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COYOTE CHRONICLE

COYOTECHRONICLE.NET

Vol. I, No. 4

MONDAY, NOVEMBER 3, 2014



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The lowdown on Proposition 45

By **ANTHONY SILVA**
Staff Writer

California may become the 36th state to enact regulation on health insurance rates.

Proposition 45 will be on the ballot in this coming election and could allegedly make health care more affordable for California residents.

If the regulation passes, it could make health insurance rates as stable as those offered for auto insurance, which have only increased 3.8 percent over the past 20 years.

One health insurance provider's rates have reportedly seen a 20 percent increase

over the past two years, according to the non-profit organization Justify Rates.

The measure was modeled after Proposition 103, which was passed in 1988 and currently regulates automobile and home insurance rates in California.

If passed, any changes proposed to health insurance rates would be subject to the approval of Dave Jones, California's Insurance Commissioner.

California residents would allegedly have access to the entire approval process as any notices, court hearings or findings related to health insurance would allegedly be made public, according to Jones.

Proposition 45 would require insurance providers to submit sworn statements

relating to the accuracy of the information being provided to California residents, according to a voter information site, ballotpedia.org.

Currently there are 35 other states including New York and Washington that are requiring health insurance providers to get approval before changing their rates, according to Justify Rates.

When Proposition 103 passed over 20 years ago, the "Insurance Rate Public Justification and Accountability Act" was put into law.

"Because of Proposition 103, auto insurance rates have gone up only 3.8 percent since 1988 and California drivers

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CCBriefs:

By **YARA DEL-RIO DOMINGUEZ**
Staff Writer

Tuberculosis on a Rise (Oct. 24)

The Ebola outbreak has shifted everyone's attention from the Tuberculosis (TB) epidemic that is on the rise.

According to the World Health Organization (WHO), nine million cases of TB were reported in 2013. In terms of death toll, TB comes in second to HIV/AIDS.

Vatican Library Goes Digital, Costing Millions (Oct. 26)

The Vatican will use a digital format developed by NASA to digitize thousands of its rarest books. The Vatican is looking to raise \$63 million in order to complete its digital transfer, according to geek.com.

The public will be able to view the pages in its digital form for free, but it may be decades before anyone will be able to access the digitized 40 million pages of library archives.

Iranian Woman Hung In Act Of Self-Defense (Oct. 25)

An Iranian woman was hung in a Tehran prison after killing a government official, who she claimed was trying to sexually abuse her, back in 2007. Despite ongoing international campaigns protesting her death sentence, officials decided to proceed with her execution.

Human rights group Amnesty International said, "Her execution was deeply disappointing in the extreme," according to BBC.

Coin Toss Settled Tied Election (Oct. 28)

A coin toss decided a Mayoral election in a small town in the Peruvian Andes of Lima, Peru. Candidates Wilber Medina and rival Jose Cornejo each received 236 votes, which lead to a coin toss to decide who was going to be elected mayor.

Peru's electoral law allows for tied races to be decided by a coin toss, according to the Associated Press.

Century Old Expedition Notebook Found Frozen (Oct. 25)

A 100-year-old expedition notebook was found frozen in ice in Antarctica. Entries found within the notebook give descriptions of Robert Falcon, an explorer of the Antarctic.

According to CNN, the owner of the notebook, George Levick, had handwritten notes and photographs in his notebook of their expeditions in Cape Adare before their crew eventually died of starvation, exhaustion, and cold weather.

Created stem cells kill cancer

By **AIMEE VILLALPANDO**
Staff Writer

Cancer targeting stem cells have recently been designed by a team of scientists at Harvard.

This could potentially end of the deadly disease.

According to the Independent, the genetically engineered stem cells have been effective on mice.

Due to the success, scientists are considering this treatment to be a potential breakthrough in the cancer research field.

"Cancer-killing toxins

Continued on Pg.3

European colleges offer free tuition

By **MARLYN RODRIGUEZ**
Staff Writer

American college students can attend foreign universities for free in seven international countries.

The Washington Post reported that tuition in U.S. colleges has been on a steady rise, while various universities across the globe have approached the financial situation by decreasing or getting rid of tuition charges as a whole.

The majority of these funded institutions are in European countries with the exception of one. Germany, Finland, France, Sweden, Norway, Slovenia, and Brazil all have universities that are free of tuition costs or have cheaper tuition costs than American universities for their citizens and for international students.

The majority of them offer programs in English for American students as well.

The German government, who began this new venture in October, is the most recent to implement complete funding of tuition costs for

their universities.

According to *The Washington Post*, Dorothee Stapelfeldt, a senator in the northern city of Hamburg, Germany addressed the situation by stating that tuition and fees discouraged students especially when they didn't have the funds to attend college.

Stapelfeldt said it is in the country's best interest to encourage students to attend school and maintain a higher level of education and the best way to achieve that is by covering the charges for them.

Germany offers over 900 undergraduate and graduate degrees in English, allowing German students to learn English and to attract foreign students that will potentially help the German economy by increasing the population of skilled workers when students have completed their degrees.

Finland is another country that provides funding for students, domestic and foreign, but they remind anticipating attendees that the

Continued on Pg.4

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Harvard scientists design cancer fighting cells

Continued from Pg. 1

have been used with great success in a variety of blood cancers, but they don't work as well in solid tumors because the cancers aren't as accessible," reported Dr. Khalid Shah, according to Medical News Today.

Although the use of toxins to kill cancer cells is not new, the team of scientists developed a new stem cell that would excrete the toxin while resisting the effects of the toxin itself.

Tests consisted of surgically removing brain tumors and placing the stem cells at the site of the remaining tumor in the brain.

According to Chris Mason, Professor of Regenerative Medicine at University College London, this research "signals the beginning of the next wave of therapies."

CSUSB junior and bio major Karla

Gonzalez commented, "Stem cells help rebuild a weakened immune system which is great because cancer really weakens the immune system."

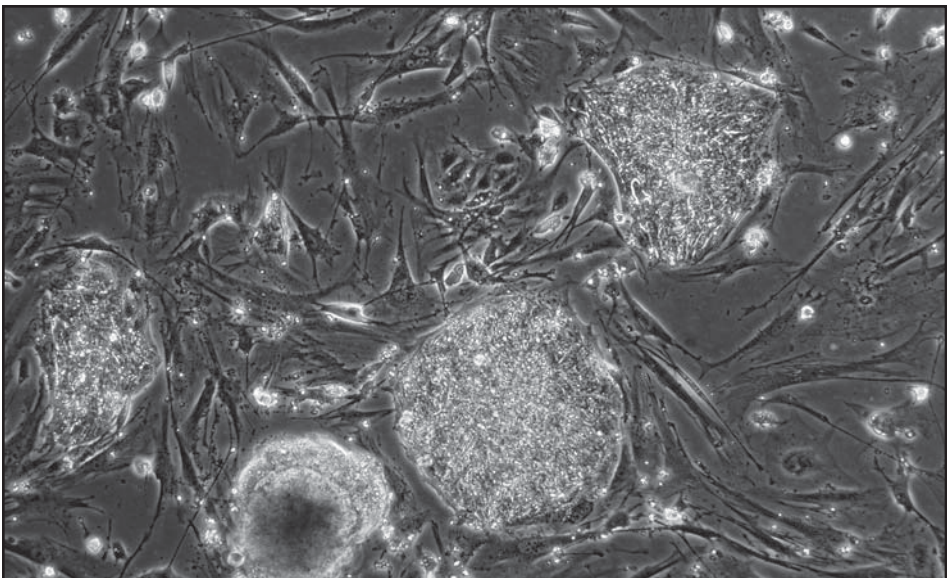
Gonzalez elaborates, "Stem cells are specialized cells that can break up and divide into more cells, which is ultimately good for the body!"

Dr. Shah plans to test the stem cells on different forms of cancer, particularly brain tumors.

If it continues to work, he hopes to eventually begin clinical trials within five years, according to Medical News Today.

The research team led by Shah consists of scientists from Massachusetts General Hospital and the Harvard Stem Cell Institute.

The study was published in the *Stem Cell Journal*.



Courtesy of katiephd.com

These newly designed stem cells, tested solely on mice, target cancer cells while leaving normal, healthy cells alone.

Religious clubs fight CSU policy

By AIMEE VILLALPANDO
Staff Writer

Christian groups at some CSU campuses believe they are being stripped of recognition due to their refusal to sign a new policy that requires clubs and organizations to allow any student to become a member or leader.

The all-comers policy resulted from a 2010 U.S. Supreme court ruling that upheld the right of a law school in California to deny recognition to a Christian student group that excluded homosexuals.

Groups that refused to comply with the new policy, such as InterVarsity, can still meet on campus but are no longer funded by campus associations or allowed to participate in student fairs.

The InterVarsity chapter at California State University, Northridge claims membership is open to everyone, but that Scripture requires leaders to affirm the faith.

Gregory L. Jao, a national field director for the Northridge ministry, suggests the Cal State system is discriminating against religious groups.

"These groups aren't just claiming a right to discriminate when selecting leaders, they're insisting on a right to do so with government money and support," said Daniel Mach, director of the American Civil Liberties Union.

According to the *Los Angeles Times*, Bilal Zaheen, president of the Muslim Student Association at Cal State University, Long Beach (CSULB), said he was happy to accept anyone willing to learn about the religion.

CSUSB senior and Lambda Theta Nu Sorority, Inc. chapter president Maria Villalpando shares that mindset.

"Although our organization is Latin-based we open up membership and all positions to anybody who lives up to the ideals that our organization stands for," said Villalpando.

U.S. and Israel communication strained

By ROBIN ALCANTARA
Staff Writer

The White House released a statement on Wednesday, Oct. 29 reaffirming the strength of the relationship between the United States and Israel.

"The United States is as committed as it has ever been to the security of Israel," said United States Press Secretary Josh Earnest in his daily press briefing.

His statement comes as a response to recent reports by CNN and other news reports questioning the relationship between the U.S. and Israel. CNN reported U.S. of-

ficials "snubbed" Israeli Defense Minister Moshe Ya'alon by denying him meetings during his visit to the U.S.

Ya'alon reportedly arrived in the U.S. with the intention of meeting with United States Vice President Joe Biden, National Security Advisor Susan Rice and Secretary of State John Kerry who earlier this year Ya'alon criticized for being "obsessive and messianic," according to haaretz.com, an Israeli news website.

Ya'alon was instead granted meetings with U.S. Defense Secretary Chuck Hagel and U.S. Ambassador United Nations' U.S. Ambassador Samantha Power.

The Department of Defense released the following statement, "Secretary Hagel and Minister Ya'alon discussed a range of regional issues. They agreed to continue to work together to maintain the strength of the U.S. Israeli security relationship."

With no official statements from the White House concerning Ya'alon's visit, further speculation developed as a report by The Atlantic stated that an unnamed U.S. senior official made a derogatory statement about Israeli Prime Minister Benjamin Netanyahu. After The Atlantic article was published, Netanyahu was quoted, "I was personally attacked purely because I defend Israel, and despite all attacks against me, I will continue to defend the citizens of Israel."

Kerry also made his disapproval of statements against Netanyahu, public stating that remarks made about the prime minister are not his views nor the views of the president.

"[Kerry] feels strongly that a war of words is not productive from either side," said Jen Psaki, spokesperson for the secretary of state's office during her daily press briefing on Oct. 29, 2014.

"It is in the best interest of both sides to address any issues that may arise appropriately and respectfully," Psaki added.

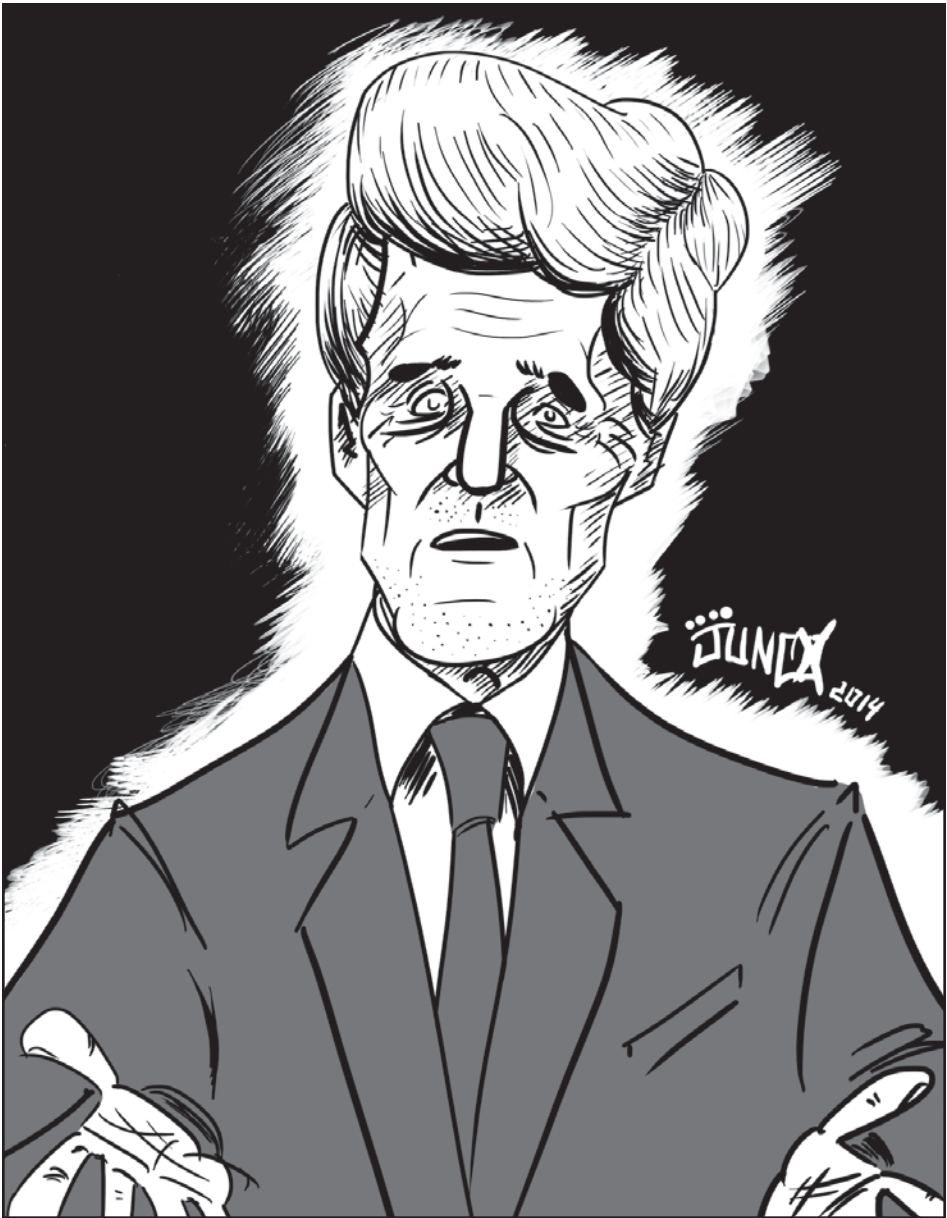
"Comments like that do not reflect the administration's view, and we do believe they are counterproductive," according to a White House briefing.

The relationship between the U.S. and Israel came to be in 1948 when President Truman recognized Israel's self-proclaimed statehood.

"[Netanyahu] remained confident that the current disagreements between the U.S. and Israel would not affect the two countries' deep connection," stated Times of Israel's Lazar Berman.

"The fact is the United States and Israel have an unshakable bond, and that the security cooperation that is underway between officials in the Israeli government, up to and including Prime Minister Netanyahu, and officials in the United States government, up to and including President Obama, indicate a very close coordination when it comes to the matters related to security," stated Earnest.

Both Israel officials and U.S. officials have stated that the bond is crucial.



Joaquin Junco Jr. | Chronicle Illustration

The U.S. "snubbed" Israeli Defense Minister Moshe Ya'alon by refusing to meet with him during his visit to the country.

Foreign universities encourage students

Continued from Pg. 1

government will not fund their personal expenses. French universities offer 76 English language undergraduate programs. Although attending these schools isn't free, attending a private, prestigious institution in this country is less expensive than attending a private uni-

versity in the U.S., reports *The Washington Post*. Tuition in Sweden isn't free for undergraduates, but is free for students interested in doctorate programs. There are 35 universities with more than 300 programs offered to students in English. Universities in Norway are free, but they also hold one of the most expensive costs of liv-

ing, however, they guarantee a good educational experience with small class sizes and engaged professors. Over 150 programs in English are offered in Slovenia and the only applicable fee to students is a small registration fee when they enroll. Lastly, in Brazil there is only one small registration fee to attend but the universities

only offer specific courses in English. This location would be best suited for exchange students, as opposed to students who are seeking a stationary degree, according to *The Washington Post*. While international schools offer American students free schooling, tuition in the United States is still rising.

NASA rocket blows up during launch

By FRANCISCO CASILLAS
Staff Writer

An unmanned cargo rocket heading to the International Space Station (ISS) exploded Tuesday night, Oct. 21, only seconds after initial liftoff in Virginia in what NASA is calling a "catastrophic anomaly." At 6:22 p.m., only six seconds after liftoff, a spark ignited in the lower section of the 14-story-high Antares rocket, resulting in an explosion and then "falling to earth," according to NASA officials. Designed by Orbital Sciences Corporation, the cargo rocket carried 5,000 pounds of supplies, equipment, and science experiments to the ISS, according to a report released by NASA. This included Cygnus, the spacecraft that would make the final stage to the space station, which resulted in a loss of \$200 million. This would have been Orbital Sciences' third of eight planned cargo missions to the ISS as part of a \$1.6 billion contract with NASA, according to the *Los Angeles Times*. "Loss is a really tough business in this demanding job," stated William Gernsmaier, associate administrator of Human Exploration and Operations at NASA during its press conference in Washington. "But we have complete confidence in Orbital to get back to flying when they are ready to go flying."

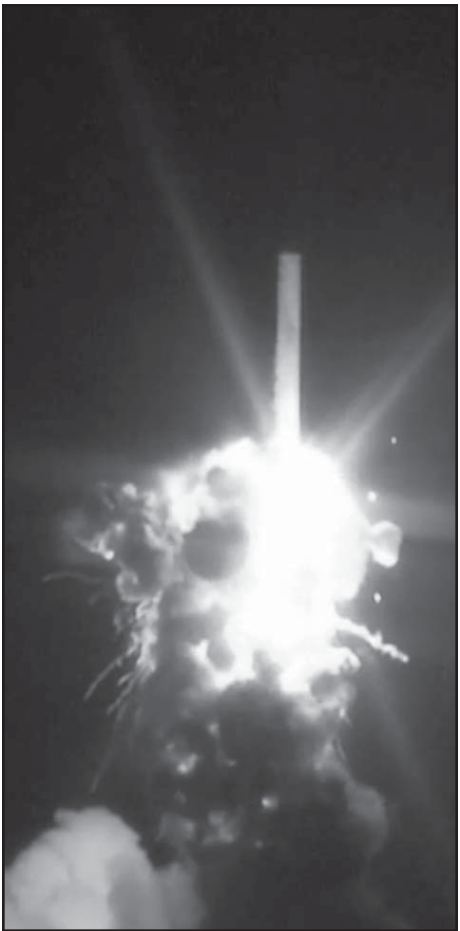
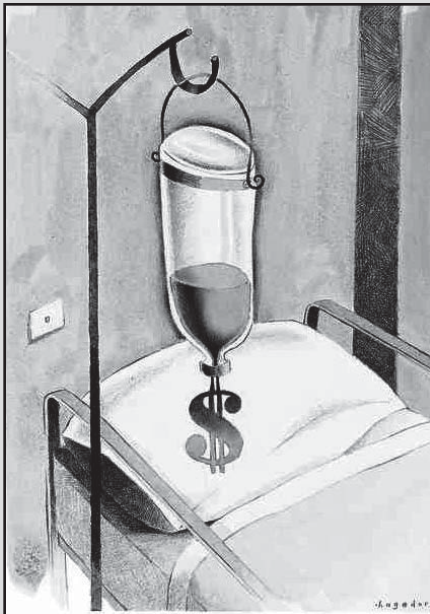
NASA officials stated that no one was injured as a result of the failure. Immediately after the explosion, the Wallops Incident Response Team warned the public to not pick up the debris and to call the response team if found in neighboring areas. NASA referenced the debris that might have washed up ashore as potentially toxic. "Rocket fuel is toxic. A small exposure to it may cause damage and it may cause death if people [are] exposed to a large content of it. That's why they should to get the press as far away as possible," said CSUSB Physics Professor Laura Woodney. On Wednesday, the response team completed an initial assessment of Wallops Island in East Virginia following the failure. The assessment concluded that the launch facility where the liftoff took place suffered "severe damages." But a full evaluation to determine what caused the failure is still under investigation. "It's hard to give out a specific timeline of what occurred because we're under a complete lock down. But it will take several weeks to analyze videos and data and figure out what happened so we can get back up to the station," stated Senior Vice President of Orbital Sciences Space Program Frank L. Culbertson in a press conference.

According to NASA's International Space Program Manager, Mike Suffredini, at the press conference, the ISS still has enough supplies to last them until the end of the year. "Rockets fail. It happens," said Woodney. "This is how science works. It takes 10 to 15 years of planning and that's why you see scientists cheering loudly on television once a mission is successful," added Woodney. Business Administration student Xena Deering commented on who is responsible for the failure. "It was pretty devastating to hear the news. But it doesn't matter. If [Orbital] didn't follow the protocols and procedures then they should be reprimanded," said Deering. Last month, NASA granted contracts to private companies Boeing and SpaceX to fly astronauts out to the ISS beginning in 2017, according to the *New York Times*. On Wednesday, a Russian cargo rocket carrying more than 1,000 pounds of supply cargo safely reached the ISS, hours after NASA's failure. On Dec. 9, SpaceX is scheduled to launch their fifth resupply mission. NASA confirmed that they will replace some of its planned contents with supply cargo that was supposed to launch on Tuesday.

Health insurance measure

Continued from Pg. 1

have saved over \$60 billion as a result," said Jones on a conference call with the *Chronicle* and other collegiate reporters. Supporters of Proposition 45 include the California Democratic Party, the California Nurses Association and U.S. Senator Dianne Feinstein. The California Republican Party and the California Hospital Association have publicly opposed Proposition 45. The opposition has argued that if Proposition 45 passes, it would give one politician too much power over the medical treatment of California residents and that they could be swayed by special interests, according to ballotpedia.org. When asked about the potential effect the regulations could have on medical treatment, Jones responded, "Proposition 45 would not give the insurance commissioner authority over treatment decisions." "This measure is only about insurance rates," added Jones. Currently, under the Affordable Care Act, health insurance rates are being regulated by the Insurance Commission Board. Many of those in opposition of Proposition 45 feel like California residents should give the board more time to do its job, according to a CBS News report. "I honestly feel like if one person is in charge of health insurance, this would create more red tape for doctors and nurses to deal with in order to care for their patients," said Joseph Estipona, a nursing major. According to Justify Rates, the current landscape for health insurance in California gives all of the power to the providers and leaves the consumers in the dark. "Anthem Blue Cross increased their rates over 20 percent during the past two years. If Proposition 45 passes, the insurance commissioner could order rebates as early as the first quarter of 2015; this means that California residents could benefit from this measure almost immediately," said Jones.



Only seconds after an initial liftoff an unmanned cargo rocket, NASA's Antares exploded on Tuesday night, Oct. 21. No one was harmed but there was severe damage on the grounds.

Courtesy of NASA

Feminism: Trend or movement?

By **ARIANA CANO**
Staff Writer

Organizations, individuals, and celebrities have recently claimed to support feminism, yet many are ignorant to what feminism implies and what changes it seeks to enact.

The term feminism is used to emphasize the disenfranchisement of females in this patriarchal system.

Feminism is defined as the advocacy of women's rights on the grounds of political, social, and economic equality to men.

I believe it is essential to understand and advocate feminism as a movement for change, and to strive to be a feminist regardless of gender.

How is it then, that these same organizations, individuals, and celebrities, who believe that women should have equal rights and opportunities as men, claim not to be feminists?

I used to claim I was a "semi-feminist," because I did not fully agree with all feminist ideas, but little did I know a feminist does not come with extra titles or views.

It became clear to me that society associates feminism with a negative connotation, calling it "too strong" or simply calling it misandry which misconstrues its ideas.

Someone should not be considered a feminist if they don't agree women should be equal to their male counterparts.

When celebrities like Shailene Woodley and Lady Gaga say they are not feminists because they "love men" it's equivalent to saying "you don't like Hawaii because it's cold," stated Amanda Duberman from *The Huffington Post*.

It just doesn't make sense. Certain celebrities do not consider themselves feminists because they do not understand what

feminism actually means.

Feminists actually aspire to be chivalrous individuals that would like to create equality for all, despite gender.

If feminism is equality for all, then why not call it equalism or humanism?

It is known as feminism because the struggles of females need to be addressed.

"I think now it's more like a trend [...] now it's just like 'yea I'm a feminist' just to put a label on yourself so you fit in," said CSUSB student Vanessa Melesio.

I believe many organizations and individuals have only proved their ignorance of feminism, rather than supporting it or opposing it.

A "modern" feminist refers to people that describe themselves as feminist, yet lack knowledge about pay inequalities and gender social roles.

This term is applicable for certain individuals and for celebrities that claim they are feminists just for public display or trend.

Here at CSUSB, we have a Women's Resource Center (WRC), located in the Santos Manuel Student Union, which helps address any questions about feminism.

"The WRC is a safe place for women. We provide computers, pads, tampons, refrigerator, microwave, condoms, and we host many events to fight for women and issues we may have," said WRC employee Irene Tobias, after hosting the "Smashing Patriarchy with Pizza" event.

I am a modern feminist because I refuse to be a subordinate in this patriarchal system in order to fulfill the role of a submissive female.

As feminists, it is our responsibility to debunk the myth of women never reaching equality and clarify the ideologies at any given opportunity.

For student surveys on feminism, see page 8



Journalists risk lives to report

By **ALEX CARDENAS**
Staff Writer

This year alone, a total of 40 journalists have been killed, and 211 have been imprisoned as a result of their work, according to the Committee to Protect Journalists (CPJ).

Journalists should not be killed or harassed for reporting information, because this trend can ultimately weaken public awareness of current events.

Without active journalism, we allow some individuals in power the liberty to act freely without consequence.

I find it very likely that those in power will use scare tactics against any type of journalism that could shine a bad light on them.

During a National Public Radio interview, journalist Laura Poitras spoke out regarding the harassment she received from the United States government.

Poitras is a journalist and documentary filmmaker who spent eight days with Edward Snowden, as the National Security Agency's domestic espionage story broke to the public.

Poitras claims that her association with Snowden caused the Department of Homeland Security to put her on the gov-

ernment watch list, which has taken many of her rights away without a fair trial or a single explanation.

Poitras explained how government officials detained her for hours and confiscated her electronic devices as well as her notepads when she traveled to the United States.

Poitras has attempted to fight her blacklisting by the Department of Homeland Security, but I believe it to be an impossible battle against a system that requires no search warrants, trials, or explanations to people who have been singled out.

In my opinion, this type of harassment is likely a government tactic, meant to thwart any future journalistic releases of government information.

On Oct. 23, the Iranian Student News Agency (ISNA) reported that four of their journalists had been imprisoned, after reporting on violence against women. Although two of the captive journalists have been released, the paper's editor-in-chief and the head of ISNA's society column remain in custody.

These journalists were targeted after covering public protests of weak government response to recent attacks against



Joaquin Junco Jr. | Chronicle Illustration

Journalists risk their lives to report information to the public for awareness about issues.

women who had acid thrown on them for not dressing according to Islamic dress code.

Since Iranian authorities have been trying to play down these attacks, the arrests of these journalists can be seen as a "don't even think about it" message to any other media outlets that shine a bad light on the government.

In a world filled with corrupt and selfish government officials, it is up to the public to stand up against the persecution of those who help uncover

the truth.

To help protect journalists' rights, as well as our own rights towards information, we need to take the first step and raise public awareness of the many issues journalists face.

CPJ.org offers numerous ways to get involved and become an advocate for journalism rights.

Also, with the hashtag #righttoreport, we can take to social media and help inform the public about the plight of journalists.

Minimum wage should go up

By **JANETH JAIMES**
Staff Writer

Low-wage workers and low-income families would benefit significantly from the minimum wage increase to \$10 an hour by 2016, as proposed by President Obama and congressional Democrats.

I believe an increase in the minimum wage will be helpful for the working class by boosting the family income of low-wage workers.

The increase will help Americans maintain a good quality of life to support their families.

President Obama has supported raising the minimum wage so hard-working Americans can make a decent wage for a day's work.

Many students, including myself, work in order to meet educational goals and living expenses.

This causes a lot of stress, making it difficult to concentrate in school.

A minimum wage increase will have profound effects on employment opportunities and family income.

Raising minimum wages will allow students that work 40 hours a week to become financially independent.

Students will be able to make more money working less hours, which leads to more time for students to focus on school.

It is argued that increasing the minimum wage will cause people to lose their jobs.

In a review of 64 studies, there was no noticeable effects on employment, according to the United States Department of Labor.

Also, it is said the U.S. federal minimum wage goes up automatically as prices increase.

While some states recently passed laws triggering automatic increases in their minimum wages to compensate for inflation, the federal minimum wage does not operate in the same way.

President Obama and Congress agreed to gradually increase the federal minimum from \$8.25 to \$10 per hour, as well as adjust the wage for inflation.

CSUSB senior Vanessa Vasquez said she manages her time carefully to be a full-time student and work a part-time job that allows her to pay her tuition.

"Ideally for me, I think it would be just if minimum wage was a bit higher. Most of the time I have to wait for my pay check so I can pay other expenses," said Vasquez.

"[Our current] minimum wage does not cover all the expenses," said CSUSB junior Cristina Constantino.

"I earn about the minimum wage in my part-time job, it is enough to pay for college and books, but that is only because I still live with my parents," added Constantino.

Many students are not able to become financially independent because of their college debts.

I have learned how to manage my money, but it will be helpful when minimum wage increases.

I believe increasing minimum wage will make a difference in pay that allows me to dedicate more time to focusing on my education.

Men use rejection as excuse for violence against women

By **STEPHANIE WOODWARD**
Staff Writer

Violence against women is a prominent issue in our society.

An explanation for this problem is the idea of patriarchy.

I have noticed a trend in a number of incidents that involve men who claim they were motivated to violent action by rejection from women.

In a case earlier this year, Elliot Rodgers became violent after numerous women rejected his advances.

Rodgers recorded numerous videos and posted them on YouTube expressing his outrage with women and their constant rejection.

He felt that women’s lack of interest are what led to his lack of a love life.

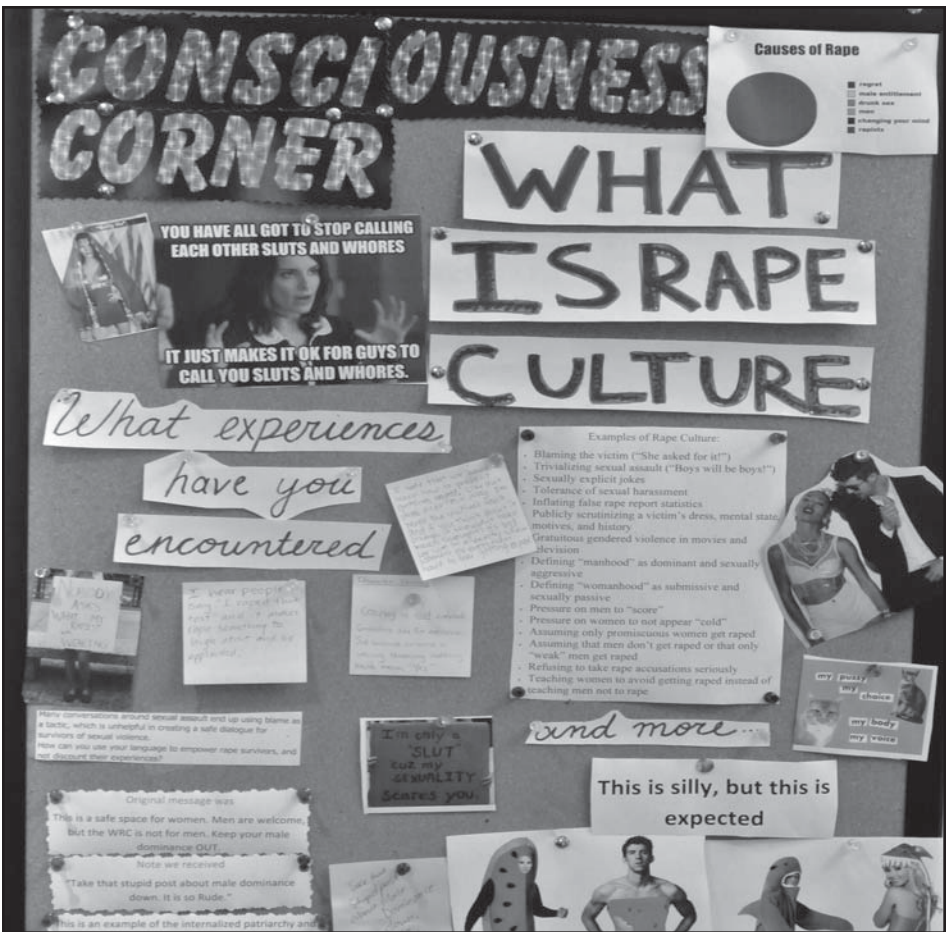
Rodgers vowed to eliminate the women he could not win over, and the men who had better luck with women than he did.

“All those beautiful girls I desired so much in my life, but can never have, because they despise and loathe me, I will destroy,” said Rodgers in his 140 page manifesto.

He followed through on his words when he killed six people in Isla Vista, California near the University of California, Santa Barbara campus on May 23, 2014.

According to *The Daily Telegraph*, a similar incident happened on Oct. 24, 2014 when Jaylen Fryberg, a student at Marysville-Pilchuck High School, opened fire on fellow students.

The shooting happened the day after



Stephanie Woodward | Chronicle Photo

The “Consciousness Corner” board in the WRC encourages students to be aware of current issues and express concerns.

Fryberg had a dispute with his girlfriend on Facebook. His cousin Heaven Arbuckle believes the shooting was a direct consequence over the argument Fryberg had with his girlfriend.

“He was heartbroken and didn’t know

what to do,” said Arbuckle.

It seems to be a common trend for men to become violent after feeling rejected or dismissed by women.

I believe many men feel entitled to women, due to their perceived superiority

in our society.

Some men believe they are dominant and should be able to have any woman they want simply because they are men.

The problems of female inferiority is something that is also seen by students on our campus.

The Women’s Resource Center (WRC) recently hosted “Smashing the Patriarchy with Pizza” as an attempt to address the patriarchal issues we are surrounded by.

The event coordinator, Kaoma Garcia said that in the last few years, there has been a man who frequented events hosted by the WRC.

Many women felt uncomfortable while he was around because he stared and entered into their personal space.

“After he confronted one individual and got in her face he was asked to not return to any events,” said Garcia.

This is evidence that there is no exception to male superiority.

The WRC is located on the second floor of the Santos Manuel Student Union, strives to be a safe place for women.

“Many women feel intimidated after being assaulted and we want them to feel safe and comfortable; that’s our goal here,” added Garcia.

Many women visit the WRC frequently because it is a place on our campus where they feel comfortable enough to be themselves.

Women are subjected to various sorts of violence by men whether it is physical, sexual, or verbal. It is important that we are aware so we can fight against these issues.

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the HIJAB CHALLENGE



Students take a walk in the steps of modern Muslim women

By **AYUMI YOSHIHAMA**

Staff Writer

Why do you wear a headdress? How do you wear it? Isn't it hot?

People tend to ask these questions to Muslim women who wear the hijab--which is Arab for headscarf.

Hijab, in the Muslim religion, represents modesty, privacy, and morality.

A total of 101 CSUSB students accepted the Hijab Challenge, which allowed students the opportunity to look at the world from the perspective of Muslim women who wear the hijab.

The hijab challenge was held on campus from Monday, Oct. 27 to Wednesday, Oct. 29 last week by the Muslim Students Association (MSA).

The challenge was started in UC Riverside years ago, and MSA of CSUSB has had this event annually since 2011.

They started the challenge to allow

students to experience Muslim culture firsthand, rather than just to answer their questions about it, as mentioned by Omar Abdelkhaleq of MSA.

The MSA asked, "If you are wondering how the Muslim women feel like walking with a Hijab, why don't you try it?"

They want students to experience how it feels to wear the Hijab and behave as a Muslim woman, rather than simply explaining it to them.

For those who accepted this challenge, they were also advised to follow the rules based on the Muslim woman's demeanor--prioritizing modesty and good character.

The guidelines included: No swearing, No curse words.

Wearing modest clothing: Covering the entire body besides hands, face, and feet with long sleeves and long jeans, skirts, or maxi dresses.

No lying: Be truthful.

Lower your gaze: Not looking at the

opposite sex with lustful eyes.

Don't touch the opposite gender: No handshakes, hugs, kisses to someone, except your family members or spouse.

One must not remove their headscarf when the opposite gender is around, such as boyfriends or males you are not married to.

It becomes appropriate to remove the hijab when you are at home with your family members and children who have yet to hit puberty.

Some males participated in the hijab challenge, following the same rules except those concerning the head scarf.

During the challenge, the participants had to agree to abide by the list, behaving in the manner of the daily lifestyle of a Muslim woman.

The panel discussion was held on the last day of the Hijab Challenge.

Some of the participants attended it and shared how they felt during the chal-

lenge.

Most of them said that it was a good experience and enjoyed wearing the hijab, but found it a little difficult to follow the rules because they are not used to them.

It also changed the participants' views of Muslim women and furthered their understanding of them.

Ranea AI-Tikriti of MSA said, "I think the event was successful because, to me, it's not about the quantity of the participants. It's what they took from the challenge."

"I wish that society would understand that we are just like other women. We just dress differently and more modestly," said AI-Tikriti.

"The hijab does not hold any Muslim women back from participating in sports, pursuing education, volunteering in the community, just to name a few examples. The hijab is not at all oppressive, as Muslim women we choose to wear it."



Ayumi Yoshihama | Chronicle Photos

Rather than answering questions, the Muslim Student Association challenged students to partake in their cultural practices for up to three days.



"I think the event was successful because, to me, it's not about the quantity of participants. It's what they took from the challenge."

Ranea AI-Tikriti
MSA Sister Chair

Common misconceptions debunked

By **DALETH QUINTANILLA**

Staff Writer

Terrorism and oppression are just a few misconceptions of Muslims who adorn the hijab; 101 students this week may have experienced these firsthand.

CSUSB's Muslim Association challenged students, Muslim or not, to step into the shoes of Muslim women.

Anyone who participated in the challenge was welcome to speak at the panel, led by Dr. Dany Doueiri and CSUSB students Ranea AI-Tikriti and Alia Abuelhassan, held on October 29.

Panelists voiced their thoughts of the challenge and afterwards, I spoke with AI-Tikriti about misconceptions that others have of those who wear the hijab.

Misconception 1: Muslim women are forced to wear the hijab.

AI-Tikriti explained to me that Muslim women are not forced to wear the hijab, and it is completely their

choice-- a choice AI-Tikriti made thirteen years ago.

Doueiri had a different experience with his three children.

He explained to the panel and class that his children experienced bullying because of their race and religion in elementary school and when his 11-year-old daughter decided to wear the hijab, his wife discouraged the idea.

"Why do Muslim women wear the hijab?" One student asked the panel.

Abuelhassan said, "if you truly believe and you are Muslim, then you should believe, yes I will put it on."

Misconception 2: The hijab oppresses women.

AI-Tikriti explained that women who wear the hijab are not oppressed; they are free to live a normal life.

AI-Tikriti is able to go to school, work, and socialize just like any other person who is not Muslim.

Misconception 3: Women who wear the hijab never take it off.

Students asked questions such as:

Do you go to a day spa? and who cuts your hair?

These questions may seem silly, but according to the rules for women given to the participants prior to the challenge, a Muslim woman who adorns the hijab is only allowed to remove their head scarf when she is at home with family such as her father, uncles, brothers, children, grandchildren, and boys who have not hit puberty.

The head scarf can also be removed for sleeping and showering.

A Muslim woman must wear modest clothing, concealing her entire body except her hands and feet, so a day spa for a manicure or pedicure can definitely be done.

There are many misconceptions of Muslims who follow the Islamic religion, and 101 students this week were able to defy the stereotypes set upon Muslims.

For more information on the religion, visit ask-a-muslim.com or visit the MSA which meets every Monday at 2 p.m. in the Interfaith Center across from the Women's Resource Center in the Student Union.

New York deli in So-Cal

Gandolfo's New York Delicatessen is a sandwich connoisseur's dream



By SARAH JOHNSON
Staff Writer

Gandolfo's New York Delicatessen is so sure you will love their sandwiches, they state: "If you're not sold this is the best sandwich you have ever tasted after the first bite, then we'll give you your money back. Period."

With locations in 13 states, one locally in the city of Rancho Cucamonga, this company has been making reubens, hoagies, and dagwoods since 1989.

In 2004, Dan Pool, CEO, had his first Gandolfo's sandwich and knew from the first glorious bite that he wanted to buy the company and bring it to different cities.

I'm so very glad he did, because this has quickly become a new favorite place of mine to get an appetizing sandwich.

Immediately entering Gandolfo's Deli, I was greeted with a smile and asked if I had any questions.

Taken aback by the large menu posted on the wall, it took me a few minutes to decide on one sandwich; I wanted to try so many.

All of the sandwiches are sorted by deli meat, making it a little

easier to sift through and decide which variety I wanted.

Whether you're in the mood for something as simple as turkey or chicken, or feeling more adventurous and craving corned beef, pastrami, or meatballs--Gandolfo's has it all.

The sandwiches are not only flavorful, but also have clever, catchy names, almost forcing you to chuckle and smile.

Here are just a few: Meatball Hero, King of Queens, NYPD Bleu, Godfather, Urban Cowboy, Taxi Driver, Yonkers, and Godzilla.

Being a sandwich lover, it was very tough choosing which sandwich to order.

I decided on Mama Leone; stacked with ham, salami, pepperoni, provolone, Parmesan, tomato, onion, marinated mushrooms, green pepper, and marinara sauce, served hot.

I have to admit, I was skeptical that my "first bite" was going to be as amazing as Gandolfo's led me to believe it would be--but it was.

The sandwich had so many spices and flavors, but it was the marinated mushrooms that set their

subs apart from the rest.

My hero roll, full of savory ingredients, quickly disappeared; I think that may have been the quickest I've ever finished a sandwich.

My taste buds were not only satisfied, but my stomach was too.

It was the perfect amount of food, I almost didn't have room for dessert.

For dessert, I had a chocolate mousse, which was decent, but nothing to rave about.

In addition to sandwiches, Gandolfo's also makes fresh pasta and broccoli salads, Nathan's hot dogs, breakfast sandwiches and bagels.

The pricing of the menu varied from sandwich to sandwich, some starting under \$6 and others going up to \$12.

Two sandwiches, two cold beverages, and a chocolate mousse later, brought my bill to \$28.

This is normally a bit steep for me to spend on lunch, but it was truly well worth it.

If you are a sandwich lover, or just a lover of food, I highly recommend checking out Gandolfo's.

I know my curious taste buds will have me returning to try new sandwiches weekly.



Sarah Johnson/ Chronicle Photos

The Mama Leone, stacked with a multitude of meats and marinated mushrooms is good.

Feminism polls show mixed feelings

By IVANNA CARLOS
Staff Writer

Not everyone knows what feminism is; each person may have a different definition of feminism.

I introduced a survey of five questions to the campus, of which 38 females and 21 males participated.

Do you think women should be paid the same amount as men for the same job?

38 females answered yes. 20 males answered yes, 1 male answered no.

Do you think women should have the same rights as a man under the law?

38 females answered yes, 21 males answered yes.

Do you know what feminism is?

36 females answered yes, 2 females answered no. 18 males answered yes, 3 males answered no.

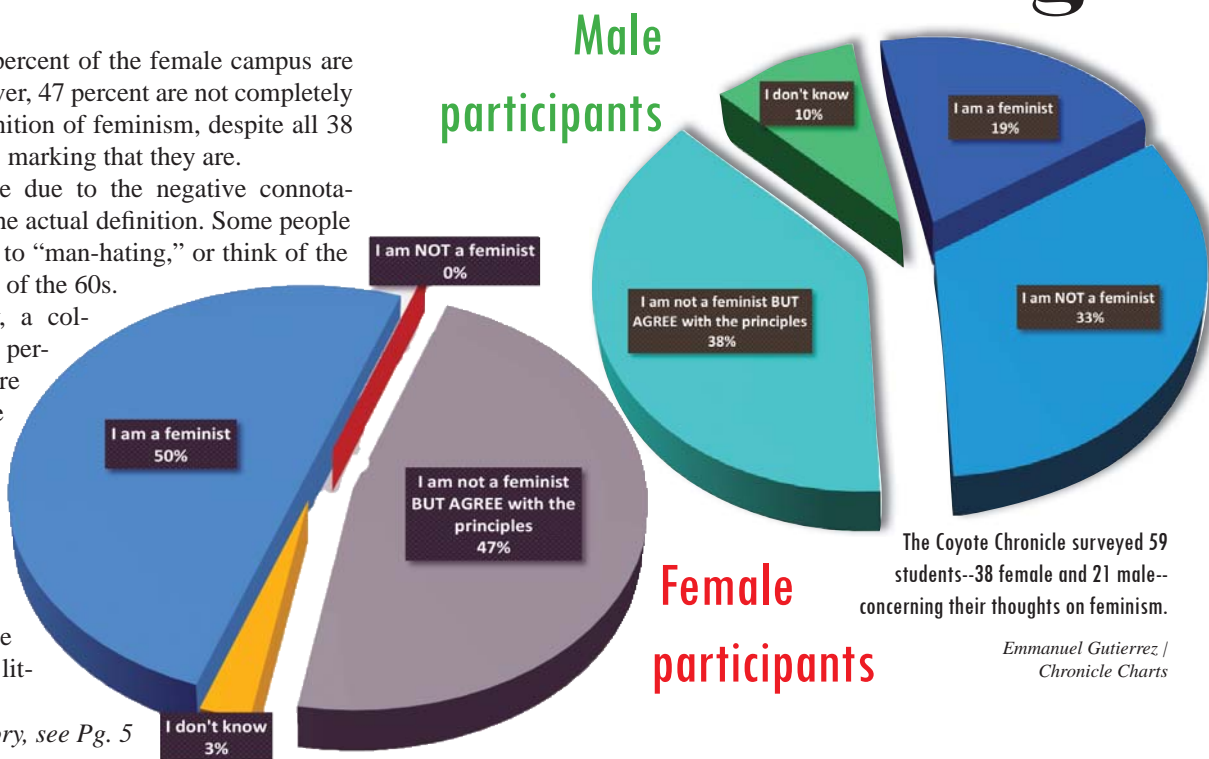
From the 59 students surveyed, we can de-

termine that 97 percent of the female campus are feminists. However, 47 percent are not completely clear on the definition of feminism, despite all 38 female surveyors marking that they are.

This may be due to the negative connotations muddling the actual definition. Some people equate feminism to "man-hating," or think of the extremists rallies of the 60s.

Interestingly, a collective of 57 percent of males are feminist. We simply run into the same issue of misunderstanding; many males believe they cannot be feminists because the word itself is literally feminine.

For full story, see Pg. 5



Q-Fest shines with pride



Nadia Ahmad | Chronicle Photos

Students gathered around the Events Center for Q-Fest an event put on by the San Manuel Student Union Pride Center, and enjoyed an array of handmade crafts , upbeat music and good company as a way to celebrate all genders and sexualities.

Pride Center welcomes a mix of music, intricate crafts, and vendors on campus

By **NADIA AHMAD**
Staff Writer

Q-Fest, hosted by the Pride Center, filled the Events Center with a mix of music, crafts, and vendors on Oct. 24.

The Pride Center's goal is to provide a safe and comforting environment for students of all genders and sexualities.

Q-Fest did just that.

The Pride Center lured everyone to the events center with free pizza and live bands.

Wasi, a trio from Orange County, was the first band to perform and in my opinion, did an amazing job adding volume and energy to the room.

The band started out as background music for the students as they floated from vendor to vendor but after the first two songs, everyone crowded together in front of the stage and started dancing like there was no tomorrow.

Wasi has opened for many impressive contemporary bands recently such as Shiny Toy Guns and have played at famous venues in Los Angeles including The Echoplex and Silverlake Lounge.

The pop-punk group had a rebellious attitude and teenage angst

mentality that really got the crowd growing.

It was incredible and pleasantly surprising to see how easily they got everyone dancing.

Something about these girls had everyone in the room hypnotized.

It was probably since they had no problem letting themselves completely loose on stage.

Their uplifting beats and endless energy was very reminiscent of duo pop-group Matt & Kim.

Their queer stage presence and harmonizing bridges could easily be compared to Tegan & Sara.

The events center was filled with all sorts of students and vendors who each had their own unique story.

Most vendors were selling incredible vintage clothing or creative personal art. My favorite vendor was Cece Baeza, owner of Come Hither by Cece.

Baeza sells stylish and unique hair accessories created by hand.

The hair clips included big, beautiful flowers in every color and real, painted starfish.

Come Hither by Cece really stood out from the other vendors when she told me her story of how she started working from nothing.

"When I started my business, I

was homeless. Now I work out of my car and am saving up to buy a home and start going to school," said Baeza.

I have no doubt that Come Hither will be a successful business after hearing how determined and driven Baeza is.

These are people who are trying to change the world, not just for the LGBT community, but for all of us as students and young adults.

They really succeeded in bringing together students, and I think that is what our school and community really needs.

As I walked around from vendor to vendor taking in all the incredible talent, I could see students joining in on the crafts and starting their own drawings on napkins while they interacted with fellow classmates and students they had never known before.

I felt so inspired after talking to the vendors and Pride Center students who put together Q-Fest. I can't wait for the next event The Pride Center puts together. I definitely won't miss it and neither should you.



Top right photo shows handmade hair clips sold by the vendors. Bottom left photo shows the Orange County trio, Wasi, take the stage. Bottom right photo shows merchants lured festival goers with their hand-crafted pieces, and beautiful artwork.

MOVIE REVIEW

“Ouija” keeps it cheesy on the board

By **CHELSEA FALER**
Staff Writer

The new horror film “Ouija,” released on Oct. 24, consisted mostly of scary moments already seen in the trailer or were just cheesy and typical.

I had very high expectations for this film and was ready to be shivering from fear but I found myself giggling instead at some of the “scary” scenes.

For instance, most of the occurrences that made you jump were things like doors closing by themselves, ghosts appearing out of thin air, and general loud creepy sounds.

To clarify, this was not a terrible production and I most definitely have seen more poorly made scary movies but I still felt somewhat of a letdown.

The storyline is decent, based around the well known haunted board game called Ouija board.

A young high school girl named Laine (Olivia Cooke) loses her best friend of many years Debbie (Shelley Hennig) after she allegedly commits suicide.

Refusing to believe someone she knew so well took their own life, she decides to gather up her closest friends to help her investigate further into Debbie’s death.

After the group of friends discover that Debbie’s death could possibly be linked to the ouija board game she had played just weeks before her death, they begin a game themselves in hopes of reaching out to Debbie’s spirit.

Laine and her friends had good intentions when they started to play, but unfortunately they unleashed something much more powerful and demonic than their innocent classmate.

As the movie goes on, you see things start to unfold, people dying in weird and unusual ways, and Laine doing everything she can to stop the evil spirits from taking more lives.

The story takes place in none other than an old, creepy looking house in a small town.

The setting of this movie was predictable yet it is also what gave it most of its chilling vibe.

Although the setting to this story was predictable what wasn’t was some parts of the production.

I was especially impressed by the makeup and special effects.

The makeup and special effects were very realistic and terrifying and made this movie something worth watching.

“A group of friends convinced me to see it. But I wish I would’ve waited and rented it on Red Box instead, rather than paying to go see it in the theater,” said student Amanda Flood.

Scary movies aren’t for everyone but “Ouija” is a film worth giving a chance to see.

If you are someone who loves good special effects and cheesy scary movies, this is the film for you.

However, if you do not enjoy typical, predictable horror films than I would recommend waiting until it comes out on DVD.



Dalal Museitef | Chronicle Photo
Know Resistance depicted from left to right: Jarin Oiley(bass), Joshua Monzon(drummer), Joey Monzon(vocals) jam out.

CONCERT REVIEW

Know resistance doesn’t hold back

By **DALAL MUSEITEF**
Staff Writer

Local CSUSB band, Know Resistance shared their stories and took the stage in the underground venue in Riverside, Blood Orange.

The venue gave off an intimate atmosphere, with only a few steps down to the basement, where the band set up.

With limited space, Blood Orange still showed much of their characteristics by setting up their own library and mini artworks.

Dressed up as Bane, The Joker, and

Continued on Pg. 12

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The cinema takes over the streets



Cesar Perez / Chronicle Photos
Local band, Farspeaker lightened up the atmosphere with their soothing yet cheerful and cool upbeat stage performance.

By CESAR PEREZ
Staff Writer

The world of cinema, live music, and international foods come together on the streets of Los Angeles for the season finale of Street Food Cinema.

Street Food Cinema is an annual event held in various parks throughout the city of Los Angeles during the summer months and early fall.

The event hosted live entertainment with different local bands, a variety of food trucks serving delicious meals, and an outside movie screening of classic and modern movies.

First time attendee, Antonio Najera, describes Street Food Cinema as “a chill, and awesome event!”

“Its definitely worth coming back next summer!” said Najera.

Stanley Kubrick’s, “The Shining,” was shown on Saturday, Oct. 25 at Exposition Park in Downtown Los Angeles.

Exposition Park is right outside the Los Angeles Memorial Coliseum, right next to USC, and provides a spacious outside location for hundreds of people to get a perfect view of the show.

A swarm of people showed up for the viewing of this classic horror movie, and the crowd was very enthusiastic.

Blankets, hoodies, pillow pets, snacks, and even some pets filled the park, as visitors came well prepared to spend an evening under the few stars the city had to offer.

High school student, Crystal Perez said, “I didn’t know we were allowed to bring outside snacks and food, but at least next time we know to come more well prepared.”

There are plenty of food trucks to

choose from, but if you would rather save some money, then outside snacks and food are also allowed.

The smell of kettle corn and delicious food filled the air, as Greek, Mediterranean, Salvadorian, and Asian meals were being prepared at a few of the food trucks located along the side of the park and picnic area.

Najera, a vegan, was very satisfied that vegan food was also offered, and said, “The vegan burgers are life! They were so good with my tater tots covered in buffalo sauce, I had to get some for the trip back home!”

While attendees ate, they were able to relax and enjoy the beautiful Southern California weather, and listen to the live music from local band, Farspeaker.

The music was nothing powerful or heavy, but more on the soft side of alternative and indie rock, allowing guests to settle in and socialize with their parties and the parties around them.

When it came to the overall production quality of the event, everything was great with only one minor issue.

Loud helicopters and cars would pass by the area, making it a little distracting while watching the movie, but the noise did not hurt the overall production or value of the event.

The quality of the movie on the projected screen was very enjoyable, it was large and wide enough for everyone to see the film, even for the people towards the back end of the park.

This annual event begins every year around the early summer season, and if you would like to enjoy and engage in a different kind of movie experience with live music and tasty meals, then Street Food Cinema is just the place for you.



Exposition Park in Downtown Los Angeles brings in a swarm of people for the season finale of Street Food Cinema.



Dalal Museitef / Chronicle Photo
Know Resistance dresses up for their gig at the Blood Orange grabbing everyone’s attention with their intense personas.

Local band puts on a scary good show

Continued from Pg. 11

Scarecrow, brothers Joey and Joshua Monzon (vocalist and drummer) and bass guitarist Jarin Oiley rocked out to their collection of songs.

While the band stayed in character during the interview they admitted that the band is not their only aspiration.

Former writer for the Coyote Chronicle, Joey, is a Police Officer for the state of California, which explains his intimidating stance during our interview.

Changing his guitarist three different times, Joshua still strives to keep the band alive with his in-depth, personal hardships in songs like “Revenge,” where he sings;

“They tell me that I’m a cool cat. Then they get a knife and stab me in the back. The fire in me is starting to rise. You are the

kinda person I despise.”

Despite Oiley being, a full time student majoring in math, he has a special interest in the way the band composes.

“I like Know Resistance, they’re easy to listen to,” said Oiley

If I was asked to join another band, I wouldn’t,” he continued.

“Fight” is about continuing to fight through rough patches in your life.

“We’ve won and we have lost and we’ll suffer so much more...we will never stop, I fight for freedom, Fight for myself.”

Although, their music is harder to hear because of their loud instruments, Know Resistance, has the writing techniques that will grab your attention.

I highly recommend students to check them out at reverbnation.com/knowresistance.

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ALBUM REVIEW

Leighton Meester tugs on our *Heartstrings*

By **WENDY MARTINEZ**
Staff Writer

Former “Gossip Girl” star, Leighton Meester, released her first album, *Heartstrings* on Oct. 27.

Born in a small town in Texas, Meester rose up to talent as an actress and has now switched gears as an artist and performer.

Meester has starred on television and films such as “Law in Order,” “Seventh Heaven,” “The Haunting on Sorority Row,” and “Country Strong.”

She then surfaced in the music industry with her first single, “Somebody to Love” in 2009 featuring R&B artist Robin Thicke.

Leaving Universal Music productions, Meester wanted to pursue more of an alternative groove side instead of her dance-pop side.

The 28-year-old entertainer wrote all of the songs in her new album.

The new album does not have as much of an energetic beat to it like her previous music, but has a slower and gentle background.

Her number one song on iTunes is called “Heartstrings,” where she talks about a boy that broke her heart when all she was trying to do was make him happy.

“Had to save my heart, save it from all your evil games. And now it ain’t the same. You will have no such luck to try to come

inside. That is to be denied. Tie my heartstring. I tie heartstrings off,” were some lyrics from the song, “Heartstrings.”

The song can be related by fans or listeners out there who have or have experienced broken hearts.

Meester has had mixed ratings on music charts and also from CSUSB students.

“Omg, I love this song! It’s soulful, she talks about her past life and I can relate to what she says in this song,” said student Sandra Lopez.

Student, Carlos Mora, disagrees with her ratings and said, “It wasn’t that great. She is a good singer though, but I feel like she should work on style choice.”

“*Heartstrings* speaks to vibe and encompasses a lot of the themes of the rest of the album,” Meester told Billboard. “It’s been a long time coming and I’m very excited to finally release it.”

The album is good because the song lyrics capture my attention. The beat on some of the songs, such as “Good for One Thing,” follows up perfectly.

Coming from a girl that loves electric dance music and alternative rock, I personally would not listen to her on a daily basis. However, her music does seem more natural and not so retouched on the sound.

Overall, she does have amazing vocals, but it is not an album I would buy on iTunes and would prefer to just listen to it on Spotify or Pandora.

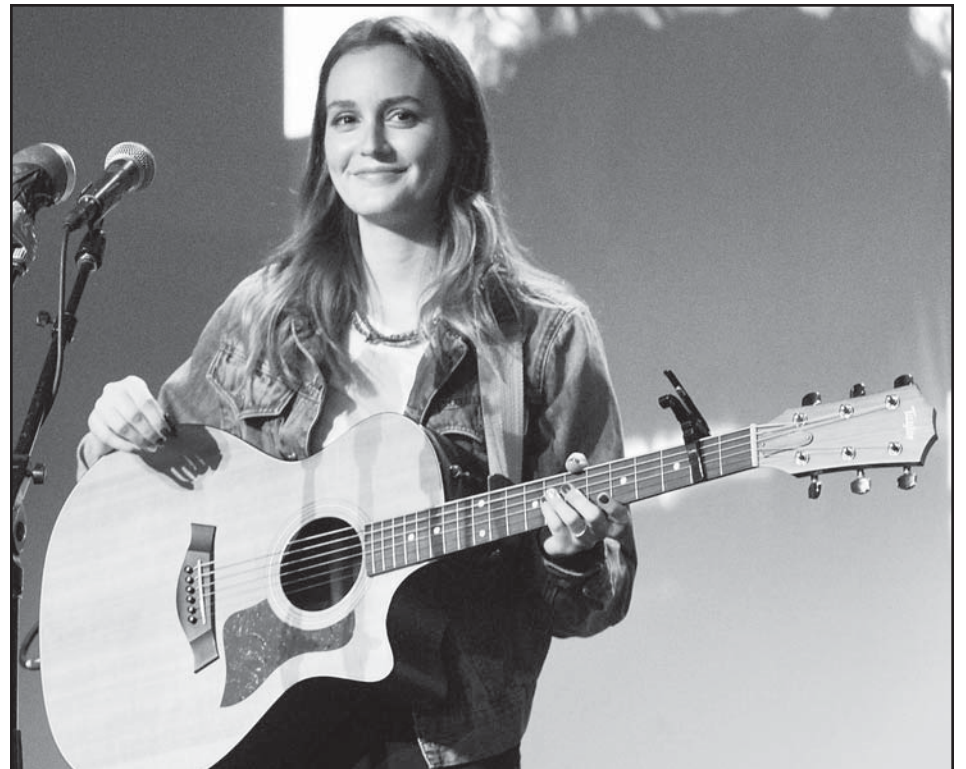


Photo courtesy of Just Jared

Former “Gossip Girl,” star Leighton Meester performs at the Apple Store Soho on Oct. 14 in New York City in front of fans.

I would recommend this album to people who have a taste for Lana Del Rey because it brings a more calming affect from all her acoustic instruments.

“The album wasn’t written for the sake of reaching a specific audience or being universal in that sense. It’s my thing

and I’m really proud of it,” said Meester

More than anything, the lyrics of the music [are] something that I think people like me or people with similar tastes will definitely be able to relate to, and it’s very personal and special to me,” continued Meester.

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Player of the week: *Arielle McCollough*

Captain of the volleyball team and outstanding player breaks all-time record for digs in the season

By **JASMINE GONZALES**

Staff Writer

Arielle McCollough is going out with a bang this season, surpassing CSUSB Volleyball record for the most digs.

Megan Haas set the record in 2006 with 1,566 digs, McCollough surpassed Haas with 1,572 digs after their game against Sonoma State University.

McCollough ended the week with 1,587 digs and she still has seven more games to set the new Coyote record.

"Holding the new record for the program is a huge accomplishment! The feeling is incredible and will be something I never forget," said McCollough.

Growing up McCollough always looked up to the amazing players that came before her, but never imagined she would be right up there with them.

"I never believed I would have been the person to break the record with just three years of being on the court. I admire players before me and challenge players after me," said McCollough.

She said she hopes setting this new record, will inspire the Coyotes after her to follow her lead and play their best.

"That's how I got where I am today. The drive to be the best," said McCollough.

McCollough gets her motivation from family, friends and teammates.

"Every time I step onto the court I'm playing for them, until the very last point," said McCollough. "They drive me to do my best," she continued.

Her second big motivation is, "it's my last year EVER playing if that's not enough motivation, I don't know what is," said McCollough.

Being raised in Fontana, McCollough played for a local club team called Rancho Valley who had practice locations throughout the Inland Empire.

She started out with the 12-2's team coached by Kimo Morohunfolo.

Prior to CSUSB, McCollough attended Etiwanda High School where she lettered in varsity volleyball all four years and received many athletic awards.

Graduating Etiwanda in 2011, McCollough came to CSUSB and played Volleyball for the Coyotes all four years.

"The volleyball player I aspire to be like is Camille Smith," said McCollough. Smith is a former Coyote who graduated in the 2012-2013 academic year.

"I have never played with someone with so much heart and drive for the game," reminisced McCollough about her former teammate Smith.

This being her senior year, it will also be the last year that she plays Volleyball competitively.

"Volleyball will always be with me, but unfortunately this will be my last year playing," said McCollough.

"I do not intend on playing anymore after college, maybe for a fun league," added McCollough.

McCollough is majoring in pre-nursing and planning to pursue a career as an OBGYN or even a doctor.

After McCollough graduates CSUSB this spring she will be transferring to West Coast University to begin the nursing program there.

Although McCollough does not intend on playing volleyball after this season she definitely wants to stay around the sport when she graduates.

"Some of my best friends on and off the team are still playing and my sister is a coach so I will always be around it," said McCollough.



Photo courtesy of Arielle McCollough

Captain Arielle McCollough libero is highlighted with her record breaking scores.



Chronicle Photo // Lily Perez

Getting pumped for Halloween

By **LILY PEREZ**

Staff Writer

The CSUSB Recreation and Fitness Center (Rec Center) hosted Haunted Group Exercise on Oct. 30, a fitness event to welcome in the Halloween spirit.

Students were invited to come and show off their favorite costumes, while dancing to Halloween-inspired music, all while getting a good workout.

The day-long event put a twist on their regular scheduled classes, in hopes of motivating students to participate and get fit.

The Rec Center staff pulled out all the stops and went crazy with their Halloween décor to bring out the Halloween spirit.

Coyotes showed up to their fitness classes and seemed to enjoy the décor, but decided to leave their spooky costumes at home. "Mostly individuals that come to our classes, they come to get a good workout, they come to sweat and so from what I've heard from the past participants is they don't want to sweat out their costumes,"

said Fitness Coordinator Barry Greene Jr.

"A lot of them just prefer to see more of like the decorations so that's why we're taking that approach more this year," said Greene.

Coyotes wore their regular workout gear and went hardcore on their workout, sweating and pushing through the pain.

The only thing that was spooked from the Haunted Group Exercise classes was the students' muscles after engaging in some grueling exercises.

The TRX class incorporated cycling, weights and steps to keep students' heart rates going.

Most of the class consisted of a four-station rotation where students did squats, arm and leg exercises.

Greene's encouraging words did not go unnoticed and he joined students during their workouts to keep them motivated.

"What keeps me motivated is walking down the street with shorts and not feeling everything jiggle.

That's what keeps me motivated," said senior Corinna Ordonez.

Although the class was missing some spooky tunes to go with the Halloween spirit, the playlist was successful in keeping students in the zone.

The playlist consisted of artists like Drake, Iggy Azalea and EDM tunes to amp up the classroom's mood.

The TRX class had a small turnout, but those who showed up welcomed the Halloween spirit and enjoyed the class.

"I really like this, I'm always trying to

bring people," said Ordonez.

The Haunted Group Exercise seemed to be well-received by students, and was successful in keeping students motivated and having fun while getting in a good workout.

"We do events like this you know just to try to put them into the spirit, whatever the time of year is," said Greene.

The fitness classes can be a challenge, but instructors welcome students of all workout levels to join the fun.

"We try to make sure that we convey our instruction to not just the top dog in the class; we're trying to make sure that we have all fitness levels, whether it be beginner, intermediate or expert," said Greene.

Although the Halloween season is over there will always be new and exciting events for the Rec Center for the rest of the quarter.

Students are encouraged to attend one of the many Rec Center's weekly scheduled classes, you can learn more by visiting the Rec Center website.

**"We do events like
this you know just to try
to put them into the spirit,
whatever the time
of year is."**

Barry Greene Jr.
Fitness Coordinator



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Volleyball bounces back after defeat

By **JUSTIN SANDOVAL**
Staff Writer

After a disappointing loss Friday against the Sonoma State Seawolves, Coyote Volleyball dropped three spots to 18 in the National Rankings.

The Coyotes recovered quickly and fought strong against San Francisco State Gators, dominating in a 3-1 victory.

Captain Arielle McCullough said, “we are a very strong, hard-working team and no matter the win or loss, we walk into the gym with a strong attitude.”

The Coyotes remain in second place, behind the Seawolves in the California Collegiate Athletic Association (CCAA) conference. Had the Coyotes beaten the Seawolves, the two would have switched conference ranking.

“It was a big game, we knew we had to perform well in order to be successful,” McCullough said.

“We definitely had our heads in the game and we were ready to go,” continued McCullough.

In the first play of the game, spike leader Alexander Torline from the Seawolves threw down a “statement” first point to begin the set.

Sonoma State answered and the rest of the set was fairly even.

The home crowd was shocked as the Seawolves gained momentum and won the set 22-25, and unfortunately, the Coyotes lost the second set in similar fashion.

In set two, the Coyotes just couldn’t get ahead, and they began to show signs of defeat losing the set.

The home crowd attempted to rally behind the Coyotes for one last set to extend the match.

The Student Athletic Advisory Committee (SAAC) was there in full support, and attempted to raise their fellow Coyotes to victory.

Members of Men’s golf, cheer and dance, Women’s and Men’s soccer, and Women’s and Men’s basketball all supported the Coyotes and heckle the opposing Seawolves.

The Seawolves have dominated CCAA conference play and are getting serious consideration for National Ranking.

The Coyotes started the weekend in the 15th spot on the Division II College Volleyball Ranking, which was sure to drop after the disappointing loss on Friday.

Late in the third set, Seawolves’ Regan Richert threw down two game-changing kills for points 19 and 20, closing out their victory.

“The Seawolves are a good team and we just couldn’t score. We needed to defend better,” said McCullough.

Like in any sport, the team and player must be able to recover, and the Coyotes were ready to do so against the Gators.

“We prepare differently after a loss; it is clear as day where we struggled,” McCullough said, “the coaching staff knows where we struggled and that we need to work on specific areas of the game, in this case, the offensive side of the things.”

The first two sets were battled out fairly close against the Gators and was never out of reach for either team.

The Coyotes took the first set 25-22, and the Gators won the second 25-21.

Once the third set began, the Coyotes showed their powerhouse potential.

In response to their dominant play McCullough said, “every match is a new game, we walk into it ready for battle no matter who is on the other side of the net.”

The Coyotes won the next two sets versus the Gators 25-15, and 25-16, respectively.

The rebound from a loss was huge for the Coyotes, as they remained nationally ranked, having dropped only three spots to 18.

When asked about a national title, McCullough said “this is the team to bring San Bernardino a national title; nothing will break us, the mentality and heart on this team are indescribable.”



Photo courtesy of Ben Delgado

Player Jordan Ortega screams of joy when the Coyotes take the win.

Cardinals top prospect dies in car crash

By **JAVIER RODRIGUEZ**
Staff Writer

St. Louis Cardinals Outfielder Oscar Taveras and his girlfriend Edilia Arvelo, died in a fatal car crash on Oct. 26 in the Dominican Republic.

Taveras was 22 years old, happy and living the dream with Arvelo.

There are rumors of the couple having a newborn baby, according to an online article by Player Wives.

Although the rumors have not been confirmed from any of the family members or media conglomerates, the car crash that took their lives is completely devastating.

Taveras’ teammate Kolten Wong went on Twitter moments after his teammates death, “Wow! My heart truly hurts to hear the passing of Oscar! I’ve played with him every year and we truly lost a great person! #RIPOscarTaveras,” according to TMZ Sports.

According to the Metropolitan Police Department, officials in the Dominican Republic mentioned that Taveras was not under the influence of any substance.

However, he was driving very fast, which might have caused him to lose control and strike a tree.

Some believe that the car accident occurred because the roads were slippery, although details of the car crash are not fully known.

Photographs from the scene showed his 2014 Chevrolet Camaro, in Cardinal’s red, with its front-end crushed and body



Photo courtesy of Ricardo Arduengo

Family, friends and fans came together to celebrate the life of former Cardinals player Oscar Taveras at his ceremony.

twisted and bent. Taveras was considered a top prospect in the Cardinals organization.

“Before this season, he was ranked as the No. 3 overall prospect by mlb.com and Baseball America,” said Fox Sports.

The averages of his games and the scores that he would receive from his stats were nothing but incredible.

In 80 games this year, he hit at an average of 239, with three home runs and 22 Runs Batted In (RBI).

Plans had been made for him to travel to the team’s training facility in Florida this November. He was going to start playing in the Dominican Winter League.

In 2008, Taveras was barely a teenager

when he first signed as an international free agent with St. Louis.

In his major league debut, he hit a home run against Yusmeiro Petit of the San Francisco Giants.

He also had a big solo home run the seventh inning of game two during the National League Championship Series against the Giants.

Manager for the Cardinals, Mike Matheny, stated in New York Daily, “this is a huge loss for us and the Dominican Republic.”

He added, “He was our weapon off the bench and we had plans for him next year. Even though he was only 22, he wasn’t afraid of anything.”

Matheny and general manager John Mozeliak were among thousands of people who attended the burial at a cemetery in Sosúa near the Dominican Republic’s north coast.

According to ESPN Sports, Matheny stated, “he had a great heart and this is a tragedy for us.”

Taveras is one, among others in recent memory, who also died in a fatal car accident. Nick Adenhardt of the Los Angeles Angels of Anaheim died in fatal crash in 2009; fellow Cardinal’s player Josh Hancock died in a car crash in 2007, and Padres’ Outfielder player Mike Darr died in fatal car accident in 2002.

Family, friends and fans will always remember Taveras for his talent, hard working attitude and his promising future in baseball.