Continuing a tradition of community involvement are the lovely presents of the Association of Black Women Physicians. Seated Left to right are: Virginia Vernon, Rossa 1991, 92, Dr. Jeanine Bowers-Coles and current President Dr. Annette Enes. Standing left to right are: 1992-93 Dr. Rebecca Willis, 1989-90 Dr. Sylvia Swiftly, 1982-83 Founding President Dr. Jessie Sherrerd, 1990-91 Dr. Natalie Sanders and 1986-89 Dr. Anita Mitchell.

Student Harassed And Attacked by Teacher

by Megan Fontier

Fontier mother, Joyce Carl, is fed up with the harassment her son by school and his essential headaches.

The problems which began last September culminated she said, last Thurs­

day, when a gym teacher Mr.

Cen­

tral­

of­

herself. His nose began to bleed, and to her son. "I understand teachers or students," she said.

"They didn't like what the Trainer presented and s u b s e q u e n t­

any other civic/community activities. Riverside Area Black Summit, and

By 7:15 p.m. at the Riverside Community Center will be held on Mon­

day, when a gym out the school year.

Riverside County To Pay $936,000 Malpractice Settlement

Ramon Aguilar, now 2, was deprived of oxygen

because he was mentally retarded, the suit alleged.

Riverside County has agreed to pay $936,000 to set­

tle a lawsuit by the parents of a 2-year-old black boy who died in the emergency room after the fetus' heart rate and how the

baby was responding to labor, to hospital and county hospital

ments that some blacks say have targeted them.

"One day we had an extreme yell fest, but

"We weren't perceived as the enemy. We weren't perceived as

an enemy. We weren't perceived as

We weren't perceived as

We weren't perceived as

It was "the classic... over­

Two witnesses, the mistreatment

"They didn't like what the Trainer presented

The incidents have

Riverside County has agreed to pay $936,000 to set­

tlement, which was reached after the jury was dismissed.

"One day we had an extreme yell fest, but

"We weren't perceived as the enemy. We weren't perceived as

We weren't perceived as

We weren't perceived as

It was "the classic... over­

Two witnesses, the mistreatment

The incidents have
THE MAYOR IS NOT A RACIST

Porting our "Good Faith Effort" for Caltrans resulted in the reversal recently rendered service to Lewis and Clark Construction.

uneducated African-Americans. (Al Mariam is an attorney in San
Bernardino (714/884-5041).

their desire to serve and protect the community.

The officers said they were afraid for their lives. In their distorted

DOING BUSINESS WITH...:

The brutal and savage beating of Rodney King by members of
Powell and Koon obviously regarded themselves above the law
in the act of violating his constitutional rights. In fact, his beating
was the result of a minor traffic stop and was entirely unjustified.

If you remember, the choking death of the black man who was
put in a holding cell and was later found dead:

Justice will be done only if police officers begin to act on the
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## Wood Alcohol - Another Solution

In Litchfield Park, Arizona, a research team focused on the potential of wood alcohol as a fuel. They discovered that wood alcohol could be produced from biomass that is otherwise waste. The team found that wood alcohol could be used as a alternative fuel source, which could be used in various industries. They also discovered that wood alcohol could be used as a liquid fuel, which could be used in cars. They plan to continue their research in the future.

## Bedroom Design - Turn Dreams Into Reality

Once upon a time the bedroom was only a place to sleep. Now, every room in the house is used for a multitude of purposes and the design is an exception. It can double as an office or just a retreat from the world.

With a bit of decorating and design, your bedroom can become something more than just a place for sleep. It can be a retreat from the world.

## Information On The FDA

**Home and Body**

Electronic Products: guide consumers to reduce unnecessary exposure to radiation, radiation performance standards and radiation exposure levels.

**Decorating**

Denise Ellenoff McCarthy's. new polished brass bed and completed with a friendly cat, pillow shams, and a cat lamp. She surprised me recently by having a new bedroom look. It was a soft, carefully matched room. The colors were soothing and the space was calming.

## KAC Provides 24-Hour Hotline

**Home Style**

![Image](image-url)
This year's Award recipients are Carol Ministry Brown, first African-American woman elected to the U.S. Senate; Call Devers, U.S. Olympic Gold Medalist; Aretha Franklin, Queen of Soul; and multiple Grammy Award-winning singer and songwriter; "Sweet Alice" Harris, community activist and founder of Parents of Watts (POW), Lora Home, legendary women and singer; René Parks, civil-rights activist; Tina Turner, multiple Grammy Award-winning singer and actress; and Cora Wilson-Hawkins, educator and community activist. The 1993 Essence Awards recipients will be profiled in the May issue of ESSENCE.

The Essence Awards, first held in 1987, were created to focus national attention on distinguished African-American women whose exceptional achievements are often overlooked. Past honorees have included award-winning poet and author Maya Angelou; astronaut Dr. Mae Jemison; founder and president of the Children's Defense Fund, Marian Wright Edelman; the late Dr. Georgia L. McBride, social activist, teacher, and community leader; and choreographer Debbie Allen.

Editor-in-Chief of ESSENCE Susan L. Taylor says, "The inspiring stories of African-American women are hardly ever told in the mainstream. It is a celebration of the African-American woman's triumphs, tenacity and ability to endure and succeed. They are a testament to the fact that no matter how humble our beginnings, with discipline, focus and hard work we can make a triumph of our lives." The 1993 Essence Awards is sponsored by Clairol, Calvin-Palmpal System, J.C. Penney, Johnson & Johnson, Kraft General Foods, MCI, Pepsi-Cola, Revlon, ColorStyle and Toyota. A corporate donation from this year's event will be made to the Children's Defense Fund. The Awards will be held on Friday, April 30, at 8:00 P.M. The Awards ceremony will be videotaped before a black-tie audience to be broadcast on the CBS Television Network.

For more information, call (312) 465-MSCG.
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For your convenience, most stores now carry a selection of fresh milk and dairy products.
The Great Mini Van Search: Chrysler & Ford

I recently found myself in the market for a minivan, and after some research, I settled on one that truly captured my fancy: the Chrysler Plymouth Voyager.

I had been driving a 1985 Plymouth Volare for some time, and as much as I enjoyed it, the car had its limitations. The interior was outdated, and the exterior was becoming less and less attractive. It was time for a change, and I was ready to upgrade to something more modern and spacious.

I visited several dealerships, comparing the Chrysler Voyager to other minivans available on the market. I was particularly drawn to the Voyager's design, which featured a sleek and aerodynamic shape. The interior was well-appointed, with ample space for passengers and cargo.

One of the factors that really stood out to me was the Voyager's safety features. It was equipped with advanced airbags, along with other safety technologies, ensuring a secure driving experience. The Voyager's handling was also impressive, making it a pleasure to drive.

Another aspect that impressed me was the Voyager's fuel efficiency. It was designed to be as economical as possible, which was a top priority for me. I was also pleased to see that the Voyager was environmentally friendly, with a low emissions rating.

I believe that the Voyager is a great choice, offering a balance of style, functionality, and performance. If you're in the market for a minivan, I highly recommend considering the Chrysler Plymouth Voyager. It's a car that meets the needs of today's families and is designed to provide a comfortable and enjoyable driving experience.
Uptown Records Produces Who's The Man Soundtrack

A Soundtrack features the hottest industry's performers, including: Jodeci, Mary J. Blige and Heavy D.

S.I.L.K. Offers A Choice Alternative To Orange Show Country Night Concert

Anyone that has ever attended the National Orange Show's annual Jazz & Comedy Festival knows that there is more than high-brow entertainment available. The problem is you don't know who or what to expect until you're inside the grounds. Each year, local newspaper and radio stations do an excellent job of promoting either a "rising star" or an established entertainer/vehicle's scheduled performance. Usually overlooked, and rarely promoted, are the local acts that make up most of the entertainment provided during the run of the event.

There is an alternative to this year's headlining opening acts, country and western singer Billy Dean. Local entertainment company, S.I.L.K. Productions provides an alternative to Dean with new acts in the opening night line up. S.I.L.K.'s gym location, CJ, takes the stage at 11:00 followed by PERFECT CHOICE. S.I.L.K. Productions' featured group is considered the Inland Empire's premier rhythm and blues and jazz band. In constant demand throughout the Southland, the S.I.L.K. Productions' star driver has played to "standing-room-only" audiences throughout California and Vegas.

PERFECT CHOICE recently released their first single, "Love Of Life" to Club Boomers. They're appearing at Whiskey Creek in Hemet and Saloon, in Redlands on April 25 and again Mother's Day.

Like Dean, PERFECT CHOICE is looking for good things from their music. A new cassette, "A Change To The System," is due for release this month. Also due for release soon is a special music project for the San Bernardino County Maternal Health Program.

S.I.L.K. Offers A Choice Alternative To Orange Show Country Night Concert

S.I.L.K. Productions' release of "Who's The Man?" has been selected as one of the seven songs producing "Fire In The Heart," the soundtrack for New Line Cinema's upcoming release. The album release date is expected to be announced shortly.

A soundtrack project is the culmination of what Uptown is about: a company that is recognized for its keen awareness of what hip hop fans want to hear.

Toby Emmerich, President of Uptown Records and Charlie Stettler, President of S.I.L.K. Productions, said: "We're excited about: a company that is recognized for its keen awareness of what hip hop fans want to hear".

"Who's The Man?" is being scored by Michael Wolff, musical director for "The Astounding Hall Show," and his partner Neil Brook, according to Harriet, one of the most important aspects of this project is the incredible support MTV has provided, especially in allowing Dire and Ed to shoot their show from the set of "Who's The Man?"

"Who's The Man?" is directed by Ted Demme (producer of "Yo, MTV Raps"), written by Seth Greenbloom, and produced by Malcolm Thamas, Alice Stoffler.

New Line Cinema is one of the leading independent producers and distributors of theatrical motion pictures. The Teenage Mutant Ninja Turtles, a nostalgic picture on E.U.T. Street and House Party, return to the Cask N' Cleaver once again on April 24.

CAKE N' CLEaver
Jazz And Comedy At Saturday April 24, 1993 - 7:00 p.m. and 8:00 p.m.

For more information call (909) 621-3888.

KANDY KANE PRODUCTIONS
Cask N' Cleaver
Saturday, April 24, 1993, 3:00 p.m. and 8:00 p.m.

Jazz," Stephanie Watkins will be performing an array of coming jazz musicians and comedians from 6:00 p.m. - 11:00 p.m. Ladies are admitted free before 7:00 p.m. Admission is $5.

For more information call (909) 351-3888.

WATKINS TO PERFORM AT CASK N' CLEaver
By command performance, "Inland Empire's First Lady of Jazz," Stephanie Watkins will return to the Cask N' Cleaver with her "Cask N' Cleaver Jazz And Comedy At Saturday April 24, 1993 - 7:00 p.m. and 8:00 p.m." Watkins will be performing an array of contemporary jazz pieces. The Cask N' Cleaver is located at 101 City Center Drive, Redlands, California.

For additional information, please contact George Gainer at (909) 993-1053. This event is currently being broadcasted on KUOR (Jack Radio 91).
The Inland Empire Hosts 35th Annual Mt. SAC Relay Games

Carl Lewis speaks with the Media, after his sizzling 9.9 anchor leg in the Mt. SAC Relays.

Photo by Gary Montgomery

Lewis sprang past the constraints of father time. I was on the edge of the Mt. San Antonio College Stadium track dusting with a track official which is the greatest athlete, a marathon runner or sprinter, when Carl Lewis came up and immediately the discussion stopped and we watched.

Lewis had just received the barrier pass in the 4x400 relay, on his way to anchoring his more than fast Santa Monica team.

Floyd Heard (10.4 100 is his personal best), Leroy Burrell (10.1 100 meter world record holder), Mike Marsh (9.8 200 meter Olympic champion).

The 38.00-second clocking at Mt. SAC and the 15th fastest ever.

Carl is less than one second behind for Lewis to complete a day's work off his official. "A marathoner has one 26 miles.

I concave the marathon is demanding event and takes superior training to reach the level of world class, but a superior athlete, no way.

As I watched Lewis move down the track, in a sizzling 9.9 anchor leg of the mile, I could see the ultimate strain on the body and muscles sprinting induced.

Sprinting takes the body to the very edge of its natural motor functioning. A human being can only run so fast without the muscles splintering into a million pieces.

Turn your freezer up to its highest level and see what happens! Race your engine at its highest RPM and see what happens! Run the turbine engines full out at a nuclear power plant and see how fast you will get a push down. Burn both ends of a candle and see how quickly it dissipates.

The window of competitive-ness is oh so quick for a world class sprinter. They have to run through it as fast as they can, burning both ends of the candle, because history says it won't last long, the window.

The average career span for a NFL running back is 5 years. Sprint star's careers mirror the running backs. Now see me - now you don't.

How many times have you asked when is Super bowl running back? Didn't he gain 1000 yards this year?

Remember Harvey Glance, James Sanford, Marty Kade, Tim Jackson and Mark Witherington? They have all won the Open 100 meter dash at the Mt. SAC Relays and have all had high point totals at the top of the sprint world.

These quality sprinters have all competed during 'King' Carl's reign over the sprint kingdom. By the way, Carl has won five Olympic gold medals around his neck he can't get through airport security. Not only helping people to experience the art of others, but inspiring the artists themselves.

Because only through the celebration of art can we hope to inspire art. Whether made with words, images or music, art resonates through African-American life. Recording our experience, revealing our humanity, depicting our soul. It can soothe or excite, enlighten or entertain, constantly compelling us to look and listen.

At Kraft General Foods, we're proud to help bring the visions and sounds of ethnic culture to the community. Not only helping people to experience the art of others, but inspiring the artists themselves. Because only through the celebration of art can we begin to understand what makes us human.

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BECAUSE ONLY BY CELEBRATING CULTURE CAN WE HOPE TO INSPIRE ART.
Overall I thought the Ford "Aerostar is an older model that
was tested was $21,585 . For that Villager.
the extended length two wheel drive Mercury Villager. available at
more than 150) dollars. Aides (909) 274 - 9513.
preference. (909) 332-5131. $5 discount
Aides (909) 274 - 9513.

Flight attendants &

Human

characteristics of the Minivan in company ."
Together we Can! Let me tell you one thing, if you don't believe in this opportunity to live together in peace, if you don't believe in the opportunity to work together, you have no business helping us; you have no business supporting us; you have no business working with us. We are going to work together to be free. We are going to work together to be free.

We are all going to sit together. We are all going to work in our hearts. We are all going to put this money that we have together to work. We are all going to put it in the bank. We are all going to work in the same bank. We are all going to work in the same bank. We are all going to work for the common good. We are all going to work for the common good. We are all going to work for the common good.

We are all going to work for the common good. We are all going to work for the common good. We are all going to work for the common good. We are all going to work for the common good. We are all going to work for the common good. We are all going to work for the common good. We are all going to work for the common good. We are all going to work for the common good. We are all going to work for the common good.

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'93 Lincoln Continental
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'93 Mercury Villager
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7 Passenger Wagon - Serial # J18352

'93 Mercury Tracer
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After $200 Rebate Serial # 641164

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Serial # 711305

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