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COYOTE CHRONICLE

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Make sure you keep up with the Olympics!

\$500 awarded to students off academic probation

By **DANIEL DEMARCO**
Asst. Features Editor

Academic probation often leads to academic failure. Last quarter, 41 students proved that they can raise to the occasion and work to new opportunities.

“Hard work pays off. When one applies themselves anything can be accomplished,” said Wesley House, one of the two students rewarded with a \$500 scholarship.

Wesley House and Jeannette Jacques

were the students awarded with the scholarship for their work in Fall quarter 2013.

Jacques said she is paying for school all on her own without loans or financial aid and that the scholarship was a good opportunity for her to get rewarded for all the hard work she put into Fall quarter.

House is pursuing a B.A. in Psychology and earned a 3.66 GPA for the quarter, while Jacques is pursuing a B.A. in Criminal Justice and earned a 3.9 GPA.

Both students made the Dean’s List as well.

The scholarship is meant for students

that are on administrative contract with the office due to academic probation stemming from their cumulative or CSUSB GPA dropping below a 2.0.

Students must meet certain requirements with their contracts for the office. or they will face consequences which may include registering to one of the office’s University Studies courses or even be dropped from classes and dismissed from the university.

To be eligible for the scholarship the student must earn at least a 3.2 GPA for the

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CCBriefs:

By **CLARISSA TOLL**
Staff Writer

Heads served for dinner in Nigeria (Feb. 7)

A Nigerian restaurant was shut down due to the discovery of two human heads wrapped in cellophane wrap.

According to Yahoo news, authorities claim the restaurant was selling dishes made of human meat. Eleven people were arrested in connection with the restaurant.

Government can switch off your phone (Feb. 7)

A smart phone “kill switch” legislation was proposed to provide a way to make the phone inoperable if lost or stolen.

This legislation would require all phones sold in or shipped to California have the “kill switch” ability, according to The Huffington Post.

The bill has been proposed in hopes of slowing the thefts of iPhones and other smart devices.

“That’s a good and bad thing. It would be good for (reducing) theft, but I would want to be able to contact my phone if it were lost,” said student Briana Zavala.

Giraffe slain in front of public (Feb. 9)

A healthy giraffe was publicly shot and killed at a zoo in Copenhagen, Denmark.

The giraffe was slain due to concerns of inbreeding in regard to an international breeding law.

The killing has sparked controversy world wide.

It was reported that the giraffe was killed by rifle and zoo patrons were allowed to watch as the animal was skinned and then dissected.

“Wow. I am disgusted. It is one thing to put down an animal, but it should be done peacefully. Isn’t Denmark supposed to be one of the most peaceful places on earth? Yet, this is how they treat their animals,” said student Yesenia Smullen.

Suicide bomber blows up his class (Feb. 10).

A suicide bomber blew himself up along with 21 others while conducting an Islamic State of Iraq and Syria terrorist training camp, according to *The New York Times*.

The bomber allegedly “accidentally” used a belt pack with explosives in the training.

The Islamic State of Iraq and Syria formed as a new system of Al Qaeda.

“It’s fortunate that the explosive was unable to be used on innocent civilians. And hopefully, instances like this will hinder the abilities of terrorists in the future,” said student Beatrice Longshore.



Do you wanna
build a snowman?



Read story on Pg. 4



Financial aid management returns to campus

By **GLORIA GUTIERREZ**
Staff Writer

The Financial Management Association (FMA) has reformed and revamped itself to provide CSUSB students practical and educational information on financial decision-making.

The FMA is an international association that has over 200 chapters worldwide.

The FMA chapter at CSUSB has been providing general meetings for its members as well as social mixers, resume workshops, and speaker events which aim to give CSUSB students a better understanding of how the finance industry works.

“We help students who are interested in finance to branch into this trade,” said Blake Fan, president of FMA. “We do this through education and practical experience.”

Speaker events offer students insight on the reality of a career in the financial world and hosting seminars and workshops provides them with more of the educational aspect of finance.

The FMA not only encourages students in the finance major but all students to become a part of this association on campus.

Since FMA has been re-established, the events they have hosted have covered the three most popular areas in finance: Insurance, analyst jobs and financial planning.

The last event FMA held was on Wednesday. The speaker at this event was the Citizens Business Bank Chief Investment Officer Ted Brines.

Brines shared important details about his 25 years of experience in the financial world to a classroom of about 30 CSUSB students.

Students expanded their knowledge on investment banking, management assessment and how to move up the financial chain from a financial analyst to a managing director.

Brines also shared advice with the CSUSB students and encouraged students to take management classes because it is important to “understand the company from ev-



Photo courtesy of Blake Fan

The new Financial Aid Management Association makes a return to our campus in hopes of helping students gain a better understanding of the finance industry.

ery aspect.”

More advice from Brines included starting cover letters and resumes as early as possible and making a LinkedIn account, which opens windows of possible career opportunities to students.

“Students gain so much information from these speakers we bring,” said Fan. “Information and advice that they can only receive from individuals who have had years and years of experience in the financial world is not always shared in a classroom setting.”

FMA has events scheduled all up to the end of Spring quarter this year.

An important event they will be attending is the FMA’s Annual Leadership Conference.

It is a conference held for members of the FMA and only 200 members are allowed to attend. Out of those 200

members, 10 of them will be members from the CSUSB FMA chapter.

It will be their first time in 20 years attending this significant finance conference.

This year it will be held at the UBS tower in Chicago.

The FMA members will be touring the Federal Reserve Bank, the Chicago Board of Auctions Exchange and the headquarters of Morning Star, which is an important database used by finance majors.

“We will be able to listen to the upmost cutting edge discussions in the field of finance and talk to very distinguished professionals,” said Fan.

The FMA serves as a bridge for students into the professional world of finance.

For more information about the FMA or how to join visit its up-to-date website csusbhma.com.

Coyote Chronicle

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Careers on demand

By **COURTNEY MATA**
Staff Writer

The CSUSB Career Center is now offering Careers On Demand for CSUSB students.

“We are trying Career On Demand to get our students to come to more events,” said Lucas Cuny, the director of career center, “We hold events every week.”

Career on Demand takes place at various locations every week that range from Redlands to Rancho Cucamonga.

“I am hoping that these events encourage students to get up and start looking for their future jobs,” said Cuny.

The Career Center holds bigger job fairs at least once a month inside the Santos Manuel Student Union.

Target, Verizon, Southern Wine and Spirits, and various other companies attend this job fair seeking to hire graduate students or offer internships.

“We are looking for people across the board,” said Rocio Garza, a college recruiter for Verizon. “People who are energetic, wanting careers, quick learners, have great customer service and are well rounded,” continued Garaza.

“Students can submit applications online for internships or careers,” continued

Garza.

Verizon offers full dental and health coverage, along with paid vacations for their full time employees.

“We have hired a lot of graduates from Cal State San Bernardino, Cal Poly and Fullerton,” said Garza.

Southern Wine and Spirits company was also present at the CSUSB’s career fair and offered students a chance at internships or careers.

“We are looking for well rounded people who can make a good sale,” said Josh Wasserman, a college recruiter for Southern Wine and Spirits.

The Career Expo offers a variety of fields that students can browse and consider from to match their majors or career plans.

“Any major applies for this work. For example, I am a math major and now I am currently working with marketing,” said Wasserman.

There were many students at the Career Expo on Wednesday.

“We had, if not 100%, a high number of employers that attended our event, it is definitely a success,” said Cuny.

The Career Expo had several employers from different companies that came to this event and students used this to their



Courtney Mata/ Chronicle Photo

The career center offers continuous career model events for students off and on campus throughout the rest of the year.

advantage.

“We got a good buzz and activity. Students are job seeking. Students can not be intimidated by this, if you have a workout class before this event, it’s okay. Employers understand,” said Cuny.

“I come to these events because it adds a face to a resume,” said student Yari Tabores, who is currently looking for a full time internship for the summer.

The Career Center will be having an Education Expo on March 11 and a Spring Career Expo May 14.

Students interested in internships or finding their future job should go to the Career Center.

The Career Center is located on the third floor of University Hall and offers students various services from teaching students skills that range from how to take an interview to how to create a good resume.

Students interested in job fairs or Careers On Demand should go to the Career Center for more information or contact the Career Center at (909) 537-5250.

Snow Day on campus gives students a break

Continued from Pg. 1

Ice skating, sledding, snowboarding, music, drinks, food and tons of snow helped students relax during a hot day on campus.

Snow Day 2014 allowed students to take a break from classes and midterms this past Thursday.

The event was held by Recreational Sports and ASI from 11 a.m. to 5 p.m. in front of the Commons on the grass.

Snow Day takes place every year and gives students an opportunity to relieve some stress and relax.

“It is fun because it cultivates some school spirit within the community and brings some imagination to San Bernardi-

no by bringing snow to the campus,” said Owen Odigie, Vice President of Finance of Associated Students Inc.

The gathering of students helps drive school spirit and promote a sense of togetherness.

Over 20 tons of snow were brought in for the event. The first 50 people to check in after 11 a.m. at the Rec Sports table received a pair of Rec Sports collector’s edition sunglasses!

“Snow Day is fun because it brings our campus together and lets us have fun as we bring some snow down to San Bernardino contrary to our geographic location,” said Odigie.

“It was a lot of fun to just relax outside and do all the events they had going

on. I look forward to Snow Day every year because of how stressful classes can be,” said student Maria Rios.

Trainers from the Rec. Center helped get students set up on the snowboards as they shredded down the snowy slope.

Students could be seen throwing snowballs at each other while participating in the various events.

“My favorite part is putting on the snowboarding gear and shredding some San Bernardino snow,” said Odigie.

There was even a snowman that was built on the grass. Kids could be seen huddling around the snowman and taking photos.

Many students went to Instagram and Facebook to post their fun pictures from

Thursday.

Families were also all very excited to have an opportunity to interact with students as people of all ages were involved in the event. Children could be seen with their parents playing with snowballs.

“Honestly, I wanted to stay the entire time and miss class to have fun here,” said student Joshua Wright.

Students raced on the sleds as friendly competitions started to heat up. The annual Snow Day always promotes student interaction and involvement.

Students utilized the opportunity to spend time with each other between classes at Snow Day.

After a hectic midterm week students enjoyed the snow despite the warm day.

First DUI could cost over \$10,000

By **SANTIAGO CASTILLO**
Staff Writer

Thinking about drinking and driving, think again.

The average cost of a DUI in California is more than \$10,000, according to onedui.com.

LA County, Sacramento County, Alameda County and Tulare County are part of a pilot program that makes people who get convicted of a DUI install an ignition interlock device (IID).

The IID is a breathalyzer that prevents someone from starting their car if they failed to pass the blood alcohol level requirements.

Assembly Bill No. 91 put this program in law and will be held in place until Jan. 1, 2016.

“I have not heard of that happening, from my understanding for a first DUI they usually don’t have to get an Ignition Inter-

lock Device (IID) it usually is for people with multiple DUI’s, and they could only be installed if ordered by a court,” said Equino Thomas, a San Bernardino County officer.

The Los Angeles Times explained that if the program were to be installed in San Bernardino County, it could have prevented the tragedy that happened in Chino on Feb. 9, 2014 when a drunk woman previously convicted with a DUI killed six people.

“The 21-year-old woman who authorities say was drunk when she drove the wrong way on the 60 Freeway, killing six people, had been previously convicted of driving under the influence,” according to *The Los Angeles Times*.

Rental for an ignition interlock is typically between \$100-\$140 a month plus tax.

There is also an installation fee, typically around \$200, according to totaldui.com.

Drivers will be responsible for paying

for the installation and monthly usage fees, which may cost you hundreds of dollars, according to totaldui.com

The purpose of this project is to decrease the number of drunk drivers in the streets.

“The device will serve as a significant deterrent to those already convicted for DUI from driving under the influence again,” said criminal justice professor Brian Levin.

Levin added, “While there may very well be added costs related to implementing the program it is believed that these costs will be outweighed from the prevention of additional dangerous accidents.”

Law enforcement agencies arrested 2,268 people on suspicion of driving under the influence this holiday season in Los Angeles County. This number is up 100 from a year ago, according to duicentral.com

“I can’t say that people would be more

discouraged to drink and drive but it is another obstacle they have to get around if they are determined to get behind the wheel intoxicated,” said student Samantha Harper-Torres.

Harper-Torres continued, “I am all for whatever it takes to keep drunk drivers from killing themselves or anyone else. People can’t put a price on the safety and lives of others. This project is 130 percent necessary.”

Other students agreed that the law was a good way to discourage drinking and driving.

“I agree with extra penalties. Drivers will be discouraged to drink and drive. I also believe it’s necessary to decrease crime rate and lessen DUI convictions in this city,” said student Jessica Williams.

“I think this project will be beyond helpful by benefiting the lives of innocent people and repeat offenders,” continued Williams.

Same-sex couples receive common marriage rights

By **ESSENCE DENNIS**
Staff Writer



Essence Dennis | Chronicle Photo

Homosexual students bond over excitement on new common marriage rights.

The Department of Justice is administering a new policy on Feb. 17, 2014 that deals with rightful benefits to married same-sex couples.

This is a new form of instruction where their employees get equal protection for lawful same-sex marriage.

This policy is going to put into effect the types of benefits that opposite-sex marriage people have already been receiving.

For example, “An inmate in a same-sex marriage can be furloughed to be present during a crisis involving a spouse,” according to *The Washington Post*.

The policy means that in every aspect the Department of Justice is connected to in the United States, they will be striving towards equality for all marriages.

“Today, our nation moves closer toward its ideals of equality and fairness for all,” said Human Rights Campaign President Chad Griffin, “[this] announcement will change the lives of countless committed gay and lesbian couples for the better.”

“As a bisexual woman I feel I should have the same benefits as people in an opposite-sex relationship because my love is the same no matter who I give it to, I think it’s ridiculous that this is just now happening in 2014,” commented student Celeste Noelle.

So far the Justice Department has been on top of things and has instated the policy changes to extend “federal benefits to same-sex married couples,” according to *The Washington Post*.

One of the policies states that federal employees in same-sex marriages are now able to apply for “health, dental, life, long-term care and retirement benefits.”

“I’m really glad that people are finally starting to ac-

knowledge gays and gay rights because isn’t that what America is all about, Equality?” said student Tesh Richard.

When discussing the clauses of the policy, which deals with the September 11 Victim Compensation Fund and the Public Safety Officers’ Benefits Program, student Trevor Nugent questioned, “If a gay person can die for you, then why shouldn’t their spouse be able to receive the same type of benefits that a heterosexual couple would receive after going through the same tragedy?”

“We will get there,” said student Ernie Arrizu. “I believe with the hard work that activists have done, the people of this new generation have become more accepting of gay people because they realize we aren’t going anywhere.”

“I think the policy is great, but I don’t think we’re still being seen as equals. We are getting rights that lesbian, gay, bisexual, transgender, and queer people didn’t have before,” said Donna Guevara, student assistant in the Pride Center when asked about LGBTQ people being seen as equals nowadays in the U.S.

Guevara adds, “We still live in a cis-gender (someone whose gender identity matches the sex they were given at birth) hetero-normative (a world view that promotes heterosexuality as the norm) society we live in and we’re still not there, everyone’s not equal across the board.”

“I think that it’s a great thing that we’re finally being recognized, but we still have a long way to go. For example the Trans struggle, there’s still a lot of benefits that need to happen, it’s a good start but everyone should be able to get benefits; dental, medical, life, everyone should be able to acquire all of that,” said Gabby Sandoval, lead student assistant of the CSUSB Pride Center.

With the new policy set to be initiated on Monday, the public should expect to see changes within the LGBTQ community.

Expanded jail helps SB officers focus on crime

By **ANGEL LIZARDI**
Staff Writer

Hundreds of high-ranking police officials gathered in the High Desert Detention Center in Adelanto to celebrate the opening of the brand new expanded jail.

The project took three years and added 1,392 extra beds and increased the jails “footprint” by 297,000 sq. ft. and added 8 acres according to *The Sun*.

The expansion also includes new dental and medical facilities that would eliminate the necessity to transport inmates who require those services to another location.

In addition, the expansion will help relieve jail overcrowding in the area due to the state realigning the prisoners.

San Bernardino Country Sheriff John McMahon lauded the expansion, saying the expansion is a “step forward in corrections business.”

“We’ve constructed a facility that is truly state of the art,” said McMahon.

The expansion cost \$145 million, however, \$100 million was funded by the state due to the statewide jail construction legislation.

The county also funded \$39.2 million of the project through the Future Space Needs reserves and Public Safety Operations Project savings.

The rest of the money was funded through General Fund Contingencies.

Taxpayers saved roughly \$30 million by upgrading the facility as opposed to building an entirely new building according to a news release from San Bernardino County.

According to a *Los Angeles Times* article from 2006, the expansion was first expected to be an \$86 million expansion, however due to unforeseen circumstances they had to request more money from the state.

Construction on the project began in 2011 and included a new 2,500-square-foot booking building, three housing units, remodeled kitchen and laundry facilities, a new parking lot and fire access roads.

Due to the expansion McMahon says that officers can go out on patrol sooner now that they don’t have to drive to Rancho Cucamonga.

Robert Lovingood, San Bernardino County Supervisor said the new expansion will save deputies in the high desert up to three hours by not having to drive them to Racho Cucamonga.

“That’s efficiency. That’s more sheriffs (deputies) on the streets, and that’s what we have to work to achieve,” said Lovingood.

“The facility is equipped with a high definition video-surveillance system, and video monitors in each housing unit will allow inmates to visit with family and others. They will no longer be allowed face-to-face visitations because inmate movement is being restricted for security purposes,” said the jail’s commander Capt. Jon Marhoefer according to *The Sun*.

The jail’s expanded wing will open in three phases, the first phase will see 222 beds filled within the next couple weeks, and the inmates who get those beds will be those whose cases are being heard in High Desert courtrooms.

Students opinions were mixed upon hearing the news.

“I’d feel safer in San Bernardino with the county being able to retain the inmates,” said student Shadya Qasem. However, some students believe that the money should have been allocated to help the inmates.

“I believe that the county should implement rehabilitation programs or attempt to teach them trades that they will be able to use so they can get the opportunity to contribute to the economy,” said student Edgar Astorga.

Academic probation students get second chance

Continued from Pg. 1

quarter and apply for the scholarship which includes writing an essay about the student’s “resiliency.”

The scholarship was originally called the Academic Resiliency Scholarship, but is now called the Dianna J. Pelletier Resiliency Scholarship.

It is in honor of an academic advisor at CSUSB that passed away in 2012.

“Preference goes to students who do not receive financial aid and we try to give at least two scholarships per quarter,” said Matthew Markin, one of the academic advisors involved in the selection process for the scholarship.

“This is something our staff looks forward to every quarter as we all participate in reviewing the applications and essays from students. We take into consideration the student’s GPA, classes taken, and their individual circumstances that originally placed them on probation,” continued Markin.

Out of those who were on administrative contract in Fall 2013, 41 students earned a 3.2 GPA or higher for the quarter.

House said, “Because I worked hard the previous quarter I met the qualifications for the scholarship and I believe I had a good motivational story to all students but especially to the students who are also parents.”

Jacques believes she got more out of the experience and the scholarship than just money for school.

“When you mess up your first chance and you’re put on academic probation, you feel bad about yourself and it’s easier to quit. When you realize people still believe in you, your motivation increases,” mentioned Jacques.

Jacques has made her education a priority in her life now and has a message to those in the position that she once was.

“Are you ready to make all the sacrifices necessary to have a good GPA? If getting your degree is important to you then you better be ready to prove it,” said Jacques.

Coca-Cola spurs controversy

American beauty is exemplified through song translation in different languages

By **MARLYN RODRIGUEZ**
Staff Writer

The Coca-Cola Company created an advertisement for the Super Bowl that has stirred up a lot of unnecessary controversy based on ignorant views of the makeup of our country.

The commercial consisted of “America the Beautiful” sung in different languages. The advertisement includes the Spanish, Tagalog, Mandarin, Hindi, Hebrew, Keres, Senegalese, French and Arabic languages.

As soon as the commercial debuted the backlash began.

People started tweeting hateful remarks such as, “Nice to see that coke likes to sing an American song in the terrorists’ language.” Another said, “We speak ENGLISH here IDIOTS.”

Soon the hashtag #SpeakAmerican began trending.

There were also people who supported the commercial and the message it was trying to send.

Glenn Beck said, “If you’re offended your a racist. If you do like it, you’re for progress.”

What some people have failed to realize is that cultural changes have enveloped most of America. Having no religious affiliation is becoming more popular as well as identifying as multicultural and as a ho-

mosexual.

Coca-Cola released a statement that read, “The ad provides a snapshot of the real lives of America representing diverse ethnicities, religions, races, and families, all found in the United States.”

The point of the commercial was that Coca-Cola, which is an international product, can bring the world together.

“I thought it was an excellent representation of America,” said Donna Gotch, a communications professor. “America, to me, is all different faces, different voices and different languages.

Gotch added, that this is the land of opportunity for everyone and while English is the national language there is no law that declares it the official language,

As far as I’m concerned, saying #SpeakAmerican is one of the most ignorant claims a person living in America can make because there is no particular American language.

We speak English which was brought by our ancestors when they migrated from England to this continent.

If we go back far enough, every single person in this country with the exception of the Native American culture migrated from somewhere else in the world.

Student Edna Velazquez said, “There is no set definition of what makes an American.”

“I view these allegations as disrespect-



Photo courtesy of maggienotmargaret.com

The U.S. was built on immigrants so no single race or language is mandated which is what makes America so beautiful.

ful because we live in America, the land of the free, we have so many people from different backgrounds, and English is either their first or second language and they are embracing their native tongue,” said student Desirae Contreras.

Sushmitha, one of the girls who sings in Hindi, said that she feels, “The message that we’re sending through this video is so beautiful, that we are all the same. We just have different backgrounds and that’s OK.”

I think we all know and realize that the United States is the most diverse nation in the world. We are a country built on immigrants. To make the absurd claim that we only speak English, is the most foolish comment someone can make.

Coyote Watch: America the beautiful ?

Students weigh in on the recent disputes of the Super Bowl’s Coca-Cola commercial

By **TORILYNN QUALLS**
Staff Writer



Christina Mendoza, Junior

"I believe that people immigrate to our country to become American; that being said, I believe that those who are not born in America should adapt to our culture and widely used language, rather than try to convert America to their cultures and languages."



Brianna Green, Senior

"The United States is culturally different, it's diverse, and the commercial displayed that."



Jeyson Duarte, Junior

"The Coca-Cola commercial made me feel patriotic, because it showed that we accept different cultures in America. America is a melting pot of cultures not a country made up of one specific race."



Cindy Delatorre, Senior

"I loved the diversity in the commercial, and I was confused as to why it would receive such harsh backlash."

Sizing for society is never right

By **MARIE FERNANDES**
Staff Writer

People will always be too big or too small according to the standards that our society has set.

According to ourbodiesourselves.com, the average American sees three thousand ads per day.

Everything in the United States is based off competition.

The biggest competition of all for the general population is centered on how close to perfection you can get your body to look and your body size.

We are all exposed to images in the media of models that are photo shopped to look more thin and proportional on a daily basis.

These distorted images have become desensitized to us since there is no way to avoid them.

It is not often that a person with an average physical appearance is called beautiful by the American media or by people in our society.

The problem here is that everyone have different standards of perfection.

I may say that I am content with my body but someone else may look at me and think that I look too small when I am

healthy.

“When I look at the covers of magazines and at commercials it makes me feel like I am overweight because the models in the pictures have perfect bodies,” said student Melissa Stapp. “But in reality, I am average weight and it just so happens that I have curves.”

This past week I came across various scales, ads, books and magazines that were telling people how to drop pounds in days and how to get flat abs among other things in just one hour of shopping.

For me, it was unsettling to see that there were so many different types of messages about losing weight.

I would like to see messages about being happy with who we are as individu-

als and what we have achieved rather than about how we can get a six pack of abs in a week.

Famous philosophers have helped explain the phenomena of our society becoming desensitized to images distributed by the media.

Philosopher Jean Baudrillard has talked about simulacra and simulation in terms of how our current society has replaced reality and meaning with signs and symbols.

This means that people have replaced average images of the human body with images of photo shopped models.

Baudrillard came to the conclusion that human experience is a simulation of reality.

He is describing to us how society has become accustomed to a false sense of reality when it comes to physical appearance and weight.

“It gets depressing to think about all the messages that are thrown at us about our bodies not looking perfect and it is even more depressing to think that the younger generations think those messages

are normal,” said student Freddie Ramos.

I believe that the media in our country is somewhat to blame for our nation’s distorted view of our bodies because we are continuously presented with two opposite body types.

An average model was a size two or smaller before plus size models were introduced to the industry. You may have noticed that lately the term “plus size” model has become more popular, but an average plus sized model is a size eight .

According to a 2011 Women’s Wear Daily report, the average dress size for American women is a size fourteen.

We are made to believe that the models that we see and the messages that we are told about our bodies and weight are average, but that could not be further from the truth.

Two people may weigh the exact same amount but when you stand them next to each other they may look different because there are other factors at play such as their sex, height, and body shapes.

I think that everyone should try to avoid comparing themselves to the way other people look because what is most important is how you feel about yourself and that you are healthy.

If you are serious about wanting to lead a healthier lifestyle make sure you are doing it for yourself and not to appease societal norms.

We should stop letting society dictate what is normal and start redefining societal norms together.

“It gets depressing to think about all the messages that are thrown at us about our bodies not looking perfect and it is even more depressing to think that the younger generations think those messages are normal.”

Freddie Ramos
Student

Coyote Feedback:

Genetically altered soy is silent killer

By **English 103 class**
Dr. Guthrie’s T/Tr 10:00

One morning in our English 103 class last week, a student brought in the Jan. 27, 2014 edition of the Coyote Chronicle. In it was an article titled “New Health Craze: Students Should Choose Soy over Animal Products to Increase Healthy Eating” written by Marlyn Rodriguez.

The reason that this article caught our attention is because we’ve been reading and watching documentaries on foods and how they affect us. So the question is, is soy really a “healthier” alternative?

Well, the answer all depends on whether the soy is organic or not.

Soy that is certified as organic is acceptable, and can indeed be a healthy alternative to animal products. However, 93 percent of the soy produced in the US (in 2013) has been Genetically Modified (GMOs); this percentage has risen from 17 percent in 1997 (USDA).

So, what exactly does “Genetically Modified” mean? “Genetically modified foods are those that are derived from organisms whose DNA has been modified in a way that does not occur naturally,” according to the World Health Organization.

So what is the problem with Genetically Modified soy? Genetically Modified soy is what is called “Roundup Ready”—this means that the seeds have been treated so that they both contain Roundup (a common pesticide whose main ingredient is glyphosate) and are resistant to being sprayed with Roundup.

Glyphosate is estrogenic—meaning that it produces estrogens in the body. “Genetically Modified soy baby formula is similar to taking four birth control pills a day,” according to wellnessmama.com.

These “phyto-estrogens” have been

linked to: Higher rates of all types of cancers, breast cancer, birth defects, heart disease, early onset of puberty, gynecomastia, diabetes, more rapid aging, thyroid dysfunction, brain function damage and cognitive decline, severe liver and kidney damage and digestive distress.

Infertility can be passed down through several generations, as stated in a 2013 study. The study was compiled from a global network of independent scientists, toxicologists, beekeepers, environmentalists, governments, industry, and regulators on glyphosate cited in The Huffington Post.

If GMOs do all of these horrible things to our bodies, why are they still in our foods? GMOs have been banned in many places all over the world, including the UK, all of Europe, Canada, China, Australia, Greece, Mexico, Russia, India, Japan, South Korea, and the Philippines, according to thenation.com.

However, in the US, “Our current system of industrial agriculture and pest control relies on chemical inputs sold by a handful of corporations [...] these same multinational corporations wield tremendous control over the entire system from crop selection through the distribution chain,” according to panna.org.

Where is all of this GMO soy in our foods? It’s found in pretty much everything, including fast foods, vegetable oils, all processed foods, such as pizzas, Hot Pockets, Top Ramen, any frozen meals, protein bars, chips and other snacks, as well as vitamins, citrus flavored sodas, baked goods, margarine, flavored milk, and baby formula. So when its suggested that students consume more soy, given the nature of college students’ diets, they are actually already consuming vast amounts of this GMO soy.

You decide—do you want to eat soy?

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Defining body size

Do store sizes influence our perceptions of body image?

By **ERIN POSJENA**
Staff Writer

Women across the country have become obsessed with the size numbers printed on each tag of clothing they try on and how those numbers have begun to equal body worth and self value.

The reality is that those size numbers are different everywhere, so what consumers really should be asking themselves is, “does size really matter?”

Retail stores like Hollister, American Eagle, and Forever 21 all produce clothing that is targeted for high school and college-aged girls.

Society today tells girls that thin is in, therefore, it’s only natural that the size numbers on each dress or pair of jeans purchased is going to take center stage to the consumer.

Some stores, such as Hollister, use odd numbered sizes 1-11; while American Eagle Outfitters uses even numbers 2-16.

The proof is in the numbers; if the sizes are different at different stores, it’s clear that the actual number on the tag isn’t all that important.

Some stores like Forever 21 disregard actual size numbers and use waist and hip measurements for their jeans. For example, I am a size 26 in their jeans.

The important thing to understand is that each store uses these waist measurements to gauge their sizes but those gauges are not the same at each store.

A 26-inch waist at Hollister is a size 5, but I wear a 7 in their jeans even though based on my measurements of 26, I should be 5.

Consumers need to be aware that each retail store has a sizing chart based

on their “targeted audience.”

Hollister is a clothing store that prides themselves on being “SoCal” inspired.

Southern California is a place that is centered on the ideal that “skinny” is beautiful so their waist sizing and corresponding numbers are going to run on the smaller end of the spectrum, making girls feel like their size number is “too large.”

Their largest size is an 11, which is labeled as a 30-inch waist (keep in mind that’s only four inches bigger than my waist size and it has jumped six sizes).

American Eagle Outfitters has a similar size audience as Hollister but they do tend to offer sizes that appeal to a greater demographic with their largest size being a 36-inch waist at size 18.

Forever 21 offers a more appropriate version of sizing by forgoing the use of numbers and focusing on waist size.

They also cater to plus size women by offering alternative sizing in each store.

Clothing stores like Hollister, American Eagle Outfitters, and Forever 21 all cater to their targeted audience and rank their sizing chart accordingly.

I asked three women on campus what they thought about how sizing works and they all admit that they have criticized themselves for being a larger size in one store and a smaller size in another. Some students (quoted below) felt that sizing in stores has affected them.

Fictional numbers have been created by manufacturers and have become the yardstick for measuring the worth of girls all over the country.

The idea of trying to fit into a particular size and conforming to a stores’ expectation is not feasible because you’ll end up dragging yourself into a game of numbers that don’t play fair.

“I’ve lost 85 pounds and still won’t even try those brands because I don’t want to get depressed.”

-Kristen James Frisch

“Well to me it’s just a number but because of the way media portrays the idea of fitting into smaller sizes, women tend to connect their size to their weight which can make them feel self-conscious.”

-Maria Perry

Women often encounter various body images presented by retail stores and struggle with defining their size.

Here’s what some women had to say:

“I’d say society makes it a big deal, and because of that, some girls feel more pressure to be a smaller size.”

-Jenan Hamad

“If I know I’m going to Hollister to buy pants I won’t eat before I go, lol, otherwise I feel like a stuffed sausage.”

-Rebecca Bates

“I think the problem is that I don’t know my size. Hollister jeans are super tight and Forever 21’s jeans are never long enough for me. American eagle works for me.”

-Bailey Bingham

Learn how to catch employers’ attention

By GLYNN GUERRA
Staff Writer

It’s time to start thinking about graduation and what you are going to do once June rolls around. As students, our biggest concern is finding a job that relates to our major.

On Wednesday, Feb. 12, CSUSB hosted a Career Expo in the Santos Manuel Student Union Events Center.

Sarai Maldonado, a career counselor at the Career Center, gave me a list of five suggestions to help students make themselves more likely to be hired:

1. Have a professional and enticing résumé.
2. Research and educate yourself about the company.
3. Prepare and practice for your interview.
4. Create a 30 second “commercial” on why that company should hire you (a “commercial” is a short speech in person used to sell yourself to an employer).
5. Be confident and smile consistently.

“Create a career goal, know what you want to do and where you want to go and visit the Career Center,” said Maldonado when discussing what students should do before graduation.

Maldonado and student Amber Williams both suggested that students should create a professional networking account such as a LinkedIn profile.

“It’s a good way to stand out to employers,” said Williams.

Williams also said that attending events like the Career Expo can be beneficial for students because it opens up more opportunities for interviews, jobs or even



Glynn Guerra | Chronicle Photo

Face-to-face encounters with employers are ideal for students who want to get ahead in the work field. It is important to dress and act professionally to leave a memorable impression.

internships.

“Even if you don’t get something like a job or an internship, it can help you learn to communicate with employers or get connected,” said Williams.

Williams and student Yari Trabares both talked about the importance of an “elevator pitch,” which is a 30 second summary that describes who you are, where you study and what goals you wish to accomplish.

Your image and how you present yourself are also things to take into consideration when applying for jobs.

It’s important to dress professional. “[Employers] see what you wear first. That is their first impression of you and image is everything,” said Williams.

As I walked around the Career Expo, I noticed that many of the students even dressed formally as if they were going in to apply for a job or an interview.

I could tell that the vendors there noticed that and took it into consideration when the students approached their booths.

So for students who are wrapping up their college careers, preparing to step into the real world, or want to get ahead, remember that networking is important, image is everything, practice makes perfect and creating a plan for yourself are all important factors when applying for those dream jobs.

K.I.S.S. acts of unprotected sex goodbye!

Campus Health Center recommends students keep it sexually safe

By DIANA RAMOS
Staff Writer

February is National Condom Month. The Student Health Center hosted their first event called Keeping It Sexually Safe (K.I.S.S.) on Wednesday Feb. 12.

This event educated students on contraceptives and sexually transmitted infections (STI).

Jeanette Montoya said, “If you’re not sexually active you can still participate, because this event is not meant to pressure you into having sex.”

The event was to inform students, so when they decide they are ready, they will know how to take care of themselves.

The event brought together different departments from CSUSB for the purpose of educating and informing students how to have safe sex.

The Pride Center, Cross Cultural Center, Coyote Nurses and the Student Health Center were a few departments on campus

that participated in this event.

The K.I.S.S. event had many booths, and each had different activities for students.

There was a specific booth that showed pupils how to properly use a condom.

After Montoya demonstrated how to properly put on a condom she gave everyone the opportunity to put a condom on a plastic penis.

The booth, ran by the Student Health Center, also gave important tips for using condoms.

1. Check the expiration date.
2. Check if there is air in the packaging. This makes sure there are no holes in the packaging.
3. Push the condom to one side of the packaging and tear.
4. If the tip of the condom is inside out DO NOT put your finger in it because that might cause the condom to tear, gently blow to put it in its correct form.
5. Hold the tip of the condom as you



place it on the erect penis.

This helps keep a section for the ejaculation, preventing the condom from tearing.

Not only is it National Condom Month, but this past week was also Sexual Responsibility Week.

Many booths had fun, educational games that informed students about the different scenarios in which they could be at risk of catching an STI.

They also informed students of the different types of STIs and their symptoms using visual examples.

I believe these visuals were really informative. They were very descriptive in showing how painful catching an STI can be.

You can reduce the chance of catching an STI by using a condom and getting tested often.

Going to an event like this is not something to be embarrassed about.

An event like K.I.S.S. helps you prepare for when the time is right to be sexually active because they give you the tools and knowledge in order to be sexually smart and safe.

The Student Health Center offers various events throughout the year to educate students on sex and they also inform students about preventative methods regarding unwanted pregnancies and/or STIs, and recommendations on getting tested.

They encourage everyone to stop by and get educated!



Students chill out at reggae night

Adrian Carlos / Chronicle Photo

One Love Reggae Night organized by the Cross Cultural Center is an evening filled with Jamaican food, cultural music and various artwork provided by local artists. Tony Be conscious had his artwork on display for attendees as shown above.

By **ADRIAN CARLOS**
Staff Writer

Excellent Jamaican food, authentic local reggae bands and genuine artwork are what completed this year’s One Love Reggae Night. The sixth annual Reggae Night was put together by the Santos Manuel Student Union (SMSU) and Cross Cultural Center. The coordinator for this event was Tamara Holder, who is the coordinator of the Cross Cultural and Osher Adult Re-Entry Center. “Reggae is the great unifier, it brings people together and exposes them to a broader diverse group of people, the Reggae Night is an event that is student oriented and is for the students,” said Holder. The Reggae Night was showcasing original tone Jamaican paintings that were

for sale by Tony Beconscious (The Ghetto Mandel). Beconscious said, “I am more than happy to showcase and sell my Rastafarian pieces of Bob Marley and the Jamaican culture.” The event put out a warming atmosphere and included free Jamaican food, catered and served by Stone’s and Chin’s Jamaican Restaurant and Bar. Stone’s and Chin’s prepared rice, beans and a “mouth-watering” curry chicken. “The chicken was ripe and the music was chill,” said student Matt Bell. The Reggae Night featured three

“Reggae is the great unifier. It brings people together and exposes them to a broader diverse group of people.”

Tamara Holder
Coordinator of the Cross Cultural and Osher Adult Re-Entry Center

bands, two of which were local. Riverside’s own Living Stones, all the way from Waikoloa Village, HI Rian Basilio & The Roosters, and El Monte natives Two Tone Boners, played at the event with a mix of reggae and ska. The Reggae Night even hosted Club Sevilla’s very own DJ Gabe, who was playing music and sound control for the bands. The CSUSB Street Team was also in attendance. The group is in charge of making the flyers and promoting events for the Student Union, which they did for this event. The Street Team was also giving away

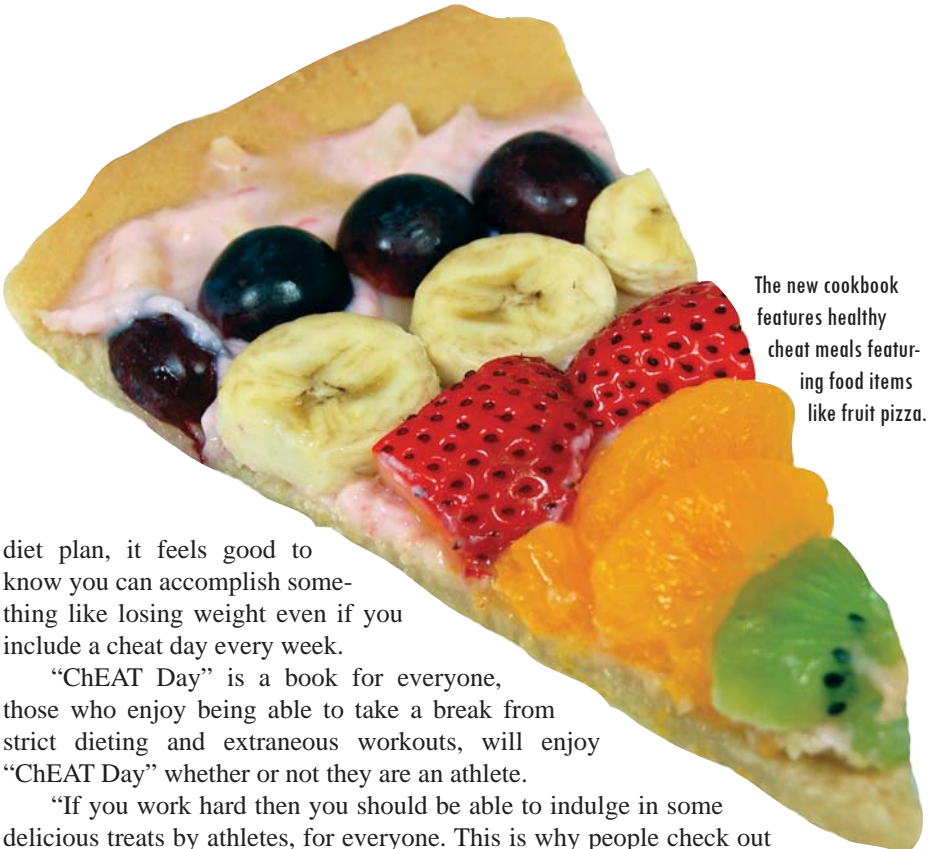
and raffling prizes for students who were participating in their games and surveys. Student Cleo Upshaw said, “The Jamaican food was awesome, I loved the sunglasses I won from the Street Team, and... I loved the artwork and the opportunity to meet new people.” Student Raquel Fiorello, a first time attendee, said, “The reggae festival was lovely and the groups of students here were so welcoming.” All of the bands who performed were recommended by students. “We aim to bring student bands first, and give a variety of groups a chance to play for the Reggae night, but change them out periodically,” said Holder. Approximately 250 students showed up. “Its all about a multicultural gathering, and all for Bob Marley the father of reggae,” said Holder.

ChEAT cookbook by students

By **ERIN CAMPBELL**
Staff Writer

You may be cheating with this cookbook, but you’re mostly winning. Students from Kinesiology 471 can help you maintain a healthy diet and cheat day with the release of their new cookbook, “ChEAT Day.” Students Prince Padilla, Jeffrey Dominguez-Fajardo, Cassandra Karr and Raquel Kinnally have created a cookbook dedicated to cheat meals that athletes have developed in order to keep on track, but also give themselves a break from their strict diets. Under the supervision of Professor Jim Clover, these students hope to start a business venture that isn’t widely known in the cookbook industry. “While cookbooks are not out of the norm, a cookbook that is made by athletes concerning cheat day recipes has not really been seen. We know that most athletes are on strict diets, so we wanted to know what they were consuming on their days off from their strenuous workouts,” said Padilla.

“ChEAT Day” is filled with recipes that consist of CSUSB athletes’ favorite healthy recipes and guilty pleasures. “We have several recipes ranging from a fruit pizza to bbq bacon wrapped stuffed jalapeños to Mexican lasagna,” said Karr. The authors of “ChEAT Day” really wanted the title to stand out. They believe an athlete’s most important tool is the food they consume. “Its catchy, who doesn’t like to cheat on their diet once in awhile?” said Fajardo. According to Kathleen Zleman, director of nutrition for WebMD, diet cheat days can actually boost your chances of weight loss success. When you schedule a cheat day, you’re more likely to look forward to rewarding yourself. The temptation of straying from your diet constrictions will become less strong when you allow yourself a cheat day as opposed to telling yourself you can never touch unhealthy food. Cheat days also maintain your motivation to stick to a healthy diet. After all the hard work of keeping up with a solid workout schedule and strict



The new cookbook features healthy cheat meals featuring food items like fruit pizza.

diet plan, it feels good to know you can accomplish something like losing weight even if you include a cheat day every week. “ChEAT Day” is a book for everyone, those who enjoy being able to take a break from strict dieting and extraneous workouts, will enjoy “ChEAT Day” whether or not they are an athlete. “If you work hard then you should be able to indulge in some delicious treats by athletes, for everyone. This is why people check out our book,” said Kinnally. The book has been in production since the beginning of the 2014 Winter quarter and is expected to be published sometime in March.

Local band brings the sea to the I.E.



Seaside Audio, an alternative indie band consists of members, (from left to right) David Ajoku (keyboard/synthesizer), Roland Patrick Garcia (vocals/base), Rolando Garcia (vocals/guitar), and Luke Johnson (drums). Photo courtesy of Seaside Audio

San Bernardino natives Seaside Audio blows minds away with their amazing talent

By OFELIA FUENTE
Asst. A&E Editor

Up and coming alternative indie band blows Riverside’s mind away in Feb. with their catchy lyrics, awesome melodies and attention-grabbing vocals. Seaside Audio is a San Bernardino based group composed of David Samuel Ajoku on the Keyboard/Synthesizer, Rolando Garcia on vocals/guitar, Roland Patrick Garcia on vocals/bass, and Luke Samuel Johnson on the drums. The band members of Seaside Audio met during their time at Cajon High School in San Bernardino. They became immediate friends when they discovered their mutual hobby for bike riding. The band came together when the need to express ideas and creativity came about. Roland and Rolando

were in a band prior to Seaside Audio, but due to disagreements amongst the band members, the twin duo then decided to part ways and create something brand new. For some time the band was made up of only three members, but after playing only three shows together the band knew they had something special. Seaside Audio later decided to add a little punk to their sound and brought on David to complete the package. The group often writes songs in a spontaneous manner and in unison. Usually a band member would bring an idea and during rehearsal the band molds the idea into a song by adding lyrics to eventually shape it into a full blown Seaside Audio song. Vocalist Rolando describes writing their songs

as sort of “dysfunctional at times but is worth it when we finally are all happy with it.” The band has many musical influences beginning with Local Natives, and from Joyce Manor to Daft Punk and Coldplay. Seaside Audio is very proud of having the chance to play all of their original pieces, but the band also enjoys playing covers from their favorite artists and musical influences. Some of the group’s favorite songs to cover are “Super Rich Kids” by Frank Ocean and “Wide Eyes” by Local Natives. Seaside Audio often plays in many small venues. The band’s favorite places to gig at are Back to the Grind in Riverside and The Chain Reaction in Anaheim. The all male group is hoping to expand their fan

base and expose their music to different crowds. Going back to one of the band’s performances in Feb., Seaside Audio not only had great sound quality but all kinds of energy. It was extremely noticeable that the band was well rehearsed and ready to put on a show for the crowd. Seaside Audio has an amazing live sound. Their sound includes an experimental and alternative indie rock side but they also add a little funk to the mix. The band played all original songs and left the audience wanting more, leaving them with an encore song. Seaside Audio is a great local band to keep an eye out for. They have a bright future and an original album coming out soon.

Upcoming Seaside Audio Shows
Feb. 20th - Best of the Bands
Feb. 21st - Back to the Grind (Zapp Productions)
Mar. 6th - LUBOS PASOS Benefit Show
Mar. 7th - Back to the Grind w/ Late Night Revival

Seaside Social Media
TWITTER: @seasideaudio_
INSTAGRAM: @officialseasideaudio
FACEBOOK: Search Seaside Audio
YOUTUBE: youtube.com/jay1pinkie



Photo courtesy of Kar-el Green

UDC does it “For the Love of Dance”

By **CARLY WOOLLEY**
Staff Writer

The University Dance Company (UDC) presented their annual showcase “For the Love of Dance” on Feb. 13.

They left the audience in shock with their quick transitions from ballet to street hip hop.

UDC is comprised of Cal State students, alumni and community members.

These dancers have been diligently working on choreography and rehearsing their routines since September of last year.

For many, the UDC is an outlet to display their passion for dance.

Dance is an art form that requires strength, flexibility, rhythm and passion.

It is such an extremely straining and demanding activity, and many strive to attain the skillful technique it requires.

A notable dancer can not only deliver

flawless technique, but they can tell a story through their choreography.

Janys Antonio has been teaching dance at CSUSB for 24 years and has been consecutively holding the student showcase for 23 years.

When asked what the purpose of the student showcase was, Antonio said, “The purpose of the showcase is to give all of the dancers a chance to perform and choreograph.”

While watching the student showcase, one aspect was clearly evident: Dance is hard.

The showcase featured various styles of student choreography ranging from classical ballet to street hip hop.

Each number was surprisingly different.

The “Ties that Bind” performance choreographed by Janys Antonio was different to say the least.

I found this modernized ballet piece to be quite interesting but maybe for not all the right reasons.

The dancer in the spotlight was wearing a harness that connected him to the other dancers around him with strap-like material.

The dancers around him were wearing all black with white point shoes.

I found this to be very displeasing to the eye as well as highly distracting.

Overall, the performance had room for improvement with the lack of cohesiveness by the performers.

The program was constantly changing between different genres.

One moment there would be a ballerina on stage with classical music and then before you knew it.

A group of hip hop dancers would be surrounding the ballerina and a music change would quickly follow.

The style of the student showcase was definitely unique.

There were several creative numbers filled with a great deal of spotlight dancers and dancers in the core.

One of the most memorable performances of the night was titled “Walking on Air.”

The dance was gracefully choreographed by Marissa Mooney who just so happens to be the UDC’s current president.

This piece was a breath of fresh air. It was uplifting, fun and full of energy.

The dancers in the piece were all extremely committed to leaving the audience with a positive reaction.

The performance was adequate; however there was some noticeable room for improvement in certain pieces.

UDC is undoubtedly filled with members who are truly dedicated to practicing and performing their craft.

“The Lego Movie” is one big block-buster

By **MINTIMER AVILA**
Staff Writer

Emmet is the most average Lego ever, now he’s entrusted with saving the world.

“The Lego Movie” is set to be one of the biggest block-busters for 2014, opening with \$69 million in the first week, according to Forbes.com.

The movie premiered on Feb. 7, and was directed by Phil Lord and Christopher Miller.

This action packed film will please anyone who enjoys a good story filled with romance, suspense and non-stop humor.

When asked about the inspiration for the movie Lord and Miller replied, “We started watching these brick films that people make in their basements and the stop motion shorts they posted online. They’re just so creative, clever and funny.”

“We thought, well, maybe we could make a movie that would be like that. It would be cool and it wouldn’t feel like a commercial,” they continued.

Lego blocks can be made into virtually anything, so naturally in a world made of Legos, everything is fair game.

You will feel as though you’re living

in the imagination of an 8-year-old child that has too much energy.

The movie had a strong lineup of actors, featuring the voice talents of Chris Pratt (Emmet), Elizabeth Banks (Wyldstyle), Morgan Freeman (Vitruvius), Will Farrel (Lord Business), Will Arnet (Batman) and many others.

The story centers around a bland, ordinary Lego that would never dream about breaking the rules, much less save the entire world.

Emmet is a construction worker who lives in Bricksville, a dystopia where everyone blindly listens and watches the same thing.

Emmet lives out his life by following every single rule in the book, literally.

If his morning instructions say to stretch, he’ll do it, if they say to wave to your neighbor, he’s already on it, but he’s about to have everything he knows about living thrown out the window.

His adventure begins when he finds himself distracted and wanders off, only to discover something that will change the lives of everyone.

Emmet is mistakenly thought to be “The Special,” a master builder that is destined to save the world.

The only problem is that Emmet is completely average and possibly the least

imaginative Lego in existence.

The villain and president of Bricksville, Lord Business, plans to end the world and cannot afford to have, the special interfere with his plan, he therefore assigns his right hand man good cop / bad cop (Liam Neeson) to hunt Emmet down.

Emmet’s world is turned upside down as he’s whisked away on the adventure of a lifetime where he must prove to everyone that he is special in his own way and accomplish the impossible.

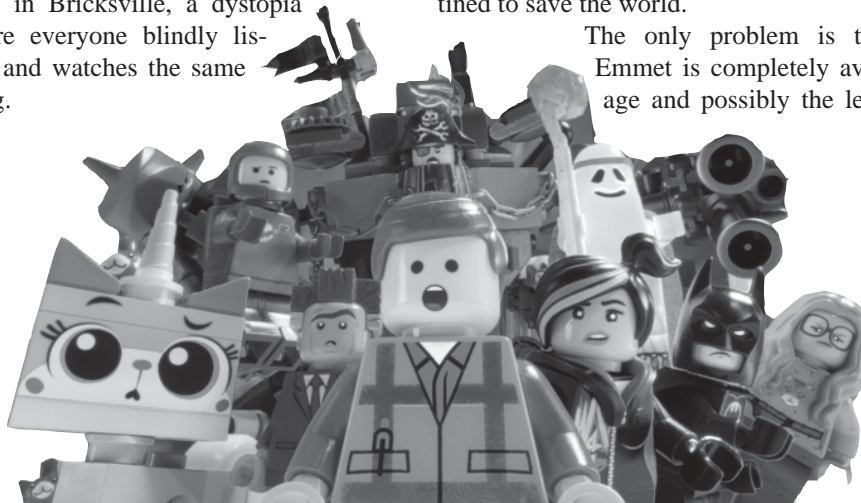
“The Lego Movie,” uses a mix of stop motion, computer graphics, and 3-D to craft a world built entirely out of Legos right before your eyes.

The biggest strength of the film are the visuals and the level of detail that was used.

The story is simple, yet surprisingly manages to capture both adults and children with its witty humor.

Puns and one liners were used throughout the movie, but in unlike recent flops, these worked quite well.

By the time the movie is over you can’t help but feel you’ve bonded with every character and you will wish that it was only just the beginning.



Phantogram shares their psychedelically beautiful music



By LILY PEREZ
Staff Writer

Phantogram’s electronic infused, jolting and psychedelic sounds are present throughout their new album, “Voices”.

Phantogram which is comprised of members Sarah Barthel and Josh Carter have generated a lot of buzz from their previous self-titled EP, released Sept. 30 of last year.

The duo has definitely not disappointed listeners with their newest album.

Sarah Barthel’s voice is still hauntingly beautiful and eerie, making audiences easily get lost in the duo’s hazy ballads.

The first couple of songs of the album like “Black Out Days,” carry a sense of urgency with their use of entrancing rhythms and electrifying vocal loops.

“Fall in Love,” the first single off their new album, has garnered a lot of rave reviews because of its sultry and seductive sound and has earned Phantogram a greater following.

“I feel that the song is very dreamlike and it relaxes me, the beats and rhythms are very unique and her voice is so good,” said student Minju Pyo, a senior.

The band released the music video for “Fall in Love” days before their album release and it did not stray away from the sultry and electrifying feeling we get when listening to the song.

Barthel and Carter sing and

dance “Fall in Love” dressed in leather outfits which fit right in with the duos ‘80s synthetic pop music style.

The black and white noir music videos use of lighting, shadows and geometric shapes plays an essential role in entrancing and captivating viewers.

Much of the duo’s songs carry a sense of seductive, psychedelic beats with a bit of mystery but their sound has definitely evolved.

The band shows a different side to their sound as seen in “Bill Murray.”

The song is a quite sad and melancholy ballad which allows Barthel to show a softer side of her voice.

“Their music can be very relaxing and it’s a bit up-temp so it’s great to listen to while driving, studying or even working out,” continued Pyo.

“Voices” delivers song after song that is set to make people dance like “Howling at the Moon” and “Celebrating Nothing.”

Phantogram’s sound intensifies throughout their songs but their unique and original beats never once overpower Barthel’s eerie vocals.

The type of caliber seen from this pair in *Voices* comes to no surprise as to why these Saratoga Springs, N.Y. natives have had the opportunity to work with The Flaming Lips and Big Boi from Outkast.

Phantogram’s sophomore album is only a glimpse of what this duo is capable of achieving.

Phantogram’s LP *Voices* does not disappoint and is definitely worth listening to.

Getting caliente with some Latin Jazz



Things heat up at CSUSB with some salsa and Latin jazz where students were able to show off their mad dancing skills.
Joel Hanke | Chronicle photo

By JOEL HANKE
Staff Writer

Specific tracks played by CSUSB’s Jazz ensemble resembled a classic James Bond film during a fast action chase scene, exciting and riveting.

Other songs were very smooth and soothing, then sudden bursts of absurdity.

CSUSB’s Santos Manuel Student Union hosted “Caliente! Salsa & Latin Jazz Night” Feb. 11, bringing a spicy taste of Latin culture for students and San Bernardino residents alike.

Prior to the actual Latin jazz Ensemble performance was a dance class lead by voluntary instructor Robyn Fernandez.

Fernandez teaches free salsa and swing classes every quarter at CSUSB.

The instructional dance course had a total of nine partner groups.

Fernandez walked students through an introductory course in salsa dancing with a few quick steps (forward and backward)

and then a simple turn.

Volunteers would change partners in a counterclockwise pattern so that everyone had a chance to dance with each other regardless of experience, Fernandez included.

After an hour of preliminary salsa dancing to background Latin jazz, CSUSB’s jazz ensemble took the stage.

The jazz ensemble was made up of both undergraduate students and teachers and is open to all musicians regardless of their major.

This fast paced band has played numerous regional events.

They have partaken in the Western States Jazz Festival, Reno Jazz Festival, and the Oceanside Jazz Festival.

They also perform annually in both CSUSB’s Swing Night and Jazzfest.

The band was filled with an array of instruments including the trombone, trumpet, saxophone, clarinet, drums, bass, guitar, bongos, keyboard, and shaker.



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Models redefine beauty

By DA’JHA SIMS
Staff Writer

There is no limit to beauty, no matter height, weight, age or disability.

62-year-old Jacky O’Shaughnessy proved that by modeling in a lace purple bra and lace pink panties for American Apparel.

Since she began modeling for American Apparel in 2011, This has been, by far her best and most powerful image.

When this picture was published on Facebook, the head title for this astonishing picture was “Sexy has no expiration date.”

Many Facebook users praised the fact that Jacky expressed her 62-year-old body proudly and freely with the message that age does not preclude beauty or sexiness. Jacky isn’t the only model in her age range.

66-year-old Sarah Wiley, the star of Stella magazine, also models. Impressively, Sarah was scouted out at age 57.

Sarah explains there are plenty of other older women who model, but are less known to the public eye.

Models like Daphne Selfe, 85, Jennie Rhodes 81, and last but not least a legend Carmen Dell’Orefice, now 82, was also known for being on Vogue’s cover page at the age of 15.

Last fall during New York’s Fashion Week, Carmen walked in two shows and modeled for famous brands like Rolex.

One of the secrets to keeping a good look is simple. Sarah Wiley gave a few tips on how to create a flawless look for applying make-up on older skin.

At the end of the day, these women prove the theory that age is nothing but a number.

Similar to this situation there was a show back in 2008 titled, “Britain’s Missing Top Model.”

The show included women who had disabilities and wanted to pursue a career as a model.

Kelly Knox, who was born without a left forearm, and Debbie Van Der Putten, who is missing most of her right arm, were both competitors on the show.

Kelly won the competition and was featured in numerous magazines.

She appeared on billboards in Oslo, and most recently walked the catwalk for the P&G Beauty Trends 2013 Fashion Show in Jan. of last year.

Debbie Van Der Putten’s experience on the show inspired her to become apart of a campaign by Models of Diversity and has recently become the spokesperson for this campaign in March 2013.

These women are beautiful no matter what they look like.

The definition for disabled means, “having a physical or mental condition that limits movements, senses or activities,” but these individuals prove that this definition will not limit their beauty or their confidence.

The co-executive producer Doug James stated, “Why can’t an extremely attractive model in a wheelchair be used to sell the latest Prada outfit?” I could not agree more with Doug.

Why does a model have to be the typical skinny, tall and beautiful skin women to put on a famous designers clothing?

All of these women are not defined by their age or disability but by their beauty and strength to be the models that they are.



Photo courtesy of American Apparel

Jacky O'Shaughnessy, 62-year-old American Apparel model, wearing American Apparel's lingerie. She is only one of many models who have showed how diverse beauty really is.

Water Polo faces another defeat

By **CARLEY BENNECKE**
Staff Writer

The Coyotes' women's water polo team suffered two losses at the Whittier Aquatic Center on Feb. 8.

They battled in their first 10:20 a.m. game against Pomona-Pitzer College. Coyotes were down 6-1 after the first period, and 11-4 at the break.

The Coyotes lost by over 10 points: Pomona-Pitzer 17, Coyotes 6.

Junior goalkeeper Madison Morris had three saves in the first half.

The game remained one-sided throughout as the Coyotes struggled.

The Coyotes' second game was later in the afternoon on the same day.

The Coyotes competed against Occidental college and took another licking, losing 5-10. Occidental 10, Coyotes 5.

The match began as a close game. The first period ended with a 1-1 tie, and the second period ended with a 2-2 tie.

This was able to give some the Coyotes some help in trying to make it through to the next period of the game.

After the third period, however, Occidental led 5-4. In the fourth and final period, Occidental took over the game, winning 10-5.

Morris gave her best effort and ended the game with 10 saves, but this wasn't enough to get the win.

The Coyotes tried their best to make this game a turn around and have an im-

pact on the teams that they would face in the future.

Although this game wasn't enough Coyotes have a great track record that they keep in their stats.

Morris had 104 saves during her sophomore year last season and 105 saves her freshman year.

So far this season, Morris has had 33 saves. Senior Alison Glaser, driver for the team, scored five of the 11 goals at the two games.

She scored three goals during the Pomona game and two goals in the Occidental match.

The Coyotes are now 0-4 this season. The team is trying to stay positive during the difficult season, and aim to continue working together and take the season one game at a time.

The team is learning from each season and does their best to improve little by little.

Head coach Sarah Reneker, who took on the reigns in 2010, is currently in her fourth season with the Yotes.

Before Reneker became coach, she played water polo for the Coyotes for four seasons from 2002-2006 and in 2004, she set a CSUSB single season record of 117 goals.

Come support your Coyotes on Friday, Feb. 28 at 3:30 p.m. as they host their first home game of the season against Sonoma State University at the campus pool.



Brandon Landrum | Chronicle Photo

The Coyote's softball gets back to work at practice after going 3-2 in the Desert Stinger Tournament in Las Vegas, NV.

Coyote's softball finishes positive

By **BRANDON LANDRUM**
Staff Writer

The Coyote softball team finished 3-2 in the Desert Stinger Tournament.

The tournament took place in Las Vegas, NV during the week-end of Feb. 7.

The Coyotes started off against the Orediggers of the Colorado School of Mines and racked up 11 hits in the victory and their pitching was good.

The pitching was led by freshman Cassandra Williams and sophomore Kacey Cota, who only allowed two hits in the whole game.

"The pitching was really good and we backed each other up inning by inning," said junior pitcher Stephanie Luhmann.

The Coyotes cruised to a 9-0 victory over the Colorado School of Mines on Friday.

On Feb. 7, the women's softball team played in a doubleheader against Central Washington University and Western Oregon University.

In the first game against Central Washington University, the Coyotes got off to a good start.

Although toward the end, it slipped out of their reach as they suffered a 7-10 loss. In the second game of their doubleheader, the Coyotes looked to redeem themselves against the Wolves of Western Oregon University.

During the game, junior outfielder Victoria Lievanos, junior catcher Tiffany McIntosh, and Williams all hit home runs.

All of the home runs turned out to be big hits, helping the Coyotes edge over the Wolves, winning 6-5.

The Coyotes recorded a season high of 14 hits in this game.

"I feel that the team did really well, hitting has improved, the team chemistry is good and communications is key," said Lievanos.

On Sunday, the Coyotes played in another doubleheader against Dixie State and University of Mary.

In the first game, the Coyotes started slow against Dixie State's good pitching.

The Coyotes struggled with two errors and only had three hits throughout the game, eventually leaving them with 0-8.

"Some of the things I think we can improve as a team is fixing errors and getting rid of those bad innings," said Lievanos.

"I feel that the team did really well, hitting has improved, the team chemistry is good and communications is key."

Victoria Lievanos
Junior outfielder

In the second game, the Coyotes looked to end the Desert Stinger Tournament with a winning record, and the only thing between them and their goal was the University of Mary.

The Coyotes started off good with freshman left fielder Kristin Lopez and junior infielder Nicole Nobbe scoring the games first two runs with a hit from Williams.

The ladies continued their good hitting streak with the team gathering 13 hits in the game and the pitching from Williams and Luhmann led the Coyotes to an 11-3 victory.

The Coyotes look to continue their winning streak by using their positive attitude, energy and communication.

"Learned that energy helped the team win and that communication is the key to winning," said Lopez.

Come out and support the Lady Coyotes in their next game held at home on Tuesday, Feb. 18, against California Baptist University.



Uriel Ortega | Chronicle Photo

The water polo team looks to regroup from their 0-4 start of the season, the team tries to stay positive and improve.

Coyotes basketball split games

By **KIROLLES GUIRGUIS**

Staff Writer

The Coyotes men's basketball team split their games last weekend defeating Cal State Stanislaus, and losing in overtime to Chico State on Feb. 8.

The team are now ranked 17 in the National Association of Basketball Coaches Division II poll after winning 77-75 at Cal State Stanislaus and losing 86-82 at Chico State.

The Coyotes have continuously fought to win their road games in the California Collegiate Athletic Association (CCAA) and have proved to be successful again against the Stanislaus Warriors.

The team played aggressively both nights and made significant strides for success during their away games.

Senior Lacy Haddock lead the Coyotes Saturday night against the Warriors with 17 points, 3 assists, and 2 steals during his forty minutes of play.

Senior Kirby Gardner also helped push the team forward making 14 points during his 26 minutes of play.

Offensively, the team performed well and it showed on the scoreboard.

The Coyotes controlled the pace of the game throughout the night and were able to hold a lead until the end.

Free-throw shooting was an evident problem in the Warriors offense. The team shot 14 of 27 from the line allowing the Coyotes to capitalize.



Kirolles Guirguis / Chronicle Photo

The men's basketball team practices after splitting this past weekend's games and get back to their overall winning ways.

With eight seconds left on the clock, Jordan Burris in-bounded the ball to Haddock, who was then immediately fouled.

Haddock made one of two free-throws to put the score at 77-75 before senior Clinton Tremelling missed a three-point field goal with five seconds left in the game.

The Coyotes played strong and consistent during Sunday night's game against the Chico State Wildcats, but suffered a loss during overtime.

Senior Jordan Burris lead the Coyotes scoring 31 points against the Wildcats, which is currently the highest amount of points scored in the last five seasons by a Coyote.

Burris also broke his previous season high of 29 points on Sunday night.

Senior Andrew Young scored 15 points during his 31 minutes of play against the Wildcats.

Amir Carraway was fouled by Gard-

ner on a three-point attempt with ten seconds left in regulation.

Carraway made all three from the line sending the Wildcats into overtime.

Burris explains how the teams loss was an unfortunate one but they were able to play a good game and how the team was able to play whole heartedly.

"It was a tough loss, but we did some things well. We scored the ball well and our offense was strong. Also, I feel like we as a team showed a lot of heart battling a good team, but we aren't after moral victories. Our defense and rebounding has to improve," said Burris.

Free-throw shooting was not on the Coyotes' side during the second half.

After shooting 4 of 4 during the first period, the Coyotes only made 12 of 21 for the rest of the game.

Burris explains some of his concerns with how the team is able to make some improvements with their game would be the free throw shots could use some work.

"Personally and collectively we need to make free throws. That was a very winnable game that we let slip away, but we will continue to work on these things in practice and we will be better in those areas this weekend," said Burris.

The team looks forward to finishing the remainder of the season on a strong note before entering the playoffs.

The Coyotes will play Sonoma State University and San Francisco State University Friday, Feb. 21 and Saturday, Feb. 22 at 7:30 p.m. in the Coussoulis Arena.

Catching up on the Sochi Olympics

By **URIEL ORTEGA**

Staff Writer

The U.S. strikes gold first at the 2014 Winter Olympics in Sochi and 12 total medals through in the seventh of the winter games.

U.S. team nabs first gold as both men and women sweep the gold for slope style snowboarding at the 2014 Sochi Winter Olympics.

The United States claimed the first gold in the slope style with a big board and big tricks by Sage Kotsenburg, who won the game's first gold medal.

Kotsenburg, from Park City Utah, said that witnessing the American team sweep the men's half pipe podium at his hometown Olympics in 2002, was a defining moment for him.

"I have no idea what's actually going on, this is the craziest thing that ever happened," said Kotsenburg.

Kotsenburg was "stoked" which has become his trend word when asked how he felt.

Jamie Anderson, the 23-year-old from South Lake Tahoe, CA, also took gold in slope style snowboarding giving the Americans the sweep in the competition.

It came down to one last trip through the treacherous Rosa Khutor Extreme Park course as Anderson showcased the skills and greatness needed for her to take the podium for an Olympic gold medal.

"I was really just trying to stay calm and kind of reserve my energy," Anderson said. "It was a lot of stress up there and even though it's just another competition,



Photo courtesy of Jon Gaede

The U.S. team making their way through the opening ceremony, showing off their pride with sweaters, beanies, smiling for cameras and getting ready to compete in the games.

the stage and the outreach that this event connects to is out of control."

"Jamie's an awesome competitor," said American teammate Karly Shorr.

"She does whatever she has to win. She never cracks under pressure. She uses it. She lands" continued Shorr.

Slope style skiing team sweeps the podium with teammates Joss Christensen, Gus Kenworthy and Nick Goepper each taking gold, silver and bronze in the winter games the men's respectively in the free-

style event.

Christensen's claim to gold was an emotional one in honor of his father last Thursday. Christensen's father was fighting a congenital heart condition and after his passing, this gave Joss the encouragement to push forward and compete harder in pursuit of that dream which his father always supported.

One supervising event was when Shaun White was unable to win his third consecutive gold medal or a medal at all,

placing fourth.

White really showed what being a professional athlete is all about and that the Olympics were also about the fans.

With the winter games half way through, Americans are watching with anticipation the remaining competitions for men's and women's results in speed skating and hockey match ups.

The 2013 Winter Olympics will have its closing ceremony on Feb. 23 to wrap up the 2014 Winter Olympics at Sochi.

Coyotes step up to the plate

“My mind set was I was just got to stay relaxed and make sure just to make contact.”

Remington Miller
Senior outfielder

By **RYAN NAVAROLI**
Staff Writer

Coyote's men's baseball team suffered a tough loss against the Cal Baptist University (CBU) Lancers, losing 3-1 in their home opener.

Freshman pitcher Jake Meloche got the start for the Coyotes home opener.

Meloche pitched solid giving the Coyotes a chance to win in his first start of the 2014 season.

Meloche yielded seven hits, two walks, and two earned runs in his four innings of play.

“Getting the home opener was a great honor to get, especially as a freshman. My mind set was just to get off to a good start, make good pitches, and to get some momentum on our side,” said Meloche.

“CBU is a well coached team that does not make a lot of mistakes. Their hitters were disciplined at the plate so I knew that they were not going to swing at bad pitches,” said Meloche.

Strong pitching by the Lancers would out match the Coyotes.

Lancers' starter David Herd threw a gem, only allowing one run in his 7.2 innings of play.

Coyote's senior outfielder Remington Miller's runs batted in (RBI), accounted for the Coyotes' only run. Miller's single to center would put the Coyotes up 1-0.

“My mind set was I was just got to stay relaxed and make sure just to make contact. I noticed that Herd was getting in patterns of what he was throwing, and I was looking for an off speed pitch to get a good swing on,” said Miller.

The Lancers answered back by scoring single runs in both the top of the third and fourth inning.

The Coyotes bullpen did their part and kept the game close in the later innings.

Senior pitcher Ken Kissell was effective in relief for the Coyotes by giving up on run and two hits in his four innings out of the bullpen.

“My mind set coming into the fifth inning was to try two outs as quickly as I could. I knew coming into the game that I would have to make them hit my pitches and not give in to throwing them pitches they were looking for,” said Kissell.

Senior pitcher Brian Jipp pitched a perfect ninth with one strikeout.

Junior infielders William Ouellete and Kevin Meriwether each had a pair of hits for the Coyotes.

The Lancers were led by Jake Arledge's two RBI's. Although the Coyotes are off to a rough start, there is still a lot of optimism for this year's ball club.

“We play really good defense. We will always be in games, once our hitting gets going we can be a very good team and could go deep into the playoffs,” said Kissell.

The Coyotes look to improve in the early season as conference games are underway.

The Coyotes will be on the road against Cal State Dominguez Hills on Thursday Feb. 20 and Friday Feb. 21 at 2 p.m.

Senior and starting first baseman Trevor McMaster comes to bat for the Coyotes during their recent opening games. McMaster bats third for the Coyotes and is one of their most powerful hitters this season.

Photo courtesy of Justin Roberson

