Water polo team: Replaced with track and field

By LUIS PETTY  Staff Writer

Director of Athletics Dr. Kevin Hatcher announced the cancellation of women’s water polo and the addition of women’s track and field for the 2014-2015 year that took effect March 21.

Associate Director of Media Relations Mark Reinhiller, clarified some uncertainties about the statement released by Hatcher on the recent cancellation.

Reinhiller referred to Hatcher’s announcement and explained women’s water polo was the only sport not included in the California Collegiate Athletic Association (CCAA) and that they belonged to the Western Water Polo Association (WWPA), a league not associated with the CCAA.

Reinhiller explained there has been a gradual decline in schools who still remain part of the WWPA and are slowly dropping water polo from their sports roster.

Since the sport had declined to only five schools still remaining in the WWPA, including CSUSB, it became clear that water polo was the logical choice to be dropped from the women sports roster in sight of this trend.

Reinhiller explained players’ scholarships would be extended for the upcoming year. He added that any attempt to extend the scholarships for a longer length would not be allowed by the NCAA.

Former Head Coach, Sarah Reneker, will not be reinstated as coach at CSUSB.

“She is the head coach for the water polo team, so when the team is done then her tenure here as coach, which is what she is, would come to an end,” said Reinhiller.

Reinhiller explained that water polo costs anywhere between $75,000 to $80,000 a year and he anticipates that switching to track and field would only cost a little under $10,000 to maintain.

In an effort to get a perspective from the water polo team, Madison Morris, a member of the women’s water polo team explained that she believes that things aren’t as plain and simple as they appear and explains that the situation may fall under political implications.

Morris explained Sarah and Hatcher didn’t get along and the tensions between them caused a lack of communication between the team and Hatcher.

“Circumstances are weird and no one is talking to us,” said Morris.

A petition has been launched to save the water polo team.

For more information visit the site at petitions.moveon.org/sign/save-csusb-women-water.

Alabama judge allows segregation of high school

By EMMANUEL GUTIERREZ  Staff Writer

A high school in Tuscaloosa, Alabama once considered a “model of racial integration,” has now been segregated following a ruling by their school districts.

Brown v. Board of Education ruled state sponsored segregation was a violation against the “equal protection clause” of the 14th Amendment.

However, school districts have overruled the ruling due to complications arising from newly constructed schools, changing school zones, and lack of funding to bus students, according to nola.com.

The integration of students prioritized a heterogeneous mix of racial and cultural backgrounds, but simultaneously, students of varying socioeconomic classes began sharing classrooms as well.

According to an article on ProPublica, the achievement gap between minority and white students narrowed during this period of integration but, “widened as they became less so.”

“Once the District Courts lifted the ‘equal protection clause’ of the state sponsored segregation was a violation against the ‘equal protection clause’ of the 14th Amendment. Everyone is prejudiced in many ways. It is those who are honest about it and waits for the outcome.

In a two-tiered society, tensions between the ‘haves’ and ‘have not’s’ can result in internal conflicts which are very unproductive. Alabama is not the only state with segregation issues,” said Valdez.

“National studies show that this phenomenon is also occurring in the southwestern states such as California,” added Valdez.

As this re-segregation unfolds in Tuscaloosa, the rest of the nation watches and waits for the outcome.

How fellow CSUSB students deal with death.

Celebrate 2nd Annual Arts and Music Festival.
Tensions escalate between Russia and U.S.

By MINTIMER AVILA

Pro-Russian activists in Ukraine have seized various government buildings throughout the Donetsk and Luhansk regions.

Russia responded to the situation by placing an estimated 40,000 Russian troops near the border of Ukraine.

A recent international deal in Geneva between Russia, Ukraine, and the United States said that it will ultimately impose two rounds of sanctions, including some against the Russian president’s inner circle, according to The Wall Street Journal.

Putin’s spokesman, Dmitry Peskov, said, “You can’t treat Russia like a guilty schoolboy who has to put a cross on a piece of paper to show he has done his homework.”

Ukraine’s President, Oleksandr Turchynov, has called on law enforcement agencies to renew anti-war measures after two tortured bodies were discovered near the city of Slaviansk, one of which belonged to Vladimir Rybak, a member of the local parliament, according to CNN.

“The terrorists who basically have taken the entire Donetsk region hostage have crossed the line with torturing and killing Ukrainian patriots,” said Turchynov.

U.S. Vice President Joe Biden, who has promised support for the Ukraine, said, “No nation has the right to simply grab land from another nation. We will never recognize Russia’s illegal occupation of Crimea.”

Some officials believe that Russian special forces might be connected with the rebels and that this is an attempt to prevent unrest and invade further.

Moscow denies these claims as Putin asserted that the troops in unmarked uniforms were part of a local self-defense group and not Russian Special Forces, according to The Washington Post.

Russian Foreign Minister, Sergey Lavrov, believes the U.S. is actually responsible for the uprising in Ukraine and argues that an attack on the Russian citizens is an attack on the Russian Federation.

In response to the Russian troops near the border, the U.S. has begun to deploy 600 paratroopers near the area to boost the North Atlantic Treaty Organization’s (NA-TO)’s defenses in eastern European states that border the Ukraine.

It was reported by CNN that tensions escalated quickly on April 24 after Ukraine reported killed five pro-Russian militants.

Russian Defense Minister Sergei Shoigu said that Russian forces would be conducting military drills near the border as a response to these actions.
**News**

**Bullying effects can last lifetime**

By STEPHANIE PARA  
Staff Writer

A new study reveals that childhood bullying trauma may affect a victim’s life well into their retirement years. The study, Adult Health Outcomes of Childhood Bullying Victimization: Evidence From a Five-decade Longitudinal British Birth Cohort, examined midlife effects of childhood bullying victims. The authors, Ryu Takizawa, Barbara Munghan, and Louise Arseneault, gathered their evidence from a 56 year old ongoing research data collection on children for in the year 1958 in the United Kingdom called the British National Child Development Study.

“The impact of bullying is persistent and pervasive, with health, social, and economic consequences lasting well into adulthood,” said Takizawa as reported by Forbes contributor Alice G Walton. The study found that those who were bullied frequently or severely are more likely than their non-bullied peers to have reduced cognitive function, fewer social relationship interactions, and a poorly perceived quality of life at the age of 50, as well as higher rates of depression, anxiety disorders and suicide than their non-victimized peers. CSUSB Director of the Human Development program and Psychologist Professor Eugene Wong added that children who are bullied may develop, not only emotional concerns, but academic and behavioral concerns as well. The children involved in the study that were frequently bullied were found to have lower educational levels at midlife and the men in the labor market were more likely to be unemployed and to earn less than their peers, according to the study conducted. The authors concluded their study by emphasizing the need for intervention to reduce bullying exposure in childhood and minimizing long-term effects on the well-being of victims. “These kind of outcomes may impact their success in life, if not addressed,” said Wong.

Wong believes that while we cannot answer specifically how long the effects of bullying may last due to the unique variability in each case, a child impacted by bullying can definitely be helped. CSUSB Sociology Professor Ernestine Avila offered her advice to help prevent this problem from developing in bullied children. “Parents and teachers in early education can help by making it a priority to teach children what bullying is, and the consequences of it,” said Avila.

“[Bullying] can shape you,” said Cadence Loney, a psychology student who has experienced childhood bullying firsthand. Loney believes that bullying awareness is beginning to develop but still needs serious attention. “I would say there is an increasing awareness of the phenomenon for people in the U.S. I think many people are surprised by the extent to which it is present in schools. Additionally, I think many people are surprised by potential negative impact it has on the child or children who is/are bullied,” said Wong.

Located on campus, CSUSB students who have or are currently experiencing bullying may receive help from the Psychological Help Center. They offer individual, couple, and group counseling for any student, which is included in student tuition. The center hosts workshop events that cover a variety of psychological problems that students may encounter. Locations and dates are regularly sent to student e-mails.

**Lack of resources could lead to war**

By ANDRES IBARA  
Staff Writer

As the world becomes an even hotter oven, the demand for natural resources increases and many fear the possibility of nations going to war over the declining resources.

The possibility of conflict over natural resources accompanying climate change is hitting the poor the hardest. Retired Brig. General Chris King told Responding to Climate Change, an internet blog that dealing with climate change is like getting sucked into a war that lasts 100 years and that the military will need to plan when trouble starts. “There is no exit strategy that is available for many of the problems,” King told the blog. “You can see in military history, when these are long durations, that’s when you’re most likely to not win.” He was not the only former military general to speak up about the growing concerns over climate change and the possibility of war over essential resources.

In an interview with Fox News, retired Rear Adm. David Titley said that the parallels between the events of World War I and current events are eerily close. “The decisions made in 1914 reflected policies of short-term gains and benefits, coupled with institutional benefits, and a failure to imagine and understand the risks or to learn from past history,” said Titley to Fox.

He also said that whole climate changes may not be the immediate cause of increased tensions and conflict but it still plays a significant role once it hits the superpowers.

In an interview with Slate, Titley said that in a hypothetical situation, a prolonged drought in China or Russia would lead them to exert rights and get aggressive with contracted African nations. “If you start getting instability in large powers with nuclear weapons, it’s not a good day,” Titley said to Slate.

Titley added that the U.S. would probably get involved with these conflicts due corporations that not only have stakes on different resources but also have great influence different political parties, that include Exxon, Boeing, and Coca-Cola.

When asked about the possibility of U.S. involvement, student Tyler Rahier said that while he doesn’t expect it any time soon, he wouldn’t be surprised due to how greedy some people can be.

There are many people, however, who don’t see the possibility of war over climate change or depleting resources happening in the near future.

According to Gallup, a data-driven news site, not many Americans take interest in climate changes, with only one-third of the general public thinking it is a concern.

Many people believe that going to war over climate change doesn’t seem necessary and they would instead learn to adapt as many others have in the past. Dr. Mark Clark, one of the directors of the Political Science departments, said that he can’t see nations going to war over climate change.

“There have always been conflicts over climate change, but the situations sound more hypothetical,” said Clark.

Clark later explained how most people would usually just adapt to different environmental changes rather than attack others and used the Navajo Indians as an example.

Even though war may not happen right away, always consider the possibility that war can occur.

“If you start getting instability in large powers with nuclear weapons, it’s not a good day.”  
— David Titley  
Rear Admiral
A shooting that left three dead at two Jewish centers in Overland Park, Kansas, has caused many to reevaluate the realities of prejudice and racism in the United States.

On Sunday, April 13, 2014, Frazier Glen Cross shot and killed Dr. William Lewis Corporon, 69, and his 14 year old grandson in the parking lot of the Kansas Jewish Community Center.

Corporon and his grandson were on their way to a talent contest when Cross opened fire on the two while yelling, “Heil Hitler,” said authorities.

None of those killed were Jewish.

Immediately after the attack, Police said Cross proceeded to the Village Shalom senior living facility, where he opened fire and killed Terri LeManno, who was visiting her mother.

An investigation revealed that Cross is an avid white supremacist and isn’t shy about expressing his beliefs.

“Cross is a raging anti-Semite who has posted extensively in online forums that advocate exterminating Jews,” said the Southern Poverty Law Center, according to CNN.

Cross continued to shout anti-Semitic slurs upon his arrest, according to police.

“I believe there is only one race – the human race. For people that see things according to race – racism is antipathy and a bias toward a person or group based on preconceived notions usually based on skin color,” said Dr. Timothy Pytell, a professor in the CSUSB social science department.

Many feel as though racism and prejudice are ideas of the past. However, current events such as these have caused many students to rethink their assumptions about prejudice and racism.

“These hate crimes remind me that racism and prejudice still exist today and that there are people out there who will act out because of it. It’s unfortunate,” said student Brittany Carollo.

According to Pytell, anti-Semitism is not a race issue but a religious issue that gets put into the same category as racism.

“Hitler made the Jews into a race. Orthodox Jews may see themselves as a race – but the vast majority of Jews don’t see themselves that way nor are they a race. Anyone can be or become Jewish. It is a religion,” Pytell continued.

Although the three that were gunned down were not Jewish, the setting of the act suggests Cross’s intention, of carrying out actions similar to those committed by Adolf Hitler.

“He didn’t kill any Jews – he killed randomly but based on the place he killed, it appears he wanted to kill Jews. But like Hitler his actions were a profoundly destructive fantasy,” said Pytell.

Hate crimes occur on a daily basis and leave many to wonder if there will be a time when society will embrace a post-racial world.

“I think America is slowly moving toward a post-racist society. Overcoming all forms of xenophobia takes time – but on the other hand most humans are hard wired psychologically to ‘other’ and thus hate. So a purely post racial world is a utopia and not of this world,” Pytell continued.

Although the ideas of racism and prejudice peak after hate crimes like this, it should be known that not all people are racists.

“I think it is helpful to remember that these ‘racists’ are a tiny minority– they are also one price we pay for a free society,” said Pytell.
Getting involved and showing ‘Yote pride’

By MARK MASCETTI
Staff Writer

School activities are a great way for students to have fun and unwind from school stress. CSUSB’s main website has an event list towards the bottom of the front page that shows upcoming events and activities on campus, as well as the posters all over Santos Manuel Student Union.

“The Student Union is a great place for students to get information about school activities,” said Kinesiology major and cheerleader Thelma Robles.

“There are literally posters everywhere and a desk to go to for information about pretty much anything,” added Robles.

These activities allow students to get to know each other and create a network while maintaining school spirit.

“I definitely think students should participate in school pride. It’s like showing where we are from and who we are,” said Robles.

There are many events being held this week, including the second annual Arts and Music Festival on Friday, May 2.

This event will have food, a fabulous art display, and music performed by local and known musicians, according to the Arts and Music Festival website.

Students will be encouraged to meet each other and build connections while exploring the different events.

This activity should be fun for anyone interested in meeting other people, viewing artwork, or listening to live music.

If you have a break during classes and are ahead on homework, feel free to go to the pub, game room, food court, or TV room (bay room) in the Student Union and make friends.

An important skill to nearly any job is being able to build and maintain relationships, meeting new people and having fun.

“One of the benefits of participating in school activities is you get to know a lot of people, you can network with professors and build future relationships,” said Communication student and cheerleader Thelma Robles.

Most students, however, are not properly informed about the implication of these fees, and more importantly, how services provided by these fees are essential to academic and personal growth.

“For example, student health fees provide basic health care services such as immunization, preventative care, urgent care – as well as provide students with quick tips to help them refer to sources we don’t think of,” said Ahmed.

Ahmed further explained that implementing changes to fees is instituted one of two ways: student referendum or alternative consultation, such as student organization bodies and faculty.

“The administration and faculty are guiding, but [the] students are driving – to speak up with what they need,” added Ahmed.

This includes, but is not limited to: basic tuition fees, other system-wide fees, and campus-based mandatory fees.

Yearly mandatory fees for CSUSB students include: Student Body Center ($372), Health Services ($221), IRA ($146), Materials Services and Facilities ($177), and more.

Fees provided by these fees have no relation to tuition cost and are supplemental fees actually prove to be low cost when compared to other CSU’s

Campus-based mandatory fees appear in student account activity, yet most students are not aware of what these fees may imply.

The extra fees are actually necessary.

Although these fees seem costly – the total amount of campus-based mandatory fees is $1,077 per student each year according to the Tuition and Fees document provided by Student Financial Services for the 2013-2014 academic school year.

Campus fees are student-driven to meet needs that are not covered by state funding or tuition.

When a student logs on to MyCoyote to check account information and activity, a list of charged fees are displayed.

IRA (Instructionally Related Activities), Student Union, Student Success Fee, and much more contribute to additional student services.

“In general, all student-based campus fees have to go through a student advisory committee,” said Associate Vice President of Finance, M. Monir Ahmed.

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Loan debt at rise increases students’ anxiety levels

By LOYDIE BURMAH
Staff Writer

Debt increases stress.

Some students at CSUSB wish they didn’t have to pay back loans, knowing that they do make students feel under pressure.

I have found that financial aid at CSUSB may be increasing anxiety for students.

I have financial aid and I, personally, believe that in the back of my mind, I am worrying about all the money I am spending for my tuition.

Having little knowledge about debt and its consequences only increases my anxiety.

“I’m not that familiar about the process. I only know the general types like grants, loans, and work-study, but I never really thought about it,” said student Steven Merrill.

Students need to be aware of the financial aid process and other options available to help pay for their future.

Some students are also unaware of programs and non-profit organizations that provide money to pay for colleges, even though this information can be attained at the Financial Aid office.

However, there are some students who might argue that financial aid decreases anxiety for them.

“My anxiety was much higher before, and if I feel it wasn’t for it, I wouldn’t be missing school,” said Linda Aguilar.

Ahmed also said that if he had financial aid, he believes that it would be very beneficial toward his tuition.

Every quarter, CSUSB offers scholarships for students.

However, students reported they were either unaware of scholarships or they hadn’t even applied yet.

“The worry at the moment is not present, but I know grants won’t cover it all. When I get older I’ll have to worry and I’m not looking forward to that,” said student and Sal Aguilar.

CSUSB is one of the universities with the highest debt in all of the state schools.

The official financial aid website states that students should increase their knowledge, become more familiar, and investigate other forms of financial aid.

Financial aid provides grants, which you do not have to pay back; loans that you pay back after you have finished school, and work-study, which is money that one student earns.

The Financial aid website also states that they provide enough to cover tuition, fees, books, supplies, housing and transportation. Those expenses are not the only things that students have to worry about.

Finaid.csusb.edu explains the different types of financial aid, eligibility for determination, and provides tools such as the online application.

Many students reported that financial aid is beneficial, but the idea of paying back money is difficult to imagine.

Some students manage two or even three jobs while attending school to keep off or lessen the debt.

A scholarship, also called the California Middle Class Scholarship is offered for Undergraduate students this year through 2015.

Information about this scholarship can be viewed on the CSUSB website.

Further financial aid information can be found on students’ MyCoyote.
Students and professors respond to plagiarism

By RONA ORTIZ
Staff Writer

Internet plagiarism is on the rise, and it is a trend college students shouldn’t follow.

A Pew Research survey of college presidents stated that there has been an 89 percent increase in academic cyber-stealing, which they attribute, in large part, to the Internet.

“Academic cheating is defined as representing someone else’s work as your own. It can take many forms, including sharing another’s work, purchasing a term paper or test questions in advance, or paying another to do the work for you,” as stated by the International Center for Academic Integrity.

An informal survey of CSUSB students showed that an overwhelming majority of students believe plagiarism is wrong and should never be done.

For many students though, the issue isn’t always black and white.

“Stealing someone’s work and saying it’s yours isn’t okay. But I don’t see a problem with having someone write a paper for you, especially if it’s not a core class where it’s essential to know the material,” said Vivian Ortiz.

Students need to understand exactly what plagiarism is because a violation could result in serious penalties, such as failing a course, being suspended or expelled from the university.

Consistent with national trends, plagiarism is the most reported act of academic dishonesty at CSUSB, according to Star Kafouval-Wildes from the Student Conduct & Ethical Development office.

While some students may intentionally cheat, a majority of students do it without the intent to deceive.

“It’s wrong,” said Shamce Ahmad when asked how he feels about plagiarism.

On the other hand, when asked if he’s ever done it, he replied “Yes, but maybe just a sentence or a few words. People get lazy, they don’t want to go through the effort to cite.”

Many of the lines that constitute plagiarism become blurred because of the sheer amount of information available online and the ease with which you are able to copy it.

In a New York Times article entitled, “Plagiarism Lines Blur for Students in the Digital Age,” writer Trip Gabriel states, “It is a disconnect that is growing in the Internet age, as concepts of intellectual property, copyright and originality are under assault in the unbridled exchange of online information.”

Many students believe if it’s out there, it’s free for the taking.

“Copyright infringement isn’t enforced so if it’s available- it’s available,” said J Ortiz.

New content is added to the Internet at an astounding rate, making it impossible for university professors to check student work on their own.

Turnitin is an online service to help them deal with the problem.

When students submit their work to Turnitin, the document is checked for improper citation, as well as unoriginal content in a matter of seconds.

“Essays submitted by students to Turnitin are compared to over 45 billion pages of digital content,” according to Turnitin’s website. CSUSB offers various tools to help students maintain academic integrity. This includes the Annual Academic Integrity Awareness Week, educational brochures, and educational workshops available throughout the year that are open to all students.
San Bernardino crime rates increase

By JENNIFER BAESKENS  Staff Writer

Gun shots, screams and sirens have become all too familiar sounds to San Bernardino residents. Crime spikes in San Bernardino have left Emergency Medical Service personnel in a compromised position.

They are facing not only the challenges of emergency medicine, but also the dangers of responding to criminal activity. First responders are concerned with their safety when going into these situations. Violent nature calls that have the possibility of retaliation against these responders are becoming more of the norm in San Bernardino.

“I bought a bullet proof vest for my own safety,” said a paramedic who wished to remain anonymous. “It gets really bad. We have a shooting or a stabbing at least once a week.”

On Monday April 14, there was a shooting at a strip mall in San Bernardino. Two men and one woman were injured in the shooting, according to the San Bernardino Sun.

This was the second act of gun violence in San Bernardino in less than 24 hours.

Firefighters and paramedics were recently approached on a scene and were told that if they didn’t render aid, they would be shot and killed.

“It makes it more difficult for me to do my job as a first responder because I am worried about not only my safety but my partner’s safety, my crew’s safety, and patient safety as well as trying to provide patient care,” said a firefighter who also wished to remain anonymous.

However, police have become so busy that sometimes they are not able to respond quickly enough, leaving EMS personnel with no choice but to enter the scene.

Police clearance involves checking the location and individuals for weapons, determining the nature of the call, determining if the suspects are still at the scene, or if they have left the area, and if necessary, detaining any violent individuals.

These actions allow for the EMS personnel to arrive at a secure scene to safely perform the necessary treatment to the patients. If the scene is unsafe and they are not able to render aid, these patients are at even more risk.

The faster that these patients are stabilized and transported to the hospital, the higher the chance of survival.

Police officers are busier than ever. The increased violence makes it harder for officers to clear scenes for EMS personnel, thus delaying patient care.

These kinds of crimes have an impact on students.

“I know about what is going on in this city,” said student Patrice Thompson. “Sometimes I do get worried that this kind of activity will get close to campus.”

“I personally haven’t been to any calls around Cal State, but I know that the crime does sometimes spill over that way,” said a San Bernardino paramedic.
Pros and cons of **Greek Life**

**By MARK KLOPPING**
Staff Writer

The Greek life on campus is not typical of everything you see in the movies. Many sororities and fraternities focus on education, as well as giving back to the community, and this past week was a perfect example.

Upon weighing the pros and cons, Bracamontes said that not every student feels that going Greek is imperative.

Some students work and do not have the time to be a part of Greek life.

Graphic design major Edward Gayton agrees with Bracamontes.

“I’m really busy man. I work a lot,” said Gayton. “If I had the time I would. A lot of it seems interesting.”

Time is not a deterrent of a proud sister from the Zeta Tau Alpha Sorority, Brenda Toro Quintana.

“The key is time management, and with that, you can practically do anything,” said Quintana. “Being in Zeta Tau Alpha, our time together is treasured and we use it wisely to work towards our goal of the moment.”

Quintana knows that it is difficult to expand all the energy needed for Greek Life, but in order to get the most out of it, you must put in the effort.

“Being in a sorority takes as much focus as any other organization on campus,” said Quintana.

“In order to be successful [with] the primary purpose of the organization, there must be dedication,” continued Quintana.

She finds that students do have a great amount of pride in their organizations.

Hard work, along with time management is what keeps her going.

Time management is the way Quintana deals with her Greek life, but Mathematics major Arthur Perez has other commitments.

“I chose not to be in one because I coach tennis at my old high school, so I have no time,” said Perez.

Perez did not completely omit the idea of joining a fraternity. “It did appeal to me; it seems fun.”

Initiation fees and chapter dues can be a problem as well.

“But cost was also a thing. They claim it’s not a lot of money, but it’s like gas money to me,” said Perez.

Quintana looks towards the future when dealing with her time constraints.

“Experience is essential when working on multiple fields within other majors, whether it’s campaign building, art, kinesiology, public relations, etc. You gain experience in skills that can, or will be applicable to life after college,” said Quintana.

There are many opinions on campus about Greek life, but there are different paths for everyone.

Greek life has weighed heavily on students’ decisions about their present and future.

Coyotes cope with death

**Psychological Counseling Center can help students bounce back from tragedy**

**By NAILEA FABIOLA AYALA**
Staff Writer

As college students, the last thing we want to think about is dealing with the loss of a loved one. The process of healing is different for everyone and it depends on their idea of death.

However, many students don’t know if they can get help on campus.

For some, death is the most certain thing in the world, making it much easier to accept and overcome. Though for many others, death is something they will never be prepared to face.

“I accept it as a part of life. The more I accept it, the less I suffer,” said student Esmeralda Saahagan.

Others are in denial or hold onto anger towards themselves for something they might not have done.

We have heard about the recent death of CSUSB alumnus Arthur Arzola in the Humboldt crash.

This is a prime example that the death of a loved one can come suddenly, especially when it is an accident, and many students are not prepared for the overwhelming emotions involved.

Students already have a difficult time balancing jobs, relationships, family and school work.

So when the loss of a loved one surprises them, it can be extremely difficult to make a quick jump back into academics after such tragedy.

A loss may lead to isolation and depression, but students should know they are not alone.

CSUSB offers students help through the Psychological Counseling Center (PCC).

The PCC not only offers individual counseling, but group counseling as well.

The center offers a group called “Resilience: Bouncing Back from Life Challenges.” At some point, students will face hardships that may throw them off a steady course.

This group aims to help students bounce back from these challenges as quickly as possible. Students meet every Thursday from 2 p.m. to 3:20 p.m. in the PCC.

“Growing through Grief” is another group the PCC offers on Fridays from 2 p.m. to 3:30 p.m.

This group gives students the opportunity to share their own experiences.

Overcoming the loss of a friend or family member can become a lonely process.

The PCC will help make the process easier by sharing your story with students that are going through similar experiences.

“Growing through Grief” also finds it helpful for students to celebrate the lives of those lost.

This helps students learn and accept that death is a part of life, but helps them understand that their loved one will never be forgotten.

Students can contact the center at (909) 537-5040 to schedule a consultation in order to join a certain group.

Registration is required prior to attending any meeting.

The PCC is located east of the Pfau Library and north of the main health center entrance.

Office hours are Monday through Thursday 8 a.m. to 6:30 p.m. and Friday from 9:30 a.m. to 5:00 p.m.
Kansas State University professor Michael Wesch spoke last Thursday to a full-capacity room about the impact technology has had on our lives. Wesch began by defining wonder as a sense of elation, which leads to a sense of wanting to explore the world around you.

“Wonder is harder to achieve because of the technology around us, but technology may also be used as leverage,” explained Wesch.

The purpose of technology is to open people up to each other, but instead has alienated and closed us off from each other, according to Wesch.

“If you’re totally immersed in media, it’s hard to see media’s effects,” said Wesch.

As a graduate student, Wesch lived in a New Guinea village with no plumbing, no technology, and no Internet access for eight years.

They were deeply immersed in each others’ lives and with this shared vulnerability also comes empathy.

Wesch asked the audience, “Empathy is on the decline. Is wonder on the decline as well?”

Ubiquitous computing is something that we should be concerned about because there are computers doing things humans can’t do, according to Wesch.

Algorithms dictate what content we consume. For example, Netflix will predict what movies or shows a user may want to watch.

The changes brought on by this new technological revolution results in a change in media, which leads to changed relationships, and then ends up leading to changed habits, and ultimately changed values.

The result of this is the generation of college students today, named “Generation Me” by Jean Twenge, which according to Wesch, search for identity and recognition in a new media landscape.

The villagers in New Guinea don’t have this problem because their “Identity comes from relationships, not how they present themselves to others,” explained Wesch.

“We are not born with identity and recognition, that’s why we go to college and struggle through our twenties to figure that out.”

Today, we live in a world of infinite choice. We become less and less happy and doubt ourselves as more options are presented to us.

Wesch coined this as the “Vicious Cycle of Whatever.” To combat this social dilemma, we can utilize technology in more humane ways to make a better world for ourselves.

Wesch offers an example from his own campus. K-State Proud is a student-led campaign at Kansas State University.

Their motto is simple: Every dollar donated helps a student at Kansas State when they need it most.

A clip was shown to the audience of students paying for other students’ textbooks, handing out cash, even helping someone parallel park.

Leveraging social media in a positive way demonstrates the best of what the digital landscape can be – to find our voice and share it with everybody else.

“Our voice sounds so much better within the context of other peoples,” said Wesch.

There is a darkness to technology, but there doesn’t have to be if we understand how it affects us.

Wesch concluded his presentation to a thunderous applause with, “We can’t allow technology to shape us. We have to shape it.”

Wonder in technological world

By ERICA WONG
Staff Writer

By ERICA WONG
Staff Writer
Cage the Elephant stomps all over Ventura

Cage the Elephant’s performance on Friday April 18 left many feeling nostalgic and wanting more.

The American rock band from Bowling Green, Kentucky performed in Ventura, CA selling out The Majestic Ventura Theater.

When Cage the Elephant came out, they saw a pair of burgers and fries patterned undies on stage and said, “You know it’s going to be a good show when there’s underwear already waiting for us.”

Indeed, it was an amazing show. The vibes from the crowd were incredible; everyone was eagerly anticipating the bands performance, and when they finally made their appearance, the loud cheers were deafening.

They opened up with “Spiderhead,” and as soon as they began to play, the crowd’s roar grew louder and they all began to sing along.

Matt Shultz lead vocalist of the band is very passionate about his music. His passion was apparent in Ventura. He appeared to be transported to another universe while performing.

The energy he exuded while performing was eye-catching and contagious. They were captivating throughout the entire performance. They would get so caught up in the music that they would dance and jump all over stage. The audience also seemed to feel the urge to jump and dance with them.

In certain cases, a band will sound better on a recording than they do in a live performance. This was not the case for Cage the Elephant.

The light show went well with the band’s songs. They would turn a light blue when the songs were more soothing and mellow.

The venue was intimate, yet it was jam-packed.

When the band was near their last song, they told the crowd that they have been the best crowd so far.

When Cage the Elephant played their last song, the crowd went crazy and began to chant, “One more song!”

The band took a few minutes before running back on stage and said, “You all are an amazing crowd, much better than Coachella, yeah F**k Coachella!”

They performed two songs for their encore, “Shake Me Down” and “Sabertooth.”

While playing “Shake Me Down,” Shultz and one of the guitarists climbed on top of the speakers. The guitarist asked the equipment managers to throw him his guitar. Shultz and the guitarist then performed the last two songs from there.

At the end of “Sabertooth,” Shultz stage dived into the crowd from the tall speaker and crowd-surfed. The audience did not know how to respond.

The fans were so happy and excited; seeing Shultz crowd-surfing and doing hand stands within the sea of people was beyond words. If you could not hear your thoughts before, you definitely could not hear them now.

Jessica Botello, a student at CSUSB said, “I was expecting this concert to be crazy with everyone jumping up and down. This performance was better than what I anticipated. “I actually enjoyed it, and that’s not the type of music I’m into,” continued Botello.

The crowd was amazing and the vibes were out of this world. I am definitely going to another one of their concerts.
Margot sling shots our senses

By RACHEL MOLINA
Staff Writer

Whimsical, dreamy and weirdly entertaining are the only words that can describe pop rock band Margot and the Nuclear So and So’s.

The band is led by singer/songwriter Richard Edwards who has been creating their authentic sound for 10 years.

In their new album “Sling Shot To Heaven,” the band’s authenticity shines through.

“This record is a little bit of my life, a little bit of my ideal life, and a little bit of fictional life, invented from fragments of people I’ve known,” stated Edwards in an interview with Paste Magazine.

“Making it was a joyful and maddening experience. It’s maybe an album about moving on while looking back, pillar of salt or no,” Edwards added.

A major authentic element that made the album different was how it was recorded on a two inch analog tape.

An analog tape allows the music to be taken straight from the microphone, giving the music a very raw and natural sound.

The music was brought to life by guitarist Andy Fry, cellist Jesse Lee, pianist Emily Watkins, trumpeter Hubert Glover, drummer Chris Fry, percussionist Casey Tennis, and bassist Tyler Watkins.

“I felt this track was very relatable to anyone who has experienced heartbreak. ‘Flying Saucer Blues,’ touches on a relationship between a father and son. ‘Sling Shot To Heaven’ is a very mellow album that Margot and the Nuclear So and So’s keep simple with an acoustic guitar, piano and let the lyrics speak for themselves.

The lyrics may not always be relatable but they allow listeners to express their emotions and inner weirdness.

The album was released on April 22 and is now available on Sound Cloud and iTunes.

Let’s have a party. We’ll invite every body. Tell them all that we’re leaving, hang the stars from the ceiling.”

- Wedding Song

Art and music to unite for one evening

By MARILYN RODRIGUEZ
Opinions Editor

If you are looking for a fusion of various arts and musical performances, the best place to be is at the CSUSB campus on a lovely Friday afternoon.

CSUSB and the College of Arts and Letters will hold the second Annual Arts and Music Festival on Friday, May 2. This festival will take place all over the CSUSB campus from 4 to 9 p.m.

The festival will feature a wide variety of venders, food trucks, music, dance and art.

Different events will take place that cater to a wide range of audiences of all different ages.

The festival will begin at the Robert and Frances Fullerton Museum of Art (RAFFMA) and continue all the way to the Lower Commons.

The Art Walk will be filled with different booths displaying the paintings of artists from all over the country.

A Jazz Festival will take place in the Lower Commons and present Latin artist Mongorama and UCLA Jazz Band.

RAFFMA will have its annual art exhibition.

There is also going to be a Bohemian Fest, featuring henna artists, a drum circle, vintage clothing vendors, nail art and screen-printing.

A competition, held by the Underground Music Society and the San Diego Student Union called the Best of the Bands, will also take place during the festival.

A variety of local bands will be participating. It will be located outside of the Visual Arts Building.

Plu Library will host the activity Chalk-Art, where you can create art with chalk, as well as enjoy live music.

Also at the library, there will be a brown bag book sale and more art exhibits.

There will also be art demonstrations, where you will get to see live glass blowing, ceramics and demonstrations inside the studios of the visual arts center.

The Festival is definitely worth going to and it is absolutely free.
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By ELIZABETH PIRAINO
Staff Writer

Major controversy follows Dodgers’ player

Yasiel Puig, Los Angeles Dodgers’ outfielder, has all the makings of a block-buster motion picture: star athlete, rescuer, escapee, and is currently battling a $12 million lawsuit.

Puig has successfully defected from Cuba after four failed attempts. The 22-year old has already led an extraordinary life but unfortunately Puig is not willing to share his story.

Jesse Katz wrote in his Los Angeles Magazine article, “Escape from Cuba: Yasiel Puig’s Untold Journey to the Dodgers,” that “Puig has never publicly discussed his odyssey to the big leagues or even much of his life before that.” The Dodgers signed Puig to a seven-year contract worth $42 million as an amateur free agent in 2012.

Puig has a batting average of .312 since being called up to the majors in June 2013 with an on-base percentage of .386. Puig also has a capable glove, and combined with his, accurate arm, has assisted in 12 put-outs this year.

Scott Eden reported in “No One Walks Off The Island” for ESPN Magazine that much of what has been said about Puig’s journey to the United States has come from his childhood friend, Yunior Despaigne, who defected with Puig and two others.

In a statement attributed to Puig last week, he acknowledged his recent troubles. “I’m aware of the recent articles and news accounts. I understand that people are curious and have questions, but I will have no comment on this subject. I’m only focused on being a productive teammate and helping the Dodgers win games,” said Puig.

Eden recounts how Puig left Cuba on a cigarette-style boat, helmed by traffickers of a known Mexican drug cartel. The group was headed to Isla Mujeres, a small island off the coast of Mexico. Halfway to Mexico, the boat ran out of fuel and was adrift in the Caribbean Sea for several hours. Puig and his companions were finally rescued by other members of the cartel who were able to bring them ashore.

Once the defectors arrived on shore, they were whisked away to a motel room where they were held captive for several weeks by the traffickers as they waited to get paid. Katz reported Despaigne said, “If they didn’t receive the money, they were saying that at any moment they might give him a machete—‘chop off an arm, a finger, whatever, and he would never play baseball again, not for anyone.’” The group of four was confined to one room and was finally rescued, under the cover of darkness, by members of another cartel.

The first cartel claimed that they were never paid the full amount of money that was promised to them and they have issued death threats against Puig.

Cartel members have also shown up at hotels where the Dodgers have been staying, to demand money from Puig.

Eden explains that Puig’s legal troubles are from a $12 million Florida lawsuit filed in Federal court, which accuses Puig of, “wrongfully accusing a man of attempting to set up a defection.”

The Dodgers have kept silent on the controversy surrounding Puig and Major League Baseball issued the following statement last week, “The safety and security of everyone in our sport is paramount importance to Major League Baseball (the League) cannot comment on such measures that have been taken.”

By Donte Medder
Staff Writer

NBA playoffs shoot towards championship

While the NCAA tournament wraps up, attention has turned to the NBA Playoffs.

All year long teams have been jockeying for a playoff position and now the final 16 are set.

Questions asked at the beginning of the season will be answered. Can LeBron James win a third straight championship or are the Indiana Pacers ready to take a shot at the title? Can Kevin Durant put a feather on the cap on what seems to be a lock for his Most Valuable Player award with a championship? Or do the Los Angeles Clippers legitimately have a chance to hang a banner in the Lakers home arena.

From seasoned veteran teams such as the San Antonio Spurs and Brooklyn Nets to the fresh faced upstarts such as the Portland Trail Blazers and Toronto Raptors, everyone has one goal in mind—an NBA championship? Can Lebron James win a third straight Most Valuable Player award with a championship? The answer to these questions will be answered as the playoffs get underway.

The enjoyment of the playoffs begins once again as the players from both East and West conferences are trying their best to be on top.
WATER POLO TAKES A DIP

Some reasons behind water polos termination and replacement

By SHANE BURRELL
Sports Editor

CSUSB athletics will feel a hard hit from the athletic department when our current water polo team is replaced with an all women’s track and field team.

The shocking announcement to cut the sport was made March 21 by Director of athletics, Dr. Kevin Hatcher and Mark Reinhiller, Associate of Media relations.

Hatcher states the decision was made in the best interest of the communities and high schools of incoming students.

“Track and field is the single largest high school sport for young women in our immediate recruiting area of the Inland Empire,” stated Hatcher.

The reason behind the switch seems to be the new additions that will be added to our school.

However, Hatcher has some mixed feelings about the trade.

“This is a time of mixed emotions for both myself and Cal State San Bernardino,” said Hatcher.

Given the confusion on why this is the best decision for the school, Hatcher explained, “Adding track and field makes sense on multiple levels, but in particular, it accommodates more of the interests and abilities of young women in our area.”

Although Hatcher states that this change makes sense on multiple levels, it still begs the question why the only opening is for women.

Track and Field is a sport of strength and endurance that both men and women are able to participate in.

Hatcher also made a comment that this change is necessary to keep the school’s commitment to Title IX, which states that there should be an equal opportunity for men and women in the college sports.

This policy means that schools and colleges receiving federal funding can not legally give preference to men.

Instead, they must allocate their resources to men and women in proportion to their interest and enrollment, stated by Lisa Wade PhD, of Society Pages.

The number of athletic teams might not have changed on campus, but the dynamic of the athletics has definitely changed and not in favor of the students.

According to the school’s website of Institutional Research, there are 23.6 percent more women than men on campus.

In my opinion this statistic is factual and does not suggest that the men who attend CSUSB are less athletic than the women.

By making the track and field team only open to women, the school is missing out on the talented men that are able to benefit the school.

Hatcher stated that when it comes down to it, that they must do what is right for the budget, as well the department.

“Track and field is the single largest high school sport for young women in our immediate recruiting area of the Inland Empire.”

Dr. Kevin Hatcher
Director of Athletics

“But at the end of the day, our commitment is to our CCAA membership and maintaining our fiscal operations in an efficient manner,” stated Hatcher.

Maintaining the membership with the CCAA is a great opportunity for our athletes to gain scholarships and be able to play some of the sports they enjoy and expand their talents as athletes.

Having the Track and Field only limited to the female students and not the male students excludes the talents that could be utilized to help support our school.

As for keeping up with Title IX, we should be able to add this sport as co-ed, and look at another sport for the women of our campus. By doing this we might be able to expand the range of male students versus female students as well as promote the talents of all of our community and not just the female population.

It appears that the university is reactionary to the shift toward female athletes versus male athletes in the department.

Although in my opinion if the university will allow males to also enter the track and field program then this will give an opportunity to expand the budget in the athletics as well as expand the population of our student body, thus giving students more opportunities to benefit from our school while being able to have more funding for our athletics program.