**Miller Protest Activities Stepped Up, Upheaval Abounds**

**Continued on Page A-2**
Continued from Page A-1

A hospital gown and Crystal put her dress back on, when the nurse ran from the room,

Continued from Page A-1

Continued from Page A-1

Crystal infomed her she had sat crying in some blood which had

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Joey immediately left the room, while the other nurse came in and asked the

Jim Crow
Grant Writing Workshop

The Resource Center presents an intensive two-day Grant Writing Workshop, "Selling Your Development, Planning and Government Funders." The workshop is valuable training for program members, and consultants involved in program development, planning and proposal writing. This course provides an in-depth, step-by-step method to develop a responsive, winning proposal.

Each participant is asked to do the following: Review grant proposals submitted by your organization in the last year. Review your organization's mission statement, annual report or strategic plan. Bring a grant application packet or RFP if you are applying for a grant. Bring a program plan for the project that you are seeking funding for.

Each participant will receive personalized technical assistance through a professional review and comment by NASA staff on the (2) grant proposals developed within one year of attending the workshop, at no additional cost.

Contact: Downtown info@riversidechamber.com 951-634-0100

9/9/05 - 9/10/05
The Black Voice News

There's only one thing more annoying than a phone company calling you to switch your phone service.

When they do it without calling at all.

It's called slamming. And it's when unscrupulous phone companies change your local toll service without your consent. For instance, you might voluntarily sign up for a long distance plan (by say, signing a check) without knowing that the legal fine print mentions your local toll service will be switched as well. Basically, you won't even know you've been slammed (or what local toll rate you're being charged) until your phone bill comes some time later. Although it all sounds too ridiculous to be true, it happens all the time.

The best way to protect yourself is to ask questions, ask a question, a question. The most the company can do is say "no" or "yes".

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The Black Voice News
The Los Angeles Black Business Expo's Celebrity Autograph Expo & Entertainment Summit

The Black Voice News

Letter to Editor

Continued from Page A-1

advertisement.

The second letter was from Risk Management department of Loma Linda University. According to the letter, signed by Paul Woodward, R.N.

Claims Investigator for Professional Liability, the letter was written 23 days after the shooting when the officer was on the courthouse. In the letter, it appears that the matte where the officer was shot nearly and the disfiguring solution did not work, since the middle of the mattress which allowed this disfiguring solution to reconstitute some of the old blood inside the mattress, which then came into contact with and undercooked on sitting down.

Our infectious disease specialist believes you were not exposed to any viable blood borne pathogens since any dried blood would not have contained any living bacterial or viral organisms and exposure to the disfiguring solution would have killed anything that remained.

A lawsuit accrues the hospital's negligence, and asks for general damages, medical and related expenses, damages for loss of earning, damages for loss of consortium, damages for emotional and medical distress, and all other damages the court may deem proper. The medical center was served by a class action lawsuit in January, which, according to the physicians, was not yet been responded to.

Employment Opportunity

Type/level/Layout/Design

LLUMC Admits Torn Mattress Harbored Blood

Continued from Page A-3

being exposed to a needle stick injury. Certainly your exposure would be much less dangerous than a needle stick injury, but it would be the most desirable and healthful approach, and we therefore want to make it available to you.

Once again we are very sorry for the distress and inconvenience that this episode has caused you. We have recently made changes in our protocol to prevent this type of thing from happening again.

The Black Voice News

Thursday, August 26, 1999

Los Angeles Black Business Expo's Celebrity Autograph Expo & Entertainment Summit

Los Angeles Black Business Expo's Celebrity Autograph Expo & Entertainment Summit

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Los Angeles Black Business Expo's Celebrity

Autograph Expo & Entertainment Summit

The Black Voice News

LLUMC Admits Torn Mattress Harbored Blood

Continued from Page A-3

when they were away taking her grandson and then the police told her "oh that's a bad idea." Then the police said "oh. "That's why you are around here." After the first big march a directive went out that warned all people involved in the Tyisha Miller protest.

My grandson had been out for 19 months and was feeling hopeless. But they helped him. The Los Angeles Times, Bob Clark had been locked up for over 10 years. If not for the police, he would have a parole for a parole violation. "When he had nowhere to turn for help. They were in the back yard getting high and the officers had gone in the yard next door and pulled out what they said it was a marijuana plant. Cranford said "she was a real joke."

The officers told her they also found an empty bag of marijuana but did not show it to her or write it on the property report. She said "the kids were screaming with pain in the middle of the night and there was such a volatile situation that she had no way out."

They sent Captain Jim Cawson when he was never expected to see the to see the officers were moved. The troopers said "the kids were screaming with pain in the middle of the night and there was such a volatile situation that she had no way out."

They even said Tyisha Miller who said "the kids were screaming with pain in the middle of the night and there was such a volatile situation that she had no way out."

The Justice Department is in town to review the mass complaints by people who until now had nowhere to turn for help.

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Prop. 5 Unconstitutional

Continued from Page A-1

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Prop. 5 Unconstitutional

Continued from Page A-1

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Co. Cal. AME’s Celebrate 75th Annual Conference

Register & Vote
Last Day to Register for the September 21 Election is August 26
For more information Call the San Bernardino County Registrars Office at 387-8300

Wednesday September 1st
You’re invited to come in for...
A Free Dozen Roses!

Join the Good Neighbor Day™ effort with Inland Flowers and Hospitality For Better Business

Receiv a Dozen Roses absolutely free to you!
Just keep one rose for yourself, and give the others to 11 other people.
Meet someone new, tell someone you know how much you care!

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1991 Diners Court, Unit 209, San Bernardino, CA 92401
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Free Bag! to first 200 visitors, compliments of stuffed Bag!

For Our Health
Deborah L. Gould, MD

It is not a secret that in this country the African American community is affected disproportionately by high blood pressure, cancers, and cardiovascular disease.

There are many reasons for the higher death rate. These include genetic factors, cigarette smoking, obesity, high levels of cholesterol, physical inactivity, our cultural attitudes towards the health care system, lack of preventive health screening, and racial biases that can and do affect health care decisions.

There are ways, however, that we can make a difference in our ability to live healthfully with cardiovascular disease. Cut the "S"-sugar, salt, smoking, spirits, second-sitting! Eat healthy Soul Food. You can cut the fat and keep the soul! Try skin milk or 1% instead of whole milk. Use fresh herbs, spices and lemon juice instead of salt.

Bake, steam, sauté, broil, or poach in place of frying. To add smoked flavor to your foods, use smoked turkey wings instead of ham hocks. Buy lean cuts of meat and add more seafood to your diet. Take a walk daily and use the stairs instead of the elevator whenever possible.

Remember that any changes made to improve your health should be gradual and planned. Speak to your doctor about what you would like to do — and then just do it! You will feel better, have more energy, and live a healthier life with improvement in your cardiovascular disease.

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**99 Mercury Tracer**
- MSRP: $30,410
- Freeway Discount: $2,800
- Factory Rebate: $500
- Customer Price: $27,110
- VIN: #XUJ22387

**99 Mercury Mystique GS**
- MSRP: $16,925
- Freeway Discount: $1,000
- Factory Rebate: $1,500
- Customer Price: $14,825
- VIN: #XK6O3347

**99 Mercury Grand Marquis GS**
- MSRP: $33,500
- Freeway Discount: $2,000
- Factory Rebate: $1,000
- Customer Price: $21,300
- VIN: #XG613196

**99 Mercury Mountaineer**
- MSRP: $23,990
- Freeway Discount: $1,900
- Customer Price: $21,300
- VIN: #XJ46172

**99 Mercury Villager GS**
- MSRP: $19,990
- Freeway Discount: $1,500
- Customer Price: $17,999
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**99 Mercury Sable GS**
- MSRP: $14,999
- Freeway Discount: $1,400
- Customer Price: $13,999
- VIN: #XK605600

**99 Lincoln Towncar Navigator**
- MSRP: $48,500
- Freeway Discount: $4,900
- Customer Price: $43,600
- VIN: #TY678869

**99 Ford Mustang**
- MSRP: $26,999
- Freeway Discount: $2,300
- Customer Price: $24,699
- VIN: #TT678869

**99 Ford Expedition**
- MSRP: $26,999
- Freeway Discount: $2,300
- Customer Price: $24,699
- VIN: #TT678869

**99 Lincoln Towncar**
- MSRP: $38,999
- Freeway Discount: $3,800
- Customer Price: $35,199
- VIN: #PL484544
ATTENTION:
University of California, Riverside, Cal State
San Bernardino, San Bernardino Water District,
Riverside and San Bernardino County School
Districts, Edison, The Gas Co., Metropolitan
Water District

The President Signed

HR 1558

August 17, 1999

This bill gives Disabled Veterans 3% on all
Federal Programs and Contracts Funded by the
Federal Government
If you are a public agency or private company
you are required to have DVBE participation

For further information contact:
Virgil Woolfolk JMAW Environmental &
Engineering Service Group
(909) 652-8826 or (949) 367-1000