ALLRED TO SPEAK MAY 30TH

Gloria Allred, feminist attorney from Los Angeles, will speak at Cal State, San Bernardino Thursday evening, May 30.

The free public lecture will begin at 7:30 p.m. in the Recital Hall of the Creative Arts Building. Ms. Allred will discuss "Civil Rights, Gay Rights and Social Change.

Described as a "whirlwind seeking change," Allred has become known outside the courtroom for carefully orchestrated press conferences announcing the filing of another case. Time magazine described the diminutive attorney as "one of the nation's most effective advocates of family rights and feminist causes."

Although she handles routine business, personal injury and family law cases, it is her unusual cases which have resulted in some 2000 radio and talk show appearances, 15 thick volumes of clippings and an office with a staff of 11 attorneys.

With her court cases, she has forced Los Angeles County to unchain pregnant jail inmates from their beds, sued a restaurant for giving women menus without prices, filed suit for honors students expelled from a church-related high school for sipping wine at a private party, helped "Roots" star LeVar Burton gain joint custody of a child he fathered, and filed a $21 million dollar suit for a 22-year-old woman who claimed she was seduced by seven Roman Catholic priests. She was involved in the case of Elizabeth Bouvia, the handicapped Riverside woman who wanted to die.

cont. on pg. 2
**PUB SURVEY**

1. How often do you visit the pub restaurant area?
   - Never - 16
   - Occasionally - 82
   - Frequently - 44

2. How often do you visit the pub drinking area?
   - Never - 16
   - Occasionally - 82
   - Frequently - 44

3. How much do you spend on food alone at the Pub? (weekly)
   - $0-$2 - 92
   - $2-$4 - 34
   - $4-$6 - 25
   - $6-$8 - 7
   - $8-over - 4

4. Why do you go to the Pub drinking area?
   - Socialize - 90
   - Study - 16
   - Watch TV - 27
   - Other - 44
   - Relax - 42
   - Eat - 9

5. Are the Drinking Hours convenient for you?
   - Yes - 97
   - No - 49

6. What would you be willing to pay to see a good live band play at the Pub?
   - Average Denomination - $3.50

7. Is the Present Sound System a good incentive for you to go to the Pub?
   - Yes - 29
   - No - 119

8. Should the Pub drinking facility have a smoking area, but daily Happy Hour (i.e. 5-6 p.m.)?
   - Yes - 115
   - No - 34

9. Are you aware of the weekly food specials at the Pub Restaurant?
   - Yes - 46
   - No - 112

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**INTRAMURAL TEAM SPORTS**

The latest line from Las Vegas lists "Slader" as the favorite in Co-Ed Softball, with the resurgent "Mixed Company" in hot pursuit. Defending champion "PE-MM" and "SOMB" are also in contention.

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**UNI PHI "SERVICE TO DISABLED" AWARDS**

The Uni Phi Club has named four members of the University Park campus to receive recognition. Daniel Igbokev, a graduate student in education, will be given the Anita Halberg Award which recognizes a severely disabled student showing "academic success with inspirational enthusiasm." The Barbara Sovereign Award given to a disabled student demonstrating "high academic achievement and leadership ability" will be presented to psychology senior Sandra Boyd. Ellen Kowalski (Physical Education) will be given the Dr. Fred Killers Award as the faculty member who "shows sensitive respect and creative aid to disabled students." Dr. Theron Pace (Services to Students with Disabilities) will be presented the Frank Lottos Award, given to a faculty, staff or student whose "behind-the-scenes efforts promote the progress of disabled students."

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**NEWSBRIEFS**

- The former vice president of marketing with Gold-Well Investment at Los Angeles, Dr. Beckman is a member of the National Association of Business Economists. He is currently studying financial products and business cycle prediction.
- The event is sponsored by the Economics Department and the newly formed chapter of Omicron Delta Epsilon, the economics honor society.

**Wheel-A-Thon To Benefit Disabled**

The Uni Phi Club is sponsoring a Wheel-A-Thon on Thursday, May 30 from 9 a.m. to 3 p.m. Students are signing up cash pledges which they will earn by completing laps around the university campus. Pledges also may be made through the Services to Students with Disabilities office. Extra wheel chairs will be available for any student who may enter. Proceeds will benefit scholarships for disabled students.
WANT A T-SHIRT?

Unless you are currently on a contending team in softball or volleyball, you are running out of time to win a coveted "I Want You" Intramural T-Shirt. Only three Intramural events remain on the schedule. There will be a golf tournament on campus tomorrow, and you may tee off any time between 1:15 and 4 p.m. The sign up area, and first tee are just north of the P.E. Building. Special door prizes have been donated by Anheuser Busch. The Coyote 500 Car Rallye will take place on Friday, May 31st, starting at 6:30 p.m. in the dorm lot. One driver and one navigator per car, and there is no entry fee. For those who may be wondering, a car rallye is not a race, but instead a test of navigational skills and the driver's ability to maintain a safe, given average speed. It is a lot of fun, so plan on being there.

The final event of the year is the annual Water Carnival, June 4th at 3 p.m. In addition to standard aquatic events such as freestyles, medley relays and diving there will also be some novelty events. These include an underwater swim, dog paddle, and an inner tube relay. For more information about all of these events, come to the P.E. Building and check the Intramural Bulletin Board, or stop by Room 124.

The Benefits Of The Alumni Association

It works to build its own membership, while helping to recruit new students for CSUSB. At the same time, though, it helps maintain friendships, and by a process called networking, it gives members the opportunity to use their informal connections to further their own careers. And through this all, they simply have fun, too.

Aside from what the Alumni Association does, it also brings many benefits to CSUSB students. Come visit us!

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The Benefits Of The Alumni Association

by Elrod Lawrence

In last week's column, I briefly mentioned the Alumni Association, and how it is a good idea for seniors graduating from CSUSB to join it. But what exactly is the Alumni Association, and how can graduates benefit from it?

Basically, the Alumni Association is an organization where graduates from CSUSB can serve as role models, representing the university in the community and supporting its programs.

It works to build its own membership, while helping to recruit new students for CSUSB. At the same time, though, it helps maintain friendships, and by a process called networking, it gives members the opportunity to use their informal connections to further their own careers. And through this all, they simply have fun, too.

Aside from what the Alumni Association does, it also brings many benefits to CSUSB on April 18 of this year. The inspiration for the establishment of DSP chapter on campus came from Bill Gropp. He is the only active member of the DSP in the CSUSB colony. It is because of his hard work, along with dedicated pledges, that the fraternity has been so successful at CSUSB. The Delta Sigs have come a long way since April 18, and they have not begun to start. They are well on their way to achieving their goal; to become a distinct and positive force for campus.

Delta Sigma Phi offers the opportunity for all dedicated men to become members of a national social fraternity. Any men become members by next fall, when DSP will gain full chapter status on campus, will be Charter members of the CSUSB chapter. For answers to your questions, contact Bill Gropp (Joshua dorm, 222) or Paul Weller (Waterman ext. 7427).

End of the Year CLEARANCE SALE June 3rd to June 14th

www矣 USTudentLife.com
Meetings:
The Marketing Assn. meets from Noon-1p.m. in the Senate Chambers.
P.E. Chi meets from Noon-1p.m. in PS-202.
The Finance Assn. meets from Noon-1p.m. in S.U. Room A.
The Social Science Advisory Council meets from 4-6p.m. in PS-246.
Woodpushers Anonymous plays chess from 7:30-Midnight in the Senate Chambers and S.U. Rooms A&B.
University Theatre presents "Ethnocentric" at 8:30 in the Creative Arts Theatre.

Events:
Services to Students with Disabilities sponsors a "Wheelchair-A-Thon" on the Library platform from 9a.m.-3p.m.
Credit Card sign ups will be held from 1-6p.m. in front of the Library.
A.S. Movie: "Electric Dreams" starts at 6p.m. in the S.U. Fahl.
The A.S./Delta Sigma Phi Talent Show will be held from 8-11p.m. in the SUMP. Admission is $1.00 for CSUSB students and $2.00 for non-students.
The Gay and Lesbian Union will be sponsoring a speaker, Gloria Allred, attorney at law. Ms. Allred will speak on "Civil Rights, Gay Rights and Social Change" at 7:30p.m. in the Creative Arts Recital Hall.
The History and Political Science Alumni Wine and Cheese gathering will be held from 7:30-10p.m. in the Lower Commons.
WEEKEND JUNE 1 & 2

SATURDAY
Events:
The American Heart Association's relay race will begin at 7 a.m. on the Outer Perimeter road.
Extended Education offers a child abuse seminar from 7:30 a.m.-6:30 p.m. in the SUMP. For more information, contact x7724.
Upward Bound's Summer Olympic training begins at 9 a.m. in the Gym.
The International Students Association Film Festival will be held from 2-11 p.m. in PS-10.
The Cal State Marketing Association Banquet will be held from 6:30-11 p.m. at Arrowhead Country Club.
Informal recreation will be held from 1-5 p.m. in the P.E. Building.
University Theatre presents "Rhinoceros" at 8:15 p.m. in the Creative Arts Building.

SUNDAY
Events:
Informal recreation will be held from 1-5 p.m. in the P.E. Building.
The Campus-wide Annual Picnic will be held on the grass behind the Student Services Building at 5 p.m. Price is Adults- $5.00 (Steak), Children $1.00 (Hamburgers/Hot Dogs). "Mojave Green", a country-western band, will provide the entertainment.
The CSUSB Wind and Jazz Ensemble will be performing at 8:15 p.m. in the Creative Arts Recital Hall. Admission is $1.50 for CSUSB students, $3.00 for non-students.
How To Avoid Destructive Stress

Stress can be defined as the tension that motivates you toward action to satisfy a need. It is simply your body's signal to act. When you see a way to satisfy the need, make a decision and then take action, the stress is constructive. You may, for example, be preparing a report to submit to an instructor. You are excited about it. You know the decision and then take action, the stress is constructive.

You become thoroughly involved with the task. You have a need to do the job well and are taking constructive action to satisfy that need. The stress you experience is constructive.

Destructive stress, on the other hand, is the tension you experience when you have and maintain a need to control something that is out of your control. You may, for example, feel a need to have more hours in the day so you can complete your work and still have time for a reasonable amount of rest and relaxation.

The tension you then experience in your body (destructive stress) arises from your need to somehow change the fact that there are only 24 hours in a day. This tension has no constructive action outlet since there is absolutely nothing you can do to create more than 24 hours in a day. You literally 'stew in your own juice' (adrenalin), often with destructive physical and emotional consequences.

Freedom from destructive stress requires:

1. Ability to discriminate between what you can control and what is beyond your control, and
2. Willingness to let go of your need to control something that is out of your control anyway.

When you do this, not only are you free of destructive stress, but you also release your full potential for constructive action in those areas you can control.

Practical Tips For Finals

1. Have a positive attitude. Realize that you are an intelligent person and that there is no reason why you shouldn't do well.
2. Be calm when you study. A calm mind absorbs information better than a tense one.
3. Exercise regularly. Aerobic exercise releases hormones that calm the body and the mind. Even if you are not into regular exercise, a daily walk can do wonders. A bit of warning though. Don't make exercise an additional stress, that is, don't constantly try to run that extra mile. Warning though. Don't make exercise an additional stress, that is, don't constantly try to run that extra mile.
4. Plan regular study breaks, and do something different during these breaks--such as listen to classical music, etc. This helps avoid burn out by not overloading the brain.
5. Avoid stress foods--caffeine, sugar, greasy foods. Eat a variety of foods, especially stress reducers such as milk, foods high in Vitamin A, B and C.
6. Distractions—that intense desire to scrub the floor, the inability to concentrate on anything but soap operas—are a normal part of studying. Instead of feeling guilty about them, recognize that there are ways whereby you are mentally preparing yourself to get down to the task at hand. Allow yourself a limited period of guilt free time, then get on with your studying.
7. Above all, realize that finals week is not the end of the world. You will do the best you can, you will survive, and the sun will come up tomorrow. By keeping some perspective, you can manage stress better, work more productively, and approach the summer in a better frame of mind.

Alumni Assoc.

Alumni Assoc. from 3 graduates. It assists with many aspects of commencement, and it works with Placement and Enrollment Services as well.

The Alumni Association is divided into seven chapters: Black, Chicano, Nursing, Education, Business & Public Administration, and General. Of these chapters, the Education Chapter has a scholarship program, in the form of two scholarships given out to one new and one continuing member.

How does one go about joining the Alumni Association, you might ask? You can contact them by going to VA 106 or by calling 867-7811. The cost is $18 per year, or $100 for a life membership. However, if you are a graduating senior, you can join the Association at a reduced rate of $9 for your first year. Easy, isn't it? And so beneficial. So don't miss out—join the Alumni Association, and make the most of your CSUSB experience...even after you've left.
For Summer Fun!
IMMEDIATE OPENINGS
WORK YOUR WAY THRU SUMMER WITH KELLY

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*Great Experience
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Not an agency - Never a fee

APPLICATIONS IMMEDIATELY

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900 to 00
WORK YOUR WAY
THRU SUMMER
WITH KELLY

900 to 00
THRU SUMMER
ASSIGNMENTS

686-3112 or 825-7593
3590 Central Avenue,
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A Showplace! This exquisite 3 bedroom home is like brand new. It includes beautiful landscaping, sprinkler system, triple-car garage and many extras. The best news is the $81,000 FHA assumable loan. You can't beat this one for $91,000! Century 21, Loma Linda Realty. 825-7102, 5/29


Management Trainee Needed: Individual with executive potential who is seeking management opportunities. The applicants selected will be trained for branch manager of a large growing financial services company. Aggressive, ambitious person with pleasant personality is desired. Good starting salary ($14,000) and complete program of employers benefits. Advance according to your ability to absorb training and greater responsibility apply at: Norwest Financial Services 6283 Magnolia Ave Riverside, 884-9081.

Applications Are Now Being Accepted For The Position Of Yearbook Editor. Contact A.S. For Details 887-7494

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AND MORE

Classes begin June 20.
Phone: (714) 887-7527 for registration information.

California State University, San Bernardino
Office of Extended Education/Summer Sessions
"Call State's link with a growing community"
Dear Editor,

As graduation approaches, I would like to express the opportunity to thank all of the people here at Cal State that have helped make my college experience both enjoyable and most rewarding. I am very fortunate to have attended a public school to finish my bachelor's degree, as most graduating seniors here within my particular discipline would agree, I am sure. Us Cal State students are lucky to have the Cal State University at our disposal. Costs are perhaps as little as one

fifth the cost compared to universities throughout the
United States. Cal State University, San Bernardino, is truly a jewel within this system.

This quality is perhaps most personified by the excellent faculty, student relations and extra-curricular programs available to students majoring within business.

For those readers who are unfamiliar with the accounting program here at Cal State, I would like to briefly explain what makes this school the absolute best education one can receive in the field of accounting. The Accounting Department has been turning out highly competent graduates since its inception several years ago. We have had a national award winners from past CPA Exams and most have gone on to pursue successful careers. What makes the program such an overwhelming success given a relatively short life is the dedication toward the pursuit of excellence that the faculty has embraced.

Nonetheless, my prolonged college career has involved many such concern for the welfare of the student as an individual by faculty and staff as at Cal State.

In addition to my educational experiences, I am very fortunate to have been actively involved in the Accounting Association and Alpha Kappa Psi Professional Business Fraternity. The relationships I developed with students and faculty within these organizations helped me through some rough times and enlightened my perception of what to expect in the business world after college. I know the experience I gained by participating in these organizations will continue to serve me in my professional career long after graduation.

Thanks to my instructors, fellow students, friends, staff and significant others with whom I have had the pleasure to get acquainted during the last two years. You have made experience at Cal State truly memorable.

Sincerely,

Jim St. Leger

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**Pimp & Whore Dance: Manipulators or Victims**

Dear Sir:

Controversy has been raging concerning the Morongo Dorm sponsored Pimp and Whore Dance, which was held on May 23rd in the Student Union on that evening. My concern is that of a Registered Nurse, an individual major, and Associated Student Executive Officer in the Student Government. The promotion of societal deviance that renders its participants either criminal manipulators or traumatized victims.

I feel that we, as concerned human beings and students, who are striving towards academic competency and the embodiment of professional excellence, should seriously consider a clarification of personal choices. Tolerance, in its most passive form, breeds an atmosphere of non-involvement and permission and produces a personal tendency to self-isolate and deny any personal responsibility. As a society, our demarcations of acceptable and non-acceptable behaviors have turned grey; we as participants have begun "to pass the buck."

Responsibility starts with self and is inclusive of others in an actualized human being. Responsibility for the well-being of other students, faculty, and administrators within the CSUSB campus is everyone's concern. We need to respect the individual integrity, capabilities, and encourage the positive possibilities for becoming loving and living human beings. What we emulate, we concerning the Pimp & Whore Dance should be questioned in the future. By being informed about social issues of human exploitation and victimization, each of us can be more sensitive to the pain and degradation of others. Together we can work to promote human dignity, freedom and well-being.

Those of us connected with the M.S. Counseling Psychology program encourage others to share their knowledge so that we may expand our awareness on other important social issues.

Sincerely,

Jim St. Leger

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**Letter to the Editor**

*"Pimp & Whore" Dance*

Blind Tradition or Informed Thinking?

On May 23, 1985, Morongo Dorm sponsored a dance for all CSUSB students and non-students. We support the organizers in their efforts to raise funds for the dorm. Yet, we do not think that the implications of the "传统的" theme of this dance were considered.

At times, tradition needs to be questioned. In this case, we feel that the traditional "Pimp & Whore" dance trivializes a very serious social issue-prostitution. Unfortunately, prostitution is often glamorized in the media. Because of this, the uglier facts involved are frequently overlooked. Please consider the following facts:

*Approximately 80% of prostitutes (men and women) and incest victims or less-educated individuals have been either molested or raped as children and thus have been forced into prostitution.

*The average working woman makes only 3/5 of what the average working man makes when they both work full time year around.

*Many women have no economic alternatives to prostitution. Most investigators agree that women, given the same education, job and experience, are given less pay and are promoted more slowly than are men. For example, the U.S. Dept. of Labor (1978) reported that approximately 80% of prostituted men are in the top 25% of the labor market. They are well paid and given quick advancement. In contrast, the average working woman makes only 3/5 of what the average working male makes.

Many women have no alternative to prostitution. Women and men arrested for prostitution each year. They are considered in their activities.

The average working woman makes only 3/5 of what the average working man makes when they both work full time year around.

"P & W" Dance: Manipulators or Victims

Editorial Page

**THIS IS THE FINAL EDITORIAL PAGE OF SPRING QUARTER.**

EDITORIALS

Thank You Cal State, For A "Truly Memorable" Experience

Dear Editor,

As graduation approaches, I would like to express the opportunity to thank all of the people here at Cal State that have helped make my college experience both enjoyable and most rewarding. I am very fortunate to have attended a public school to finish my bachelor's degree, as most graduating seniors here within my particular discipline would agree, I am sure. Us Cal State students are lucky to have the Cal State University at our disposal. Costs are perhaps as little as one

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Jim St. Leger