Opportunities Industrialization Center (OIC) was named "Organization of the Year" by Black Voice News.

Robert Duncan Celebrates 101 Years
by Cheryl Brown

Mr. Robert Duncan celebrated his 101st birthday this month. He was born in 1884, near Negrilgen, Texas, to parents who were former slaves.

Mr. Duncan recalled that when he was 8 months old and left his family, his mother, Melinda, was the slave owners' housekeeper. He said the slave owners kept house for them.

Mr. Duncan left the area after many years and moved to San Bernardino before moving to Phoenix, Ariz. He brought 3 acres of land and built a home where his parents and family lived together today.

Mr. Duncan was transferred back to the South in June 1960. He got as far as Redding, California, but couldn't leave until the summer because his wife and 9 children had to work together.

Mr. Duncan then reflected on Blacks who were wealthy in the United States had to threaten the whole country because of 18 years worked in the factory, and for the second consecutive year.

Mr. Duncan even sang the song "I just remembered it" as the dedication and commitment of the only staff I know who works with the City and for the second consecutive year.

O.I.C. Named Organization of the Year"
New Jerusalem Foursquare Church

2117 N. 4th St. 11 a.m. Sunday School 9:30 a.m.
3763 Arlington Ave. 
(714) 686-2079

Prayer-7:30pm

St. Paul's A.M.E. Church
1355 W. 21st St. Monday-Friday 8 p.m.
(714) 683-1567

Worship Services

2719 11th Street
(714) 359-0208

Cathedral Worship

2047 Main St.
(714) 920-2500

Children’s Church

2719 11th Street
(714) 359-0208

New Jerusalem Foursquare Church

For information call (714) 946-8045

Amen

New Jerusalem Foursquare Church

Sunday School - 9:30 a.m.
3763 Arlington Ave.
(714) 686-2079

Prayer-7:30pm

St. Paul’s A.M.E. Church
1355 W. 21st St. Monday-Friday 8 p.m.
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New Jerusalem Foursquare Church

The Voice

Ministers to Hold Installation Service

Installation services for the San Bernardino and Palm Springs areas will be held during their biennial Ministerial Alliance Meeting. The installation service for San Bernardino will be held on Sunday, January 20, at 7:00 p.m. at St. Paul A.M.E. Church, 1355 W. 21st St., Los Angeles, at 11 a.m. service on Sunday, Feb.

SUCCESSFUL BEGINNING

Paster Regional Choir

A resident of San Bernardino for more than 20 years, and now with Honey Woods, has been very popular with the youth of the Inland Empire. Pastor Regional Choir

Announcement of the availability of "The Color Purple," will be given at Ward A.M.E. Church, 1177 W. 26th St., Los Angeles, at 11 a.m. service on Sunday, Feb.

Rev. W.H. Jacks will be installed for a second term, as the pastor of the Ward Parent Adoption Groups. Founded in 1978, is comprised of community people, adoptive parents and professionals in the adoption field who work to find loving homes for Black children, and to advocate for Black children. Ward A.M.E. Church, Riverside, CA

Artistic Pastor, Eddieshawn

The San Bernardino, CA

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The San Bernardino, CA
Some of the family members on hand were, daughter, Shirley, granddaughters, JoAnn Jaeger and Julie Jaeger Key, not pictured, sister Dorothy Inghram and nephew, Rev. B.W. Inghram and his wife, Janice, Mrs. Henrietta Inghram, wife was very ill and could not attend.

Speaker Dr. Samuel Ferguson, still has people talking about his outstanding keynote address.

Dr. C. Wesley Wright, Honorary Chair did an excellent job.

Dr. George E. Small Co-Chair was excellent on the program.

Bob Funke Trustee, District presented as graduate of S.B.H.

Dr. Inghram's friend and long time associate Dr. Tins White presented the San Bernardino County Medical Society special award.

Frank Skillworth, represented Senator Robert Agans.

Enthusiastic guests were pleased with the unique affair. L. to R. Rex Jackson, Joyce Lee and Liz Jackson, mother of Rex.

Hardy & Cheryl Brown present a clock to Dr. Inghram.

For the best in Reading Read Black Voice News P.O. Box 1581 Riverside, CA 92502
Saturday January 11, 1985
Black Voice News celebrated its 13th Anniversary by saluting Dr. Howard Inghram and Area Black Doctors. A crowd of 250 Doctors, Inghram and Area Black Doctors, and others saluting Dr. Inghram who most touching message however as his doctor. He said White patients, Brown and Black lence growing office, Minick claimed Dr. Inghram the San Bernardino City Council, came on a presented the Holcomb, Additional F.mte Wdson for Black Voice News celebrated its 13th h,pam. Assemblyman Jerry Eaves, presented a State resolution. Dr. Inghram could make you feel better. A speech which made the audience laugh and cry. The doctors presented to the Black Voice by, the West Coast Publishers Asso­ cial Honor for a City resolution and Robert Fawke, said how proud he was to meet the black doctors. Jim Clarke, another, made high Japan. Love one another, laugh, think and cry. The voice was made by, the San Bernardino County Medi­ cal Society, Kappa Alpha Phi fraternity. Dr. Inghram was presented to the Black Voice by, the San Bernardino City Council. Enthusiasm Armltloo, of Riverside, also presented a State resolution. The Riverside Branch of the NAACP, Kappa Alpha Phi fraternity, the San Bernardino Branch of the NAACP, Kappa Alpha Phi fraternity, and the San Bernardino Chamber of Commerce, also presented special commendations to the Voice. Twenty doctors were pre­ sented commendations for dedi­ cation to the profession and for aiding the quality of health care to the black doctors. Those who were honored were, Doctor Inghram, Gross Harshman, and others saluting Dr. Inghram and Area Black Doctors.

Next week, Doctors celebrate anniversaries during the affair.
The cabaret on the way songs like "A Train," "San, Dull, Moon," and "In a Sentimental Mood," was the center of attention. Add this to the talents of special guest Paula Kelly, John Hammond, Les Barber, Steve Potter, Mario Gibbs, Hal Williams, Michael Warren, Tamara Vinson, Algn Turner, Isabel Sanford, Bente Boker, Janet Dubois and Judy Pace. Then put the icing on the cake in "That's Dancing!" on January 15th. The Concerned Helpers of the United States have established itself as a leading stage actress of both Broadway and Los Angeles in "Bingo Beach Memoirs." "Switch" is the current race in progress to provide an excellent opportunity for the recipient. Among the motion picture camera come the magical artistry of Black dancing of six who perform almost "The Dining Room," directed by John Lithgow. Each of these dancers came from humble beginnings and through their incredible talent rose to great heights in the world of entertainment.定向更多于各种各样的刺激和挑战，包括"A Train," "San, Dull, Moon," and "In a Sentimental Mood," was the center of attention. Add this to the talents of special guest Paula Kelly, John Hammond, Les Barber, Steve Potter, Mario Gibbs, Hal Williams, Michael Warren, Tamara Vinson, Algn Turner, Isabel Sanford, Bente Boker, Janet Dubois and Judy Pace. Then put the icing on the cake in "That's Dancing!" on January 15th. The Concerned Helpers of the United States have established itself as a leading stage actress of both Broadway and Los Angeles in "Bingo Beach Memoirs." "Switch" is the current race in progress to provide an excellent opportunity for the recipient. Among the motion picture camera come the magical artistry of Black dancing of six who perform almost "The Dining Room," directed by John Lithgow. 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Each of these dancers came from humble beginnings and through their incredible talent rose to great heights in the world of entertainment.
Brown to Address AAUW

Dear Valentine's Day Reader,

This note is just to let you know that I think you did a superb job and that the Awards Dinner was a huge success. I also want to thank you for being there with us to share the event with us.

Yours truly,

Cardinal Francis J. Spellman

Preliminary Fordham University Women on January accountability, we feel the parents keep the trust who ordered Palm Springs Voters

Springs Voters will decide, Tuesday, January 22, 1985.

Many times amid the hustle, bustle and clutter, we use often said phrase, thank-you as a screened.

This is not however, the intent of this note, because our "Thank-you" is sincere, heartfelt and is deemed to convey, on behalf of the Board of Directors and staff of Opportunities Industrialization Center, Inc. an appreciation and a sense of pride is being chosen as the recipient of Black Voice's Order of the Year Award.

To say I was surprised when our name was called, would be an understatement, (frankly), it left me humbled and without words.

During these very trying times, we did what we were destined to contribute the "face of these" and because through it all, we never doubted that "God was on the drama, and fore, know He was watching you." Thank you again, Cheryl and Hamilton.

May God continue to bless both of you and may you continue to prosper the "voice" of the poor in its Eighteenth year of operation.

Sincerely yours,

Woodrow H. Rucker-Hughes
Executive Director

Marine Corps

Moreno Valley News

Charles W. Ledbetter
March AFB Prayer Breakfast

The Annual National Prayer Breakfast will be held the 23rd at the March AFB MDC Club at 7:00 a.m. The guest speaker will be Brigadier General Stuart E. Barstad, Air Force Director of Chaplains. Tickets are on sale at the March AFB Chapel at $2.00 each.

Come out and enjoy a morning of fellowship and pray these times of uncertainty and stress; prayer can ease the pain.


Demand that the United Nations get involved and stop the mass murder of the people in Ethiopia. I am begginng to write now! Time is running out for millions of people. We are our Brother's Keeper.

Got involved.

Barefoot Frankie

MAY 10

Moreno Valley, Ca.

Ennis Marshall

The Perris Martin Luther King Jr. Commemoration service was a grand success Saturday evening.

The R.M.K. Committee, with the cooperation of the Perris Martin Luther King Jr. Planning Committee, and the Perris School District co-sponsored this service.

The Perris Martin Luther King Jr. Planning Committee is composed of several beautiful minds that have beautiful minds, and they sing arias. Each year this dynamic group come together to sing in beautiful harmony. The ensemble will be at Bethel A.M.E. church in Perris, Ca.

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Correspondence Secretary

MONA CAMPBELL is a correspondence secretary. This is a new, fancy name for typists who work in a word processing center. Word processing is a system of preparing, editing (correcting) and copying material such as letters and records for a business. This work is done on an electric typewriter that is attached to a computer. Today, Mona is explaining her job to two high school students.

"Good afternoon, my name is Mona Campbell. I'm glad you are interested in typing," Mona said. "Do you take typing in school?"

"Yes, Mrs. Campbell," said Trudy. "We are both in the second year typing class."

"Why are you called a correspondence secretary?" asked Wayne.

"Correspondence secretaries take care of all of the letters that come into the office. When I receive a letter, I send it to the proper person. If there is a reply, I type a clean, correct letter and an envelope. I know all of the letters that are stored in the computer," Mona explained.

"Exactly what kind of typing do you do, Mrs. Campbell?" asked Trudy.

'I type a lot of letters. Some of these letters are stored in the computer. Then I can make any changes or corrections I want. I don't have to re-type the letters. I also type reports, other kinds of letters and many, many envelopes." Mona said.

"Do you keep all the letters you type?" asked Wayne.

"No, Wayne. Many of the letters need only one copy. They are not stored in the computer," said Mona.

"What does it take to make a good typist?" asked Trudy.

"A good typist takes pride in making neat, clean copies of the material to be typed. Sometimes the material has many hard-to-read changes, but when the copy comes from the typewriter of a good typist, it is perfect," Mona said.

"What personal qualities does a good typist need?" asked Wayne.

"A good typist must like neatness and accuracy in work, have good skills in spelling, grammar and punctuation and a fairly high typing speed," Mona replied.

"Will offices hire men as typists?" asked Wayne.

"A few years ago, 97 percent of all typists were women. Now many offices hire men," Mona said.

Continued on Page 3
The ADVANCER

THE AOIP Family & Community Reading Newspaper

The ADVANCER is the property of the National Assault on Illiteracy Program (AOIP) and is its official umbrella type remediation instrument. In addition to the Title I type classes for which it is designed primarily, it is to be used in all AOIP programs and projects. All literacy enhancement programs and projects of AOIP-participating organizations are considered a part of AOIP.

The ADVANCER is prepared largely by the teachers in the National Sorority of Phi Delta Kappa, Inc. They are assisted, with helpful cooperation, by the teachers and other professionals in Alpha Kappa Alpha Sorority, Inc.

These highly trained and deeply committed teachers—along with others in the more than 80 national organizations comprising AOIP—have far more concentrated experience than any other educators with Title I-type students. By focusing The ADVANCER primarily on such extraordinary needs, the supportive concerns of all other professionals in Alpha Kappa Alpha Sorority, Inc.; These highly-talented and deeply committed teachers along with others in the more than 80 national organizations comprising AOIP have far more concentrated experience than any other educators with Title I-type students.

Regional Chairpersons of The ADVANCER Sub-Committee
(A Regional Project of The National Sorority of Phi Delta Kappa, Inc.)

Dr. Rejesta Perry
Mr. Moses Norman
Mr. Charles Teamer

Oversight—Alpha Phi Alpha
Oversight—Sigma Gamma Rho
Oversight—Alpha Kappa Alpha

Mrs. LeGrN Daniels—Long Range Planning and Resource Identification
Mr. Missie Norment

Mr. Thomas Dortch Jr.—Public Information Oversight—Sigma Gamma Rho
(Rev. Rebecca Y. Pann)

Dr. Gilbert Francia—Public Education Oversight—Alpha Phi Alpha
Mr. Charles Steamer

Regional Chairpersons of The ADVANCER Sub-Committee

Dr. Dr. Evelyn Powy
(Rev. Evelyn Powy)

Mr. Robert Gordon—War Chest Committee Oversight—National Parent-Facilitator Council
(Dr. Gilbert Francia)

Mr. Lloyd Harmon—Parental Support and Involvement Oversight—Sigma Gamma Rho

Counseling—Sigma Sigma Theta
(Rev. Rebecca Y. Pann)

Mrs. Carrie Haynes—Interorganizational Liaison Oversight—Sigma Gamma Rho

Mr. James T. Flood

Executive Committee

National Chairperson
Mr. Gila Sutton

Mrs. Ruby Couch—Professional Education Oversight—Alpha Kappa Alpha
(Mrs. Faya Bryant)

Mrs. LaVonne Daniels—Long Range Planning and Resource Identification
Oversight—Omega Psi Phi
(Mrs. Missie Norment)

Mr. Thomas Dortch Jr.—Public Information Oversight—Sigma Gamma Rho
(Dr. Rebecca Y. Pann)

Dr. Gilbert Francia—Public Education Oversight—Alpha Phi Alpha
Mr. Charles Steamer

Although there are other educational organizations that have a primary focus on the education of children, the National Parent-Facilitator Council is committed to the education of all children, regardless of their reading ability. The council recognizes the importance of community involvement in the education of children and the need for parents to be actively involved in their children's education.

BUILDING WORD POWER

BASIC (bay'-silk)—adj. Forming the most important part.

COALITION (koe-uh-lish'-un)—n. A joining together of persons or groups for a special purpose.

CORRESPONDENCE (kor'-uh-spahn'-duns)—n. The writing and receiving of letters.

ENRICH (en-rich)—v. To make better by adding something; to improve.

IMMIGRANT (im'-uh-grunt)—n. A person who comes to live in a country in which he or she was not born.

INSPIRE (in-inspire)—v. To stir the mind, feelings, or imagination of.

MENTION (men'-shun)—v. To speak about.

OATH (oth)—n. A serious statement in the name of God that one will speak the truth or keep a promise.

PANIC (pan'-ik)—n. A feeling of fear that is so strong it makes a person lose control of himself or herself and want to run away.

PETITION (puh-tish'-un)—n. A formal written request to someone in authority.

PUBLISH (puh'-lish)—v. To print a newspaper, magazine, book, or other material and offer for sale.

QUALITIES (kwal'-uh-tees)—n. Things that make a person or thing what it is.

STORE (store)—v. To put away for future use.

PERMANENTLY (pur'-muh-nyunt-lee)—adv. Lasting or meant to last for a very long time.

PETITION (puh-tish'-un)—n. A formal written request to someone in authority.

PUBLISH (puh'-lish)—v. To print a newspaper, magazine, book, or other material and offer for sale.

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Did You Know That...

The National Coalition of Title I Chapter I Parents is a very important community-building organization. The coalition was formed in 1973 by a group of 50 parents to help parents learn how to be a part of their children's education.

Title I (now called Chapter I) is the largest program for grade schools and high schools that gets money from the federal government in Washington, D.C. The money is to help children who are behind in school. This means that these children can have extra help in reading and math.

The coalition has a National Parent Center in Washington, D.C. This center is the only one of its kind in the United States. The center provides many kinds of information to parents. It helps parent groups to learn how to play an important part in the education of their children.

Every year this organization has training meetings for parents, teachers and representatives of the community.

Is there a chapter of the National Coalition of Title I Chapter I Parents in your community?
HISTORIANS call 1800 the “Year of Freedom.” In this year three Black rebels appeared on the stage of history. Gabriel Prosser led the first important uprising of American slaves; Denmark Vesey bought his freedom; and Nat Turner was born.

NAT TURNER was born in 1800. His father and mother were born in Africa. His father escaped back to Africa. Nat’s mother tried to kill him at birth because she did not want to bring another slave into the world.

As a young man, Turner became very religious. He began to read the Bible every day. He believed that he was a very special person. He believed that God had set him aside for some great purpose.

“Having soon discovered that to be great, I must appear so,” Turner said, “I studiously (carefully) avoided mixing in society and wrapped myself in mystery devoting my time to fasting and prayer.”

Turner became a very important person in the slave community of Southampton County, Virginia. He was called the “Prophet.” All the slaves looked up to him. They asked him for advice.

One day Nat Turner had a vision. He saw Black and White spirits wrestling in the sky. The sun grew dark and there were streams of blood everywhere.

In 1831, Turner believed that Judgment Day had come for all slaveowners. He chose four disciples (followers of a teacher or leader) and set out for the town of Jerusalem, Virginia. Some people say he was inspired by this verse from the Bible:

“From that time began Jesus to show unto his disciples, that he must go unto Jerusalem, and suffer many things of the elders and chief priests, and scribes and be killed...”

—Matthew 16:21

At 10:00 p.m. on the night of August 21, 1831, Turner and his followers went to the home of Turner’s master, Joseph Travis. Travis, his wife and whole family were killed.

The little band moved quietly and quickly through the night, killing men, women and children. Within 48 hours, Turner had added 60 armed slaves to his band. They killed 55 Whites before moving on to Jerusalem.

Three thousand White men came to Southampton County to stop the slaves. A massacre (cruel and violent killing of a large number of people) took place. Angry White men killed many innocent Blacks.

Turner hid in a place called the Dismal Swamp. He stayed there for almost two months. During that time, a large part of the South was in a panic.

On November 11, 1831, the “Prophet” was hanged in the town of Jerusalem. Turner had said that it would grow dark and rain after his execution. It did rain that evening.

Nat Turner’s insurrection was a landmark (a very important happening) in the history of slavery. Old Blacks around Southampton County, Virginia used to date everything from “Old Nat’s War.”

CORRESPONDENCE SECRETARY

were women, but more and more men are applying for typing positions,” Mona said.

“Will our high school typing class help us become good typists?” asked Trudy.

“Yes, indeed, Trudy,” said Mona. “That is a very good place to learn the basic skills. Most employers give a typing test to those who want the job. They expect typing speed of 40 to 50 words a minute.”

“You like your job, don’t you?” Trudy asked.

“Yes, Trudy. I do interesting work and I’m good at what I do. This makes me feel so good about myself,” Mona replied.
The United States is divided into six regions. They are:

1. Northeast 4. South Central
2. Southeast 5. Rocky Mountain

The Northeast is a group of ten states in the northeastern part of the United States. The Northeast is divided into two groups of states: the New England States and the Middle Atlantic States.

The New England group is made up of six states: Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island and Vermont.

The Middle Atlantic group is made up of four states: Delaware, New Jersey, New York and Pennsylvania.

The area of the Northeast is 172,000 square miles. This is about 6 percent of the area of the United States. About 25 percent of all the people in the U.S. live in the Northeast. Almost 50 million people live here. New York City, the largest city in the United States, is located in this region.

About 79 percent of the people of the Northeast live in cities. Others live on farms or in small towns. Most of these people are descendants of people who came to America from many different countries in Europe.

Over 5 million Black people live in the Northeast. This is almost 10 percent of the population of this region. These Blacks are descendants of Africans who were brought here as slaves or indentured servants (persons who are bound by a contract to work for another for a certain length of time). Free Black people have also come to the Northeast from Africa and the Caribbean countries. These people are called Immigrants.

In 1980, there were almost 5,000 Black elected officials in the United States. There were 587 Black elected officials in the Northeast.

More than 2 million Hispanics make their homes in the Northeast. About 1,500,000 Puerto Ricans live here. There are about 177,000 Cubans, 88,000 Mexicans and 846,000 Hispanics of other Spanish origins.

Most of the other ethnic groups in the United States live in the Northeast. This includes 217,799 Chinese, 120,800 Asian (East) Indians, 79,000 American Indians or Native Americans, 75,100 Filipinos, 68,200 Koreans, 46,900 Japanese and 24,900 Vietnamese.

The Northeast is a great manufacturing and trading region. Thousands of factories are found here.

Many large businesses have their main offices in the Northeast. Some of the largest banks in the United States are found here. There are also many companies that publish books and magazines.
Black Cat's CUPBOARD

ARE RAW FRUITS AND VEGETABLES MORE NUTRITIOUS THAN COOKED?

SOME NUTRIENTS ARE LOST DURING COOKING BUT COOKING MAKES SOME VEGETABLES EASIER TO DIGEST AND THAT MAKES MORE OF THE NUTRIENTS AVAILABLE TO THE BODY!

HOW MUCH IS LOST IN COOKING?

ABOUT 1/3 OF THE NUTRIENTS ARE DISCARDED WITH THE COOKING WATER!

THEREFORE VEGETABLES SHOULD BE COOKED IN AS LITTLE WATER AND FOR AS SHORT A TIME AS POSSIBLE!

AOIP Force:
The Origin of Blaze and Harmony's Super Powers

Blaze and Harmony were orphaned brother and sister. All they had was each other.

They loved learning above all else.

Eventually, they created a super serum—

which gave them their super powers.

Here are some words. See if you can unscramble them. Don't look at the answers until you have tried very hard. This will help you to become a good speller, too!

OROP ORPE OFR OROF SMLLA CNOUT FSRTI SPUE

They use these powers to help those who need assistance.
The primary objective of The ADVANCER is to fulfill a basic need of the reading, motivational, comprehension enhancement and ego strengthening needs of our young and older adults not presently in any formalized public school system. Its secondary purpose is to serve as excellent supplemental reading for the large number of young people in public and other formalized schools where such help is indicated.

This new learning enhancement tool is being put together on a volunteer basis (there are no paid staff either nationally or locally in ADP) by experienced professionals who often have varying views concerning how (level note) such students should be approached. Since many of you, too, have opinions as reading specialists, we welcome your comments and would appreciate greatly your suggestions. Also, we invite—and urgently need—articles for inclusion in The ADVANCER. Each article must include a set of questions to use in our Tutor’s Guide.

Since we may have to combine similar articles and significantly edit others, we feel it is best to maintain a policy of no credits. The objective of all of us is to do what we can to eliminate the awareness of illiteracy wherever it exists.

**General Guidelines**

This guide is primarily designed to arouse and maintain motivation in the student by consistently highlighting those elements in these articles which focus on issues of major concern to them; address their ego strengthening needs and sense of self; and convey productive alternatives to preconceived notions and ways of thinking that have hindered us from maximizing our potential.

This orientation can help make the necessary mechanical processes that follow more meaningful and acceptable to the student—something that he/she can see as making sense and helpful to them. Accordingly, we suggest that you:

1. Motivate student interest by introducing difficult words in each article with a discussion. If a chalkboard, easel or chart paper is available, write them before or as they are used in context.
2. Guide the reading of each article by posing questions using words in the text. If necessary, take a sentence at a time. As the student progresses, you can take a paragraph at a time.
3. Teach one skill after each article.
4. Have student re-read to put the skill word taught back into context.

For this issue, you might concentrate thusly:

**1. COMPREHENSION QUESTIONS**

**CORRESPONDENCE SECRETARY**—Ask: What is word processing? What is the person called who takes care of all the letters in an office? What does the computer do with the form letters? Name three (3) personal qualities that a good typist needs. How many typists were women a few years ago?

**DID YOU KNOW THAT**:—Ask: Who formed the National Coalition of Title I Chapter 1 Parents? Why was the coalition formed? Which children are helped by Title I money? What does the National Parent Center do? How many parent centers are there in the United States?

**THREE BLACK REBELS**—Ask: Why did Nat Turner’s mother try to kill him? What was Turner called? Describe Turner’s vision. How many White people were killed? Did Nat Turner get to Jerusalem?

**GEOGRAPHY LESSON**—Ask: Name the six (6) regions into which the United States is divided. Name the two groups of states into which the Northeast is divided. Which is the largest city in the United States? How many Black people live in the Northeast? How many Puerto Ricans live in the Northeast?

**WHAT MAKES YOU A CITIZEN OF THE UNITED STATES?**—Ask: What are the only two ways to become a citizen of the U.S.? Name three (3) territories of the U.S. What is a consulate? Name three (3) things that Thomas Manley did to become a citizen of the U.S. Why do you think people want to become citizens of the U.S.?

**SKILL-BUILDING EXERCISES**

We have already learned two vowel sound rules:

1. A single (one) vowel in the middle of a word (between two consonants) is usually short.
2. A silent e at the end of a word with a single vowel usually makes the vowel sound long.

Here is another vowel sound rule:

3. When two vowels go walking, the first one does the talking. This means that when you see two vowels together in a word the first vowel will say its name (long vowel sound). The second vowel keeps quiet (is silent), e.g., rain, snap, free.

Say each of the words below. Write the short vowel sounds in the SHORT VOWEL SOUNDS columns. Write the long vowel sounds in the LONG VOWEL SOUNDS columns. Be ready to tell which rule (1, 2, or 3) you used.

<table>
<thead>
<tr>
<th>SHORT VOWEL SOUNDS</th>
<th>LONG VOWEL SOUNDS</th>
</tr>
</thead>
<tbody>
<tr>
<td>fix</td>
<td>grave</td>
</tr>
<tr>
<td>hate</td>
<td>time</td>
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<tr>
<td>get</td>
<td>cup</td>
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<tr>
<td>met</td>
<td>feel</td>
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<tr>
<td>age</td>
<td>say</td>
</tr>
<tr>
<td>by</td>
<td>white</td>
</tr>
</tbody>
</table>

**WE ARE SOMEONE’S CORNER**

**NAT TURNER**

1. Nat Turner was born in the same year that
   \* By a some people say Nat Turner was

2. As a young man Turner devoted his time to
   \* Process was hang

3. As a young man Turner devoted his time to
   \* Process was hang

4. On the night of August 21, 1831, Nat Turner and
   \* And prayer

5. Turner believed that God had sent him aside for his followers to kill everyone in the family and his followers killed everyone in the family and everyone who would not accept Turner’s vision.

6. Turner’s father and mother were both born in
   \* Some thought

7. Turner saw black and white strips weaving in the sky in a
   \* The sky in a

8. Nat Turner and his followers set out for the town
   \* Of the town

9. In the town of Jerusalem, Nat Turner was called the
   \* Nat Turner was called the

10. Nat Turner saw black and white strips weaving in
   \* The sky in a
OUR HISPANIC NEIGHBORS

Rosa Dolores of Spanish Harlem

We have been learning every week in The ADVANCER that Hispanic Americans are very much like us in many, many ways. Hispanic Americans are Americans whose ancestors came from places like Mexico, Central America and the Caribbean.

Hispanic Americans have a rich and colorful history. Let's try to learn some more important things about them and us each week in The ADVANCER.

Did you see the movie "West Side Story"? If you did, you will remember that the story was about teenage gangs in New York City in the 1950's. Rosa Dolores Alverio (you know her as Rita Moreno) played the part of Anita in that movie.

Rosa Dolores was born in Humacao, Puerto Rico. When she was still very young, the Alverio family moved to the part of New York City known as "Spanish Harlem."

Soon Rosita (little Rosa) was dancing for free at different neighborhood events. The first money she earned was $10.00 for dancing at a Bar Mitzvah (a celebration for a Jewish boy. When he is 13 years old he is considered an adult). She was 12 years old.

Rosita's family was very poor. When she was 15 years old, she got a job dancing in a nightclub. Later, she worked for a radio station and won a small part in a Broadway play.

Rosa went to Hollywood. She changed her name to Rita Moreno. She found a few small parts in TV shows.

Rita’s first big break came in the movie called "Garden of Evil." Her picture appeared on the cover of Life magazine.

Then Rita Moreno got parts in other movies, like "Untamed," "Seven Cities of Gold," and "The King and I." She also played in a musical called "She Loves Me" in London, England.

Rita Moreno's biggest part was Anita in "West Side Story." She won an Oscar for her part in that picture. An Oscar is a little statue made of gold. It is given each year by the Academy of Motion Picture Arts and Sciences for achievement in motion pictures.

Rita Moreno won a Tony Award for her role as Googie Gomez in a Broadway musical comedy called "The Ritz." She also played in the movie.

Rita believes that it means a lot for a Puerto Rican woman to win a Tony Award. "I feel that it is important to keep going forward as a Latin performer in America," Rita once said. "The Tony means one more step forward for all of us."

Another time this popular Puerto Rican actress said, "It means a great deal to my people every time one of us gets some kind of recognition (approval) in the English-speaking world, because not many of us have really made it in both the Spanish-speaking and English-speaking worlds."

The Tumbleweeds

Pablo wanted to earn some money so he could buy a new toy plane for $2.50. His uncle made a deal with Pablo. He said, "If you clean my yard I'll pay you 25¢ for each tire, 5¢ for each bottle, 9¢ for each brick and 7¢ for each garbage bag.

Help Pablo figure out how much money he earned today.
Only citizens of a country get the full protection of the laws. There are two ways to become a citizen of the United States. One way is by birth. The other way is by naturalization. There are no other ways of getting U.S. citizenship.

If you were born in the United States, you are a citizen by birth. If you were born in one of the territories of the United States, you are a citizen by birth. The territories of the United States are Puerto Rico and the Virgin Islands in the Caribbean and Guam and American Samoa in the Pacific Ocean.

If you were born outside the United States but one of your parents was a U.S. citizen, you are a citizen if your parents recorded your birth with the U.S. consulate (office of the government official appointed by the U.S. to look after its interests and help its citizens in a foreign city).

Naturalization is the way that millions of Americans have become citizens. Let’s see how a young man from Jamaica became a citizen of the United States by naturalization.

Thomas Manley went to the U.S. consulate in Kingston. He told the U.S. official that he would like to become a permanent resident in the United States. The official stamped his passport and gave Thomas papers to fill out. These papers were a request for an immigrant visa (a permit to enter the U.S. permanently).

After five years, Thomas went to the U.S. district court in New York City. He filed a petition for naturalization with the court clerk. Thomas studied all about the history and government of the U.S.

Thomas passed the citizenship test with a good grade. Then he went back to the U.S. district court, along with hundreds of other people from many different countries. They took an oath and became American citizens.

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BE HEALTHY

EAT WELL TO STAY HEALTHY

Here is a handy guide to the foods you need to eat everyday to keep healthy:

**A GUIDE TO FOODS YOU NEED EVERY DAY**

<table>
<thead>
<tr>
<th>Type of Food</th>
<th>Each Day</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Milk Group</strong></td>
<td></td>
</tr>
<tr>
<td>Milk, whole or skim</td>
<td>Under 11 years: 2-3 cups</td>
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<tr>
<td></td>
<td>11-18 years: 3 or more cups</td>
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<tr>
<td>Dairy products like:</td>
<td></td>
</tr>
<tr>
<td>Cheddar cheese, cottage cheese, ice cream</td>
<td>Used sometimes in place of milk</td>
</tr>
<tr>
<td><strong>Vegetable-Fruit Group</strong></td>
<td></td>
</tr>
<tr>
<td>Fruits or vegetables that contain large amounts of vitamin C: grapefruit, oranges, tomatoes (whole or juice), raw cabbage, green or sweet red pepper, broccoli and fresh strawberries.</td>
<td></td>
</tr>
<tr>
<td>A dark green or deep yellow vegetable or fruit for vitamin A: broccoli, spinach, greens, cantaloupe, apricots, carrots, pumpkin, sweet potatoes, winter squash.</td>
<td></td>
</tr>
<tr>
<td>Other vegetables and fruits including potatoes.</td>
<td></td>
</tr>
<tr>
<td><strong>Meat and Meat Substitutes</strong></td>
<td></td>
</tr>
<tr>
<td>Meat, poultry, fish, or eggs</td>
<td>2 or more servings</td>
</tr>
<tr>
<td>Dried beans or peas, peanut butter, and nuts can be used as meat substitutes.</td>
<td></td>
</tr>
<tr>
<td><strong>Breads and Cereals</strong></td>
<td></td>
</tr>
<tr>
<td>Whole grain, enriched, or restored bread and cereals or other grain products like cornmeal, grits, macaroni, spaghetti and rice.</td>
<td></td>
</tr>
<tr>
<td><strong>Plus Other Foods</strong></td>
<td></td>
</tr>
<tr>
<td>To round out meals and to satisfy the appetite, many people will eat more of these foods, and other foods not mentioned, like butter, margarine, other fats, oils, sugars and enriched refined grain products.</td>
<td></td>
</tr>
</tbody>
</table>