January 20th 2015

CSUSB

Follow this and additional works at: https://scholarworks.lib.csusb.edu/coyote-chronicle

Recommended Citation
https://scholarworks.lib.csusb.edu/coyote-chronicle/132

This Article is brought to you for free and open access by the Archives – California State University San Bernardino at CSUSB ScholarWorks. It has been accepted for inclusion in Coyote Chronicle by an authorized administrator of CSUSB ScholarWorks. For more information, please contact scholarworks@csusb.edu.
Governor Brown’s CSU fund falls short of expectations

By DAVIN DEAN
Staff Writer

CSUSB officials were granted $80,000 from Southern California Edison (SCE) for the Science, Technology, Engineering, and Mathematics STEM program.

The grant was awarded to the Latino Education and Advocacy Days (LEAD) program, the Cal State Project to Promote Coastal Sage Scrub Conservation and Environmental Education Program.

The STEM program is for those students whose majors are in science, technology, engineering, and mathematics. The STEM program is designed to help students excel and gives them the tools needed to be successful, according to a Public Affairs article on the CSUSB website.

Since 2000, SCE has awarded

Continued on pg. 3

Women’s basketball catching fire, pg. 14

Grant awarded to CSUSB programs

By DAVIN DEAN
Staff Writer

The grant was awarded to the Latino Education and Advocacy Days (LEAD) program, the Cal State Project to Promote Coastal Sage Scrub Conservation and Environmental Education Program.

The STEM program is for those students whose majors are in science, technology, engineering, and mathematics. The STEM program is designed to help students excel and gives them the tools needed to be successful, according to a Public Affairs article on the CSUSB website.

Since 2000, SCE has awarded

Continued on pg. 3

Governor Brown’s CSU fund falls short of expectations

By DANNI YBARRA
Staff Writer

California Gov. Jerry Brown’s new budget proposal calls for an increase in higher education funding for the fourth consecutive year. Many hope the budget would hold to its current $142.2 million increase rate, however that was not the case.

Instead the California State University (CSU) system will be receiving a $119.5 million increase from last year, according to the Los Angeles Times.

The proposed budget falls in line with the governor’s multi-year stable funding plan for higher education.

The budget seeks to provide “a 20 percent increase in General Fund appropriations over a four-year period (2013-14 through 2016-17)” as stated directly from the budget details.

According to a Jan. 9, 2015 presentation from CSUSB’s University Budget Advisory Council, the current base increase stands at $101.1 million, but did not show the 2015/16 prospective budget.

The Coyote Chronicle reached out to contact university officials about next year’s budget, but was not able to talk to anyone.

According to the Los Angeles Times, the new budget for 2015-2016 falls about $97.1 million short of what was requested by CSU system trustees. According to the budget, the current increase will put a stop to tuition hikes for CSUs for the time being. However, as CSUSB anthropology professor, Christine Dias pointed out, “unfortunately is not going to reduce [current] tuition.”

Along with the stable tuition, the campus will be able to use the additional funds to enroll more students. However, though this contrasts directly with the budget’s goal, which states, “the budget provides increases in funding with a focus on results, rather than funding enroll growth.” Nonetheless, the Press Telegram reports that about 22,000 eligible applicants were turned down in 2012 due to lack of funding.

Next year, CSUs are expected to increase enrollment by roughly 3,500 students across the campuses (as opposed to the 12,000 they hoped for).

To accommodate the increase in students, more professors are hoped to be hired, according to the Los Angeles Times. It is not certain how each CSU will use the extra money, but the Los Angeles Times reports that the budget does not allow student success because it is no where near the amount needed to cover technological upgrades along with maintenance and repairs for each campus, which is estimated to be around $1.8 billion.

Here at CSUSB, some professors agree the money should go towards students.

“It should be spent to benefit the students, because it’s about the students!” said Dias.

CSUSB kinesiology professor, Tori Beaudette, would like to see it go towards things where students can apply their knowledge, such as labs.

“I like being able to have the equipment that is appropriate to teach [students] the tools they need to take the education they are getting and then apply it outside of here,” said Beaudette.

While the state also has other financial options available for students, such as Cal-Grants and Middle-Class Scholarships awarded to those who live in a household of $50,000 or less in combined annual income), according to graduate student Jennifer Lavigne, some students still cannot help but feel neglected.

“I don’t think our country appreciates enough that investing in our future in education pays us back,” said Lavigne.

It is not certain how each CSU will use the extra money, but the Los Angeles Times reports that the budget does not allow student success because it is no where near the amount needed to cover technological upgrades along with maintenance and repairs for each campus, which is estimated to be around $1.8 billion.

Here at CSUSB, some professors agree the money should go towards students.

“It should be spent to benefit the students, because it’s about the students!” said Dias.

CSUSB kinesiology professor, Tori Beaudette, would like to see it go towards things where students can apply their knowledge, such as labs.

“I like being able to have the equipment that is appropriate to teach [students] the tools they need to take the education they are getting and then apply it outside of here,” said Beaudette.

While the state also has other financial options available for students, such as Cal-Grants and Middle-Class Scholarships awarded to those who live in a household of $50,000 or less in combined annual income), according to graduate student Jennifer Lavigne, some students still cannot help but feel neglected.

“I don’t think our country appreciates enough that investing in our future in education pays us back,” said Lavigne.
The Coyote Chronicle is published every Friday for distribution on Monday during the academic session by the Communications department. The opinions expressed in the Chronicle are those of the student writers and editors and do not reflect the views of the university, its faculty, or any other person or institution unless expressly noted. The appearance of any advertisement in the Chronicle does not represent an endorsement of the products or services advertised. The Chronicle reserves the right to edit or reject all materials submitted to the paper.

Letter from the editor:

By GREG AVETISYAN Executive Editor

We couldn’t be more excited for the start of the winter quarter here at the Coyote Chronicle. Please take the time to turn the page and read the articles within our five sections; News, Opinions, Features, Arts and Entertainment, and Sports. Within each section there are multiple articles which contain stories ranging from restaurant reviews, local news and player profiles, to just name a few. We work as a team to reveal the issues that affect our students and staff while still celebrating the positive steps we all take as Coyotes.

We are honored to share our work with all of you and are always looking for feedback from the campus. We appreciate all the support and are excited to hear from our readers.

Advertise with us!

Contact us for special offers!
The world responds to Paris shooting

- The younger of the two brothers who killed 12 people in Paris last week most likely used his older brother’s passport in 2011 to travel to Yemen, where he received training and $20,000 from Al Qaeda’s affiliate, presumably to finance attacks when he returned home to France. - *The New York Times*

- The Jewish school in the Paris district of Montrouge, where gunman Amedy Coulibaly shot dead a police officer, harbours “a very strong presumption” that the establishment was his real target, the director said on Monday. - *The Guardian*

- After drawings of the Islamic prophet Muhammad led to killings at French satirical newspaper Charlie Hebdo, a major European nation is facing renewed claims for an end to its own ban on blasphemy. - *The Washington Post*

- A prosecutor says the shooting of a jogger in a Paris suburb on the same day as the Charlie Hebdo massacre has been linked to the gunman who killed a female police officer and four hostages at a kosher grocery. - *The Chicago Tribune*

- Up to 1.6 million are estimated to have taken to the streets of the French capital. More than 40 world leaders joined the start of the Paris march, linking arms in an act of solidarity. - *BBC World News*

Shuttle between campuses saves students time and money

By MARVIN GARCIA

The CSUSB shuttle program has implemented a commuting resource for students on both the Palm Desert Campus (PDC) and the main campus.

The shuttle not only gives students the opportunity to attend both campuses, but also as means for affordable transportation.

The shuttle started as a pilot program intended to help students gain more access to the variety of programs and services provided on both campuses, such as the John M. Pfau Library and involvement in campus activities, groups, and events.

Sharon Brown-Weltz, Dean of the PDC, stated this initiative came after CSUSB President Tomás D. Morales met with students during the 2013 Fall quarter who expressed their interest in having a shuttle that could grant them such conveniences.

The program has also been convenient for university staff, who use the shuttle to attend meetings on both campuses.

“It is a great way to contribute to students’ learning. It has been a real good resource for us,” said CSUSB graduate student Tony Zalsedo.

To determine the shuttle’s operating schedule, the Parking and Transportation Services Department distributed a survey to all students on both campuses that consisted of different options and asked about why they would use the service.

Based on feedback, it was decided slight changes would be made to the original schedule to better meet student needs.

However, Alondra Solis said she likes the fact there is a commuting service, but preferred the previous schedule over the current one.

During the program’s conception, there was no opposition as long as it was guaranteed that the conditions of transportation were appropriate for students. These included having a large enough van, the correct timing of drop-offs and pick-ups, and the students take advantage of this service.

“It has made it better for me to take classes on the main campus because the PDC doesn’t offer the ones in my major,” said student Omar Fernandez. “While students in Palm Desert struggle to get 12 units, I can easily take 16 here.”

Overall, students take the shuttle agree that they wish for the program to be kept and remain functional for future quarters.

The shuttle operates weekly from Monday-Friday.

The first shuttle leaves from PDC to CSUSB at 6:50 a.m.-8:20 p.m. and at 3:30 P.M.-5:00 P.M.; the CSUSB to PDC shuttle leaves at 9:00 a.m. -10:30 a.m. and at 6:10 p.m.-7:40 p.m.

STEM program granted funds by So Cal Edison

Continued from pg. 1

$334,050 in scholarships to the CSUSB campus.

According to Tammy Tumbling, SCE’s Director of Philanthropy and Community Investment, the company has given nearly $45 million to programs related to STEM.

SCE also supports the University’s Palm Desert Campus, awarding $59,920 in grants to it so since 2005.

The University’s philosophy of giving is that all people should have opportunities to do well. Together, Edison International and CSUSB hope to promote the inclusion and support of underrepresented students in the STEM fields,” said Tumbling.

“This is truly wonderful news. We’re grateful to SCE Edison International for their generous support of our STEM programs and educational outreach programs,” said CSUSB President Tomás D. Morales.

Morales and his team understand the importance of having more students graduate with majors in science, technology, engineering and mathematics, and ultimately enter the workforce in STEM-related fields.

The students of the STEM program and the Cal State Project to Promote Coastal Sage Scrub Conservation and Environmental Education program are happy about the positive news, according to Public Affairs articles on the CSUSB website.

In order to promote the Coastal Sage Scrub Conservation and Environmental Education Program, $25,000 of the SCE grant will go to the project.

SCE’s Director of Philanthropy and Community Education is a program that provides research for a habitat preserve program at an unmarked trail at the base of the CSUSB Murillo Family Observatory.

Students in the program are hoping for more modern devices.

“I feel confident with the funds that were given to the programs. We will now have better tools to help us succeed in the program,” said student Jose Sanchez.

The vision of this program is to have students from grades five to 12 vary to learn the fundamentals of habitat conservation and restoration.

“I would like my younger brother to take advantage of such a great program,” said Marisel Vargas, Coastal Sage Scrub Conservation program member.

The funding will also be used for the LEAP program, which is entering its sixth year.

LEAP holds a yearly conference focusing on educational issues affecting Latinos at the national, regional and local levels.

“I’m Latino and I feel the LEAP program is the best program that I’ve experience since attending Cal State San Bernardino,” said student Paul Diaz.

The funds will be used to further advance and improve the programs already in place.
Campus difficulties

By ESSENCE DENNIS
Staff Writer

CSUSB has approximately 20,000 students, so there is bound to be some conflict.

There are some issues that need to be addressed if we are to build solidarity amongst our campus community.

These issues range from freshmen who are upset with how the food is prepared in the Commons to seniors who are complaining that it is difficult for them to meet other students.

I hate the school’s enrollment system,” said DeShawn Wilson. Students have difficulty trying to register for classes. You are more than likely going to be stuck with a schedule that doesn’t pertain to your major and end up spending more than you bargained for.

There should be more events like “Late Night” which involves the campus-wide community, allowing our school to be more known for solidarity and togetherness.

We are a campus of scientists, business women and men, and artists. It should not be so hard to put all our heads together to become a school to be reckoned with.

FOOD

“The Commons’ food on the weekend is very disgusting,” said Matthew Graham. If students have raised such an uproar about food on campus, why hasn’t more action been initiated? The only changes that I’ve seen are the high-tech television menus that appear around campus. I have also grown tired of eating flimsy patties that sit in warm water cooked on a grease-stained grill.

There should be more events like “Late Night” which involves the campus-wide community, allowing our school to be more known for solidarity and togetherness.

We are a campus of scientists, business women and men, and artists. It should not be so hard to put all our heads together to become a school to be reckoned with.

CAMPUS SAFETY

We need to hire more community service officers and emergency medical technicians for when there are emergencies on campus. “With some classes getting out at 8 p.m., it’s dark out and anything could happen,” said Youngblood. I agree, there is a need for change evidenced by a student that was mugged near the University Village dorms. “Safety needs to be a big priority here; it needs to be changed,” added Youngblood.

ENROLLMENT

I hate how hard it is to meet people; it seems like everyone’s in a clique...I think if [CSUSB] had more events on campus, it’d be a lot easier to bring people together,” said Celeste Youngblood. Big events are advertised, but there aren’t many mixers that the entire campus can attend, giving the campus a “Mean Girls” aesthetic. A perfect example would be the Student Union; the dancers hang out in one corner, while the Greeks are in another, and the rest of the campus is floating around in the middle.

CLIFFS

“Late Night” which involves the campus-wide community, allowing our school to be more known for solidarity and togetherness.

We are a campus of scientists, business women and men, and artists. It should not be so hard to put all our heads together to become a school to be reckoned with.

Formaldehyde key ingredient in e-cigarettes

By DOMINIC INDOLINO
Staff Writer

Formaldehyde, an ingredient found in embalming fluid, is also reported to be present in cigarette smoke.

Presently, electronic cigarettes generate $1.5 billion a year, but Bloomberg Industries predicts that electronic cigarette sales could surpass those of tobacco, an industry already producing a market of half a trillion dollars collectively.

Electronic cigarettes have been on the market since 2004, and are now facing FDA legislation. A study in 2014 for the BioMed Central journal could not link negative effects to e-cigs “at a level that would warrant attention.”

Acrrolein, used as a chemical precursor, and formaldehyde are found in the nicotine solution of all electronic cigarettes. Both of these ingredients are toxic to health, but the World Health Organization (WHO) allows them in small doses.

The BMC journal, however, does not give electronic cigarettes a full pass of approval. Igor Burstein, the journal’s author, states that only exposures to the glycerin and propylene glycol (both approved by the FDA) in e-cigarettes should warrant attention, and that these exposures only affect users and not bystanders.

Even with this evidence, I think all smokers should consider the fumes exuding from the vape pen. I am a fan of most scents that electronic cigarettes have to offer, but when I smell fifteen kinds of berry in one place, the stench is overwhelming.

Users should exercise empathy and think of those around them.

If health risks of smoking electronic cigarettes are lower than those of traditional tobacco cigarettes, there should not be this much backlash from the Center of Disease Control and Prevention (CDC) and American Lung Association.

Matt Myers, president of the Campaign for Tobacco Free Kids, states that the concern is that electronic cigarettes would “re-glamorize” smoking cigarettes.

I went on campus to talk to students about the possible glamorizing affects of electronic cigarettes.

“The flavors,” beamed CSUSB senior Rodger Donner.

Regarding his concern about addiction to electronic cigarettes, he replied, “Not at all, cigarettes gave me that already. If anything this (gesturing to his pen) helps. I already have grown tired of eating flimsy patties that sit in warm water cooked on a grease-stained grill.

Users should exercise empathy and think of those around them.

If health risks of smoking electronic cigarettes are lower than those of traditional tobacco cigarettes, there should not be this much backlash from the Center of Disease Control and Prevention (CDC) and American Lung Association.

Matt Myers, president of the Campaign for Tobacco Free Kids, states that the concern is that electronic cigarettes would “re-glamorize” smoking cigarettes.

I went on campus to talk to students about the possible glamorizing affects of electronic cigarettes.

“The flavors,” beamed CSUSB senior Rodger Donner.

Regarding his concern about addiction to electronic cigarettes, he replied, “Not at all, cigarettes gave me that already. If anything this (gesturing to his pen) helps. I always buy the low nicotine levels and sometimes even the zero percents.”

Expecting to find only supporters of electronic cigarettes, I was surprised when I asked the opinion of another student.

“I will never touch the stuff,” Michael Charles said as he unwrapped his new package of Camel cigarettes. “The waste produced from a single disposable e-cig is way too much.”

He let the plastic wrapping from his carton fall to the floor and walked away without further comment.

In the end, we all choose our own poison.
**Opinions**

**Transgender community needs more support**

By ANGIE BURKHART  
Staff Writer

It’s time to accept the transgender community and their right to express their identity.

The term “transgender” is often misconstrued, in my opinion, because quite frankly, people don’t understand the true definition.

I believe the confusion lies in differentiating between sex and gender.

While most people believe being transgender involves sexual preference, it has far more to do with identity.

While sex refers to whether one is male or female, gender is constructed by society and falls back on one’s measure of feminity versus masculinity.

We should never reject things simply because we don’t understand them.

I believe what many have forgotten is that discrimination goes beyond age or the color of one’s skin.

“If we are striving for equality, we have to take into consideration all of the groups of people who face discrimination, one of which is transgender people,” stated Chaffey College student Ryan Fisher in an e-mail.

With the exception of Leelah Alcorn, it is rare to hear much of the tragedies as well.

With the exception of Leelah Alcorn, it is rare to hear much of the tragedies associated with society’s neglect of transgenders.

For those unfamiliar with the story, Alcorn, from Kings Mills, Cincinnati, formerly known as Joshua Alcorn, was a transgender teenager who committed suicide after years of rejection from her own parents.

“The life I would have lived isn’t worth living…because I am transgender,” wrote Alcorn in a suicide note, which was shared on her Tumblr blog.

How can we be satisfied with the state of our society when a teenager chooses not to live because they are ostracized for their gender identity?

I can assure you she is not the first transgender to face discrimination and alienation.

In a study conducted by the National Center for Transgender Equality and the National Gay and Lesbian Task Force, researchers found that 6,456 gender non-conforming and transgender individuals report facing discrimination at home, in the workplace, in school, and in the general public sphere.

We need to exercise transgender acceptance for the same reason we accept variation of age, skin color, and sex: every one deserves to be treated equally.

“I believe any person of any sexual orientation, race, ethnicity, mental/physical ability deserves the same place in society as the rest of us,” stated University of Redlands student Marie Muratalla via e-mail.

If we blissfully allow individuals the freedom of speech and religion, there is no excuse for rejecting a person whose sole purpose is to feel comfortable in their own skin.

The acceptance of transgender individuals begins close to home, with parents and caretakers.

Parents and caretakers need to question society’s beliefs about gender norms, and ask themselves who has the right to determine their child’s identity.

I think there is nothing worse than mourning the loss of your child and knowing you may have been able to prevent their suicide.

Fighting transgender discrimination goes far beyond the home, however; changes can be made within institutions as well.

Raul Maldonado is a student assistant at the CSUSB Pride Center who suggests neutral restrooms, and nationwide bans on transgender conversion therapy.

By recognizing the need for transgender acceptance, I believe we are taking the first step towards achieving equality.

Through familiarizing ourself with the stereotyping of the transgender community, we can provide a healthy support system.

**Freedom of speech should not be silenced**

By JACOB COLLINS  
Staff Writer

The attack on Charlie Hebdo is a blatant attack on free speech rights by threatening to bomb and kill anyone who criticizes the Islamic religion.

It appears to be working, considering almost all western publications refuse to republish the cartoons out of fear of retaliation.

The offices of Charlie Hebdo, a satirical magazine in Paris, France, was attacked by Islamic terrorists on Jan. 7th.

Ten employees at Charlie Hebdo and two police officers were killed in the attack and three suspects were captured or killed by French police a few days later.

One suspect, the girlfriend of one of the terrorists, is still at large according to French authorities.

A branch of Al-Qaeda in Yemen has claimed responsibility for this savage attack, reports CNN.

It’s not the first time this has happened before either.

In the past Charlie Hebdo was the victim of a firebombing in 2011 after changing their name to “Charia Hebdo” in one issue, referencing the Muslim Sharia law and inviting the Muslim prophet Muhammed to guest-edit the issue.

Many have been quick to label Charlie Hebdo as a “racist” publication, but in reality the satirical magazine has poked fun at almost everyone and anyone ranging from Christians and Jews to Buddhists.

Islam is a belief system and not a race.

The cartoons are not making fun of Arabic people, they are criticizing a belief system and branding a publication as racist in attempt to silence it is an affront to a free and open society, I believe.

Islamic law condemns any artistic rendering of the prophet Muhammad, which is fine for people of the Islamic faith.

However, the moment you start forcing your faith upon others, especially with violence, it is not correct in any way.

The Catholic church, which has been mocked by Charlie Hebdo in the past, has taken the stance that religion should be exempt from freedom of speech.

On Thursday, Jan. 15 Pope Francis said, “If my good friend Dr. Gasparri says a curse word against my mother, he can expect a punch, it’s normal. You cannot provoke. You cannot insult the faith of others. You cannot make fun of the faith of others.”

I believe religion like other ideas should be open to mockery and criticism. Without it how would we have a truly free society and be able to view things as they really are and not how others want us to view them?
Pizza 90 is an unique pizzeria that offers traditional thin crust pizza, giving customers a taste of Italy.

The employees in the establishment are welcoming and lively, greeting the customer promptly as they enter the restaurant, generating a more relaxed experience.

“We are very fun and energetic at all times,” said Dominique Franklin, Public Relations for Pizza 90.

The restaurant is located at the Tyler Galleria in Riverside.

As soon as I walked into the restaurant, I was overwhelmed with all the delectable smells around me, filling the air with fresh baked bread and melted mozzarella.

The decor is modern chic, consisting of wood furniture and ceiling lights that dim the room.

“All of our pizzas are made with fresh and natural ingredients everyday,” assures Franklin. “We don’t even have a freezer in the back. Our dough is made fresh as well.”

Pizza 90’s goal is to create a more authentic Italian flavor with the fireplace oven.

When ordering, the customer has the option to either build your own pizza or choose one of their handmade classics.

“We are the only Neapolitan pizzeria in Riverside,” said Franklin.

I decided to go with the “build your own” option. I was given the option of a red, white or green pizza, with the addition of two toppings.

My pizza of choice was the green pizza, which included Fior Di Latte (mozzarella) and pesto sauce with an assortment of zucchini, egg plant, and calabria chilies as my choice of toppings.

Pizzailos, the pizza chefs, carefully crafted my customized pizza right before my eyes.

Capable of reaching 900 degrees, the pizzeria maintains a unique image with a huge golden oven that cooks your pizza in just 90 seconds.

The Pizzailos painted the dough, brushing the green sauce with a ladle.

The taste was mouth-watering with delicious flavor. Di-giorno who?

The addition of generous toppings gave the pizza the seasoning for a perfect flavor.

The price to build your own pizza is $8.45, whereas Neapolitan classics range from $5 to $13.

Needless to say, I was very pleased with the quality and quantity of my food.

If you are not in the mood for pizza or have a sweet tooth like me, they have a variety of dessert options such as the Nutella pizza or the cannoli.

They also offer craft beer and wine for no more than $5.50.

Pizza 90 is, without a doubt, on the rise to success. The only current location is in Riverside at the Tyler Galleria Mall, but the company has a store preparing to open this coming February in Irvine.

The pizzeria is offering CSUSB students 10 percent off their order when they bring in the Coyote Chronicle newspaper.

If you are craving authentic Italian Pizza, baked in a fire oven right before your eyes. I recommend stopping by Pizza 90.

As stated on their website, “You’ll think you’ve died and gone to Italy.”

By Camillia Dababneh
Staff Writer

The pizzeria is offering CSUSB students 10 percent off their order when they bring in the Coyote Chronicle newspaper.
Paper Towns

By Samantha Romero

Author John Green brings to life quiet Quen- tin “Q” Jacobsen, the high-spirited Margo Roth Spiegelman, and their quirky, round-the-bend shenanigans in his novel “Paper Towns.”

If you were to look up a map of New York, chances are you would stumble upon the town of Agloe. The only thing is, Agloe, doesn’t exist.

“It is scary aways a “paper town”; a paper town is a fictional vicinity usually used by map companies to avoid copyright infringement from other companies, or in this case to create a story.

Quentin is enamored with his idea of Margo; she is everything Quentin could imagine—intelligent, funny, daring, and surprising, particularly when she sneaks into his bed- room at midnight, inviting him on a quest.

After a night of adventure, predominate fish and blue spray paint-themed, Margo delivers Quentin—mostly—safe home, leaving him hoping for something more from his unconventional life.

Margo runs away and Quentin discovers what he believes are clues to Margo’s whereabouts, and with the help of his friends, the journey for Margo begins.

No one quite knows what they are getting into when they leave. They only know they might not be the same when they come back.

“Paper Towns” breathes it’s own unique iridescence only possible from Green, yet at the same time, seems to be more in-tune with his popular novel “Looking for Alaska.” The two stories compare brilliantly, both featuring boys ready to grasp everything out of life—beautiful girls, even lovelier mysteries, and the same feeling of opening eyes throughout the novel.

Green never ceases to take everyday occurrences and turn them into something that brings the reader to an introspective, soul moving experience. “Paper Towns”, while filled with thought-provoking questions and statements, leaves the reader wanting a bit more for all the effort that was put into the undertaking by the characters.

“It’s a different story after about 80 pages, when it becomes a young adult mystery of incred- ibly low stakes. But its

San Bernardino is the most difficult city in the nation to find employment, ac- cording to the consumer financial site WalletHub.

Moreno Valley followed in second place.

Wallahub gathered 150 of the most populated cities in the country, using Job market standing and comparing Socio- economic environments from each city to conclude their findings. They focused on job opportunities, employment growth, unemployment rate for various education levels, as well as me- dian annual income.

San Bernardino also ranks fifth for holding the highest unemployment rate for people with a Bachelors degree or higher, according to WalletHub.

I interviewed four students attending Cal State San Bernardino who are expect- ing to graduate this spring, and asked for their opinion on the matter.

“It is scary enough the idea of having the stress of a bad local job market and it’s due to the diff- iculty city for employment is not the best news, but are willing to consider relocating for their professions if necessary. “This information definitely adds some pressure, but it isn’t something to be down about,” stated Martinez.

Martinez’s plans include moving out of state shortly after graduation, but re- mains mindful of other job opportunities present throughout the United States. McDaniel recognizes it may be the most logical choice to seek employment in other cities and states.

It is disheartening students feel forced to relocate for jobs outside of San Ber- nardino rather than staying within the city to maintain and promote the growth of the educated workforce in the vicinity.

San Bernardino would not be at the top of my list to search for employment due to the difficulty of finding jobs.

The low hiring rates in San Bernardi- no do not discourage me because I know that opportunities are waiting for me out- side the city.

I am no stranger to commuting for work, and I expect no less for my future profession.
Body modifications have become a common practice in today’s culture; one in five Americans have tattoos, according to Fox News.

Dr. Brian Elzweig and Dr. Donna K. Peeples, professors from Texas A&M University, published an article highlighting the legal process of hiring and employing people with altered appearances.

Some companies prefer to stick to their traditional hiring practices, and will deny employment to those with visible modifications.

Many employees argued that some alterations may be due to class or religion, and used the first amendment as support for their claim. However, there are not any designated legal protections.

While discrimination in the workplace is illegal, asking an employee to cover a tattoo or piercing is completely within the rights of the employer.

Body modifications are not restricted to just tattoos and piercings, however. Body modification is best defined as deliberately altering one’s physical appearance. So if you have ears pierced, hair dyed, or even cosmetic surgery, you are considered a part of the body modification culture.

What’s the big deal? There seems to be negative stereotypes surrounding body modification, and it might affect prospects of being hired in certain professions.

Student Amanda Perez began teaching studio art at a high school in Long Beach and shared her experience working with tattoos and piercings. “I was asked to remove my ear gauges, facial piercings and cover as many tattoos as possible,” said Perez.

When asked if it affected her performance, Perez said, “No, they’re old enough to know it’s a form of art and don’t get encouraged to get any themselves. I actually like that they ask about them, it’s like telling a story.”

When shown pictures of the Stalking Cat, a man transformed himself into a cat by sharpening his teeth, receiving lip injections, and tiger striped tattoos across his face.

Student Katharine Hall said she would not hire Stalking Cat, simply because “he would scare people.” However, when shown a picture of a young lady with a nose ring and blue hair, she said “I’d hire her, everyone looks like that nowadays.”

Some people with more extreme modifications such as the Stalking Cat, Zombie Boy, and Richie the Barber, have committed to a lifestyle as famous Internet personalities.

Richie the Barber has modified his lifestyle to become a well-known barber and clown. The clown adorns silicone implants in his eyebrows, face tattooed blue with a red, permanent smile, and of course, the matching red nose.

As a child, Richie the Barber—his legal name—became intrigued with clowns after visiting the Ringley Bros. show with his grandfather. He also developed a passion for cutting hair, growing up with his grandfather, who was also a barber.

Recently, Richie the Barber volunteered to entertain and provide free haircuts for troops in the military. In addition to cutting hair at Bolt Barbers, Richie continues to spread joy around the greater Los Angeles area.

Body modifications, including tattoos, piercings, and hair coloring seem to be more accepted in society, as well as in the workforce, but there are still issues that need to be addressed.

Body modifications include alterations to one’s natural appearance including hair coloring, piercings, stretchers, teeth sharpening, forked tongues, lip injections, and plastic surgery.

Is this your idea of a healthy heart?

When you smoke or breathe secondhand smoke, your heart works harder with less oxygen, increasing your risk for cardiovascular disease. Each year, more than 550,000 people die from smoking-related heart disease, stroke and other cardiovascular diseases but you don’t have to be one of them. You can’t help it if your family.

The “I’ll Just Have One More” Martini

1 oz. gin or vodka

1/2 oz. dry vermouth

3 olives

1 lemon wedge

1 long drink

1 diminishing stemmed glass

1.00 cup

Combine ingredients. Drain. Repeat.

Mix with sharp turn, whipsaw the peel.

Preparation: 2 minutes

Never underestimate ‘just a few’

Buzzed driving is drunk driving.
Festival season approaches

By Alejandro Cardenas

With big events coming in the near future, it's time for Coyotes to get into the music mood. Coachella, Stagecoach, Beyond Wonderland, Crush, and Epicenter are happening at local Southern California venues.

Music festivals like these are the perfect place for students to unwind from the building stress of schoolwork and essays.

“I go to festivals for the experience and the positive vibes,” said Ayde Rico. There’s nothing quite like meeting up with your friends, dressing up in your favorite festival gear and dancing the night away to the music of your favorite artists alongside thousands of other fans who are there for the love of music.”

The Empire Polo Club in Indio will host the famous Coachella Music Festival, presented by Goldenvoice, which will once again expect almost 100,000 attendees, as stated by the Los Angeles Times.

The festival will be held over the span of two weekends, starting on April 10 and features artists from numerous genres that could make it the most unforgettable American music festival of the year.

Headliners for this desert festival include rock icons AC/DC, superstar Jack White, and rapper Drake.

April will be a busy month for the city of Indio.

Stagecoach Music Festival will also take place at the Empire Polo Club fields, this time with thousands of country music fans.

The festival will take place from April 24 to 26, and will feature superstars Tim McGraw, Miranda Lambert and Blake Shelton, as well as the legendary ZZ Top. The famous promotion group Insomniac will also be busy this year, bringing two different music festivals to San Bernardino in just 12 months.

Downtown San Bernardino’s National Orange Show Events Center will host Crush, an electronic music event set on Valentine’s Day, with a theme to match.

The Crush event could serve as the perfect setting for a Valentine’s date, as discounted tickets are being offered for couples looking for some excitement.

On March 20 and the 21, the San Manuel Amphitheater will host the 5th Annual Beyond Wonderland, a two-day electronic music festival centered around the characters and environment of Lewis Carroll’s “Alice in Wonderland.”

The lineup for Beyond has yet to be announced, but Insomniac has confirmed that this year’s event will once again include overnight camping and numerous activities to keep fans entertained until the sun rises.

March 14 will be an exciting day for rock and hip-hop fans attending the Epicenter Festival at the historic Forum of Inglewood.

Rock bands Korn and Limp Bizkit will be performing at the Epicenter Festival, alongside hip-hop group House of Pain, rocker Hopsin and many others.

The music festival season approaches quickly, get your tickets early. Ensure your spot and see some great performances.

For those who have never been to a music festival, 2015 could be the perfect year for a new experience.
G-Eazy gets lost in Pomona

By DALAL MUSEITEF
Asst. Features Editor

G-Eazy, who introduced himself as Gerald Earl or G, descended from the stage with his opening song “Downtown Love” at the Fox Theater on Jan 2.

The 24 years-young rapper kept his James Dean like silhouette to perfection, dressed in all black with zippered-knee pants. With a floppy comb over, G had his signature mic stand, full of un-clipped bras while performing “Far Alone” featuring his inspiration, rapper E-40.

Hours prior to the concert, I survived a 10-minute phone interview with G, which included a cold pair of hands and a few fan-girl moments.

I complimented his newest song releases, “I Might” and “Why Thank You”, also asking him how he sped through creating great tracks.

“Thank you, I had made ‘Why, Thank You’, a week or two before I put it out, I was in L.A. and had a session with Hit Boy and that was the first beat he played me,” he added. “As soon as I heard those words, the samples and strings are so epic and big and so notorious, and I just heard, ‘feeling better than I ever felt, feeling better than ever felt why thank you’”

G also reveals the artistic but mysterious side within his hit single, “Let’s Get Lost”, the video features long-time girlfriend Devon Baldwin, a night where the girl in town wants to get a little lost.

His personal drive and dedication becomes vivid when watching his classic black and white music videos.

“I constantly work to be better at my craft..a lot of times ideas come intuitively, I just mumble words and stuff just comes together,” explained G.

From sold out shows to touring around the world, I was left with a good experience of what G-Eazy represents, keeping his promise of just scratching the surface of his journey and continuing to remain humble.

I summed up the interview with a rapid-fire game where he had to pick one interest that he enjoyed doing more.

Q: With such artistic content, would you consider yourself a visionary artist?

A: “Absolutely, both of my parents are visionary artists and teach fine art, but growing I went to a lot of museums, played a lot of music at a young age and encouraged anything creative, music was the medium that I fell in love with.”

Q: What would you say is the most exciting song to play?

A: “I’m actually pretty excited to play that one ( Why, Thank You). First time I ever performed it. I’m not nervous, I’m excited. Touring so many years it becomes muscle memory at this point.

Q: Make her dinner or make reservations? 

A: “Make dinner.” — What’s your go-to-dinner? — “Um, (giggles) I’m not much of a cook (giggles). If I’m cookin it’s like mac n’ cheese, I’m a mac n’ cheese aficionado” — What’s the best mac n cheese you’ve had? — “Actually my manager’s sister cooks a crazy mac n’ cheese.”

Q: Do you Geek out when your songs play on the radio or play it cool?

A: “I’ve only heard my song play on the radio a couple times, I still geek out. It’s still new to me.”

You’re so big though!

“Ahh, but I don’t listen to the radio much I guess, or they just don’t play it when I’m listening.” If you geek out when they play it, cool.

Q: Clean surrounding or sh*t everywhere?

A: clean surrounding, helps me be in a good place.

Scratching the surface of his journey

G-Eazy stays humble after performing an amazing sold out show in Pomona, he is constantly working to better his craft.
Bringing beauty to the psycho

By BREE REYES
Staff Writer

Fall Out Boy has managed to keep their lyrical talents and instrumental expertise, officially shedding their rock/hardcore vibes for the synthesized and pop/techno scene in their new album, “American Beauty/ American Psycho.”

The new album has elements from their previous album, “Save Rock & Roll,” such as the theatrical introduction to “Centuries,” with the powerful thrumming of a piano and a Roman or gladiator battle-themed music video to aid in the dramatizations.

Powerful lyrics such as, “You’re second hand smoke, second hand smoke! I breathe you in, but honey I don’t know what you’re doing to me,” in the song “Irresistible” metaphorically and cleverly capture the effects of a toxic relationship.

Other songs like “Uma Thurman” (my personal favorite) presents a creative side of Fall Out Boy that is excitingly new, with a sample of the “The Munsters” T.V. show theme driving the chorus, producing a Quentin Tarantino movie vibe.

“To me, Uma Thurman and Wionona Ryder, they were these women in pop culture who were quirky, but that made me only crush on them harder,” stated songwriter and bassist Pete Wentz on the Fall Out Boy website.

Wentz continued, “Rather than going with the traditional Uma Thurman role, we thought a lot about Kill Bill and who her character was, and this kind of resilience and this violence, but there’s something that’s authentic about it (like a woman taking revenge or being empowered), so that’s what the chorus of the song’s about, and the verses are what you would do to try and capture this woman’s affection.”

The band is transcending genres in “American Beauty/American Psycho” presenting new sounds the world has never heard from them.

Most of the time, these new sounds work well with singer Patrick Stump’s soulful riffs, such as the powerful chorus in “The Kids Aren’t Alright.”

At some moments in the album, Stump’s voice sounded strained, and not completely in sync with the songs.

In the song “Immortal” Stump has a powerful, soulful voice that engages the listener.

However, I don’t feel that this song does the talented singer justice.

The chorus is a series of riffs that don’t seem to mesh well with his vocal register. This song in particular also does not feel cohesive with the rest of the album.

This is mainly because of the awkward tone of the chorus.

Overall, Fall Out Boy put forth a solid effort with a catchy, upbeat, and lyrically powerful album that is sure to be a favorite.

Underground challenges the concept of hip-hop

By JAYNENE MORENO
Staff Writer

Hip-hop has changed with time and is still continuing to change.

While some enjoy listening to mainstream hip-hop, others are listening to what isn’t getting played every day on the radio known as underground hip-hop.

Underground hip-hop includes artists who aren’t signed, who are independently signed, or who aren’t widely known in popular culture.

Rhymesayers Entertainment is an independent record label from Minneapolis, which has signed many talented artists such as Atmosphere, Eyedea & Abilities, and Brother Ali.

While these artists are signed they are still not widely known in the mainstream music world.

“Underground hip hop is not the typical radio song you may hear but rather the ones who inspire you and have meaning,” said Cindy Medina, CSUSB student.

Many young adults listen closely to artists whose music have a message.

They speak about expressing themselves honestly, about war violence, and other political movements.

“Underground hip-hop has taught me that being different from the norm isn’t something that I should worry about,” said Aaran Flores, a fifth year student at CSUSB.

“Underground hip-hop altered my life in more than one way,” said Gianna Ford, fourth year student at CSUSB.

“Most underground hip-hop artists make sure their music has a message and that they’re not just spitting out random words but actually speaking to their listener.”

“I would have to say ‘Yesterday’ by Atmosphere is my favorite,” said Abraham Aburatz, fourth year student at CSUSB.

“It makes me think about my loved ones and how I could see them one day and the next day they could be gone.”

Immortal Technique, Binary Star, and Jedi Mind Tricks are all great examples of hip-hop artists that are being talked about as if it was a pop/techno, with the traditional Uma Thurman role, we thought a lot about Kill Bill and who her character was, and this kind of resilience and this violence, but there’s something that’s authentic about it (like a woman taking revenge or being empowered), so that’s what the chorus of the song’s about, and the verses are what you would do to try and capture this woman’s affection.”

The band is transcending genres in “American Beauty/American Psycho” presenting new sounds the world has never heard from them.

Most of the time, these new sounds work well with singer Patrick Stump’s soulful riffs, such as the powerful chorus in “The Kids Aren’t Alright.”

At some moments in the album, Stump’s voice sounded strained, and not completely in sync with the songs.

In the song “Immortal” Stump has a powerful, soulful voice that engages the listener.

However, I don’t feel that this song does the talented singer justice.

The chorus is a series of riffs that don’t seem to mesh well with his vocal register. This song in particular also does not feel cohesive with the rest of the album.

This is mainly because of the awkward tone of the chorus.

Overall, Fall Out Boy put forth a solid effort with a catchy, upbeat, and lyrically powerful album that is sure to be a favorite.

Beyoncé misses the Target

By JASMINE TURNER
Staff Writer

Crazy in Love Beyoncé fans, who highly anticipated the superstar’s new album and could not wait to get their hands on it, were let down when Target refused to sell her album in their store.

Target refuses to sell Beyoncé’s new self-titled album back in December.

“Columbia Records released Beyoncé at 12 a.m. EST on the morning of Friday, Dec. 13, exclusively via iTunes without any pre-release announcement,” according to Billboard.

In 2011, the artist partnered up with Target for the release of her album “4,” which included a deluxe version of the album. Instead of the usual exiting announcement of a new album.

The artist decided to surprise her fans with an early release of her new music. Times, said Huffington Post.

Target eventually spoke out and made a statement to the public on the controversy.

“At Target, we focus on offering our guest a wide assortment of physical CDs, and when a new album is available digitally before it is available physically, it impacts demand and sales projections,” spokesperson Erica Julkowski told Billboard.

Julkowski further discusses how there are factors that contribute to their approach and that they appreciate their previous partnership with Beyoncé but generally focus on offering CDs that are available in a physical format at the same time as other formats.

Julkowski concluded with announcing that Target will not be selling Beyoncé’s album.

Students also disagree with Target’s decision.

CSUSB student Jaritza Mendoza said, “I disagree with Target not selling Beyoncé’s album because the whole point is to sell, if they’re concerned about not making sales then just buy fewer CD’s. They can still make a profit. No one buys music just online.”

In this new digital age, there is so much competition between stores and iTunes because the music business is not the same as it was.

Stores feel threaten and believe they need to revolve.

We can now look to the Internet to buy and download music at the click of a mouse.

A few years ago, before digital music was popular, people would excitedly walk into a store, such as Target and buy the newest album from their favorite artist.

Beyoncé reported to Huffington Post, “I felt like I don’t want anybody to give the message when my record is coming out. I just want this to come out and it’s ready and from me to you fans.”

Beyoncé wasn’t pleased by Target’s decision because she ended up selling 828,773 copies over the weekend, according to Billboard.

I wouldn’t be surprised when the album is popular, put the Billboard charts without Target’s help.

Beyoncé misses the Target

By JASMINE TURNER
Staff Writer

Crazy in Love Beyoncé fans, who highly anticipated the superstar’s new album and could not wait to get their hands on it, were let down when Target refused to sell her album in their store.

Target refuses to sell Beyoncé’s new self-titled album back in December.

“Columbia Records released Beyoncé at 12 a.m. EST on the morning of Friday, Dec. 13, exclusively via iTunes without any pre-release announcement,” according to Billboard.

In 2011, the artist partnered up with Target for the release of her album “4,” which included a deluxe version of the album. Instead of the usual exiting announcement of a new album.

The artist decided to surprise her fans with an early release of her new music. Times, said Huffington Post.

Target eventually spoke out and made a statement to the public on the controversy.

“At Target, we focus on offering our guest a wide assortment of physical CDs, and when a new album is available digitally before it is available physically, it impacts demand and sales projections,” spokesperson Erica Julkowski told Billboard.

Julkowski further discusses how there are factors that contribute to their approach and that they appreciate their previous partnership with Beyoncé but generally focus on offering CDs that are available in a physical format at the same time as other formats.

Julkowski concluded with announcing that Target will not be selling Beyoncé’s album.

Students also disagree with Target’s decision.

CSUSB student Jaritza Mendoza said, “I disagree with Target not selling Beyoncé’s album because the whole point is to sell, if they’re concerned about not making sales then just buy fewer CD’s. They can still make a profit. No one buys music just online.”

In this new digital age, there is so much competition between stores and iTunes because the music business is not the same as it was.

Stores feel threaten and believe they need to revolve.

We can now look to the Internet to buy and download music at the click of a mouse.

A few years ago, before digital music was popular, people would excitedly walk into a store, such as Target and buy the newest album from their favorite artist.

Beyoncé reported to Huffington Post, “I felt like I don’t want anybody to give the message when my record is coming out. I just want this to come out and it’s ready and from me to my fans.”

Beyoncé wasn’t pleased by Target’s decision because she ended up selling 828,773 copies over the weekend, according to Billboard.

I wouldn’t be surprised when the album is popular, put the Billboard charts without Target’s help.
Taylor Swift, 25-year old, singer and songwriter, helped one of her loyal fans pay back her student loans.

Swift was extra generous this Christmas.

Not only did Swift hit her fans with “Swiftmas” this December, by personalizing gifts and delivering them herself, but she surprised a loyal fan Rebekah Bortnicker with the ultimate gift.

On Jan. 11, Bortnicker received a package in the mail to her house via FedEx from Swift, which contained a check written out to her name for $1,989 in hopes that it would help her pay back her student loans.

The check was one of the many things that came in the box.

Swift hand painted a picture for Bortnicker, which read “Becks 1989” along with hand-painted flowers and a personalized hand-written note.

Pictures of Swift painting the picture for Bortnicker were also included in the package as proof that Swift painted the picture and wrote the letter herself.

“I heard about what Taylor did. It kind of makes me want to reach out to her and ask her for help with paying back my student loans. I think it’s great that Taylor helps her fans like that. As a student, I know that any help would most definitely be more than appreciated,” said student Suna Haddad.

Bortnicker posted on her social networks thanking Swift an unbelievable amount of times and Swift reposted the posts onto her Tumblr for her followers to see.

“I found it clever that Taylor Swift made the check out for $1,989 to go with her new album,” said student Lilian Gutierrez.

“I would not mind receiving that in the mail any day,” she continued.

Swift’s latest album is titled 1989, which is the year she was born. That is the same amount the check was written out for.

“I think she could have given her more money. She just gave her that amount for the publicity,” said student Daleth Quintana.

Maybe it was for publicity but I still think it was a nice gesture for Swift to help one of her fans with their student debt in a creative way that benefits both her and Bortnicker.

Not too long ago, Swift took all of her music off Spotify because she wanted her fans to purchase her music. This raises the question, did she do it for publicity or does she really care?

“Yeah, it’s the title of her newest album, but if you got money like she does why wouldn’t you just send one of your most loyal fans the whole amount to finish paying back her loan,” said student Adrian Carlos.

After all, Swift’s gesture was a thoughtful one. Which one of us wouldn’t want any type of amount to go toward the loans we have to pay back?

Anything counts.
Coyote women’s basketball on fire

By NATHANIEL LASTRAPES
Staff Writer

The Coyotes defeated the CSU Monterey Bay Otters 75-53 in a blowout victory on Thursday night at the Coussoulis Arena extending their winning streak to three games. Their second longest of the season, and improving their overall record to 10-3.

The Coyotes jumped to a quick start as they took the lead early from the tip-off, and never looked back, dominating the Otters for the entire game.

CSUSB junior Briana Harden led the Coyotes in scoring, with 18 points and also had seven rebounds.

“We passed the ball really well, we ran our sets, we did exactly what we do at practice,” said Harden, “We’re really, really small, but that’s what makes us so powerful.”

The Coyotes lead the Otters 38-29 at half-time but even with the lead, there were some adjustments to be made.

The Coyotes struggled to keep the Otters off the offensive glass, giving up 14 offensive rebounds in the first half.

Head coach Renee Jimenez said, “They’ve gotten 20 more shots than us, so we need to do a better job keeping them off the boards in the second half.”

The Otters came out rejuvenated in the second half, but the Coyotes returned from half-time focused on limiting offensive rebounds and second chance points. Although the Otters dominated the boards 44-37, the Coyotes did a better job limiting the Otters offensive rebounds to only five in the second half.

The defensive adjustment helped them put the game out of reach as they extended the lead to 26 points with seven minutes left remaining in the game.

In a post-game interview, a pleased coach Jimenez said, “I thought we performed really well. It’s always tough to come in and play somebody that has a losing record, to have good energy, and play hard. I thought we adjusted well in the second half, in terms of their rebounding, so I’m happy with the win.”

Coach Jimenez credited the team’s focus during this current winning streak and said, “I think we’re just more focused. Every game is a big game.”

The Coyotes shot an impressive 51 percent from the field, but their defense was the key to victory as they held the Otters to a lousy 30 percent from the field.

“We just have to continue to play defense,” coach Jimenez added, “Our defense is always going to be our staple, and it will continue to be a way to keep us in games, so people have got to be ready to make shots.”

The Coyotes are currently in fifth place in the conference, with fourth place in reach, trailing UC San Diego by just one game.

If the Coyotes win their next game against Cal State East Bay and then defeat UC San Diego in the following game, they will be tied for fourth place in the conference, with third place in their sights.
Indianapolis Colts.

from the playoffs with a 24-13 loss to the

one day after the Broncos were eliminated

a lot of credit for the Broncos' turnaround." 

winning culture for this team and deserves

contributions during his four seasons as

cos, I sincerely thank John for his many

time was right for the separation.

both Fox, and Executive Vice President of

the time was right for the separation.

Fox and the Broncos have mutually

is out. Fox and the Broncos have mutually

parted ways according to ESPN writer Jeff

Legwold on Jan. 12.

In a statement released by the Broncos, both Fox, and Executive Vice President of 
Football Operations, John Elway, decided the 
time was right for the separation.

Elway said, "On behalf of the Bron-

cos, I sincerely thank John for his many 

contributions during his four seasons as 

head coach. He helped establish a positive, 

winning culture for this team and deserves 

a lot of credit for the Broncos' turnaround."

The agreement was made Jan. 12, just 
one day after the Broncos were eliminated 

from the playoffs with a 24-13 loss to the 

Indianapolis Colts.

Fox held the team record of having

four straight playoff appearances while 

coaching the Broncos, according to CBS 

reporter John Breech.

Many allegations were made by ana-

lysts across NFL Live that Elway was not 

happy about elimination from the 2015 

playoffs. "While we have made significant 

progress under Coach Fox, there is still 

work to be done," said Elway.

Elway, who won back to back Super 

Bowls during his time as a Bronco, is set 

on putting a team together that can win it 

all.

The last time the Broncos won a Super 

Bowl, the team featured stars like Elway, 

Terrell Davis and head coach Mike Shanahan.

The 2014 Super Bowl was the first 

time in 15 years that the Broncos reached 

the big game, resulting in a blow out, los-

ing 43-8 to the Seattle Seahawks.

Overall, Fox holds a 46-18 record in 

his career with the Broncos.

This season, attaining a record of 12-

4, making him the first coach since 2009

not returning after a 12-win season accord-

ing to Breech.

Fox reflected on his last four years 

with the Broncos. "Although we came up 

short of our ultimate goal, I am proud of 

our team's many accomplishments during 

these last four years" Fox said.

"I truly appreciate all the hard work 

put in by every player, coach and staff 

member within this organization" continu-

ed Fox. Bronco Cornerback Carl Harris 

Jr. told the press about advice Fox gave 

upon departure.

"He just appreciated everyone's ef-

forts, he just loved us and everyone just be-

smart in the off season and make sure you 
take care of your body to be ready to come 
back ready to roll when OTAs start," said 

Harris.

According to Legwold, Elway and 

the rest of the Broncos management told 

Fox’s coaching staff to look for new jobs as 

well, mutually releasing all of the Broncos 

coaching staff.

Fox doesn’t seem defeated, "I am ea-

ger to continue my coaching career and 

look forward to the opportunities that lie 
ahead," said Fox according to Legwold.

According to Breech, "Fox immedi-

ately becomes a very attractive candidate 

for any job opening."

Although Fox is no longer the head 

case, due to contractual agreement, the 

Broncos will continue to pay Fox, up to 

two years salary, until he secures another 

coaching position, according to ESPN.

Multiple sources have reported that 

Fox has been in contact with the manage-

ment of the Chicago Bears and will be set-

ting up an interview in the near future ac-

\nting to NBC reporter Durin Gantt.

---

Men's basketball beat Otters

By JACQUES LEE

Coyote men's basketball 

fought long and hard to 

get a solid win in Thurs-

day night's game against 

Cal State Monterey Bay.

The game had a slow start but the 

Coyotes were able to keep the intensity 

up.

They went into the second half look-

ing for victory.

The Coyotes shot at 36 percent from 

the field during the first half but that per-

centage increased to 43 percent in the 

second half.

This led to 40 percent shooting aver-

age. The Coyotes had a close win with a 

percentage increased to 43 percent in the 

second half.

The Coyotes were led by junior 

Guard Jacob Thomas. Thomas led the 

team by scoring 19 points, three steals 

and one assist.

Senior Guard Isaiah Morton had a 

good run as well with 13 points.

Senior Guard Taylor Statham was 

also one of the lead scorers.

Sophomore Everett Turner was able 

to score during some key points in the 

game.

The Coyotes also got some serious 

help on defense from seniors Abdi Faras 

and Tevin Harris.

Faras came up with 

five blocks, while 

Harris finished the game with three.

However, the great performance that 

produced a win was still a bit overshadow-

ed at one staggering statistic.

The team turned the ball over 20 

times and had a tough time trying to 

figure out how to keep their opponent from 

keeping up.

The Otters went on a 15-8 run late 

in the game that pulled them within three 

points of the Coyotes.

“We matched their intensity in the 

second half but still didn’t rebound the 

ball very well, but we matched their in-

tensity a little bit better than we did in the 

first, but our execution down the stretch 

was terrible-too many turnovers and too 

many defensive breakdowns,” said Head 

Coach Jeff Oliver.

Oliver is thankful for the loyal Coy-

ote crowd that came to support the team,

and one assist.

“I know I played a big role in us win-

ning and if I’m not successful it’s hard 

for us to be successful, so I just try and 

keep my head in the game, and my team 

sets me up for great shots and great looks 

so I just have to knock them down," said 

Thomas.

Senior Guard Isaiah Morton had a 

good run as well with 13 points.

Senior Guard Taylor Statham was 

also one of the lead scorers.

Sophomore Everett Turner was able 

to score during some key points in the
New year, new you
Exploring new ways to accomplish your weight loss resolution

By EMMANUEL VALADEZ
Staff Writer

In 2014, the most popular New Year’s resolution was losing weight, according to the Journal of Clinical Psychology from the University of Scranton.

The journal also states that only eight percent of those people actually lost weight.

Some of the most popular weight loss programs were Weight Watchers and the myfitnesspal mobile app. Weight Watchers is a weight loss program where users keep track of their daily meals by using a point system. Users are given a limit of points, which they are not to exceed by the end of the day to meet their weight loss goal.

The program is customized to the user’s height, weight, and age in order to lose weight more effectively. There are no prohibited meals, there is still the freedom of visiting the local In-N-Out restaurant, to a certain extent.

There are many delicious and healthy recipes to fulfill hunger, and cravings.

Subscribers are granted access to 24/7 virtual coaches, as well as attending in-person meetings with other users. These meetings are designed to help offer moral support to those participating in the program.

Subscriber Jennifer Hudson lost 80 pounds in four years. “My experience with Weight Watchers has truly been life changing. I am grateful for what I have learned throughout the process and will always take it with me,” said Hudson.

Angela Marinilli Pinto, an assistant professor of psychology at Baruch College at the City University of New York, did a study showed that a group of people using Weight Watchers lost more weight than a group of people on a hospital-based weight loss program.

The Health Management Resources (HMR) diet is another weight-loss plan like Weight Watchers. It is a 12 week long program. For the first four weeks, the users follows a strict meal plan shipped to their home. For the following eight weeks, the users is occasionally given meals while being able to eat your own choice of healthy foods.

Exercise is also strongly encouraged, however it is not heavily enforced.

Technology has changed the way we look at fitness. There are so many apps available now that help users try to lose weight.

Myfitnesspal mobile app is a commonly used dietary and fitness journal, and it is absolutely free. If you are trying to track your eating habits, this app makes it more convenient and assessable.

So that when you are on the go they are still able to see the choices that would be healthier for them.

A nice feature of the app is the bar code scanner; so if the snack has a bar code, it can be scanned with a phone and it is automatically logged in a daily food journal.

The app gives you nutritional guidance and it keeps track of all daily exercises.

Lisa Esposito from health.usnews.com, states that the HMR Diet is three times more effective than meal replacement plans and traditional diets.

Although weight management is something that many struggle with, having the encouragement and support of people that are in the same situation makes all of the difference.

Break the bad habits and turn your life around.