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Recommended Citation

Anonymous, ""COVID-19 Personal Timeline"" (2020). *Documenting the CSUSB COVID-19 Experience*. 206.
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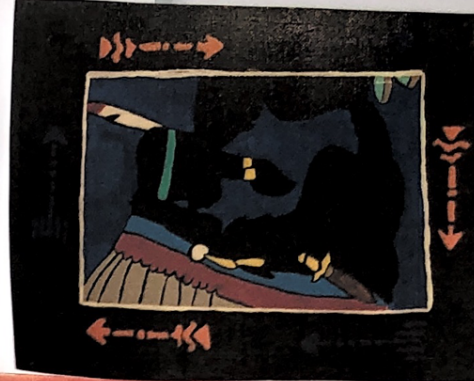
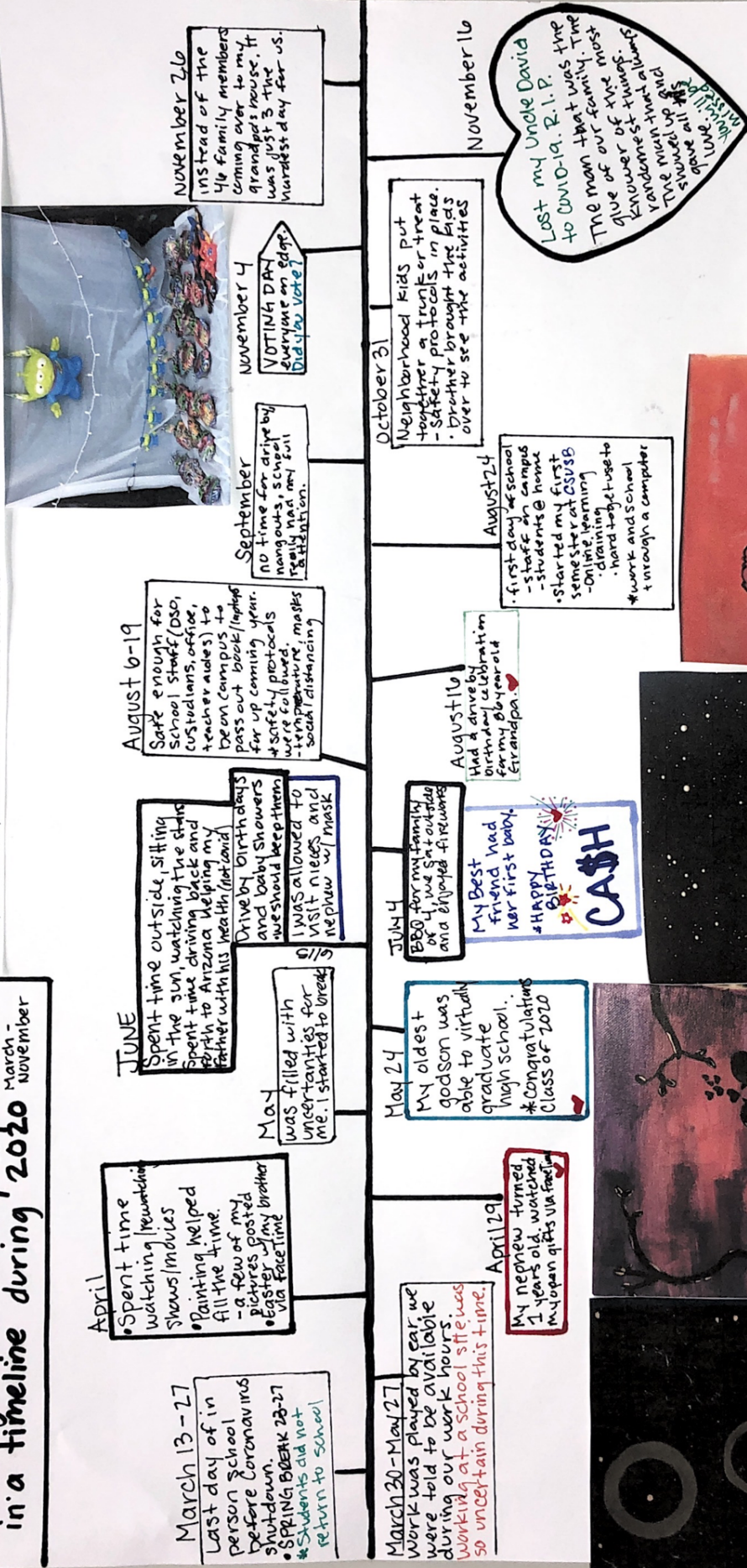
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COVID-19

A glimpse of my experience
in a timeline during 2020

Covid-19 has so many effects on our daily lives. A few weeks before March 13th, I was doing some shopping ahead of the rush. I got toilet paper, hand sanitizer, paper towels, hand soap, a few weeks' worth of groceries and a lot of canned goods just to be safe. I know canned food is not the healthiest choice for older people, but no one really knew what was going to happen. 8 months of taking all the necessary safety measure to make sure two people I love and take care of are safe has been so overwhelming. That does not include the drama I have encountered at the stores, with parts of my car getting stolen, the family that does not simply understand and going to school for the first time via online. Sure, staying home and being safe is one thing but having to think over the things you have done the last 8 months is really overwhelming. Finding new ways of entertaining each other or yourself board games, tv, puzzles, painting, taking walks, yard work, fixing up the house, talking has made me realize I do not need to go out all the time, I have plenty to do at home. My thoughts and prayers are with everyone who has experience COVID this year. I especially pray for those who have lost loved ones to this horrible virus.

Stay safe and healthy. Please wear a mask. Take care of each other.



*A few of the many paintings I did