The Inland Empire News in Black and White

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Coping With Racial Insults

Volumen 19 Número 49

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Thursday, December 12, 1991

Discrimination In The Workplace

by Melvin Sop Part IV

More from last week on the meeting with the Inland Empire Peace Officers Association.

Deputy offered a promo tion discrimination settlement with white counterparts. "I talk or think black," he was even told, "if you have a white boy you'd go for a promotion and your friends must envy you because you're the first to have this opportunity; they don't have credits to your race." The officer stated he felt he was being mistreated. "Well to me it's a slap in the face, but sometimes..."

Ruben Gonzales Appointed Affirmative Action Officer

Allen Gonzales of Ontario has been appointed Affirmative Action Officer by San Bernardino County government. It was announced today by James J. Hawke, Assistant Administrative Officer for Human Resources. The announcement was followed by a regular meeting of the Board of Supervisors. Gonzales assumed his duties on October 1st. Mr. Gonzales was formerly Affirmative Action Officer for the Community College District in San Bernardino and Equal Employment Opportunity Manager for the Southern California Rapid Transit District in Los Angeles. Gonzales, 48, is a Colton native and a lifelong resident of the Inland Empire.

Landmark Employment Discrimination Case L.A.P.D.

Civil rights authorities have won a landmark employment discrimination settlement for African American, Latino and Asian American police officers of the troubled Los Angeles Police Department (L.A.P.D.). The officers of the troubled Los Angeles Police Department with systemic discrimination against minority officers had filed charges of promotion and paygrade advancements. As a result of a settlement negotiated and approved by the Los Angeles City Council, the state will recover a part of the qualified African American, Latino and Asian American police officers will be promoted and given appropriate paygrades on various ranks of detective, sergeant and lieutenant. In addition, the settlement will require L.A.P.D. to begin using objective and meritbased promotion standards.

"Promoting higher numbers of qualified minority officers into L.A.P.D.'s upper ranks is an important way for the Department to address the Christopher Commission's finding that there is a "bitterness toward minority citizen..." This settlement will move the Rice of the of the NAACP legal defense fund to promote African American police officers in the upper ranks of the L.A.P.D. The settlement included a mandatory "affirmative action plan" for African American police officers in the Department. The plan will ensure that qualified minority officers are promoted and given appropriate paygrades on various ranks of detective, sergeant and lieutenant.

As a result of the settlement, annual goals and timetables will be established for the advancement of African American, Latino and Asian American police officers, paygrade advancements, and paygrade assignments. As a result of the settlement, annual goals and timetables will be established for the advancement of African American, Latino and Asian American police officers, paygrade advancements, and paygrade assignments. As a result of the settlement, annual goals and timetables will be established for the advancement of African American, Latino and Asian American police officers, paygrade advancements, and paygrade assignments. As a result of the settlement, annual goals and timetables will be established for the advancement of African American, Latino and Asian American police officers, paygrade advancements, and paygrade assignments.

The settlement also calls for goals and timetables for paygrade advancements as well as assignments to coveted positions. For example, 125 minorities in the L.A.P.D. are bound to make the Department more responsive to the needs of the public and less prone to the "tooch white" mindset that has caused so many problems between the police and the public."

Anthony Kathryn Ishamara, a member of the African American Police Officers in this action, stated that "This is a major victory. It means that L.A.P.D. must move closer to meeting the needs of African American police officers. It will prevent the continued pattern of promoting an unfriendly passing over minority officers who fully qualify for promotion."

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Ways To Help You Body Fight AIDS
by Tony Brown

My earlier column, Magic, See Dr. Magic, published on 12/26/91, included Dr. Peter Duesberg’s warning that “all growing cells are killed” by AZT, the so-called “treatment” for AIDS. A leading virologist, Dr. Duesberg also maintains that there is no evidence that HIV, the so-called AIDS virus causes the disease called AIDS.

Chemotherapy targets growing cells. AZT was developed to kill cancer cells, but not normal cells growing at the same time will also be killed, Dr. Duesberg explained.

That’s why John Lauritsen, author of “Poison By Prescription” (26 St. Mark’s Place, NY, 10003), says that most of the AIDS fatalities are due to chemotherapy. AZT is a toxic chemotherapy that is caused by medical treatments rather than by AIDS itself. After receiving chemotherapy, AZT, Magic Johnson was reported to be too ill to travel.

Dr. Lauritsen also notes that Dr. Duesberg or Lauritsen’s reaction to AZT will not be fit into the reaction pattern of Dr. Robert Root-Bernstein, professor of physiology at Michigan State University, who is writing a book called “Rethinking AIDS.”

He says that Magic should know that “HIV may be a necessary ingredient for AIDS, but it is not sufficient to cause AIDS by itself. This is a scientific fact.”

If Magic Johnson’s immune system has not declared civil war on itself (autoimmunity) and is still able to defend the body against infections, then, with care, he may never lose his immunity and may stay healthy. Duesberg believes.

“Long-term survivors” of AIDS, Lauritsen writes, “almost without exception, have avoided toxic chemotherapy (like AZT) and have noted for strengthening their bodies through a healthy lifestyle: exercise, good nutrition, rest, and avoiding cigarettes, alcohol and especially drugs.

Everyone seems to agree that a healthy immune system is the key to keeping your health or reclaiming your health if you lose it. Dr. Root-Bernstein’s advice to Magic Johnson and others with HIV infections who have not developed AIDS is to get vaccinated against any infectious diseases — such as pneumonia, still healthy.

If you have a herpes virus, get treatment (Foscarnet or Ganciclovir). Herpes viruses can trigger HIV, so Dr. Root-Bernstein adds.

Get off and stay off of any drug, intravenous use or “recreational use.” Drugs themselves can trigger HIV infection,” Dr. Root-Bernstein writes.

To vomit. But, if a second later they told you they were just joking, you would no longer feel sick. You would feel foolish.

If someone behind you shouted, “Get off and stay off of any drug, intravenous use or “recreational use.” Drugs themselves can trigger HIV infection,” Dr. Root-Bernstein writes.

The idea that Sharone Lang, students and teachers from Hillside High School had is one that should be duplicated and become a national celebration for all African Americans. It is imperative that we recognize, those who were the bridge that brought us over our great, great grandmothers, grandfathers, uncles, and aunts and cousins.

They gave their precious lives. This is the least we could do to remember them on December 18, this year and every year to come.

Letters To The Editor

Due to an error, this letter was incorrectly run. We apologize for the mistake.

DEAR SIRS,

I am writing this letter to voice my CONCERNS and DISPLEASING with the number of African-American female grocery-checkers represented by employment at Rialto stores; Hughes Market, Lucky Market, Stater Brothers Market and Vons Market.

I suggest a survey be taken of how many African-Americans shop there compared to the other Rialto branches.

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DEAR SIR:

I must respond to a concerned reader who inquired whether I was equipped with “Made in U.S.A. military hardware.” History judges decisions.

Drawing from an era when the books of Proverbs and Psalms were popular reading aids in the public schools, this quote from Proverbs 10:2 (New International Version of the Bible) seems appropriate: “Lies on your tongue are as deadly as pomegranates; death is in your mouth. History has witnessed the listlessness of chemicals that were a world threat while the righteous, those living or sacrificed, legit the just rewards of heaven. If that’s fiction, then I am a bald headed eagle with a feathered tail.”

Joan Marie Pasky

DEAR BLACK VOICE

Your article of Oct. 3, 1991 on AIDS was a gross injustice to the AIDS community.

Tony Brown

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The Black Voice News

Thursday, December 12, 1991

Established in January of 1972

The Black Voice News is the most read African-American newspaper in California. The Black Voice News is available at 1525 E. 116th St., Los Angeles, California 90059. It is also available at 1115 W. 91st St., Los Angeles, California 90034.
Taking It To The Bank In Los Angeles USC

The Black Voice News Reaches over 35,000 readers every week.
Your business can reach them too, call Cheryl Brown at 889-0506 or 682-6070.

Kraft General Foods Win 91 Minority Vending Award

Kraft General Foods has been awarded the U.S. Department of Commerce’s Corporate Award for Excellence in Minority Enterprise Development for distinguished service and promotion of minority business.

The award was presented at the 9th annual Minority Enterprise Development (MED) Week convention in Washington, D.C. Kraft Week Award winners are selected annually by a blue-ribbon panel from the U.S. Small Business Administration (SBA) and the U.S. Department of Commerce’s Minority Business Development Agency (MBDA). Kraft General Foods was recognized for its outstanding and deep commitment toward minority business development and support of minority enterprises.

In support of MED Week, President Bush, proclaimed, “This week, we salute more than 1.5 million minority business owners across the U.S. for helping to build a stronger America.” Headquartered in Glenview, IL, Kraft General Foods is the multinational food business of Philip Morris Companies Inc.

Where You Come From Has A Lot To Do With Where You’re Going.
Carl Ware
Department President, Northwest-Atlanta Group, Coca-Cola International and Vice President, Coca-Cola Company

Carl Ware should have been going places a long time. His career “really started at Clark College” he says. “These years were instrumental in my education, self-confidence and my focus on advancement.”

That focus has certainly paid off. Today, Ware is Deputy President of the Northwest-European Group, responsible for international business operations in this region. In addition, he continues to be the Vice President of The Coca-Cola Company.

Carl used to think he should cut down. He says, among other things, the 19th Chairman of the United Way Campaign of Metropolitan Atlanta, and continues to serve as Chairman of the Board of Clark Atlanta University.

Mr. Ware long list of accomplishments include Coca Cola to say one thing...

Thank You,
Clark Atlanta University
Brown's Books Celebrates 1st Year Anniversary

The bookstore located at 1303 West Baseline was started by Paulette Brown a graduate student in English at the University of California, Riverside. “Brown and she had heard her mother talk about owning a bookstore for many years, but it wasn't until an event held a Cal State University in San Bernadino that she realized the need.

A bookstore came in from Los Angeles and she and other Blacks quickly cleaned the supply out. She saw a void and filled it. She began to study and see where books on Afrocentric literature were located. She became one of about five bookstores of that kind in Southern California, and the first in the Inland Empire. No longer did residents have to travel to Los Angeles to buy their books. Brown's Books has in stock many top selling titles and in just a couple of days those not in stock can be ordered.

Recently Brown has ordered and stocked many children's books. Her turn over is so great she has to reorder often.

A few of her titles in stock ready to purchase are: Alice Walker's The Temple of My Father, Bill Cosby's Love and Marriage, The Blacker the Berry, Wallace Thurman, Malcolm Speaks, and The Truth About the Big Lie, Dwight Pridgett, Dorothy Tannery, Beyond All This and Many Many stories and a Booksigning for Dr. Angeles, "I feel our membership is the foremost expert on Slavery.

O f fers for 1991-92 have been excelled for the Black Public Relations Society of Southern California, the only organization on the West coast with primary goal is to meet the professional needs of Black public relations practitioners, it was announced by new BPRS president, Kim L. Hunter. According to Hunter, president, LAGRANT COMMUNICATIONS in Los Angeles. "I feel our membership has elected officials with fresh energy. With our planned agenda, we will have a positive impact on African-Americans involved in public relations."

In addition to Hunter, other officers for 1991-92 are: Tori L. O’Neal, Vice President; Assistant Area Development Director, United Negro College Fund Martha Smith, Treasurer; Publicist, Warner Bros. Television Gwenidyll E. Fisher, BPRS Recording Secretary; Senior Employment Communications Representative, Northrop Debbie A. Johnson, Corresponding Secretary; Senior Account Executive, Tobin & Associates O. Oliver Goold, Parliamentarian Public Information Officer 1 for Twiggier Airmen, Inc.

BPRS (pronounced "beepers"), a non-profit, organization, was founded in 1983 which recognized the need for Black public relations professionals to come together to share resources and offer mutual support. Among the organization's activities is an Annual Luncheon where young people are given scholarships, and public relations professionals are recognized; professional development sessions for members and non-member alike, networking opportunities and mentorship.

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(714) 684-9759

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Rev. Burton visits bookstore, selected speeches: Up From Slavery, Booker T. Washington's autobiography, sons Morrison's, Sue, Jack McClanahan's God I Listened, The Hare Plan, Bringing The Black Boy To Manhood, The Collected Poems of Blakney, The Truth About the Big Lie, Dwight Pridgett, Dorothy Tannery, Beyond All This and Many Many stories and a Booksigning for Dr. Angeles, "I feel our membership has elected officials with fresh energy. With our planned agenda, we will have a positive impact on African-Americans involved in public relations."

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Bertha's Beauty Salon & Boutique
2133 Massachusetts Ave., Riverside, CA 92507
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More than a dozen government agencies allocate a portion of their funding to offering small business financial assistance. Many programs are for a broad range of enterprises, while others serve only specific types. There are opportunities for aspiring entrepreneurs as well as established business owners.

A complete directory of these programs, Federally Funded Programs for Small Business, is available through California Publishing of Washington. For more information, call (707) 452-0750 or send $19.95 check or money order to California Publishing Box 207, Dayton, CA 95324. Allow 4 weeks for delivery.

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For Your Appointment


WITNESS THE TALE OF THE TOWN

Maurice Johnson.

Actually, to hear the legacy of the Johnsons, and Shaws in San Bernardino, is to take a short history course in the black heritage of the city itself. His aunt, Billie Jo Johnson, now Bailey, was the first black lawyer in the San Bernardino High School and became the first black employee hired by the police department, hired as a meter man. His father, Robert Maurice Johnson III, the top-rated helicopter pilot in the late 19th century.

Maurice, widely known as Maurice, your Brother of Peace, D.J. par excellence, said he chose the name as a tribute to his mother, who died when he was very young. His father, Robert Maurice Johnson III, has been very supportive in this venture, and his cousin, Eric Shaw, works along side of Johnson, making this very much a family affair.

The shop is comfortable setting in a great locale and the public is strongly urged to try their "Family Affair" of services.

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For Your Appointment
Douglas Miller brought the house down at Valley Fellowship's Seventeenth Day Adventist Church recently as a small but gifted filled crowd, ministered in song.

Best known in our area for My Soul's Been Anointed In The Lord, he also sang Nobody Can Love You Like Jesus, Do Not Open That Door, Send It On Down, Not a Friend Like Jesus. Thank The Lord For One More Day and more.

During his ministering he said, "There should be a difference in Gospel music and the other, it should be uncompromising."

"people like M.C. Hammer can sing Pimp Me Now and it is one thing and living and it is another. It is impossible to sing gospel without being ambitous." With that being said, he sang a song that was "Thank The Lord For One More Day." 

That song, "Thank The Lord For One More Day"

he is the end of the concert he asked to get a partner and led a praise service dancing for the Lord. He spoke of God's goodness and how we are to be able to serve the living God through Jesus Christ.

The concert was sponsored by the San Bernardino Christian Center. Rev. Kenneth Pavon, pastor, who in addition to presenting the concert also presented an award to Rev. LeRoy Lacy of the Highway To Heaven Ministry, who brings Gospel music to the Inland Empire everyday, on radio station KPGO, Riverside. 

Pastor Pavon said sometimes it is lovingly doing the Lord’s will, but Rev. Lacy preaches. People do not attend his concerts and his own money to bring Gospel concerts to the Inland Empire. He has brought name like Shirley Caesar, The Williams Brothers and others to the Inland Empire. The San Bernardino Christian Center just wanted to recognize his service to the Lord.

Doug Miller says "To the glory of God."

Questions and Answers

Question: Dear Dr. Woods,

There are some people in my family that need help. I always hear them say that no one cares.

I don't know why they say this. What else should I do?

J.R. Wood

Answer: Two scripture groups that really apply to this situation. Romans 15:1 says, "Whatever is good and well practiced among you, observe and do.

Deuteronomy 12:15 says. Regulate with which you sert, and do not imitate any other nation, that what they do.

We are surrounded completely by people that need people. When a person is hurting they become selfish and closed to them and the world.

Those statements are not meant to express how you feel. There are more expressions of grace. They are also a form of service to give a prompt to see others.

If you truly care for them hear them. True love is expressed through giving (For God so loved the world that he gave his only begotten Son - John 3:16). Give your time, finances and service to help

Them verbally that you are praying for them.

Continue an outstanding. The list is endless of how you can care and concern.

Monday, if you do all 12 I am sure the person will be heard. The heard by them. They will truly hear them. Be an outstanding. With that and of course, it is the only way you can encourage your friend.

A wish that you would answer, write: Dr. Reginald Woods, Life Concerns, P.O. Box 1581, Riverside, CA 92502.

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S.B.

Mature Women on the Move Spiritually...

The church is located at 1575 W. 17 Street, San Bernardino, CA. For more information, please contact Anthony Johnson at (714) 823-3136.

S.B.

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If you truly care for them hear them. True love is expressed through giving (For God so loved the world that he gave his only begotten Son - John 3:16). Give your time, finances and service to help

Them verbally that you are praying for them.

Continue an outstanding. The list is endless of how you can care and concern.

Monday, if you do all 12 I am sure the person will be heard. The heard by them. They will truly hear them. Be an outstanding. With that and of course, it is the only way you can encourage your friend.

A wish that you would answer, write: Dr. Reginald Woods, Life Concerns, P.O. Box 1581, Riverside, CA 92502.

The Black Voice News reaches over 35,000 readers every week. Continuous less can reach them too call Cheryl Brown at 899-0506 or 682-6070.

Indulge Yourself With No Restrictions $69* per night

Swim, dine, shop and relax at the Radisson Plaza Hotel and Golf Course in Manhattan Beach, one of Southern California's finest and most family friendly destinations. Located on the beautiful beaches, this beautiful hotel is mesco above and world below.

120 spacious guest rooms and suites

Free equipped beach baskets, free breakfast, pool and spa

A great place to meet and enjoy the best.

Shopping, dine at night at Manhattan Village Mall

Free dining room and casual dining in the restaurant.

The staff is ready to serve you at your leisure. "No restrictions! Rate good Thurs.-Sun. only. Plus tax.

1400 Palmetto Avenue

S.B. (735) 566-7171.

Mature Women on the Move Spiritually...

The church is located at 1575 W. 17 Street, San Bernardino, CA. For more information, please contact Anthony Johnson at (714) 823-3136.
HERE: I make this statement in
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an individual choice since we
live in a country where
should really seek in a
relationship. Is a situation
where one's integrity is
"good ole boys" is over; if not it
respected. The days of the
feel need to be said. God Bless
America.

Likely to live in poverty as are
American child born in 1988
same year. Black youth are only
half as likely to go to college as
continue to earn one third less
about one half of Black families
couple compared to
lower one thousand towns, cities,
and communities across the
nation. In the true spirit of the
holiday season, we ask you to
support the NAACP's efforts as
generously as you can.

I received the information for
this week's column from
Special Contribution
REPORTS
VALLEY
 summarized for the Thrifty or Thrifty Jr. nearest you

Thrifty Drug Stores
GIFT SALE

MORENO VALLEY
NEWS
By Charles Ledbetteer
WHERE DO WE GO FROM HERE? I make this statement in relation to "Human Relations.
Good relations don't just happen, they are developed. No bad relations are not promoted. We as a
nation can go up or down, it's an individual choice since we live in a country where everyone has the right and
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**Bayou Classic: Southern Defeats Grambling**

*with a final score of 10-0*

With support from several local businesses, Rev. Williams was able to persuade Grambling and Mississippi Valley to play in the inaugural contest. The game drew 40,000 fans. The very first "Classic" matchup in 1968 featured Grambling against Alcorn at the Los Angeles Coliseum. This year, there will be 37 Classics played around the country, a number proposed to grow even further.

Mr. Clarence attributes the success of the Bayou Classic and its loyal crowds not just to fan interest but also to corporate backing. Coca-Cola USA for instance.

**Holiday Greetings**

*This Holiday Season Budweiser Reminds You To Know When To Say When*.

*We're happy with what Coca-Cola has done.* Mr. Casen said. With Coke as one of the prominent enterprises in America and the Bayou Classic the largest bowl game among black colleges, it was natural for Mr. Casen.

"They've added another dimension through the renowned 'they're made available,'" he continued. "That makes the programs even better."

Southern defeated Grambling in the 18th annual Coca-Cola Bayou Classic.

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**Stanley Collection "New Works From The Spirit"**

Vidal Armit, Bernard Stanley Hoyes will debut "New Works From The Spirit," a dramatic, collection of spiritually inspired art from his nationally acclaimed Revival Series at the Human Art Gallery in Calvary Baptist Church, 1319 Alton, Kinney Blvd. in Venice, CA. The 34th Annual Kiwanis Basketball Tournament will be held at San Bernardino High and San Gorgonio High Schools. This traditional holiday basketball classic will feature 16 teams, 16 games and on Monday December 30, $5. Tournament pass for all games is $5 which will include a program book.

**Get Away For The Weekend Before The Weekend Gets Away From You**

**How Happy Holidays From Our Family To Yours, BVN**

**Give The Gift Of Knowledge This Year. Subscribe To The Black Voice News**

*The City Parks, Recreation and Community Services Department has received a Federal grant and is currently assisting needy citizens in a Rent/Deposit Guarantee Program.*

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```
**Eligibility requirements for assistance under the Rent/Deposit Guarantee Program are:**

- Applicant's current income shall not exceed 50% of the Federal Poverty Level.
- Applicant must be a resident of the City of San Bernardino.
- Applicant must have a current Beaumont Section 8 or other available financial resource that has first been exhausted.
- Person or household must have been a City resident for 6 months prior to the date of application.

**Persons or households in imminent danger of losing their home as a result of eviction for non-payment of rent are eligible for assistance under this program.**

**Persons or households eligible for assistance under this program are:**

- Persons or households who may be able to pay past due rent once the period of assistance has ended.
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**For more information about the program, please contact**

**EIspanol Community Center Manager, 2080 E. Colorado Ave.,
San Bernardino, CA 92404.**

**More information about the program, please contact**

**Rev. Hayes is the brainchild of Rev. Hayes' aunt. Upon the contest nationally. Bernard Stanley Hoyes, a three-year contract to telecast Kinney Blvd. in Venice, CA. Bernard Stanley Hoyes, a native of Jamaica is well known for his ability to capture the essence, spirit and mood of the Caribbean culture, the rituals and their ceremonies through compelling visual which utilized the most vibrant of colors and images with oil and acrylic on canvas. In fact, his piece, "Black Cane" from the Revival Series, garnered recognition for excellence in the Caribbean.**

---

*For further information contact Joseph Williams, a**

*For further information contact**

**For further information contact**

*For further information contact Zerina Kerrius at (213) 399-8746.*

**ANACP Meeting**

Please take notice that the regular meeting of the Anthony National Arts Clubs of America (ANACP) Branch will be held, Monday, December 16, 1991 at 7:00 pm. This meeting will be held at the Cathedral of Faith, 201 Baseline, Rialto.

**Meet Ken & Joan Johnson, Owners of our LEARNING TREE**

**Give The Gift Of Knowledge This Year. Subscribe To The Black Voice News**

**City Parks, Recreation and Community Services Receives Money To Assist to Fight Homelessness**

**In There.** event was turned too hot onder hand butchered good by.

**For more information, call Dorie at (714)686-6266.**

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**HAPPY HOLIDAYS FROM THE ORANGE COUNTY ANIMAL SOCIETY**

**For more information call (714)486-4818.**

**CITY PARKS, RECREATION AND COMMUNITY SERVICES**

**From Our Family To Your s, BVN**

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**HAPPY HOLIDAYS FROM THE ORANGE COUNTY ANIMAL SOCIETY**
Local W. Virginia State Alumni Selects Officers

T he Inland Empire Rhapsody Chapter of The West Virginia State College Alumni Association announces its 1991-92 officers and program focus.

President, Georgia Morris; Vice President, Frank Divens; Treasurer, l.ivingston Davis; and Secretary, Betty Housey.

The program focus for 1991-92 will be providing musical entertainment for children, youth and adults of the Inland Empire. Beginning December 10, members were asked to donate toys, invitations, towels, wash clothes and blankets.

Bakersfield’s Def Dames Release Second Album

De Fames successfully debuted onto the rap scene in 1990. Kandy Kane is newest member Larissa are now back with their hot new album, 2-LARGE on SRC Records, featuring Notes, Vocal Ability, Production, Lyrics, and Dance.

The Alumni Chapter’s De Fames Kandy Kane and Larissa grew to the point where she was invited to join the group. For a woman who grew up thinking of a band with a hip, high energy beat that doesn’t seem out of place and you get Def Dames.

Def Dames were born and raised in California and come from rich musical backgrounds. Kandy Kane and Larissa formed Def Dames at Bakersfield church choir and with her talented musicians, drums, bass, and synthesizer were more than capable of playing their own songs. Larissa joined the group in 1991, from the school and the other Def Dames as a dancer. While working with the group, her skills on synthesizer, vocals, and dance.

The Voice introduces a new music rating column called “Music Card.” This easy to read rating system rates albums on the following criteria:

Lyrics - meanings and choice of words

Production – effort in recording project and dance appeal

Vocal Ability – talent and style

The “King Of Romance” Current Single 2-LARGE has made its mark in the Inland Empire. Beginning with Def Dames, the group has solidified their place in the rap world.

Def Dames was formed to promote the future of female rap artists. With its undeniable power and sensational beats, 2-LARGE will make its mark on the hip hop world and beyond.

For further Information call (714) 875-9468 or (619) 240-3797.

Colton District Pays Tuition For 5 Potential Bilingual Teachers

Classified employees will have the chance to become bilingual teachers through the Colton Joint Unified School District’s New Career Ladder Program. Board of education members approved the plans November 21 for classified employees to receive district support for college costs while they complete teaching requirements.

The district will pay for tuition and books for five employees to attend California State University, San Bernardino, starting in the spring. Five more employees will be selected to start next fall, according to the plan. Each employee must agree to teach in the district for five years that their education was supported. Each teacher candidate must carry a half-time schedule of classes, maintain good grades, serve as a bilingual aide for the first year and work as a teacher intern during the fifth year of college.

The need for bilingual teachers is great, said district resource teacher Alicia Sanchez-O’Toole. The district needs 101 trained bilingual teachers to serve the 1,761 limited English proficient students in its schools.

Colton Joint Unified School District classified employees will attend a meeting December 18 in the Staff Development Center to pick up application and information packet.

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WHAT’S HAPPENING NOW?

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LINCOLN HIGH SCHOOL WELCOMES HARLEY DAVIDSON OF GUARDIAN ANGELS AND ASSEMBLYMAN STEVE CLUTE. Davidson spoke to Lincoln students about joining the Guardian Angels and giving something back to their community. Shown here are students Chad Hitlchens, Julio Ramirez, Alena Armstrong & Marcus Harvey along with Principal Dick Kwester, Teacher Sylvia Martin and Harley Davidson.

Ice Cube Concert

Ice Cube is back in his hometown for the holidays and is inviting his friends to perform at Compton Community College on Saturday, December 28. The mini-concert is a number one production and all proceeds will go to Compton Community College.

You can win your own pair of tickets to see Ice Cube perform tracks on his new platinum album 'Death Certificate' by writing and submitting a rap to The Black Voice News, P.O. Box 1581, Riverside, CA 92501 by December 21. 'Note all raps submitted have to be on a positive subject and exclude any and all explicit lyrics, angry or profane language.

For ticket information call (714)880-KSSB.

BOYS II MEN WILL BE AMONG STARS TO APPEAR ON 1991 "LOU RAWLS PARADE OF STARS" DECEMBER 28. After more than a decade of success and innovation, the 1991 seven hour "Lou Rawls Parade of Stars" telethon will break new ground to benefit the United Negro College Fund (UNCF). Approaching revenues of nearly $95 million in cash and pledges, the telethon will also feature co-hosts Nancy Wilson, Ed McMahon, and singer Marilyn McCoo. Clint Holmes will team up with Jacque to co-host the show from the Apollo.

Youth Scene

"Youth Scene," a new section in The Black Voice News was created to reflect on the secretar of our community's youth.

The section will provide a medium for news on school and social issues directed at our youth. We have noticed that many youth have tremendous potential to succeed but somehow possibly for lack of motivation choose not to succeed. Our intention is to provide this motivation to help young people become more aware of ways to utilize their potential to succeed.

We welcome comments and letters that can enhance this section.

Black Voice Adds New Section

Devoted To Youth

One of the most trying aspects of being a parent is encouraging your child to make the right choices — not just to follow along. In today's complex society, growing up involves more pressures and choices than ever before. Studies show that young people do things because their friends do. Smoking is one of those things.

We don't want children and teenagers to smoke. That's why the tobacco industry is offering a booklet aimed at helping parents meet the challenge of providing their children with the tools to resist peer influence. The booklet, "Tobacco: Helping Youth Say No!" is designed to keep parents and children communicating about important issues like smoking.

To continue its longstanding commitment that smoking is not for young people, the tobacco industry also has strengthened its marketing code and is supporting state legislation to make it tougher for young people to buy cigarettes. We are also working with retailers for strict compliance with state laws prohibiting sales of cigarettes to minors.

For your free copy of "Tobacco: Helping Youth Say No!" return the coupon today.

Lincoln Roundtree and Arnold Saladin, top students at Martin Luther King, Jr. Middle School, received awards from E. Neal Roberts, Superintendent of City Schools and Vice Principal Partners.

Students Honored At King Middle School

Faculty and staff members at Martin Luther King, Jr. Middle School held their annual Student Award Breakfasts recently. During the breakfasts, which are held on two separate days to accommodate the large number of students involved, students in grades six, seven and eight were honored for academic achievement and perfect attendance.

According to Edwin Dean, King principal, who started the breakfasts, they are held quarterly to honor students who earn a high grade point average. "We give certificates to the students with a 3.0 average or better, and at the semester break we give recognition pins to the 4.0 students," he says. "Parents also receive Certificates of Merit for their support of the children and our academic programs," he says. Vice Principal Jimmi Skiver, who coordinated the breakfast, says, "The Student Government members served as the sponsors and we had about 150 students and parents turn out so we were very pleased."
Food

Mary McLeod Bethune's Traffic Stopping Pie

"THE BLACK FAMILY REUNION COOKBOOK is a powerful statement about a simple ritual that binds us together on so many levels," states Dr. Dorothy I. Height, President of the National Council of Negro Women. Check with NCNW Chapter member for a cookbook.

Make A Squash Pie For The Holidays

Perhaps one reason why the former Miss America, Marjorie Vincent, is able to withstand the rigors of travel so well, is that she's very conscious of her diet and what good food is all about. Marjorie exercises as often as possible, using her spare time, walking wherever possible and bike riding if time permits.

Marjorie developed a love of good food at home where her mother, Florence, enjoys cooking for her family. A native of Haiti, Florence Vincent never had a cooking lesson before her marriage. When she and her husband moved to the United States three months after their marriage, the 31 year old bride was forced to "learn quickly. Today she's told you that her former college student wife surprised him with her new found knowledge.

The Vincent's settled in Oak Park, Illinois, outside of Chicago, and Florence continued to polish her talents. Eventually she became a professional caterer. She emphasizes the use of quality ingredients in flavoring and relies on Haitian vanilla and rum in making many of the dishes that are enjoyed by all the Vincent family.

On a recent visit home, Marjorie joined her mother in the kitchen while her mother prepared a delicious squash pie. Like all of us, Mrs. Vincent looks for ways to maximize her efficiency in the kitchen and for this recipe she chose a ready made graham cracker crust which nicely complemented the smooth flavor of the squash.

CARIBBEAN SQUASH PIE

1 12 oz. box of frozen yellow squash
1 egg
1 Tbls. butter or margarine
1 Tbls. cornstarch
1/2 tsp. vanilla extract
1/2 cup sugar
1 tsp. cinnamon
1 tsp. ginger
1/2 tsp. nutmeg
1/2 can of evaporated milk
1 Ready Crust Graham Cracker pie crust

Thaw squash to room temperature. Mix ingredients with hand beater or whisk, 2 - 3 minutes. Mix ingredients with squash over low fire, stirring constantly until the mixture becomes very thick. Pour into pie crust and refrigerate overnight.

Garnish with whip cream and a slice of fresh fruit.

Dr. Dorothy I. Height, President
National Council of Negro Women, Inc.
To effectuate the order of the court, and to give notice to all persons interested, the undersigned, a duly qualified law firm, the Attorney for the Petitioner, has caused a copy of this petition and notice to be published in a newspaper published in this city, and a copy to the personal representatives of all persons interested, has been mailed or delivered to them, and has paid all costs necessary therefor.

Pursuant to the provisions of the law, the undersigned hereby authorizes the Clerk of the Court to provide a copy of the petition and order to the personal representatives of all persons interested, together with a notice of the hearing on the same, and to make a return thereof.

The filing of this document does not affect any of the rights of any of the parties thereto and does not create a lien in favor of the spinning fund in this case.

IT IS HEREBY ORDERED that an order of the court shall be granted to the extent of the petition and notice.

William E. Conerty, County Clerk

State of California
County of Riverside

(Handwritten Signature)

Certified Copy

William E. Conerty, County Clerk

State of California
County of Riverside

(Handwritten Signature)

Certified Copy

WILLIAM E. CONERTY, COUNTY CLERK
French Foundation Raises Funds For Alzheimer Research

Los Angeles-The French Foundation for Alzheimer Research won "across the board" with its fourth annual "A Day at the Races" held recently at Hollywood Park.

Event chair Janet Lindstrom-Atchley reported that the Foundation netted $18,000 from the benefit. She noted that all proceeds will be used for research into the detection, prevention and treatment of Alzheimer's disease.

Opera diva and foundation founder Dorothy Kirsten French and comedian Milton Berle co-hosted the fun-filled day. More than 200 people attended "A Day at the Races" and enjoyed a sumptuous buffet in the Turf Club.

The seventh race honored the French Foundation. In a special ceremony following the race, Mrs. French and Berle presented a bouquet of white roses to jockey Eddie Delahoussaye, who won the race aboard Thirty Slew.

In 1988, Mrs. French founded the French Foundation for Alzheimer Research, named after her late husband John Douglas French, M.D., the worldrenowned brain surgeon who co-founded the UCLA Brain Institute. The foundation seeks to advance scientific and medical research and to provide model methods for caring for Alzheimer's patients.

French Foundation Founding Associates president Elaine Smoots indicates that since its inception the foundation has raised more than $3 million to fund vital research projects worldwide and is dedicated to producing a cure for Alzheimer's disease.

In 1987, National Medical Enterprises, Inc., one of the nation's largest health care service companies, opened the John Douglas French Center for Alzheimer's Disease in Los Alamitos, Calif.--the first freestanding facility devoted exclusively to the care of Alzheimer's patients.

Brown Calls For Control Over Whitefly Infestation

Reps. George E. Brown (D-Ontario, San Bernardino, Riverside), called on Agriculture Secretary Edward Madigan to establish a comprehensive program to control the poinsettia whitefly infestation that has devastated crops in Riverside and Imperial Counties. In a letter cosigned by over 40 Members of the California Congressional delegation, Brown urged the Secretary to approve Governor Wilson's request for federal disaster assistance, and establish a "multi-pronged interstate and international" effort to control the insect.

The poinsettia whitefly infestation has crippled the economies of the region. Crop loss estimates currently exceed $90 million, and agricultural officials predict that crop losses will mount to $200 million in Imperial County alone. With 90 percent of Imperial County's economy dependent upon agriculture, retail and other businesses are also feeling the effects of the whitefly infestation. Currently there are no known pesticides or biological control agents to combat the insect.

The letter called on Madigan to "move quickly and decisively to assist the growers and the communities affected by this infestation. While immediate financial assistance for the affected communities is clearly necessary, a comprehensive, adequately funded research effort to control this insect is equally important. Only $1 million has been appropriated in FY 1992 for whitefly research. Additional research funds are vital if we are to avoid a similar situation in the next fiscal year and beyond."

In addition to destroying most of the crops in Imperial Valley, the poinsettia whitefly has invaded other areas of the state, including the San Joaquin Valley. The states of Texas and Florida have reported poinsettia whitefly infestations, as has Mexico. Due to unusually warm and humid weather in Imperial Valley, however, this region of the country is the only one facing massive crop losses.

Brown added, "If the poinsettia whitefly becomes established in greater regions of California, in other regions of the country, or in Mexico, we would be faced with a far more serious situation. The time is now to move forward decisively with a program that effectively controls this pest."

Researchers at the University of California, Riverside (UCR) were successful in developing a biological control program for the ash whitefly, a related strain of the insective to the Mediterranean Region and the Near East that was imported into California prior to 1988. UCR researchers have already developed a five-year research plan to develop a biological control program for the poinsettia whitefly.
ISSUES & OPINIONS

AT ISSUE

Raise the Corporate Average Fuel Economy Standard?

U.S. Sen. Dale Bumpers (D-Ark.) is a member of the Senate Energy and Natural Resources Committee and a cosponsor of the Motor Vehicle Fuel Efficiency Act.

Should the CAFE standard — the minimum fuel efficiency standard that all new motor vehicles must meet — be raised from a 27.5 mpg average to about 40 mpg?

Yes. The recent crisis in the Persian Gulf clearly showed that America needs a comprehensive energy strategy to reduce our reliance on foreign oil. Since transportation consumes 60 percent of all the oil we use, this tougher standard is badly needed. Imported oil also represents about 64 percent of our annual trade deficit.

What would be the effect of such an increase?

First, it would save 2.8 million barrels of oil a day, a significant savings since we now import about half of the oil we use. It’s important to remember that we’re now more dependent on foreign oil than we were at the time of the OPEC embargo in 1973, so anything we can do to become self-sufficient helps. In addition, American families would save money by buying less gasoline, and we’d all breathe cleaner air. Every gallon of gasoline consumed results in the emission of 19.7 pounds of carbon dioxide, which pollutes the atmosphere and contributes to the “greenhouse” effect. Fully one-fourth of all U.S. carbon dioxide emissions come from motor vehicles.

What are the alternatives to raising the CAFE standard to about 40 mpg?

New fuel efficiency standards ought to take into consideration the problems of our troubled automobile industry, and one option is to set lower, compromise standards. But if you oppose increased fuel efficiency, the only alternatives are increased reliance on imported oil, which nobody wants, or higher gasoline taxes to cut consumption, which are even more unpopular. In contrast, polls show that the vast majority of Americans are willing to pay more for a car that would get 40 mpg. At the rate we’re going, the number of cars on the planet will double from 500 million to one billion early in the next century. It’s time to act. Fuel efficiency requirements have tremendous societal benefits with very little inconvenience.

Should the CAFE standard — the minimum fuel efficiency standard that all new motor vehicles must meet — be raised from a 27.5 mpg average to about 40 mpg?

Absolutely not. A drastic CAFE increase would impose a heavy price on American consumers and the economy. The real debate here is not energy conservation, but the trade-offs in terms of safety, consumer choice and auto-related jobs.

What would be the effect of such an increase?

Consumers would be left with fewer choices (and higher prices!) for full-size cars, vans and pickups. Farmers, ranchers, car-pool commuters, senior citizens and others will suffer if the government interferes with their ability to choose. Deaths and injuries in traffic crashes will rise because small cars provide less protection than larger vehicles. Researchers already have shown that the downsizing of the late 1970s has led to nearly 2,000 deaths and 20,000 serious injuries every year. Dramatic CAFE increases will mean still more downsizing, and even more deaths and injuries — undermining U.S. progress in other areas of highway safety.

Hundreds of thousands of American jobs will be at risk. If a higher CAFE standard prevents automakers from selling mid-size and full-size vehicles, many consumers will hold on to their older, less fuel-efficient vehicles. Thus, workers in the U.S. auto, steel, glass, rubber, rail and other industries will be hit hard.

What are the alternatives to raising the CAFE standard to about 40 mpg?

A higher CAFE standard is a very ineffective way to meet energy and environmental goals. After all, new car fuel economy has doubled since 1975, and our percentage of oil imports has increased. If the United States really wants to reduce gas consumption and imported oil, we need a program that works. Steps that would be far more effective include more use of alternative fuels for vehicles, greater use of car pools and mass transit, and alternatives for non-highway users of oil (such as utilities).

People believe if a fly lands on your nose, somebody has something to tell you.
The Community Weekly News

Wants To Know Your News !!!!

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We're looking forward to hearing from you

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SUPPORT OUR ADVERTISERS
The Man Who Touches The Stars

Kent Cullers, blind since birth, is one of America's leading scientists in the search for life in outer space. Cullers is one of the most valued scientists at NASA's Ames Research Center in Mountain View, Calif. He plays piano and guitar, is a skilled chess player and an avid ham radio operator, reports the December 1991 Reader's Digest.

Inside the Life Sciences Research Laboratory at Ames, Cullers effortlessly navigates the familiar long corridors where he has made a name for himself as an uncannily talented researcher. His specialty is "looking" at the heavens electronically.

Besides radiating light, every star, including our sun, radiates some radio noise. Cullers uses a special computer connected to radiotelescopes to translate visual images into bumps on a fingernail-size pad. As a result, he says, "I can feel an image on my fingertips."

When words or mathematical data appear on the screen, another computer automatically translates the letters and numbers into audible English. For silent communication Cullers can turn off the electronic voice and rest his fingers on a row of 40 bars that resemble miniature dominoes. Small white pins poke up from the bars to form Braille characters, giving Cullers instant touch access to words and other data. Sitting at this equipment, sorting through electronic information about an object in space, Cullers feels that he literally touches the stars.

Cullers's latest project is to use his unique talents to help the National Aeronautics and Space Administration in its Search for Extraterrestrial Intelligence (SETI). Next October 12, on the 500th anniversary of Columbus's discovery of America, the space agency plans to begin the biggest radiotelescope search in history. In just the first 60 seconds, NASA will investigate more intensively than in all previous searches combined.

Cullers's job is to design equipment that will sift through the radio noise and seek out signs of intelligent communication from space. His machinery is so efficient that it will riffle through the equivalent of the entire Encyclopaedia Britannica once a second. From the radio waves emanating from space, it will make about 50 million tests per second as it looks for possible intelligent transmissions.

"We will look for lines" in the radio spectrum, Cullers says, "special frequencies at which the power emitted is millions of times stronger than the sun's."

Such telltale lines, he explains are already made by electronic signs of our civilization: radio and TV transmissions, pulsing radars, even remote-control garage-door openers. "It's precisely that kind of evidence we're seeking as we look for E.T."

He doesn't see the energetic, young mind that's underneath the cassette recorder. He doesn't see the much-loved-kid-on-the-block that's inside the leather jacket. All he sees is the cassette recorder, and the jacket, and how to get the money for his next fix.

But the drug addict's real blindness is that he'll never see the heartbreak he will cause when he leaves your child lying on the street.

You must fight back. You can make a difference. Start now by calling 1-800-WE PREVENT and we'll send you information on successful ways to join with others to protect your children from crime in your neighborhood.

Fight back against drug-related crimes. Call 1-800-WE PREVENT.

TAKE A BITE OUT OF CRIME

Crime Prevention Coalition and U.S. Department of Justice
In-N-Out Burger Awards $7,500 To Youth Service Center

At a recent Board of Director's meeting, In-N-Out Burger allocated $7,500 to the Youth Service Center for the prevention and treatment of child abuse. Through this Child Abuse Fund, In-N-Out Burger takes action on their belief in supporting "the communities in which we do business... to help them become better places to live." In-N-Out Burger reviewed numerous centers for the prevention and treatment of child abuse and felt that the Youth Service Center's programs appropriately reflect their philosophy. This is the fourth consecutive year of In-N-Out Burger support for the Center.

The Youth Service Center is a private, non-profit counseling agency specializing in the needs of children and families in the Riverside community. The agency provides a range of prevention, intervention, and treatment services addressing issues of child abuse, delinquency, divorce and other family related problems.

Of the $7,500 contributed, $1,503.82 was donated by In-N-Out Burger customers and friends in the Riverside County area during Child Abuse Prevention Month. In-N-Out Burger has matched these donations and contributed additional funds to the Child Abuse Fund.

In-N-Out Burger has clearly demonstrated their support to the Riverside Community and their active role in helping Riverside become a better place to live.

This donation is a concrete example of the type of public-private partnerships that are crucial to the provision of human services within the Riverside community. This is particularly true now as the state continues to face the budget crisis which has resulted in cuts to the Youth Service Center and the community-based agencies.

Child Abuse Prevention Month.

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CLIP & SAVE
Emancipation Proclamation Anniversary

"... All persons held as slaves within any state or designated part of a state, the people whereof shall then be in rebellion against the United States, shall be then, thenceforward, and forever, free. ..."

These words are from one of the most important presidential proclamations in American history — the Emancipation Proclamation. Issued by President Abraham Lincoln on Jan. 1, 1863 — in the midst of the Civil War — the proclamation abolished slavery in the states that had seceded from the Union.

Although the Emancipation Proclamation only freed slaves in the states that had seceded, it was the precursor of the 13th Amendment to the U.S. Constitution, which on Dec. 18, 1865, outlawed slavery in every part of the United States.

U.S. MARINE CORPS RESERVE AND AMERICAN EXPRESS BRING JOY TO THE HOME FRONT THIS YEAR - U.S. Marine Corps Reserve Staff Sergeant, Jeff Dmochowski, who served in the Gulf War, inspects some fuzzy friends with four-year-old Joseph Scopellito of New York. Thousands of these toys will be distributed over the holidays to needy children nationwide thanks to a program sponsored by the American Express Gift Cheque Group. For every Gift Cheque purchase from late November through the end of December, at a participating financial institution, AAA Club or American Express Travel Service Office, American Express will make a donation to Toys for Tots towards the purchase of up to $140,000 in plush toys.

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Friends Don’t Let Friends Drive Drunk.
Low-Cal Beef Roast Is A Definite Crowd Pleaser

Delectable, delicious beef chuck pot roast seasoned with Mediterranean flavors is perfect to serve friends for a casual dinner get-together. No one will guess that each savory serving has just 224 calories!

Preparation is simple, and since a pot roast requires slow, moist heat cooking, there’s plenty of time to attend to other details, or mingle with guests, while it cooks.

Mediterranean Braised Beef’s company-specialty flavor and flair earned Grace Fogg, of St. Louis, Mo., the award at the 1991 National Beef Cook-Off™.

The boneless beef chuck shoulder pot roast cooks in a flavorful combination of balsamic vinegar, onions, shallots and dates that is thickened with flour. Heat olive oil in large oven-proof frying pan or Dutch oven over medium-high heat until hot. Brown pot roast in hot oil, about 5 minutes per side. Remove pot roast from frying pan. Combine water and vinegar. Add vinegar mixture to frying pan; cook over medium heat scaraping up brown beef bits. Stir in salt. Return pot roast to frying pan; sprinkle with pepper, as desired. Distribute onions, shallots and dates around beef. Cover tightly and bake in 325°F (slow) oven 2 to 2 1/2 hours or until tender, turning roast once. Remove roast to carving board. Simmer liquid and vegetables over medium to medium-high heat to desired consistency. Carve roast across the grain into thin slices; arrange on serving platter. Spoon some of the sauce over sliced roast, sprinkle with parsley. Garnish with endive and onion slices. Serve beef with remaining sauce. 8 to 10 servings. 

NUTRIENT DATA PER SERVING OF BEEF WITH GRAVY: 224 CALORIES; 8 G FAT; 207 MG SODIUM; 76 MG CHOLESTEROL.

Your favorite original beef recipe(s) could take you to the 1993 National Beef Cook-Off™ in Sacramento, Calif., Sept. 17-19, where contestants will compete for more than $35,500 in cash and prizes! To enter, just mail your original indoor, microwave or outdoor barbecue recipes by March 1, 1992 to: National Beef Cook-Off™ Entries, P.O. Box 9810, Chicago, IL 60611.

The American National Cattle Women, Inc. sponsor the event in cooperation with the Beef Industry Council and the Beef Board. Tappan® and Kingsford® are corporate contributors of the National Beef Cook-Off™.

Tips On Carving The Holiday Bird

The secret—after removing the leg and last two wing joints, make a deep horizontal cut along the breast bone.

Thanksgiving and Christmas are probably the two days of the year when we all want to stand at the head of the table and carve the holiday turkey with grace and ease. The secret, according to top professional chefs, is a good sharp carving knife.

Carving the holiday bird doesn’t have to be the ap-proving task it has been in the past. Thanks to a revolutionary type of knife sharpener, you now can put incredibly sharp edges on all your knives and enjoy the pleasure of effortless carving.

Chef’sChoice® Diamond Hone™ Knife Sharpener from Edgecraft Corporation uses a patented orbiting diamond technique to ensure that all the knives you need to prepare a memorable holiday meal will be honed to perfection in a matter of minutes. You can use the Chef’sChoice® Professional Model 110 to achieve a better than razor sharp edge on all lengths of non-serrated kitchen knives (even short paring knives), as well as pocket knives and filet knives.

Just as there are three easy steps to sharpening knives, there are three easy pointers for carving the holiday turkey with confidence.

Step 1. After removing the turkey from the oven, let it set for 10 to 12 minutes to cool the bones. Remove the drumsticks.

Step 2. When carving before assembled guests at the dining room table, don’t remove the entire wing before slicing the breast. Instead remove only two sections, the wing tip and the center section. Leave the last section of the wing attached to the breast. This provides a good broad base which helps prevent the bird from tilting when you slice the breast.

Step 3. And now the secret—make a deep horizontal “base-cut” into the breast just above the wing bone, and then carve down through the breast to that base-cut to release nice even breast slices.

Maintaining incredibly sharp knife edges is quick and simple. Just a few seconds is all it takes to resharpen knives when necessary—especially important just before the ceremonial carving of the holiday bird or roast!

Space Age Plastic Kitchen Tools

What’s cooking in America’s kitchens? More homemakers are looking for ways to make meal preparation easier. One way, many have found, is using all plastic kitchen tools that will not melt, crack or discolor.

For the first time in the kitchen utensil industry, a plastic kitchen tool line comes with a 50-year guarantee. Called Ultratemp, the nine-piece line will withstand the stresses of heat, cold and microwave. It’s dishwasher-safe and stain- and grease-resistant. Unlike other plastic kitchen tools, these keep their original appearance indelibly.

The utensils are from Robinson Knife, one of America’s leading makers of kitchen utensils and cutlery. They’re made from a high-performance industrial plastic that’s never been used before for a consumer product. The tools complement popular Visions cookware from Corning Glass Works, yet work beautifully with all other fine cookware as well, especially non-stick surfaces.
Lake Skinner
CAMP STORE AND MARINA COOKBOOK

Why fight the traffic, stand for hours in long check-out lines to purchase all those special Christmas gifts? Chances are, after Christmas, the recipients will be standing in long lines to exchange or return them because of size or color. We have the perfect gift for everyone!!! A lasting gift to be passed down through generations. Lake Skinner Camp Store Cookbook.

Size: 12 categories containing over 1,100 flavorful recipes to fit any occasion. (Collected from hundreds of great folks who frequent Lake Skinner). Even WILLARD SCOTT of NBC's TODAY SHOW took time from his busy schedule to send his "Palate Pleasin'" favorite.

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Spice Muffins Boost Your Diet With Fiber

(DM) — Today, fiber is part of just about everyone’s health vocabulary. Many people know they should increase their fiber intake but aren’t sure about how much and what types of food to eat.

The National Cancer Institute recommends eating 20-30 grams of fiber a day. That’s a lot more than the 11 grams of fiber currently in the average person’s diet and may sound overwhelming. But more fiber doesn’t mean eating only grains, vegetables and fruit. A simple way to increase your amount of fiber is adding whole grain cereal to favorite recipes.

Improve the fiber content and good taste of any diet with Wheatena® and the new Quick Cook Wheatena Light Toast and Quick Cook Wheatena with Raisins & Spice varieties. Prepared as a hot cereal, one serving contains four grams of dietary fiber, four times the fiber content of the leading hot wheat cereal. Wheatena also enhances nutritional value when added to muffins, quick breads, stuffings, casseroles, etc.

The following recipe was created with healthy eating in mind. We’ve cut back on fat and added fiber with very tasty results. For more delicious recipes call 1 (800) 726-4968 and ask for a copy of the free pamphlet, Wheatena Fit with Fiber.

**SPICE MUFFINS**

1 cup Wheatena with Raisins & Spice
1½ cups skim milk
All Natural PAM Cooking Spray
2 eggs, beaten
¼ cup vegetable oil

In a large bowl combine Wheatena and milk; let stand 30 minutes. Preheat oven to 400° F. Spray the bottoms only of 12 medium muffin pans with PAM Cooking Spray. Stir eggs and oil into Wheatena mixture. Stir flour, baking powder and cinnamon; stir in brown sugar. Add flour mixture to Wheatena mixture and stir until just moistened. Fold in apricots. Spoon batter into prepared muffin cups. Bake 18 to 20 minutes or until toothpick inserted into center comes out clean. Remove from pan and allow to cool on wire rack. Makes 1 dozen.

Approximate Nutrient Analysis Per Serving: Calories 191, Carbohydrate 31 grams, Protein 5 grams, Fat 6 grams, Sodium 89 grams, Fiber 2 grams, Cholesterol 46 grams.

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**Evening Entertainment**

**BILLY B’s-10390 Arlington Ave., Riverside. Live country music, 9 p.m-2 a.m Tuesday-Saturday (714) 687-1300.**

**BLACK ANGUS-3610 Park Sierra Drive, Riverside. D.J. plays Top 40 music Wednesday, Thursday 9 p.m-2 a.m (714) 667-9100.**

**BOBBY Mcgee’s-1905 Commerce Center East, San Bernardino. D.J. plays music 7 p.m-2 a.m. Oldies in early evening. (714) 884-7233.**

**Bazootti’s DANCE-O-rama-3744 Main St., at the Galleria Inn, downtown Riverside. D.J. spins house, disco, nuwave, industrial. 9 p.m-3 a.m Friday. $5.00 cover before 10 p.m., $7 after 10 p.m. (714) 788-0214.**

**Brass Rail-24580 Sunnymede Blvd., Moreno Valley. Live country music on Wednesday starting at 9 p.m., Wednesday-Sunday (714) 924-9999.**

**Bull-N-Mouth-3615 Canyon Crest Drive, Riverside. D.J. plays dance music 9 p.m-1:30 a.m Thursday-Saturday (714) 684-7720.**

**Bumper’s-1201 University Ave., Riverside. D.J. plays 50s & 60s rock-n-roll 5 p.m-1:30 a.m daily. 8:30 p.m-1:00 a.m Sunday is live entertainment. (714) 683-4833.**

**Carlos O’Brien’s-3667 Riverside Plaza, Riverside. Entertainment nightly in the cantina. Call for information. (714) 625-5888.**

**Cat Ballou-1765 N. Perri Blvd. Live entertainment Wednesdays through Sundays beginning at 3 p.m. Talent contest every Thursday (714) 657-5102.**

**Cheers-12202 Pigeon Pass Road, Moreno Valley. D.J. plays dance music 7 p.m-2 a.m Monday-Saturday. (714) 247-3233.**

**Chris Davis Club-333 E. Foothill Blvd. Live country music 8 p.m. Wednesdays-Fridays. $2 cover charge Wednesdays and Thursdays. $3 cover charge Fridays (714) 874-7770.**

**Club Metro-5714 Mission Blvd., Rubidoux. (714) 676-5311. 3 disc jockeys playing hip hop, rock and Latin dance music 8:30 p.m-1:30 a.m. Monday-Thursday, 8:30 p.m-5:00 a.m. Friday-Saturday.**

**Don Jose-3848 La Sierra Ave., Riverside. D.J. plays Top 40 music 9 p.m-2 a.m. (714) 687-2200.**

**Downtown Wednesday Night-Main Street, between Fifth Street and University Avenue (714) 781-7335.**

**Harley’s-1141 University Ave., Riverside. Disc jockey plays Top 40 music Tuesday-Thursday 6 p.m-1:30 a.m. Friday & Saturday 6 p.m-5 a.m., and Monday 9 p.m-1:30 a.m (714) 686-2212.**

**The House-2 Park Sierra Drive, Riverside. Live Concert/Disco jockey plays music of the 1950s and 60s Thursdays-Saturdays. $5 cover charge after 7 p.m. (714) 688-5200.**

**Lake Alice Trading Co.-3849 Orange St. Live bands perform every Friday-Saturday 9 p.m-1:30 a.m. (714) 686-7343.**

**Mariscos El Sinaloense-Mexican Restaurant, Norteno Dance on Thursdays, Fridays, Saturdays & Sundays, 9pm-2am. Regular hours 11am-10pm, Mondays, Wednesdays 8201 Arlington Ave, Riverside. (714) 687-8585.**

**Marshall’s-9608 Mission Blvd., Rubidoux. Live country music Monday-Saturday 9 p.m-2 a.m (714) 685-9172.**

**Monopolys-4190 Chicago Ave., Riverside. Live country music 10 p.m-2:00 a.m. Thursdays & Fridays, Live Rock 7:30 pm-2:00 am; Saturday D.J. plays dance music 9pm-4am $8 cover 21 and over. Sunday College Nate 18 and over $7, $5 w/club card. (714) 781-2440.**

**Numero Uno-24811 Sunnymede Blvd. (714) 924-2558. Moreno Valley. Jazz ‘n’ Stuff performs jazz music 8 pm-1 am Friday and Saturday. No cover charge. 2 drink min.**

**Park Inn Hotel-1150 University Ave., Riverside. Bands perform rock and Top 40 music from 9 pm-1:30 am Wednesday-Saturday. No cover charge. (714) 682-2771.**

**The Red Onion-10102 Indiana Ave., Riverside. D.J. plays Top 40 dance music 8 pm-1:30 am daily. On Sunday 50s, 60s & 70s music are featured 6 pm-9 pm. Country music on Wednesday 9pm-1:30am. Free live dance lessons at 8 pm. (714) 354-2791.**

**Reuben’s-103 N. Lincoln Ave., Corona. Top 40 music and videos 8:30 pm-1:30 am nightly. (714) 735-1100.**

**Ruby’s-Holiday Inn, 1200 University Ave., Riverside. Live bands play Top 40 music Tuesday-Saturday 9 pm-2 am. D.J. plays Top 40 music Sunday & Monday. (714) 682-8000."
Health Information

Thursday, December 12, 1991 - Page 11

Health Care Costs — Who's To Blame?
Survey of State Legislators

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<th>20%</th>
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Source: American Legislative Exchange Council

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Has Cigarette Bashing Gone Too Far?
It seems lately, city after city across America is passing ordinances to segregate smokers from non-smokers. Many cities have banned smokers from public places altogether. Private businesses are being forced to create costly designated areas for smokers and non-smokers.

Do you agree with all of this? It's time for the majority to speak up!

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Callers will be billed 95¢/minute.

“No matter where our Armed Forces are—the Persian Gulf or anywhere else—if it's an emergency, the American Red Cross delivers the message. Whatever it takes, more than 4,000 times a day, emergency messages are delivered—whether it's the birth of a child or the death of a parent.

Twenty-four hours a day, 365 days a year, we never stop working hard to bring home closer to these men and women. We also provide other critical services for their families.

Isn't it good to know that when it's an emergency, the American Red Cross will be there.

American Red Cross

BUY U.S.
SAVINGS BONDS
Excellence In Construction Awards Held

The "Best of the Best" were honored at the Awards Banquet held on recently, at the Anaheim Hilton & Towers. This event climaxed a competition among members of ABC Southern California that began many months ago.

Designated "Excellence in Construction," the contest was formed to publicly recognize the quality and innovation in merit shop construction and honor all members of the construction team who are responsible for the project from contractors, subcontractors and engineers to owners and architects.

Judges for the competition were Gregory W. Griggs, Business Editor of the Los Angeles Times, David B. Rosenbaum, Senior Correspondent for Engineering News-Record, and Dan Heinfeld, President-Orange County operation of L.P.A. also president of the Orange County chapter of American Institute of Architects.

The awards ceremony featured color slides with a description of the projects read by Master of Ceremonies, Mr. Tom Vacar, of Channel 11 FOX News. The winning companies, and their construction team members received trophies.

AUCTION & SWAPMEET DIRECTORY

MISSION Drive In Swapmeet - Corner of Mission & Ramona in Montclair. Every Wednesday, Saturday, Sunday & Friday. (714) 628-6754.

RUBIDIOUS Drive In - Corner of Mission and Opal in West Riverside. Every Saturday & Sunday. (714) 688-2360.

VAN BUREN Drive In Swapmeet - 3035 Van Buren Blvd., Riverside. Saturday & Sunday. (714) 688-2360.

LAKE PERISS Outdoor Market - Lake Perris Fairgrounds. Every Saturday. Free admission, free parking 8 a.m. to 2 p.m. 24 hour information (714) 792-2919.

CHINO AUCTION - 7407 E. Riverside Ave., Ontario. Tuesday, Saturday & Sunday. 8 a.m. to 3 p.m. (714) 677-0780.

COLTON AUCTION - 1908 W. Valley Blvd., Colton. Thursday, Saturday & Sunday. 8 a.m. to 3 p.m. (714) 877-0780.

EL CAJON LIVESTOCK, HORSE & TACK AUCTION - 2025 Harbison Canyon Road, El Cajon. Saturday, 7:00 p.m. (619) 266-0235.

L.A. HORSE & MULE AUCTION - 3230 Gilman Road, El Monte. Friday, 7:30 p.m. (818) 448-3968.

MIKE'S LIVESTOCK, HORSE & TACK AUCTION - 10415 Limonite Ave., Mira Loma. Saturday, 7:00 p.m. (714) 685-1215.

PUBLIC AUCTION - 2970 Rubidoux Blvd., Riverside. 1st & 3rd Saturday of the month, 9:30 a.m. (714) 788-9113.

This Month's Trinity Specials:

1. New 1991 Double Wides All Areas Installed From $28,900

2. Bank Repos All Areas Low Down and Easy Qualifying


Trinity Mobile Homes

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(714) 351-4158 (213) 223-3644
A new book, War: In A Dangerous Light will feature spectacular photographic images of war and conflict set against a commentary of hope and understanding. Photographer Coskun Aral (right) and journalist and teacher Jean-Loup Roy (left) strive to uncover the realities of one of humanity’s most deadly inventions - war. It is one of six titles that was introduced by Donovan Publishing Company in its International Industry debut at the Frankfurt Book Fair in October of 1991.
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