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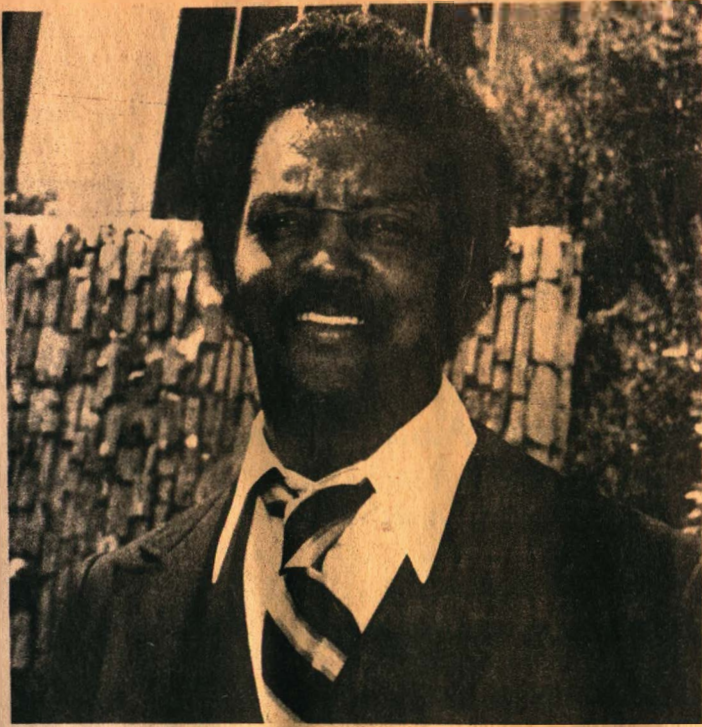
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Jackson to Visit Inland Empire

Our time has come. From slave ship to championship. Our time has come, from outhouse to White House, our time has come. From disgrace to amazing grace our time has come. We wept all night long we have held on our time has come. Has been part of the Democratic Presidential candidate Rev. Jesse Jackson strategy to motivate the masses to register to vote in the next presidential election.

On Thursday December 8, 1983, Jesse Jackson is coming to the Inland Empire to formulate his Inland Empire Committee. His visit will take him to San Bernardino City Hall at 11:30 A.M. to meet with



Jesse Jackson

Mayor Bob Holcomb, who has recently turned Democrat. Later that day at 12:30 P.M. Jackson will speak at New Hope Baptist Church 1575 W. 17th Street in San Bernardino. The public is invited.

Jackson's candidacy is seeking a new covenant with the Democratic Party through his Rainbow Coalition of Blacks, Hispanics, Asians and women. This covenant is to involve more of them in the slate making platform process. Jackson thinks his candidacy will also increase the number of Black and Hispanic politicians to elected office. On several occasions Jackson has stated the goal is to

achieve "parity" in officeholding equal to the proportion of people in the electorate.

Jesse L. Jackson was born October 8, 1941, in Greenville, South Carolina. After graduating from Sterling High School in Greenville in 1959, he attended the University of Illinois on a football scholarship. He left after his freshman year and transferred to North Carolina Agriculture & Technical (A&T) State University in Greensboro, North Carolina, where he received his Bachelor of Science degree in sociology and economics.

While a student at North Carolina A&T, he was active in

the sit-in movement of the sixties to desegregate public facilities. Jesse Jackson was also a student government leader, honor student and star athlete. He attended Chicago Theological Seminary for 2-1/2 years. More than 35 colleges and universities, including North Carolina A&T University and Chicago Theological Seminary, his alma maters, Pepperdine University, Overland University, Oral Roberts University, the University of Rhode Island, Georgetown University and Howard University have recognized his leadership and achievements by conferring on

Continued on page 7

This Week Inside...

Second Chance and B of A Join in Program

Hospice Organization Needs Help

Edison Offers New Pay Plan

Bishop Brookins Attends Bethel Groundbreaking

VOICE

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VOL. 11, NO. 45

P.O. Box 1581, Riverside, CA 92502 (714) 824-8884 - 682-6070

THURSDAY, DECEMBER 8, 1983

Brown Appointed to Commission

Wilbur Brown, lifetime resident of San Bernardino and active community leader has been appointed to the San Bernardino Unified School District Personnel Commission. Brown replaces Hardy Brown, who was elected to the School Board November 8.

Brown served two years of the San Bernardino School District Citizen Budget Advisory Committee. Additionally, he has participated in the Youth Incentive Program, which worked closely with the district to motivate students.

He served for 6 years as Chairman of the Personnel Committee of the San Bernardino area Mental Health Association's Board of Directors, and served on the Personnel Committee and as President of the Board of Directors of the Home of Neighbors Service.

Brown was a member of the Board of Directors of the Arrowhead United Way. He is a charter member of the

Westside Action Group, Kutania People, Inc. and the Inland Area Association of Black Social Workers.

He has served on the Membership Committee of the Inland Counties Comprehensive Health Planning Council.

Brown is a 1961 graduate of San Bernardino High. He received his AA degree from S.B. Valley College, and a BA and MSW from San Diego State University, with graduate work at UCLA, UCR and Cal State S.B.

He has been employed for 12 years as a Probation Officer for the County of San Bernardino.

He is very active in his church, New Hope Missionary Baptist Church where he is Chairman of the Board of Trustees.

Jess Flores, Personnel Commissioner says Brown's background and community involvement makes him an asset to the Commission.

Brown will serve for a three year term.

B of A AND OSC Join in New Loan Program

Operation Second Chance School of Opportunity, (OSC), a Community Based Organization and Bank of America have joined in an experimental loan program to help retrain those in the are who have lost their job through plant closures.

Bank of America will make up to \$600,000 available at 3 to 12 percent interest with payments to begin 60 days following the completion of the training.

One of the problems many out-of-work people are finding is the bank will not loan money for education unless they have a job. Since all the plants have closed, i.e. Kaiser, General Electric, Smith Tools, Santa Fe Railroad, the workers, who need to be retrained can't obtain a loan.

The OSC School of Opportunities, offers six-month programs in word processing, computer terminal operation, electronics assembly, drafting and other high-technology fields.

As the money is repaid, it will be made available for new loans.

Operation Second Chance reports about 8,000 workers have been displaced due to plant closures. Bank of America Vice President Cecil E. Byrd says this to the first loan program of it's kind in California.

Everyone is anxious for the program to be a success. For those who are drawing unemployment benefits and are interested in the program contact OSC, 887-6406.



Wilbur Brown

Program to pay for Utilities Re-Opened

The Riverside County Community Action Agency (CAA), is currently undergoing preparations to re-open its Energy Crisis Intervention Program (ECIP).

Funded by the State Office of Economic Opportunity (OEO), ECIP is designed to assist low-income households with payment on their utility bills. Individuals planning to participate in this one-time assistance program will be required to submit verification of income along with their application for review; all requests must meet income guidelines. Recipients of Aid to Families with Dependent Children (AFDC), or those who receive Supplemental Security Income (SSI), qualify for energy assistance. Others applying must also be documented as Food Stamp eligible.

Persons interested are encouraged to contact Community Action Agency at 787-6688 or 787-6689 for details.

Read the Voice

Congressman Brown Holds Community Meeting in Ontario

Congressman George E. Brown met in Ontario, California recently, at the home of Mr. and Mrs. J.L. Bratton.

The Congressman told the group of about 30 people that he was not in support of legislation to put weapons in space. He said we become stronger if we use space for peaceful means. Brown wants this country to be the strongest in the world. "We aren't getting stronger we are getting weaker," said Brown.

Brown said one of his missions is to make senior citizens aware they are a voting force. "When you get to be my age you pay more attention," he said. Next to the problems of seniors Brown said he is very concerned about young people who are unable to find jobs. The problem is that CETA has been restructured and is now Job Training Program Act, which has the same goal with 1/2 as much money.

Brown said Ronald Reagan doesn't want to alienate a crucial part of who got him elected. "Seniors who voted for him saw there were to many good conservative Republicans telling Reagan, you've gone too far." Brown spoke of Reagan a being only concerned with the rich. Recently there was a national report that said Reagan had offended every special interest group except Corporate America: and that these groups will get together to defeat him.

Brown said of Education; "When Reagan came into office he slashed education." It is common knowledge that one of his campaign promises was to get rid of the Department of Education. Brown said, "...it (education) wasn't important. Now he says education is in a crisis. The cost was 152 million dollars, now it will cost 200 billion."

Residents of Ontario are all concerned about airplane



MR. & MRS. J.L. BRATTON of Ontario welcomed Congressman George E. Brown into their home.

noise, Brown said he is deeply concerned about the problem and will let his views be known. FAA (Federal Aviation Administration) does have money in their budget and in a

few months it should be done. "I'm working on the access issue, traffic and noise will be tackled at the same time. It will take about 5 or 10 years to

Marshal Announces Program for Revenue

Roy W. Stewart, the Marshal of Riverside County, announced that he has implemented a new program to obtain funds from the state. The Marshal's Office will begin billing the state for the cost of guarding state prisoners when they appear for hearings in the county's Municipal Courts.

Marshal Stewart stated that he does not believe the taxpayer

of Riverside County should be forced to bear the expense of providing security for state prisoners when they must appear in the local courts.

When state prisoners in institutions such as the California Rehabilitation Center in Norco commit crimes within the prison or are apprehended after escaping, the prisoners must appear in the local Municipal Courts for hearings and trials.

Religious Community News

Serving the entire Religious Community in the Inland Empire

M. Jacquelyn Simpson, Editor

Sis. Dredst Miller Thanksgiving Dinner Successful

On November 19, 1983 Sis. Dredst Miller held her annual "Pre-Thanksgiving Street Dinner" at 11th and Mt. Vernon Avenue and also her Trenton Street address. Sis. Miller prepared a full course dinner in which she served 244 people and this delicious meal consisted of turkey, dressing, candied yams, string beans, cranberry sauce, squash, gravy, macaroni and cheese, mashed potatoes, fried chicken, relish, rolls, cake and pie.

This holiday meal was not only a blessing but enjoyed by each individual receiving it.

On November 22, 1983 Sis. Miller also gave out 64 complete Thanksgiving Baskets which served as a complete holiday meal which the families were

able to prepare their Thanksgiving dinners in their own homes. The baskets were very well put together for a complete meal which consisted of turkey, yams, can goods, and all contained cheese, butter, rice, beans, etc.

Sis Miller wishes to thank Our Saviour Lutheran Church for their generous donation and food articles that helped in the preparation of the dinners and baskets. She also wishes to give thanks to Holy Deliverance Church, Lutheran Social Service, West Side Drop-In Center, Food Bank of Riverside, Dr. and Mrs. Rudolph Hack, special thanks to Jan and Andy and her volunteers who worked so diligently in this preparation.

Chavez Named Acting Dean at Baptist College

RIVERSIDE, CALIF. California Baptist College has appointed Roberto A. (Bob) Chavez as acting dean of the student life division, effective November 9. Chavez fills a vacancy left by Walter Grubb who

resigned October 1. Chavez, and his wife Carol, joined the student life staff in September 1979 as director of Simmons Hall, the women's residence hall. In September 1983 he became director of hous-

ing. While at CBC, Chavez has been instrumental in forming the Lifeline Program, a student developmental program that involves discussion of the practical aspects of student life and involvement in

student support groups. He earned a master of arts degree in student development at Azusa Pacific University, Chico and an associate of arts degree from College of the Sequoias.

News From Amos Temple

Rev. Chester B. Tollette, Pastor
Helen Jacobs, Church Reporter

Amos Temple C.M.E. Church of Riverside, a Church on the move for the glorification of God through the word brought to us by our very capable staff of Ministers, Rev. Chester B. Tollette, Pastor, Rev. Dan Bullard, Assistant Pastor, Rev. Jistine Rucker, Associate Pastor and Rev. Kenneth Green, Associate Pastor.

On last 1st Sunday, Rev. L.H. Johnson, one of the great fathers of Amos, exemplified this, as he kept the service alive in the capacity of Worship Leader for the morning. Our faith in God is affirmed from day to day with the belief that God is the maker of heaven and earth; who sent his only son, Jesus Christ, to suffer upon the cross for our sins. As we partook of the Holy Communion, we very recently remembered that which is written in the Holy Bible.

We all benefited, as we listened to the Chancel Choir uplift and magnify Gods Holy Name; and Rev. Tollette who brought to us a stimulating message taken from Phillipians Chapter 4, entitled "LEARNING TO COPE." "Not that I speak in respect of want: for I have learned in whatsoever state I am, therewith to be content" V:11. How true those words are in learning to cope and deal with lifes pitfalls. As stressed by Rev. Tollette, in 8:00 O'Clock, as well as, 11:00 O'Clock Worship Service, when we feel ourselves to the point where we just don't know what to do or where to turn--we must turn to God--he understands and is willing to help us through whatever difficulty we are faced with. He will teach us how to cope--he will help us; for all of our help comes from the Lord.

ANNOUNCEMENTS:

Pastor Aid Fish Fry - December 16 & 17 at Amos. Winter Council, December 16 & 17, Hayes Tabernacle, Los Angeles, CA
35th Church Anniversary, January 15, 1984.
Our prayers go out to all the sick and shut-in and families. A special prayer is offered for Mother Wells, who will be entering the hospital--God be with you.
Prayer and Bible Study each Wednesday at 6:30, come out and receive a blessing. Rev. Dan Bullard, Bible Teacher.

Church of Religious Science Sponsors Rummage Sale

The Building Committee of the First Church of Religious Science, 3891 Ridge Road, Riverside, California, is sponsoring a Rummage and Baked Goods Sale on December 10, 1983, between 9:00 A.M. and 4:00 P.M. Location of the Rummage and Baked Goods Sale is the Church - upstairs and down.

Proceeds will go to the Church Building Fund for the new Social Hall.

The First Church of

Religious Science, Riverside, is a Member Church of the United Church of Religious Science, Los Angeles, California, Ernest Holmes, Founder, and has been established in Riverside for over forty years.

Organization: First Church of Religious Science
Contact Person: Audeene Waters
Address: 3891 Ridge Road, Riverside, California 92501
Telephone: (714) 683-2343

Riverside Christian Family Fellowship



Arthur J. Forbes, Pastor
Karen Underwood, Church Reporter

"How to Handle the Temptation to Worry" was the message last Sunday. Pastor Forbes exhorted us to study Jesus for He is our example in everything. When we understand His teachings we are able to walk in His steps, 1 Pet. 2:21. Jesus is touched by our hurts and temptations because He was tempted in every respect as we are, yet, He did not sin, Heb. 4:14-16.

Jesus was confronted with the temptation to worry about His impending death in the garden of Gethsemane, Mat. 26:36-39. He prayed three times turning it over to God. We must resist going over a problem repeatedly by releasing it to God, just as Jesus did.

Worry is a sin. It focuses the attention inward on self and cancels the ability to minister to the needs of others. Worry is a wrong response to the circumstances of life. It is not uncommon, to be tempted by sin, but God, has promised us the strength, and the power to get through, 1 Cor. 10:13. It's important to realize that there is a difference between being tempted as a Christian, and walking out from under the protection of Jesus, which is sin, into foolishness which will result in death, Prov. 14:12.

Worry chokes and strangles the Word out of us, and destroys our peace of mind. The costs of worry are sickness and disease now, and death eternally, Matt. 7:19. It breaks our fellowship with God, confuses our minds, weakens our wills, and makes us emotional wrecks. Fellowship can be restored by (1) confessing our sin, 1 Jn. 1:9, (2) being filled with the Spirit, Eph. 5:18, (3) praying and giving our cares to God, Phil. 4:6,7.

Satan's formula for temptation is (1) to draw us away through our own natural desires and

(2) entice us to unwise or immoral acts by false promises of benefit. If we yield to temptation we fall into sin.

How did Jesus handle the temptation to worry? After He was baptized, the Holy Spirit led Him into the wilderness to be tempted. After fasting 40 days, Jesus was hungry and Satan tried to entice Him to eat, but, Glory to God, Jesus did not yield. He resisted by speaking the Word to Satan, Matt. 4:4. Thus it is important to ingrain the Word in our spirits so that we can stand against temptation as Jesus did. The victory is ours through Christ.

When temptation comes (1) resist, by confessing the Word, Matt. 4:4, (2) continue to resist by repeating #1 as needed, for Satan will not leave you alone, and (3) give the rest to Jesus for He cares for you, 1 Pet. 5:7. He promises to take charge of it, Ps. 37:5; to sustain us, Ps. 55:22; and perfect that which concerns us, Ps. 138:8.

Remember, Jesus will never leave you or forsake you, Heb. 13:5. So, cast your care on Him, and He will give you rest and refresh your soul, Matt. 11:28.

We welcome you to join us at 11:00 A.M. on Sunday, at the Howard Johnson's 1199 University Ave. at the 60 Freeway in Riverside, for worship and to learn more about leading a victorious Christian life.

Cooper-Burkhart Holds Rummage Sale

The Support Group at Copper-Burkhart Senior Day Care Center is sponsoring a Rummage Sale on December 9 and 10, between 9:00 A.M. and 4:00 P.M. The location of the Rummage Sale is at the Trinity Lutheran Parking Lot at the corner of Jurupa and Brockton in Riverside. Proceeds will benefit the residents at the senior day care center.

Contributions gratefully accepted and are tax deductible.

Organization: Cooper-Burkhart House
Contact Person: Mary Copeland
Address: Seek The Lord

Hear ye me, The Lord is with you, while ye be with him; and if ye seek him, he will be found of you; but if ye forsake him, he will forsake you.

II Chronicles 15:2

4162 Rubidoux Blvd.
Telephone: 784-3894



MARY LANDRY

CHANGING THE SEEN AND SHAPING THE UNSEEN

"Words about our Speaker"

Our speaker is a graduate from U.C.L.A. She is a Christian, an International Speaker. She is the wife of Pastor Warren Landry of New Wave Christian Center, in Riverside, CA. She has served as president of New Hope of Love Ministries, where over 3,000 people gave their lives to Christ. She had a radio program on K-Lite for six months. Truly she is God's woman, that's who she is.

Mary has studied extensively under Marilyn Hickey, traveled with her on her TV show "Best Day of Your Life". Mary Landry will be speaking at 10 a.m.

RENEWING YOUR MIND

DECEMBER 10, 1983 9:30- 4:30
You will discover how to —

- conquer the enemy
- effectively handle your problems
- enrich your, prayer life
- Know God's will for your life! (and much, much more!)

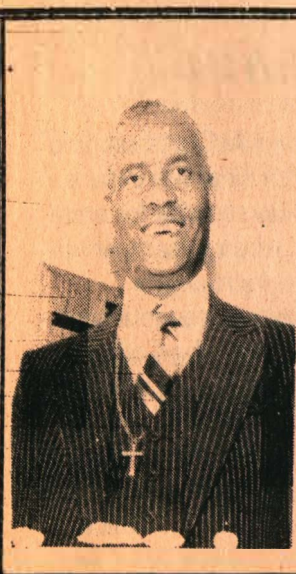
Wouldn't you like to tap into the storehouse of solutions for your problems?

Do you know that you have the Power to Change the Seen and the Unseen World around you? Whatever is seen in the natural realm is Temporal or Temporary: that means it is subject to CHANGE!

Speakers will include: Jeanne Weber
Shirley Simmons
Betty Willingham
Gwen Carter

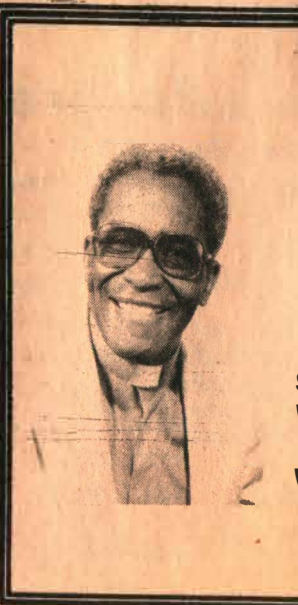
December 10, 1983 9:30 4:30

Go To Church This Week



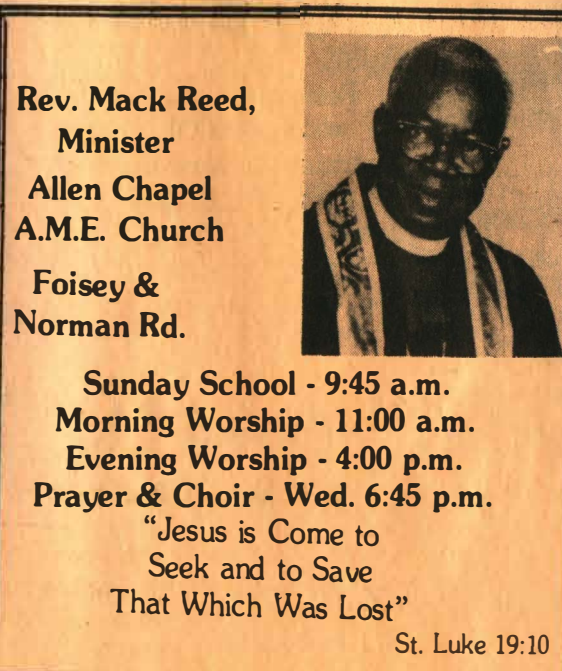
St. Paul A.M.E. Church
1355 W. 21st St.
San Bernardino.
California 92411
887-1718

Rev. William Jacks,
Pastor
Church School 9:30 a.m.
Worship 11:00
Vesper Service 7:30 p.m.
Wed.: Bible Study 7:00 p.m.
Prayer 7:30 p.m.



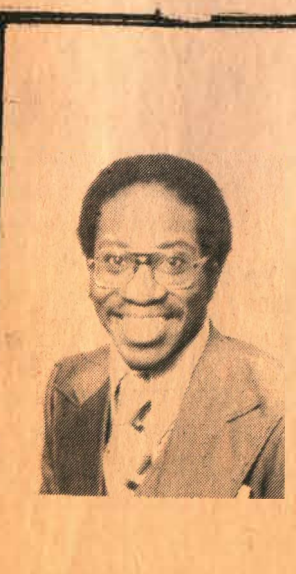
AMOS TEMPLE
CME
2719 11th Street
683-1567

Worship Services
Sunday 8:00 a.m.
Sunday School 9:30 a.m.
Worship Service 11 a.m.
Prayer & Bible Study
Wednesday 6:30 p.m.
Rev. C.B. Tollette



Rev. Mack Reed,
Minister
Allen Chapel
A.M.E. Church
Foisey &
Norman Rd.

Sunday School - 9:45 a.m.
Morning Worship - 11:00 a.m.
Evening Worship - 4:00 p.m.
Prayer & Choir - Wed. 6:45 p.m.
"Jesus is Come to
Seek and to Save
That Which Was Lost"
St. Luke 19:10



Moreno Valley
Foursquare Fellowship
12875 Heacock Blvd.
Sunnymead, CA 92388
Rev. Angelo Sexton,
Pastor
787-8497

Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Location: Sunnymead Elementary School Auditorium.

Bishop Brookins Attends Bethel Perris Groundbreaking.

(Photos by Ken O'Ferrall).

Bethel African Methodist Episcopal Church is growing and expanding by leaps and bounds.

Nestled in the gently rolling hills at highway 74 and Sophie street, Bethel is becoming a household word in the homes of many Perris area residents.

The church was established in 1946 in the home of three A.M.E. sisters, the late sisters Gillard and Calloway and sister D. Hampton Jackson who presently resides in San Francisco. The existing sanctuary was built and dedicated in November 1970 under the pastorage of Reverend J.N. Harris.

Reverend Edgar Jackson is the present pastor of Bethel and under his pastorage the church is experiencing phenomenal growth, with twenty new members added to the roll in the last two or three months. The church is now composed of 160 active members.

The congregation at Bethel is never idle or slothful in its efforts to be a strong asset to the A.M.E. faith and the community. For almost two years the missionary society of the church has financed and conducted a program to distribute butter, cheese and other government commodities to elderly and needy residents of the community. Pastor Jackson said that the distribution program serves sixty families per month and is limited by lack of space to handle and package the foodstuffs. However, the new fellowship hall which is under construction will permit expansion of the program.

The hard work and dedication of the Bethel congregation has enabled them to begin construction of a new fellowship hall. On Saturday, Nov. 19, Presiding Bishop H. Hartford Brookins was on hand to deliver a strong and stirring message in ground breaking ceremonies for the new structure. The facility will encompass 240 square feet and will consist of an assembly or dining area, one classroom, a complete kitchen, and bathroom facilities designed to accommodate the handicapped.

Bethel A.M.E. is also strongly involved with the youth of the community. There are youth fellowship and training sessions each



Everyone plays a part in the groundbreaking ceremonies. L to R Bishop Brookins, Rev. McEwen, Rev. Greggs, Rev. Jackson, Rev. Harper, Mr. Harper, Mr. Emerson Jefferson Sr. and Mr. Oscar Weathersby.



Bishop Brookins and other guests dined at the home of Rev. and Mrs. McEwen, and Mrs. Dora Shivers. Seated: Bishop Brookins.



A.M.E. MINISTERS from around southern Calif. join in the Littany Services: they are L to R Bishop Brookins, Rev. McEwen, Rev. W.L. Mays of Oxnard, Rev. Wallace Ford of Altadena, Rev. Emerson Jefferson Sr. of La Verne, Vice chairman of the Steward Board.

Tuesday evening, out of town trips throughout the year and a scholarship program in operation.

1984 will be an exciting year for members of the A.M.E. faith. It is the year of the quadrennial conference which is to be held in Kansas City, Kansas in July. This conference is held once each four years and will see representatives from A.M.E., churches throughout the world meeting and greeting one another in the fashion of large family reunions.

Bethel African Methodist Episcopal is a church among churches in the Inland Empire.

This is YOUR COMMUNITY NEWSPAPER



In 1970, Peru set a fishing record. It had the greatest national haul with 13,406,000 tons.

BECOME A FRIEND OF THE RIVERSIDE BLACK HISTORY COMMITTEE

ORGANIZATION:

NAME..... INDIVIDUAL:
ADDRESS.....
CITY.....

STATE: ZIP: PHONE:
MY/OUR CONTRIBUTION TO BLACK HISTORY MONTH:

\$ 5.00..... \$ 25.00.....
\$10.00..... \$ 50.00.....
\$15.00..... \$100.00..... \$.....
(write in amount)

Make check payable to Black History Month Committee of Riverside and mail your contribution to Black History Month Committee of Riverside, c/o Community Relations, 3900 Main, Riverside, CA 92522.

KiloWatch

Holiday lights brighten the season, but use with reason!

AN OLD SET - Inspect them before decorating. Look for exposed wires and worn insulation. Plug them in and look for electrical shorts. Replace burned out bulbs. Put a bulb in every socket.

A NEW LIGHT SET - Read the package before you buy. Get those lights that use the least amount of Amps to operate. (They save electricity and \$\$). Ask your dealer for his recommendation. Turn off holiday lights inside and outside when retiring or when you're not at home. Don't leave them on all night!

787-7415 **HAVE A HAPPY HOLIDAY SEASON.**
Energy Services Office, Public Utilities Dept.
City of Riverside, 3900 Main Street, Riverside, CA 92522

National Association for the Advancement of Colored People

P. O. BOX 55131 RIVERSIDE, CA 92517 714-686-2227

Include The Continued FIGHT FOR FREEDOM

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Minimum	\$10.00	Junior Life Membership (to age 13)	\$100.00
Contributing	\$25.00	Junior Life Subscribing (paid annually)	25.00
Contributing	\$20.00	Senior Life Membership (paid annually)	\$500.00
Contributing	\$15.00	Senior Life Subscribing	50.00
Youth (up to 21 without Crisis)	3.00	Golden Heritage Life (available only to fully paid life members)	\$1000.00
Youth (up to 21 with Crisis)	5.00	Golden Heritage Subscribing	\$100.00

Riverside Branch NAACP, Post Office Box 55131, Riverside, CA 92517 (714) 686-2227.

Subscribe Today
P.O. Box 1581
Riverside, Calif. 92502

BLACK VOICE Only \$12.00
\$15.00 out of state

NAME _____
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STATE _____ ZIP _____

Con artists. They'll tell you the trip is free and then take you for a ride!

Funny thing about con artists. Every year, millions of people are talked out of their life savings. There are lots of ways to be conned. I think you should learn about them - so you won't be. Write to: Attorney General's Crime Prevention Center, Suite 290, 555 Capitol Mall, Sacramento, CA 95814. Help put these crooks out of business, and you'll be helping to...

TAKE A BITE OUT OF CRIME

A message from the Crime Prevention Coalition, the publication and The Ad Council

Food Section



QUICK-TO-FIX MEAL takes the pressure off the cook

"Help yourself." Most often we hear those inviting words while seated at a dinner table. The statement gives your company the go-ahead to enjoy a meal.

Helping yourself also pertains to the cook, especially when time is of the essence in getting the food prepared.

That's where Cheesy Chili 'N Chips come in to lend a hand. This recipe can be prepared in 20 minutes.

You can either use your favorite chili recipe, or the one offered here by the Kraft Kitchens. A pound of ground beef is browned, and tomatoes, tomato paste and seasonings are added. After simmering for 10 minutes, add one cup of shredded Kraft sharp natural cheddar cheese for a zesty flavor. Stir the ingredients until the cheese is melted. Then arrange corn chips on a platter, spoon the chili over the chips and top with another 1/2 cup of cheddar cheese.

With the satisfaction of knowing that a tasty meal was prepared with ease, you can say those two welcome words to your guests, "help yourself!"

CHEESY CHILI 'N CHIPS

- 1 lb. ground beef
- 1 1/2-cup can tomatoes
- 1 6-oz. can tomato paste
- 1 tablespoon chili powder
- 1 tablespoon dehydrated minced onions
- 1/2 teaspoon salt
- 1 1/2 cups (6 oz.) shredded Kraft sharp natural cheddar cheese
- 2 cups corn chips

Brown meat; drain. Stir in tomatoes, tomato paste and seasonings. Cover; simmer 10 minutes. Add 1 cup cheese; stir until melted. Arrange corn chips on platter. Spoon chili over chips; top with remaining cheese.

4 to 6 servings

A Dessert for Special Guests

A homemade cheesecake is a special dessert. And, every cheesecake can be about as special and diverse as the company you make them for.

Among the many variations on the classic cheesecake recipe, the Kraft Kitchens offer one that features the healthy combination of raisins and carrots in this suggestion for Carrot 'N Raisin Cheesecake.

With Philadelphia Brand cream cheese in the recipe, you can be assured of a creamy, rich consistency.

Let your friends know they're special by serving them the best of your cheesecake collection.

CARROT 'N RAISIN CHEESECAKE

- 1 cup graham cracker crumbs
- 3 tablespoons sugar
- 1/2 teaspoon cinnamon
- 3 tablespoons Parkay margarine, melted
- 3 8-oz. pkgs. Philadelphia Brand cream cheese
- 1/2 cup sugar
- 1/2 cup flour
- 4 eggs
- 1/4 cup orange juice
- 1 cup finely shredded carrot
- 1/4 cup raisins
- 1/2 teaspoon ground nutmeg
- 1/2 teaspoon ground ginger
- 2 tablespoons orange juice
- Dash of salt
- 2 1/2 cups sifted powdered sugar
- 1/4 cup raisins

Combine crumbs, sugar, cinnamon and margarine; press onto bottom of 9-inch spring-form pan. Bake at 325°, 10 minutes.

Combine 2 1/2 packages softened cream cheese, sugar and 1/4 cup flour, mixing at medium speed on electric mixer until well blended. Add eggs, one at a time, mixing well after each addition. Blend in orange juice and combined carrot, raisins, remaining flour and spices. Pour over crust. Bake at 450°, 10 minutes. Reduce oven temperature to 250°; continue baking 55 minutes. Loosen cake from rim of pan. Cool before removing rim of pan.

Combine remaining cream cheese, juice and salt, mixing until well blended. Gradually add sugar, mixing well after each addition. Pour over cheesecake. Top with raisins.



JUNE FULLER

THE COUPON CLIPPER

Coupons' cash value



By June Fuller

Dear June: I have heard that some of the manufacturers will pay the cash value listed on their coupons. Is this true? Is this a worthwhile way to make money on the coupons I can't use? — Estelle M., Chicago, Ill.

Dear Estelle: I did a little investigating and found that some companies will actually pay a person the cash value that is listed in the fine print of their coupons. (A few companies I called didn't seem to know anything about it, even though the cash value appeared on their coupons.)

But before you get too excited, let's take a close look at the situation. Kathy Gilbert at Procter & Gamble says that P&G will pay for coupons at the rate of 1/100 of a cent each, which is the value listed on P&G coupons. This means that you would have to send in 100 coupons to earn a penny. The postage required to send 100 coupons would be a lot more than that.

At General Foods, the rate of payment is a lot better, 1/20 of a cent for each coupon. Even at this higher rate, it would seem that the postage would be a lot more than the money you could earn from the coupons. A spokesperson for General Foods indicated that coupons sent in for their cash value must all be current, and must be sent in lots of 2,000, counted and bound with string or rubber bands!

Why do the manufacturers put a cash value on their coupons? They do this only to meet certain legal requirements imposed by a few states. There doesn't seem to be any intention on their part to make it attractive or practical for consumers to redeem their coupons for cash.

Dear June: I'm an avid

refunder and as the holiday season nears, I'm making a special "Dear Santa" wish list. On this list I will write scissors, stamps, envelopes, notebooks, staples, name and address labels and show boxes. I'm sure that if I leave it in the right place where a certain "someone" will see it, Santa will reward this ingenious refunder. — Linda, North Clarendon, Vt.

Dear Linda: Thank you for reminding us that the holidays are fast approaching and we should make both our "wish lists" as well as plans for the gifts we would like to give to others.

THE SMART SHOPPING AWARD

The Smart Shopping Award goes to Peggy Steele of Pittsburgh, Pa.:

"I used a Buy 1 — Get 1 Free" coupon to purchase two rolls of Glad Wrap for 91 cents. That same evening Glad had a mail-in refund offer in the newspaper, "Buy 1 — Get 1 Free." And if that wasn't good enough, the two original boxes each had an extra 50 feet of wrap inside, which was like getting another box free!"

Here's a refund form to write for: (\$2.50 Refund) Alka-Seltzer/Alka-Seltzer Plus Refund Offer, P.O. Box 29710, Raleigh, NC 27626. Send a self-addressed, stamped envelope for this form. Requests must be postmarked by Dec. 31, 1983. This offer expires Feb. 29, 1984 (while waiting for

the form save the Universal Product Code symbols from Alka-Seltzer (blue box) 16's and Alka-Seltzer Plus 36's or 20's, plus the dated register tape.)

Today's refund offers have a value of \$9.50. Miscellaneous Food Products (File No. 9)

These offers require refund forms:

DREAM WHIP Coupon Refund Offer. Receive two 50-cent coupons for two 2.8-ounce or 5.6-ounce packages of Dream Whip. Send the required refund form and the form from a specially marked package. Expires Dec. 31, 1986.

THE FRY KRISP Company \$1 Refund. Send the required refund form and the box tops from three Fry Krisp products, plus the register tape with the purchase prices circled. Products include Onion Ring Mix, Batter Mix, Seasoned Cracker Meal, All Purpose Breading. Expires Dec. 31, 1985.

HELLMANN'S, SKIPPY

PARTNERS IN PROGRESS

Private enterprise can revitalize ghettos and make money doing it. That's the view of City Venture, Inc., a tiny spinoff of the \$3.8 billion Control Data Corporation.

City Venture was incorporated with an initial \$3 million capitalization. Its shareholders include a consortium of 14 business and national religious organizations who have joined together to plan, initiate and manage programs with one goal in mind: full-time jobs for the inner-city unemployed. The prime mover was William C. Norris, chairman and chief executive officer of Control Data.

And it's paying off. Jobs have been created, and City Venture has entered into agreements with Toledo, Philadelphia, Baltimore, Charleston, S.C., Benton Harbor, MI, and the Liberty City area of Miami. Projects are in the study phase or on the drawing boards in a number of other cities.

What this cooperative effort is proving is that ghettos can rise again, that cities can rebuild their financial base, that America is still a land of opportunity.

advanced technologies related to urban development. City Venture also has established a number of Business and Technology Centers where small businesses can find the services and resources formerly available only to large corporations. What this cooperative effort is proving is that ghettos can rise again, that cities can rebuild their financial base, that America is still a land of opportunity.

MOTHER GOOSE DOT PUZZLE

A COUPLE OF GOOD TIPS.

To forget a wrong is the best revenge To become an all-round person be on the



MOTHER GOOSE DOT PUZZLE

Willie's Definition of An Island

A Piece of Land out for a



The coconut tree was introduced to Puerto Rico in 1549 from the Cape Verde Islands.



"Friendship is a present you give yourself."

Robert Louis Stevenson

CROSSWORD

- ACROSS
- 1. Signal light
- 5. Before
- 6. Young hog
- 11. pneumonia
- 12. Danger
- 13. Sharp
- 14. Fear
- 15. Monkey (S. A.)
- 16. Frozen desserts
- 17. Pull of deep feeling
- 21. Greek letter
- 23. Watercraft
- 26. Viper
- 28. Road covering
- 29. French coin
- 30. Thinks
- 33. Pronoun
- 34. Apprehends
- 36. Male barnyard bird
- 38. A float
- 41. Once more
- 43. A tooth
- 44. Swiss capital (var.)
- 45. Sunnion forth
- 46. Grasslike plant
- 47. Doctrine DOWN
- 1. Level
- 2. Localities
- 3. Touches end to end
- 4. Proportions
- 5. Before
- 6. Resort
- 7. Light gas
- 8. Wise answers
- 9. Weary
- 10. Trees
- 18. Speak
- 19. Depart
- 20. Cab passengers
- 21. Queen of fairies
- 22. Employ
- 24. A brawl
- 25. Prose
- 26. Cute
- 27. Lightly
- 27. Poster
- 31. Vexing
- 32. Labored hard
- 35. Drawing room
- 36. Taxis
- 37. S-shaped molding
- 39. Not real
- 40. Allowance for waste
- 42. Born
- 43. Encountered



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For the quilter's convenience, designs are grouped according to the number of patches making up the block, such as 4-patch, 9-patch and so on. Each design is clearly marked with graph lines to enable you to scale the block to any size desired.

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TO ORDER: Send your name, address, zip code and \$9.95 plus \$1.25 postage and handling to American Melody, 123 South Street, Oyster Bay, NY 11771. NY residents add appropriate sales tax. Please print clearly.

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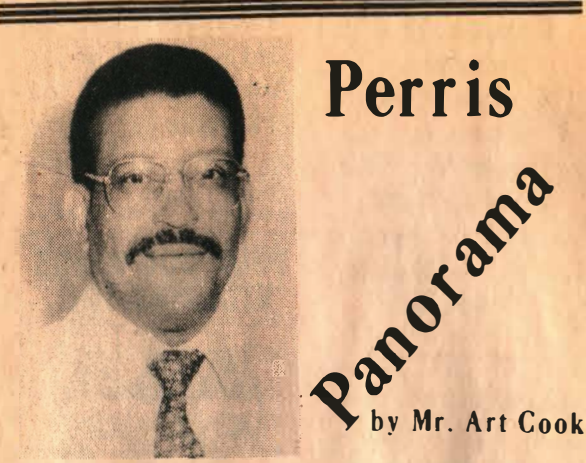
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Community News



Perris
Panorama
by Mr. Art Cook

Congratulations to Virniecia Jordan, the newly elected president of the Riverside Section of the National Council of Negro Women.

Virniecia is a talented young woman who is active in community affairs. She is a product of Perris and one of which we are proud. Mrs. Jordan is the daughter of Mr. and Mrs. Green of Good Hope. They are the folks who contribute long hours and hard work toward the continuance of the annual Perris Arts Festival.

Hang in there Virniecia, you have all of our support.

It would be very interesting to see the justification which the Perris Union High School Board used to locate the new Jr. High School in the vicinity of Mountain and A Streets since there is already a Jr. High School in the Perris City limits and so many students live far enough away that it is necessary to bus them in to school. Methinks that here is more to this decision than meets the public eye because of all the secrecy surrounding it.

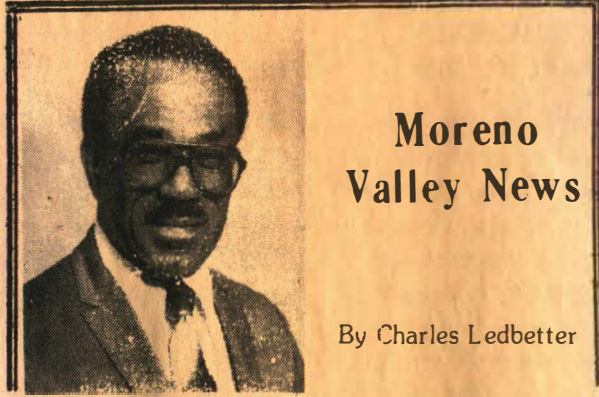
Perris Martin Luther King Comemoration Program
Jan. 14, 1984
Perris Union High School Multi Purpose room
25201 Nuevo Rd. Perris, Calif.

Tax Collector Reminds Us It's Tax

R. Wayne Watts, Riverside County Tax Collector, is reminding all property owners and persons holding a Possessory Interest in property that the final day to pay the first installment of property taxes is Monday, December 12th.

If payment is not made by December 12th, a 10 percent

penalty will be added. For information regarding Riverside County property taxes please call 714-787-2821. Persons owning property in other California counties should make payment or request information from the Tax Collector of the county where the property is located.



Moreno Valley News

By Charles Ledbetter

CREDITABILITY: Being able to trust another person is a social good, like air, water and food. It is needed. However once it becomes polluted, the usefulness of the individual is in question. Like polluted food it can't be used safely. It is difficult to turn around, that is, trust the person or purify the tainted food.

This is the effect of casual lying, which has become a part of today's way of life. Lies are told privately and professionally. A Psychologist estimates that the average American tells a staggering 200 lies a day. This leads to serious breakdowns in institutions such as our public school systems, government corporations and the family. To me, a person that lies is worse than a thief.

READING: The report of the National Institute of Mental Health says: The evidence now supports the opinion, that heavy TV viewing tends to displace time required to practice reading, writing and other school learning skills. Reading stimulates your imagination by forcing you to visualize what you read. One student said, "TV doesn't leave much room for the imagination."

SMILE: Scientific research confirms the Bible.

PROVERB: A joyful heart has good effect on the countenance (Prov. 15:13) Just the act of flexing facial muscles into the characteristic expressions of joy will make you feel younger and feel better, try it.

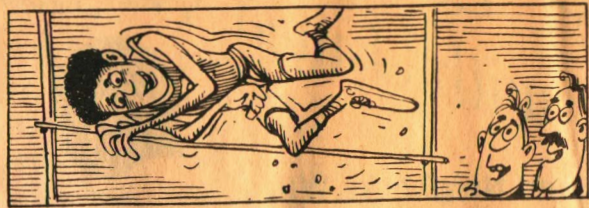
INCORPORATION: A fund drive was held at the recreation building on Fredrick Street in Moreno

Boys Club Announces Hours

The Boys' Club of San Bernardino, Inc. is announcing Saturday hours from 9:00 a.m. until 3:00 p.m. Programs being offered include the Elementary Sports League, Tutoring, General Recreat-

ion games, Boxing, and the Pacemakers Drill Team.

Bingo night will still be held from 6:30 p.m. until 10:30 p.m., and weekly program activity hours of 3:00 p.m. - 8:30 p.m. will continue.



Black athlete Charles Dumas broke the seven foot high-jump record in 1956.



America's first female mental health chief was Mildred Mitchell-Bateman who became director of West Virginia's Department of Mental Health in 1962.



Grover Cleveland's 1886 wedding to Frances Folsom was the first White House wedding of a President.



The normal adult takes about 16 breaths a minute when awake six to eight when asleep and as many as 100 under stress.

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RIVERSIDE, CA 92504

Valley Sunday. I feel that we should Incorporate rather than be annexed by Riverside or any other city.

Right now we are in the position to develop a community or a city, if you want a "Model for America". As we move closer to incorporation, must make sure that racism, bigotry and other non productive elements are a part of our city government. There should be equal job opportunities for all our citizens. Economic gains should also be across the board. The focus should be on spiritual awareness and academic excellence as well as economic gain.

I will fight for Incorporation if the above is a part of the plan.
Together we can!

Chandyn Presents A Raisin

A Raisin in the Sun will be presented by Chandyn Productions at Valley College, 701 So. Mt. Vernon Avenue, San Bernardino, California. On Decem-

ber 9th, 10th & 11th. Curtain time will be at 8:00 p.m. Admission will be \$5.00. Children 12 and under are free. For additional information call 862-1141.

Community Calendar

DECEMBER 8

RIVERSIDE, CALIF. - The Annie Gabriel Library at California Baptist College will present a Library Afternoon program on the theme of western art December 8. The program will begin at 3:15 in the Victorian Room of the Library located at 8432 Magnolia Avenue, Riverside and a reception will be held following the program. Library Afternoon is free and open to the public.

R. Thad Taylor, Artistic Director of the Shakespeare Society, and C. Bernard Jackson, Executive Director of the Los Angeles (Inner City) Cultural Center, in a joint announcement issued today, indicated that the Felton Perry musical adaptation of Shakespeare's Macbeth, entitled "Sleep No More" will open at the Globe Playhouse, 1107 N. Kings Road in West Hollywood, on December 8. Perry's wry satire is scheduled for a six-week run.

"Sleep No More," which ran successfully at the Los Angeles Cultural Center in the winter of '82, deals with the Shakespeare classic from the point of view of the two Lord Chamberlains, who in the original version play a relatively minor role. Musical settings for the work are by 21-year-old rock composer Gary Brooks, with lyrics by Perry.

December 10, 1983

The Mortgage Banking Institute presents a Holiday Extravaganza, Dec. 10, from 7 until at the top of the hill in Canyon Crest. Food and spirits for all, and exciting time for the holidays, all for only \$20 for directions and reservations call Avila at 359-4640.

December 11, 1983

Vespers Service - Park Avenue Baptist Church 4:00 P.M.
Dinner in Riverside 6:30 P.M.

December 14
On Wednesday, December 14, 1983, from 7:30-8:30 p.m., there will be a program called "A Season for Songs and Film." Come hear the Calvary Cherubs and Choristers of Calvary Presbyterian Church and see animated films. Boys and girls aged 5 years and older are invited to come to the Riverside Public Library's Auditorium, 3581 Seventh St., for this free program.

For more information please call the Children's Room at 787-7369.

December 12, 1983

NAACP Board of Directors Meeting & Election of National Board Members for NAACP - 7 P.M. - Bobby Bonds Park

December 14, 1983

Black History Month Committee of Riverside - 7 P.M. City Hall

January 4, 1984

Black History Month Committee of Riverside 7 P.M.

January 9, 1984

NAACP Board of Directors Meeting Bobby Bonds Park - 7 P.M.

January 12, 1984

Eastside Community Action Council Community Settlement Association - Riverside 7 P.M.

January 18, 1984

Black History Month Committee of Riverside 7 P.M.

Saturday, January 21, 1984

"A Tribute in Song to Dr. Martin Luther King, Jr." by Helen McNair-Jacocks.

"Formerly of the Clara Ward Singers." Featured guest - Amos Temple "Chancel Choir" Rev. Kenneth Green, Minister of Music.

Concert from 2-4 p.m. at the Riverside Public Library Auditorium, 3581 Seventh Street, Riverside, California.

Concert dedicated to the memory of Dr. Martin Luther King, Jr. Admission will be free!

February 2, 1984

Black History Month Committee of Riverside Premiere

February 1, 8, 15, 22, & 29, 1984

Black History Month Committee of Riverside Regular Meetings - City Hall 7 P.M.

February 4, 1984

Black History Month - Health Fair

February 11, 1984

NAACP Riverside Annual Freedom Fund Banquet Raincross Square

February 12, 1984

Black History Gospel Workshop

February 17, 1984

Educational Night

February 18, 1984

Black History Parade, Riverside

February 26, 1984

Black History - Senior Sunday

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"All About Poetry"
By Maryetta Kelsick Boose

THE ABUSED ABUSER

She tried to stop the hand as it went up, but she couldn't and it struck the child again and again in the face.

When the cries became screams, she forced her hand to fall to her side and then she held her child and rocked her, repeating words of love-like her mother did with her.

Tears ran down her face and she vowed never to strike with such force again, yet knowing this vow would be broken as were the others.

It was then she wished someone would take notice of the scars and help her child...and her.

Disney's Never Cry Wolf Breaks Records

"Never Cry Wolf," Walt Disney Pictures' long-awaited adventure epic directed by Carroll Ballard, opened to rave reviews and a record-breaking gross of \$36,385 in the first four days of its exclusive world premiere engagement at the Uptown #2 in Toronto. The box office figures are the highest ever recorded for a four-day period in the theatre's history.

The Buena Vista release starring Charles Martin Smith and Brian Dennehy opens this Friday (Oct. 14) at the Gemini #2 in New York and the Avalon #2 in Washington D.C. Additional upcoming exclusive engagements begin Oct. 19 at the Canary in San Francisco and on Oct. 21 at the Regent, Westwood.

"Never Cry Wolf," a Walt Disney Pictures' presentation of A Carroll Ballard Film, is a lyrical adventure saga tracing the life-challenging experiences of a young biologist as he undertakes a study of wolves in the Arctic wilderness.

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2041 Rancho Dr.
Riverside, CA 92507
Att. Oscar Harper F.S.F.Y.

the VA system. It will contribute some \$48 million this year, based on the daily patient load and services provided at each facility.

Eligibility requirements vary by state. Some only admit veterans who are destitute, homeless or totally disabled. Others take care of honorably discharged vets who served at least 90 days of active duty and their dependents, spouses and widows as well. A few limit care to veterans who lived in the state before their military service.

of interest to VETERANS

Besides the medical services available at 172 Veterans Administration hospitals and 225 outpatient clinics, various levels of health care are provided at state veterans homes in 33 states.

The 45 facilities offer services ranging from hospitalization to nursing home care and domiciliary living arrangements for those able to do for themselves. Six facilities — in Yountville, Calif.; Quincy, Ill.; Marshalltown, Iowa; Chelsea and Holyoke, Mass., and Sulphur, Okla. — offer all three levels of care. One at Rocky Hill, Conn., provides hospitalization and domiciliary care only. Twenty-three state homes provide both nursing-home and domiciliary care, while 15 others are domiciliary only.

The federal government partially reimburses the states for such veterans health care, which might otherwise burden

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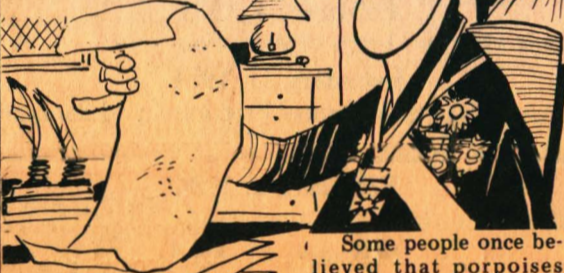
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Fabulous Fallacies!

Some people once believed that Napoleon met his defeat at Waterloo. Actually, the famous battle was fought about four miles away at a point between two villages of Pancenoit and Mont-St-Jean. However, Wellington did stay in Waterloo the night before the battle, and returned there afterward to write his victory dispatch.



Some people once believed that porpoises were an endangered species. Actually, recent government estimates show that even those porpoises formerly considered in danger are now expanding at a fast clip. In large part this is because American tuna fishermen, who depend on the porpoises to find tuna, have now developed new fishing techniques and equipment which permit them to net the tuna while releasing practically all of the porpoises.

Some people once believed that certain precious gems could produce offspring. Pearl divers in Borneo once placed a pair of pearls together in the hope that two gems would mate and have a family.



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...Community meeting in Ontario

solve all the problems. The law is hampering the access question there will be a creative manipulation of the law to spend money on the streets.

Since this meeting however, pressure from the Reagan Administration caused the House to drop the \$38 million proposed for highway improvement around the Ontario International Airport. The president threatened to veto the Transportation bill if it contained the project. Brown will try again next year.

...Jackson to Visit

him honorary doctoral degrees.

The PUSH for Excellence (PUSH-Excel) educational program, which Reverend Jackson founded, is a mass student motivation and parent-community mobilization program designed to promote excellence in public education through total community involvement. It is seen as one of the most positive, successful and innovative educational programs in the nation. He also renegotiated the economic relationship between Black America and corporate America with emphasis on reciprocity.

Jesse Jackson is a much sought-after speaker. He has appeared before thousands of groups including the Democratic National Convention, the National League of Cities, the U.S. Conference of Mayors, the National Conference of Black Mayors, the National Urban League, the United Negro College Fund, the National Council of Negro Women, the University of Notre Dame, Tennessee Agriculture & Industry State University, the National Council of Churches, the National Conference of Christians and Jews, Dr. Robert Shuler's "Hour of Power," the National Education Association, a Joint Session of the Alabama State Legislature, the American Federation of Teachers, the American Public Health Association, Phi Delta Kappa, the National Council of Social Welfare, the First International Conference of Human Values (London, England), the International Conference on World Peace and Poverty (Dublin, Ireland), and the 20th Anniversary of the March on Washington.

He has met with world leaders to discuss issues of peace and human rights, including Pope John Paul II, former President Jimmy Carter, Queen Beatrix of the Netherlands, former President Ramon of Panama, the late President William Tolbert of Liberia, King Khalid of Saudi Arabia, Chief Gatsha Buthelezi of South Africa, Prince Phillip of Great Britain, King Hussein of Jordan, former Prime Minister of West Germany Willy Brandt and the late President Anwar Sadat of Egypt.

Jesse Jackson has appeared on the cover of *Time Magazine* twice since the age of 27. He is the recipient of a number of distinguished service awards, including the Rockefeller Public Service Award in 1978 and the Bellarmine Medal in 1979. In a 1983 Gallup Poll, Reverend Jackson was ranked 9th (on a list of 10) by the American people as the man they most admire in the world. The 9th annual survey of "Who Runs America" by *U.S. News & World Report* listed Reverend Jackson as one of six new leaders whose



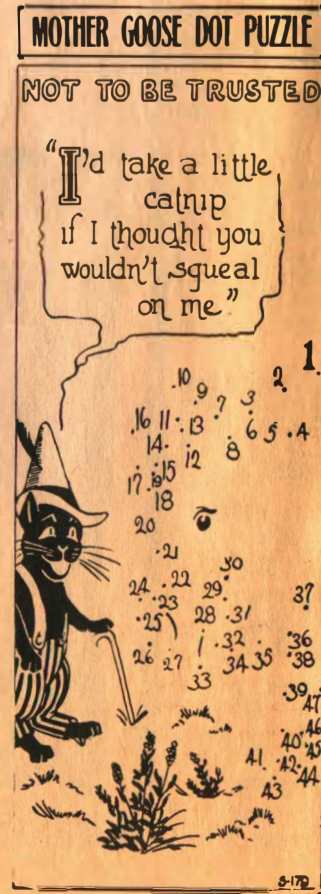
DOROTHY BINGHAM, coordinator and longtime supporter of Congressman Brown told the audience about his concern and gave examples of how he has helped senior citizens. The refreshments were outstanding as Constituents enjoyed the fellowship and focused on what the congressman had told them.

influence is on the rise.

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Some of his closest friends encouraged him not to run for president because they fear he cannot win. Jackson always quipped back; "if you run, you may lose; but if you don't run, you are guaranteed to lose. Win or lose Jackson is running and Thursday December 8th, he will be running to the Inland Empire.

Jesse Jackson authors a weekly syndicated column for Universal Press Syndicate which appears in more than 75 newspapers nationwide. As a regular "newsmaker" both locally and nationally, he has had several guest appearances on network television programs including "60 Minutes," "Donahue," "Tomorrow," "Firing Line," "Good Morning, America," "The Today Show," "One on One," "Nightline," "Lou Grant," and "Dick Cavett."



CONGRESSMAN GEORGE E. BROWN addressed a group of constituents in Ontario, Ca.

"rainbow" coalition of women, minority, and ethnic groups to achieve realistic solutions to America's problems.


An integral part of Reverend Jackson and his leadership in his religious calling. An ordained Baptist minister since 1968, Jesse Jackson is Associate Pastor of Fellowship Missionary Baptist Church in Chicago. Since 1971, he has delivered the spiritual keynote address for the weekly Saturday morning meetings at Operation PUSH national headquarters in Chicago. He regularly preaches in churches across America on Sunday mornings. In executing his ministerial responsibilities, Reverend Jackson inspires

hope and feeling of self-worth in the destitute and dispossessed with his internationally known litany, "I Am Somebody!"

Reverend Jackson resides in Chicago with his wife Jacqueline and their 5 children, Santita (20), Jesse, Jr. (18), Jonathon (17), Yusef (13), and Jacqueline (8).


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MOTHER GOOSE DOT PUZZLE

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and a fish man?

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Perspectives, Opinions & Politics

Rep. Brown Introduces Bill to Invest in the Nation's Disabled

Washington, D.C.- Rep. George E. Brown, Jr. (D-Riverside/San Bernardino/Ontario) today introduced legislation which would make the purchase of sensory and communications aids for disabled individuals reimbursable under Medicare. By enabling sight, hearing and speech impaired individuals to have equipment which would allow them to be employed, the legislation would reduce their reliance on government assistance and aid the national economy.

"Recent technological advances in sensory and communications aids can make many handicapped individuals independent and employable," Brown said. "It is folly to spend our resources only in the bottomless pit of dependence, and to spend nothing to encourage self-reliance. Disabled individuals can be contributing members of our society and this legislation is a step toward achieving independence from government."

Major cost savings are projected from this bill, which is designed to bring about wider dissemination of assistive aids to severely disabled individuals, thereby allowing independence and productive employment. These savings include reduced welfare payments, reduced Social Security Disability Insurance payments, reduced Medicare payments, and increased federal, state and local tax revenues. An annual benefit of approximately \$15.5 million is projected by the end of the second year, based on conservative assumptions. The savings are expected to increase annually thereafter.

Brown also noted the personal benefits of this legislation which answers basic human needs for the sensory impaired. Brown said, "This bill strives to meet the test of progress, as defined by Franklin D. Roosevelt: 'The test of our progress is not whether we add more to the abundance of those who have much: it is whether we provide enough for those who have too little.' If we can answer the human needs of disabled individuals, and reduce the deficit at the time, what better progress?"

Rep. Brown is a senior member of the House Science and Technology Committee, which recently held hearings on technologies for the disabled. He is also a board member of the Technology Assessment Board, a congressional agency which examines the impact and potential of advancing technologies on society.

NUL Announces Fellowships

National Urban League President John E. Jacob has announced the selection of the 1983-85 George Edmund Haynes Fellows who will receive special training in the field of human services at the NUL's New York City Headquarters. The two-year program begins Oct. 17 and ends Sept. 30, 1985.

Two men and three women, all under the age of 30, were selected as Fellows from numerous applications submitted from across the nation, and even from Americans residing in foreign countries. The Fellows will study and work on a daily basis, under the direction of experienced Urban League staff, taking an active role in the agency's advocacy efforts and programs of ser-

vice delivery to minorities and the poor. The Fellows will receive an annual stipend of \$20,000.

The Haynes Fellowship Program is designed to provide young minority men and women with practical working experience in the human services area, which will help to enhance and strengthen their professional development. It is named in remembrance of the NUL's co-founder and first executive secretary. Originally funded by the Charles H. Revson Foundation in 1980, for only a three year period, the program has been extended and for the first time, will feature two years of training for the awardees instead of one.

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News releases appearing in the BLACK VOICE do not necessarily express the policy nor the opinion of the publishers. The BLACK VOICE reserves the right to edit or rewrite all news releases.

HARDY L. BROWN, Publisher

Edison Offers New Residential Pay Plan

Southern California Edison Company is offering its residential customers the opportunity to level out the seasonally high and low amounts of their annual electricity costs by participating in a new Level Pay Plan.

The plan, available only to Edison customers who have lived in the same residence for one year or longer, is designed to help consumers budget for residential energy costs, according to Christina Garant, Edison manager for the Fontana/Rialto area.

"Customers can automatically enroll in this plan simply by paying the Level Pay Plan amount shown in the 'message area' of their monthly bills," Mrs. Garant said.

"It will cost customers nothing to join. If they do not wish to participate, they can just pay the 'Total Amount Due,'" she added.

The utility is customizing its Level Pay Plan to each individual household by estimating future electric service costs based on the household's consumption of electricity during the past year and on current electric rates.

On the last month of a customer's Level Pay Plan year, Edison will settle the difference in either under or over collections that may exist between actual electricity use charges and the amount already paid by the customer.

"The Level Pay Plan amount will be recalculated every three months to prevent surprises later caused by variations in weather patterns, changes in family living conditions and periodic changes in electric rates," Mrs. Garant explained.

"Edison will continue to read meters regularly and keep those participating in the Level Pay Plan informed on the status of their accounts. Each monthly electric bill will show the cumulative total of Level Pay Plan payments and the actual charges for the electricity consumed," she said.

Customers may drop the Level Pay Plan at any time by contacting Edison at the phone number shown on their bills, according to Mrs. Garant. Customers who have dropped the plan will be eligible to participate again once their current plan year has ended, she added.

What Black Americans Should Know About Cancer

These questions and answers about cancer were supplied by the National Cancer Institute to help correct some myths about cancer and give Americans the basic facts about this disease.

Q. Just what does cause cancer?

A. Scientists do not fully understand why some people get cancer while others do not. Most experts believe that cancer comes from repeated contact with substances called carcinogens. These materials seem to cause the disorderly cell division that results in a tumor. They include tobacco smoke, sunlight, X-rays, and certain chemicals that may be found in air, water, food, drugs, and at work. Scientists also suspect that some people are more likely than others to get cancer. Other causes, as yet unknown, may play a part as well.

Q. Does cigarette smoking really cause cancer?

A. Yes. In the United States, cigarette smoking is associated with one out of every five cancer deaths. It has been linked to cancers of the mouth, throat, esophagus, pancreas, and bladder. But lung cancer is where cigarettes take their greatest toll.

Men who smoke, die from cancer ten times more often than those who don't smoke. And since more and more women have been smoking cigarettes, lung cancer is no longer only a man's disease.



The risk of getting lung cancer increases with the number you smoke, how long you have been smoking, and how deeply you inhale.

The risk of getting lung cancer from cigarettes increases with the number you smoke, how long you have been smoking, and how deeply you inhale. High-tar cigarettes — such as those without filters — are more dangerous than low-tar cigarettes. That is, unless you misuse the low-tar cigarettes by smoking more of them, inhaling them more deeply, or smoking them down to the butt. But don't kid yourself. Switching to a low-tar cigarette won't prevent cancer or the other health problems, such as heart disease and high blood pressure, associated with smoking. It will only delay the damage a bit — and maybe not at all. You are not safe until you quit smoking altogether.

An interesting booklet called, "What Black Americans Should Know About Cancer," is available free by writing to: National Cancer Institute, Building 31, Room 10A18, Bethesda, Maryland 20205, or calling the Cancer Information Service at 1-800-4-CANCER.



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For more information, visit the Riverside Hospice office, 2060 University Ave., Room 104 (corner of Kansas and University), or call 683-4131, Monday through Friday, 9 a.m. to 5 p.m.