October 6th, 1972

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Is College Bad for Girls?
A BOOKLET BY E. J. RICHARDS, AVAILABLE FROM YOUR DOCTOR

A Personal Canvas - Articles:

- Evils of Dormitory Life - Midnight Hours of Who Knows What?
- Flirting & Speaking to Male Students without Proper Introduction & Chaperone.
- Reading Improper Novels, Magazines, & Other Suggestive Literature.
- Forming of Unladylike Habits that May Harm the Health & Morals of a delicate Girl - Such as Smoking & Card Playing.
This bit of suggestive literature is the introduction to a whole new trip — Fall, 1972 at Cal State, San Bernardino. I would like to suggest that we all get together and involved in some type of activity. I would like to suggest that we make this year a first by reversing CSCSB's trend to benign apathy. I would like to suggest that you get out and create some news so that I have something to paw print. We are all performing this divine cosmic dance — can we synchronize our steps? Let's check out the evil delights of dormitory life — midnight hours and who knows what? Let's write nasty letters to the student newspaper. In the spirit of a group formed two years ago on this campus, the Student Action Committee, I welcome you to CSCSB. In the spirit in which I was welcomed on this campus in Fall, 1969 by the SDS I welcome you. Two things are different now — the SAC and the SDS are both vanished and here we all are right here. I am looking forward to watching you dance.

The resignation of three outstanding members of CSCSB's faculty throws a damper on the warm "Hello" I am extending to you. Professors Vernon Levege and Vernon C. Hodnett (Sociology) and Lawrence E. Johnson, director of the Educational Opportunity Program, wrote a bitter letter to President John M. Pfau charging an inadequate Affirmative Action Program for black faculty and administrators. "We feel that California State College, San Bernardino, has not exemplified enough good faith nor effort to transform its Affirmative Action Program from paper commitments to equal employment opportunity.

"It is our consensus that we can no longer tolerate an impartial educational system that theoretically addresses itself to the needs and aspirations of all people, regardless of race, creed, or color, but in reality only serves as a facilitator for the expressed needs of a few." Pfau refused Levege's request for a paid four-week leave to complete doctoral work at Antioch College in Ohio. Pfau has refused to discuss personnel matters in public, according to an article written by Mary Sanchez of the "Sun-Telegram," leaving clouded the reason why Larry Johnson's term of employment was due to end in Spring, 1973. Johnson has been campus director of EOP since 1969. Mr. Hodnett has been employed part-time and just this fall received a full-time assignment.

At printing time, replacements had not been found for the three. Who does CSCSB have the highest faculty resignation rate in the state? Why won't Pfau discuss matters of public concern in an honest and open way? What about the chafes of institutional racism? I invite all and any who wish to express themselves on the matter of this shocking resignation to write to the "Pawprint." This demands exploration and explanation.

— Lucy in the Sky

VAN ANDREWS, A.S.B. President, quit.

OLLIE LEVEGE, Professor of Sociology, quit.

Picture of VERNON HODNETT not available

Larry Johnson, Campus Director of EOP, quit.

WHO QUIET?

NANCY SAUNDERS, Editor-in-Chief
JIM DILDAY, Assistant Editor
SUE BOLGER, Photographer
PAT NORRIS, Staff Writer
DR. ED WHITE, Friendly Advisor

Thanks to Dean Monroe and his staff for kindly services. Political Opinions expressed are not necessarily those of the "PAWPRINT".

There will be a "PAWPRINT" Staff Meeting on Monday, October 9, at 10:00 in the "PAWPRINT" office, next door to the old Admissions and Records Office. All interested please attend.
CSCSB INTRAMURALS
TENTATIVE SCHEDULE OF EVENTS – FALL 1972

September 28 — Signups for Men’s Flag Football
October 2 — Signups for Men’s 3-Man Basketball
October 3 — Signups for Women’s Volleyball
October 4 — Signups for Co-Ed Badminton
October 11 — Entry deadline for Men’s Football (Rosters Due)
October 13 — Men’s Football begins (Games every Friday)
October 16 — Entry deadline for 3-Man Basketball
October 17 — Entry deadline for Women’s Volleyball (Rosters Due)
October 18 — Entry deadline for Coed Badminton
October 19 — 3-Man Basketball begins (Games every Wednesday)
October 24 — Coed Badminton begins (Games every Tuesday)
November 22 — Cross-Country
November 29 — Free Throw Contest
December 6 — Bowling

SIGNUP PROCEDURE: (The Entry Deadlines Posted Will be
service, call the Family PtoHiBg

ELIGIBILITY: Intramural activities are open to all students,

How about some natural foods - fruits and veggies and such for the health fans on campus?

BOF SHOO WAH
CSCSB regrets the loss of Dr. Jesse Hiroaka, Professor of French, to Western Washington State College in Bellingham. Dr. Hiroaka will assume duties as Dean of the College of Ethnic Studies.

The Board of Trustees finally came through and approved a 7.5% salary increase for State faculty and staff at CSCSB.

Students patronize CSCSB's new, spacious cafeteria facility.

ASSOCIATION OF PSYCHOLOGY STUDENTS
This year is going to be a fantastic year for the students of the Psychology Club (officially known as the ASSOCIATION OF PSYCHOLOGY STUDENTS — or, for short, APS).

This year the APS Club promises to be a viable organization to its student members, the Psychology Department, and CSCSB as a whole.

Our first meeting for the fall term of 1972, will be held at noon, Wednesday, October 4, on the second floor of the Physical Science building. Signs will be posted as to the exact room number.

All students at CSCSB are invited and encouraged to attend. Free coffee and munchies! Opportunity to meet some of your professors, a - n - d find out first hand what we are about. Come! Let us make you an offer you can’t refuse.

Thom Bohen
President
ASSOCIATION OF PSYCHOLOGY STUDENTS

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Elbow room in newly-opened commons.
SERRANO VILLAGE TO HOUSE 140

Owen Springer — Arrowhead

"The dorm complex needs a general store and a larger recreation center."

"I agree with the demand for equal job opportunity and equal pay for women. However, Women's Liberation seems to degrade marriage and the family. Marriage and the family are very important for me. It is a major responsibility to raise children. Both men and women should be able to combine family and career. The family should be the main priority."

Ron Zent — Badger

"The more a student gets involved in activities, the more it seems he/she develops a sense of community at that school. I support the marijuana initiative. However, because part of my job is enforcing California state law I would report a blatant case. I would warn a student first, though."

"I would call Dr. Pace rather than security if I was confronted with a student smoking marijuana. We would be able to discuss the situation and decide on appropriate action."

Katherine Miller — Shandin

"I would not bust a student unless they were very obvious, for instance, smoking dope in the lounge. Even then I would probably contact Dr. Pace rather than security."

"It's about time women demand equal rights. I disagree with the more radical feminists but find the entire subject very interesting. It would be good if we had films and speakers on campus which would present different types of female possibilities."

Gwen Spigner — Arrowhead

Serrano Village, the newly coined name for CSCSB's dormitory complex, is expected to accommodate approximately 140 new and returning students. The four buildings — two coed dorms known as "Badger" and "Shandin," and one men's dormitory, "Tokay," and one women's facility, "Arrowhead." The cost of living is $128 per month, a figure which includes two meals per day, a weekly steak night, and unlimited seconds served by the new cafeteria on campus.

An extensive recreation program is on the agenda for Serrano residents, according to Dr. Theron Pace, CSCSB Housing Director. Construction has already begun on a swimming pool, to be used only by dorm students. A sand volleyball court, sunbathing area, pool table, table and paddle tennis, and gym equipment will all become accessible to Serrano students. An improved parking lot adjacent to Tokay and Arrowhead is in the works. Each suite living room is wired for a television cable, but arrangements for actual installation are still pending. A lower level recreation room is part of each building. Each dormitory is under the guidance of a House Resource person, who is there to assist in house activities and offer help on an individual basis. His room and board is paid in return for the service which he or she renders. House residents will determine their own particular type of government and judicial policies. There is a $3 per quarter social fee, whose use each house will determine for themselves. As it stands now, there exists a liberal 24-hour visitation policy. Dr. Pace and the House Resource person will work together to reach understandings on visitation right difficulties which may arise. Dr. Pace's intent is to stress a high level of student involvement. Living in Serrano Village is going to be loose, casual, comfortable and autonomous.

Budd Simpson — Tokay

"Students are having parties regularly. This seems to be developing a sense of community among them."

"I would warn a student before I would call security if I saw him/her smoking dope. Students can do what they want on campus."

"There are a lot of successful women in business or the home fulfilling themselves. It just takes desire and drive. I don't think Women's Liberation has much basis."

KATHERINE MILLER, House Resource, Shandin

"I would not bust a student unless they were very obvious, for instance, smoking dope in the lounge. Even then I would probably contact Dr. Pace rather than security."

"It's about time women demand equal rights. I disagree with the more radical feminists but find the entire subject very interesting. It would be good if we had films and speakers on campus which would present different types of female possibilities."

Budd Simpson — House Resource, Tokay
Dorm Life To Bring Changes On Campus

Check out the fancy dorm decor, maybe get invited to a party; but watch your head in Tokay for the ceiling is low.

No House Hours—No Lockouts

Student's Have Parties Regularly
Golden; Lee Return From Leaves Of Absence

Bruce Golden and Robert Lee, Associate Professors of English, are returning to Cal-State this fall from a one-year leave of absence abroad.

Professor Golden lived in Oxford on the National Endowment for Humantist Fellowship. His time was spent researching a book on 16th and 17th century tragedy in England and Spain. Golden traveled throughout England and Paris and Copenhagen. Encountering old acquaintances was a twilight of his year abroad. "It was clearly a vacation from the classroom," says Prof. Golden.

On the other hand, Professor Lee spent his year in Turkey on Fulbright Lectureship. Lee taught American Literature to undergraduates and graduates at Hacettepe University in Ankara. Prof. Lee observed Turkey as a "country in transition" and views himself as "less prone to easy political generalizations."

— Pat Norris

STUDENT COUNSELING AVAILABLE

Realizing the need for more efficient student advisement during the academic term the Student Counseling Service and the office of the Dean of Academic Planning have teamed to aid in solving problems that students may have.

Generally speaking, S.C.S. is a guidance counseling service available to those seeking help with academic problems (such as understanding the general education requirements); however, we are also a referral service and can give you information to get you pointed in the right direction to solve your particular problem. S.C.S. is student operated, and individual conference is stressed. We feel that with students helping students a greater understanding and trust between the staff, students, and faculty can be generated.

Anyone seeking help will not be given a run-around, but on the contrary straight-forward, honest advice.

Proper facilities are not currently available; however permission to work out of the PAWPRINT office has been granted. If you are in need of help, or just wish information contact Jim Dilday at the PAWPRINT office between 9 - 11 M - W - F or call Ex. 233 for an appointment time that is convenient. We are here to help. Remember, "You receive not because you ask not."

BRUCE GOLDEN is on campus again after a year of work in England.

C.S.C.S.B. $1,020,000 To Build Student Union

Money Can't Buy Me Love

The architectural firms of Dorman/Munselle Associates and Harshin, Morgan and Causoy Inc. have been named to jointly design the College Union building at California State College, San Bernardino.

Their appointment was approved at a recent meeting of the Board of Trustees. Richard Dorman is the consulting master plan architect for the campus. He also designed the campus Commons building now under construction. His firm is located in Beverly Hills.

The latter firm, from Ontario, designed a portion of the new residence halls.

The College Union will be a building designed primarily for student use. It will be funded by student fees as approved in a student referendum in April, 1971. Design for the building should be completed by the end of this year and construction begin in the spring or summer of 1973, according to Ben M. Adams, part-time and summer session students.

The building will cost approximately $1,020,000 and cover 26,000 square feet. It is intended to be the first increment of a larger union complex which will eventually encompass 100,000 feet.

The site of this facility will be on the Main Campus Mall near the new library and future bookstore.

The college proposes to finance construction through a bond sale amounting in approximately $1,020,000. The bond issuing costs, bond reserve fund, movable equipment and an operating reserve fund will be paid from cash accumulated through the student college union fee.

Student fee assessments for the building are as follows: 1971-72, $4 per quarter; 1972-73, $5; and 1974-75 and thereafter, $6.50. The fee amount is the same for regular, assistant to the vice president for administration.

The goals of the College Union Committee as stated in the original proposal include that it should serve as a common meeting place and provide a well-rounded social program for students, faculty, alumni, and friends of the college; offer experience in inter-personal relationships; make the commuter campus a more human place in which to study and learn; and reduce the subsidy cost of attending college by making low-cost services and recreation available to students.

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The College Union Committee, appointed by President John M. Pixu, consists of Dean of Students Dr. Kenneth L. Monroe, Vice President for Administration Dr. Joseph K. Thomas, faculty member Dr. Robert Biskey, student body president Breck Nichols, and students Mary Sessom and Carol Correia.

ROBERT LEE, Associate Professor of English relaxes in his office.

English Majors: Take Advantage Of What Your Representatives Have For You — contact the Pawprint office

Disneyland is NOW HIRING for Thanksgiving and Christmas vacations!

AlSO Some weekend training required

Contact the part-time

Campus Placement Center or apply in person at Disneyland's Personnel Office.
ASS

As the result of a meeting of art majors in June, 1972, the organization called Art Students Society (ASS) was formed. It was set up by a core group of nine people in the manner of a union cooperative. Its basic purpose is to represent all art students in matters of a collective nature. It is voluntary. At this time the following items are being arranged: Importing professional exhibits from the major galleries and museums in the area; Exchanging student shows with the other colleges in the Southern California area; Arranging for lectures by major personalities in the field; Use of fine prints on campus during the Winter quarter; Permanent collection to be stored at CSUCB; Monthly pilgrimage to the L.A. museums; Three-state invitational art fair scheduled for May; Discounts on art materials and tools; Lobbyist for student wishes at all department meetings; Bulletin board ingallery-storeroom. If you are an art student, it will be to your advantage both financially and informationally to affiliate with ASS. To cover operating costs we ask $2 per person per year. Watch the Newsprint for more details.

Wompen’s Part

By Hurricane

"Once in the cabinet we had to deal with the fact that there had been an outbreak of assaults on women at night. One minister ... women should stay at home after dark. I said, 'But it's the men who are attacking the women. If there's to be a cure few let the men stay at home, not the women.'" — Israeli Prime Minister Golda Meir

In a recent interview Jules Feiffer referred to some dialogue in an early draft of the script of his movie, "Cactus Flower," that "... I cut out because it seemed too on the nose and because I'd rather have audiences figure it out for themselves... Jonathan says to a young woman, 'Remember when you were a kid and the boys didn't like the girls? Only stiess liked girls? What I'm trying to tell you is that nothing's changed. You thing boys grow out of not liking girls, but we don't grow out of it. We just grow horny.'"

"Santa Claus must have been a woman. Who else would have done so much for so little?"— James, Christmas, 1970

Student Health

STUDENT HEALTH CENTER OFFERS FREE PERSONAL HEALTH SERVICES!

The Student Health Center offers free medical services to all students regardless of how few units they are taking. These services consist of anything that would normally be done in a doctor's office—from a stubbed toe to mental-emotional counseling.

The Health Center, which is located in the Administration Building, Room 117, is open from 8:00 a.m. to 4:30 p.m. Monday through Friday with a full-time nurse and four part-time physicians to serve you. We work by appointments rather than walk-in, but of course, emergencies are seen immediately.

The Health Center is equipped to handle most any type of medical problem the student may have, but if it is something we can't handle, we will refer the student to the appropriate specialist in the community. The specialist's bill will be paid by an insurance policy which the college has for each student. This same insurance policy will pay for physical therapy and psychiatric evaluations when required by one of our Student Health Physicians. It will also pay for ambulance service and emergency care at any location.

The Conquer @ Steps. Thones also does birth control and pregnancy counseling including necessary examinations and prescriptions for birth control medications.

Prescriptions (except for birth control pills) which are written by our Health Center Physicians may be filled at a student discount at certain local pharmacies.

A hospitalization insurance plan is available at student rates which can cover spouse and dependents. Please inquire at the Student Health Center for brochure.

VIVIAN McEACHERN is your nurse and friend, eager and well-qualified to be of help.

STATE SCHOLARSHIPS AVAILABLE TO COLLEGE STUDENTS APPLICATION DEADLINE ANNOUNCED

Undergraduate college students who are in need of financial assistance to continue college should file a State Scholarship application. Approximately 11,000 new State Scholarships will be awarded in April 1973 for use in 1973-74. Most of the new scholarships will be awarded to high school seniors but approximately 1,700 will be available for currently enrolled college students who are not already in the State Scholarship Program.

The number of scholarships has been increased from 6,700 to 7,600 as a result of Assembly Bill 1692 by Mr. Lanterman, passed by the Legislature and signed by Governor Reagan.

State Scholarships can be utilized at any accredited four-year college in California, plus the California Maritime Academy. The awards range from $500 to $2,200 at independent colleges, $300 to $600 at the University of California, and in the amount of fees charged to students at the California State University and Colleges (approximately $150).

In addition, students planning to attend a community college during the 1973-74 academic year may have their scholarships held in reserve for them until such time as they attend a community college. All eligible men who will be under age 30 prior to October 1973 are eligible to apply. No age limit applies to those applicants who have had at least 181 days of continuous military service.

Applicants are available in the office of Financial Aid of every California college or di-rectly from the State Scholarship and Loan Commission, 714 P Street, Sacramento, California 95814. Applications must be filed with the State Scholarship and Loan Commission by midnight, November 20, 1972. Scores on the Scholastic Aptitude Test must also be submitted as part of an application.

Politics From The Bullpen

Los Angeles — President Nixon's announcement that the draft would end next June is "more proof that the President delivers what he promises," according to Pam Sidoroff, Young National Chairman of the Young Voters for the President.

"For 20 years politicians have told young people what they wanted to hear—that the draft would be ended," Miss Powell said. "But they were just talking the way so many politicians do. They didn't do anything to end the draft.

"When President Nixon campaigned in 1968 he promised to end the draft—and as soon as he took office he began working for an all-volunteer armed force. He established the draft lottery which reduced the vulnerability to which a young person was exposed. He instituted a number of other reforms, such as appointing many young persons to the draft boards. That probably the most important thing President Nixon did to end the draft was to bring the troops home from Vietnam, nearly eliminating the need for a huge Army of conscripts that old men in high office had available to send off to a distant war," Miss Powell said.

By reducing American involvement in Vietnam President Nixon has made it possible to end the draft.

"He was able to reduce the draft call from 343,000 in 1968 to 50,000 this year. And now it looks like a zero draft call next year, fulfilling a promise he made in 1968," Miss Powell said.

"Now that President Nixon's program of young Americans will welcome his announcement that they no longer have to face the possibility of the draft.

"And those of us who are young joins with all Americans in the realization that President Nixon ended the draft only when he was confident that the defense of the nation would not be jeopardized by a sudden end to the draft. He courageously waited until the military system was reformed to the point where it would remain strong, even without the draft," Miss Powell concluded.

You Get What He Promises

The Selective Service System today announced that the draft lottery number ceiling for the last three months of 1973 will be RSS 95. Men with lottery numbers through RSS 75 are being inducted in August and September. The year-end ceiling of RSS 95 assures almost three-fourths of the men who faced induction during 1972 that they will not be called this year.

By reducing the lottery ceiling from 15,300 men will be inducted during the October-December period, with the majority of inductions taking place in October and November. All available men with RSS of 95 and below who are classified 30 days notice of their induction for the first three months of 1973 should be called during that period.

The inductions for the last three months of 1973 will bring the total of men inducted into the Army in 1973 to approximately 50,000, the number which Secretary of Defense McNamara indicated would be required during 1972. More than 94,000 men were inducted during 1971, 16,500 in 1970.

BAPTISM--ITALIAN STYLE

A published United Press International report from Bari, Italy, stated that the only persons not arrested at a baptismal service were the mother and a newborn infant.

The baptism turned into a free-for-all brawl when the Illinois began arguing over who would be "the child's godfather." The police had to be called in to separate the relatives and restore peace.
## SPECIAL 8 TRACK STEREO TAPES

### TOP HITS 1972 Special Vol. 19
1. Taxi 
   - Harry Chapin
2. I Need You 
   - America
3. Hot Rod Lincoln 
   - Red Hot Chili Peppers
4. Give Me Some Slack 
   - Patrice Rushen
5. Sylvia's Mother 
   - Cat Stevens
6. The Last Planet Airman 
   - Pink Floyd
7. Do What You Want 
   - Dr. Hook & The Medicine Show
8. I Saw the Light 
   - Tom Petty & the Heartbreakers
9. The Whispers 
   - The Whispers
10. Top This! 
    - The Isley Brothers
11. Baby Don't Get Hooked 
    - The Isley Brothers
12. Slipping Into Darkness 
    - David Bowie
13. Power of Love 
    - B.随
14. You Were It Well 
    - The Isley Brothers
15. Beautiful Sunday 
    - Curtis Mayfield
16. I'll Play the Blues for You 
    - Curtis Mayfield
17. Nights in White Satin 
    - The Moody Blues
18. Long Cool Woman (Zanzibar) 
    - The Yardbirds
19. Saturday in the Park 
    - Chicago
20. The Guitar Man 
    - The Isley Brothers

### BEST OF SOUL VOL. 6
1. Hot Rod Lincoln 
2. I Need You 
3. Hot Rod Lincoln 
4. I Don't Even Know My Name 
5. The Last Planet Airman 
6. Do What You Want 
7. Sylvia's Mother 
8. The Last Planet Airman 
9. The Last Planet Airman 
10. Sylvia's Mother 
11. I Saw the Light 
12. The Last Planet Airman 
13. The Last Planet Airman 
14. The Last Planet Airman 
15. The Last Planet Airman 
16. The Last Planet Airman 
17. The Last Planet Airman 
18. The Last Planet Airman 
19. The Last Planet Airman 
20. The Last Planet Airman

### TOP HITS 1972 Special Vol. 20
1. Join Together 
   - The Who
2. Brand New Girl 
   - Talking Heads
3. I'm Still in Love With You 
   - Al Green
4. I Don't Want to Be Right 
   - Luther Ingram
5. Black and White 
   - Three Dog Night
6. Alone Again (Naturally) 
   - Gilbert O'Sullivan
7. School's Out 
   - Alice Cooper
8. Sixteen Tons (The Haggard Version) 
   - George Jones
9. Hold Your Head Up High 
   - The Isley Brothers
10. I'll Play the Blues for You 
    - Curtis Mayfield
11. The Guitar Man 
    - The Isley Brothers
12. Life and Breath 
    - The Isley Brothers
13. Mellow Mood 
    - The Isley Brothers
14. Children of the Future 
    - The Isley Brothers
15. Superfly 
    - Curtis Mayfield
16. I Don't Even Know My Name 
    - The Isley Brothers
17. Hot Rod Lincoln 
    - The Isley Brothers
18. I Don't Even Know My Name 
    - The Isley Brothers
19. I Don't Even Know My Name 
    - The Isley Brothers
20. I Don't Even Know My Name 
    - The Isley Brothers

### BEST OF SOUL VOL. 5
1. Toast to the Fool 
2. Dramatic 
3. Wholy Holy 
4. Awaiting 
5. Frankie 
6. Power of Love 
7. Joe Simon 
8. This World 
9. Aretha Franklin 
10. The Staple Singers 
11. Philadelphia 
12. Oh The Things You Can Do 
13. You're a Better Man 
14. Al Green 
15. Hold Your Head Up High 
16. The Isley Brothers 
17. Hold Your Head Up High 
18. The Isley Brothers 
19. Hold Your Head Up High 
20. The Isley Brothers

### HEAVEN IS IN THE MIND

HEMP; MARIJUANA; CANNABIS SATIVA; HASHISH...

Research By: Nancy Saunders

This psychotherapeutic medicinal herb may be used for the treatment of mental and spiritual disorders; to relieve mild cases of depression; as a muscle relaxant to help facilitate childbirth; and as a sacramental aid to meditation. It is recommended to be used as a tea, although smoking is not uncommon. Chronic, habitual, excessive or immediate use of this healing herb is to be avoided; and as, true as with all medications. Application of this medicinal herb is desirable only when need, each person's needs being a matter of individual conscientious and relative to his particular metabolic rate and stage of evolution or spiritual development. Grass will be gracious when used as a supplement rather than as a substitute to proper thinking, meditation, and right action. Moderation and conscious application of this healing herb, as a means to an end and not as an end in itself, in a conscientious and joyful mind and in a supportive environment, can provide one with beneficial per- sonal insights, temporary sur- passion of the conditioned mind (ego), and temporary expansion of consciousness. Ideally speaking, his transcendental manifestation of Spirit in the form of healing herb could mark the termination of the individual's need or desire for medication of any type. ("I am the healing herb," Krishna speaking to Arjuna, Bhagavad Gita, chapter 9, verse 16; "Let the fruit be for meat and the leaf be for medi­ cation," Ezekiel, Old Testament.)

The attainment of this ideal is dependent upon the individual's taking action upon the direction revealed to him through the intuitive personal insights experienced while psychophysiological. Hemp in moderation is sacrament (a catalytic device which aids one in communicating with his Creator; including messages, word, visions, astro- logical bangles, and environmental and all the manifest elements of one's sadhana or spiritual path); hemp in excess is intoxicant. One man's dope is another man's sacrament. Recognize the uses and also the limitations of this healing herb. (It can take you just so far.) Use Spirit lightly, share with your brothers. Use herb if it helps, but don't abuse it. When Jesus the Christ poured the wine and said: "This is My Blood of the covenant, which is poured out for many of the forgiveness of sins, do this in remembrance of Me:" He gave a chemical, a jigger, not a jug. (Luke 22: 17-18; Mark 14: 23-25; Matthew 26: 27-28.)

The Apostles were high, but not drunk. Seeing the Christ in the manifestations of broad and wine, their faith expanded and they experienced Christ in all Creation. Use the sacraments to remember, but not to forget. Hinduism manifest (audible or mental chant) to use while imbibing sacrament is the following: "OM Shiva Shankara, Hari, Hari, Gang." The translation is: OH, the Amen or Holy Spirit, Shiva, the Deity of devotional insights, turning not otherwise, a Saint who was an incarnation of Shiva; Hari, Hari, Lord, Lord, the manifestation of Hemp. Those individuals who are practicing Kriya Yoga, pranayama, or daily yoga breathing, are advised to use this herb very lightly if at all, as the sympathetic effect of combining these similar, all the medicinal energies may release more energy than is comfortably physiologically and is comfortable. Transitory cycles, a period of time when one gets high through breathing followed by a period of life when one gets high through breathing pranayama, is preferred over simultaneous cycles, that is, taking herbs at the same time as doing kriya yoga or breathing pranayama. Listen with the invisible ears of your soul to the fluctuating messages of your body metabolism to discriminate in this matter. With Prasnas you don't come down, with devotion you stay high. Those seeking yogic methods of turning on without necessity of medication are advised to write: The Lama Foundation, Box 444, San Cristobal, New Mexico, or to Self-Realization Fellowship, 3880 San Rafael, Los Angeles, Calif. Recommended books: Psychedelic Experience, by Dr. Timothy Leary, Dr. Ralph Metz- ner, and Rama Ram Das, formerly Dr. Richard Alpert. Psychiatric Patrons by Dr. Timothy Leary (a translation of the Book of Tao, The Way, by Lao Tzu.) Metaphysical Meditations, Scientific Healing Affirmations, Autobiography of a Yogi, by Paramahansa Yogananda. The Holy Science by Sw Yuktiswarup. The Old Testament, New Testament, The Bhagvad Gita (Hindu Bible).

"Ye! Those who act according to the three Vedas, with some interested motive, and drink the soma-Wine, the sap of Soma Plant, purge sin by sacrifice — from Me they earn passage to heaven, attaining Indra's paradise as the result of their good deeds, they enjoy the celestial pleasures in heaven. Having enjoyed the extreme heaven world, they return to this mortal world of death and change when their merits are exhausted. Thus taking recourse to the threefold Vedas, with some interested motive, and drinking the soma-Wine, the sap of Soma Plant, they return to earth when their fruit has been exhausted. But to those blessed devotees who know no one she constantly thinks of Me, turning not otherwise, with minds set fast, worshipping Me with detached and ever united in thought with Me, I bring full security satisfaction of their needs, and assurance of Bliss Beyond." Krishna speaking to Arjuna, Bhagavad Gita, Chapter 9, verses 20-22.

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