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To set or not to set Page B-1

Celebrating 31 Years of Excellence

The Black Voice News

Volume 31 Number 29

Twenty Five Cents Per Copy

Thursday, September 18, 2003

Zambian Ambassador Visits, Speaks on AIDS

in Africa.

The message is AIDS is not an epidemic, he said in an interview with Black Voice News.

"There are social, economic, cultural, gender, and governance and international implications it comes across. The whole world is touched by it. Every family in Africa is touched by it," he said.

He explained that twenty-five years ago there was a global economic and everybody was working. There were businesses, but the International Monetary Fund developed a formula that didn't work for Africa. Two hundred companies were forced government control to the private sector. The multinational companies came in brought their own people, and began laying off Zambian people.

In Zambia every person who works affects 15 other people. So the devastation was even worse. This is the backdrop she says for the current economic situation of the continent of Africa.

"People have to wake up and they do many things to survive. The press does not talk about the businesses that have had good beds to sleep in. In Zambia $75 live on $1.00 a day. We are overwhelmed with AIDS."

See AMBASSADOR, Page A-4

Bonds Memorialized

The Black Voice News

By Cheryl Brown

Bonds, the greatest ball player to come from the city of Riverside, was memorialized in his hometown of Park Avenue Missionary Baptist Church.

While most of the attendees were spiritual and even funny telling sto­ ries they remember Bonds some more vividly overcome with grief by his sudden death. Bonds died from lung cancer in his home in Los Angeles.

"Poverty adds to AIDS. People have to eat and they do many things to survive. The press does not talk about the businesses that have had good beds to sleep in. In Zambia $75 live on $1.00 a day. We are overwhelmed with AIDS." See AMBASSADOR, Page A-4

New Temple for Redlands

The Black Voice News

By Cheryl Brown

New for members of the Church of Jesus Christ of Latter-day Saints, the temple is the house of the Lord - the most sacred place on earth.

Last week, Richards began here to the 116th Church of Jesus Christ of Latter-day Saints and the 115 Church of Jesus Christ of Latter-day Saints temples operating in the world.

The temple stands on a three-acre site that was once part of El Rancho立体形, purchased by Mormon pioneers in October 1857. The temple, which was originally planned to establish a community of Saints and perform services here, but it was called back to Utah by President Brigham Young in 1857.

The temple has 17,500 square feet, five chapels and mechanical areas with a height of 128 feet to the top of the gold-leafed ceiling. The floor is carpeted in Rong-eye -- an actual American carpet from the Book of Mormon.

Because the temple is a unique place, only the finest materials and craftsmanship are used in its construc­ tion. Inside, the art glass panel behind the reception desk is the entry was originally part of an early

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Blacks Shouldn’t Bail Democrats Out of Recall Mess

Eight (8) million voted in November 2002. Don’t let one (1) million tell you that your vote was wrong.

VOTE NO ON THE RECALL regardless of the result for the recall

The Black Voice News

Established in January 1972

By Joe C. Hopkins, Pasadena Journal

PASADENA JOURNAL

Two Slaves

When the United States was formed in 1776, there was a slave trade in the South. It was the largest in the world, and it continued until 1865. The slave trade was the main source of labor for the Southern states. It was also a source of wealth for many Southern slave owners.

Through the years, the slave trade has been described as a system of human trafficking. It was a way for slave owners to obtain their labor force. It was also a way for slave owners to gain wealth.

The slave trade wasabolished in the United States in 1865, but the effects of slavery continued to be felt for many years. The descendants of slaves continue to face discrimination and racism.

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Dear Edison Customers,

Right now, the City of Moreno Valley is moving ahead rapidly with a change that could impact every city resident and taxpayer. We're very concerned that the City has provided almost no opportunity for citizens to learn about this proposed change and offer their input – especially when there's so much at stake for everyone in Moreno Valley.

The issue we're talking about is Moreno Valley's plan to go into the electric business and supply power to newly-developed areas. The City has already spent over $400,000 and budgeted an additional $220,000 for the proposed venture, in contracts voted upon in secret.

And that's just the beginning. The City also plans to take on responsibility for millions of dollars worth of electric facilities and to purchase power from the volatile generation market for resale to its new customers.

That's a big undertaking even for a large utility like SCE, which has more than a century of experience. Imagine the cost and risk involved for a city like Moreno Valley without any experience in the electric business at all.

What's more, the City has spent hundreds of thousands of dollars in taxpayer money to start up a new utility business, while at the same time proposing an $850,000 cut in recreation and park funds that could help meet the after-school needs of Moreno Valley children. That doesn't make good sense.

We believe our valued SCE customers in Moreno Valley deserve information concerning the many issues the City's proposed plan raises – before the Council takes another step.

If you agree, we urge you to contact the mayor and city council members to request ample opportunity to be heard, and to have your questions answered.

We also want you to feel free to contact your local SCE representative, Eddie Marquez, at (909) 928-8352 with any questions you may have about the City's plans.

Sincerely,

P.O. Box 158
Rosemead, CA 91770

Robert G. Foster
President

... the City of Moreno Valley is speeding up plans to enter the costly, risky utility business – with almost no input from residents.
There is wealth to be created!" she electrify all of southern Africa. "We need help to make it into electricity. We can't process large quantities of food," she said.

"A year is lost. We need books to educate our children and teachers to dance of gems, amethyst, rubies, and our products (i.e. rice, handicrafts, etc) to Americans. Our people need partners; we have an abundance of cheap drugs and medical facilities.

There is good news. Young people in Zambia have taken the issue upon themselves and began to promote themselves and began to promote awareness. The young people organized themselves and began to promote awareness and conditions socially. Their message is that it is selfish to abuse and the children are comfortable with it," she said.

When asked about the stability of the government she indicated that it is a Democratic government and that it is stable. They have been running out corruption and there has not been any conflict (civil war) in the country.

"There has been economic growth in Africa because everything has been taken out of Africa. Africa has contributed to the whole world. Cadbury, England built a whole city on chocolate from Ghana, the only thing the Guianans get is schoolbooks," she said.

Helen Harris, Dr. Mbikusita-Lewanika's Missionary friend and Executive Director/Founder of Leadership International (CTLI) was the guest speaker for services at Friendship Baptist Church in Riverside.

Ambassador Mbikusita-Lewanika's Missionary friend and wife Phalia sang from her new album Phailia Sings from Heaven. She said that people in Zambia have taken the issue upon themselves and began to promote themselves and began to promote awareness and conditions socially. Their message is that it is selfish to abuse and the children are comfortable with it," she said.

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"I just take for granted," she said. Her Both young ladies with long blond hair, dressed very appropriately, said they had never been dressed up before, nor had they come to an event like the gala. Daniel wasn't there but Samuel Davis Jr. in the form of Lambus Davis wasn't there to sing and dance. Ruby Wilson flew in to surprise Lanessa Clayton, producer of the Trumpet Awards, actor Bill Cobbs was present, and recording artist James A. Mosley Jr. came all the way from Nashville, TN to sing. Several people flew in from different parts of the country to participate in this one of a kind event. There were people from all walks of life. Pasadena Journal Publisher/Attorney Joe Hopkins and Clayton signed their books and a table was set aside for the Antwone Fisher book signing. Although he wasn't there, his books were available for purchase.

"You have no idea how difficult it is to talk about their mother's drug habit and how being homeless affected them. Once we were taken away from her. We had a bed to sleep in and an advocate to help us through everyday things that you just take for granted," she said. Her sister's story was similar but she said even being homeless she had the comfort and protection of her big sister. The audience was moved. Boys young ladies with long blond hair, dressed very appropriately, and my sister lived with our mother behind a store living out of their trash bin. We couldn't go to school; we were homeless."

"Each year thousands of teenagers leave home and foster placements without the skills necessary to lead independent lives."

Many times these teens become homeless and frustrated with their situations and it often leads to depression and homelessness. The Mokae Resource Foundation is a support system for them to guide them through the difficult transition to adulthood and self-sufficiency," states founder Mandy Mokae.

The foundation was founded by Zakes Mokae and his mother-in-law visiting from Cleveland, OH, Mrs. Woods, and husband Zakes, a Tony Award winning actor. Some of the teens also spoke about the Mokae Foundation providing them with groove and protection. That is the practical part of what the Foundation does. In addition to groceries, television, furniture, and computers, $1,000 gifts were presented to students: Chris Wilburn, Larry Davis Jr., Angel Martinez, Evelyn Whitehead, Tela Cross and Tamara Collins. They additionally gave heart-warming presentations. Others who could not attend — actors Matthew Broderick, Sarah Jessica Parker, James Earl Jones, Ruby Dee and Ossie Davis — supported the foundation. First time attendee Dr. Edith Coleman of Kansas City, Kansas said it was "wonderful." She spoke about how she could relate because she had over 30 foster children. Films her experience there are the fostering children. "People willfully forget them because they are not disciplined and self-directed, plus they have an abundance of negative experiences. Mandy is handling the challenge superbly," she said.

One of the problems many of these youth face are the tattoos that adorn their bodies. From being a part of the crowd or being in a gang, they tattooed themselves. Its part of their life and getting jobs. Dr. Davis, a plastic surgeon, removed tattoos for the Mokae Foundation teens.

"It is our senator and she helped with donations. "I think all of our supporters for their overwhelming support. We had 72 more people than RSVP'd for the event and we were able to hand out 8. I thought the kids were wonderful. They were so good they spoke from the heart and touched everyone," said Mandy Mokae.
Harris to Play Benefit Concert in the High Desert

Larnelle Harris, winner of five Grammy awards and 11 Dove Awards, will perform a benefit concert for the Victorville Seventh-Day Adventist Church on Sunday, December 14 at 4:00 p.m. at The Church of the Valley, Hansen Hall in Apple Valley. Billboards Magazine says "Larnelle's vocal prowess and versatility only increase with each performance."

For over 30 years, Harris has performed with the nation's top Gospel performers including Sandi Patty who won two Grammy awards for the songs "I've Just Seen Jesus" and "More," Donnie McClurkin who won four Dove Awards for the songs "If It Had Not Been the Lord on My Side" and "Give Me a Clean Heart," and BeBe & CeCe Winans with two Dove Awards for the songs "Theme Song" and "If You Don't Know Me." Harris' profile and talent have been highlighted in magazines such as "Billboard Magazine-Sahara," "Christian Century," "The Black Voice News," 'Youth Special Service,' 'Early Morning Service,' and has been featured on several current albums. For more information contact (909) 654-8762. For more info contact 909-654-8762.

SPECIAL ANNOUNCEMENT - Plus New In Album!

Larnelle Harris' new CD "Pass the Love" will be released tomorrow (November 24th) and Harris will be performing a benefit concert to continue its health education program. For more information visit www.LarnelleHarris.com.

Larnelle Harris' stature don't just stop at the Gospel music world. Harris has been featured on several current albums including "Points Of Light" and "The Silver Bell Award for Distinguished Public Service" by the Ad Council for his involvement. Tickets for the show are $15 for adults, $8.00 for children under 12 and $40 for a family of four. Tickets are available at the Christian Treasure Valley, 18429 Highway 18 in Apple Valley or through the Church of the Valley's Ministries Office.

Harris to Play Benefit Concert in the High Desert — 16th Annual Women's Day Service — Celebrating 30 Years of Serving the Community — "Celebrate 30 Years of Ministry!"

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FACTORY REBATE .... 1,000

FREEWAY DISCOUNT 1,900

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MSRP ........... $9,999

FACTORY REBATE .... 9,999

FREEWAY DISCOUNT 2,799

$7,200 at this price

VIN # AJE873767

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FACTORY REBATE .... 11,999

FREEWAY DISCOUNT 3,999

$8,000 at this price

VIN # AJE873767

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FACTORY REBATE .... 16,999

FREEWAY DISCOUNT 15,999

$24,000 at this price

VIN # 1N7BN758533

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MSRP ........... $41,815

FACTORY REBATE .... 2,500

FREEWAY DISCOUNT 2,500

$39,315 at this price

VIN # 1N7BN758533

2003 MERCURY MARAUDER

MSRP ........... $17,995

FACTORY REBATE .... 17,995

FREEWAY DISCOUNT 2,995

$14,995 at this price

VIN # 1N7BN758533

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A mericans love salt. It's in our food, and it's a part of our culture. It's esti-
mated that the average American consumes more than 4,000 milligrams of sodium a day. The Food and Drug Administration's recommended daily allowance is 2,400 milligrams, or about one teaspoon. Recently, salt has been in the news as experts debate its role in high blood pressure. Researchers have studied the causes of high blood pressure extensively over the past three decades. Scientific studies have confirmed and denied a connection between salt intake and high blood pressure, leaving many to wonder: should I reduce sodium in my diet?

• One of the most recognized salt studies to date is the DASH (Dietary Approaches to Stop Hypertension) study, sponsored by the National Heart, Lung and Blood Institute, part of the National Institutes of Health. The goal of the study was to define the relationship between diet, sodium intake and high blood pres-
sure. The DASH study participants followed either a typi-
cal American diet or the DASH diet, which is rich in fruits, vegetables and low-fat dairy products, as well as low in red meat and sweets. Experts viewed the study results, published in 2002, in different ways. Dr. David McCarron, professor of med-
icine at the Oregon Health Sciences University, and diets in the past three decades. Scientific studies have confirmed and denied a connection between salt intake and high blood pressure, leaving many to wonder: should I reduce sodium in my diet?

If you're trying to cut down on salt, you can start by changing what's in your pantry. Salt Sense allows you to shake the way you usually do to enjoy your favorite foods, but you'll be using one-third less salt.

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before cooking, you can remove as much as 40 percent of the sodium.
• Purchase no-salt-added products. This gives you con-
trol over the salt in your food. You can always salt to your taste. While sodium consumption is not a health issue for everyone, an appropri-
ate amount of salt is important for maintaining a healthy diet. Experts suggest a healthy diet should include 2,000 to 3,000 milligrams of salt per day. If your physician has put you on a no-sodium diet, it is important to follow those orders directly. For those who would like to reduce their sodium intake without compromising food flavor or saltiness habits, there are alternatives, such as Diamond Crystal Salt Sense. "Whereas many salt substit-
utes use formulas that often lack quality taste, Salt Sense is 100 percent real salt that contains 35 percent less sodium by volume," says Ramona Bennett, marketing manager for Diamond Crystal. "This is the one salt alternative that allows you to add the same amount of salt to your food—like corn on the cob—that you normally would and still reduce your sodium intake."

A brochure with some helpful tips for reducing sodium in your diet and tips for follow-
ing the DASH diet is available free of charge. You can receive a copy of "The Shake-Down on Salt" brochure sim-
ply by calling toll-free (888) 384-SALT (7258).

Just Because You Have a Family

Doesn't Mean You Have To Drive Like It!
From Collards to Chard, Cooking Greens Help Hit the Mark for 5 to 9

Cigarette makers say they don't market to children.

The Black Voice News Page B-2 Thursday, September 18, 2003

For the last decade, nutritionists you live under a rock, you have heard about the "5 a Day" message. For several servings of fruits and vegetables a day to promote good health, say doctors, dentists and other health professionals, which is one of the recommendations of the American 5 a Day Campaign are American men ages 35-50 eat only one-third of the servings recommended, a trend that is declining. The American Cancer Society has long known that the fleshy, velvety collard greens. Collards you ramp, mustard, spinach, chard and kale are the nutritional heavyweights that are scientifically and nutritionists have advised increasing in their diets.

There is a good chance, any way you measure them. Nutrarily low in fat, rich in vitamins, they pack an alphabet that we need: high levels of vitamins and minerals such as A, C, E, K, beta-carotene, calcium, phosphorus, iron, magnesium, selenium, potassium and chlorophyll. They are also naturally high in fiber, which most Americans have been advised to increase in their diets.

But it's all about taste, isn't it? Even the healthiest food will get tossed around on the plate without tasting delicious, like Cut 'n Clean Mustard Greens and Spinach Greens, enlivened with jalapeno and Creole spice. Grilled pork loin and a cornbread muffin complete the meal.

Cut 'n Clean Mustard Greens and Spinach Greens

Ingredients

- 1 red bell pepper, stemmed and seeded, juliened in 1/4 strips
- 1/2 of a jalapeno pepper, chopped
- 1/4 teaspoon salt, as needed
- 2 red onions, thinly sliced
- 2 tablespoons virgin olive oil
- 1 (1-pound) bag Cut n Clean Mustard Greens
- 1/2 of a jalapeno pepper, chopped
- Creole spice
- Salt and tomato

Preparation

In a large skillet, heat oil over medium heat. Add garlic and jalapeno and saute until cooked, 3 minutes. Turn heat up to medium high and stir in spinach, yellow and red peppers, Creole spice, salt and tomato. Cover and cook for 3 to 4 minutes. Stirring and greens are cooked evenly.

Number of servings: 8

The flavors of Cut 'n Clean Mustard Greens and Spinach Greens sparkles with bell peppers, jalapeno and Creole spice. Grilled pork loin and a cornbread muffin complete the meal.

Cigarette makers say they don't market to children.

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Helping Families into Homeownership

Riverside Partners in Homeownership is pleased to invite the public to its Third Annual Homeownership Fair. The event will be held October 4, 2003, from 10:00 a.m. to 3:00 p.m. in the downtown pedestrian mall adjacent to Riverside City Hall. The fair will provide the public with information on down payment assistance programs, credit counseling, and fair housing laws. Realtors, escrow, title, and lender representatives will be available to provide advice. For more information contact Michelle Davis, Assistant Project Manager at (909) 826-5763.

The Black Voice News

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H&L's Armstrong Transmission
Free Diagnosis ($65.00 Value)
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Axles most cars starting at $75.95
Transmission Overhaul: starting at $895.00
w/ 24,000 mile warranty
36,000 warranty (ask for details)

All promotions are subject to change at any time and if you do not have coupon present.
Governo Davis Names Sklarek to CA. Architects Board

Governor Gray Davis this week announced the appointment of Norma Sklarek, as a member of the California Architects Board.

Norma Sklarek, FAMA of Pacific Palisades has been an architect for over four decades and was the first African-American woman architect licensed in the United States. In 1980 she was honored by the American Institute of Architects with the "Fellowship" title ("FAIA") for making an outstanding contribution to the field of architecture. From 1989 to 1996, she worked as a principal in the architectural firm of Jon Jerde, Inc. She has also served as a commissioner to the California Board of Architectural Examiners and was a member and chair of the American Institute of Architects Ethical Council from 1989 to 1996. Ms. Sklarek earned a Bachelor of Architecture degree from Columbia University School of Architecture. The California Architects Board exists to regulate the practice of architecture in the interest and for the protection of the public health, safety and welfare. For this purpose, the Board determines the minimum professional qualifications and performance standards for admission to the practice of architecture. Members do not receive a salary. This position does not require Senate confirmation.

CSUSB's M.P.A. Program Receives National Reaccreditation

The Black Voic'e News

Cal State San Bernardino's M.asters in Public Administration program, a training ground for future elected officials and administrators in government and non-profit groups, once again has been nationally accredited for its outstanding work.

"The reaccreditation by the National Association of Schools of Public Affairs and Administration (NASPAA) reaffirms our exceptional program along with the creative and dynamic instructors that teach in our public administration programs," said David Beliso, a CSUSB public administration professor who serves as the M.P.A. program director and department chair. "The reaccreditation has been a long and time-consuming process for our faculty and staff, but the payoff means our program will retain its dominance as one of the leading M.P.A. programs in the region."

This is the third accreditation for the program, which the College of Business and Public Administration initially offered in 1972 as a continuation in public administration education. The college began offering a Master's in Public Administration program in 1975. The department received its initial NASPAA accreditation in 1987. For more information, contact Cal State San Bernardino's public affairs office at (909) 530-3507.

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Local Stylists Help Their Clients Survive Breast Cancer

Stylists trained as peer health educators encourage early breast cancer detection by offering special gift to women who take action

The Black Voice News

CABARET

Helping women survive breast cancer through early detection, local salon owners and stylists have volunteered to be part of a diverse gift package promotion called "Styling For Life." "Styling For Life" participations stylist handout to engage their clients in discussions about early breast cancer detection, the most effective means of surviving the disease. Stylists will encourage women age 40 and over to schedule their annual breast exam screenings—clinical breast exams and mammograms—during the special gift promotion period. September 2003 to January 2004.

During the five-month period, participating salons will distribute gift redemption coupons to women age 40 and over. Once the woman has completed her breast cancer screening and shows proof with a stamp or signature from a health care provider, she can redeem the coupon at any participating salon for a free beauty sampler gift bag. The gift bag is filled with hair and beauty products donated by "Styling For Life" partner sponsors. 

To encouraging early breast cancer detection by offering special gift to women, the program is targeted to reach women who lack health care resources, states Anise Olson, Program Coordinator for The Donna تستر Partnership Promoting Breast and Cervical Health, one of five community-based breast cancer partnerships implementing this statewide promotion locally. The Partnership is funded by the California Department of Health Services' Cancer Detection Program. Every Woman Counts program that provides free breast cancer screenings to uninsured women age 40 and over. Uninsured women with breast cancer have a 30 to 50 percent higher risk of dying from the disease than women with private health insurance. Twenty percent of California women are without health insurance. Uninsured women are encouraged to call California's Cancer Detection Program. Every Woman Counts toll-free number (1-800-511-2300) to see if they qualify for a free breast cancer exam and mammogram.

For African American women, said Kay F. Powell, a survivor and president of Sisters Breast Cancer Survivors Network. "With the "Styling For Life" promotion, I hope all women learn the key to survival in early detection."
The 3,000-alone, an estimated 22,000 women in California will be newly diagnosed with breast cancer, and 4,000 women will die from the disease. Since 1991, more than 150,000 women in California have been screened through Every Woman Counts. Women ages 40 and older are eligible to call 1-800-511-2300 to see if they qualify for a free clinical breast exam and mammogram. Information is also available at http://www.dhs.ca.gov/cancerdetection.

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$50,000 in women in California have been screened through Every Woman Counts. Women ages 40 and older are eligible to call 1-800-511-2300 to see if they qualify for a free clinical breast exam and mammogram. Information is also available at http://www.dhs.ca.gov/cancerdetection.
The Black Voice News Page B-6

Thursday, September 18, 2003

The following person(s) is (are) applying to the Department of Business and Professions for a fictitious business name in violation of general, state, or common law as follows:

The filing of this statement is true and correct.

I hereby certify that this copy is a correct copy of the original business name statement on file in my office. The language of the statement is English.

I hereby certify that this copy is a correct copy of the original business name statement on file in my office. The language of the statement is English.

The filing of this statement is true and correct. I declare that all the information on this statement is correct.

The following person(s) is (are) applying to the Department of Business and Professions for a fictitious business name in violation of general, state, or common law as follows:

The filing of this statement is true and correct. I declare that all the information on this statement is correct.

The following person(s) is (are) applying to the Department of Business and Professions for a fictitious business name in violation of general, state, or common law as follows:

The filing of this statement is true and correct. I declare that all the information on this statement is correct.

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The following person(s) is (are) applying to the Department of Business and Professions for a fictitious business name in violation of general, state, or common law as follows:

The filing of this statement is true and correct. I declare that all the information on this statement is correct.
Business Name in violation of the rights of another under federal law in this statement is true.

Statement filed with the County on 8/14, 8/21.

The following person(s) is (are):

Jonathan Oliver Solo
9355 Live Oak Ave.
Fontana, CA 92335

Cherie Charvonette Sears
9355 Live Oak Ave.
Fontana, CA 92335

Nancy Rocio Chavez
43552 Modena Dr.
Corona, CA 92882

The filing of this statement does not itself authorize the use in this state of a Fictitious Business Name Statement expires 4 years/50,000 miles (whichever occurs first) 24-hour:

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San Bernardino, CA 92406

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On October 7th... Make Your Vote Count

California's historic Statewide Special Election is Tuesday, October 7th. Make sure your vote counts by knowing these key facts:

- Voter registration deadline is Monday, September 22.
- Requests for absentee ballots must be made by Tuesday, September 30.
- Polling place locations may be different than where you voted previously - check the back of your Sample Ballot to find your polling place location.
- There are two questions regarding the recall - you may vote on either or both.
- The 135 replacement candidates are randomly ordered - you may vote for only one replacement candidate. Your Sample Ballot shows the order of replacement candidates - bring it with you when you vote.
- Remember that two statewide ballot measures - Propositions 53 and 54 - appear at the end of the ballot.

For more information, go to www.myvotecounts.org or call toll-free 1-800-345-VOTE (8683).

This message brought to you by
California Secretary of State
KEVIN SHELLEY

www.myvotecounts.org