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2020

## "Pictures of my COVID Experience"

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I HAVE BEEN TAKING PICTURES OF EVERYTHING THAT HAS FILLED UP MY NEW VAST AMOUNT TIME, NEW EXPERIENCES I HAVE HAD, NEW HOBBIES I HAVE FOUND JOY IN, THE TIME I HAVE SPENT WITH MY LOVED ONES THAT SEEMED EVEN MORE PRECIOUS THAT IT DID BEFORE, AND OTHER THINGS THAT HAVE BROUGHT ME JOY DURING THIS OBSCURE TIME. I HAVE FOUND THAT FINDING THINGS THAT HAVE MADE ME HAPPY AND CAPTURING THEM HAS HELPED ME NOT GO INTO A NEGATIVE DOWNWARD SPIRAL FULL OF UNCERTAINTY DUE TO COVID 19. I HOPE YOU ENJOY THESE PICTURES OF THINGS AND EXPERIENCES THAT HAVE BROUGHT ME JOY SINCE THE BEGINNING OF QUARANTINE IN MARCH OF 2020.