Robert Washington
Robert Washington, 79, of San Bernardino, died last week of cancer at home.

Washington, a native of Anna, Texas, lived in San Bernardino 50 years.

He worked for Kaiser Steel Mill of Fontana. He was a member of the Lighthouse Full Gospel Church and he was a deacon.

Survivors include his wife: Mary E. Washington, Mary McGinnis and Bonnie Johnson, three daughters, Mary McGinnis and Bonnie Johnson, three daughters, three sons, 15 grandchildren.

Visitation will be from noon to 6:00 p.m. today with a wake service at 6:00 p.m. at Tillie's Memorial Chapel, 1314 Date St., San Bernardino. Burial will follow at Mountain Memorial Park, Waterman Ave. and Bar-

Rialto Died At 47
Freddie Williams, 47, of Rialto died last week of cancer at Bakersfield Community Hospi-

The cause of death is unknown, pending a doctor’s report.

Williams, a native of La Coochit, FL, was a member of the Lighthouse Full Gospel Church in Los Angeles. He was a mechanic at Pep Boys and was a deacon.

Survivors include his wife, Joyce Kennedy; two sons, Freddie III, Alvin Graham; and two daughters, Freddie II, Amanda Thompson and Darnell; five grandchildren, Dominique, Freddie I, Laura Williams, Shadee, Lamey, Justin Thompson and LaVasha Kennedy; his parents, Mary James Mason and Freddie Sr.;; his brother, Walter two aunts and many, many grandchildren.

Services will be held at 1:30 p.m. today at Tillie's Memorial Chapel. Interment will be at Dade City Cemetery in Florida.

Riverside Teen Named Finalist
Miss LeOna Lyns Clarke, a Riverside resident, has been selected to be a finalist in the junior division of California's 1995 America's National Teen-Age Student of the Year Program. The program is sponsored by the American National Teen-Age Program is the largest national program of its kind, according to the 24th Annual America's National Teen-Age Student of the Year Program Finalists held in August.

Shriners Award Scholarships

The Pioneering Shriners Temple #2 held its 3rd Annual Pioneering Scholarships Program.

Students were selected to be a finalist in the competitive Grant is for the next century.

By Clara Thomas

Booth MVUSD, a nonprofit organization, began a new focus on student career development in March of 1994: The government with the right (8) with the Federal Department of Education, the State Department of Education, the American Federation of Educators, and the American Federation of Teachers formed a partnership to address the needs of all students by providing opportunities to all students to participate in a variety of media positions at the Arizona Republic Newspa-

Dr. McKenzie is a trained journalist and electronic media specialist. She has a variety of media positions at the Arizona Republic Newspa-

Rev. Vashti McKenzie To Speak At UDA Graduation

Vashti McKenzie

v'll You Not Want To Miss This Outstanding, Woman Of God.

The 36th Annual Adventist Church will be held at 6:00 p.m. on Tuesday, June 30, 6:00 p.m. to 9:00 p.m. at 1616 16th St., San Bernardino, and will be the internationally acclaimed, Dr. Vashti McKenzie.

Dr. Vashti McKenzie is an Ordained Minister, executive producer for "The Oprah Winfrey Show," and has worked with the NAACP, the NAACP, and the National Urban League.

Dr. Vashti McKenzie is a speaker in a mount in the world of education, she is a graduate of the University of Mary Lange, a Master of Divinity Degree Graduate of the School of Divinity. She earned a Doctor of Ministry Degree from United Theological Seminary, in Dayton, Ohio.

Dr. McKenzie is a trained journalist and electronic media specialist. She has a variety of media positions at the Arizona Republic Newspa-

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The hospital didn't see any improvement in his condition. Booker was released to post-
Economic Empowerment

Another Example for African-Americans

By James Clingman

James Clingman is the former president of Inland Newspapers, Inc., Riverside, Calif., a daily newspaper chain that he founded in 1959.

Wouldn't it be nice to have a system that would allow us to buy and sell our own products and services without having to go through the middleman?... 

Dear Editor:

I am happy to see that the Communications Superhighway much faster. That means more ties, jewelry, and we buy them. They sell us our own Black manufactured tickets, all profitable enterprises.

The Black Press... ...very important and should be brought to the attention of all communities. And we would like to request the support especially of the African-American community.

President Bizimana: I want to emphasize that such events are not unusual for us. We have to find a way to help the other, if is not going to work. The issue of racism is at question, if not gender pressure. A Black professional will not by all and allow each ill conduct to continue. The question of racism in this situation is very severe.

E.H.
The Heart is the only organ that is too small to be cleaned out by the body's defense system. The thymus begins to shrink shortly after puberty and virtually disappears by old age. As the thymus fades away T-cells decline in number and the remaining ones don't function as well as their predecessors. B-lymphocytes, the other major immune defense system, lose their edge. Each B-cell is inactivated to a particular molecular invader by means of a pattern of antibodies on its surface. Every time that adversary appears this programmed cell produces hundreds of identical copies of antibody to拦截和 contract when the foreign invader. Both the capacity to form close antigens and the ability to release antibodies are diminished in the thirthy and elderly immune system. With age an increasing percentage of these antibodies that are produced are directed against the body's own tissue, raising the risk for autoimmune disease such as arthritis.

The Heart and Blood Vessels

The heart is the only organ that grows bigger with age because, as heart muscle cells die, they are replaced by fat and connective tissue. Bigger, though, is not better. The heart muscle loses some of its ability to squeeze and its ability to relax. During exercise squeezing becomes less efficient and the heart is forced to work much harder. From age 30 on, 5% to 10% of all heart cells are replaced by fat and connective tissue. This reduces the amount of oxygen delivered to the tissues by blood cells.

The walls of the arteries become partially blocked with cholesterol, and this process is accelerated by smoking. During exercise squeezing becomes less efficient as less forceful. At age 30 the heart muscle mass declines at the same rate. We would shrink into our slender years, wrinkled, fatty flesh hanging from our frames which we once felt at life, our heart and short of breath. We would be too poor to perceive any sensual pleasures that we once appreciated.

Remember, systems that age slowly can offer compensatory effects that may slow the decline of the heart. A durable digestion system will process calcium sufficiency and crowns. A good set of lung can offer for a falling heart.

Although we can't reverse the effects of aging, we can enhance the process by taking care of our body.

The End

Our Bodies

By Dr. Ernest Leviter, M.D.

Seattle Black Publisher Raises $15,000 for Oklahoma City Relief Fund

Crisa Bennett Enterprises Chalrty, through a community radio ad
raised over $15,000 to assist Oklahoma City's African-American community in the tragic bombing of the Alfred P. Murrah Federal Building April 19. Many African-Americans were injured or killed in the blast. Over $7,000 has been raised in the Oklahoma City relief efforts. Crisa Bennett is publisher of The Seattle Medium, Tacoma Mirror, The Portland Medium Newspaper and Soul Town Review News, The Portland Medium Newspaper, The Portland Medium Newspaper and Soul Town Review News.

The Family Fitness Center booth was also present with a free booth and registered over 300 voters. "Voter registration is going to be a very important part of all of our events from now on," said Garrett. "To beat back the anti-Affirmative-Action sentiment we need every one to register and vote.

The First NAACP Minority Job Fair A Success, Draws Thousands

"The job fair had an excellent turnout with a wide variety of jobs from entry level to professional and administrative. I am glad we participated and I hope this becomes an annual event." Over 300 people converged on the San Bernardino Police Department booth seeking to fill one of their 12 openings and recruit Brenda there.

The Family Fitness Center booth was also jambled all day as sightseers sought employer booths.

There were so many people that the Riverside County Sheriff's Department ran out of supplies three times, as did Air Touch Cellular, Cicle K, The Sun, Family Fitness Health Centers and many more employers," said Dameron.

The event went smoothly all day with a steady stream of job seekers and well staffed employer booths.

99.1 FM "Phatman" broadcasted live from the event as an draw in participants from as far away as Long Beach and Orange County. The Register of Voters was also present with a free booth and registered over 300 voters. "Voter registration is going to be a very important part of all of our events from now on," said Garrett. "To beat back the anti-Affirmative-Action sentiment we need every one to register and vote.

Special thanks went out to the Job Fair's sponsors for their support, specifically 99.1 FM and KEMEN General Manager, Dave Perebaris; The Sun's Marketing Director Bob Biasen; Precint Reporter publisher Brian Townend and Dameron Communications staff led by Denise Dameron.

If you are looking for a job and missed the NAACP Job Fair you can receive a program with the list of the employers present and join the Minority Job Bank for six months for just $10. For more information, call Crystal at Dameron Communications, (909) 865-2485.

The Immune System

Immune function is hampered by the nature of the composition of the thymus, a small gland in the neck responsible for educating T-lymphocytes to coordinate the body's defense system. The thymus peaks early in childhood, begins to shrink shortly after puberty and virtually disappear by old age. As the thymus fades away T-cells decline in number and the remaining ones don't function as well as their predecessors. B-lymphocytes, the other major immune defense system, lose their edge. Each B-cell is inactivated to a particular molecular invader by means of a pattern of antibodies on its surface. Every time that adversary appears this programmed cell produces hundreds of identical copies of antibody to拦截和合同 when the foreign invader. Both the capacity to form close antigens and the ability to release antibodies are diminished in the thirthy and elderly immune system.

Although we can't reverse the effects of aging, we can enhance the process by taking care of our body. The surest viable relative radiation exacerbates skin aging. Although this is an excellent possibility. Smothing smooths bone and lung degeneration, it contributes to tumor. Stop it. Excess of alcohol consumption disrupts metabolism. For your own weight gain.

Vegetables are good sources of vitamin A, vitamin C, potassium, and B and beta carotene. Antioxidant exercise increases lung capacity and weight bearing activities enhances bone and muscle mass.

Exigen replacement events osteogenic. The question is does the benefit outweigh its risks for every woman? Now that you're likely to keep going and going and presumably well into the eighth decade, you can't plead ignorance any longer. Don't be one of those with the familiar cry, "If I'd only known I was going to live so long I would have taken better care of myself."
PANEL DISCUSSION:
Building in the Senior Dining Area at
Bernardino Branch of NAACP
holding its regular membership meet­
ing, call (909) 488-9223.

INTERNATIONAL MUSIC FESTIVAL:
Mai¡ tenance, in honor of being an
International Film Festival, will be held
in Bernardino. For more information,
call (909) 852-7730.

LITERARY SUNDAY: A reading group for
women interested in literature of African-American
literature. For more information, call (909) 453-6425.

REPAIR: Christ Church will hold a Special Mission
Day, 9:00 a.m. to 1:00 p.m. at Riverdale
Memorial United Methodist Church. For more
information, call (714) 474-4488 ext.

WORLD NO-TOBACCO DAY:
World Health Organization has
established this day as "No-Tobacco
Day." This year's theme is "Tobacco
costs more than tobacco." For more
information, call (909) 682-2395.

WINES IN WHITE: Daughters of the
Revolution California presents Wine in
White from 5:00 p.m. to 8:00 p.m. at
the Loews Santa Monica Palace. For
more information, call (310) 443-7047.
Rev. Lewis To Address University Of La Verne Baccalaureate

Rev. Emory James, Pastor

Prayer and Bible Sunday Services

15854 Carter St, Fontana, CA

(909) 350-9401

FONTANA

Methodist

Rev. Robert Lewis, Pastor

A. E. Rincon, Pastor

Rev. Raymond F. White,

Pastor, will preach without

the pulpit.

First Baptist Church

Pastor Raymond F. White

3626 S. Monroe Street

Pastor, will preach without

the pulpit.

Source: Coravin University.

Riverside, CA 92502

(909) 683-1567

Everyone Is Welcome

11580 M. Wayne Ave, Fontana

Glen Torrance, CA 92335

(909) 882-3500

Second Baptist Church

Rev. James Franklin

1050 W. 21st Street

Riverside, CA 92504

(909) 686-7915

Thursday, May 25, 1955

Rev. Morris Buchanan

1625 Baseline Ave.

Fontana, CA 92335

(909) 535-9401

AMOS TEMPLE

1718 11th St.

Riverside, CA 92501

(909) 683-1557

Morning Worship 10:00 a.m.

Prayer and Bible Study

Wednesday: 3:30 p.m.

Pastor Rev. Marvin L. Brown

Grace Bethel Baptist Church

10250 Cypress

Riverside, CA 92503

(909) 352-1688

Order Of Services

Sunday School

Monday Morning Worship

9:00 a.m.

9:00 a.m.

Morning Worship

11:00 a.m.

11:00 a.m.

Wednesday Night Advanced Bible Study

Wednesday Night Prayer Meeting

7:00 p.m.

7:00 p.m.

Tabernacle Church

1168 N. Waterman Ave.

Fontana, CA 92336

Sunday School

11:00 a.m.

Morning Worship

11:00 a.m.

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Wednesday Night Prayer Meeting

7:00 p.m.

7:00 p.m.
The Ultimate in CHRISTIAN Gospel KPR 1270 AM presents HIGHWAY TO HEAVEN WITH REV. LEROI Lacey SUNDAY- FRIDAY AT 6 PM AND INSPIRATIONS ACROSS AMERICA GOSPEL MUSIC COUNTDOWN THURSDAYS AT 9 PM call (909) 688-3179 for special advertising rates, free program guide and bumper stickers

CATHEDRAL OF PRAISE Corner Of Cinnamon & 164th St., Bloomington Making Monuments Into Mountain Tops

Rev. William M. Jacks

SCHEDULE OF SERVICES
Sunday School ..... 9:30 a.m.
Sunday Worship ..... 11:00 a.m.
Wednesday Bible Study ..... 7:00 p.m.

San Bernardino
Baptist Church
1042 E. Fosdyke St.
San Bernardino
(909) 884-2210

Assisi's phone lines, which are going to Life Changing Ministries' Graduation Scholarship Fund. Don't miss out! Contact the church office for more information (909) 882-5277.

Rev. Larry Kirkland
is referred to as the "Down Home Preacher With a Warning Message." Rev. Kirkland is an aspirant for the Holy Office of Bishop, and his activities are to be held July 26th. He is a good pastor and he will be a good Bishop.

If there are questions please call (909) 688-2702. - All Chapel AME Church is located at 4009 Locust St. Riverside, CA 92501.

The Black Rev. Garren-Egson, Pastor of her husband John Egson. The serves as pastor of Brookins Kirkland has been the spiritual Appreciation Ceremony for will be the special guests at the tion of nine, and building the dynamic, spirit-filled mes­

ORDER OF SERVICES
Sunday School ..... 9:30 a.m.
Evening Worship Intermediary Prayers
Daily ..... 8:00 a.m.
Evening Bible Study
Sunday ..... 5:00 p.m.

ORDER OF Service
Sunday School Morning Worship Bible Study

Rev. Charles Brooks
Rev. C.A. Simpson
Ms. Betty Elkins
Mr. Douglas Green
Mr. Warren Jones
Mr. Charles Brown
Mrs. Doris McRae
Mr. Garvin Bass
Mr. Bill Allen
Mrs. Lola Carter
Mr. James Johnson

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**WRITTEN TEST TO BE** Drivers; 5 3/4 hrs; Multi-handicapped, package. San Bernardino, Severe Disorders of Orientation & Mobility, counseling, compiling application materials, Excellent benefits (If a street address or community designation of property is incorrect or is not corrected, per the terms of said Trust, by reason of a breach or default in the performance, or alleged performance, of any of the obligations secured thereby, the Beneficiary may file for and be granted a writ in equity to vacate the record of the said notice of default and to conduct an or sale of the property for the purpose of curing said default, and the beneficiaries may have and enjoy all remedies and rights provided by law for the enforcement of such obligations. The Beneficiary under said Deed or Trust and estimated property, is______TRUSTEE, will sell at public auction, on the Main Street entrance to the Commercial and Agricultural Fair Grounds, on the Second Tuesday of every month at 10 o'clock A.M., the following described property:

**NOTICE OF TRUSTEE'S SALE**

**DATELINE "95**

**FILE NO. 952999**

**(909) 943-6369**

**North "A" Street, Riverside, CA**

**June 14, 1995 at 3:30 p.m. at the Trustee's Office, 1150 North "A" Street, Riverside, CA.**

**For information contact Carla Hill, Interim Director of Business Services & Facilities, 91730.**

For information contact Carla Hill, Interim Director of Business Services & Facilities, 91730.
Hayes and Gray lead North to title. Vann, Lawrence, Lewis and Howard all quality for the Masters Meet.

By LELAND STEIN III
BVN Sports Editor

CERRITOS — California Inter- scholastic Federation Divisional Track and Field Championships!

What more needs to be said about this high school event that brings joy and pain, and lost expectations as well as dreams fulfilled?

There were tears flowing from those that did more than even they expected...from those that never got their dreams die on Cerritos College's Olympic blue oval.

Still the lessons learned from deficit or victory can stay with you for ever. Either these young athletes will learn that the hard work, dedication and never say die attitude were the fuels that carried them to victory, or they will dig down even deeper from defeat and train with even more vigor and enthusiasm.

Riverside North girls in first ever CIF title behind the Coach supreme. Charlie Leathers. In particular senior Joanna Hayes, a winner in both the 100- and 400-meter hurdles, as well as running legs on both relay teams, and freshman Julia Gray, second in the 400, plus running an anchor leg on the 1600 relay that saw her suck up Modita Wilton-Duval of Irvine Woodbridge like a vacuum and hold on for the win.

"I knew I would get her, she passed me earlier (in the 400) and was not going to let her do it again," said Gray about her gut-it-out anchor leg.

Added Rama Samoori who ran the third leg: "Jaila is very strong and we all have confidence in her, and she showed why."

Two State champions, Bryan Howard (100) of Moreno Valley Canyon Springs and Ty Washington (long jump) of Riverside La Sierra won the 100 and 400 respectively.

Howard ran a solid 10.41 100 in spite of an injured leg that has kept him off the relay races and was the cause of him scratching in the 200. Washington also had to scratch in the long jump because of an injured back.

But as in the case, one person's pain is another person's gain, and in this case it was Riverside Ramona's Jimmy Devine who stepped up and won the long jump with a leap of 23 feet, 2 1/2 inches. "It's a way I'm disappointed," said Devine. "Because Ty didn't compete. I'm very happy, but I also feel like I didn't earn it...but I guess I did."

Madinah Ali and Mickey Grimes, both from Canyon Springs implement- ed career efforts. Ali won the 100 in 10.5.1 and Grimes scooted over the hurdles in 17.27. "I felt very good and I was really focused," said Ali. "I could feel it was an eleven something coming down the track."

Added Grimes: "I felt great and I expected to win, but I was so nervous I was shaking in the blocks."

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**Movie Review.**

Lahmad Tate

After the inescapable vehicular death of a young boy, which set off the historical traffic light protest, Tate’s attraction to the role was two-fold, the ensemble cast and the interesting story. Preparation for his role came in the form of extensive background research and reading. “I felt privileged to be working on the film,” he said. “The fight still exists today, because people are still relying on the community organizations and clean.” In response to arguments of misrepresentation, the film’s cast and crew, which will be released in July, Tate states, “The film is shaped through the eyes of a fictional character. This is only a perspective.”

Tate has been acting since he was 15-years-old. Theatre, television, and film have all comfortable places for him to express his talent. “A stunning film is beautiful and the way it offers a gift and talks to the audience, I respect the stage.” Each form has allowed him to grow and build a greater understanding of the business.

Tate wants to touch all bases with his passion for performing and writing. He made his feature film debut opposite Michael Keaton in Barry. Additional film credits include: Without a Passport, Across the Tracks, and Night of the Clyde. His next appears in Don’t be a Menace to South Central While You’re Drinking Juice in the Hood, a produced and directed by the Wigan Brothers which will be released in July. Keeping with his desire to touch all bases, this film will be his first comedic role.

A Chicago native, Tate, moved to Los Angeles when he was in his early teens. After taking workshops at the Inner City Cultural Center he polished his skills on the stage and later went on to guest star on Roc, Street Justice, and Fresh Prince of Bel Air.

Tate cites God as the source of his talent and opportunities. His dedication and drive will surely lead him to a very successful career in the entertainment industry in all his chosen avenues.

Tate and his brothers welcome any letters or photos sent to: The Tate Fan Club, F.O. Box 56466, Sherman Oaks, CA 91401.
TOGETHER WE CAN

A Look Back

By Charlie Ledbetter

It's that time again to pause and reflect and look at what in the year.

A problem arose here and there.

Not one went unanswered because you cared.

You gave your best to the children.

Your promised upheld without doubt.

Just maybe, just maybe, you grew rather old.

And wondered if you could remain ever cherity.

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Lighthouse Community Church To Sponsor Boat Trip

Lighthouse Community Church invites the general public to attend their AIDS de Catalina Island Follow-up Boat Trip on July 8, 1995, 7:00 p.m.

Tickets are $53 (includes two hours of open bottom boat trip and Avalon Scenic Bus Trip). If you pay $53 at time of sign-up, pay $26.50 at time of sign-up, must have full payment of $53 in by May 28.

For more information, (909) 823-1250.

BASS Celebrates Grand Opening

The Black Advocates for Self Service (BASS) Inland Empire Chapter, celebrated the opening of their office on May 17, 1995 with a VIP-typed menu of good food, refreshments and a large amount of enthusiasm from the local community. Fifty-three people attended the opening, which was held between the hours of 10:00 a.m. - 5:00 p.m. at 155 N. D Street, San Bernardino.

BASS is a non-profit organization founded in 1979 for the purpose of providing an advocate for Americans of African Heritage. Some of the objectives of the organization are to advocate the movement, ligitimation, and promotion of Americans of African Heritage, provide counsel, direction and support in the job, and to promote resources and services to enhance the awareness and mobility of African-Americans in the employment sector. Membership in BASS is open to any person who supports the purposes and objectives of the organization. Membership dues are $10.00/month payroll deduction, $60 semi-annually and $120 annually, by check or money order. If you would like further information, visit our office the hours of 10:00 a.m - 5:00 p.m., Monday through Friday. We will be open every Saturday, meeting from 9:00 a.m. to 12:00 p.m. until June 30th, after June 30th, the office will be closed.

Every year the BASS statewide organization has an educational training conference in various California cities. This year the BASS Training Conference will be in Oakland, California on October 11-13, the dates on your calendar now, and plan to attend.

Not all signs of discrimination are this obvious. What you may hear is:

"I rented that apartment sight after you called.""I'll show you the apartment after I see your green card.""I don't really want all the changes... ramp, grab bar, that's too much.""Fair Housing is the law. It is illegal to discriminate on the bases of race, color, national origin, disability or family status. You can fight housing discrimination and win if you learn to recognize the subtle signs. When you suspect housing or employment discrimination, contact the Equal Oppor

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Black Voice Foundation, Inc.
presents

Women Of Achievement '95
"Saluting Women Achievers"

Janet Goeske
Rose Oliver
&
Ofelia Valdez-Yeager

Women
Memory Of Rosemary Schraer To Be Honored

University and Black Voice To Present First Annual Black Voice News/Rosemary Schraer Scholarship Award.

Rosemary S. J. Schraer, UC Riverside's seventh chancellor, was appointed Chancellor by the Regents of the University of California upon recommendation of President David P. Gardner in March 1987. She took office July 1, 1987, succeeding former Chancellor Theodore L. Hullar, who was appointed Chancellor of the University of California, Davis. Chancellor Schraer, an avian and bone structure and biochemical control of cell functions related to reproduction and calcium transport. These have included biochemical studies of the role of mitochondria in metal transport; microanalysis of estrogens in biological material; steroid hormone control mechanisms operating in transport of metals; bone structure and function, especially in avians; molecular and cellular aspects of reproduction in certain avian species; and others.

Prior to joining the University of California, Chancellor Schraer served at The Pennsylvania State University from 1959 to 1985, where she was Associate Provost and Assistant Provost, Associate of the Center for the Study of Higher Education, Acting Dean for Undergraduate Programs, Associate Dean for Research, acting head of the Department of Computer Science, and Professor of Biochemistry and Biophysics. In 1984 and 1985 she was a visiting fellow at Cambridge University's Cavendish College. She served on the faculty of Harvard Medical School and Radcliffe Institute for Independent Study at Radcliffe College in 1967 and 1968. She began her career in higher education as a faculty member at Sage College and Syracuse University and also served as a research associate at Albert Einstein Medical Center in Philadelphia before joining The Pennsylvania State University.

Chancellor Schraer was a fellow of the American Association for the Advancement of Science and the American Institute of Chemists and was a member of several other professional societies. Born in New York, the Chancellor received her B.A. in Chemistry, M.S. in Zoology, and Ph.D. in Biochemistry from Syracuse University where she was Phi Beta Kappa. Chancellor Schraer and her husband, Harald, who retired as Professor of Cell Biology at The Pennsylvania State University, have one son, David Jenkins Schraer, a physician and surgeon in Anchorage, Alaska. Dr. Schraer died suddenly of a heart attack on April 10, 1995.

A community person will be surprised with a special Rosemary Schraer Award during the luncheon.

Jewel Diamond Taylor

Taylor To Speak At Women Of Achievement Luncheon

Jewel Diamond Taylor, author, motivational speaker, TV/Radio personality has been selected to speak at the annual "Women of Achievement" Luncheon sponsored by Black Voice Foundation.

Taylor captivates audience, said Susan Taylor, Editor-In-Chief, Essence Magazine. Her upbeat style has me sitting on the edge of my seat, said author Dennis Kimbro, author of "Think and Grow Rich: A Black Choice".

Taylor says in her book "Success "Gems", "I remember hearing once that the two things that will change your life five years from now are the books you read and the people you meet. I have found that to be very true. I invest in myself by purchasing and reading books. I have benefitted richly from the pearls of wisdom imparted by teachers and authors. The knowledge acquired has reshaped my perception and goals in life. I have more confidence and I feel better prepared to overcome obstacles. Knowledge is power."

She continues, "Successfully growing in my personal and professional life required me to let go of certain relationships and develop new relationships. My phone book changed as I changed. I quickly learned to discern between major and minor people. There are some people who only want to gossip, complain, whine, manipulate, be negative and unproductive, have no ambition and no vision or simply full of fear and have low self-esteem. These are jewels who have lost their luster, brilliance and are not shining their light. Then there are those jewels in life that are creative, brilliant, sparkling, shining, positive, productive, supportive and overcoming their flaws. These are major people. Their attitudes and life-styles are contagious. Who are the major people in your life that can make a positive difference in your life? Do you spend enough time with them? Do you write or call them? Do you balance your life with family, friends and professional relationships?"

Taylor began her speaking career in California in 1986 and has since grown on the national circuit. She is an author, "Success Gems", training consultant, lecturer, TV/Radio personality, and poetess. Audiences inspired by her powerful messages include corporations, government agencies, education institutions, spiritual and community-based organizations. She is founder of a personal development organization called the Enlightened Circle. The circle provides seminars and retreats for life enrichment, motivation and success skills. Her presentations meet the needs of men, women and youth.
Black Voice Foundation Honors Women Of Achievement

Goeske, Oliver & Valdez-Yeager Named Black Voice Foundation 1995 Women Of Achievement.

RIVERSIDE, CA — The Black Voice Foundation, Inc. has selected three Riverside residents 1995 Women of Achievement. Each year The Black Voice Foundation, Inc., salutes women who have made noteworthy contributions to the African-American community, and whose work promotes racial harmony in the Inland Empire. This year’s recipients are Janet Goeske, Rose Oliver, and Ofelia Valdez-Yeager.

• Public crusader Janet Goeske has been an active Riverside resident for 45 years. Her interest in helping others began when she accompanied her mother, a nurse, during visits to poor farms which housed the disabled and aged in her native Minnesota. Her genuine concern for others is obvious in her commitment to the aged and disabled of Riverside County. In the 1970’s she started a local group which visited nursing home residents, Foster Daughters and Sons, and a hotline which checked on elderly shut-ins, Riverside’s Phone Alert League. She continues to serve a diverse constituency at the Janet Goeske Center, a 13,000-square foot facility completed in 1984. For the past 50 years, Goeske has been active in politics, on both a local and national level. She has been called the “foremost advocate” in Riverside County for senior citizens. As an advocate for the elderly, she has met with U.S. Presidents, worked diligently on a variety of political campaigns, and remains known as “Riverside County’s Mrs. Republican.” Goeske continues to dedicate her life to the elderly and disabled of Riverside by creating even more services to help those in need.

• Rose Oliver, current President of the International Relations Council of Riverside, has been active in the Riverside city and community for 35 years. She has served on the Board of Directors for various organizations, including: the Riverside Black History Committee, United Way, NAACP, Urban League, YWCA, Riverside Dr. Martin Luther King Jr. Monument Visionaries, and NCNW. She recently chaired the Urban League’s salute to Riverside’s most famous family - the Millers. She is a past member of Soroptimist International, and Ambassador of the Greater Riverside Area Chamber of Commerce. Oliver holds a B.S. degree in Political Science from the University of LaVerne and has attended law school, with plans to return this fall to complete her studies. She recently retired from the City of Riverside, and worked for 16 years with the Riverside Unified School District in various capacities, including an administrative position. Currently, she serves on the Riverside Parkview Hospital Foundation Board and UCR Chancellor Orbach’s Concerned Citizens Committee, UCR Affiliates, and RCC Association. As a past PTA President and Girl Scout leader, she has remained dedicated to the development of young people. She has been instrumental in starting a number of local organizations and activities including: the National Sickle Cell Organization in the city of Riverside, YWCA’s Women of Achievement, Youth Job Fair and Conference in the city of Riverside the County-wide Spelling Bee, ACE (African-American Riverside City Employees), YWCA’s Men who Cook, and re-organizing the Riverside Urban League. She has remained an active and dedicated member of the Democratic Party.

• Ofelia Valdez-Yeager has been an active member of the Riverside community for the past 25 years. She is an alumnus of the University of California, Riverside and currently Vice-President of the Riverside Unified School District Board of Directors. She has been a dedicated supporter of young people of all cultures. In the 1970’s she counseled and taught students in Riverside county from kindergarten to middle school. In the community, she has remained part of the PTA leadership for over 10 years. Presently, she serves on many local boards including, the YWCA and United Way. She is a member of the Greater Riverside Chamber of Commerce Education Committee, the Hispanic Chamber of Commerce Education Committee, the Riverside Unified School District Board of Directors.

The Mayor
and
The City of Riverside
Human Resources Department

Salute the 1995 Women of Achievement

Janet Goeske, Rose Oliver, and
Ofelia Valdez-Yeager

Press Enterprise “People Who Make A Difference” Award, the Josie Lozano Memorial Award, and the 1993 YWCA Woman of Achievement Award.

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Ofelia Valdez-Yeager
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Salutes

The Women of Achievements Honorees of 1995

JANET GOESKE • ROSE OLIVER • OFELIA VALDEZ-YEAGER

Programs

Interim President - Yolanda S. Nava

PROJECT S.T.A.R.

Project S.T.A.R.'s (Start Teenagers Aspirations Rising) Vision is to help the individual participants define goals and provide positive interaction to reach the fullest potential with oneself. The target population is youth who are considered “at-risk” between the ages of 14-21 years of age.

Hours available: 8:30 a.m. to 5:00 p.m. Monday - Friday

Leadership Development Institute For Minority Males

The program aims to help minority males develop strategies to overcome the various barriers that hinder their quality of life. Institute participants, range from 17-38 years of age. Delivery techniques include job counseling, personal health management, self-advocacy, cultural awareness.

Hours available: 8:30 a.m. to 5:00 p.m. Monday - Friday

Unity in the Community Brainstorming Breakfast

The Urban League holds monthly community Brainstorming breakfast at the Second Baptist Church. For the purpose of development local organizations and leadership to address issues relating to education, political representation, economic development, community policing, housing and health care. Breakfast is provided at no cost.

All Brainstorming Breakfasts begin at 8:30 a.m. to 10:30 a.m.

Saturday, June 20, 1995
Saturday, July 22, 1995
Saturday, August 26, 1995

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THE 1995 WOMEN OF ACHIEVEMENT

JANET GOESKE

OFELIA VALDEZ-YEAGER

ROSE OLIVER

THANK YOU FOR CARING AND FOR YOUR SERVICE TO THE COMMUNITY

YOU HAVE MADE A DIFFERENCE!
The University of California, Riverside

Salutes

Women of Achievement

JANET GOESKE
Community Leader

ROSE OLIVER
Friend of UCR

OFELIA VALDEZ-YEAGER
Graduate, Post-Graduate Work
Teaching Credential

The strength of our community is in our bonds of friendship and respect. UCR salutes these dedicated women who have given so much to the community and stand as extraordinary role models for the youth of today.

Congratulations and thank you for your outstanding achievement and contributions to our community.

Bobby Bratton

of

Gram's Mission

BBQ Palace

Congratulations
Rose Oliver, Janet Goeske, Ofelia Valdez-Yeager
1995 Women of Achievement

Gram's Mission BBQ
3646 Mission Inn Avenue,
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Congratulations to
Janet Goeske
Rose Oliver
Ofelia Valdez-Yeager

1995 Women of Achievement

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