In order to succeed you must "CHEAT." Dr. Samuel Ferguson, President of Amtrak's Reign of Terror Against Employees, would get impartial hearings and perhaps other cities, have been the publicly funded national rail

- President of Chaff
- Amtrak's Reign of Terror Against Employees would get impartial hearings and perhaps other cities, have been the publicly funded national rail
- By Dr. Samuel Ferguson, President of Amtrak's Reign of Terror Against Employees
- Perhaps other cities, have been the publicly funded national rail
- When we incorporate Nov. 6, we will speed up the day to pass the time of day, is already
- We have good people on both sides of the issue. As you analyze the options, you will see that the public has the desire to become a community and play their game of 'charity', his manager rehired workers who had not done.

President of Chaff
- Amtrak's Reign of Terror Against Employees would get impartial hearings and perhaps other cities, have been the publicly funded national rail

Amtrak's Reign of Terror Against Employees

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Amtrak's Reign of Terror Against Employees
Amos Temple C.M.E. Church Presents "Marriage and Family Seminar"

Anita Temple C.M.E. Church, where the Rev. Chester B. Tope, isPastor, present an outreach Ministry this Saturday, September 8, 1984, from 9:30 am to 1:00 pm at the Community Church in San Diego. St. Stephen's Seminar. Dr. McKinney is a pastor of a "Pastor's Irvine." He is the Pastor of one of the largest churches in San Diego, St. Stephen's Church of God in Christ.

Loveland News

By L.K. Davis

GMWA Conference Exciting

Clarence Williams, President of Music of Loveland Conference in Florida, was among the 25,000 delegates at the 17th Annual Convention of the Gospel Music and Writers Association, Inc. (GMWA). The scene was the Peachtree Hotel and the Fire Theatre in Atlanta, GA. August 11 through 17.

Embracing the theme "Where the traditional gospel is still living," delegates composed of church musicians, gospel recording artists, choirs, and professional artists, who enjoyed seven days of work, prayer, and social activities.

GMWA was founded by the famed gospel recording great James Cleveland who is the current President. The Conference has been dedicated to the memory of the late great James Cleveland, who was a leader of the Revival, S.O.N.S. of Sparta- ting, S.C., who passed several years prior to the session. He had served laboriously as the President of the Ever- glades Board.

Clarence Williams's devotion to the deceased, in giving a re- count of his participation said that the cordiality was entirely unex- pected of him. He said the Atlanta Charter, the host was most successful in making everyone feel comfortable. "Everyone is Somebody Special!"

Continuing, he is a reflection and dedication to the gospel audience, GMWA focused via workshops on presenting "new music," gospel music, choral techniques, directing, song, gospel piano, development of gospel music, electronic instrumental music, liturgical ballet and modern dance music, theory, directing, accompanying, composition, and arrangements in scripts and services of other workshops.

Gospel music has played a very significant role in America and GMWA has been commended for the past 17 years for its contribution to the well being of their various com- munities.

Next year's convention has been scheduled to take place in New York City. GMWA Music Excellence Awards and Annual Board meeting will take place in New Orleans, La., March 12 through 16, 1985.

The message was "Victory Over the Fear of Death." Pastor Forbes reviewed the three deaths: physical, spiritual, and eternal. Spiritual death is the state every human being is born into and it also happens anytime a person sins. It first occurred when Adam and Eve disobeyed God in the Garden of Eden.

Physical death was a result of the fall into sin. Unless Jesus returns, we doubt that there will be physical death for all, nor, for one, exist. Ps. 103:19-21 Set us free from physical death, must prepare ourselves and our families for it.

External death is irrevocable and unchangeable. Heaven is a reality of God's love and mercy.

Satan has the power of death and the power to destroy. "He is death the way of death is to bond age to the enemy and cannot operate in peace, love and a sound mind. 2 Cor. 13:11. Victory over the fear of death is imperative to realize live and be strong. God doesn't want us to be afraid of death!" Pastor Forbes reviewed the three deaths: physical, spiritual, and eternal.

The Word of GOD

Old Testament

Thou shalt have no gods before me.

The application package should include a resume including date and place of initiation into the body of Christ, significant work experience, and two references from the personal, the other, and professional.

Applicants will be accepted up to 5 p.m. October 1 and should be sent to:

Ms. Anne C. Gordon, Chair, Personnel Committee, Delta Sigma Theta Sorority, Inc. 1107 New Hampshire Avenue, N.W., Washing-

ton, D.C. 20036

Egyptian Linen Nails

2730 University Avenue, Suite II Riverside, CA

Proudly Affordable, One Stop Addition of Billie Dee Williams

Certified Reflextologist to their staff call for appointments 683-4126 or 459-1313 for one free nail

(Arrow within Personal Touch Complex)

AMOS TEMPLE CME Church

200 S. 21st Street

(714) 683-1567

Worship Services

Sunday ............... 8:00am

Prayer and Bible Study

Wednesday ......... 6:30pm

Rev. C.B. Tollette, Pastor

New Jerusalem Foursquare Church

"Home of the New J's" Come meet with Jesus and us and see why 1,500 people attend and register during our weekly sermons!

"Bible School for new members and ministers" 683-4116 or 683-4105 for any free nail

"Prayer and Bible Study on Wednesday ......... 6:30pm

Reverend C.B. Tollette, Pastor

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Reverend C.B. Tollette, Pastor
ThE DEBUNKER
By Jack Romey, Fathers, Fools.

Polar Bears
Don't Drown in Their Own Blood.

Library to Register Voters

Eve Angleton, Deputy Register
Grater will lie at the Central
Library, 2861 Seventh St., Rive-
side, to register voters to vote.
She will be available from 2:00
To 5:00 pm on the following,
Monday, Sept. 10, 11, 12 and
Tuesday, Oct. 9. The final
day to register for the presiden-
tial election is Tuesday,
October 9.

For more information, call
797-7201.

FREE JOB TRAINING

Office of Riverside County Superintendent of Schools
REGIONAL OCCUPATIONAL PROGRAM
Fall Schedule 1984 - Classes begin Sept. 10, 1984
Phone: Riverside 788-6552 or 788-6534

Your REGIONAL OCCUPATIONAL PROGRAM is a cooperative effort of the Office of Riverside County Superintendent
Of Schools, the school districts and community colleges.

The ROP PROVIDES
- Entry level job skill training
- Upgrading of occupational skills
- Preparation for further training

THE ROP IS FOR
- Anyone 16 years of age or older with a desire to learn
- First preference to high school seniors
- Third preference to high school students - by state funds
- Is provided by ROP and high school counselors
- High school students register with their counselor. Adults enroll directly at the class.
- Phone numbers for each class apply only during class time in operation.
- All students are expected to comply with dress and conduct standards required of regular employees
- Community business/industry locations are used when possible to make training realistic.
- All classes are open to all students without respect to sex, race, religion or national origin.

In SOME COURSES, STUDENTS MAY ENROLL FOR OTHER HOURS BY ARRANGEMENT AND PERMISSION.

September is
National Sickle Cell Month

You Can Show Your Support
by Attending the:
7th Annual Membership Dinner
Saturday, September 29, 1984
Raincross Square, Riverside
$25.00 per person

Don't Wait to Hear About This!
Don’t wait to hear about this!

Be There!

In These Hard Times
You Should Not Forget
Your Teeth

Complete
Family Dentistry

Most Insurances Accepted
I.V. Sedation
Bonding
Dentures
Root Canals

James S. Lucas, D.D.S.
6339 Brockton Ave.
Riverside, CA 92506
(714) 788-6211
Open
Mon. - Fri.
Thursday Evenings

Coupons
Discount For New Patients
$25.00 adults / $17.00 under 18
Includes 1st Exam, Cleaning, and necessary X-rays

The Voice

Page 3

Thursday September 6, 1984
**Sports/Entertainment News**

*Essence, The Television Program.* Premier Features interview with Teddy Pendergrass. "The spirit of Survival" is the theme of "Essence". Teddy Pendergrass, shown in front of his home with "Essence" host Susan L. Taylor, and successful model resumed their careers and told viewers about their local listings for the day and time in their area.

"Men often mistake notoriety for fame, and would rather not be noticed at all!" Harry S. Truman

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**Consumer News**

by Eunice T. Williamson, Consumer Sciences Advisor, Univ. of Cal. Cooperative Extension

**Question:** What is the new rule concerning sodium labeling?  
**Answer:** The Food and Drug Administration (FDA) issued new rules concerning sodium labeling after consumer input, to become effective July 1, 1985. The sodium content will be included as part of the nutrition labels on packaged foods. New terms will be used on the labels. The term "sodium free" means that there are less than 5 milligrams of sodium per serving. "very low sodium" means that there are 35 milligrams or less. "low sodium" means 140 milligrams or less. "reduced sodium" means 50% less sodium than the sodium content of a food that is similar to that food usually consumed, but does not reduce the normal level of sodium in a food by at least 15%.

---

**Subcribe Today**

**Black Dollar Days Support It**

---

**RIVERSIDE'S #1 UNISEX BEAUTY SALON**

The Personal Touch

Summer Hair Help Program

Is your hair dry, brittle, and lifeless? Call now and make your appointment for Personal Touch rejuvenation: Special for July/August.

**Haircuts**
$7.00 $5.00

---

**RIVERSIDE'S #1 Unisex beauty salon**

The Personal Touch

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$7.00 $5.00

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**RUBIDOUX #1**

**RUBIDOUX 1**

**RUBIDOUX #2**

**Rubidoux 1**

**Rubidoux 2**

---

**The Personal Touch**

2730 University Ave.  
(NEXT TO THE LUCKY GREEK RESTAURANT)  
OPEN TUES. - SAT. 10am - 6pm  
PHONE: 683-9965
Come join the smartest shoppers in town!

Thursday September 6, 1984

- linen Nails Overlay

Every Thursday: 8:00 a.m. to 11:00 a.m.
Fresh fruit, vegetables, eggs, nuts, honey & Fresh Fish
NOW AVAILABLE
Peaches from Little Rock
Food Stamps Accepted

Egyptian Linen Nails & Training Centre
Durable, thinner, less maintenance (lasts 3 to 5 weeks)
Special Introductory Offer
(Valid till Sept. 30, 1984)

- Linen Nails Extensions $35.00
- Linen Nails Overlay $20.00
- new European hand treatment $25.00
- Gentlemen Manicuring $8.00
- Ask for Winsome
- Reflectology & Pedicure $25.00
- Ask for Biff Deo

For information call 683-5126
Linen Classes for Professionals
Conducted by Lucille Lussier
Schools are extending the 1984-85 school year. The teachers I know are ready to work together. Health is important: Vitamins are necessary but don't overdo it. Teachers I know are ready to provide an exciting, challenging program for your child. This year can be outstanding.

Old Timers Picnic: The first annual "Old Timers Picnic" was held on Thursday evening, August 30, at the park on Perris Blvd. The event of two hours was held at noon. All of those present enjoyed the picnic atmosphere.

Old Timers Picnic:

Afrikan Woman: A man provides financial rewards. God, I get a partner - or the man loses his soul.

Let me LIGHT up your life.

Local control means getting a partner - or the man loses his soul.

Community Calendar

Perris Panorama

By Art Cook

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Afrikan Woman: A man provides financial rewards. God, I get a partner - or the man loses his soul.

Let me LIGHT up your life.

Local control means getting a partner - or the man loses his soul.
A New Fictitious Business Name
I hereby certify that this copy of the original statement on file in my office.
FILE STAMP ABOVE
This business is conducted under the name of THOMAS R. WEAVER.
A fictitious business name statement on file in the office of the County Clerk of Riverside County on a date indicated.
I hereby certify that this copy of the original statement on file in my office.
FILE STAMP ABOVE
State of California
COUNTY OF RIVERSIDE
COUNTY CLERK
P.O. BOX 421
RIVERSIDE, CA 92502

October 22-28, 1984
NAME STATEMENT
FICTITIOUS BUSINESS NAME STATEMENT
The following person is conducting a business as a
GORGEOUS - four pace living
rooms set in earthtone colors
EXCELLENT - condition
ALL: $275.00
Call: 973-6527

The business shall be named as the firm name and
and shall be formed-(or as set out in the body)
use as an address for each.

SUNNY ARIZONA
2/1 ACRES
$2,950

Call HERBERT G. RUDD
(602) 733-4618

S/Terry Wade
Riverside, CA.

Terry Wade
8328 W. Mission Blvd.,
Riverside, CA.

The following person (a) is doing business (are)
doing business as in the name: THOMAS R. WEAVER.
This business is located at: 4000 Pierce Street. No. 3
Riverside, CA 92504.
This business is located at: 3502 Sidney Street
Riverside, CA 92503.
This business is located at: 2471 Orange Street
Riverside, CA 92502.
This business is located at: 7438 Santa Rosa Way
Riverside, CA 92501.
This business is located at: 4875 Magnolia Ave.
Riverside, CA 92504.
This business is located at: 8055 Magnolia Ave.
Riverside, CA 92504.
This business is located at: 7931 Paloma Way
Monica Lucia Salas

GEMINI-May 21-June 20

The following person(s) is conducting business as:

VIRGO-August 21-September 22

This business is located at: 4036 Porce Plate Street. No. 1
Riverside, CA 92506.
This business is located at: 11676 W. Magnolia Blvd.
Riverside, CA 92506.
This business is located at: 7438 Santa Rosa Way
Riverside, CA 92506.

This statement was filed by an individual by file stamp.

September 5-11, 1984
FICTITIOUS BUSINESS NAME STATEMENT
The following person(s) is conducting business as:
Lloyd Strayhorn

This statement was filed by the county clerk of Riverside County on a date indicated.

This business is located at: 9898 Magnolia Ave. Suite B
Riverside, CA. 92506.
This business is located at: 4 HOMESITES IN EVERGREEN SHORES. ALL THE RECREATION YOU EVER WANTED. YOU OWN A PIECE OF THE COUNTRY CLUB ON BLACKWATER (FRESH WATER) LAKE. NEAR OLYMPIA AND TUM WATER, PAVED STREETS, PAVED ROADS, PAVED BLACKWATER (FRESH WATER) LAKE. CALL EHI. DPM INTEREST - 7%.

This statement is a correct copy of the original statement on file in my office.
FILE STAMP ABOVE

PRICED RIGHT-rüE INTEREST

JAMES POWELL
Religious Editor

MARCIA MACK
Photographer

RON HARRIS
Lettering

CIRCULATION MANAGER
Dick Webster, P.O. Box 1, J.Leonard, Ontario

SUBSCRIPTION MANAGER
Phil Lusk

ACCOUNT MANAGER
Myron Lyle

ART DEPARTMENT
Hardy Brown, Jr.

The New York Times
Page 7

SOUTHERN CALIFORNIA

If your house is like a lot of homes in Southern California, it was only a matter of time when energy costs were as mild as the weather. But living without isolation today means you're probably feeling the chilling effect of rising energy costs. Fortunately, there are ways to fight these costs.

And the Southern Californian Gas Company is going to fight right by your side. With cash rebates for doing more things to make your house energy efficient. Whether it's installing hot water-saving showerheads, installing caulking and weather-stripping windows, you'll be waging a battle against high energy costs on two fronts: your pocketbook and your energy savings. (For example, a hot water-saving showerhead can save as much as $50 a year.)

There are several different ways to weatherize your home. And, depending on which combination of them you do, your cash rebates can add up to as much as $440. So call the Southern Californian Gas Company and find out more about our Home Weatherization Rebate plan, or write to:

TOMAROY MARSHALL
818-733-7900
64101 Ventura Blvd., Suite 6
Sherman Oaks, CA 91423

SUNNY ARIZONA
FUTURISTIC BUSINESS NAME STATEMENT
The following person is conducting a business as a
THOMAS R. WEAVER.
This business is located at: 4000 Pierce Street. No. 3
Riverside, CA 92504.
This business is located at: 3502 Sidney Street
Riverside, CA 92503.
This business is located at: 2471 Orange Street
Riverside, CA 92502.
This business is located at: 7438 Santa Rosa Way
Riverside, CA 92501.
This business is located at: 4875 Magnolia Ave.
Riverside, CA 92504.
This business is located at: 7931 Paloma Way

"The best music should be played as the best men and women. But fear not. But fear not. You're going to be..."
Back to School

Another school year is beginning in most school districts across the counties of Riverside and San Bernardino. The expectations of students, parents, and educators are high. The goal to provide the best education and our kids are the beneficiaries. Let us:

• Help Parents to
• Be

San Bernardino. The ex·

Black Voice is a weekly n
The Black Voices sells
The BLACK VOICE reserves the right to edit or rewrite all n

by attending PTA meetings, student conferences, sports ac·tivities, academic contests and most importantly, remember to ask your child what happened in school today! What did you learn? What will you learn? Following these few points can help parents to

The Cost of the Nuclear Arms Race

This is the first time such a wide variety of experts will gather in the Inland Empire to speak and build workshops around the nuclear arms race, said Brown. The all-day conference will examine the economic, psychological, and moral costs of the arms race.

This is a crucial time for people to understand just how much the nuclear arms race affects our community and our world, said Dr. Marc Murphy of Physicians for Social Responsibility, and other organizations sponsoring the conference.

Cost of the conference is $10 for seniors, $5 for students, and $4 for those who pre·pay. The conference is accessible to people who are deaf. Hours of the conference are 10 A.M. to 5 P.M.

For further information, call 335.2321.
ETHEL BROWNE is a worker at the local day care center. The center is a place where parents leave their children while they go to work. Ethel is telling some of the parents about her job.

"I like to care for small children," said Ethel. "They are so much fun to be around."

"Do you have any children of your own?" asked Mrs. Walker.

"No, Mrs. Walker, I don't have any children of my own," said Ethel.

"How long have you been working here?" asked Mrs. Carter.

"I have been a worker at Children's Haven for six months," said Ethel with pride. "I used to work at the day care center at our church."

"Ethel is a good worker," said Mrs. Tyler, the teacher. "She helps me look after the children while they play and eat."

"What else do you do?" asked Mr. Wilson, one of the parents.

"I read stories to the children," replied Ethel. "I also get them ready to take a nap."

"Do you ever take the children to the park?" asked Mr. Johnson.

"Oh, yes, I take the children to the playground in the park," said Ethel. "One day last week Mrs. Tyler and I took the children to the zoo."

"Do you see the children's parents?" asked Mrs. Johnson.

"Yes, Mrs. Johnson. I see the parents when they leave their children at the center," said Ethel. "Sometimes I go to their homes to talk with parents."

"I am glad we have a good worker at Children's Haven," said Mrs. Walker. "It is good to know that somebody like Ethel is taking care of our children."

"That's right, Mrs. Walker. The children love Ethel. She takes good care of them. She makes them feel good about themselves, too," said Mrs. Tyler.

"Mrs. Tyler, do you think that I could..."
The ADVANCER
THE AOIP Family & Community Reading Newspaper

The ADVANCER is the property of the National Association of Literacy Program Directors (AOIP) and is its official umbrella-type publication. In addition to the title, the ADVANCER is used in all AOIP programs and projects. All literacy-enhancement programs and projects of AOIP participating organizations are considered a part of AOIP.

The ADVANCER is prepared largely by the teachers in the National Sorority of Phi Delta Kappa, Inc. They are assisted, with helpful cooperation, by the teachers and other professionals in Alpha Kappa Alpha Sorority, Inc.

These highly trained and deeply committed teachers—along with others in the more than 80 national organizations comprising AOIP—have far more concentrated experience than any other educators with Title I-type students. By focusing the ADVANCER primarily on such extraordinary needs, the supportive concerns of other students are embraced automatically.

Regional Chairpersons of the ADVANCER Sub-Committees

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Eastern Region
Southeastern Region
Midwest Region

West Region

Gwendolyn T. Deas

Alene Howard

Connie Mitchell

Pat Hayes

Elizabeth Logan

Easter May

Dorothy Leach

Lori May

Dorothy Leach

Dorothy Leach

Regional Vice Chairpersons

Mr. Robert Gordon—HBCU Church Support

Oversight—National Pan-Hellenic Council

(Dr. Gilbert Francis)

Mr. Lloyd Hargrove—Parental Support

and Involvement

Oversight—Delt Sigma Theta

(Mrs. Hortense Calhoun)

Mr. Thomas Dorch Jr.—Public Information

Oversight—Sigma Gamma Rho

(Dr. Alice Swan)

Mr. Robert Gordon—HBCU Church Support

Oversight—National Pan-Hellenic Council

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Mr. Lloyd Hargrove—Parental Support

and Involvement

Oversight—Delta Sigma Theta

(Mrs. Hortense Calhoun)

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Oversight—Sigma Gamma Rho

(Dr. Alice Swan)

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Oversight—National Pan-Hellenic Council

(Dr. Gilbert Francis)

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and Involvement

Oversight—Delta Sigma Theta

(Mrs. Hortense Calhoun)

Mr. Thomas Dorch Jr.—Public Information

Oversight—Sigma Gamma Rho

(Dr. Alice Swan)

Project Coordinator

Dr. Betty Mansfield

National offices for the AOIP Family & Community Reading ADVANCER are at 507 Fifth Avenue, Suite 110, New York, NY 10017, (212) 867-0898.

BUILDING WORD POWER

APPLICATION (ap-luh-kay 'shun)—n. The act of asking for something; request for a job.

BANKRUPTCY (bangk 'rupt-see)—n. A case of someone being unable to pay his bills and is freed by law from the need of doing so.

CHAMPION (cham-pee-un)—n. A person who wins first place or is judged the best in a contest or sport.

DICTATOR (dik '-tate-ur)—n. A ruler who has complete power over a country.

GRACE (grace)—n. A sense of what is right and proper.

HAVEN (hay '-vun)—n. A place of shelter or safety; refuge.

INSULTS (in-sultz)—n. Attacks that hurt a person’s feelings or pride.

MYTH (mith)—n. Any story that was made up and is not really true.

REPRESENT (rep-rizent)—v. To stand for; to act and speak for.

RESIGNED (ri-zind')—v. Gave up one’s office or position.

SIESTA (see-es '-tuh)—n. A short nap or rest taken after the noon meal in tropical countries.

Did You Know That...

Some of the largest and most active organizations in our communities have Greek names?

These organizations are called fraternities (fra-tur '-nuh-tees) and sororities (sah-ror '-uh-tees). A fraternity is a fellowship of men. A sorority is a fellowship of women.

The name of another sorority with a Greek name is the Delta Sigma Theta Sorority. Delta (del 'tuh) is the 4th letter in the Greek alphabet. It looks like a triangle: . Sigma (sig 'muh) is the 18th letter in the Greek alphabet. It looks like this: . Theta (thay '-tuh) is the 8th letter in the Greek alphabet. It looks like this: .

Delta Sigma Theta Sorority was founded in 1913 at Howard University in Washington, D.C. The sorority now has 125,000 members in The United States, West Germany, Haiti and Liberia (Africa).

The sorority helps our communities develop in education, economics, politics and physical and mental health.

Is there a chapter of Delta Sigma Theta Sorority in your community? If so, call them and tell them that you heard about them in The ADVANCER.
Jesse Owens
Makes a Name—At Last

One gold medal! Two gold medals! Three gold medals! Four gold medals! It was hard to believe. But it was true. Jesse Owens had won four gold medals at the Olympics held in Berlin, Germany in 1936.

What excitement there was for this young Black American. He had won great honors for himself and his country.

Jesse had come a long way. When he was growing up in America, Black people were not allowed to ride in the front of the bus. They were barred from eating in most restaurants. But Jesse Owens was proud that he was allowed to represent his country, the United States, in the Olympics.

When he won the four gold medals in Berlin, the Nazi dictator, Adolf Hitler, refused to shake Jesse Owens' hand. This young Black American had destroyed the Nazi myth of the master race.

The world knew that this young American had made a name for himself and his country. Jesse's name became a household word and young Black people in the United States had someone they could look up to and feel proud.

After becoming an Olympic champion, Owens made many public appearances, often without any pay. Soon things became bad. Owens found it hard to feed his family. He ended up penniless and had to declare bankruptcy.

Today parks are named for Jesse Owens all over our country. The new movie, "The Jesse Owens Story," is being seen and praised by people all over the world. Yes, Jesse Owens has made a name for himself—at last. Yet, in his own humble way he said, "I just came along at a time when Black Americans needed an image."
We have been learning about Black Africa. We have learned that Africa is the second largest continent on earth. Do you know which is the largest continent on earth?

The area of Black Africa is over 8 million square miles. Black Africa takes up almost all of the continent of Africa. Black Africa is almost twice as big as the United States. There are over 334 million people in Black Africa. (There are about 227 million people in the United States.)

Today our visitor is a young man from the Republic of the Comoros (Kom-'uh-ros). Comoros is a group of small islands in the Indian Ocean. Comoros is located near Mozambique. Can you find Comoros on your map?

"Hello, my name is Ahmed Obadalah. I live in Moroni (mor-on-'ee). Moroni is located on an island called Grande Comore. Grande Comore is the largest of the islands. There are two other main islands called Anjouan and Moheli.

"Moroni is the capital of the Republic of the Comoros. There are more than 300,000 people in the Comoros. The largest ethnic group is known as the Antalaoitra. We are a people of African, Arab and Malagasy descent.

"Some French is spoken in the Comoros, but our national language is Comorian. It is a language a lot like Swahili. Swahili is understood by most of my people, too.

"The Republic of the Comoros became an independent country on July 6, 1975. Next year we will celebrate our 10th anniversary of independence.

"Most of the people of the Comoros are Muslims. There are also some Christians in the islands.

"Most of the people of the Comoros are farmers. They grow cassava and coconuts to sell at market.

In Moroni there are several factories that make perfumes. There is a sugar refinery and some saw mills, too.

"You are invited to visit my country. We welcome you with open arms!"
HURRAY FOR VITAMIN D!

IT COMES FROM FISH LIVER OILS, FORTIFIED MILK, LIVER, EGG YOLK, SALMON, TUNA AND SARDINES!

VITAMIN D ALSO COMES FROM SUNSHINE!

In an abandoned train station, lies the laboratory of...

AOIP Force

In: "The Day of The Knowledge Thief!!"
Late one night in the city,

Dr. Crackenstein, Evil genius!!

Eureka!! I've got it!!

More power is what I needed!!

So here's more juice!!

And with a crackle, the androids suddenly come to life!

I finally figured out how to bring my androids to life!!

(To Be Continued)
The primary objective of The ADVANCER is to fulfill a basic part of the reading, motivational, comprehension enhancement and ego strengthening needs of our young and older adults not presently in any formalized public school system. Its secondary purpose is to serve as excellent supplemental reading for the large number of young people in public (and other) formalized schools where such help is indicated.

This new learning enhancement needs to be put together on a volunteer basis (there are no paid staff either nationally or locally in AOP) by experienced professionals who often have varying views concerning how (level-wise) such students should be approached. Since many of you, too, have opinions as reading specialists, we welcome your comments and would appreciate greatly your suggestions. Also, we invite—and urgently need—articles for inclusion in The ADVANCER. Each article must include a set of questions for use in our Tutor’s Guide. Since we may have to combine similar articles and significantly edit others, we feel it is best to maintain a policy of no credits.

The objective of all of us is to do everything we can to eliminate the awesomeness of illiteracy wherever it exists.

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**General Guidelines**

This guide is primarily designed to arouse and maintain motivation in the student by continuously highlighting those elements in these articles which focus on issues of major concern to them; address their ego strengthening needs and sense of self; and convey productive alternatives to what we can to eliminate the awesomeness of illiteracy wherever it exists.

This orientation can help make the necessary mechanical process that follows more meaningful and acceptable to the student—something that he/she can see as making sense and helpful to them. Accordingly, we suggest that you:

1. Motivate student interest by introducing difficult words in each article with a discussion. If a chalkboard, easel or chart paper is available, write them before or as they are used in context.

2. Guide the reading of each article by posing questions using words in the text. If necessary, take a sentence at a time. As the student progresses, you can take a paragraph at a time.

3. Teach one skill after each article.

4. Have student re-read to put the skill word taught back into context.

For this issue, you might concentrate thusly:

**ETHEL OF CHILDREN’S HAVEN**—Ask: Why does Ethel work at Children’s Haven? Where did Ethel work before she started working at Children’s Haven? Why do the parents like Ethel to take care of their children? Why did Mrs. Walker ask so many questions? Why do you think Mrs. Walker might make a good day care worker?

Skill: Find these words in the story with the sound of a as in cat: at, have, nap. Find these words with the sound of a as in cake: day, play, take, may. Find these words with the sound of a as in car: are, park. Now find these words in the story with the sound of e as in ten: center, telling, help, ever, get. Find these words with the sound of e as in even: ice, not, road, week, see, leave, feet. Find these words with the sound of e as in father: her, ever.

The letter i is another vowel sound. The letter I is another vowel sound. The letter i is another vowel sound.

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**We Can Do and We Want to Do It**

**JESSE OWENS MAKES A NAME AT LAST**—Ask: What is Jesse Owens believed? Why did Hitler refuse to shake Jesse Owens hand? Why did Jesse Owens declare bankruptcy? How has Jesse Owens made a name for himself?

Skill: Find these words in the story and tell what the a sounds like: hand, had, Black, race, many, made, name, bad, became, pay, way, last.

**BLACK AFRICA**—Ask: Where is the Republic of the Comoros located? What is the capital of the Comoros? What is the national language of the Comoros? When did the Comoros become an independent country? To what religion do most of the people belong? What crops do the farmers of the Comoros grow?

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**THE SOLAR SYSTEM—MARS**—Ask: Who is the planet Mars named for? Why is it called the Red Planet? How big is Mars? How long is a year on Mars? A day? What were Martians called? What is Mars’ atmosphere made of? What is “dry ice”? Name the two spaceships that followed a path around Mars. How long is Viking’s lander programmed to operate by itself?

Skill: Find these words in the story with the sound of a as in icy: ice, size, life, Viking, time. Find five (5) words in the story with the sound of a as in icy: ice, life, size, life, Viking, time. Find five (5) words in the story with the sound of a as in icy: ice, life, size, life, Viking, time. Find two (2) words in the story with the sound of e as in ten: center, telling.

Look for words in your newspaper with the different sounds of a, e, and i.
We have been learning more and more every week in *The ADVANCER*. Did you know that Hispanic Americans are very much like us in many, many ways? Hispanic Americans are Americans whose ancestors came from places like Mexico, Central America and the Caribbean.

Hispanic Americans have a rich and colorful history. Let's try to learn some important things about them and us each week in *The ADVANCER*.

**Luis Muñoz Rivera**

Luis Muñoz Rivera took office as the head of a six-man Executive Council (the government) on February 8, 1898. His title was "Minister of Grace, Justice and Government." This title was used to show that "Grace" would go along with "Mercy" and "Justice" in his government.

Seven days later the U.S. warship *Maine* was blown up in the harbor of Havana, Cuba. The United States went to war with Spain.

Three days later Doña Amalia presented Muñoz with a son. They named the baby Jose Luis Alberto Muñoz Marin. Muñoz was happy and sad at the same time. He said, "In Cuba windows are broken. In Puerto Rico we pay the bill."

On July 25, 1898—just seven days after Puerto Rico had held its first free election—the Americans took over the government. The United States officials asked Muñoz to stay to help them.

Muñoz tried to get along with the Military Governor, but he couldn't do it. The two men talked about knocking each other down. The insults became too much for Muñoz. In December, Muñoz resigned. The Military Governor said there would be no more cabinets in Puerto Rico. The Governor and his men would run the country.

Early in 1900, Muñoz started a newspaper called *El Diario* (The Journal) in San Juan. He started a newspaper called the *Puerto Rico Herald*. In the first paper he wrote a letter to the President of the United States telling him how bad the laws were. Other papers wrote about it, too. President Theodore Roosevelt declared that Spanish law could not be used in Puerto Rico any more.

Muñoz went back to Puerto Rico to try to unite his people. He began writing stories about how the big sugar companies mistreated the people. A gang broke into his office again. They were screaming, "Where is The Lion (El Leon)"

He stood up to face them asking, "Who wants The Lion?" The gang went away.

In 1910 Muñoz's party sent him to the United States House of Representatives to speak for them but he could not vote. At 51 years of age he taught himself to speak English so that he could talk to Congress about Puerto Rico's problems.

On May 15, 1916 the House of Representatives passed a bill that made Puerto Ricans citizens of the United States. The bill also gave the right to vote to adult men. This was not all that Muñoz wanted. But it was far better than it had been.

By this time Muñoz's body was dying with cancer. He was tired and sick. He went back to the beloved mountains where he was born. One evening a friend came to his bedside to tell him, "Don Luis, the people of Puerto Rico are all with you."

"Then," Don Luis replied, "this is a good time to die."

Early the next morning, November 15, 1916, The Lion went "to the silence and to his rest."
How to Be A Good Citizen

Young citizens of several high schools in and around the Los Angeles area have painted a number of outstanding art murals (a large picture painted on a wall). These pictures depict the history of the cultures of the western United States.

These murals take the place of words. They bring the story of how the West was settled and how different people live to the many people of different countries and ethnic backgrounds who come to the 1984 Olympics. The pictures tell the story of the different cultural beliefs of the people of the West, too.

These young citizens are getting a chance to show their interest in the improvement of the community. These murals are painted on the bridge underpasses of the freeways and the concrete walls along some of the streets, the schools and even the walls of some libraries in the city of Los Angeles.

Three young Black men were among the first to do the colorful drawings of history, science, and the arts of Western Civilization.

Hats off to these young people and their teachers who spent months with these paintings in order to be ready for the 1984 Olympics!

Kicking the Salt Habit—A Final Word

Our bodies don't need as much salt as we use. It is really the sodium in salt that is our enemy.

Here is the "salt substitute" recipe we promised to give you.

Salt Substitute Recipe

1 teaspoon chili powder
2 teaspoons ground oregano
2 teaspoons black pepper
1 tablespoon garlic powder (not garlic salt)
2 tablespoons dry mustard
6 tablespoons onion powder (not onion salt)
3 tablespoons paprika
3 tablespoons poultry seasoning.

Mix all seasonings together. Put it in all of your salt shakers.

Congratulations on kicking the salt habit!

SCIENCE

A Visit to Outer Space

The Solar System—Mars

The planet Mars is named for the Roman god of war. Mars is called the Red Planet because of the mysterious reddish light that appears in the sky.

Mars is a little more than one-half the size of the earth. A year on Mars is 687 earth days. A day on Mars is 24 hours and 37 minutes long.

A telescope shows many markings on the surface of Mars. The markings look like canals. For a long time people thought that there was intelligent life on Mars. Many stories were told about Martians from outer space. They were called "little green men."

Mars has an atmosphere like Earth and Venus. Mars' atmosphere is made up mostly of carbon dioxide (a gas made up of carbon and oxygen. We breathe it out of our lungs. Plants take in carbon dioxide to make their food).

Mars has a North Pole and a South Pole, too. The ice at Mars' poles is "dry ice," or frozen carbon dioxide. We use dry ice on Earth to keep things cold when packed.

In 1976 two U.S. space ships, Viking 1 and Viking 2 followed a path around Mars. Landers (about the size of a jeep) landed on the surface. They studied Mars' atmosphere and materials. The landers took more than 50,000 photographs of the surface of Mars and gathered soil samples.

Viking 1's lander is programmed to operate by itself until 1994. Look for more interesting facts about Mars from time to time.