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# COYOTE CHRONICLE

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*Check out the Rec. Center’s Boot Camp!*

## New dean’s plan for CSUSB

By **ANGEL LIZARDI**  
Staff Writer

The new Dean of the College of Arts and Letters, Terry Ballman, offered her opinions on bottleneck courses and her plan for the college.

During the interview, the idea of two definitions for bottleneck courses came up.

“One, from what I recall concerns students that have difficulty with specific classes,” said Ballman.

The second type was that some classes didn’t have enough section numbers, forcing students to have to wait to take those classes another term.

Ballman mentioned that the college collectively has to focus on the importance of advising.

A southern California native, Ballman received her Bachelor’s and Master’s degree in Spanish Linguistics from California State University Long Beach and her Doctorate’s from the University of Texas

in Austin.

Ballman had previously worked for five different universities, including California State University, Channel Islands, where she served as Chair of the Spanish language and communication program.

Ballman offers a holistic approach to administration and believes that communication among students and faculty is integral for the college to succeed.

Students are Ballman’s number one

*Continued on Pg. 4*

## Potential signs of economic decline

By **DANIEL DEMARCO**  
Asst. Features Editor

Over 40 million Americans have student loan debt; a population greater than the entire population of Canada, Australia, Poland, North Korea, and over 200 other countries, according to The Huffington Post.

There are two potential signs we are heading for another economic downturn, dealing in the housing and automotive markets.

The impact of student debt has translated into over \$6 billion in losses for automotive sales every year, based on a report by One Wisconsin Institute, an organization involved in fixing the student debt crisis.

General Motor’s chief economist, Dr. G. Mustafa Mohatarem, also cites student debt as a major reason why millennials (the generation born in the early ‘80s to early 2000’s) are not buying cars, resulting in large sales losses in the automotive industry.

Mortgage industry experts, such as the National Association of Realtors, fear that young adults are now being overly impeded by debt and that will impede on the housing market and the economy as a whole, which relies on the housing market for its growth.



Daniel DeMarco | Chronicle Photo

The recent decrease of house and vehicle purchases foreshadows a potential long term future economic deterioration.

Nothing is harming the housing recovery “in such a nuanced way” like student loan debt and its negative effect on macroeconomic growth, according to Rohit Chopra, student loan ombudsman for the Consumer Financial Protection Bureau.

David H. Stevens, chief executive of the Mortgage Bankers Association said, “Student debt trumps all other consumer debt. It’s going to have an extraordinary dampening effect on young peoples’ ability to borrow for a home, and that’s going to impact the housing market and the economy at large.”

Some students are surprised by this news.

“As students, we already have so much on our plates. I haven’t even begun thinking about a house and I haven’t thought about how my debt will hurt that either,” said student Mia Wales.

“We are already seeing signs of economic drag from student loan debt,” said Chopra, “The impact on the housing market is the most troubling part.”

Chopra believes the industry should seek a securitization cure (pulling together various forms of debt and selling it to investors for their profit through interest

payments) to better the industry and make it more financially responsible.

Student debt has increased over 500 percent since 1999, while the average salary of young people has decreased by 10 percent since 2000, according to PolicyMic, a news website dedicated to high-quality political discussion for younger generations.

PolicyMic also reported a 900 percent increase in the average price of tuition, as well as an increase of 650 points above inflation since 1978.

About seven million of those in student debt have defaulted on their debts, meaning that their credit has been decimated and they can acquire an added 25 percent of penalties to their already standing debt.

Close to 60 percent of employers run credit checks when considering applicants and promotions. This makes the ability to repay the debts even harder as these people find it nearly impossible to get a well-paying or higher-paying job, according to The Huffington Post.

Americans that fall into trouble paying for their student loans will also find it

*Continued on Pg. 4*

### CCBriefs:

By **GLORIA GUTIERREZ**  
Staff Writer

**China has reached its pollution breaking point (Feb. 23)**

The levels of smog and pollution in China have reached uninhabitable levels with Chinese officials announcing efforts to reduce them.

Chinese officials have promised to shut down contaminating factories and have advised children and the elderly to avoid outside activities to the best of their ability.

**Clean energy may be possible due to man-made solar strip around moon (Feb. 23)**

The Shimizu Cooperation, will shoot laser and microwave energy from the lunar strip to a facility on Earth where it will be converted to clean energy.

This solar strip would be about 11,000 miles long and be made in multiple stages, but it would commence with building some sort of structure that would transport the materials needed to build the solar strip to the moon.

**Cricket match hopes to end rift between Pakistan and Taliban (Feb. 24)**

A Pakistan minister stirred up ridicule when he suggested a cricket match as a means to restore peace with the Taliban.

Major clashes between the two have increased since the formal attempt to make peace, which was followed immediately by the Taliban’s execution of 23 Pakistani soldiers.

Cricket is an important pastime to the Pakistani culture and has helped mend issues in the past, but Pakistan has reacted negatively towards suggestion.

**Found gem leads discovering to earth’s real age (Feb. 24)**

A zircon crystal was discovered in Australia, which scientists declared was formed 4.4 billion years ago.

This finding means that the earth existed earlier than what scientists had originally thought and human life likely came not much later.

No evidence exists that life existed as early as this gem and raises questions about the formation of the earth and life.

**Traffic robots in the streets of Congo (Feb. 24)**

In the Democratic Republic of Congo, Africa, 8-foot tall traffic robots were installed in the busiest intersections to alleviate the high-traffic zones and the flow of pedestrian crossings.

These robots simulate traffic lights, intersection traffic officers and depend on solar panels to function.

Surveillance cameras on the robots’ chests record the traffic of the intersections and are preset to speak to pedestrians to indicate when to cross.

“...haven’t even begun thinking about a house and I haven’t thought about how my debt will hurt that either. As students, we already have so much on our plates.”



# Skills employers wish college graduates had

By **CLARISSA TOLL**  
Staff Writer

It takes more than just the knowledge in a specific field to be hired. Employers want applicants to display “soft” skills, or personal communication skills.

According to Fox Business, recent college graduates are lacking professional skills that will get them hired in today’s job market.

“Despite their persistent use of social media and texting, a top complaint from employers about millennial-age workers is their lack of communication skills,” said Kathryn Buschman Vasel of Fox Business.

These soft skills, also known as people skills, focus on the college graduate’s communication skills in interpersonal interactions and their ability to work in groups.

In a survey done by York College of Pennsylvania’s Center for Professional Excellence, collegiate faculty stated that less than half of students display professionalism.

Although these skills are expected by employers, professionals in the field believe they cannot be taught.

“I don’t think you can teach it, but you can improve it,” said Donald Girard, CSUSB public relations professor.

Girard emphasizes the importance of an applicant’s presence within a room.

Eye contact, calm demeanor, and con-

fidence within an interview are all very important soft skills that employers observe.

“Soft skills include attitudes and behaviors that correlate highly with career success. They are what enable people with different skill sets and personalities that make up an organization to work effectively together and without friction. They are essential,” said Candice Olson, founder of The Fullbridge Program.

The Fullbridge Program is designed to equip students with the tools and resources that will help them succeed in the business world.

Students can also receive help and advice on campus as well.

CSUSB students and alumni can attempt to improve their soft skills by setting up a meeting with the Career Center on campus.

The center runs mock interviews and provides materials to help prepare students for upcoming interviews.

The center encourages students to research the company prior to the interview to better understand the company’s expectations, demonstrate good posture during an interview, and speak with confidence.

Applicants must also remember that although their qualifications may be excellent on paper, employers use the interview process to learn how an applicant responds in a professional environment.

Girard added that he turned multiple



Clarissa Toll / Chronicle Photo

Employers seek soft skills which include good attitude, eye contact, calm demeanor, confidence, and a commanding voice.

applicants down for their lack of professional presence in an interview.

He referred to one applicant in particular explaining that the applicant looked promising on paper but the interview left much to be desired.

“Intellectually he was terrific. He just wasn’t the type of person I could use in a public venue,” said Girard.

Girard specifically pointed out the applicant’s lack of a commanding voice in

the interview process.

Along with working with employers, students believe these soft skills are helpful in interacting with customers.

“I use those skills all the time. I am interacting with people a lot, so I’m always talking,” said student Adam Hecker.

The Career Center is located on the third floor of University Hall. Appointments can be made on week days by phone or walk-ins during 1-4 p.m.

## Coyote Chronicle

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<i>Managing Editor</i>	Manal Museitef	<i>Asst. Features Editor</i>	Daniel DeMarco
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### Staff Writers

Greg Avetisyan, Mitimer Avila, Chrisoula Baroudos, Carley Bennecke, Erin Campbell, Adrian Carlos, Navarrete Castillo, Rachel Connor, Essence Dennis, Marie Fernades, Ofelia Fuente, Marion Gil, Glynn Guerra, Kiroles Guirguis, Gloria Gutierrez, Joel Hanke, Brandon Landrum, Angel Lizardi, Courtney Mata, Ryan Navaroli, Uriel Ortega, Illeana Perez, Erin Posjena, Torilynn Qualls, Devin Ramos, Diana Ramos, Marlyn Rodriguez, Daija Sims, Carley Woolley, Clarissa Toll

**Mail:**  
California State University, San Bernardino  
University Hall, Room UH-037  
5500 University Parkway  
San Bernardino, CA 92407

**Office:** (909) 537-5289  
**Advertising:** (909) 537-5815  
**E-mail:** sbchron@csusb.edu  
coyotechronicle.net  
coyotechronicle.com

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# CSUSB accounting students offer volunteer tax preparation

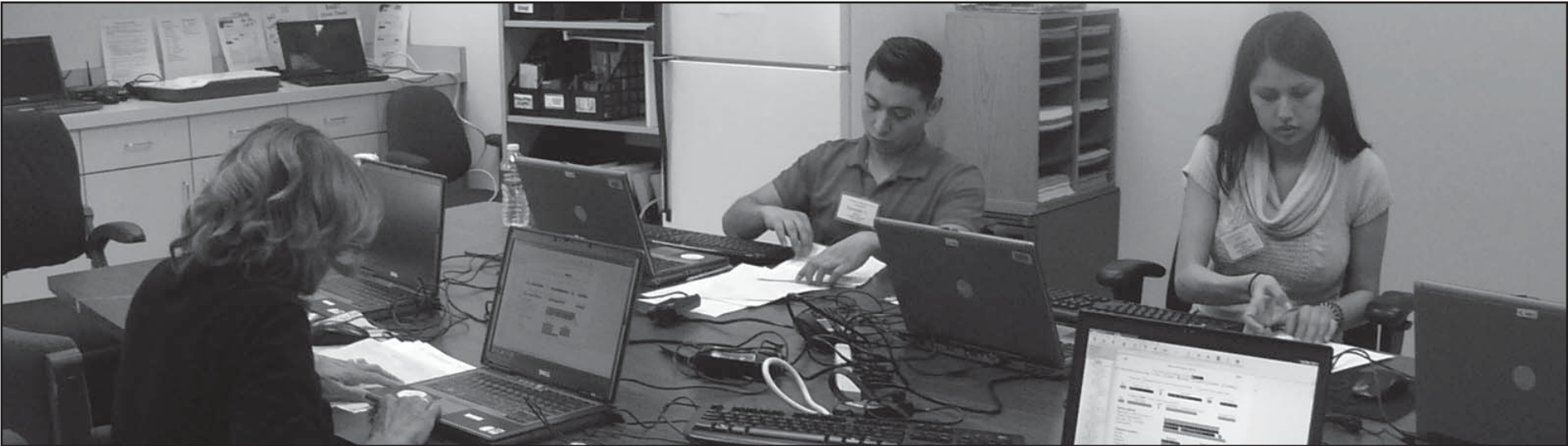
By **SANTIAGO CASTILLO**  
Staff Writer

CSUSB accounting students volunteered to offer free income tax preparation at the school and at different locations throughout San Bernardino county. This service has now been hosted for 33 years by the Volunteer Income Tax Assistance (VITA) program which started at CSUSB in 1982 under the direction of accounting professor Suzanne Cory. This program was only initially offered in one location but has now expanded to six locations. “This year we have 62 students scheduled to work more than 4,200 hours preparing taxes,” said Janet Courts, full-time lecturer in the accounting department and coordinator of the VITA program. The student volunteers are certified at

the advanced level in order to prepare basic tax returns including those with itemized deductions, earned income credit, education credit, dependent care credit and child tax credit. “I think this is a great opportunity for the students to learn and for the clients to get free assistance,” said Salvador Viorato, accounting student and volunteer for the VITA program. “I would suggest people to use this program because it’s free and you can’t really get free assistance for tax preparation in a lot of places,” said student Jessica Orozco, another volunteer for the VITA program. “It’s nice to know that CSUSB thinks about the students and their needs by offering this program. It’s really nice to know that they care more about us than us giving them money,” said student Alejandra

Ramirez. In the 2013 tax season, about 70 CSUSB volunteers worked more than 5,800 hours preparing nearly 1,700 tax returns which yielded combined federal and state refunds totaling more than \$1.5 million. “I would suggest this program to other students because it’s free and on campus,” said student Robert Gutierrez. “I was suggested to this program by a friend,” added Gutierrez. Taxpayers who wish to participate in this program must bring valid photo ID and Social Security or ITIN cards for each taxpayer, as well as for all dependents claimed. Taxpayers must also bring W-2s, 1099s and other pertinent tax documents. Both husband and wife must be present to sign joint returns. Free electronic filing

will be available. “I think this is a very good service, it’s easy to follow and the volunteers are very well prepared,” said student Alejandra Jimenez. “It’s definitely a resource that students should take advantage.” Volunteers are unable to prepare tax returns for nonresident aliens, small business owners, rental properties owners or those who are married but filing separately. This service is for people earning up to a maximum of \$60,000. Any person that still has to file their taxes can get assistance at the remaining times and locations that offer help from certified CSUSB accounting students. The remaining dates and addresses to these locations can be found at news.csusb.edu. No appointment is necessary at any of the locations.



Santiago Castillo | Chronicle Photo  
CSUSB students working for the Volunteer Income Tax Assistance (VITA) program assist students on campus who are having trouble filing their taxes. The service is held on campus as well as at other venues and doesn't require an appointment.

# Despite American intervention, Syria remains at war

By **ESSENCE DENNIS**  
Staff Writer

Lifeless bodies strewn across the street, the scent of gun powder sits strong in the air, civilians are the enemy. This is the scene in Syria, with the death toll estimated to be around 140,000 people and children counting for 7,000 of that toll. The United States' military has been watching over Syria for about three years, having been sent in under the context of finding weapons of mass destruction and bringing peace, but years later no identifiable changes have been seen. “I think Obama should pull (people) out, because the numbers (death toll) has yet to decrease,” said student Jacqueline Maxwell. “We went in with good intentions, but nothing has changed so far.” The U.S. was aware in 2011 of the chemical weapons that President Bashar al-Assad had and the public was warned about what going to Syria could likely cause “Our strikes could result in Assad killing more civilians with chemical weapons,” according to *The Washington Post*. In recent news, the National Security Agency began to develop “a battle plan that featured a sophisticated cyber-attack on the Syrian military and Assad’s structure” according to *The New York Times*. The NSA came up with the idea in response to the Syrian military being equipped and able to launch an airstrike(s) on any particular target as well as having

many missile production facilities. While Obama still wants the US to aid in the war against Assad, he is only willing to do so under the condition that US troops are not involved in any ground fighting according to haaretz.com. When asked if the crisis in Syria is even an issue America should be involved in, Huda Aljord, professor of Arabic language said, “Of course, America is considered the biggest and most powerful country in the world so this kind of country has to be in charge, I think Syria is the nation that needs the most help.” “Our troops could help with medical aid, food, water, and necessities such as this, however, providing aid does not require placing our troops in danger,” said an anonymous student. “In reality, this is a crime against humanity, and that is what requires intervention.” Israel has struck Syria three times within the last three years in attempt to halt refined weapons from reaching Hezbollah, a Lebanese ally according to *The New York Times*. “All of this started in a peaceful way and many foreign powers intervened and made it slightly worse which brought up a rebellion that wanted a reform and then a regime change,” said Dany Doueiri, associate professor of Arabic language and Islamic culture. Doueiri believes America should try for a “true push for diplomatic relationship, which could be harder to achieve, but could be long lasting, (rather than) the military way of doing things.”



Essence Dennis | Chronicle Photo

“All of this started in a peaceful way and many foreign powers intervened and made it slightly worse which brought a rebellion that wanted a reform and then a regime change.”

**Dany Doueiri**  
Professor of Arabic language & Islamic culture

“Of course, America is considered the biggest and most powerful country in the world so this kind of country has to be in charge, I think Syria is the nation that needs the most help.”

**Huda Aljord**  
Professor of Arabic language



Essence Dennis | Chronicle Photo



# Antibiotics used inside meat may cause harm

By **COURTNEY MATA**  
Staff Writer

High levels of antibiotics in our meat products have claimed to be found by the Natural Resources Defense Council (NRDC).

“Eighty percent of all antibiotics in the United States are used on livestock, both to control disease and to promote animal growth,” according to *The Washington Post*.

“One of the public food safety issues facing the United States is the contamination of meat with residual veterinary drugs, pesticides, and heavy metals,” according to the US Department of Agriculture.

Concern is now rising about whether or not the drugs found in our meat products could affect people negatively.

According to an article on reuters.com, “NRDC’s study found the FDA took no action to remove 30 antibiotic-based livestock feed products from the market even after federal investigators determined many of those antibiotics fell short of current regulatory standards for protecting human health.”

The FDA has not been paying close attention or following up on the feed mass meat companies give to their livestock.

The animal’s feed gets antibiotics put into it because it prevents the animals from getting sick.

“Of course they mix drugs into the animal’s meal. It’s so that they don’t get sick. It’s easier to prevent any of the animals from getting sick, and it’s cheaper,” said Sammy A. Kazoura, a CSUSB chemistry professor.

Many meat companies use antibiotics to their advantage.

It keeps the cattle healthy but some students question if it is safe to eat.

“Is it bad to eat? Yes, because since we ingest the meat from these animals we ingest these drugs and develop a resistance to these drugs, making them less effective when we take them,” said Kazoura.

One concern of antibiotics in our meat is the fact we will digest this meat and this could become a problem for our immunity.

Students concerned about the antibiotics in meat products should consider switching to organic meat products.

Some students are already thinking of



Courtney Mata | Chronicle Photo

There have been high levels of antibiotics discovered in meat products that could be potentially harmful when ingested.

switching to organic meats after learning of antibiotics.

“I did not know that our meat products had antibiotics in it and now learning this I am definitely going to switch to organic,” said student Melissa Ruiz.

“Animals raised organically are not allowed to be fed antibiotics, the bovine human growth hormone (rbGH), or other artificial drugs. Animals are also not allowed to eat genetically modified foods,” according to care2.com.

Students that do not want to switch to organic meat can switch to companies that

do not produce a large quantity of meat.

Organic meat products are sold in many grocery stores.

“It’s probably best to avoid companies that mass produce in the meats, because they are more likely to use the antibiotics,” said Kazoura.

Larger companies use drugs in their meat to control disease and promote animal growth.

“The FDA wants to phase out the use of antibiotics for animal growth over the next three years,” according to *The Washington Post*.

# Economic speculation of additional distress

Continued from Pg. 1

nearly impossible to file for bankruptcy because most consumer debts and even gambling debts can be erased through bankruptcy, but education debt can not.

Education debts can continue to grow for borrowers that can not pay for them and will often follow the person to their grave.

“That’s sick that someone can get out of gambling debt but I can’t get out of debt from going to college. I think I’ll be able to pay it just fine, but you never know what life will throw at you,” said student Joey Panderson.

The bankruptcy protection over education debt only benefits the lenders.

A leaked memo exploited the fact when the notable student loan corporation, Sallie Mae, had the perseverance of the “inability to discharge education debt in bankruptcy” as their second-most important goal, according to The Huffington Post.

Many jobs require official transcripts to verify education of applicants and the Department of Education encourages schools to withhold the transcripts of people behind on their debt payments.

Since 2002 the debt-to-income ratio of the average student debtor has increased from .43 to .49.

This disqualifies a lot more people for any first-time home mortgages, according to Young Invincibles, an organization dedicated to creating opportunities

for young adults.

The Mortgage Bankers Association found that loan applications for homes have fallen almost 20 percent since late 2013 until now when compared to the same period from 2012 to 2013.

First-time buyers are about a third of home purchases over the last year, a number that is well below the normal figures of the housing market, according to *The Washington Post*.

The Federal Reserve Bank of New York found that from 2009 to 2012 the homeownership rate fell double for 30-year-olds with student loan history compared to those without.

These findings contradicted traditional thinking that student debt led to higher earnings and better chances of owning a home, according to *The Washington Post*.

Recently, student loans now have variable interest rates, meaning that as the economy improves the rates will rise and are expected to go above 6.8 percent by 2015, according to The Huffington Post.

The housing and automotive market are among the larger sectors of the economy and experts believe that declining business in both could lead to another economic crisis.

The Federal Government made \$50 billion on student loans in 2013, according to the Congressional Budget Office.

ExxonMobile makes \$5 billion less and is the most profitable company in the entire country.

# Dean Ballman sets future campus goals

Continued from Pg. 1

priority and she believes she brings the “big picture” view to the college.

In an attempt to find out what students find cumbersome, Ballman has assembled a task force that includes faculty and students.

Student Elizabeth Villela mentioned that she wishes advising was offered to more students besides freshman.

“I wish we had more advising opportunities aside from SOAR,” said Villela.

Ballman said would like to find ways of helping students get the advising that they need by implementing a program similar to the Liberal Studies Program.

“The Liberal Studies has a program named PALS, short for peer advising liberal studies,” said Ballman.

There students make appointments with peer advisors or an advisor that will assist students to graduate on time.

“We hopefully want to have someone that is strictly an advisor, who is in constant communication with the chair and the Dean who helps students from 8 a.m. to 6 p.m.,” said Ballman.

Another student, Daniel Cruz mentioned that he believes the university could offer more sections of classes that are needed to graduate.

Ballman believes that students should feel able to communicate with the chairs of their respective departments to get the classes they need offered more frequently.

“Students should feel free to communicate that with administration, perhaps gather a couple of other students with similar concerns,” said Ballman.

Starting initiatives in which students from other majors can work on projects with one another and create more cohesion among students is another goal of Ballman’s.

“Take for example an environmental writer, they could possibly work with the biology department on projects that they have similar interests in,” said Ballman.

Ballman wants to foster a greater community among the college and to hopefully inform everyone that we are doing great things in the university.



Angel Lizardi | Chronicle Photo

Terry Ballman hopes to bring a sense of unity to campus.



# More aid is now available: Apply now

## New middle class scholarship offered through FASFA grants more aid to more students

By **DEVIN RAMOS**  
Staff Writer

The Middle Class scholarship will give relief to students and families that struggle to pay for tuition in California State Universities and Universities of California.

The rising costs of attending college show that people are in need of a scholarship tailored specifically to their income bracket.

The scholarship can cut tuition by 40 percent for families making under \$100,000 and will also target DREAM Act students.

A student must first complete an application for Federal Student Aid to automatically be considered for the scholarship.

In my opinion, the process to be considered has been made simple for students to obtain money to help them through school.

Statehornet.com reports, “Beginning in the 2014-15 academic year, the Middle Class Scholarship Act is a new financial aid award for California State University and University of California Students.”

According to Sacramento state interim financial aid director, Anita Kermes, “Assemblyman John Perez fought for the Middle Class Scholarship to help those families that are otherwise ‘priced out’ of assistance for college. The bill passed last year and we are in the first year of a three year phase of implementation.”

The inclusion of which shows that Perez is serious about encouraging more students to pursue a higher education.

The ability to pursue a higher education against rising tuition costs makes it difficult for people to complete their education without having to take out a loan.

The Associated Press reports that the cost of tuition costs rose over the last six years and that California residents filing the federal financial aid application jumped nearly 74 percent.

A scholarship like this will encourage students to take advantage of the aid that has always been available but tends to go unclaimed.

Tara Siler of NPR reports, “FiniAid, an online guide that helps students find funding for college, estimated about two million eligible students nationwide are foregoing federal assistance.”

Siler reports, “Here in California, those students leave about half a billion dollars in federal Pell Grants untapped. That’s according to Debbie Cochrane with Berkeley’s Institute for College Access and Success.”

Colleges should play a bigger role in making students aware of how much money that they are losing out on, which in turn would drive more people to enroll in a state college.

Students should know that scholarships, such as the one aimed at the middle class, are available for them while they are

attending classes.

It would allow students to take more classes by not having to work more hours at their job in order to pay for their classes and school supplies.

The ability to do so would push them through school faster and lower the stress levels of having to balance a job and a full-time schedule at school.

The opportunity for students to leave college with little to no debt has been made available for those that have had trouble obtaining financial aid.

Students should file a FAFSA to increase their chances of receiving aid.

The simplicity of obtaining the Middle Class Scholarship can ease the burden for many that are pursuing a higher education.



Photo courtesy of Shutterstock

More students will be able to qualify for the federal financial aid, now that a middle class scholarship is being offered.

# Coyote Watch: What club would you like to join?

## Students share ideas of clubs that they would like to see active on our campus

By **MARIE FERNANDES**  
Staff Writer



Jorge Torres

“I would like to see the school start a club based on traveling that we could use instead of the study abroad program and we could fund our trips with fundraisers.”



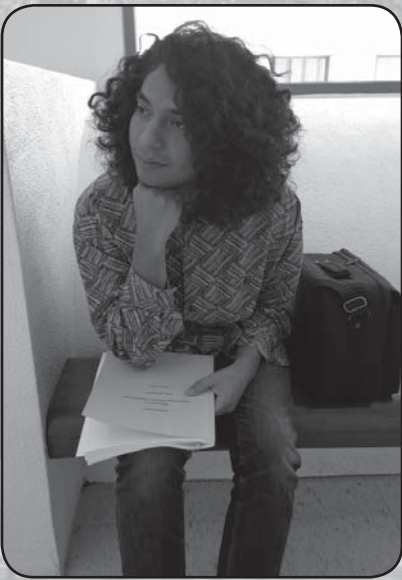
Jasmine Perez

“I wish we had a glee club because then everyone would feel like they can be involved in it rather than having to audition for a choir.”



Rafael Peña

“A language club that focuses on different languages every couple of meetings, seems like it would be interesting to many students.”



Arturo Ramirez

“A club based around sharing music and meeting new people and sharing interests with each other would be a cool club.”



# Facebook recognizes 50 gender identities

By **TORILYNN QUALLS**  
Staff Writer

Facebook has taken a step toward recognition of the transgender rights movement by adding over 50 new gender identifiers for users to classify themselves.

Transgender is a term for people whose gender identity does not conform to the sex they were given at birth.

Non-binary gender are people who feel their gender identity does not fit within the stereotypical definitions of male or female.

I believe that this is an improvement to the website because it will allow everyone to embrace their gender identity. It will also help users become more aware of transgendered and non-binary gender types.

“There was no debate within Facebook about the social implications at all,” said Alex Schultz, director of growth at Facebook. “It was simple: Not allowing people to express something so fundamental is not really cool, so we did something about it.”

Those opposed to Facebook’s new gender options believe there are just too many options which may cause further confusion.

Todd Starnes host FOX News & Commentary condemns the change on his Facebook wall, “What if you identify as a pine cone or a chicken or a weed whacker? Facebook doesn’t offer those options.”

Views similar to Starnes’ helped push Facebook to change its gender options in order to support their transgendered and non-binary users.

Some are concerned that Facebook is just using the new identifiers as an adver-

tisement platform.  
Blogger and computer coder Meitar Moscovitz stated, “Facebook is categorizing you. The more information you give Facebook, the more money you’re worth to Facebook.”

According to the Associated Press, changing gender is not registered as a “life event” on Facebook and won’t post on timelines.

Therefore, Facebook said advertisers cannot target ads to those who declare themselves transgender or have recently changed their gender.

Before writing this article, I was unaware of all the different gender types that people classify themselves as.

I feel that in the past I may have ran the risk of offending someone by gendering them wrong without even being aware of it.

I believe that this Facebook update personally helps me to be more socially aware of those around me.

Facebook has also added the option for users to select the correct pronoun for the website to use when referring to them.

For example, the website prompts the user to choose between “wish her a happy birthday,” “wish him a happy birthday,” or “wish them a happy birthday” for those who don’t identify with the she/he pronouns.

“There’s going to be a lot of people for whom this is going to mean nothing, but for the few it does impact, it means the world,” stated Facebook software engineer Brielle Harrison.

Gender is a delicate topic for some, especially if the world around them does not recognize their gender preference.

I’m glad that Facebook is taking this positive step to support and affirm these 50 plus gender types.

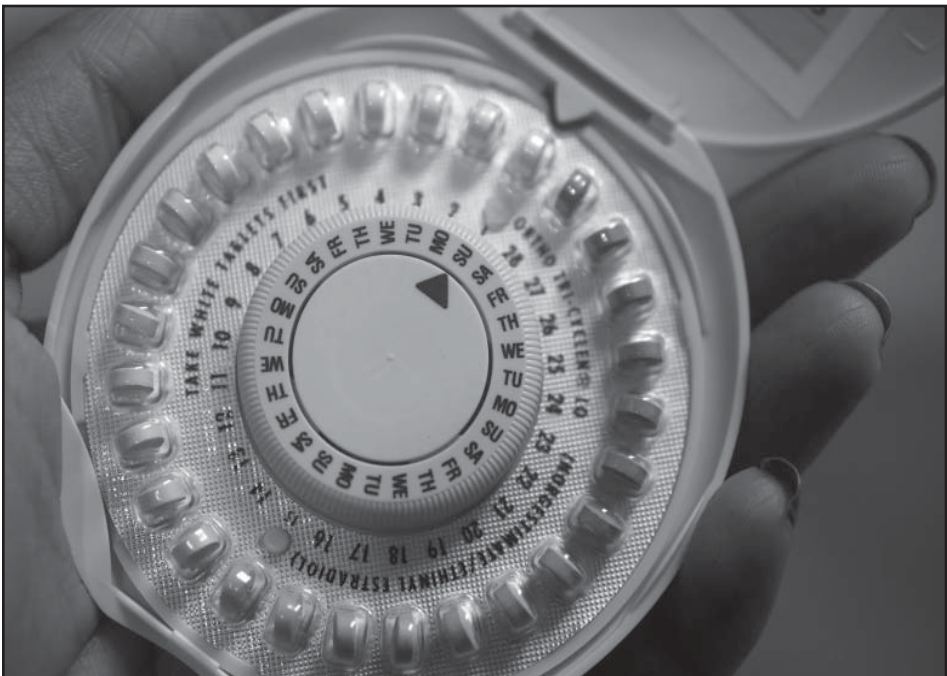


Photo courtesy of clumpsofmascara.com

Contraceptives such as birth control pills can have negative effects on women, one example is unwanted mood change.

# Birth control can produce negative health effects

By **MARLYN RODRIGUEZ**  
Staff Writer

Contraceptive methods can cause mood irregularities for women.

The list of side effects is a fairly short and self-explanatory one.

They include headaches, dizziness, breast tenderness, nausea, decreased libido and spotting.

The one side effect doctors sometimes fail to emphasize and is prevailing among all the others is depression and mood disturbances.

Although contraceptives have been of great benefit to most women by allowing them to control their reproductive life and reducing premenstrual syndrome, I want to urge students to ask questions and fully understand the outcome of starting a contraceptive program.

Changes in mood have been linked to contraceptives that are based heavily on hormones.

Our body relies on hormones to accomplish its daily functions.

Hormones affect how we think, eat, sleep, and cope with stress.

A hormonal imbalance can potentially hurt one or several of our daily functions.

Dr. Wendie Trubow a gynecologist said, “Any contraceptive with hormones has the potential to impact a woman’s mental health due to the effect synthetic hormones can have on a woman’s body.”

“For any woman who is prone to depression, anxiety, sadness or mood swings, the hormone-containing contraceptives can magnify those responses,” added Trubow.

There has been many technological advances in the form of contraception and the doses that are administered.

Women not only have the pill but they also have patches, injections, and implants.

Even though there has been a lot of developments and research done on contraceptives, one of the side effects that is

severely unpublicized and hasn’t been addressed yet is the psychological one.

Dr. Robert Gardiner, the campus psychiatrist, agrees that he has seen birth control negatively affect many women.

“Estrogen based birth control has a higher chance of causing mood irregularities than progesterone based birth control,” said Gardiner.

He also claims that estrogen works as a stimulant and in many cases pushes women off edge.

Tampering with our hormones and manipulating our reproductive system benefits us in the way that we steer away from unwanted pregnancies but then has a negative effect in other ways.

However, there are alternatives to being affected by the hormones in birth control and only reap the benefits. Contraceptives, such as the intrauterine device (IUD) is available in a non-hormonal form.

Student Marisol Jacobo said she has experienced mood changes but feels that a lot of our mood changes may be psychological and that

changes only occur because we think they will affect our mood.

“It can affect moods greatly depending on what type of birth control it is,” said Brittany Mora, who claims to have experienced it herself.

Mora also said she has learned about it in health classes as well.

Obtaining information regarding birth control, the various types, and the side effects of them is fairly easy.

Students have a department in the Student Health Center whose job and purpose is to answer any of our questions and concerns about contraceptives.

Women shouldn’t stop using contraceptives because of the fear of experiencing the negative side effects but women should be well informed and find the right contraceptive that works best for the physical and mental health.



Photo courtesy of Business Insider

Facebook continues to stay current with its update that provides users with more than 50 gender identity options.



# Breaking DRY campus policy

## Students voice their thoughts on consuming alcohol on school property

By **DIANA RAMOS**  
Staff Writer

While some choose to play it safe, others take a walk on the wild side by breaking the dry campus policy.

Although some students decide to be rebels, they may not be aware of the policies and what it is they are actually risking.

According to CSUSB student conduct of the following is the grounds upon which student discipline can be based, "Use, possession, manufacture, or distribution of alcoholic beverages (except as expressly permitted by law and University regulations), or public intoxication while on campus or at a University-related activity."

According to student affairs, the president of the campus can put a student on probation, suspend them or even expel them for violating the "dry" campus policies. If expelled, a student will not be refunded their tuition.

Not only is CSUSB a dry campus, the dorms and apartments are also "dry."

Ashley Perez a student that has previously lived in the CSUSB dorms and apartments said, "I always found it weird that you could not drink on campus. I understand if you are underage but if you are 21, you are also not allowed alcohol in your apartment opened or closed. I believe it is BS that you cannot have alcohol in your apartment yet you can go to the pub and drink."

Yariela Vargas and Sebrina Thurton, employees at University Village, said, "If you are caught with alcohol in your apartment you are scheduled to talk to a Resident Assistant. You then explain to them what happened. If it is not too severe you get a warning and put on probation. The worst can result in expulsion."

It is stated in the University Police Safety Report that, "CSUSB has adopted a Dry Village policy within all University Housing. Possession or consumption of alcoholic beverages in university buildings or on CSUSB property is prohibited. Violations of this policy will result in disciplinary action leading to probation, possible eviction, and prosecution."

It does not matter if you are of age to legally consume alcohol, there is no tolerance of alcohol within school ground.

When asked if they would risk drinking on campus, Jessica Botello a sophomore at CSUSB said, "I would not risk drinking on campus. I have a lot to lose and I would not like to get kicked out for something I can avoid."

Skyler Jenkins a senior at CSUSB was also asked the same question. She responded, "I have never consumed alcohol on campus but I have always thought about it. I believe people do it for the adrenaline rush and at the moment they do not think of the consequences you may face if caught."

Scottie Oakley a student attending CSUSB said, "When I think of having a college experience, I think about having fun and taking risks. I know it's illegal but I do not feel like it is wrong. I wouldn't drink to get drunk, just to have fun."

There is a lot to lose when breaking the dry campus policy. Adrenaline is what motivates most students to drink alcohol on school grounds, but not everyone is driven by adrenaline and would rather play it safe and avoid the punishment that comes with breaking the policy.

“Possession or consumption of alcoholic beverages in university buildings or on CSUSB property is prohibited. Violations of this policy will result in disciplinary action leading to probation, possible eviction and prosecution.”

University police safety report



Photo courtesy of chemistry.about.com

Whether of drinking age or not, consuming any type of alcohol on campus or on school property can lead to various forms of repercussion.



# What to look for in buying a car

## Gas mileage, music, comfort, affordability and accessories make all the difference

By **ERIN CAMPBELL**  
Staff Writer

Even when they don't have a choice on the car they drive, CSUSB students have an opinion about the features they want in a car.

The most desired feature is an auxiliary port in order to play music.

"My car must have an auxiliary port in order to play my music from my iPod," said student Joy Dittmore.

Students said their must-have features for their cars include comfort, affordability, space, gas mileage, radio and easy to use functions like cruise control.

In addition to efficiency, plenty of cup holders, a good armrest and a moon-roof are also valuable features students and young adults look for in a car.

Many students take pride in their ride.

Any means of transportation is mandatory for students who do not live on or near campus.

Since cars are so necessary for commuter students, there are many factors to consider when purchasing a car.

Students who commute to work and school are concerned with their car's overall MPG and how easy their car drives.

Safety is also a main concern for students, especially those who have children and families.

Many students who have been involved in accidents tell me they prefer larger vehicles.

Kelley Blue Book (KBB), the most trusted online car resource, awards many different cars for different categories such as top most affordable cars, best winter cars, best family cars and best back-to-school cars.

KBB also offers advice on what car would be best according to individual preferences, how much one should spend on a car and how much their current car is worth.

If you or someone you know is contemplating purchasing a new car, here are some tips Cars.com recommends to avoid

getting ripped off.

First and foremost, figure out a budget and stick to it.

When buying a car, it's important to keep in mind that other expenses are going to apply to your new purchase such as

gas, insurance, registration and maintenance costs.

After determining a comfortable price range, decide what kind of car you want.

Gas mileage, safety, size and style are all important features to keep in mind when purchasing a car that will be in use for years to come.

Now that pricing and style are determined, it's time to determine between the accessories that are truly important and simple luxuries.

The leather seats and a heated steering wheel sound nice, but perhaps investing in a GPS or front-center airbags would be more profitable in the long run.

New cars generally come with a complete package.

For example, if you want larger wheels for your car, you may need to purchase a different package deal to accommodate this one feature.

These packages usually include more accessories and run at a higher cost.

Unless you plan on purchasing a new car in full, financing and insurance is absolutely necessary.

Setting up a monthly payment plan you can stick to is very important.

You don't want to get over your head in debt, especially as a college student!

Used cars tend to be inexpensive compared to new cars. However, depending on where the used car is purchased, financing for the car still may be necessary.

For those who are happy with their current ride or are not car shopping at the moment, the time may come one day when you have to say goodbye to your old faithful.

Visit Cars.com and KBB.com for more information on car investment advice, reviews and how to care for your current vehicle.

**"My car must have an auxiliary port in order to play my music from my iPod."**

**Joy Dittmore**  
Student



Photo courtesy of JoelFeder.com



# Social work students help local school

By **GLYNN GUERRA**  
Staff Writer

Thanks to a project in their social work class, students are giving back to the community.

Student Ariana Raygoza-Luna and three other students who major in social work, chose to create a child welfare assistance program they call Leap of Faith.

This program selected Riley Elementary School in San Bernardino to work with by donating backpacks and school supplies to the students.

“This is us standing up and saying, ‘Hey this school needs your attention,’” said Raygoza-Luna.

They have also planted a vegetable garden for education and formed a Booster Club with the school.

Once you get accepted into the social work program, you’re able to apply for a separate program called the child welfare program. This is where Leap of Faith comes into play.

In order for students like Raygoza-Lu-

na in the child welfare program to get their social work degree, they must complete a community advocacy project where they are required to pick a community within the Inland Empire and focus on an area in need of help.

This is why the students chose to work with Riley Elementary School.

Leap of Faith has had a difficult time getting donations from corporate stores because they haven’t been good about communicating back with them, but they have been able to get a lot of help from within the community.

The police department has donated things like pencils to the Leap of Faith project and the Chamber of Commerce has made some donations to them as well.

“We at least have the community’s support, but it has still been hard getting monetary donations for the school,” said Raygoza-Luna.

Even though getting corporation and monetary support has been rather difficult for Leap of Faith, Raygoza-Luna expressed that the most important thing to them is not getting monetary donations but rather do-

nations of actual supplies.

Even if their project is not finished by the end of the quarter, Leap of Faith will continue working with the school until the job is done.

Leap of Faith has provided boxes where students at CSUSB can stop by and donate school supplies for the Riley Elementary students.

You can find these boxes placed in the San Manuel Student Union and the hous-

ing community center.

Leap of Faith asks that students donate any supplies that they possibly can.

This project, although small, has helped students in need so that they can better their education and has shown to be a very admirable group.

Please help Leap of Faith in furthering their donations to Riley Elementary School, because even one small donation can help make a difference in a child’s life.



Glynn Guerra | Chronicle Photo

# Wilmer A. Carter our own local hero

By **ERIN POSJENA**  
Staff Writer

Black History Month during the month of February has long been a tradition where we acknowledge and honor the accomplishments of notable black figures in our past.

While there are many men and women who deserve the honor of being recognized, there still are many who go unnoticed.

Locals of San Bernardino probably aren’t aware that we have our very own notable figure in our own backyard! Her name is Wilmer Carter.

She was born in 1941 and spent her childhood in Mississippi before moving to San Bernardino.

CSUSB students may have more in common with her than they may think-- for starters, she is an alumni!

Carter graduated from San Bernardino High School and attended Valley College before earning her Bachelor’s in English in 1972 and her Master’s in education from CSUSB in 1976.

Carter was and continues to be an advocate for our citizens and youth in the Inland Empire.

Education reform has always been a focus for her and she also has called for a more specialized and educated workforce.

The community of Rialto offered Carter the chance to serve by participating on the board of education from 1983 to 1999.

She became a politician for the Democratic Party and served in the California State Assembly from the 62nd district until November 2012.

Late congressman George Brown appointed her as his district director after working together for 23 years.

During her time as district director, Carter has supported and co-authored laws that improve safety, health, jobs, transportation, housing and education for the citizens of the 62nd district.

CSUSB has seen Carter coordinate various community and legislative community relations as well.

“I’ve been lucky enough to serve in so many organizations in my community over a period of so many years,” said Carter.

According to smartvoter.org, her commitments have been to create a sustainable community which includes creating green jobs, promoting and retraining renewable energy and perhaps most importantly, bringing in resources to the 62nd district.

“Everyone in the community has been a contributor to the growth of our community,” said Carter.

It is reported by smartvoter.org, that Carter believes that we can stimulate the economy by strengthening small, independent businesses. She is also a small business owner alongside her husband.

Carter has been seen as a woman who values self-reliance and community support.

After researching Carter, I would say that among her biggest accomplishments would be her developing, leading and directing a school-to-work program that became a national model for career development for high school students.

This program has demonstrated Carter’s commitment to public service.


Her accomplishments and dedication in the area led to the city of Rialto naming a high school after her.

The naming of Wilmer Amina Carter High School enabled her to become the first African American woman in the Inland Empire to have a school named after her.

During her career, Carter has been involved in over 30 local and national organizations and she continues to be involved in the community.

Carter retired from her work in the community in 2012.


She currently lives in Rialto with her husband and has three adult children.



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# Desert Daze is back and it will blow your mind

By LILY PEREZ  
Staff Writer

**L**ive music, psychedelic vibes, starry nights, and a beautiful view is what awaits concert enthusiasts at this year's Desert Daze Music Festival.

The increasingly popular festival is back again with its third installment taking place on April 26 at the Sunset Ranch Oasis in Mecca, CA.

The 163 acre ranch is surrounded by mountain ranges and has three full lakes and will be the festival's home for the second year in a row.

This year's lineup includes great bands like Coachella Music Festival veterans Blonde Redhead and The Raveonettes whose *Whip It On* album was named "Best Rock Album of the Year" at the Danish Music Awards in 2003.

The Festival will also feature live performances by Liars, Autolux, Unknown Mortal Orchestra, Vincent Gallo, DIIV and many more.

Desert Daze serves as an inexpensive alternative to the Coachella Valley Music and Arts Festival and provides concert goers with a more psychedelic ambiance.

"I'm thinking of checking out Desert Daze this year, the tickets are pretty reasonable and I think I'll end up having more fun enjoying the live music there than at Coachella since it tends to be more crowded and expensive," said music goer Caren Inda.

Guests will be able to wonder freely around and get lost in a collective of music sounds generating from the several stages that are set to be placed around the

property.

Moon Block Party, founded in 2001 by Phil Pirrone is a community of artists who collaborate together to produce several music festivals including Desert Daze, which was first established in 2012.

The first Desert Daze Festival took place in Palm Springs back in 2012 and lasted 11 days and the following year it became a one-day one-night music event.

"Desert Daze seems like a cool and secluded place where you could get away with friends where you could just hangout, listen to some good music and dance the night away and you get to camp out which only makes it that much more fun," said Inda.

Concert enthusiasts don't have to worry about dealing with long lines or overpriced drinks but can lay back and relax as they take in the beautiful scenery and good tunes.

The festival is known for its intimate and serene setting making it the perfect place for artist and music lovers to come together as they enjoy an explosion of music.

On-site camping will be available for the one day and one night festival with tickets ranging from \$45 general admission to \$100 General Admission and Shaded Beach Park n' Camp.

Desert Daze will also include various merchandise booths and food vendors to complete the music event.

Tickets are now on sale on [desertdaze.org](http://desertdaze.org) and concert goers are encouraged to buy their tickets now before they sell out.

Desert Daze is bound to be a night full of memories in the making and guests will not be disappointed.



Abigail Tejada / Chronicle Photos

Desert Daze Music Festival 2013 had the crowd in a trance, the band awed music goers with their sick beach beats that suited the heat.





# Fontana brings back the arts

By **MINTIMER AVILA**  
Staff Writer

While most schools have been hit with budget cuts and have had to cut their art programs, the city of Fontana has reached out to the younger generation in hopes of giving children and local residents the art they might be missing out on.

Fontana hosted its Jazz 'n Art celebration in front of the Lewis Library on Feb. 22, where performers got together for an afternoon of smooth jazz and unique art.

There was a variety of local artists that were showcasing and selling their art to the public.

Artist Jared Tumbarello drew the crowd in with his interesting use of spray paint.

Tumbarello used quick bursts of spray paint, occasionally using a brush to carefully create works of art.

The audience was amazed at how he created mountain scenery inside a dream catcher right in front of their eyes.

Everyone couldn't help but clap as he lay the finishing touches and presented his piece to everyone.

Artist Tom Fontanes, a Vietnam Veteran, also showcased his work but it had a twist.

His art consisted of various smaller pieces within the grand design creating a collage

that can tell a story just by looking at it.

The event also featured a community chalk mural that anyone could contribute to.

Children enjoyed doodling on the concrete mural and creating their own art alongside the artists.

While everyone was enjoying the local art or grabbing a bite to eat, jazz music from various groups could be heard on stage.

Summit High School, Kaiser High School and The Amanda Castro Band all performed on stage.

The Amanda Castro Band's lead singer, Amanda Castro, specializes in songs from the '20s and '30s and adds a mix of Latin, New Orleans Soul, and blues to her songs.

The band was last to perform but they certainly weren't the least as Castro's vocals brought the songs to life and attracted everyone to the stage.

The event was not limited to just music and art.

The Steel Workers Auditorium, located in the Lewis Library, hosted its own dance performances.

The David Martinez dance group was the first to take the stage and present their wide variety of dance styles.

Martinez and his partner danced to a number of tunes that had both of them gracefully whisk each other back and forth.

Their best performance came when they danced to the tunes of Latin music.

Martinez and his partner threw out all of the stops as they matched their rhythm and swung to the beat of the song.

The main performance of the afternoon was by the Valverde School of Performing Arts (VSPA).

VSPA opened up with a big cast of children who took turns dancing to the front of the stage, singing to the audience when they reached the mike.

In their third performance, one of the students sang a solo to Disney's "Do You Want To Build a Snowman?" from the movie "Frozen."

The audience could not believe that one of the youngest performers was able to outshine the other performers.

"The performance was great! I was especially impressed with their take on Frozen," said Fontana resident James Corona.

"It sounded like it came straight from the film's sound track," continued Corona.

They completed their performance by bringing out everyone from the school on to the stage to sing "Life's A Happy Song," from the film "The Muppets."

The Jazz 'n Art Celebration was a great way to experience local talent and meet the artists or performers behind such hard work.



Mintimer Avila / Chronicle Photo

Fontana residents gathered on a sunny Saturday at the Lewis Library. The community, both children and adults, got creative and had the chance to draw, doodle and have crazy fun alongside each other on the concrete with chalk.



# Students go crazy over Valfre’s illustrations

By **CARLY WOOLLEY**  
Staff Writer

Ilse Valfre was having an ordinary day at work and began thinking about how she loved teaching, but realized her true passion in life was to be an illustrator.

Today she sells her designs on T-shirts, tote bags, cell phone cases, journals and prints ranging from \$24-\$48 on her website, valfre.com.

Valfre is a 23-year-old artist from Tijuana, Mexico.

The artist found her love for drawing at a very young age when she began to draw on everything in her house including the walls.

She was lucky enough to have a father who supported her dreams and encouraged her to continue drawing even if it was at the expense of his home’s cosmetic state.

She has dabbled in a fair share of interests including professional modeling, teaching preschool, publishing a children’s book and starting her own fashion line, which has all been a contributing factor to her success in becoming a full-time illustrator.

Valfre may have had several different occupations in the past, but it was when she was a preschool teacher that she decided to commit her future to art.

Author Mihaela Husar from Impressive Magazine reported, “The Valfre brand is based on the captivating illustrations and expressions [...]. Her art is a collection of

thoughts and images that uniquely capture what it really feels like to be a girl.”

Valfre has been very excited to see her work featured in several online magazines and blogs.

She has found great success by sticking to her personal design style and by continually creating unique and memorable pieces.

Her illustrations have proven to be unique by combining standard art, current fashion trends, vibrant colors and short messages.

Valfre admits that fashion has been a huge influence in her designs.

She has considered fashion to be a means of expression alongside art and she likes to actively keep her eye on new collections.

The young artist knows she may not be able to afford any of the clothes from the collections, but she likes to keep her eye on them so she can use them as inspiration to style her paper dolls.

Valfre has compared her process of designing to living in her own little fantasy world where anything can be created.

Student Aubrye Butler said, “I’m a really huge fan of Ilse Valfre’s designs. I’ve been buying items off of her website for myself and my friends for a while now and I’m always waiting to see what new products are going to be available.”

Valfre has recently been working on designing several new T-shirt designs with Los A based Rogue Monk Shop and she



Illustration by Valfre

Valfre creates both sassy and adorable illustrations, they can be found on shirts, bags, and iPhone cases on valfre.com.

is very excited to be releasing them in the near future.

She is looking forward to begin painting murals around the world, publishing her book series with a publishing house, and begin styling and illustrating for more

magazines and clothing brands. Valfre has undoubtedly earned herself a high level of respect in the art world and she is striving to reach the same level of respect as she takes her brand further into the fashion industry.



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# “Robocop” lets down old time fans

By **JOEL HANKE**  
Staff Writer

I remember being a kid while watching the original “Robocop” and loving it.

Sadly, the remake of the 1987 science fiction/action movie “Robocop” lacked any real enjoyable main plot of action and revenge but rather focused more on the internal struggle of the good-cop overcoming the cold programmed killing machine that controls him.

Rotten Tomatoes user John Beifuss stated, “Padilha protracts Murphy’s existential ordeal, so that the revenge plot that motivates the action becomes secondary to Murphy’s struggle to hold onto his identity even as political, corporate and scientific interests seek to erase it.”

The recent remake was directed by Brazilian film maker Jose Padilha and was released on Feb. 12.

The film starts out with Samuel L. Jackson as some cocky political host in “The Novak Element,” some futuristic Bill O’Reilly spin off in the year 2028.

His loud opinionated voice stresses to audiences the importance of how law-enforcement developers ‘Omnicorp,’ a multinational military robotics conglomerate. Omnicorp CEO Raymond Cellers, played by Micheal Keaton, creates a marketing scheme evolving a new law enforcement product that will sway public opinion. That new marketing scheme combines both man and machine in Robocop.

While under the current U.S. policy, Police officer Alex Murphy, played by Joel Kinnaman, and his partner make an attempt to arrest a weapons arms dealer known as

Antoine Vallon. Murphy, unaware that Vallon has corrupt cops working for him in the Detroit Police Department, is nearly killed in his own driveway after a car bomb is planted by Vallon. On the verge of death after nearly 80 percent of his body is severely burned and his legs and right arm have been amputated. Omnicorp head scientist on the Robocop project, Dr. Dennett Norton, played by Gary Oldman, picks Alex as the perfect candidate for the program after consent from Murphy’s wife Clara, played by Abbie Cornish, in order to save him. I was expecting the movie to really turn up the heat with revenge seeking action once Robocop was created. Instead the film takes the emotional path of Murphy’s internal struggle as the main plot. We then see Murphy and Clara slow dancing at a backyard BBQ when suddenly Murphy is awoken from a coma having been uploaded into the Robocop machine and software. Murphy believing he is in a nightmare and rejects his condition with a wish to die but then Norton reminds him of his wife and son which encourages him to be strong. This makes him seem more weak. The subplots behind the action lacked conviction as well as the dialogue of characters. The movie’s main climax and inevitable plot is Murphy’s human spirit overriding the robotic system that controls him by returning to his family and solving his own homicide cover-up, neither of which are very convincing plots.



# Be stylish without hurting your wallet



Ofelia Fuede/ Chronicle Photos

Finding new ways to save money and still be trendy by creating your custom pocket T-shirt.

By **OFELIA FUENTE**  
Asst. A&E Editor

Spring is around the corner and the temperatures are rising at CSUSB.

It's time to ditch your sweaters and jackets and swap over to T-shirts and tanks.

Unisex pocket T-shirts have been all the rage since last summer, and with the heat rolling in again, these T-shirts are comfortable and breathable.

Pocket tees range from \$20-\$40 in various stores. The price for these tee shirts is ridiculously high, especially for college students, and you can't always customize them when purchased from a store or online.

So here's a D.I.Y. project to re-create these customized T-shirts all for just under \$15.

**Supplies:**

- Fabric Squares (Joann's \$1.99-\$2.25)
- Fabric Glue (Joann's \$4.99)
- Plain T-shirt (Target \$9.99)
- Scissors (Joann's \$.99)
- Ruler/Measuring tape (Joann's \$2.99)
- Pencil/Chalk/Pen
- Paper
- Iron

**INSTRUCTIONS:**

1. Next pick your fabric of choice and start making your measurements. The measurements can be up to you, most people like to take shirts they already own and measure the pockets. Make sure to add half an inch to all the sides of your measurements The measurements I used in this DIY were 6 inches wide; 7 inches tall and the sides of the pockets were 5 inches.

To make cutting easier you can cut a square that is 6 inches wide and 7 inches tall

2. Once you have your square measure about 5 inches down on the sides of the pocket and cut diagonally until the left and right side meet, making it a triangle at the bottom

3. You should now have your upside down house shaped fabric piece fold each of the sides half an inch and iron to create a crease.

4. Once you have creased your edges, it is time to glue the edges down. Let the pocket air-dry.

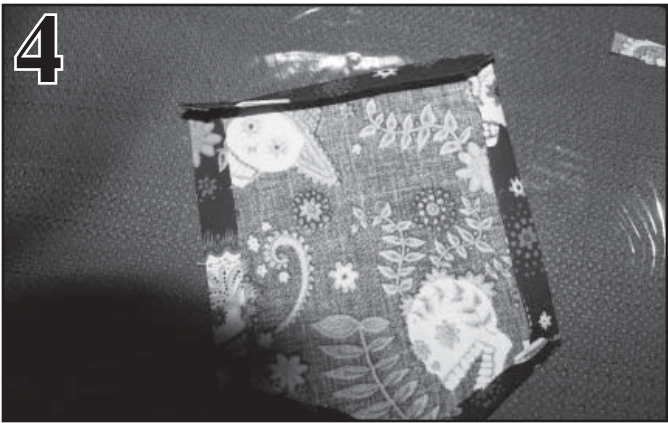
5. Once your pocket has dried determine the place where you would like the pocket to be on your T-shirt.

6. After you have determine the place of your pocket start adding glue to the pocket on all sides except the top of your pocket (this lets your pocket be use able) and let dry for 24 hours.

Once your T-shirt has dried, it's time to style it up or down.

For the gents, you can rock this T-shirt with your favorite jeans and Vans and for the ladies, you can pair your T-shirt with a skater skirt or high-waisted cut-off shorts.

Pocket tees are great for students to wear to school, while running errands, or to simply wear while lounging around the house.



# Chris D'Elia is hilarious

By **CHRISOULA BAROUDOS**  
Staff Writer

New up and coming Los Angeles comedian, Chris D'Elia, had the crowd in tears on Friday, Feb. 21 at the Irvine Improv.

"It's hard for me to write a joke where I don't end up on the ground for some reason. Hey, at least that way, I know no comics will steal my jokes. Too many bruises," said D'Elia.

The room was completely packed and all the seats were filled within five minutes.

Everybody was itching to see D'Elia who has been recently named one of the Variety's "Top 10 Comics to Watch."

He previously starred opposite Whitney Cummings on NBC's comedy Whitney and will now be starring as Danny on NBC's new comedy "Undate-able."

He has also has appeared on Late Night with Jimmy Fallon as well as on Comedy Central.

D' Elia performed along with other wonderful comedians at the improv in Irvine, the comedians had the crowd in constant laughter.

The line up for comedians that night were Michael Lenoci, Fahim Anwar, and the headliner, Chris D'Elia.

Lenoci was a great MC for the night, giving great transitions and feeding off of the crowds' vibe.

Anwar showed off his dancing abilities while imitating a transvestite hooker listening to her iPod as she was crossing the street. The audience quickly reacted with an uproar of laughter.

Irvine has been known to be a conservative city, however that was not enough to convince D'Elia to try different jokes.

"I like to keep the same jokes, sure if I was in New York the vibes would be different, but I am the same," said D'Elia

His jokes were mostly about relationships between guys and girls, but focused more on how girls act.

I scanned around the room during the show and noticed girls laughing and nodding in agreement.

Natasha Martinez, one of the attendees from the show, expressed her insight from watching her first comedy show.

"Watching Chris D'Elia perform at the Irvine Improv was a perfect introduction to the world of stand up comedy. I'd never been to a comedy show before. His jokes about the way girls talk was spot on. I found myself recognizing a lot of what I say in some of his sets," said Martinez.

Alex Hosseini, another attendee at the show commented that they thought Anwar stole the show.

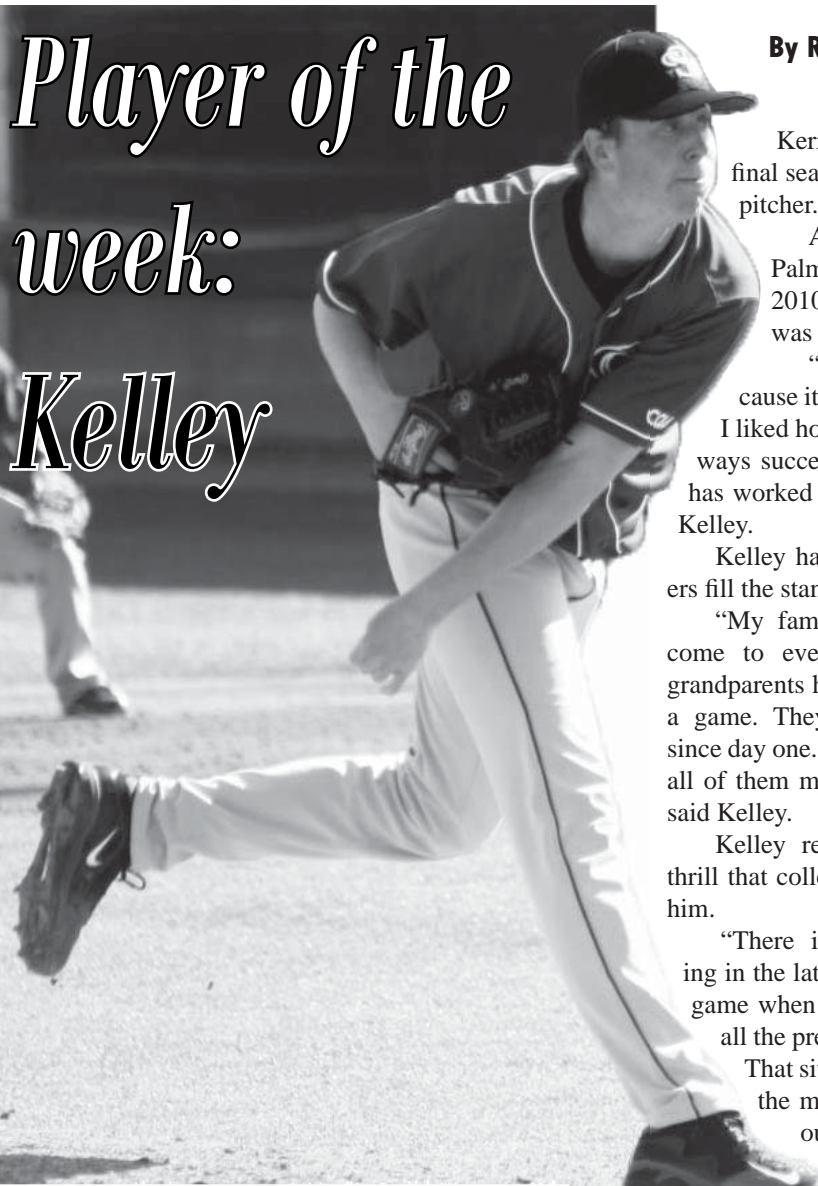
"I would have to say that although I enjoyed Chris, Fahim Anwar was my favorite. I particularly enjoyed him doing the moon walk on stage while wearing a Michael Jackson T-shirt," said Hosseini.

The show had a little bit of everything that many people can enjoy. D'Elia left the stage with a standing ovation from the crowd.

D'Elia performs his stand-up act throughout the country, but if you can't make it to any of his shows you can always purchase his one hour stand-up special, "White Man Black Comic."



# Player of the week: Kelley



Senior Kerry Kelley is approaching the end of his pitching career for CSUSB with a strong final season.

By **RYAN NAVAROLI**  
Staff Writer

Kerrey Kelley enters his final season as the Coyotes ace pitcher.

After graduating from Palmdale High School in 2010, Kelley knew CSUSB was the right choice.

“I chose CSUSB because it was close to home and I liked how the pitchers have always succeeded here. I believe it has worked out well for me,” said Kelley.

Kelley has always had supporters fill the stands at his games.

“My family and my girlfriend come to every single game. My grandparents have also never missed a game. They have had my back since day one. The support I get from all of them means so much to me,” said Kelley.

Kelley reflects on the biggest thrill that college baseball has given him.

“There is nothing like pitching in the late innings of a baseball game when the score is close and all the pressure is on the pitcher.

That situation is where I shine the most. I get a great thrill out of that whether I succeed or not,” said Kelley.

Kelley has many

memorable moments from being the only freshman on the team his freshman year to being an All-League player in his sophomore year and pitching in the playoffs.

However, there is one moment that tops the rest about a former Coyotes player that will never be forgotten.

**“We must win at least 3 games a series. If we give 100 percent as a team, we will win each inning. Our team is capable of doing something special this year.”**

**Kerrey Kelley**  
Pitcher

“During this past summer, our team lost Jake Pilkerton, who was our team leader last year and more importantly a great friend. Hearing the news was the saddest moment of my life. There are no words for how devastated everyone was,” said Kelley.

Kelley will always remember his career playing with his beloved teammate as the most memorable.

“Every single moment that I spent with Jake from pitching with him behind me on the field, going out to dinner with him and teammates, and hearing all of the stories that he had. This guy was ‘the man’ and I am lucky to call him my friend,” said Kelley.

Kelley, a political science major, talks about his future after Coyotes Baseball.

“I have two options: I can either go for my master’s degree, or go into national defense and politics when my baseball career ends and I have graduated with my degree,” said Kelley.

A College World Series championship would mean the most to Kelley to end his final senior season as a Coyote.

“We must win at least 3 games a series. If we give 100 percent as a team, we will win each inning. Our team is capable of doing something special this year,” said Kelley.

Kelley is seen as a leader of the pitching staff and leader of the team meetings in the clubhouse.

His familiar quote is often said on the field.

“I’ll always say ‘You gotta want it.’ I tell my teammates this everyday because it means a lot to me,” said Kelley.

He added, “It gets my teammates to want to win, want to be there, and want to have a good time.”

# Coyotes’ victorious blowout

By **BRANDON LANDRUM**  
Staff Writer

The CSUSB women’s basketball team cruised to their third straight victory against Sonoma State University.

On Friday, Feb. 21, the Coyotes hosted the Seawolves in the Cossoullis Arena with a welcoming crowd on Military Appreciation night.

Military Appreciation night is an event that CSUSB holds for all of the active and retired military veterans to show them that we appreciate their service to our country.

The Coyotes wanted to focus and earn the victory for their teammates and the military veterans.

In the first half, the Coyotes opened up the game playing aggressively on both the offensive and defensive ends of the court.

The Coyotes’ defensive pressure was great, forcing the Seawolves to commit 12 turnovers and caused them to shoot poorly from the field.

Throughout the first half, rebounding was an important factor to getting an early lead. The Coyotes gathered a total of 32 rebounds.

Senior guard Tayllor Gipson helped the team on the rebounding side of the game by grabbing seven offensive rebounds.

Sophomore guard Alexcia Mack and sophomore forward Adriana Brodie led the pack in scoring earning 18 points combined.

Chances to make up for lost points were also important in the first half with the Coyotes scoring 20 points compared to the Seawolves not scoring any points.

At the end of the first half, the Coyotes led the Seawolves 35-13.

The Coyotes opened up the second half strong, keeping up the defensive intensity and scoring effectively on the offensive end.

The Coyotes got a lot of hustle points in the second half with scoring four fast break points and dominating the

points in the paint with 14 points.

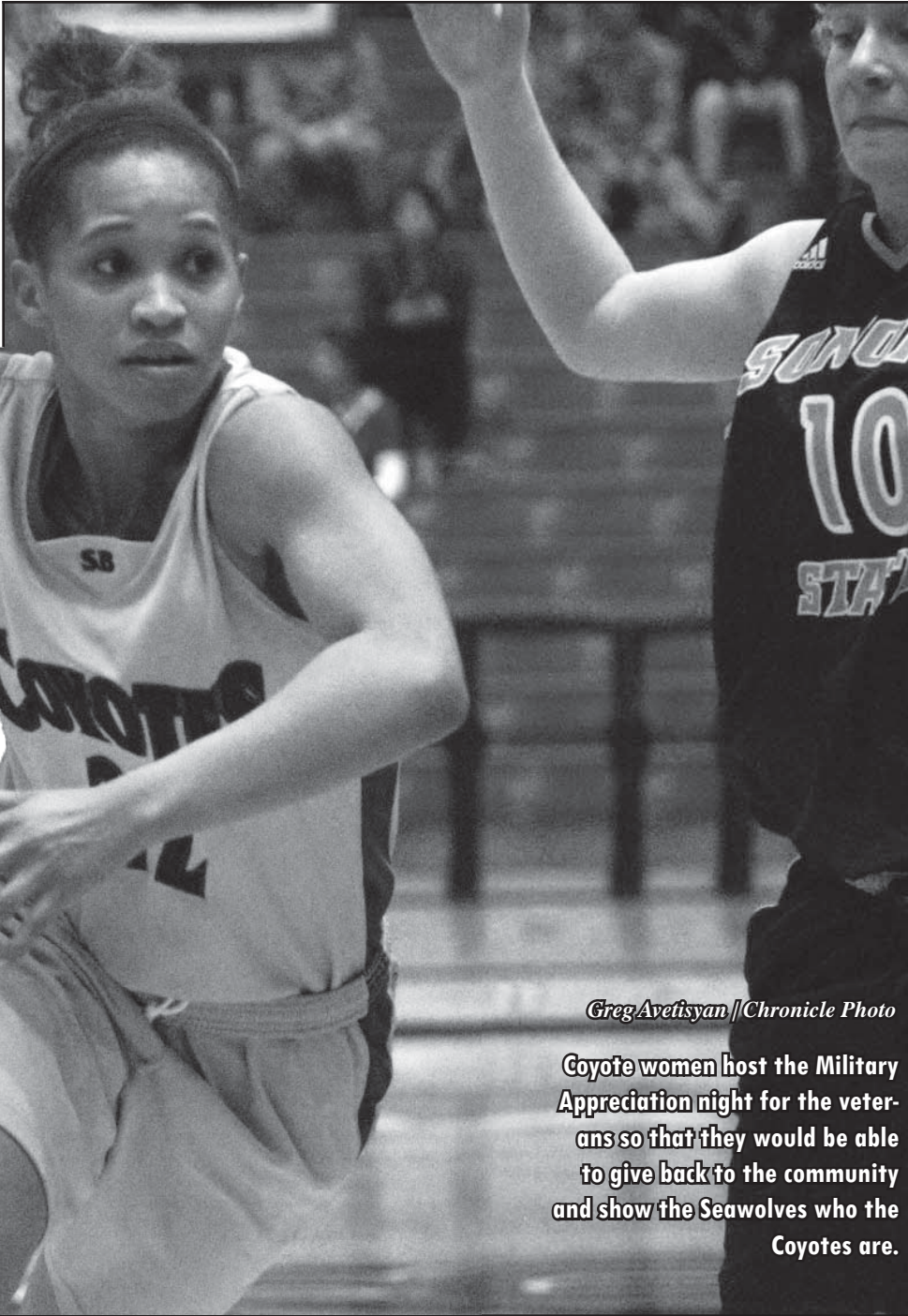
The Coyotes put a stop to the turnovers and began to take control of the ball. The final score was 58-47 as the Coyotes won.

Mack finished the game scoring a game high of 14 points, followed by Brodie adding 12 points.

The Coyotes record improved to 8-15 on the season and in the CCAA conference the Coyotes are 7-13.

This marks a sad but memorable moment for the seniors as their time on the Coyote women’s basketball team comes to an end

The team must now prepare for the off season as they try and improve their skills and chemistry for the upcoming 2014-2015 season and show your support.



Greg Avetisyan // Chronicle Photo

**Coyote women host the Military Appreciation night for the veterans so that they would be able to give back to the community and show the Seawolves who the Coyotes are.**





Uriel Ortega | Chronicle Photo

Darian Manuz is trying to finish out her senior season in a positive way this season. She cites her great teammates and family as her support through the years because of how much they have helped her during her time with the Coyotes.

By **URIEL ORTEGA**  
Staff Writer

Softball player Darian Manuz is the Coyotes’ outfielder and currently the only senior on the team. She’s looking to finish her season out strong. Last season, Manuz was very productive for the team. She started 44 games, had a batting average of .273 and the second most walks on the team. She played second base for the majority of the season and finished fourth in fielding percentage with a .951. Some highlights of last year included her seven multi-hit games. Manuz transferred from Palm Desert Community College where she played both seasons and was named school athlete of the year. She also earned first team

all-Foothill honors in 2012. Manuz’s accolades began at Robert E. Lee High School in Midland, Texas where she grew up. She later moved back to California after high school in 2010. “I moved to California to be with my family. I was originally born in California, just Texas raised,” said Manuz. Manuz said that she chose CSUSB because she felt a connection with coach Duncan. “I thought she knew the game pretty well; she was extremely family oriented, she believed in the game and getting you through school,” said Manuz. Munaz comments on her family’s support for the game and that it is because of them she is able to play the sport she loves and are the reason she is here today. “My mom and my sister have been my back bone my whole life,” said Manuz.

They are her biggest supporters. Her sister always calls her and texts her before every game and her mom always attends the games to watch her play. As both a communication major and student athlete, Manuz said it can be very tough but she believes that college is shaping her for the rest of her life. Softball and being a student has helped her. Senior and leader of the softball team, Manuz remarks on the bond that she has with her teammates. She explains how important it is to stay together and have each others’ backs, and that working hard will eventually pay off. “We beat Humboldt who is number one in the nation. We came out and actually did it and what we have been working for months actually happened,” said Manuz proving her point by explaining her hard work.

Manuz comments on the bond that the softball team has. They have supporters such as the big sister and little sister on the team, who help support each other through the everyday challenges. Her message to the team is “Keep your head up, and keep you heart strong.” This helps her get through those tough times and conveys this back to her team mates. “I believe that keeping your head up and your heart strong is what’s going to get you through the day,” said Manuz. The Coyotes softball team is 9-6 overall and are making an impression in the CCAA conference. The Coyotes are coming off a doubleheader sweep against Sonoma State and are looking to keep the momentum as Darim Manuz continues to inspire and motivate her fellow team members and supporters as she finishes her senior year.

# Coyotes work out at boot camp

By **CARLEY BENNECKE**  
Staff Writer

Free boot camp workouts are available at the Student Recreation and Fitness Center. Every Friday for the past two years, personal trainer Ronald Gonzales-Trujillo has hosted a boot camp themed workout for members of the Rec Center. Boot camp workouts are high-intensity and high volume drills that are made simple so each participant has a chance to learn and keep up. “We also keep the movements straightforward so the personal trainers can keep up with watching participants,” said Gonzales-Trujillo. “We want to make sure each member is getting our undivided attention. Also - safety first!” Each boot camp session begins with a warm-up. After the warm-up, each trainer will set up their own station. Members then break off into groups and workout at each station for two minute intervals then rotate to the next station. Each station offers something different. Some stations have dumbbells, free weights, and other workout equipment. After multiple rounds at each station, the class finishes with a cool down. Gonzales-Trujillo prefers his station to have just your body as your workout tool. “I like to focus on only using your body as equipment,” said Gonzales-Trujillo. “Competitive drive makes the group work harder!” continued Gonzales-Trujillo. Maria Williams, student and boot camp workout attendee, prefers exercising in a group environment. “I love the gym, I love working out. I do well on my own, but in a class setting the other students help push you. It has more intensity and

that’s what I want in a workout,” said Williams. Gonzales-Trujillo reminds students that the boot camp class is fun, exciting, and challenging “It’s not an attempt to make you sweat and throw-up,” said Gonzales-Trujillo. “It’s about a personal trainer quality workout, and making sure the members are working at a level they’re comfortable with.” Emily Hill, personal trainer and group X instructor at the Rec Center, agrees that the boot camp program is designed for tough fun. “It’s a great workout for every level. It’s challenging but it’s also exciting. It’s open for everyone,” said Hill. Hill said her station will always vary from Gonzales-Trujillo’s station. “Ron and I have different methods of training,” said Hill. “It’s good to have several teachers with different styles teaching a class. Participants will get diverse viewpoints and they will respond differently to different types of encouragement.” On the other hand, the one thing that Gonzales-Trujillo and Hill will always have in common is their love for seeing students’ results. “I see a change in the students who partake in the boot camp program,” said Hill. “The first class they’ll be dying, but then after a few weeks of attending they’re having a good time and doing the workout with no hesitancy.” Traci Simpson has been attending Friday boot camps for over a year. “Of course I see results!” said Simpson. “Once I also started paying attention to my nutrition, I could see muscle definition. I had a higher endurance level. I was happier and had more energy during the day.” Boot camp workouts are offered for free at the Rec Center on Tuesdays and Thursdays at 5:30 p.m. and Fridays at noon in room 205.



Carley Bennecke | Chronicle Photo

Personal trainers teach free boot camp workouts for students looking to push themselves further.



## Coyote winning streak rolls on

By KIRO GUIRGUIS  
Staff Writer

The Coyotes men's basketball team dominated Sonoma State University at Coussoulis Arena on Friday night.

The final score was 82-48

The 34 point margin over the Seawolves was the largest victory for the Coyotes in their 43 game history and marked the twentieth win for the Coyotes this season.

Senior Jordan Burris lead the team in points with 15. And later added three steals and two blocks. Senior Lacy Hadlock produced 13 points for the team and received help from senior Kirby Gardner who finished with 10 points, five assists, and two steals for the Coyotes.

The bench was able to provide more than half of the total points against the Seawolves.

Sophomore Zeke DeBlase came off of the bench and scored 12 points for the team all from three point range. During the first half, the game was relatively close in score.

The Coyotes were down 14-13 with eight and a half minutes left before going on a 29-6 run to secure themselves in a winning position before the second half began.

DeBlase set the pace of the game scoring 3 three point field goals in the first half.

Junior Juan Martinez also added fuel to the fire with his 2 three-pointers against the Seawolves.

The Seawolves defense was no match for the aggressive and fast paced offense that the Coyotes displayed Friday night.

The Coyotes were able to capitalize on fast break plays throughout the night.

The Coyotes scored 17 points off of turnovers and had 14 fast break points.

Strong and persistent defense was displayed throughout the night and was an effective tool for the Coyotes.

The Seawolves were unable to break

the consistent defense because it made it hard for them to score.

Saturday night's game was no different.

The Coyotes were able to defeat San Francisco State once again. The strong offense finished the game at 75-57. Consistent shooting inside and outside the key were proven to be successful once

again for the Coyotes.

Gardner led the team in total points with 16 over the Gators Saturday night.

Martinez assisted Gardner with 14 points and four steals.

Junior Taylor Statham led the team in three point shooting against the Gators.

He was able to provide 4 three-pointers and had seven assists over the Gators.

Strong defense and consistent shooting was a key factor in the team's success. CSUSB 21-3 overall and 18-2 CCAA is now shifting and preparing themselves for playoff games to begin.



Greg Avetisyan / Chronicle Photos

Guard Taylor Statham keeps his focusing while attempting a free-throw to help his Coyotes add to the lead.

COYOTES		PERIOD		GUEST
82	BONUS POSS	2	BONUS POSS	48



Greg Avetisyan / Chronicle Photos

Coyotes marched to a historic 34 point victory versus the Sonoma State Seawolves as they added to their win streak.