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Jeanne Jones... United Way President/Activist Dies

Dorothy Jeanne Wright Jones, known as San Bernardino, CA, died May 26, 1985 at Kaiser Hospital in Fontana, where she lived. Jeanne, as she affectionately known, was born January 20, 1922, in Monrovia, PA, the daughter of Dorothy U. Cahn and the late Joseph B. Wright. She graduated from Monrovia High School in 1939. Her career included employment in the Federal Service at the Federal Communications Commission in Washington, D.C. at American AFB, Pennsylvania at USAF Headquarters, Westfield AFB, Germany. Her most recent employment was as secretary to the U.S. Auditor General at Norton AFB. Her civic activities included serving as past president of Executive Women International, past president of Inland Area Urban League, and for many years a member of the League of Woman Voters. At the time of her death, she was serving as president of the American United Way. She is survived by her mother, two daughters, Carol Anne and Barbara, and three sisters, Lois, Wright Washington University, D.C., Elaine Wright Austin of Los Angeles, and Sherry Wright Chams of Washington D.C. Memorial services will be held at Norton AFB Chapel at 11:30 a.m. on Saturday, June 1, 1985.

This year's show, "We are the World," will feature 46 of the world's top artists, who will showcase 150 designer fashions from the Capitol Fashion Show and 8000 local fashions from the Capitol Fashion Show. Also featured will be a group of Star-Pop poppers, a new Costume HD entertainment show, and some shows designed by the Douglas Taylor family of Los Angeles. Proceeds from this benefit are designated for scholarships and community service projects. Eight high school seniors, who have demonstrated academic excellence and who plan to enroll in a four year college or university, will receive the $10,000 Super Club award. The recipients are from high schools in San Bernardino, Riverside, Los Angeles and Ventura.

Tickets are $35 per person and may be obtained by contacting selectors. Tickets are available at 1364, Groxton Hiway, 714/378-8785 or at the Capitol AFB William Walker, 714/882-3797 overnights. The deadline for pur- chasing tickets is June 3.

Congressman Calls for Cooperation in Enterprise Zone Establishment

Congressman George E. Brown addressed a small group of Westside citizens on the Enterprise Zone and said it would work in the community taken on as "a test of cooperation." Brown said, "community leaders are going to have to work with their elected officials on every level, city, state and federal." The Enterprise Zone is a tool to build the inner city, to offer incentives to business and to stimulate those who will locate there and to in turn provide jobs and development for the community. The state has passed legislation for this but the federal government is lagging behind. The year 1985 will be chosen there as three applications in San Bernardino County.

Publisher's Parents Visiting the Inland Empire....

Rev. and Mrs. Floyd Brown, parents of Publisher Hardy Brown, are visiting from Trenton, North Carolina. While here they are the Browns are having a mini-family reunion and enjoying the California lifestyle. Rev. Brown bought a very royal smelling morning message at St. Paul A.M.E. Church last Sunday. While visiting California they say they were in Disneyland, the mountains, Palm Springs, San Diego and other Southern attractions. One of the highlights of their visit was the family dinner where 25 of the California Browns came together some nineteen new daughter in law and grand children.

FBI & DOJ Ordered To Pay

The State of California...

Mr. James W. McCallan, Magistrate for the U.S. District Court in Los Angeles, ordered the FBI and the Department of Justice (DOJ) to pay the Church of Scientolo- gy $17,097.72 in sanctions because of government's dereliction in producing documents sought by the Church. The order requires the government to make payment on or before May 25, 1985.

Benson is expected to substitute in case the Queens is unable to complete her reign.

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Black Broadcasters Present Awards

The National Association of Black Broadcasters (NABOB), presented the NABOB awards for excellence in communications to Federal Communications Commission, Henry Rivera and the NABOB public service award to Texas Congressmen Mickey Leland for outstanding leadership in government. The presentations were made before more than 600 members, their guests and repre-
God is Interested in your Financial Condition!

A noted minister of the Christian religion, the Rev. E. Maasi, King remarked: "I have read in Muslim settings, and I have seen the expressions of respect and reverence for Jesus that for a time I almost forgot I was not reading the words of a Christian writer. How different, it is said to say, in which Christians have spoken of Muhammad. Let us be well aware that you may prosper and be in health (good health).

Islamic Dawah Center of Riverside...

by Iman Ron El-Amin
The Prophets-One Brotherhood

God wants you to be blessed financially. Blessed financially means to have all your needs met and the ability to get your desires. There is nothing godly about being poor (and vice versa). The DHK would like you to stay poor and rely only on the abundant life that Jesus promised in John 10:10. Poor means struggling, and God does not want you to struggle, but be on top of your game. God wants you to be a giver, can you give if you don't have? I encourage you to see and study the scriptures and see that God truly wants you to meet all your needs (Psalms 48:19) and cause you to prosper (Proverbs 3:10, 33:30, 32:2, 18, et al.) Pray and be sure that you will begin to walk in God's prosperity.


Gospel X-Pression

By Ed Jenkins

What a time we had last Saturday evening at Poly High School Nursing Home. The Church of Harmony, The Christian Disciples, St. John's Men's Choir, and The Temple Baptist Music choir set the tone for a spiritual good time.

Now to the Blind Boys, if you have never heard your singing before - and you were on the edge of your seat last night - you heard some SINGING. We were indeed blessed. I was just glad to be there!

We thank you for your support! The Friday night portion of the Full Gospel Fellowship Church in Imperial and Weakley, for Prince George's County, involvement program. If you will you be so inclined please join us.

Allen Chapel A.M.E. Church

Once again Allen Chapel had two glorious services, revivals and Missionary Day in the afternoon. The morning service began with the presentation of the Harvey Edwards Male Chorus. The call-to-worship was by Rev. Forbes, and the morning hymn was "There is a Balm in Gilead". Morning prayer was by Rev. A.C. Tyce. The male chorus rendered the morning anthem "There is a Balm in Gilead" led by Mr. Kenneth Smith. The female choruses were from the Old Testament Proverbs, 31:1, 6, 7, 15, 17 and from the New Testament Matthew, 26:26, 27, 28, 30, 31, 32, and Deuteronomy was by Pastor Forster and the choir. The dedicatory service was for a cabinet to house the church usher system donated to the church by Mr. Effrett Ancire and Mr. Richard M. Cord. Turf band and dedicated young men of Allen many thanks to all of these fine men. The male chorus received "new" membership in full membership and there are four other members ready to be received into the church right now. The service will go to the near future.

The pastoral prayer was by Rev. Allen Hill. This being the fourth Sunday of the month, the pastor prayer was in charge of the music. Other soloists for the morning service were: Rev. Donald Page and Mrs. Clara McCumber, and Mrs. Lethia McCord. This spoken word was by Rev. Forbes and the subject of the spoken word message was "Echo." Pastor Forbes was again at his best in delivering a soul challenge and life message. The afternoon program was the Annual Missionary Day with the Missionary choir starting the program with the proceeding singing "Walks in the Light." Call to worship was by Mrs. Natasha Williams. The congregational hymn was "Blessed Assurance." Prayer was by Mrs. Hatline Armstrong and the scripture was by Mrs. Esther Ferguson. The Angel Choir under the direction of Mrs. Lattie Roserender two selections. The selection for this group was master DeAndra Whitman and what a singing for such a young child. He will be great come time. The male choruses rendered two selections. The first led by Mr. Andereon Copeland, next was the Chor- choir, they too rendered two selections led by Mr. Robert Board. Mrs. Doris Batiste is a treasure and directed this group as well as being the pianist for the choir.

Mrs. Mildred Tyler was the speaker of the evening. The topic of her address was "Our Duties Toward the Poor to the Poor," it was very deep and informative. At the end of the service, it was enjoyable in all its attendance. Mrs. Callie Copeland, Rev. E. Effrett Coagad, etc. The Angel Choir will be hosted next and Saturday, Mrs. Callie Cooper hard is in charge of the missionary Society at Allen. The congregation and officers and the Pastor of Allen wish for brother and sister C.S. Lestand as they celebrate Their 60th Wedding Anniversary many happy returns to him. Mr. Joseph H. Jewell as he celebrates his 70th birthday, many happy returns to you. Each Monday and Wednesday of each month there is a tutorial program to all children that need this type of teaching. This is held at Allen, at 7:30 p.m. On and remember that all of our missions and all services, all churches in the church are in the United States and all over the United States and all over the world. We are so proud of our prayers daily, also let us remember those less fortunate than you and me everywhere.

This reporter hopes that everybody had an enjoyable and safe memorial work-end.

Photos may be purchased. Call 824-8884

By Paul Ruqayyah Woods

Dear Reader,

Who would have thought, over 30 years ago, that I would be writing my first book? "TOO MANY TXES", the book I wrote for my father's 70th birthday. "TOO MANY TXES" is a collection of the lessons and experiences that have shaped my life and career. It is a book that is not only filled with wisdom, but also filled with humor and wit. It will make you laugh, but it will also make you think. It will help you to see the world in a different light and inspire you to be the best you can be.

The book is written in a conversational style and is perfect for anyone who is looking for a touch of inspiration and a few laughs. It is a must-read for anyone who is looking for a change in their life or a new perspective on things.

I have always been interested in helping people and sharing my experiences. My goal is to help others find the joy and success that I have found in my own life. I believe that everyone has the potential to achieve their dreams and I want to help you to discover yours.

I hope that you will enjoy reading "TOO MANY TXES" as much as I have enjoyed writing it. It is a book that I believe will help you to see the world in a different light and inspire you to be the best you can be.

Thank you for your support.

Sincerely,

Paul Ruqayyah Woods
Today's doctors and their spouses are contributing $1.6 million to help support the education of tomorrow's doctors. That is the American Medical Association's "Family 1985" aggregate gift to U.S. medical schools.

In California, checks totaling more than $67,000 are being given to eight medical schools. Each school is receiving two checks, one for the dean's unrestricted use "for the pursuit of excellence in a medical school's program," and the other is restricted to financial assistance to medical students.

The contributions were collected nationally, principally by the AMA Auxiliary, and disbursed by the AMA Education and Research Foundation through the state and county medical societies. The California medical schools and the amount of their gifts are: Loma Linda University School of Medicine, $14,537; Stanford University School of Medicine, $10,995; University of California, College of Medicine, Irvine, $8,566; University of California, School of Medicine, Davis, $5,216; University of California School of medicine, Los Angeles, $5,952; University of California, San Diego Medical School, $3,807; University of California School of Medicine, San Francisco; $5,952; University of Southern California School of Medicine, Los Angeles, $8,897.

S.B. Nurses Certified

The Association of Rehabilitation Nurses recently gave the first certification examination in rehabilitation nursing. The Robert H. Ballard Center for Rehabilitation of the San Bernardino General Hospital is proud of the following nurses who passed the examination and are certified rehabilitation nurses: Maureen Brake, C.R.R.N.; Bettie Brown, C.R.R.N.; Grace M. Hennett, C.R.R.N.; San Bernardino; Mary M. Hunt, C.R.R.N.; Good Samaritan; Elizabeth Maddox Perez, C.R.R.N.; Gated Terrace and Phil Perez, C.R.R.N.; Rialto.

These five nurses are the only certified nurses in the Inland Empire and a part of the 90 certified nurses in California and the 784 nationwide, according to the Association of Rehabilitation Nurses. Certification is an aid to the professional recognition of rehabilitation nurses occasioning high professional achievement. Certification also assures the public that the nurse is competent in the specialty of rehabilitation nursing.

General Food Introduces New Maxwell House Decaffeinated Instant Coffee....

General Foods is introducing two Maxwell House decaffeinated instant coffees, an addition to regular Maxwell House instant coffee. The new decaffeinated coffees are good quality coffee with all the dark cocoa aromas and rich smooth taste of the long-sought Maxwell House instant coffee.

Maxwell House decaffeinated instant coffee is meeting current consumer interest in a decaffeinated instant coffee that offers the taste of "caffeinated" coffee along with decaffeinated benefits and convenience.

Nationally-Known Speaker To Be Featured at Stress Reduction Seminar....

Motivational speaker Sister Ann Cicero will present three separate seminars on "Laughing... A Healthful You" on Wednesday, June 5 at the Teacher's Hall of Fame Museum in Redlands.

Cost for the seminars, which are sponsored by Redlands Community Hospital and the Redlands Adult School, is $25 per individual class or $50 for the entire program. Discounts are available for nursing students and senior citizens. Refreshments will be served.

The Teacher's Hall of Fame Museum is located at 2222 Orange Tree Lane in Redlands. For more information or to preregister, please call the hospital (714) 793-3101 or ext. 290.

Central Heat Pump....

A heat pump is a year-round heating and cooling system. In the summer, it works as an air conditioner by removing heat from inside your home and pumping it outside. In the winter, a heat pump extracts heat from the outside air and moves it through your home. This is two to three times more energy efficient than traditional systems. Install a new heat pump and you may qualify for a Federal tax rebate. Replacing an older model with a new, high-efficiency heat pump for a $425 rebate.

Free Energy Tips Booklet.

"Hot Tips for a Cool Summer" will give you even more ways to save on your cooling bills. It covers things you can do to limit your need for air conditioning and tips on the most energy-efficient cooling appliances. Call 1-800-952-5062 and a Southern California Edison Representative will send you a free booklet right away.

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You must have a Home Energy Survey recommended installation prior to the purchase and installation of any of these improvements. If you are a representative customer, one of our representatives can show you which of these energy-saving improvements and practices work best for you. They will also tell you how to qualify for rebates, tax credits and low interest financing. Cool down your summer electric bill. Call and arrange your free Home Energy Survey today.

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You must have a Home Energy Survey recommended installation prior to the purchase and installation of any of these improvements. If you are a representative customer, one of our representatives can show you which of these energy-saving improvements and practices work best for you. They will also tell you how to qualify for rebates, tax credits and low interest financing. Cool down your summer electric bill. Call and arrange your free Home Energy Survey today.

Southern California Edison
Children of the World tour brought together multi-national voices for a cause.

On Sunday, June 2, 1985, the Children of the World tour brought together children from around the world to participate in a recording session. This was part of a project aimed at raising awareness about the needs of children worldwide. The recording, titled "Children of the World," was created to highlight the strength and unity of children from different countries.

The session was conducted at Audio Recording Studios in Hollywood, California, and featured a quartet that included Glen Wood. Included in the group were Danny Wood, who was working on the poster for "Children of the World," and Priscilla Weems of "Putting on the Hits." Joey Lawrence of NBC's "Gimme a Break!" was also on hand.

The recording took place from 6:00 to 7:00 p.m., and the event was well-attended. After the session, the group gathered to eat refreshments and sign autographs for the children who had participated.

The Children of the World tour was a significant event that brought together children from different parts of the world to create music that promoted the well-being of all children. The project was a wonderful opportunity for children to make a new recording of the internationally popular song "We Are the World," written by Lionel Richie and Michael Jackson.

The recording session was part of a larger project that aimed to raise funds for the charity. The proceeds from the song's sales were donated to organizations that supported children's needs. The "Children of the World" tour was a success, and the recording session helped raise awareness about the importance of helping children around the world.
Second Latino Dinner A Resounding Success!!

When the doors were closed and the program began over 800 people packed the coliseum to attend the Second Latino Testimonial Awards Banquet (San Bernardino Black Athletes Hall of Fame). Reverend Gustavo Benson, Principal, San Bernardino College; Reverend Gustavo Benson, Principal, San Bernardino City Unified School District; Albert Padilla, President, Cement Workers Local 192; Maria Elena Salinas, Star of the television special based on the novel "Para Pueblos Unidos"; and Maria Elena Salinas, Star of "A Night To Remember," for both counties were on hand to enjoy, serve and listen to the great stories of the Latino Hall of Fame recipients.

The main entertainers and sports figures gave autobiography after autobiography as legions of fans consistently besieged them. The athletes were great and the nation received his usual share of attention.

The Honorary Chair of the San Bernardino City Unified School District's Hall of Fame Awards dinner and entertainment program was James D. Brown, President of the Board of Education.

Each year, according to Department of Education statistics, more than 23 million adults—approximately one out of every five— are functional illiterates. They cannot read as well as second graders, and are neither able nor adequately enough to do such simple things as balance a checkbook or understand a fashion show billboard.

Each year, according to Department of Education statistics, more than 23 million adults—approximately one out of every five— are functional illiterates. They cannot read as well as second graders, and are neither able nor adequately enough to do such simple things as balance a checkbook or understand a fashion show billboard.
My version of what a teacher is, is that they help people get an education and make something of themselves. Teachers are people who basically want little kids to be like an adult, not physically, but mentally. You may be young, but that isn't an excuse, not to learn. I mean, physically trying to be an adult is a different story, but thinking like an adult will help you get a higher advantage of succeeding in a good education. A teacher will become a part of the advantage you get, when you make the effort to want to learn. When teachers correct kids who are up, they do to help you in many educational ways. Some kids get really mad about it, but it is because they need to understand, a teacher's point of view. By Ed Hardy.

Lillie Jackson
Lillie Jackson, received a national award from the Department of Health and Human Resources, Head Start Bureau by the National Director, Mrs. Murphy. The recognition was awarded to her in appreciation for the years of dedicated service given to the children, an family of project Head Start.

Community Carnival: Come out and help the students. This is an opportunity for the students to raise money for group projects. The Rotary Club of Perris will sponsor a Bicycle Safety inspection. For more information call Mrs. Linda Denver, student council advisor at 657-2714.

Lilinak Empire Players/Huckleberry Finn...

Sweet Adelines Host Guest Night...Lillie Jackson Receives Award from Head Start....
STATEMENT OF INTERESTED PARTY

I, WIlliam E. Conerly, Clerk of Riverside County on: May 22, 1985

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The Philadelphia Plan - Move

Thursday, May 30, 1985

By J.R. Long

It becomes necessary to examine the bombing of the MOVE in Philadelphia. The following is a brief account of this event.

SUMMARY EXECUTION OF ELEVEN MEN

A government majority said the death penalty was being applied in an "arbitrary" manner and that this violated the Eighth Amendment's prohibition against "cruel and unusual" punishment. A second question is that this type negative publicity in these areas has depicted that city and our country as disengaged.

Now that the smoke has reached as high as 50 percent, it becomes necessary to examine the bombing of the MOVE in Philadelphia. The following is a brief account of this event.

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Now that the smoke has reached as high as 50 percent, it becomes necessary to examine the bombing of the MOVE in Philadelphia. The following is a brief account of this event.

SUMMARY EXECUTION OF ELEVEN MEN

A government majority said the death penalty was being applied in an "arbitrary" manner and that this violated the Eighth Amendment's prohibition against "cruel and unusual" punishment. A second question is that this type negative publicity in these areas has depicted that city and our country as disengaged.
Crossing Guard

LOYCE FREEMAN is a crossing guard at the Harriet Tubman Elementary School. She is telling her neighbor, Ellen Matthews, about her job.

"I started as a volunteer worker. Now I am paid by the hour. I don't make much money, but the pay is regular. I can count on it every week during the school year except during the holidays," Loyce said.

"How many hours do you work each day?" Ellen asked.

"I work a little more than an hour in the morning, at noon and in the afternoon. I average about 4 hours a day. That makes about 20 hours a week," said Loyce.

"Do you have another job?" asked Ellen.

"No, Ellen," said Loyce. My three children go to this school. They come to school early with me in the morning. They wait for me to go home in the afternoon. I do my housework until 11:45. Then I come back to school to become a crossing guard for the noon crowd. I get back home about 1:15. At 2:45, I return to the school to see the children home."

"This may sound like a silly question, but what does a crossing guard do?" asked Ellen.

"I stop the traffic at the crosswalk and lead the children across the street," replied Loyce.

"Do the cars always stop?" asked Ellen.

"Of course," said Loyce. "The drivers know what crossing guards are for. As soon as I raise my stop sign, the traffic comes to a full stop. I go back to the curb and lead the children across."

"Did you have to take a test to get your job?" Ellen asked.

"No, I didn't have to take a test. As I told you, I used to be a school volunteer. This was one of the jobs that needed to be done. This year money was put into the budget so that I could get paid," Loyce explained.

"Do you wear a uniform?" asked Ellen.

"I have a special hat and a shoulder badge that says 'crossing guard.' My stop sign is also part of my uniform, I guess," replied Loyce.

"You must like your work, don't you?" Ellen asked.

"You're right, Ellen," said Loyce. "I feel responsible for all of the little children who cross at my corner. Their safety is as important to me as if they were my own children."
Matthew Henson—
Black Explorer

"I long to see them all again! the brave, cheery companions of the trail of the North.... I yearn to be with those who reach the South Pole. The lure of the Artic is tugging at my heart, to me the trail is calling!

The Old Trail!
The Trail that is always New!
—Matthew A. Henson
A Negro Explorer at the North Pole

Matthew Alexander Henson was the first man to stand at the North Pole—the top of the world. As a member of Commodore Robert E. Peary's expedition, Henson reached the Pole on April 6, 1909, 45 minutes before the leader.

Matthew Henson was born in Charles County, Maryland on August 8, 1866, one year after the Civil War ended. His mother died when he was only 7 years old. Matthew went to live with his uncle in Washington, D.C.

When he was 31 years old, Henson returned to Baltimore. He always wanted to become a sailor. He got a job as a cabin boy on a ship called the Katie Hines. This ship was bound for Hong Kong (a colony in Southeastern China that belongs to England).

Henson worked on the ship for 5 years. He was promoted to the rank of able-bodied seaman. The captain of the Katie taught him many things about navigation and how to pilot a ship. The captain also helped him to learn how to read and write. From that time on he read everything he could get his hands on.

After the captain of the Katie Hines died, Henson left the ship. He got a job as a handy man in a clothing shop in Washington. One day, Robert E. Peary, an engineer for the U.S. Navy, came into the shop. After talking for a short time, Peary offered Henson a job as his valet. Peary was preparing to go to Nicaragua on an expedition.

Peary soon found that Henson knew how to chart paths through the jungle. Henson's experience as a seaman made him more valuable to Peary as an assistant than as a valet.

In 1888, Henson accompanied Peary and other explorers on an expedition to Greenland. Peary could not find anyone to finance the expedition. Henson volunteered his services. He received no pay.

Henson was the most useful member of the expedition. He knew how to use a hammer and a saw. He knew how to drive the dog teams. He also learned the Eskimo language more quickly than the other explorers.

From 1891 to 1906, Peary and Henson made seven attempts to reach the North Pole. All of these expeditions failed. Between trips, Henson worked in the Arctic section of the Museum of Natural History in New York City.

On July 8, 1908, Peary and Henson and other explorers set sail on a ship called the Roosevelt. They set up camp on Cape Columbia. The camp was 400 miles from the Pole.

Peary, Henson and four Eskimos reached the Pole on April 6, 1909. Peary sent Henson ahead as a trailblazer. Later, Peary wrote these words in his logbook:

"Arrived here today, 27 marches from Cape Columbia. I have with me 5 men, Matthew Henson, colored, Ootah, Eglingwah, Seegloo, and Ooqueah, Eskimos; 5 sledges and 28 dogs. The expedition under my command has succeeded in reaching the POLE...for the honor and prestige of the United States of America."

Peary turned to Henson. He pointed in the direction of the Pole and said:

"This scene my eyes will never see again. Plant the Stars and Stripes over there, Matt—at the North Pole."

Peary was the only White man in the party that reached the Pole. He had sent the rest of the party back to the base on Cape Columbia.

More than 25 years later, one of the White men, who had been sent back to the base, reported:

"Henson, the colored man, went with him [Peary] because he was a better man than any of his white assistants."

More than 28 years after this great discovery, Henson began to receive the recognition he deserved. In 1937, the exclusive Explorers Club invited Henson to become a member. In 1939, Howard University gave him an honorary Master of Science (M.S.) degree. In 1944, the U.S. Congress awarded Henson one of the joint medals honoring the 5 White explorers. In 1950, Henson was saluted by President Truman in special ceremonies at the Pentagon and in 1954, President Eisenhower honored Henson in ceremonies at the White House.
Maryland is one of the 7 South Atlantic States. It was named Terrae Mariae (Maria's Land) in honor of Queen Henrietta Marie of England. Maryland became the 7th state on April 28, 1788.

The area of Maryland is 10,577 square miles. The state ranks 42nd in size (Alaska - 1st; Rhode Island - 50th).

More than 4,217,000 people live in Maryland. The state ranks 18th in population (California - 1st; Alaska - 50th).

More than 958,000 (22.7%) Black people live in the state of Maryland. The state ranks 6th in Black population.

There are more than 65,000 Hispanics in Maryland. This includes more than 9,000 Puerto Ricans; 12,000 Mexicans; and 5,000 Cubans.

There are more than 8,000 Native Americans (American Indians) in the state of Maryland. Many of the other ethnic groups also live in this state. There are more than 14,500 Chinese, 11,000 Filipinos, 4,800 Japanese, 13,700 Asian (East) Indians, 15,000 Koreans and 4,000 Vietnamese.

Annapolis is the capital of Maryland. The United States Naval Academy is located in this city. Other important cities are Baltimore (ranks 10th among the 25 largest cities in the U.S.), Silver Spring, Bethesda and Wheaton.

There are 28 American cities with a Black population of more than 100,000. Baltimore is 8th (431,151 - 54.8%). The city also ranks 8th in percentage of Black population.

There are 78 Black elected officials in Maryland. This includes Rep. Parren J. Mitchell of Baltimore in the U.S. House of Representatives and 20 in the state legislature; 46 city and county officials; 9 law enforcement officials; and 2 elected members of school boards.

Some famous Black Americans were born in the state of Maryland, including Rev. William M. Alexander, founder and first editor of The Afro-American newspaper; Benjamin Banneker, the first Black federal officeholder, inventor of the first striking clock made in America and one of the surveyors to lay out the District of Columbia; Frederick Douglass, abolitionist, writer, scholar, orator, diplomat and founder and editor of The North Star, the abolitionist newspaper; Eubie Blake, entertainer/composer, co-author and star-composer of a number of musicals and composer of "I'm Just Wild About Harry"; Frances Ellen Watkins Harper, poet; Clarence E. Muse, composer of "When It's Sleepy Time Down South"; and Elijah B. Tunnell of Maryland, the first American killed in the Spanish-American War, May 11, 1898.
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Black Cat's CUPBOARD

A "STRICT" VEGETARIAN DIET, FOLLOWED FOR AN EXTENDED PERIOD OF TIME MAY RESULT IN A DEFICIENCY OF IRON AND VITAMIN B12...

A VITAMIN FOUND ALMOST EXCLUSIVELY IN ANIMAL PRODUCTS AND REQUIRED IN MINUTE QUANTITIES!

SMALL AMOUNTS OF MILK AND EGG MUST BE INCLUDED IN THE DIET TO ASSURE MEETING OUR VITAMIN B12 NEEDS!

AMPLE QUANTITIES OF DARK GREEN, LEAFY VEGETABLES AND ENRICHED OR WHOLE GRAIN CEREAL PRODUCTS WILL HELP TO MEET THE "STRICT" VEGETARIAN'S IRON NEEDS!

FIND THE HIDDEN PICTURES

There are many pictures hidden in this scene.

1. Find the picture that tells what Loyce stops at the crosswalk as the children can cross the street.

2. Find the first letters of the National Association of Colored Women's Clubs.

3. Find the picture of Matthew Henson.

4. Find the picture of the State Flower of Maryland.

5. Find the picture of the State Bird of Maryland.

6. Find the name of the vitamin that people who follow a strict vegetarian diet may lack.

7. Find the picture of Leona Vicario.

8. Find the picture that shows what Cato and the slaves marched to the beat of.

9. Find the picture of a fruit that you can eat before dinner to help you enjoy yourself without overeating.
TUTOR'S GUIDE

The primary objective of THE ADVANCER is to fulfill a basic part of the reading, motivational, comprehension enhancement, and ego strengthening needs of our young and older adults not presently in any formalized public school system. Its secondary purpose is to serve as excellent supplemental reading for the large number of young people in public (and other) formalized schools where such help is indicated.

This new learning enhancement tool is being put together on a volunteer basis (there are no paid staff) either nationally or locally in AJOIP, by experienced professionals who often have varying views concerning how (level-wise) such students should be approached. Since many of you, too have opinions as reading specialists, we welcome your comments and would appreciate greatly your suggestions. Also, we invite—and urgently need—articles for inclusion in THE ADVANCER. Each article must include a set of questions for use in your Tutor's Guide.

Since we may have to combine similar articles and significantly edit others, we feel it is best to maintain a police of no credits. The objective of all of us is to do what we can to eliminate the awesomeness of illiteracy wherever it exists.

General Guidelines

This guide is primarily designed to arouse and maintain motivation in the student by continuously highlighting those elements in these articles which focus on issues of major concern to them; address their ego strengthening needs and sense of self; and convey productive alternatives to preconceived notions and ways of thinking that have hindered us from maximizing our potential.

This orientation can help make the necessary mechanical process that follows more meaningful and acceptable to the student—something that he/she can see as making sense and helpful to them. Accordingly, we suggest that you:

1. Motivate student interest by introducing difficult words in each article with a discussion. If a chalkboard, easel or chart paper is available, write them before or as they are used in context. (Motivate student interest by introducing difficult words in each article with a discussion. If a chalkboard, easel or chart paper is available, write them before or as they are used in context.)

2. Guide the reading of each article by posing questions using words in the text. If necessary, take a sentence at a time. As the student progresses, you can take a paragraph at a time.

3. Teach one skill after each article.

4. Have student re-read to put the skill word taught back into context.

For this issue, you might concentrate thusly:

COMPREHENSION QUESTIONS:

CROSSING GUARD—Ask: Where does Loyce Freeman work? How much money does Loyce earn every week? When does she work? What does a crossing guard do? Does Loyce like her work?

Did you know that—Ask: What is the name of the oldest national Black women's organization still in existence today? Which two groups merged to form the NACWC? Who was the first president of this organization?

MATTHEW HENSON—BLACK EXPLORER—Ask: Why do you think the North Pole is called "the top of the world?" What was the name of the first ship on which Henson worked? Where did Henson meet Peary? Why did Peary make Henson his assistant instead of his valet? Why was Henson the most useful member of the expedition? What did Henson do between trips? What were some of the honors that Henson received?

Our geography lesson—Ask: How did Maryland get its name? What city is the capital of Maryland? How does Baltimore rank among the 25 largest cities in the United States? What is the name of the Black U.S. Representative from Maryland? Name five famous Black Americans who were born in Maryland.

LEONA VICARIO—A MEXICAN HEROINE—Ask: What are Creoles? Why do you think Don Antonio refused to give his permission for Leona and Roo to get married? Why was Leona arrested? How did she escape from jail? How did Leona lose her property? What did the new Congress do for Leona?

Black history lesson—Ask: Who was Cato? What happened to the slaves who followed him? How long did the law allow the slaves to work in the spring and summer? In the fall and winter? Who settled the colony of Georgia? Why did the trustees say that the settlers did not need slaves? Why do you think the Georgia Slave Code said that slaves could not own canoes or horses?

Obesity—Ask: What is obesity? Name some things that we can do to enjoy our food without overeating.

Grammar Review:

A sentence is a group of words with a subject (noun or pronoun) and a verb that expresses a complete thought. An interrogative sentence asks a question.

Example #1: How many hours do you work?

Example #2: What does a crossing guard do?

Re-read the story on page 1. Find as many interrogative sentences (sentences that ask a question) as you can. Write these sentences in your notebook.

We are somebody corner
BUILDING WORD POWER

AVERAGE (av'-rij)—v. To have the usual amount.

CONTRIBUTE (kun-tri-b'‑yoot)—v. To have a part in bringing about.

EXCLUSIVE (iks-kloo'-siv)—adj. Not open to the public; keeping out certain people.

FINANCE (fuh-nansi'-v.—v. To get money for.

MERGE (murj)—v. To unite into one larger thing.

MILITIA (muh-lish'-uh)—n. A group of citizens who are not regular soldiers, but who get military training for service in an emergency.

NAVIGATION (nav-uh-gay'-shun)—n. The science of figuring the course of a ship.

ORATOR (or'-uh-tur)—n. A skillful speaker.

PLENTIFUL (plen'-ti-luf)—adj. Great in amount or number; more than enough.

REGULAR (reg'-yuh-lur)—adj. Steady and even; not changing.

REHABILITATION (ree-huh-bil-uh-tay'-shun)—n. The act of bringing back to a good condition.

SENSIBLE (sen'-suh-b'l)—adj. Reasonable; wise.

TRUSTEE (trus-tee)—n. Any of a group of people that manages something.

VALET (vaJ'-lay or val'-it)—n. A man who works as a servant to another man.

VICINITY (vuh-sin'-uh-tee)—n. A nearby or surrounding region.

It is important to know that the primary purposes of this “fun to learn” newspaper, known as The ADVANCER, include the following:

1. To serve as a supplement to a basal—reading-motivational and comprehension-enhancement tool.

2. To help rebuild the pride or sense of worth so deliberately and systematically stripped from Black families generations ago but which still remain unredressed to such a large degree today that many Black young students and adults have little or no will to learn or achieve.

3. To enable Hispanic students and their parents to better understand that America is their home whether they were born in the continental United States or not—and that they have a rich heritage upon which to build a bright future.

4. To maximize parental and other adult involvement by inserting The ADVANCER within the adult-oriented local cooperating community-building newspaper; And,

5. To assist in building a better racial understanding by students (mainly other Whites) in appreciating to a greater degree those aspects of the Black and Hispanic cultures which have been distorted so greatly and which remain unredressed to this day.

THE NATIONAL ASSOCIATION OF COLORED WOMEN’S CLUBS (NACWC) is the nation’s oldest national Black women’s organization still in existence today: From the beginning the main goal of this organization has been to reach out to help others.

In 1893, Hallie Q. Brown organized the Colored Women’s League of Washington, D.C.

In the summer of 1995, representatives of 20 Black women’s clubs met in Boston, Massachusetts. They formed the National Federation of Afro-American Women. Margaret Murray Washington (the wife of Booker T. Washington) was elected president.

Early in 1896, these two groups of Black women decided to merge. The new organization was called the National Association of Colored Women’s Clubs. Mary Church Terrell was elected the first president.
The Carolinas

Last week we saw how a slave named Cato led a group of slaves to a warehouse on a plantation at Stono, South Carolina. They killed two guards and took guns and bullets. They planned to escape to Florida where they would be free.

The group of slaves, with Cato at their head, marched to the beat of two drums. They killed every White person who tried to stop them.

Every White man in the area got guns and went after the slaves. All but ten of the slaves were captured and put to death. In all, 30 White people and 44 Black people were killed.

The next year, another plot was discovered in the vicinity of Charleston. About 200 Blacks were involved in the plot. On the day the uprising was supposed to take place 150 unarmed Blacks were attacked by a mob of White men. Fifty Blacks were captured. Ten of them were hanged each day for five days. This was supposed to teach the other slaves a lesson.

The Slave Code was changed to make things harder for the slaves. Laws were passed which made it unlawful for more than two slaves to meet together. There was a stiff fine for selling liquor to slaves. Slaveowners were warned against being too hard on their slaves, because this might make them revolt.

Other laws made it unlawful for slaves to work more than 15 hours between March 25 and September 25 (spring and summer) and more than 14 hours a day between September 25 and March 25 (fall and winter).

In 1729, North Carolina and South Carolina became separate colonies. In 1741, North Carolina passed a new Slave Code. Slaves could not own property, carry guns, or go about without a written pass. Laws were passed to punish thieves, slaves who talked back to Whites and slaves who did business with White people.

There was no real slave uprising in North Carolina during the colonial period. There was a smaller number of slaves (in 1746, there were only 19,000 Blacks in a population of 79,000) and few large plantations.

Georgia

The colony of Georgia was settled by English convicts who were released from prison to come to the New World. The trustees of the colony said there was to be ownership of land, no liquor and no slaves. The colony was to be an experiment in rehabilitation for criminals. They were to do their own work. They did not need slaves.

In 1750, settlers in the colony of Georgia were allowed to bring in Black slaves. Many slaveowning families moved into Georgia from South Carolina. By 1773, there were 18,000 Whites in Georgia and 15,000 Blacks.

In 1755, Georgia passed a Slave Code. Not more than seven slaves could meet together unless a White person was with them. Slaves could not own canoes, horses, cows, or sheep. No slave was to be taught to read and write. No slave was to work more than 16 hours a day.

There were few uprisings by Georgia slaves, but many ran away to Florida. The Whites of Georgia were not afraid of their slaves like the Whites of the other southern colonies. Blacks even served in the Georgia militia during the colonial period.

BE HEALTHY

Obesity is the condition of being very fat. Obesity contributes to many health problems.

People spend millions of dollars each year on medicines and programs to control weight. Holidays, like Thanksgiving and Christmas, are times when delicious foods are in plentiful supply. These times are especially hard for "weight watchers."

Here are some tips on good eating habits that will let you enjoy yourself without overeating.

• Have a nutritious breakfast each morning. This will give you energy for your daily activities.
• Let lunch be well-balanced and low in calories—lean meat, fish, or chicken;
• At dinner eat all your favorites, but in small portions.
• Eat soup, salad, or an apple before dinner.
• Eat all foods slowly, chewing each mouthful many times.
• At parties, eat the low calorie foods; drink club soda with lime.
• Try to eat with someone and talk a lot during the meal to slow down your eating time.

Enjoy yourself with sensible eating habits!