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Hong Kong Consul Visits

By Mary Ellen Abllez
Managing Editor

Ambassador Francis Lee, Director General of Taipei, Economic and Cultural Office in Los Angeles, visited Cal State San Bernardino recently in response to an invitation by Dr. Frank Lin and the Chinese Student Association. The Ambassador was welcomed with much fanfare during an hours-long event that included a festive reception, a lecture, and a lavish banquet, complete with local dignitaries and campus VIPs. Besides meeting with President Karnig, the campus, and students, he presented a speech entitled, "The International Trade Relationship of Taiwan, R.O.C. After Hong Kong Reunified With The Peoples Republic of China."

According to VP of Academic Affairs, Dr. Louis Fernandez, the lecture was a reason for a goodwill visit. "We have a huge number of students here from other countries. This year, we have 425 international students from over 30 countries, and over 33% are from China. This visit shows support for those students. It also highlighted not just the exports, but the imports of U.S. products into China." Fernandez went on to share his sense of the message of the Ambassador's speech. He felt it was a sincere effort to build ties with the campus, students, and alumni.

The Chinese Student Association -- see Consul page 2 --

Student Pepper-Sprayed in Class

By Cheri Dixon
Executive Editor

Art students were outraged when a campus police officer used pepper spray while arresting a senior art major during a Methods and Materials class on Monday morning.

Frustrated with being repeatedly asked by Parking Services to move his vehicle while he unloaded his art project, senior art major Charlie Gomes squealed his pickup truck tires on his way out of the art quad complex, leaving a 58-foot tire acceleration mark.

Gomes then proceeded south on Intercampus Road by Sierra Hall, west on NorthPark, and up Devil's Canyon Road, where he left his vehicle on the shoulder of a dirt side road. The Parking Services employee reported Gomes' reckless driving to Campus Police, and both he and a police officer were waiting at the foot of Devil's Canyon Road when Gomes reappeared, riding a BMX bike.

Gomes saw the officers waiting but declined to stop, because he said he was going pretty fast as he came down the steep hill. Gomes -- see Sprayed on page 3 --

Flyer Graffiti Strikes Again

By Lauren Aigallar
Chronicle Staff Writer

Communist, Nazi, Liberal and regressive are all names the Progressive Student Alliance has been called, but just this past year the name-calling has spread to flyer graffiti. Last September, before the elections, the Progressive Student Alliance's focus was voting "no" on Proposition 209, the proposition to end Affirmative Action. Flyers went up all over campus, urging students to vote against Prop. 209, and that's when the graffiti began.

"If you believe so strongly, then stand up; get off your knees; quit being cowards."

Instead of creating flyers that were informative and tasteful, which presented an opposing position, the culprits vandalized the Progressive Student Alliance's flyers by changing words and pictures. Sometimes the violators would create original flyers that were offensive and either put Progressive Student Alliance or Regressive Student Alliance at the bottom.

Not only are the culprits spreading these flyers all over campus, but they have put them out into the surrounding communities, with the Progressive Student Alliance's name and phone number. As a result, the Alliance received complaints about these offensive flyers.

Last year, people dealt with the problem by taking the flyers down and putting the campus police on alert. So far, this quarter, there has -- see Graffiti page 2 --
Asian Politics & identity
By Pang-Ling Chang
Special to the Chronicle
A lecture topic on race always seems to attract people. There were around 80 who attended the lecture "Race as a Social Construction: Implications of Asian Politics and Identity," on November 12. The lecture was given by Dr. Evelyn Nakano Glenn, and sponsored by the Intellectual Life and Visiting Scholars Committee, University Diversity Committee, and the Sociology Club.

As a Japanese-American, Glenn combined her own cultural experiences with different theories of racism to emphasize Asian American identity and politics in society. Glenn said, "some researchers looked at race from a biological perspective. They referred the term "race" to a genetically isolated group with distinctive gene frequencies or skin color. In contrast, some researchers thought the social significance of race is one of the most crucial aspects of the relationship between dominant and subordinate groups, in the ability of the dominant or majority groups to define a society's values."

Glenn mentioned that racism is an invisible stereotyping, social attitude and created institution, not a biological difference. She also pointed out the changing concepts of race, different critiques of racism in the 1990's, and the relationship and interaction between Asian American identity and the social construction.

Flyer Graffiti
been only one flyer vandalized, but they have been put out all over the campus. The most interesting thing about this latest flyer is that this is the first time the vandals have mentioned themselves.

They call themselves the Young Americans for Freedom. The last time YAF turned up was during the 60’s; they were a student organization that was pro-Vietnam war. There is currently no such club on campus. Once again steps are being taken to combat this slander and vandalism. There has been speculation about who the person or persons are, but no action has yet been taken. Founder and former president of the Progressive Student Alliance, Shannon Hammock, had this to say, "The college campus is the place to debate such ideological questions. If you believe so strongly, then stand up; get off your knees, quit being cowards."

The Ambassador briefly touched on the human rights tragedy that occurred a few years ago in Tienmen Square in China. Students protesting in Tienmen Square were mowed down by government armed tanks, and the event has yet to be forgotten by many. According to Fernandez, General Lee acknowledged it, condemned it, but expressed his hopes "towards the future when the two Chinas would be one."

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Special Olympics Achievements

Over 800 talented athletes came to participate at the Special Olympics 1997 Champion Series Sports Classic held at Cal State San Bernardino's Coussoulis Arena and the surrounding fields. The two-day event held state championships in soccer, volleyball, and power-lifting.

Sprayed
-- cont. from page 1 --
also said that the officer's car jerked as he approached, causing him to swerve to get away, not knowing what the officer was going to do to him.

Gomes said he knew the police officer wanted him to stop, and he would have, if he had been approached in a less threatening manner. "I saw the parking guy there," said Gomes. "It was almost like setting up a road block for me—a kid on a bicycle."

As Gomes went around the two vehicles, he was forced to travel for a short distance on the wrong side of the highway. The officer began pursuit, yelling for Gomes to stop. Gomes yelled back over his shoulder that he would meet the officer in class, as he took a shortcut across dirt lots where the officer's vehicle couldn't follow. "I sat there and waited [in class] for him," said Gomes. "It's not like I was hiding from him; I wasn't even trying to get away."

Which made it even more of a surprise when campus police officer Tom Scalisi appeared where the class was being held in the kiln courtyard. He ordered Gomes to put his hands behind his back.

At this point Gomes' and the police's accounts diverge. Chief Dennis Kraus and Sergeant Brian Bodily contend Gomes refused to obey verbal commands and physically resisted the officer's efforts to arrest him. These actions, they claim, warranted Scalisi's use of pepper spray.

However, art student Sally Gluck said the officer came and grabbed Gomes, ripping some of his clothes off in the process. "He took his shirt and sweatshirt off together and threw it on the ground," said Gluck. "The officer was not diplomatic."

Another classmate, Joyce Sweet, said, "The officer grabbed Charlie by the back of the hair, and sprayed him with pepper spray in his eyes, making multiple passes across his face. "Sweet, who seemed genuinely upset by the whole experience, concluded, "It was wrong."

Both Gluck and Sweet stated Gomes was an easy-going, very sweet and thoughtful person.

Next, Gomes was handcuffed and put in the officer's car to await -- see Sprayed page 17--
Celebrating Veteran’s Day

By Heather Forester
Chronicle Staff Writer

November 11, 1997 seemed like an average day. Anyone who decided to go to class that day would have been inundated with business as usual. Teachers taking attendance, people coming in late to class and long lectures.

But for the armed forces November 11 was Veterans Day. A day that was set-aside specifically for honoring those individuals who gave the ultimate sacrifice for their country, their lives.

It just so happens that on this day the Air Force ROTC unit on campus showed their appreciation by attending the annual Veterans Day Memorial Celebration. The Daedalians group put on the celebration, which has been a tradition for eighteen years. The Celebration was held at the Riverside National Cemetery. Among some of the attendees were the Air Force ROTC Color Guard, ten Arnold Air Society members, and the staff members, (cadre) of the ROTC unit.

The importance of Veterans Day was established in 1938 when congress passed a law making November 11, Armistice Day. This was in celebration of the Armistice of World War I in 1918. The name of the holiday was changed in 1954 to more specifically recognize those who served in the wars.

- see Veteran’s page 18 -
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What are you thankful for this Thanksgiving?

By Lakeisha Johnson
Chronicle Staff Writer

Thanksgiving means more than just eating Roast Turkey with all the trimmings. It means taking a moment to be thankful. What would your response be to this week’s question?

Janette Montes - Sophomore (Criminal Justice)
“I’m thankful that I have the opportunity to get an education. It will enable me to help out my family.”

Florence Edwards - Sophomore (Communications)
“My family, health, education, heritage, and God, because he enables me to have all of those things.”

Damion Flucker - Sophomore (Undeclared)
“Life, family, and the possibility to have more out of life and achieve all of my dreams.”

Nkem Chinwah - Senior (Criminal Justice)
“I’m thankful for my parents, friends, and life and for the fact that I have good health.”

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Poetry in the Flesh
By Alicia Johnson
Chronicle Staff Writer

His eyes changed from hazel to light-brown as his voice fluctuated with the excitement of his story. His green shirt was a pleasant contrast with his olive complexion. A serene smile adorned his face as he mentioned his wife. The light from above illuminated the children. A serene smile adorned his face. Leaning back, hands on his head, he leaned jovially, elbows on his knees and with a satisfied look in his eyes. He talked as he spoke of his children. A serene smile adorned his face as he mentioned his wife.

"Poetry is discovery," he said. "It's too expensive to participate. But most of all, being in Rotaract means having fun, attending cultural events, and helping people in need at the same time—just like in Germany, 6,000 miles away."
A Great Loss for the Multicultural Center

By Erica Atkins
Chronicle Staff Writer

"She really helped me adjust to college life at Cal State. She taught me the do's and don'ts, and was very helpful," said T'Yana Blackburn, program assistant for the Multicultural Center. On November 11, 1997, Kimberly Williams finished her work as a coordinator for CSUSB's Multicultural Center. Williams resigned after dedicating four years of hard work to the Center.

The idea of a Multicultural Center came in 1990, when a task force took surveys from students on campus. The committee got recommendations from students on what type of services were needed at Cal State. As a result, the Student Union Board of Directors decided to create a Multicultural Center, the Coyote Copy Center, and a Women's Resource & Adult Re-Entry Center on campus. In November of 1993, the project was completed.

In November of 1993, Williams began working in the Multicultural Center. She held the student assistant position from November of 1993 through March of 1994. She was a graduate student in August of 1995 when she became the first full-time coordinator for the center. Helga Scovel, the Student Union Director, said "Kim worked very hard in the Multicultural Center, and we will miss her."

There are numerous programs that Williams brought to the Multicultural Center. She coordinated events for Black History Month, Asian Pacific Islander celebrations, Native American celebrations, Chinese New Year, and Raza Week. Williams also organized the annual Culturefest, which has taken place at Cal State for the past four years. The event includes cultural entertainment, food, and activities.

John Patch worked with Williams in the Multicultural Center, and hopes to finish some of the programs started. They planned to open a Cultural Center that will appeal to the needs of all 13,287 students on campus. "Kim has -- cont. on next page --"

Modern Slang

By Heather Forester
Chronicle Staff Writer

"So what's up shortie? How you doin' today? What's the diff you on comin' to over my crib tonight?"

"Pardon me?"

"Yo' peep this dun. The parties gonna be like madhat. Ninjas guzzlin' forties, and paroley-ing like all day. So swing by da way 'roun and nonverbal communication.

Our parents coined the word "groovy", while we used words like "cool", "awesome" and "wicked". These words became slang due to the meanings that we gave them. This is one of the definitive characteristics of language—change. The existence of a language is dependent on many factors, but it is a prerequisite for a language to change. If a language doesn't change, it becomes a dead language; Latin would be an example of a "dead" language.

Since the theory says that our language is evolving due to this slang, therefore keeping our language alive, we as a society should be commending these creative people. The only problem with administering praise is the lack of a standardized slang. It seems that in ten different high schools you could find twenty different styles of slang. One word could have thirty different meanings. How?

Each high school click has their own dialogue, which further breaks into areas of expertise, such as athletics. What this translates to is a myriad of languages that no outsider could possibly understand. For example two athletes discussing a great basketball play resulting in a dunk might say "That fool got his bang on good". This to an outsider would sound like suspect conversation, but to the participants it's innocent conversation having to do with a basketball dunk.

The differences in ethnic groups also dictate the types of slang used. Many Hispanic students will incorporate Spanish into their slang; it's also said with a different accent. Here's a lesson in survival slang, compliments of five students I work with. Keep in mind that slang is regional and this particular example is not common.
The First Thanksgiving

By Pamela Lee-Bailey Shirmaz
Special to the Chronicle

The entire concept of Thanksgiv­
ing does not come from some­
thing good between Europeans and
Native Americans. It stems from
a massacre back in 1673. The pub­
lic believes erroneously that it cel­
brates the landing of the May­
flower and the Carver Expedition.

The part that is true is that Na­
tive Americans did keep William
Bradford and his group from starv­
ing to death. Most of the expedi­
tion had already died by the time
the Massasoits Tribe stepped for­
tward to help. Native Americans
of today refer to this as the first
welfare program, in an attempt to
make light of something that
causes them much angst.

Upon his salvation, Captain
Bradford’s prayers of thanks still
ringsofar after many years. He
thanked God for saving them from
the “ravages of the savages.” It
was, however, the Government
that recognized the first Thank­s­
giving from another well-docu­
mented event that came later.

Over 700 men, woman, and chil­
dren of the Pequot tribe had gath­
ered for their annual green corn
dance. It was a traditional Thank­s­
giving tribal dance done in the area
of Groton, Connecticut, an area the
Europeans wanted to expand into.
While this was going on, the mer­
cenaries of the English and Dutch
ordered them to stand in front of
their buildings. They were then
shot down, and the escapers were
rounded up and burned alive.

For the next 100 years, there
was a Thanksgiving Day ordained
by the Governor of Connecticut
and later presidents of the U.S. cel­
brating that day. They honored it
as a victory and thanked God that
the “battle” had been won. 150
years passed before the details be­
came politically incorrect, and they
were quietly stricken from the
books as a victory. But the popu­
lace still thought it was an official
holiday, and so stories were writ­
ten to hide its roots in history.

What upsets Native America is
that in the last decade November
was officially declared Native
American Month. It is sandwiched
between Columbus Day and Thank­s­
giving. Both are truly offi­
cial racist holidays, and the only
ones that are. Columbus was a bla­
tant slave trader who annihilated
an entire Native American tribe.
The country has no other holiday
that is so against one people.

The American Indian Move­
ment would like the Government
to heal the rift by officially recog­
nizing the atrocities of the past and
declaring a new Harvest Holiday, and
totally dropping Columbus
Day. Thanksgiving should be a
time to reflect on the harvest and
the goodness provided by Mother
Earth. It should bring families to­
gether in love and caring. It should
not have anything to do with the
murder of people. Only then can
Native America celebrate Native
American month and Thanksgiv­
ing as an honor and not a cruel
joke.

Chicano Art

By Frances Williams
Chronicle Staff Writer

In some ways this is an easy
question to answer, but the easy
answer does not tell the whole
story.

Of course, since the word
Chicano in our time means a
person of Mexican ancestry
who is an activist for social is­
ues, then Chicano does mean
Mexican. (With an attitude, my
white friends would say.)

So Chicano art is the same as
Mexican art. Well, not exactly.

The art that is Mexican art
has a history as long as the
people of Mexico, and is as rich
and colorful as the land and the
customs of the people. There
are no limits to the art of
Mexico, and Mexican artists
have created the same types of
art as the artists of every other
country. Landscapes, portraits,
wildlife, religious symbols and
interpretations, nudes, still
lifes—the entire gamut of sub­
jects for an artist has been done
by Mexican artists.

But the Chicano art movement
has added a new element to the
world of art. Although artists
throughout time have sometimes
added a political opinion to their
art, in the form of making the
subject seem better (or worse)
than reality, the Chicano art
movement has made the politi­
cal statement itself the subject of
their art. Chicano art was born
to directly address social/politi­
cal issues; it was not just to cre­
ate art but to present issues to
the people in the form of art.

So the answer to the question,
"Is Chicano Art the same as
Mexican Art?" would have to be
no. It is art in the Mexican style,
but it is directed towards a so­
cial issue. It adds to the glory
of Mexican art, but it stands on its
own. Mexican art, with an atti­

--- cont. from previous page ---

been an asset to this school. She
has worked at the Multicultural
Center for almost 5 years, and her
expertise will be missed, but we
will still be in contact.

Williams received her B.A. in
Communications, and her Masters
in Educational Counseling. She
resigned so she can utilize her
Masters, and is now counseling.
Since she is an Alumni of Cal
State, she will still be involved
with the Center. Though her pres­
ence will be missed, her contribu­
tions will never be forgotten.
Letter to the Chronicle:

"Fraudulent Educational Testing and Police Abuse at CSUSB"

By Geoffrey Hill

What if one day there were just one large corporation which owned all businesses, all government and all institutions, including education? And what if that corporation dictated all policy as to how things should be done? What to buy? How to behave? How to think? How to talk? And how to educate our children?

Sounds like a mad scenario out of Huxley or Orwell. But the reason novelists create such ugly dystopias in fiction is because they know the story is closer to reality than the majority realize.

Already, corporate capitalism has taken over most professions. When corporations begin strong-arming their way into our educational system, they seriously effect the future of our society, since the students essentially become their product, as well as their future consumers. I was recently confronted with a personal experience which brought all of this home to me, in a real-life drama on the Cal State San Bernardino campus.

Since my position as a psychotherapist has been effectively conquered and occupied by HMO and pharmaceutical corporations, some friends had recommended that I become a substitute teacher in the public schools, which, by law, requires one to take the corporately designed and owned CBEST test. My problem with taking what I consider a wholly fraudulent test, is that I know too much about it.

I have done a great deal of research into the validity of such tests. Most of these standardized, educational tests prove to be severely biased: culturally, racially, linguistically, and against persons with learning disabilities.

Furthermore, it has been proven that there is no correlation between such test scores and academic success or job performance. Additionally, many of the questions are extremely subjective, ambiguous and skewed. In effect, all such tests reward not legitimate, critical thought and creativity, but rather, conformity of thought, compromise of authentic questioning, and blind obedience to the established norm.

Knowing all of this about educational testing, I decided I would take the test anyway. On the appointed day of the test, I got about seven or eight questions into the reading comprehension section, when it became very obvious that this was, by far, the worst test I had ever encountered.

I decided I didn’t want to sit through four hours of such hypocritical abuse. So I just put the test in my backpack and walked out. I decided I was going to take it home, analyze it, do more research into it, and publicly expose it for the destructive and hypocritical tool of social manipulation that it is.

No sooner did I get into the hallway than a large, homely and toutish, 250-pound gestapo-type woman yelled at me at the top of her lungs, "You! Stop!" I turned around to hear her yell again, "Stop! I’m the hall monitor!"

It dawned on me that this is exactly the mentality that the test reinforces. It is precisely the type of teacher the test produces, and it is precisely this pathology that spreads to the rest of society, once we approve and tolerate such conformity-induced testing. It was as if I was in third grade all over again, with the sadistic bulldog teacher patrolling her hallway with the ferocity of a Nazi demon.

Contrary to her unlawful and offensive commands, I kept walking. She ran ahead of me at full speed and placed herself at the exit of the building with feet, fat arms stretched out at full length, blocking the doorway. She yelled at me, "You’re not going anywhere! I’m the hall monitor!"

I then pushed my way through the door and exited the building. As soon as I got outside, this ferocious bulldog physically attacked me. She wrapped both arms around me, almost dragging me down to the ground, twisting my lower back and arms in the process, and demanded that I give her back the test.

At that point, another woman, her corporate colleague, lunged with her full weight at my backpack, which was draped over my shoulder. It became readily obvious that these vicious corporate watchdogs would go to extremes to guard the secrecy of their greatly coveted, legislatively, wealth. With such desperate measures to secure the test, there must be something far more corrupt and darkly scandalous that they were trying to protect from public scrutiny.

"Which politicians were paid off to pass the law, enriching the corporation, forcing thousands of duped souls to take the test?"

I asked myself.

Rich men who own the corporations sit on one another's boards; they wine and dine the politicians who vote for their serious, financial, vested interests. And another corporate industry, the mainstream media, propagandizes the public to go along with this system that is designed, built and enforced by the rich elite few who own everything.

These thoughts were crossing my mind as I was being physically assaulted by the watchdogs of corporate interests, all in the name of education.

Now, I’m a very strong person, and I could have wrestled my backpack away from the henchwomen, had I wanted to. But I decided, with two screaming, desperate bawdy-winds tenaciously holding onto it for dear life, I wasn’t that serious about keeping their multi-million dollar test. I then offered to surrender the test, at which point they refused to take it back. Even gave my backpack to the ferocious woman and asked her to take the test out of the pack herself. Again, she refused to do so.

It was very obvious they had something far more venal in mind. They wanted me arrested, even after I had tried to give them back their test. They had someone call the campus police.

In spite of the fact that there was no indication of any potential violence or escape on my part, the very first thing that Officer Jimmy Brown did when he arrived was to immediately handcuff me and throw me in the back of his police car. I was never formally arrested, but I remained in the back of his car for at least a half hour while the test women were interviewed by him and a second officer, Thomas Scalsi.

I was then driven to the university police station, and was verbally abused and terrorized for at least another hour by both officers, but especially by Scalsi. Much of the time Brown was out of the room. During the entire time, I was still handcuffed. I was cursed at, insulted, called numerous derogatory names, accused of being "an anarchist," "a criminal," "a bullshitter," "a liar," "a fraud," "a cheat," and was told that my "entire life has been bogus and fraudulent."

My address book and other personal property were confiscated. Scalsi discovered a button on my backpack from the Arrowhead Anarchist Conference. I was then repeatedly badgered because of the button. I was accused of being an anarchist, as if that is a crime.

While I was sitting in a chair in the interrogation room, handcuffed and being threatened that I would not be leaving until I provided them with what they wanted, Scalsi stood over me and said: "I’ve been in this business for fifteen years, and I know a liar and a bullshitter when I see one." He also stated that he didn’t like anarchists, because they “don’t believe in government.”

The inquisitor badgered me with appallingly intrusive questions about my political beliefs and personal life, all of which had virtually nothing whatsoever to do with the CBEST test incident. For example, he asked me the exact whereabouts of my mother, the exact source of my income, and other questions such as: "What schools did you go to?" "Who was the last psychologist you saw?" "What medications are you on?" and "When was the last time you were arrested?"

Finally, I was released from the chamber of bondage. To have my address book confiscated from me because I am suspected of being an anarchist, a fraud and a bullshitter, is, in my opinion, a blatant denial of and a gross abuse of my civil rights.

The actions of the corporate watchdogs and of the sadistic police officers, are perfect examples of the type of pathological social products our society produces when we sit passively by and allow corporations to buy off government, and force the multitude to conform to a battery of allegedly scientific tests designed to weed out persons who have the brains and balls to authenticate themselves. The result of our having put up with such abuse leads us much closer to a future, corporate, sadistic, police state, at all levels of society. I loathe the potential destructive and dehumanizing future of a society which would tolerate such a massive, complicitous system of indignity.

I have dedicated my life to exposing, through research, writing, broadcasting, lecturing and art, the pernicious danger of such abuses. In the meantime, I feel it my duty to speak out against what I believe is false imprisonment, police abuse, egregious invasion of privacy, state terrorism, denial of civil rights and liberties, and illegal confiscation of personal property.

Opinions and editorials printed in the Chronicle do not necessarily reflect the opinions of the staff or those of the greater CSUSB community.
Coping With Stress

By Linda Sherman
Special to the Chronicle

Looming deadlines, a relationship crisis, a dead battery and the fuse gets shorter and shorter. We think of stress as something which is coming from out there, and the best response we can make is to grit our teeth and carry on. The word "stress," though, actually refers to our response, in mind body, and spirit to what is buffeting us—and there's a lot we can do about that!

Exhaustion, depression, agitation, disturbed sleep, the clutch in the throat, the stomach ache or headache—this level is often the one which comes to our attention first. These are signs of a process that has already begun happening. The body has reacted to an alarm by becoming aroused, releasing hormones in an effort to cope with the threat. But the threat continues and so do the accompanying emotions of fear, anger and frustration. The body finally becomes exhausted by its constant state of arousal, and the immune systems begin to be less effective. The ability to function drops (the overdue paper won't come together), and on top of it we are developing a worried cold. How can we interrupt this cycle?

WHAT ARE THE CAUSES?
There are actually four components of stress:

1. the precipitating event or condition,
2. the set of assumptions and the belief systems we carry, which determine
3. our perceptions of the event, or situation, and
4. our responses, both physiological and behavioral.

The good news is that each of these can be worked with to diminish stress. The event or situation There may be lifestyle changes we can institute, such as changing sleep schedules, becoming better at setting limits and saying "No," and delegating some responsibilities. The first question to ask is, "Does this stressor have to be in my life?"

Remember that stress stimuli do not have to be negative; in fact, it's even more difficult to pull back when too many positive events are involved. Also, the stressor does not have to be large.

The most destructive situation is an accumulation of stressors, none of which is debilitating. We continue functioning for extended periods just at the point of overload. This chronic state of arousal is ultimately hardest on the body.

Our assumptions or beliefs. Perhaps we are still in a stressful relationship because we lack self-confidence or think we can't bear to be alone or that nothing better will come along. Internal messages play in our heads without our even noticing; consciously listening begins to reveal cognitive habits like overgeneralization ("I screwed up; that figures, I always screw up"), polarization ("I have to get an A or I'm a total failure"); or labeling ("I'm stupid" instead of "I didn't come up with the answer"). We operate under assumptions: "I have to have love and approval from everyone all the time!", "My worth depends on how much I achieve or produce." The real killer of course, is "I must be perfect." By being ruthlessly honest with ourselves, and by deliberately becoming aware of self-talk, we can begin to hear the messages and internally dispute them.

Our perceptions or interpretations of the event—the meaning we give to it. One person may be terrified by a plunge into deep water, another relaxed and soothed. A remark may be dismissed or taken personally. These interpretations are filtered through beliefs, often based on past experiences. Again, it takes focused awareness to gain some perspective. Setting priorities helps; so does asking a question like "What attitude would I take toward this situation if I knew I was going to die in six months?"

COPING WITH STRESS
The physiological and behavioral response. Sometimes the stressor must simply be dealt with: despite our perfectionistic tendencies, the paper must be written. The challenge then is to stay as healthy as possible. Time-honored ways to cope fall into these categories:

1. Relax. Engage in activities that allow physical and psychological renewal, such as meditation, imagery and deep breathing.
2. Exercise. Even physical tasks, like scrubbing a floor, can be refreshing.
3. Be more assertive. Set limits, suspend low priority activities, choose the battles.
4. Add structure through time management. This is especially important with extended stress.
5. Clear a space. Clean off the desktop; practice creating a quiet internal space with music, imagery, tapes.
6. Pay attention to sensory nurturing: warmth, food, touch.
7. Find someone with whom to express emotions—laughter as well as anger or sorrow.
8. Avoid self-medicating with caffeine, alcohol, even food.

The major focus is on balancing social, physical, mental, and spiritual needs so that coping is not simply maintaining the present level of stress but leads instead to a real change in the quality of our lives.

For further information regarding depression or to talk with a counselor contact the CSUSB Psychological Counseling Center at the Health Center (HC 136) or call: (909) 880-5040
<table>
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<tr>
<td>Thursday, 20</td>
<td>STRESS HEALTH COUNSELING</td>
<td>10 A.M. - 12 NOON</td>
<td>Women's Resource &amp; Adult Re-Entry Center</td>
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<td>A RELATIONAL MODEL OF WOMEN'S DEVELOPMENT</td>
<td>12 NOON - 1 P.M.</td>
<td>Women's Resource &amp; Adult Re-Entry Center</td>
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<td>GRADUATE SCHOOL WORKSHOP</td>
<td>1 - 3 P.M.</td>
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<td></td>
<td>CIRCLE K INTERNATIONAL CLUB</td>
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<td>FRIENDS OF BILL W.</td>
<td>2 - 3 P.M.</td>
<td>Women's Resource &amp; Adult Re-Entry Center</td>
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<td></td>
<td>&quot;BENEFITS OF WORKING AT A NON-PROFIT AGENCY WITH&quot; Linde Dunn</td>
<td>2 - 4 P.M.</td>
<td>Student Union Events Center C</td>
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<td>MEN'S ISSUES SUPPORT GROUP</td>
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<td></td>
<td>REHAB MEETING</td>
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<td>LOAN COUNSELING WORKSHOP</td>
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<td>POETRY IN MOTION</td>
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<td>Monday, 24</td>
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<td>10 A.M. - 2 P.M.</td>
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<td>FRIENDS OF BILL W. GROUP</td>
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<td>CHRISTIAN WOMEN'S DISCIPLING GROUP</td>
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<td></td>
<td>MAYOR BROWN ON EDUCATIONAL PROGRAMS</td>
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<td>SINGLE AGAIN GROUP</td>
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<td>MONDAY NIGHT FOOTBALL</td>
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<td>Student Union Board Room</td>
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<td>Tuesday, 25</td>
<td>CULTURAL ILLUSIONS ART SHOW</td>
<td>11 - 4 P.M.</td>
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<td></td>
<td>&quot;ACCESS SACRAMENTO&quot;</td>
<td>12 NOON - 2 P.M.</td>
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<tr>
<td></td>
<td>GRADUATE SCHOOL WORKSHOP</td>
<td>11 A.M. - 1:30 P.M.</td>
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<td></td>
<td>A.L.P.A.C.A. ANTHROPOLOGY CLUB</td>
<td>2 - 3:30 P.M.</td>
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<td></td>
<td>&quot;IN A DIFFERENT VOICE: AN INTRODUCTION TO THE WORK OF CAROL GILLIGAN&quot;</td>
<td>4 - 6 P.M.</td>
<td>Women's Resource &amp; Adult Re-Entry Center</td>
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<td>LATINA WOMEN'S EMPOWERMENT GROUP</td>
<td>4 - 5:30 P.M.</td>
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<td></td>
<td>CSUSB WOMEN'S BASKETBALL</td>
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<td>Student Union Board Room</td>
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<td></td>
<td>LAW SOCIETY CLUB</td>
<td>5:30 - 7 P.M.</td>
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<td>POETRY IN MOTION</td>
<td>7 - 8 P.M.</td>
<td>Women's Resource &amp; Adult Re-Entry Center</td>
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<td></td>
<td>CSUSB MEN'S BASKETBALL</td>
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<td>Student Union Board Room</td>
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<td>Wednesday, 26</td>
<td>SUPR NOON TIME BAND</td>
<td>12 NOON - 1:30 P.M.</td>
<td>Student Union Courtyard</td>
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<td>MECHA CLUB</td>
<td>12 NOON - 1:30 P.M.</td>
<td>Student Union Board Room</td>
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<td>WOMEN AND RELATIONSHIPS</td>
<td>1 - 3:30 P.M.</td>
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<td>MEN'S WORKSHOP</td>
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<td>WOMEN'S EMPOWERMENT GROUP</td>
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<td>THE GAY, LESBIAN, &amp; BISEXUAL CLUB</td>
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<tr>
<td>Thursday, 27</td>
<td>CAMPUS CLOSED</td>
<td>9 A.M. - 12 NOON</td>
<td>Student Union Events Center C &amp; C</td>
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<td>FRANK 'N BILL W. GROUP</td>
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<td>Student Union Board Room</td>
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<td></td>
<td>CHRISTIAN WOMEN'S DISCIPLING GROUP</td>
<td>1 P.M. - 2 P.M.</td>
<td>Student Union Board Room</td>
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<td></td>
<td>SINGLE AGAIN GROUP</td>
<td>2 - 3:15 P.M.</td>
<td>Women's Resource &amp; Adult Re-Entry Center</td>
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<td>FRIENDS OF BILL W. GROUP</td>
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<td>THE GAY, LESBIAN, &amp; BISEXUAL CLUB</td>
<td>7 - 8 P.M.</td>
<td>Student Union Board Room</td>
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<td></td>
<td>CANDY CANE COFFEE HOUSE</td>
<td>7:30 - 9:30 P.M.</td>
<td>Student Union Board Room</td>
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</table>

To place an event in the Calendar, please send information to the Student Union, OJO Graphic Arts, or call x. 5942
Crossword

November 20, 1997

The Coyote Chronicle

Page 13

Across

1. Harrison Ford's two 
   trilogies: Star Wars and ___

3. Disney's new version of 
   "Flubber" stars _____.

5. Seven Years in ___.

7. Vanessa Williams family movie.

9. "Show Me the ____!"

11. Detective in "Kiss the Girls" and "Seven".

13. Jim Carrey pet detective

15. Director of "Scream" and "I Know What You Did Last Summer."

17. Mel wore a kilt in _____.


21. Tornado film

23. Movie quote "They call it a royal with chese."

25. Star Wars Trilogy director.

27. James Bond in "Golden Eye"

29. AKA "The Jackal"

Down

2. Fox's latest animated release.

4. Instrument used in "Shine".

5. "Face Off" between Cage and ___.

6. Don't feed these creatures after midnight.

8. AKA "GI Jane"

9. "The Full ____".

10. "Devil's Advocate" star

12. Stars Johnny Depp and Al Pacino

14. Director of "Natural Born Killers"

16. Movie and President's airplane 
   "Air Force _____."

18. "The Legends of the _____."


20. Movie starring Harrison Ford 
    and Tommy Lee Jones.

21. Billy Bob ______

22. Latest DiCaprio movie 
    Not "Volcano", but "Dante's _____."

23. Kaleidoscope dew 
    caresses the early morn, 
    forgiven sunlight.

—Stephanie Giltner

Two

Stars begin to fall 
hold your breath and make a wish 
now you're not alone.

—Patricia Kosar

Haiku Haven

Kaleidoscope dew 
caresses the early morn, 
forgiven sunlight.

—Stephanie Giltner

Two

Stars begin to fall 
hold your breath and make a wish 
now you're not alone.

—Patricia Kosar

Sea of triangles 
devour sailors abroad, 
feeding its belly.

—Stephanie Giltner

Student Union Corner

The Multicultural Center wishes to thank 
Kimberly Williams for her years of service and 
dedication to the students of CSUSB. Although we are 
sorry to see her go, we are sure that she will do as well in her new 
endeavors.

The Adult Re-Entry Center is looking for your ideas 
and participation in activities for the Winter quarter. 
The Adult Re-Entry Center has been re-chartered and 
would like to thank Kathleen Richards for taking care 
of the paper work.

On Tuesday, November 25, 1997 from 4 - 5 p.m., the Women's 
Resource and Adult Re-Entry Center presents "In a Different Voice: 
An Introduction to the Work of Carol Gilligan." This 
event will be held in the Women's Resource and Adult Re- 
Entry Center.

Join the Student Union Program 
Board for Monday Night Football 
every Monday from 6 to 10 p.m. in the 
Student Union Pub.
Date Rape Tension Tamer

Are you a person who stresses during finals? If you are, then the Women’s Resource Center along with Phi Kappa Alpha, an interest group, will host a rape prevention seminar on Sunday, November 23, from 5 to 7 p.m. in Events Center C. The seminar is titled “Men and Women Against Date Rape and Sexual Harassment.” The intention of the seminar is to inform those who attend on how frequently date rape occurs and how to prevent yourself and those you love from date rape. Phi Kappa Alpha and the Women’s Resource Center encourages all groups on campus to attend the event.

—LaKeisha Johnson

Sugar Highs and Lows

The Student Health Center and CSUSB nursing students will host a blood glucose and diabetes screening. The event is put on in hopes of educating people on the dangers of diabetes and blood glucose. The event will teach those that are at risk to learn how to successfully avoid the hazards of the two illnesses. All majors are invited to attend at 10-2 p.m. Monday, November 24 in the Student Health Center. For more information feel free to contact Dr. Dorothy Chen at 880-5340.

—LaKeisha Johnson

Grandmother’s Council

On November 24, 1997 from 6-9 p.m., CSUSB invites women and men to celebrate women everywhere. The second annual Grandmother’s Council will provide an evening of praise and uplifting to women of all races and ages. The Council’s theme “In honoring the Women of Resistance,” is intended to provide an evening that will allow women to bond as one. The key speakers are Southern California Director of AIM, Fern Mathis, and State Assembly Man, Joe Baca. The event is in Events Center A.

—LaKeisha Johnson
Fine Feathered Dining

By Mary Ellen Abilez
Managing Editor

Ask me how fresh the chicken is at the Home National Buffet. It's so fresh, I had to pluck a feather from my mouth. No kidding, it really happened. It was really tiny, and the Teriyaki chicken was so great it didn't bother me. I remember thinking, "gee, it must have been plucked by hand in the kitchen." I was halfway tempted to look in the back of the restaurant for signs of tomorrow's dishes, but I refrained.

This is really a Chinese Buffet, but for those of you who eat out with other people who would rather have American, this one's for you. The fruits and vegetables are not presented well for salad lovers', however; but the soups are good. The Mexican foods looked pale and uninteresting; I wouldn't even put it on my plate. I have a great recipe for a enchilada casserole that's fool proof and everybody loves—perhaps I'll offer it along with this issue of the Chronicle.

Prices are low and include drinks and dessert. The place is clean and pleasant enough. It is the site of a former Sizzler restaurant and easy to find—just follow Waterman Avenue to Highland, and turn left. American dishes are varied, but the chicken selections are the best.

Really.

Mary Ellen's Mexi-Dish

Alternative layers of the following in the largest crockpot you could find: cooked ground beef, cheese, olives, diced chile orgetas, enchilada sauce, 3 dozen cut-up corn tortillas, and picante sauce. Optional: canned corn. Cooks in no time, and tastes great for hours. Serves 10-20 people.

Amy Crock-Pot Enchilada Casserole

Served well for salad lover's, plate. I have a great recipe for eat out with other people who wouldn't even put it on my plate. It's fine, it didn't bother me. I was half tempted to look in the back of the restaurant for signs of tomorrow's dishes, but I refrained.

President and background traits clearly distinguish them from the rest of the cast. The costumes and scenery were excellent," said Liz Langsjoen, an attendee of the opening night performance on November 14.

Subsequent performances of Our Country's Good will be on November 20, 21, 22 and 23. Call 880-5884 for more information regarding this and other shows here at Cal State San Bernardino.

Imagining the Past

By Desiree Langer
Chronicle Staff Writer

A glimpse of a past world was given to the audience through Timberlake Wertenbaker's "Our Country's Good," on opening night at the Cal State University San Bernardino theater.

Picking pockets, thieves and burglars revealed to their audience that reform is matched with kindness and understanding. The pangs of reality were too harsh for the convicts in Wertenbaker's play to overcome. Wrongdoing was fostered and hatred was created towards those that punished. The play, The Recruiting Officer,

Novas (Penguin Books, 1994). Anyone who reads this book will appreciate the direct, easy-to-read style in which Novas presents standard test material.

Each chapter opens with a list of questions such as, "Who are the newest Latino immigrants? What happened in the Dominican Republic? What's the deal with the Panama Canal?" The question-and-answer format, divided into chapters by the country, allows the time-conscious student to open the book and find the tidbit of information.

Novas, the daughter of Cuban immigrants, writes with thorough, visual descriptions. After reading the section labeled "Cultural Heritage: A Moveable Fiesta," I can imagine Montezuma's tables filled with tamales, chilies, tortillas, turkey—and chihuahuas. I can hear the bongos and maracas being played at a Puerto Rican party, which is a salsa music party. Though the book does cover important, but boring, information such as historical dates, Novas manages to combine it with fascinating details. It is amazing that in just 330 pages, Novas can cover virtually the entire Latino history and still mention more recent information such as politics, literature, athletics, and entertainment.

The book is a goldmine of concise historical information, yet it could stand to undergo another revision, because the section on famous Latinos is outdated. The book fails to mention younger, newer Latino stars such as Selena, Enrique Inglesias, or Ricky Martin. Any book that lists Charo and the female soldier is just as capable of being a warrior as any male counterpart.

The set of the alien planet was filmed in Wyoming. With the largest display of pyrotechnical special effects to create an explosion that kills numerous alien insects, the audience to intergalactic warfare against powerful alien creatures in an effort to save mankind from annihilation.

The film also contained the largest foam set ever assembled. This set was transformed into a cave of terror for the cast and crew. The alien planet was filmed in Wyoming. With the largest display of pyrotechnical special effects to create an explosion that kills numerous alien insects, the audience to intergalactic warfare against powerful alien creatures in an effort to save mankind from annihilation.

The movie captures the change from modern day pessimism to futuristic fascism.

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Tittling Tid-bits
By Corina Borsuk
Chronicle Staff Writer

This issue, Anime Relief Offices! is proud to present updates and information on a variety of anime and manga titles. These are just brief bullet points of some of the anime coming your way. Listed at the end of each item is a source for more detailed information. Don’t forget you can always check the home pages of anime retailers for updates too.

- Ranma 1/2 - Sarah Strange, boy-type Ranma’s voice actress in the English dub, is leaving Ranma after the end of the Hard Battle series. Viz Video is looking for a replacement for future installments of Ranma. “Animerica,” Vol. 5, No. 6
- Devil Hunter Yohko - Dubbed versions of episodes two, three and the Yohko 4-Ever music video collection are available on a single video tape from A.D. Vision. A dubbed version of episode five should also be available soon.
- Galaxy Express 999 - Leiji Matsumoto’s manga story is being translated into English for the first time. It is being chronicled in current issues of “Animerica, Anime and Manga Monthly.”
- Ghost in the Shell - Manga Video is releasing Ghost in the Shell on DVD. The suggested price is $29.95. It is scheduled to hit the street Dec. 16. Check out the site at http://www.manga.com
- Inu-Yasha - The new manga series by Ranma creator Rumiko Takahashi is being released almost simultaneously in Japan and America. Check your local comic book store for the feudal fairy tale. “Animerica,” Vol. 5, No. 5
- Neon Genesis Evangelion - The newest manga story arc is being released by Dark Horse Comics. “Goldie vs. Misty” has Rally and Misty trying to outrun the mob with hitwoman Goldie in hot pursuit. The first issue of this seven issue limited series is on shelves now.

Send comments, criticisms and suggestions to Anime Relief Offices! in care of the Chronicle, UH 037 or email me at cboruk@acme.csusb.edu

Coyote Anime ~ 1997 Update

The date has been set and the arrangements made. Coyote Anime will premiere Tuesday, Dec. 2 in Student Events Center C. The first showing should start around 1 p.m. Look for fliers and information posted around campus.

The event is being sponsored by the Multi-Cultural Center and Anime Relief Offices! with the kind support of the Chronicle.

Astrological Forecast

Taurus April 20 - May 20
Try smiling more to lift your spirits, and those of the people around you.

Gemini May 21 - June 21
Your creative side is unleashed, explore the possibilities.

Cancer June 22 - July 22
The tendency to procrastinate grabs you, stay focused and stick to deadlines.

Leo July 23 - August 22
Don’t underestimate yourself. You can accomplish that challenging task.

Virgo August 23 - September 22
Get a jump on your holiday shopping, since a surprise will occupy a lot of your time through the New Year.

Libra September 23 - October 23
Tighten your budget, and watch your finances. A new investment opportunity will arise.

Scorpio October 24 - November 21
You give the best in all you do and the rewards are monumental. Your professional life is highlighted.

Sagittarius November 22 - December 21
Your dreams offer insight into your life, pay attention to them; they will solve a problem.

Capricorn December 22 - January 19
Family and friends are acting in your best interest, don’t disregard their advice.

Aquarius January 20 - February 18
Take some time to pamper yourself, splurge in a spa or catnap in the afternoon.

Pisces February 19 - March 20
A friendly and compassionate nature sees you through a difficult situation.

Aries March 21 - April 19
Keep a positive outlook and your dream job will become a reality.

• For Entertainment Purposes Only •
Fashion Doctor:
Medicine for Men's Style
By LaKeisha Johnson
Chronicle Staff Writer

Whether it’s the distinguished Denzel Washington or the sporty Michael Jordan, sex appeal, intrigue, and personality are things that characterize two of the hottest men in America. How do these men and many other modern men maintain those exceptional qualities? Believe it or not, it’s through fashion and style. Style is an individual’s own personal choice on the way they choose to wear their fashion and the way they present themselves.

Although, fashion remains a taboo subject amongst men, it is of equal importance for men as it is for women. In college, men are perceived by the way they dress and act. A man who dresses with style and composure, versus a man wearing ragged pants and a tee-shirt, may progress socially at a faster rate, because he is taken seriously. The fashion doctor is here to help men who are clueless on style to fit in at social events and on campus.

Fashion Hits
1. Wool sweater, with white tee-shirt underneath
2. Solid color slacks (Dockers, or any other popular brand)
3. Solid dress shirt with jacket
4. Solid button-up top, with blue jeans or slacks
5. Black or brown leather jacket
6. Gold watches are a plus
7. Single-breasted pant suits
8. Polo tees are a plus for casual wear

Fashion Misses
1. Dress shoes with jeans
2. Jeans of any color except blue
3. Multi-color balloon pants
4. Multi-color silk tops
5. Extremely tight tee shirts with extremely tight jeans and loafers
6. Print silk tops with matching print pants
7. Initial belts
8. Acid washed jeans
9. Two or more gold chains
10. Big hoop earrings (If an earring is needed wear a tiny gold stud!)

Don’t Panic: The Procrastinator’s Guide to Writing an Effective Term Paper
(You Know Who You Are) by Steven Posusta (Bandanna Books, 1996) 62 pp. $9.95
By Cheri Dixon
Executive Editor

“Most students write just like I do—at the last minute,” says Steven Posusta in the first chapter of his book entitled Don’t Panic: The Procrastinator’s Guide to Writing an Effective Term Paper (Bandanna Books, 1996). The short length of this book, only 62 pages, makes it possible to quickly read and obtain specialized help even in the most desperate of circumstances, like the night before that big term paper is due. “Don’t Panic...quickly explains how to:
• find the hidden thesis in that confusing assignment
• create (and prove) an Instant Thesis
• "freewrite" the body of your paper

Sprayed
— cont. from page 3 —
the fire department’s arrival. Paramedics then spent over 30 minutes flushing Gomes’ eyes with saline solution.

Gomes was then transported to the university police detention area, where he was interviewed by Scalisi. Then Gomes was cited for resisting arrest and reckless driving and bike riding and released. Art Department Chair Roger Lintault, summoned out of his office at the time of the arrest, commented that parking frustrations have been building in the department for some time. Art students and faculty have a great deal of art materials to load and unload before and after class. The lack of temporary parking spaces around the new Visual Arts building is a constant inconvenience.

"This is mainly why it started, over that parking thing," admitted Gomes. "That’s why they [Parking Services] called the cops, because I peeled out."

"I can understand the officers’ concern about the peeling-out bit," said Gomes. But about the arrest, "I’m still really angry."
Culture
-- cont. from page 15 --
but excludes some of these newer stars, needs to be sent back for a major update in this area. It is important for people who want to learn more about Latino culture to know what is currently popular with the Latino public.
Overall, I would recommend this book to any student who is studying this topic for a Spanish or a humanities class. Students at the Foreign Language Advising and Guidance for Students (FLAGS) have recommended Everything You Need to Know About Latino History to students who plan to take the junior assessment test in Spanish 302. It is well worth the investment of $12.95. If you believe that tacos are the most popular dish in Mexico or that soccer is the most popular sport in Latin America, I suggest that you run to the Coyote Bookstore to purchase this book before the next test.

Veteran's
-- cont. from page 4 --
However, it goes beyond the people who've fought in wars to the first minuteman who fought for freedom against the English. This day is to honor those who gave their lives to protect our freedom. This Veterans Day marks the fiftieth anniversary of the end of WWII. Approximately forty million Americans have served during wartime and more than a million of those people gave their lives. Some staggering numbers come from our losses in Vietnam and the Korean wars. Approximately fifty-four thousand Americans gave their lives during the Korean War and fifty-eight thousand died in Vietnam. One man, who served in Vietnam as a helicopter gunner and technician, has just recently been able to speak about the war. He like many other veterans still feels the effects of war some twenty years after the fact. Need more be said about the importance of having a day such as this to honor those people who've sacrificed for their country? Next time you see the American flag, take time out to remember those who've given their lives to protect your freedom. Veterans Day has come and gone, but next Veterans Day you can keep this in mind.

Slang
-- cont. from page 8 --
Slang came from the Palm Springs area high schools. Many people use the term "niggah" to describe the black clothing worn. Phrases to remember: "You know what it means to play it" - meaning that you're willing to support it at any expense, including death. Also known as being "down.
"Off the hook" meaning that something will be really great. "Keeping it real" is telling the whole truth about the situation, or disclosing something important. "Spit game", "spit Alkatraz", and "scam" all mean to hit on someone successfully. "Rush that" means to go quickly and talk to that person. It's usually in reference to someone of the opposite sex.
Slang is here to stay. It's gone through many evolutions, from the term "tripping out" to the new term "mac daddy." Each phrase has its own connotation that's significant to the intended audience. If you ever have the opportunity to sit down and speak to someone about what form of slang they use, I highly encourage it. You'll find that these students speak their own language.

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**Technology**

**Jack Brown, Late Night Secret**

By Sherwin Smith
Chronicle Staff Writer

The General Purpose Computer Lab located in Jack Brown Hall is one of several labs available to all Cal State students. The lab, located in JB-123, supports mostly business and finance related software and is focused on providing Business & Public Administration majors as well as other students access to similar software and interfaces taught in the various BPA classes.

The Jack Brown labs feature access to specialized business-related software including "Kleinrock's Tax Library" and "AMSPEC," which provides financial, tax, and court-related information of many American and International companies. Users who prefer to use Microsoft® applications can find a wide selection of products to choose from in the Jack Brown Labs. MS Office95 and MS Office97 are available partly through donations and grants from Microsoft® and other software publishers. Additional non-Microsoft software applications are also available, including WordPerfect 6.1, Quattro Pro, and SPSS (statistical software).

Internet access is also available including Netscape, TELNET access, and Eudora. These labs are also one of the few locations on campus that provide "chat" software such as "mIRC" and HTML-editing programs for those who wish to create web-pages.

The labs currently have 44 486 IBM-clone machines running Windows 95 and Windows 3.11. One of the best features of the JB Labs, however, is that they are one of the few computer labs on the CSUSB campus that provide FREE PRINTING via 12 dot-matrix Printers. According to Ian Jacobs, the individual essentially responsible for keeping the labs running, laser printing, Pentium machines, and perhaps even a few Macintosh computers can be expected in the near future.

One of the major benefits of these labs compared to others on campus is that there are no passwords, login names, or accounts required to access these computers, although certain classes require accounts for additional disk access and access to certain programs.

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