Black Broadcasters Present Awards

The National Association of Black Broadcasters (NABOB), presented the NABOB awards at its national convention held in Communications Commission, Henry Rivera and the NABOB public service award to Texas Congresswoman Mickey Leland for outstanding leadership in government. The presentations were made before more than 400 members, their guests and repre- sentatives from the corporate broadcast sector at its first awards dinner held at the Washington Sheraton. The winners were made by NABOB president, Dr. John Robert Lee, owner of Silver Star Communications, Columbus, Georgia, and NABOB chairman, Pieter M. Sutton, president of Inner City Broadcasting Corporation, New York City.

NABOB was organized one year ago as a response to the under-representation of minorities in the communications industry. The organization has grown into a major trade association representing the interests of Black-owned radio and television stations throughout the nation.

Participants in the awards included 35 of the 400 NABOB members, including Mike Brown, Director of Corporate Communications, Mike Bivins Company, Geoffrey  

King, president of Inner City Broadcasting Corporation, New York City.

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Islamic Dawah Center of Riverside...

by Isam Ron El-Amin
The Prophet's One Brotherhood

A noted minister of the Christian religion, the Rev. R. Maadi King, remarked, "I have read in Muslim writings so many different expression of worship and reverence for Jesus that for a time I almost forgot I was not reading the words of a Christian writer. How different, it is said to say, in which Christians have spoken and written of Muhammad. Let us put it down to its true, cause, genuine and elevated source."

Edwards Barke in his "Im-

provement of Walls" stated, "The Muhammadan law which forbids the 1st form the dominion head to the meanest subject is a law intermixed with a spirit so meek, mild, humble and the most exalted sentiment of the ideas of the world."

G. Lindsay Johnson, F.R.S.
C's his publication "The Two Worlds," wrote, "The ignorance displayed by most Christians regarding the "Muslims" religion is appalling... Muhammad alone, among the nations of that time, believed in one God to the exclusion of all others. He trained in Righteous-

ness as the source of conduct, and on impartial piety to the everliving God, and respected the life and piety to all other prophets and of justice and mercy to moderation in all things, and to hold in great respect the bearing of every event; most of the abstrac-
tions of Christianity would lead us believe to exist in the Qur'an. It may be worth remembering that Muhammad, here, are they to be found in a correct translation of the work." The great Indian leader, Mahatma Gandhi said, "Muhammad was a great prophet... and heard no man but God alone."

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The above fact that all of the above quotes are from non Muslim. Muslims and personalities in attitude to the great and noble character of Prophet Muhammad. In that sense only remains not only a spiritual but an historical reality which can not be ignored.

To Be Continued!!

GOD IS INTERESTED IN YOUR FINANCIAL CONDITION

The Rev. J.H. Forbes, Pastor

What a time we had last Saturday evening at Poly High School. The Choirs of Harmony, The Christian Darke, St. John's Men Choir, and The Temple Baptist Men's Choirs set the tone for a spiritual good time.

Now to the Blind Boys, if you aren't heard no singing below- and you won't hear no singing on the concert last night- you heard Gospel X-pressure

By Ed Jenkins

Once again Allen Chapel has had two glorious services, morning and Missionary Day in the afternoon. The morning service began with the procession of the Harvey Edwards Male Chorus. The call to worship was by Rev. Forbes and the morning hymn was "Come Thou Fount of Every Blessing." Morning prayer was by Rev. J.C. Tyne. The male chorister rendered the morning anthem "There is a Balm in Gilead" led by Mrs. Kenneth Smith. The holy scriptures were from the Old Testament Proverbs, 31:16, 6.7.17 and from the New Testament Acts, 12:17. The soloist for the service was by Pastor Forbes McReynolds.

The Dedication service was for a cabinet to house the church altar system donated to the church by Mr. Effort Aikre and Mr. Richard McCard. The Total of $15000 was given by the church to the church.

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To Be Continued!!

AMOS TEMPLE CME
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Morning Worship...
8:00 A.M.
Sunday School...
9:30 A.M.
Morning Worship...
11:00 A.M.
Prayer and Bible Study...
Wednesday...
6:00 P.M.
Rev. C.B. Tollette, Pastor

Church of the Nazarene
3315 W. 11th Street
(714) 852-2077

Morning Worship...
10:30 A.M.
Prayer and Bible Study...
Wednesday...
6:00 P.M.
Rev. C.B. Tollette, Pastor

The spoken word was by Rev. Forbes and the subject of the message was "The Echo." Pastor Forbes was again at this heat in delivering a soul winher of the congregation. The afternoon program was the Annual Missionary Day with the Missionary choir starting the program with the procession singing "Waltz in the Light." Call to worship was by Mrs. Mamie Williams. The congregational hymn was "Blessed Assurance."" Prayer was by Mrs. Gene H. Armstrong and the scripture was by Mrs. Esther Ferguson. The Angel Choir under the direction of Mrs. Loretta Tucker render two selections. The soloist for this group was maestro Deatrice Whitman and what a soloist for such a young child. He will be great come time.

This reporter hopes that everybody had an enjoyable and safe memorial work-end.
General Food Introduces New Maxwell House Decaffeinated Instant Coffee...

General Foods is introducing two Maxwell House decaffeinated instant coffee, an addition to regular Maxwell House instant coffee. The new decaffeinated instant coffee has all the dark, rich aroma and rich smooth taste of the longtime favorite Maxwell House instant coffee.

New Maxwell House decaffeinated instant coffee is meeting current consumer interest in a decaffeinated instant coffee that offers the taste of "caffeinated" coffee along with decaffeinated benefits and convenience.

Nationally-Known Speaker To Be Featured at Stress Reduction Seminar...

Motional speaker Sister Ann Corry will present three separate seminars on "Laughter, a Healthful You" Wednesday, June 5 at the Teachers' Hall of Fame Museum in Redlands.

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An Exclusive
"Children of the World"
Sing Out for World Hunger

by Anthony Carter, L.A.

"Children simply need to know that they have a say in the world that they live in. I think that this will show that kids not only have great talent, great skill, and great desire to do things for the world, but they certainly are capable of this deed." In a recent statement announcing the "Children of the World" Project to raise funds to benefit U.S.A. for Africa, Los Angeles radio personality and project coordinator Jimmy Melendez called the recording and rehearsals time for the kids an opportunity for children to help children by raising their voices in song to appeal for aid and world hunger.

The "Children of the World" project brought together a multi-national chorus of 55 children and 22 celebrity kids age 6 to 14 to make a new recording of the popular song, "We Are the World," written by Lionel Richie and John Norwood Morris. Included in the group were vocal finalist Beau Williams, Bob Brown, host of the syndicated "Bob Brown Show" and Anthony Bertie of "Putting on the Hits." Several hundred invited the invitation to participate in the recording session, held at the Westridge Audio Recording Studios in Hollywood. Among the performers were Sheila E., drummer from Prince's band Revolution, and "Children of the World" producer George Duke, who generously agreed to lend his talents.

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Second Latino Dinner A
Resounding Success!!

When the doors were closed and the program began over 800 people filled the Bantamweight, World Champion; Ricardo Martinez, Reporter, Riverside Press-Enterprise; J. Dolores Saldana, President, Coachella Valley Unified School District; Chavez, School Board Member, Community Organizer; John Polit, President, Wilbur E. Brown is President of Kutania Hall of Fame. Wanda Wells is program chairperson. Music for the evening was by the dynamic "Stomp" band and was also a featured artist in the Oscar-nominated "A Soldier's Story" 1986 movie, actor Ernie Hudson of Ghostbusters, Los Angeles Dodgers, Dean Smith architect and currently Mrs. California, Thea Hopkins who is a former member of the award-winning singing group "Tommy Orlando and Dawn", Steely Washington and Max Black, Atlantic Records. On edge hanging on the edge of their seats.
The Tommy Hester Memorial Award was created in 1971 by the San Bernardino Black Athletes Hall of Fame constitution in memory of Booker Thomas Hester. Each year the Hester award is awarded to the most outstanding Black Athlete from this area five high schools. The winner of the award was Michael Moore, a three sport letterman of Canyon High School. The Athlete of the Year female division went to Karen Brayley of Canyon High School.

Black Hall of Fame Successful....

Thirteen turned out to be a "lucky" number for the 750 plus guests at the Twelfth Annual San Bernardino Black Athletes Hall of Fame. Sports fans were extatic at their opportunity to talk with, and be photographed with some of their favorite sports figures. Legendary Professional Football Players, L.C. Greenwood, Eric Dickerson, Gary Green, and Lawrence Lawrence; Olympic track stars, Eunice, Ashford and G. Griffith were greeted by whistles, police and their appearance in the Hall of Fame formal procession brought tears to many an eye. Los Angeles Rams and Henry Lawrence All-Pro linemen for the Los Angeles Raiders. There was also other entertain-ment as a play was presented by Chand Productions, music from the "STOMP" band and a fashion show both by Ava Reed and Lori Cole who had everyone hanging on the edge of their seats.

Tommy Hester Memorial Award was created in 1971 by the San Bernardino Black Athletes Hall of Fame in memory of Booker Thomas Hester. The Church has seen that children among other entertainers who was the 1984 Olympic Star. Tom Hester Memorial Award for Top Male and Female Athlete of the Year respectively in the high school division: Inductions into the Hall of Fame received a standing ovation since their achievements were announced. 1985 Inductions are E. Harrington, Lou Hudson, Louis Ovalis and George Winter. Every athlete and their parents were the recipients of the coveted Tom Hester Memorial Award for Top Male and Female Athlete of the Year, respectively in the high school division.

America is today faced with the harsh fact that tens of millions of its citizens simply cannot read or write. According to the Department of Education, statistics, more than 23 million adults -- approximately one out of every four -- are functionally illiterate; they cannot read, write or think adequately enough to do such simple things as balance a checkbook or understand their alarm clocks. Each year, according to Department of Education, statistics, more than 5,000 in Africa alone - have been trained in the use of this valuable technology.

Increasingly, educationally groups, schools, and teachers are using this technology, having seen that the door to success in the workplace is one that can effectively be opened. From the prestigious Delphian School in Sheridan, Oregon, to the black townships of Soweto in Johannesburg, South Africa, and from the executive cohorts of major corporations to the individuals themselves to better themselves, hundreds of thousands of people are using this technology - and doing better in life as a result.

Psychiatric front groups object to our discussing the harm psychiatric drugs have on the mind-crippling drugs. As children find the world of learning to be a terrifying and abhorrent. Psychiatrists cannot tolerate the idea that children, their parents, and their teachers will have an opportunity to talk with sports figures who were the recepients of the coveted Tom Hester Memorial Award for Top Male and Female Athlete of the Year, respectively in the high school division.


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Lillie Jackson Receives Award from Head Start....

Lillie Jackson, received a national award from the Department of Health and Human Resources. Mary Houston was named the National Director, Mr. Murphy.

M. Cameron was awarded for her appreciation for the years of dedicated service given to the children of an agency.

Lillie Jackson has been a Head Start teacher for 10 years and presently lives in Moreno Valley.

Sweet Adelines Host Guest Night....

Guest will be taught the lead, tenor, baritone or bass harmony part to a song, will be entered by the chorus, and will be served refreshments.

For additional information call (714) 820-0344 or 864-5803.

Inland Empire Players / Huckleberry Finn....

Huckleberry Finn, as adapted by Joe Korn, is a classic scenario to Tom Sawyer by being performed by the Inland Empire Players. The three-week production continues at the Culp Theater through March 3.

Dorothy Bingham Returns to National Film Project.

Dorothy Bingham of Ontario is back to return to the Twentieth Annual IMPACT/AFMC conference held in Washington D.C.

The Young and the Restful.

For Expressions of Young Adults and Teenagers.

Dorothy Bingham at oranges and return to the Twentieth Annual IMPACT/AFMC conference held in Washington D.C.

The three day session, invites the certificate was awarded to her in appreciation for the years of dedicated service given to the community.

The Restless

Of His own. And one's idiosyncrasies.

The young man did a quick and dirty. It's time to take the reins, and don't be hurt twice. You've got to hang on!!!

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For information and reservations call the theater at 714/365-9787.
Marshall Julian
To Head Wilcox Transition Team....

Mayor-elect Edgewood Wilson announced today that she has appointed former City Administrator Marshall Julian to head her transition team. The purpose of the transition team is to assist her in accomplishing a smooth, efficient and budget-conscious transition from the former administration of Mayor W. H. Hollis. Julian will be assisted by former Administration, which will formally begin June 30. Other members of the team are Patricia Gonzales, Bob Botts, Greg Garcia and Sam Cody.

The transition team will assist her in the unspecified period of time until the transition is complete and her new administration is running in top gear. All of the members of the transition team are serving on a voluntary basis with no compensation from the City. There was no indication that any members of the transition team will have a permanent place in her administration.

Marshall Julian said, "The team will assist Mayor Wilcox in the familiarization phase and provide an introduction to the various functions of the City and the manner in which they are handled. The team will help the Mayor prepare the budget process and evaluate implications with respect to available resources vs. priorities for the City." Julian added that the team will work on developing a better understanding of the structure of the City, of the Mayor's office and the City Government and other City agencies. It will establish the groundwork for more effective and efficient operations of the City Administrator, Director of Planning and Development and other City organizations. The transition team will work alongside the City Administrator for the City of San Bernardino for July 1, 1985 through April 1, 1986. Julian was appointed former City Administrator for the City of San Bernardino for a period of ten years.

Patricia Gonzales has substantial experience in the construction industry. She owned and managed her own company, Island Empire for more than 30 years. Bob Botts is experienced in financial and real estate matters. Serving now as Executive Vice President of Pacific Savings Bank, he has lived in San Bernardino for over 40 years and knows the community and its problems. Greg Garcia assisted in the Wilcox campaign heading the campaign effort in San Bernardino. Sam Cody, a 25-year resident of San Bernardino, has 15 years of experience in San Bernardino City government in both development and planning and is currently the General Manager of Central City. He has strong management, administrative and budgeting background. He is a partner, owner and has been active in community affairs and was named San Bernardino's Citizen of the Year in 1983 by Empire Magazine.

The invisible lottery

By Julian Bond

When the Supreme Court ruled against death penalty law in Furman v. Georgia in 1972, it characterized death penalty practices as "flagrantly rare", "vindictive", "arbitrary", "irrational" and "disproportionate"....

A five-member majority said the death penalty was being applied in an "arbitrary" manner and that there was no way of knowing whether a decision to execute a man would be based on the crime of murder alone, or whether the jury was also considering other factors such as race, class, time and place. In the words of Justice Douglas in the decision, "In all cases where the death penalty is imposed, the selection of the defendant for death is determined by whether he is white or black, whether he is rich or poor, whether he is相关文章
LOYCE FREEMAN is a crossing guard at the Harriet Tubman Elementary School. She is telling her neighbor, Ellen Matthews, about her job.

"I started as a volunteer worker. Now I am paid by the hour. I don't make much money, but the pay is regular. I can count on it every week during the school year except during the holidays," Loyce said.

"How many hours do you work each day?" Ellen asked.

"I work a little more than an hour in the morning, at noon and in the afternoon. I average about 4 hours a day. That makes about 20 hours a week," said Loyce.

"Do you have another job?" asked Ellen.

"No, Ellen," said Loyce. My three children go to this school. They come to school early with me in the morning. They wait for me to go home in the afternoon. I do my housework until 11:45. Then I come back to school to become a crossing guard for the noon crowd. I get back home about 1:15. At 2:45, I return to the school to see the children home."

"This may sound like a silly question, but what does a crossing guard do?" asked Ellen.

"I stop the traffic at the crosswalk and lead the children across the street," replied Loyce.

"Do the cars always stop?" asked Ellen.

"Of course," said Loyce. "The drivers know what crossing guards are for. As soon as I raise my stop sign, the traffic comes to a full stop. I go back to the curb and lead the children across."

"Did you have to take a test to get your job?" Ellen asked.

"No, I didn't have to take a test. As I told you, I used to be a school volunteer. This was one of the jobs that needed to be done. This year money was put into the budget so that I could get paid," Loyce explained.

"Do you wear a uniform?" asked Ellen.

"I have a special hat and a shoulder badge that says 'crossing guard.' My stop sign is also part of my uniform, I guess," replied Loyce.

"You must like your work, don't you?" Ellen asked.

"You're right, Ellen," said Loyce. "I feel responsible for all of the little children who cross at my corner. Their safety is as important to me as if they were my own children."
Matthew Alexander Henson was the first man to stand at the North Pole—the top of the world. As a member of Commodore Robert E. Peary's expedition, Henson reached the Pole on April 6, 1909, 45 minutes before the leader.

Matthew Henson was born in Charles County, Maryland on August 8, 1866, one year after the Civil War ended. His mother died when he was only 7 years old. Matthew went to live with his uncle in Washington, D.C.

When he was 31 years old, Henson returned to Baltimore. He always wanted to become a sailor. He got a job as a cabin boy on a ship called the Katie Hines. This ship was bound for Hong Kong (a colony in Southeastern China that belongs to England).

Henson worked on the ship for 5 years. He was promoted to the rank of able-bodied seaman. The captain of the Katie taught him many things about navigation and how to pilot a ship. The captain also helped him to learn how to read and write. From that time on he read everything he could get his hands on.

After the captain of the Katie Hines died, Henson left the ship. He got a job as a handy man in a clothing shop in Washington. One day, Robert E. Peary, an engineer for the U.S. Navy, came into the shop. After talking for a short time, Peary offered Henson a job as his valet. Peary was preparing to go to Nicaragua on an expedition.

Peary soon found that Henson knew how to chart paths through the jungle. Henson's experience as a seaman made him more valuable to Peary as an assistant than as a valet.

In 1888, Henson accompanied Peary and other explorers on an expedition to Greenland. Peary could not find anyone to finance the expedition. Henson volunteered his services. He received no pay.

Henson was the most useful member of the expedition. He knew how to use a hammer and a saw. He knew how to drive the dog teams. He also learned the Eskimo language more quickly than the other explorers.

From 1891 to 1906, Peary and Henson made seven attempts to reach the North Pole. All of these expeditions failed. Between trips, Henson worked in the Arctic section of the Museum of Natural History in New York City.

On July 8, 1908, Peary and Henson and other explorers set sail on a ship called the Roosevelt. They set up camp on Cape Columbia. The camp was 400 miles from the Pole.

Peary, Henson and four Eskimos reached the Pole on April 6, 1909. Peary sent Henson ahead as a trailblazer. Later, Peary wrote these words in his logbook:

"Arrived here today, 27 marches from Cape Columbia. I have with me 5 men, Matthew Henson, colored, Ootah, Eg- ingwah, Seegloo, and Ooqueah, Eskimos; 5 sledges and 28 dogs. The expedition under my command has succeeded in reaching the POLE...for the honor and

prestige of the United States of America."

Peary turned to Henson. He pointed in the direction of the Pole and said:

"This scene my eyes will never see again. Plant the Stars and Stripes over there, Matt—at the North Pole."

Peary was the only White man in the party that reached the Pole. He had sent the rest of the party back to the base on Cape Columbia.

More than 25 years later, one of the White men, who had been sent back to the base, reported:

"Henson, the colored man, went with him [Peary] because he was a better man than any of his white assistants."

More than 28 years after this great discovery, Henson began to receive the recognition he deserved. In 1937, the exclusive Explorers Club invited Henson to become a member. In 1939, Howard University gave him an honorary Master of Science (M.S.) degree. In 1944, the U.S. Congress awarded Henson one of the joint medals honoring the 5 White explorers. In 1950, Henson was saluted by President Truman in special ceremonies at the Pentagon and in 1954, President Eisenhower honored Henson in ceremonies at the White House.
Maryland is one of the 7 South Atlantic States. It was named Terrae Mariae (Maria's Land) in honor of Queen Henrietta Marie of England. Maryland became the 7th state on April 28, 1788.

The area of Maryland is 10,577 square miles. The state ranks 42nd in size (Alaska - 1st; Rhode Island - 50th).

More than 4,217,000 people live in Maryland. The state ranks 18th in population (California - 1st; Alaska - 50th).

More than 958,000 (22.7%) Black people live in the state of Maryland. The state ranks 6th in Black population.

There are more than 65,000 Hispanics in Maryland. This includes more than 9,000 Puerto Ricans; 12,000 Mexicans; and 5,000 Cubans.

There are more than 8,000 Native Americans (American Indians) in the state of Maryland. Many of the other ethnic groups also live in this state. There are more than 14,500 Chinese, 11,000 Filipinos, 4,800 Japanese, 13,700 Asian (East) Indians, 15,000 Koreans and 4,000 Vietnamese.

Annapolis is the capital of Maryland. The United States Naval Academy is located in this city. Other important cities are Baltimore (ranks 10th among the 25 largest cities in the U.S.), Silver Spring, Bethesda and Wheaton.

Baltimore is the 8th most populous city in the U.S. (431,151 - 54.8%). The city also ranks 8th in percentage of Black population.

There are 28 American cities with a Black population of more than 100,000. Baltimore is 8th (431,151 - 54.8%). The city also ranks 8th in percentage of Black population.

There are 78 Black elected officials in Maryland. This includes Rep. Parren J. Mitchell of Baltimore in the U.S. House of Representatives and 20 in the state legislature; 46 city and county officials; 9 law enforcement officials; and 2 elected members of school boards.

Some famous Black Americans were born in the state of Maryland, including Rev. William M. Alexander, founder and first editor of The Afro-American newspaper; Benjamin Banneker, the first Black federal officeholder, inventor of the first striking clock made in America and one of the surveyors to lay out the District of Columbia; Frederick Douglass, abolitionist, writer, scholar, orator, diplomat and founder and editor of The North Star, the abolitionist newspaper; Eubie Blake, entertainer/composer, co-author and star-composer of a number of musicals and composer of "I'm Just Wild About Harry"; Frances Ellen Watkins Harper, poet; Clarence E. Muse, composer of "When It's Sleepy Time Down South"; and Elijah B. Tunnell of Maryland, the first American killed in the Spanish-American War, May 11, 1898.

THE SOUTHEAST

AL = Alabama
FL = Florida
GA = Georgia
KY = Kentucky
MD = Maryland
MS = Mississippi
NC = North Carolina
SC = South Carolina
TN = Tennessee
VA = Virginia
WV = West Virginia

Black-eyed Susan
(State Flower)

Baltimore Oriole
(State Bird)
Maryland is one of the 7 South Atlantic States. It was named Terrae Mariae (Maria's Land) in honor of Queen Henrietta Marie of England. Maryland became the 7th state on April 28, 1788.

The area of Maryland is 10,577 square miles. The state ranks 42nd in size (Alaska - 1st; Rhode Island - 50th).

More than 4,217,000 people live in Maryland. The state ranks 18th in population (California - 1st; Alaska - 50th).

More than 958,000 (22.7%) Black people live in the state of Maryland. The state ranks 6th in Black population.

There are more than 65,000 Hispanics in Maryland. This includes more than 9,000 Puerto Ricans; 12,000 Mexicans; and 5,000 Cubans.

There are more than 8,000 Native Americans (American Indians) in the state of Maryland. Many of the other ethnic groups also live in this state. There are more than 14,500 Chinese, 11,000 Filipinos, 4,800 Japanese, 13,700 Asian (East) Indians, 15,000 Koreans and 4,000 Vietnamese.

Annapolis is the capital of Maryland. The United States Naval Academy is located in this city. Other important cities are Baltimore (ranks 10th among the 25 largest cities in the U.S.), Silver Spring, Bethesda and Wheaton.

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A "Strict" vegetarian diet, followed for an extended period of time may result in a deficiency of iron and vitamin B12...

Small amounts of milk and egg must be included in the diet to assure meeting our vitamin B12 needs!

Ample quantities of dark green, leafy vegetables and enriched or whole grain cereal products will help to meet the 'strict' vegetarian's iron needs!

FIND THE HIDDEN PICTURES

There are many pictures hidden in this scene.

1. Find the picture that tells what Loyce stops at the crosswalk so the children can cross the street.

2. Find the first letters of the National Association of Colored Women's Clubs.

3. Find the picture of Matthew Henson.

4. Find the picture of the State Flower of Maryland.

5. Find the picture of the State Bird of Maryland.

6. Find the name of the vitamin that people who follow a strict vegetarian diet may lack.

7. Find the picture of Leona Vicario.

8. Find the picture that shows what Cato and the slaves marched to the beat of.

9. Find the picture of a fruit that you can eat before dinner to help you enjoy yourself without overeating.
GENERAL GUIDELINES

This guide is primarily designed to arouse and maintain motivation in the student by continuously highlighting those elements in their articles which focus on issues of major concern to them; address their ego strengthening needs and sense of self; and convey productive alternatives to preconceived notions and ways of thinking that have hindered us from maximizing our potential.

This orientation can help make the necessary mechanical process that follows more meaningful and acceptable to the student—something that he/she can see as making sense and helpful to them. Accordingly, we suggest that you:

1. Motivate student interest by introducing difficult words in each article with a discussion. If a chalkboard, easel or chart paper is available, write them before or as they are used in context.

2. Guide the reading of each article by posing questions using words in the text. If necessary, take a sentence at a time. As the student progresses, you can take a paragraph at a time.

3. Teach one skill after each article.

4. Have student re-read to put the skill word taught back into context.

For this issue, you might concentrate thusly:

COMPREHENSION QUESTIONS:

CROSSING GUARD—Ask: Where does Loyce Freeman work? How much money does Loyce earn every week? When does she work? What does a crossing guard do? Does Loyce like her work?

DID YOU KNOW THAT—Ask: What is the name of the oldest national Black women's organization still in existence today? Which two groups merged to form the NACWC? Who was the first president of this organization?

MATTHEW HENSON—BLACK EXPLORER—Ask: Why do you think the North Pole is called "the top of the world"? What was the name of the first ship on which Henson worked? Where did Henson meet Peary? Why did Peary make Henson his assistant instead of his valet? Why was Henson the most useful member of the expedition? What did Henson do between trips? What were some of the honors that Henson received?

LEONA VICARIO—A MEXICAN HEROINE—Ask: What is obesity? Name some things that we can do to enjoy our food without overeating.

Example #1: How many hours do you work?

Example #2: What does a crossing guard do?

We Are Somebody Corner
Did You Know That...

The NATIONAL ASSOCIATION OF COLORED WOMEN’S CLUBS (NACWC) is the nation’s oldest national black women's organization still in existence today. From the beginning the main goal of this organization has been to reach out to help others.

In 1893, Hallie Q. Brown organized the Colored Women’s League of Washington, D.C.

In the summer of 1895, representatives of the wife of Booker T. Washington elected president.

1. To serve as a supplemental—not a basal—reading-motivational and comprehension-enhancement tool;

2. To help rebuild the pride or sense of worth so deliberately and systematically stripped from Black families generations ago but which still remain unredressed to such a large degree today that many Black youth and adults have little or no will to learn or achieve;

3. To enable Hispanic students and their parents to better understand that America is their home whether they were born in the continental United States or not...and that they have a rich heritage upon which to build a bright future;

4. To maximize parental and other adult involvement by inserting The ADVANCER within the adult-oriented local cooperating community-building newspaper; And,

5. To assist in building a better racial understanding by students (mainly other Whites) in appreciating to a greater degree those aspects of the Black and Hispanic cultures which have been distorted so greatly and which remain unredressed.

It is important to know that the primary purposes of this “fun to learn” newspaper, known as The ADVANCER, include the following:

BUILDING WORD POWER

AVerage (av’ri) — v. To have the usual amount.

Contribute (kon’tri-b’yoot) — v. To have a part in bringing about.

EXclusive (iks-kloo’-siv) — adj. Not open to the public; keeping to certain people.

Flance (fu-nans’) — v. To get money for.

Existence (ig-ziis’-tuns) — n. The condition of being.

Merge (murj) — v. To unite into one larger thing.

Militia (muh-lish’-uh) — n. A group of citizens who are not regular soldiers, but who get military training for service in an emergency.

Navigation (nav-uh-gay’-shun) — n. The science of figuring the course of a ship.

Orator (or’uh-tur) — n. A skillful speaker.

Plentiful (plen’-ti-fuhl) — adj. Great in amount or number; more than enough.

Regular (reg’yuh-lur) — adj. Steady and even; not changing.

Rehabilitation (ree-huh-bil-uh-tay’-shun) — n. The act of bringing back to a good condition.

Sensible (sen’-suh-b’-li) — adj. Reasonable; wise.

Trustee (trus-tee) — n. Any of a group of people that manages something.

VALET (val’-lay or val’-it) — n. A man who works as a servant to another man.

Vicinity (vuh-sin’-uh-tee) — n. A nearby or surrounding region.
The Carolinas

Last week we saw how a slave named Cato led a group of slaves to a warehouse on a plantation at Stono, South Carolina. They killed two guards and took guns and bullets. They planned to escape to Florida where they would be free.

The group of slaves, with Cato at their head, marched to the beat of two drums. They killed every White person who tried to stop them.

Every White man in the area got guns and went after the slaves. All but ten of the slaves were captured and put to death. In all, 30 White people and 44 Black people were killed.

The next year, another plot was discovered in the vicinity of Charleston. About 200 Blacks were involved in the plot. On the day the uprising was supposed to take place 150 unarmed Blacks were attacked by a mob of White men. Fifty Blacks were captured. Ten of them were hanged each day for five days. This was supposed to teach the other slaves a lesson.

The Slave Code was changed to make things harder for the slaves. Laws were passed which made it unlawful for more than two slaves to meet together. There was a stiff fine for selling liquor to slaves. Slaveowners were warned against being too hard on their slaves, because this might make them revolt.

Other laws made it unlawful for slaves to work more than 15 hours between March 25 and September 25 (spring and summer) and more than 14 hours a day between September 25 and March 25 (fall and winter).

In 1729, North Carolina and South Carolina became separate colonies. In 1741, North Carolina passed a new Slave Code. Slaves could not own property, carry guns, or go about without a written pass. Laws were passed to punish thieves, slaves who talked back to Whites and slaves who did business with White people.

There was no real slave uprising in North Carolina during the colonial period. There was a smaller number of slaves (in 1746, there were only 19,000 Blacks in a population of 79,000) and few large plantations.

Georgia

The colony of Georgia was settled by English convicts who were released from prison to come to the New World. The trustees of the colony said there was to be ownership of land, no liquor and no slaves. The colony was to be an experiment in rehabilitation for criminals. They were to do their own work. They did not need slaves.

In 1750, settlers in the colony of Georgia were allowed to bring in Black slaves. Many slaveowning families moved into Georgia from South Carolina. By 1773, there were 18,000 Whites in Georgia and 15,000 Blacks.

In 1755, Georgia passed a Slave Code. Not more than seven slaves could meet together unless a White person was with them. Slaves could not own canoes, horses, cows, or sheep. No slave was to be taught to read and write. No slave was to work more than 16 hours a day.

There were few uprisings by Georgia slaves, but many ran away to Florida. The Whites of Georgia were not afraid of their slaves like the Whites of the other southern colonies. Blacks even served in the Georgia militia during the colonial period.

BE HEALTHY

Obesity is the condition of being very fat. Obesity contributes to many health problems.

People spend millions of dollars each year on medicines and programs to control weight. Holidays, like Thanksgiving and Christmas, are times when delicious foods are in plentiful supply. These times are especially hard for "weight watchers."

Here are some tips on good eating habits that will let you enjoy yourself without overeating.

• Have a nutritious breakfast each morning. This will give you energy for your daily activities.
• Let lunch be well-balanced and low in calories—lean meat, fish, or chicken; salad (without mayonnaise); and vegetables.

• At dinner eat all your favorites, but in small portions.
• Eat soup, salad, or an apple before dinner.
• Eat all foods slowly, chewing each mouthful many times.

• At parties, eat the low calorie foods; drink club soda with lime.
• Try to eat with someone and talk a lot during the meal to slow down your eating time.

Enjoy yourself with sensible eating habits!