war in southern Sudan tells her story.)

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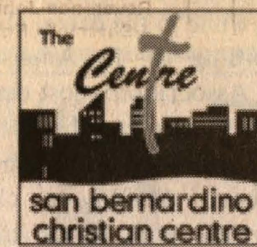
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Californians Respond to Efficiency: 17th Annual Water Awareness Month A Success

The Black Voice News
SACRAMENTO

The California Department of Water Resources is reporting statewide snow pack at roughly 52% of its usual amount and many reservoirs are below normal levels – both indicators that water use efficiency AND energy efficiency will be paramount this summer.

“August temperatures in April caused us to tap hydro-power early this year, meaning we will not have as much hydroelectricity in late summer,” says California ISO Board of Governors Chair Michael Kahn. “Efficient use of both electricity and water plays a critical role in California’s energy future.”

For California families, efficiency translates to big savings on utility bills. Replacing a 10-year-old clothes washer with an ENERGY STAR qualified model saves the average California family a total of \$1,356 dollars in water and energy costs over the life of the machine. Plus, many electric and water utilities offer rebates to make the efficient machines cost competitive up front. What’s more, as water metering, rather than flat rate billing, becomes standard in California, all families stand to benefit financially from using water and energy wisely.

While many Californians recognize the role energy conservation and efficiency played in keeping the lights on during the energy crisis, most Californians are not aware of the link between water and energy. Throughout Water Awareness Month in May, the statewide energy efficiency campaign Flex Your Power and leaders from California’s utilities, water agencies, businesses and schools redoubled efforts to highlight



the importance of using energy and water efficiently. “Electricity and water are vital resources that power California’s economy and contribute to our high quality of life,” says Lester Snow, Director of the California Department of Water Resources. “The Department of Water Resources depends on electrical power to manage water for families, cities, industry, agriculture, and fish and wildlife. I am, therefore, as dedicated to the conservation of electricity as

I am to the wise management of water.”

The efficiency message was delivered at dozens of water festivals hosted by local water departments throughout the state, as well as through Flex Your Power’s television, radio and print media ads starring the California Sea Lion.

ENERGY STAR qualified appliances

are a centerpiece of California’s energy efficiency campaign. The energy and water saved through replacement of old appliances with ENERGY STAR qualified models saved more than 274 million kWh and 3.4 billion gallons of water in 2003 alone. Through partnerships and coordinated outreach efforts, Flex

Your Power and the State’s water agencies expect to post even more impressive savings numbers by Water Awareness

Month next year.

Flex Your Power is California’s statewide energy efficiency campaign. Initiated in

2001, Flex Your Power is a partnership of California’s utilities, residents, businesses, institutions, government agencies and non-profit organizations working to save energy. To learn more about water and energy savings, or to sign up for Flex Your Power’s electronic newsletter, visit www.fypower.com where information is available in English, Spanish and Chinese.

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Black Voice News Graduation Special

BEATING THE ODDS



Where Are The Black Men on Campus?

By Chris Levister

"He struts through the world like some dusky colossus looming larger than life itself: a dangerous, angry, uneducated nightmare to some, a macho-cool, sexually obsessed fantasy to others. An American original — feared, emulated, loved, shunned, desired. Educated, he always has had and always will have an element of danger and revolution. Nevertheless, the Black man strives to know."

When sociologist and scholar W.E.B. Du Bois wrote these words more than 100 years ago, America's college campuses were infinitely different for Blacks. Education, many believed then, was not only worth dying for, but was the Golden Fleece that combated the vestiges of enslavement. Today, go to any high school with Black males and tell them they are smart enough to go to

any university in the world. Many of them will say, 'Not me.'

So when Andre' Burgess reached for his degree in psychology from UC Riverside a few weeks ago those words resonated deeply. Growing up in the dredges of Long Beach and Compton was not a pretty picture. "When I graduated from inner city Jordan High School a whole lot of us said, 'Not me'." The lack of resources left us undeveloped and unprepared." When he enrolled at Cerritos Community College he was promptly dumped into remedial classes. "I was ashamed and confused." Burgess laughs now. That long bumpy road from Cerritos to Compton Community College and finally UC Riverside has landed him on a fast track to Dental School at UC San Francisco this fall. "I credit it a mix of determination and mentoring. I was lucky to find nurturing in Black student programs and

organizations. I found professors and mentors like the Vines, a Black physician's group, who wanted me to succeed. I had to crawl out of my shell." He went from timid to president of African-Americans United in Science, the campus organization that offers support and mentoring to Black science students, with a desire to reach back for Black high school students trapped in a 'Not me' culture.

It is against the backdrop of the 50th anniversary of Brown v. Board of Education, the case that ended legal segregation in American public schools, that young Black men are by most social indicators, unraveling at the seams. More are being incarcerated, more are rejecting fatherhood, more are dropping out of high school and fewer are going to college. And, in nearly half of Black households today, the responsibility of provider and protector has shifted

to Black women.

"To be a Black man on a multiracial college campus, it's lonely. It's alienating, it's isolating. If you're a math or science major you look to your left and look to your right and realize you're the only one — it's scary." Kevin Eddington is a UCR senior African-American Studies major from Inglewood. "When I stepped on campus I was so nervous. I came here believing the educational deck was stacked against me. I remember my first quarter I just sat down and studied for 8 to 10 hours straight every night. The reality is when Black issues come up in the classroom you end up debating yourself. I had to beat the odds. Failure was not an option. My mother, a Vietnamese immigrant, never went to college; my father, a Black man, never graduated from high school."

To say the deck is stacked against

the Black male on campus is an understatement. Those who manage to get in are not only faced with the reality of race but are also slapped with what some academics are calling the "feminization of the academy." "The ratio of male to female was like 9 to 40. It was a man's best and worst nightmare," says UCR graduate Corey Swell from Carson. "There was anger at the low level of expectations that confronted us at every pass; the assumption was we were not capable or deserving of a decent education because we would never amount to anything anyway." In the beginning, it was one big party. Then reality set in. The computer science major remembers returning to his room after a night of frolic and admitting, "I am an endangered species here. I have to choose between the women or survival. I chose survival. I got my ass in gear." In gear he did, Swell graduated with honors and this fall he will enroll in the highly coveted University of Michigan computer science doctoral program. Sewell laughs, "UCR gave me the playground. It was up to me to learn where, when and with whom to play."

To be clear, women, regardless of race are outstripping men in college enrollment and graduation. In 1980, 24,511 Black men earned bachelor's degrees compared to 36,162 Black women — a difference of 11,651. By 2000 that gap tripled when only 38,103 Black men earned four-year degrees compared to 73,204 Black women. In other words, nearly 70% of Black college graduates in 2000 were women. Burgess, Eddington and Swell worry about the fate of their brothers who wallow in the belief that an education is an unnecessary barrier that stands between them and making fast money. "We embody America's contradictions. We swagger as if we own the universe, yet struggle with our own feelings of powerlessness."

In short, the state of Black men is highly disturbing. The decline of Black men enrolling in institutions of higher education has both sociologists and educators deeply concerned. "To put it bluntly, we are watching the largest group of Black males in history stumbling through life with a ball and chain wrapped around their legs," says UC Riverside Counseling Clinical Psychologist, Dr. E.M. Abdulmumin. "Coming on to a multiracial campus can be frankly, a culture shock. The university culture is

unique within itself. The education experience is driven by the faculty. In different colleges they have different attitudes. Sometimes that translates into 'you are not welcome here.'"

"At Historically Black institutions and many highly competitive private schools, once a student is accepted, chances are he'll graduate. Here, everybody will not pass or graduate, period. The professor says look to your left, look to your right, half of you won't be here at semester's end. And guess who's sitting in that half. It's a war of attrition in public institutions. At UCR, of 129 Black graduates, 33 were males, he says."

"Our kids come here unprepared." Many Black males arrive wearing the look of the streets, baggy pants and do rags. I tell them, park the boom boxes, hip-hop jewelry, street talk, hostility, and partying at the gate. You come here and adapt or you're out." "That reality quickly turns to panic," Abdulmumin says. "They begin to understand fear because they don't know if there's a way out of the deep hole into which society has plunged them. The self-defeating macho cool attitude is common among young Black men. It helps us embrace negativity. We're proud of being a dropout or having been in juvenile detention or worse, killed by gangs. Families celebrate at funerals with a fifty dollar bag of marijuana. It helps us hide the pain of poverty, desperation and racism."

A year-end celebration of African-American graduates offered a sobering and much debated snapshot. The keynote speaker asked graduates to stand. 70 students rose from their seats. Abdulmumin says, "When the female graduates were asked to sit, 3 Black males were left standing. It was a heartbreaking and compelling truth."

Finding answers to why Black males aren't on campus is as complex as the oxygen in the air. Dr. Abdulmumin and survivors like Andre', Kevin and Corey cling to hope in simple truths: "Precarious as our status may be, we must think achievement over barrier. 'Me' instead of 'Not me'. Ask for help. Know that you are capable. Know that you can succeed. Know that you can go to any university in the world. It's not so important that we shout it, but that, deep down, we believe it. In the end it may be all that saves us from a world that insists we can't and we won't"

Changing The Face Of Medicine

Aspiring Doctors Break Down Barriers in UCR Biomedical Sciences Pipeline

By Chris Levister

Enter UC Riverside's Thomas Haider Biomedical Sciences building and it's a tangle of cadavers, strange instruments and words written on blackboards most of us can't pronounce. Inside this highly charged cocoon, graduates Tiffany Hill and Aisha Nnoli are like tendons and muscles, a perpetual symphony.

In June, both received their bachelor's degrees in biomedical sciences while at the same time completing their first year of medical school. Both are tenacious, scholarly, reserved and both, in due course, will help lead to the majority of physicians being women.

At a reception honoring the 2004 class of Biomedical Sciences graduates, Aisha was chosen "baby" of the class, a fitting distinction, having entered UCR at age 16. Tiffany, the "mom" as one classmate called her, "She's always after us to study hard and clean our ears. Just like mom." Nuzzling with her six year-old-daughter Desiree, the distinction of a caring, no nonsense mom goes beyond her academic family. Tiffany became a single parent at age 16. Both Tiffany and Aisha will enter the second year of the once highly criticized, now restructured Biomedical Sciences program packing high honors. Tiffany, who graduated summa cum laude, took home the Celso Gonzalez-Lopo award

and a \$500.00 scholarship. She will divide the summer between family and a physician shadowing externship at Riverside Community Hospital. Aisha graduated with several honors including the Ernst A. Noltmann Memorial Award and it's accompanying prize of \$2,500.00. She will spend time with family this summer before crossing the Atlantic to Sweden's Lund University where she will participate in a highly coveted cancer research project.

Outside the classroom, the two women are as different as night and day. Aisha of Caribbean descent, comes from a close-knit family and the multicultural rough and tumble neighborhoods of Seatac, Washington. She attended high school just one year before entering college on a scholarship through a 'gifted' program called Running Start. "As a child I volunteered at a soup kitchen. I saw rampant diabetes and other diseases. I felt powerless to help. I think the most enduring power is power to do good."

Tiffany balances parenting with an almost incessant thirst for knowledge. The product of a single parent home, she knows where to go for comfort: to Oakland and mom. "She's my best friend and supporter," she said.

Her sister, Vennessa, is a third year honors student at UCR.

"Medicine, I think, is the most humanitarian endeavor anyone can



Aisha Nnoli (2nd from l) and Tiffany Hill (center) accept awards from UCR's Dr. E.M. Abdulmumin (l), Dr. Ameae Walker (2nd from right) and Dr. Craig Byus (r) at UCR's Black Commencement.

do," says Aisha, whose childhood aspirations evolved early and whose college honors didn't come easy. "This is my passion. The curriculum was very challenging. I struggled at the beginning. I was lonely and far from home. Invitations to party and date were everywhere. I had to set a goal and stay focused," she says. As for the Biomedical Sciences pro-

gram, "We're like family here. Everybody is pulling for the same prize." She credits her survival to her biological family, her professors, student advisors and the program's interim Dean Dr. Craig Byus,

"He's always smiling. I light up when he comes around because I know no matter how tough things

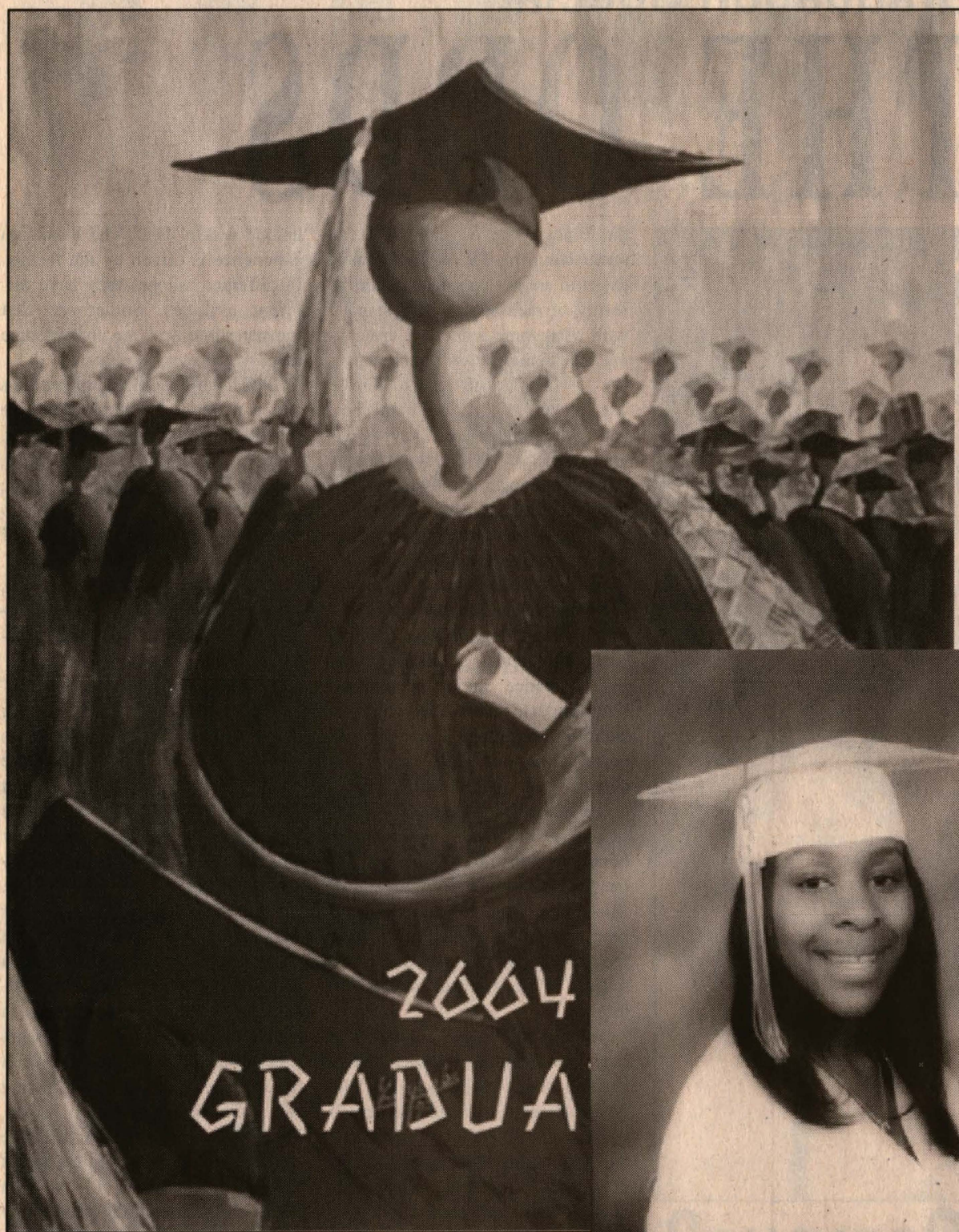
get, he's always willing to help me stay focused. I guess that's a change from the way things used to be here," she says.

Staying focused is a mantra Tiffany swears by. "You can't let the rough spots and naysayers blur your vision. Yes, I'm a single mom. There were those who didn't believe in me. As a woman I'm helping to

change the face of medicine, but those are all secondary to why I'm here. I want to become a doctor. If I allow secondary nuances to become barriers, I'm defeated."

Tiffany wants to practice family medicine. She credits Kathy Jones, director of the campus honors program and the Vines, a Black physicians mentoring partnership, for supporting her dreams. "Their guiding hands helped me stay focused while gaining knowledge and confidence. As people we can't look for mistakes and defeat in others. Find the good in others. It's all around you, she says." Find it, showcase it, and you'll start believing in it."

Aisha hopes to blend her humanitarian and research interests with oncology and surgery. "I want to form a bridge between compassion and advanced research to help prevent and treat the ravages of cancer." Her advice to aspiring medical students is "be aggressive about securing research internships and doctor shadowing experiences. Don't be afraid to ask for resource help. Study abroad. These experiences can help broaden a student's view of life outside the classroom environment." Aisha also advises, that involvement in campus student programs and community outreach projects can offer rewarding opportunities for improving the quality of life for others. "Don't limit yourself," she says. "The only limits are the ones you put on yourself."



The Graduate courtesy of Okaybabs



► AMBER



◀ SHENITA



NEFERA ◀

Amber Mack graduated from Pacific High School in San Bernardino. She will be attending San Bernardino Valley College. She is the daughter of LaLisa Mack.

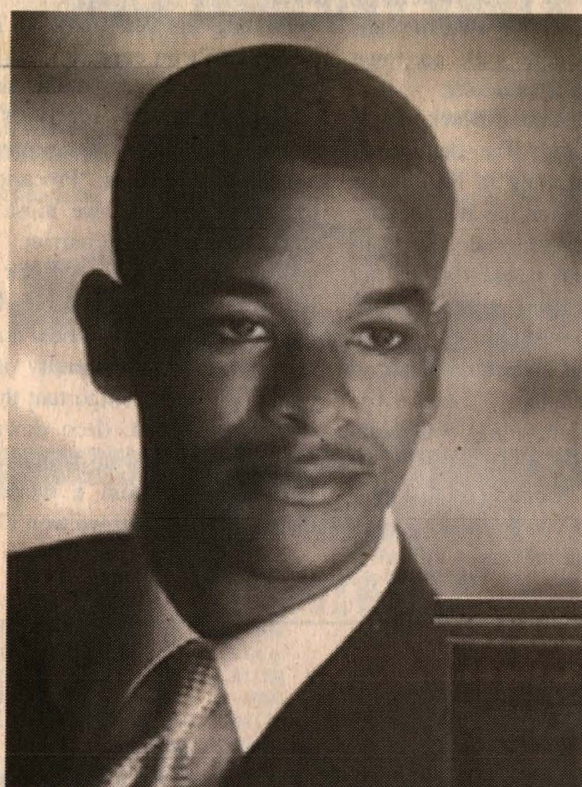
Nefera Croom is a graduate of North High School in Riverside. Nefera has maintained a high grade point average despite the loss of her father, Michael Croom, last spring. She was accepted at several colleges and will be attending Xavier in the fall in the pre-medicine program and the Biomedical Honors Corp.

Shenita Williams, 17 graduated from Redlands East Valley High School. In the fall, she will attend Wilberforce University in Wilberforce, Ohio, majoring in journalism with a minor in child development. In the future, she aspires to become a writer and open her own day care center. Williams is the granddaughter of Samuel and Faye Jackson.

Brandye Laura Combs, who graduated from Jurupa Valley High School, is the recipient of the North Rubidoux Women's Club Scholarship Award for 2004. She will attend the University of San Diego in September to major in Political Science. She plans to become an attorney and a judge. Her father, Julius Combs, mother Bettie Combs and brother James Combs would like to let her know how proud they are of her. She is a 4 year honor roll student, varsity cheerleader and ASB Secretary.

Kameron Lemmons graduated from Canyon Springs High School in June 2004. His future plans are to attend USC in the fall majoring in Engineering. His parents are Karl & Shirley Lemmons, and he has a younger brother, Kyle Lemmons.

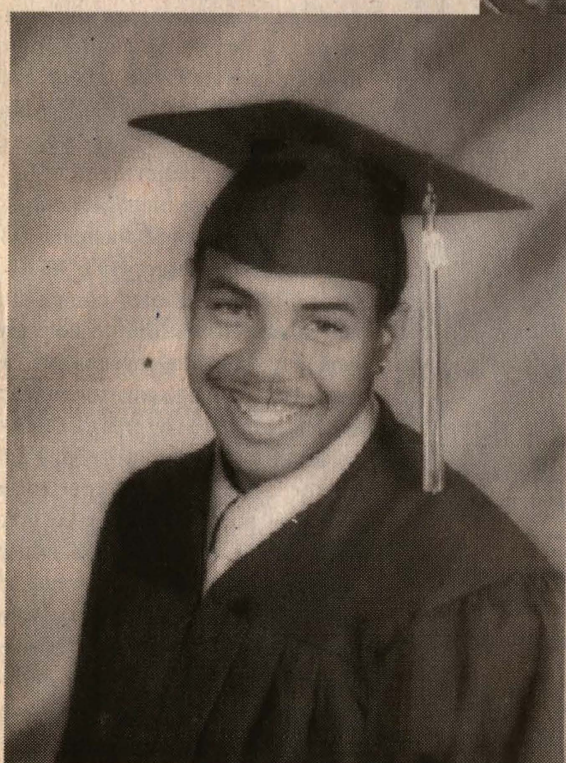
Steven Dixon, II graduated from Redlands High School. His future plans are to become a teacher working with K-12, a math teacher, or a coach. His parents are Steven Dixon and RJ Jackson.



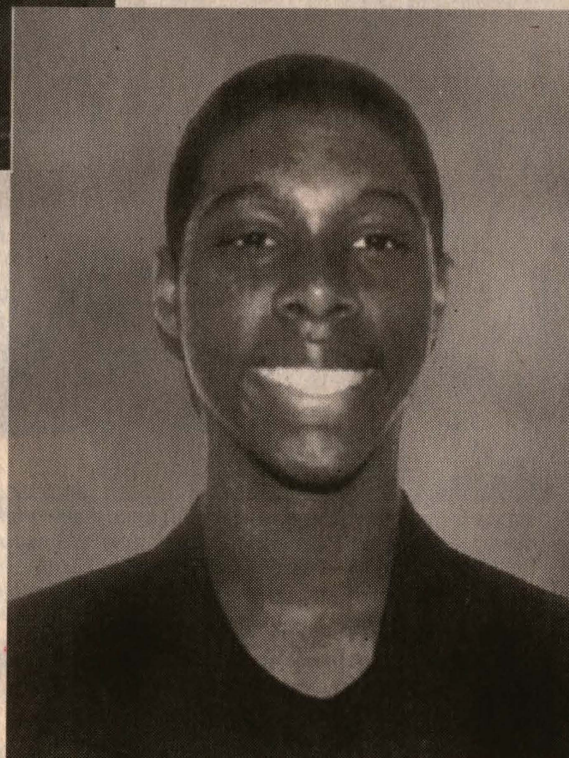
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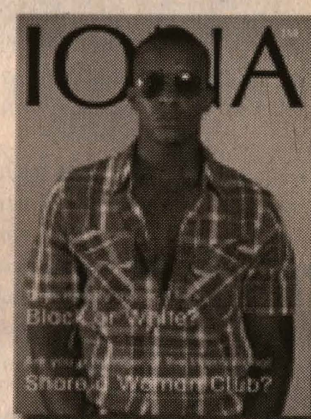
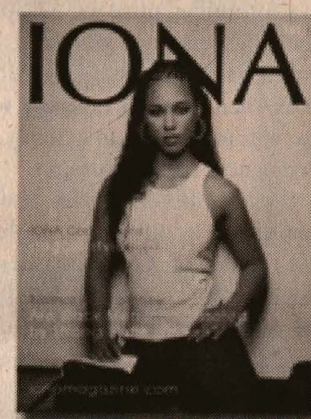
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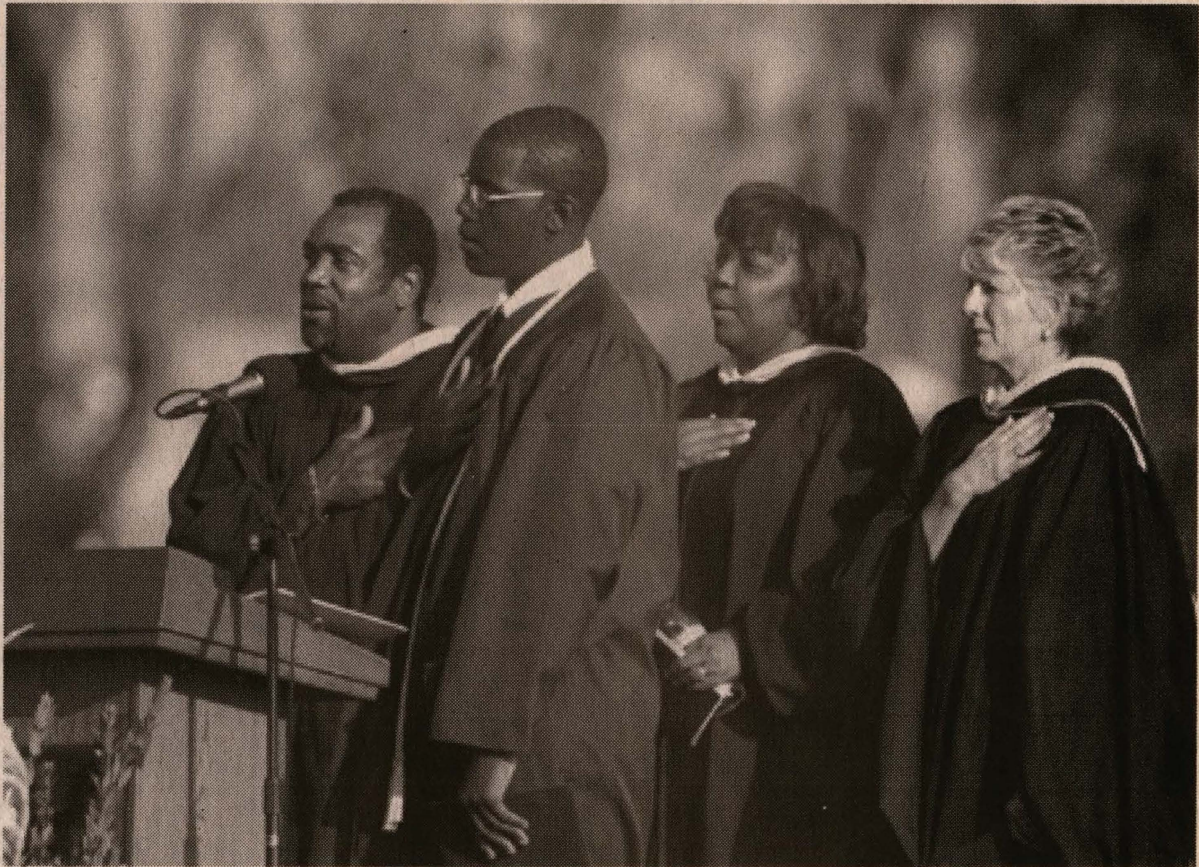
2004 Pal Center Graduates



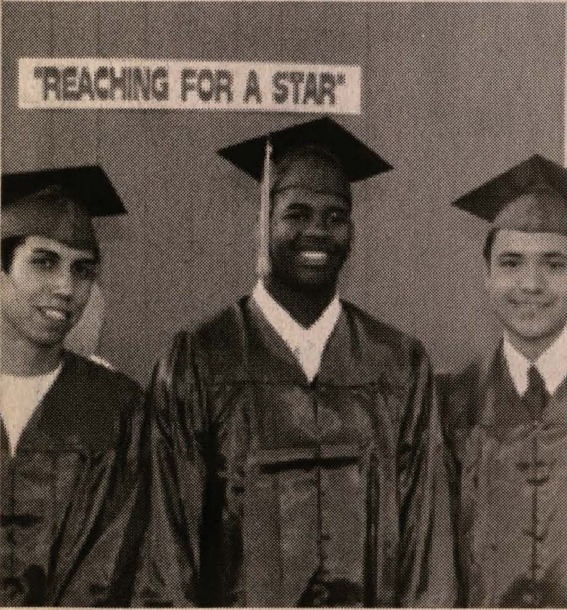
Dr. Mildred Henry (c) with 2004 Pal Center graduations

Photos by Jon D. Gaede

2004 San Gorgonio High School Graduates



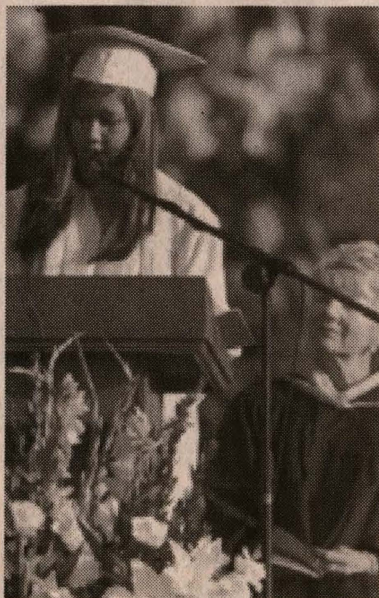
Antonio Dupré, ASB Student Antonio Banks, Dr. Judy White and Principal Sandra Robbins during opening celebrations at San Gorgonio High School graduation.



l-r: Luis Ramirez, Jr. (Valedictorian), Alexis Demochet and Carlos Guerra



l-r: Principal Tom Cass, Margaret Hill, Cadet Nick Arevalo, Diana Handy (teacher) and Dr. Elsa Valdez (SBCUSD Board President).



Senior Class President Linh Tran



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St. Paul AME Celebrates Graduates



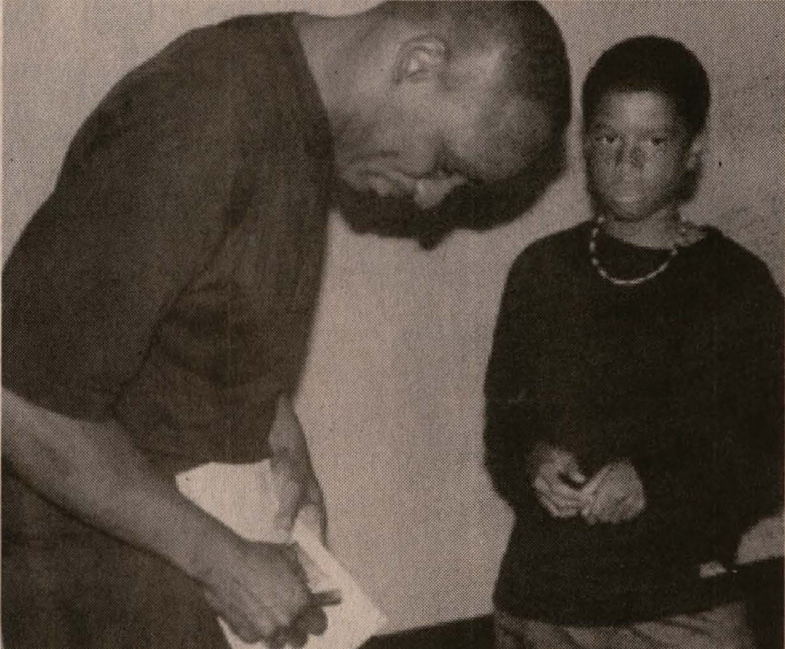
Retired St. Paul AME Church pastor Charles Brooks (far right) current pastor Anthony Hughes (far left) and Assemblymember John Longville congratulate graduates: Rachel Martin, Richard Johnson, Kevin Walker, Jovon Booker, Felicia Duncan-Sanders, Whitney Armstrong, James Dozier Clark.



St. Paul AME Church Charles Brooks Scholarship Committee: Victor Wright, Esq., Devryl Clardy, Norma Archie, Antonio Dupré, Paulette Brown-Hinds, PhD, Zeda Amaya, MD, Darlene Brown, and Charlotte Brooks.



Future Howard University student Felicia Duncan-Sanders is presented a special scholarship in the name of Charles Redd by Assemblymember John Longville. Charles Redd, a well known high school counselor at Fontana High School, was a founding member of the Charles Brooks Scholarship Committee. Anyone interested in contributing to a scholarship in his name can contact St. Paul AME: (909) 888-1718.



Keynote speaker Tyrone Montgomery, former NFL player and SBHS counselor, signs an autograph for Alexander Brown-Hinds.

Local Teen to Explore Career in Medicine

National Youth Leadership Forum on Medicine Offers Career Insights



Zahra Nealy of Moreno Valley has been accepted to participate in a forum on medicine. She has been invited to join the National Honors Society of High School Scholars, and Who's Who in High School Scholars. Her aspiration has been to make a difference in the lives of people through medicine, a dream she has had since the age of three.

LEGALS/CLASSIFIEDS

JOB CONNECTION

Postal positions. Clerks/carriers/sorters. No exp. req'd. Benefits. For exam, salary, and testing info, call (800) 908-1236 ext. 4117 8am-8pm 7 days.

Medical
Internal/Workers Comp/Front Office. Self motivated. Minimum 5 years experience. Must type. History taking, full time with benefits. Fax resume to (909) 883-4324.

Tools Sales Reps
(909) 549-9344
\$250-\$500 per week. Start Today

HOMES FOR SALE

Best Buy Hotlist
reveals 10 best buys in your specific price range. Free re-corded message. 1-877-680-8068 ID# 1040.

First Time Buyers
Why rent when you can own? Free list of homes available with no money down, under \$1,100/mnth. 1-877-680-8068 ID#1051

List Your Home For Sale

Problem Loan Specialty
Foreclosures, Refinances
Cash Outs, New Purchases
Home Quest Financial
Rose Watson
(909) 486-0210 (909) 242-4634

LEGALS

The following person(s) is (are) doing business as:
HEMET FISH MARKET
2050 E. Florida Ave.
Hemet, CA 92544
CALIFORNIA

Dalal-J Inc.
2050 E. Florida Ave.
Hemet, CA 92544
CALIFORNIA

This business is conducted by Corporation.
Registrant has not yet begun to transact business under the fictitious name(s) listed above.

I declare that all the information in this statement is true and correct. (A registrant who declares as true, information which he or she knows to be false is guilty of a crime.)

s/Jamal Rahman, President
LLC/AI# 2582290
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (sec. 1440 et. seq. b & code)

Statement filed with the County of Riverside on 6/21/04.

I hereby certify that this copy is a correct copy of the original statement on file in my office.

NOTICE: This fictitious business name statement expires five years from the date it was filed in the Office of the County Clerk. A new Fictitious Business Name Statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business

Name in violation of the rights of another under federal, state or common law (See Section 14411, Et Seq., Business and Professions Code).

GARY L. ORSO, County Clerk
FILE NO. R-2004-07337
p. 6/24, 7/1, 7/8, 7/15

The following person(s) is (are) doing business as:
HAPPY JUG MARKET & LIQUOR
501 S. State Street
Hemet, CA 92544

Hanan-J. Inc.
371 Steiner Ave.
Hemet, CA 92544
CALIFORNIA

This business is conducted by Corporation.
Registrant has not yet begun to transact business under the fictitious name(s) listed above.

I declare that all the information in this statement is true and correct. (A registrant who declares as true, information which he or she knows to be false is guilty of a crime.)

s/Jamal Rahman, President
LLC/AI# 2582290
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (sec. 1440 et. seq. b & code)

Statement filed with the County of Riverside on 6/21/04.

I hereby certify that this copy is a correct copy of the original statement on file in my

Wonderful ground floor opportunity for women. Looking for consultants for direct sales of unique African American products - home décor, paper goods, heritage, etc. New company just expanding to California. Earning potential is great. You could be the first in your area! For more information call 909.982.7533.

BARBER WANTED
Train 886.3313
Ask for Jack Edison

Lady Professional Requires Room/Private
Bath from 7/9-1/9 \$375 to \$400/mo
Utilities included References. Call before 6/30/04
(520) 546-6699

CALIFORNIA CORPORATE #2138367

NOTICE: This fictitious business name statement expires five years from the date it was filed in the Office of the County Clerk. A new Fictitious Business Name Statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state or common law (See Section 14411, Et Seq., Business and Professions Code).

GARY L. ORSO, County Clerk
FILE NO. R-2004-07338
p. 6/24, 7/1, 7/8, 7/15

The following person(s) is (are) doing business as:
"STAR" MULTI SERVICES
10040 Hillsborough Ln.
Riverside, CA 92503

Rosa Martha Vazquez
10040 Hillsborough Ln.
Riverside, CA 92503

This business is conducted by Individual.
Registrant has not yet begun to transact business under the fictitious name(s) listed above.

I declare that all the information in this statement is true and correct. (A registrant who declares as true, information which he or she knows to be false is guilty of a crime.)

s/Rosa Martha Vazquez
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (sec. 1440 et. seq. b & code)

Statement filed with the County of Riverside on 6/10/04.

I hereby certify that this copy is a correct copy of the original statement on file in my office.

NOTICE: This fictitious business name statement expires five years from the date it was filed in the Office of the County Clerk. A new Fictitious Business Name Statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (sec. 1440 et. seq. b & code)

Statement filed with the County of Riverside on 6/10/04.

I hereby certify that this copy is a correct copy of the original statement on file in my office.

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Statement filed with the County of Riverside on 6/10/04.

I hereby certify that this copy is a correct copy of the original statement on file in my

6/11/04.
I hereby certify that this copy is a correct copy of the original statement on file in my office.

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Statement filed with the County of Riverside on 6/26/04.

I hereby certify that this copy is a correct copy of the original statement on file in my office.

NOTICE: This fictitious business name statement expires five years from the date it was filed in the Office of the County Clerk. A new Fictitious Business Name Statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (See Section 14411, Et Seq., Business and Professions Code).

GARY L. ORSO, County Clerk
FILE NO. R-2004-07011
p. 6/24, 7/1, 7/8, 7/15

The following person(s) is (are) doing business as:
MORENO VALLEY SIXERS
10384 Brookmead
Moreno Valley, CA 92557.

Frederick Earl Jones
10384 Brookmead
Moreno Valley, CA 92557

This business is conducted by Individual.
Registrant has not yet begun to transact business under the fictitious name(s) listed above.

I declare that all the information in this statement is true and correct. (A registrant who declares as true, information which he or she knows to be false is guilty of a crime.)

s/Frederick E. Jones
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (sec. 1440 et. seq. b & code)

Statement filed with the County of Riverside on 6/10/04.

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GARY L. ORSO, County Clerk
FILE NO. R-2004-06933
p. 6/24, 7/1, 7/8, 7/15

The following person(s) is (are) doing business as:
COPY-O-SERVICES
1770 Century Ave.
Riverside, CA 92507

Jacqueline McDaniel (NMN)
1770 Century Ave.
Riverside, CA 92507

Sean Deandre Tusk
1770 Century Ave.
Riverside, CA 92507

This business is conducted by Individual - Husband & Wife.
Registrant has not yet begun to transact business under the fictitious name(s) listed above.

I declare that all the information in this statement is true and correct. (A registrant who declares as true, information which he or she knows to be false is guilty of a crime.)

s/Sean Tusk
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (sec. 1440 et. seq. b & code)

Statement filed with the County of Riverside on

a crime.)
s/Craig Hampton
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (sec. 1440 et. seq. b & code)

Statement filed with the County of Riverside on 6/26/04.

I hereby certify that this copy is a correct copy of the original statement on file in my office.

NOTICE: This fictitious business name statement expires five years from the date it was filed in the Office of the County Clerk. A new Fictitious Business Name Statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (sec. 1440 et. seq. b & code)

Statement filed with the County of Riverside on 6/21/04.

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GARY L. ORSO, County Clerk
FILE NO. R-2004-07168
p. 6/24, 7/1, 7/8, 7/15

The following person(s) is (are) doing business as:
EXPEDIA MOBILE NOTARY SERVICE
5598 Serenity St. Unit E
Mira Loma, CA 91752

Tori Lynn Braswell
5598 Serenity St. Unit E
Mira Loma, CA 91752

This business is conducted by Individual.
Registrant has not yet begun to transact business under the fictitious name(s) listed above.

I declare that all the information in this statement is true and correct. (A registrant who declares as true, information which he or she knows to be false is guilty of a crime.)

s/Tori Braswell
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (sec. 1440 et. seq. b & code)

Statement filed with the County of Riverside on 5/25/04.

I hereby certify that this copy is a correct copy of the original statement on file in my office.

NOTICE: This fictitious business name statement expires five years from the date it was filed in the Office of the County Clerk. A new Fictitious Business Name Statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (See Section 14411, Et Seq., Business and Professions Code).

GARY L. ORSO, County Clerk
FILE NO. R-2004-06261
p. 6/24, 7/1, 7/8, 7/15

The following person(s) is (are) doing business as:
HOLLY'S DOOR REPAIR
16860 Mediterranean Drive
Moreno Valley, CA 92551

Tommie Curtis Stephens
16860 Mediterranean Drive
Moreno Valley, CA 92551

This business is conducted by Individual - Husband & Wife.
Registrant has not yet begun to transact business under the fictitious name(s) listed above.

I hereby certify that this copy is a correct copy of the original statement on file in my office.

to transact business under the fictitious name(s) listed above.

I declare that all the information in this statement is true and correct. (A registrant who declares as true, information which he or she knows to be false is guilty of a crime.)

s/Timmie Stephens
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (sec. 1440 et. seq. b & code)

Statement filed with the County of Riverside on 6/21/04.

I hereby certify that this copy is a correct copy of the original statement on file in my office.

NOTICE: This fictitious business name statement expires five years from the date it was filed in the Office of the County Clerk. A new Fictitious Business Name Statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (See Section 14411, Et Seq., Business and Professions Code).

GARY L. ORSO, County Clerk
FILE NO. R-2004-07360
p. 6/24, 7/1, 7/8, 7/15

The following person(s) is (are) doing business as:
THE WINDOW SOLUTION
39930 Whitewood #G204
Murrieta, CA 92563

Jessie Andrew Skallerud
39930 Whitewood #G204
Murrieta, CA 92563

This business is conducted by Individual - Husband & Wife.

Registrant has not yet begun to transact business under the fictitious name(s) listed above.

I declare that all the information in this statement is true and correct. (A registrant who declares as true, information which he or she knows to be false is guilty of a crime.)

s/Jessie Skallerud
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (sec. 1440 et. seq. b & code)

Statement filed with the County of Riverside on 6/22/04.

I hereby certify that this copy is a correct copy of the original statement on file in my office.

NOTICE: This fictitious business name statement expires five years from the date it was filed in the Office of the County Clerk. A new Fictitious Business Name Statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (See Section 14411, Et Seq., Business and Professions Code).

GARY L. ORSO, County Clerk
FILE NO. R-2004-07428
p. 7/1, 7/8, 7/15, 7/22

The following person(s) is (are) doing business as:
NEW SONGS MUSIC
26871 Valensole Court
Murrieta, CA 92562

Timothy Joseph Parker
26871 Valensole Court
Murrieta, CA 92562

This business is conducted by Individual - Husband & Wife.
Registrant has not yet begun to transact business under the fictitious name(s) listed above.

I hereby certify that this copy is a correct copy of the original statement on file in my office.

I declare that all the information in this statement is true and correct. (A registrant who declares as true, information which he or she knows to be false is guilty of a crime.)

s/Timothy Joseph Parker
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (sec. 1440 et. seq. b & code)

Statement filed with the County of Riverside on 6/16/04.

I hereby certify that this copy is a correct copy of the original statement on file in my office.

NOTICE: This fictitious business name statement expires five years from the date it was filed in the Office of the County Clerk. A new Fictitious Business Name Statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (sec. 1440 et. seq. b & code)

Statement filed with the County of Riverside on 6/15/04.

I hereby certify that this copy is a correct copy of the original statement on file in my office.

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GARY L. ORSO, County Clerk
FILE NO. R-2004-07163
p. 7/1, 7/8, 7/15, 7/22

The following person(s) is (are) doing business as:
THE WINDOW SOLUTION
39930 Whitewood #G204
Murrieta, CA 92563

Jessie Andrew Skallerud
39930 Whitewood #G204
Murrieta, CA 92563

This business is conducted by Individual - Husband & Wife.

Registrant has not yet begun to transact business under the fictitious name(s) listed above.

I declare that all the information in this statement is true and correct. (A registrant who declares as true, information which he or she knows to be false is guilty of a crime.)

s/Jessie Skallerud
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (sec. 1440 et. seq. b & code)

Statement filed with the County of Riverside on 6/22/04.

I hereby certify that this copy is a correct copy of the original statement on file in my office.

NOTICE: This fictitious business name statement expires five years from the date it was filed in the Office of the County Clerk. A new Fictitious Business Name Statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (See Section 14411, Et Seq., Business and Professions Code).

GARY L. ORSO, County Clerk
FILE NO. R-2004-07428
p. 7/1, 7/8, 7/15, 7/22

The following person(s) is (are) doing business as:
GINGER SNAPS
7054 Harvest Lane
Riverside, CA 92506

Tanya Corrica
7054 Harvest Lane
Riverside, CA 92506

This business is conducted by Co-Partners
Registrant has not yet begun to transact business under the fictitious name(s) listed above.

(are) doing business as:
GINGER SNAPS
7054 Harvest Lane
Riverside, CA 92506

Tanya Corrica
7054 Harvest Lane
Riverside, CA 92506

Ksana Tanika Harris
550 Orange Ave. #248
Long Beach, CA 90802

This business is conducted by Co-Partners
Registrant has not yet begun to transact business under the fictitious name(s) listed above.

I declare that all the information in this statement is true and correct. (A registrant who declares as true, information which he or she knows to be false is guilty of a crime.)

s/Tanya Corrica, Co-Owner
The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (sec. 1440 et. seq. b & code)

Statement filed with the County of Riverside on 6/15/04.

I hereby certify that this copy is a correct copy of the original statement on file in my office.

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GARY L. ORSO, County Clerk
FILE NO. R-2004-07099
p. 7/1, 7/8, 7/15, 7/22

The following person(s) is (are) doing business as:
ONE WITH HIS HOLY SPIRIT MINISTRY
12838 Velvet Leaf St.
Moreno Valley, CA 92553

P.O. Box 945
Moreno Valley, CA 92556

Lizzie Benita Roots-Faulk
12838 Velvet Leaf St.
Moreno Valley, CA 92553

This business is conducted by Other, Non Profit Organization.

Registrant has not yet begun to transact business under the fictitious name(s) listed above.

I declare that all the information in this statement is

FREEWAY LINCOLN

"THE LINCOLN PREMIER EXPERIENCE"



MSRP\$36,895
FACTORY REBATE5,000
FREEWAY DISCOUNT2,472

\$29,423.00

VIN # 4Y605435
1 at this price

or **0.0%**

On Approved Credit

Limited term financing at \$16.67 per 1,000 financed to qualified buyers on approved tier 0, 1 credit through Ford Motor Credit.

2004 Lincoln LS V6



MSRP\$49,760
FACTORY REBATE4,500
FMCC500
FREEWAY DISCOUNT5,332

\$39,428.00

VIN # 4LJ38331
1 at this price

or **0.0%**

On Approved Credit

Limited term financing at \$16.67 per 1,000 financed to qualified buyers on approved tier 0, 1 credit through Ford Motor Credit.

2004 Lincoln Navigator 4x2



MSRP\$40,970
FACTORY REBATE4,500
M.A. REBATE500
FMCC500
FREEWAY DISCOUNT2,682

\$32,788.00

VIN #4ZJ45029
4ZJ43980
4ZJ43956
3 at this price

or **0.0%**

On Approved Credit

Limited term financing at \$16.67 per 1,000 financed to qualified buyers on approved tier 0, 1 credit through Ford Motor Credit.

All New 2004 Lincoln Aviator



MSRP\$41,815
FACTORY REBATE6,000
FREEWAY DISCOUNT2,874

\$32,941.00

VIN #4Y604618
1 at this price

or **0.0%**

On Approved Credit

Limited term financing at \$16.67 per 1,000 financed to qualified buyers on approved tier 0, 1 credit through Ford Motor Credit.

2004 Lincoln Towncar Signature



Rebates and Discount on selected models. Rebates as low as 0.0% on selected models. Through Ford Motor Company.



FREEWAY LINCOLN
909-889-3514 • 1-800-237-8115
www.freewaylm-vw.com

Mercury Live life in your own lane

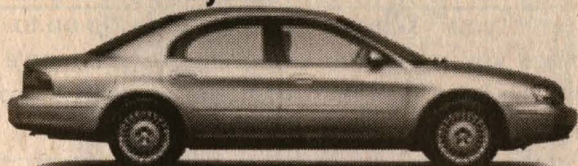
2004 MERCURY SABLE GS

MSRP\$21,765
FACTORY REBATE\$3,000
FMCC\$1,000
M.A. REBATE\$500
FREEWAY DISCOUNT\$1,438

or **0.0% APR**
On Approved Credit

Up to 60 months financing at \$16.67 per 1,000 financed to qualified buyers on approved tier 0, 1, credit through Ford Motor Credit.

Net Cost To You **\$15,827**



1 At This Price VIN# 4g606844

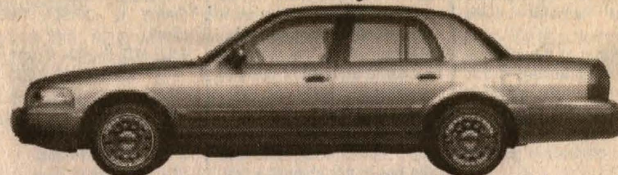
2004 GRAND MARQUIS GS

MSRP\$25,095
FACTORY REBATE\$4,000
FMCC\$1,000
FREEWAY DISCOUNT\$1,600

or **0.0% APR**

Up to 60 months financing at \$16.67 per 1,000 financed to qualified buyers on approved tier 0, 1, credit through Ford Motor Credit.

Net Cost To You **\$18,495**



2 At This Price VIN# 4X683366 4X687161

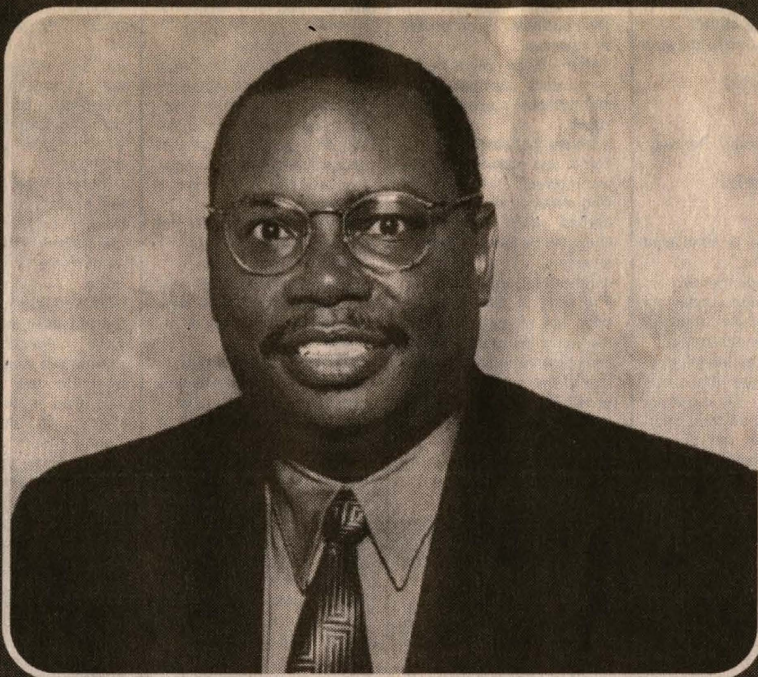
2004 MERCURY MONTEREY

MSRP\$29,995
FACTORY REBATE\$5,000
FMCC\$1,000
M.A. REBATE\$500
FREEWAY DISCOUNT\$2,290

Net Cost To You **\$21,205**



VIN# 4B J04667 4B J08629 4B J08488 3 At This Price



Chuck McVay

2004 MERCURY MOUNTAINEER V6

MSRP\$29,995
FACTORY REBATE\$4,000
FMCC\$500
M.A. REBATE\$500
FREEWAY DISCOUNT\$2,510

Net Cost To You **\$22,485**

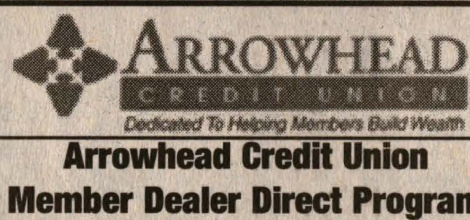
or **0.0% APR**

Up to 60 months financing at \$16.67 per 1,000 financed to qualified buyers on approved tier 0, 1, credit through Ford Motor Credit.



1 At This Price VIN# 4UJ15362

CERTIFIED PRE-OWNED VEHICLES



01 FORD FOCUS 4-DOOR

\$7,999

VIN. #1W333711 Previous Rental

03 FORD TAURUS SES

\$12,999

VIN. #3A265060

04 FORD ESCAPE XLT 4X2

\$19,999

LIC. #5DSK792 Previous Rental

02 LINCOLN TOWNCAR CARTIER L

\$26,999

LIC. #4UNT488

01 MERCURY SABLE LS

\$11,999

VIN. #18600264

MANAGER'S SPECIAL

01 GRAND MARQUIS

\$12,999

VIN. #4RVN640

01 LINCOLN NAVIGATOR

\$28,999

VIN. #1LJ24586 Previous Rental

00 VW JETTA GL

\$11,999

LIC. #4JTW562 Previous Rental

03 FORD MUSTANG CONV.

\$17,999

LIC. #5BLR122 Previous Rental

01 FORD EXPEDITION XLT 4X2

\$20,999

LIC. #45GF441 Previous Rental

03 LINCOLN NAVIGATOR 4X4

\$39,999

LIC. # 5ACA673 Previous Rental

PARTS DEPT. SPECIAL

10% OFF

ANY ACCESSORY PURCHASE WITH COUPON

Excludes sale items, cannot be combined with any other offer. Exp. 7-31-04

JULY SERVICE SPECIAL

10% OFF

ALL 30,000 MILE SERVICES IN MAY. APPLIES TO LINCOLN & MERCURY VEHICLES ONLY.

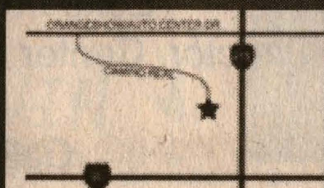
FREE WHEEL BALANCE WITH ANY TIRE PURCHASED AT FREEWAY L/M DURING THE MONTH OF JULY

FREEWAY

LINCOLN MERCURY



2.9%, 5.9%, 6.9%, 7.9% through Ford Motor Credit on approved credit.



"Your Non-Confrontation Dealer"

FREEWAY LINCOLN-MERCURY

909/889-3514 • 1-800-237-8115

1600 CAMINO REAL, SAN BERNARDINO

All vehicles subject to prior sale. Plus tax lic., doc. (smog if any). On approved credit. Must see dealer for details. Standard rules of eligibility apply. Sale ends close of business 7/18/04.