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"Documenting my hobbies"

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New Hobbies



Documenting new hobbies during COVID

In the beginning of quarantine all I did was watch Netflix, play video games, and sleep. I am not going to lie it was fun at first and I enjoyed my time off. Before, Covid I would just go to work and school. I fell into the routine of not taking care of myself.

New Hobbies



Hiking

I started to hike when my friends and family motivated me to go out.



Yoga

I incorporated this when I realize that I have anger issues. I learn to relax and clear my mind every morning.



Swimming

I love swimming with my friends and family. I realize I am competitive and like to race my sisters. I also helped my sister learn how to swim.

Disclaimer: None of the pictures are mine.

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