Controversy continues: administrator responds

Dear Sir,

I would like to comment on the manner in which President Evans' June 30th letter to Chancellor Reynolds was printed in the last issue of the Chronicle. I was disappointed for several reasons:

1. The material quoted is a piece of personal correspondence which evidently was disseminated without permission by unknown off-campus sources wishing to invade the privacy of the writer and cause mischief.
2. It was weak journalism to print the material without further investigation and comment on the issues. I believe the letter speaks for itself in underscoring President Evans' sincere commitment to educational equity, but to cite only second-hand, negative comments and accuse you of succumbing to the background, facts, and context of the topic.

The letter is no longer news. Many events have taken place in the past few weeks which make the publication of this letter a non-story. More timely, interesting and useful story would have been the implementation of the campus Equity Plan referred to in the letter and the very real changes made on our campus in an attempt to address the issues of outreach, retention and educational support services for underrepresented minority students.

As the chairperson of the taskforce which drafted the campus Educational Equity Plan submitted to the Chancellor in July, I hope the new directions and good intentions of that plan will receive more widespread comment and discussion. The plan has now been accepted by the Chancellor, but is subject to evaluation and improvement. The plan is a new beginning which will require constant attention, additional suggestions, and solutions to problems identified as well as the ongoing cooperation and commitment of a large majority of groups and offices on campus. This plan is based on the Report and Recommendations of a system-wide Educational Equity Advisory Council of which President Evans was a member. The findings and guidelines of that report have been widely praised and recently were cited by the Master Plan Commission (which is currently studying the future directions of higher education in California) as a model which the University of California and the Community College segments might well emulate.

The heart of the system and campus plan is the emphasis on building on the fine existing programs for minorities and broadening these efforts to include all underrepresented students and to bring these special programs into the mainstream of campus life where they will be more visible, more involved and better supported by all parts of the university. This has required substantial reorganization of programs and personnel in order to assure that the major components of the plan (Outreach and Recruitment, Enrollment and Transition, Retention and Graduation) are all coordinated and working together.

Dr. Diane Halpern, Dean of Undergraduate Studies has assumed a major role in supervising these efforts in the Academic Affairs area. Vice President Desivert will chair a campus-wide equity committee which will report to the President and coordinate the work of the many overlapping subcommittees and working groups needed to implement the various activities and strategies imbedded in the campus Equity Plan. The Faculty Senate has appointed an ad hoc committee to review the plan and suggest other areas of faculty involvement in equity efforts. I recommend the Plan to all interested members of the campus community and have placed a copy of this and other Cal State San Bernardino and CSU system reports on educational equity and retention on reserve in the Library.

Jerrold E. Fritchard
Associate Vice President, Academic Programs

Editor defends publishing of letter

As expected, our October 15th publication of CSUSB President Anthony Evans’s letter to CSU Chancellor Ann Reynolds regarding minority students has caused some controversy. Just a little.

The decision to run the letter - as written - was made not to instigate a riot against President Evans, but to clearly inform the CSUSB students and off-campus source of what you had already made that decision in advance.

While I’m on a roll, let’s clear up one more thing: the letter was not obtained secondhand from an off-campus source - nor was it obtained or published in fragments. In deciding to run the letter, the Chronicle editors decided to do it right the first time.

Halloween caution for parents

Halloween is a very exciting time for young children. However, it can also be extremely dangerous. Trick-or-Treating has been a celebrated activity in American homes for decades allowing children a night of their own for fantasy and games. In recent years children have become targets for some very disturbed individuals. Each year we hear of more children that have been drugged, burned, or blinded, and sometimes killed, from hallucinogenic drugs, foreign objects, and caustic materials in Halloween goodies.

We as concerned adults often wonder how and why such things could happen. I strongly believe that drug usage is a very important role in such tragic events. The use of drugs limits the individual’s ability to think clearly and reduced inhibitions severely alter the determination of right and wrong.

The Children’s Center strongly supports the united effort on our campus to reduce drug abuse. On Halloween morning our children will be wearing red ribbons as a reminder that drug abuse affects everyone.

I would also like to remind all parents to closely examine all goodies and discard homemade desserts, fruit, and packages that show any evidence of tampering.

The Children’s Center wishes everyone a safe and sane Halloween.

Pamela Dorch
Director, CSUSB Children’s Center

The Chronicle OctoUr 28, 1986

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The Coyote Chronicle
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San Bernardino, CA 92407
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Cover Photo: Senior George Brunson, a Physical Education major, spends a quiet moment studying outside the Pfau Library.

Staff photo by Mary Anne Gotheridge

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Students Escape Program has a $12.00 each! The tickets are good tickets now get the Student Union exciting day of fun at Magic Mountain for the incredibly low price of 10:00am to 6:00pm. Get your tickets now until December 31st, any Saturday, Sunday, or holiday with the exception of Christmas Day. The park is open from 10:00am to 6:00pm. Get your tickets now at the Student Union.

The next meeting of the Gay and Lesbian Union will be held on Wednesday, November 5 from noon-1:00 P.M. in Student Services 171. We will show the videotape "Growing Up Gay" and discuss the topic: "Coping With Your Sexuality." Students, faculty, and staff are encouraged to attend. Meetings for the quarter are scheduled for November 19 and December 3. For more information, contact faculty advisor Dr. Craig Henderson, Dean of Students Office, 887-7524.

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SERRANO VILLAGE HALLOWEEN CARNIVAL

The entire campus community is invited to share in the Halloween festivities sponsored by Serrano Village Council in the dorm quad area. The residents of Serrano Village have planned a fun-filled evening of game booths, concession stands and visits to the "dark side" via the Haunted House and the Seance Room. Caution: Enter at your own risk! Serrano Village residents are not responsible for any missing or hysterical persons. The Halloween carnival begins at 8 p.m. (Oct. 31) culminating with an Alley Dance between Joshua and Mojave dorms. Admission to the Seance Room is 50c. The Haunted House admission is $1.50 for residents and $2.00 for non-residents. Booths and concession stands range from 50c-$1.00 approximately. We look forward to seeing you and have a safe and happy Halloween!!

RED RIBBON WEEK

Most counties and school districts in California will be recognizing October 27-31 as Red Ribbon Week. People throughout the state will be wearing red ribbons to show their support for the campaign against drug abuse. This special week is designated to unite communities in the state in their efforts to eliminate the demand for drugs. Free red ribbons will be available at many locations around campus so that members of the university community can display their support. The Housing Office, Student Union, Commons, Bursar's office, and the library are some of the locations designated for distributing the ribbons. This campaign was used in Utah and Texas last year and had phenomenal success. It is hoped this campaign will soon go national. There will be lots of red ribbons exhibited this week and we hope we can count on you for your support.
Alcoholism: A Family problem, too

by Bridget Tucker

Much has been written about the alcoholic-dependent person. A second area of concern, research and treatment was the partner of the alcoholic. It was recognized that the partner had responded to the disease by providing the balance necessary to enable the drinker to drink. The partner assumed additional family responsibilities because the drinking partner could not be depended on, made excuses to cover up the extent of the drinking, perhaps took an additional job to replace income lost or spent on alcohol. More and more time and energy were focused on trying to "fix" the drinker's problems and/or ease the pain.

As the thoughts, feelings, and behaviors of the alcoholic increasingly center around drinking, so must the partner. An alcoholic can feel helpless and worried, they do have choices about their situation. They can learn, identify the problem, work for a solution. They can find the resources to alter the conditions or leave. There are many books in which you can learn about what the "co-dependent" in an alcoholic family does to cope.

However, there is a further and deeper problem. That is the serious and until recently, unrecognized problem of the children and the effects of alcohol abuse on their environment and their development. The child in the alcoholic family does not have the choice to leave. Children learn behaviors, thinking processes, and what feelings are appropriate from their parents. Children learn by imitation. In a family where the focus and energy revolve around alcohol, the modeling patterns are distorted, the behaviors are abnormal. The child learns that the home is not safe, parents are distrusted and unavailable, often angry or physically abusive. There is no stability, the children are unable to predict with any consistency how their parents will behave. Their world becomes a confusing, uncontrollable place. They are unable to develop skills to master their environment, they may not learn to give and accept love. They often learn to drink themselves, it is what they consider normal. Their parents are their models.

It is as important to consider what these children do not see modeled for them as it is what happens. They do not have a reliable interaction with important others. They do not learn to negotiate, compromise, healthy give and take are replaced with imitations of the modeling process. Their expectations. They not only learn how to behave, they learn how to expect others to behave. And they take this into their adult lives. The choice of adult relationships is based on the models they grew up with. Even when the children of alcoholics do not abuse alcohol (and a far greater percentage do than in the normal population), they often make relationships with a partner who does. Even if the parent receives treatment and changes their behavior, the child (adult child) does not autonomously or suddenly change reaction. Patterns of learning have been developed. Those patterns reflect the child who has grown up with an alcoholic parent long after that child leaves home. And although the problems are repeated for another generation where adults abuse alcohol and children suffer.

Now, however, as an adult, there are choices available that were not accessible to the child (or to the adult a few short years ago). Today, the problems which continue in adulthood are recognized. Self-help groups patterned after the 12-step programs are organizing in almost every community. These programs focus exclusively on the problems of adult children of alcoholics. Books have been published which define the conditions of growing up with alcoholics. They are very useful in helping a person decide if they have been affected by alcoholism. More and more therapists are knowledgeable in the persistent problems which diminish the quality of life for so many people and which were not seen as being connected to the fact of alcohol dominance in the family in which they grew up. Help is available. All that is necessary is to identify the problem and seek the solution. There is a choice.

Drugs can make anyone a loser

by Sean Brunske

Recovering Addict and Alcoholic

This is to all the students and teachers who feel it is okay to use drugs. I grew up in a fine, middle-class household in Boardman, Ohio. As a non-problem child, and excelled in high school with a bang. I was on the Varsity cross-country team, by Sunnie Bell

I started my freshman year of high school as a long-haired, drug-taking, and a member of the Varsity cross-country team, basketball team, and track team. I maintained better than average grades throughout the year. I also had many friends who were seniors who always smoked me into bars. By the end of my freshman year I had everything. That continued throughout my sophomore year. The alcohol had become a major part of my life and my life almost ended in a fatal car crash into a telephone pole. Of course, that did not stop my drinking.

My junior year I was introduced to marijuana. I thought if everyone smoked it the world would be a better place and peace will come. The world has grown worse since then. I had a bad addiction to pot so I became a drug dealer. At the end of my junior year my parents had a divorce. The only problem I had with that was I had two last names and was kicked out of both schools. This never happened. I used drugs on a 24-hour basis to get away from the real truth of the matter. I became emotionally unstable because of my parents' divorce. Or was it the drugs? I moved to California with my mother a year ago to get away from the drug world. For three months I

by Sunnie Bell

This is Drug Awareness Week October 27-31. Good timing! It's appropriate to hold it close to Halloween because nothing else has the capacity to consume a user's emotional behavior and internal processes like drugs do. It's too bad that it doesn't show immediately in a little physical costume, too. Maybe a devil... maybe a war character such as Rambo or He-Man... maybe a monster... maybe a street bum. Later on, a physical disguise will be created, too, but it won't be cute. A costume made of plastic, this time it will be real, and it will come in tones of sickly flesh.

It's unfortunate that 'drugs' are called 'drugs'. For years the term has been used in medicine for pharmaceutical products that are helpful to people. Penicillin is a drug. But now we have 'abused drugs', 'dangerous drugs', 'illicit drugs', etc. We're using the same generic term when we ought to have a specific name for something so bad for mankind. We have a word called murder... it doesn't sound as disgusting as 'abused death' or 'illicit death'. To verbally relate 'drug abuse' to medicinal drugs doesn't seem right.

I went to a drug rehabilitation center center on July 28, 1986. My whole life turned around. I have found out who I really am, peace and serenity. I learned that thought would happen, love and support. Today I am a happy, sober college student with a job making something of my life. By the way, I didn't tell you about the psychiatric wards, jail, stabbings, guns, living with a dead body and $2,000.00 worth of cocaine in me because / had no more cocaine. Maybe it was because I used to stay at a gas station. He helped me get a job to ttpbot income... it was intended... it was intended. You might not have gone through what I have. You may have been through worse. I just want to say there is a happy and exciting life to live without drugs and alcohol. In the end, drugs and alcohol will always win, you will be the loser.
HEALTH CORNER

Relax at the Health Center

STRESS!! It rushes at you from a blind intersection. It pops out of your envelope with your bank statement. It knocks you over when you see the grade on your first exam. Stress is something that can’t be avoided, it can only be controlled.

To help you, the Health Center will offer a relaxation clinic as one means of controlling everyday stress and countering stress-related health problems.

The facilitator is a student intern from the Masters program in Educational Counseling. She will explore different methods of relaxation techniques, and much more. Since some people are visual, some respond to words, and some to body sensations, there are a variety of relaxation techniques for each type of person. The choice of a certain technique is not as important as a receptive attitude. A receptive attitude is one of fascination and absorption with the technique. It is not expecting a certain outcome; nor is it trying too hard. Relaxation cannot be forced. The purpose of the techniques to be shared is to set up the conditions for relaxation to occur and then to let it happen.

The clinic will be run in a non-stressful fashion. It will meet once a week for 1 1/2 hours on a drop-in basis. Since the quarter is almost half over, this would be a good opportunity to learn how to relax before final exams are looming before you. The first clinic will meet on Tuesday, November 4th from 1:00 to 2:30 at the Student Health Center. Make sure to wear comfortable clothing.
the Writer's Corner

By J. Dean Grozke

His was a caustic smile. Ours was a brutal lapse from reality into the mordor of inner thinking. The things we shared were the invention of the wheel, the taming of fire, and the heat of the responsibility that had been thrust upon us those many centuries ago.

He had little use for us. We were a small part of an ugly scene, to be avoided if at all possible, and to be condemned silently in prayer, wringing of false compassion, no respect, nothing left.

The race would be over soon. He would win and we would lose, and the losers would spoil in the sun until the proper authorities could be summoned to tow the abandoned wreckage away.

The last time we saw him one of us had asked for the time of day and he had refused. "What do you care you bum?" he had told us. This wasn't too surprising. He'd refused every other request we had made over the years.

He was retired. He had children and grandchildren that gave him a sense of purpose. None of us had any relatives to speak of, just each other.

We weren't friends either, we were rivals. We fought over the same garbage, chased the same dinners, and feared the same fate. We were bound together by something deeper than friendship, something we found malleable enough to think it was skin to the senses that make dogs run in packs, and sheep stay in flocks.

The odds were bad for us. Many had died or been traded in for the next year's edition of defeat. We don't die every day, but it happens, and every strike of fate's hand finds the jobs coming closer, and the steps beating in the back of our brains trumpet the arrival of Mr. Death, the street sweeper, and the hand that cleans time.

Christmas is coming soon. It must be. The sun is lower and the ground gets much colder at night.

Soon the rains will come and then the snow and the white nights will erase a few more of us from the planet. Winter is here now. The mission has helped us out. Still, six of us have died in a little over a month. The rest have managed to stay alive with boutiques and old newspapers. There are also some doorways where the snow has yet to fall. The Christmas spirit has descended upon the city. He smiled at us the other day, that caustic smile, and bid us a Merry Christmas. I suppose that's all he could really afford.

Comments and criticisms of Writer's Corner material may be submitted for review and possible publication. Letters should focus on the content and ideas of the works discussed.

Is truth not truth until it is uttered?

Breaking glass no more safely glass but true, blue shatter glass- spidery, rainbow glittering and sharp to touch, my life.

by Y.R. Valley

Precipice

Leaving, during the ice beyond the line a dancing, no such creature as solid ghosts in the attic stirring up dust and enjoying someone else's sorrow someone else's cynicism sometime else's joys, not mine

by Y.R. Valley

Light and airy

Is it pass through you as it does me?

Does it pass through you as it does me?

It's like knowing all along when really it's only been now.

We have been friends

A touch like a butterfly soft and instantaneous

A spark ignites pure energy...

We are all one.

by Y.R. Valley

Encounter

Soft and instantaneous

Less than a moment pauses

Just trust.

by Y.R. Valley

Production Editor

Staff writers

Staff positions now available:
Kiddie curriculum

Children's Center caters to mom and dad's schedule

by Sharna Wilson

The Children's Center at Cal State, San Bernardino provides child care for student parents that fosters physical, mental, and social development. The curriculum includes sensor experiences, motor development and skills building which emphasizes early learning in math, language, science, art, music, and physical development.

The center is open Monday through Thursday from 7:30 a.m. to 4 p.m. and Friday from 7:30 a.m. to 4 p.m. They care for children ages two years and toilet trained up through 12 years.

There are currently 120 students registered, however, because the center caters to the students' schedule, the flexibility allows no more than 40 children in the center at one time, which is its licensed quota.

The present director, Pam Dortch, has been there since April, 1982. This highly qualified director (she has a bachelor's degree in Child Development and a master's in Psychology from Cal State San Bernardino) has worked with children for the past 12 years in one capacity or another.

When asked how she thinks things are going, she says, "It's really great. We have excellent staff and a very good reputation throughout the community."

Due to the increased number of children, the center is looking forward to expansion by the end of the year. It also hopes to stabilize its funding sources.
Recreation Equipment Auction
Thursday, October 30 at Octoberfest

Used Equipment
25 pairs of skis with poles
Downhill (Rossignol) and Cross-Country (Bonna & Rossignol)
Minimum bid $5
Family Dome Tent: Minimum bid $15
2 Back Packs: Minimum bid $5
Associated Students Recreational Equipment Rental Program
All equipment sold as is.

Bidding envelopes will be available all day. You bid as high as you like. Highest bid wins equipment, BUT you pay only $5 more than the next highest bid.
Telephone notice. Cash pick-up.

Comedian David Tyree performed last Thursday night in the SUMP. Photo by Mary Anne Gotheridge

Maxwell Street Pizza

$3.49
Pizza—All You Can Eat and a salad.
11 a.m.—3 p.m.
Monday—Friday

Valid Cal State I.D. entitles students to a free small drink with lunch.
974 Kendall Drive San Bernardino 881-3525

COUPON
$3.25/l Buys large pizza, 3 items valid on any pick-up or eat-in pizza.

COUPON Expires 11/11/86

Associated Students

Entertainment

SCARE US INTO GIVING YOU HALF OFF.

Good on Oct. 31, 1986
Good for one purchase of a Small, Medium, or Large cup of Yogurt — Toppings not included.

Halloween costumes should be scary. Halloween trick or treating shouldn’t be. So play it safe. Trick or treat at Penguin’s Place!

Just wear a costume into Penguin’s and we’ll give you half off any frozen yogurt.

But don’t be afraid to get a large. Because every flavor from Dutch Chocolate to Pumpkin has less than half the calories of ice cream.

So come in and try Penguin’s Frozen Yogurt.

It’s so good, it’s frightening.

COME IN COSTUME AND GET HALF OFF PENGUIN’S FROZEN YOGURT.

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Saturday Nov. 1, 1986
8 PM - 12 AM

$3.00 with costume
$4.00 without
18 or over
Must have college I.D.

With 500 of our closest friends

The Wall Street Journal
Take 10 East off at Alabama
Right off Puy then right on
Next street, one block I.S.
Recreation Round Up

Fun and Fantasy

by Kim Schnepp

Are you a new student at CSUSB? Are you trying to find out what there is to do in San Bernardino with your spare time? Or maybe you've lived here all your life, but are looking for something different to do.

The Inland Empire offers a variety of ways to keep one entertained, whether it's in the afternoon or evening.

Castle Park miniature golfing is located right outside of San Bernardino off the freeway. There is a water slide, banana cages, an arcade and an 18 hole miniature golf course. There is also a pizza restaurant next door.

For recreational exercises, there are horseback riding stables in the Highland area. The surrounding San Bernardino Mountains have some scenic trails to ride on.

Lake Arrowhead village has several specialty shops, clothing stores and places to eat. Further up the hill is Big Bear. You can rent a boat on the lake, horseback ride, shop, or go to the alpine slide. During the winter, Big Bear is the first of the mountain areas to get snow. If you want to get away for the weekend there are cabins available to rent for two days of skiing, sledding or just playing in the snow.

Several parks are located in and around San Bernardino. Glen Helen is close to campus. Yucaipa regional park has a water slide and is about thirty minutes away. Lake Silverwood and Lake Perris have swimming and picnic areas.

Two shopping malls are located downtown. Both The Central City and Inland Center are within 5 minutes of each other. Also, there are movie theaters. If a longer day of shopping is what you have in mind, Tyler and Monclair Plaza's have more shops but are about twenty to twenty-five minutes away.

Because of part-time jobs, classes, or other reasons you may not have free time in the afternoon. The evening may be the time when you want to relax.

If you like to dance, meet people and are 21, there are clubs just outside of San Bernardino. Harry C's and Matchpoint are both in Redlands. In Riverside there is The Red Onion, In San Bernardino on Hospitality Lane is The Black Angus, Bob's Big Boy, El Torio, and T.G.I. Fridays.

Many of these places have college nights where you receive a discount with a student I.D. or evenings with drink specials.

For those of you who aren't 21 yet, there are clubs too. Crack Jack is at the top of E' Street and has 18 and older nights on Sunday. If you're willing to drive, The Metro in Riverside, Peppermint Elephants in Pomona and Fashions in Monclair also have dancing.

If dancing isn't what you enjoy, there are plenty of movie theaters and pizza places. A night with friends or that special someone doesn't have to cut into a student's budget. Many theaters offer student discounts or matinees. Pizza coupons are usually easy to find in the newspaper or various flyers.

The Civic Light opera's season opens soon and puts on four productions. This is the companies 49th Anniversary season. The King and I will be the opening play.

San Bernardino also holds concerts at the Orange Pavillion. Last year Oingo Boingo, The Thompson Twins, Aerosmith, and Pat Benatar were just some of the groups that performed. The Orange Show box office can tell you in advance who is scheduled to perform.

You may have already tried some of these places or they may be new suggestions. Whichever it is, give yourself an afternoon or an evening off and enjoy yourself.

Visionary dean interfaces with community

In the business world, growth can bring many rewards. It can bring an equal number of pitfalls if the management does not run a tight ship. The same applies to schools of administration.

Without guidance from a strong leader a school can flounder and fail to fulfill its purpose.

Dr. David Porter is a chief executive with the kind of vision and ideas to manage the growth facing the School of Business and Public Administration. The School now accounts for one-fourth of all majors at CSU San Bernardino. Like the campus, as a whole, this number is growing.

As a result of this growth, the School of Administration has become more competitive in its search for faculty and students. According to Dean Porter, "increases in hiring will bring the faculty level close to 68 for the 1987-88 school year."

Dean Porter sees society as being in a state of transition. According to Dr. Porter, "universities tend to be out of sync with the rest of the world." The Dean believes schools which are professionally oriented, as opposed to research oriented, tend to be closer in sync with the outside world.

Maintaining quality teaching is Dean Porter's primary goal. Community involvement, by faculty and students is next on his list. According to the Dean, this mirrors the mission of the state university system.

Ironically, he believes research coming from a professionally oriented school can be more pertinent than that coming from a research oriented school.

"Community involvement keeps the faculty in touch with what is happening in the real world," the Dean replied.

What's in store for Administration students at Cal State? The growth is beginning to change the composition of Administration students at CSUSB. Daytime graduate classes are now being considered. This would be a major change from current policy. In addition, with the five-unit system being phased out more classes within each major will be offered.

For marketing students, this may mean more research, advertising, or retailing classes.

Dr. Porter, who holds a Ph.D. in Political Science from Syracuse University, will need to draw heavily on his past academic, business, and government experience to manage the school's future growth. With his commitment to quality teaching and community support, Dr. Porter is doing his part to ensure that growth generates positive returns.
CSUSB forces the No. 1 Tritons to the five game limit

The CSUSB Women's Volleyball team played the game of the year last Friday. The Coyotes faced the nation's No. 1 San Diego Tritons to the limit of five games. The Lady Coyotes lost the first game but until UCSD had been served notice that CSU San Bernardino was deserving of a higher ranking than 17th in the nation. The UCSD team began the scoring with a two-point lead. The Lady Coyotes quickly knotted the score. The points came gradually from both teams, with the lead exchanging hands several times. With the UCSD team up 14-12, the final four points scored required almost 30 minutes. The Lady Coyotes dug in, attacking UCSD hitters and forcing 14 exchanges of the service before tying the score. UCSD won a single point to lead 15-14 before the CSUSB team could get their final serve of the heated battle. The Lady Coyotes lost the game at 14-16 and the match but won the hearts of the San Bernardino crowd as the CSUSB team was given a standing ovation after the final point was scored.

In earlier action during the week, CSUSB Coach Naomi Ruderman cited "...a letdown after winning the CSUSB Volleyball Tournament and poor play," by the Lady Coyotes in a four game loss to Master's College. CSUSB travels to Whittier College on Wednesday and then to the Occidental College Tournament this Friday and Saturday.

Soccer improves through tough scheduling

Improving the quality of play in the Cal State Soccer team by scheduling the toughest competition possible was the intention of CSUSB Coach Carlos Juarez. To justify his scheduling, Juarez states, "No doubt about it, we are an improved team.' Juarez. To justify his scheduling, he added, "Knowing his team needed strong wins this week to stay in contention for playoff consideration, Carlos Juarez's CSUSB team put their best foot forward with a 2-0 win over a strong NAIA team, Biola University. Only 24 hours later the Coyotes put the bite on the University of Redlands in a 6-0 mismatch.

CSU Dominguez Hills squad 4-0. Following last week's action the Cal State San Bernardino squad held a winning record of 6-5. Knowing his team needed strong wins this week to stay in contention for playoff consideration, Carlos Juarez's CSUSB team put their best foot forward with a 2-0 win over a strong NAIA team, Biola University. Only 24 hours later the Coyotes put the bite on the University of Redlands in a 6-0 mismatch.

Cross Country comes home undefeated

The CSUSB Men's and Women's Cross Country teams are coming home. The undefeated CSUSB Men's squad and the improving CSUSB Women have been on the road since their season began on the 13th of September. The Lady Coyotes continued to polish their perfect record in winning the triangular meet against NCAA Division I schools Pepperdine University, Cal Tech, and the Master's College Mustangs.

The CSUSB Men's team meanwhile outperformed both Pepperdine University and Master's College, but lost to Cal Tech by four points. The CSUSB Men's squad record in head to head competition now stands at nine wins versus five losses on the year. In Sunday's match with nationally-ranked Glendora St. (NJ), the Coyotes played through the half with Glendora St. holding a 1-0 lead. The Cal State team scored a second-half goal but Glendora St. scored twice (one goal on a penalty kick), winning the match 3-1.

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CSU SAN BERNARDINO HAS 9 SHUTOUTS
ON THE SEASON AND 6 IN A ROW
INTO OCT. 19 vs. GLASSBORO ST.

Current Record 9-6

SEPT. 11 CSUSB 3 Western Washington University 0
SEPT. 12 CSUSB 1 St. Mary's College 0 (OT)
SEPT. 13 CSUSB 0 Fresno Pacific University 1
SEPT. 17 CSUSB 1 Pomona-Pitzer College 3
SEPT. 19 CSUSB 2 Cal Poly Pomona 3
SEPT. 22 CSUSB 0 UC San Diego 1
SEPT. 26 CSUSB 1 UC Irvine 0 (OT)
SEPT. 29 CSUSB 0 CSU Dominguez Hills 4
OCT. 1 CSUSB 2 Azusa Pacific University 0
OCT. 4 CSUSB 7 Whittier College 0
OCT. 8 CSUSB 5 Point Loma College 0
OCT. 14 CSUSB 2 Biola University 0
OCT. 15 CSUSB 6 University of Redlands 0
OCT. 18 CSUSB 1 Master's College 0
OCT. 19 CSUSB 1 Glassboro St. 3
OCT. 25 CSUSB at Cal Lutheran University--11:00 a.m.
OCT. 29 CSUSB host's Cal Baptist College--3:00 p.m.
OCT. 30 CSUSB at University of San Diego--3:00 p.m.
NOV. 4 CSUSB host's Cal State, Long Beach--3:00 p.m.
National securities program upgrades defense careers

Christine Stanfield

National Security Studies, a master's degree program adopted last year, is designed to develop an understanding of defense policy issues, strategic planning, arms control, and other current political-military issues.

It is an unbiased approach to social policy analysis," said Walter and director of the program's Dr. Richard T. Ackley.

The program, which is running its fourth year, began as a special major in 1983. It is now a full-fledged major program offered at CSUSB. The program was approved by Cal State President W. Ann Reynolds in September.

"Basically we are training policy analysts," said Ackley. A policy analyst takes a broad social issue and transforms it into a range of options to be considered by the decision maker.

"With each option, he or she lists its costs and benefits as well as the risks involved."

The new program in the school of social and behavioral sciences is revised and upgraded form of the social major.

At an interdisciplinary, graduate-level program, NSS's curriculum includes courses form natural science, political science, geography, history, mathematics, while administration and management science.

"The program deals with an academic approach to current national issues, such as those found on page one of the daily newspapers," Ackley said.

"You can understand why the presidential and congressional staff need someone with this type of background," he added.

NSS began three years ago as a special major on a trial basis. Ackley, who taught this type of program in the University of Southern California's doctoral program, said that CSUSB's NSS program started as a special major's degree because it had not been done before in the Cal State system and Ackley needed to know if the program could do well and generate enough student interest and demand to warrant making it a regular master's degree. The answer to both questions was "yes."

In the three years the program has grown from zero to over 80 students.

About half the students are active military duty officers. The other half are from the defense industry, upgrading their educational skills and recent undergraduates seeking entry level careers in defense analysis.

The program is offered at CSUSB and USC in the Southern California area. The entire program on campus is offered with the same quality and instructors at San Diego State University and the Air Force Base in Victorville.

The national security career field offers employment with the federal government and with intelligence agencies such as the CIA and the Defense Intelligence Agency. The NSS also trains individuals for employment with both private and governmental analytical corporations such as RAND, and it sponsors training for military intelligence officers as well as defense contractors such as TRW and Rockwell International.

Ackley said that the lack of publicity is the major item that hampers the program's growth.

"Practically everyday someone comes in and says 'I didn't know about this program,' he said. "We didn't re-invent the wheel. We took the best features of the two quality and nationally recognized programs at USC and Georgetown University (Washington, D.C.), and incorporated them into our program," he added.

AVOIDING THE HASSLE OF CRAMMING

by Kim Schnepp

Memory is an important part of studying. With mid-terms approaching soon, students are trying to remember what they've learned these past few weeks.

Several different techniques can be used to retain what has been studied.

Cramming has a bad reputation, yet it can be productive if it's not overdone. Cramming makes the material maximally available during the test but is soon forgotten afterwards. The most efficient way to study, whether you cram or not, is to ask questions about the material you've read rather than re-reading it.

Studying requires concentration. If you work on eight things at once you will only retain one-eighth of what you've studied. A student has to develop a resistance to distracting ideas or thoughts other than what he is trying to learn.

Some students put on a record or turn on the radio while studying. A Bradley University study says this may be wrong. Forty volunteers were divided into four groups of 10. All studied a passage from a law book and then were tested. Twenty students listened to music, and the other 20 studied in silence. Afterwards half of each group relaxed while the others didn't. The silent group did slightly better than the group that listened to music, but the groups who relaxed did twice as well as the groups who were active between study time and the test.

The silent group did twice as well as the groups who were active between study time and the test. Memorizing is done in two ways. We can recall facts or learn the material. Retaining facts might help you learn faster and may bring better results on a test. This form of memorizing is good for simple tasks. You don't need to know how to get a formula for a calculus assignment. Learning the material helps the information stay with you longer. If the information is retained it can be used again.

Sometimes we only have time or need for the surface knowledge. If that's the case some short cuts can come in handy. Converting the information to a sentence with the first letter of each word representing parts you want to remember is one trick. Writing the information on index cards and placing them around the house in simple acronyms or verse can be invented quickly.

Experimenter have studied the theory of study time; how much is needed for good test results? The first modern memory researcher thought dividing study time into equal periods to be more efficient. The Total Time Hypothesis found a direct link between learning and time spent studying by testing British postmen learning to use a computer. The results were that studying two or three hours a day over a period of time is better than four or five hours in a few days.

Another theory is that the test done in between the time you learn the information and take a test gives better results. Memories can be disrupted by new information. If you have to study several subjects in sequence, it is better if the subjects aren't similar. Studying math after history is alright but studying American history after French history could blur the information.

Changing study places has also helped memory recall. If you study English at your desk and Biology at the kitchen table differentiating between what was learned about each subject may be easier.

Some of these theories may or may not help you remember information for mid-terms better. The most successful way to learn is still understanding what you're learning.
Sundowners: the Review

by John and Tammy Horton

Where can you get two charbroiled top sirloin steak dinners, complete with your choice of salad or soup and beverage for under $10? Fred fortune at Downtown San Bernardino boasts such a restaurant.

Straight out of the Sundowners' set, the movie which provided the name of the restaurant, comes two rustic ranchhouse steak restaurants. The decor is set with old movie postures of such stars as Clark Gable and Marilyn Monroe set in unforgettable poses. Old rustic rifles, strategically placed, add much to the atmosphere.

Located at 1131 South "E" St. in San Bernardino, and 8983 Sierra Avenue in Fontana, Sundowners Family Restaurant provides a real bargain to a student's pocketbook.

They specialize in a variety of meals, ranging from steaks, chicken, fish, pork chops, and ham, to spaghetti. The restaurants are cafeteria style, with the added bonus of not having to leave a tip. The managers of each restaurant provide an added service by their frequent trips through the restaurant serving refills on coffee, and checking to be sure you are enjoying your dinner.

You enter each restaurant through a long hallway upon which are placed placards displaying each dinner ensemble and listing the items and price. You make your selection from the placards and then place your order while picking up your tray. Each dinner comes with a choice of baked potato, mashed potatoes and gravy, French fries or fried rice. The fried rice is oriental flavored with bits of ham included - very tasty. You are also served a slice of Sundowner toast with each meal.

If you wish to order a salad, you have your choice of either green salad or fruit salad, for only an additional 69¢, or you may order a bowl of steaming delicious soup for only 69¢. Moving down the line, you order your beverage; coffee or hot tea for 39¢, small and large drinks for 49¢ and 59¢ respectively. They also have a delightful choice of pies, cakes, jello, or puddings to round out your meal.

After paying for your dinner you may be seated at any of the booths or tables in the spacious dining rooms. The restaurants provide areas for both smokers and non-smokers. When your order is ready, your number is called and you may pick up your dinner.

During the week they offer dinner specials from 5-9 p.m. These specials are different each evening, with no specials on Friday and Saturday. For example, on Monday evening you may order a half fried chicken dinner (4 pieces) for only $2.29. On Wednesday they offer a fish plate dinner for $1.59, and on Sunday, they serve a pork chop platter for $2.79.

If you are in the area during the lunch hour, after 11:00 a.m., they serve a wide variety of lunchbox specials, ranging in price from $2.00 for a snack burger lunch with your choice of potato or fried rice, soup or salad, and regular drink. The highest price for lunch is $4.23 for a prime rib sandwich with the same choice. For those who are early diners, you may order the lunchroom specials until 5:00 p.m. An additional bargain for those cost conscious students.

In the early college days of this couple, we often enjoyed the Sundowners' taste and inexpensive food. You can come away being fully satisfied without putting a squeeze on your finances. We hope you enjoy a visit to either location soon to enjoy a completely delicious and satisfying meal.

The Lure of Pizzattraction

by Oren Romo

Yes, guys, the way to attract women is with a hot smelly pizza. I was at the Inland Center Mall looking for work-out equipment to improve my body and possibly my chances of attracting women. Well, all I got was confused trying to fit myself into one of those one-hundred body position pretzel makers. The afternoon wore on and this pretzel got tired and hungry, then I remembered that I had promised to bring a pizza back home. I soon noticed a pizza shop and put in my order for one with charbroiled, top sirloin steak, choice of salad or soup and large drinks for 49¢ and 59¢ respectively. They also have a delightful choice of pies, cakes, jello, or puddings to round out your meal.

At The Movies

NOW SHOWING

Inland 5
381-1611
Commercet 6
886-1400
Stand By Me
Crocodile Dundee

Red Light

Central City 4
381-4461
Back to School
Ruthless People

The Color of Money
Blue Velvet

Allies
Nothing in Common

The Color of Money
Back to School

The Boy Who Could Fly
Ruthless People

In the early college days of this couple, we often enjoyed the Sundowners' taste and inexpensive food. We hope you enjoy a visit to either location soon to enjoy a completely delicious and satisfying meal.
Each Year, only a small number of residence hall students are known to succumb to alcohol and drug abuse. Yet for these few individuals the consequences of their experimentation are often devastating. Loss of permission to live on campus, diminished ability to do well in classes, drug related health problems and disenfranchisement of friends are just a few of the drug related problems that we see in the residence halls. The staff of Serrano Village urges campus residents and non-residents alike to avoid all involvement with drugs.

Doyle Stonsel, Housing Director

REAGAN'S SOLUTION FOR U.S. SCHOOLS...
If you know your buns, you could put them on this baby.

Win a Honda Elite™ 150 Deluxe Scooter from In-N-Out Burger.

Introducing the absolute easiest quiz you'll take all year. And the only one that gives you a chance to win a totally cool, red Honda Elite 150 Deluxe Scooter for getting the right answer.

So, think hard. How many sesame seeds are on an In-N-Out Double-Double® bun?

If you don't know, feel free to cheat. Cramming is allowed at any In-N-Out Burger location. Just put your answer on the entry form below (or print all the info on a plain piece of paper) and drop it off at any In-N-Out Burger before midnight, November 17.

ENTER AT THESE LOCATIONS:

ANAHEIM
600 S. Brookhurst
At Orange

ARCADIA
420 N. Santa Anita Ave.
At Colorado Blvd.

AZUSA
324 S. Azusa Ave.
South of 210 Freeway

BALDWIN PARK
13700 Francisquito
At San Bernardino Freeway

BUENA PARK
7926 Valley View
At La Palma

CAMARILLO
136 Venice Blvd.
At the Carmen Off-Ramp

CORONA
114 Safari Club Dr.
At S. Freeway

LAGUNA NIGUEL
2872 Camino Capistrano
At Victoria Parkway

LA HABRA
215 E. Lambert Rd.
Corner of Palm

LAKEWOOD
900 N. Bellflower
At South Street

LA PALM
1297 E. Atlantic Rd.
1/2 mile S of Placentia

LA VERNE
2098 Foothill Blvd.
Corner of "D" St.

LAGUNA BEACH
5644 Laguna Street
Boulevard & Buccaneer

LONG BEACH
1451 E. 19th St.
At Placentia Blvd.

LAFAYETTE
2215 Foothill Blvd.
West of Craig

PELLESAH
4242 N. Rosemead Blvd.
At Mission

SAN BERNARDINO
1944 S. Tippecanoe
At San Bernardino Freeway

SAN FERNANDO
1445 Laurel Canyon Blvd.
Golden St. Freeway

SANTA ANA
815 North Bristol
North of Civic Center Dr.

SANTA CLARITA
15610 San Bernardino Rd.
At Orange

SOUTH PASADENA
2124 E. Foothill Blvd.
West of Craig

TORRANCE
730 W. Carson
Carson Off-Ramp

TUGJUNGA
420 Foothill Blvd.
At Lowell St.

WESTMINSTER
6292 Westminster Blvd.
At Willow

WOODLAND HILLS
1990 Van Nuys Blvd.
East of Winnetka

You can enter as often as you like but there's just one prize per person. And you don't even have to buy anything, although your stomach will be very happy if you do. Then, on Friday, November 21, we'll draw 6 winning entries from among all the entries with the right answer to our question. And those 6 incredibly lucky college types will be cruising through the In-N-Out Drive-Thru on their very own red Honda Elite 150 Deluxe Scooter. Outrageousness!

Maximum load capacity 330 lbs.

Always wear a helmet and eye protection.