Is Your Television Disabled?

Actor Henry Holden Questions Media Representation

By Jorgie Salazar
Special to the Chronicle

If you’re a big TV watcher and it consumes most of your day, you watch every show and never miss an episode. You are a hardcore TV watcher.

But how much do you really know about the real world? And I'm not talking about the “Real World” soap opera on MTV.

Are you aware that there are more than 53 million people with disabilities, including those that are “unseen” disabilities?

And do you know that an additional 60 million Americans will become disabled, either temporarily or permanently, at some time during their lives?

Do you see that on television?

No. And that is precisely why actor and standup comedian Henry Holden, who has suffered from post-polio symptoms since age four, spoke on November 2 in the Student Union on “How the Media Represents People with Disabilities.”

“I’m the only stand-up comedian to make fun of standing up,” he said, as he wound up his conversation with a media-writing class with renditions of John Wayne and Richard Nixon walking with crutches.

Holden Continued to page 2

CSU Allocates $9M to Aid Freshmen

By Karen Brown
Chronicle Staff Writer

The office of the Chancellor of the California State University (CSU) system has designated $9 million to establish or expand efforts by CSU and state high schools to reduce the number of students who need remedial education in mathematics and English upon entering college. Cal State, San Bernardino is slated to receive $644,705 of the funds.

“We hope these programs will make a significant difference in reducing the need for remedial education for incoming CSU freshmen by ensuring they acquire basic English and math skills before graduating from high school,” said CSU Chancellor Charles B. Reed.

“The K-12 system can’t do it alone, and neither can the CSU,” continued Reed. “The only way to help these students is work together for the good of the students and the future of California.”

CSU campuses in line for the funding have committed English and mathematics instructors to work in partnership with faculty at participating high schools. Also, they will provide CSU students with the opportunity for training and experience in teaching by placing them as tutors to help high school students improve their math and English skills.

The funding is part of an ongoing push by the CSU to reduce the number of freshman who require remedial instruction to no more than 10 percent, a goal first articulated nearly four years ago by the CSU Board of Trustees. Last fall, 54 percent of incoming CSU freshmen required remedial instruction in math, and 47 percent of needed remedial English assistance.

In addition to the university/high school partnership program, the CSU has implemented other policies to help students to prepare

$9 M continue to page 2
Students Evaluate Staff

By Zakiya Holman
Chronicle Staff Writer

As a student at Cal State San Bernardino, it is your legal right to evaluate the performance of the employees on our campus. Thus, the Student Affairs Division welcomes your support of CSUSB, played an important role in the negotiations that brought Cal State to the San Bernardino area.

Local Businessman Honored

By Jeremiah Newhouse
Managing Editor

Cal State is set to host a ceremony honoring native San Bernardino businessman and civic leader William E. Leonard with the Arrowhead Distinguished Chief Executive Award in a noon-time banquet at the Student Union Events Center on November 19. Leonard, a long-time supporter of CSUSB, played an important role in the negotiations that brought Cal State to the San Bernardino area.

In addition to the Arrowhead award, Leonard, who has served on several state commissions including the Transportation, Highway, and Athletic commissions, as well as the High Speed Rail Authority, will soon be honored by the State of California with the naming of the William E. Leonard interchange. The interchange is located at the planned intersection of Highway 30 and Interstate 15 at the 210 freeway.

Leonard has long been a fixture in the San Bernardino business community. His accomplishments include the construction of seven parking lots in downtown San Bernardino, 500 apartment units, and a public golf course on south Waterman Avenue.

Leonard and his wife Bobbie have been strong supporters of intercollegiate athletics and have contributed to the Robert V. Fullerton art museum here at CSUSB. The couple has also supported a scholarship program through the First Presbyterian Church, which has awarded over $100,000 to students.

Holden

of disabled characters on shows and obstacles. They should be represented as mainstream and clearly visible to the public, in proportions closer to their real-life numbers. Holden supports their right to be on television, not just in front of the set.

Don’t think that you can write for a newspaper? If you want training, then call the Chronicle office and join us for a training seminar. Call (909)880-5289 to reserve your place.
APLE Loan Relief

By Bill Marshall
News Editor

Are you dreading the day when your student loans are due? Wouldn’t you love to erase $11,000 from your loan debt? If you plan to become a teacher in a California public school upon graduation then you may be able to kiss a chunk of that pesky loan goodbye.

The answer to your loan debt prayers may be a program called the Assumption Program of Loans for Education (APLE). This program, offered by the California Student Aid Commission, pays off up to $11,000 of outstanding student loans.

To be eligible for the 1999/2000 aid assumption program, students must be California residents enrolled in a teaching credential track undergraduate program or an actual credential program. They must be classified as a junior, senior, or credential student during the Fall of 1999 and must carry a G.P.A. of 3.0 or higher in a required minimum of ten units per quarter. And, of course, they must have outstanding student loans.

After graduation, participants must go on to teach either a "shortage subject," such as math, science, reading, and bilingual or special education, or they must teach any subject in a low-income school.

This may be your chance to free yourself from the yoke of student loan debt and provide an invaluable service to California's kids. The deadline for applications to the program is December 10, 1999. Applications may be picked up in the Financial Aid Office on the first floor of University Hall. Sign up now!

By Jeremiah Newhouse
Managing Editor

SCORE hosts Seminar

A seminar designed for people who plan to start or have recently established a home-based business will be held on Saturday, November 20 from 9am to 12pm at the Palm Desert Public Library, Community Room, 73300 Fred Waring Drive, Palm Desert, CA.

The seminar will be held by SCORE, and will cover topics of interest including home-based business, marketing, finance, and methods of advertising. There will be a $25 fee with includes coffee and materials. There will be a $5 reduction if pre-paid. For additional info call SCORE at (760) 320-6682.

SBA & SSA join forces

The U.S. Small Business Administration (SBA) and the Social Security Administration (SSA) have joined forces to help improve employment and entrepreneurial opportunities for Americans with disabilities. The SBA and the SSA signed a partnership agreement to coordinate programs to help adults with disabilities gain employment with small businesses and become entrepreneurs. The agreement was signed in the Indian Treaty Room of the Old Executive Office Building, and was witnessed by Vice President Al Gore. Each agency will cooperate with each other on the local level by sharing information about business and non-profit organizations that train beneficiaries with disabilities, and work together on job fairs and other community outreach activities.

Blankets for Animals

The Riverside Humane Society desperately needs blankets this winter for dogs and cats to sleep on. This society is a "limited admission" facility that animals are kept at until homes are found for them so that they are not destroyed. The facility gets quite cold during the winter months and as many of the animals are housed outdoors they need warm beds in order to stay healthy.

Any old blankets, comforters, towels, pillows or other soft, warm items that are no longer needed would be quite welcome to the Riverside Humane Society. There will be a drop box located outside Creative Arts Room 106. Bill Peterson, an Assistant Professor in the Department of Theatre Arts will see that the items are passed on to the Riverside Humane Society.

CSSA to Meet on Campus

The California State Student Association (CSSA) will convene a forum at the CSUSB campus on Saturday, November 13 in the Student Union Events Center starting at 7:30 am and culminating in a 7:00 pm dinner.

The meeting will touch on new fees that CSU students may face in coming quarters. The proposed fees, part of a plan by the CSU Trustees to supplement a shortfall in the $25 million needed over the next three years to complete a technology infrastructure plan, will take the form of a "technology fee," to be added to the current student fees.
Letter to the Editor: Voices from the Village
A Response to the Voices from the Village column printed November 4, 1999

By Phil Shahbaz

Yes, people have been having a "lot" of fun in Serrano Village. In fact, people enjoy the "Dorms", excuse me, "Residence Halls" so much that sixty percent of last year's residents decided to stay in the Village. It's an interesting statistic considering the volume of complaints written week after week in Voices from the Village.

In the latest VFV article, Chronicle staff writer and resident of Serrano Village, Mindy Stevenson writes, "residents are losing sleep night after night because of parties going on in the rooms next door." Stevenson also claims that slumber parties, drinking parties, social gatherings, loud radios, loud televisions, and late hours have become detrimental to the "mental health" of those around them.

Stevenson writes about two main themes in her article: Drinking and noise. It is common knowledge that Serrano Village staff does not tolerate either of these two issues. According to the Serrano Village handbook, the possession and consumption of alcohol in Serrano Village is prohibited. In terms of noise, the handbook clearly states "the right to quiet supersedes the right to make noise at any time of the day."

These two rules, among others, are enforced by a group of hardworking and committed Resident Advisors. However, there are RAs and 443 residents. RAs can not be expected to watch every resident all the time. Residents are encouraged to always report drinking and excessive noise to their RA. The RA's job is to serve his/her constituents in a personal and caring manner. They will stifle any reported situation and forward it to professional staff expeditiously.

It is expected that students will make noise and have get-togethers in the residence halls. Serrano Village, after all, is a place where students are expected to have fun and enjoy living. However, it is a bold statement to say that any kind of issue in the Village has become detrimental to the mental health of students. One resident's experience does not reflect the other 442 residents. In any case, residents are not expected to deal with loud noise or "drinking parties", and will be supported in every way.

Other students are encouraged to be involved in more organized activities. Serrano Village has an all-star cast of Community Programmers that create events on a weekly basis such as coffee houses, dances, and a trip to see Phantom of the Opera in November. Get involved, and help take the noise and "social gatherings" off campus.

Phil Shahbaz is the Coordinator of Residential Life from the Office of Housing and Residential Life

Study Abroad

By Silver Malafa

Two years ago I decided to be adventurous and apply to the Study Abroad Program here at Cal State. I found out about study abroad through a brochure sent to me in the mail by the International Student Services Office. They made me realize that studying overseas was a real option for me. I had always assumed that living in another country for a year would be too expensive, but financial aid and scholarships counts towards your year abroad. I never thought I would be accepted, but I was; and I spent a magical year studying Math in Sweden.

Sweden is a beautiful country of green forests and sparkling blue lakes. Many times while on the train I saw deer bounding through open fields. The people are very friendly once you get to know them and they definitely like to have a good time. During my year abroad I had many chances to travel. I visited Norway, Holland, Estonia, Ireland, and the Isle of Man. If there is one thing I learned about myself while overseas it was that I don't want that one fabulous year to be my only trip abroad.

Now that I am back, I have taken a job as Alumni Assistant for the IP Program. This allows me to share my experiences and to encourage other people to decide to be adventurous and apply for Study Abroad. If you have any questions about Study Abroad you can visit my office UH 235 or call 880-5193.

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Women--Take Off the Pressure: The Facts About High Blood Pressure and Women

North American Precis Syndicate, Inc.

(NAPS)-Of all the pressures that you're facing in life, one of the most dangerous may be the one you can't feel-your blood pressure.

When your blood pressure goes up and stays there, your heart has to work extra hard to pump blood to the other organs in your body.

If not treated, high blood pressure (also known as hypertension) can cause serious health problems and even put your life at risk.

I feel fine-I can't have high blood pressure-More than 50 percent of American women get high blood pressure during their lives, and one out of four women with high blood pressure doesn't know that she has it. This is because high blood pressure hardly ever shows symptoms-you can feel great and still have it.

High blood pressure is a risk for both men and women, but women have special concerns:

Birth control pills-Birth control pills can increase blood pressure in some women, especially women older than 35. If you are taking a birth control pill, it's even more important to talk with your doctor or pharmacist and have them check your blood pressure regularly.

Pregnancy-Some women get high blood pressure when they're pregnant and others, who already have high blood pressure, find that it gets worse during pregnancy. Without treatment, high blood pressure can put you and your baby in danger. Your doctor will check your blood pressure during your regular prenatal exams and can prescribe medications that will assist in lowering your blood pressure.

Heart Disease-Nearly 300,000 women in the United States die of heart disease (also known as coronary artery disease) each year, which is more than the number of women who die from all types of cancers combined. Heart disease is the leading cause of death for women in the United States. Even mild increase in blood pressure can increase your chances of developing heart disease. Other heart disease risk factors include advanced age, smoking, family history of heart disease, obesity, elevated cholesterol and decreased estrogen levels (e.g. after menopause).

How is high blood pressure treated? People with mild cases of high blood pressure can oftentimes bring their blood pressure down by changing their diet, weight and exercise habits. Many people, however, need medicine to control their blood pressure. If you doctor prescribes medicine for your high blood pressure, it is very important that you take it according to your doctor's instructions. Missing doses of your medicine can make your blood pressure go back up.

"We are urging consumers to talk with their pharmacists about any questions they have concerning their medications and to let their pharmacist know about any problems they may experience while taking their medications," states Marilyn Shreve, Chair of the Consumer Education and Communication Committee of the California State Board of Pharmacy.

"Before you leave the pharmacy with a new prescription," Rich Mazzoni, President of the Board of Pharmacy, "suggests that you find out from your pharmacist how and when you should take your medications, for how long and if you miss a dose, what you should do."

The good news is that with the help of your doctor and pharmacist, you can lower high blood pressure. For a free copy of the Women's Health issue of Health Note contact the California State Board of Pharmacy at 916/324-2302.

The Facts About High Blood Pressure and Women

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Tired of Being Turned Down?
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Rescue Me!: A Guide for the Math Impaired

By Carol Spellacy
Special to the Chronicle

I sit alone wondering if he will show up, my anxiety and fear getting the best of me. Ah, relief, I see him; he comes to me like a knight in shining armor — my hero - he'll right the wrongs, empower me with his understanding and knowledge, and help me conquer the evil demon in my life. My lover? No. My friend? No - my math tutor!

An unpleasant experience with math can occur in many ways. You can experience a stigma from negative cultural attitudes about women and their perceived inability to do well in math. This is an all-to-common occurrence in our society. The reinforcement of this attitude by teachers, parents, and fellow students conditions women to believe they can't succeed at math, and worse... that it’s ok if they don’t. Peer criticism from an embarrassing classroom experience can contribute to math phobia, as well.

Overcoming deep-seated fears and behaviors takes time. The University of Texas offers some suggestions for transcending these fears: Demystifying math — initially when possible work through a problem using common language, avoid mathematical jargon, and practice, practice, practice!

Demonstrate usefulness — try placing a problem in a real-life setting, creating a link between the skill you are learning, such as using fractions while cooking, and its usefulness. Persistence — “just do it”.

You may also take comfort from the fact that many math phobics actually have a learning disability. This notion is gaining more acceptance as a valid root of this phobia. Kate Garnet in her article, Math Learning Disabilities has identified five types of math learning deficiencies: trouble grasping basic number facts; inconsistent skills in calculation even with concept mastery; written symbol system and concrete materials (problems connecting informal understanding with formal procedures); difficulty with the language of math; and difficulty with pictorial representations-the visual-spatial aspects of math.

“Basic calculation skills and rules are only about one-fourth of what students need to know and... [people] who don’t grasp it right away or don’t enjoy doing it often end up fearful of math” says Richard Lesh, director of Purdue University’s School of Mathematics and Science Center. It is these same skills, however, that teachers emphasize in the classroom because they can teach and evaluate them the most easily.

Identifying the learning disabilities and learning styles that are unique to each of us is a crucial part of the process in helping individuals overcome their math phobias. Educators need to transcend traditional teaching methods and switch to techniques that compensate for our different learning disabilities and styles. Departure from conventional testing methods will also help. Additionally, educators must expand their definition of good math skills to include the entire range of math skills and capabilities.

Curing math phobia takes desire, patience and persistence — having an ally in the form of a knight or just a really good tutor doesn't hurt either!

Love Bytes

By Shayla Griffin
Chronicle Staff Writer

The methods of meeting that someone special over the years have changed drastically. One drastic change is the Internet. America Online, Yahoo, and countless other online services are bombarded with people all over the world looking to “reach out and touch someone.”

Whether you go throughout a dating service on-line or decide to find Mr. or Mrs. Right on your own, the possibilities are endless. You no longer have to go to the nightclubs, movie theatres, and coffee shops. No more dressing up and rehearsing what to say if someone approaches you, now you can be you, the real you, behind a computer screen.

E-mail communication is a more private, more reliable, less chaotic way to talk, says Dr. John Sulter, a professor of Psychology at Rider University and practicing clinical psychologist. Many people will prefer it because it is a non-visual and non-auditory form of communication. You hear stories about how people meet in a chat room, start e-mailing each other, maybe meet face-to-face, and develop a budding romance.

With anything else in life, the Internet also has con and scam artists. People whom, if you entrust them with too much information, will be able to find out ways to take advantage of you. It is advised, that when you decide to chat with someone, you should never give out your phone number. If someone wants you to call them, find alternative methods of contacting them, like using a pager or calling from a pay phone. Don’t give out your geographical location; rather, limit yourself to a region.

When the time comes to meet, make sure that you take very careful precautions, because, unlike meeting someone randomly in the streets, the persons body movements, changes in tone, can’t be distinguished over the computer. And no matter how long you know them, online or face to face, do a background check on this person to make sure he or she has not been in prison.

Romance on the Net

By “Heather”
Special to the Chronicle

“Robee” and I met online. He was hanging out in a chat room and I liked his screen name: Robee. It was simple, non-abrasive; unlike some, which are blatantly sexual. I watched for a while and noticed his reactions to what was being said. I felt like I knew him... assuming everything he’s told me is true.

That’s the thing about chat rooms: you never really know. The difference between meeting in person and meeting on line is that you cannot see the person. A person can lie under any circumstances, whether they’re in the office or a smoky bar. But at least in a face-to-face situation there are no hiding negative physical attributes, and you can usually guess a person’s age when they’re standing in front of you. The Internet, however, is a very non-threatening way to meet people. It’s possible to tell “little white lies” about yourself. Some people call it “putting your best foot forward”; I call it the art of deception.

I like talking to Robee and I’ve told him I don’t care if he’s a 300-pound woman with a beard. He’s fun to talk to, and isn’t that why people go to chat rooms? We laugh and joke about the possibility of deception. I once told him my name was really Butch. He was seemingly relieved when I told him that I was just kidding, but how do I know he was relieved and how did he know that I was kidding?

These nightly, multiple-hour chats, we seem to anticipate each other’s thoughts. I feel like I know him... assuming everything he’s told me is true.

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Ding? Of course the truth almost always comes out eventually and it might be a real slap in the face. So far I haven’t felt that slap. Robee and I will continue to chat and it’s feasible that we could meet someday, but for now our friendship will remain online. We will continue to joke and laugh and poke fun at both others and ourselves for even being there in the first place. “I really need to get a life,” I joke, only half kidding, and he says the same. Then we both LOL (Laugh Out Loud) and keep on chatting.
Book:  
"Rain of Gold" by Victor E. Villasenor. I enjoyed reading this book because it traced memories of how my Grandparents lived in Mexico during the Mexican Revolution. This story is so vivid that you can easily imagine yourself in the story.

CD:  
"ATB". A single man band based on Euro style dance and trance music production. An up-tempo beat triggers the feeling of (Dream House). However, in Socal, hiphop, and alternative music is more appreciated than European music, if you'd like to listen to a different style, then try "ATB".

Movie:  
The Best Man" This is the movie for anybody. It makes you laugh, think, and maybe even cry. It can be a date movie, or a guys/girls night out thing. The girls in movie are da bomb in it too!

"SoundSystem" By  
By Gilbert Cervantes  
Chronicle Staff Writer

"SoundSystem," 311's new CD contains a sound that made them famous as well as one that will broaden their appeal. This is their fourth album and has the possibility of being their greatest yet. "SoundSystem" was released on October 12 and debuted at #9 on Billboard Top 200 Album Chart.

While the tunes have much similarity especially in their beat and vocals, a few of the songs are quite unique and catchy. The track "Come Original" is a song that is hard to get out of one's head without being annoying. The upbeat tempo gives the audience a view of the band's playful attitude. A Hawaiian back melody in this song suggests beaches and palm trees.

Unusual melodies like this are played throughout the tracks. This gives the album an edginess that balance to the album. On their new tour, 311 has asked the Museum of Tolerance to join them with a booth to help promote awareness of tolerance. "311 is proud to help spread positively and awareness in encouraging people to be tolerant and accepting of different religions, races, gender, [and] sexual orientation," according to their official web page www.311music.com. With growth in their music and lyrics, the overall feel of "SoundSystem" is clean and fresh. The band offers some new and old sounds to satisfy loyal listeners, and to attract new ones.


**The Getty Museum: Experiencing the Art**

By Karen Brown

The Getty Museum's different era of art, along with its architecture, ignite an appreciation for statues and paintings that inspires a deeper understanding of the self. Some exhibits, such as Adriaen De Vries' "Imperial Sculptor," reflected upon the artist's innocence and sternness. The architecture itself was very pleasant. In each hall and each corridor of the "Plaza," there were many decorative arts, photographs, and paintings; of many of which came from the temporary, well-known exhibits of Adriaen De Vries.

"This museum can speak to anyone, who wants to hear it," said Guy, an art gallery attendant who declined to state his full name. "You see a lot of children here and sometimes they don't understand why they're here, but it pleases me to see the parents preparing their children for the diversity that is seen all over the world."

As I walked into the main museum entrance, I was presented with several buildings or "Pavilions" that presented just a touch of art from the famous marks in history. Through one pavilion, there was the north end, which encompassed the era of art before the 1600's.

In the east pavilion there was art from the 1600-1800 era, in the south there was art ranging also from 1600-1800, and from the west pavilion there was art coming from the after the 1800's. As I walked through each section, I found that many of the sculptures had historic stories that fell upon them giving them their own sense of authenticity.

What intrigued me most was a sculpture of the goddess Venus. Every curve of the statue seemed to make the statue seem like an actual person. Surprisingly, the statue was chipped and actually missing toes, finger and her head. I knew it was Venus by the sign that had been engraved in it.

On the plaque that was beneath the statue, it was made clear that the reason she had chipped off toes, lost fingers, and no head was because just the body portion of the statue was supposed to embody the pure beauty and perfection of Goddess Venus.

"Anyone without any appreciation would think there is no point to looking at a headless woman," said Guy. "But you have to look deeper than what you would take this statue for face value."

There is no simplistic way to describe the beauty of the museum. As with all forms of art, it appeals to everyone in different ways. However, if there is a predetermined notion to appreciate what you see, then you will enjoy yourself.

Besides the beautiful art to look at, there was places to go within the museum that were meant to relax you after taking a nice stroll through Getty. Among the exhibits were a restaurant, a cafe, and the Garden Terrace cafe. If you were in the mood for a cappuccino, iced mocha, or an elegant brunch or dinner, they had it.

What was most beautiful was that in the restaurant, the entire wall was covered in some type of paint-blasted artwork of many more paintings and some paintings that were in the Getty.

"People usually comment on the fixtures and the paintings on the wall," said one waiter. "People usually takes pictures of the wall, because they can't take pictures in certain areas of the museum."

From the intriguing art that caught my eye to the wonderful food and social atmosphere that were among the art lovers, my trip to the Getty Museum was quite an experience. And I suspect that anyone looking for a personal movement and discovery of their personality may find what they are looking for at the Getty Museum.
The Complete Health Store

By Gilbert Cervantes
Chronicle Staff Writer

Nowadays it is very difficult to find fresh quality food. And if you find these traits, you also find a big fat check to go along with it. With a college student's budget, and a passion for delicious cuisine, I am always on the prowl for great food. My hunt was over when I found the Complete Health Store located in Rialto. Open Monday-Thursday 10:30 a.m.-3:00 p.m. and on Friday 10:30 a.m.-2:30 p.m. This wonderful establishment served up an excellent selection of salads and sandwiches. All sandwiches were made on thick sliced whole honey wheat bread. This heavenly bread was made for bread lovers. Some of the many choices of sandwiches ranged from turkey, roast beef, and albacore. Full size and half size sandwiches on made to order. A lunch special is offered with a half of sandwich, a mini soup or salad for $3.50. A tip from a few loyal customers was that everyone should try the chicken salad sandwich or salad at least once. The fresh homemade vegetable soup was awesome. Setting down enjoying my food, I could not help but notice the popularity of this soup. The eye pleasing and tasty salads are offered with albacore (sea salad), crab, or chicken and a waffle is garnished on the side. Many choices of drinks and beverages are served, however a must-try are the fruit smoothies. The food establishment is located in a vitamin and herb supplement store, so don't be surprised when you walk in and see people shopping.

On a 1-4 scale, 4 being best.
Food: 4
Service: 3 1/2
Atmosphere: 3 1/2
How to pay: cash, check, and credit card
Prices: $2.20-$3.75 for salad or sandwiches

Location: The Complete Health Store 214 E. Foothill Blvd.
Rialto, CA (909) 875-6321

“Free CD of cool indie music when you register at mybytes.com, the ultimate website for your college needs.”

George Orwell’s Revelation about Revolution

By Stacey Fullwiler
Copy Editor

Animal Farm, by George Orwell, is a book most of us should have read by now. However since I managed to go through high school and most of college without reading it, I am sure some of you have as well. This is indeed unfortunate, especially since Animal Farm is such an important book.

What finally prompted me to pick it up and read it was the airing of the movie adaptation on TNT. I was eager to watch it, but books adapted for the screen are often butchered in order to be made more palatable for the mainstream, so I decided to read Animal Farm for myself and let Orwell tell me the true story.

Animal Farm is Orwell’s interpretation of the Russian Revolution. Now before you think, “BO-ring,” just listen. Orwell uses the animals to represent the groups involved in the revolution: the proletariat, the bourgeoisie, the KGB, even Karl Marx himself. From beginning to end, the high ideals, the development of a new system of thought, the revolution and the ensuing corruption and betrayal the animals experience, all serve as parts of the allegory illustrating the timeline of the Russian Revolution.

Orwell’s brilliant use of simple sentences, point of view and irony make the reader truly experience the fervor of the revolution, the passion the animals feel for the cause, the confusion, the anger, the depression and the hopelessness they feel at being betrayed and bullied by their own corrupted “companions.” The animals’ experiences make not just the Russian Revolution, but the anatomy of all revolutions, easier to comprehend. But this new knowledge does not come without a price.

The price you pay for reading Animal Farm is seeing yourself in the book, and who represents you. You will forever understand the concept of a revolution, and never trust as you once did, and it is for those reasons that I encourage everyone to read Animal Farm. Copies are available in every library and bookstore, and the text can also be found on the Internet at http://kulichki-lat.rambler.ru/moshkov/ ORWELL/animal.txt.
How To Get Into the Acting Business

By Danny R. Hitt
Special to the Chronicle

I have been pursuing a career in TV/Film acting for seven years. In those seven years one question I’ve been asked numerous times is “how do you get into that (acting)??” If you’ve ever asked that question, or thought you could be that Star on TV or on the silver screen then here is what you should do. Of course, this is not an exact formula that guarantees stardom or any form of success, if it were I would be charging a hefty fee for the following information. Instead, the following is information that has been passed on to me over the last few years by people in the business as well as things I have learned through first-hand experience.

A good place to start is with a decision. A decision of whether or not a career as an actor is something you really want. The idea of being a famous celebrity might sound fun and exciting but that is only the tip of the iceberg when it comes to a career in acting. “If you want to be a successful actor you have to be willing to make a major sacrifice. You have to be willing to sacrifice all your personal time and completely dedicate yourself to your craft, and if that means being away from your family on location shoot during Christmas you do it, no questions asked!” Said Tony Shepherd, VP of entertainment for Spelling Entertainment, in a speech given at an actor’s seminar in Los Angeles. “Being an actor is not something you try to do. You either get it full force or you don’t do it at all.”

Upon making the decision that you do want to have a career as an actor the next thing that needs to be done is join an acting class. Gregory Watkins, former actor turned acting coach and talent manager says, “the only good actor is a working actor.” The acting class is a great place for the out of work actor, or the not yet working at all actor, to “act” as well as develop the acting techniques necessary. The more an actor practices and learns the craft, the better he/she will be, and being better is critical in the intensely competitive business. According to Andrea Hanson, commercial agent for Media Artist Group, “For every hundred auditions an actor goes on, they will only land one job.”

Choosing an acting class can be tiring. There are several different aspects that acting classes can focus on ranging from scene study, method acting technique, commercial acting, improvisation, cold reading and audition technique. Though it is essential to know all of these aspects, not all classes will cover them; therefore it is good idea to participate in as many different classes as possible. Finding out about acting classes can be done by asking others who are involved in the business, calling the Screen Actor’s Guild, or simply looking at the numerous advertisements that are published in the trade magazines such as Backstage West, The Hollywood Reporter, and Variety.

Now that you have joined an acting class and are developing your acting skills the next thing you will have to do is create your number one marketing tool, which for an actor is a headshot and resume. According to the American Theater Association there are over 350,000 actors in the United States. With this many actors it would be impossible for every casting director and agent in town to physically meet you, that’s where the headshot and resume come into play. Your 8X10 headshot, which is a black and white picture of you looking as interesting as possible, along with your resume or stapled to the back is what lets agents and casting directors know that you exist. According to Andrea Henderson, as well as all other agents I’ve had or spoke with, it is a good idea to have two headshots available. One for commercials, called a commercial headshot and one for TV/Film, referred to as theatrical headshot.

Choosing a photographer, like choosing an acting class, can be an endless search since there are so many individuals who are more than willing to take your picture for a nominal fee. The best thing to do here is again, ask around for recommendations, look at other actor’s headshots ... if you like what you see ask them who their photographer is. Also, the trade has plenty of advertising photographers. The generally expected prices for a headshot photography session with a professional photographer can range anywhere from $100 to $300.

Luckily, the resume that is supposed to accompany your headshot won’t cost you much more than $20, if you do it yourself. A resume is something you can do on any computer with a word processing program. Kinoko’s or any “mom and pop” print shop can run copies of your resume for less than 10 cents each. The resume is your actual business card. The information on it should include your name, personal information such as where you can be contacted, your height, weight, and color of hair and eyes. You should also include any work you’ve done as an actor as well as any special or out of the ordinary skills you possess. If you have an agent, the name of the agency and phone number should be included as well.

If you do not have an agent then here is your next step. The monthly publication “The Agencies” is the best place to start. According to “The Agencies” there are over 250 legitimate agencies in Southern California, and it is in this monthly publication where you can find a listing of every single one of them. As well as their contact information and a description of the physical type and experience type of actors they are looking for. Agency showcases are another great place to meet and show off your acting abilities for agents. A showcase is basically a two to three hour gathering of agents who sit and watch you perform monologue or scene.

This is an excellent way to obtain an agent because of just looking at your headshot and resume and reading about what you’re able to do they can see you in person, then decide for themselves right there if you are an actor they would like to represent. It is essential to have an agent because it is your agent who gets your picture on the desk of casting directors, also known as the link between you and getting a job.

The only way to have a well paid career as an actor is to find work in union films and TV shows. But, you have to be a member of a union to work in union productions, and here lies your final step. The two unions that are generally associated with any film or TV show are the Screen Actor’s Guild, commonly referred to as SAG, and the American Federation for Television and Radio Artists, referred to as AFTRA. SAG’s jurisdiction is over all films and most TV shows. AFTRA’s jurisdiction covers some TV shows, news anchors and radio personalities. According to AFTRA anyone can join since it is open union simply by paying the $1,042.50 initiation fee and then paying member dues based upon earnings. SAG on the other hand is not quite as easy to join. According to SAG there are three ways to become a member. You have to either be hired on to a SAG production first, or be a member of an affiliated union and have worked at least once within the year, or work three days as an extra on a SAG production. The initiation fee for SAG is $1,194.50 and member dues are paid bi-annually based upon earnings. Remember, just because you are in union it does not mean that you will find work. SAG has approximately 90,000 members and only about 2% of those members have a steady income as an actor.

If you managed to complete all of the steps thus far, congratulations! The process of getting started alone can discourage many would be actors. As I mentioned in the beginning this is not a guaranteed way to achieve stardom. It is however a guide to those individuals who have always considered getting into the acting business. I did leave one element out and that’s luck. Some of us have it and some of us don’t. Luck isn’t absolutely needed to succeed as an actor but it sure helps. If you consider yourself to be one of the unlucky ones in life don’t worry; perseverance, which is available to anyone, will take you a lot further as an actor, and in life, than any form of luck ever will. So go out, have fun, and “break a leg!”

Would you like to make your voice heard?
Write for the Chronicle
Call 880-5289
By Chris Walenta

It is now early November and the National Football League has reached its halfway point. By this time of year football fans and analysts are suppose to have a clear picture of what is going on in the league. Everyone always expects there to be a team that should not be as good as they are and there is always that underachieving team lingering at the bottom of their division but could anyone have expected what has happened so far this season?

In most seasons there is that certain "Cinderella" team that has all of its pieces come together at just the right time. A fire ignites underneath them and they storm through the season, while everyone else is saying, "Who are these guys". Last year it was the Atlanta Falcons. This year the team is the St. Louis Rams. At the beginning of the season there was some hope that the Rams could be competitive and claw their way to a somewhat successful season. Then during the pre-season, one of their big free-agent pick-ups went down with a knee injury (QB Trent Green). All was thought to be lost. The Rams had to look to ex-CFL quarterback Kurt Warner. What the Rams did not expect was that, by the ninth week Warner would be leading the NFL in passing yards and touchdowns. A young defense mixed in with a talented group of offensive stars have placed the Rams in position to obtain their first NFC West title in nearly twenty years.

Barry Sanders suddenly retires and the Lions go into playoff hibernation. That is what most Detroit Lion fans (and pretty much all so-called football experts) thought was going to happen to their beloved team. Well, a rejuvenated Charlie Batch has been zipping his passes all over the field to a number of different receivers (especially with Herman Moore having nagging injuries all season) and has been helped by the great running of Ron Rivers. They sit atop the NFC Central with a 6-2 record and after beating the St. Louis Rams, they hold the inside track to homefield advantage throughout the playoffs.

Those are a few of the nice stories that are being created in the NFC, however not every city is happy with the play of its team. In Minnesota, the honeymoon is over for Randall Cunningham. Actually it ended three weeks ago when he was benched in favor of Jeff George. Give some credit to Dennis Green because he really heard it from the media when he made this change. The result is three straight wins and the Vikings are back on track to make the playoffs after starting the season 2-4.

In Green Bay, there are silentPropertyDescriptor. orchestras that are being created in the NFC as well. The Packers are being written off in a season that showed little tightening in cold Wisconsin. This team is lucky to be where they are now. If it were not for the heroes of Brett Favre, the Packers would have already packed it up for the winter. As it is, the Packers will be in a dogfight for their playoff lives the rest of the season. Packer fans, you better hope Brett's hand gets better soon.

Has Steve's head stopped ringing yet? That is the question all of San Francisco wants to know. The 49ers are a team that is in very unfamiliar territory. The last time the 49ers did not win ten games was when most of us were in preschool (1982). But it is not a big surprise to see them in this state. The 49ers have been uptight around the salary cap for years and now it has finally caught up to them. With their hunger for constantly winning they have over looked the fact that they have an old team that was just waiting to crack. Unless somebody steps up for the 49ers at quarterback, look for a quiet Candlestick Park (I know it is known as 3-COMM Park, but it will always be Candlestick to me) in January for only the second time in 17 years.

The Dallas Cowboys are still holding on. They are holding on to that dream that they can make one last run at a title before the whole thing falls apart. The Cowboys are not getting any younger and it has been showing recently. Troy Aikman suffered his sixth concussion while wearing the white and blue, and while Emmitt Smith will return in a few weeks (broken finger), the Cowboys must be wondering: will it be too late? After loosing Michael Irvin three weeks ago in Philadelphia, the Cowboys were still optimistic that they could survive in the tough NFC East division. If they loose Emmitt and Troy for an extended period of time it will be a cold winter in Dallas.

Twelve years of dominance was enough for the AFC to handle. That was the length between Super Bowl victories for the AFC. Denver ended the NFC's dominance two years ago and now it appears that the power has switched over for a while. While the perennial powers in the NFC appear to be faltering this season, the AFC is wide open with at least five teams that have a legitimate shot at winning the Super Bowl. Could it be that only four years ago Jacksonville was celebrating the fact that they were going to be host to a new expansion team in the NFL? This year they might be celebrating its first World Championship. Jacksonville is loaded on both sides of the ball. They can rely on the arm of Mark Brunell or the legs of Fred Taylor. With the Jaguars strong defense and great special teams, you might be looking at the best team in professional football right now.

Just down the road in Miami there is a team that would beg to differ with that statement. The Dolphins are now going into Jimmy Johnson's fourth year as head coach. If history repeats itself the Dolphins are Super Bowl bound. In Johnson's last two coaching gigs in his fourth year he won the Nation Title with Miami and a World Championship with the Dallas Cowboys. There was some concern for a while that with Dan Marino getting injured that the Dolphins might skip a beat. Think again! Damon Huard has filled in admirably and is making Dolphin fans think of someone by the name of Earl Morrall.

The Tennessee Titans under the guidance of Jeff Fisher are giving Jacksonville a run for their money in the AFC's Central division. They have already beaten the Jaguars and the Rams on their way to a 6-2 record. They get Jacksonville one more time this season and it will be in Tennessee. Who knows, maybe Elvis is not the only thing alive and well in the south. But answer me this. How can the Titans lose to the 49ers, who then lose to the Rams, then a few weeks later the Titans beat the Rams. Someone please ask the football gods why?

In Seattle, Joey Galloway has finally returned from his long vacation. Seahawk fans must be asking why! Without Galloway, the Seahawks have raced out to a 6-2 record and sit atop the AFC Western Division. Jon Kitna has made new coach Mike Holmgren look like a genius (there was another young quarterback who also did that in the early 1990's in Green Bay), and Ricky Watters looks like the running back we all knew he could be. With the return of Joey Galloway, this team might really take off.

Kansas City must be as shocked as everyone else in the NFL. They have a winning team this year. I know, it is hard to believe, but the defense has stepped up big time and Elvis Grbac is playing phenomenally. Coach Gunther Cunningham stepped into a difficult situation with the departure of beloved coach Marty Shottenheimer after last season's disappointment. The Chiefs play very well at home and they were impressive in their loss to the upstart Indianapolis Colts. They are a throwback to the football of yesteryear. Grind it out on the ground, use the air when you have to and bloody up the nose of your opponent when you are on defense.

One of the most pleasant surprises in the AFC has to be the Indianapolis Colts. Lead by second year quarterback Peyton Manning and first year running back Edgerin James, the Colts look to get back to the playoffs for the first time in four years. This is a team that nobody wants to play in the playoffs. They have a bend but don't break defense and an offense that will light up any scoreboard in the NFL. They are definitely a team to be reckoned with.

We have a whole second half of a season to go. Who knows what we have in store for us as football fans. Will the perennial powers of the league finally show up and sur winning or will these "Cinderella" teams keep it going throughout the season? It will be interesting to see. Drop me an email with your reaction to the first half of the season and I will post some of the more interesting responses. Sedit@aol.com Good luck to your favorite team.
CSUSB Player Profile
Women’s Soccer

By Jesse Gonzales
Chronicle Staff Writer

For the third time this year a CSUSB athlete has been named California Collegiate Athletic Association Player of the Week. This time, Lisa Ament is representing Cal Slate.

Lisa Ament is a member of the CSUSB Women’s Soccer Team, and joins Brian Diamond as the second Cal Slate Soccer Player to earn such an award.

Ament, a sophomore from Lancaster, California, powered the Coyotes to two victories throughout the week of October 4-10. Lisa scored the team’s only goal in the 53rd minute to lead CSUSB past division one member Bucknell University, 1-0. Just a day later Ament scored a goal and assisted on the game-winner in sudden death overtime to lead Cal State San Bernardino to a 2-1 win at Cal State Stanislaus.

Lisa Ament is a 19-year-old sophomore who is majoring in psychology, and plans to go to law school.

CC: Most embarrassing moment?
L.A: One time while playing defense, the ball was cleared over my head and I was too tired to jump and head it, so I just grabbed it with my hands.

CC: Most memorable moment?
L.A: Beating Norway in Penalty kicks to advance to the final against Sweden.

CC: Favorite food?
L.A: Ice cream, Cookies n’ Cream

CC: Most memorable goal scored?
L.A: The goal I had this year against Bucknell University. We ended up winning 1-0.

CC: Ideal soccer teammate?
L.A: Michelle Akers, because she works so hard.

CC: Four famous people you would invite for dinner?
L.A: Elvis, Mel Gibson, James Dean, and Tom Hanks

CC: Biggest influence growing up?
L.A: My parents

You Already Have Your Ticket

By Chris Walenta
Sports Editor

It is a Friday or Saturday night and you are sitting around your dorm room. Or perhaps you don’t live on campus but you are looking for something to do. Would you like to be able to go to a place were you can see some exciting action? A place were there are people your age having a good time. Best of all would you like to be able to go somewhere for free? Well, look no further than CSUSB.

On certain Friday and Saturday nights at Coussoulis arena CSUSB’s men and women basketball teams will be in action and they are looking for your support.

Unfortunately during these exciting times at CSUSB many of the students have not come out and shown their support for the men’s and women’s programs. In basketball there is such a thing as homecourt advantage. The students of Cal State San Bernardino get into all home games for free. All that a student has to do is show their Coyote One Card and they are in the door. Not too many students are aware of this. In fact, a friend can get into the arena for $3.00 if they are a student somewhere else (with ID) or for $5.00 for general admission. If you want to pay $7.00 you can get reserved “chairback” section. Men’s and woman’s basketball need your support. Give it a chance. Come out and watch them play. The games are action packed and live right in front of you. And remember, when you are at the games, the most important thing is to be loud!

Interested in sport? Do you go to the games? How about writing for the Chronicle. Contact Us at (909) 880-5289

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1a. A military vehicle used off road. Starts with J
2a. _____ Grable’s legs could be found painted on many airplanes.
3a. “These _____ were made for walking.”
4a. Alan Alda always wanted to get out of this place on the TV series M*A*S*H?
5a. “____, What is it good for?”
6a. Protects our seas.
7a. ______ York.
8a. Four Star ______.
10a. “Support the men fighting for our country, Buy a War ______.”

1d. John Travolta’s Son’s Name.
2d. Arch-Enemy of Snoopy, The Red _____.
3d. An Almost indestructible land vehicle.
4d. All Army personel must get a _____ Cut.
5d. The _____ Force protects our skies.
6d. “Be all that you can be, in the ______.”
7d. “Good Morning, ______!”
8d. The Coast _____ protects our seas and shores.
9d. The Battle in the middle east, Desert ______.
10d. Congressional Medal of ______.

Aircraft          Medal
Airforce          Mess Tent
Army             Navy
Brave             Pearl Harbor
Coast Guard       Private
General           Purple Heart
Honor             Red Baron
Korea             Seals
Marines           Vietnam
MASH              War

Games and Illustrations By Jennifer Thierry

Killroy Was Here

Aircraft        Medal
Airforce        Mess Tent
Army           Navy
Brave           Pearl Harbor
Coast Guard     Private
General         Purple Heart
Honor           Red Baron
Korea           Seals
Marines         Vietnam
MASH             War

Games and Illustrations By Jennifer Thierry
November 11, 1999

The Coyote Chronicle

Page 15

Calender/Comic

By Byron Chan

University Parkway

November 12 - 19

Events Calendar

Friday, 12

WOMEN'S SURVIVORS GROUP
General Meeting
10:30 A.M. - 11:30 A.M.
Student Union Board Room

CAMPUS CRUSADE FOR CHRIST
Meeting
4 P.M. - 5 P.M.
Student Union Board Room

ASI FINANCE BOARD
General Meeting
12:45 A.M. - 1:30 A.M.
Student Union Board Room

ADULT RE-ENTRY SUPPORT GROUP
General Meeting
12 NOON - 2 P.M.
Student Union Board Room

STUDENT LOAN COUNSELING
Workshop
1:30 P.M. - 2 P.M.
Student Union Board Room

GAY, LESBIAN AND BISEXUAL MEETING
12 NOON - 1:30 P.M.
Women's Resource Center

Rain, got beat up by a girl!

HA HA!

Monday, 15

STRATEGIC PLANNING COMMITTEE
General Meeting
8 A.M. - 10:30 A.M.
Student Union Board Room

PALS MEETING
2:30 P.M. - 4 P.M.
Student Union Board Room

WOMEN'S SUPPORT GROUP
EMPOWERMENT / SELF ESTEEM
General Meeting
8 A.M. - 9:30 A.M.
Student Union Board Room

Wednesday, 17

EMBASSY SEMINAR - CHINA
Speaker/Lecture
11 A.M. - 12:30 P.M.
Student Union Events Center B&C

LATINO BUSINESS
ASSOCIATION MEETING
6 P.M.
Lower Commons

LEADERSHIP DEVELOPMENT SERIES
The Value Of Information In Today's Society
2 P.M. - 4 P.M.
Lower Commons

Thursday, 18

LEADERSHIP DEVELOPMENT SERIES
Professional Qualities Of Outstanding Leaders
2 P.M. - 4 P.M.
Lower Commons

FINANCE AND CONTRACTS COMMITTEE
General Meeting
1:30 P.M. - 2:30 P.M.
Student Union Board Room

FRIENDS OF BILL W.
AA Meeting
7 P.M. - 8 P.M.
Lower Commons

Friday, 19

WOMEN'S SURVIVORS GROUP
General Meeting
10:30 A.M. - 11:30 A.M.
Student Union Board Room

SWING MUSIC DANCE
12 NOON - 2 P.M.
Student Union Courtyard

FINANCE AND CONTRACTS COMMITTEE
General Meeting
1:30 P.M. - 2:30 P.M.
Student Union Board Room

To place an event in the Calendar, please bring information to Student Union Graphics, room SU 112, or call x3942.

Prepared Courtesy of Student Union Graphic Arts

Cover art courtesy of WMC
Do you need to sell your car?

Need to buy some furniture?

Need new roommates?

How about a date?

Then advertise in the Chronicle!

The Coyote Chronicle is starting up a Classified and Personals Section.

First 15 words for $10.00
$.25 for each additional word

Ads will run for one week; if you desire it to run longer please add the additional costs to your check.

Enclose your check and ad in the envelopes located in the newsstand outside the Chronicle office, UH-37.

Please slide them underneath the office door.