

California State University, San Bernardino

CSUSB ScholarWorks

Documenting the CSUSB COVID-19 Experience

Arthur E. Nelson University Archives

12-4-2020

"Aliza's Journals"

Aliza T. Moss

CSUSB, 005557626@coyote.csusb.edu

Follow this and additional works at: <https://scholarworks.lib.csusb.edu/csusb-covid-19>

Recommended Citation

Moss, Aliza T., "'Aliza's Journals'" (2020). *Documenting the CSUSB COVID-19 Experience*. 185.
<https://scholarworks.lib.csusb.edu/csusb-covid-19/185>

This Diary is brought to you for free and open access by the Arthur E. Nelson University Archives at CSUSB ScholarWorks. It has been accepted for inclusion in Documenting the CSUSB COVID-19 Experience by an authorized administrator of CSUSB ScholarWorks. For more information, please contact scholarworks@csusb.edu.

Aliza Moss

12/3/2020

Archive Project

COVID 19, wow. I am currently living through a pandemic. Who would have thought?

Hello,

I am Aliza Moss, 22 years old, and I currently reside in southern California. I am a second-year college student here at California State University; my major is liberal studies. I plan on being an elementary school teacher in the future. In this project here, I plan to keep a journal to reflect on my current situation. Call it a diary if you will. This has been my take on all the craziness going on in the world. Honestly, I have no idea how I will plan this out yet or what all this will consist of, but it's a great way to reflect on my life changes.

Living in fear

Before I start stating my opinions and outlook on what I have endured this past year, I think it's important to emphasize the severity of this pandemic. Ever since the announcement of this virus, society as a whole has been living in fear. Sometimes it's easy to find yourself being insensitive to the situation, but overall we must not forget how serious everyone's health is right now. Now that we have been dealing with COVID for a year, it's hard to apply all the precautions set in place. It's been a year since COVID was introduced to us, and people aren't following the health precautions as much.

The highest risk for COVID is babies, older people, and people with preexisting health concerns. This high-risk rate doesn't qualify for everyone but does make up a significant percentage of the population. People everywhere are very scared of contracting the virus or loved

ones around us, contracting it as well. I can only imagine the fear of these people daily who are at high risk for COVID.

Changes

It is so crazy to sit up and think that I am apart of history. It's been about a year now since the virus has been out, yet so much has changed. It's crazy to think of how hectic the world has become. When we first heard about COVID, many rushed to the stores and bought everything on the shelves. I remember going into so many different stores just to find a specific item. It was insane! We never actually had a food shortage or shortage on anything at that. People were rushing the stores buying things off the shelves before the workers could even restock the shelves. I think a lot of people went to an extreme when they first were informed about the virus. Honestly, I also understand because, at that moment, we had no idea what to think, nor the extent of how bad things will get. A lot of people were acting out of fear, which is understandable.

The next major change I have been seeing is the importance of masks and social distancing. It's so weird to see so many people walking around with masks. Before this epidemic, I don't think I ever wore a mask. Now you see so many different masks, with different designs and colors. We are now required to wear a mask in almost every public establishment; it's so different to me! I have also been witnessing people in protest of wearing masks. Personally, I don't understand the meaning of these protests because the only reason we wear masks is to keep up safe from the virus. In my opinion, I'd rather wear a mask and be uncomfortable than getting sick. Although, everyone has their own beliefs, and I respect any belief of anyone else. We also have been having to social distance. Social distancing means keeping 6 feet apart between people at all times. Being so far apart is so different because, in

stores and stuff, we have stickers on the floor that measures 6 feet apart. The extra distance makes many lines appear longer than they are, but I'm not complaining as long as we stay safe.

Locked Down

In an attempt to keep COVID rates down, the government has been issuing curfews and lockdowns. As being a person having to live through these lockdowns has been so FRUSTRATING. I know that the lockdown is for good reasons, but they are interfering with everyone's lives. It just makes me want to follow the precautions as much as possible to be done with the pandemic already. Before COVID, I was having so much fun, going out with my friends almost every day. Now I barely even get to see them anymore. The government has been issuing various curfews to keep people inside. They shut down all stores and public establishments at a specific time to make everyone stay home. They shut down all indoor seated restaurants, so people can't even go out to eat. It's so hard to find anything to do at this moment.

Essential Worker

Many people have lost their jobs as a result of the pandemic, which is very sad. I am incredibly blessed enough to be able to keep my job throughout the chaos. I am currently labeled as an "essential worker," meaning I get to remain working. I am a security guard at a warehouse, so I wouldn't consider myself "essential," but I'll take it! When we go on lockdown, I must keep a paper from my job which permits me to be outside after curfew. It's so crazy to me; I feel like I am living in a movie. People who had jobs at places like restaurants, public events, entertaining jobs, etc., have lost their jobs. It is super sad that people have to stress about their income even in such a tough time. Luckily, we have been rewarded a stimulus check in hopes to help through the pandemic. Also, they have been offering unemployment to individuals who have lost their jobs due to COVID.

Where are we now

Recently, there have been huge events taking place that required people to meet up in large crowds. These large crowds have been concerning so many people who are taking the pandemic seriously. Previously, they were starting to release us from some of our restrictions, but since things are getting worse, they are beginning to lock everything down again. This is frustrating because just as we thought we were making progress, COVID rates started to spike. This concerns me because I just want life to go back to normal. It makes me sad to see peers around me not taking the virus as seriously. I will continue to implement my health precautions to keep me and everyone around safe.

Scrapbook

I have incorporated a Scrapbook into my journals because pictures speak louder than words. I don't know who may read this or where this journal ends up, but someone will run across this journal and have no idea what COVID is. Here are some insights into my life during the pandemic.



Wearing masks in store with friends.

Wearing Face masks out and about







