

California State University, San Bernardino

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## Sketches of new gym released

By Susie Mendoza  
Multi-Cultural Editor

Picture this: rock climbing, shady trees, exercise, and view of the mountains. Sounds like a hiking trip right? Guess again. These are just some of the few new features of the new recreation center coming to Cal State University, San Bernardino.

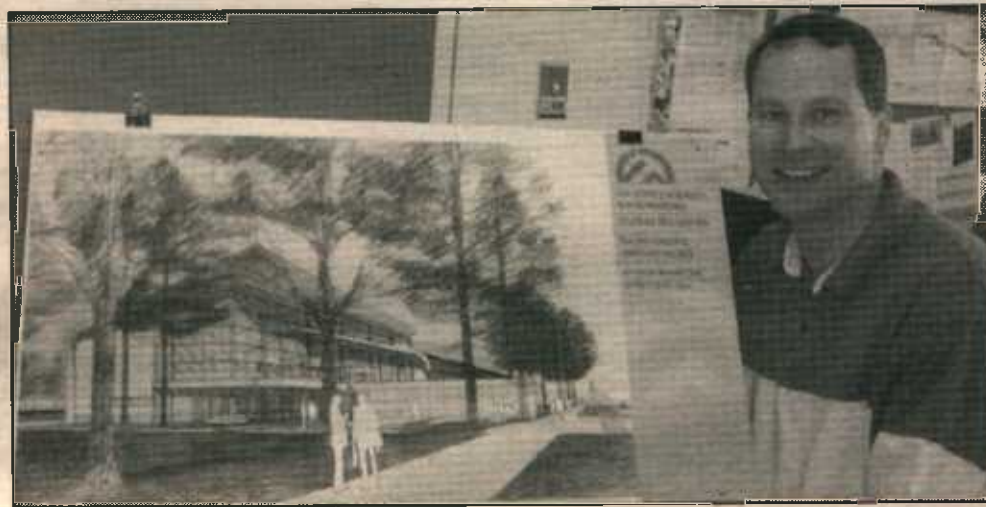
Just last Monday Bill Shum, Director of Capital Planning Design and Construction, Rick Craig, Director of Recreational Sports, and a group of architects, met with President Karnig to show him perspective plans and location for the new gym that is expected to be open by Spring '05.

Anticipation of its launch is already growing, as the two storied, seven-roomed gym will amaze students at its size and quality. The rooms include a weight room, a cardio room, a gymnasium, a fitness and wellness room, a lobby and two group fitness rooms.

The new gym will be at least 35,000-sq. ft with the cardio and weight rooms alone being 9,000-sq. ft., nearly three times three times the size of the temporary gym now.

Additional features included locker rooms, showers, televisions in the cardio area and consultations for students in a fitness and wellness room.

These basic ideas were introduced to the president last week and his reaction seemed



Susie Medinal/Chronicle

Director of Capital Planning Design, Bill Shum holds a visual of his project.

to be agreeable, Craig reports.

So far the decisions for the new gym are in the early stages. For instance, the location of the new gym has just recently been decided. Its planned location will be in front of parking lot G, near the tennis courts, east of Jack Brown. The other potential location was in the grass area located in front of the temporary gym. Architects and Craig recommended that this might give the campus a tight, too compact appearance.

"My goal is for every student to use it to improve their health whether it be, socially,

physically or mentally. I want students to be blown away," says Craig.

The gym will essentially be providing students with more than just a place to work out. The gym will also lend to student liveliness on campus. While some buildings are dedicated to academics, health, and studying, the gym can become a combination of all, as it will have different areas of interest for all.

Craig and appointed student directors that are assisting with this project decide

~Gym continued on page 17

## Population increase approved for CSUSB

By Marie Thomson  
Staff Writer

Beginning next fall you might notice there are more students lingering around various parts of campus. This will be due to the 8 percent increase in student enrollment that was recently approved for the university by the State Trustees.

This will increase the number of full time students from 13,500 to 14,250.

This is not the actual head count of students because it does not include part time students. The actual number of both part time and full time students is currently over 16,000. The number of students attending California State University San Bernardino could rise to over 17,000 due to the number of both full time and part time students enrolling for the fall quarter.

This increase is partly due to the budget cuts that have recently

affected the university. According to Erik Fallis, ASI president, "We have to grow to protect our budget." He explains that if the number of students increases then the budget cut will be smaller. Budget cuts will be larger if the enrollment stays where it currently is. According to Fallis the effect of the increase is "severe" for offices such as Student Leadership and

Development, Student Affairs and Enrollment Management. This is due to the increase in the number of students that each office will handle.

One disadvantage is the size of classes. The university is trying to protect class sizes and keep them the same. On the other hand, the Student Union and Associated Students Inc. will be able to offer more services because the number of students enrolled at the school determines their budgets.



Courtesy of google.com



Jenn Gardner/Chronicle

Dr. Daniel Whitaker, assistant professor Arturo Fernandez-Gilbert, and visiting professor Dr. Marcos Goldfarb.

## Students to visit Peru

By Jenn Gardner  
Asst. News Editor

Have you ever wanted to enjoy living in Peru? Want to gain valuable experience teaching students lower division English classes?

Spring quarter will bring one month of new experiences to 15 students from Cal State University, San Bernardino.

Upper division Spanish majors may apply to spend four weeks in Peru at the Universidad Nacional Mayor de San Marcos. Founded in 1551, it is the oldest public university in the Americas and is now opening its doors to international students.

The first three weeks in Peru students will stay with a Peruvian family - of a student or faculty member - attend classes, and also assist professors in teaching classes similar to English 101. The fourth week, there will be a trip to Cusco and Machu

~Peru continued on page 17

## Kray earns new position as VP

By Vincent Dass  
Staff Writer

The Student Affairs and Student Development departments at Cal State University, San Bernardino have appointed Helga Kray as Vice President to expand its resources to CSUSB students.

As the CSUSB students voted for the fee referendum, which was passed last year, there are major developments in progress by the Student Union.

Kray says she oversees 12 full time staffs, one part time staff, and approximately 50 students in two departments. She devotes 45 percent of her time to Student Affairs, and Student Development where she spends the rest of her time.

Kray is also responsible for many other programs such as the Alcoholics Anonymous, Social Norms program, research, budget, and the intended new recreation center near parking lot G. Her position as acting assistant vice president is temporary until this December, when depending on the budget situation, this position may become a permanent.

Kray has been with CSUSB for the past 18 years. She received her BA in 1979 and her MA in 1989 from CSUSB. While in college she contributed and participated in many CSUSB leadership programs. Her experience, contribution and dedication to CSUSB staff, faculty, and students have been a great asset to CSUSB.

Kray says her new appointment is challenging, but it is also rewarding.



Vincent Dass/Chronicle  
Helga Kray shows us her patriotism.

## Lecture on America in the Middle East

By Jake Zylman  
Executive Editor

In an event cosponsored by the Philosophy Club, the Peace Action Committee and Wage Peace, attendees viewed a documentary film intended to show the history behind the current conflict in the Middle East on Thursday night in the lower commons.

After the film, Dr. Salaam Yousif, a CSUSB English professor and Iraqi native, answered questions that provided the audience with a unique insight into the region.

When asked what he felt the most important step in resurrecting Iraq as a nation Yousif replied, "An entire regime change so that we are not replacing one thug with another."

The film focused on U.S. involvement in the Middle East,

and more specifically Iraq since the end of World War II. As the key player in the current conflict is Saddam Hussein, much of the film was devoted to the changing relationship between Iraq's president and the United States and the love/hate relationship between the two for the last 30 years.

As it points out, the C.I.A. actually trained Hussein and his people, aiding in the assassination of the previous leader that led to Hussein's rise to power in 1968.

After falling from American grace during the gas hike of 1972, Hussein was again en vogue in 1979. With the rise of the Ayatollah in Iran, the U.S. fed Hussein a stream of arms to wage a war between the countries that would last eight years.

One Gulf War, and an Iraqi nation that remains in shambles



Jake Zylman/Chronicle

Dr. Salaam Yousif speaks out about conflict.

due to economic embargoes enforced over the last ten years, and the U.S. is preparing to give it a second go at toppling Saddam and his regime.

Before Yousif spoke, a man had to be forcibly escorted out for interrupting the proceedings and attempting to place the blame on those he felt was responsible for the conflict.

## Criminal Justice forum held at CSUSB

By Karla Buchanan  
News Editor

Cal State San Bernardino students were given a taste of jobs available in the law enforcement field courtesy of the Criminal Justice Club on February 19.

The club organized five speakers to speak for an hour each on the field of their expertise.

The first speaker was Jennifer Campbell, the director of the Crime Scene Investigation Program University of California, Riverside. She shared with students what the program entails and what jobs are avail-

able with the certification.

Next were representatives from the California Highway Patrol who also gave insight into their field, including activities and training. Following the CHP was Master Sergeant Tom Gilmore from the ROTC program.

Mr. Conley followed with the most attended seminar, is an expert in forensics. Conley shared what is required to get into the field and what situations to be prepared for.

Simply put, Conley stated that if a person has problems dealing with violence to children or blood, he or she should stay out of forensics.

The final speaker was Captain Kyritsis from the San Bernardino County Sheriff Training Center. Captain Kyritsis enlightened students as to what is involved in becoming a San Bernardino County Sheriff's officer and what to expect after you become one.

Overall, the event, which ran from 10:00 a.m. to 4:00 p.m., brought in a variety of students, from Criminal Justice majors to English majors.

Some were there out of curiosity while others had a more specific purpose. CSUSB student Leslie Regan who went "to find out about jobs, what kind of benefits they have and the pay."

## Law Enforcement technology workshop

By Marie Thomson  
Staff Writer

The Office of Law Enforcement Technology Commercialization (OLETC) held a workshop on Feb. 19 at California State University San Bernardino. Cal State and the Center for the Commercialization of Advanced Technology (CCAT) sponsored the workshop.

OLETC is a company sponsored by the National Institute of Justice. It seeks to fund and develop new technologies to help in the area of law enforcement on a nationwide level. The focus of the workshop was to let people know about the services being offered to entrepreneurs by OLETC.

One of the main goals of the company is to help people who

have developed a product related to law enforcement and emergency response and to get it out in the market to help other agencies. The reason for this, according to Tom McLaughlin of OLETC, is that there is a lack of technology in law enforcement.

The 30 people in attendance varied from CEO's of a company to students interested in the subject of advanced technology.

## THE BUZZ

### Scholarship Application Available

The deadline to file a CSUSB scholarship application is March 2. Students may apply online: <http://finaid.csusb.edu>. The 2003-2004 Free Application for Federal Student Aid (FAFSA) is due to CSUSB by Feb. 15. If you have any questions, contact Roberta Albert at 880-5221.

### Career Development Center Services

The CDC will be offering walk-in services at Jack Brown Hall, Room 105. Walk-in resume critiques on Tue. and walk-in career counseling Tue. and Thurs. For more information call the Career Development Center at 880-5250.

### Scholarship Opportunity

Phi Beta Delta, the honor society for international scholars, announces the availability of scholarships to CSUSB undergraduate and graduate students, including international students.

The scholarships are available to students who show academic achievement and involvement with internationalism, along with other requirements. Applications can be picked up in UH-235.

For more information and a complete list of requirements please contact the office of International Students at 880-5193 or e-mail Elsa Ochoa-Fernandez at [elsa@csusb.edu](mailto:elsa@csusb.edu). The deadline to apply is April 7.

### ROTC Internship

The ROTC will be offering a summer internship programs. For more information, contact ext. 5533

### Inland Empire Debating Society

The Inland Empire Debating Society is holding their Annual Essay Contest.

This contest is open to all students. Producer Edith Smart encourages students to participate in this event.

The topic for this year's essay contest is "The Importance of Debating in a Democratic Society." Essays must be 300 to 500 words or no more than 3 pages.

The essay contest is February 24-March 31. For more information contact Smart at (909) 887-4894.

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## Police Reports

### February 15

**Incident:** Stolen vehicle  
At approximately 1:47 p.m., officers responded to parking lot-F regarding a report of a stolen vehicle. Unknown person(s) stole a 1996 Honda sometime between the hours of 3:30 a.m. and 1:30 p.m.  
**Disposition:** Report taken, no suspects or leads.

**Incident:** Attempted vehicle theft  
At about 3:28 p.m., officers responded to parking lot-F regarding a report of an attempt vehicle theft. Unknown person(s) attempted to take a 1995 Acura, sometime between 5 p.m. on 02-14 and 2 p.m. on 02-15.  
**Disposition:** Report taken, no suspects or leads.

### February 16

**Incident:** Vehicle burglary  
Owner left window down while playing basketball. Vehicle was parked at the eastern side of arena near the court and when the owner returned he discovered that his cell phone, ATM card, and \$60.00 were missing.

### February 17

**Incident:** Hit and Run  
At approximately 1:40 p.m., officers responded to the south side of Apartment # 5 regarding a hit and run

traffic accident. A CSUSB student saw a vehicle strike another parked vehicle and leave the area without stopping. The witness can identify the involved vehicle.  
**Disposition:** Report taken.

### Incident: Burglary



Courtesy of google.com

At approximately 6:10 p.m., officers responded to Jack Brown Hall regarding theft reports. Texts book had been taken from the offices of three CSUSB faculty members. There are no leads or suspect information at this time.  
**Disposition:** Report taken.

**Incident:** Driving with suspended license  
At approximately 11 p.m., officers conducted a traffic stop on University Pkwy. for a Vehicle Code violation. The driver was cited for driving a vehicle without current registration, and driving with a suspended driver's license. The vehicle was impounded per

authorization of the Vehicle Code.  
**Disposition:** Report taken.

### February 18

**Incident:** Unregistered vehicle over 6 months  
At approximately 11:22 a.m., officers observed a vehicle parked in lot-D with registration tab showing they had been expired for over 6 months. A DMV check revealed they were expired and the vehicle was towed and stored per Vehicle Code authorization.  
**Disposition:** Report taken.

**Incident:** Vehicle Burglary  
At approximately 10:34 p.m., officers responded to the lot-D annex regarding a report that a vehicle had been burglarized. Property was taken from the vehicle without the owner's permission by breaking a window. There are no leads or suspect information at this time.  
**Disposition:** Report taken.

### February 20

**Incident:** Disturbance  
At approximately 8:19 p.m., officers responded to the CSUSB Lower Commons regarding a report of a disturbance. Male interrupted a showing of Hidden Wars of Desert Storm. Male was asked to leave and refused several times.

## World Wide Anti-War Protests

On February 15, anti-war supporters from around the globe took to their major metropolitan streets in direct protests of the U.S. possible war with Iraq. It is estimated that as many as ten million plus people from across the globe took part in the massive illustration for peace.

Anti-war protesters from Ireland, Antarctica, Canada, Australia, Britain, Spain, Germany, Greece, the United States, and many more, all marched through the

at British Prime Minister Tony Blair, who has been criticized by the British public for being too war hungry. Many anti-war supporters who took to the streets of London have felt that Blair has long stopped listening to what the people he represents have asked for, mainly saying no to war.

To show that the threat of a looming war with Iraq has reached the farthest points on the globe, anti-war protests in Antarctica added their own visual display

by forming a human peace sign on the frigid icy snow capped ground.

The message of the protesters is to simply let world leaders know that not all men, women, and children, agree with the United States, United Nations, and other pro-war supporters for a war with Iraq.

While protests were going on

streets with signs, asking for peace, and a solution to the weapons of mass destruction with Iraq.

Londoner protests were aimed directly

around the world, military forces were being moved like pawns in the game of "Risk."

Information courtesy of CNN.com.



Photo courtesy of www.google.com

## Virtual March on Washington

By Bethany Anderson  
Staff Writer

On February 26, anti-war activists, Hollywood actors, businesspersons, and politicians are asking for all Americans to support the anti-war with Iraq effort by bombarding the White House via phone calls, emails, and faxes, to their U.S. Senators, Representatives, and to President George Bush himself, during business hours conceptualized by the Win Without War Coalition. It is the belief that millions of Americans who are opposed to the encroaching war with Iraq will have their opportunity to speak freely of their discontent with the impending war effort. Participants and supporters are said to have a phone system installed that will allow them to make one phone call every minute on the hour to a member of the U.S. Senate and at the White House.

Hollywood actors such as Martin Sheen and Angelica Houston are expected to appear in bi-coastal television advertisements asking for American citizens to take part in letting their voices be heard on the brink of war with Iraq. The televised ads are said to costs in the range of \$30,000. Other anti-war with Iraq organizations includes the NAACP, National Organization of Women, National Council of Churches, and the Sierra Club.

Other Celebrity activists include, Mike Farrell, Kim Basinger, Matt Damon, Lawrence Fishburne, Ethan Hawke, Uma Thurman, Samuel L. Jackson, and Jessica Lang to name a few.

If you would like to take part in the Virtual March on February 26, 2003, you may contact the following:

President George Bush  
www.whitehouse.gov  
email-president@whitehouse.gov

U.S. California Senators:  
Diane Feinstein  
www.feinstein.senate.gov  
Barbara Boxer  
www.boxer.senate.gov

House Representatives:  
Joe Baca D-CA  
www.house.gov/baca  
email-cong.baca@mail.house.gov

Mary Bono R-CA  
www.house.gov/bono

Department of Homeland Security  
www.dhs.gov/dhspublic

Department of Justice  
Attention US Attorney John Ashcroft  
www.usdoj.gov



Photo courtesy of www.why-war.com

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## Roving Reporter

"What is the biggest lie that you have ever told?"

By Teresita Sosa  
Scene Editor



Name: Josh Oliver  
Major: History  
Year: Junior

"I withheld the truth from my girlfriend, when she asked me about the way she looked. She looked okay, but I always told her that she looked great!"

Name: Tammy Castro  
Major: Liberal Studies  
Year: Sophomore

"I told my parents that I was virgin when I really wasn't."



Name: Armondo Soto  
Major: Kinesiology  
Year: Junior

"The night I lost my virginity I was totally drunk and didn't remember anything the next day about what happened that night. And just so the girl wouldn't feel bad I told her that I did."

Name: Marisol Montejano  
Major: Math  
Year: Freshmen

"I once gave my cousin an emergency contraceptive pill and my aunt found out. I told her that it was for something different."



Name: Victor Ruiz  
Major: Criminal Justice  
Year: Junior

"I told my parents that my GPA was 4.0."

Name: Cynthia Magana  
Major: Liberal Studies  
Year: Senior

"I told this guy that I was dating, that I went to a different school so that he would not come and look for me."



Name: Rich Spencer  
Major: Communications  
Year: Senior

"I don't tell any lies."

Look for the Roving Reporter on campus.

Have a question you would like to see student answer email us at sbchron@csusb.edu

## Outstanding Surprises

Professor Fred Jandt is named Outstanding Professor of 2003

By Teresita Sosa  
Scene Editor

On Friday, Feb. 21, Professor Fred Jandt was named the university's Outstanding Professor of 2003.

During an afternoon class he received an unexpected visit and was surprised by President Karnig along with a group of over 20 of his colleagues and previous winners of this award.

Professor Jandt was rendered

speechless as the group walked into the room with a cameraman and photographer to capture the moment.

President Karnig congratulated Jandt and complimented him on a job well done.

"I'm not one to not usually have an answer for things, so I was a bit taken back, humbled and left speechless when the group walked into the room. The room was filled with colleagues that I respect and I am honored to join them in winning this award," says Jandt.

Selecting Professor Jandt as Outstanding Professor of the Year took into consideration his abilities as a professor, his



Teresita Sosa/Chronicle  
Outstanding Professor of the 2003 Fred Jandt accompanied by President Albert Karnig.

remarkable student and faculty evaluations as well as his research, mentoring, and interaction with the community. He will be one of four CSUSB faculty that will be honored at the San Bernardino Mayor's Golden Apple Award on March 20.

"He is an outstanding classroom scholar. He is someone who contributes not only to the campus but also to the community. He is exclusive in every capacity of his services," says President Karnig.

2003 marks Jandt's 20th year at CSUSB. He was first asked to come to Cal State in 1983 to develop a proposal to

start the Communication Studies department and became the first department chair.

"I don't think that I could single out my most memorable moment here at Cal State. My entire time here participating in the growth of the campus and the department have been memorable," says Jandt.

Jandt currently teaches various communication courses, such as Intercultural Communication,

Conflict Resolution and Mediated Communications along with a Computer Mediated course.

He is also the author and co-author of several books, which include "The Customer is Usually WRONG!" and "Using the Internet in Your Job Search."

When Jandt is not cultivating students' minds with knowledge or occupied with writing a book, he assists with training court mediators for the counties of San Bernardino and Riverside. He has also spent the last year renovating his family's vacation house in Palm Springs.

## Here come the greeks

By Arianna Valdez  
Staff Writer

What is Greek Rush Week? Greek Rush is a time when fraternities get students who have potential to be in their organization to "rush" for them.

The fraternities at CSUSB are having Rush Week Feb. 24-March 6 for male students.

The Greek letter society initially started when a student was not admitted into a William and Mary literary society. This student got together with some friends and put together an organization using the Greek letters to spell out Phi Beta Kappa; this took place on Dec. 5, 1776. About 220 years later, the Greek system continues to grow.

The Interfraternity Council (IFC) is the governing board that oversees the five national fraternities at CSUSB including Sigma Chi, Sigma Nu, Delta Sigma Phi, Tau Kappa Epsilon and Sigma Phi Epsilon. IFC helps these fraternities in the development of their organization, especially during Rush Week.

Although Greek Rush only happens two times during the school year and has a bigger turnout, fraternities can "rush"

potential candidates at any time.

Tables are set outside by the Student Union where students can receive information about things such as the fraternities' social events, their philanthropy and their alumni. Sigma Chi's alumni includes Brad Pitt and one of Tau Kappa Epsilon's alumni is President Ronald Reagan.

The rushing process usually lasts about a week. According to IFC Recruitment Chair Nick Calero, "IFC has strict rules for Greek Rush, but the main important one is a dry rush."

This "dry rush" even includes those that are of drinking age. The reason for this is that it is important for IFC to emphasize that fraternities are not just about drinking and partying. Even though the social life is there, there are charity works that fraternities also engage in.

Celero also feels that it is valuable for fraternities to have



Photo Courtesy of www.csusb.edu  
Look for greek stand throughout the campus quad area this week.

no drinking during rush because it is important to know the potential members on a "one on one basis, rather than just remember them for getting drunk."

After this week is over, bidding occurs, where fraternities pick the ones that they have selected to pledge. These selected members can choose to accept it or not and can receive a bid from any fraternity, but they can only choose one.

Greek rush is ultimately a new experience that according to Tau Kappa Epsilon member Ryan Joyce, "it's a lot of fun because you get to meet new people and expand your organization and network."

## A week of fun-filled funk

*Student Union Celebrates its 25th Anniversary with a Disco Theme*

By Lorena Salcedo  
Special to the Chronicle

liards all day long along with The Master Egg, a reggae band, sure to rock the afternoon away.

The year was 1978; "Grease," "Superman," "Animal House" and "Halloween" were box office hits. Black Sabbath, Bob Dylan and the Bee Gees were on everyone's tape deck. Everyone who was anyone drove a Firebird Trans Am; and the Student Union at Cal State San Bernardino came into existence.

This February, the Student Union in conjunction with ASI, the Student Union Program Board and Cal State San Bernardino celebrate none other than the Student Union's 25th Anniversary with "Disco Daze". An event as immensely planned out as this one couldn't possibly be celebrated in one day; that's why the Student Union decided to make it a weeklong event.

It all starts Monday the 24th, with free love, arcades and bil-

Tuesday, Reverend Dennis Brown speaks as Martin Luther King, Jr. In the afternoon students are introduced to an array of international dances a big birthday cake and free ice cream.

Wednesday, it's Dia de Latino cultural performances and more food. It gets better with 70's Spanish Rock and Coyote Pub karaoke. In the evening, it's the ASI movie, Animal House.

Thursday, from 10 a.m. to 6 p.m. the Student Union Program Board presents Fun Flix and a chance to make your own music video.



Photo Courtesy of Google.com

The day continues with the "Frozen Moments" art show and ends with "Voices" poetry and

friend, have fun, and win a car. Did I mention it's free?

"Spoken Word".

And to wrap up the week, Friday February 25th at 8 p.m. it's Club Flashback; the biggest, booty shakin'-ist party to hit CSUSB ever.

There will be a 70's funk band, DJ, smoothie bar and prizes galore.

And if you come dressed as your favorite 70's character you have a chance to win \$100. How's that for just showing up? The biggest prize of all is a chance to win a 1978 VW Super Beetle. That's right, show up, bring a

Why would the Student Union go so far out of their way to cater us with such elaborate events? Because, the Student Union was created to serve you, the students of Cal State San Bernardino in hopes of creating a relationship with more than just your classes and teachers but the campus itself.

Celebrating the Student Union's 25th Birthday wasn't just about having one enormous stimulating event that students could take part in. "It's our way of showing how much we appreciate everyone that attends this school," says Misty Livingston, Student Union Scheduling Coordinator.

So join in the festivities and wish a happy birthday to the Student Union. "We're just trying to give back and make visible who we are to everyone," says Mark K. Day, Student Union Associate Director.

Hope to see you there!!!!

## Coyote Lite

Heart Healthy Tips  
Dorothy Chen-Maynard, PhD, RD  
Director, Nutrition and Foods Sciences Program  
909 880-5340

### Risk Factors and Coronary Heart Disease

Coronary Heart Disease (CHD) continues to be the number one killer in the US. Since February is designated as the heart month, know the risk factors and making changes to reduce your chance of becoming a victim. These tips are adapted from the American Heart Association (AHA) scientific position paper, visit the AHA web site: [www.americanheart.org](http://www.americanheart.org)

Major factors are those that medical research has shown significant effect on CHD. The more risk factors and the higher the level a person has, the greater the chance that he or she will develop heart disease. For example, a person with a total cholesterol of 300 mg/dL has a greater risk than someone with a total cholesterol of 240 mg/dL, even though all people with a total cholesterol of 240 or higher are considered high risk.

Major uncontrollable risk factors for coronary heart disease:

1. Increasing age: About four out of five people who die of CHD are age 65 or older.
2. Male sex (gender) — Men have a greater risk of heart attack and earlier in life than women.
3. Heredity (including Race) — Children of parents with heart disease are more likely to develop it themselves. African Americans have more severe high blood pressure and a higher risk of heart disease. Obesity and diabetes in some ethnic groups increase risk.

Modifiable major risk factors:

1. Smokers' risk of heart attack is more than twice that of nonsmokers'. Smokers who have a heart attack are more likely to die and die suddenly (within an hour) than are nonsmokers. "Second hand smoke" increases the risk of heart disease even for nonsmokers.
2. As blood cholesterol levels increase, risk of CHD rises.
3. High blood pressure (HBP) increases the heart's workload, causing the heart to enlarge and weaken over time. When high blood pressure exists with obesity, smoking, high blood cholesterol levels or diabetes, the risk of heart attack or stroke increases several times.
4. Regular, moderate-to-vigorous exercise is important in preventing heart and blood vessel disease. Exercise can help control blood cholesterol, diabetes, and obesity. So, keep moving!!!
5. People who have excess body fat — especially if a lot of it is in the waist area — are more likely to develop heart disease and stroke even if they have no other risk factors. If you can lose as little as 10 to 20 pounds, you can help lower your CHD risk.
6. About two-thirds of people with diabetes die of some form of heart or blood vessel disease. Other risk factors: Stress, presence of sex hormones, use of birth control pills, excessive alcohol intake.

## New Club on Campus

*The Student Entrepreneurship Association*

By William Teepen  
Special to the Chronicle

There is a new student club on campus called The Student Entrepreneurship Association (SEA).

The idea to start this club first originated during the fall of 2002. Professor Michael Stull approached a group of students attending an event that was put on in part by the Inland Empire Center for Entrepreneurship (IECE).

"My original goal was to hopefully find a group of students with sufficient interest and motivation to start the club in early 2003. I think for us to promote entrepreneurship on campus we need to have an active and engaged student club", says Stull, who is the advisor of the club.

Stull says, "I will help the club through the startup and ongoing operations and will provide advice, guidance and support." In addition to all this, he uses his resources to help improve the club.

The (IECE), which Stull is also the director of, is an organization that is kept up and running with the help of businesses, CSUSB, and other agencies from the state. The sole purpose of the group is to inform and support entrepreneurs and small business owners. This center has offered a lot of help for the club, including

supplies, room and invaluable resources. The center is located in JB 281.

The main purpose of the SEA is to help and support the IECE. With the help of this center, the SEA will promote, teach and cosponsor events. Both organiza-



Courtesy of Altavista.com

tions wish to teach others about entrepreneurship and its difference from business management. One of the main differences between

these two terms is that an entrepreneur is always trying new techniques, whereas the business manager is simply running the place.

SEA will, with the help of IECE, provide workshops and speakers. The two clubs will work together to bring events of this sort to CSUSB.

The club will have a quarterly fee of \$15. Some of its services will be; assistance with business plans, student counseling, professional counseling, internships with cutting edge businesses and much more. A person of any major can join this club. The club is focused on business owners and entrepreneurs that are out there everyday running a small business.

Please contact Michael Stull in JB 281 for more information.

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Spike Lee makes films that view black Americans in a positive light.

## Spiked with culture

By Pleasance Brown  
Staff Writer

"Being a commercial filmmaker, it's a great challenge to try to do stuff that's creative."

This was the quote Spike Lee stated after becoming a unique director in Hollywood. Spike Lee spoke of his artistic family

which led to his success as a director. Not always an easy road Lee demonstrated the value of going after what you want, and not compromising yourself.

Spike Lee is an essential part of the black community, in terms of the many critical issues that affect black people today. He is very outspoken in that he never holds back on the things that he is trying to say. He is a positive role model for the black community, in that he literary grew up in the projects and always strived to want to do better. He is the type of person who has never lost the sense of where he has come from.

Spike Lee's directorial history spans back to the mid 1980's. Lee directed his first movie in the late 1990's. The film list includes...Do the Right Thing, Clockers, The Best Man, Get on the Bus, Love & Basketball, Hoop Dreams, Dogma, Bamboozled, Malcolm X, He Got Game, Summer of Sam, The Original Kings of Comedy, and his latest film 25th Hour.

Lee's films deal with and discuss the everyday struggles of black men in black families living throughout white idealistic society. He bases the characters, on his own life and friends who encountered people who were either trying to bring them down or trying to get them removed from their communities.

Lee does these types of films to make non-blacks racially conscience and aware of the black man, that shows them in a more positive light. The charac-

ters and movies relate back to the black people and the fight they had to go through to be reckoned with. Lee was breaking new barriers and tearing down walls to make these films happen.

Kathryn Ervin, a professor here at Cal State believes that Spike Lee, directs these types of films in attempts to describe the

School Daze, racial tensions as he did in Do the right thing, interracial relationships in Jungle Fever, and black music styles in Mo Better Blues. Lee has made approximately one film per year ever since he has burst on the scene, more prolific than Steven Spielberg, or even Steven King and is not yet recognized for his talents as a director.

With the development of the films, Spike Lee has introduced a number of black actors into the Hollywood atmosphere like Wesley Snipes, John Turturro, and Bill Nunn just to name a few. Most of the black actors who have debuted in his works have gone on to bigger movie careers through the given opportunities of Spike Lee.

Spike Lee says that his greatest inspiration is his family for all of their support and love throughout his directing career.

In the movie the 25th Hour Lee wants the people in Hollywood know that he can work with a variety of actors in order to come up with a good film. In this film Edward Norton was his lead actor. Lee was used a reversal of fortune type of method by bringing the troubled white male characters to the forefront.

Spike Lee is considered to be a groundbreaking director with a knack for film as well as a powerful role model in representing the black community and bringing issues that were rarely discuss out into the opening.

Spike Lee is an icon and history maker and one day, be recognized for work and his talents.

## Iraq's new leader?

By Janel Briones  
Staff Writer

So much attention at the capital is given to the idea of Saddam Hussein being replaced, yet the issue of who will be the next successor for Iraq has been kept "blanketed."

Ahmad Chalabi is the front-runner to take this new position. He has previously worked with the CIA and is now Dick Cheney's top choice to replace Saddam in Iraq, and coincidentally, he is also the president of the organization that is steadfast in trying to remove Hussein from power.

Max Singer, a student from Hudson Institute thinks "Chalabi could be the key figure in the success of President Bush's new policy against terrorism, tyranny and threats of biological and nuclear war."

In order for Chalabi to be appointed the new Iraqi leader, the overthrow of Saddam Hussein must take place. By working with the United States at this particular time (considering our stance with Iraq), the outcome of the overthrow of Hussein may not only be beneficial to the Middle East but also to the United States.

overthrowing Hussein is how Chalabi will become appointed the new leader.

Chalabi foresees a post-Saddam Iraqi state as "a government that can restore the self-respect of the Iraqi people, empower them to have control over their destiny. The only way this can be done is through the establishment of a democratic government, with a very strong emphasis on the rule of law...based on a judicial system and legal code that will focus on emphasizing the human and civil rights of the Iraqis."

**What is your occupation? Are you a server or exotic dancer? Are you a tipped employee? Contact your Multi-Cultural Editor:**  
ssmdn@aol.com

### Classified

Have your parents snooped on your private life with hi-tech devices? If so, journalist wants to speak with you.  
Email: bonnie.vangilder@ABC.com



Courtesy of EN.com

Ahmad Chalabi, the prospective replacement for Hussein.

Concern also arises on how Iraqi citizens would react with a new Iraqi government, after Saddam's Baath political rule of more than 30 years.

In an interview Chalabi responds to this issue by stating, "We need a serious de-Baathification program." Many people view this current issue in comparison to Afghanistan and the overthrow of the Taliban, which helped their economy and relieved the starving people. If Chalabi was appointed as Iraqi president many advantages of a democratic society will come into play. The distribution of living supplies would become better, so the people that live day-to-day,

are concerned with politics of the country will definitely embrace this change. As for the higher elite, who are looking into the future will definitely comply with the new arrangement also.

The future for Iraq may rely on this new considerable post-Saddam Hussein Iraqi president. The current population in Iraq lives under a conditioned way of life, because of their dictatorship-type culture. This lifestyle goes hand-in-hand with the Islamic religion that is practiced by the majority of the population.

With the appointing of Ahmad Chalabi for Iraqi president, this may change.

Chalabi has "views on subjects ranging from OPEC politics, and Iraqi U.S. oil partnership and the unforeseen effects a democratic Iraq will surprise and enlighten." If appointed as Iraqi President, Chalabi's views will definitely not accommodate the dictatorship regime that they have lived with all their lives, and came a part of their roots, culture, and religion.

"Having democratic freedom may frighten and make the common uneducated majority, but the modern, more sophisticated intelligence group may embrace this new type of government," says student Cynthia Moss.

Chalabi states in his interview with GQ magazine "It is clear the Iraqi people are going to opt for a system of government that deeply respects Islam, but is not based on Islam as the single source of legislation for constitutionals."

Whether or not Chalabi will be appointed as the new Iraqi leader, a war must be fought first, that is being waged for many reasons. Liberation or oil, each issue is crucial in its own rite and the fate of the Iraqi people hangs in the balance.

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Funding for this activity is provided in part by the Associated Students, Inc. and the English Club. For more information, contact Beth Bennett at 880-0471 or Holly Henry at hhenry@csusb.edu or x 7389.



## Noted Author and Psychologist speaks

By Vincent Dass  
Staff Writer

Noted psychologist and author professor Mihaly Csikszentmihalyi spoke to a crowd of more than 200 in the Student Events Center last Wednesday, February 19th. The CSUSB Psychology Club, CSUSB Psi Chi, The Learning Research Institute and ASI sponsored the lecture.

Csikszentmihalyi (pronounced: chick-sent-me-hi) is currently the director of the Quality of Life Research Center at the Claremont Graduate School - Claremont McKenna College. Prior to that he spent more than 20 years at the University of Chicago where he was a Professor of Human Development. He co-founded the "Positive Psychology Movement" in the American Psychological Association.

Csikszentmihalyi has been published several times and his works include best sellers like *Flow* and *Creativity*. His research interests include creativity and motivation as well as work satisfaction and finding out what makes life worth living.



Courtesy of brainchannel.com

Easy going professor, goes with the flow.

His book *Flow* was described on the 1993 Super Bowl broadcast as the book that inspired Jimmy Johnson, coach for the Dallas Cowboys. It was also a selection of the Book of the Month Club and the Quality Paperback Book Club.

Known as the architect of the notion of flow in creativity he believes people enter a flow state when they are fully absorbed in

you're using your skills to the utmost."

Csikszentmihalyi spoke for about an hour about his work and then took questions from the audience. The audience was clearly well informed on the topics, as their questions were excellent. After the lecture,

Csikszentmihalyi took the time to greet his fans and sign books and articles they brought.

activity during which they lose their sense of time and have feelings of great satisfaction. Mr. Csikszentmihalyi describes flow as "being completely involved in an activity for its own sake. The ego falls away. Time flies. Every action, movement, and thought follows inevitably from the previous one, like playing jazz. Your whole being is involved, and

## Feminism for men



Susie Medina Chronicle

Rachel Irish listens intently to Professor Rodriguez.

By Susie Medina  
Multi-Cultural Editor

Myth: Men are from Mars, Women are from Venus. Fact: We're all from earth. Just this Wednesday, the Women's Resource Center (WRC) held a "Feminism for Men" meeting.

Hosted by communications professor Scott Rodriguez. The event was a tight-knit group of five that listened to a discussion of the definition 'feminist' and the stereotypical connotation that it holds.

A dominating subject was that of media influence. Rodriguez reports the media controls 80 percent of the information on television. Feminism is, for the most part, shown in a negative light. The stereotypical

masculine lesbian feminist comes to mind, with her aggressive attitude. The inaccuracy displayed turns many people, including women, off to the feminist movement.

As a matter of fact, two thirds of college women claim not to be feminists. It is likely that women benefit from the feminist movement, but don't want to be a part of it. It becomes difficult to recruit men to become allies, when most women don't even buy into it. After all, there is a difference between women and feminists.

Rodriguez mentions that there isn't a difference in term for a male feminists and a female feminist. The difference is that males become allies of the force instead of becoming

thing, discriminate against gender.

This also becomes intimidating to men, as they shy away from involving themselves in a project where they will be dealing with prejudices.

"Gender Outlaw," a book by Kate Bornstein, talks about how humans should refrain from identifying themselves on the grounds of gender and just consider themselves human beings.

Bornstein, who once was a man who rejected his male gender, encourages people to question societal taboos concerning gender.

The book serves as a discussion tool and reiterates the idea that gender should not be a part of one's complete identity.

part of it.

Some women accept men as being feminists, others are anti-male and do not want their help.

Gender discrimination against women is the reason for the feminist movement and uniting of women forces. By women not associating themselves with men, they do the same

## 'La Guerra de las Gordas' Spanish play



Susie Medina Chronicle

Actor Rogelio Padilla becomes 'Moquihuix' as he applies his stage make.

By Tara Wallace  
Copy Editor

For certain Latino-based classes students were given extra credit to attend the play, "In Pipilzitzin" (The Little Children) a.k.a. "La Guerra de las Gordas" (The War of the Fatties) last Friday night.

Moises Hernandez, director of the play, addressed our class and convincingly explained that even non-Spanish speakers could understand what was going on by the actor's actions and body language. This, at times, seems somewhat difficult to believe though.

The program does give a brief synopsis of what happens, but other than that, it was hard for any non-Spanish speaker to get the gist of what was going on.

The play had a pretty interesting storyline. Here's what happens. There were two different powers struggling for the Aztec empire. One of the kings Moquihuix, marries the sister, Chalchiuhnenetzin, of the other king, Axayacatl, to lessen the friction between the two powers. The king who married this woman is repulsed by her because she is so skinny and has very bad breath.

All the other actor's body language towards her was so funny because of her halitosis. The two powers do indeed go to war.

This was one of the best parts of the play for a non-Spanish speaker but other than that, it was hard for any non-

Spanish speaker to get the gist of what was going on.

Their battle includes an army of fat, naked women who fight with their secret weapon, breast milk. (This scene was disappointingly not shown!) These women lose the war for the other side and the bad-breathed woman is now in search of a new husband, as her husband was killed by her brother in the end. So much for alleviating the friction.

It is hard for her to find a husband because of her problem, but in the end she does and everyone lives happily ever after. Not a Shakespearean storyline, but definitely interesting.

The play was followed by Aztec dancing which was very refreshing for those who could not understand much Spanish because there was no language involved. It was very interesting and it looked like it took a lot of effort for the girls.

Aztec dancing, includes women with shells on their legs and almost Native American-looking headdresses.

The best part was when one of the girls would mess up. They would get these really cute smiles on their faces and the audience members couldn't help but smile also.

Overall, this play is recommended to anyone, (even non-Spanish speakers). Though difficult at first, watching body language and facial expressions can tell a lot about what is happening in a play. The play was very well preformed and the actors did an excellent job.

## Noontime Bands:

# Master Egg serves reggae sunny side up

By Alan Vacks  
Staff Writer

Los Angeles-based band Master Egg performed to a skeleton crew of students last Wednesday in the student union courtyard, but the small turnout did not affect their playing. Master Egg may have only been together six months, but they delivered an hour-long set of polished yet improvisational blend of reggae, blues, funk, rock and soul. Rhythm guitarist and back-up vocalist, Colin Mc Kay, calls the band's genre of music "creative improvisation" that encompasses "exotic rock and soul."

Although Master Egg performed mostly originals, three cover songs highlighted the set. The classic "Hand-Jive" kicked off the show and enticed the small crowd to participate by clapping their hands in unison. Additionally, then performed two Bob Marley songs- "I Shot the Sheriff" and "Waiting in Vain."

"I Shot the Sheriff" was done Clapton style, a faster tempo and rocking version. Lead guitarist Tommy Osuna tore into improvisational lead similar to prominent blues players.



Alan Vacks/Chronicle

The guys from Master Egg.

Due to Osuna's style of instrumentation, I consider Master Egg on the borderline of a jam band. One of their originals segued from an upbeat shuffle to a slow-motioned psychedelic trance like space, bringing to light Osuna's slow hand style and versatility before breaking back

structure of the song.

Unfortunately, the audience numbers have dwindled with each Noontime Band. Passers-by barely glanced over to see what the racket was all about.

I never met anyone who does not appreciate the music of Bob Marley. Not that Bob Marley

Master Egg performed the covers very well. What is it going to take to get some student support for the presentation of the Noontime Bands?

There is already a free raffle that awards a free dinner after the show, just around the corner vendors and other company representatives were giving away free

gifts such as Frisbees and Mister Fans, so come on out! If students do not start supporting the Noontime Bands, there might not be any in the future.

At least one CSUSB student, Xiangmei (Michelle) Zhang, indulged herself into her own

~Egg

Continue on Page 17

## Phish is back in the bowl

By Matt Schoenmann  
Special to the Chronicle

Coming off their first Rolling Stone cover, Phish gave the capacity Forum crowd what it had been waiting over two years for. Spirited, full intention music played in the same fashion as the first 17 years of its career.

For the opening show of their first full tour since the band announced its hiatus Phish indulged the crowd with old favorites and two new songs off their recently released "Round Room" album.

The crowd was at a fever pitch when the band took the stage on Valentine's Day. The first set opened with an appropriate, yet predictable "My Sweet One" followed by the appropriate, yet completely unpredictable "Cover of the Rolling Stone." The latter of which displayed the band's ability to capture a moment in time through musical inventiveness. Friday night, the day that Rolling Stone arrived in the mail to subscribers, was the first time Phish performed the Dr. Hook cover live.

The first set continued to please longtime fans with staples "Fee," "Bathtub Gin" and "Golgi Apparatus."

Set two opened with the powerful "Possum," followed by the first new jam of the evening "Walls of the Cave," which rang in at over 20 minutes.

While Phish attempts to present themselves as four equal parts it was apparent that the majority of space provided during jams was left to guitarist Trey Anastasio to fill, while the rest of the members, Jon Fishman (drums), Page McConnell (keys) and Mike Gordon (bass) played supporting roles.

Phish picked a predictable albeit beloved

cover, The Rolling Stones "Loving Cup," to close the show.

Throughout the band's two year plus hiatus, and due to a lack of tightness during their recent mini-tour, many questions arose as to whether the band would maintain the musical cohesiveness that helped contribute to their swell in popularity during the late nineties. These questions were put to rest after the bands rousing first set.



Photo courtesy of Adam Foley  
Trey Anastasio of Phish.

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# GOING OUT...

## MONDAY Concerts

Circle of Songs, Michelle Featherstone at Genghis Cohen in L.A. (323)653-0640  
Devine Alliance, Seraphin, Slowly Comm'g Day, Vain Adorations, at the Whisky a Go Go in L.A. (310)652-4202  
Eyes of Dominance, Fabulous Tiscadel, Gertle Fox, Lunavox, The Lips, and The Manaford at The Garage in L.A. (323)662-6166  
Individual, Mug, Vynegarg at the Troubadour in West Hollywood. (310)276-6168  
Los Abandoned, Threeway, Voz De Mano  
at the Knitting Factory in L.A. (323)463-0204  
Lyricist Lounge Featuring Big Daddy Kane and Killah Priest at the House of Blues in West Hollywood. (323)848-5100  
On the Speakers, The 88 at Spaceland in L.A. (213)833-2843

## Clubs

Anonymous (Philosophy) at Zanzibar in Santa Monica. (310)451-2221

## TUESDAY Concerts

Amanda Lazar at Genghis Cohen in L.A. (323)653-0640  
Beauty Into Ashes, C.F.L., Intodem.M.T. at the Whisky a Go Go in L.A. (310)652-4202  
Cambridge, Inspector 27 at the Roxy in L.A. (310)276-2222  
Dark Star Orchestra at the House of Blues in West Hollywood. (323)848-5100  
Go Betty Go, Radio Viego at The Garage in L.A. (323)662-6166  
Hate Eternal at the Key Club in West Hollywood. (310)274-5800  
Numb, Teenage F.B.I at the Improv Olympic West Theatre in L.A. (323)962-7560  
Pennfest 2003 at the Knitting Factory in L.A. (323)463-0204

## Theater

Charles Manson, Where Are You? at the Celebration Theatre in Hollywood. (323)957-1884

## WEDNESDAY Concert

Celeste Prince at Genghis Cohen in L.A. (323)653-0640  
The Venedicts, Debris, Fall from Eden, Subject 9 at the Whisky a Go Go in L.A. (310)652-4202  
The Start, Hot Rod Circuit at the Glass House in Pomona. (909)629-0377  
Knucklebone, Pinion at the Roxy in L.A. (310)276-2222  
Level 6 Harold, The Big Wank at the Improv Olympic West Theatre in L.A. (323)962-7560  
Queens of the Stone Age at the Majestic Ventura Theatre. (805)639-3965  
Status Quo at the House of Blues in West Hollywood. (323)848-5100

## THURSDAY Clubs

Respect: Drum and Bass Night at the Martini Lounge in Hollywood. (323)467-4068

## Concerts

Bossa Nova at the El Rey Theater in L.A. (323)936-4790  
Dj Cheapshot at the Knitting Factory in L.A.  
The Pattern, Dead Moon at the Glass House in Pomona. (909)629-0377  
Epitaph at the Improv Olympic West Theatre in L.A. (323)962-7560  
Forever in Fall at the Roxy in L.A. (310)276-2222  
Keiko Matsui at the The Conga Room in L.A. (323)938-1696  
The Other Network, Lexicon at the Knitting Factory in L.A.  
Modern Groove Assembly, MC Sekou Tha Misfit at the Fais Do-Do in L.A. (323)954-8080  
Pretenders at the Wiltern Theatre in L.A. (213)380-5005  
The Blood Brothers at The Smell in L.A. (213)625-4325  
The Go at Spaceland in L.A. (213)833-2843  
The Roots at the House of Blues in West Hollywood. (323)848-5100

## FRIDAY Concerts

BR, All or Not, 46 Short at The Glass House in Pomona. (909)629-0377  
Boy Trade/Girl Trade at the El Rey Theater in L.A. (323)936-4790  
Cosmos at the Improv Olympic West Theatre in L.A. (323)962-7560  
Steelhead, Plumblin, Pico Train, One More Day, Driven at the Roxy in L.A. (310)276-2222  
Rumblefish at the Key Club in West Hollywood. (310)274-5800  
The Dirtbombs at the Troubadour in West Hollywood. (310)276-6168

# Book Review: Wired for love?

By Jenn Ward  
Staff Writer

In one of the more recent relationship how-to books, Thomas David Kehoe tries to explain the differences between men and women and improve relationships - all in 208 pages. "The Evolution of Intimate Relationships: How Our Brains Are Hardwired For Relationships" takes a look at the physical differences between the sexes and then divulges the secrets to successful relationships.

The book is extremely technical in its beginning. He explains what makes us different from all other mammals, and how our ancestors lived, in the first section of the book. The book then transitions from science to life stages and onto relationships. In the life stages chapters, Kehoe explains what happens to people who weren't loved as children and to those adolescents who aren't really in love, but are merely trying to "mirror love."

When he discusses communicator styles between men and women, he says "40 percent of college women admitted that they'd said 'no' when they meant 'yes' to male sexual advances." Following that sentence he begins to talk about female rodents, canines, primates and ungulates - you get the sense that he is very concerned with the scientific side of relationships. For those who are wondering what an ungulates is, it is a deer, elk or water buffalo.

If you're trying to find the highlights in the book, flip to the back cover. This book includes the best places to meet singles, how switching gender roles will take your relationship from dating to more, and how to use conflicts to make you stronger. Much of these are found in any how-to

succeed in a relationship book. What makes this book different is the author's scholarly and non-flamboyant way of describing the elements of human interaction.

One thing you will notice pretty early on is that he uses a magnitude of quotations from other relationship and self help books. All are listed in an 8-page section before the index. At points this book seems to contain more of other people's opinions than it does of his own.

This book makes you think before you understand. Many books in stores will simply try to use funny scenarios to explain the distinction between the sexes. Kehoe is to the point and does not fuss with multiple examples. According to Martin Lloyd-Elliott, of the British Psychological Society, "'Hearts and Minds' is a challenging, original, truly creative about intimacy (which is extremely rare and difficult), kind hearted, generous, appropriately comic and intelligent."

If this book sounds like what you've been looking for, it's now available in all local bookstores. For more discussion about relationships or books like this, you can log onto [www.friendshipcenter.com/hearts](http://www.friendshipcenter.com/hearts) as well.

## HEARTS AND MINDS HOW OUR BRAINS ARE HARDWIRED FOR RELATIONSHIPS



Thomas David Kehoe

Book cover from amazon.com  
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Next to McDonald's

## The Coyote Movie Ticket:

## Just another movie based on a comic book?



By Ivan Fernandez &amp; Marcos Landin

New & Improved 2003 Rating System:

Excellent Rating: Definitely Watch This Film

Mild Rating: Get A Second Opinion

Poor Rating: Save Your Money For A Lapdance

## DAREDEVIL

**IMDB Synopsis:** A man blinded by radioactive waste which also enhanced his remaining senses fights crime as an acrobatic martial arts superhero.

**Marcos:** Thank God Hollywood is finally looking at the comics.



Photo Courtesy of google.com

tell and so many great heroes to tell them through. Daredevil, Blade, X-Men, and Spider-Man are definitely taking the comic book-turned-movies seriously, unlike others (Batman 2 - 4, as well as Superman 3, 4. I mean really what the hell was Richard Pryor doing in there? Was he supposed to be the funny Steel?).

**Ivan:** I know what you're thinking. "Oh no, Ben Affleck. He's worse than Nicolas Cage." Well, if you read this column last week, you'll know that Nic Cage redeemed his status with Adaptation (and if you didn't read, WHAZA MATTA WIT CHOO!). While Affleck didn't make as dramatic a turn, he was actually convincing as The Man Without Fear (that's Daredevil, a.k.a. Matt Murdock for you non-comic book philes). Yes, he actually did a bit of acting. Not once

did I see him as J-Ho's boy toy. And Kevin Smith's cameo was cool too.

**Marcos:** You know who would've been a great

should really have more respect viewer.

for the dead. In that case, Selena would've been a great Elektra. Oops, I did it again.

**Marcos:** While on the subject, I have one word to say to you people who haven't seen this film yet: B U L L S E Y E. I haven't had this much fun with a villain since the Joker in Batman. Colin Farrell did an outstanding job, as an egotistical, overconfident, bored-because-he-never-misses self.

**Ivan:** Only problem with this film was Mark Steven Johnson tried to squeeze in too much at once. Anyone familiar with the comic storyline knows what I'm talking about. The romance between Matt Murdock and Elektra Natchios happened too quickly. Ben Urich's little storyline was unnecessary and could've been saved for a larger role in a sequel. On top of that, Johnson still needs work with his action sequences. Too many close-ups in fight scenes = one confused



Photo Courtesy of google.com

that's right, I'm talking to you people who are talking trash about Daredevil flying through the city, let me just set the record straight. HE'S NOT \*\*\*\*ING FLYING! HE'S LEAPING! Keep in mind, this is a comic book movie.

~Definitely Watch This Film

**Ivan:** Get A Second Opinion/Definitely Watch This Film

## MOVIE NEWS

**Ivan:** Iron Man is currently in pre-production and guess who the producers are thinking of offering the role of the man with the Iron Member? None other than Leonardo DiCaprio. Except he doesn't know it because he hasn't been offered the role yet.

**Marcos:** Waitwaitwait! You mean, Leo "What's Eating Gilbert Grape?" DiCaprio? Unless Iron Man has recently been written as a rich, down-syndromed, no shower taking, hiding in tree with a big fat momma man, then I guess DiCaprio's perfect.

**Ivan:** In other casting news, Alfred Molina, the pimp daddy of Frida's world, has been cast as Doctor Octopus for the sequel to Spider-Man, tentatively titled The Amazing Spider-Man. He's already begun physical training

for the role. GO DIEGO RIVERA!



E-mail us at coyotemovieticket@hotmail.com

## The Metalhead:

## The PRYMARY Objective

By Brian Keathley  
Metalhead

Greetings Friends!!! Brian here giving you guys the scoop on a great up and coming local band - PRYMARY. These guys flat out rule!

With a style that sounds like a cross between Rush and Iron Maiden, with a touch of Genesis, their progressive music is refreshing in a local scene filled with far too many angry thrash bands. I have been privileged to catch two shows so far this year (New Year's Eve and Valentine's Day) and both of them have been fantastic.

## PRYMARY

is made up of five members and all five are loaded with talent. Vocalist Mike DiSarro has a voice that could compete with Bruce Dickinson's and he has the stage presence of a young David Lee Roth. DiSarro is so "into it" when he is performing he seems to transcend his surroundings and becomes completely possessed by the power of the music.

The other four members are on top of their game as well. Drummer Chris

Quirarte attacks his kit like a rabid dog on a three-legged cat. Lead Guitarist Sean Entrikin grew up listening to Jake E. Lee and Randy Rhoads and it shows during his blistering guitar solos - the guy is all over the neck.

The remaining members: bassist

J a m e s Sherwood and keyboardist Smiley Sean are both skilled musicians who round out the band's sound very well.

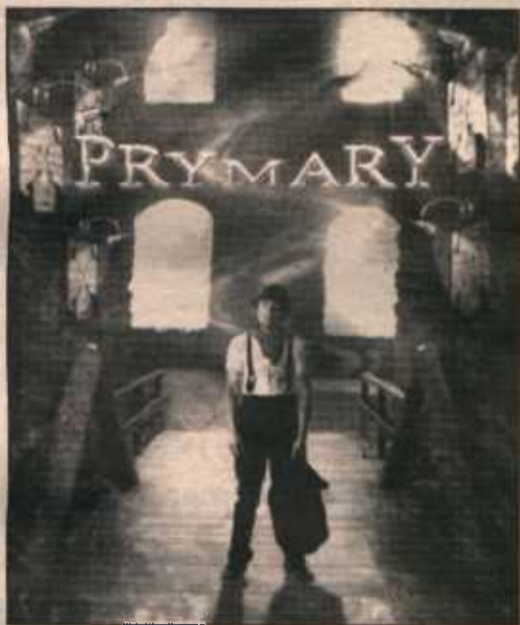
The guys were kind enough to hook me up with a copy of their CD as well and while it doesn't quite have the power of the live show it could easily hold its own against Rush's "2112"

Queensrych's "Empire". There's not a bad track on it. The artwork, music, and production are all excellent.

You can pick it up at the band's website: [www.prymary.com](http://www.prymary.com) for the small fee of \$10.00 or try CD NOW. Also, check the guys out live on February 28th at THE GALAXY in Santa Anna opening for

~Metalhead

Continued on Page 17



Pictures courtesy of google.com

Why are those kids covering their eyes?

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The Inter-Fraternity Council Presents...

# Spring Recruitment

Despite what movies such as *Animal House* suggest, fraternities and sororities are more than just freshman rush and raging parties. The social skills that help students gain admittance into the Greek system are the same aptitudes that can later give them a leg-up in corporate climbing. Plus, once they've graduated, they can tap into the nationwide network of Greek brothers or sisters who populate all tiers of corporate America. The future leaders of America are becoming better men and women today in the Greek system.

Research by the North-American Inter-fraternity Conference certainly seems to prove this theory:

- > only 8.5% of full-time university undergraduates are members of either a fraternity or sorority
- > 24% of Forbes 500 chief executive officers are Greek
- > 48% of all U.S. Presidents
- > 42% of all U.S. Senators
- > 30% of all U.S. Congressmen
- > 40% of all U.S. Supreme Court Justices

The Greek System at CSUSB provides students with the opportunity to get involved on campus, work on philanthropy events, and begin a journey of personal growth and leadership training that will forever change their college experience. Of course, they will also find a social experience that is unsurpassed by any other type of organization and will build lifelong bonds of true friendship.

No matter what you want to get out of your college experience, or whether you've always thought that fraternities or sororities weren't for you, you owe it to yourself to find out for sure. Contact the following organizations for more information, or just stop by the Rush tables on campus beginning February 24.

*Tau Kappa Epsilon* 2/26 3/2 3/4 3/6

*Delta Sigma Phi* 2/25 2/27 3/4 3/6

*Sigma Nu* 2/26 3/1 3/5 3/6

*Sigma Chi* 2/27 3/3 3/5 3/6

Contact information: InterFraternal Council Recruitment Officer Nick Calero (909) 240-5691

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## MANIFEST DESTINY...IT'S OUR DESTINY

By The Angry American  
(Ivan Fernandez)  
Online Editor

There's been a lot of talk about going to war with Iraq. And of course, there are those who oppose the looming war.

But I say, let's do it. Let's go to war with Iraq.

We gotta blow somebody up. We haven't pushed our weight around since 1992 and the world has forgotten what kind of a dictato...democratic superpower we are.

Our forefathers didn't create America by sitting around and waiting for a smoking gun. They were the smoking gun. They picked up their rifles and fired into the whites of the enemies' eyes. Pushing people around is what created this country. When the Brits didn't like our freedom, we kicked their asses.

When the Indians didn't

like us on their land, we pushed them off it into the West. Years later, we took that land too (its not like they were going to do anything with all that gold lying around anyway). When we needed people to work, we picked up some slaves. When we couldn't have anymore slaves, we used cheap, illegal labor.

Now, some gun-toting religious zealots think they can push us around? I don't think so!

Tree-huggers will tell you that we're attacking Iraq for its oil. And what's wrong with bombing a country for oil? They're the stupid ones for hogging it all. If it wasn't for oil, they'd have nothing else to sell, and it's not like their country is in such great shape in the first place. If they were smart, they'd align themselves with us and give us oil cheap.

Back in 1904, President Roosevelt, who spoke softly but

carried a big stick, amended The Monroe Doctrine, adding the final pen stroke needed to complete Manifest Destiny. Since then, we've had the right to correct any mistakes for every other country's sake. They may not appreciate it, but that's not what matters because foreign countries never appreciate anything we do, especially if it's for their own good. You won't get any thanks from the Afghans, that's for sure.

But why stop with the Middle East? There's so much more out there for the taking. North Korea is acting like a jealous ex-lover looking for our attention. Let's send them a love letter...filled with explosive radioactive material.

We can take out the French, just for a good laugh. No one's going to miss them anyway. And don't even get me started on Canada, a.k.a. America Jr.



Photo courtesy of altavista.com

Thumbs -UP for global control

Why do you think we have the right to bare arms? To push people around, that's why. We didn't take crap from anyone before, why should we now?

America is like King Kong. America was happy and peaceful on its island, living in quiet solitude. Then the boats (planes) of Al-Qaeda arrived and tried to enslave America in its chains of

fear. But it only pissed off King Kong when awoken to the life of terror. It marched through town and reigned destruction. Right now, Kong is climbing the Empire State building and swatting down bothersome flies. Look, there goes Germany. You won't get in our way on our path to the top of the world.

See you at the top.



Courtesy of bare necessities.com  
HELLO SEXY!

By Yazmin Alvarez  
Opinions & Editorials Editor

There have many times that

## Chonies from Hell - Trash your granny nannies for good

I've seen ladies who walk around wearing low-rider pants (whether it be jeans or not), sporting ~~granny nannies~~ **chonies**. This isn't a bad thing, but don't wear the "Chonies from Hell."

You see ladies, these are the types of panties that hang over your waistband and your belt. They aren't the pretty silky ones, **NOOO!** They're the thick-banded-flowered cotton ones.

Alright, I understand. We all want to be comfortable. But if you're going to wear revealing

pants like hip huggers, then put on different chonies.

Don't wear your period panties!

Now why would you want to go and do a thing like? You know it's not pretty. So don't think that wearing your grannies is going to get you the attention that you really want.

Yes, you will get noticed. It just won't be for your taste in shoes, but rather for your bad taste in lingerie.

Do you really think that everyone wants to see your

chonies crumpled over your pants when you sit down in front of them in class?

Well I can answer that.

NO!

And don't try to act like you don't look when someone sits down in front of you, because everyone does.

It's ok. You're not strange.

It's normal. You're fine.

Don't think you're all screwed up because you look. It's natural.

But it's not natural to go out

wearing grannies with tight skirts or jeans.

It's not attractive ladies!

But don't worry. I'm here for you. I can solve your problem. You see, all you have to do is wear different panties. It's not *that* difficult. Just go out and get some g-strings, thongs, or those cute little lacy boy undies.

But just remember, whatever you wear, it's your choice. Nobody's really going to judge you... Just me!

## The Coyote Chronicle

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The Coyote Chronicle is published every Friday, for distribution on Monday, during the academic session by the Department of Communication Studies, California State University, San Bernardino.

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Make Changes and additions to the newspaper  
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positions that will be available next quarter.  
Applications are available in UH-037.

For more information contact the Coyote Chronicle  
at 880-5289 or e-mail us at [sbchron@csusb.edu](mailto:sbchron@csusb.edu)

## Art Pic of the Week...



## Letters to The Editor: Too much Sack

By Jim Gondos  
CSUSB Student

I understand that freedom of speech and freedom of expression are central to what being an American is all about. There is also a line between what is written and would shouldn't.

Many people that I have spoken with along with myself feel that your article titled "Touch Your Sack, Not Iraq" was completely inappropriate.

As a student here at Cal State, I am completely ashamed of this article but even more by the fact that there is no one affiliated with this paper that had any common sense to put this article on the back burner. If this article were to reach out into the city I would be completely ashamed by the reflection that this article will display about the student body at Cal State. I feel there should be another article apologizing to any students or faculty that have taken offense to this article.

As a newspaper you are not only a reflection of yourselves, you are also a reflection of others, like myself, and I am quite embarrassed.



## It's all going down the drain

By Vincent Dass  
Staff Writer

As the unexpected storm weather kicked last week in Southern California, and students at Cal State San Bernardino made use of their umbrellas, it must have not been important to one student as the umbrella ended up in the trash bin.

Walking across the university walkway during the heavy rain from one class to the next, there was an umbrella shoved into the garbage bin. I immediately stopped and pondered on the umbrella and thought to myself, "this is a lesson that we all could learn from," in taking care of our protection before a rainy day.



Photo by Vincent Dass  
*Someone didn't mind getting rained on*

I also thought it may be an umbrella, or it may be education.

We students, who are preparing ourselves for the future, need to be equipped, tried and tested before a rainy day, so that we won't end up in a garbage bin.

The umbrella in the garbage bin thought me a lesson. It reminded me of heavily wrecked vehicles that have been placed at the entrance of 29 Palms Marine base, sending a message don't drink and drive, and the crosses placed on the side of the roads, meaning that someone has lost a life here.

The umbrella is good for nothing, even in stormy weather, if it does not function well.

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Of course, using condoms is the only way to protect yourself against HIV/AIDS or other sexually transmitted diseases, but make sure you're also as protected as possible against pregnancy. That's why more women than ever are choosing *Depo-Provera* — it's 99.7% effective when administered on time every 3 months.

Remember. *Depo-Provera* doesn't protect you from HIV/AIDS or other sexually transmitted diseases.

Some women using *Depo-Provera* experience side effects. The most common are irregular periods or spotting.

Many women stop having periods altogether after a few months and some may experience a slight weight gain. You shouldn't use *Depo-Provera* if you could be pregnant, if you have had any unexplained periods, or if you have a history of breast cancer, blood clots, stroke, or liver disease. When using *Depo-Provera*, there may be a possible decrease in bone density.

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## ~Gym Continued from page 1

that exercise is only part of an energetic gym. The lobby, fitness and wellness room and group fitness rooms can be a bit less active and more social, private or personal.

Sounds so great, but what about those students who will be graduated by 2005? For those students who have attended CSUSB since Fall 2001, when additional fees began to pay for the construction, a "2 for 1" waiver will be applied. This means that for every quarter since Fall 2001 that tuition has been paid, a student will receive two quarters to use the facility. So, for example, if a student has attended since Spring 2002, they would already have three quarters paid, equally six quarters to use the new gym freely.

But there are always sac-

rifices to be made with such a grand attraction. Even while money ceases to be an issue, there are some prices to pay. Since the gym will be so near the parking lot, traffic may become problematic.

With parking already being an issue for those students in the University Hall, Jack Brown, and Theater Arts vicinities; now kinesiology and athletic students will have to compete for parking in the obscure parking lot G.

The new gym will not only service students with an exercise facility but also do much for the campus appearance. As a commuter campus, CSUSB competes with other universities whose campuses are thriving with activities. This gym will pump up the energy of its students and the enthusiasm of perspective students considering attending here.

The new gym will also

increase student jobs. Craig reports that over a hundred student jobs will open up. Not to mention the economic boost for students working here while they are building up their resumes.

The project began about two years ago, when a referendum was voted on by students, and passed, that a new gym be built. Craig knew he had to establish a new recreational gym center where all students could utilize it. Because the gym for students before was hidden in the basement of the Coussoulis Arena and shared restricted times with classrooms academics, athletes, and regular students, something autonomous was needed to convenience all students with all needs.

Ground will be breaking in approximately a year from now and further details will be given with progression of the development.

## Continued from page 1

Picchu.

Dr. Marcos Goldfarb, from the department of Spanish Literature at the university, recently visited CSUSB to invite students to come to the school. Goldfarb received his Ph.D. from

## ~Metalhead Continued from page 12

KING'S X. Tickets for this show are a little pricey at \$20.00 apiece, but keep in mind

## ~Egg Continued from page 10

expression influenced by Master Egg's performance. Michelle fused ballet and yoga to

University of California, San Diego and has been teaching since 1974. He relocated to Peru three years ago where he "fell in love" with the country.

Dr. Daniel Whitaker, professor of Spanish at CSUSB, and assistant professor of Spanish, Arturo Fernández-Gilbert will be traveling with the selected students in two-week intervals.

you're getting two great bands for that price. So do yourself a favor: log on, check out the site, get the CD, and take your ears to THE GALAXY on Feb 28 for some great music. You'll thank me later...

provide the lone dance arsenal to show her support for Master Egg's craft.

Master Egg has a show at Genghis Cohen, a Moroccan restaurant in Los Angeles, on March 27, for more information contact Com at canticcolin@aol.com.

# You Say

a graduate degree costs too much?

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## Depo-Provera Contraceptive Injection

medroxyprogesterone acetate injectable suspension

**DEPO-PROVERA** Contraceptive Injection (medroxyprogesterone acetate injectable suspension, USP)

This product is intended to prevent pregnancy. It does not protect against HIV infection (AIDS) and other sexually transmitted diseases.

### What is DEPO-PROVERA Contraceptive Injection?

DEPO-PROVERA Contraceptive Injection is a form of birth control that is given as an intramuscular injection (a shot) in the buttock or upper arm once every 3 months (13 weeks). To continue your contraceptive protection, you must return for your next injection promptly at the end of 3 months (13 weeks). DEPO-PROVERA contains medroxyprogesterone acetate, a chemical similar to (but not the same as) the natural hormone progesterone, which is produced by your ovaries during the second half of your menstrual cycle. DEPO-PROVERA acts by preventing your egg cells from ripening. If an egg is not released from the ovaries during your menstrual cycle, it cannot become fertilized by sperm and result in pregnancy. DEPO-PROVERA also causes changes in the lining of your uterus that make it less likely for pregnancy to occur.

### How effective is DEPO-PROVERA Contraceptive Injection?

The efficacy of DEPO-PROVERA Contraceptive Injection depends on following the recommended dosage schedule exactly (see "How often do I get my shot of DEPO-PROVERA Contraceptive Injection?"). To make sure you are not pregnant when you first get DEPO-PROVERA Contraceptive Injection, your first injection must be given ONLY during the first 5 days of a normal menstrual period. ONLY within the first 5 days after childbirth if not breast-feeding and, if exclusively breast-feeding, ONLY at the sixth week after childbirth. It is a long-term injectable contraceptive when administered at 3-month (13-week) intervals. DEPO-PROVERA Contraceptive Injection is over 99% effective, making it one of the most reliable methods of birth control available. This means that the average annual pregnancy rate is less than one for every 100 women who use DEPO-PROVERA. The effectiveness of most contraceptive methods depends in part on how reliably each woman uses the method. The effectiveness of DEPO-PROVERA depends only on the patient returning every 3 months (13 weeks) for her next injection. Your health-care provider will help you compare DEPO-PROVERA with other contraceptive methods and give you the information you need in order to decide which contraceptive method is the right choice for you.

The following table shows the percent of women who got pregnant while using different kinds of contraceptive methods. It gives both the lowest expected rate of pregnancy (the rate expected in women who use each method exactly as it should be used) and the typical rate of pregnancy (which includes women who became pregnant because they forgot to use their birth control or because they did not follow the directions exactly).

Percent of Women Experiencing an Accidental Pregnancy in the First Year of Continuous Use		
Method	Lowest Expected	Typical
DEPO-PROVERA	0.3	0.3
Implants (Norplant)	0.2*	0.2*
Female sterilization	0.2	0.4
Male sterilization	0.1	0.15
Oral contraceptive (pill)		3
Combined	0.1	
Progestogen only	0.5	
IUD		3
Progestasert	2.0	
CopperT 380A	0.8	
Condom (without spermicide)	2	12
Diaphragm (with spermicide)	6	18
Cervical cap	6	18
Withdrawal	4	18
Periodic abstinence	1-9	20
Spermicide alone	3	21
Vaginal Sponge		
used before childbirth	6	18
used after childbirth	9	28
No method	85	85

Source: Trussell et al., *Obstet Gynecol*, 1990;76:558-567.

\*From Norplant package insert.

### Who should not use DEPO-PROVERA Contraceptive Injection?

Not all women should use DEPO-PROVERA. You should not use DEPO-PROVERA if you have any of the following conditions:

- if you think you might be pregnant
- if you have any vaginal bleeding without a known reason

Birth control you think about just 4 x a year.

- if you have had cancer of the breast
- if you have had a stroke
- if you have or have had blood clots (phlebitis) in your legs
- if you have problems with your liver or liver disease
- if you are allergic to DEPO-PROVERA (medroxyprogesterone acetate or any of its other ingredients)

### What other things should I consider before using DEPO-PROVERA Contraceptive Injection?

You will have a physical examination before your doctor prescribes DEPO-PROVERA. It is important to tell your health-care provider if you have any of the following:

- a family history of breast cancer
- an abnormal mammogram (breast x-ray), fibrocystic breast disease, breast nodules or lumps, or bleeding from your nipples
- kidney disease
- irregular or scanty menstrual periods
- high blood pressure
- migraine headaches
- asthma
- epilepsy (convulsions or seizures)
- diabetes or a family history of diabetes
- a history of depression
- if you are taking any prescription or over-the-counter medications

This product is intended to prevent pregnancy. It does not protect against transmission of HIV (AIDS) and other sexually transmitted diseases such as chlamydia, genital herpes, genital warts, gonorrhea, hepatitis B, and syphilis.

### What if I want to become pregnant after using DEPO-PROVERA Contraceptive Injection?

Because DEPO-PROVERA is a long-acting birth control method, it takes some time after your last injection for its effect to wear off. Based on the results from a large study done in the United States, for women who stop using DEPO-PROVERA in order to become pregnant, it is expected that about half of those who become pregnant will do so in about 10 months after their last injection; about two thirds of those who become pregnant will do so in about 12 months; about 83% of those who become pregnant will do so in about 15 months; and about 93% of those who become pregnant will do so in about 18 months after their last injection. The length of time you use DEPO-PROVERA has no effect on how long it takes you to become pregnant after you stop using it.

### What are the risks of using DEPO-PROVERA Contraceptive Injection?

**1. Irregular Menstrual Bleeding**  
The side effect reported most frequently by women who use DEPO-PROVERA for contraception is a change in their normal menstrual cycle. During the first year of using DEPO-PROVERA, you might have one or more of the following changes: irregular or unpredictable bleeding or spotting, an increase or decrease in menstrual bleeding, or no bleeding at all. Unusually heavy or continuous bleeding, however, is not a usual effect of DEPO-PROVERA; and if this happens, you should see your health-care provider right away. With continued use of DEPO-PROVERA, bleeding usually decreases, and many women stop having periods completely. In clinical studies of DEPO-PROVERA, 55% of the women studied reported no menstrual bleeding (amenorrhea) after 1 year of use, and 68% of the women studied reported no menstrual bleeding after 2 years of use. The reason that your periods stop is because DEPO-PROVERA causes a resting state in your ovaries. When your ovaries do not release an egg monthly, the regular monthly growth of the lining of your uterus does not take place. When you stop using DEPO-PROVERA your menstrual period will usually in time return to its normal cycle.

**2. Bone Mineral Changes**  
Use of DEPO-PROVERA may be associated with a decrease in the amount of mineral stored in your bones. This could increase your risk of developing bone fractures. The rate of bone mineral loss is greatest in the early years of DEPO-PROVERA use, but after that, it begins to resemble the normal rate of age-related bone mineral loss.

**3. Cancer**  
Studies of women who have used different forms of contraception found that women who used DEPO-PROVERA for contraception had no increased overall risk of developing cancer of the breast, ovary, uterus, cervix, or liver. However, women under 35 years of age whose first exposure to DEPO-PROVERA was within the previous 4 to 5 years may have a slightly increased risk of developing breast cancer similar to that seen with oral contraceptives. You should discuss this with your health-care provider.

**4. Unexplained Pregnancy**  
Because DEPO-PROVERA is such an effective contraceptive method, the risk of accidental pregnancy for women who get their shots regularly (every 3 months [13 weeks]) is very low. While there have been reports of an increased risk of low birth weight and neonatal infant death or other health problems in infants conceived close to the time of injection, such pregnancies are uncommon. If you think you may have become pregnant while using DEPO-PROVERA for contraception, see your health-care provider as soon as possible.

**5. Allergic Reactions**  
Some women using DEPO-PROVERA Contraceptive Injection have reported severe and potentially life-threatening allergic reactions known as anaphylaxis and anaphylactoid reactions. Symptoms include the sudden onset of hives or swelling and itching of the skin, breathing difficulties, and a drop in blood pressure.

### 6. Other Risks

Women who use hormone-based contraceptives may have an increased risk of blood clots or stroke. Also, if a contraceptive method fails, there is a possibility that the fertilized egg will begin to develop outside of the uterus (ectopic pregnancy). While these events are rare, you should tell your health-care provider if you have any of the problems listed in the next section.

### What symptoms may signal problems while using DEPO-PROVERA Contraceptive Injection?

- sharp chest pain, coughing up of blood, or sudden shortness of breath (indicating a possible clot in the lung)
- sudden severe headache or vomiting, dizziness or fainting, problems with your eyesight or speech, weakness, or numbness in an arm or leg (indicating a possible stroke)
- severe pain or swelling in the calf (indicating a possible clot in the leg)
- unusually heavy vaginal bleeding
- severe pain or tenderness in the lower abdominal area
- persistent pain, pus, or bleeding at the injection site

### What are the possible side effects of DEPO-PROVERA Contraceptive Injection?

**1. Weight Gain**  
You may experience a weight gain while you are using DEPO-PROVERA. About two thirds of the women who used DEPO-PROVERA in clinical trials reported a weight gain of about 5 pounds during the first year of use. You may continue to gain weight after the first year. Women in one large study who used DEPO-PROVERA for 2 years gained an average total of 8.1 pounds over those 2 years, or approximately 4 pounds per year. Women who continued for 4 years gained an average total of 13.8 pounds over those 4 years, or approximately 3.5 pounds per year. Women who continued for 6 years gained an average total of 16.5 pounds over those 6 years, or approximately 2.75 pounds per year.

**2. Other Side Effects**  
In a clinical study of over 3,900 women who used DEPO-PROVERA for up to 7 years, some women reported the following effects that may or may not have been related to their use of DEPO-PROVERA: irregular menstrual bleeding, amenorrhea, headache, nervousness, abdominal cramps, dizziness, weakness or fatigue, decreased sexual desire, leg cramps, nausea, vaginal discharge or irritation, breast swelling and tenderness, bloating, swelling of the hands or feet, flashes, and joint pain. Other problems were reported by very few of the women in the clinical trials, but some of these could be serious. These include convulsions, jaundice, urinary tract infections, allergic reactions, fainting, paralysis, osteoporosis, lack of return to fertility, deep vein thrombosis, pulmonary embolism, breast cancer, or cervical cancer. If these or any other problems occur during your use of DEPO-PROVERA, discuss them with your health-care provider.

### Should any precautions be followed during use of DEPO-PROVERA Contraceptive Injection?

**1. Missed Periods**  
During the time you are using DEPO-PROVERA for contraception, you may skip a period, or your periods may stop completely. If you have been receiving your DEPO-PROVERA injections regularly every 3 months (13 weeks), then you are probably not pregnant. However, if you think that you may be pregnant, see your health-care provider.

**2. Laboratory Test Interactions**  
If you are scheduled for any laboratory tests, tell your health-care provider that you are using DEPO-PROVERA for contraception. Certain blood tests are affected by hormones such as DEPO-PROVERA.

**3. Drug Interactions**  
Cytidine (aminoglutethimide) is an anticancer drug that may significantly decrease the effectiveness of DEPO-PROVERA if the two drugs are given during the same time.

**4. Nursing Mothers**  
Although DEPO-PROVERA can be passed to the nursing infant in the breast milk, no harmful effects have been found in these children. DEPO-PROVERA does not prevent the breasts from producing milk, so it can be used by nursing mothers. However, to minimize the amount of DEPO-PROVERA that is passed to the infant in the first weeks after birth, you should wait until 5 weeks after childbirth before you start using DEPO-PROVERA for contraception.

### How often do I get my shot of DEPO-PROVERA Contraceptive Injection?

The recommended dose of DEPO-PROVERA is 150 mg every 3 months (13 weeks) given in a single intramuscular injection in the buttock or upper arm. To make sure that you are not pregnant at the time of the first injection, it is essential that the injection be given ONLY during the first 5 days of a normal menstrual period. If used following the delivery of a child, the first injection of DEPO-PROVERA MUST be given within 5 days after childbirth if you are not breast-feeding or 6 weeks after childbirth if you are exclusively breast-feeding. If you wait longer than 3 months (13 weeks) between injections, or longer than 6 weeks after delivery, your health-care provider should determine that you are not pregnant before giving you your injection of DEPO-PROVERA.

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# Water polo starts season with big splash



Robert Whitehead/CSUSB

**MAKING A BIG SPLASH:** All-American goal keeper Amanda Wells finished her 2002 campaign with a phenomenal 256 saves.

By Beatriz Barragan  
Staff Writer

It can be a bright sunny day, or it can be freezing cold with rain. The women's water polo team will still play.

"The only time we don't play is if there is lightning, and there is never lightning," says sophomore driver Wendi Tofflemire.

"The girls stay warm in the water, it's the coaches that have

it worst with just a thin sweater for protection," says Coach Thomas Finwall with a laugh.

This aggressive squad is entering a hopeful season with much improvement from last year.

"We can get our bodies out of the water much easier, we also have very hard shooters this year, and we have the speed," says Tofflemire.

Important players to look out for this season will be sophomore Sarah Reneker who led her team with 67 goals last season.

All-American Amanda Wells will be entering her third year as goalie after having an impressive 256 saves in 2002.

Seniors Kari Haberts and Taryn Harp are expected to have offensive power again this season. Combined, both players scored 82 goals.

The team is relatively new with half of players transferring from other schools and freshman recruits.

One other new and very important key figure on the team is the head coach.

Finwall is in his first year coaching at the collegiate level. In addition, Finwall replaces last season's head coach Danielle Altman who left for UC Santa Barbara.

But 16 years of high school coaching experience can disqualify him as a rookie.

He coached at North High School and was able to take the team to championship contention.

One of his objectives for the team was to establish a team unity that would be vital for winning games.

"I'd made sure that 'click's' within the group didn't form, girls were grouped differently during practice and in games in order to have them get to know each other," says Coach Finwall.

The women's water polo team just finished a Slugfest Invitational at UC Santa Cruz. The team came home with three wins and one loss.

The wins were very important because they played No. 15 UC Davis and No. 20 Cal State Bakersfield, currently ranked in the Collegiate Water Polo Association national poll, which includes both division I and division II teams. UC Santa Cruz also fell short to the Coyotes.

## Hikes fo' you: Devils Punch Bowl

By Rody Rodriguez  
Staff Writer

**Where:** From CSUSB, take the 215 north and continue after it merges with the I-15. After about 10 miles, take California 138 west towards Palmdale.

Follow this highway for a while until you reach Pearblossom.

There will be a sign indicating Devils Punch Bowl. Turn left onto Longview Road.

From there follow the signs for about 7 miles.

**Length:** 7-mile loop

**Difficulty:** Moderate

If you have been living in Southern California for as long as I have, you have been waiting for the illusive "Big One". No people, think clean thoughts.

I am talking about the big earthquake that is supposed to hit Southern California at any moment and is allegedly going to shake Los Angeles and generated by the famous San Andreas Fault.

However, if the big one has not already killed you by the time you read this, you can actually hike down into the San Andreas Fault via the Devils Punch Bowl Trail.

Nestled in the Angeles National Forest, just outside Pearblossom, Devils Punch Bowl is where the North Atlantic Plate and the Pacific Plate converge.

Numerous earthquakes and geological activity have created this magnificent area over the centuries.

Now you have a chance to be a part of this geological wonder.

The trailhead is located near the ranger station. Stop in and say hi.

The rangers there are very friendly and will be happy to answer any questions regarding the area or the hike.

At the trailhead, there is a magnificent view of the Devils Chair as well as the fault.

You can take a moment and admire a piece of God's creation or just take a picture.

As you continue the hike, you will begin to descend into the fault. Yucca trees begin to litter the rocky landscape.

If you are daring, go ahead and climb on the rocks.

This gives an even better vantage point of the entire fault as well as the

neighboring area.

When you reach the bottom of the trail, there is an option to go all the way down into the fault itself.

The descent is moderate, so do not worry about getting any blisters.

At the fault, there is a seasonal creek that should be flowing at this time.

At this point, you should take time to explore the area.

Just imagine. Here is where two major plates intersect to form Southern California.

By looking around, you will be able to understand the sheer power of Mother Nature.

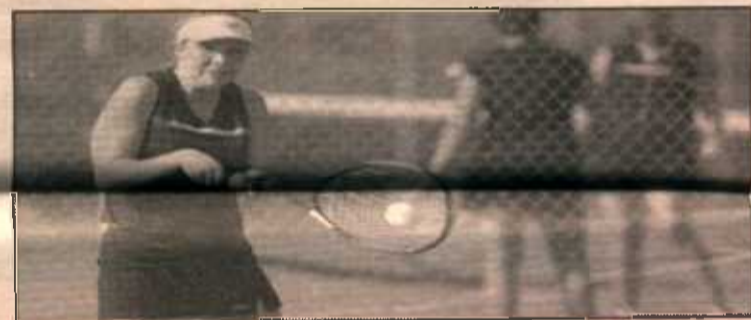
You may feel minute by the size of the cliffs that surround.

After enjoying the fault, you can make your ascent. Continue following the trail.

It loops back, so do not worry about getting lost, so keep on trekking.

**Rating:** 3.5

**Rating Scale:** 1-Stay Home, this hike is a waste of time; 2-Alright, if you have nothing else to do; 3-Decent, you'll have fun; 4-A blast, you'll enjoy; 5-Must do, no matter how many blisters you get!



Robert Whitehead/CSUSB

Junior Heather Lehman is the No. 3 singles player for CSUSB.

## CSUSB Tennis update

By Wesley Collins  
Staff Writer

The CSUSB Women's Tennis team has had a tough start - to a season with a lot of promise.

The team has lost its first two meets, 0-9 to West Region

Champions UC San Diego, and a 1-8 loss to Grand Canyon. They are currently 0-2 on the season and 0-2 in the CCAA.

The girls are looking to rebound and come up with some wins against upcoming foes UC Davis and Sonoma State.

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## Another year and another regional

By Beatriz Barragan  
Staff Writer

Get ready for March Madness—the CSUSB men's basketball team is at a pace to make and possibly host the NCAA West Regionals for the second year in a row.

The NCAA standings have the Coyotes reigning at the top of the West Region with a 17-4 overall record.

However, the Coyotes started the season 0-4 but since then they have not looked back.

"We were playing very good teams. The four games were against nationally ranked teams," says CSUSB men's basketball head coach, Jeff Oliver.

The current 18-game winning streak has elevated the team to first place in both the CCAA conference and the NCAA West Regional standings.

It is primarily a division II athletics school, which results in the lack of media or fan attention compared to division I teams like UCLA or USC.

However, recruiting and experienced coaching staffs in recent years have resulted in contending teams for CSUSB.

The men's basketball team has helped tremendously to

bring awareness to CSUSB sports.

Reaching the NCAA West Regionals doesn't just mean a title for the school, but also a strategic move to promote the school in general.

"When teams are winning, it just brings a lot of enthusiasm to students and faculty," says CSUSB President Dr. Albert Karnig. "It improves the reputation of our university and makes it more of an attractive place to come for future students."

The excitement the Coyotes have created with explosive games has gained much of the public's attention and has resulted in growing attendance at home games.

CSUSB is third in attendance numbers in the CCAA, averaging 865 fans per game.

"I caught one of their games, and they are really good," says CSUSB student Dorcus Walker.

The No. 1 Coyotes are proving to many coaches how wrong they were after the Coyotes were picked No. 2 in the conference at the start of the season.

"The coaches' poll at the start of the year predicted that CSUSB was going to run away with the conference



Robert Whitehead/CSUSB  
Te'Ron (TK) Reed (above) is 36 assists shy of breaking the CSUSB record and is No. 3 in the Nation in steals and No. 20 in assist.

because of the talent level they had," says Coach Oliver.

The manpower rests on the defense, for the team. In the nation, CSUSB is 3rd in points allowed with opposition averaging

58.6 points per game.

But the Coyotes are yet to see the horizon, away games at Cal State Bakersfield and Sonoma State can still affect who goes to the NCAAAs.

## Softball 3-3 in CCAA

By Tony Evans  
Assistant Sports Editor

The Cal State women's softball has dropped their last six games in two game sets: two to Vanguard University, two to Cal State Stanislaus, then two to Cal Baptist.

Sharmaine Kendrick homered in the sixth to give the Coyotes their first hit of the game against Vanguard. This wasn't enough for the down-but-not-out softball team. The Coyotes showed dignity and self-respect in the seventh with a four-run rally but the final count was 9-5. The second game proved just as tough, as the team lost 5-2.

The trip north provided little relief.

In the first contest against Cal State Stanislaus, the Coyotes could only muster one threat against starting pitcher Jackie Miller, and went on to drop the second game 3-1. The next stop for the women was Cal Baptist where the Lady 'Yotes unfortunately lost the series.

Tuesday the women's team faces off against Azusa Pacific starting at noon. Then, UC Davis on the 26th and Chico State comes to town on March 1st.

## Baseball 15th in nation

By Tony Evans  
Assistant Sports Editor

Cal State Men's baseball team split the series in their conference opener with Cal State Dominguez Hills on February 15th and 18th.

At press time, the team had also lost two games to UC San Diego with two victories to play.

Senior right-hander Charles Rohr has been on an early season tear. He retired the first 16 hitters he faced against the Dominguez Hills Toro's.

During the first five innings Rohr was perfect, striking out four and walking none while facing the minimum 15 hitters. He went seven innings giving up just one earned run.

Senior Keith Haughn started a flurry of singles as the Coyotes took a 2-0 lead in the first. Josh Thomas and Chris DiBlasi also singled followed by a walk to Chris McAllen and a double by Brian Schweiger.

CSUSB made it 3-0 in the second on Jake Puckett's single, a fielding error and a fielder's choice. The Coyotes went on to win 7-3 but lost the second game 6-5 on a solo home run in the seventh.

On Saturday the Coyotes and the Toro's faced off in an epic duel that lasted four hours 29 minutes and went 12 innings. CSUSB had 14 hits in the 8-7 loss, including five from junior Michael Reh.

In the final game of the series, Cal State took a 1-0 lead in the fifth when CSUDH left fielder, Joe Gevas mis-played a ball off the bat of McAllen. This allowed Haughn to score from second after his leadoff double.

The Toro's came back and tied the game in the sixth, but in the eighth McAllen lead off with a single, stole second and scored on a pinch hit single by Bill Bitonti.

In the ninth, with a tie score, senior Josh Thomas singled to score the game winning run as the Coyotes split their series with the Toro's 2-2.

The Coyotes struggled to carry that momentum this last weekend, facing UC San Diego.

With Charles Rohr's stellar seven inning, five hit, one run performance the Coyotes bullpen failed to hold a 4-1 lead in the eighth and ninth frame, for the second time in three games.

The Coyotes shelled Tritons starter Jose Navarro for all four of their runs. Two came in the second inning when Jake Puckett doubled in Matt Swaydan who had reached on a walk. Mark Ayala Jr. then singled, driving home Puckett.

CSUSB went up 3-1 in the third on a McAllen induced, two base error and scored on Chris DiBlasi's single to center. In the fifth, the Coyotes made it 4-1 on a single by Schweiger and a RBI double by Swaydan.

All was for not though as the Coyotes gave up 1 run in the eighth and three in the ninth, to lose 5-4.

The following game proved to be just as hard for Cal State losing 8-0 on a prime pitching performance by Triton's Rafael Bergstrom.

This weekend Cal State faces off against league rival Cal Poly Pomona in what should be a heated series given the history of these two teams.

Home game starts at noon on March 1 at Arrowhead Credit Union Park.



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## Martin backbone of CSUSB squad

By Wesley Collins  
Staff Writer

Heart, tenacity and competitiveness are just a few of the traits that Men's Basketball Head Coach Jeff Oliver says define junior standout Dumas Martin - a player who has worked hard in the off season to move his way up the depth chart.

Martin, who was a deep bench player for last year's team, has built himself into one of the most consistent offensive and defensive starters on this year's team.

He is averaging 6.1 rebounds a game, second on the team behind CCAA Player of the Week Lance Ray, and is shooting .655 from the field.

"Dumas does a tremendous job of defending post players and a tremendous job of rebounding the basketball," says Oliver, who believes Martin has exceeded his expectations this year. "He's

to do," he adds.

Martin likes the idea that not a lot was expected out of him this season, because he feels it took a lot of pressure off him to perform.

"I knew I could do as well I'm doing now and even a little bit better," says Martin of his performance this year.

Oliver says that Martin is the backbone of this team, and also admits that he is a very important piece of the team's accomplishment of tying the school record for most consecutive wins in a row, 17.

"Tying is nice, but we want to break it ... tying is like kissing your sister, what's the fun in that," says Martin.



Robert Whitehead/CSUSB

**BACKBONE:** Junior center Dumas Martin paid his dues last season and is now starting this season, and is the second leading rebounder with 6.1 per game.

Martin is very modest about his starting position on this year's team.

He points out the fact that the two players who were ahead of him last year graduated and thus catapulted him from bench warmer to starter.

However, Martin is very confident in what he calls the "important role player" position that he's in.

"I'm definitely a role player,

but I hope to think that I'm an important cause for the team," says Martin.

The Coyotes have six more games remaining on the regular season schedule, which include games against conference foes Sonoma State University and Cal State Bakersfield.

However, the Coyotes are sitting pretty with a four game lead over Sonoma State, Bakersfield and Cal Poly

Pomona.

"I want to finish with six wins ... I don't see any reason why we shouldn't ... as long as we keep our focus," says Martin of the remaining games.

Along with those six wins comes the chance to host the West Region Tournament for the second year in row.

"If we win six in a row then we can talk about it," says a focused Martin.

## Lady 'Yotes No. 6 in Regional

By Kermit R. Boyd  
Sports Editor

In a world full of things that are uncertain, the California Collegiate Athletic Association's women participants seem to be wearing the world's same complexion.

The women's basketball CCAA conference seems slightly fogged by a cloud of parody that is in the mist of them.

Cal State Bakersfield is four and a half games ahead of the second and third place teams in the conference.

CSUSB is in fourth place games out of first with four games remaining in the regular season.

Despite this microscopic fact, the Coyotes are ranked No. 6 in the West Regional with the prospect of advancing in the Regional poll before season's end.

As of late the "Yotes have played inspired ball, trouncing UC Davis and Chico State on February 13th and 14th.

The Lady 'Yotes are holding their opponents to 55.2 points per game, which is No. 9 in the nation.

The Coyotes are lead by Kamesha Bell who is the leading scorer, rebounder and stealer. Leilani Tirona and Shannon Smith are right behind Bell in the steal category, and Tirona is the team's second leading scorer.

Head coach Kevin Becker is embarking on history, approaching the 100-win milestone in his 7th season as the head coach and also has an opportunity to coach his squad to their last playoff appearance since the 1997-98 season.

CSUSB might be able to put a dent in the CCAA's conference two top teams when they travel up North for the last two games of their season on March 7 and 8.

As the Coyotes march towards the end and approach that time of the month in March will call madness, they undeniably have a chance to make inroads, and accomplish goals set forth at the inception of the 2003 season.



John Emig/Chronicle

## Winning streak at 18

By Wesley Collins  
Staff Writer

The Coyotes set a new school record for consecutive wins at 18 straight games. The 18th win came Friday night at Coussoulis Arena with a convincing 86-58 defeat of Grand Canyon University.

The Coyotes were led by junior standout Jonathan Levy who scored 34 points, 18 of which came in the second half, and five rebounds. Levy had a lot of support from teammates Lance Ray, who scored 18 and T.K. Reed who threw in 12 points along with 10 assists.

Junior Jonathan Levy catches an alley-hoop as CSUSB railroaded Grand Canyon, 86-58

Leading scorer Bobby Burries had a quiet night with 10 points.

The Grand Canyon Antelopes were led by senior John Janssen's 22 points and 10 rebounds along with fellow seniors Delano Somers' 15 points and Sean Harris' 12 points.

The Coyotes jumped out to a huge 25-8 lead early in the first half and looked to be overpowering the undermanned Antelopes, however the 'Lopes closed the lead to 43-35 before the half.

The Coyotes came out strong in the second half and rode the momentum of Levy's 18 points to a convincing defeat.

The win keeps the Coyotes in the No. 1 position in the CCAA and helps maintain their four game lead with only five games remaining. They are now 16-1 in the CCAA and 18-4 overall, which is also good for the No. 1 ranking in the West Region.