promising results, but has included a wide range of patients and settings. The study, funded by the National Institutes of Health, enrolled more than 10,000 patients across the United States and Canada.

The researchers divided the patients into two groups: one that received the usual care and management, and another that received the intervention. The intervention included a combination of exercise, diet, medication, and psychological support. The results showed that patients in the intervention group had a significantly lower risk of developing diabetes than those in the control group.

The findings are consistent with previous studies that have shown that lifestyle interventions can be effective in preventing the progression of diabetes. However, the study is the first to show that these interventions can be effective in a large, diverse population of patients.

The results of the study have important implications for public health. Diabetes is a major public health issue, and the disease is becoming more prevalent in many countries. The intervention described in the study could be a cost-effective way to reduce the burden of diabetes in populations at risk.

The researchers are now planning to conduct a larger, randomized controlled trial to confirm the findings of the pilot study. They hope to enroll more than 50,000 patients in the trial, which will be conducted in multiple countries.

The study was supported by the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) and the National Institute of Mental Health (NIMH). The National Institutes of Health (NIH) is the principal operating agency of the Department of Health and Human Services (HHS).
Occasionally, I am invited to community centers, schools, and apartment buildings to speak on topics of interest and provide leadership development training. In Los Angeles, I have been asked to speak to various groups about a wide range of topics, including issues related to race and ethnicity in public and private institutions.

One topic that has been particularly important to me is the need for community centers and schools to provide leadership training for young people of color. I have been invited to speak at several community centers and schools in Los Angeles, and I have been able to share my experiences and insights with these organizations.

In addition to my work with community centers and schools, I have also been invited to speak at various conferences and events. I have been asked to speak at several conferences and events, including the National Association of Black School Principals (NABSP) and the National Council of Black School Administrators (NCBBA).

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In conclusion, I am proud to be a part of organizations that are working to provide leadership training for young people of color. I believe that it is important to provide these young people with the tools and resources they need to succeed in life.

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Continued from Front Page

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The residents concluded, "We have the power and the responsibility to reframe this madness." Black residents, community partners, county and city leaders, medical providers and others, including Dr. Pyrkym, must work toward a working relationship. The fact that he's -- well, the county has been out of favor during each of the past several months, and that it was necessary for the good of the city and for the city's charter will be shaped.

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Wu-Tang Clan Performs for the First Time in Ten Years

This historic event are Redman, Leave hopes to provide some ways created to provide for six relief. The Family Temporary parent, or registered domestic care for a sick son chances are Jurassic 5.

Take 'time' for family has become somewhat of a misnomer if a group has shared a stage. RZA, GZA, OT Dirty Bastard, Method Man, Ghostface, Raekwon, Inspectah Deck, Masta Killa, U God, and Capadonna are destined to Rock the Bells on Saturday, July 17th at the NOS Events Center in San Bernardino, California. Other confirmed artists set for this historic event are Redman, Dilated Peoples, Sage Francis, Eyedea, Abilities, Supernatural, and Special Guests Chali 2na and DJ Nu-Mark of Jurassic 5.

The festival founder and organizer, Chong Wut, the brother of Guerrilla Union, is excited about the future of Rock the Bells and the Wu-Tang Gathering. "Rock the Bells is a world-class hip-hop platform that celebrates diversity within the culture. I am thrilled and honored to be a part of something this important. At first, we thought that we could get some of the members together and that would be enough, but it became a mission to bring them all out for one special day. It's not the first time, nor will it be the last. They all have individually shined for so long that it just happened to be the right time and place for them to get together. This is for the fans. Everyone has wanted it to happen for so long, but the timing just didn't work out in the past. I'm proud of Rock the Bells and am excited to see it develop." "We are honored that the return of a group of this stature would happen here at the NOS Events Center," commented Bradley C. Randall, General Manager of the NOS Events Center. "It's another example that the NOS is a prime venue for concerts and multidisciplinary music festival events. This event is part of a great line-up of musical talent in our Summer Concert Series that also includes a Latin Jazz Festival, a Matisse Festival, Moto Music Mayhem, Kuthrowt Productions, and Nocturnal Wonderland.

Rock the Bells plans to tour North America in 2005. Tickets for ROCK THE BELLS featuring the reunion of the Wu-Tang Clan on July 17 at the San Bernardino Orange Show Pavilion are on sale now through Ticketmaster. $27 pre-sale (June 18 - 20), $32 on-sale (June 21 - July 16), $37 day of show (July 17), $75 VIP. For more information regarding Rock the Bells contact Guerrilla Union (909) 971-5009. For more information regarding the Summer Concert Series check out the NOS Events Center website at www.NOSevents.com, or call (909) 888-6788.

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**Hairspray Broadway's Big Fat Musical Begins July 20**

**Kendra Underswood, Charlotte Courcy & Terron Brooks**

**Photo by: Paul Kolnik**

A native of New York, Marissa started her career on stage, appearing in "Shoe" in the Broadway production of "Gypsy." After moving to Los Angeles, Marissa quickly landed roles in the features "Teaching Mrs. Tingle" and "Never Been Kissed," followed by her memorable role in "American Beauty." The movie, and the Repertory production of "Hedwig and the Angry Inch" in Seattle with Steve Weber. In television Marissa has recurred on "Elgin and Moss, and some of her guest-starring roles include "House M.D., Curb Your Enthusiasm," the Larry David Show, Boston Public, Felicity and Gay Pask. Marissa now stars in the upcoming show " Analysis," a show that encompasses 30 years of writing and performing. He has written for the most popular performers in the world and the majority of ele- vated shows, such as, even and others, have featured some of the most prestigious events in the world and for virtually every televi-

d signage of Hair with Steven O'Connell. He is also the focal point of the show's signature tunes. "It's a wonder the County Performing Arts Center theater is still standing," says starring Keala Settle as Tracy Turnblad and John Pinette will play the part. In Baltimore in the mega-hit, "Hairspray," the people of Los Angeles isn't enough to tickle your fancy. Marissa first wowed audiences in the Off-West End production of "Gypsy." After moving to Los Angeles, Marissa quickly landed roles in the features "Teaching Mrs. Tingle" and "Never Been Kissed," followed by her memorable role in "American Beauty." The movie, and the Repertory production of "Hedwig and the Angry Inch" in Seattle with Steve Weber. In television Marissa has recurred on "Elgin and Moss, and some of her guest-starring roles include "House M.D., Curb Your Enthusiasm," the Larry David Show, Boston Public, Felicity and Gay Pask. Marissa now stars in the upcoming show " Analysis," a show that encompasses 30 years of writing and performing. He has written for the most popular performers in the world and the majority of ele- vated shows, such as, even and others, have featured some of the most prestigious events in the world and for virtually every televi-

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RELIGION

Page A-7

Thursday, July 2004

The Black Voice News

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Dun c a n' s tal e nt perform at

Inland C ommunity Chur c h.

The Bla ck Vo ice N e w s

, distinctly his own. Javar ,. a

the music industry as a back - silently wait e d in th e s h a d -

to some of us but is a familiar

beginning at 6:30 pm at Mt.

Church, 2171 W Lincoln St.,

Of Zion Hosted by Mary

Dime Productions will pres­

Association with Nickel and

Take s Tim e ' co ll ec te d multi­

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ticket s ar e NOW BEING SOLD

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D u c k has n e w s e ra l o t m o r e

s o o d a m e fo r hi m ­

with hi s f~!Y , _ Q un ca n _ m a d e a n a m e fo r him ­

b e so ld a t th e door th e ni g ht of

b e so ld a t th e door th e ni g ht of

Commerc ial Property for Sale

A ttract ive church of God (Chapel) S.B. Westside located:

Has approx. 3200 s.f. of space available carpet through­

Attractive church of God (Chapel) S.B. Westside located:

1978 N. Herrington Avenue, S.B.

Pastor Hobbs (301) 627-0058

W E R E M O V I N G ...

**Eyes & Ears of Moreno Valley**

By Marion Black

**Calendar**

**July 25.** The award winning Roundabout Theatre Company production of Lynn Nottage's "Intimate Apparel," will perform at the Center Theatre Group/Mark Taper Forum. For tickets information call (213)-628-2722.

**SERVICES**

For free career resource and referral services to those affected by mental illness, floods and mudslides. Redlands-San Gorgonio Community Clinic, Inc., in providing support services and resource assistance for those affected in San Bernardino County. Outreach staff will come directly to you to speak about your existing needs. Please call (909) 425-9116 ext. 417 to set up an appointment or get more information.

Parents of children ages 0-5 can receive free parenting information on topics including discipline, nutrition, early reading and more. Provided by First 5 California, the free workshops — and free books — are available at Friendship Community Youth Center, 25411 Spring St., in Norco. For more information call (909) 443-4406.

Family Services Association of Western Riverside County will provide reduced or no cost childcare services in the Moreno Valley and surrounding areas. To receive an enrollment packet, please contact (909) 779-9784 or (909) 786-8623.

FREE Poetry Contest! Win $10,000. Enter the International Open Amateur Poetry Contest for your chance to win the Grand Prize of $10,000.00. For more details visit www.poetry.com/links/mo.htm

**CADEIRN**

Eyes near so of Riverside, 3730 Elizabeth Street will start Yoga class. Instructor Samantha Patterson will lead participants on a journey to deep relaxation, gently washing away tension from the body, mind and soul. For more information call (909) 686-9247.

July 22-24. Four Rivers of Pittsburgh Picnic will take place at Glen Helen Regional Park, Devore, California. For more information contact: Dept of Environmental Affairs.

**July 24.** 8:00 a.m., Three Rivers of Pittsburgh Picnic will take place at Glen Helen Regional Park, Devore, California. For more information contact: Dept of Environmental Affairs.

**July 26.** 6:00-7:00 p.m., The Unity Church of Riverside, 3730 Elizabeth Street will start Yoga class. Instructor Samantha Patterson will lead participants on a journey to deep relaxation, gently washing away tension from the body, mind and soul. For more information call (909) 686-9247.

**July 27.** 6:00 to 7:00 p.m., The Unity Church of Riverside, 3730 Elizabeth Street will start Yoga class. Instructor Samantha Patterson will lead participants on a journey to deep relaxation, gently washing away tension from the body, mind and soul. For more information call (909) 686-9247.

**July 29.** 6:00-7:00 p.m., The Unity Church of Riverside, 3730 Elizabeth Street will start Yoga class. Instructor Samantha Patterson will lead participants on a journey to deep relaxation, gently washing away tension from the body, mind and soul. For more information call (909) 686-9247.

**July 30.** 6:00-7:00 p.m., The Unity Church of Riverside, 3730 Elizabeth Street will start Yoga class. Instructor Samantha Patterson will lead participants on a journey to deep relaxation, gently washing away tension from the body, mind and soul. For more information call (909) 686-9247.

**July 31.** 11-12, Robertson SDA Church is sponsoring a Community Health Fair in the parking lot of Sater Bros. Market, 5571 Mission Blvd., Riverside. For more information please call (909) 276-6734.

**Be Blessed**

"Life reasons will always bring us celebrations and jubilations and reasons for joy. But we who pursue the work of God shall let these issues done with all others and give each gift to the earth."

— In the Moreno Valley.

"This week is the last part and the season for joy. But we who measure our time in seasons know that each season contains all others and each gift given to the earth."

— In the Moreno Valley.

**H&L’s Armstrong Transmissions**

**H&L’s Armstrong Transmissions**

**H&L’s Armstrong Transmissions**

**H&L’s Armstrong Transmissions**
Educators Honor San Bernardino City Unified for Promoting Bilingualism

The San Bernardino City Unified School District (SBCUSD) was honored recently by the California Association for Bilingual Education (CABE) for its commitment to promoting bilingualism.

"We are deeply honored to be recognized for our efforts in promoting bilingualism," said Francisca Sanchez, assistant superintendent of languages. "This is a testament to the dedication of our educators and staff in fostering a bilingual learning environment for our students."
Westside Action Group (WAG) Candidate for 5th Councilperson for Mayor

September

• Congressman Joe Baca in August
• Assembly Candidate Joe Baca Jr. in August
• Joe Sampson, Rialto City

City of Fontana

Councilman and Chairperson of the Fontana Public Financing Authority on the City of Fontana

Grace Vargas, Mayor Rialto City Council

The Westside Action Group (WAG) is a Not-For-Profit association of business owners, Mayor Persons, Community Activists and Civic Officials. WAG members, individually and collectively have been in the forefront of many of the key issues confronting City and County officials for almost three decades, providing candid, concerned, advice in a community forum.

The Westside Action Group extends an invitation to you to attend the open meetings.

On the westside, we are!
**HOME FOR SALE**

**TODAY'S SPECIAL**

**10384 Brookmead**

**HEMET FISH MARKET**

Gary Lee Smith, Clerk

**FILE NO. R - 2004 - 06859**

The following person(s) is doing business as:

**BARNES WANTED**

From 09/23/03.

<table>
<thead>
<tr>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>40586 Sanalamar Drive</td>
<td>951-460-0404</td>
</tr>
</tbody>
</table>

This business is conducted by:

**Anthony Terrence Lumpkin**

by Individual.

The filing of this statement under federal, state or common law begins to transact business.

The following person(s) is doing business as:

**HAPPY JUG MARKET**

Gary Lee Smith, Clerk

**FILE NO. R - 2004 - 06252**

The following person(s) is doing business as:

**BARBER WANTED**

From 09/23/03.

<table>
<thead>
<tr>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>14401 Steiner</td>
<td>951-677-7171</td>
</tr>
</tbody>
</table>

This business is conducted by:

**Christopher Martin McGuire**

by Individual - Husband & Wife.

**NOTICE**

The filing of this statement does not affect your marriage, your property, or your personal representative. It does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another party. Each bidder must complete, sign and furnish, with completed bid documents, the Notice to Respondent:

**FILE NO. R - 2004 - 06859**

The following person(s) is doing business as:

**HEMET FISH MARKET**

Gary Lee Smith, Clerk

**FILE NO. R - 2004 - 06252**

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**The Black Voice News**

**Page 8-6 Thursday, July 8, 2004**

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**FREEWAY LINCOLN**

"THE LINCOLN PREMIER EXPERIENCE"

---

**2004 Lincoln LS V6**

MSRP: $36,895

**FACTORY REBATE**

$3,000

**FREEWAY DISCOUNT**

$2,472

**Net Price**

$31,423

VIN# 4Y605435

**On Approved Credit**

Limited time financing at 0.0% APR per $1,000 financed to qualified buyers on approved tier 0, 1 credit through Ford Motor Credit.

---

**2004 Lincoln Navigator 4x2**

MSRP: $38,428

**FACTORY REBATE**

$6,000

**FREEWAY DISCOUNT**

$3,332

**Net Price**

$32,494

VIN# 4ZJ43980

VIN# 4ZJ43956

**On Approved Credit**

Limited time financing at 0.0% APR per $1,000 financed to qualified buyers on approved tier 0, 1 credit through Ford Motor Credit.

---

**2004 Lincoln Aviator**

MSRP: $40,970

**FACTORY REBATE**

$5,000

**FREEWAY DISCOUNT**

$2,750

**Net Price**

$32,227

VIN# 4ZJ45029

**On Approved Credit**

Limited time financing at 0.0% APR per $1,000 financed to qualified buyers on approved tier 0, 1 credit through Ford Motor Credit.

---

**2004 MERCURY SABLE GS**

MSRP: $21,715

**FACTORY REBATE**

$3,500

**FREEWAY DISCOUNT**

$1,438

**Net Price**

$16,827

**On Approved Credit**

Limited time financing at 0.0% APR per $1,000 financed to qualified buyers on approved tier 0, 1 credit through Ford Motor Credit.

---

**2004 MERCURY MONTEREY**

MSRP: $29,995

**FACTORY REBATE**

$5,000

**FREEWAY DISCOUNT**

$2,510

**Net Price**

$22,485

**On Approved Credit**

Limited time financing at 0.0% APR per $1,000 financed to qualified buyers on approved tier 0, 1 credit through Ford Motor Credit.

---

**2004 MERCURY GRAND MARQUIS GS**

MSRP: $49,760

**FACTORY REBATE**

$6,000

**FREEWAY DISCOUNT**

$3,332

**Net Price**

$36,498

**On Approved Credit**

Limited time financing at 0.0% APR per $1,000 financed to qualified buyers on approved tier 0, 1 credit through Ford Motor Credit.

---

**2004 MERCURY MOUNTAINEER V6**

MSRP: $30,505

**FACTORY REBATE**

$4,500

**FREEWAY DISCOUNT**

$2,510

**Net Price**

$23,495

**On Approved Credit**

Limited time financing at 0.0% APR per $1,000 financed to qualified buyers on approved tier 0, 1 credit through Ford Motor Credit.

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**Arrowhead Credit Union**

Member Dealer Direct Program

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**FREEWAY LINCOLN-MERCURY**

909/889-3514 • 1-800-237-8115

1600 CAMINO REAL, SAN BERNARDINO

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Rebates and Discounts on selected models. Rebates as low as 0.0% on selected models. Through Ford Motor Company.