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COYOTECHRONICLE.NET

ronicle

Crawford wins instructor award

By STEPHANIE PARA

Staff Writer

sychology professor Dr. Cynthia Crawford was "ambushed" Monday morning by President Tomas Morales and her colleagues who awarded her with this year's Outstanding Teacher Award.

This surprise accolade has been around since the 2013 winter quarter, according to Psychology Department Chair Dr. Robert Ricco, who nominated Crawford along with her students for this honor.

"When we [psychology department] found out she had won the award, everyone felt that no one else deserved it more than her," said Ricco.

The Outstanding Teacher award is awarded annually to a professor who has been a tenure instructional faculty member at the university for at least six years.

The ideal candidate would have a record of particular distinction as a teacher, and not have won the Outstanding Professor Award previously," as stated on the award's nomination guidelines.

This year was the first 'award ambush' said President Morales, who presented the

Continued on Pg. 3



Dr. Crawford won the Outstanding Teacher Award last week and was surprised by CSU president Tomas Morales and other professors when they awarded her the honor during her class.

2014 graduates idled by economy Oil in my water, who knew?



Idled students do not work or attend school and miss out on vital experience that will affect their income in the future.

By MARLYN RODRIGUEZ

Opinions editor

College and high school graduates between the ages of 17 and 42 have become idled by the weak and recovering economy.

Due to this, graduates are becoming less active or inactive in the economy because they are either unemployed and/or not attending school.

Although the recession ended about five years ago, the labor market is still

slowly recovering.

The labor market has lost over million jobs.

The Economic Policy Institute (EPI) recently released a report analyzing the working conditions of high school and college graduates.

Researchers found that during a threeyear period, the percentage of unemployed graduates has increased.

They also explained that the increased unemployment would have long-lasting

Continued on Pg. 3

By ANDRES IBARA

Staff Writer

Health may be at risk for millions of Americans due to drinking water contaminated by oil and gasoline.

"The government failed to inspect thousands of oil and gas wells that pose a potential threat of water contamination and environmental damage," according to the Associated Press.

Many investigators claim that a lot

of the blame falls on the Bureau of Land Management's (BLM's) weak regulation, which allowed policies based on outdated sciences, according to the Associated

"One of the factors includes increased use in hydraulic fracturing, while it may have been beneficial economically, it also increased the risk of chemicals spreading to our water supply," as stated by the Government Accountability Office.

Continued on Pg. 4

Technology preferences on campus

By MARK KLOPPING

Apple products are popular on campus, but each has different reasons for using them.

Does the phone have everything needed? Does the laptop have possibilities? Most important, how does it make life easier?

Geek or not, we all contribute to the technology wars.

The decision to purchase a new phone,

Continued on Pg. 4

Is quality better than quantity with food?

Opinions, Page 5



New elected ASI president talks about his plans!

Features, Page 9



Overlooked problems cause conflict to escalate

By EMMANUEL GUTIERREZ

Staff Writer

The world remains unaware as revenge killings of religious minorities, savage mutilation, sex slavery, and over 6,000 child soldiers burden the Central African Republic.

Genocide may ensue in the nation due to lack of awareness and complicated, bloodstained histories, according to journalist Joshua Keating of Slate, an online daily magazine.

At least a quarter of the nation's population has been forcefully relocated from their homes and more than two-thirds of their schools have been shut down.

The remaining third, under the protection of the United Nations International Children's Emergency Fund (UNICEF), have been subjected to "looting, arson, and shootings," according to Keating.

"[People] don't know if it is a country or just a region of Africa. This might be why we are not getting a lot of visibility," said Souleymane Diabaté, national representative of UNICEF.

Extensive humanitarian emergencies such as the Typhoon Haiyan striking the Philippines and the instability in Syria have stretched the allocation of efforts and resources thin.

Although religious parties shift in power in the region as the years pass, the minorities are always targeted through violent and deadly means.

Dictator Francois Bozizé was overthrown in 2013 by a Muslim rebel group known as the Séléka, which accused him of "violating the terms of the peace

agreement," according to Slate.

Slate states that the Séléka utilized their power to "campaign" the "looting, torture and killing" of Christians in the region

In January of this year, the "anti-Balaka" militia groups, comprised predominately of Christians, overthrew the Séléka government and the Muslim populations became the target of the "reprisal killings" once again, according to Slate.

The African Union and France have deployed 5,000 and 2,000 peacekeeping troops respectively in the vicinity.

The UN Security Council approved additional police forces and peacekeeping missions, but they aren't expected to arrive until the end of the year.

Despite the external aid, the conflicts and violence continues and in some circumstances humanitarian interferences have caused more violence.

Detailed in a UN report, French peacekeepers disarmed Muslim militia groups, with the unexpected consequence of enabling armed Christians to kill them.

The UN estimates that over 6,000 child soldiers have been recruited by both factions.

According to UNICEF figures, "194 children have been maimed and killed" since December 2013—including beheadings.

As these tragedies continue, media exposure grows.

The murder of a French journalist in Central African Republic has been denounced by the United Nations.

"I condemn the killing of Camille Lepage, whose only desire was to show



Photo courtesy of Tumblr

Children have become targets in the Central African Republic's religious conflict, a conflict that some believe will escalate.

[...] the fate of marginalized populations," said Irina Bokova, Director-General of the UN Educational, Scientific and Cultural Organization.

Bokova stressed the responsible parties will be held accountable.

"In accordance with international humanitarian law, journalists, media

professionals and associated personnel engaged in dangerous professional missions are considered civilians and shall be respected and protected as such," stated the UN Security Council.

"Central African Republic is a forgotten crisis," said Diabaté. "We hear more about Syria, Mali, and now Ukraine."

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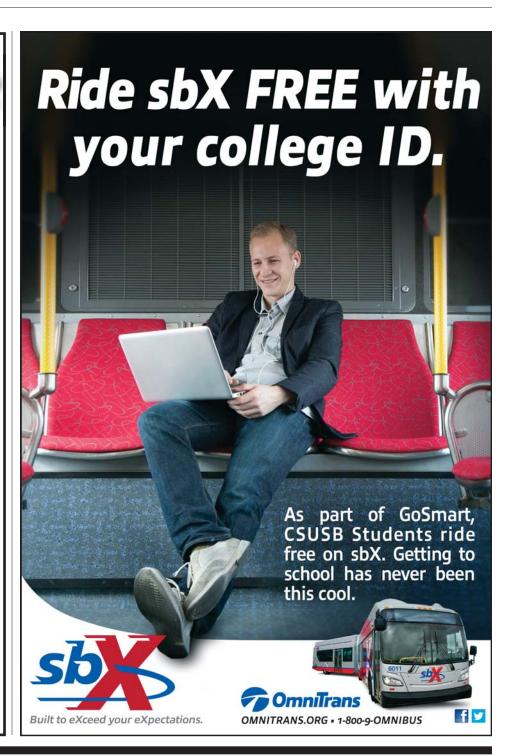
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Professor recognized for teaching skills

Continued from Pg. 1

award to Dr. Crawford.

He felt it was unique, heartfelt, and a more meaningful way to be recognized by her colleagues personally.

"She is just an incredible person," added Morales.

Crawford said she was not expecting it at all, even though some of her colleagues had known since winter quarter.

"They kept it secret," she added.

"It's nice to know. You go along, do your work, so it's nice to be appreciated by them. The students, also, recognizing you as special is nice. It means I am doing a good job," said Crawford.

Crawford has been known for her teaching and numerous grants she has earned, the majority of which have supported students, especially under represented groups such as Latinos, African Americans, and Native Americans as well as others

"In the Psychological and Biological sciences you are going to be seeing more and more Latino, Latina researchers and professionals, and that's because people like Dr. Crawford are paving the way, creating opportunities for our students, who are very underrepresented in those areas," said Dr. Robert Ricco, Psychology Department chair.

Some of the grants she has received include a \$3.4 million Research Initiative for Scientific Enhancement (RISE) Grant for five years and a Diversity-promoting Institutions Drug Abuse Research Program (DIDARP) grant through NIH/NIDA through 2017, according to the CSUSB

psychology department's webpage.

"I really cannot think of a more deserving human being for this award. In my view, it is really overdue," said Ricco.

Crawford teaches a variety of psychological here on campus, specifically classes dealing with neurological psychology and types of drugs.

She admits her classes are not known for being easy, but she appreciates that most of her students understand the need for high standards and updated information, and do their best, she added.

"Her students praised her as an engaging professor who is approachable and supportive. 'The professor is always willing to help us understand a difficult subject,' wrote one student," as stated by a CSUSB news release.

"We are there to provide information on a particular topic not just facts, but how to do things. Whatever you are teaching, your job is to make the information meaningful and understandable," said Crawford.

"I think that what other instructors can take from her is the idea that you can be at the same time a rigorous teacher, demand a lot of your students, but still be incredibly supportive and caring about your students," said Ricco.

"Dr. Crawford is an outstanding researcher, instructor, and mentor. She is the total package, and is well-deserving of this award," adds professor Sharon Ward, Crawford's fellow psychology.

This is a lifetime award, according to the Outstanding Teacher Award guidelines.

It also states that she will now be included in the committee to choose the next Outstanding Teacher.





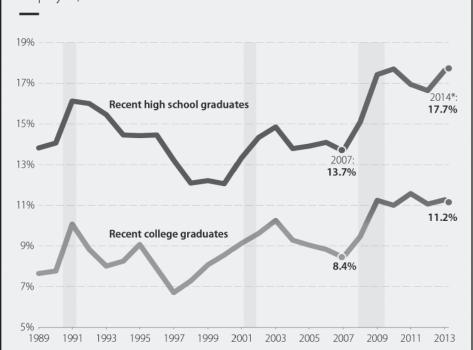
Stephanie Para | Chronicle Photo

Dr. Crawford celebrates with her colleagues and students who voted for her to receive this prestigious award last week.

Idled graduates lose opportunities

Many new graduates are neither finding jobs nor are they enrolling in further education

Share of recent high school and college graduates not enrolled and not employed, 1989—2014*



*Data for 2014 represent 12-month average from April 2013–March 2014

Note: Shaded areas denote recessions. Data are for high school graduates age 17–20 and college graduates age 21-24. "Not employed" includes those who are unemployed and those who are not in the labor force.

Source: Economic Policy Institute analysis of Current Population Survey Outgoing Rotation Group micro-

The number of idled students increases each year due to the slowly recovering economy, impacted by the US depression.

ECONOMIC POLICY INSTITUTE

Internet picture courtesy of Economic Policy Institute

Generally young

Continued from Pg. 1

effects on students who graduate and are unable to find a job.

According to the report, on average, young adults with less opportunities after they graduate from high school or college have a lower income in their careers versus those who earn employment once they enter the work force.

One of the researchers states that it is not the students' fault that they are emerging into a weak labor market filled with "diminished job opportunities, more spells of unemployment, and reduced earnings for a decade or more."

"This has been an issue since the Great Recession started in late 2007," said Mayo Toruno, professor and chair of the economics department.

"The unemployment rate for college graduates is 8.5 percent, compared to an unemployment rate of 5.5 percent for college graduates," added Toruno.

The EPI reported that the unemployment rate for workers under 25 is 14.5 percent, which is more than half of the overall unemployment rate of 6.7 percent.

When taking the unemployment rate into consideration, there are more than a million workers missing.

If these workers were accounted for, the employment rate would be at approximately 18 percent, which is three times as much as the general unemployment rate.

Generally young adults have higher unemployment rates while economic downturns increase that number, states the report.

These rates tend to be higher for African Americans and Hispanics compared to those who are white and non-Hispanic.

However, findings have also linked college graduates to better chances of landing a job that does not require a college degree due to the competition they bring.

This means the number of college students idled by the economy is significantly lower than those of high school graduates.

However, the report also states that although college graduates have a better chance of gaining employment than high school graduates, their future success is still impaired due to the slowly recovering recession.

"I got my bachelor's in psychology and I'm still here," said Melissa Wilson, CSUSB senior and banker at U.S. Bank.

"That's partially my fault because I didn't further my education," added Wilson

Student Don Arujo, a dual major in psychology and philosophy, said that he doesn't think students can do anything in this day and age without having a graduate degree

Arujo and Wilson have acknowledged that due to the lack of education and experience, students were challenged to find opportunities after graduation.

Toruno also mentioned that, "If current economic policies remain the same then it will be a long time, at best, until we see a turn-around in this state of affairs. How long? That I don't know."

CCBriefs:

By MINTIMER AVILA

Online Editor

Meet Octogoat (May 13)

A goat with eight legs and both male and female reproductive organs was recently born in Slavonia. Croatia.

According to veterinarians, the most likely explanation for this phenomenon was an under-developed twin in the womb and added that it is highly unlikely that it will survive.

The goat's owner said he would like to keep it as a pet if it manages to survive.

Holograms made from chocolate (May 13)

Imagine being able to put any design onto a chocolate bar.

A Swiss company has discovered how to etch rainbow holograms onto chocolate.

This was achieved by carving specific micro-structures that deflect light onto the chocolate's surface. The result is a design that is similar to security holograms on credit cards.

However there has been no mention of the chocolates or molds hitting store shelves.

Pigs will soon get you drunk (May 12)

An Iowa distillery is engineering whiskey-flavored pigs that will taste like their signature drink.

The distillery, Templeton Rye, will feed the pigs' dry distilled grains used in their whiskey making process.

The pigs will be served in July. Requests for a pig are currently being accepted on their website.

Careful what you steal (May 9)

Future ATM machines might be equipped with spray foam that will help authorities track down ATM thieves.

A defensive layer is created on an object using various chemicals and once the layer is broken a chain reaction occurs that covers and dyes the money and

The dye would make tracking the money much easier and would render any stolen cash useless.

The government has a plan in place for a Zombie apocalypse

Your tax dollars have been put to good use with the U.S. government having created a plan to protect its citizens against a zombie apocalypse.

There are already plans for nuclear and biological disasters but foreign policy said the staff, "looked for a creative way to devise a planning document to protect citizens in the event of an attack of any kind."

More information can be found on an official document on the foreign policy website that covers everything from training to how to deal with "evil magic

Longer life may soon be achieved (May 15)

A team of researchers have found molecules that are produced in the body in large doses could lead to a longer and healthier life.

The molecule, α-ketoglutarate, is responsible for extracting energy from food and have shown to extend the lifespan of worms by as much as 70 percent during tests.

There is no guarantee that the compound will have the same effect on humans but testing will soon be attempted on other animals.

Different brands for different students

Continued from Pg. 1

tablet or a laptop is all up to the consumer.

Students everywhere rely on different forms of technology to pass the time, keep in contact and do assignments that will impress or astonish their professor.

Tyler Lange is not a fan of Apple products like some students.

"I have an HTC droid," said Lange, "I prefer the wide-open system because it lets me do a lot."

So what are the choices of technology found around campus?

iPhones are seen in the hands of most students around campus, simply because they are considered the easiest to use and contain many apps that one might need to get through college.

Sitting in the shade browsing her iPhone, Belinda Garcia has it all at her fingertips.

She does not even bother with her computer when she has her phone.

"My computer doesn't work," said

Garcia. "So I use my phone because I can do everything on it—like homework."

She continued to describe her many uses for the iPhone.

"I don't have a camera and the camera quality is really good," said Garcia, "I also use it for music since I don't have an iPod."

Computers are a part of the war between Apple, Microsoft and Android users with students.

Most choices are simply preferences of different students.

"I have a Macbook Pro," said Brinker. "I use it for all of my programming and it's the device I spent the most time configuring."

"It has a combo of the right software and better hardware," added Brinker.

However, many students have different reasons for using Macbooks.

Nursing Major Jamie Deande went for a Macbook Pro because of word of

"I have a Macbook pro" said Deande.

"I heard a lot of good things, even though I don't use it much, yet."

Microsoft user Tyler Lange stayed away from Macbook and chose the Microsoft operating system.

"I have a Dell Inspiron. I love it. It was affordable and it gets the job done," exclaimed Lange.

Not every piece of technology offers everything though.

Abigal Legg is going for her Master's Degree in Computer Science and chose the affordability of the older iPad 2 because it fitted her needs.

"I needed an app that was only available on Apple products," said Legg.

When choosing technology, personal needs should come first and foremost.

Computers, laptops and phones are a college student's best friend and the right choice is something every user has to weigh-in with their options.

Technology, just like a friend, we get to choose, and students have many options available.



CSUSB students choose the brands and operating systems of the numerous technologies they utilize mostly by their preferences or their personal as well as professional needs.

Government fails to investigate high risk oil wells

Continued from Pg. 1

Fracking is a process where large quantities of sand, water, and chemicals are pumped underground in order to split open rocks to allow oil and gas to flow.

In response to the oil and gasoline leaking and its effect on the environment, CSUSB geology professor Sally McGill said that it affects a lot of animal life.

"If the oil leaks into the water sources, it could be harmful to the animals, both land and marine, who drink out of those water sources," said McGill.

Biology professor Stuart Sumida said the oil leaks are just as bad for the ground water, the dirt, and the soil.

"The rocks and minerals underground could potentially absorb the oil if they are porous enough, which could be harmful to both plant life and animal life," said Sum-

States known for their lack of effective regulation by the BLM include New Mexico, North Dakota, Idaho, and Utah,

Among the 3,702 wells labeled as

high-priority, the BLM failed to inspect 2,100, according the Associated Press.

also placed some of the blame on the a CSUSB student. Obama Administration as well saying that they need to do more to protect the environment.

BLM also acknowledged that it hasn't updated its guidance on oil and gas and mineral trespass since 1999 and 2003 due to an executive order in 2011, which required their rules to reflect technological advances, according to the Los Angeles

They also told the Daily Post that it's been unable to inspect oil and gas wells due to a low amount of staff and the lack

In response to the criticism, the BLM told the Associated Press that it plans to issue new rules in regards to methane emissions and fracking.

BLM has stated that California does not seem to be unaffected since it was among the few states who have been reviewed and agreed upon the new jurisdic-

"Most parts of the government are already pretty untrustworthy, and this Many environmental groups have doesn't make things better for them," said

> Other states, however, have begun to see their water getting polluted, such as Pennsylvania, receiving 398 complaints regarding polluted water in 2013, according to the Associated Press.

> Despite no reports in California, some people are still wary and are keeping a close eye on the situation, since it could still affect the state.

"The government failed to inspect thousands of oil and gas wells that pose a potential threat of water contamination and environmental damage."

Associated Press

Classes students should take

Venture out of your major to learn different subjects and expand skills

By RONA ORTIZ

Staff Writer

Many students face pressure to obtain their degree as quickly as possible.

This can cause students to overlook elective classes that may lead to new interests, or enhance their job skills.

Exploring classes in different fields can help undecided students choose a major.

"Students should take classes outside of their major to explore other possible career interests," said Vivian Ortiz.

"Taking other classes exposes you to new people and experiences," Ortiz added.

Taking a class for enjoyment can provide a break from the stress of rigorous coursework.

A great stress relieving class many enjoy is Yoga.

Yoga classes are offered by the Kinesiology Department along with many other fitness and conditioning classes.

"If my schedule permits, I'd like to take a physical fitness class that will educate me about effective body conditioning that would also measure my progress," said Matt Monreal, a business major.

If fitness isn't your thing, there are plenty of other opportunities to help expand your horizons.

If you spend a lot of time watching Food Network and envision yourself wowing your friends with your amazing cooking skills, a class in culinary arts could be for your

Introduction to Culinary Arts is a class that will teach you the basics of food preparation and safety, shopping, how to use kitchen tools and fundamental culinary techniques.



Rona Ortiz | Chronicle Photo

Students should look into classes of interest to help them learn more and take advantage of the opportunities that are given to us to help widen our horizons of knowledge.

It's a basic cooking class that would be suitable for those who want to cook for enjoyment, stated Dorothy Chen of the Health Sciences department.

Perhaps you have a creative streak but don't see yourself as an artist. Consider Topics in Studio Art for Non-Majors.

This class introduces students to selected areas of art and includes experimentation with various mediums.

Some classes are not merely interesting but provide students with valuable life skills. Financial Choices in Life is a class to help equip students to make informed financial decisions.

Topics range from handling credit cards to investing. Smart money management is an essential skill that will reap benefits for a lifetime.

Critical thinking is a valuable skill that allows you to analyze problems and examine various solutions.

A critical thinking course such as Philosophy 200 can help you communicate as well as evaluate ideas effectively.

Another reason they may consider taking classes outside their major is to broaden their skill set.

This can enhance their marketability after graduation.

"A student with technical skills is going to stand out," said Jim Smart in his Writing for Media, Comm. 240 class.

"The days of printing out your resume are gone, it's all online and you need to know how to provide links to your work in your online resume," Smart added.

Web design is a hands-on course on the fundamentals of designing functional web pages. No prior computer experience is required.

Students can use these technical skills to showcase their accomplishments which will help them stand out in this tough job market.

Getting organized makes life easier

By LOYDIE BURMAH Staff Writer

Setting priorities is essential to success as a student.

"[Organization] is very important to me because with a job and school, in order to be on track I have to be well organized," said student Claudia Ramirez.

In contrast to Ramirez, I lack the organization skills that could help provide me an orderly life.

Looking through my backpack, a water stained notebook full of messy notes and assignments rests on smashed crumbs from snacks.

Plastic bins overflowing with paperwork, a bookshelf spilling DVDs and books, and a closet full of dirty clothes strewn across the carpet constitutes my room. It isn't difficult to determine from my behavioral habits that I have an issue with maintaining priorities.

"Students who are disorganized suffer from poor grades, stress, and low selfesteem due to lost assignments, wasted energy, and general disorder in their lives," stated special education specialist Ramona D. Williamson. In "Help My Organize" an article featured in *Intervention in School and Clinic Academic* Journal by Williamson provides helpful tips to teachers and students on maintaining priorities through organization.

"Teaching organizational skills to your students will give them tools to succeed throughout their lifetimes," stated Williamson.

"Students who are organized feel better about themselves and tend to be more successful in school than their disorganized counterparts," Williamson added.

Moderating clutter, time management planning, creating to-do lists or setting reminders are a few ways to maintain organization.

The Center for Educational Partnerships at UC Berkeley created a "10 Tips To Stay Organized" list including tips such as organizing your room/study area, setting aside times for studying/other school-related activities, and receiving plenty of rest.

"Let's be honest: The more structure in place, the more that gets accomplished," stated create structure tip number eight.

Applying organization tactics to pri-



Loydie Burrmah / Chronicle Photo

Students should maintain organization to make their lives easier and help them live their fast paced lives with efficiency.

oritize is not an easy task to fulfill and it requires constant effort, persistent practice, as well as patience to produce sufficient results

"You have to prioritize things and realize that free time and sleep sometimes have to take a back seat to priorities," wrote chief information officer David Andrade in Getting Students and Teachers Organized.

What about students seeking organization in their lives but simply do not have

time?

"Buy containers, boxes, or drawers and label them to store things," said student Eduardo Torres in regards to maintaining a clean environment.

I have yet to establish efficient organization tactics that work for me, but I do value the importance that maintaining organization has to offer.

Organizing one's needs, priorities, and duties can lead to better mental, physical, and environmental health.

Effective lectures

Ways teachers can maintain interest

By MARK MASCETTI

Staff Writer

PowerPoint presentations can both improve or hinder a professor's teaching effectiveness, depending on how they construct and present the informa-

Most teachers use PowerPoints now, but may not be using it as effectively as they hope.

"A majority of the classes I have taken were instructed with Power-Point," said student Max Singer. "Although, I have had some teachers use it poorly and could definitely improve the way they used it."

In my experience, the teachers that use Power-Point as a brief outline communicate the material in an easier and more effective way.

Material from one chapter may be spread over just a handful of slides, yet provide key names, dates, theories or concepts.

I find it most useful when PowerPoint slides are used in bullet forms and avoid overusing complete sentences.

This allows students to physically read the concepts being discussed, while encouraging students to actively listen to the teacher during the lecture.

If used correctly, professors can use a Power-Point to help with student interaction and concentra-

"Teachers can improve classroom discussion by adding a few slides that can generate questions while improving students' attention span," said Donna Gotch, a professor in the Department of Communication Studies.

However, I have had too many teachers simply add as many terms, concepts and theories as they can and read them off verbatim.

I do not believe this is

the most effective way for a teacher to use a Power-Point presentation.

"PowerPoint should only be used for main points, main ideas, or key terms but not for entire paragraphs or chunks of material," added Gotch.

When teachers do this, they stop teaching to students and instead turn and teach to the Power-Point slides.

The teacher's voice can become monotonous and lack other non-verbal communication behaviors, as they tend to simply read the material, and not interact enough with the students.

If the teacher is dependent on reading word for word out of the Power-Point slides, he or she may even dim the lights to help with seeing.

At this point, the teacher might as well hand out pillows, because students will inevitably fall asleep between the monotone voice, lack of non-verbal behaviors, and dimmed lights.

"Students get bored if all class, students just look at PowerPoint's and just put back that information into their notes," Gotch

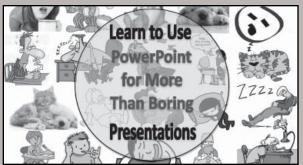
I have seen this exact scenario in many of the lower division and capstone courses that are required for students to graduate.

Many of these professors even post the Power-Point slides online, making attendance the only reason students come to

"I think faculty can do a better job using PowerPoint more effectively so students can learn," Gotch concluded.

I believe using PowerPoint in this style is detrimental to learning because a key way students learn is through conversation and discussion, not simply reading.

My hope is that teachers use PowerPoint more effectively.



PowerPoint lectures should be brief to keep students interest ant attention.



Students consider if the best option is to have more food, a cheaper price not worrying about the quality, less food, or greater price but with better quality.

Quantity vs Quality?

By SHIANE JACOCKS

Staff Writer

Students need to be aware of where they are spending their hard-earned cash and financial aid.

Their money should be spent on food that will give them both energy and a balanced meal to prevent them from falling into the "Freshmen 15."

Students who spend money on fattening foods only increase their weight and exhaustion.

Students deserve quality food that is both good and in a reasonable amount.

Some students who order food at W.O.W (World of Wings), a fast-food restaurant on campus, have discussed the quality and quantity of the food.

"I guess W.O.W has pretty good food. Sometimes I get a wrap and they give me a lot, but it can be pretty expensive. The last time I got a wrap though, it was swimming with cheese," said student Ambur Wilkerson.

Some students believe that more is not always better.

On campus, students want to know they are getting their money's worth.

Students want to know that while they stay on campus, whether it's walking from class to class or living on campus, that they will have a good meal.

Often, the food is either too pricey and the students barely get enough to eat, or vice versa.

Most students do not want to be clenching their stomachs during a two-hour lecture because of bad food.

"I prefer quality over quantity. I feel that you should

give yourself the best things and not lower your standards," said student Alex Cain.

Cain takes the time to shop wisely at Stater Bros.

I suggest that students should bargain for reasonable prices.

Buy healthy food in bulk so you get your money's worth.

At the grocery store, there are wonderful fruits and vegetables that are very healthy options if students can find the time to cook.

I have to make an effort to work around my job and school to prepare my meals.

Another thing to do when contemplating one's diet is to plan and prepare food ahead of time.

On the website University Business it was stated, "We luxuriate in food in the U.S. (at least most of us do). It is so second nature that when money is tight, we don't eat less. Instead, we seek the experience of endless food at

Some students, however, find that quantity takes precedence over the quality of the food.

"I want to stay full and I find it's a lot easier when going to classes when I don't have an empty stomach," said student Jonzalo Aguilar.

I have also found that when I don't have time to cook, I do go out of my way to buy fast food. It may be cheap, but it's taking a toll on my health.

The "Freshmen 15" is terrifyingly real.

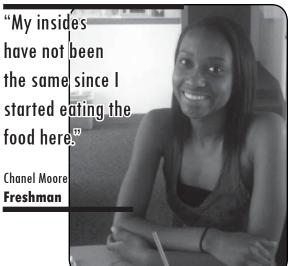
Diet, exercise, and quality food seem to be the only way to prevent it.

Coyote Watch: Do you prefer quantity or quality?









Shiane Jacocks / Chronicle Photos

The ups and downs of dorn life

By MELISSA GILBERT

Staff Writer

Although CSUSB is known as a commuter school, approximately 1,500 students choose to live in the dorms because they want a full college experience.

Savannah Barras describes her experience in the dorms at Serrano Village as great.

"The biggest thing I love about living here is the atmosphere. I never thought living on campus would bring so many opportunities my way," said Barras.

She also explained that cameveryday.

cially in Living Learning Communities (LLC).

Claudine Girard, an international student who lives in University Village, appreciates the amenities offered on campus.

"I like to be close to my class. Also, I love having access to the gym and the pool," said Girard.

Another point that was raised by both Iijima and Girard is security. They both feel safer on campus than if they had to live elsewhere in town.

ing fees.

"I don't think anyone likes the fees, but they are there for a reason. The fees are kind of expensive but it does cover rent, utilities, everything the campus supplies you," said Barras.

Iijima and Girard share Barras' opinion that the fees are expensive, but they feel like the apartments are not worth their money.

"If I had to do it again, I would live off campus to save said Girard.



Sky Thai sends your taste buds sky high



By JENNIFER BAESKENS

Staff Writer

Sky Thai is a small restaurant tucked away between a liquor store and a super market on North Mountain View Ave. This hidden gem offers great, authentic Thai food at great prices.

Thai food is usually the last thing on students' minds when there is greasy fast food restaurants littered across San Bernardino.

"I've been looking for a good Thai food restaurant close to school," said Patrice Thompson, a Public Health Major at CSUSB. "This place is great and it is so close to school."

Sky Thai has over 80 different traditional Thai items, including Thai BBQ.

The atmosphere is very quaint and peaceful and offers students a relaxing aura that let's them enjoy their lunch and get away from the campus chaos.

The staff at Sky Thai is very friendly and will answer any questions that you may have about menu items.



Sky Thai's cuisine is very traditional and unlike other restaurants the cuisine they prepare makes you feel full and light but not too full or make you sleepy during your next class.

"I came in here hungry, normally after lunch I feel so heavy, but after eating at Sky Thai, I feel fresh and full," said Thompson.

Sky Thai is great for students who want to try something new at a reasonable price.

I ordered Pad Thai, chicken satay, and vegetarian spring rolls.

The chicken satay came out first. This dish included cucumber salad and peanut sauce to dip the chicken in. The chicken was light and refreshing with great flavor.

The peanut sauce made a great dipping sauce and really brought out the flavor of the salad and the chicken.

The vegetarian spring rolls were filled with a variety of vegetables but the mint leaves really stood out and added a great twist to the rolls.

Pad Thai is usually a predictable dish, but the Pad Thai at Sky Thai, was anything but predictable. It had ex-



ceptional flavor that was brought out by the taste of peanut sauce and the crushed peanuts that were sprinkled on top.

Vegetarians don't have to worry.

There are plenty of vegetarian friendly items to choose from such as vegetable fried rice, tofu, and egg-plant with rice

plant with rice.

There is also rice and orange chicken, which is a great option for children and people that are not too sure about

Thai food but want to give it a try.

There are also an array of drinks ranging from Thai tea, boba, fruit smoothies and hot green tea.

The prices at Sky Thai were very reasonable for students trying to stick to a budget.

The chicken was only \$7.95 while the Pad Thai was only \$6.95. They also offer take out which is great if you are on the go.

Sky Thai is located at 154 W. 40th street, San Bernardino. They are open everyday from 10:00 a.m.- 8:00 p.m.

If you're looking for something delicious and outside the box, Sky Thai is the place for you.



Nailea Fabiola Ayala / Chronicle Photo

The drive into campus can get a bit hectic with about 18,000 students enrolled, but the drive is worth it once you've been able to experience the classes, events and environment. The students have plenty to say, both good and bad about CSUSB.

By NAILEA FABIOLA AYALA

Staff Writer

CSUSB students give their school some tough love when they share their likes and dislikes about the campus.

Students spend endless hours in classes, studying in the library, or taking lunch breaks in the Santos Manuel Student Union.

Whatever the case may be, CSUSB has become almost like a second home for the student body.

Let's start out with something we often daydream about: food.

"The layout of the food court is terrible; it's cramped and feels hidden. The market in the union usually seems to be half empty and most things don't have prices listed," said student Skylar Brown.

Brown is not alone in this opinion.

Others are also unhappy with not only the layout, but with the food options.

"The food choices are not all from a food chain we know. They should put a Subway or Juice it up," suggested student Ernesto Arvizo.

Like Arvizo, many others steer towards healthier food options.

"Something that seriously needs improvement is the food choices. Nothing is all that healthy and it costs way too much. It's really sickening after a while," said student Casey Ysaguirre.

Another main focus is the high food prices.

"The food at the commons is really expensive. Good, but too expensive. If I want to use my meal plan for healthy eating, it never lasts until the end of the quarter," said student Yanzel Miranda.

Students also have strong opinions about professors.

"I love my professors. They offer a high quality academic education and have human quality as well," said student Esmeralda Sahagun.

"So far there is nothing that I dislike about the campus," said Sahagun

Diana Lozano, seems to agree. She absolutely loves the time her professors give her.

"One of the things I really like about CSUSB is the professors. They have great

communication with their students and at times have an open door policy so you can go in and talk to them, "said Lozano. "I would change the registration process. I am studying here on a scholarship, so I am required to take minimum 16 units.

Student Lauren Jones loves her professors and thinks class sizes are surprisingly decent.

"Before attending CSUSB I heard classes were incredibly large. I think people exaggerated," said Jones.

Professors each have a unique way of teaching.

Some focus on projects that help you better understand the material while others expect you to memorize a large quantity of key terms that are only necessary to move on to the next lecture.

"Some professors emphasize too much on passing the exams. Is that the only reason we're in school? To pass tests? What about educating? We're supposed to be able to take the knowledge and apply it to the real world. Emphasis on tests does the opposite of that," said student Dalia Elizarraraz.

International students love their professors, but find registering for classes very challenging.

"I would change the registration process. I am studying here on a scholarship, so I am required to take minimum 16 units. It is extremely difficult to do this when all classes are full by the time I register," said student Andalaziz Aljhlan.

Students also touch on the topic of having some fun.

"One thing I would love to change is our Coyote spirit. Hopefully, with the Student Alumni Association starting again that will soon change," said Arvizo.

Arvizo is not the only one that wants to spark more fun on campus.

Students Pablo Cruz and Stephanie Corral wish there were more campus events that are fun and bigger school wide events.

Students wish to bring sports to create more fun.

Patt McCook and Tyler Rahier suggest that our school acquire a football team and a better baseball team.

Whether it's the campus' food court and their high prices or the lack of school-wide events, students wish to see CSUSB go through some improvements.

ASI President

Alfredo Barcenas: Ready for positive change next year

By ERICA WONG

Staff Writer

Newly elected Associated Students Incorporated (ASI) president Alfredo Barcenas promotes positive change amongst the student body.

As a third year political science major, Barcenas has been involved in ASI for as long as he's been on campus.

ASI is a nonprofit student organization with the motto "for the students, by the students."

It's "student government and student representation at its finest," said Barcenas. "But it's also much more than that"

ASI makes sure that the student voice is heard when dealing with educational issues. Students are appointed to various committees with administrators and the president of the university to make sure their opinions are taken into account.

Students are represented at the state level as well.

Tuition, campus concerns, and bottleneck courses are all concerns that are addressed with state legislators to decide how to resolve these issues and keep in mind what's best for students.

ASI is mainly known for their events promoting school spirit and the box office, but they also have other useful resources available to students.

The College Legal Clinic offers free legal consultation for students, and they have a graphics department that charges a reduced fee for students or faculty that may need visual art.

When running for president, Barcenas told students, "I don't want to promise you things, because it makes me sound like a politician," but he has many things on the agenda for his upcoming term.

Barcenas wants to extend library hours in order to give students a place to study during late hours.

Additionally, Barcenas is looking into graduation commencement to see if students would prefer graduation off or on campus, and trying to work with the University to give students more than the three tickets that are normally allotted.

Throughout the interview, Barcenas was adamant about the importance of student representation. He hopes to have students involved in committees and to start attending statewide meetings. Many students aren't aware



Erica Wong / Chronicle Photo

Alfredo Barcenas has been elected as the ASI president for the 2014-2015 school year. He is enthusiastic about the position and is seeking more student input.

that there is a big effort made by student government officials to persuade Gov. Jerry Brown to include \$95 million in the new budget.

According to Barcenas, many students don't feel as if the new budget is tangible, but the inclusion will mean that CSU can hire more faculty, eliminate bottleneck courses that are preventing students graduating on time, and adding more effective online education.

"If students have concerns, and I have the power to do things and fight for it, I'll go the extra mile because it'll be worth it," said Barcenas.

Promoting events, informing students about ASI's plans and different events on other CSU campuses is

important for Barcenas to make a lasting impact on our campus.

Barcenas appreciates all student feedback in an attempt to improve policies and find a solution for problems across the CSU.

He is very receptive and attentive about the concerns of his peers.

Students are encouraged to look into their site, asi. csusb.edu and learn more about ASI.

Barcenas wants more students to come into his office in SMSU-108 and tell him directly what's happening. Input is valuable, as it proves there are more students backing the policies Barcenas is trying to change.

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For more information consult the UCR Catalog or see your advisor.



Suburban teenage dreams come true

By MARLYN RODRIGUEZ

Opinions Editor

he new genre of music, G-Punk, is taking over the scene with the help of bands like New Beat Fund.

Since signing on to Red Bull Records the band has toured the country four times and landed an opening gig for Blink-182.

The four band mates are young, easygoing, extremely talented, and super sarcastic. Michael Johnson, Jeff Laliberte, Shelby Archer, and Paul Laliberte formed the band in 2011 and skyrocketed to success.

It's evident that the members have worked extremely hard to get where they are today. They write, record and produce all their own music. A short while after getting together, they released a video for their hit "Scare Me."

According to their marketing team, three of the four band mates have been playing together for almost a decade.

They started off playing in their garage as suburban teenagers, dreaming of making it big one day. They had a spectacular performance on Saturday, May 10 at a fraternity house near the University of California, Riverside (UCR).

Listening to their new and unique style of music was refreshing. Student John Orta, one of the audience members said, "New Beat Fund is bringing a whole new sound to surf rock. They are some fun guys making music."

Apart from running a little behind schedule, Saturday afternoon's events ran very smoothly.

Alumnus Christina Ker said, "They were chill, but the fact that they ended up performing later than expected was kind of irritating."

In the end, I think everyone agreed that it was a performance to remember.

You can find their music onlin at redbullrecords.com.



Marlyn Rodriguez | Chronicle Photos

Staff writer Marlyn Rodriguez interviews G-Punk band New Beats Fund who is currently singed with Red Bulls Records.



Marlyn Rodriguez / Chronicle Photo

College students have a memorable pool party, soaking up the sun with some amazing music provided by Red Bull.

New Beat Fund takes fun to a whole new level with their unique sound

Q & A

Coyote Chronicle (CC): What motivated you to turn music into your career?

Michael (M): Were bad at failing and music careers are 100 percent failure and we don't accept that, so we just keep going. It's really a series of failures that have led to this. It's really all we like to do and we don't do what we don't like to do.

CC: Do you guys agree on the subject matter of a song?

Jeff (J): We always fight. We're pretty blunt. We formulate an idea together and let it grow. Most creative things come from not thinking.

CC: What are your songs about and what themes do they cover?

Shelby (S): Experiences that aren't necessarily normal. Every song is different; they come from different places, content wise. Our songs vary in subject. It functions on a different subject. We take what we see around us and put it into words, like life experiences, band experiences, the way girls make us feel inside.

CC: Personally, who has supported you guys the most?

Paul (P): Our parents, hands down. Our parents are great. This has been a very long continuing journey. Most parents would say get a day job and ask what we're doing but they let us follow whatever we are doing.

CC: What image do you think your music conveys?

music conveys?

P: Fun, Sunshine. Here's the image: having sex with the sun setting behind us,

under palm trees and horchata, margaritas, and burritos

CC: Where have you performed? What were your most and least favorite venues?

M: We played a fair share of venues. We opened for Blink-182 last year. We've played in some s***ty venues, in California and the whole country really, but those were also fun. I don't think there has been any low points, but there's been a lot of high points.

CC: If you've toured the country, opened for Blink-182, and performed in all these venues. What brought you here?

S: Good times. It's a nice Saturday and there's sun. There's a pool and a stage. We just want to play music no matter where it is.

CC: Which song do you enjoy playing the most?

S: "Scare Me". It's our single. It's been on the radio a bit. People know it and sing it back. It feels good and brings tears to our eyes. They're all fun to play.

CC: Where are your fondest musical memories?

J: Our van rig broke down. We got stuck in Iowa and we had to get to Omaha, Nebraska. The mechanic who was working on our van gave us a ride and we got to Omaha. Before that story, we were living in Topanga Canyon where we went to work on songs for our new record. It was an amazing place. In between tours we were working on songs.

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ALBUM REVIEW

ANTWON gets versatile on first official album

By DIANA RAMOS

Asst. A&E Editor

Don't judge a book by its cover or, in this case, an album.

Bay Area rapper ANTWON released his first official album *Heavy Hearted in Doldrums* on May 6 and is now available for free on UNIFCLOTHING.

The album cover shows ANTWON with roses in his hand kneeling next to a woman who is wearing a red sweatshirt and some booty shorts.

Right below her butt she has written "bite it" and "you scum," giving off a preconceived notion of what the album was going to sound like.

I felt like the beats were going to be obnoxious and the lyrics were going to do nothing but degrade women and make me feel beyond uncomfortable.

I was half wrong. *Heavy Hearted in Doldrums* contains R-rated lyrics.

For the most part, they are lewd and obscene falling under the stereotypical rap

If you are not used to listening to raw rap music, you will be very surprised in the first 15 seconds.

Some songs are more obscene than others. "Rain Song" featuring Lil Ugly Mane is less lewd than the rest of the songs.

The intro to this song is very explicit when describing women.

However, once you get passed the line, 'She's got long hair but that p**sy hair braided," the lyrics become quite deep.

If you're going through a tough time in your life, you may identify with this song.

The lyric that stood out to me the most was, "Playing life with a cheat code//two tokens shy of a game over."

You can hear the emotion he puts out when he raps these lyrics.

ANTWON's style can is so versatile, switching from "I skeeted in her throat" to "They tell you to keep your head above water to keep your status but I'm breathing under currents without any apparatus the water stagnant and brackets with the hats fastened flat on my casket time passes in vast amounts."

"Thought about life with a pocket full of squola, thought about getting older, thought about the alpine blast in the rover, but I'm stuck in this sh*t till it's over," sung in another lyric.

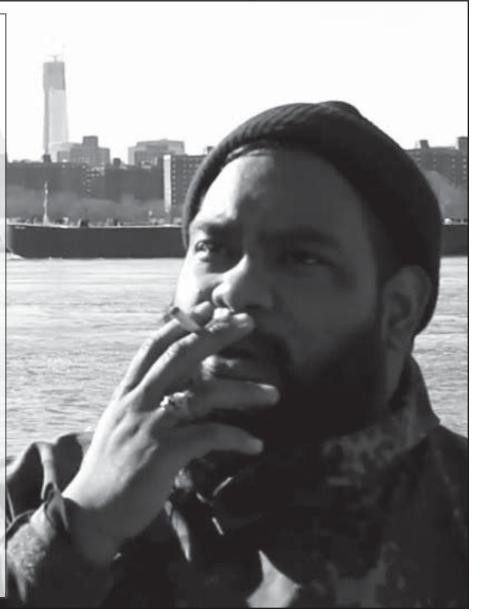
The beats used in *Heavy Hearted in Doldrums* is euphonically pleasing.

You don't get annoyed or tired of hearing them, they're smooth and not obnoxious.

"Loser," "No metro nome," and "143" are songs that are slower and touch on heartbreak and life not going according to plan.

Going from lewd to deep lyrics is not something you can easily find packed in one album.

All in all, for being ANTWON's first official project, the album deserves three paws for its versatility and authenticity.



MOVIE REVIEW

Efron and Rogen declare war in smash comedy

By TAYLOR VERMILLION

Staff Writer

The comedic stylings of Seth Rogen combined with the frat-boy mentality of Zac Efron make for the epic summer movie "Neighbors."

The duo join forces with other A-list celebrities, including Rose Byrne, famous for her role in "Bridesmaids," and Dave Franco, the younger brother of megastar James Franco.

Several other comedy all-stars make a few surprise cameos as well.

The film centers around Mac Radner (Rogen) and his wife Kelly (Byrne) who play a blissfully happy married couple with a new house and adorable baby girl.

Everything seems perfectly ideal for the couple until they discover that the house next door has been purchased by Delta Psi, a fraternity of rowdy, party-oriented college boys run by pretty boy Teddy Sanders (Efron).

The Radners make an effort to remain cool, calm, and collected while the fraternity settles into their new headquarters.

However, with Delta Psi failing to comply with the noise ordinances, and the Radner's raising a newborn, tensions begin to rise and they start to develop a rivalry.

In a series of prank antics, the two neighbors become ultimate enemies, and the plot turns into a cat and mouse game of who is going to be forced to move out first. In one scene, Rogen's character Mac successfully destroys the main water pipe to the fraternity house, and floods the basement, leaving the frat brothers with a flooded basement and zero income.

Director Nicholas Stoller really brings together a great cast in this film.

He is known for casting actors who provide great on-screen chemistry and he doesn't fail to deliver in this film.

Mac and Kelly combine marital forces that would make any real-life couple a little jealous of their relationship.

Rogen's quirky humor and Byrne's ability to match it reveal an adorable friendship that is rare to see in long marriages.

Efron and Franco were at the top of their game as well. Efron seemed tailormade for the role of frat president, and Franco was the perfect sidekick.

Both actors nailed their arrogant characters, and played perfectly off their married co-stars.

"I'm really glad I saw "Neighbors" said moviegoer Aaron Ramos.

"I think I'm going to have to buy the soundtrack. The music that played during the party scenes was awesome," added Ramos.

The music on the soundtrack featured combinations of party anthems that ranged from '90s rap to new-school electronic.

Missy Elliot's "Get Ur Freak On" and Fergie's "London Bridge" provided a



Photo courtesy of Point Grey Picture

 $College \ students \ move \ into \ the \ suburbs \ causing \ mischief \ with \ their \ crazy \ college \ parties \ disturbing \ the \ neighborhood.$

musical platform that gave way to an epic dance battle between Rogen and Efron that will have you laughing and cringing at the same time.

Keep in mind, that the film is R-rated for good reason.

Some of the content is a little bit on the raunchy side, so it would probably be a good idea to leave the young ones at home. The explicit points of the film don't detract from the overall appeal of the movie.

Don't expect to be berated with sexual content, but prepare for a few moments that might leave you blushing.

"Neighbors" is definitely the comedy smash hit of the summer, earning five out of five paws.

Evening with your Mummy





Rachel Molina | Chronicle Photos

Celebrating Mother's day at RAFFMA, mothers are enjoy their time making arts and crafts with their children while taking tours on ancient Egypt.

By RACHEL MOLINA

Staff Writer

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celebration of mothers goes all the way back to the Ancient Egyptians, who rejoiced Isis, the "Mother of all Pharaohs," in an annual festival.

The event "An Evening with Mummy" was held in the Robert and Frances Fullerton Museum of Art (RAFFMA) on Friday, May 9 from 6:00 p.m.-

7:30 p.m. Mothers were able to experience the rituals and crafts of Ancient Egypt with their children.

Families were invited to do arts and crafts, take a guided tour of the ancient Egyptian collection and go on a scavenger hunt.

The evening began with refreshments and treats that were Egyptian-inspired and enjoyable for both children and adults.

Among the twenty in attendance, student Denisha Menefee enjoyed the evening with her mother, two sons and niece.

"The arts and crafts are an aspect that brought me here and I think the overall event is really nice," said Menefee.

A view and tour of "The Treasures of Ancient Foynt"

A view and tour of "The Treasures of Ancient Egypt" exhibit was the next aspect that the guests were able to enjoy.

Adults went on a separate tour from the children with tour guide Jean Ford, while coordinator Paige Taylor took the excitable children with her.

The RAFFMA has one of the largest Egyptian collections that date back to 3,000-4,000 B.C.

Artifacts such as pottery, jewelry, and statues are in-

cluded in the exhibit and each one displays the beautiful craftsmanship of the Egyptians.

The unique collection elaborated on the role of women and mothers in Ancient Egypt.

An old mirror and knife used to cut umbilical cords were among the artifacts that stood out.

On the tour, the low lighting gave a feeling of being in an Egyptian catacomb, which added to the experience.

Ford loved being involved with the event, and the idea of introducing children to Ancient Egypt. The main attraction of the evening was the time spent between parents and their children as they did arts and crafts.

Tables full of markers, colored pencils, paper and books dealing with Egypt were the tools children had to create their mothers cards and crafts.

Student April Baca was in charge of a watercolor station, where she painted "tattoos" on the children.

The children also had the opportunity to work with clay handed out by Diego Irigoyen, a student assistant to the museum.

"It's very hands-on and you get to make things for your mom," said Irigoyen.

"Those are the two best things, working hands on to make something your mom. I also like how you get to learn about ancient Egypt," continued Irigoyen.

He enjoyed helping out and liked what the event had to offer.

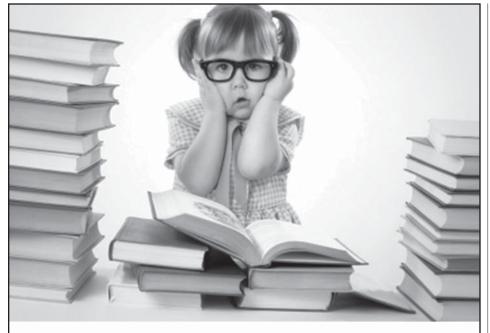
The evening ended with a scavenger hunt in the exhibit that the children and parents enjoyed together.

Taylor takes pride in this event as children get involved with activities at the museum and get to spend time with their mothers.

This event takes place every year on Mother's Day weekend, and is a great way to express love for your "Mummy" in true Egyptian style.



Arts & Entertainment



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Redlands native plays at the 2014 World Cup

By GINA MIRANDA

Staff Writer

The United States men's national soccer team is preparing to compete in the 2014 World Cup.

U.S. head coach Jurgen Klinsmann has just announced 30 potential players for the United States roster with preliminary evaluations underway.

"These next couple of weeks will allow us to make the final determinations on the best 23-man unit to represent the United States in the World Cup," said Klinsmann.

Potentials players have already begun conditioning at Stanford University where they are expected to compete over the next few weeks. Among those is Landon Donovan, a Redlands California native and midfielder for the Los Angeles Galaxy.

A final roster for the U.S. men's national soccer team is expected to be announced by June 2. The 2014 FIFA World Cup is set to take place throughout 12 stadiums across Brazil, with host cities such as Sao Paulo, Belo Horizonte, Fortaleza, Brasilia and Rio de Janeiro.

Construction for the host country of Brazil has been underway for the last 7 years. Brazilian authorities are overseeing the finishing touches in accordance with FIFA expectations.

Darren Heitner, a sports writer for

Forbes magazine, estimates that tourists alone will contribute \$3.03 billion to the Brazilian economy.

Furthermore, the Brazilian Institute of tourism estimates Brazilian citizens will contribute approximately \$7.9 billion to the World Cup including locally planned

The U.S. is expected to face some heavy competition in the group stage against the No. 2 and No. 3 teams in the world, Germany and Portugal.

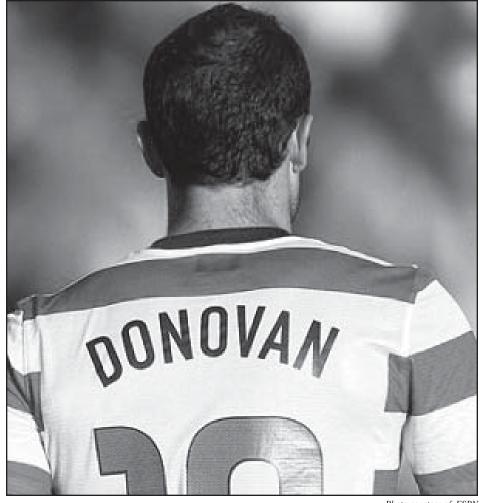
"How many teams get to play Ghana, Portugal and Germany in one World Cup? We're excited about the opportunity, as daunting as it might seem," said Donovan.

The U.S. were defeated 2-1 in the 2010 World Cup against Ghana where they lost in extra time. In group G the U.S. must also face off against Cristian Ronaldo, who currently plays for Real Madrid, and Portugal.

Ronaldo was recently dubbed the best soccer player in the world, according to FIFA and will undoubtedly keep the U.S. attentive in their scheduled match up for group play. Donovan recently commented on Ronaldo and his expectations for the

"He [Ronaldo] can single handedly win games against some of the best teams in the world, we will certainly be cautious of where he is," Donovan continued.

"But there is still a lot of confidence



Landon Donovan among many others are playing for the U.S. men soccer team in World Cup at Rio De Janeiro, Brazil.

in our team that we can advance and get out of this group." Klinsmann also expects to make it passed group stage and into the qualifying rounds.

"We can surprise people in Brazil, but obviously our expectation is to get out of the group no matter who we draw. After that, we need to make the players understand it is all about mind games," Klinsmann continued.

"Every game becomes 50-50 and will be won by the team who is better prepared and believes in themselves more."

The last time the United States Men's National Soccer team placed in a World Cup was in 1930 with a third place finish. In less than one month, the U.S. is scheduled to take the field against Ghana on June 16 at the Arena Fonte Nova in Salvador, Brazil.



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OCTOBER 11-12, 2014

Rams make history with Sam

By LUIS PETTY
Staff Writer

ichael Sam, an openly gay player in the National Football League Draft was selected by the St. Louis Rams on Saturday, May 10, 2014.

This NFL draft is being considered a point of progress for American football.

Sam is from the small town of Hitchcock, Texas, a town 40 miles southeast of Houston, Texas.

According to *The New York Times*, in an article by Joe Drape, Steve Elder and Billy Witz, Sam didn't have an easy childhood.

He grew up with a strong masculine father Michael Sam Sr., who expressed in an interview his negative reaction while celebrating his birthday at a Denny's to the news of his son's sexual orientation.

Sam came out publicly on Sunday, Feb. 9, 2014.

"I couldn't eat no more, so I went to Applebee's to have drinks. I don't want my grandkids raised in that kind of environment," stated Sam Sr.

Though Sam Sr. responded negatively to the news, he did explain that he loved his son and had hoped that his son would make it to the NFL.

He explained that it was just another obstacle his son must overcome.



Photo courtesy of Black Sports Online

The NFL have finished their draft picks for all of the teams, while the Rams break new ground with the first gay player.

"As a black man, we have so many hurdles to cross. This is just one he has to cross," stated Sam Sr.

Growing up Sam was the seventh child out of eight and experienced hardships, ridicule and the death of three of his siblings.

His two year old sister drowned before he was born, another was shot at 15 in a suspected gang related initiation, and the third brother has been missing since 1998 and is considered dead by the family.

Sam explained that he wanted to be the beacon for the family, which fueled his desire to succeed.

"My family was very notorious in the town that we lived in. Everyone would say, 'There goes those damn Sams.' I didn't want to paint that ill picture of me. I knew the good in my family.

I wanted to succeed and be a beacon of hope in my family," stated Sam.

Sam now lives in Missouri and has a complicated relationship with his family. He usually stays with friends when he visits his home town of Hitchcock.

Throughout his time at the University of Missouri, Sam gradually revealed his sexual orientation and was praised and supported by his friends and colleges for his courage to come out.

"He got that big boulder off his back. He could be himself and not always be hiding something from everybody," stated L'Damian Wahington, a wide receiver and close friend of Sam to *The New York Times*.

This past Saturday, the NFL's vice president Mike Kensil announced that the Rams had picked Michael Sam with the 249 pick.

In an article by William C. Rhoden to *The New York Times*, Kensil explained that he believed Sam is a good player and was a clever choice for the Rams.

"He's a good player. St. Louis realized he was a good player, and they were smart enough to take him," said Kensil to *The New York Times*.

Sam was so overwhelmed when he was told that he was drafted by the Rams that he kissed his boyfriend while being filmed on national television.

This video aroused some controversy for the NFL and for Sam.

In light of the circumstances, Sam continues to be commended by the media and other NFL players.



Photo Courtesy of Hoops Wallpape

NBA players are challenging each other both on the East and West coast, playing to the best of their abilities to represent their teams. Teams are making their way to the second part of the playoffs and players are starting to feel the pressure.

NBA players shoot for championship

By ELIZABETH PIRAINO
Staff Writer

The NBA playoffs are in full swing as teams are finishing up each of their series. The Brooklyn Nets series with the Miami Heat at American Airlines arena came to an end in a losing effort. Unfortunately for the Nets, the Heat came through with less than five minutes to play to end the game and eliminated the Nets.

Miami was down by eight points with 4:49 left in the game and came back with 12 unanswered points. The Heat put the game away for good when Ray Allen, the NBA 3-point leader, sank a three-point shot with 32-seconds to play.

The Nets came within one point of tying the game when Joe Johnson hit a threepoint shot with 11 seconds left to the game.

"When we met the first day for prep we said the No.1 key, overwhelmingly the No. 1 key in this series, was great mental stability. That's what it was down the stretch [...] incredible focus," stated Erik Spoelstra, Miami coach. The Heat won the series 4-1, sending them to their third consecutive Eastern Conference Finals where they will play against the winner of the Indiana-Washington series.

The loss was especially painful for the Nets. Joe Johnson, Brooklyn's starting guard said, "It's very disappointing to go out like this; this team was assembled to win the championship. It's very frustrating." The Heat are the favorite to threepeat as NBA champions with Las Vegas bookmakers listing them at 1-1.

Brooklyn's chances of making it into the playoffs next season look very dim as they will most likely lose key players, Kevin Garnett and Paul Pierce to other teams or retirement. The Indiana Pacers are leading the Washington Wizards 3-2 in their series as of press time. Western Conference Semi-Finals the San Antonio Spurs beat the Portland Trail Blazers 4-1 and guaranteed their spot in the Western Conference finals

The Spurs will play the winner of the Los Angeles Clippers-Oklahoma City Thunder series. As of press time, the Thunder lead 3-2 in the best-of-seven series. The Trail Blazers were blown-out to end their series with the Spurs by a score of 104-82. San Antonio's bench out-scored Portland's bench 40 points to seven.

LaMarcus Aldridge, all-star power forward for Portland, was the top scorer for the Trail Blazers with 21 points and 10 rebounds. Damian Lillard shot a dismal 7 of 18 and finished with 17 total points. One high point for Lillard was his game high 10 assists.

The Spurs won the game despite an injury to star Tony Parker, who sat out the

entire second-half with tightness in his left hamstring muscle. "After a tough series with Dallas, they came out and played extremely well this series [...] It is a compliment to all the years that they have been here and the program that they have developed. They certainly outplayed us in this series," said Terry Shotts, Portland coach after the Trail Blazers' loss.

Next up for the Spurs will be the winner of the Thunder-Clippers series. Oklahoma City won game five after a disputed call by a referee. Clipper's coach Doc Rivers described the call that gave the ball to Oklahoma City.

"That is a game defining and possibly a series defining call. And that's not right. That was our ball. We got robbed," said Rivers.

The Clippers will now attempt to rebound from the heartbreaking loss and extend their season.

Cosmic Climbing

CSUSB Rec Center hosts night of fun with friends, food, and rock climbing

By DONTE MEDDER

Staff Writer

osmic climbing is a spin off of the popular cosmic bowling.

CSUSB's Rec Center

CSUSB's Rec Center held its first Cosmic Climbing event on May 9. The event encouraged students to use the climbing wall in the Rec Center.

"Cosmic climbing was the biggest event," said CSUSB student Niko Rabbitts

"We had about 35 people that came and a lot of people that came to the event are coming back," Rabbitt continued.

CSUSB student Dominic Trujillo, director and coordinator of the event, said he was inspired by the usage of cosmic climbing in other gyms around the country.

"I saw it online. I was reading a forum about other climbing gyms and I know we've never done anything like it," said Trujillo. Cosmic Climbing was planned in order to attract attention to the climbing wall.

CSUSB student Ashley Temm said, "It's a fun event to get both new and experienced climbers to tryout the rock wall."

Bright neon colors were brought to the already colorful climbing wall.

Neon tape and paint also adorned the wall in directional patterns for climbers to race.

Black lights were brought in to make the colors pop, so even though the Rec Center's lights were off the building they still shined brightly.

Glow in the dark balloons were brought in to add to the brilliant scene.

The event took all of three months to plan and set up the event.

"I had the idea and then I started contacting people and researching it, then I made a proposal to my superiors," said Trujillo.

Getting the wall decorated was also time consuming.

Adding the glow-in-the-dark tape to

the wall took three days with about an hour of work being put into each day and painting the holes in the wall took two weeks.

"We had to choose where we wanted to go so we had to figure the routes out before we put them up on the wall," said Trujillo.

CSUSB student Marissa Hobbs appreciated the new decorations to the wall for the event.

Hobbs said she believed in the weeks leading up to the event the wall saw a lot more attention.

"I noticed that throughout the week a lot of people who normally don't climb, who aren't regulars, have become very interested with the tape and decorations," said Hobbs. Student Charles Brocar liked how the event put everyone on the same playing field.

"The event made it to where anyone who was a beginner would want to come back," said Brocar.

New climbers were able to begin on less difficult paths and experienced climbers could challenge themselves and nice prizes were available upon completion

"Even if you were a beginner or an expert the prizes for completing a route were still great," continued Brocar.

With prizes like helmets and crash kits available, the wall may see plenty more attention from climbers trying to get the edge.

"We had about 35 people that came and a lot of people ple that came to the event are coming back."

Niko Rabbit







